

Examination of Conscience

Grade 6-8

1. Do I say morning and night prayers with real purpose and do I try to think of God at different times during the day?
2. Have I missed Mass on Sundays or Holy Days by making no real effort of my own to get there? Was I voluntarily distracted at Mass? Do I go to Confession and Communion regularly?
3. Have I spoken irreverently about holy things, the sacraments, the Church, or the priests? Have I uttered the name of God in a disrespectful way?
4. Do I honor and obey my parents? Do I respect my teachers at school and in Religious Education Class? Do I care for my elderly grandparents or relatives? Do I quarrel with my brothers and sisters?
5. Do I try to control my desire for material things (food, possessions, entertainment)? Do I get angry if things don't work out as I plan or want? Do I respect authority and try to tolerate disappointments rather than letting them get the best of me?
6. Do I study hard and make the best use of the talents God has given me? Do I use the computer as a learning resource? Do I show appreciation for the effort my parents make to educate me?
7. Do I treat my peers with respect and am I aware of the needs of others around me?
8. Have I given in to dishonesty by lying, cheating, or stealing to avoid getting into trouble or for my personal benefit?
9. Have I really worked on my personal relationship with God asking for special graces in times of temptation or important decisions?
10. Do I dress modestly? Have I seen bad movies or TV shows, listened to improper music or read immoral magazines? Have I allowed my friends to convince me to do these things? Do I respect all members of the opposite sex and other races and religions?