January 21, 2018 WEST Our Youth Group at the 2017 March for Life

Third Sunday in Ordinary Time

Saint Mary of the Immaculate Conception Roman Catholic Church FREDERICKSBURG, VIRGINIA

upcoming events

January



IMMACULATE C O N C E P T I O N Roman Catholic Church

HOLY CROSS ACADEMY

21 SUNDAY, THIRD SUNDAY IN ORDINARY TIME

Coffee Shop after morning Masses, Parish Life Center 9am, Knights of Columbus Freedom 5K Run/Walk Fundraiser, Moss Free Clinic, Fredericksburg 11:30am, Evangelization Meeting, Courtyard Meeting Room 12pm, Spanish Legion of Mary, Parish Life Center, Room 204 6pm, High School Youth Group, Parish Life Center - 6pm Dinner, 7pm Meeting

22 Monday, Day of Prayer for the Legal Protection of Unborn Children 10:15am, Legion of Mary Our Lady of Perpetual Help, Parish Life Center, Room 100 12:45pm, Suzette Young Bible Study Class, Courtyard Meeting Room

23 Tuesday, Weekday [Saint Vincent, Deacon and Martyr; Saint Marianne Cope, Virgin] 7:30pm, Spanish Legion of Mary, Parish Life Center, Room 204 7:30-8:45pm, Walking with Purpose Class at Holy Cross Academy

24 Wednesday, Saint Francis de Sales, Bishop and Doctor of the Church 6:30pm, YOUCAT, Parish Life Center

25 Thursday, The Conversion of Saint Paul the Apostle

9:45am, CCW Craft Group, Parish Life Center, Room 100 1pm, Birthright Monthly Meeting, Courtyard Meeting Room 6:30pm, Legion of Mary, Parish Life Center, Room 201 7-8pm Nar-Anon Meeting, Parish Life Center, Room 204 7:15pm Walking with Purpose, Parish Life Center

26 Friday, Saints Timothy and Titus, Bishops

6pm, Middle School Youth Group, Parish Life Center 6:30pm, Spanish Junior Legion of Mary, Courtyard Meeting Room 7pm, Spanish Prayer Group, John Paul II House, second floor

27 Saturday, Weekday [Saint Angela Merici, Virgin]

28 SUNDAY, FOURTH SUNDAY IN ORDINARY TIME

Coffee Shop after morning Masses, Parish Life Center 8am-12pm, Health Ministry Blood Pressure Check-In, Parish Life Center, Room 100 12pm, Spanish Legion of Mary, Parish Life Center, Room 100 6pm, High School Youth Group, Parish Life Center - 6pm Dinner, 7pm Meeting

29 Monday, Weekday

10:15am, Legion of Mary Our Lady of Perpetual Help, Parish Life Center, Room 100 12:45pm, Suzette Young Bible Study Class, Courtyard Meeting Room

30 Tuesday, Weekday

7:30pm, Spanish Legion of Mary, Parish Life Center, Room 204 7:30-8:45pm, Walking with Purpose Class at Holy Cross Academy

Wednesday, Saint John Bosco, Pries 6:30pm, YOUCAT, Parish Life Center

> WE WELCOME YOU HOME. 540-373-6491 2

express announcements

nota bene (note well, please):

• First ever Saint Mary Photo Contest! Find more information on page 4.

• Complete some of your shopping by purchasing **SCRIP gift cards!** Set up an account today and earn rebates for HCA. Email **Christi Greenwell at scripcoordinator@holycrossweb.com** for the school enrollment code.

- Subscribe to the Saint Mary website, stmaryfred.

org and receive important updates via email. The subscription box is on the homepage. Enter your email address, click "**subscribe.**"

Join Flocknote for RE Notifications!

Text '**StMaryFredRE**' to **84576** to automatically receive text messages and emails when RE Classes are canceled. Or go online and register by following the link at the parish website, **stmaryfred.org** on the right hand side at the top of the information panel.

contact us

- SUNDAY MASS Saturday Vigil 5 & 7pm Sunday 7, 8:30, 10:30am, 12:30, 2:30pm (Spanish), 5pm, 7pm 10:30am at Holy Cross Academy
- DAILY Mon.-Fri.: 6:30am, 9am MASS M/W/F: 12 Noon Sat.: 9am First Friday 8pm Holy Days of Obligation, as announced
- DEVOTIONS Adoration, Daily between 6:30am & 9am Mass, Wednesday 12:30pm - Friday 9am Miraculous Medal Novena, Mon., after 9am Mass, Divine Mercy, Wed., 3pm
- CONFESSION Wed., 6:30-8:30pm; Sat., 8am & 3:30pm, or by appt.
- PARISH OFFICE 540-373-6491, fax 371-0251 stmary@stmaryfred.org Mon.-Fri., 8:30am - 4:30pm; students staff office weekdays until 9pm, Saturdays 9-5pm, Sundays 9:30-1:30pm

Pastor, Fr. John Mosimann Fr. Stephen Holmes Fr. Colin Davis Fr. Michael J.R. Kelly Deacon Alberto Bernaola Deacon Dick Delio

Operations Manager, Jim Florio Business Manager, Elaine Stanislawski Parish Secretary, Elizabeth Tellez Director of Music, David Uschold

Attention Wednesday 1-6pm Adorers!

In an effort to keep our lists up to date we are asking that you please email **adoration@stmaryfred.org** with your current contact information. Please provide an email address and a phone number where you can be reached, along with the day and time that you attend adoration. **Seeking a permanent Adorer for Thursday's 11pm**

stmaryfred.org

HOLY CROSS 540-286-1600 ACADEMY 250 Stafford Lakes Parkway Fredericksburg, Virginia 22406-7234 Principal, Sr. Susan Louise Eder, O.S.F.S.

ST. MARY 540-373-7553 PRESCHOOL Director, Nanci Scharf

RELIGIOUS 540-373-6491 **EDUCATION** Director, Aristides Lucas **OFFICE** Associate Director, Karen Sturtevant

YOUTH MINISTRY 540-373-6491 Director, Leo Chavarria Tatiana Beltran

OUTREACH 540-373-6491 Elena Doyle - outreach@stmaryfred.org

BAPTISMS Parish registration (90 days) and class required. Please contact the parish office to schedule the date at least four weeks in

schedule the date at least four weeks in advance.

- **MARRIAGE** Parish registration required; contact parish six months in advance to begin preparation.
- JOIN US New Family Registration meetings held in the Parish Life Center on fourth Sundays, following the 10:30 Mass. Please notify us of any contact changes.

Articles must be submitted two weeks prior to publication. Send articles to bulletin@stmaryfred.org. Thanks!

from our pastor ax et bonum

Dear Folks,

Snow, Snow, Snow...opps, not so fast. As I type this, we have had one of our usual threatening forecasts of snow with very little actual snow. So that makes this a good week for me to comment on snow and mass attendance.

First, here is the official text from the Catechism,

"The Sunday Eucharist is the foundation and confirmation of all Christian practice. For this reason the faithful are obliged to participate in the Eucharist on days of obligation, unless excused for a serious reason (for example, illness, the care of infants) or dispensed by their own pastor. Those who deliberately fail in this obligation commit a grave sin."

First notice that this all comes from Sunday Mass being the 'foundation and confirmation' or all we do. If we believe and live this, then honestly, everything else falls into place. When we can't attend because of a serious reason, we miss (as in longingly pine for) the Mass.

Second, notice it says 'unless excused for a serious reason.' So does a snowstorm qualify? I am actually grateful that the Church does not try to define this exactly, because exact circumstances change from place to place. Let me put it this way, If it is dangerous for you to travel to Mass, then neither God nor I your pastor want you to endanger your lives and that does qualify as a serious reason. However, if you are suddenly able to get out to Starbucks, or the movie theater... well, sorry: unexcused absence.

Third, notice that illness and care of infants are specifically mentioned! That puts these at the head of the excused absence list!

Fourth, notice it also says "or dispensed by their own pastor!" Wow, see, I can legitimately lift the Sunday obligation for you. So my opinion on 'serious reasons' does carry extra weight!

Fifth, imagine you can't make it to visit your parents on a day that you had promised. What do you do? You call to tell them you are sorry, and that you love them. Do you do the same when you can't visit your Lord? If you can't get to Mass because of a serious reason, then pray. Watch Mass on TV, or pray the rosary, or both. Just let Jesus know you are thinking of Him and you miss Him.

Pax et Bonum,

Fr Mosimann

Saint Mary Photo Contest

Photos can be of any subject of your choosing: family, landscape, people or places that you visited last year. With the help of a parish professional photographer, I will be the judge of the pictures and pick a grand prize winner and some runner up pictures which will be displayed in the Narthex (and/or perhaps in the bulletin or on the website). Prizes will be Scrip Gift cards, so that you can have your pick of where to spend! (If there are sufficient photos submitted, I will give out prizes in categories like: 'young photographers,' or 'Sacred,' or 'Landscape').

To submit a picture (or more than one, but please not more than 10 per person). Send them by email to me at, frmosimann@stmaryfred.org. **Include with the picture:** the photographer's name (and age if you want to be eligible for the 'young' photographer prize). Also, please tell me where and when the picture was taken. If you prefer, you could put them onto a CD and drop them off at the office. Or, if you are really old school and prefer film, drop off a copy of pictures here at the parish office. Deadline for submission is February 12th (just before Lent).

Micah Cold Weather Shelter

The Micah Cold Weather Shelter opened for the winter season on November 15 and will remain open each evening until mid- to late-March. Teams of Saint Mary volunteers assist on Tuesday evenings by greeting and checking in clients, setting up sleeping areas, and providing hospitality for the 30+ individuals that utilize the facility. Each participating church is asked to bring 3 dozen items (white socks, small toiletries, etc.). Saint Mary is asked to collect donations of men's boxer underwear sizes medium and large. Please consider how you might be able to support this need—all donations are gratefully accepted at our Parish Office. Although it is a good thing that the temporary shelter is available during the harsh winter months, it highlights the continuing need for sustainable housing and support mechanisms in our community. For more information about community efforts to help the homeless, please visit Micah Ecumenical Ministries, dolovewalk.net or Thurman-Brisben Homeless Shelter, thurmanbrisbencenter.org

education

holy cross academy

Activities at Holy Cross Academy

Over the past few weeks, we have enjoyed several important activities. The feast day of the foundress of our Oblate Sister, St. Léonie Aviat, is on Jan. 10. At our school Mass last week we listened to her story read by our 6th graders and celebrated the gift of her holiness to our parish and school within the universal church. We continue to work to live out her advice to "Work for the happiness of others."

Our students in grades 5 to 8 participate in the National Geographic Bee each year. After several rounds of questions, Ryan Murray became our champion with a question concerning the countries in South America. We are impressed by the hard work and enthusiasm of our students who vie for this honor.

Students from St. John Paul the Great High School's Shakespeare Company delighted our Middle School students with their performance of the Merchant of Venice. For many of our students, this is their first introduction to a Shakespearean play. It was a wonderful performance and a great way to begin getting to know William Shakespeare and his contribution to English literature and theatre.

Next weekend, our HCA community will be present at all Masses as part of our observance of Catholic Schools Week. We want to thank all of you for your support and encouragement for the past 20 years!



A National Blue Ribbon School of Excellence







We hope that you will consider our parish school for your children. To learn more, we invite you to visit our school website, **holycrossweb.com**. If you would like to see what we can do for your child, please call our HCA office at 540-286-1600 or St. Mary Preschool at 540-373-7553 to arrange for a tour or to let us tell you all about our parish school. You can also plan to join us on February 4th for our Open House at St. Mary Preschool and Holy Cross Academy. We would love to see you there!

SAINT MARY of the IMMACULATE CONCEPTION www.stmaryfred.org

parish life FORMED PICK OF THE WEEK

Classes Resume

Religious Education Classes resume this week, January 22-25.

Family Week

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The first week of classes in January was Family Week. This year the family activity, prepared by Sr. Susan Louise Eder, OSFS was based on this year's Parish theme: "Dwell in the Heart of Jesus." The families and catechist discussed the theme; its meaning and ways of making it a part of family life then everyone worked on a project to take home.

Every week, MagnifiKid Offers:

• All the readings and the prayers of the Sunday Mass with explanations of the difficult words and the meaning of the rituals.

- A suggested prayer for Morning and Evening
- Many suggestions on how to live the entire week with the Lord
- Various games, a comic, and activities to help children learn about Christian life and culture

• A page intended for the parents with suggestions for family prayers.

> CHENT CKoTid, 47

Lectio: Peter

Session 7: Discipleship at a Distance

Explore the True Meaning of Discipleship

This Sunday, the Gospel reading called each of us to become disciples of Jesus Christ. Inspired by the virtue and witness of Saint Peter. learn the difference between following Jesus closely and following him at a distance. In this powerful study, Dr. Tim Gray shows us what it truly means to follow Christ and to seek forgiveness.

Watch on formed.org





"This is a very good presentation of the life of Peter and the apostles which helps me to reflect on my own life as a follower of Jesus."

-Peter W, Terengganu, Malaysia



JOIN FORMED

1. formed.org 2. click register 3. enter parish code: F6F228

We invite all Christians to gather in the peace of Christ at St. Mary Monday, February 12 as we "prepare a place for unity and peace" together.

You are invited to a monthly gathering of prayer in the ecumenical tradition of the Taizé Community in France, the second Monday of every month at 8:15pm.

It is our hope that this monthly prayer brings together Christians of all churches, pastors and flocks, as together we realize a bit more each day that we must rely upon God's power to bring about Unity among all who follow Jesus, "as he and the Father are one." It is something we are unable to do ourselves.

This Unity which embraces all people stands at the very heart of Christ's mission ... and belongs to the essence of our community. Let us provide a place where his Spirit can come and fulfill his plan for us.

WE WELCOME YOU HOME. 540-373-6491 6

our parish happenings



Many Gifts, One Nation A Day of Giving to Catholic Schools

Twenty years ago, Saint Pope John Paul II said to an audience of Catholic educators in New Orleans: "Yours is a great gift to the Church, a great gift to your nation."

Countless people in our country have been blessed by the many gifts of Catholic schools. However, many adults have lost touch with their local Catholic school community. It is time for those people who have been impacted by your school to reconnect with the community that gave them so much, and give back.

With this recognition in mind, the National Catholic Educational Association (NCEA) is pleased to present the online giving campaign: Many Gifts, One Nation: A Day of Giving to Catholic Schools.

This is a time for individuals to give back to their local Catholic school. By leveraging social media, this national day of philanthropy and camaraderie will invite all people, across the country, who have been impacted by Catholic school education in ways big and small to financially donate at a local level.

This day is made possible with the generous support of FACTS Management.

WHEN: Scheduled for 24 hours from January 30-31, 9am-9am.

WHERE: Online! Each Catholic school and arch/diocese will have their own customized giving page that will go live at the start of the day of giving. Donors will also be able to search on this page for the institutions to which they would like to give.

WHY: Because Catholic schools change lives and now is the time to give back!

Holy Cross Academy is pleased to announce that we have received a \$10,000 Challenge Grant for our school expansion. **If we can raise \$10,000 between now and the Day of Giving, a generous benefactor will match that amount**. Please help us to reach our goal and to make our dreamed-of expansion a reality.

For more information, please contact Sr. Susan Louise, OSFS, principal, at **540-286-1600** or **principal@holycrossweb.com**.

Thank you for your support of Holy Cross Academy where help each child to become the person God has called him or her to be! It's About the Children!

WINTER WINTER RETREAT

FEBRUARY 23-25 Toano, VA \$50 and a Permission Slip

#GetInvolvedBeTransformed

Stay Up-to-Date

Be sure to stay in the know with St. Mary CYM by visiting **stmaryfred.org/youth-ministry**



our parish

happenings

Happy 2018 from CCW!

Our annual Charity Baby Shower will take place in March (not January)! The pro-life organizations we help will have greater needs and storage capability in the spring. Thank you!

Book Club

Voices of Women of the Cloth by Claire C. Curcio is the February 13 selection for the parish book club when it meets at 10am in the St. John Paul II House. This collection of interviews presents the personal narratives of nineteen clergywomen in the United States, sharing how they became members of the cloth. For more information, contact Mary Kenney at 898-0372.

Men: Are You Ready to Accept the Challenge?

Our communities need strong Catholic men to answer the call to lead with faith, protection of families, service to others and to defend our values.

For over one hundred years, Knights of Columbus have done exactly that, standing up for the Church, serving the least among us, and strengthening our parishes and families.

Eligible Catholic men can now join the Knights of Columbus online in a simple, streamlined process.

As a member, you join a worldwide community of nearly two million men, including tens of thousands here in Virginia, who stand together.

Men have a duty to lead, protect, serve and defend. The world needs more committed, unified Catholic men to answer the call. Will you answer? Visit **kofc.org/joinus** to learn more about the many benefits of membership in the Knights of Columbus.

2018 Bishop's Lenten Appeal Begins!

This month many of us will receive a mailing from Bishop Burbidge regarding the 2018 Bishop's Lenten Appeal (BLA). The theme for the 2018 BLA is "Living in Faith ~ Giving in Gratitude." After reflecting upon the many blessings that God has given you, please prayerfully consider making a pledge to this important appeal that funds many programs and ministries that serve the people in our diocese. Together, through the BLA, let us renew our personal commitment to the Lord's work in our diocese.

¡Comienza La Petición Cuaresmal Del Obispo De 2018!

Este mes, muchos de nosotros recibiremos correspondencia de Monseñor Burbidge sobre la Petición Cuaresmal del Obispo de 2018. El tema de La Petición Cuaresmal Del Obispo de este año es "Vivir en la fe ~ Dar por gratitud". Después de reflexionar sobre las muchas bendiciones que Dios les ha dado, se les ruega que, en espíritu de oración, consideren la posibilidad de hacer una promesa de contribución a esta importante petición que financia muchos programas y ministerios al servicio de la población de nuestra Diócesis. Juntos, por medio de La Petición Cuaresmal Del Obispo, renovemos nuestro compromiso personal con la obra del Señor en nuestra Diócesis.

Seasons of Hope

The holiday season can be especially difficult after losing a spouse. "Seasons of Hope" bereavement group can help. A new session will start on January 23 in the St. Jude Activity Center at 10:00 am. The session will run for six consecutive Tuesdays. To register or for more information, please call (540)891-7350. Members of other faith communities are welcome.

God Is Calling You To a Deeper Relationship with Him

New Bible Study Classes

Discover who the prophets were, what their message was, and why they are important to us. See how God is constantly calling you to a deeper relationship with him. Discover the areas in your life that prevent you from drawing closer to God. Understand how the central message of the prophets is one of love, proclaiming the mercy of God for his children. See how their powerful words speak to us today, shedding light on our faith and our lives. Discover the ways you are called to be the voice of God to others.

Classes Begin on Monday, February 5, 2018 and meet for the next 10 Mondays.

Classes meet from 1-2:30pm in the Fr. Don Community Room. Cost is \$23, collected at first class. Classes are facilitated by Suzette Young and are limited to 40 participants. Please sign up early in the Parish Office or call 540-373-6491.

St. Mary 2018 Holy Land Pilgrimage with Father Holmes



February 2 - 13, 2018

Come and see where Christ saved the world! Join Rev. Stephen Holmes for this exciting Parish pilgrimage to the Holy Land. Price is \$3250 per person, with round trip airfare from Washington Dulles to Israel, 10 nights hotel accommodations (4 nights in Nazareth and 6 nights in Jerusalem), breakfast, lunch, and dinner daily, English speaking tour guide, deluxe transportation around Israel, all entrance and porterage fees, an audio guiding system, and a farewell dinner at a local restaurant.

Contact Margaret Ford at 540-373-6900



our parish happenings

SOUPER BOWL WEEKEND AT SAINT MARY'S FEBRUARY 3-4 HELP STOCK OUR EMERGENCY FOOD PANTRY AND SCORE ATOUCHDOWN FOR THE HUNGRY IN OUR COMMUNITY BY BRINGING CANS OF HEARTY "CHUNKY SOUP" TO MASS

SAINT MARY of the IMMACULATE CONCEPTION www.stmaryfred.org

parish life

happenings

Calling All Great Men!

ALL MEN are invited to the Men's Conference on March 3. This year's conference entitled Marked Men: Made For Greatness - will feature one of the most celebrated Catholic speakers in the world of social media: Fr. Mike Schmitz, who will be joined by Bishop Burbidge and Billy Atwell, Chief Communications Officer of the Diocese. Continental breakfast and lunch will be provided. To REGISTER, go to arlingtondiocese.org/men. Registration is open. Make sure to get your slots ASAP as seats get filled quite quickly!



featured speaker MICHAEL HORNE, PSYD

AUVENIUKE BREWING SOUTH Monday, February 19 6-9PM

Health Ministry - Blood Pressure Check-In

According to the Johns Hopkins Medicine web site, some 60 million Americans have high blood pressure, but only about half of them know it, primarily because it so rarely causes any noticeable symptoms and is usually detected only incidentally during a routine physical. Left untreated, a person runs the risk of heart disease, stroke, and kidney damage, just to name a few. This is why hypertension is known as the silent killer. However it is important to also remember that many factors that contribute to hypertension are within an individual's control.

Everyday activities such as the food choices we make, maintaining a healthy weight, routine activity level, regular checks of our blood pressure numbers are prevention strategies that are shown to make a significant impact on the development of hypertension. Our Health Ministry Team is offering a blood pressure Check-In on Sunday January 28 from 8am-12pm during the Sunday Coffee Shop as well as after the 2:30pm Spanish Mass. We will be in room 100 of the Parish Life Center. Parishioners will be given a written record of the findings and resource materials is also available. This Check-In can support you, the parishioner in several ways.

1. Provide a record of blood pressure readings for the parishioner to pass on to their primary care physician.

2. Alert the parishioner to situations that may require immediate medical attention.

3. A means of sharing a simple blessing with the parishioner. The act of "Presence" or being totally available to the parishioner for this brief encounter can be a powerful source of blessing for the parishioner and the Team member.

Date of next Check-In is January 28, 8am - 3:30pm in the Parish Life Center, Room 100



WE WELCOME YOU HOME. 540-373-6491 **10**

our diocese

get involved



You can advocate for life, school choice, common good at upcoming events

Advocates will have numerous chances to speak up for life, justice, school choice and the common good this winter, beginning January 10, when the Virginia General Assembly's 2018 session begins.

For more information visit **vacatholic.org**/ Join the **VCC advocacy network**, and to follow VACC on Facebook and Twitter.

In prayer and in public, your voices are urgently needed to bring Gospel values to bear on vital decisions being made by those who represent you.

The Virginia Catholic Conference is the public policy agency representing Virginia's Catholic bishops and their two dioceses.



Come together for Virginia.

Virginia Vespers: Evening Prayer for the Commonwealth

Virginia's Catholic bishops and the Virginia Catholic Conference invite legislators and other officials of all faiths, educators, social service practitioners, parishioners and all to join them at the Cathedral of the Sacred Heart in Richmond to pray for the Commonwealth.

Join Bishop Michael Burbidge and Bishop-Designate Barry Knestout for Vespers at 5pm, Thursday, February 15. Reception follows.

800 S. Cathedral Place, Richmond, VA Free shuttle service is available at the Virginia Capitol Visitors' entrance at 10th and Bank Streets, and parking is available at the garage at North Laurel and West Main Streets, one block away.



operations given in love

Weekly Offertory

Collections for January 14

Offertory Collection	\$34,040	
Parish Building Fund	\$8,653	
Trinity Dome Collection (add'l)		
	\$694	
St. Vincent de Paul Poo	r Box	
	\$540	
First Offering Contributions for		
Envelopes	\$3,432	

Faith Direct for January

Offertory	\$51,860
Parish Building Fund	\$4,382
Church in Latin America	\$1,759
Solemnity of Mary	\$1,971

Thank you for your generosity!

Church In Latin America January 20 & January 21

This weekend, we will take up the Collection for the Church in Latin America. For many in Latin America and the Caribbean, rural terrain and a lack of ministers are obstacles to practicing their faith. Your support to the collection provides lay leadership training, catechesis, priestly and religious formation, as well as other programs to help share our faith with those who long to hear the Good News of Christ. To learn more, please visit usccb.org/latinamerica.

La próxima semana realizaremos la Colecta para la Iglesia en América Latina. Para muchas personas en América Latina y el Caribe, los terrenos rurales y la escasez de ministros son unos obstáculos para practicar su fe. El apoyo que le den a la colecta proporciona capacitación para el liderazgo laico, la catequesis, la formación sacerdotal y religiosa, así como para otros programas que ayudan a compartir nuestra fe con aquellos que anhelan escuchar la Buena Nueva de Cristo. Para informarse más, por favor, visiten **usccb.org/latin-america**.

First Offering Contributions to Help Offset Cost Of Collection Envelopes

Each year in January the envelope packet always includes an envelope marked "First Offering" with a suggested donation of \$15. This is not a regular collection, but merely a request for a freewill offering to help offset the cost of the printing and bi-monthly mailing of collection envelopes to more than 5,000 parish families. From July 2016 to June 2017, the parish's cost for the offering envelopes was \$30,466.25. First Offering donations received for the same period totaled \$6,853.00. Your generosity and support in helping to offset the cost of the envelopes is greatly appreciated.

Children's Charity for January

The children's charity that will benefit from the offering in January is the local Hospice Camp Rainbow. Camp Rainbow is an overnight, weekend bereavement camp for children ages 5 to 12 who have experienced a loss or are currently living with a loved one with a terminal illness. The Camp is organized by Hospice Support Care, a non-profit, non-medical volunteer hospice support organization providing spiritual, practical, and emotional support to patients and their families. The primary goal of Camp Rainbow is to teach children how to grieve in a healthy manner, while building fond remembrances. Like Kids Helping Kids, Camp Rainbow also strives to normalize grief, understand death and dying, and improve social skills. For more information go to **hospice**supportcare.org.

Pro Life Reflection

God does not make mistakes. When a human being is alive, it is because God wants him or her to be alive. People do not have to measure up to our standards or expectations in order to have dignity and deserve protection. "Lord, I pray for all those who are disabled, frail, and ill. Give them Your strength and peace, and give us the eyes to see their dignity and value."

Al Anon Surviving the Weekend Group

All who have been affected by someone else's drinking, and members come together to learn a better way of life and how to find happiness. It's important to know that you are not alone and there is help. Al Anon meetings are every Saturday at 10am in Room 204 of St. Mary's Parish Life Center.

Nar Anon Support Available

Nar Anon is a program that offers support to family members and friends of loved ones struggling with substance abuse. All information and discussion is non-judgemental, informative and strictly confidential. Our meetings are in Room 204 in the Parish Life Center on Thursday from 7-8pm and are open to the community at large. Contact Cathy at 703-2018821, burgh757@gmail.com or Wayne at 540-840-5230.

liturgy daily bread

Adoration of the Blessed Sacrament Wednesday 12:30pm to Friday 9am

"Jesus speaks in the silence of the mystery of the Eucharist and reminds us each time that following him means going out of ourselves and making our lives not something we 'possess,' but a gift to him and to others."

- Pope Francis

Come and adore Our Lord in the most beautiful Blessed Sacrament of the Altar. We have continuous Exposition of the Blessed Sacrament every Wednesday after the 12 Noon Mass until Friday morning before the 9am Mass. At least two people must be present with Our Lord at all times during Adoration.

eGiving

Thank you for being a part of our St. Mary of the Immaculate Conception family. As we begin a New Year, we hope you will consider enrolling in eGiving through Faith Direct so that your gift can reach us even when you cannot. Visit **faithdirect.net** and use our church code: **VA635**. Thank you for your continued support of our parish family



Saint Mary prayer list Please pray for those who are sick or in need,

especially: Barbara McCoy, Lee Bishop, Nora Ellen Lloyd, Tanh Lam, Joseph Mikulka, Lillian Kendall, Martha Clements, Judy Diehl, Terry Givens, Rose St. John, Jason Sully, Danny Thiebolt, Mary Rau, David Phillips, Re MacArthur, Theresa Petrill, Bob Rekows-ki, Gerard Fitzpatrick, Christina Wiley, Maureen Mizzles, Charles Dittmer, Bernice Douglas, Miles Wood, Bruce Mattern, Maria Wood, Shannon Triola, David Marcs, Roseanne Mash, Jeanne Burke, Indira Murillo, Christie Greenwell, Holly Smith, Anthony Yantiss, Larry Dillman, James Evans, Gabriel Galarza-Torres, Keith Kovalefsky, Joaquin Perez, Amber Moser, Stan Guzik, Barbara Butler, Mary Walsh, Elizabeth Mur-ray, Jacqueline Murray, Robert Gomer, Carla Gomer, Robert Wayne Thompson, Robert Arthur Ouellette, Douglas Meyer, Betsy Murray, Monica Hannan, Eldon Ulmer, Linda Jamison, Karla Dorsey, Maria Eliza Franca Maciel, Eileen Bourne, Marty T., David A, Pedro Rios, Cathy Burgh, Roger Dewayne, Angus Johnson, Peter Wood, Jude Murphy, Paula Snellings, Mary Jean & Don Williams, Harold Gardiner, Gerald Gardiner, Tina Ott, Michael Carr, Stephen Daley, Deanna White, Maria Stein, Elizabeth Davis, Jeanette Williams, Deborah June King, Ann Gallagher, Robert & Brittani Horner, John D. Zaloudek, Mary Ulmer, Antonio Christianson, Thomas Moeller, Marianne Ford, Ortiz Family, Maryann Seidlinger, William Hackbarth, John Michael Ides, Sylvia Pressley, Tamlyn Leaf, Matthew Roberts, Deanna Uperti, Gabriela Mason, Maria Stine, Joy & Larry Kligman, David Duke, Dennis Morris, James Murphy, Joan Cheek, Ted Mayor, Tim Conway, Billy LaPietra, Bob Rekowski & Family, Daniel Bustamonta, Maryann Devenas, Frank Spatt, Micheal Chen, Joseph Stefano, Fred Becker, Chuck Boyer , Maria Celia Brandao Lage, Leah Sapphire, Felicity Stanfield, Michael Kraljevich, Steve Zawisa, Casey Roby, Calvin Mills, Mary Jean Mills, Elise Velez, Tracey Hansen, Elizabeth Ames, Aleisa Barber, George Dittmer, David Arnold, Maryann Greatsinger, Antonio Ferrara, Wilson and Joan Parker, Emma Gilbert, Virginia Gannon

Please pray for all the men and women in our military and civilian support services overseas, especially: Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Sean Plunkett, Roy Selvidge, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Nelly Garcia, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Brian Mahoney, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

Daily Mass Intentions and Readings

January 22 Monday

6:30am Aristides Lucas 9:00am Karen Sturevant 2 Sm 5:1-10/Mk 3:22-30

23 TUESDAY

6:30am Jason Taylor+ 9:00am Wilma P. Venable+ 2 Sm 6:12b-19/Mk 3:31-35

24 WEDNESDAY

6:30am The Siladin Family 9:00am Chelsea McKee+ 2 Sm 7:4-17/Mk 4:1-20

25 THURSDAY

6:30am Joseph Troung Nguyen+ 9:00am Fred Gasper+ Acts 9:1-22/Mk 16:15-18

26 FRIDAY

6:30am Phillis Stibitz 8:15am* Agnes Strayer+ 9:00am James Quann 2 Tm 1:1-8/Mk 4:26-34

27 SATURDAY

9:00am Robert & Elizabeth Schoenberger+ 5:00pm Gloria Bucela+ 7:00pm Mary Shanahan Fenton+ 2 Sm 12:1-17/Mk 4:35-41

28 SUNDAY

7:00am Edward Holzworth 8:30am Chris Lanzarone 10:30am Charles Trainum+ 10:30am* For Our Parish 12:30pm Our Military 2:30pm(spanish) Maria Martin Santacruz 5:00pm John Leo Caton Sr.+ 7:00pm Rosa Amaturo+ Dt 18:15-20/1 Cor 7:32-35/Mk 1:21-28

* Indicates Mass at Holy Cross Academy

Please remember that Mass intentions may be requested at the parish office for any remaining Masses of the year. If dates are no longer available for the date you desire, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.

SAINT MARY of the IMMACULATE CONCEPTION www.stmaryfred.org