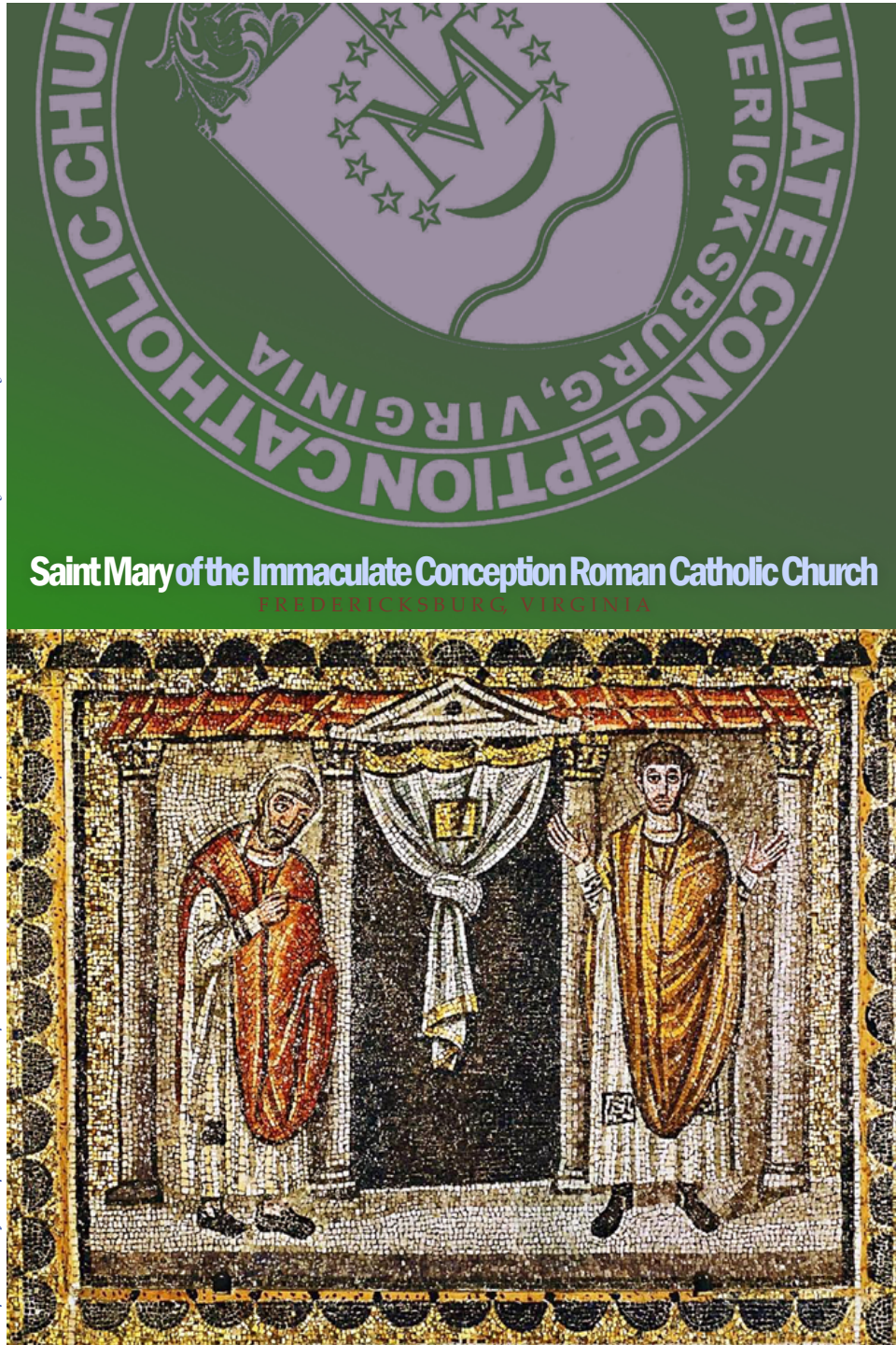


The parable of the pharisee and the publican, Basilica di Sant Apollinare Nuovo, Ravenna, Italy, 6th century



**Thirtieth
Sunday in
Ordinary Time**

**23 October
2016**

what's coming



**SAINT
MARY**
of the
IMMACULATE
CONCEPTION
Roman Catholic Church

HOLY CROSS ACADEMY

october

23 THIRTIETH SUNDAY in ORDINARY TIME

Coffee Shop after morning Masses, Parish Life Center. (**American Heritage Girls**)
CYM Diocesan Youth Rally, arrive at Eagle Village parking lot (Giant, Route 1) 10am for 10:30am departure
SCRIP on sale after all Masses except 2pm Mass

24 Monday, Weekday (Saint Anthony Mary Claret, Bishop)

7:30pm, RCIA/RCIA Class, Church

25 Tuesday, Weekday

12pm, Senior Luncheon/Bingo, Parish Life Center
7:30pm, 2017 Confirmation Year 2 Meeting, Church

26 Wednesday, Weekday

7pm, The Gospel of Mark with Deacon Delio, Parish Office Library

27 Thursday, Weekday

7pm, Nar-Anon meeting, John Paul II House
7:15pm Walking with Purpose, Parish Life Center, Rms 100 & 204
7:15pm Walking with Purpose, Parish Life Center, Rm 203 (*En Espanol*)
7pm, Spanish Prayer Group, John Paul II House (upstairs)

28 Friday, Weekday (Saints Simon and Jude, Apostles)

9am, St. Anne Sisters in Faith, John Paul II House

29 Saturday, Weekday

9am, Talleres De Oracion, Parish Life Center
SCRIP on sale after all masses except 7pm Saturday and 2pm Sunday

30 THIRTY-FIRST SUNDAY in ORDINARY TIME

Coffee Shop after morning Masses, Parish Life Center. (**Council of Catholic Women**)
6pm, CYM Dinner and HS Youth Group, Parish Life Center

31 Monday, Weekday

No Novena/Benediction due to Vigil for All Saints
6pm, 7:30pm, Vigil Mass for All Saints Day (Holy Day of Obligation), Church
7:30pm, RCIA/RCIA Class, Church

november

1 Tuesday, All Saints Day, Holy Day of Obligation

Masses at 6:30am, 9am, Noon, 6pm, 7:30pm, Church
No Religious Education Classes

2 Wednesday, All Souls Day

Masses at 6:30am, 9am, Noon, 6pm, Church
6:30pm, YouCat, John Paul II House
7pm, The Gospel of Mark with Deacon Delio, Parish Office Library

3 Thursday, Weekday (Saint Martin de Porres, Religious)

7pm, NarAnon Meeting, Courtyard Meeting Room
No Walking with Purpose Classes this week

nota bene (*note well, please*):

- ✂ **Bakers and Crafters** please deliver your donations for the craft sale by Thursday, October 27 at the latest and your baked goods by Friday morning the 28th or very early on Saturday the 29th the first day of the Annual Craft Bazaar. Thank you!
- ✂ **Parish directories have arrived!** Please stop by the parish office **after 2pm Monday-Friday** to pick up your copy. The 2016 Parish Directories are available to those individuals and families who participated in the program.
- ✂ This year our **Teaching Masses** will be held on **Wed, Nov. 9 at 5pm** and on **Thur, Nov. 10 at 6:30pm**. *All Religious Education students are expected to attend one of these Masses.*
- ✂ **Divorced Catholics Seminar** will be held Saturday, October 29.
- ✂ **The Health Ministry** is working with Walgreen's Pharmacy Department to provide flu shots for St. Mary Parish families. They will be here on **November 6 in Room 100 of the Parish Life Center** to provide the flu vaccine to adults, including the high dose for those over 65 and children 7 years and older.
- ✂ Come on out to the **Parish Life Center on Tues. Oct. 25 at noon** and join us for the **Senior Luncheon and Bingo**. We've had so much fun at the last bingos, so come on out and see what you've been missing. There will be prizes too! Best of all, IT'S FREE. **Questions? Call Maria D'Amico 540-785-3580**

1009 Stafford Ave., Fredericksburg, VA 22401

SUNDAY MASS	Saturday Vigil 5 & 7pm Sunday 7, 8:30, 10:30am, 12:30, 2pm (Spanish), 5pm, 7:01pm 10:30am at Holy Cross Academy
DAILY MASS	Mon.-Fri.: 6:30 & 9am; Sat., 9am First Friday 8pm Holy Days of Obligation, as announced
DEVOTIONS	Adoration & Benediction, Wed., 7-9pm Novena with Exposition, Mon., 7-7:30pm All Night Adoration, First Friday Miraculous Medal Novena, Mon., after 9am Mass Divine Mercy, Wed., 3pm
CONFESSION	Wed., 7-9pm; Sat., 8am & 3:30pm, or by appt.
PARISH OFFICE	540-373-6491, fax 371-0251 stmary@stmaryfred.org Mon.-Fri., 8:30am - 4:30pm; <i>students staff office weekdays until 9pm, Saturdays 9-5pm, Sundays 9:30-1:30pm</i> Pastor, Fr. John Mosimann Fr. Keith Cummings Fr. Stephen Holmes Fr. Colin Davis Deacon Alberto Bernaola Deacon Dick Delio Executive Assistant, Rick Caporali Business Manager, Elaine Stanislawski Director of Sacred Music, David Mathers Secretary, Mary Fitch
HOLY CROSS ACADEMY	540-286-1600 250 Stafford Lakes Parkway Fredericksburg, Virginia 22406-7234 Principal, Sr. Susan Louise Eder, O.S.F.S.
ST. MARY PRESCHOOL	373-7553 Director, Nanci Scharf
RELIGIOUS EDUCATION OFFICE	373-6491 Director, Aristides Lucas Associate Director, Karen Sturtevant
YOUTH MINISTRY	373-6491 Director, Leo Chavarria
HEALTH MINISTRY	845-3031 Lois Sullivan, RN, FCN
BAPTISMS	Parish registration (90 days) and class required. Please contact the parish office to schedule the date at least four weeks in advance.
MARRIAGE	Parish registration required; contact parish six months in advance to begin preparation.
JOIN US	New Family Registration meetings held in the church on fourth Sundays, following the 10:30 Mass. Please notify us of any contact changes.

Articles must be submitted two weeks prior to publication.
Send articles to bulletin@stmaryfred.org. Thanks!

this week's bulletin:

4 from the pastor

5 education

7 parish life

11 liturgy

12 operations

13 outreach

from the pastor

pax et bonum



**SAINT
MARY**

of the
IMMACULATE
CONCEPTION
Roman Catholic Church

HOLY CROSS ACADEMY

Dear Folks,

Are you bored?

One of the greatest conversions in history occurred because of boredom. St. Ignatius of Loyol was recovering from a cannonball to the leg, and bedridden. He was bored. Requesting romance novels, he was instead given a book of lives of the saints. He discovered a love worth living for. A huge part of that was him noticing that in contemplating the life and glory of the saints, that he was filled with lasting peace. Unlike when he filled his time with earthly pursuits that left him bored and empty afterwards.

Fulton Sheen speaks to this when he said, "You will never be happy if your happiness depends on getting solely what you want. Change the focus. Get a new center. Will what God wills, and your joy no man shall take from you."

Are you bored? Find the love that will never end in the life of Christ.



Adult confirmation classes December/January

We will begin Adult Confirmation classes for all those who have already been Baptized and have received First Communion, but have not been Confirmed; as well as for those who might want a short refresher course on the Catholic faith. There will be an introductory meeting and then six class sessions led by Deacon Dick, each lasting about one hour on Wednesday nights.

The tentative schedule is:

December

14 (introduction) and 21

January

4, 11, and 18 finishing on January 25

If you would like to sign up for these classes, or to just come to the introductory meeting to hear more, please call the Parish Office to register, leaving your name, phone number and email address.

- Deacon Dick

pax,

fr m



holy cross academy

Cool Weather and Autumn Colors

Each year, October brings us the delight of cool days and brightly colored panoramas. Throughout this month, we honor our Blessed Mother and her Rosary. We are once again enjoying a magnificent October at Holy Cross Academy.

One of our most beloved school traditions is our annual celebration of Grandparents' Day. These very special people were invited to spend some time with their grandchildren both at St. Mary Preschool and Holy Cross. As you can imagine, we had a wonderful turnout.

Our dedicated PTO Board prepared a delicious luncheon for our guests. Middle School students assisted with the set-up, service and clean-up. Our kindergartners delighted their audience with a variety of songs and poems about Grandma and Grandpa. It is obvious how much they love their grandparents and the special bond they share with them. After the luncheon, our guests were invited to visit the classrooms. We have been assured that a good time was had by all.

Our day ended with our annual Living Rosary. Holy Cross Academy students formed the rosary and led us as we all prayed together to our Blessed Mother to watch over our families, our parish and our school.

We invite you to visit our newly redesigned school website, www.holycrossweb.com. If you would like to see what we can do for your child, **please call our HCA office at 540-286-1600 or St. Mary Preschool at 540-373- 7553** to arrange for a tour or to let us tell you all about Holy Cross Academy, our parish school. **Don't forget to sign up for GIANT Bonus Bucks.** Go to www.giantfood.com/aplus and enter our school code **02320**. Every time you use your Giant member number, our children benefit.



*A National
Blue Ribbon
School of
Excellence,
2012*



Holy Cross Academy's Alumni/Parent Flag-Football Game & Chili Cook-Off

Saturday, Nov. 5th 12-4pm at Holy Cross Academy. Come out and enjoy the fall weather, meet up with your old HCA friends and play in the flag-football tournament! All the exciting details are on the HCA website www.holycrossweb.com! Don't Miss This FANTASTIC Event! Register Today! This event supports the HCA Expansion Fund - *all donations welcome!*

religious education

Teaching Masses

This week your child is taking home a card they are to bring to the Teaching Mass. The cards will put in boxes in the vestibule and will be used to mark the Attendance Sheets. They are getting them this week because **there will be no Religious Education classes the week of Oct. 31- Nov. 3 because of the feasts of All Saints and All Souls.**

Please note that our Teaching Masses will be held on Wednesday, Nov. 9 at 5pm and on Thursday, Nov. 10 at 6:30pm. All Religious Education students are expected to attend one of these Teaching Masses.

Teaching Masses are important because:

- Mass is at the heart and center of our Christian life.
- Knowing about the Mass allows children to fully participate.
- Children learn mostly by doing.

FORMED

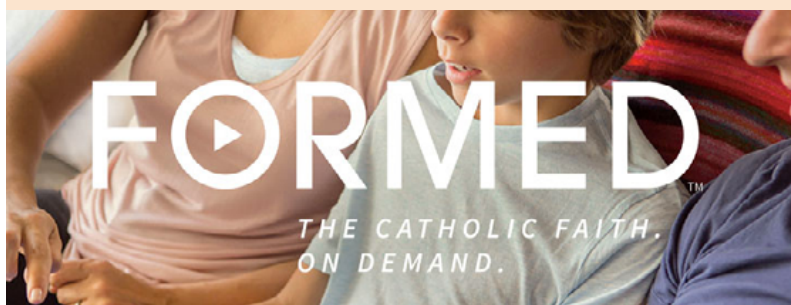
On October 13, 92 parishioners had registered for FORMED

FORMED.org is an online platform featuring the best Catholic video programs, movies, audio talks and eBooks. Catechism and personal faith formation is now easily available to every parishioner. Some titles include:

This resource is **FREE**
to **ALL PARISHIONERS**

To start using FORMED:

1. Go to formed.org
2. Enter Parish Code - **F6F228**
3. Complete your profile to receive ID and Password.
4. Log in and begin enjoying content!



youth ministry

follow StMaryCYM



#GetInvolvedBeTransformed



Confirmation 2017

We are meeting with our second year Confirmation candidates on **Tuesday, October 25 at 7:30pm** in the Church. We will be discussing year 2 of Confirmation formation. Any missing forms that have not been submitted should be turned in that night. One parent and the candidate must attend.

Still need Confirmation Team Leaders for 2018

As part of our Confirmation formation, each candidate is placed in a team of 10 youth broken up according to the neighborhoods that they live in. Each team requires at least one, background checked and virtue certified adult to guide our youth in corporal and spiritual works of mercy. If interested contact Leo in the Youth Ministry Office.

WorkCamp 2017

Our WorkCamp application for summer 2017 is now available on our website. This is a powerful week of prayer, service, friendships, encountering Jesus, music, fun and much more. If you are interested in participating please fill out the application and turn in asap. **Applications are due Nov. 13th at the first meeting.**

The Knights of Columbus at Saint Mary is holding a **fresh citrus fruit fundraiser** this Fall to support our charitable activities. The fruit comes from the citrus groves in Florida and is shipped soon after it is picked so you can be assured of its freshness. **It is great to eat and a great holiday gift.**

You may **place orders up until November 20** and pickup will be the weekend of December 10-11 at the Scott Insurance & Financial Services Building at 2115 Lafayette Boulevard.

For more information, contact Wayne Cushing at (540) 840-5230.

To place an order:

1. Cut out the order form on the right.
2. Fill in the order form and drop it off along with your payment at one of the following places:
 - **On the weekend**, at the KofC Fruit Sale table in the Parish Life Center after Mass
 - **During the week** (M-F, 8:30am–5:30pm), at the Scott Bldg at 2115 Lafayette Blvd.
 - **By mail**, send your order form with your check to: Knights of Columbus, P.O. Box 146, Fredericksburg, VA 22404.
3. Orders must be received by Sunday, November 20.
 - Payment methods are **cash or check**.
 - Make checks payable to: Knights of Columbus.
 - Payment is due when the order is placed.

Fruit Options:

Navel Oranges: 4/5 Bushel: \$35

2/5 Bushel: \$23

Red Grapefruit: 4/5 Bushel: \$30

2/5 Bushel: \$19

Tangelos: 4/5 Bushel: \$29

2/5 Bushel: \$19

Sunburst Tangerines: 2/5 Bushel: \$29

Citrus Variety Pack: \$29

(8 Oranges/8 Tangerines/8 Grapefruit)

Pickup:

December 10-11 from 9am-2pm at the Scott Insurance and Financial Services Bldg, across from Paul's Bakery, next to Family Dollar, located at 2115 Lafayette Boulevard.



Citrus Fruit Sale Order Form

Navel Oranges

4/5 Bushel: \$35 Qty Ordered _____ Cost _____

2/5 Bushel: \$23 Qty Ordered _____ Cost _____

Red Grapefruit

4/5 Bushel: \$30 Qty Ordered _____ Cost _____

2/5 Bushel: \$19 Qty Ordered _____ Cost _____

Tangelos

4/5 Bushel: \$29 Qty Ordered _____ Cost _____

2/5 Bushel: \$19 Qty Ordered _____ Cost _____

Sunburst Tangerines

2/5 Bushel: \$29 Qty Ordered _____ Cost _____

Citrus Variety Pack

(8 Oranges/8 Tangerines/8 Grapefruit)

2/5 Bushel: \$29 Qty Ordered _____ Cost _____

Total Cost: _____

Name: _____

Street: _____

City: _____ St: _____ Zip: _____

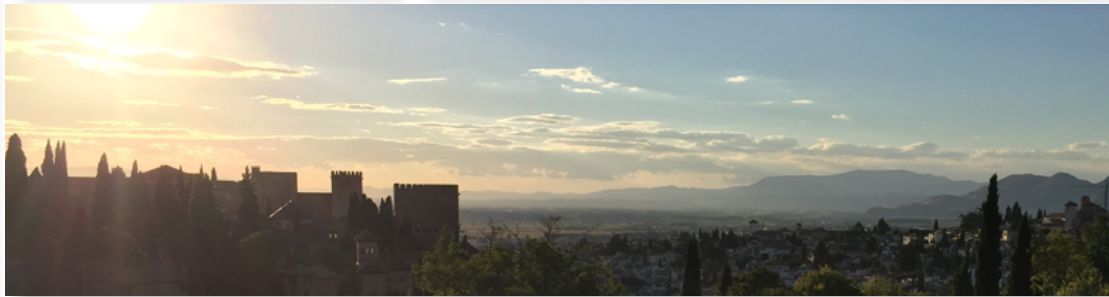
Email: _____

Phone: Home _____

Cell _____

parish life

spain pilgrimage



parish life

spain pilgrimage



parish life happening here

Beautiful Mercy

(c. 2015) is the parish book club's selection for its Nov. 8 meeting at 10 AM in the St. John Paul II House. Author Matthew Kelly has brought together 26 authors who witness to the power of God's mercy and provide simple practical tips on how to be an instrument of that mercy. More information call Kathleen Mahoney, 540-371-2073 or bmah761569@aol.com

Calling all Crafters and Bakers

Donations for the Annual Craft Bazaar (October 29-30) can be taken to Room 100 in the Parish Life Center (next to the kitchen) any Thursday morning or to the church office with Wanda Cushing's name on it. Our fabulous bake sale is also part of the Craft Bazaar as is our plant sale. If possible, all bake-sale items should be in by Friday afternoon, October 28. CCW Bake Sale should be noted on things left in the kitchen. Please bring any donated plants Friday afternoon as well. All money raised is used for CCW annual charitable donations. **Questions:** Contact Wanda at 373-9184 or wcushing@verizon.net.

Senior Luncheon with Bingo

Come on out to the Parish Life Center on **Tues. Oct. 25 at noon** and join us for a light lunch and Bingo. We've had so much fun at the last bingos, so come on out and see what you've been missing. There will be prizes too! Best of all, IT'S FREE. **Questions? Call Maria D'Amico 540-785-3580**

Flu Shots for Parish Families

The Health Ministry is working with Walgreen's Pharmacy Department to provide flu shots for St. Mary Parish families. **They will be here on November 6 in Room 100 of the Parish Life Center** to provide the flu vaccine to adults, including the high dose for those over 65 and children 7 years and older. This supports the Walgreen's Get a Shot, Give a Shot Program which provide vaccinations to children in need all over the world. **To get your flu shot or if you have any questions, please call 540-845-3031** and leave a message stating the family name, how many family members will be receiving the flu vaccine and their ages or send an email to lsullivan@stmaryfred.org with the same information. Please bring with you your insurance information as your insurance company will be billed for this service. If you do not currently have insurance coverage, there will be an option to receive a no-cost voucher for this service. The Walgreen's representative will be here at St. Mary's from 9:30-2pm on Nov. 6. Don't miss this opportunity to receive this needed protection while contributing to this program that supports children in need everywhere.

Saint Mary Adult Choir *in a*

Concert of Sacred Music
Friday, November 18, 2016 at 8:00pm

*Experience the music the Choir will sing on it's
Pilgrimage to Italy this coming January.*

*Works of Palestrina, Viadana, Near, Pitoni, Mensdelssohn,
Saint-Saëns, Gjielo, Handl (Gallus), Young, Tallis and more*



The performance is free; no tickets are required. Your generous donation will be gratefully accepted. Call 540-373-6491 or email dmathers@stmaryfred.org for more information.

SAINT MARY OF THE IMMACULATE CONCEPTION
1009 Stafford Avenue, Fredericksburg, VA 22401
www.stmaryfred.org

parish life happening there

Essay Contest

KoC Council #4034 is sponsoring an essay contest. All Catholic students, in grades 8-12, are invited to participate in the 2016 Knights of Columbus Catholic Citizenship Essay Contest. Students are encouraged to type a 500-750 word essay on the theme of "The Importance of Religious Freedom." All contestants on the local level are recognized for their participation in the contest and prizes will be provided to the top 3 in each grade level. **Essays must be completed by October 31.** Participants are required to furnish written parental consent. **Contact** youthdirector@kofc4034.org for entry form and more information.

Pilgrimage to Cathedral of the Sacred Heart

The CCW is sponsoring a St. Mary pilgrimage to the Cathedral of the Sacred Heart in Richmond to enter through the Door of Mercy. This will take place on **Saturday, November 5, 2016.** After the tour and either a Mass or a lecture about the cathedral's history, we will proceed to the Lewis Ginter Gardens for a short tour and lunch. **The cost will be \$30** which will include the bus trip (bus leaves at 8:30am), driver tip and entrance to Ginter Gardens. Lunch is available there, which is on your own, the cost ranges between \$5 and \$10. **Registration will be taken at the church office.** For more information call Carleen Delio at **540-412-9608.**

Election 2016: Forming your conscience

With the Presidential election

a few months away, Bishop Loverde is writing a series of articles that will guide us in making decisions based on our core values as Catholics. The series is called *Forming Our Consciences*. Look for the third article in this weeks' Arlington Catholic Herald, or online at catholicherald.com.

Upcoming Ultreya for Cursillo

Sunday, Nov. 6 from 5-8 pm at the home of Lily Alarcon, 6 Stratford Hall Ct., Fred., 22406. This is a potluck dinner! A-G Main Dish, H-P Salads, R-Z Desserts. For directions call Lily at 540-834-3186. For information regarding Cursillo, Group Reunions, or Ultreya call Tammie or Doug Chute at 540-785-0570. De Colores!



Marriage Enrichment Evening

Married and engaged couples of all ages welcome to attend *Love For a Lifetime: Keys to Building a Joyful, Lasting Marriage*. Featuring popular speakers, **David and Margaret Bereit**, who have helped hundreds of couples prepare for marriage, conducted relationship classes, and led numerous marriage enrichment programs. **Friday, November 11, from 7-9pm** at St. Anges Parish Hall, Arlington, VA. Desserts and drinks provided. \$15 per couple. **Register at** loveforever.org.

eventbrite.com. **Questions:** contact Nancy McKeague at the Office for Family Life, **703-841-3807.**

Loyola Men & Women's Retreat - Nov. 11-13

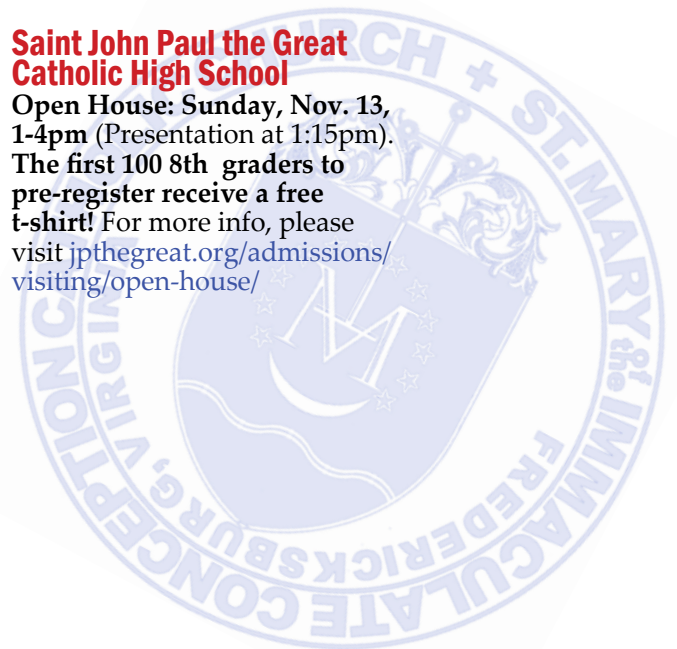
The Ignatian Weekend Retreat is conducted in silence and includes generous amounts of time for prayer, personal reflection and the cultivation of a deep relationship with God. Each year the retreat focuses on a different theme. This year's retreat is entitled:

"Entering into the Father's Joy"

In the Parable of the Prodigal Son, Jesus invites every disciple of every age into God's loving embrace. Through that embrace we enter into the Father's joy, which transforms us. This retreat invites us into the mystery of God's action in our lives, relying on the Spiritual Exercises of St. Ignatius and the spiritual wisdom of other Christian teachers of prayer. The retreat is open to anyone who desires to grow in their relationship with God through prayer. More info at loyolaonthepotomac.com.

Saint John Paul the Great Catholic High School

Open House: Sunday, Nov. 13, 1-4pm (Presentation at 1:15pm). **The first 100 8th graders to pre-register receive a free t-shirt!** For more info, please visit jpthegreat.org/admissions/visiting/open-house/



operations given in love

Weekly Offertory

October 16 Offertory \$31,165
Parish Building Fund 7,793.
St. Vincent de Paul Poor Box 168

October Faith Direct Deposit

Offertory \$50,011.
Building Fund 3,702.50
Special Kids Special Needs 1,543.
World Mission Sunday 1,481.

Second collection next week is for our parish building fund.

Please remember to use your Offertory Envelopes to ensure the accuracy of your end-of-year statement. The "Children's Envelope" proceeds will not be recorded on family statements.

Children's Charity for October

The children's charity that will benefit from Children's Offertory Envelopes in October is Safe Harbor Child Advocacy Center in Spotsylvania.

This organization strives to strengthen the coordinated community response to situations of child maltreatment, including sexual abuse, severe physical abuse, severe neglect and fatalities, by integrating the existing resources of law enforcement, child protection, prosecution, medical and therapeutic agencies so that perpetrators are held accountable for their actions and children are not further traumatized by the investigative process. Children's Offertory Envelopes are available through Religious Education. All proceeds from these envelopes go to a different children's charity each month.

Gain a 65% tax credit

...and Give a Student the Gift of a Catholic School Education!

A new Virginia Education Improvement Scholarships Tax Credit Program will award a 65% tax credit on top of current state and federal tax deductions for donations made to the **Diocese of Arlington Scholarship Foundation**, which will, in turn, provide scholarships for new students wishing to attend our diocesan Catholic Schools. Please call **703-841-2764** or visit www.arlingtondiocese.org/catholicschools/Scholarship_Foundation.aspx for more information.

Pro Life Reflection

"The credibility of a healthcare system is not measured solely by efficiency, but above all by the attention and love given to the person, whose life is always sacred and inviolable." (Pope Francis, "Address of Holy Father Francis to Participants in the Meeting Organized by the International Federation of Catholic Medical Associations," September 20, 2013)

SCRIP gift cards

Set up an account today and continue earning rebates for HCA! Email Torie Baldwin at scripcoordinator@holycrossweb.com for the school enrollment code so HCA gets credit for your purchase. **Thanks for using SCRIP gift cards!**

A Prayer to Our Lady of Guadalupe

Virgin of Guadalupe, Patroness of unborn children, we implore your intercession for every child at risk of abortion. Help expectant parents to welcome from God the priceless gift of their child's life. Console parents who have lost that gift through abortion, and lead them to forgiveness and healing through the Divine Mercy of your Son. Teach us to cherish and to care for family and friends until God calls them home. Help us never to see others as burdens. Guide our public officials to defend each and every human life through just laws. Inspire us all to bring our faith into public life, to speak for those who have no voice. We ask this in the name of your Son, Jesus Christ, who is Love and Mercy itself. Amen.

All Souls Novena

The Holy Sacrifice of the Mass is the best way to remember your deceased loved ones. **Our All Souls Novena will begin on Wednesday, November 2, All Souls Day.** An intention envelope is included with your bimonthly envelope packet; additional envelopes are available in the Parish Office and in the vestibule of the Church. There is no collection on All Souls Day. Envelopes should be turned in early and will be placed near the altar during the Novena.



happening here

October—The Month Of The Holy Rosary

By Apostolic Brief at the Eucharistic Congress of Bologna, in September 1927, a Plenary Indulgence is granted to all the faithful who recite the Holy Rosary in the presence of the Blessed Sacrament, either exposed for veneration or reserved in the Tabernacle.

Blood Pressure Check-In

The Center for Disease Control and Prevention's, "Know the Facts about High Blood Pressure" one in three Americans has high blood pressure and this condition is within an individual's control. Activities such as food choices we make, maintaining a healthy weight, routine activity level and regular checks of our blood pressure numbers are preventative strategies that are shown to make a significant impact on the development of hypertension. By knowing and keeping track of your blood pressure numbers, you can alert your primary care physician to potential problems and make necessary changes. The Health Ministry Team at St. Mary is here to help! They will be providing a quarterly Blood Pressure **Check-In for those 18 yrs & older from 8:30am-Noon in Rm 100 in the Parish Life Center.** Stop into the Sunday Coffee Shop and get your BP checked before your coffee & donut! This Check-in will be facilitated by a nurse and parishioners will be given a written record of the findings and resource materials will be available. Come join the Health Ministry Team in taking positive steps to better health and well-being. **Our first Check-In is Sunday Nov. 13, 2016** *If you are a medical professional and would like to volunteer to help with the quarterly blood pressure program, please contact Lois Sullivan at lsullivan@stmaryfred.org

Saint Mary prayer list

Please pray for those who are sick or in need,

especially: Elise Velez, Regina Gaudreau, Jessica Gaudreau, Denise Pooler, Gerard Fitzpatrick, Jamila Alarcon, Betty & John Gil, Daniel Burke, John Druett, Margaret Gralton, Cheryl Wood, Barbara McCoy, Leroy Spangler, Francine Ochman, Veronica Johnson, John Storm, Joshua Oltman, Gladys Bowen, Frances Schwab, Martha Clemens, Lynn Dennis, Anne Shelton, Barbara Gillette, John Gannon, Maureen Mizzles, Miles Wood, Smoot Major, Marian Wolinski, Holly Smith, Mike Harwich, Larry Dillman, Jerome Murphy, Jim Evans, Keith Kovalsky, Patrick Clarke, Cody Harrell, Janie Sherry, Michael Tallarita, Chris Szynal, Judith Cantell, Delores Renninger, Phil Kronsberg, Tamlyn Leaf, Paul Godwin, Patricia Phillips, The Valconi Family, Tim Murphy & family, Matt Dombro, Regina "Gina" Wood, Amber Hedegty, Josephine Kreider, Theresa Aguilar, Darlene Guinn, Boyd Woodside, Lillian Held, Karen Danis, Duska Green, Mary Jean and Don Williams, O'Neta Shorter, Alice Rowles, Melvyn Schreckinger, Mary Ulmer, Mary Branham, Jessica Dowling, Kelly Keiser, Lauren McKeever, Janese Morris, Mary Keaton, Montgomery Wood, Ron Tarrell, Harold Gardiner, Gerald Gardiner, Betty Ann & Bill Dateno, Jennifer Smith, Patricia Von Nieda, Corrine Gardine, David Arnold, Matt, Elsie and Riley Seidlinger, Jeanette Ann Williams, Maureen Flanagan, Fannie Manning, April Gray, Tim Conway, Andy Costa, Ellen Cupka, Cheryl Kellett, Jim Matarese, Hugh Fleming, Dori Sewell, Ronne Tarrell, Providence and Thomas Moeller, K. Mahoney, Marianne Ford, Ortiz Family, Diane Beverly, Jaiden Scelzo, Elisea Opeka, Adrian Foshay

Please pray for all the men and women in our military and civilian support services overseas, especially:

Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Sean Plunkett, Roy Selvidge, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Geoff Mann, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Nelly Garcia, Mindy Hakenson, Xavier Alas, Gary Rotsch, Anthony Howell, John Anthenor

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

Electronic Offertory

Faith Direct enables your family to make your parish contributions through either direct debit to your checking account or through credit cards. With *Faith Direct*, you can apply the convenience of direct debit to your parish offerings. The parish gains predictable cash flow which helps us with planning our parish needs and programs. *Faith Direct* also offers you personalized offertory cards to replace your envelopes for the collection basket. You may enroll securely online by visiting www.faithdirect.net. **Our parish code is VA635.**

Daily Mass intentions and readings**october****24 MONDAY**

6:30am +Frances Murray
9:00am +Richard Golemboski
Eph 4:32—5:8, Lk 13:10-17

25 TUESDAY

6:30am +Celine Cassidy
9:00am Catherine Clagett
Eph 5:21-33, Lk 13:18-21

26 WEDNESDAY

6:30am +Joan Reynolds
8:15am* +Michael Darling
9:00am Rosario Marinas
Eph 6:1-9, Lk 13:22-30

27 THURSDAY

6:30am +Kenneth "Roy" Coghill
9:00am Jessica Chavarria
Eph 6:10-20, Lk 13:31-35

28 FRIDAY

6:30am The Held Family
9:00am +Frank Clancy, Jr.
Eph 2:19-22, Lk 6:12-16

29 SATURDAY

9:00am Barbara McCoy
5:00pm Lauri Wilson
7:00pm +Joyce Schirmer
Phil 1:18b-26, Lk 14:1-11

30 SUNDAY

7:00am Fr. Don Rooney
8:30am + Deloris Ross
10:30am Edward Holzworth
10:30am* For Our Parish
12:30pm +Frank & Leonor Schupp
2:00pm Fernando Daniel Cabrera
5:00pm +Pattie Quinn
7:01pm + Donald Hughes
Wis 11:22-12:2/Thes 1:11-2:2/Lk 19:1-10

Please remember that Mass intentions may be requested at the parish office for any remaining Masses of the year. If dates are no longer available for the date you desire, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.

* Indicates Mass at Holy Cross Academy