

Sixth Sunday in Ordinary Time

February 11, 2018



Saint Mary of the Immaculate Conception Roman Catholic Church
FREDERICKSBURG, VIRGINIA

upcoming events

February



**SAINT
MARY**
of the
IMMACULATE
CONCEPTION
Roman Catholic Church

HOLY CROSS ACADEMY

11 SUNDAY, SIXTH SUNDAY IN ORDINARY TIME

Coffee Shop after morning Masses, Parish Life Center
12pm, Spanish (Adult) Legion of Mary, Parish Life Center, Room 100
6pm, High School Youth Group, Parish Life Center - 6pm Dinner, 7pm Meeting

12 Monday, Weekday

10:15am, Legion of Mary Our Lady of Perpetual Help, Parish Life Center, Room 100
12:45pm, "The Prophets Call" Bible Study Class, Courtyard Meeting Room
8:15pm Taize Prayer Service, Church

13 Tuesday, Weekday

10am, St. Mary Book Club, John Paul II House, Upstairs
7:30-9pm Life in the Spirit Prayer Group, Courtyard Meeting Room

14 Wednesday, Ash Wednesday

Ash Wednesday Mass Times: 6:30am, 9am, 12pm, 6pm and 7:30pm (Bilingual)
Please note we will not have Evening Confessions due to the Ash Wednesday Masses
Adoration will be suspended from 6pm to 9pm
No YOUCAT this evening

15 Thursday, Thursday after Ash Wednesday

9:30am, CCW Craft Group, Parish Life Center, Room 100
7-8pm Nar-Anon Meeting, Parish Life Center, Room 204
7-8:30pm, Walking with Purpose, Parish Life Center
7pm, Baptism Class, Parish Life Center, Room 201

16 Friday, Friday after Ash Wednesday

9am, St Anne Sister in Faith, John Paul II House
6pm, Lenten Soup Supper sponsored by the Knights of Columbus, Parish Life Center
6:30pm, Spanish Junior Legion of Mary, Courtyard Meeting Room
7pm, Stations of the Cross, Church
7:30pm, Estaciones de la Cruz, Iglesia

17 Saturday, Saturday after Ash Wednesday [The Seven Holy Founders of the Servite Order]

18 SUNDAY, FIRST SUNDAY OF LENT

Coffee Shop after morning Masses, Parish Life Center
11:30am, Evangelization Meeting, Courtyard Meeting Room
12pm, Spanish (Adult) Legion of Mary, Parish Life Center, Room 100
6pm, High School Youth Group, Parish Life Center - 6pm Dinner, 7pm Meeting

19 Monday, Lenten Weekday

Parish Office Closed for President's Day
10:15am, Legion of Mary Our Lady of Perpetual Help, Parish Life Center, Room 100
12:45pm, "The Prophets Call" Bible Study Class, Courtyard Meeting Room

20 Tuesday, Lenten Weekday

10am, CCW Meeting, Fr. Rooney Meeting Room
6pm, Catechist Training, Parish Life Center
7:30-9:30pm, Parish Council Meeting, Courtyard Meeting Room

21 Wednesday, Lenten Weekday [Saint Peter Damian, Bishop and Doctor of the Church]

6:30pm, YOUCAT, Parish Life Center

22 Thursday, The Chair of Saint Peter the Apostle

9:30am, CCW Craft Group, Parish Life Center, Room 100
7-8pm Nar-Anon Meeting, Parish Life Center, Room 204
7-8:30pm, Walking with Purpose, Parish Life Center
7pm, Baptism Class, Parish Life Center, Room 201

express announcements

nota bene (note well, please):

- **Bishop's Lenten Appeal begins this weekend.** Every pledge is important!
- **Save the date - Parish Night Out, May 18!** Tickets on sale now. More info on page 8.
- **Virginia Vespers: Evening Prayer for the Commonwealth.** Join Virginia's Catholic bishops and the Virginia Catholic Conference to pray for the Commonwealth. More information on page 15.
- February is the month to surprise your sweet-hearts with SCRIP. Complete some of your shopping by purchasing **SCRIP gift cards!** Set up an account today and earn rebates for HCA. Email **Christi Greenwell at scripcoordinator@holycross-web.com** for the school enrollment code.
- **Subscribe to the Saint Mary website, stmaryfred.org** and receive important updates via email. The subscription box is on the homepage. Enter your email address, click "**subscribe.**"
- **Join Flocknote for RE Notifications!** Text '**StMaryFredRE**' to **84576** to automatically receive text messages and emails when RE Classes are canceled. Or go online and register by following the link at the parish website, **stmaryfred.org** on the right hand side at the top of the information panel.

contact us

SUNDAY MASS Saturday Vigil 5 & 7pm
Sunday 7, 8:30, 10:30am, 12:30, 2:30pm (Spanish), 5pm, 7pm
10:30am at Holy Cross Academy

DAILY MASS Mon.-Fri.: 6:30am, 9am
M/W/F: 12 Noon
Sat.: 9am
First Friday 8pm
Holy Days of Obligation, as announced

DEVOTIONS Adoration, Daily between 6:30am & 9am Mass,
Wednesday 12:30pm - Friday 9am
Miraculous Medal Novena, Mon., after 9am Mass, Divine Mercy, Wed., 3pm

CONFESSION Wed., 6:30-8:30pm;
Sat., 8am & 3:30pm, or by appt.

PARISH OFFICE 540-373-6491, fax 371-0251
stmary@stmaryfred.org
Mon.-Fri., 8:30am - 4:30pm;
students staff office weekdays until 9pm,
Saturdays 9-5pm, Sundays 9:30-1:30pm

Pastor, Fr. John Mosimann
Fr. Stephen Holmes
Fr. Colin Davis
Fr. Michael J.R. Kelly
Deacon Alberto Bernaola
Deacon Dick Delio

Operations Manager, Jim Florio
Business Manager, Elaine Stanislowski
Parish Secretary, Elizabeth Tellez
Director of Music, David Uschold

stmaryfred.org

HOLY CROSS ACADEMY 540-286-1600
250 Stafford Lakes Parkway
Fredericksburg, Virginia 22406-7234
Principal, Sr. Susan Louise Eder, O.S.F.S.

ST. MARY PRESCHOOL 540-373-7553
Director, Nanci Scharf

RELIGIOUS EDUCATION OFFICE 540-373-6491
Director, Aristides Lucas
Associate Director, Karen Sturtevant

YOUTH MINISTRY 540-373-6491
Director, Leo Chavarria
Tatiana Beltran

OUTREACH 540-373-6491
Elena Doyle - outreach@stmaryfred.org

BAPTISMS Parish registration (90 days) and class required.
Please contact the parish office to schedule the date at least four weeks in advance.

MARRIAGE Parish registration required; contact parish six months in advance to begin preparation.

JOIN US New Family Registration meetings held in the Parish Life Center on fourth Sundays, following the 10:30 Mass. Please notify us of any contact changes.

Articles must be submitted two weeks prior to publication.
Send articles to bulletin@stmaryfred.org. Thanks!

from our pastor

pax et bonum

Dear Folks,

Temporary Suspension of Communion Under the Chalice & Sign of Peace.

Over the last 2 weeks, I have been consulting a number of parishioners about the possibility of suspending communion from the Chalice, and the Sign of Peace. At the last staff meeting, we had an discussion of this topic, and I have been in email conversations with Parish Council.

Significant concerns on the chalice extend beyond the "you don't have to partake" level because there are several people who do have to partake: the extraordinary ministers of holy communion consume the remains after every parishioner, and the priest who consumes when he purifies the chalices. Since people can be contagious before they are showing symptoms, we could potentially be putting others at risk. With regards to the Sign of Peace, we have the same concerns for your health, but also: "what is our anxiety over the possible contagion doing to our ability to pray?" Some folks reported that as the sign of peace neared, they found their anxiety increasing over who might try to insist on exchanging a handshake, or what others might think if they do not offer the customary gesture. Communion is a time of union with God and one another, and ultimately I have come to the conclusion that our anxiety over the flu is affecting our disposition to receive with attention and reverence.

Therefore, beginning immediately, we will offer communion only under the form of the consecrated host, and we will temporarily omit the optional exchange of a Sign of Peace. Communion from the chalice will be available only to those with gluten sensitivities. I urge them to contact me so that we can find a solution that meets their needs. I expect these measures to be temporary, and will continue to examine them on a regular basis. Thank you for your understanding, and concern for the safety of your parish family.

Pax et Bonum,



Fr Mosimann

Stations of the Cross

Beginning on February 16, Stations of the Cross will take place every Friday evening during Lent. Stations will be at 7pm in English and at 7:30pm in Spanish. On March 2 the First Friday Evening Mass will follow the Spanish Stations of the Cross.

Our Lenten Soup Suppers also take place in the Parish Life Center on each Friday during Lent from 6 to 7:30pm. Share a Lenten penitential meal of soup and bread with your parish family, and share what you would have spent on dinner that night with those in need. All free-will offerings received are given to charity. Bring the whole family to enjoy good soup and good fellowship and then spend time with Our Lord in prayer.

Saint Mary Photo Contest - Last Call

Photos can be of any subject of your choosing: family, landscape, people or places that you visited last year. With the help of a parish professional photographer, I will be the judge of the pictures and pick a grand prize winner and some runner up pictures which will be displayed in the Narthex (and/or perhaps in the bulletin or on the website). Prizes will be Scrip Gift cards, so that you can have your pick of where to spend! (If there are sufficient photos submitted, I will give out prizes in categories like: 'young photographers,' or 'Sacred,' or 'Landscape').

To submit a picture (or more than one, but please not more than 10 per person). Send them by email to me at, frmosimann@stmaryfred.org. **Include with the picture:** the photographer's name (and age if you want to be eligible for the 'young' photographer prize). Also, please tell me where and when the picture was taken. If you prefer, you could put them onto a CD and drop them off at the office. Or, if you are really old school and prefer film, drop off a copy of pictures here at the parish office. **Deadline for submission is February 12th** (just before Lent).

holy cross academy

National Day of Giving Results!

We are very grateful for the support we received from our parish family for the National Day of Giving to Catholic Schools. We received the **HIGHEST** number of donations (158) of all the Catholic Schools in the country and raised the **SECOND** highest amount (\$22,280). We far surpassed our goal and exceeded our matching grant. With the matching grant, giving day, and donations received, our grand total is \$41,796.34. What an amazing community we have!

Successful Catholic Schools Week

Our Catholic Schools Week was a great success. We started with a prayer service, asking God's blessings on our school and parish, our families, our country and all our intentions. During the week we expressed our appreciation to our cafeteria and maintenance staff, our principal, assistant principal and preschool director and all those who support and help us.

20th Anniversary Celebration

On Sunday, Feb. 25, we will be celebrating our 20th anniversary at Holy Cross. We would love to have you join us, 3-5pm. All are welcome!



A National
Blue Ribbon
School of
Excellence



lent & holy week calendar

Confession Schedule Lent and Holy Week



The complete schedule of confessions is found in the calendar to the right.



All Parishioners are kindly requested to please plan confessions as early as possible in the season of Lent in order to avoid overwhelming last-minute crowds.

Please note: There are no confessions during Masses in the church. Also, there will be NO confessions after 2pm on Good Friday, nor on Holy Saturday.

STATIONS of the CROSS
in English are prayed on
Fridays of Lent at 7pm.

Horario para Confesiones durante Cuaresma y Semana Santa



Puede encontrar el horario completo de confesiones en el calendario a la derecha. →

Favor de planificar sus confesiones lo más pronto posible para evitar dificultades a última hora.

Recuerde, que NO habrá confesiones después de 2pm el Viernes Santo, NI en Sábado Santo.

Tendremos EL VIA CRUCIS
en español cada viernes
durante la cuaresma a las 7:30pm
(Primero Viernes, 10 de marzo, a las 7:30pm)

SUN	MON	TUE	WED	THU	FRI	SAT
February			14 ASH WED	15	16	17 8am 3:30pm
18 1st SUN	19	20	21 6:30 - 8:30pm	22	23	24 8am 3:30pm
25 2nd SUN	26	27	28 6:30 - 8:30pm	March		
				1	2	3 8am 3:30pm
4 3rd SUN	5	6	7 6:30 - 8:30pm	8	9	10 8am 3:30pm
11 4th SUN	12 RE Confessions	13 Extra Confessions 6:30-8:30pm RE Confessions	14 6:30 - 8:30pm RE Confessions	15 Extra Confessions 6:30-8:30pm RE Confessions	16 Extra Confessions 6:30-8:30pm	17 8am 3:30pm
18 5th SUN	19 Extra Confessions 6:30-8:30pm	20 Extra Confessions 6:30-8:30pm	21 6:30 - 8:30pm	22	23	24 8am 3:30pm
25 PALM SUNDAY	26 Extra Confessions 6:30-8:30pm	27 Extra Confessions 6:30-8:30pm	28 6:30 - 8:30pm	29 HOLY THURS	30 GOOD FRIDAY	31
April			3	4	5	6
1 EASTER SUNDAY	2					7

The discipline of the Church includes abstaining from meat on Fridays during Lent (solid purple days) and fasting and abstaining from meat on Ash Wednesday and Good Friday. Fasting includes one regular meal, and the other two small meals are not to exceed a regular meal in quantity, with nothing between meals.



Holy Thursday

MARCH 29

(No 6:30 or 9am Masses)

8:00AM

Office of Readings and Morning Prayer (Liturgy of the Hours)

7:30PM

Mass of the Lord's Supper

The concelebrated Mass of the Lord's Supper commemorates the institution of the Eucharist and the Priesthood by Jesus at the Last Supper. The commandment of love is symbolized by the Mandatum, or footwashing, where Jesus teaches, "As I have done, so must you also do." Parishioners are encouraged to join in the ancient procession of the Blessed Sacrament to its place of repose in the Parish Life Center, where adoration will continue until midnight as we accompany Jesus in his agony in the Garden of Gethsemane.

11:45PM

Night Prayer (Liturgy of the Hours)

Night Prayer will conclude Eucharistic Adoration in the Activity Center.

Good Friday

MARCH 30

(No 6:30 or 9am Masses)

8:00AM

Office of Readings / Morning Prayer

12:00 - 2:30PM

"Tre Ore," The Seven Last Words

Although not a part of the formal observance of the Sacred Triduum Rites as such, this is a traditional custom of many churches. The seven last words of Jesus as he is crucified on the cross are presented every 25 minutes, each with a congregational hymn and choral selections. Clergy will give a reflection for each of the words of Jesus and the Three Hours will conclude with the public praying of the Stations of the Cross.

3:00PM

The Passion and Veneration of the Holy Cross (English)

We assemble in observance of Christ's saving death, by reading the narrative of his Passion, praying for the Universal Church, venerating his Cross in this ancient Rite and receiving Holy Communion which was consecrated on the previous evening at the Mass of the Lord's Supper.

The Good Friday collection assists the maintenance of the Shrines in the Holy Land.

7:00PM

Stations of the Cross

7:30PM

El Via Crucis (En Español)

10:00PM

Night Prayer (Liturgy of the Hours)

Holy Saturday

MARCH 31

(No 9am, 5pm or 7pm Masses)

8:00AM

Office of Readings and Morning Prayer (Liturgy of the Hours)

11:00AM

The Blessing of Easter Food

For those who practice the beautiful Eastern European custom of having Easter foods blessed, please place baskets of traditional foods on the steps along the front of the altar.

8:30PM

The Vigil of the Resurrection of the Lord

What Sunday is to the week, Easter Sunday is to the year. This holiest of nights we celebrate the victory over death and promise of eternal life given to us by Jesus Christ in his resurrection from the dead. The Liturgy

includes the Service of Light, the Vigil of Readings and Psalms, the Celebration of the Sacraments of Baptism and Confirmation for those who have prepared all year for initiation in the Catholic Church, and Liturgy of the Eucharist. Please note the unusual time that we begin: it marks the end of twilight and the beginning of the Solemnity of Easter Sunday.

A reception welcoming new members of the Church follows in the Activity Center.

Easter Sunday

APRIL 1

8:00, 10:15AM, AND

12:30PM (BILINGUAL/BILINGUE)

The Resurrection of the Lord

**ALL Masses will be at the
Fredericksburg Expo Center**

*Please note: there will be NO 2pm
nor 5pm or 7pm Mass on
Easter Sunday!*

Masses will not be held at the church or at Holy Cross Academy on Easter Sunday.

parish life religious education

St. Mary Souper Bowl 2018

Thanks to all who participated in the first St. Mary Souper Bowl 2018. The response was excellent!

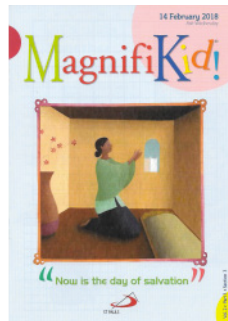
Magnifikid

Parents please encourage your 6-12 year old children to get a copy of MagnifiKid in the vestibule when they attend Sunday Mass and on Ash Wednesday.

February 11



February 14



February 18



FORMED PICK OF THE WEEK

A Lent to Remember

A Lenten Encounter with Mercy

A Lent to Remember is a beautiful presentation of the transforming power of mercy in the Sacrament of Confession, using the Augustine Institute productions *Symbolon* and *Forgiven*. No matter what you have done, no matter how long you have been away, Jesus is waiting for you with open arms this Lent!

Watch on formed.org



"This presentation on forgiveness is about as good a lesson as any I have ever heard. The final lines closed the deal for me: 'One of the most powerful things that could happen to any of us is that moment when we know we do not deserve to be loved, and despite that, we are loved anyway.'"

—Mike M, Port Neches, TX



FORMED® THE CATHOLIC FAITH. ON DEMAND.

JOIN FORMED

1. formed.org 2. click register 3. enter parish code: **F6F228**



We invite all Christians to gather in the peace of Christ at St. Mary **Monday, February 12** as we "prepare a place for unity and peace" together.

You are invited to a monthly gathering of prayer in the ecumenical tradition of the Taizé Community in France, the second Monday of every month at 8:15pm.

It is our hope that this monthly prayer brings together Christians of all churches, pastors and flocks, as together we realize a bit more each day that we must rely upon God's power to bring about Unity among all who follow Jesus, "as he and the Father are one." It is something we are unable to do ourselves.

This Unity which embraces all people stands at the very heart of Christ's mission...and belongs to the essence of our community. Let us provide a place where his Spirit can come and fulfill his plan for us.

our parish get involved

CCW Springtime Activities

Excitement fills the air as the CCW is busy planning our spring activities and invites anyone who would enjoy sharing time and energy with other active members to please join us.

Mark your calendar for our next General meeting on February 20. Christen Gallik will speak to us about "Serving the Community."

Please be ready to mark your calendar as dates are finalized for these upcoming events:

- 1) Lenten Soup Supper
- 2) Bible Museum trip
- 3) Baby Shower
- 4) Yard Sale

Mañana de reflexión para prepararse para la Cuaresma

Día: sábado, 10 de febrero
Lugar: Centro de Vida Parroquial
Hora : 8:00 de la mañana a 12:00 del mediodía.

El Padre Colin nos hablará de cómo prepararnos durante el tiempo de Cuaresma con ayuno y oración. ¡Los esperamos!

Pilgrim Virgin Statue

Would you like to have the Pilgrim Virgin Statue visit your home? Please contact Mary Lou Felts, 571-723-3333 or mary-loufelts@gmail.com for more information. This is one of the works done by the Legion of Mary.

2018 Bishop's Lenten Appeal

"Living in Faith - Giving in Gratitude"

Next weekend, each family in our parish will be asked to complete a Bishop's Lenten Appeal (BLA) pledge form at Mass. If you have already donated through the mail or online or are not able to participate, there will be places to note that on the form. The BLA provides support to thousands of people, some of whom may be sitting next to you at Mass each week. Thank you for your consideration of a pledge for this year's Bishop's Lenten Appeal. Every pledge is important! Thank you!

SAINT MARY OF THE IMMACULATE CONCEPTION PARISH NIGHT OUT

CELEBRATING OUR 160TH ANNIVERSARY

5.18.18

ANDREW THIELEN BIG BAND

JEPSON ALUMNI CENTER AT UMW

Tickets on Sale Now!

Give your Valentine a special date to look forward to! Tickets are \$75.00 per person. This includes dinner, cash bar, and dancing to the music of the Andrew Thielen Big Band.

Take advantage of our "early bird" special- ten tickets for the price of nine. Gather friends or family to fill your table. Please contact Marty Bridi before February 28 to take advantage of this special (540)373-0259.



HIGH SCHOOL
**WINTER
RETREAT**

FEBRUARY 23 - 25
Toano, VA
\$50 and a Permission Slip

Stay Up-to-Date

Be sure to stay in the know with St. Mary CYM by visiting stmaryfred.org/youth-ministry

StMaryCYM    

parish life get involved

Calling All Great Men!

ALL MEN are invited to the Men's Conference on March 3. This year's conference – entitled Marked Men: Made For Greatness – will feature one of the most celebrated Catholic speakers in the world of social media: Fr. Mike Schmitz, who will be joined by Bishop Burbidge and Billy Atwell, Chief Communications Officer of the Diocese. Continental breakfast and lunch will be provided. To REGISTER, go to arlingtondiocese.org/men. Registration is open. Make sure to get your slots ASAP as seats get filled quite quickly!

Walking With Purpose Women's Bible Study: Living in the Father's Love

Do you sometimes doubt if God really loves you? Are you searching for purpose? Do you struggle to measure up to our culture's definition of beauty? Is there someone you need to forgive, but you don't know how?

Living in the Father's Love, a six-week Bible study, is the ideal way to revive and refresh yourself this season. In this brief but powerful study, we discover just how much God loves us and how the Gospels are deeply relevant to our relationships, not only with God, but also with those we love.

Mondays during Lent
(February 19-March 26)
9:45–11:30am - Father Don Meeting Room
Limited to 15 women. Please register with the parish office. Cost of the book is \$10.
For more information, contact Lori Mattson at lmattson@acumen-ea.com.

Do you want to become a CITIZEN?

Apply now! Come to a citizenship application workshop hosted by Catholic Charities Hogar Immigrant Services. March 3, doors open 10am-1pm. St. Anthony Catholic School. Cost is \$110, cash or credit. Please contact (571) 208-1572 or hogarimmigrantservices.org/ workshop to pre-register.

2018 Diocesan Young Adult Retreat

All Young Adults (ages 21-39) are invited to the 2018 Diocesan Young Adult Retreat starting on Friday, February 23rd and ending on Sunday, February 25th. The retreat, titled, "Conversing with God," will be held at San Damiano Spiritual Life Center and led by Fr. Eric de la Pena, OFM Conv. A single occupancy room costs \$200, and a double occupancy room costs \$150 per person. If you have any questions, please email Brendan Gotta at B.Gotta@arlingtondiocese.org or call (703)-841-2549.

The Micah Furniture Bank

If you have furniture items to donate that are in good usable condition, the Micah Furniture Bank would be happy to receive them. Furniture items are given to previously homeless individuals who are now in housing. To donate items, please contact the Furniture Bank hotline directly at 540-693-0472 or schedule a donation on-line at dolovewalk.net.

Lenten Small Groups: Prayer, Finding Intimacy with God

This weekend we continue welcoming Hosts who would like to gather a small group

of colleagues, friends or family members during Lent to meet, discuss and share the reflections on this year's Lenten Small Group Program, "Prayer, Finding Intimacy with God."

There will be two ways to sign up: go to signupgenius.com and search using the host email: jflorio@stmaryfred.org; or call the Parish Office.

We also invite individuals who are interested but don't have a group. They may review the list of hosts on sign up genius to find a convenient group, then call the Parish Office to be placed on the list.

Groups can be three to twelve people: might be existing ministry groups, Lenten Small Groups from last year, Bible study groups, Called and Gifted Small Groups or those who may participated in the C&G workshop but missed an opportunity, etc. Groups meet in homes or any comfortable, casual setting. "Prayer, Finding Intimacy with God", a six-week series, "captures the secret to opening our hearts and minds to Scripture as the means to hear from God and then respond in conversation, basking in his presence and resolving to live in and through his love."

The program is entirely on-line. No training is required. Sign up today!

Participation is **FREE**, but requires registration in FORMED to access materials: **1. Go to formed.org** **2. Click register** **3. Enter parish code: F6F228**

our parish

february share

THEOLOGY ON TAP

featured speaker

**MICHAEL
HORNE, PSYD**

Discussion Topic

**BUILDING
ENGAGED
FAMILIES**

**ADVENTURE
BREWING
SOUTH**

**MONDAY,
FEBRUARY 19
6-9PM**

ALL ARE WELCOME

Welcome to SHARE at St. Mary Parish!

Order Deadline: February 12

Food Pick-Up: February 24

This is a food cooperative program with a community service requirement. Package Pick-up is typically the fourth Saturday of the month at the Parish Life Center between 8-9am. The following month's menu will be available at the time of pick-up.

Please contact Rick Caporali for more information and details, rcaporali@stbernpar.org.

Value Package \$22

(2 hrs community service)

Fresh-frozen Ground Beef 85/15, 1.25 lbs
Chicken Tenderloins, 1.25 lbs
Turkey Burgers, 6-5.3oz burgers - 2lbs
Pollock Breaded Nuggets 1.25lbs
Plus 8-12 pounds of the freshest fruits and vegetables we can find for you and your family

Seafood Medley \$25

(2 hrs community service)

Tilapia Filets, 1.5 lbs,
Pollock Filets 1.5 lbs,
Salmon Filet 1 lb
Large Breaded Shrimp 1 lb

Sirloin Steak Box \$25

(2 hrs Community Service)

8-8 oz. Steaks

Desserts \$14

(2 hrs Community Service)

Chocolate Chip Cookie Dough (enough to make 4 dozen cookies)
4 Lemon Drop Cupcakes,
4 White Velvet Cupcakes and
1 Blueberry Pie

*Menu items are always subject to change.
When we must substitute, we try to give better value.*



SHARE Order Form

Value Package (\$22)

_____ x \$22. = \$ _____

Seafood Medley (\$22)

_____ x \$22. = \$ _____

Sirloin Steak Box (\$25)

_____ x \$25. = \$ _____

Desserts (\$14)

_____ x \$14. = \$ _____

TOTAL: \$ _____

Name _____

address _____

city _____ state _____ zip _____

email _____

cell/phone _____

Community Service Hours:

_____ hrs Church	_____ Host site
_____ hrs Youth	_____ Transport
_____ hrs Shelter	_____ Comm. Dinner
_____ hrs Seniors	_____ Vincent de Paul
_____ hrs Micah	_____ MW Hospital
_____ hrs School	_____ Parish Ministry
_____ hrs Community Service	
_____ hrs Other	_____ hrs Other

PAYMENT METHODS:

CASH or MONEY ORDER.

No CHECKS; Payment due when order is placed.

Money Orders should be made to: SHARE FOOD NETWORK.

our parish get involved



Bishop's Lenten Appeal 2018

Living in Faith ~ Giving in Gratitude

Dear Brothers and Sisters in Christ,

The Bishop's Lenten Appeal (BLA) supports works of evangelization and ministries that provide spiritual, educational and charitable assistance to thousands of men, women and children across our diocese. The theme for the 2018 BLA is Living in Faith ~ Giving in Gratitude, which encourages us to be grateful for the many blessings we have received from God, including our Catholic faith!

The success of the BLA depends upon being faithful stewards and generously giving according to the measure by which we are blessed. I ask you to reflect with gratitude upon the gifts you have been given and to pray for Our Lord's guidance as you consider a sacrificial pledge to the 2018 Bishop's Lenten Appeal.

Please be assured of my gratitude and continued prayers.

May Almighty God bless and protect you always,

Sincerely in Christ,

Most Reverend Michael F. Burbidge

Bishop of Arlington

Plan Ahead to Attend a Lenten Weekend Retreat at Loyola

Loyola retreats are conducted in an atmosphere of prayerful silence and include generous amounts of time for prayer, personal reflection and the cultivation of a deep relationship with God. The retreat is open to anyone who is seeking a deeper relationship with God in prayer. It also provides for daily Eucharist and celebrating the Sacrament of Reconciliation on Friday and Saturday. Loyola on the Potomac is located in Faulkner, Maryland 20632.

This year's retreat theme is entitled: "Come, Follow Me!" The life of a disciple of Jesus is a life of commitment. This life is at once beautiful and challenging. Difficulties often arise, whether from success or failure. Nevertheless, Jesus always calls us again. This retreat will invite us to hear Jesus' call to us now, and to respond to it.

Men's Retreat—March 2-4 (during Lent). **Women's Retreat—March 9-11** (during Lent). The retreats begin on Friday's with check in and Confessions from 5-6:30pm, an orientation at 6:45pm and dinner at 7pm and concludes with lunch on Sunday following Mass. The suggested offering for the Retreat is \$245. A payment plan is available. Special Retreat Fee of \$195 for any retreatant making their 1st retreat at Loyola and to "young adults" retreatants up to age 30. Contact Len or Sylvia Fontenot for more info: 540-663-2261 or email lensyl1966@verizon.net. To register, go to loyolaonthepotomac.com

our parish happenings

Micah Cold Weather Shelter

The Micah Cold Weather Shelter opened for the winter season on November 15 and will remain open each evening until mid- to late-March. Teams of Saint Mary volunteers assist on Tuesday evenings by greeting and checking in clients, setting up sleeping areas, and providing hospitality for the 30+ individuals that utilize the facility. Each participating church is asked to bring 3 dozen items (white socks, small toiletries, etc.). Saint Mary is asked to collect donations of men's boxer underwear sizes medium and large. Please consider how you might be able to support this need—all donations are gratefully accepted at our Parish Office. Although it is a good thing that the temporary shelter is available during the harsh winter months, it highlights the continuing need for sustainable housing and support mechanisms in our community. For more information about community efforts to help the homeless, please visit Micah Ecumenical Ministries, dolove-walk.net or Thurman-Brisben Homeless Shelter, thurmanbrisbencentcenter.org

Men: Are You Ready to Accept the Challenge?

Our communities need strong Catholic men to answer the call to lead with faith, protection of families, service to others and to defend our values.

For over one hundred years, Knights of Columbus have done exactly that, standing up for the Church, serving the least among us, and strengthening our parishes and families. Eligible Catholic men can now

join the Knights of Columbus online in a simple, streamlined process.

As a member, you join a worldwide community of nearly two million men, including tens of thousands here in Virginia, who stand together.

Men have a duty to lead, protect, serve and defend. The world needs more committed, unified Catholic men to answer the call. Will you answer?

Visit kofc.org/joinus to learn more about the many benefits of membership in the Knights of Columbus.

Book Club

Voices of Women of the Cloth by Claire C. Curcio is the February 13 selection for the parish book club when it meets at 10am in the St. John Paul II House. This collection of interviews presents the personal narratives of nineteen clergywomen in the United States, sharing how they became members of the cloth. For more information, contact Mary Kenney at 898-0372.

Micah Furniture Bank Help Wanted

Help needed on Saturday, February 17, 9am-12pm. We are in need of people (teens encouraged) to help pick-up or deliver items to/from the Micah Furniture Bank. Our St. Mary's Team meets at 9am at the Micah Warehouse off of Lafayette Street. Please contact Rich LaRoche for more information at stone48@verizon.net. Thank you!

Bishop's Lenten Appeal Committee

We will need help organizing and sorting paperwork for the Lenten Appeal. If you are

interested in giving of your time for this "seasonal" service we would love to have you join us. Please contact Elaine Stanislawski for more information at estanislowski@stmaryfred.org

Join Global Prayer

With faith in the power of prayer, this Global Prayer Ministry acknowledges the Power of praying together. The Ministry works through social media to connect people to pray for a common intention. As a member of Global Prayer, you will receive the week's intention from the Coordinator each Wednesday and Friday. Then, at noon on Friday, wherever you happen to be, we ask that you spend 10 minutes or so with our online community, praying for the week's intention. Our prayers are now being expanded beyond global faith concerns to include prayers for the health and healing of our local parishioners and faith community. We are reaching out for you to join. Become part of the Global Prayer Ministry with others throughout our Parish and community. For those that do not text but wish to join, you can do so via the internet. To sign up, please visit: app.flocknote.com/stmaryfredericksburg Select "Global Prayer", then select the green + to add your email or simply text "Prayer" to 845-76 to receive as a text.

our parish happenings

Helpful Hints & Reminders

Did you know that when you write a check, you should use only black or blue ink? All other colors may look very nice, but they don't show up on bank scanners and bank employees have to manually enter the amount at the bottom of the check. So please use only black or blue ink when writing a check.

When you receive your 2017 contribution statement, did you notice that one or more of the collections may have shown only a penny as your contribution? That's because when the envelope was received for posting in our database, no amount was written on the envelope, so a penny was entered to show that an envelope was received but the amount was unknown. Don't forget to write the amount of your contribution on the outside of your contribution envelope. Also, due to a database change from desktop to online, the posting of contributions to each parishioner's record was delayed several months...in case you're wondering about the later dates for some contributions.

From time to time we receive contributions in envelopes from other parishes in the Diocese. If there is no notation, it is our policy to send these contributions to the parish indicated on the envelope. If your contribution is actually meant for St. Mary, please be sure to use St. Mary envelopes, or a plain envelope with your name and address indicated, or cross out the name of the parish on the envelope and clearly write St. Mary on the envelope so that we can process your contribution properly.

Souper Bowl Win

Thank you to our amazingly generous parishioners for supporting our 1st Annual Souper Bowl! We collected over 1,000 cans of soup to help feed those in need. Thank you also to the Outreach Committee for their tireless service!



LIFE Runners

LIFE Runners pray and run or walk to defend Life from conception to natural death... All In Christ for Pro-Life! Sign up to get your "REMEMBER The Unborn, Jer 1:5" jersey and team updates/devotions. Join the local chapter by signing up at liferunners.org/signup and selecting "VA-Fredericksburg" for the chapter. Invite other runners and walkers to join us. For additional information contact your local chapter leader Pearl Esquibel at crypea@aol.com.



Operation Rice Bowl - Encounter Lent Companions on the Journey

Join our faith community – and nearly 14,000 Catholic communities across the United States – in a life-changing Lenten journey of encounter with CRS Rice Bowl. Pick up your family's CRS Rice Bowl from vestibule of the Church, and don't forget to download the CRS Rice Bowl app! May these 40 days better prepare us to encounter ourselves, our neighbors and our God. For more information and resources, visit <http://www.crsricebowl.org/families>.

As we look ahead to our Lenten journey, may our fasting be a hunger for justice, our alms an offering of peace, and our prayers a reflection of humble and grateful hearts. We ask the Holy Spirit to accompany us as we spend these 40 days reflecting on what it means to be companions on the journey to encounter our global human family. How may this encounter with our neighbor transform our own lives? How may our prayers, fasting and almsgiving support those worldwide who are forced to flee their homes for safety or better opportunities? We ask this through our Lord Jesus Christ, who lives and reigns with the Father and the Holy Spirit, one God forever and ever. Amen.

our diocese happenings

You can advocate for life, school choice, common good at upcoming events

Advocates will have numerous chances to speak up for life, justice, school choice and the common good this winter, beginning January 10, when the Virginia General Assembly's 2018 session begins.

For more information visit vacatholic.org/ Join the **VCC advocacy network**, and to follow VACC on Facebook and Twitter.

In prayer and in public, your voices are urgently needed to bring Gospel values to bear on vital decisions being made by those who represent you.

The Virginia Catholic Conference is the public policy agency representing Virginia's Catholic bishops and their two dioceses.



St. Jude Fish Fry

The St. Jude Council of the Knights of Columbus will hold a Lenten Fish Fry the first Friday of Lent, February 16, 4-7pm in the church Activity Center. Enjoy a traditional penitential meal of fresh deep fried fish [cod, tilapia and catfish], fries, hush puppies, coleslaw, beverage, Irish soda bread, and corn bread. New oil, and big portions. Price is \$10 for adults and \$5 for children 12 and under. Family price is \$30. Sit in or take out. Tickets will be sold only at the door. Half of the net proceeds will be donated to the new St. Jude Church.

Holy Land Pilgrimage with Fr. Jerry Wooton

Fr. Jerry Wooton, Parochial Vicar at St Patrick Parish, will be leading a Holy Land Pilgrimage from October 1-12, 2018. The price is \$2899 all inclusive, and the trip will visit such sites as Nazareth, Capernaum, Jerusalem, and Petra, Jordan. Please contact Fr. Wooton at 202-277-2888 if you're interested.

Come together for Virginia.

Virginia Vespers: Evening Prayer for the Commonwealth

Virginia's Catholic bishops and the Virginia Catholic Conference invite legislators and other officials of all faiths, educators, social service practitioners, parishioners and all to join them at the Cathedral of the Sacred Heart in Richmond to pray for the Commonwealth.

Join Bishop Michael Burbidge and Bishop-Designate Barry Knestout for Vespers at 5pm, Thursday, February 15. Reception follows.

800 S. Cathedral Place, Richmond, VA
Free shuttle service is available at the Virginia Capitol Visitors' entrance at 10th and Bank Streets, and parking is available at the garage at North Laurel and West Main Streets, one block away.



operations given in love

Weekly Offertory

Collections for February 4

Offertory Collection	\$36,111
Church in Latin America (add'l)	\$2,767
Arlington Catholic Herald	\$3,159
St. Vincent de Paul Poor Box	\$432

Thank you for your generosity!

Aid to the Church in Central & Eastern Europe "Restore The Church – Build The Future"

Ash Wednesday - February 14

This Wednesday we will take up the Collection for the Church in Central and Eastern Europe. For many in the Church in Central and Eastern Europe, as well as parts of Asia, the aftermath of 70 years of Soviet rule is still felt in the form of poverty, infrequent pastoral care, and lack of buildings in which the faithful can worship. Your support is needed to strengthen the Church in this region through grants that promote ministries for children and families, create affordable housing, and provide a cultural and spiritual education. Please be generous in your parish collection. Your gift will continue to restore the Church and build the future in Central and Eastern Europe. Please give generously to the Collection on Ash Wednesday. Visit usccb.org/ccce to learn more.

National Collection For U. S. Black & Indian Missions

"Building Our Mission To The Missions" February 17 & 18

Established in 1884 as the embodiment of the Church's concern for evangelizing the Black and Indian peoples of the United States and the Eskimo and Aleut peoples of Alaska, the Black and Indian Mission Office has been able to distribute assistance to 132 Dioceses through the generosity of this parish and parishes throughout the United States. Your support provides the presence of missionaries here in African American, Native American, and Alaska Native missions, schools, and religious education programs. Your partnership places Bibles and catechetical materials in the hands of priests, consecrated women and men, and lay leaders in Black Catholic communities in the Diocese of Jackson, Mississippi; in Native American pueblos in the Archdiocese of Santa Fe, New Mexico; to the far reaching villages of Alaska; and so many other places. Your sacrifice addresses the need to train catechists, permanent deacons, and seminarians for future generations here in many of our neighborhoods and backyards.

Children's Offertory Envelopes For February

The children's charity that will benefit from the offering in February is Hazelwild Farm's Therapeutic Riding Program. The program offers specialized horseback riding lessons for all ages of riders with a wide range of physical, cognitive and emotional disabilities. The lessons increase stability, flexibility, strength, motor skills, cognitive ability and

confidence for the riders, along with providing many other physical and emotional benefits. For more information, go to hazelwildfarm.com.

Choose Life Reflection

Heavenly Father, bless all expectant mothers who are placing their children for adoption and who may also be young and afraid. They love their children so much that they are willing to place them with a loving family. Bless, too, all the women who already have shown the sacrificial nature of a mother's love in making adoption plans for their children. Give them all your courage and your peace, through Christ our Lord. Amen.

Adoration of the Blessed Sacrament

Wednesday 12:30pm to Friday 9am

"Jesus speaks in the silence of the mystery of the Eucharist and reminds us each time that following him means going out of ourselves and making our lives not something we 'possess,' but a gift to him and to others."

– Pope Francis

Come and adore Our Lord in the most beautiful Blessed Sacrament of the Altar. We have continuous Exposition of the Blessed Sacrament every Wednesday after the 12 Noon Mass until Friday morning before the 9am Mass. At least two people must be present with Our Lord at all times during Adoration.

liturgy daily bread

eGiving

Thank you for being a part of our St. Mary of the Immaculate Conception family. As we begin a New Year, we hope you will consider enrolling in eGiving through Faith Direct so that your gift can reach us even when you cannot. Visit faithdirect.net and use our church code: **VA635**. Thank you for your continued support of our parish family



Al Anon Surviving the Weekend Group

All who have been affected by someone else's drinking, and members come together to learn a better way of life and how to find happiness. It's important to know that you are not alone and there is help. **Al Anon meetings are every Saturday at 10am in Room 204 of St. Mary's Parish Life Center.**

Nar Anon Support Available

Nar Anon is a program that offers support to family members and friends of loved ones struggling with substance abuse. All information and discussion is non-judgemental, informative and strictly confidential. Our meetings are in **Room 204 in the Parish Life Center on Thursday from 7-8pm** and are open to the community at large. **Contact Cathy at 703-2018821, burgh757@gmail.com or Wayne at 540-840-5230.**

Saint Mary prayer list

Please pray for those who are sick or in need,

especially: Re MacArthur, Theresa Petrill, Gerard Fitzpatrick, Christina Wiley, Maureen Mizzles, Charles Dittmer, Bernice Douglas, Miles Wood, Bruce Mattern, Maria Wood, Shannon Triola, David Marcs, Roseanne Mash, Jeanne Burke, Indira Murillo, Christie Greenwell, Holly Smith, Anthony Yantiss, Larry Dillman, James Evans, Gabriel Galarza-Torres, Keith Kovalefsky, Joaquin Perez, Amber Moser, Stan Guzik, Barbara Butler, Mary Walsh, Elizabeth Murray, Jacqueline Murray, Robert Gomer, Carla Gomer, Robert Arthur Ouellette, Douglas Meyer, Betsy Murray, Monica Hannan, Eldon Ulmer, Linda Jamison, Karla Dorsey, Maria Eliza Franca Maciel, Eileen Bourne, Marty T., David A, Pedro Rios, Cathy Burgh, Roger Dewayne, Angus Johnson, Peter Wood, Jude Murphy, Paula Snellings, Mary Jean & Don Williams, Harold Gardiner, Gerald Gardiner, Tina Ott, Michael Carr, Stephen Daley, Deanna White, Maria Stein, Elizabeth Davis, Jeanette Williams, Deborah June King, Ann Gallagher, Robert & Britani Horner, John D. Zaloudek, Mary Ulmer, Antonio Christianson, Thomas Moeller, Marianne Ford, Ortiz Family, Maryann Seidlinger, William Hackbarth, John Michael Ides, Sylvia Pressley, Tamlyn Leaf, Matthew Roberts, Deanna Uperti, Gabriela Mason, Maria Stine, Joy & Larry Klighman, David Duke, Dennis Morris, James Murphy, Joan Cheek, Ted Mayor, Tim Conway, Billy LaPietra, Bob Rekowski & Family, Daniel Bustamonta, Maryann Devenas, Frank Spatt, Micheal Chen, Joseph Stefano, Fred Becker, Chuck Boyer, Maria Celia Brandao Lage, Leah Sapphire, Felicity Stanfield, Michael Kraljevich, Steve Zawisa, Casey Roby, Calvin Mills, Mary Jean Mills, Elise Velez, Tracey Hansen, Elizabeth Ames, Aleisa Barber, George Dittmer, David Arnold, Maryann Greatsinger, Antonio Ferrara, Wilson and Joan Parker, Emma Gilbert, Virginia Gannon, Maureen Guilfoyle, Daniel Burke, Katherine Perusi, Dorie Lee, Christopher Szyal, Joy Zerby, Mariah Ceidlinger, Kelly Carperter-Silvers, Suzi Eggleston, Bernad Castillo, Nancy Buhite, Michael Durant, Matthew Gomer, Tricia Davis

Please pray for all the men and women in our military and civilian support services overseas,

especially: Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Sean Plunkett, Roy Selvidge, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Nelly Garcia, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Brian Mahoney, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

Daily Mass Intentions and Readings

February

12 MONDAY

6:30am Mable Davis+
9:00am Addie Comerford+
Jas 1:1-11/Mk 8:11-13

13 TUESDAY

6:30am Ann Carlo+
9:00am Stanley J. Guzik+
Jas 1:12-18/Mk 8:14-21

14 WEDNESDAY

6:30am Cathy Domergue+
9:00am Roseanne Burke+
12:00pm Wilma P. Venable+
6:00pm Francisco Martinez+
7:30pm NEEDED
Jl 2:12-18/2 Cor 5:20-6:2/Mt 6:1-18

15 THURSDAY

6:30am John Downey+
9:00am Kim Eversole+
Dt 30:15-20/Lk 9:22-25

16 FRIDAY

6:30am Kellie Bordelon+
8:15am* NEEDED
9:00am Ruth Stellino+
Is 58:1-9a/Mt 9:14-15

17 SATURDAY

9:00am Frank & Valerie Ugenti+
5:00pm John Arvai+
7:00pm Renee Herge
Is 58:9b-14/Lk 5:27-32

18 SUNDAY

7:00am Mary Linda Talak+
8:30am Ruth Stellino+
10:30am Vu & Trinh Family
10:30am* Marion Prince+
12:30pm Janie Sherry
2:30pm(sp) Napoleon & Flor Flores
5:00pm For Our Parish
7:00pm Khang Nguyen Family
Gn 9:8-15/1 Pt 3:18-22/Mk 1:12-15

* Indicates Mass at Holy Cross Academy

Please remember that Mass intentions may be requested at the parish office for any remaining Masses of the year. If dates are no longer available for the date you desire, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.