Fourteenth Sunday in Ordinary Time



what's coming



Roman Catholic Church

HOLY CROSS ACADEMY

9 SUNDAY, FOURTEENTH SUNDAY IN ORDINARY TIME

9:30am, Friendly Evangelization with Father Colin, Parish Life Center 12pm, Spanish Legion of Mary, Parish Life Center, Room 100

10 Monday, Weekday

july

10:15am, Legion of Mary Our Lady of Perpetual Help, Parish Life Center, Room 100 8:15pm, Taize Prayer Service, Church

11 Tuesday, Saint Benedict, Abbot

6pm, Youth Ministry Sport Tuesday, Old Mill Park 7:30pm, Life in the Spirit, Courtyard Meeting Room 7:30pm, Spanish Legion of Mary, Parish Life Center Room 204

12 Wednesday, Weekday

9:45am, Mary: A Biblical Walk with the Blessed Mother Class, Courtyard Meeting Room

13 Thursday, Weekday [Saint Henry]

9:45am, CCW Craft Group, Parish Life Center, Room 100 9:45am Ephesians: Discover Your Inheritance Bible Study, Courtyard Meeting Room 6:30pm, Legion of Mary, Parish Life Center, Room 201 7pm, Spanish Prayer Group, John Paul II House - upstairs

- 14 Friday, Saint Kateri Tekakwitha, Virgin
- 15 Saturday, Saint Bonaventure, Bishop & Doctor of the Church

16 SUNDAY, FIFTEENTH SUNDAY IN ORDINARY TIME

9:30am, Friendly Evangelization with Father Colin, Parish Life Center 12pm, Spanish Legion of Mary, Parish Life Center Room 100

17 Monday, Weekday

10:15am, Legion of Mary Our Lady of Perpetual Help, Parish Life Center, Room 100

- **18 Tuesday, Weekday [Saint Camillus de Lellis, Priest]** 6pm, Youth Ministry Sport Tuesday, Old Mill Park
 7:30pm, Spanish Legion of Mary, Parish Life Center Room 204
- **19 Wednesday, Weekday** 9:45am, Mary: A Biblical Walk with the Blessed Mother Class, Courtyard Meeting Room
- 20 Thursday [Saint Apollinaris, Bishop & Martyr]
 9:45am, CCW Craft Group, Parish Life Center, Room 100
 9:45am Ephesians: Discover Your Inheritance Bible Study, Courtyard Meeting Room
 6:30pm, Legion of Mary, Parish Life Center, Room 201
 7pm, Spanish Prayer Group, John Paul II House upstairs
- 21 Friday, Weekday [Saint Lawrence of Brindisi, Priest & Doctor of the Church]
- 22 Saturday, Saint Mary Magdelene

23 SUNDAY, SIXTEENTH SUNDAY IN ORDINARY TIME

9:30am, Friendly Evangelization with Father Colin, Parish Life Center New Family Welcome and Registration after 10:30am Mass, Parish Life Center 12pm, Spanish Legion of Mary, Parish Life Center Room 100

WE WELCOME YOU HOME. 540-373-6491

2

express announcements

nota bene (note well, please):

- ନ୍ଦ Please note: will be seal-coating and restriping the church parking lot this week. The entire project will take four days, but will only effect one half of the parking lot at a time. Facing the front of the church from William Street, the left half of the parking lot will be closed on July 11-12, and the right half of the parking lot will be closed on July 13-14. Please be aware that when the left half of the parking lot is closed, the only entry for parking will be from William Street (the Stafford Avenue entrance will be closed). When the right half is closed, the only entry will be from Stafford Ave (the William Street entrance will be closed). We apologize for any inconvenience, but appreciate your understanding and cooperation.
- Complete some of your shopping by ନ୍ଦ purchasing SCRIP gift cards! Set up an account today and earn rebates for HCA. Email Christi Greenwell at scripcoordinator@holycrossweb.com for the school enrollment code.
- Subscribe to the Saint Mary website, stmaryfred. ജ org and receive important updates via email. The subscription box is on the homepage. Enter your email address, click "subscribe."

contact us www.stmaryfred.org

1009 Stafford Ave Fredericksburg VA 22401

1009 Stafford Ave., Fredericksburg, VA 22401		
SUNDAY Mass	Saturday Vigil 5 & 7pm Sunday 7, 8:30, 10:30am, 12:30, 2:30pm (Spanish), 5pm, 7:01pm 10:30am at Holy Cross Academy	
DAILY	MonFri.: 6:30am, 9am M/W/F: 12 Noon Sat.: 9am	
Mass	First Friday 8pm Holy Days of Obligation, as announced	
DEVOTIONS	Adoration & Benediction, Wed., 6:30-8:30pm Miraculous Medal Novena, Mon., after 9am Mass Divine Mercy, Wed., 3pm	
CONFESSION	Mon., 6:30-7pm; Wed., 6:30-8:30pm; Sat., 8am & 3:30pm, or by appt.	
PARISH OFFICE	540-373-6491, fax 371-0251 stmary@stmaryfred.org MonFri., 8:30am - 4:30pm; students staff office weekdays until 9pm, Saturdays 9-5pm, Sundays 9:30-1:30pm	
	Pastor, Fr. John Mosimann Fr. Stephen Holmes Fr. Colin Davis Fr. Michael J.R. Kelly Deacon Alberto Bernaola Deacon Dick Delio	
	Operations Manager, Jim Floriov Business Manager, Elaine Stanislawski Parish Secretary, Tatiana Beltran Director of Music & Organist, David Uschold	
HOLY CROSS ACADEMY	540-286-1600 250 Stafford Lakes Parkway Fredericksburg, Virginia 22406-7234 Principal, Sr. Susan Louise Eder, O.S.F.S.	
ST. MARY PRESCHOOL	540-373-7553 Director, Nanci Scharf	
RELIGIOUS EDUCATION OFFICE	540-373-6491 Director, Aristides Lucas Associate Director, Karen Sturtevant	
YOUTH MINISTRY	540-373-6491 Director, Leo Chavarria	
OUTREACH	540-373-6491 Elena Doyle - outreach@stmaryfred.org	
BAPTISMS	Parish registration (90 days) and class required. Please contact the parish office to schedule the date at least four weeks in advance.	
MARRIAGE	Parish registration required; contact parish six months in advance to begin preparation.	
JOIN US	New Family Registration meetings held in the Parish Life Center on fourth Sundays, following the 10:30 Mass. Please notify us of any contact changes.	
Articles must be submitted two weeks prior to publication. Send articles to bulletin@stmaryfred.org. Thanks!		

from the pastor

Dear Folks.



Every one of you has so many amazing stories about the Lord working in your life.

Today, I'd consider two ways we might get better about sharing those stories.

1. Fr. Colin's talks this Sunday and the next two on Evangelizing Catholics. How can we improve and energize our efforts to share the good news? Come and have a cup of coffee after the 8:30am of the Come and have a cup of coffee after the 8:30 IMMACULATE Mass, or 'not have a cup of coffee before the CONCEPTION 10:30am Mass (remember the fast)! We set this mini-series of talks deliberately between the Masses to facilitate and maximize the ease of your HOLY CROSS ACADEMY attendance.

2. "From the Pew" stories: do you have a story of how the Lord has worked in your life? Share it with your brothers and sisters in the parish! You can do so anonymously, and it need not even be a dramatic miracle. Or course we do welcome dramatic miracles too! If you send me your witness / testimonials / story by email, we could make this "from the Pew" a regular feature of the bulletin. How has the Lord worked in your life? Email me at frmosimann@stmaryfred.org

To that end I have enclosed an an encounter that someone sent me recently, and I am still waiting for the email form the person who told me about a healing she experienced!

Pax.

. Morin

Fr. Mosimann

Father Colins Presents: Catholics Evangelizing?? It is possible!

All you need are a couple of elevator speeches (sorta...)



Evangelization for Everyday Catholics Come grab a coffee and a donut and listen, maybe even ask a question or two!

July 9, 16, 23 - 9:40am-ish till 10:15am, after the 8:30am Mass in the Parish Life Center.

From the pews at St. Mary

On my Birthday, I enjoyed walking through the historic district of Fredericksburg. As I was having lunch, a homeless guy in his fifties stopped and asked if I can spare a little money. He reiterated how really embarrassed he is to even ask. I answered him "...but you have done this before — ask people for money"! He frankly admitted to it. He went on to say that he has been homeless for guite some time. He doesn't have a life, ...and that he is divorced. I told him, "...so am I". I handed him 10 bucks and told him: "Of course you have life! You ain't dead yet! ...and you, too, have something to give". He listened quite attentively. I told him that it is okay to ask for help, to also ask Social Services, as long as he starts giving back whenever he is in a position to do so. He admitted that he knows, for example, how to fix a broken electric outlet, etc.. And I told him that there may well be single ladies who need him to do just that — and are willing to pay him for it. The guy said that he is praying to God about every evening. I told him to continue praying, that God is there, but he needs to meet Him half-way and ask Him for the right things. The guy, then, became very thoughtful, and said; "I guess, ... I have a lot to give back!". He gave me a sad, but beautiful smile and asked if I would allow him to touch my finger (I guess, he didn't dare to ask to shake my hand). I extended my hand and he touched my index finger with his-sort of like ET in the movie. And that made me smile. I have prayed for this guy since that he may find his way.

education

holy cross academy

Holy Cross Testimonials

From an alumni parent:

I just wanted to drop you note of appreciation and thanks for the education that our son Robert W. Beckwith received at Holy Cross Academy from K through 8th grade. Robert graduated in May from Christopher Newport University (CNU) with a Bachelor of Science Degree in Information Technology. He received multiple job offers prior to graduating and started his first day on the job today working for the company of his choice on DOD contracts.

My wife and I feel very blessed that Robert had the opportunity to attend Holy Cross Academy and benefit immensely by his Catholic education. We are grateful that Robert was exposed to such talented Teachers as Mrs. McBroom, Mrs. Peterson, Sr. Frances Carol, Mrs. Lang and Mrs. Lanzarone and I'm sure there are others I haven't recognized. Their patience, understanding and guidance was instrumental in making Robert the man he is today.

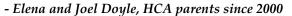
- Bob Beckwith, HCA Alum Parent

From a current parent:

I just wanted to let you know that Joel and I are so very grateful for the wonderful year that our children have had at HCA. I know that you are very aware of the talented, selfless and dedicated staff that you have but I wanted to share a few thoughts with you. Both Joel and I feel that the school is a huge assist to parenting - in that it parallels and reinforces what we are trying to teach our children at home. Parenting is difficult in every age - we are not alone and have this tremendous resource to help guide us. In a society whose school system has abandoned prayer and the need for outwards signs of faith, it is vital that we make sacrifices to send our children to HCA, a school that speaks and shares the truth about Christ daily and does so without sacrificing academics - in fact, their academic program is strengthened by the development of moral character in its students and amazingly dedicated faculty and staff. I really could go on Sister, but just wanted to share our children's excitement and happiness. For Joel and me, the tuition at HCA is a great sacrifice but we know that our children are in a wonderful environment. The academics are strong, prayer and moral character are the foundation and a sense of love and security abound.



Blue Ribbon School of Excellence, 2012





education

religious education

Why Do People Volunteer to be Catechists?

"I volunteered to be a catechist to share my teaching heart—not a teacher by training, but by calling. I wouldn't have articulated it that way when I started, but I've since come to see my catechist work as a part of my calling. In the early days, I just enjoyed working with kids and thought teaching was a great way to do that."

"I work specifically with junior high students because they need to know that someone believes in them. That's true for all age levels, of course, but particularly of junior high. They need voices in the Church to show them they have worth and to try to understand them. I don't claim expertise in understanding junior highers, but I'm enjoying every step of that journey!"

"The most important reason to get involved is so that we can help nourish the faith in children. If we don't get involved, who will teach them and prepare them to be active members in the parish as they grow?" " I have met many wonderful people."

"If all I did was come to Mass, all I would know would be faces in the crowd."

"If you don't have children in the program, it is a great way to meet other spiritual people and become more involved in the activities and community of the parish."

"The time spent on preparing the lesson is time spent reflecting on your own faith and knowledge."

"Since I did not grow up Catholic, I think it is important that I know what my girls are learning."

"It is very faith enriching for us to look at the weekly readings from a child's point of view. Sometimes even adults take it in better when given simplistically."

catechistsjourney.loyolapress.com/2007/06/moretop-reasons-to-become-a-catechist/

DO NOT TAKE A VACATION FROM YOUR FAITH THIS SUMMER, JOIN FORMED 1. formed.org 2. click register 3. enter parish code: F6F228

Now you can find any FORMED resource quickly and easily with the new FORMED Search Icon on the menu bar! FORMED Search allows users to use search terms to find resources in FORMED.

FORMED' HOME STUDY WATCH LISTEN READ Q SEARCH

When you perform a search, FORMED remembers the last 10 search phrases that you have searched for. This allows you to re-search easily by clicking on the search history.

If you want to search for a specific phrase, then you will want to surround your search phrase with "double quotes." Normally, when you search for a phrase, the search will return results with either part of the phrase in it. For example, if you were to search for Saint Anthony, then the results will return everything with the word "Saint" or the word "Anthony" in it. For a more specific search, you may search for the phrase "Saint Anthony" and search will only return items with the complete phrase "Saint Anthony" in it (but not St. Anthony or Anthony or Saint).

WE WELCOME YOU HOME. 540-373-6491

parish life youth ministry

Diocesan Kings Dominion Day

Open to Middle & High School students. Friday, July 28 join St. Mary's CYM as they participate with the Diocese of Arlington to attend Kings Dominion for a day of fun. The day begins at 9am with Mass at St. Mary and then we head out to KD and return by 9pm. Cost is \$35 for a ticket or \$5 if you have a season pass (\$5 is to help pay for the gas of chaperones driving). Parents we will caravan to KD so if you can help with transportation please contact the Youth Ministry office. RSVP to the CYM Office by Monday, July 10 with permission slip and money.



Youth Ministry Summer Calendar

Our summer calendar is available on the Youth Ministry calendar page at **stmaryfred.org/younthministry-calendar**. Please join us for some or all of the great activities scheduled!



Human Sexuality Series

Join us every Wednesday in July from 5pm -7pm in the St. John Paul 2 House (High School teens only). Living as a Christian means living a counter-cultural life. This is especially true when it comes to our understanding of human sexuality. Entirely contrary to the trend of "hooking up", sex is an integral part of God's design for humanity to be nurtured in the context of self-giving love. To understand sex, we have to go back to how God "created them male and female," how relationships come together, the covenant of marriage, and how sex is God's truly creative plan for giving life. This series tackles the subject in a candid and unflinching way to give a credible alternative to everything young people hear from our world about sex.



StMaryCYM O C C C #GetInvolvedBeTransformed

happenings

Upcoming Highlights from Stafford Junction

Our Summer program for our kids runs from July 3 to August 3. Anyone wishing to volunteer – please contact Lynn Hamilton at **lhamilton@staffordjunction. org** - Mon & Wed 12-3pm, Tues & Thurs 1-4:30pm.

Just Around the Corner

School Supplies will be needed! Estimated need this year will be 300 to 350 backpacks and supplies. Tide Me Over Bags for snacks and heat and eat foods.



Stafford Junction Where Lives Connect

Guadalupe Free Clinic (GFC) Golf Classic

The Guadalupe Free Clinic, an apostolate of the Catholic Diocese of Arlington, which operates on the grounds of St. Elizabeth of Hungary Catholic Church, is a donor-supported, volunteer staffed free health clinic that seeks to serve the indigent, working poor and medically uninsured residents of the Town of Colonial Beach and Westmoreland County, Virginia. The Clinic is committed to providing high-quality primary medical care, referrals to medical specialists, and free pharmaceutical services for its patients. Guided by Catholic principles for health care, the Clinic seeks to assist in the total healing of all patients, regardless of ethnicity or creed.

Day of play, August 7. \$175 per player or \$600 per foursome Includes: breakfast; automatic entry into Hole in One Challenge; greens fee; natural grass driving range access; complimentary non-alcoholic beverages; catered lunch; raffle prizes; silent auction items; awards presentation at conclusion of play.

Visit **guadalupefreeclinic.org** for player application.



Attention Class of 2017!

The Associates of St. John Bosco is conducting three workshops on how to grow with your Catholic faith intact when you enter college this fall. The nights are designed for rising college freshmen to prepare for transition into college. Catholic student representatives from such as George Mason, UVA, The University of Mary Washington, William & Mary, Virginia Tech and other private and public schools will be on hand to offer advice and support. It is a great opportunity to network with other Catholic students and to receive resources for the transition to college only months away. The nights will be held on Wednesday July 12 at St. Mary Catholic Church's Lyceum (313 Duke St, Alexandria), and Wednesday July 26 at St. Mary of the **Immaculate Conception's Parish** Life Center (1009 Stafford Ave. Fredericksburg) starting at 7pm. To register for one of the nights and for additional information visit our website at asjb.org. Registration is limited to 50 students per night.

Deepen You Faith

Coming soon to St. Bernadette Parish, Springfield, VA is an opportunity to deepen our relationship with Jesus and to discover God's plan for our lives. In the Called & Gifted discernment process you will learn that every lay Christianeach baptized person without exception-has been given a unique and deeply personal call to work with our Lord. Discerning your call will give you a new perspective on your life and will help you to be more fulfilled in your work and in your relationships. Our parish is sponsoring a teaching team from the Catherine of Siena Institute in Colorado Springs to offer the introductory Called & Gifted workshop, which will be on Friday, August 18, 7-9:30pm, and Saturday, 9am-4pm. Everyone is invited to participate. To register or find out more, call or email Rick Caporali at 703-451-8576, rcaporali@stbernpar.org.

Following the introductory workshop, participants are encouraged to have an hourlong conversation with a parish representative trained by the Institute who will help you more confidently identify spiritual gifts, distinguish gifts from natural talents and skills, and pick a gift to discern.

The consultation prepares you to participate in a small discernment group. The Institute's Discernment in Depth resources guide the small group interaction and individual experimentation. The Discerning Charisms Workbook can be used by individuals who cannot be part of a small group.

Welcome to SHARE at St. Mary Parish!

Order Deadline: July 10 Food Pick-Up: July 22

This is a food cooperative program with a community service requirement. Package Pick-up is typically the fourth Saturday of the month at the Parish Life Center between 8-9am. The following month's menu will be available at the time of pick-up.

Please contact Rick Caporali for more information and details, rcaporali@stbernpar.org.

Value Package \$22

(2 hrs community service) Healthy, Seasonal food - buy as much as you'd like: Freshly frozen Ground Beef - 1lb Chicken Drums - 1lb Pork Sausage- 1lb Add 2 great items for summer salads Fully cooked Turkey Chunks - 1lb Thinly sliced deli meat Plus 8-12lbs of the freshest fruits and vegetables we can find for you and your family!

Sirloin Steak Box \$21

(2 hrs community service) 6 - 8oz Steaks

Fresh Frozen Hamburgers \$25

(2 hrs Community Service) 20 - 4oz burgers

Farmers Choice Box \$17

(2 hrs Community Service) Seasonal harvests from Local fields. Items such as melon, peaches, lettuces, green beans

Croissant Sandwiches \$13

(2 hrs Community Service) 12 sausage, egg & cheese sandwiches (5.2oz each)

Menu items are always subject to change. When we must substitute, we try to give better value.

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SHAR	
FOOD NETWO	RK
SHARE Order Forr	n
Value Package (\$22)	
x \$22. =	\$
Sirloin Steak Box (\$21) x \$21. =	\$
Fresh Frozen Hamburgers	
x \$25. =	\$
Farmers Choice Box (\$17)	
x \$17. =	\$
Croissant Sandwiches (\$13)
x \$13. =	\$
TOTAL:	\$
	•
Name	
Address	
<u>City</u> ST	zip
email	
cell/phone	
Community Service Hours:	
hrs Church Hos	
hrs Church Hos hrs Youth Trar	nsport
hrs ChurchHos hrs YouthTrar hrs ShelterCon	

- hrs Micah ____ MW Hospital ____ hrs School ____ Parish Ministry
 - ____ hrs Community Service

hrs Other ____ hrs Other

PAYMENT METHODS:

- CASH or MONEY ORDER. L No CHECKS; Payment due when
 - order is placed.
- Money Orders should be made to: L SHARE FOOD NETWORK.

happenings

FIAT & Quo Vadis Camps Registration Open

These camps are an opportunity for young people to grow closer to God and discern their vocations, they are not the only means. If your son or daughter is exploring his or her vocation, please contact Fr. Jaffe in the Office of Vocations and he would be happy to help in any way he can.

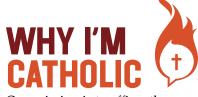
FIAT Girls' Camp: Sunday, July 9 -Thursday, July 13 Quo Vadis Boys' Camp: Sunday, July 30 - Thursday, August 3. Should you have any questions, please contact the Office of Vocations, vocations@ arlingtondiocese.org or 703-841-2514.

Laudate! Choir Camp

Foster your child's love of music this summer with an exciting, intense, and rewarding choir camp, held at **St. Elizabeth Ann Seton Parish**, **July 31-August 4**. Open to rising 2nd-12th grade children, with activities tailored to all skill levels. More information at **laudatechoircamp.com**. Emphasis on the rich Catholic choral tradition.

Loved the Wedding. Invite Me to the Marriage. Love, God.

A Worldwide Marriage Encounter weekend can help you do that! Marriage Encounter is 44 hours where married couples can get away from jobs, kids, chores, and phones — and focus just on each other. The next weekend is Sep 15-17, 2017 in Herndon, VA. Early sign up is recommended. For more information visit our website at: RenewMarriage-VANorth.org or contact us at applications@renewmarriagevanorth.org or 703-646-1521.



Our mission is to affirm the reality of God and His Catholic Church by spreading subjective conversion testimonies that witness to the Truth.

Why I'm Catholic was founded on January 25, 2011, the Feast of the Conversion of St. Paul. Our core team consists of lay Catholics dedicated to spreading the Gospel message.

Find more information and read some amazing stories at whyimcatholic.com

School Dressing Days

Want to have a great time while helping the kids in our communities? Come volunteer! Either day or both, as much or as little as you want. We need you! Do you speak Spanish? We especially need your talent to help many of our families. You can sign up on SignUpGenius.com. Just click the magnifying glass search icon, enter our email schooldressingdays@gmail.com under 'search for a sign up' and click the School Dressing Days icon. Please call Jaye Anastasio at 540-412-1622 with questions.

New clothing donations of boys' and girls' jeans /joggers, including husky sizes, and backpacks for kids from K-12, will be gratefully accepted. Please leave your donations in the bin at the entry to the Parish Life Center from June 25 through July 30

(please, no baggy, carpenter or boot cut jeans). Gently used hoodies, zip-up sweatshirts and coats for elementary school age kids as well as gently used shoes appropriate for school are always in great demand. As always, we are grateful if you choose to make a monetary donation instead of clothing donations. Checks of any amount can be made payable to the Fredericksburg Interfaith Community Council, PO Box 1336, Fredericksburg, VA 22402-1336. Thank you for supporting these kids!

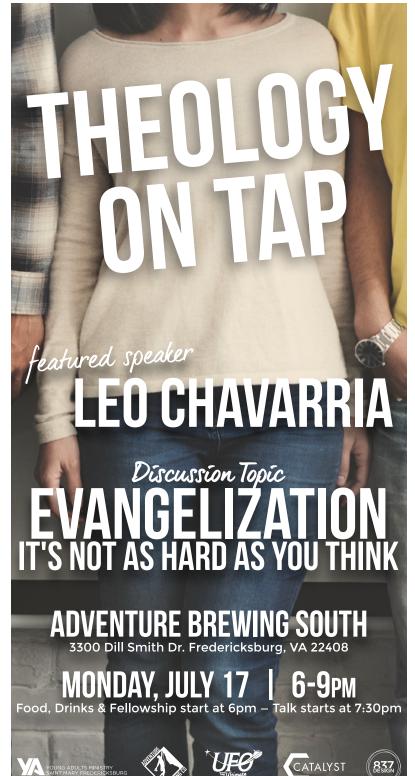
Adoration of the Blessed Sacrament

"Let us ask ourselves this evening, adoring the Christ truly present *in the Eucharist: do I let myself be transformed by Him? Do I let* the Lord who gives Himself to me, guide me to come out more and more from my little fence, to get out and be not afraid to give, to share, to love Him and others? Discipleship, communion and sharing. Let us pray that participation in the Eucharist move us always to follow the Lord every day, to be instruments of communion, to share with Him and with our neighbor who we are. Then our lives will be truly fruitful. Amen." (Pope Francis, Solemnity of Corpus Christi)

Join us for Adoration of the Blessed Sacrament every Monday & Tuesday from 7-9am and every Wednesday beginning after the 12 Noon Mass and continuing until Friday 9am. Spend some time in silent prayer before Our Lord during Exposition of the Blessed Sacrament.

WE WELCOME YOU HOME. 540-373-6491 10

happenings





It's Time Again...School Dressing Days are Right Around the Corner!

Sponsored by the Interfaith Community Council of Fredericksburg

August 11 & 12 9am-3pm Latter-day Saints Church 1710 Bragg Road

The kids will get to pick out jeans, a pair of shoes, a backpack, T-shirt, some school supplies, undies and socks.

Necessary Pre-Registration

We require proof of your address (a bill with your address for example) and any form of ID for your child. Families from Stafford, Fredericksburg, Spotsylvania, King George and Caroline counties only will be accepted.

Pre-Registration Dates & Locations

F'burg United Methodist Church, 308 Hanover Street

July 8, 19, & 22 - 10am-1pm)

Latter-day Saints Church, 1710 Bragg Road July 12 & 26 - 10am-1pm August 5 (9am-1pm)

operations

given in love Weekly Offertory

Due to early bulletin deadlines because of the Holiday, the next Financial Report will be published in the July 16 bulletin.

Children's Offertory Envelopes for July

Children's Offertory Contributions for the month of July will be donated to Families of the Wounded Fund. This fund was created in 2005 to help the families of service members who come to McGuire Veterans Affairs Medical Center in Richmond with traumatic brain injuries and spinal-cord injuries from combat in Iraq and Afghanistan. Former Army Captain William Haneke, a wounded Vietnam Veteran, and some colleagues recognized the need to assist family members who were away from home tending to their loved ones when they saw two young mothers with babies arrive from across the country with no money and barely enough gas to make the trip. The organization gives 100 percent of all tax-deductible donations to the families to help with food, lodging, transportation, child care, diapers and long-distance calling cards during the many weeks a family is in the Richmond area, and each family currently receives \$7,500.00. For more information, visit their website at fotwf.org.

Pro Life Reflection

"I wondered if my heart was big enough to love an adopted child as I would my biological child. There were also so many other variables to consider. ... We felt we had no control, but God reminded us again that He is always in control and that we could trust in Him." ("An Adoption Love Story," **bit.ly**/ **AdoptionLoveStory**, USCCB 2014-15 Respect Life Program)

We pray for couples considering adoption that the Lord may guide their journey and grant them peace along the way.

Nar-Anon Support Available

Nar-anon is a program that offers support to family members and friends of loved ones struggling with substance abuse. All Information and discussion is non-judgemental, informative and strictly confidential. Our meetings are in Room 204 in the Parish Life Center on Thursday from 7-8pm and are open to the community at large. Contact Cathy at 703-2018821, burgh757@gmail.com or Wayne at 540-840-5230.

Al Anon Surviving the Weekend Group

All who have been affected by someone else's drinking, and members come together to learn a better way of life and how to find happiness. It's important to know that you are not alone and there is help. Al Anon meetings are every Saturday at 10am in Room 204 of St. Mary's Parish Life Center.

Attention All Parish Organizations

Your calendar for the use of parish facilities from September 2017 to August 2018 should be submitted to Elaine in the Parish Office no later than July 31. Please make sure you submit your request to Elaine, in writing, as soon as possible, either by regular mail, or by email to estanislawski@ stmaryfred.org. In setting up your schedule, please note that evening activities cannot be scheduled before 8:00pm from September through May, due to Religious Education classes in the Parish Life Center and the John Paul II House.



liturgy

daily bread

Act of Consecration for Our Country

Most Holy Trinity — Our Father in Heaven, Who chose Mary as the fairest of Your daughters; Holy Spirit, Who chose Mary as Your spouse; God the Son, Who chose Mary as Your Mother — in union with Mary, we adore Your majesty and acknowledge Your supreme eternal dominion and authority.

Most Holy Trinity, we put the United States of America into the hands of Mary Immaculate in order that she may present the country to You. Through her we wish to thank You for the great resources of this land and for the freedom which has been its heritage. Through the intercession of Mary, have mercy on the Catholic Church in America. Grant us peace. Have mercy on our President and on all the officers of our government. Grant us a fruitful economy born of justice and charity. Have mercy on capital and industry and labor. Protect the family life of the nation. Guard the innocence of our children. Grant the precious gift of many religious vocations. Through the intercession of our Mother, have mercy on the sick, the poor, the tempted, sinners -on all who are in need.

Mary, Immaculate Virgin, Our Mother, Patroness of our land, we praise you and honor you and give ourselves to you. Protect us from every harm. Pray for us, that acting always according to your will and the Will of your Divine Son, we may live and die pleasing to God.

Saint Mary prayer list

Please pray for those who are sick or in need,

especially: Tamlyn Leaf, Paul Godwin, Patricia Phillips, The Valconi Family, Tim Murphy & family, Matt Dombro, Regina "Gina" Wood, Amber Hedegty, Darlene Guinn, Lillian Held, Mary Jean and Don Williams, O'Neta Shorter, Melvyn Schreckinger, Mary Ulmer, Mary Branham, Jessica Dowling, Kelly Keiser, Lauren McKeever, Janese Morris, Mary Keaton, Montgomery Wood, Harold Gardiner, Gerald Gardiner, Betty Ann & Bill Dateno, Jennifer Smith, Corrine Gardine, David Arnold, Matt, Elsie and Riley Seidlinger, Jeanette Ann Williams, Maureen Flanagan, Fannie Manning, April Gray, Tim Conway, Andy Costa, Ellen Cupka, Cheryl Kellett, Jim Matarese, Hugh Fleming, Thomas Moeller, Marianne Ford, Ortiz Family, Jaiden Scelzo, Elisea Opeka, Claire Matthews, Matt Traugh, Jonathan Nogueira, Jim Mann, Ted Major, Maggie Lampman, Chuck Boyert, Adrianne Foshay, Stephanne Downing, Ray Heath, Anna Marie Johnson, Emma Gilbert, Tracey Hansen, Bill Herr, Richard Fadden, Michelle Williams, Mike Pabrinkis, Zachary Payne, David Nimmer, Adrianne Foshay, Maggie Lampman, Keri Nelson, Marc Wood, Jack Brush, Sanra Frietas, Elise Velez, Virginia Gannon, Daisy MCguiney, Rus-sell Mcguiney, Robert Yednock, Kari Nelson, Ellen GilHool, Patricia Russo, Gail Russell, Urbano Negre, Nimfa Cloud, Daniel Burke, Prudy Tarpey, Barbara McCoy, Lee Bishop, Nora Ellen Lloyd, Tanh Lam, Joseph Mikulka, Lillian Kendall, Martha Clements, Judy Diehl, Terry Givens, Rose St. John, Jason Sully, Danny Thiebolt, Mary Rau, David Phillips, Anna MacArthur, Theresa Petrill, Bob Rekowski, Gerard Fitzpatrick, Christina Wiley, Maureen Mizzles, Charles Dittmer, Bernice Douglas, Miles Wood, Bruce Mattern, Maria Wood, Shannon Triola, David Marcs, Roberta Mullen White, Roseanne Mash, Jeanne Burke, Indira Murillo, Christie Greenwell, Holly Smith, Anthony Yantiss, Jerome Murphy, Larry Dillman, James Evans, Gabriel Galarza-Torres, Keith Kovalefsky, Joaquin Perez, Amber Moser, Stan Guzik, Barbara Butler, Mary Walsh, Elizabeth Murray, Jacqueline Murray, Robert Gomer, Carla Gomer, Robert Wayne Thompson, Robert Arthur Ouellette

Please pray for all the men and women in our military and civilian support services overseas, especially: Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Sean Plunkett, Roy Selvidge, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Nelly Garcia, Mindy Hakenson, Xavier Alas, Gary Rotsch, Anthony

Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Bob Harter, Monica Hamman, Brian Mahoney

Please pray also for those who have died, especially the benefactors of Saint Marv Church.

Daily Mass intentions and readings

july

10 MONDAY

6:30am Jack Hinalah+ 9am Hector Osuna+ Gn 28:10-22a/Mt 9:18-26

11 TUESDAY

6:30am Miguel Nolla, Glenn & Betty Horner 9am Salvatore Kiwall+ Gn 32:23-33/Mt 9:32-38

12 WEDNESDAY

6:30am Helen Miller+ 9am Lila Matthews+ Gn 41:55-57; 42:5-24a/Mt 10:1-7

13 THURSDAY

6:30am Jennifer Hooper+ 9am Lenard Majeski+ 12pm Gn 44:18-29; 45:1-5/Mt 10:7-15

14 FRIDAY

6:30am Marcel Astier+ 8:15am* 9am Father Mosimann Gn 46:1-30/Mt 10:16-23

15 SATURDAY

9am Muriel Picard+ 5pm Beatrice & Herman Laatsch 7pm Gn 49:29-32; 50:15-26a/Mt 10:24-33

16 SUNDAY

7am Rosemary Girth+ 8:30am Joseph Armenia+ 10:30am Saylor Ward 10:30am* Sophia Ortner+ 12:30pm Johny Joseph+ 2:30pm Bich Dao Le+ 5pm For Our Parish 7:01pm Bon Von Than+ Is 55:10-11/Rom 8:18-23/Mt 13:1-23

Please remember that Mass intentions may be requested at the parish office for any remaining Masses of the year. If dates are no longer available for the date you desire, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant. " Indicates Mass at Holy Cross Academy