

**Sixth Sunday in
Ordinary Time**

16 Feb 2014

Saint Mary of the Immaculate Conception Roman Catholic Church
FREDERICKSBURG, VIRGINIA



what's coming

february

16 Sunday, Sixth Sunday in Ordinary Time

Coffee and Donuts after morning Masses. (CYM)

SCRIP Sales after Masses.

12noon, English as a Second Language Classes, Room 203, Parish Life Center.

2pm, Korean Prayer Group, John Paul II House, upstairs.

6pm, Catholic Youth Ministry Dinner, Parish Life Center.

7-8:30pm, CYM Youth Group, Parish Life Center.

17 Monday, Weekday (The Seven Holy Founders of the Servite Order)

Parish Office Closed for Federal Holiday. No Religious Education Classes this week.

10am, Legion of Mary, Room 100, Parish Life Center.

18 Tuesday, Weekday

10am, Council of Catholic Women, General Meeting, Courtyard Meeting Room.

Speaker: Heather Ablondi. All are welcome!

6-9pm, Catechist Training, Parish Life Center.

7pm, Altar Server Refresher Course, church.

8 pm, Life in the Spirit Prayer Renewal Group, Courtyard Meeting Room.

19 Wednesday, Weekday

6pm, YOUCAT - Youth Ministry Program, John Paul II House.

8pm, Legion of Mary, Room 100, Parish Life Center.

7:30pm, Women's Bible Study, Courtyard Meeting Room. *Spaces still available. Come, join us!*

8pm, "Help and Hope Job Program," sponsored by the Ancient Order of Hibernians, Room 204, Parish Life Center.

20 Thursday, Weekday

9:30am, Craft Group, Room 100, Parish Life Center.

7pm, Spanish Prayer Group, John Paul II House.

21 Friday, Weekday (St. Peter Damian, bishop and doctor of the Church)

9:30am, St. Anne Sisters in Faith, John Paul II House.

8pm, Concert Series featuring Ephrem Brass, church. Reception following.

22 Saturday, The Chair of St. Peter the Apostle

8am, SHARE package delivery, Parish Life Center.

8am-12noon, Spanish Morning of Reflection, Parish Life Center.

1pm-4pm, CCW Annual Forum, Parish Life Center.

5pm, SCRIP Sales after 5pm Mass.

23 Sunday, Seventh Sunday in Ordinary Time

Annual Pancake Breakfast, sponsored by the Knights of Columbus, Parish Life Center.

After morning Masses.

SCRIP Sales after Masses.

10am-12noon, Columbian Squires/Roses, John Paul II House.

11:30am, New Family Welcome Meeting, begins in church and then moves to Parish Life Center.

12noon-2pm, English as a Second Language Classes, 2nd Floor, Parish Life Center.

No CYM Dinner or Youth Group meeting due to Retreat.

24 Monday, Weekday

10am, Legion of Mary, Room 100, Parish Life Center.

6:30pm, Spanish-speaking Parent Discussion led by Deacon Bernaola, Parish Life Center.

7:30pm, Rite of Christian Initiation for Adults, Church. Topic: Liturgy, The Mass.

All Parish adults welcome. 8:15pm, small group discussion continues for RCIA candidates in the Parish Life Center.

8pm, Young Adult Ministry meeting, John Paul II House.





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bulletin:

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nota bene (*note well, please*):

- ✂ The next **Concert Series Event** event features *Ephrem Brass Quintet* performing a free concert with organist David Mathers. Friday, February 21 at 8pm.
- ✂ Please note the **Parish Offices** will be closed **Monday, February 17** in honor of Presidents Day. Also, there will be **no Religious Education classes** the week of February 17-20 due to Catechist Training on Tuesday, February 18.
- ✂ Our next **New Member Welcome Meeting** will be held on **Sunday, February 23** at 11:30am in the church.
- ✂ **SCRIP is on sale** in the Parish Life Center after all Masses except Saturday 7pm and Sunday 2pm. Please use SCRIP, and a percentage of what you spend will be applied to our school.
- ✂ **Sunday Coffee Shop** is open this weekend after the 7, 8:30 and 10:30am Masses. Next weekend, the Knights of Columbus will host their annual Pancake Breakfast to benefit their Religious Education Assistance Program.

from our pastor



Dear Good People of Saint Mary,

Greetings from the Holy Land. We have prayed for you everywhere we go, all this weekend we are in the city of Jerusalem and include you in our pilgrimage to the Mount of Olives, Gethsemane, House of Caiaphas, the Way of the Cross, Calvary and Jesus' empty tomb.

As I write this letter it is Tuesday evening, my room looks out at the Sea of Galilee. This afternoon we took local minibuses to the top of Mount Tabor where Jesus is transfigured appearing with Elijah and Moses, in front of Peter, James and John. On the mountaintop is a beautiful last-century basilica with perfectly maintained architecture, art and glass by the Holy Land Franciscans. The altar in the sanctuary at the heart of the church is built directly above the crown of rock where the event took place. We 30 gathered around the main altar and the space came to life.

in us. That blast of glory still echoing came back around again on Mount Tabor today, as at every exalted altar, and in every heart who climbs to witness it, in all places known to us, and even in the silent reaches where no one has gone or been able to go to experience it. The glory of God surrounds us and permeates us. Once spoken, it exists forever that it might be heard. If not today, then tomorrow.

The event of Mount Tabor is sometimes compared to those peak moments in people's lives when the real light finally comes on, God is encountered, we are changed, converted, transfigured; we can never go back to whom we were once before after we have experienced the heights of these thin places near to God.

But it doesn't have to be the encounter of vastness. I have included here a photo of the view from the top of Mount Tabor. The Jez-



I noticed a remarkable acoustical quality that seemed to magnify our sounds as we sang and proclaimed the Word of God and prayed the acclamations. The sound in the lower sanctuary seemed to multiply and fill the upper church above us with a kind of infinite brightness that seemed to emanate, radiate from that altar to the entire church.

I began to imagine on that day the brightness of Christ "like the sun" and that full, fecund sound of the Father's voice the moment it happened, first and always. I considered the nature of light and sound as it crosses space and never ends, I prayed that our light and our sound might join with that ancient glory showing in the sacred humanity of Christ and that creation-causing sound of God that still shows and echoes today in his universes--both in original form and first-time, new

reel Valley ("Armageddon") unfolds in front of us. We can see the mountains of Samaria to the south, Haifa to the west, Nazareth just to the north and Lebanon beyond. It seems like a forever vision. But consider how that equal infinity, the limitlessness of the infinite in the plan of God, is also found within. Take an inch, divide it by two, again by two... You can divide endlessly though the parts are endlessly, impossibly small. In the same way that light and sound of God broke forth from the mountaintop, it enters and permeates us infinitely within. I imagine we are more perfectly transfigured in this way, not merely in awe of the sheer expanse.

One thing for sure: he still shines and he still speaks. May we see, and hear.

God bless you. *Fr. Don*

holy cross academy

Digital Learners at HCA

Many exciting activities fill the classrooms at HCA! February 5th was National Digital Learning Day and part of an enthusiastic push to incorporate technology into our lessons. Teachers planned activities for students using iPads, interactive whiteboards and mini video cameras. Students were engaged and eager to participate in each of these experiences.

Eighth graders assisted kindergarten students in using iPads to explore the geography of China. This complimented their classroom celebration of Chinese New Year. The photography club created an instructional video on the importance of cleaning and maintaining classroom computers while 5th grade videos focused on their favorite educational websites. Mrs. Angie Tomayko, our technology teacher, gathered slides and videos from all activities and put them together in a slideshow on display in the lobby for all to enjoy.

Technology provides us with many wonderful learning tools that, together with books and posters,

papers and pencils, stimulate the curiosity of our students and lead them into new and wonderful areas of learning.

If you want to learn about our school and all that we can do for your child, please call us at 540-286-1600 or visit our website, www.holycrossweb.com. For St. Mary Preschool, please call 540-373-7553. Holy Cross Academy is a place where each child can flourish and grow. We would love to hear from you and will gladly give you a tour of our National Blue Ribbon School of Excellence and tell you all about the wonderful things happening here.



*A National
Blue Ribbon
School, 2012*





Dear St. Mary parishioners,
 Thank you for your generous donations to the Christmas Charity Collection in December. A portion of this collection has been sent to our Oblate Sisters in Alausi, Ecuador. The Sisters are repairing one of our schools that has been badly damaged by rain and harsh weather. After repairing the roof, they will be fixing the walls and floors indoors. Your generous assistance will make it possible for them to do this and to continuing providing a wonderful Catholic education for the children in their parish. Please know that our Sisters pray daily for our generous benefactors.
 May God continue to bless you, The Oblate Sisters

adulted.

The VA Assembly is in Session!

Sign up for the Virginia Catholic Conference's Email Advocacy Network to receive regular alerts and updates on legislative issues. To join, visit www.vacatholic.org, click "Join the Network," and complete the short form that is provided. Alerts



include pre-drafted messages that you can send ("as is" or modified to suit your own style) to your elected representatives with just a few mouse clicks. It's effective advocacy with very little time commitment!

Cursillo Retreats

Are you ready to spend an unforgettable weekend, spending quality time with God and being open to His message for you? Are you looking for an opportunity to grow in your faith? Experience the Women's Cursillo Retreat to be held on March 13-16, 2014. You won't be disappointed! Apply online at www.arlingtoncursillo.org or contact Mary Corrigan at 540-479-3683. Slots fill up quickly. The Men's weekend will be held April 3-6, 2014.

Loyola Retreat Opportunities

Loyola on the Potomac retreats in Faulkner, Maryland are conducted in an atmosphere of prayerful silence and include generous amounts of time for prayer, personal reflection and the cultivation of a deep relationship with God. This year's retreat theme is entitled: "Rivers of Living Water." St. Mary retreats dates: Men's Retreat, 7-9- March 2014; Women's Retreat, 14-16 March 2014.

Contact Len or Sylvia Fontenot for more info: 540-663-2261 or email lensyl1966@verizon.net. To register, go to www.loyolaonthepotomac.com

Diocesan Women's Silent Lenten Retreat

April 3-6, 2014, led by Fr. Tom Ferguson
 Join us April 3-6 (Thursday night through Sunday afternoon) for a reflection on the Gospel of St. John entitled *We Have Seen His Glory: The Revelation of God in the Gospel of John* at San Damiano Retreat Center in White Post, Virginia. For more info. call the Office for Family Life at 703-841-2550 or visit <http://www.arlingtondiocese.org/retreatforwomen/index.aspx>.

First Penance & First Communion

This very important meeting will be held next Thursday, February 20, at 6:30 pm in the church. This will be a very informative meeting and parents are urged to make a special effort to attend.

You began preparing your child for the sacraments of Reconciliation and Holy Eucharist long ago. Every time your child has seen or experienced loving forgiveness or shared in a family meal or celebration, he or she has understood a little more about God's love. Let us continue to prepare them by focusing on how the sacraments help us grow in the love of God and others and enables us to become more like Christ.

Please spend some time at home each week preparing for Sunday Mass, reviewing the chapter covered in Religious Education class and praying with your child.

Sacrament of Penance

During the week of March 10-13 children preparing for First Communion will make their first confession. Please get a First Confession sheet to help your child prepare; these will be handed out during Religious Education classes.

In the Sacrament of Penance or Reconciliation, also called confession, we meet the Lord, who wants to grant us forgiveness and the grace to live a renewed life in Him. In this sacrament, he prepares us to receive him free from serious sin, with a lively faith, earnest hope, and sacrificial love in the Eucharist. The Church sees confession as so important that she requires that every Catholic go at least once a year. The Church also encourages frequent confession in order to grow closer to Christ Jesus and his Body, the Church. By the grace of the Holy Spirit, we seek forgiveness and repentance, let go of patterns of sin, grow in the life of virtue, and witness to a joyful conversion. Since the graces of the sacrament are so similar to the purpose of the New Evangelization, Pope Benedict XVI has said, "The New Evangelization . . . begins in the confessional!"

<http://usccb.org/prayer-and-worship/sacraments/penance/upload/Bulletin-Insert-Penance-ENG.pdf>

What is CRS Rice Bowl?

CRS Rice Bowl is Catholic Relief Services' Lenten faith-in-action program for parishes, schools and families. The program invites Catholics to live in solidarity with our poorest and most vulnerable brothers and sisters through the three Lenten pillars of praying, fasting, and almsgiving.

Participants journey throughout the forty days of Lent with the daily reflections included in the Lenten Calendar, offering small, suggested sacrificial gifts to fill their Rice Bowls as they read and watch Stories of Hope from individuals and communities whose lives have been changed by CRS Rice Bowl funds.



A Program for Families

- FOCUS your family's Lenten journey by using your Rice Bowl as a centerpiece at your table
- PRAY as a family using the Stations of the Cross, Seven Sorrows of Mary, or the Lives of the Saints resources
- SHARE a simple, meatless meal every Friday of Lent with recipes from this year's featured countries, and learn how to make them by watching CRS Global Kitchen videos
- GIVE to the poor and vulnerable around the world and in your own diocese using the daily reflections and suggested giving amounts on the Lenten Calendar

A Program for Parishes

- CELEBRATE the beginning and end of Lent in your liturgies with the Blessing of the CRS Rice Bowls and Offertory Collection resources
- INCORPORATE CRS Rice Bowl prayer intentions and bulletin announcements into your weekly Masses
- ENGAGE parish ministries with resources designed for youth, small faith-sharing groups, and whole community catechesis

<http://www.crsricebowl.org/parish/>

SAINT MARY CONCERT SERIES

Friday, February 21st at 8pm in the Church

Ephrem Brass

with David Mathers, organ

Ephrem Brass, a Washington, D.C. based brass quintet, is coming to St. Mary for a free concert of original music and arrangements. To highlight this exciting program, the Ephrem Brass will team up with our own Music Director David Mathers for several works for brass and organ.



Ephrem Brass members are all outstanding brass players from the premier military service bands in Washington D.C. No ticket is required. Dessert reception following.

Council of Catholic Women

Join us at our General Meeting on Tuesday, February 18. Our speaker will be Heather Ablondi who writes a weekly column in the Free Lance Star on the Religion pages of the Saturday edition. The meeting begins at 10am in the Courtyard Meeting Room. We will have light refreshments and time for fellowship.

Saint Anne's Sisters in Faith

Our meeting is Friday, February 21. Please join us as we discuss the book, *Marriage, Small Steps, Big Rewards* by Dr. Ray Guarendi. We begin with 9am Mass followed by our book study and refreshments at the JPPII house. Babysitting is available. Please contact Rocio at rocio.o.atkinson@gmail.com or Suzi Eggleston at 540-834-0752 for further questions.

Morning of Reflection for Spanish Speakers

La comunidad hispana de esta parroquia les invita a participar en una mañana de relexion para prepararnos al tiempo cuaresmal. Cuando? Dia 22 de febrero del 2014. Donde? Centro de vida parroquial. Hora: 8am a 12md.

The Spanish community of this parish invites you to participate in a morning of reflection to prepare ourselves to celebrate the Lenten season. Please come on Saturday, February 22, from 8am to 12noon in the Parish Life Center.

Pancake Breakfast - February 23

The Knights of Columbus will host a Pancake Breakfast on February 23 after morning Masses - after the 7am, 8:30 and 10:30 Masses. Proceeds will benefit the Religious Education Assistance Program (REAP). All are invited.

parish life

"Bread Retreat" Forum February 22

The CCW Bread Forum will be held on Saturday, February 22, at the Parish Life Center, from 1:00 to 4:00 p.m. It will be open to all the parish, so please spread the word! Tess Thome will mill flour from wheat berries and flax seed obtained at a Mennonite market; and she will mix the dough and bake the bread we will ultimately eat in "real time," while we watch and learn about the importance of bread in Scripture and in the Mass. The emphasis will be on wholesome nutrition. Sister Frances Carol is preparing a whole foods display. There will be stories, information on foods eaten in Bible times, shared recipes, refreshments, and all of it free!

Bring a favorite recipe to share for an electronic cookbook or email one to hokiegirl07@gmail.com. Monetary and non-perishable donations for the local food bank will be welcome. Come and enjoy the afternoon with us!

Los Talleres de Oracion y Vida

The Hispanic Ministry invites you to attend the Prayer and Life Workshops. Participants will learn how to deepen their prayer life and to enter into a personal relationship with the Lord. The series begins March 1st in the Courtyard Meeting Room. For more information, please contact: Leticia González 540-752-1263

El ministerio hispano los invita a los talleres de oración y vida. En 15 sesiones, se aprenderá a desarrollar una relación personal con el Señor, desde los primeros pasos, hasta la contemplación divina. Empezarán el 1ero de marzo en el "Courtyard Meeting Room" (detrás de la oficina parroquial). Para más información contacte a Leticia González al 540-752-1262.

CCDA Spring Classes

Catholic Charities of the Diocese of Arlington is offering three new counseling classes this spring: Women in Transition, Anger Management and 8 Weeks to Better Behavior: Strategies for Parents. Like all of CCDA's Counseling Services, these classes will be taught in full concert with the teachings of the Catholic Church and will be anchored in the respect for the inherent dignity of every human person. Classes are held in Northern Virginia. Sign up TODAY! Classes start February 24. For more information, please call 703-841-2531 or visit www.cdda.net.

Worldwide Marriage Encounter

Today's gospel tells us, "Whoever obeys and teaches these commandments will be called greatest in the kingdom of heaven." God calls us to be holy in all aspects of our lives. It is important to work to make our marriage holy. The next Worldwide Marriage Encounter Weekends are Sep. 12-14, Nov. 14-16 in Herndon, VA; Apr. 11-13 in Fredericksburg, VA. For more information visit our website at: renewmarriage-vanorth.org or call 703-378-4150.

Legion of Mary

Spiritual Direction, Prayer, Active Works. Meaningful fellowship that makes a difference. Is this "Pathway to Holiness" of interest? Come and see what one of the Church's largest lay ministries can offer you! The Legion of Mary has two praesidia at our parish: one meets on Mondays at 10am; the other on Wednesdays 8pm, Rm 100, in Parish Life Center. For more information, contact gcarneal@cox.net.

Art Exhibit – Call for Entries

On April 27, 2014, Pope John Paul II, will be officially elevated to Sainthood during his canonization in Rome. As part of the celebrations at Pope John Paul the Great Catholic High School, there will be an art exhibit honoring Pope John Paul II. Artists of all ages are invited to submit their original works by March 15, 2014. For more information, including the exhibit prospectus, please visit www.jpthegreat.org, email artshow@jpthegreat.org or call 703-445-0300.



Parish Night Out *May 3, 2014*

Cash bar, dinner & dancing.
Held at the beautiful Jepson Alumni Center.
Tickets are \$75 each again this year.

Our annual Parish Night Out has become a favorite tradition for parishioners as we gather in the spring for a fun, formal evening together with great food and great music and dancing.

For tickets or details please contact
Marty Bridi 540-373-0259 or
Vicky Kopcak 540-273-4456

“as I have done for you

HCA Biennial Benefit & Auction

We are getting ready for Holy Cross Academy's 7th Biennial Benefit Auction and Dinner to be held on April 5, 2014!

Sponsorship and advertisement opportunities are still available. Do you own a business or are part of a business who would like to partner with us? We offer many different opportunities to be recognized before, during and after the event to our 350 event attendees, the families of over 500 students and our 14,000 member parish.

School and parish families can also contribute by becoming an auction sponsor, donating an item to our auction or publishing a tribute line in our catalog.

The goal of this year's event is to begin a fund for the expansion of our school. We invite you to partner with us on this signature event by becoming an event sponsor or auction catalog advertiser at our "Explore Beyond our Borders" themed fundraising event.

Please consider partnering with us by making a donation, becoming a sponsor or advertising your business in our auction catalog and/or our auction website. www.hca2014auction.com

Holy Cross Academy is a tax-exempt non-profit organization under section 501(c)(3) of the Internal Revenue Code and donations is tax-deductible to the fullest extent allowed. Contact the auction committee at HCA2014auction@holycrossweb.com with any questions. We appreciate receiving your information by February 28, 2014.

Help and Hope for Meaningful Employment

If you are unemployed or underemployed, the General Thomas F. Meagher Division, Ancient Order of Hibernians (AOH), has established a program to help you.

We meet twice each month. Times and locations are: 7pm on the first Tuesday of each month at the St. Patrick parish hall and 8pm on the third Wednesday of each month at the St. Mary Parish Life Center (February 19).

The program provides guidance and networking opportunities to improve your job search. Help areas include resume writing, interviewing, and networking.

For information, please contact AOH Brother Chuck Payne at aohchuck@gmail.com.

Men's Discernment Group

Join men from the diocese for an overnight seminary visit to St. Charles Borromeo Seminary in Philadelphia on Saturday, March 17 – Sunday, March 18. The trip includes a tour of the seminary, Mass, Liturgy of the Hours, meals, and lodging. All single men 17-50 who are interested can call the Office of Vocations to register at 703-841-2514 or email vocations@arlingtondiocese.org by Friday, March 14.

Donation Drive for Cleaning Supplies

Mary's Shelter operates four different homes for women facing a crisis pregnancy. As part of his Eagle Scout project, a young man in the parish has chosen to coordinate a donation drive for necessary operational items for Mary's Shelter - cleaning supplies. Collection boxes will be located in the Parish Life Center through February for the following items: sponges, toilet

paper, kitchen and bathroom cleaning sprays or wipes, large black trash bags, tall kitchen trash bags and laundry detergent. Thank you for supporting Mary's Shelter.

For I Was Hungry... St. Mary Manna Project

The people of St. Mary parish once again have the opportunity to answer Christ's call to feed the hungry. On the weekend of March 8 and 9, the St. Mary Manna Project will collect non-perishable food items and financial donations for the Fredericksburg Area Food Bank. Volunteers will be available before and after all Masses on Saturday and Sunday in front of the church, and at Holy Cross Academy.

Needed items include canned tuna/salmon/chicken, peanut butter, beans, pasta and sauce, mac and cheese, soup, canned vegetables, instant potatoes and rice. Personal items such as shampoo, soap, paper towels, tissues, etc. are also welcome. And, for each \$10 donation, the Food Bank is able to provide thirty meals for hungry families!

The Food Bank feeds more than 20,000 people in the Fredericksburg area each month, but they can't carry out this important work without the help of the local community. So mark your calendar for the weekend of March 8/9, and do your part in answering Christ's call to help those in need.

Bishop's Lenten Appeal

After reflecting upon the many blessings that God has given you, please prayerfully consider making a pledge of support to this important appeal that funds many programs and ministries that serve people in need and further Jesus' Mission in our diocese.

so you must also do"

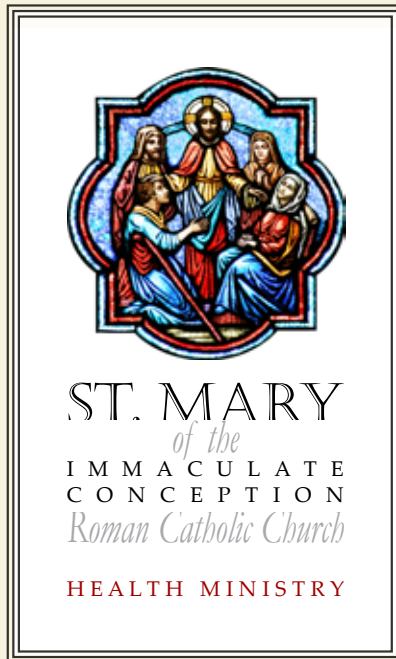
A reflection from the St. Mary Health Ministry Committee

Wellness / good health has traditionally been viewed as freedom from disease. Thus, if you were not sick, you were considered healthy. This perspective is changing. While everyone agrees that the absence of illness is one part of being healthy, it doesn't indicate whether you are in a state of well-being.

Wellness, as a state of health, is closely associated with your lifestyle. Each person has a responsibility to provide for such health essentials as good nutrition, proper weight control, exercise, and controlling the risk factors such as smoking, and alcohol and drug abuse. These things all play a role in wellness.

Wellness research shows that Americans who take care of themselves and manage their lifestyles are healthier, more productive, have fewer absences from work, and make fewer demands for medical services. An article published in the Journal of the American Medical Association indicated that, in one study, the 'wellness' approach resulted in a 17 per cent decline in total medical visits and a 35 per cent decline in medical visits for minor illness. The subjects involved participated in a year-long self-care education program.

Such lifestyle has been found to be the single most important factor determining your pattern of general health. It is important that you be educated to "take charge" of your daily life and to set healthy lifestyle goals. The choices you make have a dominant influence on your health and wellness.



The secret is not in medical care, but consistent self-care. While traditional medicine concentrates on alleviating or curing disease, the wellness approach encourages you to take personal responsibility for well-being.

Wellness is not mere absence of disease. It is a proactive, preventive approach designed to achieve optimum levels of health, social and emotional functioning. Wellness can also be defined as an active process through which you become

aware of and make choices toward a more successful existence.

A wellness-oriented lifestyle encourages you to adopt habits and behaviors that promote better health and an improved quality of life. It also involves the recognition that you have physical, psychological, social and spiritual needs.

All dimensions are necessary for optimal levels of functioning.

Wellness is a positive approach to living -- an approach that emphasizes the whole person. It is the integration of the body, mind and spirit, and the appreciation that everything you do, think, feel and believe has impact on your state of health.

Watch in the coming weeks for the development of a parish health ministry program at St. Mary. The idea of pastoral care only works if we care for the whole person, and anyone in the parish who is in need of such care it will be our goal to answer this call.

By working with and building upon the ministries already in place within our community, our parish ministry will sow seeds of wellness to create a healthier faith community through education and coordination of services.

operations staff

www.stmaryfred.org

1009 Stafford Ave., Fredericksburg, VA 22401

SUNDAY MASS	Saturday Vigil 5 & 7pm Sunday 7, 8:30, 10:30am, 12:30, 2pm (Spanish), 5pm, 7:01pm 10:30am at Holy Cross Academy
DAILY MASS	Mon.-Fri.: 6:30 & 9am; Sat., 9am First Friday 8pm Holy Days of Obligation, as announced
DEVOTIONS	Adoration & Benediction, Wed., 7-9pm Novena with Exposition, Mon., 7-7:30pm All Night Adoration, First Friday Miraculous Medal Novena, Mon., after 9am Mass Divine Mercy, Wed., 3pm
CONFESSION	Wed., 7-9pm; Sat., 8am & 3:30pm, or by appt.
PARISH OFFICE	540-373-6491, fax 371-0251 stmary@stmaryfred.org Mon.-Fri., 8:30am - 4:30pm; <i>students staff office weekdays until 9pm, Saturdays 9-5pm, Sundays 9:30-1:30pm</i> Pastor, Fr. Don Rooney Fr. Keith Cummings Fr. Stephen Holmes Fr. Lino Rico Rostro Deacon Alberto Bernaola Deacon Dick Delio Executive Assistant, Rick Caporali Business Manager, Elaine Stanislawski Director of Sacred Music, David Mathers Administrative Assistant, Kelly Keiser Secretary, Mary Fitch
HOLY CROSS ACADEMY	540-286-1600 250 Stafford Lakes Parkway Fredericksburg, Virginia 22406-7234 Principal, Sr. Susan Louise Eder, O.S.F.S.
ST. MARY PRESCHOOL	373-7553 Director, Nanci Scharf
RELIGIOUS EDUCATION OFFICE	373-6491 Director, Aristides Lucas Associate Director, Karen Sturtevant
YOUTH MINISTRY	373-6491 Director, Leo Chavarria
BAPTISMS	Parish registration (90 days) and class required. Please contact the parish office to schedule the date at least four weeks in advance.
MARRIAGE	Parish registration required; contact parish six months in advance to begin preparation.
JOIN US	New Family Registration meetings are held monthly in the church on fourth Sundays, following the 10:30 Mass. Please notify us of any telephone/address changes.

Weekly Offertory

Offertory Collection 2/9/14	\$38,950.
Building Fund	11,052.
Arlington Catholic Herald (add'l)	1,148.
Poor Box for St Vincent de Paul (wk ending 2/9/14)	131.
SCRIP Profit for the week Year to Date:	164. \$5,316.

Please note:

End of year statements have been mailed to all registered parishioners. Only contributions received using your offertory envelopes or a household check are recorded as your contributions. Please call the office if you have any questions.

Thank you for your continued generosity! Please remember to use your Offertory Envelopes to ensure the accuracy of your end-of-year statement. The "Children's Envelope" proceeds will not be recorded on family statements.

SCRIP Helps Support HCA

Don't forget to buy your SCRIP cards to help raise money for our parish school, Holy Cross Academy. SCRIP cards are gift cards that you purchase at face value. The retailers sell them to us at a discount, which is how we make a profit. Simply exchange your cash or check at the SCRIP table for gift cards for gas and grocery purchases or even restaurants and movie retailers. You may even order online at www.shopwithscrip.com. A full list of retailers is available online that can be ordered for you!

You can also purchase many great retailers online with SCRIPNow! With SCRIPNow! there is no waiting. You can order your Scrip in minutes online and have the gift card code emailed to you.

To set up an account online at www.shopwithscrip.com and use our school code, **7B876EB-B188L2**, so Holy Cross Academy gets credit for your purchase. If you have any questions about SCRIP please email Torie Baldwin at scripcoordinator@holy-crossweb.com or 571-330-3448. Thanks for using SCRIP!

Children's Offertory envelopes for February

The children's charity for February is Hazelwild Farm's Therapeutic Riding Program. The program offers specialized horseback riding lessons for all ages of riders with a wide range of physical, cognitive and emotional disabilities. The lessons increase stability, flexibility, strength, motor skills, cognitive ability and confidence for the riders, along with providing many other physical and emotional benefits. For more information, go to www.hazelwildfarm.com.

Parish Registration

Are you registered in our parish? If you are not receiving offertory envelopes, then maybe you are not a registered parishioner.

Our next New Family Welcome Meeting is Sunday, February 23, at 11:30am in the church. Come, learn about our many ministries, and complete a registration form.

You must be a registered parishioner to serve as a sacramental sponsor, to begin marriage preparation, or to have your children baptized. Please note that our Baptism Classes are held the first Thursday of each month at 7pm in the Activity Center Library. Registration is required for this class.

Articles must be submitted two weeks prior to publication.
Send articles to stmary@stmaryfred.org. Thanks!

Feast of the Chair of Peter, Apostle - February 22

Since the fourth century, the feast of the Chair of Peter has been celebrated at Rome as a sign of the unity of the Church founded upon that apostle.

Jesus bestowed to Peter a special place among the Apostles. He was one of the three who were with Christ on special occasions, such as the Transfiguration of Christ and the Agony in the Garden of Gethsemani. He was the only Apostle to whom Christ appeared on the first day after the Resurrection. Peter, in turn, often spoke on behalf of the Apostles.

When Jesus asked the Apostles: "Whom do men say that the Son of Man is?"

Simon replied: "Thou art Christ, the Son of the Living God."

And Jesus said: "Blessed are you, Simon Bar-Jona: because flesh and blood have not revealed it to you, but my Father who is in heaven. And I say to you: That you are Peter [Cephas, a rock], and upon this rock [Cephas] I will build my Church [ekklesian], and the gates of hell shall not prevail against it. And I will give to you the keys of the kingdom of heaven. And whatsoever you shall bind upon earth, it shall be bound also in heaven: and whatsoever you shall loose on earth, it shall be loosed also in heaven." (Mt 16:13-20)

In saying this Jesus made St. Peter the head of the entire community of believers and placed the spiritual guidance of the faithful in St. Peter's hands.

Ash Wednesday - March 5

The Mass Schedule for Ash Wednesday, March 5 is as follows:
6:30am, 9am, 12noon, 6pm, & 7:30pm.

Masses were offered in January for the following unscheduled intentions: +Sarah Buie, +Claire Heelen, +Abraham Gomez Ramos, John Prohaska, +Ethel Horbacz, Michael Moss, +Shirley Crockett, +Michael Chase, Gabe Bicoy Muldoon, +Virginia Rose, +James Besong, Dale Snyder, Sr., John & Gina Correll, +Martin Finn, Lauren Lengle, +Joseph DeSimone, +Garrett Byrnes, +Pauline Young, +Eleanor Vargus, +Martin & Delores Horan, and +James & Hazel Judd.

St. Mary Prayer List

Please Pray for those who are sick or in need, especially: Douglas Moore, Bill Luck, Mary Ullmer, Georgene Burton, David Silberman, Hieu Nguyen, Katie Billing, Audrey Wolski, Morgan Wolski, Ruth Weaver, Lucy Holzworth, David Arnold, Linda Moler, Matt Miller, Wilma Evans, Hoop Hooper, Rita Wainwright, Marianne Ford, Randy and Vicky Dehr, Velda Taylor, Deborah Ellia, Linda Kaila, Monica Lantigua, Bert DeVore, Betty Ann Dateno, Frank Moehler, Harold Gardiner, Garafano Family, Grant Family, Casey Family, LaCombe Family, Cecelia and Charles Lee, Christopher Ford, Joan Baker, Barbara Leone, Mary D'Amato, Sal Detrane, Tina Beaversdorf, Robert C. Murphy, Josephine Kreider, Eleanor Mitchell, Peter Fisher, Helen Kozyra, Catherine Gordon, John Castagna, Tyler Hansen, Meredith Whatcott, Julie Fabula, Amelia McDevitt, Gerald Gardiner, Ree Messer, Joyce Webster, O'Neta Shorter, Daniel Bustamonta, Dawn Dittmer, Joseph Mascetta, David Asher, Martha Clemens, Lisa Storm, Veronica Johnson, Joseph McCormick, Patrick Wilkinson, Holly Smith, Patricia Portcelli, Doris Winstead, Cathy Thompson, Kathy Dobson, Tricia Davis, Joseph Bozievic, Shirley Bozievic

Please Pray for all the men and women in our military and civilian support services overseas, especially: Javier Acosta, Leah April, Joel Asher, Miguel Ayala, Crystal Black, Ned Brownell, Jr., Derek Brostek, Christopher Burton, Matthew Campos, Leslie Capuano, Bruno Carriero, Jonathan Catalano, Frank Creamer, Sal Contreras, James Cook, Brad Cowan, Sam Del Grande, Glenn Dickinson, Aaron Doble, Anthony Dowden, John Dussault, Sandy Dussault, Travis Eades, Doug Ebanal, Christopher Eckert, Tim Evan, Christopher Ewers, Paul Fischer, Jonathan Fleming, Roberto Fuentes, Jason Geary, Ramon Guerra, Jr., Andrew Hamilton, Harry Hamilton, Ronnie Hamilton, Maria Harbeson, Andy Haskell, Raymond Haskell, Robert Haynes, Michael J. Herbek, James Helm, James Hoffnagle, Jr., Robert Horner, Danny L. Howard, Jr., Anthony Howell, Matthew Kearney, Daniel Kramer, Julio Laffitte III, Chris Lammers, Stephen Lammers, Scott LaRousse, Ryan Larsen, Jeffrey Lawrence, Kenneth Linstrom, Ryan Lynch, Sean Malloy, Josh Martin, Samantha Martin, Justin McClelland, Patrick McGroarty, John Moring, Nathaniel McNamara, Roger Mitchell, Joseph Moore, Joseph Muldoon, Corey Nash, Mindy Niemann, James Kevin O'Donnell, Bryce Parson, Joshua K. Pastell, Sean Penczak, Dominick Joseph Petro, Scott Price, Nick Schulz, Duayne Scott, Tim Smetek, Andrew Smith, Douglas Stransky, Shawn Tupta, Heidi Urban, Christopher Williamson and Daniel Zeytoonian.

Please pray for all the faithful departed: especially Gustavo Colom, and all the benefactors of St. Mary.

Daily Mass Intentions and Readings

february

17 MONDAY

6:30 +Leroy Alvin Besong
9am +Kevin O'Keefe
Jas 1:1-11; Mk 8:11-13

18 TUESDAY

6:30 Nora Corry
9am Maureen Lesley
Jas 1:12-18; Mk 8:14-21

19 WEDNESDAY

6:30 Bill & Wilma Smith
9am Mary Lou Felts
Jas 1:19-27; Mk 8:22-26

20 THURSDAY

6:30 David Chechile
8:20* Samantha Mabin & Family
9am Cindy Deuell
Jas 2:1-9; Mk 8:27-33

21 FRIDAY

6:30 +Martha Minh Hang Duer
9am +Richard Golemboski
Jas 2:14-24, 26; Mk 8:34-9:1

22 SATURDAY

9am Adam Stanislawski
5pm +Dorothy Buckman
7pm Mia Cruz
1 Pt 5:1-4; Mt 16:13-19

23 SUNDAY

7am +Maria Remsal
8:30 Regis Keddie
10:30 Terri McCormack
10:30* +Joann Storey
12:30pm Military Living & Dec'd.
2pm +Pedro Alvarez
5pm Lynda Retterer
7:01pm For the Parish
Lv 19:1-2, 17-18; Ps 103; 1 Cor 3:16-23; Mt 5:38-48

*indicates Mass at Holy Cross Academy