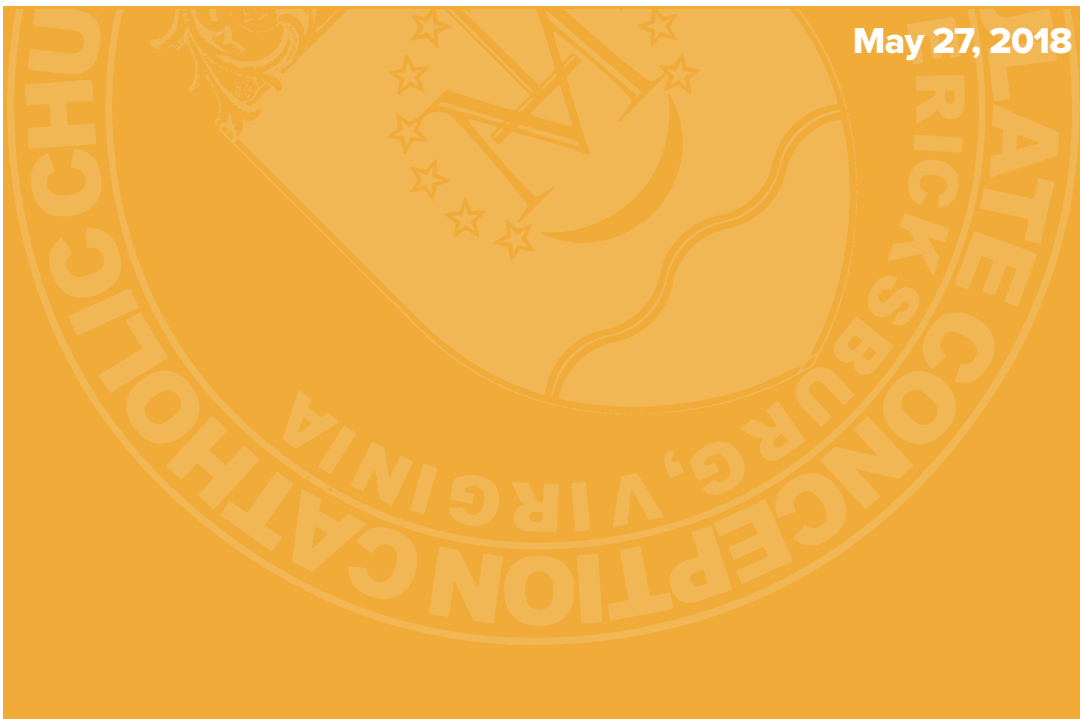


The Most Holy Trinity

May 27, 2018



Saint Mary of the Immaculate Conception Roman Catholic Church
FREDERICKSBURG, VIRGINIA

upcoming events

May



**SAINT
MARY**
of the
IMMACULATE
CONCEPTION
Roman Catholic Church

HOLY CROSS ACADEMY

27 SUNDAY, THE MOST HOLY TRINITY

No Coffee Shop

Scrip on Sale after all Masses except 2:30pm

8am Spanish Ministry Life Spirit Seminar, Parish Life Center

11:30am, New Family Welcome, Parish Life Center

12pm, Spanish Legion of Mary, Parish Life Center, Room 204

28 Monday, Weekday (Eighth Week in Ordinary Time)

Happy Memorial Day - Parish Office Closed

29 Tuesday, Weekday

10:15am, Legion of Mary Our Lady of Perpetual Help Presidio, Parish Life Center, Room 100
(Day and Time moved due to Memorial Day)

30 Wednesday, Weekday

3pm, Divine Mercy Devotions

6:30pm, Bishop Barron Bible Study, Courtyard Meeting Room

6:30pm, Spanish Junior Legion of Mary, Parish Life Center, Room 204

6:30pm, Confessions, Church

31 Thursday, The Visitation of the Blessed Virgin Mary

9:30am, Craft Group, Parish Life Center, Room 100

7pm, Nar-Anon, Parish Life Center, Room 204

June

1 Friday, Saint Justin, Martyr

9am, St Anne Sisters Faith, John Paul II House House

7pm, Spanish Prayer Group, John Paul II House House

8pm, First Friday Mass, Church

2 Saturday, Weekday [Saints Marcellinus and Peter, Martyrs]

Work Camp Raffle after 5 and 7pm, Masses

7am, Spanish Legion of Mary Auxiliary, Parish Life Center

8am, Confessions, Church

10am, Baptisms, Church

10am, Al-Anon, Parish Life Center, Room 204

2pm, Spanish Baptism Class, Parish Life Center, Room 204

3:30pm, Confessions, Church

4pm, Spanish Prayer Group, John Paul II House House

6pm, Knights of Columbus Parish Family Dinner, Parish Life Center

6pm, Scrip for Sale after Mass

3 SUNDAY, THE MOST HOLY BODY AND BLOOD OF CHRIST (Corpus Christi)

Scrip on Sale after all Masses except for 2:30pm,

Work Camp Raffle after all Masses

Coffee Shop after 7am, 8:30am,, 10:30am,, 12:30pm, Mass

12pm, Spanish Legion of Mary, Parish Life Center, Room 204

12:30pm, Special Bilingual Mass with Corpus Christi Procession at Holy Cross Academy

3pm, Parish Picnic at Holy Cross Academy

pulpit announcements

nota bene (note well, please):

• **All Parish Offices will be closed on Monday, May 28th for Memorial Day.**

• **Join in the engaging Call to Evangelization series**
— more information on page 7.

• **Our Annual Parish Picnic will be held Sunday, June 3** — Find more information on page 9

• **Save the date - Feast of Corpus Christi bi-lingual Mass at Holy Cross with procession, June 3** — more information on page 7

• **Save the date - All graduating seniors are invited** to be recognized at **Mass on June 10** - more information on page 8

• **You're invited! Mary's Shelter Annual Soirée** — Find more information on page 10

• **Father's Day Novena will begin June 17** — more information on page 13.

Fellow Parishoners

We are quickly approaching the summer season. With this, comes many visitors to the Fredericksburg area. Communion procedures can be confusing to those people who are not familiar with St. Mary. They do not realize that the people in the front pew do not get Communion first. To reduce confusion, we will begin Communion from the **FRONT**, with the alcoves receiving Communion **LAST**, starting this weekend. This will continue until further notice. We appreciate your cooperation and understanding.

- Hospitality Ushers Ministry

contact us

SUNDAY MASS Saturday Vigil 5 & 7pm
Sunday 7, 8:30, 10:30am, 12:30, 2:30pm (Spanish), 5pm, 7pm
10:30am at Holy Cross Academy

DAILY MASS Mon.-Fri.: 6:30am, 9am
M/W/F: 12 Noon
Sat.: 9am
First Friday 8pm
Holy Days of Obligation, as announced

DEVOTIONS Adoration, Daily between 6:30am & 9am Mass,
Wednesday 12:30pm - Friday 9am
Miraculous Medal Novena, Mon., after 9am Mass, Divine Mercy, Wed., 3pm

CONFESSION Wed., 6:30-8:30pm;
Sat., 8am & 3:30pm, or by appt.

PARISH OFFICE 540-373-6491, fax 371-0251
stmary@stmaryfred.org
Mon.-Fri., 8:30am - 4:30pm;
students staff office weekdays until 9pm,
Saturdays 9-5pm, Sundays 9:30-1:30pm

Pastor, Fr. John Mosimann
Fr. Stephen Holmes
Fr. Colin Davis
Fr. Michael J.R. Kelly
Deacon Alberto Bernaola
Deacon Dick Delio

Operations Manager, Jim Florio
Business Manager, Elaine Stanislawski
Parish Secretary, Elizabeth Tellez
Director of Music, David Uschold

HOLY CROSS ACADEMY 540-286-1600
250 Stafford Lakes Parkway
Fredericksburg, Virginia 22406-7234
Principal, Sr. Susan Louise Eder, O.S.F.S.

ST. MARY PRESCHOOL 540-373-7553
Director, Nanci Scharf

RELIGIOUS EDUCATION OFFICE 540-373-6491
Director, Aristides Lucas
Associate Director, Karen Sturtevant

YOUTH MINISTRY 540-373-6491
Director, Leo Chavarria
Tatiana Beltran

OUTREACH 540-373-6491
Elena Doyle - outreach@stmaryfred.org

BAPTISMS Parish registration (90 days) and class required.
Please contact the parish office to schedule the date at least four weeks in advance.

MARRIAGE Parish registration required; contact parish six months in advance to begin preparation.

JOIN US New Family Registration meetings held in the Parish Life Center on fourth Sundays, following the 10:30 Mass. Please notify us of any contact changes.

Articles must be submitted two weeks prior to publication.
Send articles to bulletin@stmaryfred.org. Thanks!

stmaryfred.org

from our pastor

pax et bonum

Dear Folks,

Memorial day: please remember in prayers all those who have given their lives to protect and serve our country. We should never tire of honoring and saluting their sacrifice.

Air Conditioning: sigh, as this goes to press (Wednesday AM), I still don't have an arrival date for the parts needed to fix our barely functioning AC. I pray that the parts have arrived by the time you read this, and that we are beginning to have a return to normal temperatures inside our church.

This reminds me of the reminder that I give every summer regarding Vacations, Mass, and proper dress for Mass:

Summer brings vacation, and that means relaxation for most folks.

One of the great benefits of summer is that life slows down significantly for us. I still exhort you to make Sunday Mass the cornerstone of your week. If you need to find a Catholic Church near to your vacation in Toledo, Timbuktu, or even Toronto then check out:

MassTimes.org

Summer also brings different wardrobes. I remember as a child that it meant that we would break out the white pants that would be my "Sunday Clothes" for the summer. Remember those: Sunday Clothes? We each would do well to just pause and examine our consciences about how we dress for Jesus during the summer. The most common argument is that, "Jesus doesn't care what I wear!" or "God doesn't need me to dress up!" We are right to say that God doesn't need me to dress up.... I need me to dress up! However Jesus does care what we wear, but not because He is judging us based on our clothes. He cares what we wear because how we dress is part of our preparation for and participation in Mass! When we take the time and effort to give Jesus our best (clothes, time, attention, and love) he can pour out his blessing into our souls! The concept of "Sunday Clothes" is that I give Jesus my best, because that is what God deserves, the best of me. I recall with great fondness how I would untuck my shirt every Sunday, the very second that I walked out of the Church Door!

Let me also be clear to say that nobody is to be turned away or judged because they are wearing shorts and flip-flops. There are times when we are literally coming from the beach, or on our way to a soccer match, or even sometimes folks can be simply struggling to feel welcome at Mass. I recall a conversation in another parish with a teen who was inappropriately dressed for Mass, where they were actually hoping that I would hammer them so that they could have an excuse not to come! I know you pray for wisdom as parents, let us also pray for wisdom as a parish family to be gentle with our struggling sheep, but also challenging all to grow deeper in faith every day.

pax,



Fr Mosimann

Memorial Day Prayer

For all in the Military

O God, we beseech You, watch over the souls of all who are exposed to the horrors of war, and to the spiritual dangers inseparable from a military life. Bless them with such a strong Faith that no human respect may ever lead them to deny it, or fear to practice it. Do by Your grace fortify them against the contagion of bad example. Keep them always in Your friendship. May nothing in life or death ever separate them from You.



Mother of God, be with them on land, or sea, or in the air, during life and at the hour of death, and grant that they may die in the grace of your Son. May their Guardian Angels protect them. Amen.

May Adoration News

We are asking everyone to please use the sign in book when you visit for Adoration. This way we can see where we may need to add more permanent adorers.

Are you not able to commit to adoration on a weekly basis, but could help when we need a sub in our schedule? Consider joining our sub team.

Send an email to **adoration@stmaryfred.org** or leave a note in the adoration binder!

We could not offer Adoration without the support of our permanent adorers and our coordinators. Thank you so much for your leadership and loving commitment to our Lord.

If you are interested in making an ongoing commitment to Adoration, please email **adoration@stmaryfred.org**.



holy cross academy

Great Train Race

Holy Cross Academy students made a wonderful showing at the Great Train Race. We had the 3rd highest number of participants and several of our students took trophies in their respective heats. We enjoy being part of this community-wide event.

Kickball Tournament Challenge

Our 3rd & 4th graders recently challenged one another to a kickball tournament. Students formed teams and cheered one another home. There were lots of exciting moments as the teams battled to the finish. We hope to have a rematch before the end of the year.

6th Grade Science Squad

Our 6th grade Science Squad has been working after school since September. Last week, they gave demonstrations to students in kindergarten through 5th grade. The children enjoyed learning about the ramps, circuits and terrariums. Everyone enjoyed programing the mini-robots and racing them around their course.

Accepting Registrations

Saint Mary Preschool and Holy Cross Academy are a wonderful place to learn and grow. We hope that you will consider our parish school for your children. To learn more, we invite you to visit our school website, holycrossweb.com. If you would like to see what we can do for your child, please call our HCA office at 540-286-1600 or St. Mary Preschool at 540-373-7553 to arrange for a tour or to let us tell you all about our parish school. or St. Mary Preschool at 540-373-7553 to arrange for a tour or to let us tell you all about our parish school.

Calling all Preschool Families

If you have a current or former St Mary preschool student, please email maureensiegmund@gmail.com for information about a special project.



*A National
Blue Ribbon
School of
Excellence*



parish life

Most Holy Trinity

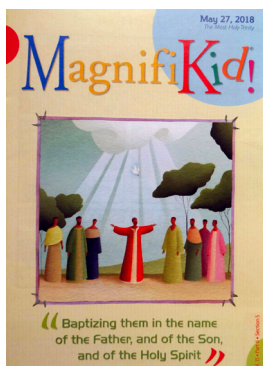
Caribbean Sea

Scale: 0 100 200 Miles / 0 100 200 Kilometers

Legend:

- Coastline
- Major cities
- Minor cities
- Islands
- Water bodies
- Land bodies
- Political boundaries

Map of the Caribbean Sea and surrounding regions, showing major cities, islands, and water bodies. The map includes a scale bar and a legend.



The last class for the school year began by offering flowers to Mary followed by praying the Litany of the Blessed

VBS will be offered the week of June 18 – 22, 9am-12noon. VBS is open to rising K through rising 5th grade students.



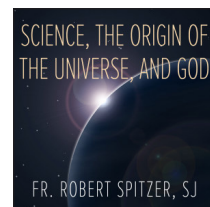
Science, the Origin of the Universe, and God

Where Faith and Science Align

All too often, science is employed as a means of disproving the tenants of Christianity. In this informative talk, Fr. Robert Spitzer, SJ – expert in physics, philosophy, and theology – debunks the incompatibility of science and Faith as he discusses the origin of the universe.



Listen on formed.org



★★★★★

"After this, I simply cannot understand how anyone can argue that science and religion don't agree. I recommend it to everyone."

—Paul J, Chula Vista, CA

JOIN FORMED — 1. formed.org 2. click register 3. enter parish code: **F6F228**

WE WELCOME YOU HOME. 540-373-6491

parish life get involved

Grow for Your Neighbor Call to Evangelization

Grow for Your Neighbor (GFYN) is a program that provides fresh produce to the Fredericksburg Regional Food Bank. It provides opportunities for families to experience the joys of gardening, to experience the intrinsic value of giving back to their community, and to foster an appreciation of nature and the value of healthy eating.

Saint Mary will once again support Grow for Your Neighbor's summer program during the June to October growing season and is looking for volunteers.

Last year, Saint Mary volunteers collected in excess of 7,000 lbs or 5,800 meals of fresh produce. This year, **volunteer opportunities include** receiving donations at the Fredericksburg Food Bank Tent at the Spotsylvania Farmer's Market on Route 3 West (commuter lot) and the pick-up and delivery of donations to the food bank. Collection days and times are Saturdays 8am–noon. Pick-up is at noon and drop off to the Food Bank must be made by 1pm. We are looking to organize small teams of 2-3 persons, once a month for a 2-4 hour commitment—it's a perfect service opportunity for Scouts, youth groups and Outreach Ministries. **If you would like to volunteer,** please contact Rick Caporali at [540-840-0716](tel:540-840-0716) or by email rcaporali@stbernpar.org. For more information on this local community effort, please visit growforyourneighbor.com. Our signup genius webpage will open 21 May, search growforyourneighbor in the "find sign up" tab. More details in the upcoming weeks.

Empower your witness! Every day we have opportunities to share our story about why we love being Catholic, but do we? Or, do we hide our light under the proverbial bushel?

This small group's purpose is to support and encourage each other in our efforts to share our faith. We discuss opportunities we've had to evangelize, what worked and what didn't, or what prevented us from trying.

If you want to engage others in conversation about our faith, join us. *We meet every 3rd Sunday between the 10:30am and the 12:30pm masses* (except on holiday weekends) in the Courtyard Meeting Room. For more information contact Bryan Richardson at br22406@cox.net

Special Corpus Christi Mass & Procession

In honor of the Feast of Corpus Christi, we will celebrate a special additional Sunday bilingual Mass at 12:30pm at Holy Cross (the English 12:30pm as normal at the church), June 3, followed by a Corpus Christi Procession around the school property, followed by the Parish Picnic! All are invited to attend and celebrate this great Solemnity of the Body and Blood of Christ!

Pilgrim Virgin Statue

Would you like to have the Pilgrim Virgin Statue visit your home? **Contact Mary Lou Felts, 571-723-3333 or maryloufelts@gmail.com** for more information. This is one of the works done by the Legion of Mary.

Mission Appeal

The Oblate Sisters of Saint Francis de Sales

The Oblate Sisters of Saint Francis de Sales will be speaking on behalf of the Missionary Cooperative Plan of the Diocese of Arlington next weekend, June 2nd & 3rd. They will speak about the work of their Sisters in the Missions of Colombia, Ecuador, Namibia and South Africa. Sr. Maura Wilhemina from Namibia will be present to speak at most Masses. Sister will be able to give a first-hand account of the work the Sisters do and how much your support means.



The Oblate Sisters serve in many countries throughout the world, including here at St. Mary of the Immaculate Conception Parish. In Africa, the Sisters serve many different communities, ranging from urban areas like Cape Town to the desert of Namaqualand. Their apostolate in Ecuador and Colombia stretches from densely-populated cities to the jungles. Class distinctions are still ingrained in the people of these countries and the Sisters work to lead all groups closer to Christ. They run schools, retreat houses and day care centers.

If you can in any way contribute to the missions of the Catholic Church, please know that your generosity will be greatly appreciated. May we all continue to pray that God will bless our missionaries who work so tirelessly to bring his good news to all his children throughout the world



parish life get involved

Volunteers Needed

The Office of Migration & Refugee Services, in the Fredericksburg area, is currently in desperate need of tutors for school-aged children needing help with homework. They are asking that tutors commit to two hours per week. Tutoring takes place in the home of the student (due to transportation issues). The kids are wonderful, very well behaved, polite and eager to learn. This is a great volunteer opportunity for high school kids needing community hours, National Honor Society Members, retired folks, empty nesters ..anyone, wanting to connect and teach a child willing to learn. Interested volunteers can start by submitting their information on ccda.net and clicking on 'volunteers' and they can also contact the volunteer manager, **Arielle Reynoso** at 703-778-9128, or through email, areynoso@ccda.net. We can match tutors based on their preference for gender and grade level.

Baccalaureate Mass

We invite all graduating high school seniors to come to Mass at 12:30pm on Sunday June 10. Graduates will process in with the priest and sit together in the front of the church and be recognized for their achievements!

Become a CITIZEN

Apply now! Come to a citizenship application workshop hosted by Catholic Charities Hogar Immigrant Services on June 16, from 10am-1pm at St. Anthony Catholic School. Cost is \$110, cash or credit. Contact us or pre-register by calling (571) 208-1572 or email hogarimmigrantservices.org/workshop.

Father's Day Pancake Breakfast!

Enjoy a great breakfast while celebrating Father's Day, June 17! Your Knights of Columbus will be hosting a Pancake Breakfast from 8am-12pm on June 17. Enjoy fluffy pancakes, sausage, eggs, hash browns, and varied beverages appropriate for all ages! You cannot start the day better than celebrating our Lord and enjoying a wonderful breakfast with your family. Hope to see you there!

You Were Born a Man

Become a Knight

What do Vince Lombardi, Babe Ruth, and President John F. Kennedy all have in common? They were all men of faith. They were all legendary not only for their extraordinary achievements, but also for the many ways they gave of themselves in service to others. They were all Knights of Columbus.

For more than 130 years, Knights have been leaders in their communities. Rooted in faith and supported by a global fraternity of 1.9 million brother Knights, you can be more and do more. When you join us, you're joining the company of heroic men, and answering a higher call to become what God wants you to be!

Meet other extraordinary Knights who are part of your local council. See what being a Knight can do for you. Contact us at either kofc4034.org or membership@kofc4034.org. Or, sign up now on line at KofC.org/JoinUs

THEOLOGY ON TAP

featured speaker
BERT DRUMMOND

Discussion Topic
**PORNOGRAPHY IS
NOW A PUBLIC
HEALTH CRISIS**

**MONDAY
JUNE 18
6-9PM**

**ADVENTURE
BREWING
SOUTH**

YA YOUNG ADULTS MINISTRY
SAINT MARY FREDERICKSBURG

parish life get involved



Help is needed!

Hamburgers, turkey burgers, hot dogs, sausages, baked beans, potato salad, and drinks are prepared by the Knights and served by the CCW. Side dishes and desserts provided by parishioners.

To help serve food, contact the Council of Catholic Women: Eileen Geary, eileengeary@yahoo.com, 540-371-1844

To help cook, set up or clean up, contact Knights of Columbus: Paul Scott, pscottsis@aol.com, 540-891-9331

Our annual
PARISH PICNIC
is Sunday,
June 3 from
3–7pm on
the fields at
Holy Cross Academy

**save
the date**

**VOLUNTEER
TODAY!**

PICNIC at A GLANCE

AMAZING games and rides

LIVE MUSIC in concert by
Vision

TASTY food and drinks
served from 3-6pm

AND everything you bring:

If your last names starts with:

A-G: bring chips to share;

H-P: bring a dessert to share;

Q-Z: bring a non-perishable snack.

GAMES

Extreme Air Bungee Jumper
Wrecking Ball

Jurassic Adventure

5 in 1 3D Sponge Bob

Bungee Run/ Gladiator Joust

Fire Rescue Obstacle Course

Big Kahuna Dry Water Slide

ACTIVITIES

Face painting

Pony rides

Cotton candy

Sno cones

Popcorn

Music by Vision

Majest Martial Arts demo



We invite all Christians to
gather in the peace of Christ at St.
Mary **Monday, June 18**
as we “prepare a place for unity
and peace” together.

**You are invited to a monthly gathering
of prayer in the ecumenical tradition
of the Taizé Community in France,
the second Monday of every month at
8:15pm.**

It is our hope that this monthly prayer brings together Christians of all churches, pastors and flocks, as together we realize a bit more each day that we must rely upon God’s power to bring about Unity among all who follow Jesus, “as he and the Father are one.” It is something we are unable to do ourselves.

This Unity which embraces all people stands at the very heart of Christ’s mission...and belongs to the essence of our community. Let us provide a place where his Spirit can come and fulfill his plan for us.

parish life happenings

Health Ministry

The Fitness Equation

We all know the drill: eat right and exercise! We often focus exclusively on the diet side. But for just a minute, take a look at the activity side of that equation and you will see the amazing benefits to even a moderate activity regime. Regular physical activity lowers the risk of depression, type 2 diabetes, heart disease, high blood pressure, obesity, stroke, colon cancer, and breast cancer. It may also help you feel like you have more energy, stamina, and endurance. Be active for any and all reasons that are meaningful to you!

Physical activity is safe for almost everyone. However it is good practice to check with your physician to confirm that there are no restrictions that apply to you. Even if you are out of shape or have not been active in a long time, you can be active safely. Physical activity is anything that gets the body moving. Begin at a moderate pace – that is you can talk in a normal fashion and continue your activity without experiencing shortness of breath. Once the activity begins to seem easy, add a little more activity. Then try doing your routine it more frequently.

An initial goal is approximately 2 hrs. /week of moderate activity. Activity should be in episodes of at least 10 minutes, and it is best to spread these out during the week.

Some people find it beneficial to work with a group. Even a regular walk with friends pays big benefits. The most important point is just start and begin to develop the habit of regular activity.

For more information check out: cdc.gov/physicalactivity/basics/pa-health/index

Or check with your local YMCA for their many options for safe physical activity.

+++++

Red Cross Bloodmobile Blood Drive

Knights of Columbus 4034

Save the Date, Save a Life!

**Wednesday, June 6
2-6pm**

St. Mary's Parking Lot

+++++



Mary's Shelter

August 4, 2018

SAVE THE DATE

SPONSORSHIPS AVAILABLE

NO COST TO ATTEND • RESERVATIONS REQUIRED • marysshelterva.org



"HOW CAN THERE BE TOO MANY CHILDREN?"
That's like saying there are too many flowers."

—Mother Teresa

9th Annual Summer Soirée

AUGUST 4, 2018

Fredericksburg Expo Center

1601 PRINCESS ANNE ST., FREDERICKSBURG, VA 22401 • 540-374-3407 • MARYSSHELTERVA.ORG

WE WELCOME YOU HOME. 540-373-6491

our parish

june share



AMERICAN
HERITAGE
GIRLS®

FAITH | SERVICE | FUN

Calling ALL Princesses!

Troop VA 0128 will be hosting A Princess Party for rising Kindergarten - 2nd Grade Girls!

Wear your princess best and join us for crafts, a dance party, light refreshments, and to learn about the American Heritage Girls 2018-19 program year!

Thursday, May 31 at 7pm
Holy Cross Academy

Please RSVP by May 29 to
AHGVA0128@yahoo.com so
we can be sure to have enough
supplies for each princess in
attendance!

June Family Dinner,

Sponsored by the Knights of Columbus, will be held on Saturday, June 2 from 6-8:30pm in the Parish Life Center. The menu includes baked spaghetti with marinara sauce, garden salad, melon salad, & ice cream. The net proceeds will be donated to CYM Youth Camp. The dinner is open to the public and pay-at-the-door. Takeouts are available. The cost is Adults/Teens: \$7, Seniors (60&up): \$6, Children (7-12): \$5, Children (under 7): Free. THE MAX COST PER FAMILY is \$25

Welcome to SHARE at St. Mary Parish!

Order Deadline: June 11

Food Pick-Up: June 23

This is a food cooperative program with a community service requirement. Package Pick-up is typically the fourth Saturday of the month at the Parish Life Center between 8-9am. The following month's menu will be available at the time of pick-up.

Please contact Rick Caporali for more information and details, rcaporali@stbernpar.org.

Value Package \$23

(2 hrs community service)

- Ground Beef - 1lb
- Smoked, Thick-Cut Bacon - 1lb
- Tysons Chicken Tenderloins - 1.3lb
- Turkey Sausage Links - 85/15 - 1lb
- Plus 8-12 lbs. of the freshest fruits and vegetables we can find for you and your family

Baby Back Ribs \$35

(2 hrs community service)

- Ready to fire up the grill?
- 10lb Box of Baby Back Ribs!

Gourmet Chicken Breast Box \$24

(2 hrs Community Service)

- 10-pound box of hand-cut, skin-on, boneless chicken breasts, with wingette

Sirloin Strip Steaks \$22

(2 hrs Community Service)

- 6-8 oz steaks, ready for the grill!

*Menu items are always subject to change.
When we must substitute, we try to give
better value.*



SHARE Order Form

Value Package (\$23)

_____ x \$23. = \$_____

Baby Back Ribs (\$35)

_____ x \$35. = \$_____

Gourmet Chicken Breasts (\$24)

_____ x \$24. = \$_____

Sirloin Strip Steaks (\$22)

_____ x \$22. = \$_____

TOTAL: \$_____

Name _____

address _____

city _____ state _____ zip _____

email _____

cell/phone _____

Community Service Hours:

_____ hrs Church	_____ Host site
_____ hrs Youth	_____ Transport
_____ hrs Shelter	_____ Comm. Dinner
_____ hrs Seniors	_____ Vincent de Paul
_____ hrs Micah	_____ MW Hospital
_____ hrs School	_____ Parish Ministry
_____ hrs Community Service	
_____ hrs Other	_____ hrs Other

PAYMENT METHODS:

CASH or MONEY ORDER.

No CHECKS; Payment due when order is placed.

Money Orders should be made to:
SHARE FOOD NETWORK.

operations given in love

Weekly Offertory

Collections for May 20

Offertory	\$27,052
Diocesan Retired Priests	\$8,079
Special Parish Needs (add'l)	\$1,905
St Vincent de Paul Poor Box	\$174

Second Collection next week is for the Diocesan Mission Appeal for The Oblate Sisters of St. Francis De Sales. Thank you for your generosity!

Children's Offertory Envelopes for June

Our Children's Offertory Contributions for the month of June will be donated to Hope House, which was established in 1987 to serve homeless women and their children from the City of Fredericksburg, and the counties of Stafford, Spotsylvania, Caroline, and King George. Hope House is a non-profit, 501(c)3, transitional facility where homeless women and their children can stay up to two years. Hope House provides safe housing and the opportunities to transition to successful, independent living. Hope House also provides a childcare program that demonstrates excellence in childcare and ensures academic success. For more information, visit their website at hopehouse-va.org.

Choose Life Reflection

After Mary was told she would be the mother of God, the truth of her new status did not distract her from Elizabeth's needs. Real encounters with God do not turn us into ourselves, but rather make us more responsive to the needs of others. Religion does not keep us within the walls of our church-

es; rather, we go out to serve the needs of those whose lives and rights are in danger. *Lord, may we learn from what Mary did. Send us to help mothers and children in need.*

Al Anon Surviving the Weekend Group

All who have been affected by someone else's drinking, and members come together to learn a better way of life and how to find happiness. It's important to know that you are not alone and there is help. **Al Anon meetings are every Saturday at 10am in Room 204 of St. Mary's Parish Life Center.**

Nar Anon Support Available

Nar Anon is a program that offers support to family members and friends of loved ones struggling with substance abuse. All information and discussion is non-judgemental, informative and strictly confidential. Our meetings are in **Room 204 in the Parish Life Center on Thursday from 7-8pm** and are open to the community at large. **Contact Cathy at 703-201-8821, burgh757@gmail.com or Wayne at 540-840-5230.**

Prayer to the Holy Spirit

by Saint Augustine

Breathe in me O Holy Spirit,
That my thoughts may all be holy;
Act in me O Holy Spirit,
That my work, too, may be holy;
Draw my heart O Holy Spirit,
That I love but what is holy;
Strengthen me O Holy Spirit,
To defend all that is holy;
Guard me, then, O Holy Spirit,
That I always may be holy.

SCRIP Helping HCA

How it works: Most of us shop at various local vendors that are supported through SCRIP. These include Giant, Weis, Wawa, Starbucks, Wal-Mart, Target as well as popular restaurants like Olive Garden, Red Lobster, IHOP and Outback. Complete list at shopwithscrip.com. There are several ways you can order/purchase gift cards through the SCRIP program. One is to visit a SCRIP table after most Masses (including HCA). There is a volunteer who will provide info and help you purchase gift cards. Checks or cash accepted. You can also order online for delivery to either HCA (after 10:30am Mass or during school hours when school is in session) or for pickup after Saturday or Sunday Masses at the Church. And the most convenient way, set up a Presto Pay account and order gift cards online. You will need St. Mary's enrollment code to set an account. For the enrollment code and assistance, please contact Christi Greenwell at scripcoordinator@holycrossweb.com or 703-994-2142. She will help get you started.



liturgy

daily bread

Father's Day Novena

The Holy Sacrifice of the Mass is the best way to remember your father, living or deceased – or your grandfather, godfather or someone who is like a father to you. Beginning June 17, Father's Day, a Novena of Masses will be offered for all the intentions placed in front of the altar. These intentions will remain before the altar throughout the Novena. Fathers' Day Cards and extra novena envelopes are available in the vestibule of the Church and in the Parish Office.



Saint Mary Prayer List

Please pray for those who are sick or in need, especially: Maria Eliza Franca Maciel, Eileen Bourne, Marty T., David A. Pedro Rios, Cathy Burgh, Roger Dewayne, Angus Johnson, Peter Wood, Jude Murphy, Paula Snellings, Mary Jean & Don Williams, Harold Gardiner, Gerald Gardiner, Tina Ott, Michael Carr, Stephen Daley, Deanna White, Maria Stein, Elizabeth Davis, Jeanette Williams, Deborah June King, Ann Gallagher, Robert & Brittani Horner, Mary Ulmer, Antonio Christianson, Thomas Moeller, Marianne Ford, Ortiz Family, Maryann Seidlinger, William Hackbarth, John Michael Ides, Sylvia Pressley, Tamlyn Leaf, Matthew Roberts, Deanna Uperti, Gabriela Mason, Maria Stine, Joy & Larry Kligman, David Duke, Dennis Morris, James Murphy, Joan Cheek, Ted Mayor, Tim Conway, Billy LaPietra, Daniel Bustamonta, Maryann Devenas, Frank Spatt, Micheal Chen, Joseph Stefano, Fred Becker, Chuck Boyer, Maria Celia Brandao Lage, Leah Sapphire, Felicity Stanfield, Michael Kraljevich, Steve Zawisa, Casey Roby, Calvin Mills, Mary Jean Mills, Elise Velez, Tracey Hansen, Elizabeth Ames, Aleisa Barber, David Arnold, Maryann Greatsinger, Antonio Ferrara, Wilson and Joan Parker, Emma Gilbert, Virginia Gannon, Maureen Guilfoyle, Daniel Burke, Katherine Perusi, Dorie Lee, Christopher Szynal, Joy Zerby, Mariah Ceidlinger, Kelly Carperter-Silvers, Suzi Eggleston, Bernad Castillo, Nancy Buhite, Michael Durant, Matthew Gomer, Tricia Davis, Martha Clements, Dolores Renninger, Donna Long, Mary Ann Valentine, Mary Ann Maynard, Zachary Payne, Margaret Krebbel, Adrianna Pruitt, Deanna Pruitt, Montgomery Wood, Gail Russell, Patricia Russo, Charles Dittmer, Bruce Mattern, Dorothy Simmons, Lillian Kendall, Nikolai Sherba, Sharon S., Barbara Clarke, Roseanne Nash, Jeanne Burke, Prudy Tarpe, Gerardo Aguilar, Maureen Mizzles, Miles Wood, Mary Ellen Kearney, Kay Simmons, Robert Meyer, Marc and Susan Wood, John Gil, Lita Mary Mamboyo, Nathan Apicella, Timothy Travis, Kaden Sabo, Robert Nathan Servetnick, Christina Dittmer, Dianne Clancy, The Chevchuc Family, Mary Damato

Please pray for all the men and women in our military and civilian support services overseas, especially: Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Sean Plunkett, Roy Selvidge, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Nelly Garcia, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Kelsey Cullinan, Jason Cullinan, Estrella Bernaola, Frank Spatt Jr.

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

Daily Mass Intentions and Readings

May

28 MONDAY

6:30am No Mass
9:00am Father Colin
1 Pt 1:3-9/Mk 10:17-27

29 TUESDAY

6:30am Roberto Canizares
9:00am Thomas Zecha+
1 Pt 1:18-25/Mk 10:32-45

30 WEDNESDAY

6:30am Diane Thinh Nguyen
9:00am Rob D'Lugos
1 Pt 1:18-25/Mk 10:32-45

31 THURSDAY

6:30am Reed Sturtevant
9:00am Brian Retan+
Zep 3:14-18a/Lk 1:39-56

1 FRIDAY

6:30am Harold Ehrhart+
8:15am* James J. O'Conner+
9:00am Anthony Michael Wright+
8:00pm Alfredo Catolico Sr+
1 Pt 4:7-13/Mk 11:21-26

2 SATURDAY

9:00am Kenney Derenthal+
5:00pm Zbrzezni & Dolonaoski Families
7:00pm For Our Parish
Jude 17-25/Mk 11:27-33

3 SUNDAY

7:00am Oneta Shorter+
8:30am Kenney Derenthal+
10:30am Those who died in May
10:30am* Isabella Morgan+
12:30pm Charles Finn & Daughter Jannette
2:30pm(sp) Lorena & Armando Gomez
5:00pm Fr. Peter Dobrowski
7:00pm Margaret Dougherty+
Ex 24:3-8/Heb 9:11-15/Mk 14:12-26

* Indicates Mass at Holy Cross Academy

Please remember that Mass intentions may be requested at the parish office for any remaining Masses of the year. If dates are no longer available for the date you desire, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.