

Twenty-Fourth Sunday in Ordinary Time

September 17, 2017



Saint Mary of the Immaculate Conception Roman Catholic Church

FREDERICKSBURG, VIRGINIA

Annual Cake Walk & Ice Cream Social - Special thanks to Lori Forulkes for the photography

what's coming



**SAINT
MARY**
of the
IMMACULATE
CONCEPTION
Roman Catholic Church

HOLY CROSS ACADEMY

september

17 SUNDAY, TWENTY-FOURTH SUNDAY IN ORDINARY TIME

Coffee Shop after Morning Masses Sponsored by American Heritage Girls

12pm, Spanish Legion of Mary Parish Life Center, Room 100

6pm, High School Youth Group, Parish Life Center - 6pm Dinner, 7pm Meeting

18 Monday, Weekday

10:15am, Legion of Mary Our Lady of Perpetual Help, Parish Life Center, Room 100

6-9pm Theology on Tap, Adeventure Brewing South - *Sponsored by the St. Mary Young Adults*

19 Tuesday, Weekday [Saint Januarius, Bishop and Martyr]

10am, CCW Monthly Meeting, Fr. Don Rooney Room

12pm, Senior Luncheon with Bingo, Parish Life Center

7:30pm, Spanish Legion of Mary, Parish Life Center Room 204

7:30pm, Life in the Spirit, Courtyard Meeting Room

20 Wednesday, Saints Andrew Kim Tae-gŏn, Priest, Paul Chŏng Ha-sang, and Companions, Martyrs

6:30pm, CYM YOUCAT, John Paul II House - *All High School Teens Welcome*

21 Thursday Saint Matthew, Apostle and Evangelist

9:45am, CCW Craft Group, Parish Life Center, Room 100

6:30pm, Legion of Mary, Parish Life Center, Room 201

7pm, Spanish Prayer Group, John Paul II House - upstairs

7pm, Nar-Anon Meeting, Parish Life Center, Room 204

22 Friday, Weekday

9am, Diocesan Marriage Enrichment Workshop, Parish Life Center

23 Saturday, Saint Pius of Pietrelcina, Priest

12pm, Spanish Legion of Mary Parish Life Center, Room 100

24 SUNDAY, TWENTY-FIFTH SUNDAY IN ORDINARY TIME

Coffee Shop after Morning Masses Sponsored by St. Mary Youth Ministry

New Family Welcome and Registration following 10:30am Mass, Parish Life Center

12pm, Spanish Legion of Mary Parish Life Center, Room 100

6pm, High School Youth Group, Parish Life Center - 6pm Dinner, 7pm Meeting

25 Monday, Weekday

10:15am, Legion of Mary Our Lady of Perpetual Help, Parish Life Center, Room 100

7:30pm, RCIA, **WHERE?**

26 Tuesday, Weekday

7:30pm, Spanish Legion of Mary, Parish Life Center Room 204

27 Wednesday, Saint Vincent de Paul, Priest

6:30pm, CYM YOUCAT, John Paul II House - *All High School Teens Welcome*

28 Thursday, Weekday [Saint Wenceslaus, Martyr; Saint Lawrence Ruiz and Companions, Martyrs]

9:45am, CCW Craft Group, Parish Life Center, Room 100

6:30pm, Legion of Mary, Parish Life Center, Room 201

7pm, Spanish Prayer Group, John Paul II House - upstairs

7pm, Nar-Anon Meeting, Parish Life Center, Room 204

29 Friday, Saints Michael, Gabriel and Raphael, Archangels

6:30pm, Middle School Youth Group, Parish Life Center

30 Saturday, Saint Jerome, Priest and Doctor of the Church

nota bene (*note well, please*):

- ✂ **Second collection** next week will be our *Religious Education Collection*. Thank you for your generosity!
- ✂ **Save the date** for our **Annual Parish Life Weekend September 30 & October 1**. Our theme this year is "Dwell in the Heart of Jesus". Get to know about all our ministries and reflect where the Heart of Jesus is calling you to serve. See the bulletin insert for more information.
- ✂ Complete some of your shopping by purchasing **SCRIP gift cards**! Set up an account today and earn rebates for HCA. Email **Christi Greenwell** at scripcoordinator@holycrossweb.com for the school enrollment code.
- ✂ **Subscribe to the Saint Mary website, stmaryfred.org** and receive important updates via email. The subscription box is on the homepage. Enter your email address, click "**subscribe**."
- ✂ Stop by our **Coffee Shop every Sunday morning** to meet your fellow parishioners and enjoy coffee and donuts.

contact us stmaryfred.org

SUNDAY MASS	Saturday Vigil 5 & 7pm Sunday 7, 8:30, 10:30am, 12:30, 2:30pm (Spanish), 5pm, 7:01pm 10:30am at Holy Cross Academy
DAILY MASS	Mon.-Fri.: 6:30am, 9am M/W/F: 12 Noon Sat.: 9am First Friday 8pm Holy Days of Obligation, as announced
DEVOTIONS	Adoration, Daily between 6:30am & 9am Mass, Wednesday 12:30pm - Friday 9am Miraculous Medal Novena, Mon., after 9am Mass Divine Mercy, Wed., 3pm
CONFESSION	Wed., 6:30-8:30pm; Sat., 8am & 3:30pm, or by appt.
PARISH OFFICE	540-373-6491, fax 371-0251 stmary@stmaryfred.org Mon.-Fri., 8:30am - 4:30pm; <i>students staff office weekdays until 9pm,</i> <i>Saturdays 9-5pm, Sundays 9:30-1:30pm</i> Pastor, Fr. John Mosimann Fr. Stephen Holmes Fr. Colin Davis Fr. Michael J.R. Kelly Deacon Alberto Bernaola Deacon Dick Delio Operations Manager, Jim Florio Business Manager, Elaine Stanislawski Parish Secretary, Elizabeth Tellez Director of Music & Organist, David Uschold
HOLY CROSS ACADEMY	540-286-1600 250 Stafford Lakes Parkway Fredericksburg, Virginia 22406-7234 Principal, Sr. Susan Louise Eder, O.S.F.S.
ST. MARY PRESCHOOL	540-373-7553 Director, Nanci Scharf
RELIGIOUS EDUCATION OFFICE	540-373-6491 Director, Aristides Lucas Associate Director, Karen Sturtevant
YOUTH MINISTRY	540-373-6491 Director, Leo Chavarria Tatiana Beltran
OUTREACH	540-373-6491 Elena Doyle - outreach@stmaryfred.org
BAPTISMS	Parish registration (90 days) and class required. Please contact the parish office to schedule the date at least four weeks in advance.
MARRIAGE	Parish registration required; contact parish six months in advance to begin preparation.
JOIN US	New Family Registration meetings held in the Parish Life Center on fourth Sundays, following the 10:30 Mass. Please notify us of any contact changes.

Articles must be submitted two weeks prior to publication.
Send articles to bulletin@stmaryfred.org. Thanks!

from the pastor

pax et bonum



SAINT
MARY

of the
IMMACULATE
CONCEPTION
Roman Catholic Church

HOLY CROSS ACADEMY



Dear Folks,

I hope our Arctic days are over.

You might say, "huh?"

If you didn't notice the Arctic chill sweeping the cry-room, narthex and sacristy, then give thanks to God.

Over the last several weeks, some zones of the church have reached temperatures usually reserved for the Arctic Circle. (Yes, that is hyperbole). Several efforts were unable to diagnose the cause of the problem. And thanks to the folks who texted me pictures of people standing outside to avoid the Arctic chill.

So finally this week, with a return call to our Heating and A/C vendor, the problem was found. The Boiler used to heat the church had shut down, and was not restarting.

You might say "why would that matter?"

Because the system is constructed in such a way, that the Air Conditioning Chiller serves not only to cool the church but also to dehumidify. It is important to keep the church humidity within a measured range because of all of the wood and most especially the organ. Thus, when humidity is high the air conditioner will continue to run in order to remove moisture, even if the church is already cold! At such times (high humidity, church cold), the boiler will also kick in to reheat the air in order to return the dry air to a comfortable temperature. Hence, our Arctic chill because the air was chilled to remove humidity, but was not being reheated. Now that we know better the design principle behind the system, we will be able to better diagnose issues should they arise in the future.

You might (as I did) say, "Isn't that a horribly wasteful way to dehumidify?"

Our contractor agreed that it is a energy inefficient way to solve the humidity problem, but one that is very commonly used for large buildings because of its simple design. It is the way that our heating, cooling, dehumidifying was designed. Further analysis might consider the cost of adding a dedicated dehumidifier, and what energy savings would result from such a capital investment, but that is for another day.

Just in case you wanted to know why.

Pax et bonum!

Fr. J. Mosimann

Fr Mosimann

Respect Life Sunday

National Life Chain Sunday - Oct. 1

Annual Life Chain 2- 3:30pm

What is a Life Chain?

The first Life Chain, born through prayer, was built in 1987 by Please Let Me Live, a small pro-life ministry in Yuba City, California. From its small beginning, the Life Chain has grown to over 1,800 Life Chains in the United States and Canada, and is a call to the Christian Church to mobilize against an abortion holocaust that claims over one million American lives annually, and has claimed over sixty million lives worldwide, through surgical abortion. The Life Chain is a peaceful, prayerful, silent demonstration. Hundreds of Christians – clergy and lay people -- stand 25 to 50 feet apart to form a prayer chain and hold signs reading Abortion Kills Children, Jesus Forgives and Heals, Adoption: The Loving Option, Lord, Forgive Us and Our Nation, Life: The First Inalienable Right. This powerful, visual impact not only raises community awareness but has also been credited with saving children's lives. Consider the words of Pope John Paul II who said, *"When life before birth is attacked, we will stand up. No one ever has the authority to destroy unborn human life."*

St. Mary Parish will again participate in the Annual Life Chain on **Sunday, October 1** and welcomes all our parishioners and local churches as well. **We will meet in the Parish Life Center at 2pm** to pick up our signs and walk up to Route 1, where we will form a chain along Route 1 from Route 3 to College Avenue. **Please join us and take a stand for the unborn.**

holy cross academy

Second Grade Happenings!

Last week the children explored math tools on their way to becoming mathematicians! After their hands on activity with the balances and other manipulatives, they created a word wall, working together to decide which tools would be used in different professions. They imagined themselves as bankers, boat captains, and civil engineers, just to name a few.

After watching a video of the flooding in Houston, third grade students talked about the effects the flood waters have on people's homes. They brainstormed ideas to create a barrier to protect homes from flooding and then created them in teams of four. The materials they used included craft sticks, play dough, aluminum foil, tape, foam sheets, and pipe cleaners. A small red cup represented the house. To test the barriers, they poured water into the bin that contained the house and barrier.

Their ideas were amazing. Two groups came up with creating structures that made the house float. When their teacher extended the lesson by asking what the problem with that would be in real life, they said the house would bump into things as it floated away. Continuing to work on the problem, they decided to anchor the flotation device to the ground so it would still float but would not end up in the next town.

To round out the experience, the children wrote reflections on the process, what worked and what didn't, and the improvements they could make. They also reflected on the experience of working in a team.

Our students are excited to work on more problems this year and to discover new ways of learning.



*A National
Blue Ribbon
School of
Excellence,
2012*

We hope that you will consider our parish school for your children. To learn more, we invite you to visit our school website, holycrossweb.com. If you would like to see what we can do for your child, please call our HCA office at 540-286- 1600 or St. Mary Preschool at 540-373- 7553 to arrange for a tour or to let us tell you all about Holy Cross Academy, our parish school.

religious education

First Catechist Training

The first Catechist Training was on Tuesday, September 5, from 6-9pm, in the Parish Life Center. After a delicious dinner prepared by Karen Sturtevant we had three presentations. Fr. Michael J.R. Kelly was there to thank the catechists for their willingness to serve the Church.

In the first presentation, Lori Barlow discussed the Catechist Binder.

In the second presentation Sr Frances Carol Eder, O.S.F.S and Sister Susan Louise Eder, O.S.F.S. helped prepare the catechists for the new school year. Sr. Frances Carol discussed the many online resources available to catechists and parents from Loyola Press. Sr. Susan Louis topic was the "Heart of a Catechist" guided by a letter Pope Francis wrote to a meeting of catechists in July.

The third presentation was by Furman McCormick who also provided us with more online resources.

An email from a couple said, "... thank you for the best, most informative program yet, which says a lot because we have had so many good ones."

Volunteers Needed

The Religious Education still needs Prayer-aides, office volunteers, assistant catechists and substitute catechists.

FORMED PICK OF THE WEEK

The New Conversation

By Stephanie Gray

Changing Hearts and Minds on Abortion

With her unique ability to speak to people on either side of a pro-life issue, Stephanie Gray talks about the dignity of the human person through a biblical lens, bringing compassion and truth to pressing pro-life issues.

Listen on formed.org



"This completely changed the way that I look at the right to life conversation."

—Phil, Becker, MN



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youth ministry



Stay Up-to-Date

Be sure to stay in the know with St. Mary CYM by visiting stmaryfred.org/youth-ministry

StMaryCYM    
#GetInvolvedBeTransformed



parish life happenings

Teams of Our Lady

"The couple that prays together, stays together" - The Teams of Our Lady (teamsofourlady.org) are a fantastic way for couples to grow closer together and closer to the Lord. Couples take time to pray and prepare spiritual material together, and then meet monthly to pray and share with the other couples over dinner.

A second Fredericksburg team is in the works! contact us to learn more. **Helene (540 361 5662) and Gonzague (540 361 5673) de Bonfils, or hdebonfils@gmail.com.**

CCW Monthly Meeting

All parish women are invited to join us for our monthly meeting on Tuesday, September 19 at 10am in the Father Rooney Room. Our speaker will be Father Mosimann so please come. You do not want to miss hearing, about his awesome cross and crucifix collection as well as his plans for the upcoming year.

Senior Luncheon with Bingo

Come on out to the Parish Life Center on Tues. September 19 at noon and join us for a light lunch and Bingo. We've had so much fun at the last bingos, so come on out and see what you've been missing. There will be prizes too! Best of all, IT'S FREE. No RSVP is requested. Questions? Call Maria D'Amico 540-785-3580.

UMW Car Wash

Cruise on by Sunoco Gas Station, 2307 Jefferson Davis Highway this upcoming Saturday, September 23 to

support UMW's Catholic Campus Ministry! All proceeds support UMW CCM. Small cars - \$12 and \$17 for larger cars, trucks and vans. Wash runs from 10am-3pm. Donations welcome. Contact info@umwccm.org for more information.



Walking with Purpose women's Bible study is beginning a new session this fall: Opening Your Heart. This foundational, 22-week course is designed for women who are new to WWP as well as those with more Bible study experience. We welcome past participants and invite new women to join us! Walking with Purpose is a Catholic Bible study that aims to bring women to a deeper relationship with Christ. The course involves personal study and small group discussions that link our everyday challenges with solutions given to us through the teachings of Christ and the Catholic Church.

We will have two sessions beginning this fall

Tuesday 7:30-8:45pm
Holy Cross Academy (begins October 3)
Thursday 7:15-8:30pm
Parish Life center (begins October 5)

Preregistration is not required; book information will be given at the first meeting. Come and see what we're all about!

For more information contact Lori Mattson at lori@acumen-ea.com or go to walkingwithpurpose.com. We hope to see you in October!

The Knights of Columbus Council #4034 is comprised of Catholic men and their families, united in service with our Church, schools and neighborhoods. Along with our community non-profit organizations, we have a common core objective to help and serve those in need.

We are part of the Parish Life Ministry at Saint Mary and this is our 60th year of support.

Website:
kofc4034.org

Facebook:
fb.com/kofc4034

E-Mail: Info@kofc4034.org

Business meeting

2nd Wednesday of each month at the Fredericksburg Columbus Club.

Dinner: 6:30-6:45 Rosary: 7:10
Meeting 7:30-8:30

There is always time to be a Knight

For more information, Contact our Council's Membership Director at: MembershipDirector@kofc4034.org



**KNIGHTS
OF COLUMBUS**
IN SERVICE TO ONE. IN SERVICE TO ALL.

parish life

annual ice cream social



Thank you to all our school and parish families for coming the 2017 St. Mary's Parish Ice Cream Social & Cake Walk. We hope you had as much fun as we did! On behalf of the Holy Cross Academy PTO, we thank you for the beautiful cakes and treats you donated.

Congratulations to the 2017 Cake Walk Decorating Contest:

1) Best Family Effort: "Chocolate Fall" by Liam Long, 2) Most Skilled/Unique: "Sister" by The Root Family, 3) Prettiest: "Unicorn" by Priyanka + Spandana, and 4) Most Delicious: "Caramel Cappuccino" by The Spiegeler Family



STORM VICTIMS NEED HELP

HOW TO HELP HURRICANE HARVEY RELIEF EFFORTS

Holy Cross Academy is participating in The National Catholic Educational Association (NCEA) Student to Student program. All are welcome to join them. Please visit ncea.org/STS to make a donation or for more information.

The Micah churches are participating in a Flood Bucket Kit collection and are accepting donations through Monday, September 18. Please bring to St. Mary Church office. Contact Elena Doyle outreach@stmaryfred.org for more information.

Packing & Shipping Instructions

Box Weight: Each packed box cannot exceed 66 pounds.

Complete 2 packing lists: one for your records and one to put on the shipping box.

Paste the shipping label / packing list on the outside of each box you send. The shipping list helps the depot to quickly process kits.

Processing & Shipping Costs:
Please enclose an envelope containing at least \$1.50 for each kit you send. This donation enables kits to be sent to areas in need.

WHAT'S IN A FLOOD BUCKET KIT

5-Gallon bucket with resealable lid

- Buckets from fast-food restaurants or bakeries can be used if washed and cleaned
- Do not use buckets that have stored chemicals such as paint or pool cleaner
- Advertisements on the outside are acceptable

Liquid laundry detergent

- One 50-oz. or two 25-oz. bottle(s) only

Liquid household cleaner

- 12-16oz. liquid cleaner that can be mixed with water
- No spray cleaners

Dish soap

- 16-28 oz. bottle any brand

1 can air freshener

- Aerosol or pump

1 insect repellent spray

- 6-14oz. aerosol or spray pump w/ protective cover

1 scrub brush

- Plastic or wooden handle

7 sponges

- No cellulose sponges due to mold issues
- Remove from wrapper

5 scouring pads

- Remove from wrapper
- No stainless steel, Brillo pads, or SOS pads (nothing with soap built in)

50 clothespins

Clothesline

- One 100-ft. or two 50-ft. lines
- Cotton or plastic

24-roll heavy-duty trash bags

- 33- to 45-gallon sizes
- Remove from the box

5 dust masks

2 pairs kitchen dishwashing gloves

- Should be durable enough for multiple uses
- Remove from packaging

1 pair work gloves

- Cotton with leather palm or all leather

18 cleaning wipes

- Handi Wipes or reusable wipes
- No terry cleaning towels
- Remove from packaging

Assembly Directions

Place all liquid items in the bucket first. Place remaining items in the bucket, fitting them around and between the liquid items. Sponges, scouring pads, clothespins, and trash bags can be separated in order to fit all of the items in the bucket. Ensure the lid is closed securely.

Important Notes

- If all of the items on the list are not included, please put a label on the bucket indicating what has been omitted.
- All items must be new except for the actual bucket and lid.
- All cleaning agents must be liquid and in plastic containers.
- No powders, please.
- If you cannot find the requested size of a liquid item, use a smaller size. Including larger sizes of any item will prevent the lid from sealing.

parish life

happenings

Communication & Prayer Workshop

Saturday, September 23

9:00 am - 2:30 pm

St. Mary of the Immaculate Conception

Register

\$55 per couple

arlingtondiocese.org/communicationandprayerworkshop

No registration at the door.

Speakers

Fr. James Hudgins

Pastor, St. Jude

Fredericksburg, VA

"Deep Prayer, Deep Conversion"

Fr. Anthony Pinizzotto

Vicar, St. Luke

McLean, VA

*"Communicating Effectively
& Handling Conflicts"*

Ron & Terry Riggins

Married 37 Years

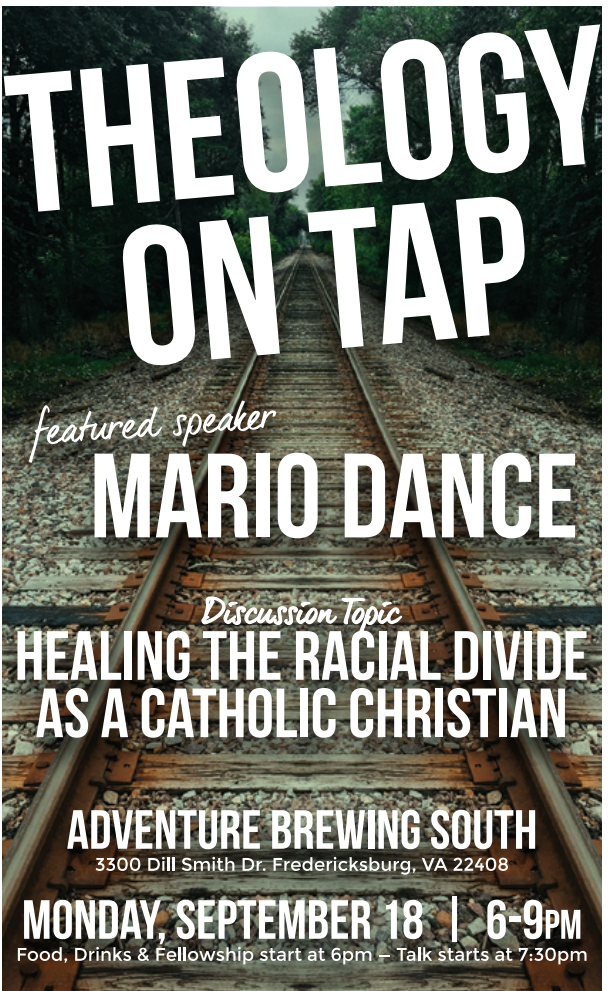
*"Unity in Prayer Brings
Harmony in Marriage"*

Sponsored by the Office of Marriage, Family & Respect Life
(703) 841-2550 ~ familylife@arlingtondiocese.org

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Visit smile.amazon.com/ch/54-1889183, or sign up and choose Holy Cross Academy from the list of charitable organizations. Thank you!



**THEOLOGY
ON TAP**

featured speaker
MARIO DANCE

Discussion Topic
**HEALING THE RACIAL DIVIDE
AS A CATHOLIC CHRISTIAN**

ADVENTURE BREWING SOUTH
3300 Dill Smith Dr. Fredericksburg, VA 22408

MONDAY, SEPTEMBER 18 | 6-9PM
Food, Drinks & Fellowship start at 6pm – Talk starts at 7:30pm

our neighbors happenings

New Cemetery Plots

Saint Isidore the Farmer in Orange, VA has a new cemetery. Plots for parishioners of parishes other than St. Isidore are \$1000 each. Effective January 1st, 2018, the price for each plot will be raised to \$1500. Each plot can hold one casket, or one casket and one cremation urn, or two cremation urns. Please feel free to contact Valencia Bowman with any questions via email, stisidore2001@gmail.com or by telephone, 540-672-4933, ext. 10.

Want to Teach English?

Help your immigrant and refugee neighbors learn English and improve their employment outcomes! ESOL (English for Speakers of other Languages) teachers are urgently needed in Fredericksburg. Classes will be held on Mondays and Tuesdays from 7-8:30pm. Classes begin on Monday, October 2 and end on Tuesday, December 12. The ideal candidate will have some background in teaching ESOL and be able to commit to the whole semester, both nights per week. You will receive ample curriculum and resources, training, professional development, and additional support from Catholic Charities staff throughout the semester. Co-teachers are strongly encouraged to apply! No foreign language necessary. **Contact Courtney at (571) 208-1572 x. 102 or clord@ccda.net** for more information!

John Paul Golf Tournament

Saint John Paul the Great Catholic High School is hosting "Golfing with Wolves" on Thursday, September 21, at the

Potomac Shores Golf Club. Join friends and make new ones while enjoying a beautiful day on the greens in support of Catholic education. Sponsorship opportunities also available! For more information, and to register, please visit saintjohnpaulthegreatgolf.org, call 703.445.0306, or email golf@jpthegreat.org

Celebrating A Silver or Golden Wedding Anniversary This Year?

Were you married in 1967 or 1992? Then join Bishop Michael F. Burbidge for the 2017 **Marriage Jubilee Mass to be celebrated on Sunday, October 15 at 2:30pm at Our Lady of Hope Catholic Church** in Potomac Falls, Va. Contact the parish office to register no later than September 22nd. For more info, visit arlingtondiocese.org/MJM.

Week of Prayer & Fasting

The 25th International Week of Prayer and Fasting coalition in collaboration with the Marian Fathers, Legion of Mary and Priests for Life, are asking for individuals, families, prayer groups and parishes to unite for nine days (Oct. 1-9) of prayer and fasting for the following goals: Conversion of all Peoples and Nations, to Build a Culture of Life, to Defend the Sanctity of Marriage and Family Life, to Pray for Peace and to Implore God's Mercy. Parishes are encouraged to host holy hours, recitation of the Rosary, Masses and some kind of sacrifice or penance during these nine days. For more information visit iwopf.org or call 888-478-PRAY (7729).



TOTUS TUUS
WE ARE TOTALLY YOURS, MARY

Bishop Michael F. Burbidge
invites you to the biennial
Diocese of Arlington Pilgrimage

SATURDAY,
OCTOBER 14, 2017

BASILICA OF THE
NATIONAL SHRINE OF THE
IMMACULATE CONCEPTION
IN WASHINGTON D.C.

More info at
arlingtondiocese.org/diocesanpilgrimage

Our Parish will have a bus going to the Shrine for the Pilgrimage, which will leave from St. Mary at 7:30am and return to the parish by approximately 5:30pm. A donation of \$25.00 is suggested to assist with the cost of the bus.

If you wish to attend, please sign up in the Parish Office no later than Friday, October 6.

operations given in love

Weekly Offertory

Offertory Collection September 10

Offertory \$33,689

Collection for Hurricane Harvey 24,861

Donations for Sierra Leone Mudslide 1,189

Catholic University Collection (add'l) 1,373

St. Vincent de Paul Poor Box 79

Faith Direct September Donations

Offertory Collection \$48,491

Parish Building Fund 3,999

Religious Education 1,976

Catholic University 1,233

The Second Collection next weekend is the Religious Education Collection which was rescheduled from September 10.

This collection supports the Religious Education Program of our Parish, and your support is most appreciated.

Masses were offered in August for the following unscheduled intentions: +Mary Linda Kaila (5), +Mike Harwich (3), +Stanley Guzik, Grace Sherry, +Bon Van Than, +Robert Rask, Pat Canning, Mr. & Mrs. Adam Clagett, +Debra King, +Stella Maris Hewitson, +Mr. Dougherty, +Michael Lackowitz, +Mary Walsh, Miread Ford, +Virginia Hall.

Children's Offertory Envelopes for September

Children's Offertory Contributions for the month of September will be donated to the Stafford Junction HUGS Program. Stafford Junction is a faith-based nonprofit organization that serves high-need children, youth and their families residing in Stafford County. Their mission is to transform lives through faith and action. They partner with residents, local churches, service agencies, and businesses to connect lives, build relationships, and foster understanding across socio-economic lines. Partners share the love of God by meeting the physical, emotional, intellectual, and spiritual needs of those we serve. HUGS (Helping Us Grow Strong) is a program uniquely designed to complement the success of the Brain Builders after school program by working with children ages zero to five. Offering activities to enhance children's social and emotional development, HUGS helps to prepare these children for the school environment. Additionally, their partnership with the YMCA Massad Preschool allows the children to participate in structured preschool learning to further enhance their school readiness. For more information visit their website at **stafford-junction.org**. Children's Offertory Envelopes are available through the Religious Education Office. All proceeds from the envelopes go to a different children's charity each month.

Pro Life Reflection

"Humanae Vitae" is much more than a "birth control" encyclical. It declares and reaffirms the very meaning of human life as a sacred gift from God. We find our fulfillment precisely in welcoming, nurturing, and giving ourselves away for that gift of life. By capturing this vision of life, prohibitions on abortion and contraception make sense as pieces of a greater picture. *Jesus, You fill the world with life. Take away our fear and make us fruitful.*

Al Anon Surviving the Weekend Group

All who have been affected by someone else's drinking, and members come together to learn a better way of life and how to find happiness. It's important to know that you are not alone and there is help. **Al Anon meetings are every Saturday at 10am in Room 204 of St. Mary's Parish Life Center.**

Nar Anon Support Available

Nar Anon is a program that offers support to family members and friends of loved ones struggling with substance abuse. All information and discussion is non-judgemental, informative and strictly confidential. Our meetings are in **Room 204 in the Parish Life Center on Thursday from 7-8pm** and are open to the community at large. **Contact Cathy at 703-2018821, burgh757@gmail.com or Wayne at 540-840-5230.**

SCRIP Helping HCA

SCRIP provides wonderful financial support for Holy Cross Academy. The support the SCRIP program provides has averaged over \$9,400.00 for the past six years. Even if you do not have children who attend HCA you are encouraged to participate. These funds go directly to HCA for such costs as assistance for books, supplies, and our upcoming school expansion.

How it works: Most of us shop at various local vendors that are supported through SCRIP. These include Giant, Weis, Wawa, Starbucks, Wal-Mart, Target as well as popular restaurants like Olive Garden, Red Lobster, IHOP and Outback. Complete list at shopwithscrip.com

There are several ways you can order/purchase gift cards through the SCRIP program. One is to visit a SCRIP table after most Masses (including HCA). There is a volunteer who will provide info and help you purchase gift cards. Checks or cash accepted. You can also order online for delivery to either HCA (after 10:30am Mass or during school hours when school is in session) or for pickup after Saturday or Sunday Masses at the Church. And the most convenient way, set up a Presto Pay account and order gift cards online. You will need St. Mary's enrollment code to set an account. For the enrollment code and assistance, please contact Christi Greenwell at scripcoordinator@holycrossweb.com or 703-994-2142. She will help get you started.

Your thoughtful consideration for this wonderful program is much appreciated. Remember, your shopping can provide direct benefits for HCA.

Saint Mary prayer list

Please pray for those who are sick or in need, especially:

Jaiden Scelzo, Elisea Opeka, Claire Matthews, Matt Traugh, Jonathan Nogueira, Jim Mann, Ted Major, Maggie Lampman, Chuck Boyert, Adrienne Foshay, Stephanie Downing, Ray Heath, Anna Marie Johnson, Emma Gilbert, Tracey Hansen, Bill Herr, Richard Fadden, Michelle Williams, Mike Pabrinkis, Zachary Payne, David Nimmer, Adrienne Foshay, Maggie Lampman, Keri Nelson, Marc Wood, Jack Brush, Sandra Frietas Smith, Elise Velez, Virginia Gannon, Daisy McGuiney, Russell McGuiney, Robert Yednock, Kari Nelson, Ellen GilHool, Patricia Russo, Gail Russell, Urbano Negre, Nimfa Cloud, Daniel Burke, Prudy Tarpey, Barbara McCoy, Lee Bishop, Nora Ellen Lloyd, Tanh Lam, Joseph Mikulka, Lillian Kendall, Martha Clements, Judy Diehl, Terry Givens, Rose St. John, Jason Sully, Danny Thiebolt, Mary Rau, David Phillips, Re MacArthur, Theresa Petrill, Bob Rekowski, Gerard Fitzpatrick, Christina Wiley, Maureen Mizzles, Charles Dittmer, Bernice Douglas, Miles Wood, Bruce Mattern, Maria Wood, Shannon Triola, David Marcs, Roseanne Mash, Jeanne Burke, Indira Murillo, Christie Greenwell, Holly Smith, Anthony Yantiss, Jerome Murphy, Larry Dillman, James Evans, Gabriel Galarza-Torres, Keith Kovalefsky, Joaquin Perez, Amber Moser, Stan Guzik, Barbara Butler, Mary Walsh, Elizabeth Murray, Jacqueline Murray, Robert Gomer, Carla Gomer, Robert Wayne Thompson, Robert Arthur Ouellette, Douglas Meyer, Betsy Murray, Monica Hannan, Eldon Ulmer, Linda Jamison, Karla Dorsey, Maria Eliza Franca Maciel, Eileen Bourne, Marty T., David A, Pedro Rios, Cathy Burgh, Roger Dewayne, Rose Anne Sharpe, Angus Johnson, Peter Wood, Jude Murphy, Paula Snellings, Mary Jean & Don Williams, Harold Gardiner, Gerald Gardiner, Tina Ott, Michael Carr, Stephen Daley, Deanna White, Maria Stein, Elizabeth Davis, Jeanette Williams, Deborah June King, Ann Gallagher, Robert & Brittani Horner, John D. Zaloudek, Roger Sharpe, Mary Ulmer, Antonio Christianson, Thomas Moeller, Marianne Ford, Ortiz Family, Maryann Seidlinger

Please pray for all the men and women in our military and civilian support services overseas, especially:

Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Sean Plunkett, Roy Selvidge, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Nelly Garcia, Mindy Hakenson, Xavier Alas, Gary Rotsch, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Brian Mahoney, Julio A. Alarcon, Gabe Gonzalez

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

Daily Mass intentions and readings

september

18 MONDAY

6:30am Shirley Alrutz+

9am Major Benjamin Douglas

Is 55:6-9/Phil 1:20c-27a/Mt 20:1-16a

19 TUESDAY

6:30am Rose Vavrick+

9am Dorothy Mae Kuhl+

Ezr 1:1-6/Lk 8:16-18

20 WEDNESDAY

6:30am Nani Castillo

9am Barbara Mertens+

Ezr 6:7-20/Lk 8:19-21

21 THURSDAY

6:30am Cecelia Vavricka+

9am Tiem Vu+

Hg 1:1-8/Lk 9:7-9

22 FRIDAY

6:30am Glen & Karen Sturtewart

8:15am* Saylor Ward

9am Patrick Hagans+

Dn 7:9-14/Jn 1:47-51

23 SATURDAY

9am John Ryan+

5pm Mary Lou Novak+

7pm Doris Storch+

Zec 2:5-15a/Lk 9:43b-45

24 SUNDAY

7am Helen Miller+

8:30am David Mathers

10:30am Owen Lea+

10:30am* Patrick Leo Petro+

12:30pm Chase Strader

2:30pm Our Military Living & Dead

5pm For Our Parish

7:01pm Gerald Dead Vavrick+

Ez 18:25-28/Phil 2:1-11/Mt 21:28-32

*Please remember that Mass intentions may be requested at the parish office for any remaining Masses of the year. If dates are no longer available for the date you desire, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.
* Indicates Mass at Holy Cross Academy*