

Twenty-Eighth Sunday in Ordinary Time

9 October **2016**

what's coming



IMMACULATE CONCEPTION Roman Catholic Church

HOLY CROSS ACADEMY

october

10 Monday, Weekday

Columbus Day, Parish Offices closed. 7:30pm, RCIA/RICA class, Church 8:15pm, Taize Prayer Gathering, Church.

11 Tuesday, Weekday (St. John XXIII, Pope) 10am, Saint Mary Book Club, John Paul II House. 7:30pm, Life in the Spirit Prayer Gathering, Fr. Don Rooney Community Room 7:30pm, 2018 Confirmation Team Leader Meeting, PLC Rm 204

12 Wednesday, Weekday7pm, The Gospel of Mark with Deacon Delio, Parish Office Library.
7pm, "Doors of Mercy", adult study continues, Fr. Don Rooney Community Room

13 Thursday, Weekday
9:30am, CCW Craft Group, Parish Life Center, Room 100.
7pm, Spanish Prayer Group, John Paul II House.
7pm, Nar-Anon meeting, Fr. Don Rooney Community Room

14 Friday, Weekday (Saint Callistus I, Pope, Martyr) 9am, St. Anne Sisters in Faith, John Paul II House. 7pm, Bunco, Parish Life Center.

15 Saturday, Saint Teresa of Jesus, Virgin, Doctor of the Church 9am, Talleres De Oracion, Fr. Don Rooney Community Room 7:30pm, Saint Mary Cabaret Night, Holy Cross Academy. SCRIP on sale after the 5pm Mass. Holy Cross Academy World's Finest Chocolate Sale begins this weekend

16 TWENTY-NINETH SUNDAY in ORDINARY TIME

Coffee Shop after morning Masses, Parish Life Center. (Youth Ministry)
9:30am, St. Mary "Believe" Cancer suport group, Fr Don Rooney Community Room
3:30pm, Health Mininstry Meeting, Fr. Don Rooney Community Room
SCRIP on sale after all Masses except 2pm Mass.
CYM Dinner and HS Youth Group following 5pm Mass, Parish Life Center.

- 17 Monday, Saint Ignatius of Antioch, Bishop and Martyr 7:30pm, RCIA/RICA class, Church
- **Tuesday, Saint Luke, Evangelist**10am, Council of Catholic Women, General Meeting, Fr. Don Rooney Community Room 7:30pm, 2018 Confirmation Year 1 Meeting, Church
- 19 Wednesday, Saints John de Brebeuf & Isaac Jogues, Priests & Companions, Martyrs 7pm, The Gospel of Mark with Deacon Delio, Parish Office Library.
- 20 Thursday, Weekday (Saint Paul of the Cross, Priest) 6pm, Volunteer Appreciation Dinner, Holy Cross Academy, RSVP by Monday, Oct. 17 7pm, Nar-Anon meeting, John Paul II House
- 21 Friday, Weekday (Saint Paul of the Cross, Priest)
- 22 Saturday, Weekday (Saint John Paul II, Pope; BVM)
 9am, Talleres De Oracion, Fr. Don Rooney Community Room
 10am, CPR/AED Training, registration and fee required, Parish Life Center
 Holy Cross Academy World's Finest Chocolate Sale continues this weekend
- 23 THIRTIETH SUNDAY in ORDINARY TIME Coffee Shop after morning Masses, Parish Life Center. (American Heritage Girls) CYM Diocesan Youth Rally, arrive at Eagle Village parking lot (Giant, Route 1) 10am for 10:30am departure SCRIP on sale after all Masses except 2pm Mass.

express announcements

nota bene (note well, please):

- Please return your Commitment Card! You are welcome to mail it in, bring it by the office, or drop it in the basket in the rear of the church. Everyone is asked to prayerfully make a commitment to living your faith by getting involved in the parish!
- The Saint Mary Choir's Cabaret Night fundraiser, featuring lively music and silent auction is Saturday, October 15 at 7:30pm at Holy Cross Academy. Tickets are \$50. Buy tickets after Mass, at the parish office or by calling Joyce O'Toole at 540-371-2365.
- Saint Mary Volunteer Appreciation Dinner is 6pm, Thursday, October 20, Please RSVP no later than Monday, October 17. See invitation on page 8-9.
- Parish directories have arrived! Please stop by the parish office after 2pm Monday-Friday to pick up your copy. The 2016 Parish Directories are available to those individuals and families who participated in the program.
- Please join us for our monthly Taizé Prayer Service this Monday, October 10 at 8:15pm. Now in our 9th year, we have met each month to pray for Christian unity in our community and in the world. All Christians are warmly invited; invite your friends!
- Nar-Anon Support group is now meeting on Thursdays at St. Mary at 7pm. Help is offered by sharing experiences, strengths and hopes; please continue to pray for those individuals and families, directly or indirectly, affected by addictions.
- We are pleased to announce that the **Noon** Mass will become included in our weekly Mass schedule effective October 3, 2016.

contact us www.stmaryfred.org

1009 Stafford Ave., Fredericksburg, VA 22401

SUNDAY MASS

Saturday Vigil 5 & 7pm Sunday 7, 8:30, 10:30am, 12:30, 2pm (Spanish), 5pm, 7:01pm 10:30am at Holy Cross Academy

Mon.-Fri.: 6:30 & 9am; Sat., 9am DAILY MASS

First Friday 8pm

Holy Days of Obligation, as announced

Adoration & Benediction, Wed., 7-9pm **DEVOTIONS** Novena with Exposition, Mon., 7-7:30pm

All Night Adoration, First Friday

Miraculous Medal Novena, Mon., after 9am Mass

Divine Mercy, Wed., 3pm

CONFESSION Wed., 7-9pm; Sat., 8am & 3:30pm, or by appt.

540-373-6491, fax 371-0251 PARISH Office stmary@stmaryfred.org

Mon.-Fri., 8:30ám - 4:30pm; students staff office weekdays until 9pm,

Saturdays 9-5pm, Sundays 9:30-1:30pm

Pastor, Fr. John Mosimann Fr. Keith Cummings Fr. Stephen Holmes Fr. Colin Davis Deacon Alberto Bernaola Deacon Dick Delio

Executive Assistant, Rick Caporali Business Manager, Elaine Stanislawski Director of Sacred Music, David Mathers

Secretary, Mary Fitch

HOLY CROSS 540-286-1600 ACADEMY 250 Stafford L

250 Stafford Lakes Parkway

Fredericksburg, Virginia 22406-7234 Principal, Sr. Susan Louise Eder, O.S.F.S.

ST. MARY 373-7553 PRESCHOOL Director, Nanci Scharf

373-6491

RELIGIOUS EDUCATION OFFICE Director, Aristides Lucas

Associate Director, Karen Sturtevant

YOUTH MINISTRY 373-6491

Director, Leo Chavarria

HEALTH MINISTRY 845-3031

Lois Sullivan, RN, FCN

BAPTISMS Parish registration (90 days) and class required.

Please contact the parish office to schedule the date at least four weeks in advance.

MARRIAGE Parish registration required; contact parish

six months in advance to begin preparation.

JOIN US New Family Registration meetings held in the church on fourth Sundays, following the 10:30

Mass. Please notify us of any contact changes.

Articles must be submitted two weeks prior to publication. Send articles to bulletin@stmaryfred.org. Thanks!

this week's bulletin:

from the pastor

education

parish life

liturgy

operations

13 outreach

from the pastor



Dear Folks,

This week we are going to change the parish prayer song, as happens from time to time. Because I know my gift is not the composition of music, I have directed that the



prayer be to changed the Salve Regina. This is IMMACULATE a prayer that most of you know by heart as the CONCEPTION "Hail Holy Queen...." We will sing in Latin the Roman Catholic Church plainchant version that is very easy to learn. I am grateful for the tradition of a sung prayer in our HOLY CROSS ACADEMY parish family, and learning the Salve Regina will connect this prayer and our parish family to the entire Church. Our Hymnal says that the Salve Regina dates to 1080 AD.

> It will still be sung at the same point in the Mass, as the sacred vessels are being purified and after the communion hymn(s). Given that our parish is under the patronage of the Immaculate Conception, I am delighted to include this prayerful nod to Our Lady. There is a tradition of Marian Antiphons that are connected with the Liturgy of the Hours, and they change to correspond with the liturgical season. Eventually, we will rotate the chants according to the season, but will start with the Salve Regina because it is used during most of the year, is the prayer most familiar to you, and may be the easiest to learn.

> If the Latin chant is not your 'cup of tea' then do not be afraid to participate by continuing your post communion thanksgiving and prayers with with chant being pleasant earwash. It will take us a little time to learn the chant, as is the case for anytime that we must learn something both new (and in this case old).

> And next week I will share with you the experience of one mother's encountering the universality of this chant.

Fr. Mosimann

Mount



What is FORMED?

FORMED.org is an online platform featuring the best Catholic video programs, movies, audio talks and eBooks. Catechism and personal faith formation is now easily available to every parishioner. Some titles include:

Symbolon | Bishop Barron's "Catholicism" series "Reborn" (on Baptism) "Beloved" (for Marriage Prep or Marriage Enrichment) Bible Studies such as "Lectio: Eucharist" and Scott Hahn's "The Bible and the Virgin Mary" | Full-length Catholic movies and books, including the ability to download them to Kindle or Nook | Lighthouse Catholic Media Recorded talks and many MORE!

> This resource is **FREE** to ALL PARISHIONERS

To start using FORMED:

1.Go to www.formed.org

2.Enter Parish Code - F6F228

3. Complete your profile to receive ID and Password.

4.Log In and begin enjoying content!

education

holy cross academy

It's All About the Children

Students around Holy Cross enjoy exploring new ideas and ways of thinking. Our 5th grade musicians are learning all about notes and how to read and write them. If we could see into the future, would we be able to spy on some budding composers and performers? At Holy Cross Academy, we are delighted by the gifts of all our children.

Sixth grade Science classes are studying the environmental effects of human activity. They are studying how our actions cause pollution and more importantly how we can take care of our beautiful earth and the many wonders that God has created. How can we neglect to take care of the magnificent gifts our Creator has given us.

We hope that you will sign up for GIANT Bonus Bucks. This program requires us to sign up every

year. Go to www.giantfood.com/aplus and enter our school code 02320. This past year, our PTO received \$3,043.69 from Giant Bonus Bucks to support our many programs for the benefit of our children. It just takes a minute to sign up. Every time you use your Giant member number, our children benefit.

We invite you to visit our school website, www.holycrossweb.com. If you would like to see what we can do for your child, please call our HCA office at 540-286-1600 or St. Mary Preschool at 540-373-7553 to arrange for a tour or to let us tell you all about Holy Cross Academy, our parish school.





A National Blue Ribbon School of Excellence, 2012



Holy Cross Academy's Alumni/Parent Flag-Football Game & Chili Cook-Off

Saturday, Nov. 5th 12-4pm at Holy Cross Academy. Come out and enjoy the fall weather, meet up with your old HCA friends and play in the flag-football tournament! All the exciting details are on the HCA website www. holycrossweb.com! Don't Miss This FANTASTIC Event! Register Today! This event supports the HCA Expansion Fund - all donations welcome!



education

religious education

This year's "2016 St. Mary Parish Renewal Handbook Ministry Catalog and Annual Report" on page 47 shows that there are 2, 378 children between the ages of 5-13 in our parish but only 1,360 of these children get Religious Education. This means that 1,018 children do not attend Religious Education classes

The parish provides Religious Education and sacramental programs to support and guide parents in their task as the prime religious educators of their children. It is important that children get Liturgical education, moral formation, learn their prayers and how to live in the Catholic community and be evangelizers.

Enrollment as of Sept. 28, 2016

Grades K-8 "Christ Our Life"	RCIC - Students Prep First Communion	aring for Sacraments Confirmation
K - 14	Grades 3-5 (year 1)	Grades 9-11 (year 1)
1 - 105	21	20
2 - 129	Grades 4-6 (year 2)	Grades 10-12 (year 2)
3 - 65	20	18
4 - 71	Grades 6-8 (year 1)	
5 - 89	19	Total: 119
6 - 83	Grades 7-9 (year 2)	87
7 - 135	6	Catechists, Assistants &
8 - 114	Grades 9-11 (year 1)	Substitutes
	5	6 Prayer Aides
Total: 805	Grades 10-12 (year 2)	6
	6	Office Volunteers

youth ministry









#GetInvolvedBeTransformed



Confirmation 2018

A friendly reminder to all parents of first year Confirmation candidates that we will be having our first meeting on **Tuesday, October 18 at 7:30pm** in the Church. We will discuss the entire Confirmation process so that you are aware of all that your child has to do. I cannot stress enough how important it is for you and your child to be at this meeting!

Confirmation 2017

We are meeting with our second year Confirmation candidates on **Tuesday**, **October 25 at 7:30pm** in the Church. We will be discussing year 2 of Confirmation formation. Any missing forms that have not been submitted should be turned in that night. One parent and the candidate must attend.

Still need Confirmation Team Leaders for 2018

As part of our Confirmation formation, each candidate is placed in a team of 10 youth broken up according to the neighborhoods that they live in. Each team requires at least one, background checked and virtus certified adult to guide our youth in corporal and spiritual works of mercy. If interested contact Leo in the Youth Ministry Office.



Diocesan High School Rally: October 23

Join us for the Diocesan High School Rally on **Sunday, October 23 from 10am-9pm**. This event is a celebration of our faith and love of the Lord. We will gather for over eight hours of live music, games, inspirational speakers, and Sunday Mass with Bishop Loverde.

Cost is \$35 and a permission slip is required. **RSVP by no later than Wednesday, October 12.**

We are changing our arrival and departure location this year to the Eagle Village Parking lot, off of Route 1, in front of Giant Food. Please plan to arrive by 10am, for a 10:30am departure. The bus will be located behind Sweet Frog. We plan to return to the same location by 9:30pm.





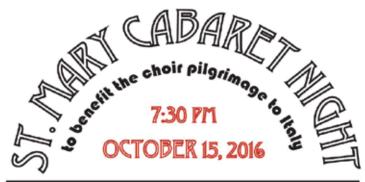
Saint Mary Choir Pilgrimage News

Carrying your Prayers—In January, the Saint Mary Adult Choir is making a Pilgrimage to Rome to sing for Mass at St. Peter's Basilica and other historic churches in Italy and attend an audience with the Holy Father. The Choir will be asking for your prayer intentions so they can carry them on their pilgrimage and pray for them daily.

Support—Because the Choir is a ministry of Saint Mary Parish, and one that relies for its effectiveness on the largest possible participation, it is important for this undertaking to encompass as much of the Choir as is reasonably possible. The Saint Mary Choir is engaged in a number of fundraising activities, including Saint Mary Cabaret Night & Silent/Live Auction on October 15, a choir concert on November 18, and the creation of a CD recording (just in time for Christmas!)

Join the Choir

All the Saint Mary Choir's continue to seek new members for the fall. Children beginning in 2nd grade on up through our teen and adult choirs. Find out more on our website at stmaryfred.org/ministries-liturgy/ and scroll down to Music Ministry.



HOLY CROSS ACADEMY 250 STAFFORD LAKES PARKWAY

Entertainment

musical entertainment from theater and songbook plus comedy. Jancing and other light entertainments!

Silent and Live Auction

- Golfing with Fr. Mosimann and Regis Keddie at Fawn Lake
- Christmas week and New Year's Eve at Massanutten Resort
- Private cooking class for ten at The Kitchen at Whittingham
- 2 hours of gardening or cleanup from Sheridan Landscaping
- Catered dinner for four at Rectory with our parish priests
- Guided nature walk and picnic with expert Virginia guides
- Christmas caroling by the St. Mary Choir at your event
- Festive boating and picnic on Accokeek Creek
- Traditional New Orleans dinner for eight
- Hand-painted family portrait by local artist

Hors d'oeuvres and cash bar

Tickets: \$50 per person

Buy tickets after Mass, at the St. Mary Parish Office, or by calling Joyce O'Toole at 540-371-2365 or Carol Sullivan at 540-898-0178. Make checks to St. Mary Church. For more info on the event, contact David Mathers at dmathers@stmaryfred.org, 540-373-6491.

parish life

Cancer Support Group

Our Believe Group continues to grow and provide spiritual support for those facing a cancer diagnosis and their loved ones. The confidential sharing of scripture, personal thoughts, and experiences generates an



uplifting time for those involved. Please, if this is a situation present in your life, join us on October 16, 2016 from **9:30-11am** in the Fr. Don Rooney Community

Room. Sharing can be a strong part of healing, but just as important is presence. Your presence as part of the body of Christ can provide strength to

Questions? Call **540-845-3031** and join us for this spiritual journey as we reflect, share and pray together.

Calling all Crafters and Bakers

Donations for the Annual Craft Bazaar (October 29-30) can be taken to Room 100 in the Parish Life Center (next to the kitchen) any Thursday morning or to the church office with Wanda Cushing's name on it. Our fabulous bake sale is also part of the Craft Bazaar as is our plant **sale.** If possible, all bake-sale items should be in by Friday afternoon, October 28. CCW Bake Sale should be noted on things left in the kitchen. Please bring any donated plants Friday afternoon as well. All money raised is used for CCW annual charitable donations. **Questions**: Contact Wanda at 373-9184 or wcushing@verizon.net.

Essay Contest

KoC Council #4034 is sponsoring an essay contest. All Catholic students, in grades 8-12, are invited to participate

in the 2016 Knights of Columbus Catholic Citizenship Essay Contest. Students are encouraged to type a 500-750 word essay on the theme of "The Importance of Religious Freedom." All contestants on the local level are recognized for their participation in the contest and prizes will be provided to the top 3 in each grade level. Essays must be completed by October 31. Participants are required to furnish written parental consent. **Contact** youthdirector@kofc4034. org for entry form and more information.

Pilgrimage to Cathedral of the Sacred Heart

The CCW is sponsoring a St. Mary pilgrimage to the Cathedral of the Sacred Heart in Richmond to enter through the Door of Mercy. This will take place on Saturday, November **5, 2016**. After the tour and either a Mass or a lecture about

Dear Saint Mary and Holy Cross Volunteers,

You are cordially invited, all who have volunteered at

Saint Mary or Holy Cross during the past year, to come to our ninth annual

Volunteer Appreciation Dinner

Dinner and dancing, Thursday, the 20th of October 6pm at Holy Cross Academy

Please RSVP no later than Monday, 17 October





parish life

happeninghere

the cathedral's history, we will proceed to the Lewis Ginter Gardens for a short tour and lunch. **The cost will be \$30** which will include the bus trip, driver tip and entrance to Ginter Gardens. Lunch is available there, which is on your own, the cost ranges between \$5 and \$10. **Registration will be taken at the church office.** For more information call Carleen Delio at **540-412-9608**.

Election 2016: Forming your conscience

With the Presidential election a few months away, Bishop Loverde is writing a series of articles that will guide us in making decisions based on our core values as Catholics. The series is called *Forming Our Consciences*. Look for the third article in this weeks' Arlington Catholic Herald, or online at catholicherald.com.

Stewardship reflections

"Has none but this foreigner returned to give thanks to God?" —Luke 17:18

Most of us live "easy" lives. We have food, shelter and clothing. We go on vacation every year and own a car or two. Most of us take this all for granted. Did you ever notice that people with the least amount of possessions are usually the most grateful? Shouldn't this be the other way around? Take time every day and thank God for all He has given you.

Society of St. Vincent de Paul

The Society of St. Vincent de Paul's Thrift Shop is located in Greenwich Plaza off Lafayette Boulevard and open **Monday-Saturday**, **10am-4pm**, **540-898-9066**. The shop is supported by your donations of furniture, clothing and household goods.

Monetary donations may be placed in the Poor Boxes near the three exits in the church.

Thanks you for your generosity!

Thanks to all of your donations and support this year, the Annual Knights of Columbus Yard Sale Fundraiser was a great success! With your help the Knights can continue to participate in the many charitable programs we support this Holiday season. Thank you and God Bless.





his is our way of saying "Thank you for all that you do!" There is no cost for the meal and dress is casual. Seating is limited, adults only, please.

To make your reservation, please RSVP to the parish office, 540-373-6491 or to Rick Caporali at rcaporali@ stmaryfred.org by Monday, October 17.

parish life

happening there



Marriage Enrichment Evening

Married and engaged couples of all ages welcome to attend *Love* For a Lifetime: Keys to Building a Joyful, Lasting Marriage. Featuring popular speakers, **David and Margaret Bereit,** who have helped hundreds of couples prepare for marriage, conducted relationship classes, and led numerous marriage enrichment programs. Friday, November 11, from from 7-9pm at St. Anges Parish Hall, Arlington, VA. Desserts and drinks provided. \$15 per couple. Register at loveforever. eventbrite.com. Questions: contact Nancy McKeague at the Office for Family Life, 703-841-3807.

St. Jude Pilgrimage

Would you be interested in a pilgrimage to the Basilica of the National Shrine of the Immaculate Conception? Would you like a chance to step through the Holy Door in this Year of Mercy? St. Jude parish is planning a pilgrimage on Monday, October 10. The bus will leave the St. Jude parking lot at 8am, returning in the late afternoon. If you would like to go, please call the parish office at 891-7350 or email receptionist@ **stjudechurch.us**. Cost of the trip is \$20—transportation only, lunch is not included. Payment reserves your space.

Bishop O'Connell High School Open House

Bishop O'Connell High School is hosting an Open House on Sunday, October 16, from 1-4 **pm** where families are invited to learn more about the Catholic high school experience. Visit renovated science labs, learn more about the curriculum, meet teachers, administrators and coaches, and chat with current students. No RSVP necessary. Presentation begins at 1 pm in the auditorium. For more information, visit www. bishopoconnell.org or call 703-237-1433. Bishop O'Connell High School is located at 6600 Little Falls Road in Arlington.

Cursillo weekend retreat

Are you hungering for a closer walk with Jesus? Consider a Cursillo, a 3-day weekend centered around a life closer to Jesus. To find out more, contact Doug or Tammie Chute at 540-785-0570, tammiechute@hotmail.com. Upcoming Men's Cursillo weekend is October 13-16, 2016.

Saint Michael Open House Night

St. Michael the Archangel High School is hosting an Open House on Sunday, Oct. 30, from 1-4 pm. Students and their parents are invited to meet our faculty, tour our campus, and learn about our wide variety of academic courses, electives, athletic programs, and extracurricular activities. SMHS is an accredited, independent, coeducational high school centered in Catholic values. To learn more visit www. saintmichaelhs.org, or call the school office at 540.548.8748.

Birthright International Celebrating 40 Years of Loving them Both

In 1976, a few good souls knew that to combat the "choice of abortion," another choice needed to be made available to women in our community facing an unplanned pregnancy. Led by many St Mary parishioners, they simply asked, "How can we help you have your baby?" And so began the quiet, purposeful presence of Birthright of Fredericksburg! Forty years later, Birthright continues to provide needed services to women seeking our assistance and so by serving mothers, we serve their unborn babies. As a result, many women considering abortion choose life. We hope you will join us for our 40th anniversary celebration Oct. 22, from 6-10pm, 11031 Tidewater **Trail.** Find more info at: birthrightfredericksburg.com, email at birthrightfred@gmail. com or call (540) 898-8558

Grow for Your Neighbor /Spotsylvania Farmers Market

Since we began hosting a drop off location at the Spotsylvania Farmer's Market on Route 3 West in June, volunteers have collected 8,189 pounds of fresh produce - equivalent to 6,800 meals this growing season.

Many thanks to the teams of volunteers at St. Mary, in collaboration with the the Frederidericksburg Regional Food Bank, for the generous gift of thier time. and making the program a success.

liturgy

happening here

October Book Club

Laudato Si' (On Care for Our Common Home), the 2015 encyclical letter of Pope Francis, is the parish book club's choice for its **October 11 meeting at 10am** in the St. John Paul II House. Newcomers are always welcome! Contact Kathleen Mahoney at 540-371-2073 or bmah761569@aol.com for more information.

AED/CPR Training Session

St. Mary's Health Ministry is organizing a CPR/AED training session here in the Parish Life Center on Saturday, Oct. 22nd from 10am to 2pm.

Parishioners who are ushers and are encouraged to sign-up and participate. The class signup is limited and those involved in the usher ministry will be the first priority.

The cost to the general parishioner will be \$10.00 and a certificate of completion will be issued by (American Safety and Health Institute) ASHI. The cut-off date for signing up is October 15th.

Please call Lois Sullivan at 540-845-3031 and leave a message and your call will be returned. Please note that you will not be considered as "signed-up" until you receive a return confirmation call/message.

Subscribe to our website

Join the other 526 parishioners who have subscribed to stmaryfred.org. By subscribing, you will receive announcements via email. The subscription box is on the homepage, below the Mass schedule. Enter your email address and click on "subscribe."

Saint Mary prayer list

Please pray for those who are sick or in need, especially: Linda Kaila, Charles Boyer, Amy Gilkerson, Sadie Harder, Elizabeth Grant, Wayne Culbertson, Providence & Thomas Moeller, David Davenport, Brian Yednock, Gretchen Schuster, Dick Fadden, Elise Velez, Jim Canty, Regina Gaudreau, Jessica Gaudreau, Denise Pooler, Gerard Fitzpatrick, Jamila Alarcon, Betty & John Gil, Daniel Burke, John Druiett, Margaret Gralton, Cheryl Wood, Barbara McCoy, Leroy Spangler, Francine Ochman, Veronica Johnson, John Storm, Joshua Oltman, Gladys Bowen, Frances Schwab, Martha Clemens, Lynn Dennis, Anne Shelton, Barbara Gillette, John Gannon, Maureen Mizzles, Miles Wood, Smoot Major, Marian Wolinski, Holly Smith, Mike Harwich, Larry Dillman, Jerome Murphy, Jim Evans, Keith Kovalesky, Patrick Clarke, Cody Harrell, Janie Sherry, Michael Tallarita, Chris Szynal, Judith Cantell, Delores Renninger, Phil Kronsberg, Tamlyn Leaf, Paul Godwin, Patricia Phillips, The Valconi Family, Tim Murphy & family, Matt Dombro, Regina "Gina" Wood, Amber Hedegty, Josephine Kreider, Theresa Aguilar, Darlene Guinn, Boyd Woodside, Lillian Held, Karen Danis, Duska Green, Mary Jean and Don Williams, O'Neta Shorter, Alice Rowles, Melvyn Schreckinger, Mary Ulmer, Mary Branham, Jessica Dowling, Kelly Keiser, Lauren McKeever, Janese Morris, Mary Keaton, Montgomery Wood, Ron Tarrell, Harold Gardiner, Gerald Gardiner, Betty Ann & Bill Dateno, Jennifer Smith, Patricia Von Nieda, Corrine Gardine, David Arnold, Matt, Elsie and Riley Seidlinger, Jeanette Ann Williams, Maureen Flanagan, Fannie Manning, April Gray, Tim Conway, Andy Costa, Ellen Cupka, Cheryl Kellett

Please pray for all the men and women in our military and civilian support services overseas, especially: Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Sean Plunkett, Roy Selvidge, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Geoff Mann, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Nelly Garcia, Mindy Hakenson, Xavier Alas, Gary Rotsch, Anthony Howell, John Anthenor

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

Electronic Offertory

Faith Direct enables your family to make your parish contributions through either direct debit to your checking account or through credit cards. With Faith Direct, you can apply the convenience of direct debit to your parish offerings. The parish gains predictable cash flow which helps us with planning our parish needs and programs. Faith Direct also offers you personalized offertory cards to replace your envelopes for the collection basket. You may enroll securely online by visiting www.faithdirect.net. Our parish code is VA635.

Daily Mass intentions and readings

october

10 MONDAY

6:30am +Jaquelin Sheffield 9:00am +John Elwell Gal 4:22-31, 5:1, Lk 11:29-32

11 TUESDAY

6:30am +Michael Sivigny 9:00am +Glenn Derouin Gal 5:1-6, Lk 11:37-41

12 WEDNESDAY

6:30am Jeffrey Banks 9:00am +Trung Trinh/+Ngat Vu Pham Gal 5:18-25, Lk 11:42-46

13 THURSDAY

6:30am +Anna Castagna 9:00am Wayne Rowland Eph 1:1-10, Lk 11:47-54

14 FRIDAY

6:30am +Margie Wikoff-McCabe 8:15am* Makayla Sullivan 9:00am +Margaret Mary Storck Eph 1:11-14, Lk 12:1-7

15 SATURDAY

9:00am All Discalced Carmelites 5:00pm Glen Sturtevant Sr. 7:00pm The Shurick Family Eph 1:15-23, Lk 12:8-12

16 SUNDAY

7:00am +Mark McKeown 8:30am For Our Parish 10:30am +Lucy Jenkins 10:30am* Maddison McCarty 12:30pm +Lucy Jenkins 2:00pm +Josefina Rodriguez 5:00pm Robert & Rocio Atkinson 7:01pm Kate Hergarty Ex 17:8-13, Tm 3:14-4:2, Lk 18:1-8

Please remember that Mass intentions may be requested at the parish office for any remaining Masses of the year. If dates are no longer available for the date you desire, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.

* Indicates Mass at Holy Cross Academy

operations

given in love

Weekly Offertory

October 2 Offertory \$35,535. Parish Building Fund 3,715. Porto Charities (add'l) 2,012. Poor Box-St. Vincent de Paul 50.

Second collection next week is for our parish building fund.

Please remember to use your Offertory Envelopes to ensure the accuracy of your end-of-year statement. The "Children's Envelope" proceeds will not be recorded on family statements.

Children's Offertory Envelopes for October

The children's charity in October is Safe Harbor Child Advocacy Center in Spotsylvania. This organization strives to strengthen the coordinated community response to situations of child maltreatment, including sexual abuse, severe physical abuse, severe neglect and fatalities, by integrating the existing resources of law enforcement, child protection, prosecution, medical and therapeutic agencies so that perpetrators are held accountable for their actions and children are not further traumatized by the investigative process.

Pro Life Reflection

"When God created each of us, He did so with precision and purpose, and He looks on each of us with love that cannot be outdone in intensity or tenderness." (USCCB Secretariat of Pro-Life Activities) We pray for couples who are experiencing difficulty in conceiving a child that the Holy Spirit may fill them with trust in God's loving plan.

A Prayer to Our Lady of Guadalupe

Virgin of Guadalupe, Patroness of unborn children, we implore your intercession for every child at risk of abortion. Help expectant parents to welcome from God the priceless gift of their child's life. Console parents who have lost that gift through abortion, and lead them to forgiveness and healing through the Divine Mercy of your Son. Teach us to cherish and to care for family and friends until God calls them home. Help us never to see others as burdens. Guide our public officials to defend each and every human life through just laws. Inspire us all to bring our faith into public life, to speak for those who have no voice. We ask this in the name of your Son, Jesus Christ, who is Love and Mercy itself. Amen.

October—The Month Of The Holy Rosary

By Apostolic Brief at the Eucharistic Congress of Bologna, in September 1927, a Plenary Indulgence is granted to all the faithful who recite the Holy Rosary in the presence of the Blessed Sacrament, either exposed for veneration or reserved in the Tabernacle.

All Souls Novena

The Holy Sacrifice of the Mass is the best way to remember your deceased loved ones. Our All Souls Novena will begin on Wednesday, November 2, All Souls Day. An intention envelope is included with your bimonthly envelope packet; additional envelopes are available in the Parish Office and in the vestibule of the Church. There is no collection on All Souls Day. Envelopes should be turned in early and will be placed near the altar during the Novena.

Paper Towel Drive

The Thurman Brisben Center is a full service residential emergency homeless shelter located in Fredericksburg, Virginia. It services the City of Fredericksburg and the counties of Caroline, King George, Spotsylvania and Stafford. The shelter relies heavily on the generosity of the community and at this time The Thurman Brisben Center is in need of paper towels. There will be collection boxes for paper towels located in St. Mary's Parish Life Center and at **Holy Cross Academy**. If you can find it in your budget and your heart, please leave donated paper towels in the collection boxes during October 10th-19th.

Gain a 65% tax credit

...and Give a Student the Gift of a Catholic School Education!
A new Virginia Education

Improvement Scholarships Tax Credit Program will award a 65% tax credit on top of current state and federal tax deductions for donations made to the **Diocese of Arlington Scholarship Foundation**, which will, in turn, provide scholarships for new students wishing to attend our diocesan Catholic Schools. Please call **703-841-2764** or visit www.arlingtondiocese.org/catholicschools/Scholarship_Foundation.aspx for more information.

SCRIP gift cards

Set up an account today and continue earning rebates for HCA! Email Torie Baldwin at scripcoordinator@holycrossweb.com for the school enrollment code so HCA gets credit for your purchase. Thanks for using SCRIP gift cards!

outreach

Spirit Rock needed

Holy Cross Academy is looking for the donation of a very large rock-essentially a boulder-to be used at the HCA "Spirit Rock." Similar to the way the local public schools have painted rocks on their campuses, the Student Strength Society will be hosting several athletic contests throughout the school year for the students to win the right to paint the Spirit Rock as a class and share their school/class pride. Questions? Contact Jaime Cammack, jvbcammack@gmail.

Citrus Fruit Sale

Funds from the Knights

of Columbus' Citrus Fruit

Sale supports the Religious **Education Assistance Program** (REAP), a scholarship program providing financial grants to children attending local Catholic schools. The fruit comes from Florida citrus groves and is shipped soon after it's picked so you can be assured of freshness. Orders will be taken after all Masses October 9-November 20 and pickup will be the weekend of December 10-11 at the Scott Insurance & Financial Services Building located at 2115 Lafayette Boulevard. Questions? 540-840-5230.



Welcome to SHARE at Saint Mary Parish!

Order Deadline: October 10 Food Pick-Up: October 22

This is a food cooperative program with a community service requirement. Package Pick-up is typically the fourth Saturday of the month at the Parish Life Center between 8am and 9am. The following month's menu will be available at the time of pick-up.

Please contact Rick Caporali for more information and details, rcaporali@stmaryfred.org.

Shopping for October:

Value Package

\$22 + 2 hrs community service

- Chicken Thighs and Drums—3
- Ham Steak, Bone-In-1.75 lbs.
- Chicken Breasts, IQF-1 lb.
- Tilapia Filets, IQF−1 lb.
- 8-12 lbs. of fresh beautiful produce, including potatoes and onions

Seafood Special

\$30 + 2 hrs community service

- 1.5 lbs. each of Swai, Salmon, Tilapia Pollack
- Plus 1 lb. of Little Salad Shrimp

Fall Produce Box

\$17 + 2 hrs community service

4 local apples, 1 hand bananas, 4 yams, 1 eggplant, 4 bartlett pears, 1 butternut squash

Shrimp & Black Bean Empanadas

\$11 + 2 hrs community service

40 1-oz. snacks

Menu items are always subject to change. When we must substitute, we try to give better value.



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Value Package (\$22) x \$22. =	\$		
Seafood Special (\$30) x \$30. =	\$		
Fall Produce Box (\$17) x \$17. =	\$		
Empanadas (\$11) x \$11. =	\$		
TOTAL:	\$		
Name			
Address			
City ST	zip		
email			
cell/phone			
Community Service Hours: hrs Church Host sitehrs Youth Transporthrs Shelter Comm. Dinnerhrs Seniors Vincent de Paulhrs Micah MW Hospitalhrs School Parish Ministryhrs Community Servicehrs Other hrs Other			
PAYMENT METHODS: CASH, MONEY ORDER, or EBT.			

No CHECKS; Payment due when

Money Orders should be made to: SHARE FOOD NETWORK.

order is placed.