# **Thirty-Third Sunday in Ordinary Time**



## what's coming



HOLY CROSS ACADEMY

### november

19 SUNDAY, THIRTY-THIRD SUNDAY IN ORDINARY TIME

Coffee Shop after Morning Masses Sponsored by St. Mary Youth Ministry 11:30am, Evangelization Meeting, Courtyard Meeting Room 12pm, Spanish Legion of Mary, Parish Life Center, Room 100 6pm, High School Youth Group, Parish Life Center - 6pm Dinner, 7pm Meeting

20 Monday, Weekday

Giving Tree Begins, Please see page 7 for more information 10:15am, Legion of Mary Our Lady of Perpetual Help, Parish Life Center, Room 100 6-9pm Theology on Tap, Adventure Brewing South - Sponsored by the St. Mary Young Adults 7:30pm, RCIA, Church

21 Tuesday, The Presentation of the Blessed Virgin Mary

7pm, Gospel of John Class with Deacon Dick in Parish Office Library 7:30pm, Spanish Legion of Mary, Parish Life Center, Room 204 No Walking with Purpose Class - Will Resume Next Week

22 Wednesday, Saint Cecilia, Virgin and Martyr

9:45am, Bible Timeline Series, Courtyard Meeting Room No YOUCAT - Will resume next week 6pm, Special Anniversary Mass for our Church Dedication, Church

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23 Thursday, Weekday [Saint Clement I, Pope and Martyr; Saint Columban, Abbot; Blessed Miguel Agustín Pro, Priest and Martyr] Thanksgiving Day - Parish Offices Closed 10am, Special Thanksgiving Mass, Church - Please bring non-perishable donations for the Food Bank

24 Friday, Saint Andrew Düng-Lac, Priest, and Companions, Martyrs

7pm, Spanish Prayer Group, John Paul II House, Upstairs No Middle School Youth Group

- 25 Saturday, Weekday [Saint Catherine of Alexandria, Virgin and Martyr]
- 26 Sunday, OUR LORD JESUS CHRIST, KING OF THE UNIVERSE

No Coffee Shop this weekend due to the Thanksgiving Holiday
New Family Welcome and Registration after 10:30am Mass in the Parish Life Center
12pm, Spanish Legion of Mary, Parish Life Center, Room 100
No High School Youth Group

27 Monday, Weekday (Thirty-Fourth or Last Week in Ordinary Time)

10:15am, Legion of Mary Our Lady of Perpetual Help, Parish Life Center, Room 100 7:30pm, RCIA, Church

28 Tuesday, Weekday

7pm, Gospel of John Class with Deacon Dick in Parish Office Library 7:30pm Life in the Spirit, Courtyard Meeting Room 7:30-8:45pm, Walking with Purpose Class at Holy Cross Academy 7:30pm, Spanish Legion of Mary, Parish Life Center, Room 204

29 Wednesday, Weekday

9:45am, Bible Timeline Series, Courtyard Meeting Room 6:30pm, YOUCAT, Parish Life Center

**30 Thursday, Saint Andrew, Apostle** 

9:45am, Bible Timeline Series, Courtyard Meeting Room 9:45am CCW Craft Group, Parish Life Center Room 100 6:30pm, Legion of Mary, Parish Life Center Room 201 7pm, NarAnon, Parish Life Center, Room 204 7:15pm Walking with Purpose, Parish Life Center, Rooms 201, 202, 203, and Courtyard

## **express** announcements

# stmaryfred.org

## nota bene (note well, please):

- Special Mass for Thanksgiving There will be a Special Mass at 10am on Thursday, November 23, to celebrate Thanksgiving. As we have done for so many years, we ask all those attending to bring non-perishable food items with them for Thanksgiving, to be donated to the Food Bank for those in need. We hope you will join us and begin your day at the Holy Sacrifice of the Mass, giving thanks to Our Lord. Please note there will not be a 6:30am or 9am Mass.
- **Special Anniversary Mass for our Church Dedication**, November 22. Please see page 6 for more information.
- **Religious Oil Paintings Exhibition -** All are invited to enjoy a wonderful exhibition of religious art in the Parish Life Center this Sunday November 19, from 8am-3pm. The paintings are framed in hand carved wood and are exclusively about religious images: The Virgin, alone or with the Child, The Holy Family, Madonna, Archangels and Angels, etc. The paintings are available for sale at reasonable prices. A percentage of all sales will go towards the support of St. Mary Parish, and the remaining proceeds will be used to encourage artists who paint works which give glory to God.
- **Shred Event** in the Church parking lot on Saturday, December 2 from 10am-1pm. Shred-it will be on site to shred any personal or financial documents. All are welcome to bring items to be shredded.
- Complete some of your shopping by purchasing SCRIP gift cards! Set up an account today and earn rebates for HCA. Email Christi Greenwell at scripcoordinator@holycrossweb.com for the school enrollment code.
- Stop by our Coffee Shop every Sunday morning to meet your fellow parishioners and enjoy coffee and donuts.

SUNDAY MASS

Saturday Vigil 5 & 7pm Sunday 7, 8:30, 10:30am, 12:30, 2:30pm (Spanish), 5pm, 7:01pm 10:30am at Holy Cross Academy

Mon.-Fri.: 6:30am, 9am M/W/F: 12 Noon DAILY **MASS** 

Sat.: 9am

First Friday 8pm

Holy Days of Obligation, as announced

Adoration, Daily between 6:30am & 9am Mass, Wednesday 12:30pm - Friday 9am **DEVOTIONS** 

Miraculous Medal Novena, Mon., after 9am Mass

Divine Mercy, Wed., 3pm

CONFESSION Wed., 6:30-8:30pm;

Sat., 8am & 3:30pm, or by appt.

PARISH OFFICE 540-373-6491, fax 371-0251

stmary@stmaryfred.org Mon.-Fri., 8:30am - 4:30pm;

students staff office weekdays until 9pm, Saturdays 9-5pm, Sundays 9:30-1:30pm

Pastor, Fr. John Mosimann Fr. Stephen Holmes Fr. Colin Davis Fr. Michael J.R. Kelly Deacon Alberto Bernaola Deacon Dick Delio

Operations Manager, Jim Florio Business Manager, Elaine Stanislawski Parish Secretary, Elizabeth Tellez Director of Music & Organist, David Uschold

HOLY CROSS 540-286-1600 ACADEMY 250 Stafford L

250 Stafford Lakes Parkway

Fredericksburg, Virginia 22406-7234 Principal, Sr. Susan Louise Eder, O.S.F.S.

ST. MARY 540-373-7553 PRESCHOOL Director, Nanci Scharf

540-373-6491

Director, Aristides Lucas

Associate Director, Karen Sturtevant

YOUTH MINISTRY

Director, Leo Chavarria

Tatiana Beltran

OUTREACH 540-373-6491

Elena Doyle - outreach@stmaryfred.org

Parish registration (90 days) and class required. Please contact the parish office to schedule **BAPTISMS** 

the date at least four weeks in advance.

MARRIAGE Parish registration required; contact parish

six months in advance to begin preparation.

**JOIN US** New Family Registration meetings held in the

Parish Life Center on fourth Sundays, following the 10:30 Mass. Please notify us of any contact

changes.

Articles must be submitted two weeks prior to publication. Send articles to bulletin@stmaryfred.org. Thanks!

## from the pastor



CONCEPTION Roman Catholic Church

HOLY CROSS ACADEMY



Dear Folks, Included in the bulletin you will find pictures

from our Volunteer Appreciation Dinner last week. It was truly a wonderful occasion to thank and celebrate the wonderful army of volunteers in our parish family. I'd like to share the names of those who we honored with an award (listed below), and express especially my love, respect and gratitude.

I am honored to announce this year's volunteer couple of the year, Pat and Tom Fish. They are a team, working together in ministries they share of the team, working together in ministries they share IMMACULATE and chair! As a pharmacist, Tom volunteers at the Moss Free Clinic & Guadeloupe Clinic, has been helpful in the prison ministry, stewardship and recently accepted the leadership role with the ushers. Pat also leads the greeters minister, which helps to put a loving face to all who enter our parish church. Both Tom and Pat and always willing to go the extra mile to engage others in the works of apostolate. They a wonderful model for married couples working to build the body of Christ in our parish & community. And they are truly a blessing to our parish family.

#### **Adoration & Thanksgiving**

In order that all might be able to celebrate thanksgiving with families, Adoration will be abbreviated for the holiday. It will only run on Wednesday from Noon until the end of confessions Wednesday night. We will not have overnight adoration either of our nights this week or Thanksgiving day at all. Adoration will resume the regular schedule the following week.

Happy Thanksgiving! Pax et Bonum,

Fr Mosimann

#### This year's awarded volunteers:

- 1. Lyn McMorland
- 2. Susan Keddie.
- 3. Lorie Clark
- 4. Angie Thompkins
- 5. Mark and Heather Gardner
- 6. Steve and Jane Stoecker
- 7. Suzette Young
- 8. Alvin and Lillian Romero

# Ecumenical Thanksgiving Prayer Service

Join Fredericksburg area Christian Churches for a

Thanksgiving prayer service Tuesday, November 21 at 7pm

at

Saint Mary Catholic Church

You are Welcome



Tom & Pat Fish - Volunteers of the Year

### education

# holy cross academy

### **Blessings this Thanksgiving**

Our Holy Cross Academy would like to wish all our St. Mary Parishioners a blessed, joy-filled Thanksgiving. As we gather around our thanksgiving feast, we will include prayer of gratitude for our priests and the people of Saint Mary Parish who support and help us in so many ways. Happy Thanksgiving!

### **All Saints Day Parade**

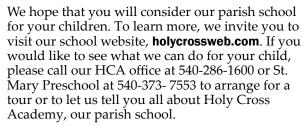
In November we love to talk about the saints. The month started with our annual All Saints Day Parade. Our students research the saints and children in kindergarten through fifth grade don a costume to represent this saint to our school community. We challenge the students each year to learn about a new saint so that they can expand their repertoire of heavenly friends. Our parade ends with saints reports from several of our 5th graders.





### **Save the Date**

**February 25, 2018.** We will be celebrating our 20th anniversary at Holy Cross Academy and would love to have you join us.





A National Blue Ribbon School of Excellence, 2012





## education

# religious education

### **Thanksgiving Break**

There will no Religious Education classes this week. Classes resume the week of November 27-30.

This Thanksgiving let us be prayerful, thankful and happy for the blessings of family.

Thanks to the families who donated to the Thanksgiving Food Drive.

#### FORMED PICK OF THE WEEK

### **True Reformers**

Presented by Dr. Christopher Blum

#### Meet the Six Great Heroes of the Catholic Reformation

Join Dr. Christopher Blum on a pilgrimage with the saints who led the Church's rebirth from the ashes of confusion caused by the Protestant Reformation. Beautiful, engaging and informative, this most recent program by Augustine Institute Studios unveils the power of the human heart's free response to God's grace.

Watch on formed.org



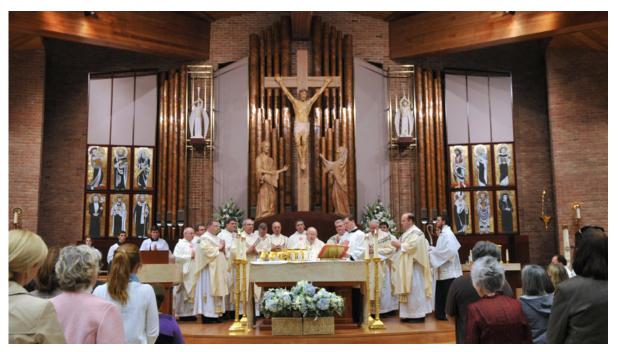




"True Reformers makes it easy to understand this difficult and controversial time in history. I loved learning about how the lives of saints influenced the culture."

-Christine from New York

### JOIN FORMED 1. formed.org 2. click register 3. enter parish code: F6F228



### **Anniversary of Our Church Dedication**

Each year, one of the most important liturgical celebrations in a parish is the Anniversary of the Dedication of the parish church. This is a Solemnity and ranks in importance up with Easter and Christmas, believe it or not. Over time, many parishes lose track of their Dedication date, but our church and its new altar were officially dedicated by Bishop Loverde at a Mass of Dedication on November 22, 2010 (pictured above). This year, our Anniversary Mass is on Wednesday, November 22nd at 6pm.

# youth ministry

### **Meeting Notices**

**YOUCAT** will not be meeting Wednesday, November 22.

**Middle School Youth Group** will not be meeting November 24

**High School Youth Group** will not be meeting November 26

### **Stay Up-to-Date**

Be sure to stay in the know with St. Mary CYM by visiting stmaryfred.org/youth-ministry

StMaryCYM

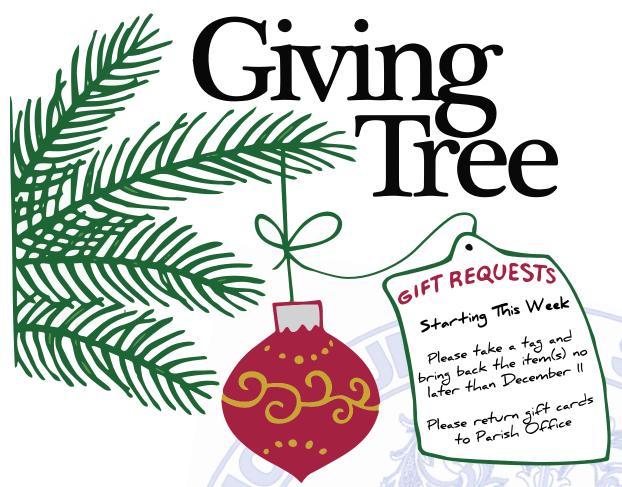
#GetInvolvedBeTransformed

On January 19, Saint Mary Youth Ministry is heading to the Eagle Bank Arena and Washington, D.C. for a

morning of prayer and praise at the Diocesan Life is Very Good Rally. We will have Mass with Bishop Burbidge, hear musical perfor-



mances by Ben Walther Band. We will then head to the March for Life in Washington, D.C. in prayerful protest and March to the Supreme Court for an end to Roe vs. Wade. Permission slips are available on our website. Space is limited, sign up early!





AmazonSmile is a simple and automatic way for you to support your school every time you shop, at no cost to you. When you shop at smile.amazon, you'll find the exact low prices, vast selection and convenient shopping experience as Amazon.com with the added bonus that Amazon will donate a portion of the purchase price to Holy Cross Academy.

Visit *smile.amazon.com/ch/54-1889183*, or sign up and choose Holy Cross Academy from the list of charitable organizations.

# getinvolved

# **Special Mass for Thanksgiving**

There will be a Special Mass at 10am on Thursday, November 23, to celebrate Thanksgiving. As we have done for so many years, we ask all those attending to bring non-perishable food items with them for Thanksgiving, to be donated to the Food Bank for those in need. We hope you will join us and begin your day at the Holy Sacrifice of the Mass, giving thanks to Our Lord. Please note there will not be a 6:30am or a 9am Mass on Thanksgiving Day.

### **Open Adoration Slots**

There is ongoing adoration from noon on Wednesday through Friday at 6am. This is to make a special request for the periods between 1-2am and 2-3am Thursday and Friday mornings. We are in need of people to cover these slots. If you are able to commit to a one-hour time period, please contact Christi Greenwell or Johanna Merino. Of course, if you can commit to an hour at any time that is very appreciated. Please contact Christi at 703-994-2142 (text is okay) or greenwell1956@cox. net or Johanna Merino at 703-209- 3124, johanna\_merino@ hotmail.com. Your commitment to adoration will reap rewards beyond anything you can imagine. You will have time to spend alone with our Lord without any distractions. Your thoughtful consideration to adoration during this time is very appreciated.

### **Call to Evangelization**

Empower your witness! Every day we have opportunities to share our story about why we love being Catholic, but do we? Or, do we hide our light under the proverbial bushel?

In July, Father Colin led an engaging series on evangelization. That gave birth to a small group whose purpose is to support and encourage each other in our efforts to share our faith. We discuss opportunities we've had to evangelize, what worked and what didn't, or what prevented us from trying. If you want to engage others in conversation about our faith, join us. We meet every 4th Sunday between the 10:30am and the 12:30pm masses (except on holiday weekends) in the Courtyard Meeting Room. For more information contact Bryan Richardson at br22406@ cox.net.

# **Adult Confirmation Classes**

We will begin Adult Confirmation classes for all those who have already been Baptized and have received First Communion, but have not been Confirmed; as well as for those who might want a short refresher course on the Catholic faith. There will be an introductory meeting and then six class sessions led by Deacon Dick, each lasting about one hour on Tuesday nights. The tentative schedule is: January 9, 2018 (introduction), 16, then April 3, for 5 weeks .. If you would like to sign up for these classes, or to just come to the introductory meeting to hear more, please call the Parish Office to register, leaving your name, phone number and email address.

### **Season of Giving**

Its's that time of year where each of us is thankful for all the Lord has blessed us with. We at Stafford Junction would like to thank you for helping us support our communities low income families and as we all know, the holidays are a particularly difficult time of year for those without. Therefore, Stafford Junction will be putting together meals for families in need. We will be distributing them on the Wednesday before Thanksgiving and we would love your help.

We are specifically In need of the following items; stuffing, gravy, instant potatoes, yams, canned vegetables, canned cranberries, and desserts.

### **Teams of our Lady**

"The couple that prays together, stays together" - The Teams of Our Lady (teamsofourlady.org) are a fantastic way for couples to deepen their spirituality in marriage. Each couple takes time to pray and prepare spiritual material together, and then meet monthly to pray and share with the other couples over dinner.

The second Fredericksburg team is almost complete! Contact us to learn more, Helene (540 361 5662) and Gonzague (540 361 5673) de Bonfils, or hdebonfils@gmail.com.

### **An Evening with Santa**

Boy Scouts of America, Troop 1410 would like to invite you to an Evening with Santa on December 1 at Holy Cross Academy. The fun starts will be from 6-10pm. Come take a picture with Santa, eat lots of yummy treats, play games and make some crafts. Cost is \$7 per person. Email Torie Baldwin at keetongirl2@yahoo.com to register.

# getinvolved

### **Cursillo Potluck Meeting**

This Sunday, November 19 at 3pm, Ultreya Gathering for all Cursillistas! Meet at the home of Lily Alarcon, 6 Stratford Hall Ct., Fredericksburg, 22406 for a Potluck Ultreya. We will have a witness speaker, music and singing, and great food. Come and join in the gathering of friends. Any questions, call **Tammie Chute 540-785-0570**.

# **Knights of Columbus Christmas Tree Sales**

**Beginning Saturday November 25** 

The Knights of Columbus St. Mary Council 4034 is kicking off our Christmas Tree sales fundraiser in partnership with St. Jude Council 13599. Sales will start on Saturday after Thanksgiving - November 25 and continue through Sunday - December 24.

Trees will be sold at St Jude Catholic Church - 10725 Courthouse Rd. (rte. 208). These are Virginia grown, freshly cut Fraser Firs with beautiful long lasting soft needles and that great evergreen smell. Tree prices will continue to remain the same as last year and are based on tree height.

The best selection and freshest trees of course are when the trees arrive on November 25. The trees will be sold on weekends from 8am-8pm and weekdays from 3-8pm, but not during Mass.

We also will be glad to work with anyone interested in volunteering to help with fulfilling your individual or group's community service requirements. Questions, contact Tim Fleming (trees@kofc4034.org). Please help us support the churches and the community through helping the Knights of Columbus with your live Christmas Tree purchase.

# **Keep Christ in Christmas** (KCIC) Campaign

The annual Knights of Columbus' Keep Christ in Christmas Campaign (Christmas card sales) will occur outside all Masses. The Knights of Columbus will use all proceeds gained to support our Religious Education Assistance Program for our local religious education schools, for Vocations, and for other local charities. Help

"Keep Christ in Christmas" by sending religious cards as an evangelization message from you!

### **CCW Updates**

Do not pack your handcrafted creations away, because they are important additions to our Christmas Mini Bazaar! Also, we ask you to share your delicious holiday cookies for our much-anticipated Christmas Cookie Bake Sale. This exciting event will be at the Parish Life Center on Sunday, December 3 after morning Masses! We will see you there.

At our next General Meeting, our fellow parishioner Ed Kenney will share stories from his FBI days to entertain and inform us. Please join us on Tuesday, November 21 at 10am, in the Father Rooney (Courtyard) Room. December brings a special treat with Christmas Carols shared around the organ, led by David Uschold. Do not miss this special treat on Tuesday, December 19 at about 10:30am, after our General Meeting.

#### **Dates to Remember:**

**December 3** - Mini Christmas Bazaar and Bake Sale 7:30-12pm **December 19** - General Meeting at 10am, Fr. Rooney Room, followed by Christmas carols in church!

### Theology on Tap

What is Theology on Tap, you ask? Theology on Tap is a speaker series that takes place in the fun, relaxed setting of a local pub. "TOT" focuses on topics of faith and contemporary issues that directly affect the lives of young adults (ages 21-39). TOT originated in the Archdiocese of Chicago and has spread throughout the country as a vital and popular component of young adult ministry. The goal is to provide a forum for young adults to learn about and discuss their faith in a relaxing social setting. Our next gathering is Monday, November 20 at Adventure Brewing South, 3300 Dill Smith Drive, Fredericksburg, VA (former location of

Blue & Gray Brewing).

THEOLOGY

CONTROL

THE ROLE OF THE EMOTIONS IN SPIRITUAL GROWTH

## pope francis

# world day of the poor

### **World Day of the Poor**

Pope Francis has declared the first ever, World Day of the Poor on November 19. In the Holy Father's address he states the following:

"We may think of the poor simply as the beneficiaries of our occasional volunteer work, or of impromptu acts of generosity that appease our conscience. However good and useful such acts may be for making us sensitive to people's needs and the injustices that are often their cause, they ought to lead to a true encounter with the poor and a sharing that becomes a way of life. Our prayer and our journey of discipleship and conversion find the confirmation of their evangelic authenticity in precisely such charity and sharing. This way of life gives rise to joy and peace of soul, because we touch with our own hands the flesh of Christ. If we truly wish to encounter Christ, we have to touch his body in the suffering bodies of the poor, as a response to the sacramental communion bestowed in the Eucharist. The Body of Christ, broken in the sacred liturgy, can be seen, through charity and sharing, in the faces and persons of the most vulnerable of our brothers and sisters. Saint John Chrysostom's admonition remains ever timely: "If you want to honour the body of Christ, do not scorn it when it is naked; do not honour the Eucharistic Christ with silk vestments, and then, leaving the church, neglect

the other Christ suffering from cold and nakedness" (Hom. in Matthaeum, 50.3: PG 58)."

It is evident that the parishioner's at St. Mary's and our Holy Cross families, have a heart for the poor both in and beyond our community. Below are just a few of the highlights of your goodness

- · We are the number one contributor of food and donations to the Fredericksburg Food Bank. Over the past five years we have donated over \$54,000. Much of these funds have gone directly to feeding programs for the children in our community.
- · We provide weekly lunches for the homeless families at the Thurman Brisben Center, along with monthly dinners.
- · Working with Micah (an organization of downtown churches), we have clothed the homeless, provided meals and hospitality support. We continue to support the new Micah Café and Furniture Bank programs with our volunteer base and monetary donations. Our monthly Community Dinners, feed the needy in our area.
- · We assist the Catholic Migration and Resettlement Office by welcoming and supporting refugee's seeking asylum in our area, giving them food, clothing and offering friendship.

- · We participate monetarily and with diaper and clothing drives for mom's seeking assistance from Birthright, Mary's Shelter and Catholic Charities.
- · The Stafford Junction program relies on St. Mary's for monthly lunches and a tutoring program that assists at-risk children.
- · Recently, we supported our Oblate Sister's Mission in Africa by purchasing 60 mattresses for the children and sending over \$10,000 in funds to construct a building.
- · Our Giving Tree and Christmas Adopt-A –Family Programs have supported hundreds of families with clothing and food.
- · Our Knights of Columbus, Catholic Council of Women and many other ministries have provided countless programs and services to the poor.
- · Our youth, work hard to participate in WorkCamp every year alleviating the suffering of many in our area and beyond, by supporting our Diocesan Mission in Banica, Dominican Republic.
- · Emergency Food boxes continue to be distributed daily from our Parish Office.

The list is endless and our community has heard the cry of the poor and marginalized in our area. May we continue this good work.

### St. Mary'S Pilgrimage to the Holy Land With Father Holmes

### February 2 - 13, 2018 - \$3250.00 .00 per person

#### **Includes**

- Round trip Air from Washington Dulles Airport
- 10 nights Hotel accommodation
- Breakfast Lunch and Dinner daily
- English speaking guide as per your program
- Deluxe transportation throughout Israel

- All entrance fees
- Porterage fees at all hotels
- Audio guiding system
- Farewell dinner at a local restaurant
- Tips for Guide, Driver, Hotels and Restaurants

The above rates do not include any personal expenses such as telephone calls beverages, laundry and medi-

cal Insurance.

#### Hotels

- The Golden Crown in Nazareth 4 nights
- The Gloria Hotel in Jerusalem 6 nights

#### **For Reservations**

Please call Margaret Ford at 540-373-6900

# volunteerdinner















## operations

# gwen in love

### Weekly Offertory

Collections for Sunday, November 12

Offertory Collection 5	\$30,129
Retirement Fund	\$7,816
Building Fund (add'l)	\$2,316
St. Vincent de Paul Poor Box	\$135

### November Faith Direct Deposit

Offertory	\$52,730
All Saints	\$1,740
Retirement Fund	\$2,640
Building Fund	\$4,192
Human Development	\$1,455

Thank you for your generosity!

Masses were offered in October for the following unscheduled intentions: +Peter Quynh Van Pham, +Robert Van Kleeck, Father Holmes, +Mary Linda Kaila(6), +Mary Walsh, +Kathleen Brady, +Anne Ford, +Al Venit(4), +James O'Toole, Jane Sherry, +Joseph Smyrski, +Stan Guzik, +Lee Bonnaci, +Royal P. Schmidt, +Robert Brennan, +Hellmuth A. Freund, +George Graf.

### Children's Charity for November

Children's Offertory Contributions in November will be used for Christmas gifts for teenagers in foster care in the City of Fredericksburg. This age group is often overlooked at Christmas, and the contributions made in November will be sent to Social Services for gifts or gift cards. Children's Offertory Envelopes are available in the Religious Education Office. All proceeds from these envelopes go to a different children's charity each month.

### **Pro Life Reflection**

God has joined all humanity to Himself in Christ. There is only one human nature, shared by all human beings, born and unborn, healthy and sick, rich and poor, wanted and unwanted. Every one of these human beings is joined to God through the Incarnation, which means our humanity has a sacred value even greater than it received just by being created. Thank You, Lord Jesus, for taking upon Yourself our human nature and for uniting our human family in Yourself.

# Al Anon Surviving the Weekend Group

All who have been affected by someone else's drinking, and members come together to learn a better way of life and how to find happiness. It's important to know that you are not alone and there is help. Al Anon meetings are every Saturday at 10am in Room 204 of St. Mary's Parish Life Center.

### Nar Anon Support Available

Nar Anon is a program that offers support to family members and friends of loved ones struggling with substance abuse. All information and discussion is non-judgemental, informative and strictly confidential. Our meetings are in Room 204 in the Parish Life Center on Thursday from 7-8pm and are open to the community at large. Contact Cathy at 703-2018821, burgh757@gmail.com or Wayne at 540-840-5230.

# The Thanksgiving Legend of the Five Kernels

It was very cold for the Pilgrims that first winter. Food was in short supply. Some days, they had only five kernels of corn. When Spring came, the Pilgrims planted the remaining corn. The sun and rain helped the seeds to grow and much food was harvested in the Fall. Every Thanksgiving thereafter, the Pilgrims placed five kernels of corn beside each plate to remind them of their blessings:

The first kernel reminded them of the autumn beauty.

The second reminded them of their love for each other.

The third reminded them of their family's love.

The fourth reminded them of their friends, especially their Indian brothers.

The fifth kernel reminded them of their freedom.

At your Thanksgiving celebration, may The Legend of the Five Kernels always remind you of God's many blessings.



# daily bread

### **SCRIP Helping HCA**

SCRIP provides wonderful financial support for Holy Cross Academy. The support the SCRIP program provides has averaged over \$9,400.00 for the past six years. Even if you do not have children who attend HCA you are encouraged to participate. These funds go directly to HCA for such costs as assistance for books, supplies, and our upcoming school expansion.

How it works: Most of us shop at various local vendors that are supported through SCRIP. These include Giant, Weis, Wawa, Starbucks, Wal-Mart, Target as well as popular restaurants like Olive Garden, Red Lobster, IHOP and Outback. Complete list at

shopwithscrip.com There are several ways you can order/purchase gift cards through the SCRIP program. One is to visit a SCRIP table after most Masses (including HCA). There is a volunteer who will provide info and help you purchase gift cards. Checks or cash accepted. You can also order online for delivery to either HCA (after 10:30am Mass or during school hours when school is in session) or for pickup after Saturday or Sunday Masses at the Church. And the most convenient way, set up a Presto Pay account and order gift cards online. You will need St. Mary's enrollment code to set an account. For the enrollment code and assistance, please contact Christi Greenwell at scripcoordinator@ holycrossweb.com or 703-994-2142. She will help get you started.

Your thoughtful consideration for this wonderful program is much appreciated. Remember, your shopping can provide direct benefits for HCA. Saint Mary prayer list

Please pray for those who are sick or in need, especially: Anna Marie Johnson, Emma Gilbert, Tracey Hansen, Bill Herr, Richard Fadden, Michelle Williams, Mike Pabrinkis, Zachary Payne, David Nimmer, Keri Nelson, Marc Wood, Jack Brush, Sandra Frietas Smith, Elise Velez, Virginia Gannon, Daisy MCguiney, Russell Mcguiney, Kari Nelson, Ellen GilHool, Patricia Russo, Gail Russell, Urbano Negre, Nimfa Cloud, Daniel Burke, Prudy Tarpey, Barbara McCoy, Lee Bishop, Nora Ellen Lloyd, Tanh Lam, Joseph Mikulka, Lillian Kendall, Martha Clements, Judy Diehl, Terry Givens, Rose St. John, Jason Sully, Danny Thiebolt, Mary Rau, David Phillips, Re MacArthur, Theresa Petrill, Bob Rekowski, Gerard Fitzpatrick, Christina Wiley, Maureen Mizzles, Charles Dittmer, Bernice Douglas, Miles Wood, Bruce Mattern, Maria Wood, Shannon Triola, David Marcs, Roseanne Mash, Jeanne Burke, Indira Murillo, Christie Greenwell, Holly Smith, Anthony Yantiss, Larry Dillman, James Evans, Gabriel Galarza-Torres, Keith Kovalefsky, Joaquin Perez, Amber Moser, Stan Guzik, Barbara Butler, Mary Walsh, Elizabeth Murray, Jacqueline Murray, Robert Gomer, Carla Gomer, Robert Wayne Thompson, Robert Arthur Ouellette, Douglas Meyer, Betsy Murray, Monica Hannan, Eldon Ulmer, Linda Jamison, Karla Dorsey, Maria Eliza Franca Maciel, Eileen Bourne, Marty T., David A, Pedro Rios, Cathy Burgh, Roger Dewayne, Rose Anne Sharpe, Angus Johnson, Peter Wood, Jude Murphy, Paula Snellings, Mary Jean & Don Williams, Harold Gardiner, Gerald Gardiner, Tina Ott, Michael Carr, Stephen Daley, Deanna White, Maria Stein, Elizabeth Davis, Jeanette Williams, Deborah June King, Ann Gallagher, Robert & Brittani Horner, John D. Zaloudek, Roger Sharpe, Mary Ulmer, Antonio Christianson, Thomas Moeller, Marianne Ford, Ortiz Family, Maryann Seidlinger, William Hackbarth, John Michael Ides, Sylvia Pressley, Tamlyn Leaf, Matthew Roberts, Deanna Uperti, Gabriela Mason, Maria Stine, Joy & Larry Kligman, David Duke, Dennis Morris, James Murphy, Joan Cheek, Ted Mayor, Tim Conway, Billy LaPietra, Bob Rekowski & Family, Daniel Bustamonta, Maryann Devenas

Please pray for all the men and women in our military and civilian support services overseas, especially: Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Sean Plunkett, Roy Selvidge, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Nelly Garcia, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Brian Mahoney, Julio A. Alarcon, Gabe Gonzalez, David Oechslein

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

# Daily Mass intentions and readings

### november

#### 20 MONDAY

6:30am Danielle Zuccaro 9am Georgette Astier+ 1 Mc 1:10-63/Lk 18:35-43

#### 21 TUESDAY

6:30am Javier Castrejon+ 9am Emilia Quiles+ 2 Mc 6:18-31/Lk 19:1-10

#### 22 WEDNESDAY

6:30am Louis & Carolyn Farrell 9am Kelly Jones+ 2 Mc 7:1, 20-31/Lk 19:11-28

#### 23 THURSDAY

#### 10am

In Thanksgiving for God's Blessings 1 Mc 2:15-29/Lk 19:41-44

#### 24 FRIDAY

6:30am Lawrence Belanger 9am Barbara Mertens+ 1 Mc 4:36-59/Lk 19:45-48

#### 25 SATURDAY

9am Carol Retan+ 5pm Connie Sielicki 7pm Helen A. Miller+ 1 Mc 6:1-13/Lk 20:27-40

#### 26 SUNDAY

7am Charles White+
8:30am Bernard Johnson+
10:30am Eve Muggeridge
10:30am\* Thanksgiving of St. Joseph
12:30pm All of Our Military+
2:30pm For our Parish
5pm Travis Fleming
7:01pm Linda Kaila+
Ez 34:11-17/1 Cor 15:20-28/Mt
25:31-46

Please remember that Mass intentions may be requested at the parish office for any remaining Masses of the year. If dates are no longer available for the date you desire, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant. \* Indicates Mass at Holy Cross Academy