



# Fifth Sunday in Ordinary Time

February 4, 2018



**Catholic Schools**  
**Learn. Serve. Lead. Succeed.**

*Thank you to all who were able to support Holy Cross Academy during National Day of Giving to Catholic Schools!*

**Saint Mary of the Immaculate Conception Roman Catholic Church**  
FREDERICKSBURG, VIRGINIA

# upcoming events

## February



**SAINT MARY**  
*of the*  
IMMACULATE  
CONCEPTION  
Roman Catholic Church

HOLY CROSS ACADEMY

### **4 SUNDAY, FIFTH SUNDAY IN ORDINARY TIME**

*Coffee Shop after morning Masses, Parish Life Center*

**9am-12noon, St. Mary Pre-School Open House, Parish Life Center**

**1-3pm, Holy Cross Open House, Holy Cross Academy**

12pm, Spanish (Adult) Legion of Mary, Parish Life Center, Room 100

*No High School Youth Group Dinner or Group Meeting*

### **5 Monday, Saint Agatha, Virgin and Martyr**

10:15am, Legion of Mary Our Lady of Perpetual Help, Parish Life Center, Room 100

12:45pm, "The Prophets Call" Bible Study Class, Courtyard Meeting Room

### **6 Tuesday, Saint Paul Miki and Companions, Martyrs**

10am, CCW Board Meeting, Parish Life Center, Room 100

7:30-9pm, Walking with Purpose Prayer Gathering, Courtyard Meeting Room

### **7 Wednesday, Weekday**

6:30pm, YOUCAT, Parish Life Center

### **8 Thursday, Weekday [Saint Jerome Emiliani; Saint Josephine Bakhita, Virgin]**

9:30am, CCW Craft Group, Parish Life Center, Room 10

7-8pm Nar-Anon Meeting, Parish Life Center, Room 204

7-8:30pm, Walking with Purpose, Parish Life Center

7pm, Baptism Class, Parish Life Center, Room 201

### **9 Friday, Weekday**

6:30pm, Spanish Junior Legion of Mary, Courtyard Meeting Room

**8pm, St. Mary Concerts presents Aani Bourassa in Concert, Church** (*more info on page 7*)

### **10 Saturday, Saint Scholastica, Virgin**

8am, Reflexión matutina para prepararse para la Cuaresma, Centro de Vida Parroquial

### **11 SUNDAY, SIXTH SUNDAY IN ORDINARY TIME**

*Coffee Shop after morning Masses, Parish Life Center*

12pm, Spanish (Adult) Legion of Mary, Parish Life Center, Room 100

6pm, High School Youth Group, Parish Life Center - *6pm Dinner, 7pm Meeting*

### **12 Monday, Weekday**

10:15am, Legion of Mary Our Lady of Perpetual Help, Parish Life Center, Room 100

12:45pm, "The Prophets Call" Bible Study Class, Courtyard Meeting Room

**8:15pm Taize Prayer Service, Church**

### **13 Tuesday, Weekday**

7:30-9pm, Walking with Purpose Prayer Gathering, Courtyard Meeting Room

### **14 Wednesday, Ash Wednesday**

**Ash Wednesday Mass Times: 6:30am, 9am, 12pm, 6pm and 7:30pm (Bilingual)**

6:30pm, YOUCAT, Parish Life Center

### **15 Thursday, Thursday after Ash Wednesday**

9:30am, CCW Craft Group, Parish Life Center, Room 10

7-8pm Nar-Anon Meeting, Parish Life Center, Room 204

7-8:30pm, Walking with Purpose, Parish Life Center

7pm, Baptism Class, Parish Life Center, Room 201

### **16 Friday, Friday after Ash Wednesday**

**6pm, Lenten Soup Supper sponsored by the Knights of Columbus, Parish Life Center**

6:30pm, Spanish Junior Legion of Mary, Courtyard Meeting Room

**7pm, Stations of the Cross, Church**

**7:30pm, Estaciones de la Cruz, Iglesia**

# express announcements

## nota bene (note well, please):

- **Bishop's Lenten Appeal begins next weekend.** Pledge cards will be distributed during Mass. Every pledge is important!
- **Save the date - Parish Night Out, May 18!** Tickets on sale now. More info on page 8.
- February is the month to surprise your sweet-hearts with SCRIP. Complete some of your shopping by purchasing **SCRIP gift cards!** Set up an account today and earn rebates for HCA. Email **Christi Greenwell at scripcoordinator@holycross-web.com** for the school enrollment code.
- **Subscribe to the Saint Mary website, stmaryfred.org** and receive important updates via email. The subscription box is on the homepage. Enter your email address, click "subscribe."

### ▪ Join Flocknote for RE Notifications!

Text 'StMaryFredRE' to **84576** to automatically receive text messages and emails when RE Classes are canceled. Or go online and register by following the link at the parish website, **stmaryfred.org** on the right hand side at the top of the information panel.

## Attention Wednesday 1-6pm Adorers!

In an effort to keep our lists up to date we are asking that you please email **adoration@stmaryfred.org** with your current contact information. Please provide an email address and a phone number where you can be reached, along with the day and time that you attend adoration. **Seeking a permanent Adorer for Thursday's 11pm**

## contact us

<b>SUNDAY MASS</b>	Saturday Vigil 5 & 7pm Sunday 7, 8:30, 10:30am, 12:30, 2:30pm (Spanish), 5pm, 7pm 10:30am at Holy Cross Academy
<b>DAILY MASS</b>	Mon.-Fri.: 6:30am, 9am M/W/F: 12 Noon Sat.: 9am First Friday 8pm Holy Days of Obligation, as announced
<b>DEVOTIONS</b>	Adoration, Daily between 6:30am & 9am Mass, Wednesday 12:30pm - Friday 9am Miraculous Medal Novena, Mon., after 9am Mass, Divine Mercy, Wed., 3pm
<b>CONFESSION</b>	Wed., 6:30-8:30pm; Sat., 8am & 3:30pm, or by appt.
<b>PARISH OFFICE</b>	540-373-6491, fax 371-0251 stmary@stmaryfred.org Mon.-Fri., 8:30am - 4:30pm; students staff office weekdays until 9pm, Saturdays 9-5pm, Sundays 9:30-1:30pm  Pastor, Fr. John Mosimann Fr. Stephen Holmes Fr. Colin Davis Fr. Michael J.R. Kelly Deacon Alberto Bernaola Deacon Dick Delio  Operations Manager, Jim Florio Business Manager, Elaine Stanislawski Parish Secretary, Elizabeth Tellez Director of Music, David Uschold

## stmaryfred.org

<b>HOLY CROSS ACADEMY</b>	540-286-1600 250 Stafford Lakes Parkway Fredericksburg, Virginia 22406-7234 Principal, Sr. Susan Louise Eder, O.S.F.S.
<b>ST. MARY PRESCHOOL</b>	540-373-7553 Director, Nanci Scharf
<b>RELIGIOUS EDUCATION OFFICE</b>	540-373-6491 Director, Aristides Lucas Associate Director, Karen Sturtevant
<b>YOUTH MINISTRY</b>	540-373-6491 Director, Leo Chavarria Tatiana Beltran
<b>OUTREACH</b>	540-373-6491 Elena Doyle - outreach@stmaryfred.org
<b>BAPTISMS</b>	Parish registration (90 days) and class required. Please contact the parish office to schedule the date at least four weeks in advance.
<b>MARRIAGE</b>	Parish registration required; contact parish six months in advance to begin preparation.
<b>JOIN US</b>	New Family Registration meetings held in the Parish Life Center on fourth Sundays, following the 10:30 Mass. Please notify us of any contact changes.

Articles must be submitted two weeks prior to publication.  
Send articles to [bulletin@stmaryfred.org](mailto:bulletin@stmaryfred.org). Thanks!

# from our pastor

# pax et bonum

Dear Folks,

## Flu Concerns:

Recently I have had discussion with staff and parishioners about concerns with the current year's flu. I have also gotten updates from CDC via several parishioners. Also this week's diocesan newspaper is running an article about these changes, a statement from the diocesan liturgy office is expected any day. Thus I want you to know that I am consulting with parish council this week, and will let you know of conclusions promptly. According to the CDC "influenza viruses are spread when a person who has the flu coughs, sneezes, or speaks and spreads virus into the air, and other people inhale the virus.... The viruses can also be spread when a person touches a surface with flu viruses on it (for example, a door handle) and then touches his or her nose or mouth." Here is what the CDC recommends to prevent the flu: *"Avoid close contact with people who are sick. When you are sick, keep your distance from others to protect them from getting sick too; stay home when you are sick. If possible, stay home from work, school, and errands when you are sick. You will help prevent others from catching your illness; cover your mouth and nose. Cover your mouth and nose with a tissue when coughing or sneezing. It may prevent those around you from getting sick; clean your hands. Washing your hands often will help protect you from germs. Avoid touching your eyes, nose or mouth. Germs are often spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose, or mouth."*

**Drinking from the Chalices** — this is an option. I am considering offering communion only under the form of the consecrated host. However, I am most mindful of the people in the parish who only receive from the chalice because of Gluten sensitivities. I want you to be prepared that we may be suspending communion from the chalice in the near future.

However, even now please remember that drinking from the chalice is an option at some Masses. If you or someone in your household is sick, then please refrain from drinking from the chalice. It is a simple act of charity to your neighbors and possibly yourself because of possible re-infection with other germs while your immune system is weakened.

**Sign of peace** — this is also an optional rite. Many people very much appreciate this rite on a regular basis, however it is explicitly permissible

for the priest to omit this rite from the celebration of the Mass. If I reach the point that this seems to be prudent it will be communicated to you via announcement and in the bulletin.

However, even now, know that there is not requirement to shake hands at this time. It is perfectly acceptable to substitute a bow, a smile, or other appropriate gesture in place of a handshake at the sign of peace. Especially if one has been coughing or sneezing this is actually an act of kindness for your neighbor. The fact that someone extends their hand out of habit does not mean that it is rude to simply smile and say "peace be with you" while not extending your hand. This is actually okay at any time that anyone is sick, not just in this time of flu concerns. If someone does not return your handshake, then do not presume that they are rude, rather presume that they are kindly trying to avoid giving you the flu.

One of the challenges here is that, according to the CDC, *"adults can be contagious from one day before developing symptoms to up to seven days after getting sick. Children can be contagious for longer than seven days."* Thus the apparent health of someone does not mean that they are not contagious.

**Mass attendance** — clearly when one is sick there is no moral obligation to attend Sunday Mass. The Catechism of the Catholic Church expresses this thus, *"the faithful are obliged to participate in the Eucharist on days of obligation, unless excused for a serious reason (for example, illness, the care of infants) or dispensed by their own pastor."* Especially if you are ill and contagious it is not sinful to miss Mass, but it may rather be an act of charity to stay home. Pray the rosary, watch a televised Mass in order to make the day Holy.

**Other practical Measures** — Anti-germ wipes are helpful, wash your hands when you return from Mass and other public spaces, and always be kind. Finally, when exiting from Mass, if you might be contagious you don't have to shake the priest's hands! We won't begrudge you a simple nod or wink!



Pax et Bonum,  
Fr Mosimann



# education holy cross academy

## Thank you!

We are very grateful for the support we received from our parish family for the National Day of Giving to Catholic Schools. We will share our total with you within the next few weeks, including our success in a meeting our challenge grant!

## You're Invited to HCA Open House

We invite you to join us this weekend for our Open House. St. Mary Preschool invites everyone to stop by Sunday, February 4, 9:30am to noon in the Parish Life Center. We offer a wonderful program where children learn how much Jesus loves them as they grow and learn. Our Holy Cross Open House is 1-3pm. Come tour our classrooms and learn about our program and all we can provide for your family.

You will see Science opportunities at all grade levels. Our 4th graders recently presented a short play, The Internal Organ Hall of Fame, a fun way to learn about the inner workings of the human body. Our 6th graders built atoms out of marshmallows and gummy bears. Nitrogen was never so tasty!

In preparation for Catholic Schools Week, each class created a banner highlighting one aspect of the theme. The students reflected on how Holy Cross Academy is where we learn, serve, lead and succeed. These banners are adorning Father Brisson Hall where many of our school activities take place.



A National  
Blue Ribbon  
School of  
Excellence



## Pre-School Openings

We have openings in our afternoon preschool class from 12-3 and would love to have your child join us! Help your child to get a step up on their pre-K skills in a loving catholic environment. Please contact Nanci Scharf at 373-7553 for more information.

## Interested in HCA?

We hope that you will consider our parish school for your children. To learn more, we invite you to visit our school website, [holycrossweb.com](http://holycrossweb.com). If you would like to see what we can do for your child, please call our HCA office at 540-286- 1600 or St. Mary Preschool at 540-373- 7553 to arrange for a tour or to let us tell you all about our parish school.

# parish life religious education

## Magnifikid

Parents please encourage your 6-12 year old children to get a copy of MagnifiKid in the vestibule when they attend Sunday Mass.



## FORMED PICK OF THE WEEK

## A Lent to Remember

### A Lenten Encounter with Mercy

*A Lent to Remember* is a beautiful presentation of the transforming power of mercy in the Sacrament of Confession, using the Augustine Institute productions *Symbolon* and *Forgiven*. No matter what you have done, no matter how long you have been away, Jesus is waiting for you with open arms this Lent!

Watch on [formed.org](http://formed.org)



*"This presentation on forgiveness is about as good a lesson as any I have ever heard. The final lines closed the deal for me: 'One of the most powerful things that could happen to any of us is that moment when we know we do not deserve to be loved, and despite that, we are loved anyway.'"*

—Mike M, Port Neches, TX



**FORMED** THE CATHOLIC FAITH. ON DEMAND.

### JOIN FORMED

1. [formed.org](http://formed.org) 2. click register 3. enter parish code: **F6F228**



We invite all Christians to gather in the peace of Christ at St. Mary **Monday, February 12** as we "prepare a place for unity and peace" together.

**You are invited to a monthly gathering of prayer in the ecumenical tradition of the Taizé Community in France, the second Monday of every month at 8:15pm.**

It is our hope that this monthly prayer brings together Christians of all churches, pastors and flocks, as together we realize a bit more each day that we must rely upon God's power to bring about Unity among all who follow Jesus, "as he and the Father are one." It is something we are unable to do ourselves.

This Unity which embraces all people stands at the very heart of Christ's mission...and belongs to the essence of our community. Let us provide a place where his Spirit can come and fulfill his plan for us.



# our parish happenings

## Concerts at St. Mary

On Friday, February 9 at 8pm, Concerts at St. Mary will present soprano Aani Bourassa in a concert of repertoire for soprano, orchestra and organ. Ms. Bourassa will be joined by some of Fredericksburg's finest instrumentalists and Baltimore based organist Alec Davis, all under the direction of St. Mary's Director of Music and Organist David Uschold.

Praised for her "brilliant, yet sparkling high notes" (Burlington Hawkeye), American soprano Aani Bourassa is indeed a versatile actress of emotional depth whose repertoire encompasses Johann Sebastian Bach, Handel, Mozart, opera, French art song, lieder

and oratorio. Some notable roles include Fiordiligi in Mozart's *Così fan tutte*, Juliette in Charles Gounod's *Roméo et Juliette* and Lydia in *Second Nature* by Matthew Aucoin. Ms. Bourassa is also equally prevalent in the concert and sacred music scenes. She has performed solos in works such as Beethoven's *Symphony No. 9*, Bach's *Magnificat* and *So-drumming* by Steve Reich. This summer, Bourassa will return for her fourth season as Artist in Residence at the Ad Astra Music Festival in Kansas. While in residence, she will perform the part of Peitho in the festival's production of *Here Be Sirens* by Kate Soper and one of the soprano parts in an excit-



ing one-on-a-part performance of *Matthäus-Passion* by Johann Sebastian Bach. Ms. Bourassa performs regularly with Songs by Heart, a foundation that seeks to enhance the life of the memory impaired through music therapy. Aani Bourassa is a champion of new and undiscovered music, and is currently involved in a collaborative project with pianist Samuel Gingher to rediscover and record the vocal works of composer Carl Czerny. In addition to her busy performance career, Ms. Bourassa holds the position of producer and project manager for the recording label Acis Productions.

The Friday evening's program, which is themed in the anticipation of Lent, will include performances of Purcell's *An Evening Hymn*, aria *How Beautiful Are Thy Feet* from Handel's *Messiah* and two works of Johann Sebastian Bach: *Fantasia and Fugue in c minor, S. 537*, performed by organist David Uschold, and *Cantata 199: Mein Herze schwimmt im Blut* for soprano, orchestra and organ. Admission to the concert is free and a free-will offering will be taken to support future Concerts at St. Mary productions. Following the concert there will be a reception in the church's Parish Life Center where there will be an opportunity to meet the performers and share fellowship with others.

## 2018 Bishop's Lenten Appeal

**"Living in Faith - Giving in Gratitude"**

Next weekend, each family in our parish will be asked to complete a Bishop's Lenten Appeal (BLA) pledge form at Mass. If you have already donated through the mail or online or are not able to participate, there will be places to note that on the form. The BLA provides support to thousands of people, some of whom may be sitting next to you at Mass each week. Thank you for your consideration of a pledge for this year's Bishop's Lenten Appeal. Every pledge is important! Thank you!



# HIGH SCHOOL WINTER RETREAT

**FEBRUARY 23 - 25**

**Toano, VA**

**\$50 and a Permission Slip**

## Stay Up-to-Date

Be sure to stay in the know with St. Mary CYM by visiting [stmaryfred.org/youth-ministry](http://stmaryfred.org/youth-ministry)

**StMaryCYM**    

# our parish happenings

## Men: Are You Ready to Accept the Challenge?

Our communities need strong Catholic men to answer the call to lead with faith, protection of families, service to others and to defend our values.

For over one hundred years, Knights of Columbus have done exactly that, standing up for the Church, serving the least among us, and strengthening our parishes and families.

Eligible Catholic men can now join the Knights of Columbus online in a simple, streamlined process.

As a member, you join a worldwide community of nearly two million men, including tens of thousands here in Virginia, who stand together.

Men have a duty to lead, protect, serve and defend. The world needs more committed, unified Catholic men to answer the call. Will you answer?

Visit [kojc.org/joinus](http://kojc.org/joinus) to learn more about the many benefits of membership in the Knights of Columbus.

## Pilgrim Virgin Statue

Would you like to have the Pilgrim Virgin Statue visit your home? Please contact Mary Lou Felts, 571-723-3333 or [mary-loufelts@gmail.com](mailto:mary-loufelts@gmail.com) for more information. This is one of the works done by the Legion of Mary.

## Book Club

*Voices of Women of the Cloth* by Claire C. Curcio is the February 13 selection for the parish book club when it meets at 10am in the St. John Paul II House. This collection of interviews presents the personal narratives of nineteen clergywomen in the United States, sharing how they became members of the cloth. For more information, contact Mary Kenney at 898-0372.

## God Is Calling You To a Deeper Relationship with Him

### New Bible Study Classes

Discover who the prophets were, what their message was, and why they are important to us. See how God is constantly calling you to a deeper relation-

ship with him. Discover the areas in your life that prevent you from drawing closer to God. Understand how the central message of the prophets is one of love, proclaiming the mercy of God for his children. See how their powerful words speak to us today, shedding light on our faith and our lives. Discover the ways you are called to be the voice of God to others.

**Classes Begin on Monday, February 5, 2018 and meet for the next 10 Mondays.**

Classes meet from 1-2:30pm in the Fr. Don Community Room. Cost is \$23, collected at first class. Classes are facilitated by Suzette Young and are limited to 40 participants. Please sign up early in the Parish Office or call 540-373-6491.

## SAINT MARY OF THE IMMACULATE CONCEPTION PARISH NIGHT OUT

CELEBRATING OUR 160<sup>TH</sup> ANNIVERSARY

5.18.18

ANDREW THIELEN BIG BAND

JEPSON ALUMNI CENTER AT UMW

## Tickets on Sale Now!

Give your Valentine a special date to look forward to! Tickets are \$75.00 per person. This includes dinner, cash bar, and dancing to the music of the Andrew Thielen Big Band.

Take advantage of our "early bird" special- ten tickets for the price of nine. Gather friends or family to fill your table. Please contact Marty Bridi before February 28 to take advantage of this special (540)373-0259.



# our parish happenings

## Micah Furniture Bank Help Wanted

Help needed on Saturday, February 17, 9am-12pm. We are in need of people (teens encouraged) to help pick-up or deliver items to/from the Micah Furniture Bank. Our St. Mary's Team meets at 9am at the Micah Warehouse off of Lafayette Street. Please contact Rich LaRoche for more information at [stone48@verizon.net](mailto:stone48@verizon.net). Thank you!

## Bishop's Lenten Appeal Committee

We will need help organizing and sorting paperwork for the Lenten Appeal. If you are interested in giving of your time for this "seasonal" service we would love to have you join us. Please contact Elaine Stanislawski for more information at [estanislawski@stmaryfred.org](mailto:estanislawski@stmaryfred.org)

## The Micah Furniture Bank

If you have furniture items to donate that are in good usable condition, the Micah Furniture Bank would be happy to receive them. Furniture items are given to previously homeless individuals who are now in housing. To donate items, please contact the Furniture Bank hotline directly at 540-693-0472 or schedule a donation on-line at [dolovewalk.net](http://dolovewalk.net).

## Suicide — YES, Let's Talk About it Community Resource

Potential suicide – not a welcome topic for most, but think back. How often has someone close to you mentioned that they are feeling sad or discouraged – even hopeless? How did you respond?

This is a very tough topic for most of us, but be assured, your presence, a non-judgmental ear, a loving prayer partner, and a safe community resource may save that family, that person from the tragedy of suicide. In the Fredericksburg area last year 50 people died by suicide. Add to that the family and friends affected by that death and we can count 100s affected. The good news is there are community resources available to you and me, simple lay people, who find ourselves at the edge of these tragedies. Our area's Community Service Board provides regular training in a process called Mental Health First Aide. This program teaches lay people how to respond to a mental health crisis – like CPR has trained folks to respond to cardiac problems. That knowledge can save a life. Contact: [rappahannockareacsb.org/media/4091/](http://rappahannockareacsb.org/media/4091/) Sign up yourself or better yet, organize a small group to go together and share this excellent community resource. You may also contact Mental Health America at 371-2704 for further information on screening and referrals.

## THEOLOGY ON TAP

*featured speaker*

**MICHAEL  
HORNE, PSYD**

*Discussion Topic*

**BUILDING  
ENGAGED  
FAMILIES**

**ADVENTURE  
BREWING  
SOUTH**

**MONDAY,  
FEBRUARY 19  
6-9PM**

**ALL ARE WELCOME**

# parish life get involved

## CCW Springtime Activities

Excitement fills the air as the CCW is busy planning our spring activities and invites anyone who would enjoy sharing time and energy with other active members to please join us.

Mark your calendar for our next General meeting on February 20. Christen Gallik will speak to us about "Serving the Community."

Please be ready to mark your calendar as dates are finalized for these upcoming events:

- 1) Lenten Soup Supper
- 2) Bible Museum trip
- 3) Baby Shower
- 4) Yard Sale

## Calling All Great Men!

ALL MEN are invited to the Men's Conference on March 3. This year's conference – entitled Marked Men: Made For Greatness – will feature one of the most celebrated Catholic speakers in the world of social media: Fr. Mike Schmitz, who will be joined by Bishop Burbidge and Billy Atwell, Chief Communications Officer of the Diocese. Continental breakfast and lunch will be provided. To REGISTER, go to [arlingtondiocese.org/men](http://arlingtondiocese.org/men). Registration is open. Make sure to get your slots ASAP as seats get filled quite quickly!

## Walking With Purpose Women's Bible Study: Living in the Father's Love

Do you sometimes doubt if God really loves you? Are you searching for purpose? Do you struggle to measure up to our

culture's definition of beauty? Is there someone you need to forgive, but you don't know how?

*Living in the Father's Love, a six-week Bible study, is the ideal way to revive and refresh yourself this season. In this brief but powerful study, we discover just how much God loves us and how the Gospels are deeply relevant to our relationships, not only with God, but also with those we love.*

Mondays during Lent (February 19-March 26)  
9:45-11:30am - Father Don Meeting Room  
Limited to 15 women. Please register with the parish office. Cost of the book is \$10. For more information, contact Lori Mattson at [lmattson@acumen-ea.com](mailto:lmattson@acumen-ea.com).

## Do you want to become a CITIZEN?

Apply now! Come to a citizenship application workshop hosted by Catholic Charities Hogar Immigrant Services. March 3, doors open 10am-1pm. St. Anthony Catholic School. Cost is \$110, cash or credit. Please contact (571) 208-1572 or [hogarimmigrantservices.org/workshop](http://hogarimmigrantservices.org/workshop) to pre-register.

## Mañana de reflexión para prepararse para la Cuaresma

Día: sábado, 10 de febrero  
Lugar: Centro de Vida Parroquial  
Hora: 8:00 de la mañana a 12:00 del mediodía.

El Padre Colin nos hablará de cómo prepararnos durante el tiempo de Cuaresma con ayuno y oración. ¡Los esperamos!

## Lenten Small Groups: Prayer, Finding Intimacy with God

Whereas Lenten Friends is no longer producing the small group programs in which we have participated in the past, this year we will use a program offered through FORMED, an on-line resource already available to St. Mary's. The program is entitled: *Prayer, Finding Intimacy with God*.

*Though prayer is one of the essentials of a thriving faith, we often feel as if we're talking to ourselves—or, worse, as if we're talking to no one at all. How can something so vital to the Faith be so elusive? Now, with the clear teaching and artistry of the Augustine Institute's Lectio series, Dr. Tim Gray masterfully uses the discipline of Lectio Divina to show you how to make prayer an effective effort of love and intimacy. In six video sessions, Prayer: Finding Intimacy with God captures the secret to opening our hearts and minds to Scripture as the means to hear from God and then respond in conversation, basking in his presence and resolving to live in and through his love.*

## Micah Cold Weather Shelter

The Micah Cold Weather Shelter opened for the winter season on November 15 and will remain open each evening until mid- to late-March. Teams of Saint Mary volunteers assist on Tuesday evenings by greeting and checking in clients, setting up sleeping areas, and providing hospitality for the 30+ individuals that utilize the facility. Each participating church is asked to bring 3 dozen items (white socks, small toiletries, etc.). Saint



# our parish february share

Mary is asked to collect donations of men's boxer underwear sizes medium and large. Please consider how you might be able to support this need—all donations are gratefully accepted at our Parish Office. Although it is a good thing that the temporary shelter is available during the harsh winter months, it highlights the continuing need for sustainable housing and support mechanisms in our community. For more information about community efforts to help the homeless, please visit Micah Ecumenical Ministries, [dolove-walk.net](http://dolove-walk.net) or Thurman-Brisben Homeless Shelter, [thurmanbris-bencenter.org](http://thurmanbris-bencenter.org)

## Come together for Virginia.

### Virginia Vespers: Evening Prayer for the Commonwealth

Virginia's Catholic bishops and the Virginia Catholic Conference invite legislators and other officials of all faiths, educators, social service practitioners, parishioners and all to join them at the Cathedral of the Sacred Heart in Richmond to pray for the Commonwealth.

Join Bishop Michael Burbidge and Bishop-Designate Barry Knestout for Vespers at 5pm, Thursday, February 15. Reception follows.

800 S. Cathedral Place, Richmond, VA. Free shuttle service is available at the Virginia Capitol Visitors' entrance at 10th and Bank Streets, and parking is available at the garage at North Laurel and West Main Streets, one block away.

## Welcome to SHARE at St. Mary Parish!

**Order Deadline: February 12**  
**Food Pick-Up: February 24**

This is a food cooperative program with a community service requirement. Package Pick-up is typically the fourth Saturday of the month at the Parish Life Center between 8-9am. The following month's menu will be available at the time of pick-up.

Please contact Rick Caporali for more information and details, [rcaporali@stbernpa.org](mailto:rcaporali@stbernpa.org).

### Value Package \$22

(2 hrs community service)

Fresh-frozen Ground Beef 85/15, 1.25 lbs  
Chicken Tenderloins, 1.25 lbs  
Turkey Burgers, 6-5.3oz burgers - 2lbs  
Pollock Breaded Nuggets 1.25lbs  
Plus 8-12 pounds of the freshest fruits and vegetables we can find for you and your family

### Seafood Medley \$25

(2 hrs community service)

Tilapia Filets, 1.5 lbs,  
Pollock Filets 1.5 lbs,  
Salmon Filet 1 lb  
Large Breaded Shrimp 1 lb

### Sirloin Steak Box \$25

(2 hrs Community Service)

8-8 oz. Steaks

### Desserts \$14

(2 hrs Community Service)

Chocolate Chip Cookie Dough (enough to make 4 dozen cookies)  
4 Lemon Drop Cupcakes,  
4 White Velvet Cupcakes and  
1 Blueberry Pie

*Menu items are always subject to change. When we must substitute, we try to give better value.*



## SHARE Order Form

Value Package (\$22)

\_\_\_\_\_ x \$22. = \$ \_\_\_\_\_

Seafood Medley (\$22)

\_\_\_\_\_ x \$22. = \$ \_\_\_\_\_

Sirloin Steak Box (\$25)

\_\_\_\_\_ x \$25. = \$ \_\_\_\_\_

Desserts (\$14)

\_\_\_\_\_ x \$14. = \$ \_\_\_\_\_

**TOTAL:** \$ \_\_\_\_\_

Name \_\_\_\_\_

address \_\_\_\_\_

city \_\_\_\_\_ state \_\_\_\_\_ zip \_\_\_\_\_

email \_\_\_\_\_

cell/phone \_\_\_\_\_

Community Service Hours:

_____ hrs Church	_____ Host site
_____ hrs Youth	_____ Transport
_____ hrs Shelter	_____ Comm. Dinner
_____ hrs Seniors	_____ Vincent de Paul
_____ hrs Micah	_____ MW Hospital
_____ hrs School	_____ Parish Ministry
_____ hrs Community Service	
_____ hrs Other	_____ hrs Other

### PAYMENT METHODS:

**CASH or MONEY ORDER.**

No CHECKS; Payment due when order is placed.

Money Orders should be made to: SHARE FOOD NETWORK.



# operations given in love

## Weekly Offertory

Collections for January 28

Offertory Collection \$30,358  
St. Vincent de Paul Poor Box \$138  
Church in Latin America \$6,171

*The Second Collection next week is for the Parish Building Fund. Thank you for your generosity!*

## Children's Offertory Envelopes For February

The children's charity that will benefit from the offering in February is Hazelwild Farm's Therapeutic Riding Program. The program offers specialized horseback riding lessons for all ages of riders with a wide range of physical, cognitive and emotional disabilities. The lessons increase stability, flexibility, strength, motor skills, cognitive ability and confidence for the riders, along with providing many other physical and emotional benefits. For more information, go to [hazelwildfarm.com](http://hazelwildfarm.com).

## Choose Life Reflection

Invoking the intercession of St. Joseph, foster father of Jesus, we pray that the Lord will bless all who travel upon the path of adoption. And, recalling the mercy which God our Father has shown to us, we also ask that, through our words and actions, they may encounter the outstretched hands of his mercy. May all know the care of the Father, whose love for each person "gushes forth from the depths naturally, full of tenderness and compassion, indulgence and mercy" (Misericordiae vultus, 6).

## Adoration of the Blessed Sacrament

Wednesday 12:30pm to Friday 9am

*"Jesus speaks in the silence of the mystery of the Eucharist and reminds us each time that following him means going out of ourselves and making our lives not something we 'possess,' but a gift to him and to others."*

– Pope Francis

Come and adore Our Lord in the most beautiful Blessed Sacrament of the Altar. We have continuous Exposition of the Blessed Sacrament every Wednesday after the 12 Noon Mass until Friday morning before the 9am Mass. At least two people must be present with Our Lord at all times during Adoration.

## Al Anon Surviving the Weekend Group

All who have been affected by someone else's drinking, and members come together to learn a better way of life and how to find happiness. It's important to know that you are not alone and there is help. **Al Anon meetings are every Saturday at 10am in Room 204 of St. Mary's Parish Life Center.**

## Nar Anon Support Available

Nar Anon is a program that offers support to family members and friends of loved ones struggling with substance abuse. All information and discussion is non-judgemental, informative and strictly confidential. Our meetings are in **Room 204 in the Parish Life Center on Thursday from 7-8pm** and are open to the community at large. **Contact Cathy at 703-2018821, [burgh757@gmail.com](mailto:burgh757@gmail.com) or Wayne at 540-840-5230.**

## World Day for Consecrated Life

In 1997, Pope Saint John Paul II instituted a day of prayer for women and men in consecrated life. This celebration is attached to the Feast of the Presentation of the Lord on February 2nd. This Feast is also known as Candlemas Day, the day on which candles are blessed symbolizing Christ who is the light of the world. So too, those in consecrated life are called to reflect the light of Jesus Christ to all peoples. The celebration of World Day for Consecrated Life is transferred to the following Sunday, this year on February 4, in order to highlight the gift of consecrated persons for the whole Church. Please pray for all those who have made commitments in the consecrated life, and be sure to thank them on their special day. May they continue to be inspired by Jesus Christ and respond generously to God's gift of their vocation.



The Presentation at the Temple  
WORLD DAY FOR CONSECRATED LIFE

# liturgy daily bread

## eGiving

Thank you for being a part of our St. Mary of the Immaculate Conception family. As we begin a New Year, we hope you will consider enrolling in eGiving through Faith Direct so that your gift can reach us even when you cannot. Visit [faithdirect.net](http://faithdirect.net) and use our church code: **VA635**. Thank you for your continued support of our parish family



## Holy Land Pilgrimage with Fr. Jerry Wooton

Fr. Jerry Wooton, Parochial Vicar at St Patrick Parish, will be leading a Holy Land Pilgrimage from October 1-12, 2018. The price is \$2899 all inclusive, and the trip will visit such sites as Nazareth, Capernaum, Jerusalem, and Petra, Jordan. Please contact Fr. Wooton at 202-277-2883 if you're interested.

## Saint Mary prayer list

**Please pray for those who are sick or in need,**

**especially:** Re MacArthur, Theresa Petrill, Gerard Fitzpatrick, Christina Wiley, Maureen Mizzles, Charles Dittmer, Bernice Douglas, Miles Wood, Bruce Mattern, Maria Wood, Shannon Triola, David Marcs, Roseanne Mash, Jeanne Burke, Indira Murillo, Christie Greenwell, Holly Smith, Anthony Yantiss, Larry Dillman, James Evans, Gabriel Galarza-Torres, Keith Kovalefsky, Joaquin Perez, Amber Moser, Stan Guzik, Barbara Butler, Mary Walsh, Elizabeth Murray, Jacqueline Murray, Robert Gomer, Carla Gomer, Robert Arthur Ouellette, Douglas Meyer, Betsy Murray, Monica Hannan, Eldon Ulmer, Linda Jamison, Karla Dorsey, Maria Eliza Franca Maciel, Eileen Bourne, Marty T., David A, Pedro Rios, Cathy Burgh, Roger Dewayne, Angus Johnson, Peter Wood, Jude Murphy, Paula Snellings, Mary Jean & Don Williams, Harold Gardiner, Gerald Gardiner, Tina Ott, Michael Carr, Stephen Daley, Deanna White, Maria Stein, Elizabeth Davis, Jeanette Williams, Deborah June King, Ann Gallagher, Robert & Brittani Horner, John D. Zaloudek, Mary Ulmer, Antonio Christianson, Thomas Moeller, Marianne Ford, Ortiz Family, Maryann Seidlinger, William Hackbarth, John Michael Ides, Sylvia Pressley, Tamlyn Leaf, Matthew Roberts, Deanna Uperti, Gabriela Mason, Maria Stine, Joy & Larry Kligman, David Duke, Dennis Morris, James Murphy, Joan Cheek, Ted Mayor, Tim Conway, Billy LaPietra, Bob Rekowski & Family, Daniel Bustamonta, Maryann Devenas, Frank Spatt, Micheal Chen, Joseph Stefano, Fred Becker, Chuck Boyer, Maria Celia Brandao Lage, Leah Sapphire, Felicity Stanfield, Michael Kraljevich, Steve Zawisa, Casey Roby, Calvin Mills, Mary Jean Mills, Elise Velez, Tracey Hansen, Elizabeth Ames, Aleisa Barber, George Dittmer, David Arnold, Maryann Greatsinger, Antonio Ferrara, Wilson and Joan Parker, Emma Gilbert, Virginia Gannon, Maureen Guilfoyle, Daniel Burke, Katherine Perusi, Dorie Lee, Christopher Szyal, Joy Zerby, Mariah Ceidlinger, Kelly Carperter-Silvers, Suzi Eggleston, Bernad Castillo, Nancy Buhite, Michael Durant

**Please pray for all the men and women in our military and civilian support services overseas,**

**especially:** Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Sean Plunkett, Roy Selvidge, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Nelly Garcia, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Brian Mahoney, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi

**Please pray also for those who have died, especially the benefactors of Saint Mary Church.**

## Daily Mass Intentions and Readings

### February

#### 5 MONDAY

6:30am Helen Holmes+

9:00am Ava Doherty+

1 Kgs 8:1-13/Mk 6:53-56

#### 6 TUESDAY

6:30am Deacon Alberto

9:00am Chris Rooney

1 Kgs 8:22-30/Mk 7:1-13

#### 7 WEDNESDAY

6:30am Joseph Suver+

9:00am Tibur Baksy

1 Kgs 10:1-10/Mk 7:14-23

#### 8 THURSDAY

6:30am Salvatore Kiwall+

9:00am Charles White+

1 Kgs 11:4-13/Mk 7:24-30

#### 9 FRIDAY

6:30am Maureen Cremmins+

8:15am\* Margaret McNamara

9:00am Evelyn Derouin+

1 Kgs 11:29-12:19/Mk 7:31-37

#### 10 SATURDAY

9:00am Francisco & Aura Monrana+

5:00pm William Dean+

7:00pm Galen Owen Crow+

1 Kgs 12:26-13:34/Mk 8:1-10

#### 11 SUNDAY

7:00am George Thomas McCue+

8:30am John Doherty+

10:30am Concepcion Vasquez+

10:30am\* The McAdams family

12:30pm Jennie Curch+

2:30pm(sp) For Our Parish

5:00pm Lilly McCue

7:00pm Hellmuth Freund+

Lv 13:1-46/1 Cor 10:31-11:1/Mk 1:40-45

\* Indicates Mass at Holy Cross Academy

Please remember that Mass intentions may be requested at the parish office for any remaining Masses of the year. If dates are no longer available for the date you desire, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.