

**Eighteenth  
Sunday in  
Ordinary Time**

**31 July 2016**



# what's coming



**SAINT  
MARY**  
*of the*  
IMMACULATE  
CONCEPTION  
*Roman Catholic Church*

HOLY CROSS ACADEMY

## july

### 31 SUNDAY, EIGHTEENTH SUNDAY IN ORDINARY TIME

Coffee Shop after morning Masses, Parish Life Center. (American Heritage Girls)  
SCRIP on sale after all Masses except 2pm Mass.

## august

### 1 Monday, Saint Alphonsus Liguori, Bishop, Doctor of the Church

### 2 Tuesday, Weekday (Saint Eusebius of Vercelli, Bishop; Saint Peter Julian Eymard, Priest)

7:30pm, Life in the Spirit Prayer Gathering, Courtyard Meeting Room.

### 3 Wednesday, Weekday

6:30pm, YOUCAT, John Paul II House.

### 4 Thursday, Saint John Vianney, Priest

9:30am, CCW Craft Group, Parish Life Center, Room 100.  
7pm, Spanish Prayer Group, John Paul II House.

### 5 Friday, Weekday (The Dedication of the Basilica of Saint Mary Major)

6:30pm, Prayers and Squares Meeting, Parish Life Center, Room 204.  
8:30pm, All Night Adoration following the 8pm First Friday Mass.

### 6 Saturday, THE TRANSFIGURATION OF THE LORD

2pm, Spanish Baptism Class, Parish Life Center, Room 204.  
SCRIP on sale after the 5pm Mass.

### 7 SUNDAY, NINETEENTH SUNDAY IN ORDINARY TIME

Coffee Shop after morning Masses, Parish Life Center. (Troop 1410)  
SCRIP on sale after all Masses except 2pm Mass.  
Noon, Altar Server Picnic, Pratt Park.  
After the 10:30am Mass, Coffee and Conversations, Parish Life Center.  
7pm, Baptism Preparation Class, Parish Life Center, Room 202.

### 8 Monday, Saint Dominic, Priest

8:15pm, Taize Prayer Gathering, Church.

### 9 Tuesday, Weekday (Saint Teresa Benedicta of the Cross, Virgin, Martyr)

### 10 Wednesday, Saint Lawrence, Deacon, Martyr

### 11 Thursday, Saint Clare, Virgin

9:30am, CCW Craft Group, Parish Life Center, Room 100.  
7pm, Spanish Prayer Group, John Paul II House.

### 12 Friday, Weekday (Saint Jane Frances de Chantal, Religious)

### 13 Saturday, Weekday (Saints Pontian, Pope, and Hippolytus, Priest, Martyrs)

11:30am, Family Holy Hour, Church.  
SCRIP on sale after the 5pm Mass.

nota bene (*note well, please*):

- ✂ Join us for a **Noon Mass on Monday, Wednesdays and Fridays** until September 2, 2016. Please consider joining us on you lunch hour.
- ✂ Join us **August 7 after the 10:30am Mass** for **Coffee and Conversations** in the Parish Life Center where representatives from Mary's Shelter and Cursillo will be on-hand to discuss their ministries.
- ✂ Our next annual **Called and Gifted Workshop** will be held on **August 26-27, 2016**. Mark your calendars and invite your friends! Registration forms are available on the parish website, in the vestibule of the Church or parish office.

1009 Stafford Ave., Fredericksburg, VA 22401

<b>SUNDAY MASS</b>	Saturday Vigil 5 & 7pm Sunday 7, 8:30, 10:30am, 12:30, 2pm (Spanish), 5pm, 7:01pm 10:30am at Holy Cross Academy
<b>DAILY MASS</b>	Mon.-Fri.: 6:30 & 9am; Sat., 9am First Friday 8pm Holy Days of Obligation, as announced
<b>DEVOTIONS</b>	Adoration & Benediction, Wed., 7-9pm Novena with Exposition, Mon., 7-7:30pm All Night Adoration, First Friday Miraculous Medal Novena, Mon., after 9am Mass Divine Mercy, Wed., 3pm
<b>CONFESSION</b>	Wed., 7-9pm; Sat., 8am & 3:30pm, or by appt.
<b>PARISH OFFICE</b>	540-373-6491, fax 371-0251 stmary@stmaryfred.org Mon.-Fri., 8:30am - 4:30pm; <i>students staff office weekdays until 9pm, Saturdays 9-5pm, Sundays 9:30-1:30pm</i>  Pastor, Fr. John Mosimann Fr. Keith Cummings Fr. Stephen Holmes Fr. Colin Davis Deacon Alberto Bernaola Deacon Dick Delio  Executive Assistant, Rick Caporali Business Manager, Elaine Stanislawski Director of Sacred Music, David Mathers Secretary, Mary Fitch
<b>HOLY CROSS ACADEMY</b>	540-286-1600 250 Stafford Lakes Parkway Fredericksburg, Virginia 22406-7234 Principal, Sr. Susan Louise Eder, O.S.F.S.
<b>ST. MARY PRESCHOOL</b>	373-7553 Director, Nanci Scharf
<b>RELIGIOUS EDUCATION OFFICE</b>	373-6491 Director, Aristides Lucas Associate Director, Karen Sturtevant
<b>YOUTH MINISTRY</b>	373-6491 Director, Leo Chavarria
<b>HEALTH MINISTRY</b>	845-3031 Lois Sullivan, RN, FCN
<b>BAPTISMS</b>	Parish registration (90 days) and class required. Please contact the parish office to schedule the date at least four weeks in advance.
<b>MARRIAGE</b>	Parish registration required; contact parish six months in advance to begin preparation.
<b>JOIN US</b>	New Family Registration meetings held in the church on fourth Sundays, following the 10:30 Mass. Please notify us of any contact changes.

Articles must be submitted two weeks prior to publication.  
Send articles to bulletin@stmaryfred.org. Thanks!

this week's  
bulletin:

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from the pastor

# pax et bonum



## Dear Folks,

This is a picture of me offering Mass in the tomb where Jesus rose from the dead. Maybe my favorite picture ever.

How did I get the shot? Well, the area where I was standing is about 3 feet by 7 feet. 7 priests were crammed into this area. I had asked one of the priests to snap a picture when Mass began, but didn't want him to be distracted because he was concelebrating. So he holds the camera up (about 12 inches from my ear) and blindly takes pictures right after the consecration. Yikes! I hear the camera clicking in my ear and think, "not now! Please Father!" With the very low light and his proximity to me it

was a miracle that the picture came out so well! Because of this, I have to have a little mercy on you when you take pictures at Mass... but not if you come up right behind me! ;-)

I know that many folks here have made pilgrimages to the Holy Land. I believe that everyone should try to get there one day, if possible, because of how it will deepen your faith. To see where Jesus walked, prayed, was born and rose from the dead—these scriptures cease to be 'stories' and come alive.

I know that Fr. Hudgins has been advertising a trip in October in our bulletin, but I had also planned to accompany

Fr. Jerry Wooton of St. Patrick's on a trip this October (different dates). There is still room on this trip, if you are interested.

**This trip to the Holy Land is October 3–15, 2016** and will include stops in Galilee, Nazareth, Cana, Bethlehem, Jerusalem, and more in Israel, and stops in Jordan at the Baptism of our Lord, Petra, and Amman. Email me ([frmosimann@stmaryfred.org](mailto:frmosimann@stmaryfred.org)) for more information, itinerary, and registration. Base cost is \$3100 pp/do (with the caveat that flight costs could fluctuate).

**Pax et Bonum,  
Fr. Mosimann**

# education youth ministry



See more photos and videos from the Youth Group's trip to Banica at [www.facebook.com/stmarycym/](http://www.facebook.com/stmarycym/)

## CYM registration is open

High School registration for the 2016-17 school year is available online. Please print one sheet per youth and submit with the \$25 fee (per child). We are super excited for another fantastic year of ministry!

follow StMaryCYM



**#GetInvolvedBeTransformed**

# parish life given in love

## Call for blood from the American Red Cross

Please support the American Red Cross Bloodmobile drive on **August 3 from 1-6pm** in the Church parking lot. The American Red Cross has issued an emergency call for blood and platelets, urging all eligible donors to give now to replenish an extremely low summer blood supply.

## Please return Saint Mary Library items

**The Saint Mary Library has a nice collection of DVDs.** Unfortunately, several are missing. Some were checked out a long time ago and never returned, some have not been checked out but are not on the shelf. It is hoped that the lost ones will find their way back to the library so others may enjoy them.

## Bible study: Revelation—The Kingdom Yet to Come

*Revelation* is the first “ongoing” study in *The Great Adventure Bible Study Program*. In this intriguing look at one of the most talked-about books in Scripture, Jeff Cavins explores Revelation to demonstrate how the kingdom established by Christ in his Church is intimately connected with the kingdom of heaven, especially through the celebration of the Mass. You will learn what all the mysterious figures and images of Revelation present, as well as what will happen during the Second Coming of Christ, what has already happened, and what is happening now in salvation history.

Join Suzette Young and fellow parishioners for *Revelation: The Kingdom Yet to Come* **beginning September 15, 2016 at 9:45am and continuing every Thursday for eleven weeks.** To register for this study, please go to the parish office by **August 19.** The cost for materials is **\$20.** Class size is limited.

## Cursillo Women's Weekend

Come and discover the Cursillo community! **The next Women's Weekend is September 15-18.** The retreat is wonderful opportunity to deeply reflect on your relationship with Christ and to grow as a member of the Christian community. It will be held at the San Damiano Spiritual Life Center in White Post, VA. **To register or for more information,** please contact Joyce Bodoh at **540-521-0588** or [joycebodoh@gmail.com](mailto:joycebodoh@gmail.com).

“ C O M E A N D S E E ”

**RCIA**

We invite **all who seek** a deeper life in **Jesus Christ** to consider becoming members of this Body of Christ through the Sacraments of Initiation. Please call the parish office to register.

**You are welcome. Begin 9/12**

## Rite of Christian Initiation of Adults

The Program begins at Saint Mary on **Monday, September 12** and lasts until the Easter Vigil. We meet on Mondays from 7:30-9:15pm with a 45 minute class (all in the parish are welcome to attend), then refreshments and small group discussion follows about the topic of the

evening and other formation topics. If you or anyone you know is interested in joining the Catholic Church and receiving the sacraments of Baptism (or make a Profession of Faith if already baptized), Confirmation and Eucharist, please contact the parish office to register or email us at [RCIAstmaryfred@gmail.com](mailto:RCIAstmaryfred@gmail.com).

## happening here

**The Legion of Mary**

The Legion of Mary promotes devotion to our Blessed Mother through communal prayer service to the Church such as visiting the sick and infirm and other corporal and spiritual acts of mercy. **Anyone interested can contact Father Holmes** at the parish office at **540-373-6491** or through email at **frholmes@stmaryfred.org**.

**A Holy Land Pilgrimage**

A Holy Land Pilgrimage hosted by the St. Jude is planned for **October 13–20, 2016**. Visit the site of the Upper Room in Jerusalem, renew your wedding vows at Cana, and enjoy a boat ride on the Sea of Galilee and much more. The deposit deadline for booking at the **initial price of \$2,399 per person based on double occupancy has been extended until July 31**. The price covers air fare, hotel, breakfast and dinner, and tour. For every booking from Saint Mary, St. Jude will donate \$125 back to Saint Mary. **Contact Roman Marciniak, Jr. at 540.850.2737.**

**August Coffee and Conversation**

Join us **August 7 after the 10:30am Mass** for Coffee and Conversations in the Parish Life Center where representatives from Mary's Shelter and Cursillo will be on-hand to discuss their ministries.

**Cursillo**—Cursillo small groups allow opportunities for Catholics to grow in their faith by sharing their experiences, successes, and failures in the ordinary moments of their everyday lives. Cursillo begins with a three day retreat followed by the invitation to meet with others who have attended a Cursillo weekend to share and grow in their faith together, either weekly or quarterly.

**Mary's Shelter**—Mary's Shelter owns and operates homes shared by residents and their children in downtown Fredericksburg. These homes shelter pregnant women and their children during a crisis pregnancy. These women can stay in these homes for up to two years, if they meet the

requirements established by the shelter. While living at Mary's Shelter women are expected to be working on goals to enrich their lives. They need to do chores, go to work or school and attend meetings such as book club, knitting, exercise, parenting classes. The women are eligible to earn points which allow them to shop in the boutique which houses donated items such as diapers, wipes, clothing, laundry detergent, bathroom tissue, etc. Mary's Shelter is run almost exclusively by volunteers who enjoy the babies as well as assisting and mentoring the mothers. A monthly volunteer brunch explains to potential volunteers what the shelters do and where a volunteer may best fit in.

**It's Not Too Late!**

We have a few openings left in the 3 and 4 year-old class at St. Mary Preschool for the **2016-2017 school year**. Classes meet either mornings or afternoons. Come join in the fun!

**For more information,** please contact Mrs. Scharf at **373-7533** or **nscharf@stmaryfred.org**.



# parish life pilgrimage



OUR SAINT MARY CHOIR ON PILGRIMAGE

## A JOURNEY OF FAITH

The Saint Mary Adult Choir, with members of the Saint Mary Folk Choir and led by our director of music, David Mathers, is making a pilgrimage **January 25 – February 3, 2017** to holy sites in central Italy. The Choir will sing for Mass at **St. Peter's Basilica** in Rome, at the **Basilica of St. Francis** in Assisi, at the Cathedral in the ancient mountain town of **Orvieto** and in **Holy Trinity Church** in Florence. The Choir will also perform a concert of sacred music in Rome at the **Church of St. Ignatius** in the Campus Martius. The Choir will attend a **General Audience with the Holy Father** as well as the celebration of Solemn Vespers on the Feast of the Presentation of the Lord, presided over by Pope Francis.

## pil • grim • age

*n.* a journey made to a sacred place for the purpose of venerating it or to ask for heavenly aid, and ultimately to come to know God better.

## SPIRITUAL BENEFITS

**Rome and Assisi have long been places of pilgrimage for Christians:** Rome, as the place where Saints Peter and Paul, founders of the Roman Church, died and were buried, and

Assisi, where Saint Francis was born, lived and died. These places offer the opportunity for prayer and contemplation, and provide a connection with our fellow Catholic Christians both past and present—our forebearers in the faith whom we venerate and our brothers and sisters whose faith we share today.

**Prayer will be an important part of the Choir Pilgrimage.** The Saint Mary Choir and those traveling with the Choir will celebrate Mass each day in some of the most ancient communities of our Church. An opportunity to celebrate the Liturgy of the Hours each day will also be offered.

## CARRYING OUR PRAYERS

**The Saint Mary Choir will carry your prayers with them on their pilgrimage, and will pray for your intentions daily.** We will provide the opportunity for you to enroll your specific prayer intentions.

## STAYING IN TOUCH

All will be able to follow along with the Choir Pilgrimage from home. We will post photos, audio and video of the Choir's singing and other activities on our new Saint Mary Adult Choir Facebook page. In Facebook, search "Saint Mary Adult Choir of Fredericksburg, VA," and 'like' us! **Questions? Contact David Mathers** at [dmathers@stmaryfred.org](mailto:dmathers@stmaryfred.org) or call the Parish Office.

# parish life given in love



## Why Choirs?

by David Mathers, Director of Sacred Music

After Mass one Sunday, I approached someone with a great singing voice and invited her to join the choir, only to have her tell me: "I like praising God right where I am in the pews, and don't need to be in the choir." And she was right—the sung prayer of the congregation is primary. **But then why do we have choirs?**

Official Church documents on the sacred liturgy have, since the Second Vatican Council (1962-1965), called attention to three main reasons for choirs. First, to join in and strengthen the song of the congregation, encouraging their active participation in the liturgy. Second, to sing by itself in pieces where the choir is in dialog with the congregation, as in a litany such as "Lord, have mercy" or "Lamb of God," and in other songs where the congregation sings a refrain and the choir

sings verses. Third, to sing sacred choral music, either from our Catholic treasury of great music of the past or newly composed sacred works of excellence which, in either case, would be too challenging for the untrained voices of the congregation to sing well but which, when sung by the skilled singers of the choir, can add to the beauty and prayerfulness of the liturgy.

The choirs of Saint Mary keep these reasons in mind, both in their style of singing and in their choice of music. We, first of all, want to strengthen the sung prayer of all, but also to provide a means for all to experience the power and beauty of music of the Christian choral tradition as well as excellent new sacred compositions.

**For more information** on the Choirs of Saint Mary (adults and young people, English and Spanish), contact me, David Mathers, at the Parish Office or at [dmathers@stmaryfred.org](mailto:dmathers@stmaryfred.org).

## Cancer Support Group

*You were given this life because you are strong enough to live it.*

Our Believe Group—a group for those facing a cancer diagnosis and those sharing this experience with a loved one—is continuing to expand and we welcome all interested parishioners.

The gathering focuses on living the spiritual journey that come with the challenges of having this diagnosis as well as the blessings of survivorship. We offer prayers and reflection, small group discussions and the opportunity to connect with others through shared experiences.

**The facilitator is Regina Kenner, the Cancer Navigator at Mary Washington Healthcare.**

The next meeting will be **August 21 from 9:30-11am** in Saint Mary's Courtyard Meeting Room.

If you have questions, please call [540-845-3031](tel:540-845-3031) or bring your questions to the meeting.



# parish life given in love

## Donations for School Dressing Days

The collection bin is now in the front of the Parish Life Center for donations of new jeans, t-shirts (including plus sizes), backpacks, underwear, socks, toiletries and school supplies for K-12 kids. Collections will be through the 1st week in August.

## School Dressing Days

The Interfaith Community Council of Fredericksburg is sponsoring their annual **School Dressing Days** event on **August 12-13 from 9am-3pm** at the Church of Jesus Christ of Latter-day Saints, 1710 Bragg Road, Fredericksburg, VA. **Pre-registration** is necessary with ID on Wednesday **August 3**, from 10am-1pm and Saturday **August 6**, from 9am-1pm. **Questions?** Please contact Jaye Anastasio at [540-412-1622](tel:540-412-1622) or [jpanastasio41@gmail.com](mailto:jpanastasio41@gmail.com). **To volunteer** for the event, please go to [SignUp-Genius.com](http://SignUp-Genius.com), enter the email address [schooldressingdays@gmail.com](mailto:schooldressingdays@gmail.com) under "find a sign up" in the upper right corner and submit your name and time slot preference.

## Días Ropa de Escuela

El Consejo de la Comunidad Interreligiosa de Fredericksburg patrocina el evento anual **Días Camerinos Escuela** el **12 de agosto y 13 de 9am-3pm** en la Iglesia de Jesucristo de los Santos de los Últimos Días, 1710 Bragg Road, Fredericksburg, VA. **Pre-registración** es necesaria, Miércoles **Agosto 3**, 10am-1pm, Sábado **Agosto 6**, 9am-1pm. **Preguntas?** Por favor llame a Jaye Anastasio, [540-412-1622](tel:540-412-1622) o e-mail [jpanastasio41@gmail.com](mailto:jpanastasio41@gmail.com). **Para ser voluntario del evento**, por favor vayan a [signupgenius.com](http://signupgenius.com). Entre el e-mail [Schooldressingdays@gmail.com](mailto:Schooldressingdays@gmail.com) bajo "find a sign up" encontrarás la forma en la esquina, arriba lado derecho y envíe su nombre, el día y la hora de su preferencia.

## Kids Summer Feeding Programs, spread the news!

The Fredericksburg Regional Food Bank, in collaboration with the USDA and Virginia's No Kid Hungry Program, provides a Summer Food Service Program (SFSP). This program bridges the hunger gap by providing free, nutritious meals at locations like schools, community centers, parks, camps, government entities and non-profit organizations. The Fredericksburg Regional Food Bank Summer Feeding Program can be found at the following locations:

- **Caroline County:** Caroline Library, Bowling Green Branch.
- **Spotsylvania County:** Salem Church Library, as well as other Spotsylvania sites.
- **Stafford County:** The Stafford County program began July 6.
- **King George County:** King George Elementary and King George High School.
- **City of Fredericksburg:** (Restricted-Registration Required) Hugh Mercer, Lafayette Upper Elementary School, Walker Middle School and James Monroe High School as well as the Mobile Feeding Program at Heritage Park, Hazel Hill and the Downtown Library. There will also be a site located at Dixon Pool Concessions.

**For more information** please contact Latoya Brown, Fredericksburg Regional Food Bank, [labrown@fredfood.org](mailto:labrown@fredfood.org) or text "FOOD" to 877-877 for more information about site in your area.

## Summer SNAP

The summer produce season is at its peak and farmers markets are overflowing with fresh, affordable locally-grown fruits and vegetables. To connect low-income families with this delicious and nutritious bounty, **we are offering a Summer SNAP special with Virginia Fresh Match.**

Local farmers markets currently match the first \$20 in SNAP. Starting this weekend, SNAP shoppers can get a limitless market match to encourage SNAP spending on healthy produce. So if a federal nutrition benefit recipient spends \$10 with their SNAP EBT card, they get an additional \$10 FREE to purchase fruits and vegetables. If they spend \$25, they get a \$25 market match, \$40 gets \$40, and so on. We hope that SNAP shoppers will be encouraged to spend more at the market, the only place they can double their food dollars to get more fresh fruits and vegetables.

With a limitless market match, shoppers can purchase greater quantities of produce to eat, freeze, or can. Larger families can get sufficient fruits and vegetables to meet their needs. And as always, family farmers will benefit from this added income, which stays in the local economy.

As a reminder, here's how the market token program works:

- Go to the Market Token Tent
- Swipe your SNAP EBT card for the amount you choose to spend
- Double your EBT with Virginia Fresh Match

# liturgy called in love

- Receive market tokens to shop for farm fresh produce

## Virginia Fresh Match is available at these participating markets:

- Fredericksburg Hurkamp Park, Saturdays 7am–2pm
- Fredericksburg Mayfield, Thursdays. 3–6:30pm
- Spotsylvania Rt. 3 and Gordon Rd, Saturdays 8am–1:00pm
- Spotsylvania Regional Medical Center, Wednesdays. 2–6pm
- King George, Saturdays 8am–Noon

This offer is available while funds last. Please continue to distribute the new \$20 outreach material to your clients and tell them about the limitless market match. Current SNAP shoppers will get a happy surprise at market when they learn that they can match the full amount they spend. Shoppers get terrific values at the markets, where they find a welcoming and easy environment to use SNAP.

## Society of St. Vincent de Paul

The Society of St. Vincent de Paul's Thrift Shop is located in Greenwich Plaza off Lafayette Boulevard and open **Monday-Saturday, 10am-4pm, 540-898-9066**. The shop is supported by your donations of furniture, clothing and household goods. Monetary donations may be placed in the Poor Boxes near the three exits in the church.

## SCRIP gift cards

Set up an account today and continue earning rebates for HCA! Email Torie Baldwin at [scripcoordinator@holycrossweb.com](mailto:scripcoordinator@holycrossweb.com) for the school enrollment code so HCA gets credit for your purchase. **Thanks for using SCRIP gift cards!**

## Saint Mary prayer list

**Please pray for those who are sick or in need, especially:** Sandra Infante, Maria Stine, Peter & Barbara Wood, Ronald Cullen, Mary Ulmer, Victoria Sibley, Nancy Borrero, Carmen Cardinelli, Teresa McPherson, Chris Enke, Betty Ann & Bill Dateno, Harold Gardiner, Gerald Gardiner, Carla J. Gomer, Patricia Russo, Marianne Ford, Richard Sadler, Diane Beverly, Duska Green, Nancy Sokolowski, John Gabriel, John Haas, Jim Matarese, Tommy Davis, Marianne Ford, Olen Bullard, Michael Kraljevich, Dawn Miller, Ortiz family, Linda Kaila, Charles Boyer, Amy Gilkerson, Sadie Harder, Elizabeth Grant, Wayne Culbertson, Providence & Thomas Moeller, David Davenport, Brian Yednock, Gretchen Schuster, Dick Fadden, Elise Velez, Jim Canty, Maureen Flanagan, Regina Gaudreau, Jessica Gaudreau, Denise Pooler, Gerard Fitzpatrick, Jamila Alarcon, Betty & John Gil, Daniel Burke, John Druiett, Margaret Gralton, Cheryl Wood, Barbara McCoy, Leroy Spangler, Francine Ochman, Veronica Johnson, John Storm, Joshua Oltman, Gladys Bowen, Frances Schwab, Martha Clemens, Lynn Dennis, Anne Shelton, Barbara Gillette, John Gannon, Maureen Mizzles, Miles Wood, Smoot Major, Marian Wolinski, Holly Smith, Mike Harwich, Larry Dillman, Jerome Murphy, Jim Evans, Keith Kovalesky, Patrick Clarke, Cody Harrell, Janie Sherry, Michael Tallarita, Chris Szynal, Judith Cantell, Delores Renninger, Phil Kronsberg, Tamlyn Leaf, Paul Godwin, Patricia Phillips, The Valconi Family, Tim Murphy & family, Matt Dombro, Regina "Gina" Wood, Glenn Nicholls Sr., Amber Hedegty, Josephine Kreider, Patrick Eggleston, Stephen Dittmer, Theresa Aguilar, Darlene Guinn, Boyd Woodside

## **Please pray for all the men and women in our military and civilian support services overseas, especially:**

Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Sean Plunkett, Roy Selvidge, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Geoff Mann, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Nelly Garcia, Mindy Hakenson, Xavier Alas, Gary Rotsch, Anthony Howell

## **Please pray also for those who have died, especially the benefactors of Saint Mary Church.**

## Electronic Offertory

*Faith Direct* enables your family to make your parish contributions through either direct debit to your checking account or through credit cards. With *Faith Direct*, you can apply the convenience of direct debit to your parish offerings. The parish gains predictable cash flow which helps us with planning our parish needs and programs. *Faith Direct* also offers you personalized offertory cards to replace your envelopes for the collection basket. You may enroll securely online by visiting [www.faithdirect.net](http://www.faithdirect.net). Our parish code is VA635.

## Daily Mass intentions and readings

### august

#### 1 MONDAY

6:30 Ellen Breckley  
9am Kristin Schalk  
Noon +Lucy Jenkins  
Jer 28:1-17; Mt 14:13-21

#### 2 TUESDAY

6:30 +Dorothy DiViantonio  
9am Stephen Leighton  
Jer 30:1-2, 12-22; Mt 14:22-36

#### 3 WEDNESDAY

6:30 Paulino and Perla Sambat  
9am Shannon Horton and Steven Hill  
Noon Ted Barrett  
Jer 31:1-7; Mt 15:21-28

#### 4 THURSDAY

6:30 +Richard Romagnoli  
9am All Priests Living and Deceased  
Jer 31:31-34; Mt 16:13-23

#### 5 FRIDAY

6:30 +Dorothy DiViantonio  
9am +Ronald Destri  
Noon Bill Crisp  
8pm For Vocations  
Na 2:1,3, 3:1-7; Mt 16:24-28

#### 6 SATURDAY

9am +Jose Bernaola  
5pm Nanci Scharf  
7pm John and Catherine Sturtevant  
Dn 7:9-10, 13-14; Lk 9:28-36

#### 7 SUNDAY

7am +William Yonke  
8:30 For Our Parish  
10:30 +Those Who Died in July  
10:30\*+John Greer  
12:30 Glen and Lori Sturtevant  
2pm +Dorothy DiViantonio  
5pm +Ann Wayland  
7:01 David and Ella Delio  
Wis 18:6-9; Heb 11:1-2, 8-19;  
Lk 12:32-48

*Please remember that Mass intentions may be requested at the parish office for any remaining Masses of the year. If dates are no longer available for the date you desire, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.*

\* Indicates Mass at Holy Cross Academy

# operations given in love

## Weekly Offertory

July 24 Offertory \$30,293.  
Parish Building Fund (add'l) 2,216.  
Poor Box (St. Vincent de Paul) 108.

Please remember to use your Offertory Envelopes to ensure the accuracy of your end-of-year statement. The "Children's Envelope" proceeds will not be recorded on family statements.

## Children's Offertory Envelopes for August

Children's Offertory Contributions for the month of August will be donated to

the **Grace Oughton Cancer Foundation**. Originally established in 2006 to assist the family of nineteen month old Grace who courageously battled a rapidly progressing form of cancer called neuroblastoma, the Foundation has grown, in Grace's memory, and now provides resources and financial support for local families of children battling rare forms of childhood cancer, as well as grants for pediatric cancer research. The Grace Oughton Cancer Foundation thanks you in advance for your contributions in support of their efforts. For more information,

visit their website at [www.thegocf.org](http://www.thegocf.org).

## Pro-Life reflection

"Life is an opportunity, benefit from it. Life is beauty, admire it. Life is a dream, realize it. Life is a challenge, meet it. Life is a duty, complete it. Life is a game, play it. Life is a promise, fulfill it. Life is sorrow, overcome it. Life is a song, sing it. Life is a struggle, accept it. Life is a tragedy, confront it. Life is an adventure, dare it. Life is luck, make it. Life is too precious, do not destroy it. Life is life, fight for it." (Mother Teresa)

## Special Collection for the Children's Programs of the Fredericksburg Area Food Bank, August 6-7

Next weekend we will take up a special collection for the following Children's Programs of the Fredericksburg Area Food Bank:

### Food for Families School Food Pantry

The mission of the School Food Pantry program is to help alleviate child hunger for families in crisis. School-based pantries are located on the grounds of a school to provide a more readily accessible source of emergency food assistance to students and their families. As a need is identified by school staff, the pre-packed boxes containing a few days of emergency food, along

with resource materials such as a pantry reference list and SNAP information, are distributed to the families in need.

### Club Kids

This structured after-school snack program provides nutrition among at-risk children, ages 4-18 years, who qualify for free or reduced lunch and attend school at one of the schools now enrolled in the program. This mission of Club Kids is to provide nutritious snacks to at-risk children in an environment that is safe, accessible, and convenient. Over 3,000 kids are being fed monthly at sites throughout our service area. Sites are located at schools, faith-based organizations, the Boys and Girls Club, and Bragg Hill Family Life Center.

### Kids on the Go Mobile Pantry

The Kids on the Go Mobile

Pantry Program is designed to provide at-risk children who receive free or reduced lunch during the school year with a bag of nutritious, child friendly meals and snacks to take home each week during summer school when school meals are not available. Kids on the Go Mobile Pantry helps to alleviate childhood hunger by bridging the gap when a reliable source of food may not be available.

Your kindness and generosity in supporting the less fortunate in our community is greatly appreciated. For more information visit [www.fredfood.org/Programs/ForChildren](http://www.fredfood.org/Programs/ForChildren). God bless you.

*"Lord, when did we see Thee hungry and feed Thee, or thirsty and give Thee drink? ... 'Truly, I say to you, as you did it to one of the least of these my brethren, you did it to Me.'" (Matthew 25:37, 40)*

# called in love

## Facility and space requests

**Attention all parish organizations:** Your calendar for the use of parish facilities from September 2016 to August 2017 **should be submitted to Elaine in the Parish Office no later than July 31.** Please make sure you submit your request to Elaine, in writing, as soon as possible, either by regular mail, or by email to [estanislowski@stmaryfred.org](mailto:estanislowski@stmaryfred.org). In setting up your schedule, please note that evening activities cannot be scheduled before 8pm from September through May, due to Religious Education classes in the Parish Life Center and the John Paul II House. Thank you.

## First Friday August 5, All Night Adoration

**Our First Friday evening Mass on August 5, at 8pm, will be followed by All Night Adoration until 9am on Saturday, August 6.** Please sign up today to gaze upon the glory of Our Lord in the silence of Eucharistic Adoration. They saw His glory... and a voice came out of the cloud, saying "This is My Son, My Chosen; listen to Him!"...and they kept silence. (Luke 9:32, 35, 36)

*"As the Disciples on Tabor saw Jesus only, so interior souls see Our Lord alone in the Tabor of their heart. They are two friends who never grow tired of each other."* —St. John Vianney

## Subscribe to our website

**Join the other 526 parishioners** who have subscribed to [stmaryfred.org](http://stmaryfred.org). By subscribing, you will receive announcements via email. The subscription box is on the homepage, below the Mass schedule. Enter your email address and click on "subscribe."

## Welcome to SHARE at Saint Mary Parish!

**Order Deadline: August 15**  
**Food Pick-Up: August 27**

This is a food cooperative program with a community service requirement. Package Pick-up is typically the **fourth Saturday of the month at the Parish Life Center between 7:30am and 8:30am.** The following month's menu will be available at the time of pick-up. Please contact Rick Caporali for more information and details, [rcaporali@stmaryfred.org](mailto:rcaporali@stmaryfred.org).

## Shopping for August:

### Value Package

\$22 + 2 hrs community service

- Deli Roast Beef - 1.25 lbs.
- Boneless Chicken Thigh – 1.75 lb
- Ground Beef – 1 lb
- Beef Hot Dogs – 12 oz
- Beef Meatballs – 12 oz
- Turkey Sausage – 8, 1.8oz patties
- And 8-10 lbs of essential, fresh produce, including potatoes and onions

### Labor Day Grill Box (Limited Item!)

\$31 + 2 hrs community service

- 8 – 4.5 ounce Sirloin Steaks
- 2.5 lbs Boneless Chicken Breasts
- 12 – 4 oz Holton Hamburgers
- 15 oz – Beef Hot Dogs

### Salmon and Shrimp Box

\$25 + 2 hrs community service

- 3 lbs of Salmon Filet, plus
- 2 lbs of Battered Shrimp

### Summer Salad Box

\$16 + 2 hrs community service

- Spinach, Tomato, Cucumbers, Green Pepper, Bella Mushrooms, Iceberg Lettuce, and Red Onions

Menu items are always subject to change. When we must substitute, we try to give better value.



## SHARE Order Form

Value Package (\$22)

\_\_\_\_\_ x \$22. = \$ \_\_\_\_\_

Labor Day Grill Box (\$31)

\_\_\_\_\_ x \$31. = \$ \_\_\_\_\_

Salmon and Shrimp Box (\$25)

\_\_\_\_\_ x \$25. = \$ \_\_\_\_\_

Summer Salad Box (\$16)

\_\_\_\_\_ x \$16. = \$ \_\_\_\_\_

**TOTAL:** \$ \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ ST \_\_\_\_\_ zip \_\_\_\_\_

email \_\_\_\_\_

cell/phone \_\_\_\_\_

Community Service Hours:

☐ hrs Church    ☐ Host site  
☐ hrs Youth    ☐ Transport  
☐ hrs Shelter    ☐ Comm. Dinner  
☐ hrs Seniors    ☐ Vincent de Paul  
☐ hrs Micah    ☐ MW Hospital  
☐ hrs School    ☐ Parish Ministry  
☐ hrs Community Service  
☐ hrs Other    ☐ hrs Other

### PAYMENT METHODS:

**CASH, MONEY ORDER, or EBT.**

No CHECKS; Payment due when order is placed.

Money Orders should be made to: SHARE FOOD NETWORK.