

**TWENTY-SECOND
SUNDAY IN
ORDINARY TIME**
30 August 2015



Saint Mary of the Immaculate Conception Roman Catholic Church
FREDERICKSBURG, VIRGINIA



what's coming



SAINT
MARY

of the
IMMACULATE
CONCEPTION
Roman Catholic Church

HOLY CROSS ACADEMY

august

30 SUNDAY, TWENTY-SECOND SUNDAY IN ORDINARY TIME

Coffee Shop after morning Masses, Parish Life Center. (St. Anne's Sisters in Faith)
SCRIP on sale after all Masses except 2pm Mass.

31 Monday, Weekday

First Day of School, special 10am Mass, Holy Cross Academy.

september

1 Tuesday, Weekday

10am, CCW Board meeting, Parish Life Center, Room 100.
6pm, Catechist training, Parish Life Center Main Hall.
7pm, Interreligious Prayer Service for World Day of Prayer for Care of Creation,
hosted by Shiloh Old Site Baptist Church (Sophia Street), all are invited.

2 Wednesday, Weekday

6:30pm, YOUCAT, John Paul II House.

3 Thursday, Saint Gregory the Great, Pope, Doctor of the Church

9:30am, CCW Craft Group, Parish Life Center, Room 100.
7pm, Spanish Prayer Group, John Paul II House.
7pm, Baptism Preparation Class, Parish Life Center, Room 202.

4 Friday, Weekday

9am, St. Anne Sisters in Faith, John Paul II House.
6:30pm, Prayers and Squares meeting, Parish Life Center, Room 204.
8pm, First Friday Mass followed by All Night Adoration, Church.

5 Saturday, Weekday

2pm, Spanish Baptism Class, Parish Life Center, Room 204.
6pm, Knights of Columbus Family Dinner, Parish Life Center.
SCRIP on sale after the 5pm Mass.

6 SUNDAY, TWENTY-THIRD SUNDAY IN ORDINARY TIME

Catechetical Sunday—We commission our new catechists for the religious education year.
No Coffee Shop this weekend.
SCRIP on sale after all Masses except 2pm Mass.

7 Monday, Weekday

Labor Day—Parish offices closed. No 6:30am Mass, nor 7pm Novena today.

8 Tuesday, THE NATIVITY OF THE BLESSED VIRGIN MARY

First day of school, Saint Mary Preschool.
10am, Saint Mary Book Club, John Paul II House.
6:15pm, Parish hosts Fredericksburg for Life meeting, Office Library.
7:30pm, Life in the Spirit Prayer Gathering, Courtyard Meeting Room.

9 Wednesday, Saint Peter Claver, Priest

6:30pm, YOUCAT, John Paul II House.

10 Thursday, Weekday

9:30am, CCW Craft Group, Parish Life Center, Room 100.
7pm, Spanish Prayer Group, John Paul II House.

11 Friday, Weekday

9am, St. Anne Sisters in Faith, John Paul II House.

12 Saturday, Weekday (The Most Holy Name of Mary)

9:30am, Our Lady's Birthday Celebration following the 9am Mass, Parish Life Center.
Manna Food Drive after all Masses.

nota bene (note well, please):

✠ We welcome **Fr. Gary Wiesmann** for our annual mission appeal. The second collection this weekend is for the Diocesan Missionary Appeal, for the Diocese of Mandeville, Jamaica.

✠ Join people of all faiths for the **World Day of Prayer for the Care of Creation**, as proclaimed by Pope Francis. Hosted by Shiloh Old Site Baptist Church at 7pm on Tuesday, September 1.

✠ Save the date for these upcoming events:

Parish Ice Cream Social, Cakewalk and Dance, Saint Mary's fall social, come to see everyone, enter the cake decorating contest, put on your dancing shoes, **Sunday, September 13, 4-7pm**. Before the Social begins join us for our first **1-mile Fun Run/Walk at 3:30pm**, starting at Walmart Garden Center and going to the school. For all ages, join us.

Parish Life Weekend: get involved in parish life and work, **Saturday and Sunday, September 19-20**.

✠ Don't forget! **Manna Food Drive** for the Fredericksburg Food Bank is coming up the weekend of **September 12-13** at all Masses! Bring food and donations for those who are hungry.

1009 Stafford Ave., Fredericksburg, VA 22401

SUNDAY MASS Saturday Vigil 5 & 7pm
Sunday 7, 8:30, 10:30am, 12:30, 2pm (Spanish), 5pm, 7:01pm
10:30am at Holy Cross Academy

DAILY MASS Mon.-Fri.: 6:30 & 9am; Sat., 9am
First Friday 8pm
Holy Days of Obligation, as announced

DEVOTIONS Adoration & Benediction, Wed., 7-9pm
Novena with Exposition, Mon., 7-7:30pm
All Night Adoration, First Friday
Miraculous Medal Novena, Mon., after 9am Mass
Divine Mercy, Wed., 3pm

CONFESSION Wed., 7-9pm; Sat., 8am & 3:30pm, or by appt.

PARISH OFFICE 540-373-6491, fax 371-0251
stmary@stmaryfred.org
Mon.-Fri., 8:30am - 4:30pm;
students staff office weekdays until 9pm,
Saturdays 9-5pm, Sundays 9:30-1:30pm

Pastor, Fr. Don Rooney
Fr. Keith Cummings
Fr. Stephen Holmes
Fr. Lino Rico Rostro
Deacon Alberto Bernaola
Deacon Dick Delio

Executive Assistant, Rick Caporali
Business Manager, Elaine Stanislawski
Director of Sacred Music, David Mathers
Secretary, Mary Fitch

HOLY CROSS ACADEMY 540-286-1600
250 Stafford Lakes Parkway
Fredericksburg, Virginia 22406-7234
Principal, Sr. Susan Louise Eder, O.S.F.S.

ST. MARY PRESCHOOL 373-7553
Director, Nanci Scharf

RELIGIOUS EDUCATION OFFICE 373-6491
Director, Aristides Lucas
Associate Director, Karen Sturtevant

YOUTH MINISTRY 373-6491
Director, Leo Chavarria

HEALTH MINISTRY 845-3031
Beth Palacios, RN

BAPTISMS Parish registration (90 days) and class required.
Please contact the parish office to schedule the date at least four weeks in advance.

MARRIAGE Parish registration required; contact parish six months in advance to begin preparation.

JOIN US New Family Registration meetings held in the church on fourth Sundays, following the 10:30 Mass. Please notify us of any contact changes.

Articles must be submitted two weeks prior to publication.
Send articles to bulletin@stmaryfred.org. Thanks!

this week's
bulletin:

4
from our
pastor

5
education

9
parish life

12
operations

13
liturgy

from our pastor



SAINT
MARY
of the
IMMACULATE
CONCEPTION
Roman Catholic Church

HOLY CROSS ACADEMY

Dear Good People of Saint Mary,

Earlier this summer I met with several dedicated individuals to talk about how we might enhance our Pro-Life ministry at Saint Mary and have more of an impact on our city.

It is important to pray; we pray a lot. It is important to speak the truth; we speak. It is also vitally important to do something to help provide alternatives to abortion—we have supported and volunteered with very generous donations of time, talent and treasure to local organizations such as Birthright, Mary's Shelter, and others.

Still, the fact is, even though there are no corporate providers of abortion in the Fredericksburg area, statistics show that we are third in the state only to Fairfax and Richmond: 37.2% of the pregnancies in the Fredericksburg area are terminated early by abortion. From a national standpoint, I also wonder if the number seems to be down across the country due to the fact that there are so many easily obtained contraceptives that cause a spontaneous loss of a child's life before he or she can register as a statistic.

The simple fact that recent videos—which are widely known by all—are widely ignored by our leaders is a damning judgment of our culture.

But pointing fingers and shouting has rarely proven to be useful. We must educate, we must embrace people in difficulty, we must be people of mercy. And we must do this visibly and powerfully in order to cut through the confusion of this age. Life is good, life is a gift, and every person is made in the image and likeness of God. His beauty and goodness are not to be destroyed. Pope Francis uses this as a central theme in his recent work on the Care of Creation. It is a crime to be cruel to pets...what is wrong with this picture?

A conversation I had recently with a mom still chills me. I was wondering out loud why so many young people leave the Church so soon after receiving the Holy Spirit in Confirmation. She said that from her experience, many youth today confront a profound contradiction: follow the Church—but take this pill "just in case." It's the slippery slope of departure. They learn to follow one teaching, but ignore others. And in doing so, drift away from Truth.

Education. We need to teach children about their beauty, their dignity as children of God. The world is a mess. They don't need to have crushes on pop-star-bad-example-teens and idolize the person who

wears the least clothes. They are a gift and they need to save that gift for a person who they really love and to whom they want to give their life, as Jesus does for them.

Support and Welcome. We need to go out and find ways to show we care. God said it is mercy he desires, not sacrifice. If we weren't sinners—all of us—we would have no need of a Church. Jesus wouldn't have had to go to all this Trouble to love us. It was the sinners that he went out on the road to seek out, to love and to reassure that he came for them despite the onlookers who judged him for what he was doing. We need to be people who are known first for our loving welcome, not our self-righteousness.

As a sign of that welcome we have made a decision. As grateful as we are for the tombstone commemorating the unborn that was placed on our property by the Knights many years ago, I think it is time for a strong, symbolic change in communication. Over the years there have been many women who have told me that they felt punched in the gut every time they drove in our parking lot to come to Mass or make a visit in church. They had made a mistake, they were very sorry, always will be. But did they have to be reminded of it every time they came to church? "The church," one older lady told me, "should be a place of refuge for us who grieve our mistakes."

If today's statistics are right, and one out of four women have experienced the horror of abortion, and are getting to church, then we are opening a lot of wounds without even intending to do so.

There was a time when these tombstones were placed everywhere, but not any longer. People have realized that a positive message goes farther.

I have ordered a life-sized bronze sculpture of the Holy Family to be placed in the island in front of the Parish Life Center. We have already paid half, it is not cheap, but I believe this is the right thing. Jesus is standing in Mary's lap, Joseph stands alongside them. It will be placed on a brick pedestal so that it will be clearly visible, even when the parking lot is full of cars.

Maybe you can help us pay for it, will you? It is an extraordinary expense and we didn't budget for it, but I feel this strongly about it. It will be a testimony to the love and mercy of God during the upcoming Holy Year of Mercy.

God bless you. *Fr. Don*

holy cross academy



*A National
Blue Ribbon
School of
Excellence,
2012*



*Top: Holy Cross
Academy staff
and faculty, 2015.
Bottom: Teachers
and faculty attend a
spirituality day in
preparation for the
upcoming school
year.*

The Magic Number: Nineteen!

Nineteen seems to be the magic number this year. Nineteen of our teachers have served our school community for 10 years or more and our average teacher has 19 years teaching experience. No wonder so many wonderful things happen at HCA! With such a dedicated group of teachers anything is possible.

Holy Cross begins a new school year tomorrow. We are looking forward to welcoming back our returning families as well as those joining us for the first time this year. It is an exciting time of renewing friendships and making new ones. It will be a busy year as we participate in the Design for Excellence Reaccreditation Process. There will be more about that as the year progresses!

Throughout the month of August, teachers and staff members have been preparing to receive our students. Fr. Don helped us to prepare to start the year off right with his reflections on our parish theme of thankfulness and mercy. On Monday, we will begin with Mass and will rededicate ourselves to the mission of Catholic education.

Holy Cross Academy serves Saint Mary

Parish by offering an excellent academic program grounded in our Catholic faith. Our students strive to become the best that they can be spiritually and academically. Our school program develops the whole child and challenges each student to pursue excellence in all areas.

Our school is a place where each child can flourish, grow and learn. We would love to hear from you and will gladly give you a tour of our National Blue Ribbon School of Excellence. We look forward to telling you all about the wonderful opportunities we provide for our students. Learn about our parish school by visiting our website, www.holycrossweb.com. If you would like to see what we can do for your child, please call our HCA office at **540-286-1600** or Saint Mary Preschool at **540-373-7553**.

It's Not Too Late!

Saint Mary Preschool has a few openings in their morning 3 year old program and the afternoon 4 year old program for the 2015-2016 school year! Come join in the fun! For more information, please contact Mrs. Scharf at **373-7533** or nscharf@stmaryfred.org.

religious education

First Catechist training session

Our first Catechist Training Session will be held on **Tuesday, September 1 from 6pm-9pm** in the Parish Life Center. The guest speaker will be Paul Gallagher. Catechists, **please RSVP by Monday, August 31**, so we can be ready for you.

Catechetical Sunday, September 6

Next Sunday is Catechetical Sunday at our parish. **Catechists will be commissioned at three Masses; at the 5pm Saturday Vigil Mass and at the 8:30am and 5:00pm Sunday**

Masses. Before Mass catechists will sign their "Profession of Faith" in the vestibule. After the sermon, Catechists will be commissioned and the celebrant will invite them to offer their signed "Profession of Faith" on a table in front of the altar.

Religious Education Classes resume the week of September 14

How can you help your children have a profound love of the Church so that they stay in the Church? Enroll them in religious education classes! Last school year about 50% of the children in our parish attended Religious Education classes. This

Religious Education volunteers needed

We still need Religious Education volunteers, especially Catechists. Please check the bulletin board in the church vestibule and call the Parish Office to volunteer.

means that about 1,275 children in our parish missed this opportunity to grow in their faith. Parents and grandparents please help keep your children and grandchildren Catholic forever by ensuring that they get religious instruction.

youth ministry



CYM Dinners: Share your passion for food!

Every Sunday our High School Youth Group meets, we have dinner provided for the teens. **These dinners cannot happen without the help of parents and other volunteers giving of their time, talent and treasure.** Dinner teams consist of 6-7 adult members and serve 4-5 dinners per year. This is a year commitment to prepare, set-up, and serve—not just a food donation or potluck. Many adults love doing this and have been doing this for more than 4 years as a team. It is a great opportunity to meet other parents and enjoy the CYM kids as they meet in a relaxed atmosphere of fellowship, prayer—and fun. All food is prepared and donated by the teams but the cost is minimal since it is divided up

among team members. If cooking is a gift you have and are interested in getting more info **please contact Jane Stoecker, CYM Dinner Coordinator at jfstoeckerclnc@yahoo.com.**

CYM Dinner and HS Youth Group: September 20

All high school teens are invited to join us **Sunday, September 20 at 6pm** for an awesome meal as we gather together before our high school youth group begins. There's nothing quite like a meal to bring people together and help get to know one another. After the CYM Dinner, **join us from 7pm-8:30pm for a dynamic, fun and faith filled night as we kick off the year.** All high school teens must be registered to participate so please see the high

school page in the Youth Ministry section of the website. Here is what some of our youth have to say about our Sunday program:

"I always leave inspired. The adults help me to think about faith and life in a way that really reaches me."
—Senior at Stafford.

"I'm not going to lie, I did not want to go but my mom made me. I literally cried outside the PLC and she still made me go in. It was the best thing my mom could have done. I loved my time at Sunday night Youth Group!"
—alumni currently at UVA

"Leo and the adults make you feel welcome, like it's a big family gathering. I came as a freshman last year and I look forward to it every week."
—Sophomore in Colonial Forge

Follow Saint Mary's Youth Ministry



- facebook.com/stmarycym
- instagram.com/stmarycym
- twitter.com/StMaryCYM

called & gifted program

You were Given in Love; you are Called in Love.

What is the Called and Gifted Workshop?

The *Called and Gifted Workshop* helps lay Catholics discern the unique work of love to which God is calling them and to discover how God has empowered them, already, to carry it out. To date over 90,000 Catholics in over 110 dioceses have attended the Workshop in parishes throughout the world, learning about the crucial role every lay Catholic has in the mission of the Church to bring Christ's love to our neighbors and our culture.

Why should I attend?

Because Christ is calling you. Christ *needs* you, to carry his love to others in a way only you can do. No one else has your particular background, experience, gifts and connections. No one else can take your place.

Over and over again, long-time Catholics have asked after the Workshop, "How come I have never heard of this before?" If you are a cradle Catholic with years of Catholic schooling or have been through the RCIA, chances are that you never fully received Christ's teachings on lay participation in her mission and have never received an opportunity to discover for yourself how Christ is calling *you*, uniquely and personally.

What will I learn?

What the Church teaches:

- Church teaching on the role of the laity
- The identity of the "Lay Apostle"
- How ordained and laity properly collaborate

Are you going through, or planning to make, a transition in your life? Perhaps your children have recently left home. Perhaps you want to return to work after an absence, or you are considering a call to the priesthood or religious life. Know what God has given you to offer other people can help you to discern his will for your life—and provide you with direction when you make choices.

On Friday and Saturday, October 9 and 10 our parish is sponsoring a teaching team from the Catherine of Siena Institute in Colorado Springs to offer the introductory Called and Gifted workshop. The discernment process will help you to discover God's will for you.

To register or find out more, call Fr. Don at the parish office, or see links to more information and a registration form at our parish website at www.stmaryfred.org. You may also contact us by email: called@stmaryfred.org

- Implications for parish life and ministries

Results of the *Catholic Spiritual Gifts Inventory*:

- God's working through you for others
- Identify how you are personally and supernaturally empowered

The nature of spiritual gifts:

- What are they?
- What are they for?
- How can I discern what mine are?

About Call and Vocation:

- What is a vocation?
- Everyone has a vocation!
- Why discerning my call is essential to happiness
- How can I discover mine and why it is never too late

Who is it for?

- Long-time Catholics and new Catholics
- Active ministry leaders (to

- clarify call, vocation)
- Pastoral leadership
- Parents and teachers
- People in transition
- People who are searching

Do I know what my particular spiritual gifts are? Which gifts make me particularly effective and where can I most fruitfully focus my efforts? Do I need guidance in my responsibility of caring for or teaching the young or those in my life? How do I help them discover their gifts? Even if I'm aware that God is calling me, do I know where?

Who is teaching the Workshop?

The Workshop is presented by the Catherine of Siena Institute in Colorado Springs. Fr. Mike Fones, OP and Sherry Weddell are co-founders. For more information, you are invited to visit their website, www.siena.org or call their office.

Registration opened August 29, 2015.

Please see page 8 for the registration form or visit our home page.

THE CALLED & GIFTED WORKSHOP

offered by the Catherine of Siena Institute, Colorado Springs. www.siena.org

Saint Mary of the Immaculate Conception/Fredericksburg

The Workshop will be held at Holy Cross Academy

on Friday, October 9th, 7—9:30pm and Saturday, October 10th, 9am—3:30pm



The Timeline

THE WORKSHOP

October 9-10, Friday eve. and Saturday.

PEER to PEER CONSULTATIONS

between October 13 and 31
one scheduled appointment

SMALL GROUPS

6 Tuesday evenings, 7-9pm
November 3 & 17
December 1 & 15
January 5 & 19

or

6 Saturday mornings, 10am-noon
November 7 & 21
December 5 & 19
January 9 & 23

The Called & Gifted Workshop

Discover God's Call for Your Life

God is calling you to a unique purpose in life. A work of love that only you can do. Discern your spiritual gifts and begin to discern God's call. You have received gifts in Baptism and Confirmation through which God intends his love to reach others. Come and discover these gifts!

The Called and Gifted Workshop is a two-day live presentation which includes Church teaching on the laity and lay apostleship, the nature of gifts, call and vocation, and how to undertake the process of discernment.



The Called & Gifted™ Discernment Process has been used since 1993 by over 75,000 lay, ordained, and religious Catholics and other Christians around the world. The Called & Gifted™ process is designed to help Christians discern the presence of charisms in their life.

Called & Gifted™ is a three part discernment process intended to help lay Catholics discern their charisms. All three parts of the process are necessary to determine where you are gifted. Part one is the Called and Gifted workshop, this workshop lays the foundation for the beginning of discernment. Part two is the One Hour Gifts interview, this is an invaluable part of the process. Part three, the substance of the discernment process. These final steps will teach you how to develop charism experiments and how to evaluate your results. The last part of this process will teach you how to identify ways you learned to control life as a child that get in the way of using your charisms as an adult..

registration form:

Please return this form to the Parish Office by **Wednesday, 30 September 2015**, if you plan to attend the Workshop.

Name of Ministry (if actively involved):

☐ Registered Member / St. Mary (\$20)

☐ Not a Member of St. Mary (\$30)

Name of church where you are a member:

yes! I will attend the Workshop.

NAME _____

DAYTIME PHONE _____

EMAIL _____

Box lunch on Saturday is included. Payment must be included with registration. Make checks payable to St. Mary. Fee is not refundable.

parish life happening here

September Family Dinner

The September Family Dinner, sponsored by the Knights of Columbus, will be held on **Saturday, September 5, from 6-8:30pm** in the Parish Life Center. The menu includes meatloaf, mashed potatoes and gravy, corn-on-the-cob, and cake. The profit will be donated to Birthright. The dinner is open to the public and pay-at-the-door. Takeouts are available. The cost is: Adults: \$7, Seniors (60&up): \$6, Teens: \$6, Children (7-12): \$5, Children (under 7): Free. **The max cost per family is \$25.**

Book Club resumes

The parish book club will resume after summer vacation on Tuesday, **September 8, at 10am** in the John Paul II House. The group will discuss *Would You Baptize an Extraterrestrial?* by Brother Guy Consolmagno and Father Paul Mueller of the Vatican Observatory, the official astronomical research institute of the Catholic Church. The book uses a dialogue format between these two brilliant Jesuit theologians and scientists as they discuss questions of faith and science. More information? Kathleen Mahoney, bmah761569@aol.com or **540-371-2073**.

Trail Life and American Heritage Girls

Trail Life Troop VA-4034 (TL), chartered through KoC Council 4034, and **American Heritage Girls Troop VA0128 (AHG)**, chartered through St Mary's CCW, are having a parent information meeting at Holy Cross Academy on **Thursday September 10 at 7pm**. TL and AHG are Christian adventure,

character, integrity, and leadership programs for young men and women, respectively. The K-12 programs build skills and allow growth on a personal level and as a role model and leader for peers. **For more information** visit trailifeusa.com or americanheritagegirls.org. **Questions?** Email Mark Gardner (TL) at troopmasterva4034@gmail.com and Heidi Adams (AHG) at ahgva0128@yahoo.com.

Mary's Birthday Celebration

All are invited to a breakfast celebration sponsored by the CCW and the Legion of Mary on **September 12 after the 9 am Mass** in the Parish Life Center to celebrate Our Lady's birthday.

Saint Mary Manna Project Food Drive, September 12-13

September is Hunger Awareness Month! **On September 12-13, the Manna Project will collect non-perishable food items and monetary donations for the Fredericksburg Area Food Bank.** Volunteers will be available at all Masses and at Holy Cross Academy. Each month, the Food Bank feeds more than 20,000 people locally and they rely on our community to help carry out this important mission. Needed items include (but are not limited to) canned meat and fish, peanut butter, beans, pasta and sauce, mac and cheese, soup, canned vegetables, instant potatoes, and rice. Personal items such as shampoo and paper towels are welcome, and for each donation of \$10, the Food Bank is able to provide 30 meals for hungry families! Please help us answer Christ's call to feed the hungry during our September Food Drive.

Halfway to St. Patrick Day celebration

The 4th **Annual Halfway to St. Patrick Day Celebration**, sponsored by the Ancient Order of Hibernians, is **September 12, 2015 from 6:30 to 11:30pm** at the University of Mary Washington Seacobeck Hall. Enjoy an Irish dinner (choice of salmon or corned beef), cash bar, commemorate pint beverage glass, and door prizes. Music by Fredericksburg's Irish band, Dragon Fyre. Irish dance performances and Ceili lessons by Muggivan School of Irish Dance. **To order tickets** contact Harry Crisp (Crisphe@aol.com, **540-371-9235**) or Bill Halpin (**540-972-5903**).

Let's go bowling!

Knight of Columbus Council 4034's **non-sanctioned Bowling League will begin Monday, September 14, 2015** at the AMF Fredericksburg Lanes on Route 3. The league is open to all parishioners of the parish, family, and friends. We are still in the process of forming teams. The cost of bowling will be \$17 per person, per week with four bowlers on a team. **If you would like more info about the league** or want to join please **contact Rick Reschick** at **540-368-9345** or rez55@cox.net or **Steven Young** at **540-841-3630** or Stevenmyoung86@yahoo.com.

Health Ministry volunteer classes

Find out more at one of our Health Ministry Volunteer classes on **September 17 from 1pm-3pm**. To register please call **540-373-6491**. For additional information, contact the parish Nurse at **540-845-3031** or epalacios@stmaryfred.org.

parish life happening here

Follow-up to Teen/ Parent Summit

A Parent(s) of Teens discussion group—facilitated by Dian Epp, LCSW, a member of the Saint Mary Heath Ministry Team—will begin **Monday, September 21 from 7-8:30pm** and continue for 4-6 sessions depending on interest. Attendance is limited to 12 for discussion purposes and priority will be given to parents who attended the Summit. To register, please call the Parish Office at **540/373-6491**.

KoC yard sale donations

The **Knights of Columbus** continues to seek donated items and monetary donations for our annual Yard Sale Fundraiser on **Saturday, September 26**. Consider donating your tax deductible unneeded items like: appliances, furniture, kitchen items, hobby and craft items, baby items, coats and jackets, T.V.s and electronic items, books, movies,

children's items, tools, mowers, barbeque grills, and anything else in good shape you no longer need that is taking up space. You may drop the items off Saturday mornings at the KoC 4034 Council home on 4724 Harrison Road or we can pick up your items up Saturday mornings at your location. **Point of Contact for pick-ups:** Fred or Debbie Nunez at (540) 371-3125 and Mario or Patria Figueroa at (540) 898-0957. **Questions about the Yard Sale** can be directed to the Tim Fleming, yardsale@kofc4034.org. All proceeds from the yard sale go to charity.

SHRED event: October 3

Do you have any old files and paperwork taking up space at your home or office? Plan to join us on **Saturday, October 3 from 10am until 1pm** for our Shred Event to dispose your confidential documents. Recycling is an essential part of any commitment to sustainability, we here at St. Mary are responding by offering this

community-wide event. **The event will be open to all in the parish, small businesses, non-profits and area residents.** Deliver materials to the back parking lot, behind our Parish Life Center where you will be greeted by our Youth from Young Catholics for Change from Holy Cross Academy who will assist with unloading your vehicle. There is a 5 box limit per vehicle and we will continue to accept materials until the truck is full or 1pm whichever occurs first. The Youth will also be providing refreshments and accepting donations to raise funds for their Missions projects at Holy Cross. **Accepted materials:** We will accept office based material, small metal fasteners such as paperclips and staples. Please remove 3 ring binders; hardcover books, newspapers, magazines, plastic or metal objects and electronic media such as CDs and DVDs will not be accepted. **Questions regarding the event** can be directed to Rick Caporali, rcaporali@stmaryfred.org or contact the parish office **540-373-6491**.



*Saint Mary
Council of
Catholic
Women*

Donate to the annual Craft Bazaar

Attention Saint Mary Crafters: **We need your home made crafts!** If you have items you have made and wish to donate to this year's annual Craft Bazaar, please bring them to the Parish Life Center, room 100, **any Thursday morning until October 15** or to the church office with Wanda Cushing's name on them.

Volunteers needed

- For the Ice Cream Social on September 13. Contact Donna Davis at LadyDee519@aol.com or **540-752-5502** to sign up.
- For the CCW booth at the Parish Life Weekend, September 19-20. Contact Eileen Geary at **371-1844**.

Upcoming meetings

The next board meeting will be **September 8**.

The **first CCW meeting of the 2015-16 season will be Tuesday, September 15, at 10am**. We meet in the Courtyard Meeting Room. Father Don Rooney will be our guest speaker.

BUNCO is back!

The first Bunco game will be Friday, **September 18, from 7-9pm** in the Parish Life Center.

parish life happening here

The Health Ministry Team is reaching out!

We want to begin an eNewsletter for parishioners so that our many dedicated volunteers can support our Saint Mary family in as many ways as possible. Our services through this ministry are centered on health education, community support services, and individualized personal support for parishioners who are experiencing a health-related situation and would like to talk, share, and have a parish team volunteer come and be present with them—just as Jesus is present with us, we can be present with each other.

Our eNewsletter, The Health Ministry Health Link (HMHL), will be sent via email and will include articles, insights and “fun” information regarding health topics important to our family of parishioners. Articles may come from journals, internet sources, periodicals or professional papers. It will also include tips on positive living and words of wisdom, love and spiritual support submitted by you, our parishioners, who want to share their thoughts with us. Yes we want you to send us information! **Please email the Parish Nurse at lsullivan@stmaryfred.org so that you can receive all the “good stuff” that we can find to share with you through the Health Ministry Health Link.**

The individualized personal support for parishioners can be a visit, call, or in a written format. This communication is not a “medical visit.” Our “presence” is a way of “being there” and sharing this is truly a gift of the Holy Spirit. **Please call Lois Sullivan at 540-845-3031 or email the Parish Nurse (lsullivan@stmaryfred.org) for any requests.**

Send in your email address now so we can get a Healthy Start!

We are excited to announce that Saint Mary Parish is creating a NEW parish pictorial directory!

Our last directory was done in 2010. Lifetouch will photograph our parish families at no cost beginning in late September, October, and early part of November. You can take advantage and have your Christmas family portraits completed—right here at St. Mary! All parish members are eligible to make an appointment to have photos taken.

Extended family, friends and neighbors are welcome to schedule appointments as well, although they will not be included in the directory. You may include family pets in your photo session, although these portraits will not be included in the directory.

Each family will receive one free 8” x 10” photo, with the option to purchase others. Professionally-done family portraits are a treasured gift for family and friends. Lifetouch accepts cash, checks and all major credit cards so come prepared to take advantage of this opportunity!

Can my family submit our own photo?

You may submit your own photo at a cost of \$10. The fee is waived in the following circumstances: special pages are provided free for military

members (simply submit pictures of them in uniform) and homebound parishioners (who have their photo taken by a parish volunteer with a digital camera).

How do I sign up for a portrait session?

Sign-ups will begin August 24 and you will find the online registration on the Saint Mary home page (stmaryfred.org). No access to the Internet? Stop by or call the Parish Office at **540-373-6491** for assistance. Photo sessions begin the last week 29 September at 2pm and go until 8:30pm.

We need warm and friendly volunteers!

Exercise your charism of hospitality! Time commitments vary. Can you give a few minutes before or after Mass? Or, maybe, you can be available for a few hours weekly—we welcome you. We need volunteers to sign people up at church, make reminder phone calls, take pictures of homebound parishioners, coordinate military photo pages, and greet people and sign them in on the days of the photo sessions. Please call the Parish Office at **540-373-6491** or contact **Sandy Keddle** at photodirectory@stmaryfred.org.

smile!

operations given in love

Weekly Offertory

23 August Offertory 33,797.
Assumption Collection (add'l) 805.
Building Fund (add'l) 1,009.
Poor Box for St. Vincent de Paul 251.

Thank you for your generosity!

Please remember to use your Offertory Envelopes to ensure the accuracy of your end-of-year statement. The "Children's Envelope" proceeds will not be recorded on family statements.

Children's Offertory envelopes for September

Children's Offertory Contributions for the month of September will be donated to the Stafford Junction HUGS Program. Stafford Junction is a faith-based nonprofit organization that serves high-need children, youth and their families residing in Stafford County. Their mission is to transform lives through faith and action. They partner with residents, local churches, service agencies, and businesses to connect lives, build relationships, and foster understanding across socio-economic lines. Partners share the love of God by meeting the physical, emotional, intellectual, and spiritual needs of those we serve. HUGS (Helping Us Grow Strong) is a program uniquely designed to complement the success of the Brain Builders after school program by working with children ages zero to five. Offering activities to enhance children's social and emotional development, HUGS helps to prepare these children for the school environment. Additionally, their partnership with the YMCA Massad Preschool allows

the children to participate in structured preschool learning to further enhance their school readiness. **For more information** visit their website at www.staffordjunction.org. Children's Offertory Envelopes are available through the Religious Education Office. All proceeds from the envelopes go to a different children's charity each month.

First Friday, All Night Adoration

On September 4, our First Friday 8pm Mass will be followed by All Night Adoration. "To be alone with Jesus in Adoration and intimate union with Him is the greatest gift of love – the tender love of our Father in Heaven. Jesus has made Himself the Bread of Life to give us life. Night and day, He is there. If you really want to grow in love, come back to the Eucharist, come back to that Adoration." (Blessed Mother Teresa of Calcutta). **Sign-up sheets are available in the vestibule of the Church.**

Pro Life reflection for August 30

"A child is God's greatest gift to the family, to the nation, to the world. The child is a life from God, created in the image of God, created for great things, to love and to be loved." (Mother Teresa of Calcutta) Mother Teresa died seventeen years ago on September 5, 1997. She saw in each person – no matter how sick or depraved – the image of God. She spoke boldly to those in power about the evil of abortion. In her Nobel Peace Prize lecture, she said that the greatest destroyer of peace is abortion. She led women away from abortion clinics

and toward alternatives. Let us honor her by imitating her. "Mother Teresa, pray for us so that we may defend life as you did."

O Heavenly Father, we praise and thank You for the life of Mother Teresa and her extraordinary service of love, especially to the poor, the unwanted, the sick and the dying. On the anniversary of her death, we ask You, Beloved Father, to flood our lives with the light and spirit of Christ. Allow us to always light the way for others with the same deep faith and love that Mother Teresa showed. Let our actions resemble her generous and humble ways. May she rejoice forever in the Light of Your Love for she dedicated herself unselfishly in the service of Your Holy Name. Amen.

ESL class forming

We are very interested in restarting the ESL Program here at Saint Mary. If you are a former educator, program participant, or someone who enjoys assisting in this area and are looking for another way to engage your teaching Charism, **please consider attending our organizational meeting scheduled for Sunday, September 27, at 12:30pm** in the Parish Life Center. Former Students are invited and welcome to return to the classroom to assist. Come and learn about the program and how you might become involved. Bilingual skills are helpful but not necessary. All class materials and instructions are in English. **Future classes will be held Sundays, from Noon-1:30pm before the Spanish Mass.** Please contact the office at **540-373-6491** or email Rick Caporali, at rcaporali@stmaryfred.org for more information.

liturgy called in love

"COME AND SEE"

RCIA

We invite
all who seek a
deeper life in
Jesus Christ to
consider be-
coming mem-
bers of this
Body of Christ
through the
Sacraments of
Initiation.

Please call the
parish office to
register.

You are welcome.
Begins **9/14**

Masses next weekend

5 September— SATURDAY

5pm Fr. Lino
7pm Fr. Holmes

6 September— SUNDAY

7am Fr. Cummings
8:30 Fr. Don
10:30 Fr. Holmes
HCA10:30 Fr. Lino
12:30 Fr. Cummings
2pm Fr. Don
5pm Fr. Lino
7:01 Fr. Holmes

Saint Mary prayer list

Please pray for those who are sick or in need,

especially: Debra Wood, Danny Terrant, Wilma Evans, Joseph Bozicevic, Meredith Adams, Anne Shelton, Holly Smith, Lois Merrill, Janie Sherry, Martha Clemens, Art Gabler, Pat Arvai, Veronica Johnson, William Herr, Naomi Russo, Marie Savage, Deacon Richard Smith, Anna Castagna, John Paul Baksy, Eva Scelzo, Joanne Sanford, Trevor Wood, Beth Malaby, Rhonda Seidlenger, Margaret McAleavey, David Arnold, Tracy Biddulph, Carole Page, Christopher Kelly, Richard Romagnoli, Ann Dunsmore, Lisa Herr, Madeline Doyle, Elizabeth Ames, Elise Valez, Mary Ullmer, Virginia Bare, Bobbi Palumbo, Joanne Deangeous, Kenneth Nieves, Carol Eggleston, Patrick Eggleston, Mary Jean Williams, Don Williams, Gladys Bowen, Tom Bowen, Thomas Novotnak, Peter Stafford, Josephine Kreider, Suzi Eggleston, Melvyn Schreckinger, Betty Ann and Bill Dateno, Harold Gardiner, Marianne Ford, the Carlos Ortiz Family, John Haas, Karen Jones, Jennifer Carlson, Adelyn Wood, Elizabeth Ryan, Dave Kelly, Kevin Murray, Robin Humphries, Catherine Eklund, Jimmy Zollman, Charleen Arnold, Joshua Burgh, Brian Keller, Martin Samsbury-Carter, Linda Kaila, Cynthia McCready, Jesse Madison, Kelly Ann Carpenter, Martha Ferrara, Tom and Prov Moeller, Debbie Lloyd, Shana Callirgos, Cameron Richard North, Paulette Lake, Karen Danis, Maureen Flanagan, Gretchen Maia, Mary Ellen Normand, D.J. Smetek, Jim Evans, Megan Ramsey, Robert and Tenya Mosier, Cesar Corretjer, Josh Oltman, Donelda Wellwood, Joe O'Byrne

Please pray for all the men and women in our military and civilian support services overseas, **especially:** Frank

Creamer, Sal Contreras, James Cook, Brad Cowan, Sam Del Grande, Glenn Dickinson, Aaron Doble, Anthony Dowden, John Dussault, Travis Eades, Doug Ebnal, Christopher Eckert, Tim Evan, Christopher Ewers, Paul Fischer, Roberto Fuentes, Jason Geary, Ramon Guerra, Jr., Andrew Hamilton, Harry Hamilton, Ronnie Hamilton, Maria Harbeson, Andy Haskell, Raymund Haskell, Michael J. Herbek, James Helm, James Hoffnagle, Jr., Robert Horner, Danny L. Howard, Jr., Anthony Howell, Matthew Kearney, Daniel Kramer, Julio Laffitte III, Chris Lammers, Stephen Lammers, Scott LaRousse, Ryan Larsen, Jeffrey Lawrence, Kenneth Linstrom, Ryan Lynch, Sean Malloy, Geoff Mann, Josh Martin, Samantha Martin, Justin McClelland, Patrick McGroarty, John Moring, Nathaniel McNamara, Roger Mitchell, Joseph Moore, Joseph Muldoon, Corey Nash, Mindy Niemann, James Kevin O'Donnell, Bryce Parson, Joshua K. Pastell, Sean Penczak, Dominick Joseph Petro, Nick Schulz, Duayne Scott, Tim Smetek, Andrew Smith, Douglas Stransky, Shawn Tupta, Heidi Urben, Christopher Williamson, Daniel Zeytoonian, Justin Carter, Julianne Rogers, Jamal Williams, Stephen Wilson, Emmanuel Morales, Colin Carpenter, Josh Marsillo, Xavier Alas, Julio A. Alarcon, Lance Schulte, Teri Hocter, Josue Bermudez, Bryan Ruth

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

Daily Mass intentions and readings

august

31 MONDAY

6:30 +Ana Cagigas
9am Timothy Hanlon
10am*Holy Cross Academy
1 Thes 4:13-18; Lk 4:16-30

september

1 TUESDAY

6:30 +Theresa and Tony Venti
9am +Angela Purks & the Gracik Family
1 Thes 5:1-6,9-11; Lk 4:31-37

2 WEDNESDAY

6:30 +Joseph Mascetta
9am Kateri Eastman
Col 1:1-8; Lk 4:38-44

3 THURSDAY

6:30 Roberto and Loretta Canizares
9am Henry Eastman
Col 1:9-14; Lk 5:1-11

4 FRIDAY

6:30 +James Rider
9am Adam and Catherine Clagett
8pm +Barbara Mertens
Col 1:15-20; Lk 5:33-39

5 SATURDAY

9am +Gonzalo, Sr. & Magdalene Guacena
5pm Clete Haag
7pm +Ed McCabe
Col 1:21-23; Lk 6:1-5

6 SUNDAY

7am Larry Girard
8:30 Maryanne Holzworth
10:30 +Those Who Died in August
10:30*+James Doepp Jr.
12:30 For the Parish
2pm In Thanksgiving to St. Jude
5pm +Theodore Zbreznj
7:01 Huynh Hieu Family
Is 35:4-7; Jas 2:1-5; Mk 7:31-37

Please remember that Mass intentions may be requested at the parish office for any remaining Masses of the year. If dates are no longer available for the date you desire, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.

* Indicates Mass at Holy Cross Academy