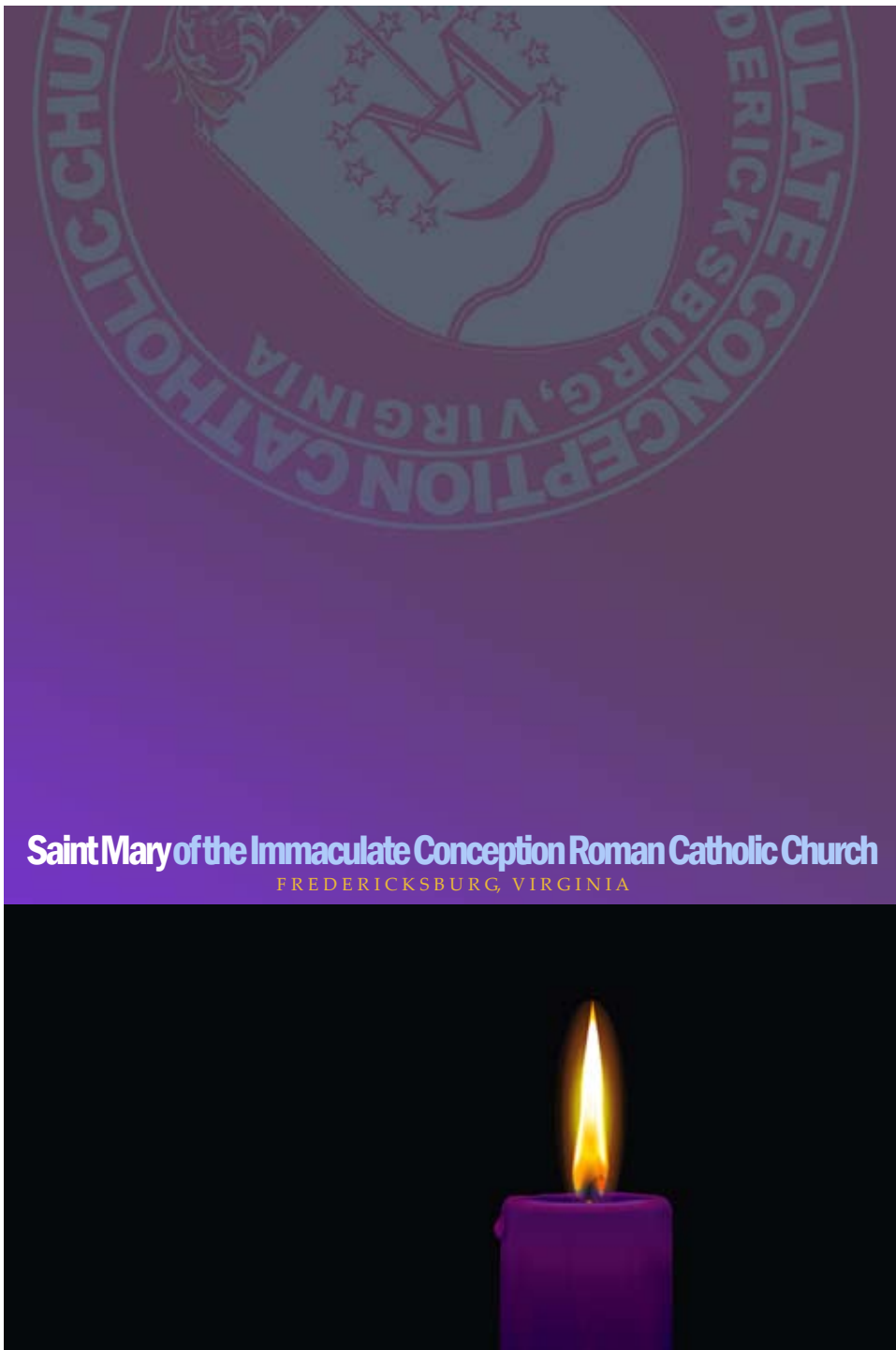


**First Sunday  
of Advent**

**29 November 2015**



# what's coming



SAINT  
MARY

of the  
IMMACULATE  
CONCEPTION  
Roman Catholic Church

HOLY CROSS ACADEMY

## november

### 29 SUNDAY, FIRST SUNDAY OF ADVENT

Coffee Shop after morning Masses, Parish Life Center. (St. Anne Sisters in Faith)

SCRIP on sale after all Masses except 2pm Mass.

**No CYM Dinner or HS Youth Group this evening.**

### 30 Monday, Saint Andrew, Apostle

7:30pm, RCIA/RICA class, Church.

7:30pm, Catholics' Divorce Survival Guide class continues, Courtyard Meeting Room.

## december

### 1 Tuesday, Advent Weekday

10am, CCW Board Meeting, Parish Life Center, Room 100.

7:30pm, Life in the Spirit Prayer Gathering, Courtyard Meeting Room.

### 2 Wednesday, Advent Weekday

6:30pm, YOUCAT, John Paul II House.

### 3 Thursday, Saint Francis Xavier, Priest

9:30am, CCW Craft Group, Parish Life Center, Room 100.

7pm, Spanish Prayer Group, John Paul II House.

7pm, Baptism Preparation Class, Parish Life Center, Room 202.

### 4 Friday, Advent Weekday (Saint John Damascene, Priest, Doctor of the Church)

9am, St. Anne Sisters in Faith, John Paul II House.

State LARCUM Conference, Sterling VA, Friday evening and Saturday.

6:30pm, Prayers and Squares meeting, Parish Life Center, Room 204.

8pm, First Friday Mass followed by All Night Adoration, Church.

### 5 Saturday, Advent Weekday

9:30-3pm, Young Adults Advent Day of Prayer, John Paul II House.

2pm, Spanish Baptism Class, Parish Life Center, Room 204.

SCRIP on sale after the 5pm Mass.

### 6 SUNDAY, SECOND SUNDAY OF ADVENT

Coffee Shop after morning Masses, Parish Life Center. (CCW)

CCW Mini Bazaar during morning Masses, Parish Life Center.

3:30pm, Middle School Youth Group, Parish Life Center.

CYM Dinner and Youth Group meeting following the 5pm Mass.

### 7 Monday, Saint Ambrose, Bishop, Doctor of the Church

**6pm and 7:30pm, Vigil Masses for the Feast of the Immaculate Conception, Church.**

**No Religious Education Classes.**

7:30pm, RCIA/RICA class, Church.

7:30pm, Catholics' Divorce Survival Guide class continues, Courtyard Meeting Room.

### 8 Tuesday, THE IMMACULATE CONCEPTION OF THE BLESSED VIRGIN MARY—Holy Day of Obligation

**Masses for the Feast of the Immaculate Conception at 6:30am, 9am, Noon, 6pm, 7:30pm.**

**No Religious Education Classes.**

10am, Saint Mary Book Club, John Paul II House.

### 9 Wednesday, Advent Weekday (Saint Juan Diego Cuauhtlatoatzin)

6:30pm, YOUCAT, John Paul II House.

### 10 Thursday, Advent Weekday

9:30am, CCW Craft Group, Parish Life Center, Room 100.

7pm, Spanish Prayer Group, John Paul II House.

### 11 Friday, Advent Weekday (Saint Damasus I, Pope)

9am, St. Anne Sisters in Faith, John Paul II House.

7:30pm, Advent Lessons and Carols, Church.

## nota bene (*note well, please*):

- ✂ Celebrate our Parish Feast Day and **Holy Day of Obligation**: Immaculate Conception, December 8. **Vigil Masses at 6pm and 7:30pm on Monday** evening and special Masses throughout day on **Tuesday, December 8 at 6:30am, 9am, Noon, 6pm and 7:30pm.**
- ✂ There will be **no Religious Education Classes on December 7 and 8** in observance of the Feast of the Immaculate Conception. Classes will resume on Wednesday, December 9 as regularly scheduled.
- ✂ **Advent Lessons and Carols**, our annual Advent prayer service, is on **Friday, December 11 at 7:30pm.** Saint Mary Choirs present Advent songs along with scripture readings and hymns for all to sing.
- ✂ **Handcrafts from the Holy Land will be on sale after all Masses December 12 and 13.** A perfect Christmas gift from Bethlehem will complete your shopping list for Christmas giving and help people in great need in the land where Jesus was born.
- ✂ Complete some of your holiday shopping by purchasing **SCRIP gift cards!** Set up an account today and earn rebates for HCA. Email Torie Baldwin at [scripcoordinator@holycrossweb.com](mailto:scripcoordinator@holycrossweb.com) for the school enrollment code.
- ✂ **Subscribe to the Saint Mary website,** [stmaryfred.org](http://stmaryfred.org) and receive important updates via email. The subscription box is on the homepage. Enter your email address, click "subscribe."

1009 Stafford Ave., Fredericksburg, VA 22401

<b>SUNDAY MASS</b>	Saturday Vigil 5 & 7pm Sunday 7, 8:30, 10:30am, 12:30, 2pm (Spanish), 5pm, 7:01pm 10:30am at Holy Cross Academy
<b>DAILY MASS</b>	Mon.-Fri.: 6:30 & 9am; Sat., 9am First Friday 8pm Holy Days of Obligation, as announced
<b>DEVOTIONS</b>	Adoration & Benediction, Wed., 7-9pm Novena with Exposition, Mon., 7-7:30pm All Night Adoration, First Friday Miraculous Medal Novena, Mon., after 9am Mass Divine Mercy, Wed., 3pm
<b>CONFESSION</b>	Wed., 7-9pm; Sat., 8am & 3:30pm, or by appt.
<b>PARISH OFFICE</b>	540-373-6491, fax 371-0251 <a href="mailto:stmary@stmaryfred.org">stmary@stmaryfred.org</a> Mon.-Fri., 8:30am - 4:30pm; <i>students staff office weekdays until 9pm,</i> <i>Saturdays 9-5pm, Sundays 9:30-1:30pm</i>  Pastor, Fr. Don Rooney Fr. Keith Cummings Fr. Stephen Holmes Fr. Lino Rico Rostro Deacon Alberto Bernaola Deacon Dick Delio  Executive Assistant, Rick Caporali Business Manager, Elaine Stanislawski Director of Sacred Music, David Mathers Secretary, Mary Fitch
<b>HOLY CROSS ACADEMY</b>	540-286-1600 250 Stafford Lakes Parkway Fredericksburg, Virginia 22406-7234 Principal, Sr. Susan Louise Eder, O.S.F.S.
<b>ST. MARY PRESCHOOL</b>	373-7553 Director, Nanci Scharf
<b>RELIGIOUS EDUCATION OFFICE</b>	373-6491 Director, Aristides Lucas Associate Director, Karen Sturtevant
<b>YOUTH MINISTRY</b>	373-6491 Director, Leo Chavarria
<b>HEALTH MINISTRY</b>	845-3031 Lois Sullivan, RN, FCN
<b>BAPTISMS</b>	Parish registration (90 days) and class required. Please contact the parish office to schedule the date at least four weeks in advance.
<b>MARRIAGE</b>	Parish registration required; contact parish six months in advance to begin preparation.
<b>JOIN US</b>	New Family Registration meetings held in the church on fourth Sundays, following the 10:30 Mass. Please notify us of any contact changes.

Articles must be submitted two weeks prior to publication.  
Send articles to [bulletin@stmaryfred.org](mailto:bulletin@stmaryfred.org). Thanks!

## this week's bulletin:

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## from our pastor



SAINT  
MARY

of the  
IMMACULATE  
CONCEPTION  
Roman Catholic Church

HOLY CROSS ACADEMY

Dear Good People of Saint Mary,

Happy new year! It seems right that we end the last year with Thanksgiving, the moment that we come to consider what we have and are thankful for as we step into the new year through the lens of the Advent Season.

Thankfulness is the step in the spiritual life that has to take place before real growth begins. Sometimes people say they get "stuck" and don't know why they can't seem to move forward, a block can happen on any level of life, intellectually, spiritually, emotionally. It sometimes happens because a person feels they didn't get what they wanted, or maybe are angry because someone else got more. Anger is a big blocker. Learning to be grateful for whatever it is—a little or a lot—is often the key to renewal and a deep abiding peace that everyone in the world is seeking.

We start with one light in the darkness as the metaphor of this path from darkness of a world without a Savior to a brilliant light in the presence of God-with-us at the birth of Jesus. A Way. From the dangerous darkness of ignorance to the clarity of Truth incarnate. From no hope to founded faith. A Truth. The light grows almost imperceptibly at first, like a seed in the earth, a grace unrecognized that goes to work and brings us to discover that we are no longer alone. Here there is Love.

There is a remedy to the darkness, an answer to the ignorance and loneliness that can paralyze entire cultures. There is a relationship that changes lives and transforms our night into brightest day.

As I was thinking about this one Advent candle, I realized that I was comparing it to the one great candle that is for us the symbol of new life. We light that candle in that moment of fulfillment, the resurrection of Jesus at the Easter Vigil. At that moment the suffering and death which we have caused with our lives becomes a new reality, a chance for us to change with the silent grace of the Cross. As we venerate the Light of Christ, we realize that the path starts Today, God's grace penetrates the darkness of our world and begins the process of transformation.

I have taken some of the words of the Easter Exsultet, the ancient proclamation which is chanted at the Vigil Mass in veneration of

this Light, and made it a prayer for us at this beginning of time, the first Sunday of Advent:

*Lord, This is our night, as when you led our forebears, Israel's children, from slavery in Egypt and made them pass dry-shod through the Red Sea. This is our night as when your pillar of fire banished the darkness of sin.*

*This is our night when, even now, throughout the world, you set believers apart from worldly vices and from the gloom of sin, leading them to grace and joining them to your holy ones.*

*This is our night, when Christ broke the prison-bars of death and rose victorious from the grave. Our birth would have been no gain, had we not been redeemed.*

*O wonder of your humble care for us!  
O love, O charity beyond all telling,  
to ransom a slave you gave away your Son!  
O truly necessary sin of Adam,  
destroyed completely by the Death of Christ!  
O happy fault that earned so great,  
so glorious a Redeemer!*

*O truly blessed night, worthy alone to know the time and hour when Christ rises from the dead!*

*This is our night of which it is written:  
The night shall be as bright as day,  
dazzling is the night for me, and full of gladness.*

*With your sanctifying power take our night:  
dispel wickedness, wash faults away, restore innocence to the fallen and joy to mourners, drive out hatred, foster concord, and bring down the mighty.*

*On this, your night of grace, O holy Father,  
accept our candle, a sign of our solemn offering.  
Bring us your Peace.*

We don't know what to do with the darkness of our world but, like the growing light of the season of Advent, we start with only a spark of grace and God's plan grows in us. God's plan isn't a concept or an idea for us to agree or disagree with. It is a real plan being revealed in history and put into action with the light of grace that has been placed in your our hearts, yours and mine. Our names are literally written into this plan to be a part of the dispelling of night to be transformed by the light of his day, brighter than the sun, a path that leads beyond the empty tomb. Let us begin.

God bless you. *Fr. Don*



# holy cross academy



A National  
Blue Ribbon  
School of  
Excellence,  
2012



## Doughnuts with Dads!

We cannot think of a better way to start our day than having our HCA Dads come to join us for a cup of coffee and a doughnut! Each year on Veterans Day, we invite our Dads to begin their day here at school. We take advantage of the holiday to let them spend a little time with their children. This also allows us to invite veterans, members of the armed forces, and public servants to visit our classrooms and share their thoughts and experiences with us.

Our Doughnuts with Dads ends with our school Morning Prayer and Pledge of Allegiance. Our chorus, *Youth of Note*, leads us one day a week in a patriotic song. For this special occasion, our

talented choristers added **Everyday Heroes** to their presentation of **My Country 'Tis of Thee**. On Veterans Day, we take the time to acknowledge and thank all those who have served and are currently serving our country as we pray for peace here and throughout our world.

Our school is a place your child can flourish, grow and learn. We would love to give you a tour of our National Blue Ribbon School of Excellence. We look forward to telling you all about the wonderful opportunities we provide for our students. Learn about our parish school by visiting our website, [www.holycrossweb.com](http://www.holycrossweb.com). If you would like to see what we can do for your child, please call our HCA office at 540-286-1600 or St. Mary Preschool at 540-373-7553.

education

# religious education

## Classes Resume

Religious Education **classes resume this week, November 30 to December 3.**

## We Care Week 2015, November 29–December 5

**We Care Week** began in 2006. The goal is to teach children about the needs of the poor in our diocese and how Catholic Charities is helping to answer these needs.

During this week of Religious Education classes, **students are asked to contribute a dollar to Catholic Charities of the Diocese of Arlington.** Teachers will collect their contributions during class.

# youth ministry



## Middle School Youth Group

Join us Sunday **December 6 at 3:30pm** for our last **MSYG of the year!** Lots of games, fun with friends and a powerful message on Advent.



**Take a tag and add some cheer to someone's Christmas!**

follow stmarycym



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instagram.com/stmarycym  
twitter.com/StMaryCYM

# vocations

## Strengthen your hearts in holiness

Are you being called to grow in holiness as a priest, deacon, religious brother or sister? Call Father J.D. Jaffe (703) 841-2514, or write: [j.jaffe@arlingtondiocese.org](mailto:j.jaffe@arlingtondiocese.org).

## Fortalezcan sus corazones en santidad

¿Están siendo llamados para crecer en la santidad como un sacerdote, diácono, religioso, hermano o hermana? Llama al Padre J.D. Jaffe (703) 841-2514, o escribe a: [j.jaffe@arlingtondiocese.org](mailto:j.jaffe@arlingtondiocese.org).



## happening here

**Breakfast with Santa**

The elves of Boy Scout Troop 1410 invite you to **Breakfast with Santa on Saturday, December 5 at Holy Cross Academy**, 250 Stafford Lakes Parkway. There will be two shifts **8:30am-10am** or **10am-Noon**. Join us for fun activities with the elves, pictures with Santa and more. The cost is \$7 per child or \$35 max for family. **Reserve your tickets now by December 2.** Flyers and ticket order forms can be found in the Parish Life Center or downloaded from the Troop website at [www.troopwebhost.org/Troop1410Fredericksburg/](http://www.troopwebhost.org/Troop1410Fredericksburg/). Contact the elves' workshop at [troop1410fundraiser@yahoo.com](mailto:troop1410fundraiser@yahoo.com) with any questions.

**2nd Annual Advent Day Retreat with Saint Mary Young Adults**

Saint Mary Young Adults invites **all those aged 21-39** to our 2nd Annual Advent Day Retreat on **December 5 from 9am-3:30pm** at Saint Mary. We will begin by joining the parish community for 9am Mass at the Church. After Mass we will have a talk by Fr. Cummings, in addition to personal prayer time and group discussion. There will be an opportunity for Confession at the end of the retreat during normal hours of Confession at the parish. **Lunch will be provided.** Our day retreat is a wonderful way to prepare your heart, soul and mind for the coming of the Christ Child. We hope you can come! Feel free to invite others. **Any questions, contact:** Allison Gatrone at [StMaryYA@gmail.com](mailto:StMaryYA@gmail.com).

**Mini Bazaar, December 6**

The CCW Craft group will hold their **mini bazaar and bake sale Sunday December 6 starting after the first Mass until 2pm**. You'll find lots of nice items for Christmas gifts as well as Christmas things for yourself. **The bake sale** is strictly cookies so if you bake some for us (we appreciate that), please bring them to the Parish Life Center Friday or Saturday morning. Place a sticky or note on them saying they are for the Craft Bazaar Bake sale. **The raffle drawing** will be near the end of the bazaar. If you haven't turned in your tickets, please bring them; some will be available for sale at the bazaar. **First prize is \$500, second \$250 and third \$100.**

**Our Lady of Guadalupe  
December 12****Mañanitas, 4:30am****Guadalupe Mass and Reception, 7:30pm****Mary's words at Guadalupe to Juan Diego:**

"What is happening, dearest and youngest of my sons? Where are you going? Where are you headed?"

"Listen, put it into your heart, my youngest and dearest son, that the thing that disturbs you, the thing that afflicts you, is nothing. Do not let your countenance, your heart be disturbed. Do not fear this sickness of your uncle or any other sickness, nor anything that is sharp or hurtful. Am I not here, I, who am your Mother? Are you not under my shadow and protection? Am I not the source of your joy? Are you not in the hollow of my mantle, in the crossing of my arms? Do you need anything more? Let nothing else worry you, disturb you."

"Go up, my dearest son, to the top of the hill, to where you saw me and received my directions and you will find different kinds of flowers. Cut them, gather them, put them all together, then come down here and bring them before me."

"My youngest and dearest son, these different kinds of flowers are the proof, the sign that you will take to the Bishop. You will tell him from me that he is to see in them my desire, and therefore he is to carry out my wish, my will. And you, who are my messenger, in you I place my absolute trust. I strictly order you not to unfold your tilma or reveal its contents until you are in his presence. You will relate to him everything very carefully: how I sent you to the top of the hill to cut and gather flowers, all you saw and marveled at in order to convince the Governing Priest so that he will then do what lies within his responsibility so that my house of God which I requested will be made, will be built."



parish life

# happening here

## *Advent Lessons and Carols*



**Friday, December 11, 2015 at 7:30pm**

*A service of Scripture Readings and Music celebrating the Advent Season.*

**Sing hymns, listen to our choirs, and experience the organ and other instruments as our Saint Mary Music Ministry leads a prayer-filled evening of joyful expectation and longing for Christ's coming!**

This beautiful service—featuring all the Choirs of Saint Mary Church and David Mathers at the organ—is part of our Concerts at Saint Mary series of musical events. The service will last a bit over one hour and is appropriate for the whole family.

*Music for Advent goes far beyond "O Come, O Come, Emmanuel" to hymns and chants both ancient and new. Many parishes, including our cathedral in Arlington, are renewing the tradition of an evening service of Advent music and Scripture. A rich experience of Advent deepens the celebration of Christmas—so come pray, listen and sing!*



**For more information, contact David Mathers at [dmathers@stmaryfred.org](mailto:dmathers@stmaryfred.org) or 540 373-6491 x 217.**



# parish life happening here

## Conversation and Coffee

Get to Know Your Parish Ministries. Beginning Sunday December 6 and on the first Sunday of each month thereafter, volunteers from three different ministries will be available in the Parish Life Center **after the 10:30 am Mass** to share their ministries with you. Volunteers from **Birthright, the Parish Health Ministry** and **Young Adult Ministry** look forward to conversation and coffee with you on **Sunday, December 6**.

## Cursillo Ultreya gathering

Please join the Cursillo community for an Ultreya gathering on **December 6 at 5pm**. If you have ever attended or are interested in attending a Cursillo retreat, we want you to join us! Learn more about Cursillo, find a group reunion, and listen to a short talk by our guest speaker. The meeting is a potluck and will be held at Lily Alarcon's home, 6 Stratford Hall Court, Fredericksburg. If you have any questions, please contact Lily at **540-752 0974**.

## Adult Confirmation classes: Dec./Jan.

Deacon Dick Delio will begin Adult Confirmation classes for all those who have already been baptized and have received first Communion, but have not been confirmed, as well as for those who might want a short refresher course on the Catholic faith. There will be an **introductory meeting on Wednesday, December 9 at 7pm, followed by six, Tuesday evening classes at 7pm**. Please call the parish office to register, leaving your name, phone number and email address.



ST. MARY  
of the  
IMMACULATE  
CONCEPTION  
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HEALTH MINISTRY

## Preventing Falls

Today, in all healthcare settings, both medical personnel and patients are continually concerned about "falls." This is a problem as we may lose our strength due to illness, agility due to age or just by an unanticipated accident. Is there a physical activity that could help us develop the strength and balance we need to help avoid this occurrence—an occurrence which can be the cause of even more serious conditions.

Yes! The practice of Tai Chi, a centuries-old Chinese form of martial arts, is a form of gentle movements and postures that promotes mental focus, breathing and relaxation. It is a type of movement control that can promote stability and improved balance. And, it is really enjoyable—and great to do with others as you learn.

The Saint Mary Health Ministry team is wondering if this type of program is something that our parishioners would be interested in pursuing?

**Please let us know** at [lsullivan@stmaryfred.org](mailto:lsullivan@stmaryfred.org) if you are interested. We will get back to you as we gather more information about the possibility of providing this type of class. Thanks for being part of the team!

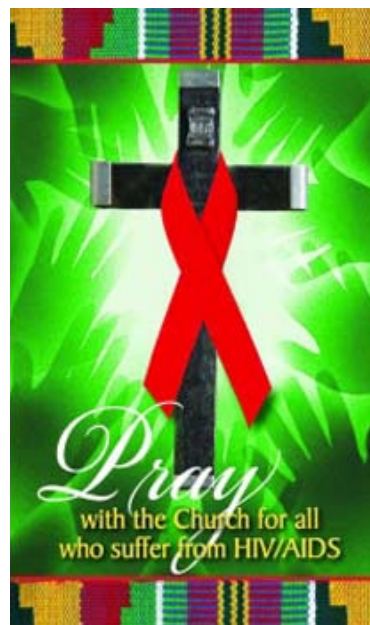
## Aphasia Support

Physical Medicine & Rehab hosts a free support group each **1st and 3rd Tuesday of the month from 11am–Noon** for those with language impairment due to stroke or head injury, their caregivers, families, and friends. The group meets at the Mary Washington Hospital Tompkins-Martin Medical Plaza Classrooms. No registration needed. **Questions?** Jerry Bradley, **540.741.1416**. Next meeting: **December 1, from 11am–Noon**.

## Subscribe to the Health Link newsletter

Our Health Link newsletter features information about healthy living, disease prevention, and general health resources. To receive the next e-newsletter, email [lsullivan@stmaryfred.org](mailto:lsullivan@stmaryfred.org). Suggestions for future topics always welcome.

## World AIDS Day: December 1



More information can be found online at [usccb.org/issues-and-action/cultural-diversity/african-american/world-aids-day-cultural-diversity.cfm](http://usccb.org/issues-and-action/cultural-diversity/african-american/world-aids-day-cultural-diversity.cfm).

# knights of columbus



*The Knights of Columbus Council #4034 is comprised of Catholic men and their families, united in service with our Church, schools and neighborhoods. Along with our community non-profit organizations, we have a common core objective to help and serve those in need.*

*We are part of the Parish Life Ministry at Saint Mary and this is our 60th year of support.*

**Website**  
[kofc4034.org](http://kofc4034.org)

**Facebook**  
[facebook.com/kofc4034](https://facebook.com/kofc4034)

**Business meeting**  
2nd Wednesday of each month at the Fredericksburg Columbus Club.

Dinner: 6:30–6:45  
Rosary: 7:10  
Meeting 7:30–8:30.

For additional information: [info@kofc4034.org](mailto:info@kofc4034.org)

**There is always time to be a Knight**  
For more information, Contact our Council's Membership Director at: [MembershipDirector@kofc4034.org](mailto:MembershipDirector@kofc4034.org)

## Christmas tree and wreath sales

**Christmas tree and wreath sales have begun.** The KofC Saint Mary Council 4034 is kicking off our Christmas Tree and Wreath Sales fundraiser in partnership with St. Jude Council 13599. Sales started the Saturday after Thanksgiving and will continue through Sunday, December 20. **Trees will be sold at St. Jude Catholic Church located on 10725 Courthouse Road (Route 208).** These are Virginia-grown, freshly-cut Fraser Firs with beautiful long lasting soft needles and a great evergreen smell. Tree prices are the same as last year and are based on tree height. The best selection and freshest trees are available when the trees first arrive. **The trees will be sold on weekdays from 3pm–8pm and on weekends from 8am–8pm, but not during Mass.**

Please let us know if you are interested in **volunteering** with this sale to help fulfill your individual or group's community service requirements. **Questions** about the Tree Sales can be directed to Tim Fleming at [Trees@kofc4034.org](mailto:Trees@kofc4034.org). Please help support our churches and community with your purchase at the Knights of Columbus live Christmas Tree and Wreath Sale.

## Trail Life

The Trail Life Troop will be placing wreaths on graves at Quantico National Cemetery on December 12. The mission is to "Remember, Honor, and Teach" and it is carried out in part by coordinating wreath laying ceremonies

at veterans' cemeteries. **You can help the troop earn funds by buying a wreath.** Go to [wreathsacrossamerica.org](http://wreathsacrossamerica.org) and click on the "Sponsor Locally" icon. Use **VA0218P** where it says "Find a Fundraising Group" or search for "4034." **Cost is \$15 per wreath** (tax deductible). The troop gets \$5 per wreath.

## Supporting our Saint Mary family

**Our Charity Committee continues to receive requests for support.** This month we have helped pay an electric bill and received a request for another. Our funds come directly from our fundraisers and therefore, directly from you. We will provide as much support as our resources allow and assist those in need in connecting them to other resources.

## Blood drive

**Give the gift of life.** Council 4034 is sponsoring a **blood drive on Wednesday, December 2, 2015. The Red Cross Bloodmobile will be parked in Saint Mary's parking lot from 1-6 pm.** To schedule call 1-800-RED CROSS or go to [redcross.org](http://redcross.org). Walk-ins are welcome. Bring a photo ID. Blood is especially needed this time of year. Your donation can help to save a life. **Questions,** call Rick Reschick with the Knights of Columbus at **540-850-5587. Future Dates: February 3, 2016, and April 6, 2016.**

## Keep Christ in Christmas: Christmas card sales

We should all try to keep alive the true meaning of CHRISTmas—the birth of Jesus

## Coats for Kids

**Thank you for the wonderful outpouring of support to Coats for Kids.**

Your support and the support of the Fredericksburg Sheriff's Department, Wegmans, Stine Chiropractic Clinic, Poncho Villa, and Paradise Diner has allowed us to purchase **120 coats that have begun to be distributed to those in real need in the Fredericksburg area.**

Christ; God's gift to the world. Part of our effort to do this is to sell religious Christmas cards. **Sales have begun and will be sold after all Masses.** If you have any questions, please e-mail [KCIC@kofc4034.org](mailto:KCIC@kofc4034.org).

## Upcoming council events

- **November 28**  
Christmas Tree Sales Begin
- **December 2**  
Blood Drive
- **December 19**  
Children's Christmas Party

## Highlights

### New Council Member

We welcome Robert Dofflemyer to our Council.

### October Family of the Month

Gary and Gail Domaleski

### October Knight of the Month

Thomas Mukunnenkeril

# liturgy called in love

## History submissions

The history book about Saint Mary slated to be finished next year will cover all our history, from the missionary period prior to 1858 to the present day. **To submit an item, please contact Donna Davis at LadyDee519@aol.com or 540-752-5502.**

## Cold Weather Shelter now open

The Cold Weather Shelter will re-open for the winter season on November 15 and will remain open each evening until mid-March. **Teams of Saint Mary volunteers assist on Tuesday evenings** by greeting and checking in clients, setting up sleeping areas, and providing hospitality for the 30+ individuals that utilize the facility. Each participating church is asked to bring 3 dozen items (white socks, small toiletries, etc.).

**Saint Mary will be collecting donations of men's underwear sizes medium and large.** Please consider how you might be able to support this need—all donations are gratefully accepted at our Parish Office. Although it is a good thing that the temporary shelter will be available during the harsh winter months, it highlights the continuing need for sustainable housing and support mechanisms in our community. For more information about community efforts to help the homeless, please visit **Micah Ecumenical Ministries**, [www.dolovewalk.net](http://www.dolovewalk.net) or **Thurman-Brisben Homeless Shelter**, [www.thurmanbrisbencenterv.org](http://www.thurmanbrisbencenterv.org).

## Saint Mary prayer list

**Please pray for those who are sick or in need, especially:** Beth Malaby, Rhonda Seidlinger, Margaret McAleavey, David Arnold, Tracy Biddulph, Carole Page, Christopher Kelly, Ann Dunsmore, Lisa Herr, Madeline Doyle, Elizabeth Ames, Elise Valez, Mary Ullmer, Virginia Bare, Bobbi Palumbo, Joanne Deangeous, Carol Eggleston, Patrick Eggleston, Mary Jean Williams, Don Williams, Tom Bowen, Thomas Novotnak, Peter Stafford, Josephine Kreider, Suzi Eggleston, Melvyn Schreckinger, Betty Ann and Bill Dateno, Harold Gardiner, Marianne Ford, the Carlos Ortiz Family, John Haas, Karen Jones, Jennifer Carlson, Adelyn Wood, Elizabeth Ryan, Dave Kelly, Kevin Murray, Robin Humphries, Jimmy Zollman, Charleen Arnold, Joshua Burgh, Brian Keller, Linda Kaila, Cynthia McCready, Jesse Madison, Kelly Ann Carpenter, Martha Ferrara, Tom and Prov Moeller, Debbie Lloyd, Shana Callirgos, Cameron Richard North, Karen Danis, Maureen Flanagan, Gretchen Maia, Mary Ellen Normand, D.J. Smetek, Jim Evans, Megan Ramsey, Robert and Tenya Mosier, Cesar Corretjer, Josh Oltman, Donelda Wellwood, Keith Kovalefski, Bruce Bates, Joseph Bozicevic, Dyke Stabler, Helen Kozyra, Meredith Dean, Bernice Douglas, Paul Johnson, Alana Cross, Joseph O'Byrne, Veronica Johnson, Hal Ehrhart, Lillian Held, Prudy Tarpey, Mike and Mary Lou Gray, Martha Clemens, Holly Smith, Byers Family, Hunsley Family, Mike Harwich, Charles Dillman, Janie Sherry, Richard Desmond, Nancy Stewart, Randy Knebal, Larry Hudson, Tracey Hansen, Connie Whatcott, John Whatcott, Patrick Clarke, Jacqui Herr, Valconi Family, Joan Carroll, Larry Dillman, Jessica Ryan, Matt Marshall, John Stehle, Jerome Murphy, Christy Charlebois, Callie Freed, Atkins Family, Paul Johnson, Sandy Martin

**Please pray for all the men and women in our military and civilian support services overseas, especially:**

Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Sean Plunkett, Roy Selvidge, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Geoff Mann, Christopher Johnson III, Patrick Desmond.

**Please pray also for those who have died, especially the benefactors of Saint Mary Church.**

## Masses next weekend

*Deacon Dick will preach at the Sunday 7am and 10:30am Masses.*

### 5 December—SATURDAY

5pm	Fr. Don
7pm	Fr. Holmes

### 6 December—SUNDAY

7am	Fr. Don
8:30am	Fr. Cummings
10:30am	Fr. Don
HCA 10:30	Fr. Lino
12:30pm	Fr. Holmes
2pm	Fr. Lino
5pm	Fr. Don
7:01pm	Fr. Cummings

## Daily Mass intentions and readings

### november/december

#### 30 MONDAY

6:30 +Kristen Cabbage  
8:15\* Leo Chavarria  
Rom 10:9-18; Mt 4:18-22

#### 1 TUESDAY

6:30 +All Souls  
9am +Susan Arnold  
Is 11:1-10; Lk 10:21-24

#### 2 WEDNESDAY

6:30 +Karen O'Keefe Showalter  
9am +Robert Grossman  
Is 25:6-10; Mt 15:29-37

#### 3 THURSDAY

6:30 +John C. Owen  
8:15\* Fr. Don Rooney  
9am +Trung Trinh and Ngat Vu  
Is 26:1-6; Mt 7:21, 24-27

#### 4 FRIDAY

6:30 +Bob Willis  
9am +All Souls  
8pm +Jimmy McCue  
Is 29:17-24; Mt 9:27-31

#### 5 SATURDAY

9am +All Souls  
5pm Theodore Zbrzezny  
7pm +Mr. and Mrs. Frank Zmuda  
Is 30:19-26; Mt 9:35-10:1, 5-8

#### 6 SUNDAY

7am +Wilma Evans  
8:30 Theodore Zbrzezny  
10:30 +All Those Who Died in November  
10:30\* John Prohaska  
12:30 +Trung Trinh and Ngat Vu  
2pm Marcos Bermudez  
5pm +Elaine Wheeler  
7:01 For the Parish  
Bar 5:1-9; Phil 1:4-11; Lk 3:1-6

Please remember that Mass intentions may be requested at the parish office for any remaining Masses of the year. If dates are no longer available for the date you desire, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.

\* Indicates Mass at Holy Cross Academy



# operations given in love

## Weekly Offertory

Due to early bulletin deadlines because of the Thanksgiving Holiday, the next Financial Report will be published in the December 6 Bulletin.

**The second collection on December 5-6 is for the Parish Building Fund.**

## Thank you for your generosity!

Please remember to use your Offertory Envelopes to ensure the accuracy of your end-of-year statement. The "Children's Envelope" proceeds will not be recorded on family statements.

## Pro-Life reflection for November 29

The word "Advent" means "coming," and the season focuses on the coming of Christ at the end of time, and then on His first coming at Christmas. The joy of Advent is joined by a strong warning that we

must be prepared for His coming. Promoting justice and human rights is a key element of our preparation. A society that aborts its children is not prepared for the coming of Christ. *Come, Lord Jesus. May we be prepared to welcome You by welcoming all human life.*

## Daily Advent Prayer

*O Jesus, little child, come into my heart on Christmas morn, to wash away my sins and remain there in eternity. O Mary, Mother of my Savior, prepare for Jesus a cradle in my heart. Amen.*

## All Night Adoration First Friday, December 4

"The Divine Child whom we will worship in the Nativity scene is Emmanuel, the God with us Who is really present in the Sacrament of the Altar."

— Saint John Paul II

All Night Adoration of the Blessed Sacrament follows the **8pm First Friday Mass on**

**December 4.** *O Come Let Us Adore Him* in the Eucharist! Please sign up today.

## Pro-life shrine to the Holy Family

One of the outward signs of our parish commitment to the value and dignity of human life will be a shrine to the Holy Family located in the island in front of the Parish Life Center. Please prayerfully consider a donation to support the installation of this shrine. Call Fr. Don directly if you can help.

## Tax savings through a gift of stock

You may make a gift of stock as a donation to our parish or our diocese. **In exchange for a gift of long-term, appreciated securities (stock), you can receive an income tax deduction and avoid capital gains taxes on stock appreciation.** For more information, call (703) 841-3896 or visit: [www.arlingtondiocese.org/giving/gifts\\_stock.aspx](http://www.arlingtondiocese.org/giving/gifts_stock.aspx).

## Give the Gift of Faith

More and more Catholics are responding to the idea of giving a gift that perpetuates our Catholic faith. **Please consider remembering Saint Mary of the Immaculate Conception in your Will.** By doing so, you establish a legacy of love for others by enabling the Church to continue the expansion of our Catholic faith through its many ministries. For more information on naming our parish, school, or the diocese in your Will, please call Matthew Dwyer in the **Planned Giving Office at the Diocese of Arlington** at 703-841-3819 or visit [www.arlingtondiocese.planyourlegacy.org](http://www.arlingtondiocese.planyourlegacy.org).

## Dear Saint Mary,

**Thank you** Saint Mary of the Immaculate Conception for your recent and very generous **\$5,604.56 Special Kids Special Needs donation**, which will be used to support special education needs such as the Paul VI High School and Pope John Paul the Great Options Programs, St. Mark's Evangelist Program, George Mason University's Life Program, Special Olympics, Gabriel Home and the Diocese "Keyboard for Kids" program providing audio/visual communication capability to intellectually challenged students.

Please be assured all collection donations will be disbursed in their entirety to Diocesan special education programs.

**On behalf of Bishop Loverde, Porto Charities extends a sincere thank you for participating in the Special Kids Special Needs Collection assisting God's Special Children.**

**Special Kids-Special Needs  
Thanks You!**

# called in love

## SHARE looking for new distribution site

We learned last month that we will no longer have the use of our current location for distribution of our SHARE Program to local participating churches. **The program currently serves 450+ families** within a community of approximately 15 local churches from Bealeton to King George. Participants provide over 1,000 hours of community service each month.

**If you are aware or can offer an alternate location within a ten mile radius of Saint Mary it would be greatly appreciated.**

The need is as follows: approximately 1,000 square feet, indoors preferable (to be out of the bad weather) but not absolutely necessary, access to a commercial loading dock and use from 6am-8:30am the third Saturday of each month. We have our own pallet jacks, and take all pallets and packing materials with us. **Please contact Rick Caporali, 540-373-6491** for additional details and more information about the program.

## Mardi Gras Gala for the Guadalupe Free Clinic

Come out on **February 6, 2016** to celebrate Mardi Gras and help support The Guadalupe Free Clinic! Enjoy a fun evening at picturesque Potomac Point Winery sipping wine and dining in the Ballroom. There will be a live and silent auction, raffles, music and dancing. **To purchase tickets** go to [mardigrasgalaforgfc.eventbrite.com](http://mardigrasgalaforgfc.eventbrite.com), email [mardigrasgalaforgfc@gmail.com](mailto:mardigrasgalaforgfc@gmail.com), or call Susan at **201-314-5884**.

## Welcome to SHARE at St. Mary Parish!

**Order Deadline: Dec. 7**

**Food Pick-Up: Dec. 19**

This is a food cooperative program with a community service requirement. Package Pick-up is typically the fourth Saturday of the month at the Parish Life Center between 8 and 9am. The following month's menu will be available at the time of pick-up.

Please contact Rick Caporali for more information and details, [rcaporali@stmaryfred.org](mailto:rcaporali@stmaryfred.org).

## Shopping for December:

### Value Package

(\$22 + 2 hrs community service)

- Festive and seasonal, healthy and nutritious items such as Roasting Chicken, Potatoes, Onions, Stuffing Mix, Sausage, Elbow Macaroni, Pollock Fillets, Celery, Apples, Oranges, and a Holiday Pie

### Pure and Simple Turkey Dinner

(\$33 + 2 hrs community service)

- 10-14 lb. TURKEY with traditional (frozen) sides: Mixed Vegetables, Green Beans, a Sweet Potato Pie, Candied Yam Patties

### Spiral Honey Ham

(\$27 + 2 hrs Community Service)

- 9-10 lb. Spiral Honey Ham

### Groceries for the Holidays: Value & Turkey

(\$44 + 2 hrs Community Service)

- 10-14 lb. Turkey with Festive and seasonal, items such as a Roasting Chicken, Potatoes, Onions, Stuffing Mix, Sausage, Elbow Macaroni, Pollock Fillets, Celery, Apples, Oranges, and a Holiday Pie

Menu items are always subject to change. When we must substitute, we try to give better value.



## SHARE Order Form

Value Package (\$22)  
\_\_\_\_\_ x \$22. = \$\_\_\_\_\_

Turkey Dinner (\$33)  
\_\_\_\_\_ x \$33. = \$\_\_\_\_\_

Spiral Honey Ham (\$27)  
\_\_\_\_\_ x \$27. = \$\_\_\_\_\_

Value + Turkey (\$44)  
\_\_\_\_\_ x \$44. = \$\_\_\_\_\_

**TOTAL:** \$\_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ ST \_\_\_\_\_ zip \_\_\_\_\_

email \_\_\_\_\_

cell/phone \_\_\_\_\_

### Community Service Hours:

____ hrs Church	____ Host site
____ hrs Youth	____ Transport
____ hrs Shelter	____ Comm. Dinner
____ hrs Seniors	____ Vincent de Paul
____ hrs Micah	____ MW Hospital
____ hrs School	____ Parish Ministry
____ hrs Community Service	
____ hrs Other	____ hrs Other

### PAYMENT METHODS:

**CASH, MONEY ORDER, or EBT.**  
No CHECKS; Payment due when order is placed.  
Money Orders should be made to: SHARE FOOD NETWORK.