

Sixteenth Sunday in Ordinary Time

July 23, 2017



Saint Mary of the Immaculate Conception Roman Catholic Church

FREDERICKSBURG, VIRGINIA

what's coming



**SAINT
MARY**
of the
IMMACULATE
CONCEPTION
Roman Catholic Church

HOLY CROSS ACADEMY

july

23 SUNDAY, SIXTEENTH SUNDAY IN ORDINARY TIME

9:30am, Fr. Colin presents Catholics Evangelizing, Parish Life Center
New Family Welcome and Registration after 10:30am Mass, Parish Life Center
12pm, Spanish Legion of Mary, Parish Life Center Room 100

24 Monday, Weekday

10:15am, Legion of Mary Our Lady of Perpetual Help, Parish Life Center, Room 100

25 Tuesday, Saint James, Apostle

6pm, Youth Ministry Sport Tuesday, Old Mill Park
7:30pm, Spanish Legion of Mary, Parish Life Center Room 204

26 Wednesday, Saints Joachim and Anne, Parents of the Blessed Virgin Mary

9:45am, Mary: A Biblical Walk with the Blessed Mother Class, Courtyard Meeting Room
7pm, Associates of St John Bosco College Freshmen Faith Workshop, Parish Life Center

27 Thursday, Weekday

9:45am, CCW Craft Group, Parish Life Center, Room 100
9:45am Ephesians: Discover Your Inheritance Bible Study
6:30pm, Legion of Mary, Parish Life Center, Room 201
7pm, Spanish Prayer Group, John Paul II House - upstairs
7pm, Nar-Anon Meeting, Parish Life Center, Room 204

28 Friday, Weekday

29 Saturday, Saint Martha

30 SUNDAY, SEVENTEENTH SUNDAY IN ORDINARY TIME

12pm, Spanish Legion of Mary, Parish Life Center Room 100

31 Monday, Ignatius of Loyola

10:15am, Legion of Mary Our Lady of Perpetual Help, Parish Life Center, Room 100

august

1 Tuesday, Saint Alphonsus Liguori, Bishop and Doctor of the Church

10am, CCW Board and Presentation of Scholarship, John Paul II High School, Room 100
6pm, Youth Ministry Sport Tuesday, Old Mill Park
7:30pm, Spanish Legion of Mary, Parish Life Center Room 204
7:30-8:30pm, Life in the Spirit Prayer Meeting, Courtyard Meeting Room

2 Wednesday, Weekday [Saint Eusebius of Vercelli, Bishop; Saint Peter Julian Eymard, Priest]

9:45am, Mary: A Biblical Walk with the Blessed Mother Class, Courtyard Meeting Room

3 Thursday, Weekday

9:45am, CCW Craft Group, Parish Life Center, Room 100
9:45am Ephesians: Discover Your Inheritance Bible Study
6:30pm, Legion of Mary, Parish Life Center, Room 201
7pm, Spanish Prayer Group, John Paul II House - upstairs
7pm, Baptism Preparation Class, Parish Life Center, Room 202
7pm, Nar-Anon Meeting, Parish Life Center, Room 204

4 Friday, Saint John Vianney, Priest

8pm, First Friday Mass, Church

5 Saturday, Weekday [The Dedication of the Basilica of Saint Mary Major]

WE WELCOME YOU HOME. 540-373-6491

nota bene (*note well, please*):

- ✂ New Family Welcome and Registration after the 10:30am Mass this Sunday, July 23 in the Parish Life Center. All new families are encouraged to come.
- ✂ Complete some of your shopping by purchasing **SCRIP gift cards!** Set up an account today and earn rebates for HCA. Email **Christi Greenwell** at **scripcoordinator@holycrossweb.com** for the school enrollment code.
- ✂ **Subscribe to the Saint Mary website, stmaryfred.org** and receive important updates via email. The subscription box is on the homepage. Enter your email address, click "**subscribe**."

contact us www.stmaryfred.org

SUNDAY Mass	Saturday Vigil 5 & 7pm Sunday 7, 8:30, 10:30am, 12:30, 2:30pm (Spanish), 5pm, 7:01pm 10:30am at Holy Cross Academy
DAILY Mass	Mon.-Fri.: 6:30am, 9am M/W/F: 12 Noon Sat.: 9am First Friday 8pm Holy Days of Obligation, as announced
DEVOTIONS	Adoration, Daily between 6am & 9am Mass, Wednesday 12noon - Friday 9am Miraculous Medal Novena, Mon., after 9am Mass Divine Mercy, Wed., 3pm
CONFESSION	Wed., 6:30-8:30pm; Sat., 8am & 3:30pm, or by appt.
PARISH OFFICE	540-373-6491, fax 371-0251 stmary@stmaryfred.org Mon.-Fri., 8:30am - 4:30pm; <i>students staff office weekdays until 9pm, Saturdays 9-5pm, Sundays 9:30-1:30pm</i> Pastor, Fr. John Mosimann Fr. Stephen Holmes Fr. Colin Davis Fr. Michael J.R. Kelly Deacon Alberto Bernaola Deacon Dick Delio Operations Manager, Jim Florio Business Manager, Elaine Stanislawski Parish Secretary, Tatiana Beltran Director of Music & Organist, David Uschold
HOLY CROSS ACADEMY	540-286-1600 250 Stafford Lakes Parkway Fredericksburg, Virginia 22406-7234 Principal, Sr. Susan Louise Eder, O.S.F.S.
ST. MARY PRESCHOOL	540-373-7553 Director, Nanci Scharf
RELIGIOUS EDUCATION OFFICE	540-373-6491 Director, Aristides Lucas Associate Director, Karen Sturtevant
YOUTH MINISTRY	540-373-6491 Director, Leo Chavarria
OUTREACH	540-373-6491 Elena Doyle - outreach@stmaryfred.org
BAPTISMS	Parish registration (90 days) and class required. Please contact the parish office to schedule the date at least four weeks in advance.
MARRIAGE	Parish registration required; contact parish six months in advance to begin preparation.
JOIN US	New Family Registration meetings held in the Parish Life Center on fourth Sundays, following the 10:30 Mass. Please notify us of any contact changes.

Articles must be submitted two weeks prior to publication.
Send articles to bulletin@stmaryfred.org. Thanks!

from the pastor

pax et bonum



SAINT
MARY

of the

IMMACULATE
CONCEPTION
Roman Catholic Church

HOLY CROSS ACADEMY

Dear Folks,

I give you this line from a weekday Mass recently. (Yes there are Masses every day! And I think that every Catholic should go to one 'extra' or 'unforced' Mass every week in addition to Sunday.... but that may be the subject for another bulletin note):

You have been told, O man, what is good, and what the LORD requires of you: Only to **do the right** and to **love goodness**, and to **walk humbly** with your God. (Micah 6:8)

Do Right.... ok we get this... moving on... Love Goodness. This really struck me this week. Why do we sometimes act so bitter about loving goodness? Why do we so often look at sinners and think, "Buuuuuuuuut they are having so much fuuuuuuuunnnn?" Yes, sin looks shiny, sleek, trim, fresh, novel, and new. And we all love such things. But this wears off, and we have to move on to the next newest fad. And God waits with a smile.



Fix your mind and heart on goodness. Love it. Treasure it. Compliment it in your children. Find creative ways to love goodness, and to stop looking so longingly at sin. To look longingly on sin only embitters our hearts. And watch the mockery of goodness, it is a first step to despising what is true good and beautiful. To look on, to treasure goodness, to be vigilant in the movements of your soul, this is what Micah says is required.

And walk humbly with your God. You met a big sinner? There but for the grace of God goes Fr. Mosimann. When we walk humbly, God is lifting us up... And is it only his grace that sustains any of us in our daily walk with Him. His grace preserves us from mountains of sin. His grace forgives the mountains of sin we dive into. Do right, love goodness, walk humbly, and you will have joy beyond understanding.

Pax,

Fr. Mosimann

Health Ministry - Blood Pressure Check-In

Our Health Ministry Team is recommending that a blood pressure Check-In be established quarterly from 8am-12pm during the Sunday Coffee Shop as well as after the 2:30pm Spanish Mass. This Check-In will be manned by a Health Ministry Team member. Parishioners will be given a written record of the findings and resource materials is also available. This Check-In can support you, the parishioner in several ways.

1. Provide a record of blood pressure readings for the parishioner to pass on to their primary care physician.
2. Alert the parishioner to situations that may require immediate medical attention.
3. A means of sharing a simple blessing with the parishioner. The act of "Presence" or being totally available to the parishioner for this brief encounter can be a powerful source of blessing for the parishioner and the Team member.

**Next Check-In August 13, 8am-12 and 2-3pm
Room 100, Parish Life Center**

Holy Cross Academy Saint Mary Preschool

Registration is open for the 2017-2018 school year. Named a National Blue Ribbon School of Excellence in 2012. Five teachers named Diocesan Teacher of the Year since 2007. Fostering excellence in academics in a Christ-centered environment dedicated to the development of the while child since 1998.

Learn more at holycrossweb.com or calling: 540-286-1600 HCA / 540-373-7553 Preschool



education

holy cross academy



*A National
Blue Ribbon
School of
Excellence,
2012*



education

religious education

Religious Education is Important

"School-age children should receive formal and systematic catechesis in a parish-based catechetical program, a Catholic school, or a program of home-based catechesis in which the content of the faith and the experience of Christian life is presented authentically and completely.

Having introduced them to the person of Jesus Christ within the family, catechesis for school-age children presents his teachings, his ministry, and the major events of his life. Children can begin to appreciate the parables of Jesus and capture glimpses of the Kingdom of God; they can learn more formal prayers; and they can commit brief passages of Sacred Scripture to memory. Catechesis for the Sacraments of Penance and Reconciliation and of the Eucharist is ordinarily provided in these early years of schooling.

The most important task of the catechesis of children is to provide, through the witness of adults, an environment in which young people can grow in faith."

usccb.org/beliefs-and-teachings/who-we-teach/children/index.cfm

Registration:

During the month of August Religious Education registration fee is \$50.00/child and \$125.00 for three or more children. First Communion and Confirmation fees remain the same.

Featured in August: Catechesis

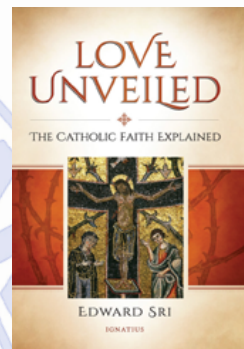
Jesus commands us in the Great Commission to teach the nations to observe "all that I have commanded you..." [Matthew 28:20]. But, what exactly is that body of teaching? The Catechism tells us that "the apostles entrusted the 'Sacred deposit' of the faith contained in Sacred Scripture and Tradition, to the whole of the Church" (CCC 84). In other words, the body of saving truth entrusted by Christ to the Apostles and handed on by them to be preserved and proclaimed is what we call the Deposit of Faith.



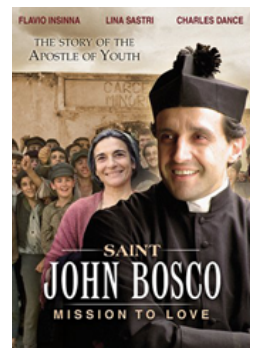
Suggested Titles: Program



Book



Movie



FORMED®

DO NOT TAKE A VACATION FROM YOUR FAITH THIS SUMMER, JOIN FORMED

1. formed.org

2. click register

3. enter parish code: F6F228

WE WELCOME YOU HOME. 540-373-6491

parish life youth ministry

Human Sexuality Series

Join us every Wednesday in July from 5pm – 7pm in the St. John Paul 2 House (High School teens only). Living as a Christian means living a counter-cultural life. This is especially true when it comes to our understanding of human sexuality. Entirely contrary to the trend of "hooking up", sex is an integral part of God's design for humanity to be nurtured in the context of self-giving love. To understand sex, we have to go back to how God "created them male and female," how relationships come together, the covenant of marriage, and how sex is God's truly creative plan for giving life. This series tackles the subject in a candid and unflinching way to give a credible alternative to everything young people hear from our world about sex.

College Night

The Associates of St. John Bosco are conducting a workshop on how to keep and grow your Catholic faith when you enter college. **The workshop will be held Wednesday, July 26 7pm – 9pm in the Parish Life Center** here at St. Mary. The night is designed for rising college freshmen to prepare for transition into college. Catholic student representatives from George Mason, JMU, UVA, Virginia Tech, Mary Washington and other schools will be on hand to offer advice, perspective and stories of their transition into college. This is a great opportunity to network with other Catholic students and to receive opportunities and resources while entering college. A pizza dinner will be provided. To register please visit our web-site asjb.org. Registration is limited to 50 students.

CYM Registration: Please Sign Up!

Our High School registration for the 2017-18 school year is now available online. Please print one sheet per youth and submit with the \$25 fee (per child). We are super excited for another fantastic year of ministry!



CYM Dinner Ministry Needs Parents!

We are looking for adults (especially parents of teens) to get involved in our CYM Dinner Ministry this coming school year. You would be placed on a team with 5-7 other adults and serve 4 dinners per year before our Sunday night Youth Group. This ministry is absolutely crucial to our Sunday night Youth Group. If you are interested please contact me or our Coordinator, Jane Stoecker: jfstoeckerclnc@yahoo.com for details.

Youth Ministry Summer Calendar

Our summer calendar is available on the Youth Ministry calendar page at stmaryfred.org/youth-ministry-calendar. Please join us for some or all of the great activities scheduled!

StMaryCYM



#GetInvolvedBeTransformed

happenings

Attention Class of 2017!

The Associates of St. John Bosco is conducting a workshop on how to grow with your Catholic faith intact when you enter college this fall. The nights are designed for rising college freshmen to prepare for transition into college. Catholic student representatives from such as George Mason, UVA, The University of Mary Washington, William & Mary, Virginia Tech and other private and public schools will be on hand to offer advice and support. It is a great opportunity to network with other Catholic students and to receive resources for the transition to college only months away. The last meeting will be this week on **Wednesday July 26 at St. Mary of the Immaculate Conception's Parish Life Center starting at 7pm.** To register for one of the nights and for additional information visit our website at asjb.org. Registration is limited to 50 students.

Teams of Our Lady

"The couple that prays together, stays together" - The Teams of Our Lady (teamsofourlady.org) are a fantastic way for couples to grow closer together and closer to the Lord. Couples take time to pray and prepare spiritual material together, and then meet monthly to pray and share with the other couples over dinner.

A second Fredericksburg team is in the works! contact us to learn more. Helene (540 361 5662) and Gonzague (540 361 5673) de Bonfils, or hdebonfils@gmail.com.

SCRIP Helping HCA

SCRIP provides wonderful financial support for Holy Cross Academy. Even if you don't have children who attend HCA, the support the SCRIP program provides has averaged over \$9,400.00 for the past six years. These funds go directly to HCA for such costs as assistance for books, supplies, and our upcoming school expansion.

How it works: Most of us shop at various local vendors that are supported through SCRIP. These include Giant, Weis, Wawa, Starbucks, Wal-Mart, Target as well as popular restaurants like Olive Garden, Red Lobster, IHOP and Outback. Complete list at shopwithscrip.com

There are several ways you can order/purchase gift cards through the SCRIP program. One is to visit a SCRIP table after most Masses (including HCA). There is a volunteer who will provide info and help you purchase gifts cards. Checks or cash accepted. You can also order online for delivery to either HCA (after 10:30am

Mass or during school hours when school is in session) or for pickup after Saturday or Sunday Masses at the Church. And the most convenient way, set up a Presto Pay account and order gift cards online. You will need St. Mary's enrollment code to set an account. For the enrollment code and assistance, please contact Christi Greenwell at scripcoordinator@holycrossweb.com or 703-994-2142. She will help get you started.

Your thoughtful consideration for this wonderful program is much appreciated. Remember, your shopping can provide direct benefits for HCA.

Council of Catholic Women

The CCW invites all parish women to attend our Board Meeting on August 1 at 10am in room 100 of the Parish Life Center. Along with our business meeting, we will be celebrating the winner of our scholarship competition with cake and good wishes.

The Bible Timeline: The Story of Salvation

This is the foundational study in The Great Adventure Bible Study Series that has helped hundreds of thousands of Catholics learn to read the Bible.

The Bible Timeline is a fascinating study that takes participants on a journey through the entire Bible. They will go deep into each period of salvation history and discover the amazing story woven throughout all of Scripture. Using a unique color-coded system, they will learn the major people, places, and events of the Bible and see how they all come together to reveal the remarkable story of our faith. The Bible Timeline has been granted the Imprimatur. The cost for materials is \$25, which will be collected at the first class. Class sizes will be limited to 40 participants each. **Please sign-up by August 25.** Sign up in your current Bible study or in the Parish Office, 540-373-6491.

Wednesday, September 13, 2017 24 Week Bible Timeline Study begins

Thursday, September 14, 2017 24 Week Bible Timeline Study begins

happenings



It's Time Again...School Dressing Days are Right Around the Corner!

Sponsored by the Interfaith Community Council of Fredericksburg

**August 11 & 12
9am-3pm**

**Latter-day Saints Church
1710 Bragg Road**

The kids will get to pick out jeans, a pair of shoes, a backpack, T-shirt, some school supplies, undies and socks.

Necessary Pre-Registration

We require proof of your address (a bill with your address for example) and any form of ID for your child. Families from Stafford, Fredericksburg, Spotsylvania, King George and Caroline counties only will be accepted.

Pre-Registration Dates & Locations

**F'burg United Methodist Church,
308 Hanover Street**

July 8, 19, & 22 - 10am-1pm

**Latter-day Saints Church,
1710 Bragg Road**

July 12 & 26 - 10am-1pm

August 5 - 9am-1pm

THEOLOGY ON TAP

ADVENTURE BREWING SOUTH
3300 Dill Smith Dr. Fredericksburg, VA 22408

MONDAY, AUGUST 21 | 6-9PM
Food, Drinks & Fellowship start at 6pm – Talk starts at 7:30pm

Mary's Shelter **RSVP BY JULY 24**

*for love is
the beauty of the soul*

**8th Annual
Summer Soirée & Fundraiser**
August 5, 2017 • Fredericksburg Expo Center

Photography: Kathryn Mandel Photography, mandelsmugmug.com • Design: The Design Room, Inc., thedesignroominc.com

**Reservations Required
No Cost to Attend** **540-374-3407 • marysshelterva.org**

our neighbors happenings

Upcoming Highlights from Stafford Junction

Our Summer program for our kids runs from July 3 to August 3. Anyone wishing to volunteer – please contact Lynn Hamilton at lhilton@staffordjunction.org - Mon & Wed 12-3pm, Tues & Thurs 1-4:30pm.

Just Around the Corner

School Supplies will be needed! Estimated need this year will be 300 to 350 backpacks and supplies. Tide Me Over Bags for snacks and heat and eat foods.



Stafford Junction
Where Lives Connect

John Paul Golf Tournament

Saint John Paul the Great Catholic High School is hosting "Golfing with Wolves" on Thursday, September 21, at the spectacular Potomac Shores Golf Club. This is the only publicly accessible Jack Nicklaus Signature golf course in the DC area! Join friends and make new ones while enjoying a beautiful day on the greens in support of Catholic education. Sponsorship opportunities also available! For more information, and to register, please visit saintjohnpaulthegreatgolf.org, call 703.445.0306, or email: golf@jpthegreat.org.

St. Jude Dinner Saturday, August 12, 6-8pm

End of Summer Dinner in the St. Jude Church Activity Center hosted by the Building FUNdraisers, and catered by the El Pino Mexican Restaurant. Dinner includes an appetizer of chips and salsa; steak and chicken fajitas; a dessert of strawberry and chocolate mousse cake; coffee, soda, and water. **Tickets are \$15 for adults and \$10 for children 12 and under.** A raffle will be held during the dinner. Raffle items include a woman's gold, amethyst, and diamond ring valued at \$2,100, a doll house valued at \$750 and a \$200 gift card, an elliptical exercise machine valued over \$700, a travel w/style set valued over \$200, 3 model churches, and a Cana wine set. Tickets are \$10 and you need not be present to win. All tickets will be sold in the vestibule of the church after all Masses 2 weeks before the event and at the door. All proceeds go to the St. Jude Church Building Fund.

School Dressing Days

Want to have a great time while helping the kids in our communities? Come volunteer! Either day or both, as much or as little as you want. **We need you!** Do you speak Spanish? We especially need your talent to help many of our families. You can sign up on SignUpGenius.com. Just click the magnifying glass search icon, enter our email schooldressingdays@gmail.com under 'search for a sign up' and click the School Dressing Days icon. **Please call Jaye Anastasio at 540-412-1622 with questions.**

New clothing donations of boys' and girls' jeans/joggers, including husky sizes, and backpacks for kids from K-12, will be gratefully accepted. Please leave your donations in the bin at the entry to the **Parish Life Center through July 30** (please, no baggy, carpenter or boot cut jeans). Gently used hoodies, zip-up sweatshirts and coats for elementary school age kids as well as gently used shoes appropriate for school are always in great demand. As always, we are grateful if you choose to make a monetary donation instead of clothing donations. **Checks of any amount can be made payable to the Fredericksburg Interfaith Community Council, PO Box 1336, Fredericksburg, VA 22402-1336.** Thank you for supporting these kids!

knights of columbus

Thank You St. Mary Parishioners for Your Generous Support

Fredericksburg Council of the Knights of Columbus thanks St. Mary's parishioners for supporting our charity fundraising efforts during the Fraternal Year that ended on June 30th. Because of your generous support of our monthly family dinners; our annual fruit, Christmas tree and yard sales; and our annual Keep Christ in Christmas and Tootsie Roll campaigns, our Council provided over \$29,000 in food, clothing, toys, charitable donations, and financial assistance grants to well over 100 recipients, including:

Church and Schools

- Holy Cross Academy Expansion Fund
- Need based scholarships for 6 parish students attending area Catholic schools
- Financial assistance to two diocesan seminarians
- Parish priest needs

Community

- Birthright of Fredericksburg
- Thurman Brisben Homeless Shelter
- Blue Star Mothers of Fredericksburg
- Mary's Shelter
- Guadalupe Free Clinic
- Assistance to intellectually challenged citizens of Virginia
- Thanksgiving and Christmas baskets for needy area families
- Breakfast with Santa and gifts for 60 needy area families
- Christmas gifts and toys for an additional 40 area children
- Virginia Community Criminal Justice System
- Alzheimer's Association
- National Federation of the Blind

Youth

- Cold weather coats for 30 needy area kids
- Catholic Youth Ministry summer work camp support
- Parish Young Man of the Year cash award
- Parish Young Woman of the Year cash award
- Trail Life and American Heritage Girl support
- Fr. Bader Scholarship Program support

We are truly grateful for your generous outpouring of support for our efforts to live up to Fr. Michael J. McGivney's founding principle of our Order – **CHARITY**

The Religious Education Assistance Program (REAP)

REAP is a need-based scholarship grant program administered by the Knights of Columbus Fredericksburg Council #4034. The purpose is to support Catholic school education to families with financial difficulties. Eligible parish families must request a REAP Grant application form at reap@kofc4034.org or by mail to Fredericksburg Council #4034, Religious Education Assistance Program, P.O. Box 146, Fredericksburg, VA 22404. Completed applications must be postmarked by September 1. Families will be advised of the REAP Committee's decision. Grant awards are made directly to the schools.

Guadalupe Free Clinic (GFC) Golf Classic

The Guadalupe Free Clinic is a donor-supported, volunteer-staffed free health clinic that serves the indigent, working poor, and medically uninsured residents of Colonial Beach and



Westmoreland County. The Guadalupe Free Clinic is hosting a Golf tournament on August 7. **\$175 per player or \$600 per foursome. Apply on guadalupefreeclinic.org.**

Give the Gift of Life

The Knights of Columbus is sponsoring a blood drive on August 9 in St. Mary's parking lot from 1-6pm. **To schedule call 1-800-RED-CROSS or go to redcross.org.** Walk-ins are welcome. Bring a photo ID.



American Red Cross



Become a Knight

The Knights of Columbus Council #4034 is comprised of Catholic men and their families, united in service with our Church, schools and neighborhoods. Along with our community non-profit organizations, we have a common core objective to help and serve those in need.

We are part of the Parish Life Ministry at Saint Mary and this is our 60th year of support.

Website:

kofc4034.org

Facebook:

fb.com/kofc4034

E-Mail: Info@

kofc4034.org

Business meeting

2nd Wednesday of each month at the Fredericksburg Columbus Club.

Dinner: 6:30pm

Rosary: 7:10pm

Meeting 7:30pm

There is always time to be a Knight

For more information, Contact our Council's Membership Director at: MembershipDirector@kofc4034.org

operations given in love

Weekly Offertory

Offertory Collection July 16

Offertory Collection	\$22,762
Parish Building Fund	\$7,694
Church in Africa (add'l)	\$245

Faith Direct Deposit for July:

Offertory	\$55,469
Building Fund	\$4,157
Peter's Pence Collection	\$1,985
Church in Africa	\$1,623
Missionary Cooperative Appeal	\$1,476

Children's Offertory Envelopes for July

Children's Offertory Contributions for the month of July will be donated to Families of the Wounded Fund. This fund was created in 2005 to help the families of service members who come to McGuire Veterans Affairs Medical Center in Richmond with traumatic brain injuries and spinal-cord injuries from combat in Iraq and Afghanistan. Former Army Captain William Haneke, a wounded Vietnam Veteran, and some colleagues recognized the need to assist family members who were away from home tending to their loved ones when they saw two young mothers with babies arrive from across the country with no money and barely enough gas to make the trip. The organization gives 100 percent of all tax-deductible donations to the families to help with food, lodging, transportation, child care, diapers and long-distance calling cards during the many weeks a family is in the Richmond area, and each family currently receives \$7,500.00. For more information, visit their website at fotwf.org.

Pro Life Reflection

The irony is that many people think of us Catholics as people of No -- don't do this, don't do that. In reality we are the people of Yes -- yes to God, yes to life, yes to compassion for the poor and suffering, yes to the solidarity and community that make us messengers of joy even in a valley of tears. (Cardinal Seán O'Malley, homily at Opening Mass of the 2014 National Prayer Vigil for Life) *We pray for the vulnerable in our society - the unborn, the elderly, migrants, and the poor - that they may be treated with respect, dignity and love.*

Attention All Parish Organizations

Your calendar for the use of parish facilities from September 2017 to August 2018 should be submitted to Elaine in the Parish Office no later than July 31. Please make sure you submit your request to Elaine, in writing, as soon as possible, either by regular mail, or by email to estanislawski@stmmaryfred.org. In setting up your schedule, please note that evening activities cannot be scheduled before 8:00pm from September through May, due to Religious Education classes in the Parish Life Center and the John Paul II House.

Al Anon Surviving the Weekend Group

All who have been affected by someone else's drinking, and members come together to learn a better way of life and how to find happiness. It's important to know that you are not alone and there is help. **Al Anon meetings are every Saturday at 10am in Room 204 of St. Mary's Parish Life Center.**

Nar Anon Support Available

Nar-anon is a program that offers support to family members and friends of loved ones struggling with substance abuse. All Information and discussion is non-judgemental, informative and strictly confidential. Our meetings are in **Room 204 in the Parish Life Center on Thursday from 7-8pm** and are open to the community at large. **Contact Cathy at 703-2018821, burgh757@gmail.com or Wayne at 540-840-5230.**



Joy of the Gospel Convocation for Catholic Leaders—Listen to the Highlights!

usccb.org/issues-and-action/get-involved/meetings-and-events/convocation-2017/convocation-2017-live-stream.cfm

Watch several videos featuring some of the highlights from the July 1-4, 2017 Convocation in Orlando, FL, including Cardinal Tobin's reflection on missionary discipleship; plenary sessions such as Dr. Hosffman Ospino on immigration and the changing landscape of the mission field; panelists including Helen Alvaré, Kerry Weber, and others; the Encountering Jesus, Healer of Wounds and Source of Mercy reflection; and more. All presentations are available also on YouTube.

Featured Quote from Pope Francis

The gravity, complexity and interconnection of world problems is such that there can be no immediate and completely satisfying solutions. Sadly, the migration crisis, which is inseparable from the issue of poverty and exacerbated by armed conflicts, is proof of this. It is possible, though, to set in motion processes that can offer solutions that are progressive and not traumatic, and which can lead in relatively short order to free circulation and to a settlement of persons that would be to the advantage of all. ...An effective solution, necessarily spread over time, will be possible only if the final objective of the process is clearly present in its planning. In the minds and hearts of government leaders, and at every phase of the enactment of political measures, there is a need to give absolute priority to the poor, refugees, the suffering, evacuees and the excluded, without distinction of nation, race, religion or culture, and to reject armed conflicts.

- Pope Francis, Message to Participants in the G20 Meeting, June 29, 2017

Saint Mary prayer list

Please pray for those who are sick or in need,

especially: Tamlyn Leaf, Paul Godwin, Patricia Phillips, The Valconi Family, Tim Murphy & family, Matt Dombro, Regina "Gina" Wood, Amber Hedegty, Darlene Guinn, Lillian Held, Mary Jean and Don Williams, O'Neta Shorter, Melvyn Schreckinger, Mary Ulmer, Mary Branham, Jessica Dowling, Kelly Keiser, Lauren McKeever, Janese Morris, Mary Keaton, Montgomery Wood, Harold Gardiner, Gerald Gardiner, Betty Ann & Bill Dateno, Jennifer Smith, Corrine Gardine, David Arnold, Matt, Elsie and Riley Seidlinger, Jeanette Ann Williams, Maureen Flanagan, Fannie Manning, April Gray, Tim Conway, Andy Costa, Ellen Cupka, Cheryl Kellett, Jim Matarese, Hugh Fleming, Thomas Moeller, Marianne Ford, Ortiz Family, Jaiden Scelzo, Elisea Opeka, Claire Matthews, Matt Traugh, Jonathan Nogueira, Jim Mann, Ted Major, Maggie Lampman, Chuck Boyert, Adrienne Foshay, Stephanie Downing, Ray Heath, Anna Marie Johnson, Emma Gilbert, Tracey Hansen, Bill Herr, Richard Fadden, Michelle Williams, Mike Pabrinkis, Zachary Payne, David Nimmer, Adrienne Foshay, Maggie Lampman, Keri Nelson, Marc Wood, Jack Brush, Sanra Frietas, Elise Velez, Virginia Gannon, Daisy McGuiney, Russell McGuiney, Robert Yednock, Kari Nelson, Ellen GilHool, Patricia Russo, Gail Russell, Urbano Negre, Nimfa Cloud, Daniel Burke, Prudy Tarpey, Barbara McCoy, Lee Bishop, Nora Ellen Lloyd, Tanh Lam, Joseph Mikulka, Lillian Kendall, Martha Clements, Judy Diehl, Terry Givens, Rose St. John, Jason Sully, Danny Thiebolt, Mary Rau, David Phillips, Anna MacArthur, Theresa Petrill, Bob Rekowski, Gerard Fitzpatrick, Christina Wiley, Maureen Mizzles, Charles Dittmer, Bernice Douglas, Miles Wood, Bruce Mattern, Maria Wood, Shannon Triola, David Marcs, Roseanne Mash, Jeanne Burke, Indira Murillo, Christie Greenwell, Holly Smith, Anthony Yantiss, Jerome Murphy, Larry Dillman, James Evans, Gabriel Galarza-Torres, Keith Kovalefsky, Joaquin Perez, Amber Moser, Stan Guzik, Barbara Butler, Mary Walsh, Elizabeth Murray, Jacqueline Murray, Robert Gomer, Carla Gomer, Robert Wayne Thompson, Robert Arthur Ouellette, Douglas Meyer, Betsy Murray

Please pray for all the men and women in our military and civilian support services overseas,

especially: Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Sean Plunkett, Roy Selvidge, Patrick Fenton, David James, Shawn Tufta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Nelly Garcia, Mindy Hakenson, Xavier Alas, Gary Rotsch, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Bob Harter, Monica Hamman, Brian Mahoney

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

Daily Mass intentions and readings

july

24 MONDAY

6:30am Edward Holzworth

9am Matthew Kirk+

Ex 14:5-18/Mt 12:38-42

25 TUESDAY

6:30am Carson McHugh

9am Meyer Family

2 Cor 4:7-15/Mt 20:20-28

26 WEDNESDAY

6:30am James Coleman+

9am Helen & James Kirk+

Ex 16:1-15/Mt 13:1-9

27 THURSDAY

6:30am Lori Sturtevant

9am Katherine Ford Cummings+

12pm

Ex 19:1-20b/Mt 13:10-17

28 FRIDAY

6:30am Helen Miller+

8:15am*

9am Matthew Jacobeen

Ex 20:1-17/Mt 13:18-23

29 SATURDAY

9am Angel Matanza+

5pm For our Parish

7pm Brandon Meerscheidt+

Ex 24:3-8/Jn 11:19-27

30 SUNDAY

7am Lila Green

8:30am Lucia Stanislawski

10:30am Mike Harwich+

10:30am* Neil Mulcahy+

12:30pm Our Military Living and Deceased

2:30pm Matthew Prohaska

5pm Helen Miller+

7:01pm Suzette Young

1 Kgs 3:5-12/Rom 8:28-30/Mt

13:44-52

Please remember that Mass intentions may be requested at the parish office for any remaining Masses of the year. If dates are no longer available for the date you desire, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.

* Indicates Mass at Holy Cross Academy