

**Eighteenth
Sunday in
Ordinary Time**

3 aug 2014

Saint Mary of the Immaculate Conception Roman Catholic Church
FREDERICKSBURG, VIRGINIA



what's coming



august

3 EIGHTEENTH SUNDAY IN ORDINARY TIME

Coffee and donuts after morning Masses. (Troop 1410)
Scrip Sales after Masses.
Noon-1:30pm, Spanish Legion of Mary, Parish Life Center 204.

4 Monday, St. John Vianney, priest

10am, "Catholicism" Series with Tess Thome, Courtyard Meeting Room.
10:30am, Legion of Mary, Parish Life Center 100.
1pm, Altar Server Training begins, Church.
7pm, "Catholicism" Series with Fr. Don, Courtyard Meeting Room.
7:30pm, Legion of Mary, Parish Life Center 100.

5 Tuesday, Dedication of the Basilica of St. Mary Major, Rome

9:45am, Adult Bible Study of the Letter of James, Courtyard Meeting Room.
6pm, CYM Sports Tuesday, Old Mill Park.
7:30pm, Life in the Spirit Prayer Gathering, Courtyard Meeting Room.

6 Wednesday, Solemnity of the Transfiguration of the Lord

6:30pm, CYM YOUCAT resumes, John Paul II House.

7 Thursday, Weekday (St. Sixtus II, pope, and his companions, martyrs)

9:45am, Craft Group, Room 100, Parish Life Center.
7pm, Baptism Preparation Class, Parish Life Center.
7pm, Spanish Prayer Group, John Paul II House.

8 Friday, St. Dominic, priest

9 Saturday, Weekday (St. Teresa Benedicta of the Cross, virgin)

SCRIP Sales after Masses.

10 EIGHTEENTH SUNDAY IN ORDINARY TIME

Coffee and donuts after morning Masses. (Girl Scout Troop 5225)
Scrip Sales after Masses.
Noon-1:30pm, Spanish Legion of Mary, Parish Life Center 204.

11 Monday, St. Clare, virgin

10am, "Catholicism" Series with Tess Thome, Courtyard Meeting Room.
10:30am, Legion of Mary, Parish Life Center 100.
7pm, "Catholicism Series" with Fr. Don, Courtyard Meeting Room.
7:30pm, Legion of Mary, Parish Life Center 100.

12 Tuesday, Weekday (St. Jane Frances de Chantal, religious)

9:45am, Adult Bible Study of the Letter of James, Courtyard Meeting Room.
6pm, CYM Sports Tuesday, Old Mill Park.

13 Wednesday, Weekday (Sts. Pontian, pope, and Hippolytus, priest, martyrs)

14 Thursday, St. Maximilian Kolbe, priest, martyr

9:45am, Craft Group, Room 100, Parish Life Center.
6 and 7:30pm, Vigil Masses for the Solemnity of the Assumption of Mary, Church
7pm, Spanish Prayer Group, John Paul II House.

15 Friday, THE ASSUMPTION OF THE BLESSED VIRGIN MARY, Holy Day of Obligation

Masses at 6:30 and 9am, Noon, 6 and 7:30pm, Church

16 Saturday, Weekday (St. Stephen of Hungary)

SCRIP Sales after Masses.

nota bene (note well, please):

☞ Patience, please, while our church restrooms are being renovated.

We regret the inconvenience, but the church restrooms will be closed until August 15. Restrooms in the Parish Life Center will be available for use.

☞ It is not too soon to start thinking about RCIA. The Rite of Christian Initiation for adults begins September 8, and we welcome all who are interested in learning more about Catholic faith. If you or someone you know are seeking answers, call and register for the process in the parish office, and come and see.

☞ Calling all Catechists! Please respond to the call to share your faith with our children and youth. Catechist meetings begin mid-August, so please sign up soon.

☞ Local Virtus Training is be planned for all in ministry whose service involves working with youth. See p. 7.

☞ SCRIP is on sale this weekend in the Parish Life Center after most Masses. Please use SCRIP and help our school.

1009 Stafford Ave., Fredericksburg, VA 22401

SUNDAY MASS Saturday Vigil 5 & 7pm
Sunday 7, 8:30, 10:30am, 12:30, 2pm (Spanish), 5pm, 7:01pm
10:30am at Holy Cross Academy

DAILY MASS Mon.-Fri.: 6:30 & 9am; Sat., 9am
First Friday 8pm
Holy Days of Obligation, as announced

DEVOTIONS Adoration & Benediction, Wed., 7-9pm
Novena with Exposition, Mon., 7-7:30pm
All Night Adoration, First Friday
Miraculous Medal Novena, Mon., after 9am Mass
Divine Mercy, Wed., 3pm

CONFESSION Wed., 7-9pm; Sat., 8am & 3:30pm, or by appt.

PARISH OFFICE 540-373-6491, fax 371-0251
stmary@stmaryfred.org
Mon.-Fri., 8:30am - 4:30pm;
students staff office weekdays until 9pm,
Saturdays 9-5pm, Sundays 9:30-1:30pm

Pastor, Fr. Don Rooney
Fr. Keith Cummings
Fr. Stephen Holmes
Fr. Lino Rico Rostro
Deacon Alberto Bernaola
Deacon Dick Delio

Executive Assistant, Rick Caporali
Business Manager, Elaine Stanislawski
Director of Sacred Music, David Mathers
Administrative Assistant, Kelly Keiser
Secretary, Mary Fitch

HOLY CROSS ACADEMY 540-286-1600
250 Stafford Lakes Parkway
Fredericksburg, Virginia 22406-7234
Principal, Sr. Susan Louise Eder, O.S.F.S.

ST. MARY PRESCHOOL 373-7553
Director, Nanci Scharf

RELIGIOUS EDUCATION OFFICE 373-6491
Director, Aristides Lucas
Associate Director, Karen Sturtevant

YOUTH MINISTRY 373-6491
Director, Leo Chavarria

HEALTH MINISTRY 845-3031
Steven Haughton, RN, and Beth Palacios, RN

BAPTISMS Parish registration (90 days) and class required.
Please contact the parish office to schedule the date at least four weeks in advance.

MARRIAGE Parish registration required; contact parish six months in advance to begin preparation.

JOIN US New Family Registration meetings held in the church on fourth Sundays, following the 10:30 Mass. Please notify us of any contact changes.

Articles must be submitted two weeks prior to publication.
Send articles to stmary@stmaryfred.org. Thanks!

this week's
bulletin:

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from our
pastor

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community

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education

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upcoming
events

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operations

13
liturgy

from our pastor



Dear Good People of St. Mary,

I was on the phone the other day with a dear friend of mine who is an evangelical minister in the Chicago area, we were trying to put together details for some upcoming meetings. It was a Saturday afternoon and I told him I would email him the information shortly, as soon as I could get to it after confessions were over. He said, "That's fine. But just know that I won't respond to you until Monday morning. I shut my phone off for the Sabbath."

My reaction was, "You're kidding, right?" I mean, I didn't say it out loud to him, but I was thinking it.

As accustomed as we have tried to become to constant emailing and texting, I wonder the damage caused by the sheer volume of communication as a constant activity. But if we don't check in very regularly, the emails and messages pile up so quickly that we don't have time to catch up.

My friend isn't actively serving a congregation as a pastor at the present time, he attends a church, so he doesn't have the weekend demand. But still -- I don't think I could go off the grid for the Lord's Day.

I think of myself as one who has tried to keep limits on these things, to manage several hundred communications a day. I tried Facebook for about three months, only to learn that it filled my inbox with information that either wasn't necessary or simply not any of my business. I learned things about people and how they dealt with each other that I realized I'd just rather not know. As for all the "friends" and "friending" that was taking place, I found it a very cheap substitute for real relationship and, if we were honest, was more of an addiction for information, scanning, searching, consuming knowledge about other people and what is going on. It is a modern-day, infinite version of the one-column by five-inch article in the newspaper (old school) that we used to call the weekly "gossip column."

Back to my friend. The more I thought about it, I realized that we have allowed these hundreds-a-day invasions of time. We all know people who do little else all day long. One young adult I know counts among his very best friends those with whom he chats on line, people that he actually has never met in person. "Doesn't that trouble you?" I asked him. "Not at all," he replied. "Should it?"

Have you found yourself resenting the many demands which too easily can be made by anyone who types a sentence and hits "send"? Your response is expected. This "remote control" allows us to hold expectations for others with very little personal accountability for ourselves.

It also allows us to act inhumanly, even cruelly, without any responsibility, particularly when we communicate anonymously. We learned a long time ago to never look at a public blog, some seem basically a license for hatred. One social media site popular with teens advertises itself as the place where you can "be anyone you want to be." It makes you wonder if the person on the other end of the ether is who they say they are, at all.

Some people have begun to refuse to use email or social media at all. "If you want to speak to me, or ask me something, you just need to call." There is a growing awareness that community cannot be established and nurtured through an unnatural, impersonal message (which is so often misunderstood, anyway).

Since community is built on relationships, these relationships need to be real, face-to-face, and multi-leveled. Our community is based on the quality of its communication. How are we doing? Are we losing the ability to communicate we once had? Will a new generation develop with a completely different, detached understanding of relationship?

There will never be a substitute for real-time encounter and sharing. Give somebody a call.

May God bless you,

Fr. Don

holy cross academy



*A National
Blue Ribbon
School, 2012*

Holy Cross Academy – New Families' Picnic

At the end of June, we signed off from Holy Cross Academy, wishing all of you a blessed, peace-filled summer. The past few weeks have sped by with lots of summer activity at Holy Cross. After an unforeseen delay, the parking lot project is in full swing. We look forward to providing more space for our school families and parishioners for our many school and parish activities at HCA.

Our Parent-Teacher Organization provides mentors for the new families joining our school community. The mentor families extend a hospitable welcome and answer the many questions that a new family may have: "How does drop-off work? What is Doughnuts with Dad all about? How can we get involved in the school? Etc." Our mentor coordinators, Carla Rivera and Brenda Meskunas, pair the families up so that every new family has the opportunity to receive this warm welcome.

To give everyone a chance to meet and enjoy some relaxing summer time together, the mentor families sponsor a picnic in July. This year's summer picnic

was held on a beautiful day and featured delicious summer foods and lots of water balloons. You can imagine how much the children enjoyed soaking one another and themselves! They also had some time to try out the playground equipment and to run on our wide-open fields.

Holy Cross and St. Mary Preschool are still accepting students for this coming school year. If you want to learn about our school and all that we can do for your child, please call us at 540-286-1600 or visit our website, www.holycrossweb.com. For St. Mary Preschool, please call 540-373-7553. Holy Cross Academy is a place where each child can flourish and grow. We would love to hear from you and will gladly give you a tour of our National Blue Ribbon School of Excellence and tell you all about the wonderful things happening here.

St. Mary Preschool openings for Fall

St. Mary Preschool still has openings for their 3 and 4 year old afternoon preschool classes in the fall. 12-3 on Monday, Wednesday, and Friday! For more information, contact Mrs. Nanci Scharf, Preschool Director, at 540-373-7553.

young & less young



2014-15 High School CYM Registration is now open

High School teens: register for our Wednesday night YOUCAT and Sunday night Youth Group programs! Through these program we engage teens in discussions of faith with games and ice breakers and also through small groups, talks, skits, video presentations and music. Our year-long program covers all eight major topics required of Youth Ministry by the United States Conference of Catholic Bishops. The eight topics are: *Person of Christ, Life in Christ, Morality, Christian Mystery, Church, Christian Prayer, Sacred Scripture and Profession of Faith*. Registrations are available on our website as well.

Sports Tuesdays

Every Tuesday, until August 12th from 6pm-8pm come out to Old Mill Park (2401 Caroline Street) to play sports: soccer, flag football or ultimate frisbee. All middle school and high school age teens are invited. Bring friends and a water bottle!

Join the Choir!

Now is a very good time to join the choir! We have three adult choirs and two choirs for young people (2nd - 7th grade and 8th - 12th grade. To find out more, contact David Mathers, our Director of Sacred Music, at the parish office (540) 373-6491 x217 or dmathers@stmaryfred.org. The choirs that have been off for the summer will be resuming in September, so now is the best time to give it a try! You just need to be able to sing, be willing to learn some new things and be eager to share your gifts in helping our assembly worship more deeply through song.

Book club plans for August

The parish book club will meet on Tuesday, August 12, at 10am in the John Paul II house. The selection for discussion is *My Descent into Death: A Second Chance at Life* by Howard Storm, a former atheist and now an ordained minister, who describes his conversion as the result of a near death experience. More information? Contact Kathleen Mahoney, bmah761569@aol.com or 540-371-2073.

rite of christian initiation for adults

Considering the Catholic Church?

Come and See! – The Catholic Church offers you an opportunity to see what being a Catholic is all about through the Rite of Christian Initiation of Adults (RCIA).

The St. Mary RCIA program begins on September 8. We will meet every Monday evening from 7:30 to 9:15pm in preparation to receive the Sacraments of Initiation at the Easter Vigil on April 4, 2015. The RCIA program also welcomes baptized Catholics who have not received Holy Eucharist and Confirmation. The parish will offer a separate Adult Confirmation class in late fall for baptized Catholics who have received Holy Eucharist but have not been confirmed.

Please contact the Parish Office at 540-373-6491 to sign up. For more information about RCIA, please email rciastmaryfred@gmail.com. There is no obligation; come and see what it's all about. You are welcome!

rcia+rica

¡Ven y entérate! –La Iglesia Católica, te ofrece la oportunidad, de conocer y enterarte de lo que es ser Católico a través del Rito de Iniciación Cristiana para Adultos (RICA).

El programa de RICA se iniciará el 8 de Septiembre. Reuniremos todos los Lunes de 7:30 a 9:15 de la noche para prepararnos recibir los Sacramentos de Iniciación en la Vigilia de Pascua que será el 4 de Abril del 2015. El programa RICA también le da la bienvenida a todos aquellos Católicos bautizados que no han recibido los sacramentos de Confirmación y de la Eucaristía. La Parroquia ofrecerá a finales de otoño una clase diferente, para la Confirmación de adultos que han recibido la Sagrada Eucaristía, pero no han sido confirmados.

Por favor de llamen a la oficina de la Parroquia al (540) 373-6491 para inscribirse. Si deseas más información acerca de las clases del RICA, puedes escribirnos también a nuestro correo electrónico rciastmaryfred@gmail.com. No hay ninguna obligación, sólo ven y entérate de lo que el programa de RICA te ofrece. ¡Te esperamos!

Registration for Religious Education

Registration is ongoing. Hurry; sessions are filling up. Parents are reminded that registration fees for August is \$50.00/child and \$125.00 for 3 or more children. In September it will be \$60.00/child or \$175.00 for three or more children.

Important meeting dates for Catechists

This year catechists will meet twice before class begins to help catechists be better prepared for the school year.

Wednesday, August 20

Kindergarten, Grade 1 and 2: 6:30–7:45pm

Grades 3, 4, 5: 7:15–8:30pm.

Wednesday, August 27

Grades 6, 7, 8 & Confirmation: 6:30–7:45pm.

1st Communion & RCIC: 7:15–8:30pm.

Please note that the first group and the second group of each night will be together from 7:15–7:45pm for VIRTUS renewal.

On Tuesday, September 2nd we have our first Catechist Training session from 6 to 9pm. Our guest Speaker will discuss our topic for this year "Evangelization."

Virtus training scheduled August 21

For those who have never taken Virtus Certification training as a part of our diocesan child protection program in parish ministry, we have

scheduled a local Virtus Training Program on Thursday, August 21 from 6-9:30pm in the Parish Life Center. Anyone who will regularly interact with children and youth in ministry is required to complete this program. Please register for the Training at signup@virtus.org.

Catechists needed

Make a difference in a young person's life by volunteering as a catechist, catechist's aide, prayer aide, substitute catechist or office volunteer. Our children need you. Training is provided, background check required. Contact Karen Sturtevant at ksturtevant@stmaryfred.org or 540-373-6491.



CATHOLIC DIOCESE OF ARLINGTON EVANGELIZATION CONFERENCE 2014



TAKE THE
FIRST STEP.
BRING A
FRIEND.

Join Bishop Paul Loverde,
Jennifer Fulwiler, Fr. Dwight
Longenecker, Marie Miller,
and Fr. Juan Puigbo
at Hylton Memorial Chapel,
Woodbridge, VA 27 SEPT

[www.arlingtondiocese.org/
riskjesus](http://www.arlingtondiocese.org/riskjesus)

outreach grow for your neighbor



In early May of this year, we were contacted by fellow parishioner, Mary Van Slyke, inviting our parish community to consider participating in the Grow for Your Neighbor Program. The opportunity is a perfect complement to our current food related outreach efforts—creative and promoting self-sufficiency, it encourages community service by giving back at the same time. Mary's passion to educate and promote healthy nutrition has evolved into a beautiful working relationship with local youth, business and community partners.

Grow for Your Neighbor is a community project that provides many families with fresh produce throughout the local growing season. It is an initiative to inform area residents of The Fredericksburg Area Food Bank's need for fresh food and encourage gardeners to donate a portion of their homegrown produce. Donating is conve-

nient, with a collection truck available weekly during the growing months at the Saturday Spotsylvania County Farmers Market on Route 3 West. Collections are made each Saturday with St. Mary collecting donations for distribution out to the community the 4th Saturday each month. To date 1,250 lbs. of fresh vegetables have been distributed to persons in need in the community.

The program is more than an opportunity to make a donation. It has made available affordable, 4x4 garden kits, with the purpose of encouraging involvement by those who may not have ever gardened. The projects have become a family effort; upon receiving the garden kit and supplies, the young gardeners pledge a portion of their garden bounty to the food bank.

Mary sees this project as having much potential and many applications for education, nature appreciation, healthy eating and service: "I've been



Students plant, grow, harvest and donate their produce with the Grow for Your Neighbor Program.



Parishioner Chris Craig worked with the Program by setting up gardens for people in need as his Eagle Scout project.

so pleased with the support of our community, as our local Riverbend High School students will be growing plants for garden kits and Bonnie Plants has donated 600+ vegetable plants.”

Grow for Your Neighbor has partnered with Spotsylvania Education Foundation to get the word out to the families of our 31 county schools.

“We’re fortunate to also have the support of The Square Foot Gardening Foundation, a non-profit organization whose mission is ‘to teach self-sustainability and reliance through gardening. To promote a lifestyle that manages your health in a positive manner.’” The Foundation works installing gardens and teaching their gardening method worldwide so that people may feed themselves.

In our parish community, Mary has worked with parish youth to provide gardening kits for

Mary’s Shelter so that the young women can learn the benefits of gardening and to demonstrate what might be possible—growing fresh produce for themselves and one another—and in time share back to the community. We also have been fortunate to have connected her with our local Catholic Charities Resettlement and Migration Office, where she has assisted in providing kits to our newcomers in much the same way—growing produce for themselves.

In many ways it is Mary’s passion and response to God’s call that has facilitated a traditionally common idea into something uncommonly good.

For more information how to become involved or to provide support to this and many other outreach related opportunities here at St. Mary please contact the parish office.

outreach work camp 2014

Every summer St. Mary sends teens out to serve God's people. This year 52 teens and 17 adults participated in two WorkCamps: Shenandoah, VA and Oil City, PA.

Diocesan: Shenandoah, VA

This summer marks the 25th year that the Diocese of Arlington has sponsored their annual WorkCamp. In the last few years the Diocese of Arlington has brought together the largest number of teens to a WorkCamp in the entire United States. This year, there were well over 1,200 total participants at WorkCamp. The Diocesan WorkCamp typically spends 3-4 years in a particular area of the Diocese helping those in need and then moves to another area within the Diocese.

Catholic Heart: Oil City, PA

Catholic Heart WorkCamp (CHWC) was started in 1993 by two Youth Ministers in Florida. After 21 years CHWC has spread over the entire

United States as well as Jamaica, Grenada and Belize. In the summer of 2013 CHWC had over 12,500 campers (just that summer alone) serving God's people. Oil City, PA was a newly added city to CHWC list and a smaller camp of about 200 people participated. The need was very great. Oil City was once a prosperous oil town (hence the name), but soon after the oil wells closed many moved away and the city began to decay. In the last 20 years or so there has been an effort to revitalize the city and WorkCamp is joining in to help those in need.

What happens at WorkCamp?

Both camps are very similar in their work projects as well as evening program designed to take the work the teens have done and connect it to their faith. The week includes teens leaving behind their cellphones (to some the most challenging thing), sleeping on floors, eating peanut butter and jelly sandwiches every day during



lunch, waiting in dinner lines for food and showers, and doing demanding physical work in the 90+ degree weather. During the week campers attend daily Mass, regular prayer, and devotions throughout the day. Eucharistic Adoration, Confessions, talks and reflections take place each evening along with fun activities such as music, dancing and on stage games put together by the WorkCamp staff.

During the mornings campers get up and head to Mass, breakfast and their worksite. Teens, led by adult crew leaders and contractors did projects such as painting, building wheelchair ramps, replacing roofs and windows, repairing bathroom showers and toilets, patching floors, and many other projects designed to help make the residents' homes warmer, safer, or drier.

This is not a typical week for many teens, but it is one that they fall in love with and are able to see God in themselves, their peers and the people

they serve. One of our girls said, "The most difficult part was the work. I am not a physical-labor-type person and it was a bit hard. Seeing my resident's face after we finished the work was worth all of the discomfort."

Kevin Bohli, the Director for the Office of Youth Ministry for the Diocese of Arlington was recently quoted saying, "WorkCamp has helped teens serve the poor in our community. However, perhaps more importantly, it's through the service, prayer, and community of WorkCamp that young people discover the joy of living a life for Christ." It is that discovery that brings our young people back to St. Mary to continue to serve, and be the hands and feet of God in their own home."

This year youth will speak after Masses on the weekend of August 16-17 to thank the parish for their support and speak of their experiences.



through our gifts

Weekly Offertory

Offertory Collection 27 July 2014	\$33,696.
Building Fund (add'l)	5,088.
Poor Box / Vincent de Paul	360.
Children/Families of Wounded	82.
SCRIP Year to Date:	\$8,811.

*Thank you for your generosity!
Please remember to use your Offertory
Envelopes to ensure the accuracy of
your end-of-year statement. The "Child-
ren's Envelope" proceeds will not be
recorded on family statements.*

Children's Offertory Envelopes for August

Children's Offertory Contributions for the month of August will be donated to the Grace Oughton Cancer Foundation. Originally established in 2006 to assist the family of nineteen month old Grace who courageously battled a rapidly progressing form of cancer called neuroblastoma, the Foundation has grown, in Grace's memory, and now provides resources and financial support for local families of children battling rare forms of childhood cancer, as well as grants for pediatric cancer research. The Grace Oughton Cancer Foundation thanks you in advance for your contributions in support of their efforts. For more information, visit their website at www.thegocf.org

Shop with SCRIP

Scrip is a fundraising program that provides funds for our parish school. You purchase gift cards to places that you normally shop and a percentage goes to Holy Cross Academy.

To set up an account online at www.shopwithscrip.com and

use our school code, so Holy Cross Academy gets credit for your purchase. If you have any questions about SCRIP, or need the school code, please email Torie Baldwin at scripcoordinator@holycrossweb.com or 571-330-3448.

Thanks for using SCRIP!

Attention all parish organizations

Requests for the use of parish facilities from September 2014 to August 2015 should be submitted in writing to Elaine in the Parish Office no later than **August 15**, either by regular mail, or by email to estanislawski@stmaryfred.org. Please note that evening activities cannot be scheduled before 8:00pm from September through May, due to Religious Education classes in the Parish Life Center and the John Paul II House.

School Dressing Days August 8-9

Join us in helping financially disadvantaged families—over 1,000 area children—with a new pair of jeans, a shirt, socks, underwear, a backpack, school supplies, and toiletries.

If you would like to help with the event go to the "SignUp Genius" link www.SignUpGenius.com/go/9040C45AFA922A31-volunteer/2923451

If you know someone who would like to preregister for the event please go to the Website for the Interfaith Community Council which sponsors this event and go to the School Dressing Day tab. The website is interfaithcommunitycouncil.org

Any other questions please call Tess Thome at 540-737-4053 or email tessnmike@cox.net. Thank you!



Save the Date!

Mary's Shelter Summer Soirée, featuring speakers Simcha Fisher and Sister Clare Hunter. Mark your calendar for August 23, 2014 for this annual event. Check out www.marysshelter-va.org for more information.

Electronic Offertory Faith Direct available now

Make your parish contributions through either direct debit to your checking account or through credit cards.

With *Faith Direct*, the parish will gain predictable cash flow that will help us with planning our parish needs and programs. *Faith Direct* also offers you personalized offertory cards to replace your envelopes for the collection basket.

Please enroll by responding to our mailing or visit www.faithdirect.net to enroll securely online. Our parish code is **VA635**.



Watch next week for August's SHARE Food Order Form

Self Help and Resource Exchange is a cooperative food distribution program that is new this year at St. Mary Church. The ministry provides wholesome and nutritious food to families and individuals at a reduced cost while at the same time promoting volunteer service in our Parish and Community, building relationships with other community organizations.

Participation requires a commitment of one or two hours per month of service, per package of food ordered, in the parish or elsewhere. Any service given to someone else is acceptable. Distribution of packages takes place the fourth Saturday of the month from 8 to 9am.

Please contact Rick Caporali, rcaporali@stmaryfred.org for more information. Food Packages are available to everyone – no income requirements. Menus are available at the parish office or on the Outreach Ministry page on our website, www.stmaryfred.org.

Pro-life reflection

"Suddenly there were two men talking with Him – Moses and Elijah." (Luke 9:30) Jesus was transfigured; the glory of his divinity shone through his humanity, which reminds us that humanity always expresses the image of God. The Transfiguration was meant to remind the Apostles that death would not have the last word. Jesus, may your Transfiguration be a powerful reminder that you have brought about a new kingdom of life."

St. Mary Prayer List

Please Pray for those who are sick or in need, especially: Mary Ullmer, Ralph Steiniger, Lucy Holzworth, Fr. Tom Brown, David Arnold, David Carr, Martin E. Zidek, Kelly and Andrew Wood, Martha Ferrara, Frank O'Connor, Clara Lester, Carlos Ortiz, Marianne Ford, John Pare, Sherry Taylor, Frank Mohler, Harold Gardiner, Rhonda Seidlinger, Betty Ann and Bill Dateno, Marcella Sowieja, Carlita Aberle, Daniel and Forrest Theiss, Shawn, Kristen, Dylan & Brandon Meade, Lily Rubbo, Ellen Carag, Krystal Finch, Dory Henderson, Robert Epp, Josephine Kreider, Mina Logan, Romalie Vonaime, David Vonaime, Helen Kozyra, Debbie Lloyd, Mike Mohler, Patricia Russo, Sr. Marie de Chantal, Nathan Tarantino, James Calpin, Rebecca Johnston, Mary Damato, Timothy Hanlon, Julie Fabula, Amelia McDevitt, Gerald Gardiner, Richard Romagnoli, John Castagna, Eleanor Mitchell, Hall Family, Kelly Keiser, John Nash, Keith Snellings Sr., Patricia Snellings, Jan Kozyra, Melvyn Schreckinger, Linda Klein, Kevin Ahern, Angie Calloway, Francis Cawley, Holly Smith, Cathy Thompson, Sr. Marie de Chantal, Joseph Bozicevic, Charlie and Esther White, Martha Clemens, Veronica Johnson, Wilma Evans, Phyllis Timms, Tyler Hansen, Dawn Vigil, Michael Wood, Bob Young, Katy Cornell, David Braud, Thomisita Devilla, Robert Lyman, Anna Castagna, Sarah Harkins, Beth Malaby, John Paul Baksy

Please Pray for all the men and women in our military and civilian support services overseas, especially: Derek Brostek, Christopher Burton, Matthew Campos, Leslie Capuano, Bruno Carriero, Jonathan Catalano, Frank Creamer, Sal Contreras, James Cook, Brad Cowan, Sam Del Grande, Glenn Dickinson, Aaron Doble, Anthony Dowden, John Dussault, Sandy Dussault, Travis Eades, Doug Ebenal, Christopher Eckert, Tim Evan, Christopher Ewers, Paul Fischer, Jonathan Fleming, Roberto Fuentes, Jason Geary, Ramon Guerra, Jr., Andrew Hamilton, Harry Hamilton, Ronnie Hamilton, Maria Harbeson, Andy Haskell, Raymund Haskell, Michael J. Herbek, James Helm, James Hoffnagle, Jr., Robert Horner, Danny L. Howard, Jr., Anthony Howell, Matthew Kearney, Daniel Kramer, Julio Laffitte III, Chris Lammers, Stephen Lammers, Scott LaRousse, Ryan Larsen, Jeffrey Lawrence, Kenneth Linstrom, Ryan Lynch, Sean Malloy, Geoff Mann, Josh Martin, Samantha Martin, Justin McClelland, Patrick McGroarty, John Moring, Nathaniel McNamara, Roger Mitchell, Joseph Moore, Joseph Muldoon, Corey Nash, Mindy Niemann, James Kevin O'Donnell, Nicholas Oltman, Bryce Parson, Joshua K. Pastell, Sean Penczak, Dominick Joseph Petro, Scott Price, Nick Schulz, Duayne Scott, Tim Smetek, Andrew Smith, Douglas Stransky, Shawn Tupta, Heidi Urben, Christopher Williamson, Daniel Zeytoonian, Justin Carter

Please pray for all the faithful departed: especially

Daily Mass Intentions and Readings

august

4 MONDAY

6:30 Gregg Carneal
9am + Ralph Wallace
Jer 28:1-17, Mt 24:22-36

5 TUESDAY

6:30 + Fred Gasper
9am + Daniel P. Lyons
Jer 30:1-22, Mt 14:22-36

6 WEDNESDAY

6:30 + Jose R. Bernaola
9am Nanci Scharf
Dn 7:9-10, 2 Pt 1:16-19,
Mt 17:1-9

7 THURSDAY

6:30 Pat Canning
9am + Loretta Hall
Jer 31:31-34, Mt 16:13-23

8 FRIDAY

6:30 + Mary Cajohn
9am + Sr. Mariann Lanh Nguyen
Na 2:1-3, 3:1-7, Mt 16:24-28

9 SATURDAY

9am + Eleanor Avery
5pm + Mary Weir
7pm + Gerald Lafond
Hb 1:12-2:4; Mt 17:14-20

10 SUNDAY

7am For the Parish
8:30 + Brian Bunn
10:30 Jacob May
10:30* + Margaret Chance
12:30 + Nick Kennedy
2pm + Barbara Killian
5pm Jorge Ibarra
7:01 + Mary E. Morton
1 Kgs 19:9-13; Rom 9:1-5;
Mt 14:22-33

Please remember that Mass intentions may be requested at the parish office for any remaining Masses of the year. If dates are no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.

*indicates Mass at Holy Cross Academy