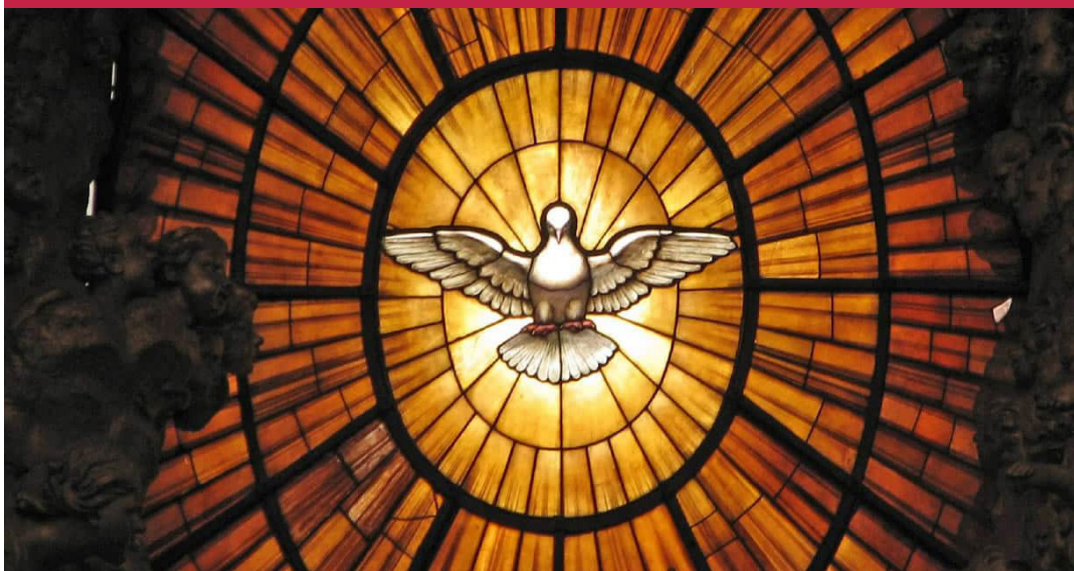


The Solemnity of Pentecost

May 20, 2018



Saint Mary of the Immaculate Conception Roman Catholic Church
FREDERICKSBURG, VIRGINIA

upcoming events



HOLY CROSS ACADEMY

May

20 SUNDAY, PENTECOST SUNDAY

Scrip on Sale after all Masses except 2pm

Join us for Coffee Shop after 7am, 8:30am, 10:30am, Mass

11:30am, Evangelization Meeting, Courtyard Meeting Room

12pm, Spanish Legion of Mary, Parish Life Center, Room 204

6pm, CYM Dinner and Youth Group

8pm, Solemn Vespers for Pentecost

21 Monday, The Blessed Virgin Mary, Mother of the Church (Seventh Week in Ordinary Time)

10:15am, Legion of Mary Our Lady of Perpetual Help Presidio, Parish Life Center, Room 100

1pm, Psalms Bible Study Courtyard Meeting Room

6pm, Theology on Tap presented by St Mary Young Adults, Adventure Brewing South

7:30pm, RCIA, Church

8:15pm, Taizé Prayer Service, Church

22 Tuesday, Weekday [Saint Rita of Cascia, Religious]

7:30pm, Life, Spirit, Courtyard Meeting Room

23 Wednesday, Weekday

9:45am, Wisdom Bible Study, Courtyard Meeting Room

3pm, Divine Mercy Devotions, Church

6:30pm, Bishop Barren Bible Study, Courtyard Meeting Room

6:30pm, YouCat, John Paul II House

6:30pm, Spanish Junior Legion of Mary, Parish Life Center, Main Hall

6:30pm, Confession, Church

24 Thursday, Weekday

9:30am, Craft Group in, Parish Life Center, Room 100

9:45am, Wisdom Bible Study, Courtyard Meeting Room

1pm, Birthright of Fredericksburg Meeting, Courtyard Meeting Room

7pm, Nar-Anon Meeting in, Parish Life Center, Room 204

25 Friday, Weekday [Saint Bede the Venerable, Priest & Doctor of the Church; Saint Gregory VII, Pope; Saint Mary Magdalene de' Pazzi, Virgin]

9am, St Anne Sisters in Faith, John Paul II House

7pm, Spanish Prayer Group, John Paul II House

26 Saturday, Saint Philip Neri, Priest

8am, Spanish Ministry Life, Spirit Seminar

8am, Confession, Church

10am, Al-Anon in, Parish Life Center, Room 204

11am, Baptisms, Church

3:30pm, Confession, Church

4pm, Spanish Prayer Group, John Paul II House

6pm, Scrip on Sale, Parish Life Center

pulpit announcements

nota bene (note well, please):

- Join us for vespers after the 7pm Mass this Sunday, May 20 for the Solemnity of Pentecost, as we celebrate the end of the Easter Season and a return to Ordinary Time.
- The next **Taize Prayer Service** will be held on **Monday, May 21**. *More information on page 8*
- **St Mary Young Adults** will be hosting the next **Theology on Tap, Monday, May 21** at Adventure Brewing South starting at 6pm. *Find more information on facebook - @stmaryfred.youngadults*
- See more wonderful (honorable mention) photos from the photo contest of the **St. Mary's First Annual Photo Contest** — *on pages 10-12.*
- Join in the engaging **Call to Evangelization series** — *more information on page 7.*
- Enjoy some images from our **May 5 Confirmation** — *images found on page 14*
- **Save the date! Our Annual Parish Picnic will be held Sunday, June 3** — *Find more information on page 9*
- **Save the date - Feast of Corpus Christi bi-lingual Mass at Holy Cross with procession, June 3** — *more information on page 7*
- **Save the date - All graduating seniors are invited to be recognized at Mass on June 10** - *more information on page 8*
- **You're invited! Mary's Shelter Annual Soirée** — *Find more information on page 15*

contact us

stmaryfred.org

SUNDAY MASS Saturday Vigil 5 & 7pm
Sunday 7, 8:30, 10:30am, 12:30,
2:30pm (Spanish), 5pm, 7pm
10:30am at Holy Cross Academy

DAILY MASS Mon.-Fri.: 6:30am, 9am
M/W/F: 12 Noon
Sat.: 9am
First Friday 8pm
Holy Days of Obligation, as announced

DEVOTIONS Adoration, Daily between 6:30am &
9am Mass,
Wednesday 12:30pm - Friday 9am
Miraculous Medal Novena, Mon., after
9am Mass, Divine Mercy, Wed., 3pm

CONFESSION Wed., 6:30-8:30pm;
Sat., 8am & 3:30pm, or by appt.

PARISH OFFICE 540-373-6491, fax 371-0251
stmary@stmaryfred.org
Mon.-Fri., 8:30am - 4:30pm;
students staff office weekdays until 9pm,
Saturdays 9-5pm, Sundays 9:30-1:30pm

Pastor, Fr. John Mosimann
Fr. Stephen Holmes
Fr. Colin Davis
Fr. Michael J.R. Kelly
Deacon Alberto Bernaola
Deacon Dick Delio

Operations Manager, Jim Florio
Business Manager, Elaine Stanislawski
Parish Secretary, Elizabeth Tellez
Director of Music, David Uschold

HOLY CROSS ACADEMY 540-286-1600
250 Stafford Lakes Parkway
Fredericksburg, Virginia 22406-7234
Principal, Sr. Susan Louise Eder, O.S.F.S.

ST. MARY PRESCHOOL 540-373-7553
Director, Nanci Scharf

RELIGIOUS EDUCATION OFFICE 540-373-6491
Director, Aristides Lucas
Associate Director, Karen Sturtevant

YOUTH MINISTRY 540-373-6491
Director, Leo Chavarria
Tatiana Beltran

OUTREACH 540-373-6491
Elena Doyle - outreach@stmaryfred.org

BAPTISMS Parish registration (90 days) and class
required.
Please contact the parish office to
schedule the date at least four weeks in
advance.

MARRIAGE Parish registration required; contact
parish six months in advance to begin
preparation.

JOIN US New Family Registration meetings held in
the Parish Life Center on fourth Sundays,
following the 10:30 Mass. Please notify us
of any contact changes.

Articles must be submitted two weeks prior to publication.
Send articles to bulletin@stmaryfred.org. Thanks!

from our pastor

pax et bonum

Dear Folks,

A Blessed Pentecost Sunday to you!

Let me think out loud here about the meaning of this feast. Sometimes folks say, 'where is that in the bible?' Or take great consolation and certitude that something is written in the bible, and thus it is true. In our hearts, we are consoled to know that there is a firmness to this teaching, as we can trace its roots to the word of God written in the bible.

But is this really the point? It is not about The Book.... It is about the person whose speaking was written down in The Book.

And when Jesus left, He didn't say, 'gather in prayer and I will send you a book.' He promised to send His Spirit. He promised to send a PERSON! He did that in power and might on Pentecost Sunday, and he does it in millions of ways every day. From Baptism to the grave, he never ceases to find ways to love us.

The Spirit is the one promised to remind the Apostles of all truth as they go out and teach all nations, baptizing, healing, blessing.

So when it comes to gifts (scripture, the church, blessings and all else holy), they are all means of God giving us Himself.

pax,



Fr Mosimann



2018 Lenten Soup Supper

Many thanks to our school, Holy Cross Academy, and members of our Music Ministry, our Youth Ministry, our Hispanic Ministry, our Council of Catholic Women and the Knights of Columbus who all gave so generously of their time and talents to make our Lenten Soup Suppers so special. The soups were delicious! And a very special thank you to all those who attended the Soup Suppers and donated so generously for our special charity. A total of \$1499.33 was raised to help support the education of the Jeeva Jyothy Seminarians in Father Sunny's Archdiocese of Changanacherry in Kerala, India, and we truly appreciate your Lenten sacrifice to help over 200 young men who are studying for the priesthood. May Our Risen Lord bless all of you with His many graces for your kindness, generosity and continued support.

May Adoration News

We are asking everyone to please use the sign in book when you visit for Adoration. This way we can see where we may need to add more permanent adorers.

Are you not able to commit to adoration on a weekly basis, but could help when we need a sub in our schedule? Consider joining our sub team.

Send an email to adoration@stmaryfred.org or leave a note in the adoration binder!

We could not offer Adoration without the support of our permanent adorers and our coordinators. Thank you so much for your leadership and loving commitment to our Lord.

If you are interested in making an ongoing commitment to Adoration, please email adoration@stmaryfred.org.



education holy cross academy

Muffins with Mom

Last week at Holy Cross Academy, we spent some time with our Moms at our annual Muffins with Mom. This is always a joyful day when we invite our Moms for a delicious breakfast with their children. Our faculty and staff are honored to serve our school Moms just in time for Mother's Day.

Crowning of Mary

Continuing one of Holy Cross's most beloved traditions, we celebrated Mary, our heavenly mother and queen, in our annual May Crowning. Each student was invited to bring some flowers to place before the statue of our Blessed Mother. Anna Wheatley was chosen by our eighth graders to place the crown on the statue of Mary in the name of all of us. Our First Communicants came in their First Communion outfits as we continue to celebrate their joy in the Eucharist. Each year, our eighth grade students dedicate themselves to Mary and ask her assistance as they move on to high school. This year, our students prayed:

Holy Mary, we thank you for setting an example for us to follow now and in the future. May we have the grace and strength to follow you. At this time in our lives, we ask for the courage necessary to keep our faith strong as we enter high school. Continue to remind us that we are never alone in life, especially as we face new adventures and challenges. May your strong faith be implemented in our lives, and guide us to make good choices as you did. In your Son's name, we pray. Amen.

Accepting Registrations

Saint Mary Preschool and Holy Cross Academy are a wonderful place to learn and grow. We hope that you will consider our parish school for your children. To learn more, we invite you to visit our school website, holycrossweb.com. If you would like to see what we can do for your child, please call our HCA office at 540-286-1600 or St. Mary Preschool at 540-373-7553 to arrange for a tour or to let us tell you all about our parish school. or St. Mary Preschool at 540-373-7553 to arrange for a tour or to let us tell you all about our parish school.



*A National
Blue Ribbon
School of
Excellence*

parish life

religious education

Magnifikid

"Come, Holy Spirit"

"This Sunday is the Feast of Pentecost, when we recall how Jesus sent the Holy Spirit to his disciples.... The Holy Spirit helps us understand God's Word and to live God's own life because he is the Spirit of love"

This week: Pray like we breathe. The word "Spirit" means breath. ... Pronounce the name "Jesus" as you inhale and then "Christ" as you exhale. Keep on doing this until you fall asleep."



Vacation Bible School

Registration continues for VBS at the Parish Office from 9am-4pm, Monday to Friday. Registration fee is \$25.00

VBS will be offered the week of June 18 – 22, 9am-12noon. VBS is open to rising K through rising 5th grade students.



"Thank You" Catechists & Parents

Another year of RE has passed, "THANK YOU" Catechists for being mentors, witnesses, faith sharers and models in the Catholic way of life and THANK YOU parents for faithfully bringing your children to classes.

We urge parents, especially the parents of the children who received First Communion, to register their children for Religious Education classes next year. Registration begins June 1.

First Communion Masses on Saturday, May 5



Rosary for Mary

Up to last year we only prayed one or two decades of the rosary each week. Last week grades 4-8 students prayed a complete rosary.

FORMED PICK OF THE WEEK

The Wild Goose

Do you have a personal relationship with the Holy Spirit?

The same Holy Spirit that descended on the apostles at Pentecost is given to us. In this acclaimed and inspiring series, Fr. Dave guides you into a deeper relationship with the Person of the Holy Spirit with the hope that you might experience the mercy, healing, peace and presence that He brings.



Watch on formed.org

FORMED

THE CATHOLIC FAITH. ON DEMAND.



★★★★★

"As Catholics we tend to pray to the Father, to Jesus, to Mary, to the Saints but forget about the Holy Spirit. Would recommend to anyone wanting to be more spiritual within Catholicism."

—Vincent V.

WE WELCOME YOU HOME. 540-373-6491

parish life get involved

Grow for Your Neighbor

Grow for Your Neighbor (GFYN) is a program that provides fresh produce to the Fredericksburg Regional Food Bank. It provides opportunities for families to experience the joys of gardening, to experience the intrinsic value of giving back to their community, and to foster an appreciation of nature and the value of healthy eating.

Saint Mary will once again support Grow for Your Neighbor's summer program during the June to October growing season and is looking for volunteers.

Last year, Saint Mary volunteers collected in excess of 7,000 lbs or 5,800 meals of fresh produce. This year, **volunteer opportunities include** receiving donations at the Fredericksburg Food Bank Tent at the Spotsylvania Farmer's Market on Route 3 West (commuter lot) and the pick-up and delivery of donations to the food bank. Collection days and times are Saturdays 8am-noon. Pick-up is at noon and drop off to the Food Bank must be made by 1pm. We are looking to organize small teams of 2-3 persons, once a month for a 2-4 hour com-

mitment—it's a perfect service opportunity for Scouts, youth groups and Outreach Ministries. **If you would like to volunteer**, please contact Rick Caporali at [540-840-0716](tel:540-840-0716) or by email rcaporali@stbernpar.org. For more information on this local community effort, please visit growforyourneighbor.com. Our signup genius webpage will open 21 May, search growforyourneighbor in the "find sign up" tab. More details in the upcoming weeks.

Call to Evangelization

Empower your witness! Every day we have opportunities to share our story about why we love being Catholic, but do we? Or, do we hide our light under the proverbial bushel?

This small group's purpose is to support and encourage each other in our efforts to share our faith. We discuss opportunities we've had to evangelize, what worked and what didn't, or what prevented us from trying.

If you want to engage others in conversation about our faith, join us. *We meet every 3rd Sunday between the 10:30am*

and the 12:30pm masses (except on holiday weekends) in the Courtyard Meeting Room. For more information contact Bryan Richardson at br22406@cox.net

Special Corpus Christi Mass & Procession

In honor of the Feast of Corpus Christi, we will celebrate a special additional Sunday bilingual Mass at 12:30pm at Holy Cross (the English 12:30pm as normal at the church), June 3, followed by a Corpus Christi Procession around the school property, followed by the Parish Picnic! All are invited to attend and celebrate this great Solemnity of the Body and Blood of Christ!

Pilgrim Virgin Statue

Would you like to have the Pilgrim Virgin Statue visit your home? **Contact Mary Lou Felts, 571-723-3333 or maryloufelts@gmail.com** for more information. This is one of the works done by the Legion of Mary.



THEOLOGY ON TAP

featured speaker
DR. RICHARD GILDERSLEEVE

Discussion Topic
BIOETHICAL ISSUES AT THE BEGINNING OF LIFE

MONDAY, MAY 21 | 6-9PM

Adventure Brewing South — 3300 Dill Smith Dr., Fredericksburg

parish life get involved

Volunteers Needed

The Office of Migration & Refugee Services, in the Fredericksburg area, is currently in desperate need of tutors for school-aged children needing help with homework. They are asking that tutors commit to two hours per week. Tutoring takes place in the home of the student (due to transportation issues). The kids are wonderful, very well behaved, polite and eager to learn. This is a great volunteer opportunity for high school kids needing community hours, National Honor Society Members, retired folks, empty nesters ..anyone, wanting to connect and teach a child willing to learn. Interested volunteers can start by submitting their information on ccda.net and clicking on 'volunteers' and they can also contact the volunteer manager, **Arielle Reynoso** at 703-778-9128, or through email, areynoso@ccda.net. We can match tutors based on their preference for gender and grade level.

Father's Day Pancake Breakfast!

Enjoy a great breakfast while celebrating Father's Day 17 June! Your Knights of Columbus will be hosting a Pancake Breakfast from 8am-12pm on 17 June. Enjoy fluffy pancakes, sausage, eggs, hash browns, and varied beverages appropriate for all ages! You cannot start the day better than celebrating our Lord and enjoying a wonderful breakfast with your family. Hope to see you there!

You Were Born a Man

Become a Knight

What do Vince Lombardi, Babe Ruth, and President John F. Kennedy all have in common? They were all men of faith. They were all legendary not only for their extraordinary achievements, but also for the many ways they gave of themselves in service to others. They were all Knights of Columbus.

For more than 130 years, Knights have been leaders in their communities. Rooted in faith and supported by a global fraternity of 1.9 million brother Knights, you can be more and do more. When you join us, you're joining the company of heroic men, and answering a higher call to become what God wants you to be!

Meet other extraordinary Knights who are part of your local council. See what being a Knight can do for you. Contact us at either grandknight@kofc4034.org or membership@kofc4034.org. Or, sign up now on line at KofC.org/JoinUs

Become a CITIZEN

Apply now! Come to a citizenship application workshop hosted by Catholic Charities Hogar Immigrant Services on June 16, from 10am-1pm at St. Anthony Catholic School. Cost is \$110, cash or credit. Contact us or pre-register by calling (571) 208-1572 or email hogarimmigrantservices.org/workshop.

Baccalaureate Mass

We invite all graduating high school seniors to come to Mass at 12:30pm on Sunday June 10. Graduates will process in with the priest and sit together in the front of the church and be recognized for their achievements!

We invite all Christians to gather in the peace of Christ at St. Mary Monday, May 21 as we "prepare a place for unity and peace" together.



You are invited to a monthly gathering of prayer in the ecumenical tradition of the Taizé Community in France, the second Monday of every month at 8:15pm.

It is our hope that this monthly prayer brings together Christians of all churches, pastors and flocks, as together we realize a bit more each day that we must rely upon God's power to bring about Unity among all who follow Jesus, "as he and the Father are one." It is something we are unable to do ourselves.

This Unity which embraces all people stands at the very heart of Christ's mission...and belongs to the essence of our community. Let us provide a place where his Spirit can come and fulfill his plan for us.

parish life get involved



june 3, 2018

Help is needed!

Hamburgers, turkey burgers, hot dogs, sausages, baked beans, potato salad, and drinks are prepared by the Knights and served by the CCW. Side dishes and desserts provided by parishioners.

To help serve food, contact the Council of Catholic Women: Eileen Geary, eileengeary@yahoo.com, 540-371-1844

To help cook, set up or clean up, contact Knights of Columbus: Paul Scott, psscottsis@aol.com, 540-891-9331

Our annual
**PARISH
PICNIC**
is Sunday,
June 3 from
3–7pm on
the fields at
**Holy Cross
Academy**

**save
the date**

**VOLUNTEER
TODAY!**

PICNIC at A GLANCE

AMAZING games and rides

LIVE MUSIC in concert by
Vision

TASTY food and drinks
served from 3-6pm

AND everything you bring:

If your last names starts with:

A-G: bring chips to share;

H-P: bring a dessert to share;

Q-Z: bring a non-perishable snack.

GAMES

Extreme Air Bungee Jumper
Wrecking Ball
Jurassic Adventure
5 in 1 3D Sponge Bob
Bungee Run/ Gladiator Joust
Fire Rescue Obstacle Course
Big Kahuna Dry Water Slide

ACTIVITIES

Face painting
Pony rides
Cotton candy
Sno cones
Popcorn
Music by Vision
Majest Martial Arts demo

first annual honorable



photo contest mentions

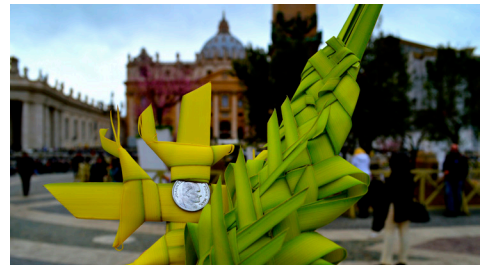


photo contest continued

Honorable Mentions

*Bill O'Connor
Chris Lewis
Donna Harring
Dori Sewell
Emma Atkinson
Jay Bapple
Joan Frey
John Cardone
John Wills
Josie De
Margaret Young
Mark Sewell
Mary Jo Medosch
Maryalice Adams
Rosemary Loring
Ruth Tucker
Shawn Smart
Tina Jackson
Toni Roberts
Wanda Cushing
Yesi Lemus*



photo contest mentions



Congratulations, Justin Addis!

One of St. Mary's long-term altar servers, who recently earned his Eagle Scout award. Justin is one of three sons of proud parents Maria and Jason Addis of Stafford. In addition to earning a bronze palm, Justin previously earned his Ad Altare Dei ["To The Altar of God"] Roman Catholic religious award which takes approximately a year to complete. Justin continues to serve as the ASPL of Troop 1717 in Hartwood, VA.

Women's Discernment Retreat

Could Christ be calling you to the religious life? Take a step to find out at the annual discernment retreat for women, June 15-17. The retreat will be led by the Franciscan Sisters of the Renewal (CFRs), and will focus on giving you tools for your discernment, as well as personal prayer time, opportunities for confession and spiritual direction, and the chance to socialize with the sisters and the other women as well. Cost is \$60 and includes overnights and all meals (assistance is available if needed). For more information, contact Fr. J.D. Jaffe, Director of the Office of Vocations, at 703-841-2514 or vocations@arlingtondiocese.org. Deadline to register is June 1.

Bike Rodeo

American Heritage Girls VA 0128, chartered by the St Mary's CCW (Council of Catholic Women), held a bike rodeo on May 12th. The children learned about bike safety, the rules of the road, bike maintenance and repair, made bike art posters/coloring pages, rode an obstacle course, and a longer 2-5 mile bike course.

The kids were thrilled that two of our awesome deputies from our wonderful Office of Stafford County Sheriff were able to visit and give a talk to the kids about bike safety. The sheriff's office (Sgt. Gibbons) also provided us with a wealth of great safety materials, activity books, and bike spoke reflectors. We are so thankful for their help!

We appreciate the continued support and encouragement from Father Jp Mosimann/St Mary's/St. Mary's Youth Ministry, Holy Cross Academy, and the KofC4034 to our AHG and Trail Life troops!

For more information on our American Heritage Girls troop AHG VA 0128, please contact Maureen McMahon Siegmund at ahgva0128@yahoo.com

For more information on the Trail Life VA 4034 boys troop, please contact Mark Gardner at troopmasterva4034@gmail.com



parish life

confirmation 2018



parish life happenings



Mary's Shelter

August 4, 2018

SAVE THE DATE

SPONSORSHIPS AVAILABLE

NO COST TO ATTEND • RESERVATIONS REQUIRED • marysshelterva.org



"HOW CAN THERE BE TOO MANY CHILDREN?"
That's like saying there are too many flowers."

—Mother Teresa

9th Annual Summer Soirée

AUGUST 4, 2018

Fredericksburg Expo Center

1601 PRINCESS ANNE ST., FREDERICKSBURG, VA 22401 • 540-374-3407 • MARYSSHILTERVA.ORG

+++++

Red Cross Bloodmobile Blood Drive

Knights of Columbus 4034

Save the Date, Save a Life!

Wednesday, June

2-6pm

St. Mary's Parking Lot

+++++

operations given in love

Weekly Offertory

Collections for May 13

Offertory	\$32,657
Parish Building Fund (add'l)	\$3,711
Special Parish Needs	\$5,321
St Vincent de Paul Poor Box	\$268

Faith Direct Deposit for May

Offertory	\$53,695
Parish Building Fund	\$4,502
Diocesan Retired Priests	\$3,250
Special Parish Needs	\$2,038
Catholic Communication	\$1,262

Thank you for your generosity!

Catholic Communication Campaign Collection

Faith | Worship | Witness

"Communication is really about realizing that we are all human beings, children of God."

(Pope Francis, Message for 48th World Communications Day)

Next week our parish will take up the Collection for the Catholic Communication Campaign (CCC). This Collection communicates the Gospel through Catholic social media activities and enriches our faith through Internet, television, radio, and print media. Half of all proceeds remain in our (arch)diocese and support local needs, so please be generous in this collection. CCC equips us to share our experience of faith, worship, and witness with the world.

Masses were offered in April for the following unscheduled intentions: +Mary Linda Kaila (3), +George Graf (6), +Greg Stiles, +Hellmuth Freund (3), +John & Madeleine Dolan, +Frank Clancy, Jr., +Stanley Guzik (2), +Robert

Yednock (2), Marcia Grimsley, +John Penczak, +Maria Dechellis, +Dutch Freund, +Maria Ferrer, +Bennett Leslie, +Robert Charles Berrang, +Jeno Matral, The Penczak Family, The Stanislawski Family, +Fred Salanitro, +Peggy Allison, Butch Michalick, Poor Souls in Purgatory (2), and Grace Sherry.

Children's Offertory Envelopes for May

Children's Offertory Contributions for the month of May will be donated to the Children's and Teen's Programs of Empower House (formerly the Rappahannock Council on Domestic Violence). These programs provide ongoing support for children ages 5 to 12 affected by domestic violence and teens affected by dating violence and domestic violence.

Choose Life Reflection

The Spirit of God brought life and light out of chaos and darkness. The Holy Spirit is "the Lord and Giver of Life," and this is true both on a natural and supernatural level. To worship the Holy Spirit, then, demands that we stand against all that destroys life. *Holy Spirit, breathe on us and renew within us the fullness of life and the strength to defend it.*

Al Anon Surviving the Weekend Group

All who have been affected by someone else's drinking, and members come together to learn a better way of life and how to find happiness. It's important to know that you are not alone and there is help. **Al Anon meetings are every Saturday at 10am in Room 204 of St. Mary's Parish Life Center.**

Nar Anon Support Available

Nar Anon is a program that offers support to family members and friends of loved ones struggling with substance abuse. All information and discussion is non-judgemental, informative and strictly confidential. Our meetings are in **Room 204 in the Parish Life Center on Thursday from 7-8pm** and are open to the community at large. **Contact Cathy at 703-201-8821, burgh757@gmail.com or Wayne at 540-840-5230.**

Prayer to the Holy Spirit

by Saint Augustine

Breathe in me O Holy Spirit,
That my thoughts may all be holy;
Act in me O Holy Spirit,
That my work, too, may be holy;
Draw my heart O Holy Spirit,
That I love but what is holy;
Strengthen me O Holy Spirit,
To defend all that is holy;
Guard me, then, O Holy Spirit,
That I always may be holy.



liturgy

daily bread

SCRIP Helping HCA

How it works: Most of us shop at various local vendors that are supported through SCRIP. These include Giant, Weis, Wawa, Starbucks, Wal-Mart, Target as well as popular restaurants like Olive Garden, Red Lobster, IHOP and Outback. Complete list at shopwithscrip.com

There are several ways you can order/purchase gift cards through the SCRIP program. One is to visit a SCRIP table after most Masses (including HCA). There is a volunteer who will provide info and help you purchase gift cards. Checks or cash accepted. You can also order online for delivery to either HCA (after 10:30am Mass or during school hours when school is in session) or for pickup after Saturday or Sunday Masses at the Church. And the most convenient way, set up a Presto Pay account and order gift cards online. You will need St. Mary's enrollment code to set an account. For the enrollment code and assistance, please contact Christi Greenwell at scripcoordinator@holycrossweb.com or 703-994-2142. She will help get you started.

Saint Mary Prayer List

Please pray for those who are sick or in need, especially: Eldon Ulmer, Linda Jamison, Karla Dorsey, Maria Eliza Franca Maciel, Eileen Bourne, Marty T., David A, Pedro Rios, Cathy Burgh, Roger Dewayne, Angus Johnson, Peter Wood, Jude Murphy, Paula Snellings, Mary Jean & Don Williams, Harold Gardiner, Gerald Gardiner, Tina Ott, Michael Carr, Stephen Daley, Deanna White, Maria Stein, Elizabeth Davis, Jeanette Williams, Deborah June King, Ann Gallagher, Robert & Brittani Horner, John D. Zaloudek, Mary Ulmer, Antonio Christianson, Thomas Moeller, Marianne Ford, Ortiz Family, Maryann Seidlinger, William Hackbarth, John Michael Ides, Sylvia Pressley, Tamlyn Leaf, Matthew Roberts, Deanna Uperti, Gabriela Mason, Maria Stine, Joy & Larry Kligman, David Duke, Dennis Morris, James Murphy, Joan Cheek, Ted Mayor, Tim Conway, Billy LaPietra, Daniel Bustamonta, Maryann Devenas, Frank Spatt, Micheal Chen, Joseph Stefano, Fred Becker, Chuck Boyer, Maria Celia Brando Lage, Leah Sapphire, Felicity Stanfield, Michael Kraljevic, Steve Zawisa, Casey Roby, Calvin Mills, Mary Jean Mills, Elise Velez, Tracey Hansen, Elizabeth Ames, Aleisa Barber, David Arnold, Maryann Greatsinger, Antonio Ferrara, Wilson and Joan Parker, Emma Gilbert, Virginia Gannon, Maureen Guilfoyle, Daniel Burke, Katherine Perusi, Dorie Lee, Christopher Szynal, Joy Zerby, Mariah Ceidlinger, Kelly Carperter-Silvers, Suzi Eggleston, Bernad Castillo, Nancy Buhite, Michael Durant, Matthew Gomer, Tricia Davis, Martha Clements, Dolores Renninger, Donna Long, Mary Ann Valentine, Mary Ann Maynard, Zachary Payne, Margaret Krebbel, Adrianna Pruitt, Deanna Pruitt, Montgomery Wood, Gail Russell, Patricia Russo, Charles Dittmer, Bruce Mattern, Dorothy Simmons, Lillian Kendall, Nikolai Sherba, Sharon S., Barbara Clarke, Roseanne Nash, Jeanne Burke, Prudy Tarpe, Gerardo Aguilar, Maureen Mizzles, Miles Wood, Mary Ellen Kearney, Kay Simmons, Robert Meyer, Marc and Susan Wood, John Gil, Lita Mary Mamboyo, Nathan Apicella, Timothy Travis, Bryan Dittmer, Kaden Sabo, Robert Nathan Servetnick, Christina Dittmer

Please pray for all the men and women in our military and civilian support services overseas, especially: Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Sean Plunkett, Roy Selvidge, Patrick Fenton, David James, Shawn Tufta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Nelly Garcia, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Kelsey Cullinan, Jason Cullinan, Estrella Bernaola, Frank Spatt Jr.

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

Daily Mass Intentions and Readings

May

21 MONDAY

6:30am Mother's Day Novena
9:00am Mother's Day Novena
Gn 3:9-20/Jn 19:25-34

22 TUESDAY

6:30am Sr. Miriam Elizabeth
9:00am Fr. Mosimann
Jas 4:1-10/Mk 9:30-37

23 WEDNESDAY

6:30am Thomas Bapple+
9:00am Cecilia Chavarria
Jas 4:13-17/Mk 9:38-40

24 THURSDAY

6:30am Prudencia Chism
9:00am Catherine M. Gordon
Jas 5:1-6/Mk 9:41-50

25 FRIDAY

6:30am Loreta Canizares
8:15am* George Graf+
9:00am Hubert & Marion Ricard+
Jas 5:9-12/Mk 10:1-12

26 SATURDAY

9:00am Steve Keene
5:00pm For Our Parish
7:00pm Royal & Florence Schmidt+
Jas 5:13-20/Mk 10:13-16

27 SUNDAY

7:00am Sharon Ludwig+
8:30am John E. Carneal, Jr
10:30am Anna Trong Nguyen+
10:30am* George Graf+
12:30pm Our Military Living & Deceased
2:30pm(sp) Ivan and Geraldine Gomez
5:00pm Matthew J. Difilippo+
7:00pm Thelma Rivera+
Dt 4:32-40/Rom 8:14-17/Mt 28:16-20

* Indicates Mass at Holy Cross Academy

Please remember that Mass intentions may be requested at the parish office for any remaining Masses of the year. If dates are no longer available for the date you desire, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.