



**Fifth Sunday in
Ordinary Time**

**05 February
2017**

Saint Mary of the Immaculate Conception Roman Catholic Church
FREDERICKSBURG, VIRGINIA

what's coming



**SAINT
MARY**

of the
IMMACULATE
CONCEPTION
Roman Catholic Church

HOLY CROSS ACADEMY

february

05 SUNDAY, FIFTH SUNDAY IN ORDINARY TIME

Coffee Shop after morning Masses sponsored by the Preschool
1-3pm, Holy Cross Open House

06 Monday, Saint Paul Miki and Companions, Martyrs

7:30-8:15pm, RCIA, Church

07 Tuesday, Weekday

08 Wednesday, Weekday (Saint Jerome Emiliani; Saint Josephine Bakkita, Virgin)

9:45-11:45am, "Follow Me: Meeting Jesus in the Gospel of John", Courtyard Meeting Room

09 Thursday, Weekday

9:45-11:45am, "Follow Me: Meeting Jesus in the Gospel of John", Courtyard Meeting Room
No Walking With Purpose Women's Bible Study Class

10 Friday, Saint Scholastica, Virgin

11 Saturday, Weekday (Our Lady of Lourdes)

7pm, Knights of Columbus Valentine's Day Dinner

12 SUNDAY, SIXTH SUNDAY IN ORDINARY TIME

Coffee Shop after morning Masses sponsored by the CYM
3-4pm, Quincenera Meeting, Parish Life Center

13 Monday, Weekday

7:30-8:15pm, RCIA, Church

14 Tuesday, Saints Cyril, Monk, and Methodius, Bishop

6:30pm, First Penance for Monday-Tuesday 4:45 RE Second Graders
7pm, First Penance for Wednesday-Thursday 4:45 RE Students

15 Wednesday, Weekday

9:45-11:45am, "Follow Me: Meeting Jesus in the Gospel of John", Courtyard Meeting Room
6:30pm, First Penance for Monday 6:30 Students

16 Thursday, Weekday

9:45-11:45am, "Follow Me: Meeting Jesus in the Gospel of John", Courtyard Meeting Room
6:30pm, First Penance for Tuesday, Tuesday 6:30pm, Wednesday 6:30pm, and Hometaught Student
7:15-8:30pm, Walking With Purpose Women's Bible Study, Parish Life Center (multiple rooms)

17 Friday, Weekday (The Seven Holy Founders of the Servite Order)

18 Saturday, Weekday

19 SUNDAY, SEVENTH SUNDAY IN ORDINARY TIME

No Coffee Shop after morning Masses for President's Day

20 Monday, Weekday

21 Tuesday, Weekday (Saint Peter Damian, Bishop and Doctor of the Church)

nota bene (*note well, please*):

- ✂ It's time for **each and every** registered family to consider how they plan to support the work of the Catholic Church in the annual **Bishop's Lenten Appeal**: If we reflect on the mission that Jesus has given us, and the words of Pope Francis, the Church is uniquely placed by God to be his agent of mercy and change, to heal our world. Prayerfully think of how **you** will respond to this call. **Commitment Sunday will be February 25-26 at all Masses**. Your generosity is what makes our Church's response possible. **"Offering hands to serve and hearts to love"**
- ✂ Complete some of your holiday shopping by purchasing **SCRIP gift cards!** Set up an account today and earn rebates for HCA. Email **Torie Baldwin** at scripcoordinator@holycrossweb.com for the school enrollment code.
- ✂ **Subscribe to the Saint Mary website, stmaryfred.org** and receive important updates via email. The subscription box is on the homepage. Enter your email address, click **"subscribe."**
- ✂ **Saint Mary Calendars** are now available in both English and Spanish in the vestibule of the church. Please, one per family.

1009 Stafford Ave., Fredericksburg, VA 22401

| | |
|-----------------------------------|--|
| SUNDAY MASS | Saturday Vigil 5 & 7pm Sunday 7, 8:30, 10:30am, 12:30, 2pm (Spanish), 5pm, 7:01pm 10:30am at Holy Cross Academy |
| DAILY MASS | Mon.-Fri.: 6:30am, 9am, Noon (M,W,F) Sat., 9am First Friday 8pm Holy Days of Obligation, as announced |
| DEVOTIONS | Adoration & Benediction, Wed., 7-9pm Novena with Exposition, Mon., 7-7:30pm All Night Adoration, First Friday Miraculous Medal Novena, Mon., after 9am Mass Divine Mercy, Wed., 3pm |
| CONFESSION | Wed., 7-9pm; Sat., 8am & 3:30pm, or by appt. |
| PARISH OFFICE | 540-373-6491, fax 371-0251 stmary@stmaryfred.org Mon.-Fri., 8:30am - 4:30pm; <i>students staff office weekdays until 9pm, Saturdays 9-5pm, Sundays 9:30-1:30pm</i> Pastor, Fr. John Mosimann Fr. Keith Cummings Fr. Stephen Holmes Fr. Colin Davis Deacon Alberto Bernaola Deacon Dick Delio Jim Florio, Operations & Facilities Manager Business Manager, Elaine Stanislawski Director of Sacred Music, David Mathers Parish Secretary, Tatiana Beltran |
| HOLY CROSS ACADEMY | 540-286-1600 250 Stafford Lakes Parkway Fredericksburg, Virginia 22406-7234 Principal, Sr. Susan Louise Eder, O.S.F.S. |
| ST. MARY PRESCHOOL | 373-7553 Director, Nanci Scharf |
| RELIGIOUS EDUCATION OFFICE | 373-6491 Director, Aristides Lucas Associate Director, Karen Sturtevant |
| YOUTH MINISTRY | 373-6491 Director, Leo Chavarria |
| HEALTH MINISTRY | 845-3031 Lois Sullivan, RN, FCN |
| BAPTISMS | Parish registration (90 days) and class required. Please contact the parish office to schedule the date at least four weeks in advance. |
| MARRIAGE | Parish registration required; contact parish six months in advance to begin preparation. |
| JOIN US | New Family Registration meetings held in the church on fourth Sundays, following the 10:30 Mass. Please notify us of any contact changes. |

Articles must be submitted two weeks prior to publication.
Send articles to bulletin@stmaryfred.org. Thanks!

this week's bulletin:

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from the pastor

pax et bonum



Dear Folks,

Since a picture is worth a thousand words, I think I'll just share a picture my ski trip. That is me in the orange jacket, of course! Also pictured are priest friends from North Carolina and Illinois. I have been organizing an annual 'sacred ski trip' for priests for 20 years (24 if you include the ones I organized in seminary)! We have had anywhere from 4 to 10 priests on this trip and treasure the friendship, prayer, fraternity, and theological discussions that take place. So where am I as you read this? Hopefully enjoying a 'bluebird day' much like the one in this photo.

See you next weekend. I trust you'll pray that I ski safely. I promise I'm praying for you.

Pax,

Fr Mosimann



MOST REVEREND MICHAEL F. BURBIDGE
BISHOP OF ARLINGTON

January 23, 2017

Dear Father Mosimann,

I am deeply grateful for the beautiful spiritual bouquet prepared for me by the parishioners of Saint Mary of the Immaculate Conception. Your support and continued prayers are greatly appreciated.

Please be assured of my prayers for you and all of your parishioners. May Our Lord Jesus abundantly bless you and watch over you always.

Fraternally in Christ,

Bishop Burbidge
With my gratitude and prayers.



holy cross academy

“Catholic Schools: Communities of Faith, Knowledge and Service.”

Throughout this past week our students have grown in their Faith by learning more about our Salesian Saints. Students in the older grades prepared presentations on St. Francis de Sales, St. Jane de Chantal, St. Leonie Aviat and Blessed Louis Brisson and shared their knowledge with our younger children. In sharing our faith, we all grow closer to Jesus through the example of his friends, the saints.

Our students have grown in Service by participating in a Jump-a-thon for the American Cancer Society. We know that we are part of a larger community and we are all called to care for one another. A local sports club, the SFS Pickleball Club, expressed their appreciation for the use of our gym with a generous donation to our Expansion Fund.

Our students continue to grow in Knowledge in many ways. Our first grade teachers have made STEM education a priority in their class this year. The first graders love doing STEM activities because they are motivating and engaging, and involve real-world activities. First graders take pride in what they created and love to share their work. The students work in teams and have to communicate to be successful.

They learn that it's okay to fail and they are encouraged to try again. Incorporating STEM in their reading lessons adds a writing component, extends their vocabulary, and allows them to create a tangible product about the story.

It is a true joy for us to share information about our school with you. We are proud of our students and our graduates. We invite you to visit our school website, holycrossweb.com. If you would like to see what we can do for your child, please call our HCA office at 540-286-1600 or St. Mary Preschool at 540-373-7553 to arrange for a tour or to let us tell you all about Holy Cross Academy, our parish school.



*A National
Blue Ribbon
School of
Excellence,
2012*



Holy Cross Open House is Here

We will be hosting an Open House on February 5 and invite you to come visit us. St. Mary Preschool will be open from 9:30am-noon. We have several programs for three- and four-year-olds and would love to have you stop by and learn all about them. Holy Cross Academy will be providing tours for interested families from 1-3pm that afternoon. We promise that you will have lots of time to make it home for the Super Bowl.



education

religious education

First Penance and First Communion Meeting

On Thursday, January 26, parents attended a meeting in preparation for First Penance and First Communion.

Our pastor, Fr. John Mosimann and Holy Cross Academy principal, Sr. Susan Louise Eder, O.S.F.S. addressed the many parents present. They encouraged them to prepare their children joyfully and to be models of faith.

Parents were informed that First Penance for Religious Education students would be held on March 7, 8 and 9 at 6:30pm. First Communion would be held two Saturdays May 6 and 13 at 9am and 11am and on Sunday May 7 at the 8:30am, 10:30am and 2pm Masses. First Penance for Holy Cross Academy students will be on Wednesday, March 8 during classes and First Communion will be on Saturday, May 6 at 9am.

Parents also received a booklet that will help them prepare their children to receive the two sacraments.



FORMED Parish Code - F6F228

We encourage parents to discuss the this article with their children, especially those preparing for First Penance:

The basic requirement for a good confession is to have the intention of returning to God like the "Prodigal Son" (Luke 15:11-32) and to acknowledge our sins with true sorrow before God and our faith community, both represented by the priest.

As a result of Original Sin, human nature is weakened. Baptism, by imparting the life of Christ's grace, takes away Original Sin, and turns us back toward God. The consequences of Original Sin and the inclination to evil persist, and we often commit mortal and/or venial sins.

Modern society has lost a sense of sin. As Catholic followers of Christ, we must make an effort to recognize sin in our daily actions, words and omissions.

The Gospels show how important is the forgiveness of our sins to our spiritual and physical well-being. Often when Jesus cured he forgave the sin of the sick person, (Matthew 9:1-9). If we sin by abusing food, drugs and our bodies we are often left with physical ailments.

Lives of saints prove that the person who grows in holiness has a stronger sense of sin, sorrow for sins, and a need for the Sacrament of Penance or Confession.

youth ministry

StMaryCYM



#GetInvolvedBeTransformed



MIDDLE SCHOOL YOUTH GROUP

Middle School Youth Group resumes on Sunday March 5 at 3:30pm. All 7th and 8th graders are invited.

Confirmation Retreat 2017

Our confirmandi will be heading to the Basilica of the National Shrine of the Immaculate Conception on Saturday, February 18. Please keep our youth in prayer as they continue to open themselves to the Holy Spirit. If your child is going to this retreat and you have not submitted a permission slip please do so ASAP.

happening here

Campbell Labels and Box Tops

Parishioners, thank you for your generous support of the Labels for Education (Campbell's labels) and Box Tops programs for Holy Cross Academy. The Labels for Education program is ending this year. Please take a few minutes to empty out your pantry of any additional Labels for Education you might still have. We only need the UPC and logo part of the label. Please deposit them in the back of church in the closet in the container with the Box Tops for Education by the end of April so we can make our final deposit of the year for the program. We greatly appreciate your continued support and generosity. The Box Tops program will be continuing and the collection bin will remain in the vestibule closet.

Blood Pressure Check-In

The Health Ministry provided its first Blood Pressure Check-In this past November with many parishioners stopping by after Mass to have their blood pressure checked. An easy and quick way to keep up with a possible or current medical condition that now affects approximately 1 in every 3 adults in the US. And it can be treated and controlled through medical care.

So, we are providing this Check-In quarterly and our **next workshop is on Sunday, February 12 from 8:30am-12 Noon in the Parish Life Center.** Stop into the Sunday Coffee Shop and get your BP checked before your coffee and donut!

You will be given a written record of the findings and

resource materials will be available. Come and join the Health Ministry in taking positive steps to better health and well-being as we start our 2017 Wellness Journey!

Micah Cold Weather Shelter

The Micah Cold Weather Shelter opened for the winter season on November 15 and will remain open each evening until mid- to late-March. Teams of Saint Mary volunteers assist on Tuesday evenings by greeting and checking in clients, setting up sleeping areas, and providing hospitality for the 30+ individuals that utilize the facility. Each participating church is asked to bring 3 dozen items (white socks, small toiletries, etc.). **Saint Mary is asked to collect donations of men's boxer underwear sizes medium and large.** Please consider how you might be able to support this need—all donations are gratefully accepted at our Parish Office. Although it is a good thing that the temporary shelter is available during the harsh winter months, it highlights the continuing need for sustainable housing and support mechanisms in our community. For more information about community efforts to help the homeless, please visit **Micah Ecumenical Ministries**, dolovewalk.net or **Thurman-Brisben Homeless Shelter**, thurmanbrisbencenter.org

A History of St. Mary

"Fredericksburg's St. Mary of the Immaculate Conception Roman Catholic Church is steeped in history, from its antebellum roots in overwhelmingly Protestant

Virginia through the carnage of the American Civil War and its aftermath to the modern age which finds its congregation nearly 17,000 strong. Its story comes alive in *Here Is The Church: A History of St. Mary Parish* through the chronicling of local newspapers and first person accounts." Our parish history book is a celebration of all that we have been and all that we are today.

Reserve your copy for \$25 at StMaryCCWNews@aol.com or 540-752-5502 or visit the online bookstore at store.bookbaby.com/book/Here-Is-the-Church



**KNIGHTS
OF COLUMBUS**
IN SERVICE TO ONE. IN SERVICE TO ALL.

Council 4034 Wants You

Interested in transforming your life? As a Knight, you have the opportunity to support your parish, give back to your community, grow in your faith and gain exclusive access to our top-rated insurance program to protect your family. Learn more about becoming part of the fraternal brotherhood at kofc4034.org.

happening here

Praying in Color

Have you ever found yourself intending to pray about something or for someone and instead find your thoughts wandering? It happens to all of us and is normal! But new methods of expressing our prayers continue to evolve and Praying In Color is one that is spiritual, relaxing and very meaningful.

Last year we presented our first very successful Praying In Color workshop and are planning to present it again soon. Health Ministry member Peg Larose will be our presenter again and we want to invite you to join us for a most enjoyable one hour here with us. Show up with an open, prayerful heart and experience this hands-on "Praying in Color" for yourself.

We need to plan for space and request that you let us know if you are interested. Please call 540-845-3031 or email at lsullivan@stmaryfred.org to let us know of your interest. You will become a fan of this great

new way to open your heart to prayer and pray and share with others this rewarding experience.

Strength and Balance Workshop

The Health Ministry invites you and/or your loved ones to an educational presentation on Falls Prevention which will include opportunities for balance screening performed by Courtney Sanner, a parishioner and Doctor of Physical Therapy. The presentation and screenings will be held here at St. Mary's and will last for one hour on a Saturday.

We successfully presented this workshop last year and want to make it available to our parishioners again this year. "Falls" is a major medical risk today for many people and educating ourselves on how to prevent them and our own personal risk is a good way to prevent such falls.

With a busy planning schedule,

we are requesting input into those who are interested in attending such a program. Please call 540-845-3031 or email at lsullivan@stmaryfred.org to let us know of your interest.

Prevention starts with awareness — let's get started so that future accidents and disabilities can be avoided.

Help us to support the Bishops' Initiative on marriage!

Couples who attend Worldwide Marriage Encounter weekends not only rediscover the joy, intimacy and romance in their relationships, but also become more active in their parish. Together, we are making marriages, families and our Church stronger and healthier. **The next Worldwide Marriage Encounter weekend is March 31 - April 2 in Herndon, VA.** Early sign up is recommended. For more info visit RenewMarriage-VANorth.org or contact us at applications@renewmarriage-vanorth.org or 703-646-1521.



Lenten Small Groups: The Doctor's In: Pathways to a Healthy Mind, Body and Spirit

Host Registration is now OPEN! We are welcoming prior and new hosts who would like to gather a small group of colleagues, friends or family members to meet, discuss and share the reflections on this year's Lenten Small Group Program, "The Doctor's In: Pathways to a Healthy Mind, Body and Spirit". There will be three ways to sign up: Host Sign up cards will be available in the information area in the vestibule, sign up on the Parish Website, or go to lentenfriends.org and select St. Mary Church from the Host a Group Icon. We will invite people to become involved as hosts and gather their own groups through the end of January. We will begin inviting individuals to sign up beginning February 6 for those who are interested but have not connected with a group. There is a \$10 participation fee for each participant.

commitment weekend

2017 Bishop's Lenten Appeal: Commitment Weekend is February 25/26

By now everyone should have received the mailing from Bishop Burbidge "Offering Hands to Serve and Hearts to Love."

Please read the materials carefully and consider the important ministries and programs funded by the BLA that truly strengthen our Church. Also, prayerfully consider how you will take your place in this work by making a sacrificial pledge of support.

The BLA requires financial support from **every one of us** in the parish to be successful. By each of us joining together with a gift to the BLA, we can help countless people across our diocese. *Here are a few comments from people who have benefitted from the generosity of our past support of the BLA:*

From a seminarian studying for the priesthood:

"The Bishop's Lenten Appeal directly addresses the needs of the diocese and as a seminarian I am especially grateful and humbled to be one of its recipients. It is by your generosity that my brother seminarians and I are able to undergo rigorous formation for the priesthood. I thank you for your charity and pray that God blesses you abundantly for your support of seminarians and the diocese."

From a woman who attended a Project Rachel retreat:

"I pray that more people who need healing and forgiveness learn about Project Rachel and attend a retreat. It will be the beginning of the rest of your life. You can be forgiven and you can heal. Just let God in."

From an attendee of the Conference for the Engaged:

"The talks were so relatable; I felt they addressed so many of the things I have been thinking about as I get ready for marriage. I greatly enjoyed participating. It was very dynamic, informative, and enjoyable."

From a mother helped by food pantries with Catholic Charities:

"As a mother, it is heart-breaking to see your kids hungry... I am very thankful for Catholic Charities because who knows where our family would be right now without the nice people there."

From a parish Youth Ministry Director:

"...the youth are there for each other, and they give strength to one another at work camp. To actually see the youth living their faith throughout the week, not just on Sunday at Mass, it's like WOW! This is what it's all about, they are actually being witnesses!"

The BLA provides support to thousands of people, some of whom may be sitting next to you at Mass each week. Thank you for your consideration of a pledge for this year's BLA.

Bishop Burbidge Voices Solidarity with Refugees

In his statement on the Executive Order halting refugee admissions, Bishop Joe Vasquez, Chair of the Committee of Migration and Bishop of the Diocese of Austin, highlighted our nation's long and proud tradition of welcoming newcomers and refugees in a humane manner, even as we have pursued a strong vetting system to ensure our safety and security. Together with Bishop Vasquez and my brother bishops, I encourage Catholics to contact our elected officials to make our voices heard: our communities have been and will continue to be hospitable to refugees, in keeping with our legacy of welcoming the stranger. Together, we also pray for comprehensive immigration reform and for peace, safety and harmony within our nation and throughout the world.

Show your support today for immigrants and refugees through this action alert, from the U.S. Conference of Catholic Bishops.

Obispo Burbidge expresa su solidaridad con los refugiados

En su declaración sobre la Orden Ejecutiva que detiene las admisiones de refugiados, el Obispo Joe Vásquez, Presidente del Comité de Migración y Obispo de la Diócesis de Austin, destacó la larga y orgullosa tradición de nuestra nación de dar la bienvenida a los recién llegados y refugiados de una manera humana, aun cuando hemos perseguido un sistema de investigación riguroso para garantizar nuestra seguridad. Junto con el Obispo Vásquez y mis hermanos obispos, animo a los católicos a que se pongan en contacto con nuestros funcionarios electos para hacer oír nuestra voz: nuestras comunidades han sido y seguirán siendo hospitalarias para los refugiados, de acuerdo con nuestro legado de dar la bienvenida al extranjero.

Demuestre su apoyo hoy a los inmigrantes y refugiados a través de esta alerta de acción, de la Conferencia de Obispos Católicos de los Estados Unidos.

parish life happenings

2nd Annual Mardi Gras Gala to benefit The Guadalupe Free Clinic

Come out on February 25 to celebrate Mardi Gras and help support The Guadalupe Free Clinic! Enjoy a fun evening at picturesque Potomac Point Winery in Stafford, VA while sipping wine and dining in the ballroom. There will be a live and silent auction. King Teddy is returning this year to provide the live music for the evening! To purchase tickets you may go online to gfcgala.eventbrite.com, email gfcgala@gmail.com, or you may call Susan at (201) 314-5884. Ticket sales end February 16.

Marriage Day of Enrichment and Celebration

Sponsored by Teams of Our Lady, will be held at St. Michael Catholic Church, 7401 St. Michael's Lane, Annandale, VA, on Saturday, February 18 in the All Purpose Room of the

Junior School. The event will be from 9:30am-3pm and lunch is included. This day is for married couples seeking to live the sacrament in today's world. Cost is \$15 per couple to be paid at the door on February 18. To participate, please contact Carol and Dave McCaffrey (themccaffreys22003@gmail.com) to reserve your place and facilitate our planning. To learn about Teams of Our Lady, you can go to teamsofourlady.org.

The 14th Annual Live Jesus!

A morning of reflection, fellowship, and prayer will be held on Saturday, March 18 from 9am-12:45 pm, at St. John Neumann Catholic Community in Reston, VA. The theme is "Salesian GPS: Gentleness, Patience and Simplicity." For more information and driving directions, go to oblates.org and click on the LIVE JESUS icon.

Global Prayer Ministry



Please join and pray with us. With firm faith in the power of prayer and through the convenience of social media, Please pray with us by joining "Global Prayer Ministry."

Once a week, we will send out a specific intention to all who are registered by your choice of email or text. Our hope is that we all will pray **at the same time at Noon on Fridays** for five or ten minutes for the intention that was sent.

Simply text "Prayer" to 845-76. You will receive a confirmation message AND another message asking you to CLICK a link to give your name and email address to join our group.

For those that do not have a cell phone but wish to join, you can do so via the internet. Please visit new.flocknote.com/StMaryCatholicChurchFre1/GlobalPrayerMin.



Saint Mary Choir singing for Mass at singing for Mass at St. Peter's Basilica in the Vatican. We will sing for the Papal Mass in St. Peter's February 2 for the Feast of the Presentation of the Lord. For more, go to our Facebook page Saint Mary Adult Choir Fredericksburg.

happenings

Come together for Virginia.

Virginia Vespers: Evening Prayer for the Commonwealth

Virginia's Catholic bishops and the Virginia Catholic Conference invite legislators and other officials of all faiths, educators, social service practitioners, parishioners and all to join them at the Cathedral of the Sacred Heart in Richmond to pray for the Commonwealth.

Join Bishop Michael Burbidge and Bishop Francis DiLorenzo for Vespers at 5pm, Thursday, February 9. Reception follows.

800 S. Cathedral Place, Richmond Free shuttle service is available at the Virginia Capitol Visitors' entrance at 10th and Bank Sts., and parking is available at the garage at North Laurel and West Main Sts., one block away.

Visit the VCC website to learn more about issue before the State Assembly. Here are a few of the issues the Virginia Catholic Conference is following:

- Regulating Abortion Clinics
- Recognizing Jan. 22 as the "Day of Tears" in Virginia
- Adoption Tax Credits
- Protecting Religious Liberty
- Preserving Scholarship Tax Credits
- Immigration Enforcement
- Raising the Minimum Wage
- Protecting Consumers from Predatory Lending
- Driver's Licenses for Immigrants
- Virginia Executes Ricky Javon Gray



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operations given in love

Weekly Offertory

Offertory Collection January 29

| | |
|------------------------------|----------|
| Offertory | \$34,732 |
| Church in Latin America | \$1,682 |
| St. Vincent de Paul Poor Box | \$178 |

Children's Offertory Envelopes for February

The children's charity that will benefit from the offering in February is Hazelwild Farm's Therapeutic Riding Program. The program offers specialized horseback riding lessons for all ages of riders with a wide range of physical, cognitive and emotional disabilities. The lessons increase stability, flexibility, strength, motor skills, cognitive ability and confidence for the riders, along with providing many other physical and emotional benefits. For more information, go to hazelwildfarm.com.

Choose Life Reflection

"From each tiny child waiting to be born, to individuals nearing death, all are precious and deserve our care and protection. ... Let's ask God to make us channels of his loving mercy." — Cardinal Timothy M. Dolan, Chairman USCCB Committee on Pro-Life Activities 2016 Respect Life Month Statement (goo.gl/Wiugsn)

TV Mass for the Homebound

The Diocese of Arlington, in partnership with the Archdiocese of Washington, produces a weekly Sunday TV Mass filmed in the Crypt Church of the Basilica of the National Shrine of the Immaculate Conception.

Viewers can watch the TV Mass every Sunday from 10:30-11am on the DCW50 network. It is a wonderful ministry for those members of our Catholic family who are unable to be physically present with a local worshipping community for the Sunday Eucharistic Liturgy. For more information, visit: arlingtondiocese.org/tv-mass.

Nar-Anon Support Now Offered

Are you or your family affected by a loved one's drug addiction? Nar-Anon is a twelve-step program that offers support, strength and hope to family members and friends of loved ones struggling with substance abuse. Meetings are held every (1st, 2nd, and 4th) Thursday evening from 7-8 pm in the Fr. Don Rooney Community Room and every 3rd Thursday evening from 7-8 pm in the John Paul II House (downstairs). Our Nar-Anon meetings are open to both St. Mary parishioners and the community at large. Confidentiality honored and strictly maintained.

Al Anon Surviving the Weekend Group

Al Anon is for those who have been affected by someone else's drinking, and members come together to learn a better way of life and how to find happiness. Especially at this time of year, it's important to know that you are not alone and there is help. There is an Al Anon meeting every Saturday at 10am in Room 204 of St. Mary's Parish Life Center.

SCRIP gift cards

Set up an account today and continue earning rebates for HCA! Email Torie Baldwin at scripcoordinator@holycrossweb.com for the school enrollment code so HCA gets credit for your purchase. **Thanks for using SCRIP gift cards!**

Diocesan Newspaper Collection

As registered members of St. Mary Parish, everyone receives a copy of our Diocesan Newspaper, the Arlington Catholic Herald. The Parish pays an assessment to the Diocese on 40% of its registered families for subscriptions to the Arlington Catholic Herald. All subscriptions paid to St. Mary during the year and contributions made in the Annual Diocesan Newspaper Collection stay with the parish to help offset this assessment. Last year we received a total of \$11,974.45 from the annual newspaper collection and quarterly subscription envelopes to help offset a \$48,336.00 assessment.

If you have not paid for or renewed your subscription to the Arlington Catholic Herald, we ask that you consider doing so now. The subscription rate of \$24.00 a year is one of the lowest of any Catholic newspaper with a circulation of more than 50,000, and the wealth of Catholic articles and information about your Diocese is invaluable. Green subscription envelopes are included with the January, April, July and October envelope packets for your convenience, and the Annual Diocesan Newspaper Collection is next weekend. Your generosity is truly appreciated, and we are very grateful for your constant support. God bless you.

happenings

Join Us Monday at
8:15pm



Monday
February 13, 8:15pm

You are invited to a monthly gathering of prayer in the ecumenical tradition of the Taizé community in France.

It is our hope that this monthly prayer gathering brings together Christians of all churches as we realize a bit more each day that we must rely upon God's power to bring about unity among all who follow Jesus, "as he and the Father are one."

This Unity, which embraces all people, stands at the very heart of Christ's mission. Let us provide a place where his Spirit can come and accomplish this plan for us.

Praying with one voice, let us ask God to bring healing to our world and end the divisions that separate peoples.

Saint Mary Catholic Church

Saint Mary prayer list

Please pray for those who are sick or in need,

especially: Keri Nelson, Jack Brush, Elise Velez, Virginia Gannon Robert Yednock, Daniel Burke, Prudy Tarpe, Mary Ellen Kearney, Veronica Johnson, John Storm, Joshua Oltman, Gladys Bowen, Frances Schwab, Martha Clemens, Lynn Dennis, Anne Shelton, Barbara Gillette, John Gannon, Maureen Mizzles, Miles Wood, Smoot Major, Marian Wolinski, Holly Smith, Mike Harwich, Larry Dillman, Jerome Murphy, Jim Evans, Keith Kovalesky, Patrick Clarke, Cody Harrell, Janie Sherry, Michael Tallarita, Chris Szynal, Judith Cantell, Delores Renninger, Phil Kronsberg, Tamlyn Leaf, Paul Godwin, Patricia Phillips, The Valconi Family, Tim Murphy & family, Matt Dombro, Regina "Gina" Wood, Amber Hedegty, Darlene Guinn, Lillian Held, Duska Green, Mary Jean and Don Williams, O'Neta Shorter, Melvyn Schreckinger, Mary Ulmer, Mary Branham, Jessica Dowling, Kelly Keiser, Lauren McKeever, Janese Morris, Mary Keaton, Montgomery Wood, Harold Gardiner, Gerald Gardiner, Betty Ann & Bill Dateno, Jennifer Smith, Patricia Von Nieda, Corrine Gardine, David Arnold, Matt, Elsie and Riley Seidlinger, Jeanette Ann Williams, Maureen Flanagan, Fannie Manning, April Gray, Tim Conway, Andy Costa, Ellen Cupka, Cheryl Kellett, Jim Matarese, Hugh Fleming, Thomas Moeller, Marianne Ford, Ortiz Family, Diane Beverly, Jaiden Scelzo, Elisea Opeka, Adrian Foshay, Claire Matthews, Matt Traugh, Jonathan Nogueira, Jim Mann, Ted Major, Maggie Lampman, Chuck Boyert, Adrienne Foshay, Stephanie Downing, Ray Heath, Anna Marie Johnson, Emma Gilbert, Tracey Hansen, Bill Herr, Richard Fadden, Michelle Williams, Diana and Mike Pabrinkis, Zachary Payne, David Nimmer, Linda Kaila, Adrienne Foshay, Maggie Lampman, Mark Burton, Odette Anderson, Gene Wingert, Jackie Colson, Robert Yednock, Pete Bartlinski

Please pray for all the men and women in our military and civilian support services overseas, especially:

Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Sean Plunkett, Roy Selvidge, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Nelly Garcia, Mindy Hakenson, Xavier Alas, Gary Rotsch, Anthony Howell, John Anthonor, Andrew Dowdy, Sean McCullum, Josue Bermudez

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

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Daily Mass intentions and readings

february

06 MONDAY

6:30am Ian Johns+

9:00am Deacon Alberto Bernaola
Gn 1:1-19; Mk 6:53-56

07 TUESDAY

6:30am Marija Schwensohn+

9:00am Tom Moeller Family
Gn 1:20-2:4a; Mk 7:1-13

08 WEDNESDAY

6:30am Joseph Tiev Van Luong+

9:00am Salvatore Kiwell+
Gn2:4b-9, 15-17; Mk 7:14-23

09 THURSDAY

6:30am Debora Waggoner+

9:00am Charlie White+
Gn2:18-25; Mk 7:24-30

10 FRIDAY

6:30am Patricia Gasper+

8:15am* Augustine Astier+

9:00am Harold Chipman+
Gn3:1-8; Mk 7:31-37

11 SATURDAY

9:00am Jennie Chipman+

5:00pm William Dean+

7:00pm Addie Comerford+

Gn 3:9-24; Mk 8:1-10

12 SUNDAY

7:00am Roseann Burke+

8:30am Robert Moriarty+

10:30am Edward Holzworth

10:30am* Helmut Smuk+

12:30pm Sylvia Lynch

2:00pm Josue Bermudez

5:00pm For the Parish

7:01pm John Michaelowski+

Sir 15:15-20; 1 Cor 2:6-10; Mt 5:17-37

Please remember that Mass intentions may be requested at the parish office for any remaining Masses of the year. If dates are no longer available for the date you desire, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.

** Indicates Mass at Holy Cross Academy*