

**Thirty-Second
Sunday in
Ordinary Time**

**06 November
2016**

Saint Mary of the Immaculate Conception Roman Catholic Church
FREDERICKSBURG, VIRGINIA



Pray for Vocations/Vocations Awareness Week November 6-12, 2016

what's coming



**SAINT
MARY**

of the
IMMACULATE
CONCEPTION
Roman Catholic Church

HOLY CROSS ACADEMY

november

6 THIRTY-SECOND SUNDAY of ORDINARY TIME

Coffee Shop after morning Masses, Parish Life Center. (Youth Ministry)
SCRIP Sales after all Masses except 2pm, Parish Life Center
9am, Health Ministry Flu Shots, Parish Life Center, Rm 100
6pm, CYM Dinner and HS Youth Group, Parish Life Center

7 Monday, Weekday

Vocation Awareness Week begins

No Religious Education Classes this Week

1:00pm, Adoration of the Blessed Sacrament, prayer for our Country & Election, after Noon Mass,
concludes with the start of 6:30am Mass Tuesday, November 8, Church

6:30pm, Prayers and Squares Ministry, Parish Life Center, Rm 204

7:30pm RCIA/RCIC class, Parish Life Center (this week only due to Adoration in the Church)

8 Tuesday, Weekday

Election Day

6:30am, Adoration concludes at the start of the 6:30am Mass, Church

10:00am, Saint Mary Book Club, "Beautiful Mercy", John Paul II House

9 Wednesday, The Dedication of the Lateran Basilica

5:00pm, Religious Education Teaching Mass (Session 1 classes), Church

7:00pm, The Gospel of Mark with Deacon Delio, Parish Office Library

10 Thursday, Saint Leo the Great (Pope and Doctor of the Church)

7:30am, Donuts with Dad, Holy Cross Academy

6:30pm, Religious Education Teaching Mass (Session 2 classes), Church

7pm, Nar Anon Meeting, Fr. Don Rooney Community Room

7:15pm Walking with Purpose, Parish Life Center, Rms 100 & 204

7:15pm Walking with Purpose, Parish Life Center, Rm 203 (En Espanol)

11 Friday, Saint Martin of Tours, Bishop

12 Saturday, Saint Josaphat, Bishop and Martyr

13 THIRTY-THIRD SUNDAY of ORDINARY TIME

Coffee Shop after morning Masses, Parish Life Center. (Preschool)

8:30am-Noon, Health Ministry Blood Pressure Screening, Parish Life Center, Rm 100

9:30am-Noon, St. Mary Preschool Open House, Parish Life Center

9:30am, St. Mary "Believe" Cancer Support Group, Fr. Don Rooney Community Room

SCRIP Sales after all Masses except 2pm, Parish Life Center

3:30pm, Health Ministry Meeting, Fr. Don Rooney Community Room

CYM Dinner and HS Youth Group following 5pm Mass, Parish Life Center

14 Monday, Weekday

Religious Education Classes resume

7:30pm, RCIA/RCIC class, Church

8:15pm, Taize Prayer Gathering, Church

15 Tuesday, Weekday (Saint Albert the Great, Bishop & Doctor of the Church)

7:30pm, Life in the Spirit Prayer Gathering, Fr. Don Rooney Community Room

16 Wednesday, Weekday (Saint Margaret of Scotland; Saint Gertrude, Virgin)

7:00pm, The Gospel of Mark with Deacon Delio, Parish Office Library

nota bene (note well, please):

- ✂ **The Health Ministry** is working with Walgreen's Pharmacy Department to provide flu shots for St. Mary Parish families. They will be here on **November 6 in Room 100 of the Parish Life Center** to provide the flu vaccine to adults, including the high dose for those over 65 and children 7 years and older.
- ✂ This year our **Teaching Masses** will be held on **Wed, Nov. 9 at 5pm** and on **Thur, Nov. 10 at 6:30pm**. *All Religious Education students are expected to attend one of these Masses.*
- ✂ An **Emergency Preparedness Fair** will be held in the Parish Life Center on Saturday, November 12, from 10am until 1pm. Come and meet local Emergency and First Responders. The event was organized as a Girl Scout Gold Award.
- ✂ **St. Mary Preschool Open house** will be held next weekend in the St. Mary Preschool, (Parish Life Center), next **Sunday, November 13 from 9am until Noon**. Please stop by and meet our wonderful teachers and learn more about our program.
- ✂ Please join us for our monthly **Taizé Prayer Service this Monday, November 14, at 8:15pm**. Now in our 9th year, we have met each month to pray for Christian unity in our community and in the world. All Christians are warmly invited; invite your friends!
- ✂ **St. Mary Adult Choir** will be offering a free organ concert, **Friday, November 18 at 8pm** in the Church. Please join us!
- ✂ The second collection this weekend is for the **Retirement Fund for Religious**. We are asked to "Give to those who have given a lifetime." Checks should be made payable to Saint Mary Catholic Church. To learn how your gift helps, visit retiredreligious.org
- ✂ **Parish directories have arrived!** Please stop by the parish office **after 2pm Monday-Friday** to pick up your copy. The 2016 Parish Directories are available to those individuals and families who participated in the program.

1009 Stafford Ave., Fredericksburg, VA 22401

SUNDAY MASS	Saturday Vigil 5 & 7pm Sunday 7, 8:30, 10:30am, 12:30, 2pm (Spanish), 5pm, 7:01pm 10:30am at Holy Cross Academy
DAILY MASS	Mon.-Fri.: 6:30am, 9am, Noon; Sat., 9am First Friday 8pm Holy Days of Obligation, as announced
DEVOTIONS	Adoration & Benediction, Wed., 7-9pm Novena with Exposition, Mon., 7-7:30pm All Night Adoration, First Friday Miraculous Medal Novena, Mon., after 9am Mass Divine Mercy, Wed., 3pm
CONFESSION	Wed., 7-9pm; Sat., 8am & 3:30pm, or by appt.
PARISH OFFICE	540-373-6491, fax 371-0251 stmary@stmaryfred.org Mon.-Fri., 8:30am - 4:30pm; <i>students staff office weekdays until 9pm, Saturdays 9-5pm, Sundays 9:30-1:30pm</i> Pastor, Fr. John Mosimann Fr. Keith Cummings Fr. Stephen Holmes Fr. Colin Davis Deacon Alberto Bernaola Deacon Dick Delio Executive Assistant, Rick Caporali Business Manager, Elaine Stanislawski Director of Sacred Music, David Mathers Secretary, Mary Fitch
HOLY CROSS ACADEMY	540-286-1600 250 Stafford Lakes Parkway Fredericksburg, Virginia 22406-7234 Principal, Sr. Susan Louise Eder, O.S.F.S.
ST. MARY PRESCHOOL	373-7553 Director, Nanci Scharf
RELIGIOUS EDUCATION OFFICE	373-6491 Director, Aristides Lucas Associate Director, Karen Sturtevant
YOUTH MINISTRY	373-6491 Director, Leo Chavarria
HEALTH MINISTRY	845-3031 Lois Sullivan, RN, FCN
BAPTISMS	Parish registration (90 days) and class required. Please contact the parish office to schedule the date at least four weeks in advance.
MARRIAGE	Parish registration required; contact parish six months in advance to begin preparation.
JOIN US	New Family Registration meetings held in the church on fourth Sundays, following the 10:30 Mass. Please notify us of any contact changes.

Articles must be submitted two weeks prior to publication.
Send articles to bulletin@stmaryfred.org. Thanks!

this week's bulletin:

4
from the pastor

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education

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parish life

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liturgy

12
operations

14
outreach

from the pastor

pax et bonum



SAINT
MARY

of the
IMMACULATE
CONCEPTION
Roman Catholic Church

HOLY CROSS ACADEMY

Dear Folks,

There is an election?
Who knew? ...and yes
that is sarcasm with
a smile. Voting is a
serious civic duty. This
duty requires we have
well formed consciences
on the social and
political issues of the
day. To that end, we

are making available a number of resources in
the bulletin beginning with a letter from our
Bishop. Additionally, we are rerunning the
novena prayer that we began praying last week.
Also the Virginia Catholic Conference is the
public policy advocacy organization representing
Virginia's two Catholic Bishops. The VCC website
has a wealth of information which can help you
be informed. Finally, we remind you of Bishop
Loverde's series on "Forming your Conscience"
which can be found online at CatholicHerald.
com. May the Lord have mercy on our beloved
country.

CELIAC? GLUTEN TOLERANCE ISSUES?
Folks, I am interested in knowing how many
folks we have in the parish whose bodies
are gluten intolerant and therefore unable
to consume a eucharistic host. While the
transubstantiated host is no longer bread, but
the Body of Christ, it still retains the chemical
properties of bread and therefore gluten. I
recently spoke with a family whose sensitivity
is so significant that they can't even consume
the 'low-gluten' hosts because of the possible
'contamination' of crumbs from the hands of
the priest who have immediately prior handled
full-gluten hosts. Similarly, some are unable to
consume from a chalice after someone who has
consumed a host for the same reason. Even the
smallest of crumbs can cause serious physical
distress.

If you are affected by this, would you
please email me (frmosimann@stmaryfred.
org)? That would be of great assistance so that
I might discuss with the priests how we can
accommodate your needs and then communicate
to you the decided upon process.

pax,

fr mosimann



Join us the second
Monday of the month from 8:15-9pm



TAIZÉ

Monday
November 14, 8:15pm

**You are invited to a monthly gathering of
prayer in the ecumenical tradition of the
Taizé community in France.**

It is our hope that this monthly prayer
gathering brings together Christians of all
churches as we realize a bit more each day
that we must rely upon God's power to bring
about unity among all who follow Jesus, "as
he and the Father are one."
This Unity, which embraces all people, stands
at the very heart of Christ's mission. Let us
provide a place where his Spirit can come and
accomplish this plan for us.

*Praying with one voice, let us ask God to
bring healing to our world and end the
divisions that separate peoples.*

Saint Mary Catholic Church

holy cross academy

Many, Many Thanks

What is the best time to say thank you to our police officers and firefighters? All the time, according to our first graders. Our first grade classes decided that their Hope Project this year was going to be directed at the people in our community who serve and take care of us all year long.

Instead of writing letters to say thank you, the children wanted to provide them with a homemade treat. Dedicated Moms and Grandmoms came into the classrooms to help the children make cookies for our public servants. The children mixed the dough and cut out cookies, adding some colorful sprinkles of course, and asked our HCA kitchen staff to bake them. Once the cookies were finished and packed up, the children delivered the cookies to the police and fire stations in Fredericksburg and Stafford.

As we approach Veterans Day, we all want to express our thanks to all those who serve us in the military and public service. We are grateful for all you do for our community!



*A National
Blue Ribbon
School of
Excellence,
2012*



Preschool Open House

Sunday, Nov. 13, St. Mary Preschool will hold an Open House for families who would like to learn all about our program. Stop in our Parish Life Center any time between 9:30am and noon to meet our teachers and see our preschool classrooms. Holy Cross Academy's Open House will be Tuesday, Nov. 15 at 9am in our school library. If these times are not good for you, give us a call and we will gladly show you around either campus.

We invite you to visit our school website, www.holycrossweb.com. If you would like to see what we can do for your child, please call our HCA office at 540-286- 1600 or St. Mary Preschool at 540-373- 7553 to arrange for a tour or to let us tell you all about Holy Cross Academy, our parish school. Don't forget to sign up for GIANT Bonus Bucks. Go to www.giantfood.com/aplus and enter our school code 02320. Every time you use your Giant member number, our children benefit.

religious education

Teaching Masses

Religious Education students' class for this week is attending one the two Teaching Masses to be held on

**Wed, November 9 at 5pm
and on Thur, November 10 at 6:30pm.**

Students can bring their Thanksgiving Food Drive contributions to the Teaching Mass they attend.

Mass is important because:

- Jesus started this Sacred Tradition on Holy Thursday at the Last Supper before He was crucified.
- At the Mass, we come together as disciples of Jesus to celebrate our Faith, to pray for all our needs and to receive strength to live holy lives so we can join God in heaven.

Catechist Training

Our second Catechists Training Session will be held on Tues, November 8, from 6-9pm in the Parish Life Center. It will be presented by Mr. Chris Kaila, a recent graduate of the Master Catechist Program.

This training session on Church History will be the first of three this school year covering the major people, places, and events of the past two-thousand years. See the glory of the Church founded by Christ and understand where we fit into this epic story. Our history is a drama filled with adventure, triumph, and tragedy, sinners and saints.

FORMED.org

This resource is **FREE** to **ALL PARISHIONERS**

To start using FORMED:

1. Go to formed.org
2. Enter Parish Code - **F6F228**
3. Complete your profile to receive ID and Password.
4. Log in and begin enjoying content!



youth ministry

follow StMaryCYM



#GetInvolvedBeTransformed



WorkCamp 2017

Our WorkCamp application for summer 2017 is now available on our website. This is a powerful week of prayer, service, friendships, encountering Jesus, music, fun and much more. If you are interested in participating please fill out the application and turn in asap. **Applications are due Nov. 13th at the first meeting.**



Steubenville Youth Conference July 14-16

All High School youth are invited to join us for a powerful weekend in Steubenville, OH. The mission of the Steubenville Conferences is to invite young people into a life-changing encounter with Jesus Christ through the Sacraments of the Church and the power of the Holy Spirit. This experience of Christ's love opens their hearts to become His disciples and embrace the mission of the Catholic Church. The conferences are filled with dynamic speakers, Eucharistic Adoration, powerful praise and

worship music, time for parish fellowship and a ton of fun. If you are interested in attending or learning more please contact the Office of Youth Ministry. We have to register by November 8.

Support our Racer

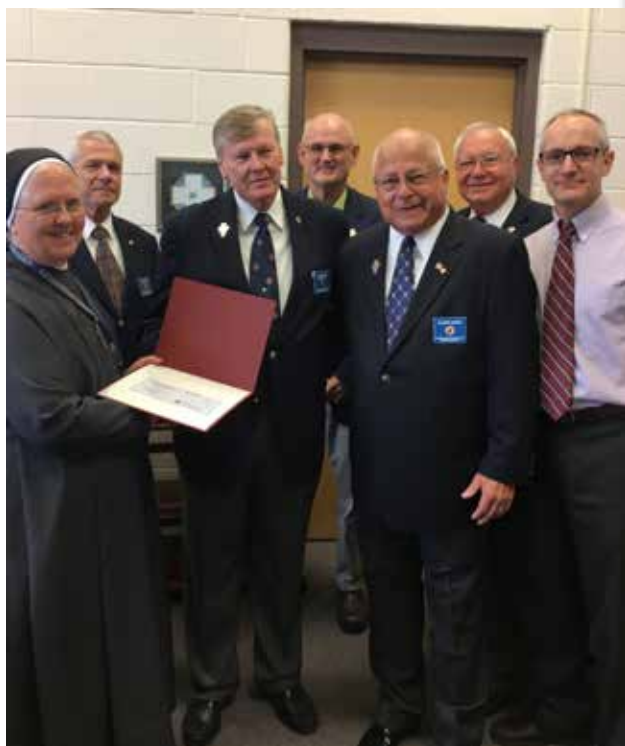
One of our teens will be racing to help raise funds for our Diocesan Race for Seminarians. Patrick is signed up for the Marine Corps Turkey Trot and has to raise \$250. Anyone interested in supporting him can submit donations to our parish office. Checks can be made payable to "St. Mary" with Race for Seminarians on the memo line.

\$10,000 Donation to Holy Cross Academy Expansion Fund

The Knights of Columbus Council 4034 generously donated \$10,000.00 to the Holy Cross Academy Expansion Fund.

This donation will greatly assist in supporting the renovations for the aging school building and to expand the existing cafeteria, music room, and adequate space for several academic programs.

Holy Cross Academy gratefully accepted this donation and will continue to work towards expanding the current facilities with all donations, large and small.



Sister Susan Louise accepting the Knights of Columbus Council 4034 \$10,000 donation

Knights of Columbus Citrus Sale

To place an order:

1. Cut out the order form on the right.
2. Fill in the order form and drop it off along with your payment at one of the following places:

• **On the weekend**, at the KofC Fruit Sale table in the Parish Life Center after Mass

• **During the week** (M-F, 8:30am–5:30pm), Scott Bldg at 2115 Lafayette Blvd

• **By mail**, send your order form with your check to:
Knights of Columbus, P.O. Box 146, Fredericksburg, VA 22404

3. **Orders must be received by Sunday, November 20.**

- Payment methods are **cash or check**.
- Make checks payable to: Knights of Columbus.
- Payment is due when the order is placed.

Pickup:

December 10-11 from 9am-2pm at the Scott Insurance and Financial Services Bldg, across from Paul's Bakery, next to Family Dollar, located at 2115 Lafayette Boulevard.

Citrus Fruit Sale Order Form

Navel Oranges

4/5 Bushel: \$35 Qty Ordered _____ Cost _____
2/5 Bushel: \$23 Qty Ordered _____ Cost _____

Red Grapefruit

4/5 Bushel: \$30 Qty Ordered _____ Cost _____
2/5 Bushel: \$19 Qty Ordered _____ Cost _____

Tangelos

4/5 Bushel: \$29 Qty Ordered _____ Cost _____
2/5 Bushel: \$19 Qty Ordered _____ Cost _____

Sunburst Tangerines

2/5 Bushel: \$29 Qty Ordered _____ Cost _____

Citrus Variety Pack

(8 Oranges/8 Tangerines/8 Grapefruit)

2/5 Bushel: \$29 Qty Ordered _____ Cost _____

Total Cost: _____

Name: _____

Street: _____

City: _____ St: _____ Zip: _____

Email: _____

Phone: _____

parish life happening here

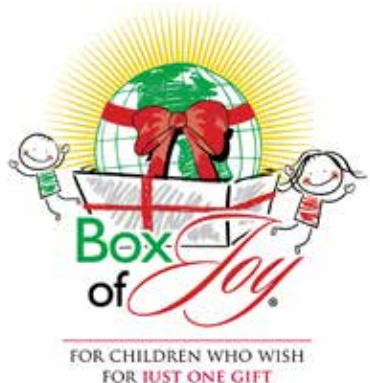
Beautiful Mercy

(c. 2015) is the parish book club's selection for its Nov. 8 meeting at 10 AM in the St. John Paul II House. Author Matthew Kelly has brought together 26 authors who witness to the power of God's mercy and provide simple practical tips on how to be an instrument of that mercy. More information call Kathleen Mahoney, 540-371-2073 or bmah761569@aol.com

Box of Joy

This year, St. Mary Young Adults is sponsoring the Box of Joy campaign. Run by Cross Catholic Outreach, this program allows needy children around the world a chance to receive a gift this Christmas when they might have gone without. **Pick up a box this weekend, fill it up with goodies appropriate for the child's age and gender that you choose, and bring the filled box back November 12/13. We will take care of the rest!**

Check out crosscatholic.org/boxofjoy for more information and resources. For more information about our program or if you would like to help out, **contact Ryan Feather at ryanfeather21@gmail.com or Therese Vogel at sehrwunderbar@gmail.com**



Thurman-Brisben Homeless Shelter

Please join us in the Father Don Courthouse Meeting Room on **Tuesday, November 15 at 10am** to hear a talk by Deacon Don Perusi. Deacon Perusi is head of the volunteers at the Thurman-Brisben Homeless Shelter. He will speak to us and share a slide show on the life at Thurman-Brisben Homeless Shelter. If you can please stay for a short business meeting and refreshments following the talk. Thank you!

Adoration – A prayer for our Country and the Election

Adoration will begin following the Noon Mass, Monday, November 7 and will concluded at the start of the 6:30am Mass, Tuesday, Election Day. RCIA/RCIC Classes this week will be moved to the Parish Life Center.

Saint Mary Adult Choir *in a*

Concert of Sacred Music
Friday, November 18, 2016 at 8:00pm

Experience the music the Choir will sing on its Pilgrimage to Italy this coming January.

Works of Palestrina, Viadana, Near, Pitoni, Mensdelssohn, Saint-Saëns, Gjielo, Handl (Gallus), Young, Tallis and more



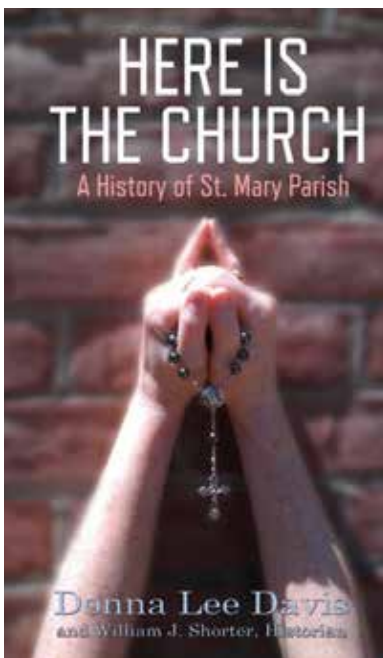
The performance is free; no tickets are required. Your generous donation will be gratefully accepted. Call 540-373-6491 or email dmathers@stmaryfred.org for more information.

SAINT MARY OF THE IMMACULATE CONCEPTION
1009 Stafford Avenue, Fredericksburg, VA 22401
www.stmaryfred.org

happening here

A History of St. Mary

Can you identify Fredericksburg's old site St. Mary Church building, used as a hospital in the Civil War? What was our Mosby "Gray Ghost" connection? How many of our pastors went on to become bishops? Which St. Mary parishioner brought home Olympic gold? Ever wonder how to make that main dish served at Senior Luncheon? What was a "trailer mission"? Where was our first parochial school, Montfort Academy? And what is the story behind all our beautiful sanctuary furnishings, the new and the old? You'll find all the answers and so much more in Here is the Church: **A History of St. Mary Parish**, by Donna Lee Davis and historian William J. Shorter. **An engaging read, a great resource for facts about our parish and Catholicism in Virginia, an ideal keepsake or gift book:** Soft cover, 254 pages, full color illustrations, \$25.00 when ordered from St. Mary. (It will be \$34.50 online and in stores.) **Pre-order your copy at the church office today!**



Welcome to SHARE at St. Mary Parish!

Order Deadline: Nov. 7
Food Pick-Up: Nov. 19

This is a food cooperative program with a community service requirement. Package Pick-up is typically the fourth Saturday of the month at the Parish Life Center between 8am and 9am. The following month's menu will be available at the time of pick-up.

Please contact Rick Caporali for more information and details,
rcaporali@stmaryfred.org.

Value Package

(\$22 + 2 hrs community service)

- Whole Roasting Chicken – 5 lb average, Ground Pork Sausage Meat – 1 lb, Fish Fillets – 1 lb, Holiday Pie, Mashed Potatoes, Elbow, Macaroni, Stove Top Stuffing Mix, Plus fresh seasonal produce such as sweet potatoes, onions, apples or oranges

Thanksgiving Dinner

(\$33 + 2 hrs community service)

- 10-14 lb. TURKEY with generous, traditional side dishes: Mixed Vegetables, Green Beans, Sweet Potato Pie, Candied Yam Patties

Value + Turkey

(\$44 + 2 hrs Community Service)

- 10-14 lb Butterball Turkey, Plus a Whole Roasting Chicken, Ground Pork Sausage Meat, Fish Fillets, a Holiday Pie, Mashed Potatoes, Elbow Macaroni, Stove Top Stuffing, Fresh Seasonal Produce Such As Sweet Potatoes, Onions, Apples Or Oranges

Harvest Produce Box

(\$16 + 2 hrs Community Service)

- 8-14 lbs of the Season's Freshest Bounty

Menu items are always subject to change. When we must substitute, we try to give better value.



SHARE Order Form

Value Package (\$22)

_____ x \$22. = \$_____

Thanksgiving Dinner (\$33)

_____ x \$33. = \$_____

Value + Turkey (\$44)

_____ x \$44. = \$_____

Harvest Produce Box (\$16)

_____ x \$16. = \$_____

TOTAL: \$_____

Name _____

Address _____

City _____ ST _____ zip _____

email _____

cell/phone _____

Community Service Hours:

___ hrs Church	___ Host site
___ hrs Youth	___ Transport
___ hrs Shelter	___ Comm. Dinner
___ hrs Seniors	___ Vincent de Paul
___ hrs Micah	___ MW Hospital
___ hrs School	___ Parish Ministry
___ hrs Community Service	
___ hrs Other	___ hrs Other

PAYMENT METHODS:

CASH or MONEY ORDER.

No CHECKS; Payment due when order is placed.

Money Orders should be made to: SHARE FOOD NETWORK.

happening there

Election 2016: Forming your conscience

With the Presidential election a few months away, Bishop Loverde is writing a series of articles that will guide us in making decisions based on our core values as Catholics. The series is called *Forming Our Consciences*. Look for the third article in this weeks' Arlington Catholic Herald, or online at catholicherald.com.

Cold Weather Shelter Now Open

The Cold Weather Shelter will re-open for the winter season on November 15 and will remain open each evening until mid-March. Teams of Saint Mary volunteers assist on Tuesday evenings by greeting and checking in clients, setting up sleeping areas, and providing hospitality for the 30+ individuals that utilize the facility. Each participating church is asked to bring 3 dozen items (white socks, small toiletries, etc.). Saint Mary will be collecting donations of men's underwear sizes medium and large. Please consider how you might be able to support this need—all donations are gratefully accepted at our Parish Office. Although it is a good thing that the temporary shelter will be available during the harsh winter months, it highlights the continuing need for sustainable housing and support mechanisms in our community. For more information about community efforts to help the homeless, please visit **Micah Ecumenical Ministries**, dolovewalk.net or **Thurman-Brisben Homeless Shelter**, thurmanbrisbencenterv.org.

Loyola Men & Women's Retreat - Nov. 11-13

The Ignatian Weekend Retreat is conducted in silence and includes generous amounts of time for prayer, personal reflection and the cultivation of a deep relationship with God. Each year the retreat focuses on a different theme. This year's retreat is entitled:

"Entering into the Father's Joy"

In the Parable of the Prodigal Son, Jesus invites every disciple of every age into God's loving embrace. Through that embrace we enter into the Father's joy, which transforms us. This retreat invites us into the mystery of God's action in our lives, relying on the Spiritual Exercises of St. Ignatius and the spiritual wisdom of other Christian teachers of prayer. The retreat is open to anyone who desires to grow in their relationship with God through prayer. More info at loyolaonthepotomac.com.

Winter Care Packages for Our Troops

The Blue Star Mothers of Fredericksburg are conducting a Military Care Package Drive. They need small, individual, and travel size items (see list below) to send to our men and women in uniform this summer. They also need encouraging letters and postcards from home, especially from school children. The items, letters and postcards will be collected in the Parish Life Center and at Holy Cross Academy after all Masses on the weekend of November 12 and 13. Anyone who wishes to make a financial contribution should make a check out to "Knights of Columbus" and write "Military Care Package Drive" on the memo line. The Blue Star Mothers of

Fredericksburg are a 503(c)(3) non-profit organization. For more information, please contact **Rich LaRoche** at 540-370-4541.

Time to talk Unity

The State LARCUM Committee invite you to attend our annual conference. **This year's conference will be held in Ashland, VA on December 2 & 3, starting at 2:30pm on Friday and ending at 2pm on Saturday.** The conference is a wonderful program of talks, praise, fellowship, and opportunities to get to know our ecumenical partners in the Commonwealth. The speaker this year is The Dr. Joseph D. Small, who will speak on "Reformations, Then and Now" on the eve of the 500th Anniversary of the Reformation. Dr. Small will challenge our State LARCUM Conference to consider the need for a proper response to the Reformation today as we approach the upcoming observance. **The conference fee is \$35, students are free but asked to register.** Conference brochures, registration Forms can be found in the vestibule information center in the church. **For more information, contact Fr. Don Rooney, frrooney@stbernpar.org, Director of Ecumenical Affairs for the Diocese of Arlington. Registration deadline is Friday, November 18.**

Birthright of Fredericksburg

On behalf of the Mothers and Babies we serve, **Thank you to all our Guests, Donors, Benefactors, Friends and Volunteers** for a wonderfully successful 40th Anniversary Celebration.

liturgy called in love

Blood Pressure Check-In

The Center for Disease Control and Prevention's, "Know the Facts about High Blood Pressure" one in three Americans has high blood pressure and this condition is within an individual's control. Activities such as food choices we make, maintaining a healthy weight, routine activity level and regular checks of our blood pressure numbers are preventative strategies that are shown to make a significant impact on the development of hypertension. By knowing and keeping track of your blood pressure numbers, you can alert your primary care physician to potential problems and make necessary changes. The Health Ministry Team at St. Mary is here to help! They will be providing a quarterly Blood Pressure **Check-In for those 18 yrs & older from 8:30am-Noon in Rm 100 in the Parish Life Center.** Stop into the Sunday Coffee Shop and get your BP checked before your coffee & donut! This Check-in will be facilitated by a nurse and parishioners will be given a written record of the findings and resource materials will be available. Come join the Health Ministry Team in taking positive steps to better health and well-being. **Our first Check-In is Sunday Nov. 13, 2016** *If you are a medical professional and would like to volunteer to help with the quarterly blood pressure program, please contact Lois Sullivan at lsullivan@stmaryfred.org

SCRIP gift cards

Set up an account today and continue earning rebates for HCA! Email Torie Baldwin at scripcoordinator@holycrossweb.com for the school enrollment code so HCA gets credit for your purchase. **Thanks for using SCRIP gift cards!**

Saint Mary prayer list

Please pray for those who are sick or in need, especially: Betty & John Gil, Daniel Burke, John Druiett, Margaret Gralton, Cheryl Wood, Barbara McCoy, Leroy Spangler, Francine Ochman, Veronica Johnson, John Storm, Joshua Oltman, Gladys Bowen, Frances Schwab, Martha Clemens, Lynn Dennis, Anne Shelton, Barbara Gillette, John Gannon, Maureen Mizzles, Miles Wood, Smoot Major, Marian Wolinski, Holly Smith, Mike Harwich, Larry Dillman, Jerome Murphy, Jim Evans, Keith Kovalsky, Patrick Clarke, Cody Harrell, Janie Sherry, Michael Tallarita, Chris Szynal, Judith Cantell, Delores Renninger, Phil Kronsberg, Tamlyn Leaf, Paul Godwin, Patricia Phillips, The Valconi Family, Tim Murphy & family, Matt Dombro, Regina "Gina" Wood, Amber Hedegty, Josephine Kreider, Theresa Aguilar, Darlene Guinn, Boyd Woodside, Lillian Held, Karen Danis, Duska Green, Mary Jean and Don Williams, O'Neta Shorter, Alice Rowles, Melvyn Schreckinger, Mary Ulmer, Mary Branham, Jessica Dowling, Kelly Keiser, Lauren McKeever, Janese Morris, Mary Keaton, Montgomery Wood, Ron Tarrell, Harold Gardiner, Gerald Gardiner, Betty Ann & Bill Dateno, Jennifer Smith, Patricia Von Nieda, Corrine Gardine, David Arnold, Matt, Elsie and Riley Seidlinger, Jeanette Ann Williams, Maureen Flanagan, Fannie Manning, April Gray, Tim Conway, Andy Costa, Ellen Cupka, Cheryl Kellett, Jim Matarese, Hugh Fleming, Dori Sewell, Ronne Tarrell, Providence and Thomas Moeller, Marianne Ford, Ortiz Family, Diane Beverly, Jaiden Scelzo, Elisea Opeka, Adrian Foshay, Claire Matthews, Matt Traugh, George Dittmer, Melissa Cooper, Rosemarie Gortler, Jonathan Nogueira, Jim Mann

Please pray for all the men and women in our military and civilian support services overseas, especially: Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Sean Plunkett, Roy Selvidge, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Nelly Garcia, Mindy Hakenson, Xavier Alas, Gary Rotsch, Anthony Howell, John Anthenor

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

Electronic Offertory

Faith Direct enables your family to make your parish contributions through either direct debit to your checking account or through credit cards. With *Faith Direct*, you can apply the convenience of direct debit to your parish offerings. The parish gains predictable cash flow which helps us with planning our parish needs and programs. *Faith Direct* also offers you personalized offertory cards to replace your envelopes for the collection basket. You may enroll securely online by visiting www.faithdirect.net. **Our parish code is VA635.**

Daily Mass intentions and readings

november

07 MONDAY

6:30am All Souls Novena
9:00am All Souls Novena
Ti 1:1-9/Lk 17:1-6

08 TUESDAY

6:30am All Souls Novena
9:00am All Souls Novena
Ti 2:1-14/Lk 17:7-10

09 WEDNESDAY

6:30am All Souls Novena
9:00am All Souls Novena
Ez 47:1-9/Cor 3:9-17/Jn 2:13-22

10 THURSDAY

6:30am All Souls Novena
9:00am All Souls Novena
Phlm 7-20/Lk 17:20-25

11 FRIDAY

6:30am +Bon Van Than
8:15am* +Michael Caughlin
9:00am +Melissa Johnson
2Jn 4-9/Lk 17:26-37

12 SATURDAY

9:00am Virginia and Joseph Clay
5:00pm Ryan Mehaffey
7:00pm +Cecilio Albo
3Jn 5-8/Lk 18:1-8

13 SUNDAY

7:00am Father Rooney
8:30am Deceased Member of the Legion of Mary
10:30am Those Who Died in Oct.
10:30am* +Timothy Hanlon
12:30pm +Coletta Lause
2:00pm For Our Parish
5:00pm Mary and Peter Nguyen
7:01pm + Michael CAughlin
Mal 3:19-20/Thes 3:7-12/Lk 21:5-19

Please remember that Mass intentions may be requested at the parish office for any remaining Masses of the year. If dates are no longer available for the date you desire, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.

* Indicates Mass at Holy Cross Academy

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Adult confirmation classes December/January

Deacon Dick Delio will begin Adult Confirmation classes for all those who have already been baptized and have received first Communion, but have not been confirmed, as well as for those who might want a short refresher course on the Catholic faith.

There will be an introductory meeting on Wednesday, December 14 at 7pm

Followed by six, Wednesday evening classes

December 21, January 4, 11, 18 and finishing on January 25.

Classes will last about an hour.

If you would like to sign up for these classes, or to just come to the introductory meeting to hear more, please call the Parish Office to register, leaving your name, phone number and email address.

Thanksgiving Food Drive

Each year, Religious Education families donate food to make Thanksgiving Food Boxes. The items are packaged along with other donations from the parish and distributed to families a few days before Thanksgiving. Last week, our children took home a list of the items each grade is to donate. The Food Drive is runs from November 7-17. Donations will be accepted in the Parish Life Center prior to either of the teaching Masses on 9 and 10 November or during the classes the week of November 14.



Cancer Support Group

Our Believe Group continues to grow and provide spiritual support for those facing a cancer diagnosis and their loved ones. The confidential sharing of scripture, personal thoughts, and experiences generates an uplifting time for those involved. Please, if this is a situation present in your life, join us on November 13, 2016 from 9:30-11am in the Fr. Don Rooney Community Room. Sharing can be a strong part of healing, but just as important is presence. Your presence as part of the body of Christ can provide strength to us all. Questions? Call 540-845-3031 and join us for this spiritual journey as we reflect, share and pray together.

Marriage Enrichment Evening

Married and engaged couples of all ages welcome to attend *Love For a Lifetime: Keys to Building a Joyful, Lasting Marriage*. Featuring popular speakers, **David and Margaret Bereit**, who have helped hundreds of couples prepare for marriage, conducted relationship classes, and led numerous marriage enrichment programs. **Friday, November 11, from 7-9pm at St. Anges Parish Hall, Arlington, VA.** Desserts and drinks provided. \$15 per couple. Register at loveforever.eventbrite.com. Questions: contact Nancy McKeague at the Office for Family Life, 703-841-3807.



List of Thanksgiving Food Drive Items by Grade

Kindergarten

Canned Cranberry Sauce

1st grade

Boxed Cake or Brownie Mix

2nd grade

Canned Corn, Black, Kidney or Pinto Beans

3rd grade

Canned Yams or Sweet Potatoes

4th grade

Boxed Biscuit or Muffin Mix

5th grade

Boxed or Bagged Rice

6th grade

Boxed Potatoes

7th grade

Canned Green Beans

8th grade

Boxed Stuffing Mix

9th-12th grades

Canned Cranberry Sauce

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We Got Your Leaves

Our Catholic Students at the University of Mary Washington will be conducting a leaf raking fundraiser, **Saturday, November 12, from 10am-2pm**. If you are interested in their services, please contact ccmyardwork@gmail.com. The event is sponsored by the UMW Catholic Campus Ministry.



Voters' Guide from the Virginia Catholic Conference

The Virginia Catholic Conference has created a Voters' Guide for upcoming Elections to help voters identify issues important to Catholics. The election is November 8. The guide can be found on the Conference website at vacatholic.org.

Pro Life Reflection

"Show by your life that it is worth giving your time and talents in order to attain high ideals, it is worth recognizing the dignity of each human person, and it is worth taking risks for Christ and his Gospel. It is He that we have come to seek because He first sought us." (Pope Francis)

A Veterans Day Prayer

Dear Lord, we honor our veterans, worthy men and women who gave their best when they were called upon to serve and protect their country. We pray that you will bless them, Lord, for their unselfish service in the continual struggle to preserve our freedoms, our safety, and our country's heritage, for all of us. Bless them abundantly for the hardships they faced, for the sacrifices they made, for their many different contributions to America's victories over tyranny and oppression. We respect them, we thank them, we honor them, we are proud of them, and we pray that you will watch over these special people and bless them with peace and happiness. In Jesus's name we pray. Amen. (By Joanna Fuchs poemsource.com).

Weekly Offertory

October 30 Offertory	\$36,019
Hurricane Matthew Asst	\$5,563
Mission Sunday (add'l)	\$2,179
St. Vincent de Paul Poor Box	\$135

Second collection next week is for our Retirement Fund for Religious.

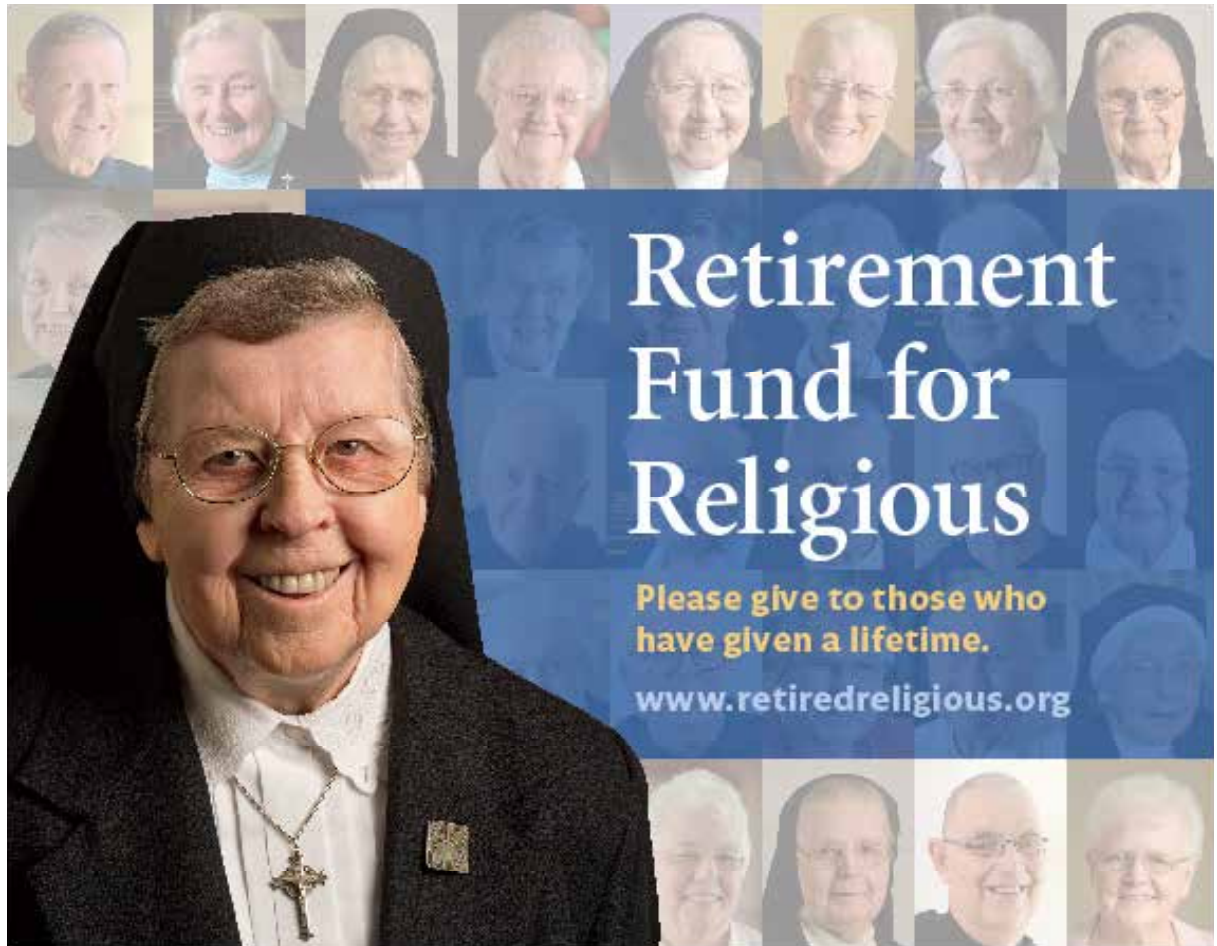
Please remember to use your Offertory Envelopes to ensure the accuracy of your end-of-year statement. The "Children's Envelope" proceeds will not be recorded on family statements.

Children's Charity for November

Children's Offertory Contributions in November will be used for Christmas gifts for teenagers in foster care in the City of Fredericksburg. This age group is often overlooked at Christmas, and the contributions made in November will be sent to Social Services for gifts or gift cards. Children's Offertory Envelopes are available in the Religious Education Office. All proceeds from these envelopes go to a different children's charity each month.



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Second Collection November 12 & 13

"Be faithful to your prayer life and have a sense of humor," says Sister Rita Polchin (above), a member of the Sisters of Saints Cyril and Methodius in Danville, PA. "That's my advice for a long, happy life." And, at age 87, she ought to know. Throughout nearly 70 years of religious life, this philosophy has served her well, especially as she ministered in Catholic schools. "One year I had a class of 54 students," she recalls with a smile, "but they were all good!"

Like Sister Rita, the senior sisters, brothers, and religious order priests across the nation, have

offered their lives in service and prayer. They have educated the young, cared for the sick, and spoken for the oppressed. Many, including Sr. Rita, continue to serve. Others need assistance. Your gift to the Retirement Fund for Religious helps provide nursing care, medications, and other necessities. Please be generous.

outreach national novena



Prayer to Mary, the Immaculate Conception, Patroness of the United States

Most Holy Trinity: Our Father in Heaven, who chose Mary as the fairest of your daughters; Holy Spirit, who chose Mary as your Spouse; God the Son, who chose Mary as your Mother, in union with Mary we adore your majesty and acknowledge your supreme, eternal dominion and authority.

Most Holy Trinity, we put the United States of America into the hands of Mary Immaculate in order that she may present the country to you. Through her we wish to thank you for the great resources of this land and for the freedom which has been its heritage.

Through the intercession of Mary, have mercy on the Catholic Church in America. Grant us peace. Have mercy on our president and on all the officers of our government. Grant us a fruitful economy, born of justice and charity. Have mercy on capital and industry and labor. Protect the family life of the nation. Guard the precious gift of many religious vocations. Through the intercession of our Mother, have mercy on the sick, the tempted, sinners – on all who are in need.

Mary, Immaculate Virgin, our Mother, Patroness of our land, we praise you and honor you and give ourselves to you. Protect us from every harm. Pray for us, that acting always according to your will and the will of your divine Son, we may live and die pleasing to God. Amen.

From the Bishop

With the November 8 election just two weeks away, many Americans are rightfully concerned about how to vote and about the election's influence on the future of our nation. More seems to be at stake with this election than in previous years.

I hope that, in preparing for the upcoming election you and your parishioners have been able to benefit from the resources provided by the Virginia Catholic Conference, as well as my Forming Our Consciences series in the Arlington Catholic Herald. And yet, we must remember that prayer and fasting will always remain our most important resources.

As a Knight of Columbus, I highly recommend the Knights' National Novena, which commends our nation to Mary, the Immaculate Conception. The novena begins on Sunday, October 30th and concludes on November 7th, the eve of the election. A copy of that novena is attached. I also, as I did throughout the Forming Our Consciences series, continue to recommend the practice of fasting, particularly abstinence on Fridays. These are but two of many things we can offer to the Lord as the election approaches, and I trust that you have already added your own.

With whatever prayers we choose, let us entrust the United States and the outcome of this election to Our Lord, that His will be done.

Saint Mary of the Immaculate Conception Parish				
Fiscal Year Ended June 30, 2016				
INCOME STATEMENT	Account Title	Church	School	TOTAL
	OPERATING INCOME			
	Collection Income	2,368,230	-	2,368,230
	Liturgical & Sacramental Income	101,262	-	101,262
	Other Operating Income	17,846	-	17,846
	School Tuition Related Income	-	-	-
	Other School Income	-	-	-
	Parish Subsidy to School Income	-	-	-
	Religious Ed & Youth Ministry Income	106,599	-	106,599
	Other Ministry & Program Income	65,981	-	65,981
	Other Income	266,632	-	266,632
	TOTAL INCOME	\$ 2,926,551	\$ -	\$ 2,926,551
BALANCE SHEET	OPERATING EXPENSES			
	Salary & Benefits	949,342	-	949,342
	Facilities Expense	252,809	-	252,809
	General Operating Expense	512,618	-	512,618
	Liturgical and Sacramental Expense	107,969	-	107,969
	School Expense	-	-	-
	Parish Subsidy to School Expense	203,077	-	203,077
	Religious Ed and Youth Ministry Expense	121,610	-	121,610
	Other Ministry and Program Expense	139,860	-	139,860
	Other Expense	355,471	-	355,471
	TOTAL OPERATING EXPENSE	\$ 2,642,758	\$ -	\$ 2,642,758
	NET OPERATING SURPLUS/(DEFICIT)	\$ 283,793	\$ -	\$ 283,793
	OTHER INCOME & EXPENSE			
	Extraordinary Income	233,454	-	233,454
	Extraordinary Expense	172,867	-	172,867
	NET OTHER INCOME & EXPENSE	\$ 60,586	\$ -	\$ 60,586
	NET SURPLUS/(DEFICIT)	\$ 344,379	\$ -	\$ 344,379
	As of June 30, 2016			
	ASSETS			
	Operating Accounts	203,897	-	203,897
	DIAL Savings	326,964	-	326,964
	Fixed Assets	-	-	-
	Other Assets	5,829	-	5,829
	TOTAL ASSETS	\$ 536,690	\$ -	\$ 536,690
	LIABILITIES			
	Accounts Payable	-	-	-
	Loans Payable	3,067,148	-	3,067,148
	Deferred Income	-	-	-
	Other Liabilities	28,260	-	28,260
	TOTAL LIABILITIES	\$ 3,095,409	\$ -	\$ 3,095,409
	NET ASSETS			
	Unrestricted	(2,801,537)	-	(2,801,537)
	Temporarily Restricted	242,818	-	242,818
	Permanently Restricted	-	-	-
	TOTAL NET ASSETS	\$ (2,558,719)	\$ -	\$ (2,558,719)
	Total Liabilities & Net Assets	\$ 536,690	\$ -	\$ 536,690

Holy Cross Academy			
Fiscal Year Ended June 30, 2016			
Account Title	Church	School	TOTAL
OPERATING INCOME			
Collection Income	-	-	-
Liturgical & Sacramental Income	-	-	-
Other Operating Income	-	-	-
School Tuition Related Income	-	2,536,451	2,536,451
Other School Income	-	256,882	256,882
Parish Subsidy to School Income	-	203,077	203,077
Religious Ed & Youth Ministry Income	-	-	-
Other Ministry & Program Income	-	-	-
Other Income	-	384,587	384,587
TOTAL INCOME	\$ -	\$ 3,380,997	\$ 3,380,997
OPERATING EXPENSES			
Salary & Benefits	-	2,400,380	2,400,380
Facilities Expense	-	237,136	237,136
General Operating Expense	-	114,349	114,349
Liturgical and Sacramental Expense	-	-	-
School Expense	-	215,209	215,209
Parish Subsidy to School Expense	-	-	-
Religious Ed and Youth Ministry Expense	-	-	-
Other Ministry and Program Expense	-	-	-
Other Expense	-	48,807	48,807
TOTAL OPERATING EXPENSE	\$ -	\$ 3,015,882	\$ 3,015,882
NET OPERATING SURPLUS/(DEFICIT)	\$ -	\$ 365,115	\$ 365,115
OTHER INCOME & EXPENSE			
Extraordinary Income	-	57,603	57,603
Extraordinary Expense	-	38,042	38,042
NET OTHER INCOME & EXPENSE	\$ -	\$ 19,561	\$ 19,561
NET SURPLUS/(DEFICIT)	\$ -	\$ 384,676	\$ 384,676
As of June 30, 2016			
ASSETS			
Operating Accounts	-	90,686	90,686
DIAL Savings	-	1,202,232	1,202,232
Fixed Assets	-	-	-
Other Assets	-	40,418	40,418
TOTAL ASSETS	\$ -	\$ 1,333,337	\$ 1,333,337
LIABILITIES			
Accounts Payable	-	5,502	5,502
Loans Payable	-	11,250	11,250
Deferred Income	-	51,281	51,281
Other Liabilities	-	5,412	5,412
TOTAL LIABILITIES	\$ -	\$ 73,444	\$ 73,444
NET ASSETS			
Unrestricted	-	641,171	641,171
Temporarily Restricted	-	553,400	553,400
Permanently Restricted	-	65,322	65,322
TOTAL NET ASSETS	\$ -	\$ 1,259,892	\$ 1,259,892
Total Liabilities & Net Assets	\$ -	\$ 1,333,337	\$ 1,333,337