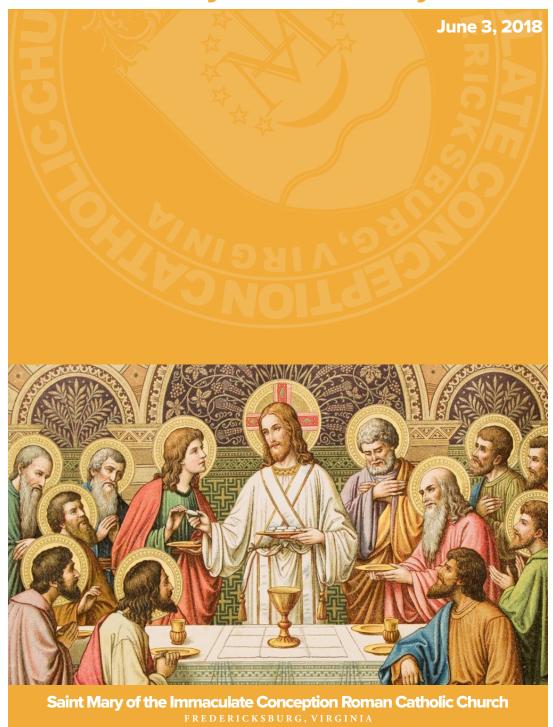
The Most Holy Blood and Body of Christ



upcoming events

June



3 SUNDAY, THE MOST HOLY BODY AND BLOOD OF CHRIST (Corpus Christi)

Scrip on Sale after all Masses except for 2:30pm

Work Camp Raffle after all Masses

Coffee Shop after 7am, 8:30am, 10:30am, 12:30pm, Mass 12pm, Spanish Legion of Mary, Parish Life Center, Room 204

12:30pm, Special Bilingual Mass with Corpus Christi Procession at Holy Cross Academy 3pm, Parish Picnic at Holy Cross Academy

4 Monday, Weekday (Ninth Week in Ordinary Time)

10:15am, Legion of Mary Our Lady of Perpetual Help Presidio, Parish Life Center, Room 100 1pm, Psalms Bible Study, Courtyard Meeting Room

Tuesday, Saint Boniface, Bishop and Martyr

7:30pm, Life in the Spirit Prayer Gathering, Courtyard Meeting Room

HOLY CROSS ACADEMY

6 Wednesday, Weekday [Saint Norbert, Bishop]

9:45am, Wisdom Bible Study, Courtyard Meeting Room 3pm, Divine Mercy Devotions, Church 6:30pm, Bishop Barron Bible Study, Courtyard Meeting Room 6:30pm, Spanish Junior Legion Of Mary, Parish Life Center, Main Hall 6:30pm, YouCat, John Paul II House 6:30pm, Confessions, Church

7 Thursday, Weekday

9:30am, Craft Group, Parish Life Center, Room 100 9:45am, Wisdom Bible Study, Courtyard Meeting Room 6:30pm, Trail Life, Parish Life Center, Main Hall 7pm, Nar-Anon, Parish Life Center, Room 204 7pm, Baptism Class, Parish Life Center, Room 201

8 Friday, THE MOST SACRED HEART OF JESUS

9am, St Anne Sisters in Faith, John Paul II House 6:30pm, Home School Graduation Mass, Church 7pm Spanish Prayer Group, John Paul II House

9 Saturday, The Immaculate Heart of the Blessed Virgin Mary

8am, Confessions
8am, Manana de Reflexion, Parish Life Center, Main Hall
10am, Mariamante Sewing Circle, John Paul II House
10am, Al-Anon, Parish Life Center, Room 204
10am, Baptisms, Church
3:30pm, Confession, Church
4pm, Spanish Prayer Group, John Paul II House
6pm, Scrip on Sale after Mass

10 SUNDAY, TENTH SUNDAY IN ORDINARY TIME

Scrip on Sale after all Masses except 2:30pm Join us for Coffee Shop after 7am, 8:30am, 10:30am, 12:30pm, Masses 12pm Spanish Legion of Mary 12:30pm, Baccalaureate Mass, Church

pulpit nnouncements

nota bene (note well, please):

- Join in the engaging Call to Evangelization series — more information on page 7.
- Our Annual Parish Picnic will be held Sunday, **June 3** — Find more information on page 9
- Feast of Corpus Christi bi-lingual Mass at Holy **Cross with procession, June 3** — more information on page 7
- Save the date All graduating seniors are invited to be recognized at Mass on June 10 - more information on page 8
- You're invited! Mary's Shelter Annual Soirée Find more information on page 10
- Father's Day Novena will begin June 17 more information on page 13.

 Important information for all parish organizations on page 10

Fellow Parishoners

We are quickly approaching the summer season. With this, comes many visitors to the Fredericksburg area. Communion procedures can be confusing to those people who are not familiar with St. Mary. They do not realize that the people in the front pew do not get Communion first. To reduce confusion, we will begin Communion from the FRONT, with the alcoves receiving Communion LAST, starting this weekend. This will continue until further notice. We appreciate your cooperation and understanding.

- Hospitality Ushers Ministry

contact us

SUNDAY MASS Saturday Vigil 5 & 7pm

Sunday 7, 8:30, 10:30am, 12:30, 2:30pm (Spanish), 5pm, 7pm 10:30am at Holy Cross Academy

DAILY Mon.-Fri.: 6:30am, 9am

M/W/F: 12 Noon **MASS** Sat.: 9am

First Friday 8pm

Holy Days of Obligation, as announced

DEVOTIONS Adoration, Daily between 6:30am &

9am Mass,

Wednesday 12:30pm - Friday 9am Miraculous Medal Novena, Mon., after 9am Mass, Divine Mercy, Wed., 3pm

CONFESSION Wed., 6:30-8:30pm:

Sat., 8am & 3:30pm, or by appt.

PARISH OFFICE

540-373-6491, fax 371-0251 stmary@stmaryfred.org Mon.-Fri., 8:30am - 4:30pm;

students staff office weekdays until 9pm,

Saturdays 9-5pm, Sundays 9:30-1:30pm

Pastor, Fr. John Mosimann Fr. Stephen Holmes Fr. Colin Davis Fr. Michael J.R. Kelly Deacon Alberto Bernaola Deacon Dick Delio

Operations Manager, Jim Florio Business Manager, Elaine Stanislawski Parish Secretary, Elizabeth Tellez Director of Music, David Uschold

stmaryfred.org

HOLY CROSS 540-286-1600
ACADEMY 250 Stafford Lakes Parkway

Fredericksburg, Virginia 22406-7234 Principal, Sr. Susan Louise Eder, O.S.F.S.

ST. MARY 540-373-7553 **PRESCHOOL** Director, Nanci Scharf

540-373-6491

EDUCATION Director, Aristides Lucas

Associate Director, Karen Sturtevant

YOUTH

540-373-6491

MINISTRY Director, Leo Chavarria

Tatiana Beltran

OUTREACH 540-373-6491

Elena Doyle - outreach@stmaryfred.org

BAPTISMS Parish registration (90 days) and class

Please contact the parish office to schedule the date at least four weeks in

advance.

MARRIAGE Parish registration required; contact parish six months in advance to begin

preparation.

JOIN US New Family Registration meetings held in

the Parish Life Center on fourth Sundays, following the 10:30 Mass. Please notify us

of any contact changes.

Articles must be submitted two weeks prior to publication. Send articles to bulletin@stmaryfred.org. Thanks!

from our pastor

pax et bonum

Dear Folks,

Corpus Christi, the feast of the Body and Blood of our Lord!

It is such a great occasion to consider this fundamental truth the faith entrusted to us by Our Lord. St. Maxamillian Kolbe said, "

If Angels could be jealous of men, they would be so for one reason: Holy Communion." These beautiful, pure spirits gaze upon the face of God. And yet they can not receive Jesus in the manner that we do. Sometimes I ask my guardian angel to worship God on my behalf and to pray as he deserves.

How can I more worthily receive the Eucharist?

- 1. **Remote Preparation** Spend time in adoration. To come to church and pray in the presence of the sacrament is to invest my time where my faith is. It is an act of faith to be willing to go sit and gaze upon this Sacrament. When we bask in the light of the Son, we are warmed and transformed. Will I spend more time this summer sun-bathing or Sonbasking?
- 2. Immediate Preparation Do I arrive at Mass early enough to pray, settle, and recollect? Also re-read last week's bulletin note on dressing in our 'Sunday Best.'
- 3. **Reception** when I receive on the tongue or in the hand, am I focussed only on Jesus? Am I giving him my best and most reverent attention? Banish all thoughts of watching others receive, or checking out the fashion choices of others.
- 4. **Thanksgiving** after receiving and returning to my spot, whisper to Jesus who now dwells within me like tabernacle. And this is the tabernacle that He prefers, a loving heart.
- 5. **Discipleship** live in the manner worthy of the sacrament. Be His disciples to the world, making Him known in your love for the poor, in your concern for youth, in your charity to all. Reject Sin, Satan, and all His works. Live the corporal and spiritual works of mercy.

Ok, that is quite a recipe, and one that is far from complete. I will leave you with a beautiful prayer from the Byzantine liturgy of the Mass. It is said this just before receiving Holy Communion. It is a lovely meditation on this great feast. Praying this prayer is bound to deepen your faith in this wonder-filled Sacrament.

O Lord, I believe and profess that You are truly Christ, the Son of the living God, Who came into the world to save sinners, of whom I am the first. Accept me as a partaker of Your mystical supper, O Son of God; for I will not reveal Your mystery to Your enemies, nor will I give You a kiss as did Judas, but like the thief I confess to You: Remember me, O Lord when You shall come into Your kingdom. Remember me O Master, when You shall come into Your kingdom. Remember me O Holy One, when you shall come into Your kingdom. May the partaking of Your Holy Mysteries, O Lord, be not for my judgment or condemnation, but for the healing of soul and body. O Lord, I believe and profess that this, which I am about to receive, is truly Your most precious Body and Your life- giving Blood, which, I pray, make me worthy to receive for the remission of all my sins and for life everlasting. Amen. O God, be merciful to me, a sinner. O God, cleanse me of my sins and have mercy on me. O Lord, forgive me, for I have sinned without number.

From the Pews at St. Mary

Dear Father Mosimann,

I travel as part of my job. I have been increasingly struck by the decline of availability of Catholic masses and services across the country. I have attended adoration on a number of occasions throughout my life. However, the ability to spend time with Our Lord over a two day period each week has been nothing short of transformative.

I have a family and a full time job. I juggle lengthy commutes, long work hours, frequent work travel, and a dynamic family schedule. Many times I arrive at adoration tired, hungry, and distracted with the days events. While nothing in my life has changed, EVERYTHING is different. The loving and subtle transformation that Jesus has wrought in my interior life though adoration has been profound, and sustaining.

Attending adoration will not take away your problems, but it has consistently given my guidance, insight and peace about the many things I bring to Jesus each week. The Eucharist is the greatest gift, because God giving us Himself. Jesus waits, silent and patient, for us to come and be with Him. He longs to share every aspect of ourselves with us. It's as simple as dropping by for 15 minutes and telling him what's in your heart.

It's easy to take what we have at St Mary's for granted. We are truly blessed to have access to daily mass, weekly confession, and an extended adoration each week. I pray that more of our parishioners will take time dwell in the heart of Jesus. In such a tumultuous world we are all in need of a peace and love that only God can provide. He will never disappoint us. Thank you for for the extended opportunity you have provided the parish for weekly adoration.

Sincerely, Mary CM

pax,

Ru J. Morris

education

holy cross academy

Girl Smarts/Total Boy Workshop

Fourth and Fifth Grade students at Holy Cross recently participated in a Girl Smarts/Total Boy workshop. Students explored topics such as body language, first impressions and maintaining eye contact.

They participated in activities to promote teamwork and social media smarts. HCA faculty and staff worked with Dianna Flett and her staff to provide guidance and direction to our girls and boys as they approach the transitional years of Middle School. They discussed the connection between our values and our decisions and how these form our character.

This engaging program reinforces the values taught to our children by their parents and our school, making it fun and interactive. A great way to help our children bridge into the new relationships with empathy and compassion.

Accepting Registrations

Saint Mary Preschool and Holy Cross Academy are a wonderful place to learn and grow. We hope that you will consider our parish school for your children. To learn more, we invite you to visit our school website, **holycrossweb.com**. If you would like to see what we can do for your child, please call our HCA office at 540-286-1600 or St. Mary Preschool at 540-373-7553 to arrange for a tour or to let us tell you all about our parish school. or St. Mary Preschool at 540-373-7553 to arrange for a tour or to let us tell you all about our parish school.



SAINT MARY of the IMMACULATE CONCEPTION www.stmaryfred.org

religious education



Magnifikid

The Most Holy Body and Blood of Christ

"June opens up with the beautiful solemnity of the Most Holy Body and Blood of Christ. This celebration is often referred to as Corpus Christi Sunday, from the Latin name of the feast. The Church rejoices that under the appearance of Bread and wine, the most ordinary of foods, God gives us the Body and Blood of his Son to be an abiding presence with us."

New Year Registration

Registration for the new school year began June 1st. All students who will attend Religious Education classes are to register. Students preparing for First Holy Communion must provide a copy of their Baptismal Certificate

Vacation Bible School

Registration continues for VBS at the Parish Office from 9am-4pm, Monday to Friday. Registration fee is \$25.00

VBS will be offered the week of June 18 – 22, 9am-12noon. VBS is open to rising K through rising 5th grade students.



FORMED PICK OF THE WEEK

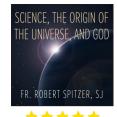
Science, the Origin of the Universe, and God

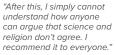
Where Faith and Science Align

All too often, science is employed as a means of disproving the tenants of Christianity. In this informative talk, Fr. Robert Spitzer, SJ – expert in physics, philosophy, and theology – debunks the incompatibility of science and Faith as he discusses the origin of the universe.









-Paul J, Chula Vista, CA

JOIN FORMED — 1. formed.org 2. click register 3. enter parish code: F6F228

Call to Evangelization

Empower your witness! Every day we have opportunities to share our story about why we love being Catholic, but do we? Or, do we hide our light under the proverbial bushel?

This small group's purpose is to support and encourage each other in our efforts to share our faith. We discuss opportunities we've had to evangelize, what worked and what didn't, or what prevented us from trying.

If you want to engage others in conversation about our faith, join us. We meet every 3rd Sunday between the 10:30am and the 12:30pm masses (except on holiday weekends) in the Courtyard Meeting Room. For more information contact Bryan Richardson at **br22406@** cox.net

Special Corpus Christi Mass & Procession

In honor of the Feast of Corpus Christi, we will celebrate a special additional Sunday bilingual Mass at 12:30pm at Holy Cross (the English 12:30pm as normal at the church), June 3, followed by a Corpus Christi Procession around the school property, followed by the Parish Picnic! All are invited to attend and celebrate this great Solemnity of the Body and Blood of Christ!

Pilgrim Virgin Statue

Would you like to have the Pilgrim Virgin Statue visit your home? Contact Mary Lou Felts, 571-723-3333 or maryloufelts@ gmail.com for more information. This is one of the works done by the Legion of Mary.

Volunteers Needed

The Office of Migration & Refugee Services, in the Fredericksburg area, is currently in desperate need of tutors for school-aged children needing help with homework. They are asking that tutors commit to two hours per week. Tutoring takes place in the home of the student (due to transportation issues). The kids are wonderful, very well behaved, polite and eager to learn. This is a great volunteer opportunity for high school kids needing community hours, National Honor Society Members, retired folks, empty nesters ..anyone, wanting to connect and teach a child willing to learn. Interested volunteers can start by submitting their information on ccda.net and clicking on 'volunteers' and they can also contact the volunteer manager, Arielle Reynoso at 703-778-9128, or through email, areynoso@ccda.net. We can match tutors based on their preference for gender and grade

Baccalaureate Mass

We invite all graduating high school seniors to come to Mass at 12:30pm on Sunday June 10. Graduates will process in with the priest and sit together in the front of the church and be recognized for their achievements!

Become a CITIZEN

Apply now! Come to a citizenship application workshop hosted by Catholic Charities Hogar Immigrant Services on June 16, from 10am-1pm at St. Anthony Catholic School. Cost is \$110, cash or credit. Contact us or preregister by calling (571) 208-1572 or email hogarimmigrantservices.org/workshop.

Father's Day Pancake Breakfast!

Enjoy a great breakfast while celebrating Father's Day, June 17! Your Knights of Columbus will be hosting a Pancake Breakfast from 8am-12pm on June 17. Enjoy fluffy pancakes, sausage, eggs, hash browns, and varied beverages appropiate for all ages! You cannot start the day better than celebrating our Lord and enjoying a wonderful breakfast with your family. Hope to see you there!

You Were Born a Man

Become a Knight

What do Vince Lombardi, Babe Ruth, and President John F. Kennedy all have in common? They were all men of faith. They were all legendary not only for their extraordinary achievements, but also for the many ways they gave of themselves in service to others. They were all Knights of Columbus.

For more than 130 years, Knights have been leaders in their communities. Rooted in faith and supported by a global fraternity of 1.9 million brother Knights, you can be more and do more. When you join us, you're joining the company of heroic men, and answering a higher call to become what God wants you to be!

Meet other extraordinary Knights who are part of your local council. See what being a Knight can do for you. Contact us at either grandknight@ kofc4034.org or membership@ kofc4034.org. Or, sign up now on line at **KofC.org/JoinUs**

Red Cross Bloodmobile Blood Drive

Knights of Columbus 4034

Save the Date, Save a Life!

Wednesday, June 6 2-6pm St. Mary's Parking Lot



August 4, 2018 SAVE THE DATE

NO COST TO ATTEND • RESERVATIONS REQUIRED • marysshelterva.org



"HOW CAN THERE BE TOO MANY CHILDREN?

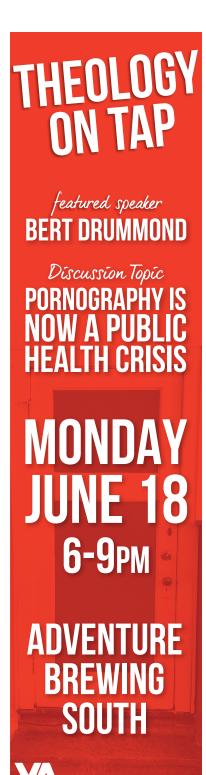
That's like saying there are too many flowers. -Mother Teresa

9th Annual Summer Soirée

AUGUST 4, 2018

Fredericksburg Expo Center

1601 PRINCESS ANNE ST., FREDERICKSBURG, VA 22401 • 540-374-3407 • MARYSSHELTERVA.ORG



parish life get involved



Help is needed!

Hamburgers, turkey burgers, hot dogs, sausages, baked beans, potato salad, and drinks are prepared by the Knights and served by the CCW. Side dishes and desserts provided by parishioners.

To help serve food, contact the Council of Catholic Women: Eileen Geary, **eileengeary@yahoo.com**, 540-371-1844

To help cook, set up or clean up, contact Knights of Columbus: Paul Scott, **pscottsis@aol.com**, 540-891-9331

Our annual PARISH PICNIC is Sunday, June 3 from 3–7pm on the fields at Holy Cross Academy



VOLUNTEER TODAY!

PICNIC at A GLANCE

AMAZING games and rides

LIVE MUSIC in concert by Vision

TASTY food and drinks served from 3-6pm

AND everything you bring:
If your last names starts with:
A-G: bring chips to share;
H-P: bring a dessert to share;
Q-Z: bring a non-perishable snack.

GAMES

Extreme Air Bungee Jumper Wrecking Ball Jurassic Adventure 5 in 13D Sponge Bob Bungee Run/ Gladiator Joust Fire Rescue Obstacle Course Big Kahuna Dry Water Slide

ACTIVITIES

Face painting
Pony rides
Cotton candy
Sno cones
Popcorn
Music by Vision
Majest Martial Arts demo



We invite all Christians to gather in the peace of Christ at St. Mary Monday, June 18 as we "prepare a place for unity and peace" together.

You are invited to a monthly gathering of prayer in the ecumenical tradition of the Taizé Community in France, the second Monday of every month at 8:15pm.

It is our hope that this monthly prayer brings together Christians of all churches, pastors and flocks, as together we realize a bit more each day that we must rely upon God's power to bring about Unity among all who follow Jesus, "as he and the Father are one." It is something we are unable to do ourselves.

This Unity which embraces all people stands at the very heart of Christ's mission...and belongs to the essence of our community. Let us provide a place where his Spirit can come and fulfill his plan for us.

happenings

Pastorial Transfers

Father Stephen Holmes will be transferring from Parochial Vicar at Saint Mary of the Immaculate Conception to Parochial Vicar at Sacred Heart of Jesus Parish in Winchester, Virginia. Father Holmes will be replaced Reverned Michael J. Folmar – upon ordination to the priesthood. These appointments by Bishop Burbidge will be effective as of June 28.

Health Ministry

Blood Pressure Check-In June

According to the Johns Hopkins Medicine web site, some 60 million Americans have high blood pressure, but only about half of them know it, primarily because it so rarely causes any noticeable symptoms and is usually detected only incidentally during a routine physical. Left untreated, a person runs the risk of heart disease, stroke, and kidney damage, just to name a few. This is why hypertension is known as the silent killer. However it is important to also remember that many factors that contribute to hypertension are within an individual's control. Everyday activities such as the food choices we make, maintaining a healthy weight, routine activity level, regular checks of our blood pressure numbers are prevention strategies that are shown to make a significant impact on the development of hypertension. Our Health Ministry Team is offering a blood pressure Check-In on Sunday June 17 from 8am-12noon during the Sunday Coffee Shop as well as after the 2:30pm Spanish Mass. We will be in room 100 of the Parish Life Center. Parishioners will be given a written record of the findings and resource materials is also available. This Check-In

can support you, the parishioner in several ways.

1. Provide a record of blood pressure readings for the parishioner to pass on to their primary care physician.

2. Alert the parishioner to situations that may require immediate medical attention.

3. A means of sharing a simple blessing with the parishioner. The act of "Presence" or being totally available to the parishioner for this brief encounter can be a powerful source of blessing for the parishioner and the Team member.

Attention All Parish Organizations

Your calendar for the use of parish facilities from September 2018 to August 2019 should be submitted to Elaine in the Parish Office no later than July 31. Please make sure you submit your request to Elaine, in writing, as soon as possible, either by regular mail, or by email to estanislawski@stmaryfred.org. In setting up your schedule, please note that evening activities cannot be scheduled before

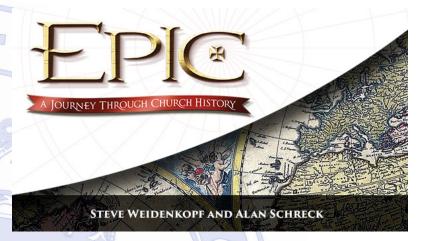
8pm from September through May, due to Religious Education classes in the Parish Life Center and the John Paul II House.

CCW News

A sincere thank you goes out to all of our picnic servers who will keep the plates full and the faces smiling.

Our next gathering on June 12, after the 9am Mass will be our final meeting before the summer break. Officers will be installed in church and a pot luck lunch will follow in the Rooney Room. Please join us.

Loli Ibarra (540-899-8949) invites you to join the fun of putting together our annual tea to be held on September 29. Just give her a call. May you all have a blessed summer.



Epic is coming in September!

Discover the "Epic" Story of the Catholic Church, watch the bulletin for more details

our parish

Father's Day Novena

The Holy Sacrifice of the Mass is the best way to remember your father, living or deceased – or your grandfather, godfather or someone who is like a father to you. Beginning June 17, Father's Day, a Novena of Masses will be offered for all the intentions placed in front of the altar. These intentions will remain before the altar throughout the Novena. Fathers' Day Cards and extra novena envelopes are available in the vestibule of the Church and in the Parish Office.



Welcome to SHARE at St. Mary Parish!

Order Deadline: June 11 Food Pick-Up: June 23

This is a food cooperative program with a community service requirement. Package Pick-up is typically the fourth Saturday of the month at the Parish Life Center between 8-9am. The following month's menu will be available at the time of pick-up.

Please contact Rick Caporali for more information and details, rcaporali@ stbernpar.org.

Value Package \$23

(2 hrs community service)

- Ground Beef 1lb

- Smoked, Thick-Cut Bacon 1lb
 Tysons Chicken Tenderloins 1.3lb
 Turkey Sausage Links 85/15 1lb
 Plus 8-12 lbs. of the freshest fruits and vegetables we can find for you and your family

Baby Back Ribs \$35

(2 hrs community service)

Ready to fire up the grill?

10lb Box of Baby Back Ribs!

Gourmet Chicken Breast Box \$24

(2 hrs Community Service)

• 10-pound box of hand-cut, skinon, boneless chicken breasts, with wingette

Sirloin Strip Steaks \$22

(2 hrs Community Service)

• 6-8 oz steaks, ready for the grill!

Menu items are always subject to change. When we must substitute, we try to give better value.

SIAD =
FOOD NETWORK
HARE Order Form

SHARE Urder Fo	rm
Value Package (\$23)	
x \$23. =	\$
Baby Back Ribs (\$35)	
x \$35. =	\$
Gourmet Chicken Breasts (\$2	24)
x \$24. =	\$
Sirloin Strip Steaks (\$22) x \$22. =	¢
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TOTAL: \$	
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cell/nhone

ceniphone				
Community Service Hours:				
hrs Church	Host site			
hrs Youth	Transport			
hrs Shelter _	Comm. Dinner			
hrs Seniors _	Vincent de Paul			
hrs Micah _	MW Hospital			
hrs School	Parich Minietry			

hrs Community Service hrs Other _ hrs Other

PAYMENT METHODS: CASH or MONEY ORDER.

No CHECKS; Payment due when order is placed. Money Orders should be made to: SHARE FOOD NETWORK.

operations

given in love

Weekly Offertory

Collections for May 20

Offertory	\$27,052
Diocesan Retired Priests	\$8,079
Special Parish Needs (add'l)	\$1,905
St Vincent de Paul Poor Box	\$174

Second Collection next week is for the Diocesan Mission Appeal for The Oblate Sisters of St. Francis De Sales. Thank you for your generosity!

Corpus Christi Reflection

"To engage in Eucharistic contemplation means, concretely, to establish a heart to heart contact with Jesus really present in the Host and, through Him, to be raised to the Father in the Holy Spirit Eucharistic contemplation is to look at one who is looking at me." (Fr. Raniero Cantalamessa)

Children's Offertory Envelopes for June

Our Children's Offertory Contributions for the month of June will be donated to Hope House. which was established in 1987 to serve homeless women and their children from the City of Fredericksburg, and the counties of Stafford, Spotsylvania, Caroline, and King George. Hope House is a non-profit, 501(c)3, transitional facility where homeless women and their children can stay up to two years. Hope House provides safe housing and the opportunities to transition to successful, independent living. Hope House also provides a childcare program that demonstrates excellence in childcare and ensures academic success. For more information. visit their website at hopehouseva.org.

Choose Life Reflection

In the midst of the abortion tragedy, the Church does not point fingers of condemnation. Rather, the Church extends hands of compassion and help to lift up out of despair those who are tempted to abort their children. The Church informs her people of the many alternatives to abortion and says, "I am with you and will enable you to say 'yes' to life." Lord, may we reach out to those who are tempted to abort because they feel alone, that they may know that we and You are with them.

Al Anon Surviving the Weekend Group

All who have been affected by someone else's drinking, and members come together to learn a better way of life and how to find happiness. It's important to know that you are not alone and there is help. Al Anon meetings are every Saturday at 10am in Room 204 of St. Mary's Parish Life Center.

Nar Anon Support Available

Nar Anon is a program that offers support to family members and friends of loved ones struggling with substance abuse. All information and discussion is non-judgemental, informative and strictly confidential. Our meetings are in Room 204 in the Parish Life Center on Thursday from 7-8pm and are open to the community at large. Contact Cathy at 703-201-8821, burgh757@gmail.com or Wayne at 540-840-5230.

Helpful Hints & Reminders

- Did you know that when you write a check, you should use only black or blue ink? All other colors may look very nice, but they don't show up on bank scanners and bank employees have to manually enter the amount at the bottom of the check or return the check to us. So please use only black or blue ink when writing a check.
- From time to time we receive contributions in envelopes from other parishes in the Diocese. If there is no notation, it is our policy to send these contributions to the parish indicated on the envelope. If your contribution is actually meant for St. Mary, please be sure to use St. Mary envelopes, or a plain envelope with your name and address indicated, or cross out the name of the parish on the envelope and clearly write St. Mary on the envelope so that we can process your contribution properly.



liturgy

daily bread

SCRIP Helping HCA

How it works: Most of us shop at various local vendors that are supported through SCRIP. These include Giant, Weis, Wawa, Starbucks, Wal-Mart, Target as well as popular restaurants like Olive Garden, Red Lobster, IHOP and Outback. Complete list at **shopwithscrip.com** There are several ways you can order/purchase gift cards through the SCRIP program. One is to visit a SCRIP table after most Masses (including HCA). There is a volunteer who will provide info and help you purchase gift cards. Checks or cash accepted. You can also order online for delivery to either HCA (after 10:30am Mass or during school hours when school is in session) or for pickup after Saturday or Sunday Masses at the Church. And the most convenient way, set up a Presto Pay account and order gift cards online. You will need St. Mary's enrollment code to set an account. For the enrollment code and assistance, please contact Christi Greenwell at scripcoordinator@ holycrossweb.com or 703-994-2142. She will help get you started.

Saint Mary Prayer List

Please pray for those who are sick or in need, especially: Maria Eliza Franca Maciel, Eileen Bourne, Marty T., David A, Pedro Rios, Cathy Burgh, Roger Dewayne, Angus Johnson, Peter Wood, Jude Murphy, Paula Snellings, Mary Jean & Don Williams, Harold Gardiner, Gerald Gardiner, Tina Ott, Michael Carr, Stephen Daley, Deanna White, Maria Stein, Elizabeth Davis, Jeanette Williams, Deborah June King, Ann Gallagher, Robert & Brittani Horner, Mary Ulmer, Antonio Christianson, Thomas Moeller, Marianne Ford, Ortiz Family, Maryann Seidlinger, William Hackbarth, John Michael Ides, Sylvia Pressley, Tamlyn Leaf, Matthew Roberts, Deanna Uperti, Gabriela Mason, Maria Stine, Joy & Larry Kligman, David Duke, Dennis Morris, James Murphy, Joan Cheek, Ted Mayor, Tim Conway, Billy LaPietra, Daniel Bustamonta, Maryann Devenas, Frank Spatt, Micheal Chen, Joseph Stefano, Fred Becker, Chuck Boyer, Maria Celia Brandao Lage, Leah Sapphire, Felicity Stanfield, Michael Kraljevich, Steve Zawisa, Casey Roby, Calvin Mills, Mary Jean Mills, Elise Velez, Tracev Hansen, Elizabeth Ames, Aleisa Barber, David Arnold, Maryann Greatsinger, Antonio Ferrara, Wilson and Joan Parker, Emma Gilbert, Virginia Gannon, Maureen Guilfoyle, Daniel Burke, Katherine Perusi, Dorie Lee, Christopher Szynal, Joy Zerby, Mariah Ceidlinger, Kelly Carperter-Silvers, Suzi Eggleston, Bernad Castillo, Nancy Buhite, Michael Durant, Matthew Gomer, Tricia Davis, Martha Clements, Dolores Renninger, Donna Long, Mary Ann Valentine, Mary Ann Maynard, Zachary Payne, Margaret Krebbel, Adrianna Pruitt, Deanna Pruitt, Montgomery Wood, Gail Russell, Patricia Russo, Charles Dittmer, Bruce Mattern, Dorothy Simmons, Lillian Kendall, Nikolai Sherba, Sharon S., Barbara Clarke, Roseanne Nash, Jeanne Burke, Prudy Tarpe, Maureen Mizzles, Miles Wood, Mary Ellen Kearney, Kay Simmons, Robert Meyer, Marc and Susan Wood, John Gil, Lita Mary Mamboyo, Nathan Apicella, Timothy Travis, Kaden Sabo, Robert Nathan Servetnick, Dianne Clancy, The Chevchuc Family, Mary Damato

Please pray for all the men and women in our military and civilian support services overseas, especially: Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Sean Plunkett, Roy Selvidge, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Nelly Garcia, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Kelsey Cullinan, Jason Cullinan, Estrella Bernaola, Frank Spatt Jr.

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

Daily Mass Intentions and Readings

June

4 MONDAY

6:30am Silvia Campos 9:00am Ana R. Bernaola+ 2 Pt 1:2-7/Mk 12:1-12

5 TUESDAY

6:30am Mariam Ricard+ 9:00am Barbara Mertens+ 2 Pt 3:12-18/Mk 12:13-1

6 WEDNESDAY

6:30am Rev Joseph Farrell 9:00am Teresita Canizares+ 2 Tm 1:1-12/Mk 12:18-27

7 THURSDAY

6:30am Michael Dickinson+ 9:00am Charles White+ 2 Tm 2:8-15/Mk 12:28-34

8 FRIDAY

6:30am Catherine M. Gordon+
8:15am* Sister Mercedes Maria+
9:00am Elaine Reyes
Hos 11:1-9/Eph 3:8-19/Jn 19:31-37

9 SATURDAY

9:00am Joe O'Connor+ 5:00pm Elvia Burgos & Ernest Bailey+ 7:00pm Mr & Mrs. Walter Weir+ 2 Tm 4:1-8/Lk 2:41-51

10 SUNDAY

7:00am Teresita Canizares+
8:30am For Our Parish
10:30am Father Holmes
10:30am* William Sampson+
12:30pm Jeffrey Alexander+
2:30pm(sp) Helen Ruiz
5:00pm A. J. Schalk
7:00pm Fr. Peter Reynierse & Family
Gn 3:9-15/2 Cor 4:13—5:1/Mk 3:20-35

* Indicates Mass at Holy Cross Academy

Please remember that Mass intentions may be requested at the parish office for any remaining Masses of the year. If dates are no longer available for the date you desire, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.