

Examination of Conscience

Grade 3-5

1. Each morning and evening do I remember to pray to God who loves me? Do I thank Him for all the good things He has done for me?
2. Have I used God's name or the name of Jesus in the wrong way by joking around or when I was angry?
3. Have I gone to Mass on Sundays (or Saturday evenings) each week? Do I miss Mass on Holy Days of Obligation?
4. Do I sometimes talk back to my parents? Have I done what they told me to do? Do I listen to their advice? Do I help out around the house?
5. Have I been angry with others? Have I wanted to hurt them in some way? Have I fought with my brothers and sisters? Have I hurt anybody on purpose?
6. Do I treat my body and everyone else's body with respect? Do I avoid talking about things that might cause me to do something I shouldn't? Do I look only at pictures and watch TV shows and videos that are good?
7. Have I taken anything that did not belong to me? Have I returned things that I borrowed?
8. Do I always tell the truth? When I have done something wrong, do I admit it? Have I lied about others?
9. Am I jealous when someone I know likes somebody else? Am I envious of the friends of others?
10. Do I wish I had what belongs to someone else? Do I mind helping people who are poor? Am I greedy or selfish?