



**TWENTY-THIRD  
SUNDAY IN  
ORDINARY TIME**  
**6 Sept 2015**

**Saint Mary of the Immaculate Conception Roman Catholic Church**  
FREDERICKSBURG, VIRGINIA



*Holy Cross  
Academy's  
first day  
of school,  
Mass of the  
Holy Spirit*

# what's coming



SAINT  
MARY

*of the*  
IMMACULATE  
CONCEPTION  
*Roman Catholic Church*

HOLY CROSS ACADEMY

## september

### 6 SUNDAY, TWENTY-THIRD SUNDAY IN ORDINARY TIME

**Catechetical Sunday—We commission our new catechists for the religious education year.**

No Coffee Shop this weekend.

SCRIP on sale after all Masses except 2pm Mass.

### 7 Monday, Weekday

**Labor Day—Parish offices closed.** No 6:30am Mass, nor 7pm Novena today.

### 8 Tuesday, THE NATIVITY OF THE BLESSED VIRGIN MARY

First day of school, Saint Mary Preschool.

10am, Saint Mary Book Club, John Paul II House.

7:30pm, Life in the Spirit Prayer Gathering, Courtyard Meeting Room.

### 9 Wednesday, Saint Peter Claver, Priest

6:30pm, YOUCAT, John Paul II House.

### 10 Thursday, Weekday

9:30am, CCW Craft Group, Parish Life Center, Room 100.

7pm, Spanish Prayer Group, John Paul II House.

### 11 Friday, Weekday

9am, St. Anne Sisters in Faith, John Paul II House.

### 12 Saturday, Weekday (The Most Holy Name of Mary)

9:30am, Our Lady's Birthday Celebration following the 9am Mass, Parish Life Center.

Manna Food Drive after all Masses.

SCRIP on sale after the 5pm Mass.

### 13 SUNDAY, TWENTY-FOURTH SUNDAY IN ORDINARY TIME

Coffee Shop after morning Masses, Parish Life Center. (Troop 1410)

SCRIP on sale after all Masses except 2pm Mass.

Manna Food Drive after all Masses.

3:30pm, 1-Mile Fun Run/Walk, Walmart Garden Center to HCA.

**4-7pm, Annual Parish Ice Cream Social, Cake Walk and Dance,** Holy Cross Academy.

### 14 Monday, THE EXALTATION OF THE HOLY CROSS

Religious Education classes begin this week.

7:30pm, RCIA/RICA classes, Church.

8:15pm, TAIZE prayer service, Church.

### 15 Tuesday, Our Lady of Sorrows

10am, CCW General meeting, Courtyard Meeting Room.

### 16 Wednesday, Saints Cornelius, Pope, and Cyprian, Bishop, Martyrs

6:30pm, YOUCAT, John Paul II House.

### 17 Thursday, Weekday (Saint Robert Bellarmine, Bishop, Doctor of the Church)

9:30am, CCW Craft Group, Parish Life Center, Room 100.

1pm, Health Ministry Volunteer Class, Parish Life Center, Main Hall.

7pm, Spanish Prayer Group, John Paul II House.

7:30pm, Parish Council Meeting, Courtyard Meeting Room.

### 18 Friday, Weekday

9am, St. Anne Sisters in Faith, John Paul II House.

### 19 Saturday, Weekday (Saint Januarius, Bishop, Martyr)

**Parish Life Weekend. Please visit our ministry booths after each Mass.**

SCRIP on sale after the 5pm Mass.

### 20 SUNDAY, TWENTY-FIFTH SUNDAY IN ORDINARY TIME

**Parish Life Weekend. Please visit our ministry booths after each Mass.**

*nota bene (note well, please):*

☞ Saint Mary's fall social, **the Parish Ice Cream Social, Cakewalk and Dance**, is **next Sunday from 4-7pm**.



Come see everyone, enter the cake decorating contest, and put on your dancing shoes. Before the Social, join us for our first **1-mile Fun Run/Walk at 3:30pm**, starting at Walmart Garden Center and going to the school. Children 12 and under (and parents), join us!

☞ Don't forget! **Manna Food Drive** for the Fredericksburg Food Bank is coming up the weekend of **September 12-13** at all Masses! Bring food and donations for those who are hungry.

☞ **Parish Life Weekend**: get involved in parish life and work, **Saturday and Sunday, September 19-20**.

☞ Registration is open for the **Called and Gifted Workshop**, to be held **October 9-10**. Please visit the parish website for more information and the registration form.

☞ **Parish Photo Directory** sign-up is now open. Please visit our parish website to schedule your sitting / appointment. Photo sessions **begin September 29**.

1009 Stafford Ave., Fredericksburg, VA 22401

**SUNDAY MASS** Saturday Vigil 5 & 7pm  
Sunday 7, 8:30, 10:30am, 12:30, 2pm (Spanish), 5pm, 7:01pm  
10:30am at Holy Cross Academy

**DAILY MASS** Mon.-Fri.: 6:30 & 9am; Sat., 9am  
First Friday 8pm  
Holy Days of Obligation, as announced

**DEVOTIONS** Adoration & Benediction, Wed., 7-9pm  
Novena with Exposition, Mon., 7-7:30pm  
All Night Adoration, First Friday  
Miraculous Medal Novena, Mon., after 9am Mass  
Divine Mercy, Wed., 3pm

**CONFESSION** Wed., 7-9pm; Sat., 8am & 3:30pm, or by appt.

**PARISH OFFICE** 540-373-6491, fax 371-0251  
stmary@stmaryfred.org  
Mon.-Fri., 8:30am - 4:30pm;  
*students staff office weekdays until 9pm,*  
*Saturdays 9-5pm, Sundays 9:30-1:30pm*

Pastor, Fr. Don Rooney  
Fr. Keith Cummings  
Fr. Stephen Holmes  
Fr. Lino Rico Rostro  
Deacon Alberto Bernaola  
Deacon Dick Delio

Executive Assistant, Rick Caporali  
Business Manager, Elaine Stanislawski  
Director of Sacred Music, David Mathers  
Secretary, Mary Fitch

**HOLY CROSS ACADEMY** 540-286-1600  
250 Stafford Lakes Parkway  
Fredericksburg, Virginia 22406-7234  
Principal, Sr. Susan Louise Eder, O.S.F.S.

**ST. MARY PRESCHOOL** 373-7553  
Director, Nanci Scharf

**RELIGIOUS EDUCATION OFFICE** 373-6491  
Director, Aristides Lucas  
Associate Director, Karen Sturtevant

**YOUTH MINISTRY** 373-6491  
Director, Leo Chavarria

**HEALTH MINISTRY** 845-3031  
Lois Sullivan, RN, FCN  
Beth Palacios, RN, FCN

**BAPTISMS** Parish registration (90 days) and class required.  
Please contact the parish office to schedule the date at least four weeks in advance.

**MARRIAGE** Parish registration required; contact parish six months in advance to begin preparation.

**JOIN US** New Family Registration meetings held in the church on fourth Sundays, following the 10:30 Mass. Please notify us of any contact changes.

Articles must be submitted two weeks prior to publication.  
Send articles to bulletin@stmaryfred.org. Thanks!

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## from our pastor



SAINT  
MARY

*of the*  
IMMACULATE  
CONCEPTION  
*Roman Catholic Church*

HOLY CROSS ACADEMY

Dear Good People of Saint Mary,

As you know, school is started now at Holy Cross Academy and final preparations are underway by our parish staff to begin the year for Religious Education—on Monday, September 14, one week away.

Today I must remind all parents of your moral and sacramental obligation to provide formation for your children in the faith. As your pastor I must remind you of this commitment.

Registrations this year are only 74% of where we were at this time last year. So far, only 711 children are registered in the program beginning next week, down from 965 last year.

What has happened? I haven't heard of your dissatisfaction, in fact, only that our program has gotten better every year. Our dedicated catechists are always seeking more formation and certification, our facilities newly renovated. What has happened?

Karen Sturtevant, our Assistant Director of Religious Education, provided me with some figures for this year:

GRADE	NUMBER OF CHILDREN IN PARISH	NUMBER OF CHILDREN IN RELIGIOUS ED
1	252	131
2	282	143
3	286	88
4	292	103
5	297	110
6	285	76
7	306	139
8	312	119
9	316	13
10	281	13
11	268	8
12	280	2
add parish children attending Holy Cross:		310
add anticipated students in Youth Program:		125
total	3,457	1,380

I include all of these here because they are startling. 40% of the children/youth in our parish are involved in a form of faith formation. 60% are not involved. At all.

I am hoping that the main reason for this is simply that school begins a week later this year and people are slow to get in and register, though registration has been underway since June.

National averages, however, seem to be trending in this direction. From 1965 to 2014, estimated Catholic population in this country has increased by 30 million, to about 80 million total. There are half as many Catholic elementary schools today as in 1966, and only a relatively small number fewer Catholic high schools and universities.

The number of primary school-age children in parish religious education programs has dropped from 3.4 million in 1965 to 2.7 million today (79%), though the number of Catholics today is 160% compared to 1965. Likewise, 43% of teens are registered in secondary school-age religious education today, .6 million compared to 1.4 million in 1965.

These effects are seen in sacraments received, too. The number of baptisms in 1965, 1.3 million, has dropped to .7 million today; marriages in the Catholic Church have dropped by 57%. Mass attendance in 1965, 55%, dropped to a low of 22% in the year 2000, and has returned to 24% today.

I believe that the most serious obligation we have as a parish community is to provide Catholic education and formation. I wish we could develop a culture where Catholic education could be provided to all who seek it through the support of the whole parish, but that is a dream that will require a lot of prayer and generosity that simply doesn't exist today. We provide financial assistance where possible, but Catholic schools remains a wish that most people cannot afford. Thanks to those of you who make the sacrifice.

Religious Education, then, is our next best hope. Why is it not demanded by parents of their children? Still, I hear from people every day who, now in their later years, wish they had done something different with their children that might have helped them hold on to their faith, stay in the Church, live by a better set of values, get into heaven. It requires a perspective of the future looking back, to see that these are not choices that children can make for themselves. If you have registered, thank you. If not, please, please, consider registering your children.

God bless you.

*Fr. Don*



# holy cross academy



A National  
Blue Ribbon  
School of  
Excellence,  
2012

## Our pledge for the school year

Last Monday Holy Cross Academy opened its doors for the first day of school for the 18th time. We were founded in 1998 and are proud to serve Saint Mary of the Immaculate Conception Parish and the Fredericksburg area in offering a superior Catholic education to our children.

After welcoming our children to their new classrooms, we gathered in Father Brisson Hall for Mass. There our administrators, faculty and staff, parents and students all recommitted ourselves to the goals and ideals of Holy Cross Academy. Our teachers and staff recited together:

- As we begin this new school year, we ask God's blessing as we pledge ourselves to
- be faithful to the Gospel of Christ,
  - adhere to the principles of Holy Cross Academy,
  - demonstrate an increased reverence for Jesus present in each person,
  - teach our students to serve others in need so that we may provide them with hope rooted in Christ, and
  - to lead all our students in the pursuit of academic excellence and the development of their gifts.

We rededicate ourselves to work for the good of our parish and school and to serve each child and parent, and all those with whom we work, so that God may be glorified in each of us all through this coming year.

Holy Cross Academy serves Saint Mary Parish by offering an excellent academic program grounded in our Catholic faith. Our students strive to become the best that they can be spiritually and academically. Our school program develops the whole child and challenges each student to pursue excellence in all areas.

Our school is a place where each child can flourish, grow and learn. We would love to hear from you and will gladly give you a tour of our National Blue Ribbon School of Excellence. We look forward to telling you all about the wonderful opportunities we provide for our students. Learn about our parish school by visiting our website, [www.holycrossweb.com](http://www.holycrossweb.com). If you would like to see what we can do for your child, please call our **HCA office** at **540-286-1600** or **St. Mary Preschool** at **540-373-7553**.

*It's Not Too Late!*  
**St. Mary Preschool** has a few openings in their morning 3 year old program and the afternoon 4 year old program for the 2015-2016 school year! Come join in the fun! For more information, please contact Mrs. Scharf at 373-7533 or [nscharf@stmaryfred.org](mailto:nscharf@stmaryfred.org)



# religious education

## Catechetical Sunday

This weekend, at the 5pm Saturday Vigil Mass and at the 8:30am and 5pm Sunday Masses, our catechists

will be called to make a Profession of Faith and be commissioned as catechists for the Religious Education school year. Let us pray that their commitment of time, talent and treasure

will bear abundant fruits of faith. It is also a time for all of us to support them and reflect on our baptismal commitment to Evangelization.

## Religious Education Classes resume: September 14

The most important role parents play in the lives of their children is to ensure spiritual formation. Our children need to learn, practice and live their faith to someday realize that true happiness comes

only from living as God wants us to live. We offer RE classes every afternoon Monday through Wednesday and every evening Monday through Thursday here at the parish, and Tuesday nights at Holy Cross Academy. Some class times are filling up. If you have any questions, please call the parish office and speak with us.

Please register your children and grandchildren for Religious Education. Encourage your friends and neighbors to do the same.

### Religious Education volunteers needed

**We still need Religious Education volunteers, especially Catechists. Please check the bulletin board in the church vestibule and call the Parish Office to volunteer.**

# youth ministry



## CYM Dinners: Share your passion for food!

Every Sunday our High School Youth Group meets, we have dinner provided for the teens. **These dinners cannot happen without the help of parents and other volunteers giving of their time, talent and treasure.** Dinner teams consist of 6-7 adult members and serve 4-5 dinners per year. This is a year commitment to prepare, set-up, and serve—not just a food donation or potluck. Many adults love doing this and have been doing this for more than 4 years as a team. It is a great opportunity to meet other parents and enjoy the CYM kids as they meet in a relaxed atmosphere of fellowship, prayer—and fun. All food is prepared and donated by the

teams but the cost is minimal since it is divided up among team members. If cooking is a gift you have and are interested in getting more info **please contact Jane Stoecker, CYM Dinner Coordinator at [jfstoeckerclnc@yahoo.com](mailto:jfstoeckerclnc@yahoo.com).**

## CYM Dinner and HS Youth Group: September 20

All high school teens are invited to join us **Sunday, September 20 at 6pm** for an awesome meal as we gather together before our high school youth group begins. There's nothing quite like a meal to bring people together and help get to know one another. After the CYM Dinner, **join us from 7pm-8:30pm for a dynamic, fun and faith filled night as we kick off the year.** All high school teens must be

registered to participate so please see the high school page in the Youth Ministry section of the website. Here is what some of our youth have to say about our Sunday program:

**"I always leave inspired. The adults help me to think about faith and life in a way that really reaches me."**

*—Senior at Stafford.*

**"I'm not going to lie, I did not want to go but my mom made me. I literally cried outside the PLC and she still made me go in. It was the best thing my mom could have done. I loved my time at Sunday night Youth Group!"**

*—alumni currently at UVA*

**"Leo and the adults make you feel welcome, like it's a big family gathering. I came as a freshman last year and I look forward to it every week."**

*—Sophomore in Colonial Forge*

**Follow Saint Mary's Youth Ministry**



- [facebook.com/stmarycym](https://facebook.com/stmarycym)
- [instagram.com/stmarycym](https://instagram.com/stmarycym)
- [twitter.com/StMaryCYM](https://twitter.com/StMaryCYM)

# september 23

**Registered parishioners, please enter your name in the raffle, if you wish, by September 9.**

We learned this week that the Diocese of Arlington has received 325 tickets to the Mass. Each parish has two seats, and the standing room spaces are divided according to parish size. **Therefore, we are given 2 seats and 11 standing spaces.** Please read the details below before you decide whether or not you would like to enter your name in the raffle.

Registration for the raffle can be made by calling the parish office. Each registered parishioner can only enter the raffle one time. When entering, you may mention a spouse, parent or son or daughter that you would like to go with. If your name is called, consideration will be made as tickets may be awarded singly or in pairs.

**Canonization Mass – General Information**—The Canonization Mass will be celebrated outdoors at 4:15pm (tentative) on the East Portico of the Basilica, facing the University Mall at the Catholic University of America. The Mass will be primarily in the Spanish language, and is expected to exceed 2.5 hours in length, not including time before and after the Mass itself.

Those attending the Mass will need to arrive at Catholic University early, and will be there for six hours or more, not counting transportation time. This will be a strenuous day, particularly if weather conditions are not ideal. This may be of interest to parishioners who are elderly or infirm in deciding whether they wish to request tickets.

Due to the small venue and the necessary security, seating and standing room at the Mass will be very limited. **Tickets will be required to attend Mass. Tickets may not be sold or transferred to others: each**

**ticket recipient must attend the Mass, or return it for reassignment.**

Some tickets will be for seats, others will be for standing areas. Seats are not reserved, so those with tickets for a seat may wish to arrive really early to get a good spot. Some seats and some standing areas will have obstructed, or partially obstructed, views. However, large video screens will be available to help make the Mass visible to all those with tickets.

It is also good to note that the Mass will be broadcast live online at [walk-withfrancis.org](http://walk-withfrancis.org), in addition to live coverage of the Holy Father's entire visit to the US on EWTN television, and via live streaming at [usccb.org](http://usccb.org). You will also be able to download the live streaming app [usacatholic.church](http://usacatholic.church), available for Android and at iTunes.

**Transportation**—Transportation will be a challenge. There will be no parking at the Basilica, and all roads in the immediate vicinity will be closed. It is likely that all will be encouraged to use the Metro. The Brookland/CUA Station on the Red Line is less than one-half mile from the location of the Mass.

**Other Events in Washington, DC**—The complete schedule for the Holy Father's visit to Washington, DC is as follows:

## **Tuesday, September 22**

- Pope Francis arrives at Andrews Air Force Base in the afternoon

## **Wednesday, September 23**

- Welcoming ceremony at the White House, private meeting with President Obama
- Mid-day prayer with the bishops of the US at the Cathedral of Saint Matthew the Apostle
- Mass in the afternoon on the east portico of the Basilica of the National Shrine of the Immaculate Conception and the University Mall at CUA. During the Mass, the pope will canonize Blessed Junipero Serra



## **Thursday, September 24**

- Address joint meeting of the US Congress in the morning
- Visit St. Patrick's Church in DC and meet with several clients of Catholic Charities late morning
- Blessing and brief remarks to the clients at lunchtime for the St. Maria Meals Program of DC Catholic Charities
- Depart for NYC from Andrews Air Force Base.

There may be opportunities to see Pope Francis as he travels between events. Information will be made available on the Archdiocese of Washington's website, [www.adw.org](http://www.adw.org) as plans are finalized. Parishioners may text PopeinDC to 84576 to receive text alerts.

## **Pope Francis' Visit to Philadelphia—**

For those unable to attend the Mass, his visit to Philadelphia on September 26-27 will afford the best opportunity to see him. In particular, he will attend the Festival of Families, international celebration of family, community and faith, to be held on Saturday, September 26. He will also celebrate Mass on Sunday, September 27 at Benjamin Franklin Parkway. Visit the World Meeting of Families website at [worldmeeting2015.org](http://worldmeeting2015.org) for more information.

**Saint Mary receives allotment of tickets to September 23 Papal Mass**



# happening here

## Saint Mary Manna Project Food Drive, September 12-13

September is Hunger Awareness Month! **On September 12-13, the Manna Project will collect non-perishable food items and monetary donations for the Fredericksburg Area Food Bank.** Volunteers will be available at all Masses. Each month, the Food Bank feeds more than 20,000 people locally. Needed items include (but are not limited to) canned meat and fish, peanut butter, beans, pasta and sauce, mac and cheese, soup, canned vegetables, instant potatoes, and rice. Personal items such as shampoo and paper towels are welcome, and for each donation of \$10, the Food Bank is able to provide 30 meals for hungry families! Please help us answer Christ's call to feed the hungry during our September Food Drive.

## Health Ministry volunteer classes

Find out more at one of our Health Ministry Volunteer classes on September 17 from 1-3pm. To register please call **540-373-6491**. For additional information, contact the parish Nurse at **540-845-3031** or [epalacios@stmaryfred.org](mailto:epalacios@stmaryfred.org).

## Health Ministry Walks

Please join the Health Ministry Ministry walk starting **September 26 and continuing through November 14**. We meet every Saturday at 7am just in time to finish for the 9am Mass. Location: Rappahannock River Heritage trail and Canal path; 3.1 miles. For more information, contact the Parish Nurse: **540-845-3031, Parish Nurse@stmaryfred.org**.

## Teen/Parent Summit

A Parent(s) of Teens discussion group — facilitated by Dian Epp, LCSW, a member of the Saint Mary Heath Ministry Team — will begin **Monday, September 21 from 7-8:30pm** and continue for 4-6 sessions depending on interest. Attendance is limited to 12. Priority will be given to parents who attended the summit but is open to all parents of teens in the parish. To register, please call the Parish Office at **540-373-6491**.

### The first 4 sessions are:

- **Sept. 21:** Teens and technology
- **Sept. 28:** Parent and teen communication
- **Oct. 5:** Warning signs of substance abuse in teens
- **Oct. 12:** Setting effective boundaries with teens

### If there is interest, 2 additional sessions will be:

- **Oct. 19:** Ways to identify signs of anxiety and depression in teens
- **Oct. 26:** How to promote your teen's self esteem

*Classes will be held in the conference room at Catholic Charities.*

## ESL class forming

We are very interested in restarting the ESL Program here at Saint Mary. If you are a former educator, program participant, or someone who enjoys assisting in this area and are looking for another way to engage your teaching Charism, **please consider attending our organizational meeting scheduled for Sunday, September 27, at 12:30pm** in the Parish Life Center. Former Students are invited and welcome to return to the classroom to assist. Come and learn about the program and how you might become involved. Bilingual skills are helpful but not necessary. All

class materials and instructions are in English. **Future classes will be held Sundays, from Noon-1:30pm before the Spanish Mass.** Please contact the office at **540-373-6491** or email Rick Caporali, at [rcaporali@stmaryfred.org](mailto:rcaporali@stmaryfred.org) for more information.

## KofC yard sale donations

There are only a few weekends left for donating items. If you've wanted to clean out your closet, basement, garage, or shed while contributing to a good cause there's still time. **You may drop the items off Saturday mornings** between 8:30am-11am at the KoC 4034 Council home at 4724 Harrison Road. **Or we pick up larger items** up Saturday mornings at your location. **Point of Contact for drop off or pick-ups:** Fred or Debbie Nunez (540) 371-3125 and Mario or Patria Figueroa (540) 898-0957.

### Questions about the yard sale:

Tim Fleming through e-mail at [yardsale@kofc4034.org](mailto:yardsale@kofc4034.org). Please help us support the church and the community. Thanks so much for your generosity and may God Bless You.

## Book Club resumes

The parish book club will resume after summer vacation on Tuesday, **September 8, at 10am** in the John Paul II House. The group will discuss *Would You Baptize an Extraterrestrial?* by Brother Guy Consolmagno and Father Paul Mueller of the Vatican Observatory, the official astronomical research institute of the Catholic Church. The book uses a dialogue format between these two brilliant Jesuit theologians and scientists as they discuss questions of faith and science. More info? Kathleen Mahoney, [bmah761569@aol.com](mailto:bmah761569@aol.com) or **540-371-2073**.



ST. MARY  
of the  
IMMACULATE  
CONCEPTION  
Roman Catholic Church

HEALTH MINISTRY



## happening here



## A history of Saint Mary

A history book about Saint Mary is in the works! Do you have a personal anecdote or insight you would like to contribute? Some special memory about your First Communion, Confirmation, Wedding, or someone's funeral? A special priest, sister or layperson? We are also interested in first person accounts of how the community came together at times of crisis or concern. Did you come to church to pray when a war was declared or ended, when a pope or president died, or on 9/11? If you would like to share, please contact Donna Davis at [LadyDee519@aol.com](mailto:LadyDee519@aol.com) or 752-5502.

## CCW Announcements

**Donate to the annual Craft Bazaar**—Attention Saint Mary Crafters: **We need your home made crafts!** If you have items you have made and wish to donate to this year's annual Craft Bazaar, please bring them to the Parish Life Center, room 100, **any Thursday morning until October 15** or to the church office with Wanda Cushing's name on them.

### Volunteers needed

For the Ice Cream Social on September 13. Contact Donna Davis at [LadyDee519@aol.com](mailto:LadyDee519@aol.com) or **540-752-5502** to sign up. For the CCW booth at the Parish Life Weekend, September 19-20. Contact Eileen Geary at **371-1844**.

**Upcoming meetings**—The next board meeting will be **September**

**8. The first CCW meeting of the 2015-16 season will be Tuesday, September 15, at 10am.** We meet in the Courtyard Meeting Room. Father Don Rooney will be our guest speaker.

## Trail Life and American Heritage Girls

**Trail Life Troop VA-4034 (TL)**, chartered through KoC Council 4034, and **American Heritage Girls Troop VA0128 (AHG)**, chartered through St Mary's CCW, are having a parent information meeting at Holy Cross Academy on **Thursday September 10 at 7pm**. TL and AHG are Christian adventure, character, integrity, and leadership programs for young men and women, respectively. The K-12 programs build skills and allow growth on a personal level and as a role model and leader for peers. **For more information** visit [trailifeusa.com](http://trailifeusa.com) or [americanheritagegirls.org](http://americanheritagegirls.org). **Questions?** Email Mark Gardner (TL) at [troommasterva4034@gmail.com](mailto:troommasterva4034@gmail.com) and Heidi Adams (AHG) at [ahgva0128@yahoo.com](mailto:ahgva0128@yahoo.com).

## Mary's Birthday Celebration

All are invited to a breakfast celebration sponsored by the CCW and the Legion of Mary on **September 12 after the 9 am Mass** in the Parish Life Center to celebrate Our Lady's birthday.

## Young Adults: Wine tasting

Join Saint Mary Young Adults (age 21 to 39) on **Sunday, September 13**, for a wine tasting at Old House Vineyard in Culpepper. Price is \$7. We will meet in the church at 12:30pm and carpool. You are welcome to bring a picnic lunch and spend

time by the lake after the tasting. Children welcome. Contact Courtney [csanner@mix.wvu.edu](mailto:csanner@mix.wvu.edu).

## Halfway to St. Patrick Day celebration

The 4th Annual Halfway to St. Patrick Day Celebration, sponsored by the Ancient Order of Hibernians, is **September 12, 2015 from 6:30 to 11:30pm** at the University of Mary Washington Seacobeck Hall. Enjoy an Irish dinner (choice of salmon or corned beef), cash bar, commemorate pint beverage glass, and door prizes. Music by Fredericksburg's Irish band, Dragon Fyre. Irish dance performances and Ceili lessons by Muggivan School of Irish Dance. **To order tickets** contact Harry Crisp ([Crisphe@aol.com](mailto:Crisphe@aol.com), **540-371-9235**) or Bill Halpin (**540-972-5903**).

## Let's go bowling!

Knight of Columbus Council 4034's **non-sanctioned Bowling League will begin Monday, September 14, 2015** at the AMF Fredericksburg Lanes on Route 3. The league is open to all parishioners of the parish, family, and friends. We are still in the process of forming teams. The cost of bowling will be \$17 per person, per week with four bowlers on a team. **If you would like more info about the league** or want to join please **contact Rick Reschick** at **540-368-9345** or [rez55@cox.net](mailto:rez55@cox.net) or **Steven Young** at **540-841-3630** or [Stevenmyoung86@yahoo.com](mailto:Stevenmyoung86@yahoo.com).

## BUNCO rescheduled

The first Bunco game will be Friday, **September 25, from 7-9pm** in the Parish Life Center.

# coming events

## Hope Over Heroin Event Update

Our Committee has met twice and are ready to assist event planners and provide a Catholic presence at the upcoming Hope Over Heroin event, Friday and Saturday evenings, September 25 and 26, from 7 to 9pm.

The event is intended to let people who are trapped in the addiction to heroin know that there is a community here who

turn. It is scary to talk about it. But if we just speak of it in our parish family and bring it into the light of day, that is the first step toward healing. We need to let them and their families know that we are here before, during and after, and that our love and mercy is unconditional as we walk together seeking healing and recovery.

Saint Mary and Catholic Charities will each have a tent at the event, a witness to our presence and concern for this epidemic which threatens our community like no drug ever has before. We will be there to provide listening, resources, cookies and prayers. We hope that a group will grow out of this experience to help our community grow in awareness and support of people who suffer addiction, particularly in this difficult battle with heroin.

Here is what we would like you to do as a parish: **1) Pray! 2) Bake!** Let us know in the office if you can deliver some delicious snacks to the office on Friday the 25th that we can offer at our tents. **3) Donate a book.** If there is a particular book or two that you have found helpful or inspirational, pass it on. If you have any recovery or twelve-step related books that you would like to give to someone who really needs it, please bring it into the parish office, too. Please, these books only: not an opportunity to clean out your shelves! We will distribute these books at our tents both evenings.

Most of all, if you know of someone who is alone and trapped in heroin addiction, let them know we care and there are ways that we can help them seek solutions and wholeness. For most, knowing that you are not alone is the first step to recovery.

supports them. "We can't *not* be there," said Fr. Don, "because people need to be constantly reminded of their dignity and value, and that we are here as a loving community to walk with people who suffer." Many people who have an addict in the family – and this number is quickly growing larger and larger – don't know where to



## Save the Date: Diocesan Pilgrimage 3 October, 9:30-2:30pm

Join Bishop Loverde, clergy and religious, and the families of our diocesan family for the diocesan pilgrimage to the Basilica of the National Shrine of the Immaculate Conception, Saturday, October 3 from 9:30am to 2:30pm.

This year's theme, "*Oh Mary, Keep Our Family Alive in Love,*" is perfectly suited for the moment in which we find ourselves needing prayer as a country and as a Church, following upon the Pope's World Meeting of Families in Philadelphia and before the 14th Ordinary General Assembly of Bishops in Rome meeting on "*The Vocation and Mission of the Family in the Church and the Contemporary World.*" Since most families will not have the opportunity to attend the Papal events, this pilgrimage will allow us to come together as one family and enjoy a perfect capstone to the rich and grace-filled two weeks of the Papal Visit. With hearts on fire we can come together to ask Mary, Our Mother for her intercession and protection.

FREE FOOD | LIVE MUSIC | PRIZES

# HOPE OVER HEROIN

## SEPT. 25-26 7:00 PM EACH NIGHT

PRATT PARK | FREDERICKSBURG, VA

## let us pray

## Masses next weekend

## 12 September – SATURDAY

5pm Fr. Holmes  
7pm Fr. Cummings

## 13 September – SUNDAY

7am Fr. Don  
8:30 Fr. Lino  
10:30 Fr. Cummings  
HCA10:30 Fr. Holmes  
12:30 Fr. Don  
2pm Fr. Lino  
5pm Fr. Holmes  
7:01 Fr. Cummings

"COME AND SEE"

**RCIA**

We invite  
all who seek a  
deeper life in  
Jesus Christ to  
consider becoming  
members of  
this Body of Christ  
through the  
Sacraments of  
Initiation.

Please call the  
parish office to  
register.

You are welcome.

Begins **9/14**

## Saint Mary prayer list

Please pray for those who are sick or in need,

**especially:** Debra Wood, Danny Terrant, Meredith Adams, Anne Shelton, Holly Smith, Lois Merrill, Janie Sherry, Martha Clemens, Art Gabler, Pat Arvai, Veronica Johnson, William Herr, Naomi Russo, Marie Savage, Deacon Richard Smith, Anna Castagna, John Paul Baksy, Eva Scelzo, Joanne Sanford, Trevor Wood, Beth Malaby, Rhonda Seidlinger, Margaret McAleavey, David Arnold, Tracy Biddulph, Carole Page, Christopher Kelly, Richard Romagnoli, Ann Dunsmore, Lisa Herr, Madeline Doyle, Elizabeth Ames, Elise Valez, Mary Ullmer, Virginia Bare, Bobbi Palumbo, Joanne Deangeous, Kenneth Nieves, Carol Eggleston, Patrick Eggleston, Mary Jean Williams, Don Williams, Gladys Bowen, Tom Bowen, Thomas Novotnak, Peter Stafford, Josephine Kreider, Suzi Eggleston, Melvyn Schreckinger, Betty Ann and Bill Dateno, Harold Gardiner, Marianne Ford, the Carlos Ortiz Family, John Haas, Karen Jones, Jennifer Carlson, Adelyn Wood, Elizabeth Ryan, Dave Kelly, Kevin Murray, Robin Humphries, Catherine Eklund, Jimmy Zollman, Charleen Arnold, Joshua Burgh, Brian Keller, Martin Samsbury-Carter, Linda Kaila, Cynthia McCready, Jesse Madison, Kelly Ann Carpenter, Martha Ferrara, Tom and Prov Moeller, Debbie Lloyd, Shana Callirgos, Cameron Richard North, Karen Danis, Maureen Flanagan, Gretchen Maia, Mary Ellen Normand, D.J. Smetek, Jim Evans, Megan Ramsey, Robert and Tenya Mosier, Cesar Corretjer, Josh Oltman, Donelda Wellwood, Keith Kovalefski, Bruce Bates, Joseph Bozicevic,

Please pray for all the men and women in our military and civilian support services overseas, **especially:** Frank

Creamer, Sal Contreras, James Cook, Brad Cowan, Sam Del Grande, Glenn Dickinson, Aaron Doble, Anthony Dowden, John Dussault, Travis Eades, Doug Ebenal, Christopher Eckert, Tim Evan, Christopher Ewers, Paul Fischer, Roberto Fuentes, Jason Geary, Ramon Guerra, Jr., Andrew Hamilton, Harry Hamilton, Ronnie Hamilton, Maria Harbeson, Andy Haskell, Raymund Haskell, Michael J. Herbek, James Helm, James Hoffnagle, Jr., Robert Horner, Danny L. Howard, Jr., Anthony Howell, Matthew Kearney, Daniel Kramer, Julio Laffitte III, Chris Lammers, Stephen Lammers, Scott LaRousse, Ryan Larsen, Jeffrey Lawrence, Kenneth Linstrom, Ryan Lynch, Sean Malloy, Geoff Mann, Josh Martin, Samantha Martin, Justin McClelland, Patrick McGroarty, John Moring, Nathaniel McNamara, Roger Mitchell, Joseph Moore, Joseph Muldoon, Corey Nash, Mindy Niemann, James Kevin O'Donnell, Bryce Parson, Joshua K. Pastell, Sean Penczak, Dominick Joseph Petro, Nick Schulz, Duayne Scott, Tim Smetek, Andrew Smith, Douglas Stransky, Shawn Tupta, Heidi Urben, Christopher Williamson, Daniel Zeytoonian, Justin Carter, Julianne Rogers, Jamal Williams, Stephen Wilson, Emmanuel Morales, Colin Carpenter, Josh Marsillo, Xavier Alas, Julio A. Alarcon, Lance Schulte, Teri Hocter, Josue Bermudez, Bryan Ruth

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

## Daily Mass intentions and readings

## september

## 7 MONDAY

6:30 No 6:30am Mass  
9am +Andrew Lamb  
Col 1:24–2:3; Lk 6:6–11

## 8 TUESDAY

6:30 +Vu Ngat and Trung Trinh  
9am +Frank Snyder  
Mic 5:1–4; Mt 1:1–16, 18–23

## 9 WEDNESDAY

6:30 +Pedro E. Bernala  
9am Christian Bullock  
Col 3:1–11; Lk 6:20–26

## 10 THURSDAY

6:30 Martin and Nancy Cook  
8:15\* Jacob Ritenour  
9am Edward Holzworth  
Col 3:12–17; Lk 6:27–38

## 11 FRIDAY

6:30 +Thomas Burns  
9am Larry Girard  
Tm 1:1–2, 12–14; Lk 6:39–42

## 12 SATURDAY

9am +Georgette Astier  
5pm +Katherine Sheppe  
7pm +Mr. and Mrs. Arthur Berry  
Tm 1:15–17; Lk 6:43–49

## 13 SUNDAY

7am +Michael Chase  
8:30 +Matthew DiFilippo  
10:30 Glen Sturtevant, Jr.  
10:30\* +Evelyn Conner  
12:30 +Nan Minniear  
2pm For the Parish  
5pm +Owen Lea  
7:01 Tiem Vu Family  
Is 50:5–9; Jas 2:14–18; Mk 8:27–35

Please remember that Mass intentions may be requested at the parish office for any remaining Masses of the year. If dates are no longer available for the date you desire, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.

\* Indicates Mass at Holy Cross Academy



# operations given in love

## Weekly Offertory

30 August Offertory \$31,232  
Missionary Cooperative Appeal  
Mandeville, Jamaica 29,389  
Poor Box, St. Vincent de Paul 164

### Thank you for your generosity!

Please remember to use your Offertory Envelopes to ensure the accuracy of your end-of-year statement. The "Children's Envelope" proceeds will not be recorded on family statements.

## Religious Ed. Collection

**The Second Collection next weekend is for Religious Education.** For the fiscal year ending June 30, 2015, parish expenses for our Religious Education Program were \$33,563.24; funds received through the Religious Education Collection were \$11,283.88. This collection helps offset the expense of our Parish Religious Education Program, and your generosity in supporting the faith formation of our children is sincerely appreciated.



## Pro-life Shrine to the Holy Family is ordered, due in November

Fr. Don wrote in his letter last week that we are deepening our commitment to life with a plan for our community to intentionally grow in awareness of the value and dignity of human life through education and outreach, seeking a solution to the reality of abortion in our culture. We also want to truly become instruments of hope and

mercy, and help bring healing to all those who have made the mistake of abortion. One of the outward signs of our parish commitment will be a shrine to the Holy Family located in the island in front of the Parish Life Center. It is cast in bronze, with life-size figures of Mary seated with Jesus standing on her knee, and Saint Joseph standing by. The sculpture will be placed on a platform so that it will be clearly visible even when the parking lot is full of cars. Now is the right time to promote the values of life, family and mercy.

We have placed the order and paid half up front, and are asking anyone interested for donations to this powerful symbol on our campus. We have already received one generous donation of \$10 thousand, so are one-fourth of the way there. Please call Fr. Don directly if you can help us make this a reality.

## Children's Offertory envelopes for September

**September Children's Offertory Contributions are for the Stafford**

## New parish pictorial directory

**Lifetouch will photograph our parish families at no cost beginning in late September, October, and early part of November.** All parish members are eligible to make an appointment. Extended family, friends and neighbors are welcome to schedule appointments, although they will not be included in the directory. You may include family pets, these also will not be included in the directory. Each family will receive one free 8"x10" photo, with the option to purchase others. Lifetouch accepts cash, checks and all major credit cards so come prepared to take advantage of this opportunity!

### Can we submit our own photo?

You may submit your own family photo at a cost of \$10. The fee is waived in the following circumstances: special pages are provided free for military members (simply submit pictures of them in uniform) and home-

bound parishioners (who have their photo taken by a parish volunteer with a digital camera).

### How do I sign up for a portrait session?

**Sign-ups begin August 24.** You will find the online registration on the Saint Mary home page ([stmaryfred.org](http://stmaryfred.org)). No access to the Internet? Stop by or call the Parish Office at **540-373-6491** for assistance. **Photo sessions begin the last week September 29 at 2pm and go until 8:30pm.**

### We need warm and friendly volunteers!

We need volunteers to sign people up at church, make reminder calls, take pictures of homebound parishioners, coordinate military photo pages, and greet people and sign them in for the photo sessions. Call the Parish Office at **540-373-6491** or contact **Sandy Keddie** at [photodirectory@stmaryfred.org](mailto:photodirectory@stmaryfred.org).

# called in love

**Junction HUGS Program.** Stafford Junction is a faith-based nonprofit organization that serves high-need children, youth and their families residing in Stafford County. Their mission is to transform lives through faith and action. They partner with residents, local churches, service agencies, and businesses to connect lives, build relationships, and foster understanding across socio-economic lines. Partners share the love of God by meeting the physical, emotional, intellectual, and spiritual needs of those we serve. HUGS (Helping Us Grow Strong) is a program uniquely designed to complement the success of the Brain Builders after school program by working with children ages zero to five. Offering activities to enhance children's social and emotional development, HUGS helps to prepare these children for the school environment. Additionally, their partnership with the YMCA Massad Preschool allows the children to participate in structured preschool learning to further enhance their school readiness. **For more information** visit their website at [www.staffordjunction.org](http://www.staffordjunction.org). Children's Offertory Envelopes are available through the Religious Education Office. All proceeds from the envelopes go to a different children's charity each month.

## Pro-life reflection

*O Mary, Mother of Jesus and Mother of us all, we turn to you today as the one who said "Yes" to Life. "You will conceive and bear a Son," the angel told you. Despite the surprise and the uncertainty about how this could be, you said yes. "Be it done unto me according to your word."*

*Mary, we pray today for all mothers who are afraid to be mothers. We pray for those who feel threatened and overwhelmed by their pregnancy. Intercede for them, that God may give them the grace to say yes and the courage to go on. May they experience the help of Christian people, and know the peace that comes from doing God's will. Amen.*

## Welcome to SHARE at St. Mary Parish!

**Order Deadline: 14 Sept.  
Food Pick-Up: 26 Sept.**

This is a food cooperative program with a community service requirement. Package Pick-up is typically the fourth Saturday of the month at the Parish Life Center between 8 and 9am. The following month's menu will be available at the time of pick-up.

Please contact Rick Caporali for more information and details, [rcaporali@stmaryfred.org](mailto:rcaporali@stmaryfred.org).

## Shopping for August:

### Value Package

(\$22 + 2 hrs community service)

- Potatoes, onions, and all the fresh, nutritious produce we can find, plus your featured proteins:
- Boneless Chicken Breast (1lb)
- All Beef Dogs (1lb)
- Ground Turkey (1lb)
- Pork Breakfast Sausage (13oz)
- Chicken Drums (1.6lbs)

### Hickory Smoked Turkey Breast

(\$18 + 2 hrs community service)

- 4.5 pounds Prima Della Brand 99% Fat Free (Certified by the American Heart Association)

### Chicken Leg Quarters

- (\$13 + 2 hrs Community Service)
- 10 pounds uncooked, ready for your marinade, a brush of BBQ sauce, and a hot grill!

### Power Upz Breakfast Sandwiches

(\$16 + 2 hrs Community Service)

- 16-4.5 oz. portions individually wrapped, whole grain pancakes layered with chicken sausage, fluffy egg and American Cheese. Heat and serve.

Menu items are always subject to change. When we must substitute, we try to give better value.



## SHARE Order Form

Value Package (\$22)  
\_\_\_\_\_ x \$22. = \$\_\_\_\_\_

Turkey Breast (\$18)  
\_\_\_\_\_ x \$18. = \$\_\_\_\_\_

Chicken Leg Quarters (\$13)  
\_\_\_\_\_ x \$13. = \$\_\_\_\_\_

Breakfast Sandwiches (\$16)  
\_\_\_\_\_ x \$16. = \$\_\_\_\_\_

**TOTAL:** \$\_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ ST \_\_\_\_\_ zip \_\_\_\_\_

email \_\_\_\_\_

cell/phone \_\_\_\_\_

### Community Service Hours:

___ hrs Church	___ Host site
___ hrs Youth	___ Transport
___ hrs Shelter	___ Comm. Dinner
___ hrs Seniors	___ Vincent de Paul
___ hrs Micah	___ MW Hospital
___ hrs School	___ Parish Ministry
___ hrs Community Service	
___ hrs Other	___ hrs Other

### PAYMENT METHODS:

**CASH, MONEY ORDER, or EBT.**

No CHECKS; Payment due when order is placed.

Money Orders should be made to: SHARE FOOD NETWORK.