

Fourteenth Sunday in Ordinary Time

July 8, 2018



Saint Mary of the Immaculate Conception Roman Catholic Church
FREDERICKSBURG, VIRGINIA

upcoming events

July



**SAINT
MARY**
of the
IMMACULATE
CONCEPTION
Roman Catholic Church

HOLY CROSS ACADEMY

8 SUNDAY, FOURTEENTH SUNDAY IN ORDINARY TIME

Coffee Shop after 7am, 8:30am, 10:30am, 12:30pm, Mass
Scrip on Sale after all Masses except 2:30pm
12pm, Spanish Legion of Mary

9 Monday, Weekday [Saint Augustine Zhao Rong, Priest, and Companions, Martyrs]

10:15am, Legion of Mary Our Lady of Perpetual Help Presidio, Parish Life Center, Room 100
1pm, Bible Study, Courtyard Meeting Room
8:15pm, Taizé, Church

10 Tuesday, Weekday

6pm, CYM Sports Tuesday at Old Mill Park
7:30pm, Life in the Spirit, Courtyard Meeting Room

11 Wednesday, Saint Benedict, Abbot

3pm, Divine Mercy Devotions
6:30pm, Bishop Barron Bible Study, Courtyard Meeting Room
6:30pm, Spanish Junior Legion of Mary, Parish Life Center, Main Hall
6:30pm, Confessions, Church

12 Thursday, Weekday

9:30am, Craft Group, Parish Life Center, Room 100
7pm, Nar-Anon, Parish Life Center, Room 204

13 Friday, Weekday [Saint Henry]

7pm, Spanish Prayer Group, John Paul II House

14 Saturday, Saint Kateri Tekakwitha, Virgin

8am, Confessions
10am, Baptisms, Church
10am, Mariamante Sewing Circle, John Paul II House, Upstairs
10am, Al-Anon, Parish Life Center, Room 204
3:30pm, Confessions, Parish Life Center due to a conflict, Church
4pm, Spanish Prayer Group, John Paul II House
6pm, *Scrip on Sale, Parish Life Center*

15 SUNDAY, FIFTEENTH SUNDAY IN ORDINARY TIME

Coffee Shop after the 7am, 8:30am, 10:30am, 12:30pm, Masses
Scrip on Sale after all Masses Except 2:30pm
11:30am, Evangelization Meeting, Courtyard Meeting Room
12pm, Spanish Legion of Mary, Parish Life Center, Room 204

pulpit announcements

nota bene (note well, please):

- **Special note from Father Folmar**

More information on page 10

- **Important information for all parish organizations**

More information on page 7

- **Summer Youth Group activities**

More information on page 7

- **Join in the engaging Call to Evangelization series**

More information on page 8

- **You're invited! Mary's Shelter Annual Soirée**

More information on page 9

- **Join Flocknote for RE Notifications!**

Text '**StMaryFredRE**' to **84576** to automatically receive text messages and emails when RE Classes are canceled. Or go online and register by following the link at the parish website, **stmaryfred.org** on the right hand side at the top of the information panel.

Parish Trips - Save the Date:

India with Fr. Sunny & Fr. Mosimann

October 14 - 28, 2018

Cost: \$3300

Holy Land with Fr. Mosimann

January 28 - February 8, 2019

Cost: To be determined

contact us

SUNDAY MASS

Saturday Vigil 5 & 7pm
Sunday 7, 8:30, 10:30am, 12:30,
2:30pm (Spanish), 5pm, 7pm
10:30am at Holy Cross Academy

DAILY MASS

Mon.-Fri.: 6:30am, 9am
M/W/F: 12 Noon
Sat.: 9am
First Friday 8pm
Holy Days of Obligation, as announced

DEVOTIONS

Adoration, Daily between 6:30am &
9am Mass,
Wednesday 12:30pm - Friday 9am
Miraculous Medal Novena, Mon., after
9am Mass, Divine Mercy, Wed., 3pm

CONFESSION

Wed., 6:30-8:30pm;
Sat., 8am & 3:30pm, or by appt.

PARISH OFFICE

540-373-6491, fax 371-0251
stmary@stmaryfred.org
Mon.-Fri., 8:30am - 4:30pm;
students staff office weekdays until 9pm,
Saturdays 9-5pm, Sundays 9:30-1:30pm

Pastor, Fr. John Mosimann
Fr. Colin Davis
Fr. Michael J.R. Kelly
Fr. Michael Folmar
Deacon Alberto Bernaola
Deacon Dick Delio

Operations Manager, Jim Florio
Business Manager, Elaine Stanislawski
Parish Secretary, Elizabeth Tellez
Director of Music, David Uschold

HOLY CROSS ACADEMY

540-286-1600
250 Stafford Lakes Parkway
Fredericksburg, Virginia 22406-7234
Principal, Sr. Susan Louise Eder, O.S.F.S.

ST. MARY PRESCHOOL

540-373-7553
Director, Nanci Scharf

RELIGIOUS EDUCATION OFFICE

540-373-6491
Director, Aristides Lucas
Associate Director, Karen Sturtevant

YOUTH MINISTRY

540-373-6491
Director, Leo Chavarria
Tatiana Beltran

OUTREACH

540-373-6491
Elena Doyle - outreach@stmaryfred.org

BAPTISMS

Parish registration (90 days) and class required.
Please contact the parish office to schedule the date at least four weeks in advance.

MARRIAGE

Parish registration required; contact parish six months in advance to begin preparation.

JOIN US

New Family Registration meetings held in the Parish Life Center on fourth Sundays, following the 10:30 Mass. Please notify us of any contact changes.

Articles must be submitted two weeks prior to publication.
Send articles to bulletin@stmaryfred.org. Thanks!

stmaryfred.org

from our pastor

pax et bonum

Dear Folks,

As I write this it is Hot, Hot, Hot.... I think the last place I would want to be today is the beach. God Bless folks who are at the beach in this heat. Which brings to mind vacations and for me vacations mean a chance to relax and take some pictures! Thus I want to encourage you to take lots of photos and get ready for the second ever St. Mary IC Photography Contest. Prizes, fame and prayers go to the winners. The deadline for submission of photos will this fall sometime so get clicking!

Why is our faith so important? Because God is Love and we can not know / possess / or experience any Love apart from Him. Because He is love I need to love Him and love all that He loves. Our faith contains these great truths without admixture of error: God reveals to us His very self, and how to live in that love. Let him conduct the symphony of your life. Ask Him what he wants you to do, do it and you will be happier than you ever imagined. Here and in the world to come. Amen.

One great sadness is that folks sometimes take a vacation from Sunday Masses for the summer (and yes, I know I am writing to the folks who are at Mass)! In seminary, we used to say, "There is no vacation from your vocation." We don't take vacations from our marriages or families. May the relationships of love, spouses, children, brothers/sisters in Christ be the relationships that energize and restore you because they are mere foretastes of the union with God and neighbor in heaven that we are made for. That is the union that is sacramentally accomplished in every Holy Mass!

pax,



Fr Mosimann



Health Ministry

Caregivers: A Tip You May Not Have Considered

Most of us, at some time find ourselves in the role of caregiver and most of the time it's a time of joy and gratitude, albeit exhausting. Kids, family responsibilities, the whole thing can take a toll. Other times are even more of a challenge with sleepless nights, anxious moments and fear that you may fail.

Resources abound to support you, no matter where you may be in this journey. But sometimes these "resources" turn out to be just another item to add to the to-do list.

Here is a tip that not only can provide much needed rest and refocus, but barely interrupts a busy schedule. A J-O-Y Meditation.

First, consider your day and pick a 10 minute period of time you can sit without interruption. You may also want to establish a place that you set aside for this purpose. Sit, quieting your mind and heart.

Next, recall a scene in the life of Jesus "J" – it can be anything – and think on that scene for a minute or two. Recalling His passion in the garden, or walking by the sea will do for starters. Or choose Christ's words like "I am the way" to repeat in your mind during your meditation. Over time, you will find yourself returning to themes or patterns.

Next, consider the "O", others in your life who may need lifting up. Simply call their name to mind and offer a simple blessing. "The Lord bless you and keep you" is one example.

Finally: Offer yourself, "Y" - asking God to walk with you through the coming day. "Oh my Jesus, I trust in You" is a powerful way to acknowledge Christ by your side.

Finally, offer a simple closing prayer "Our Lady of the Way, Pray for us,"

Establishing this simple, sacred time and space in your busy day will open new ways to cope with the day's challenges.

education holy cross academy

Catholic Charities Migration & Refugee Service Banquet

St. Mary's and Holy Cross Academy were thrilled to host the Catholic Charities Migration & Refugee Services end-of-year student awards banquet! These students have worked so hard to not only assimilate to a new country, culture and language but have excelled in the classroom! We are in awe of your accomplishments and so proud of you!

If you would like to volunteer to assist our MRS students and families, help is always needed. Please contact Catholic Charities directly at



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Blue Ribbon
School of
Excellence*



parish life

religious education

Magnifikid

The Thirteenth Sunday in Ordinary Time
"Get to know Jesus"

"Hopefully, you have already learned about Jesus from your parents, family, teachers, Priests, and from the Mass. ... At Mass, The Gospel teaches us a little bit more about Jesus and what he expects from us. ... In order to truly know Jesus, we must open our hearts to him more and more each day, so that his love may grow inside of us."



Grade 3-6 Religious Education Classes

In the spring of 2017 about 190 Religious Education students received their First Communion but only about 70 of them returned to Religious Education classes in fall. Most of them, if they return, will return for Confirmation classes. Last school year students in Grades 3, 4, 5 and 6 were only 32% of our students. Students preparing for sacraments were 68%. "Sacraments Only" Religious Education has become too popular. There are several reasons for this including working parents, busy weekends, sports and a changing relationship with God and our church.

Please encourage your Catholic family members, relatives, friends and neighbors to practice their faith and register their children for Religious Education every year. Our registration fee in June and July is the cheapest.

FORMED KIDS' KORNER

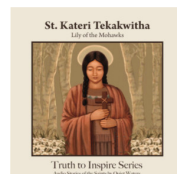


The War of the Vendee

A Story of Sacrifice and Martyrdom

Featuring an exuberant and gifted cast of over 250 young Catholics (playing all the roles), this movie tells the story of France's little known religious civil war in the years following the French Revolution.

More Kids' Content



FORMED

FORMED PICK OF THE WEEK

The Suitcase

A Story About Giving

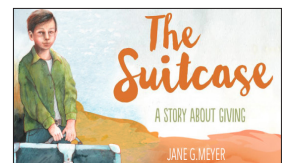
A Beautiful Tale for the Whole Family

Christ said: "unless you turn and become like children, you will never enter the kingdom of heaven" (Mt 18:3). In this animated storybook narration, young Thomas's pure heart helps him to see the path to heaven and inspires his family to join him on the journey.



Watch on formed.org

FORMED® THE CATHOLIC FAITH. ON DEMAND.



"This is an absolutely delightful story, with a much deeper meaning than what appears on the surface! I loved it for many reasons, but especially because it reminded me of several incidents with some of my own grandchildren..."

—Deborah M, Laconia, NH

JOIN FORMED — 1. formed.org 2. click register 3. enter parish code: F6F228

WE WELCOME YOU HOME. 540-373-6491

our parish youth group

College Night

We would like to take this moment to invite all graduating seniors to an exciting event taking place here at our parish this summer and being hosted by the Associates of St. John Bosco. The Associates of Saint John Bosco, is an all-volunteer Catholic non-profit organization that was founded in 2011 and works to serve high school and college students in the Diocese of Arlington. Specifically, the Associates of Saint John Bosco's mission is to support these students by giving them the tools necessary to keep their faith during the college years. One way that they do this is by hosting free College Nights in the summers for rising college freshmen. These College Nights allow for the students to meet other Catholics attending various colleges, to hear a panel of students give talks on how to transition to college and maintain a strong faith life, and receive a bundle of free books and resources to bring to college and help them deepen their faith while away at school.

We at St. Mary's will be hosting a College Night this summer on July 25th from 7 to 9pm. We would like to invite all graduating high school seniors and your friends to our College Night. The night is free of charge to all students. These Nights have proven to help students focus on something that many students heading off to college often overlook—namely, our Catholic faith. We want to help make sure that is part of your transition!

The Associates will be in the front of the church with a sign-up table outside after Mass. Please feel free to speak with them if you are a recent high

school graduate and would like to sign-up for the night. Additionally, if you are a rising senior in high school, please feel free to sign up for alerts about next year's schedule of College Nights.

Lastly, if you are interested in more of what the Associates of Saint John Bosco does or if you're inspired to support their efforts, please stop by the table for more information or visit their website at asjb.org. We hope all of you rising college students will take advantage of this wonderful, faith-filled opportunity!

Summer Youth Group Sports Tuesdays

Every Tuesday, through August 14 from 6pm-8pm come out to Old Mill Park (2401 Caroline St) to play sports: soccer, flag football or ultimate frisbee. All middle school and high school age teens are invited. Bring friends and a water bottle!

Teen Bible Timeline Study

Open to high school teens. Wednesdays in July & August from 5-7pm, in the John Paul II house (includes pizza dinner. Bring \$4 to contribute). The Teen Timeline—or T3—is the teen version of the revolutionary Great Adventure Bible Timeline learning system that hundreds of thousands of Catholic adults have used to learn the Bible. Dynamic teen presenter Mark Hart makes the Bible come alive for Catholic teens by unpacking God's Word in a way they can relate to. T3 teaches teens the Bible by showing them the "big picture" of salvation history. When young students of the Bible first understand the "story," they are eager to learn more. The net result: teens begin to wrap their minds and

hearts around the Scriptures. They come to see the Bible as a relevant part of their lives.

Kings Dominion

Open to middle & high school students. Friday, July 27 join St. Mary's CYM as they participate with the Diocese of Arlington to attend Kings Dominion for a day of fun. The day begins at 9am with Mass at St. Mary with Bishop Burbidge, and then we head out to KD and return by 9pm. Cost is \$35 for a ticket or \$5 if you have a season pass (\$5 is to help pay for the gas of chaperones driving). Parents we will caravan to KD so if you can help with transportation please contact the Youth Ministry office. RSVP to the CYM Office by Monday, July 9 with permission slip and money.



Stay Up-to-Date

Be sure to stay in the know with St. Mary CYM by visiting stmaryfred.org/youth-ministry

StMaryCYM



#GetInvolvedBeTransformed

parish life get involved

Learn to Make Rosaries

Fr. Mosimann will be teaching a workshop on how to make corded/rope rosaries! Don't miss this fun event! Tuesday, July 10 after the 9am Mass in the Courtyard Meeting Room! 9:30-11am Bring yourself and a willingness to learn!

If you have any questions, please contact Elena Doyle at outreach@stmaryfred.org. God bless you!

School Dressing Days

This program, created by the Interfaith Council. Serves children in need grades K-12 in the Fredericksburg Region with clothes and school items. This year the event will take place Friday, August 10-Saturday, August 11 from 9am-3pm at the Church of Jesus Christ of Latter-Day Saints, 1710 Bragg Road, Fredericksburg, VA 22407. Volunteers are needed to set-up days ahead, help meet and shop with the students/parents and clean-up. Various dates and times available. To volunteer, go to tinyurl.com/SDD2018 and follow the simple steps. Just select the shift and date you prefer then click 'Submit and Sign Up' You do not need to have an existing account with SignUpGenius to do this. Any questions or problems signing up please call Jaye Anastasio at (540) 412-1622.

Micah Furniture Bank

The Furniture Bank provides furniture for clients of Micah Ecumenical Services, formally homeless individuals who are moving into housing. We need help delivering and/or picking up donated items. St. Mary's serves on the 3rd Saturday of

the month from 9am-12. This is a great ministry for teens as we need muscle to move items! Please contact Rich LaRoche to join the crew at stone48@verizon.net. To donate furniture visit micahfredericksburg.org.

Micah Café

Enjoy a delicious lunch with your family/friends/ministry groups at the Micah Café and know that you are engaging with the homeless and lonely in our community. The Café was created this year to offer food service training for our homeless population so that they can go on and secure a job in the food industry after receiving certification. The Café also serves as a vehicle to create community for many who are lonely. The Café is a "Pay-As-You-Can" and donations are accepted at the door. Located 1016 Caroline Street is open Tuesday and Thursday from 11am-2pm. Check it out!

Help with our Gardens

Our St. Mary's gardeners sure could use some help! Consider coming out with your kids and giving some time weeding and planting. Help would be so appreciated! Please contact our amazing green-thumb leaders Joe and Arlene Wilkinson, jbmwilkinson@verizon.net

Attention All Parish Organizations

Your calendar for the use of parish facilities from September 2017 to August 2018 should be submitted to Elaine in the Parish Office no later than July 31. Please make sure you submit your request to Elaine, in writing, as soon as possible, either by regular mail, or by email to estanislawski@stmaryfred.org

stmaryfred.org. In setting up your schedule, please note that evening activities cannot be scheduled before 8pm from September through May, due to Religious Education classes in the Parish Life Center and the John Paul II House. Thank you.

Call to Evangelization

Empower your witness! Every day we have opportunities to share our story about why we love being Catholic, but do we? Or, do we hide our light under the proverbial bushel?

This small group's purpose is to support and encourage each other in our efforts to share our faith. We discuss opportunities we've had to evangelize, what worked and what didn't, or what prevented us from trying.

If you want to engage others in conversation about our faith, join us. *We meet every 3rd Sunday between the 10:30am and the 12:30pm masses* (except on holiday weekends) in the Courtyard Meeting Room. For more information contact Bryan Richardson at br22406@cox.net

Adoration of the Blessed Sacrament

Wednesday 12:30pm - Friday 9am

Come and adore Our Lord in the most beautiful Blessed Sacrament of the Altar and honor His Holy Mother by saying the Rosary in His Divine Presence. We have continuous Exposition of the Blessed Sacrament every Wednesday after the 12 Noon Mass until Friday morning before the 9am Mass. We also have Exposition of the Blessed Sacrament 7-9am.

parish life get involved

We invite all Christians
to gather in the peace of
Christ at St. Mary
Monday, July 9
as we "prepare a place for
unity and peace" together.



You are invited to a monthly gathering of prayer in the ecumenical tradition of the Taizé Community in France, the second Monday of every month at 8:15pm.

It is our hope that this monthly prayer brings together Christians of all churches, pastors and flocks, as together we realize a bit more each day that we must rely upon God's power to bring about Unity among all who follow Jesus, "as he and the Father are one." It is something we are unable to do ourselves.

This Unity which embraces all people stands at the very heart of Christ's mission...and belongs to the essence of our community. Let us provide a place where his Spirit can come and fulfill his plan for us.

St. Vincent de Paul Thrift Store

Due to Volunteer Vacations, we will not be accepting clothing donations during the month of July. All other donations are welcome and accepted during July. Thank you for understanding!

Fellow Parishioners

The summer season is upon us. With this, comes many visitors to the Fredericksburg area. Communion procedures can

be confusing to those people who are not familiar with St. Mary. They do not realize that the people in the front pew do not get Communion first. To reduce confusion, we will begin Communion from the FRONT, with the alcoves receiving Communion LAST, starting this weekend. This will continue until further notice. We appreciate your cooperation and understanding.

- Hospitality Ushers Ministry



Mary's Shelter

Seating is limited
RESERVE TODAY
RSVP by July 23

NO COST TO ATTEND • RESERVATIONS REQUIRED • marysshelterva.org



"HOW CAN THERE BE TOO MANY CHILDREN?"
That's like saying there are too many flowers."

— Mother Teresa

KEYNOTE SPEAKER: JASON JONES

Film producer, author, activist, and human rights worker.

9th Annual Summer Soirée & Fundraiser

AUGUST 4, 2018 • 6-10PM

Fredericksburg Expo Center, Fredericksburg, VA

For more information, visit marysshelterva.org

1601 PRINCESS ANNE ST., FREDERICKSBURG, VA 22401 • 540-374-3407 • MARYSSHELTERVA.ORG

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a little about fr. folmar

Hello!

My name is Father Michael Folmar and I was recently ordained for our Diocese this past June 9th, the memorial of the Immaculate Heart of Mary, a very significant day for me. For, it was Our Lady and her Immaculate Heart that have guided me throughout my life and, praise God, brought me here to a parish named after Our Lady and her Immaculate Conception. I was born in Pittsburgh (Go Steelers! – you know yinz like them!), where both sides of my family are from, and have lived in various places due to my dad's job, but have mainly lived in our amazing Diocese in Northern VA. I received a B.S. in Biology at George Mason University while working at Red Hot and Blue next door to it. Shortly after, I became a Franciscan Missionary of the Eternal Word down at EWTN in AL for about six years where tremendous spiritual foundations were laid. Although I was happy as a brother, I realized that as a priest I would not be as happy. For, religious orders specialize in certain areas – down at EWTN it was the media and taking care of the sisters and pilgrims to EWTN. Diocesan (parish) priests are like general practitioners as they do a little of everything, which is more like me. So, my superiors helped me to realize that I could serve God more fully with the gifts He's given me by being in a parish like this, since I was exhibiting more qualities of a parish priest. Therefore, I transferred back here to our home Diocese a few summers ago and I can't thank God enough for this blessing. I absolutely love it here. There always was a flame inside of me for our Diocese, even when I went off to be a Franciscan. The time I spent with the order wasn't a waste of time though because it really prepared me for what I'm doing now and will do in the future. Moreover, I can't thank the Franciscans enough for all the ways that God formed me there, which was in ways that I never would have been formed if I had not gone there first. Finally, I went to Mount Saint Mary's Seminary in Emmitsburg, MD, which now brings me to here. A beautiful parish dedicated to my two loves, Our Eucharistic King and Our Lady, as it is filled with wonderful and caring parishioners! Praise God! May Our Lady always protect you with her mantle of protection!

God bless,
Fr. Folmar



our parish july share

Catholic Charities

Interested volunteers can start by submitting their information on ccda.net and clicking on 'volunteers' and they can also contact the volunteer manager, Arielle Reynoso at 703-778-9128, or through email, areynoso@ccda.net.



Knights of Columbus Freedom 5K

With the success of the January 5K, the Knights of Council 4034 are planning another fundraising run/walk lined up for Sunday, October 7, 2018. More information in upcoming bulletins.

October 2018 Pilgrimage to India

Join Fr. Mosimann and Fr. Sunny on a trip to India to visit Mother Teresa, the Taj Majal, and more! Get in on the planning stages as we are confirming exact dates (last 2 weeks of October), locations to visit, and prices! Please email stmary22401@gmail.com.

Pilgrim Virgin Statue

Would you like to have the Pilgrim Virgin Statue visit your home? Contact Mary Lou Felts, 571-723-3333 or maryloufelts@gmail.com for more information. This is one of the works done by the Legion of Mary.

Welcome to SHARE at St. Mary Parish!

Order Deadline: July 9
Food Pick-Up: July 20

This is a food cooperative program with a community service requirement. Package Pick-up is typically the fourth Saturday of the month at the Parish Life Center between 8-9am. The following month's menu will be available at the time of pick-up.

Please contact Rick Caporali for more information and details, rcaporali@stbernpar.org.

Value Package \$23

(2 hrs community service)

- Ground Turkey - 1lb
- Chicken Breast - 1lb
- Thick Cut Bacon - 1lb
- Tilapia Fillets - 1lb
- Plus 8-12 pounds of the freshest fruits and vegetables we can find for you and your family

Summer Barbeque Box \$31

(2 hrs community service)

- 14lb Box of Delicious Barbeque Winglets, Chicken Sausage and Barbeque Turkey Breast

Juicy, Thick, 8oz Hamburgers \$27

(2 hrs Community Service)

- 20, 8oz Burgers

Breaded Shrimp \$25

(2 hrs Community Service)

- 8, 8oz Portions

Summer Cookout Produce Box \$17

(2 hrs Community Service)

Menu items are always subject to change. When we must substitute, we try to give better value.



SHARE Order Form

Value Package (\$23)

_____ x \$23. = \$ _____

Summer BBQ Box (\$31)

_____ x \$31. = \$ _____

8oz Burgers (\$27)

_____ x \$27. = \$ _____

Breaded Shrimp (\$25)

_____ x \$25. = \$ _____

Summer Produce Box (\$17)

_____ x \$17. = \$ _____

TOTAL: \$ _____

Name _____

address _____

city _____ state _____ zip _____

email _____

cell/phone _____

Community Service Hours:

____ hrs Church	____ Host site
____ hrs Youth	____ Transport
____ hrs Shelter	____ Comm. Dinner
____ hrs Seniors	____ Vincent de Paul
____ hrs Micah	____ MW Hospital
____ hrs School	____ Parish Ministry
____ hrs Community Service	
____ hrs Other	____ hrs Other

PAYMENT METHODS:

CASH or MONEY ORDER.

No CHECKS; Payment due when order is placed.

Money Orders should be made to: SHARE FOOD NETWORK.

operations given in love

Weekly Offertory

Collections for July 1

Offertory	\$xxxxxx
Father's Day Novena	\$6,875

Second Collection next week is for our Parish Building Fund.

Thank you for your generosity!

Children's Offertory Envelopes for July

Children's Offertory Contributions for the month of July will be donated to Families of the Wounded Fund. This fund was created in 2005 to help the families of service members who come to McGuire Veterans Affairs Medical Center in Richmond with traumatic brain injuries and spinal-cord injuries from combat in Iraq and Afghanistan. Former Army Captain William Haneke, a wounded Vietnam Veteran, and some colleagues recognized the need to assist family members who were away from home tending to their loved ones when they saw two young mothers with babies arrive from across the country with no money and barely enough gas to make the trip. The organization gives 100 percent of all tax-deductible donations to the families to help with food, lodging, transportation, child care, diapers and long-distance calling cards during the many weeks a family is in the Richmond area, and each family currently receives \$7,500.00. For more information, visit their website at fotwf.org.

Choose Life Reflection

"I wondered if my heart was big enough to love an adopted child as I would my biological child. There were also so many other variables to consider. ... We felt we had no control, but God reminded us again that He is always in control and that we could trust in Him." ("An Adoption Love Story," <http://bit.ly/AdoptionLoveStory>, USCCB 2014-15 Respect Life Program)

We pray for couples considering adoption that the Lord may guide their journey and grant them peace along the way.

Al Anon Surviving the Weekend Group

All who have been affected by someone else's drinking, and members come together to learn a better way of life and how to find happiness. It's important to know that you are not alone and there is help. **Al Anon meetings are every Saturday at 10am in Room 204 of St. Mary's Parish Life Center.**

Nar Anon Support Available

Nar Anon is a program that offers support to family members and friends of loved ones struggling with substance abuse. All information and discussion is non-judgemental, informative and strictly confidential. Our meetings are in **Room 204 in the Parish Life Center on Thursday from 7-8pm** and are open to the community at large. **Contact Cathy at 703-201-8821, burgh757@gmail.com or Wayne at 540-840-5230.**

SCRIP Helping HCA

How it works: Most of us shop at various local vendors that are supported through SCRIP. These include Giant, Weis, Wawa, Starbucks, Wal-Mart, Target as well as popular restaurants like Olive Garden, Red Lobster, IHOP and Outback. Complete list at shopwithscrip.com. There are several ways you can order/purchase gift cards through the SCRIP program. One is to visit a SCRIP table after most Masses (including HCA). There is a volunteer who will provide info and help you purchase gift cards. Checks or cash accepted. You can also order online for delivery to either HCA (after 10:30am Mass or during school hours when school is in session) or for pickup after Saturday or Sunday Masses at the Church. And the most convenient way, set up a Presto Pay account and order gift cards online. You will need St. Mary's enrollment code to set an account. For the enrollment code and assistance, please contact Christi Greenwell at scripcoordinator@holycrossweb.com or 703-994-2142. She will help get you started.



liturgy daily bread

Saint Mary Prayer List

Please pray for those who are sick or in need,

especially: Gerald Gardiner, Tina Ott, Michael Carr, Stephen Daley, Deanna White, Maria Stein, Elizabeth Davis, Jeanette Williams, Deborah June King, Ann Gallagher, Robert & Brittani Horner, Mary Ulmer, Antonio Christianson, Thomas Moeller, Marianne Ford, Ortiz Family, Maryann Seidlinger, William Hackbarth, John Michael Ides, Sylvia Pressley, Tamlyn Leaf, Matthew Roberts, Deanna Uperti, Gabriela Mason, Maria Stine, Joy & Larry Kligman, David Duke, Dennis Morris, James Murphy, Joan Cheek, Ted Mayor, Tim Conway, Billy LaPietra, Daniel Bustamonta, Maryann Devenas, Frank Spatt, Micheal Chen, Joseph Stefano, Fred Becker, Chuck Boyer, Maria Celia Brandao Lage, Leah Sapphire, Felicity Stanfield, Michael Kraljevich, Steve Zawisa, Casey Roby, Calvin Mills, Mary Jean Mills, Elise Velez, Tracey Hansen, Elizabeth Ames, Aleisa Barber, David Arnold, Maryann Greatsinger, Antonio Ferrara, Wilson and Joan Parker, Emma Gilbert, Virginia Gannon, Daniel Burke, Katherine Perusi, Dorie Lee, Christopher Szynal, Joy Zerby, Mariah Ceidlinger, Kelly Carperter-Silvers, Suzi Eggleston, Bernad Castillo, Nancy Buhite, Michael Durant, Matthew Gomer, Tricia Davis, Martha Clements, Dolores Renninger, Donna Long, Mary Ann Maynard, Zachary Payne, Margaret Krebbel, Adrianna Pruitt, Deanna Pruitt, Montgomery Wood, Gail Russell, Patricia Russo, Charles Dittmer, Bruce Mattern, Dorothy Simmons, Lillian Kendall, Nikolai Sherba, Sharon S., Barbara Clarke, Roseanne Nash, Jeanne Burke, Prudy Tarpe, Maureen Mizzles, Miles Wood, Mary Ellen Kearney, Kay Simmons, Robert Meyer, Marc and Susan Wood, John Gil, Lita Mary Mamboyo, Nathan Apicella, Timothy Travis, Kaden Sabo, Robert Nathan Ser-vetnick, Dianne Clancy, The Chevchuc Family, Christina Bolt, Bruce Bates, Richard Casaldi, Alex Tonn, James Evans, Larry Dillman, Theresa Kovalefsky, Amber Moser, Erin Krieg, Mat-thew Meyer, Brittany Meyer, Sara Meyer, Douglas & Dorothy Meyer, Karla Dorothy, Mary Jean & Don Williams, Linda & Frank Walter, Cathleen Mihalaki

Please pray for all the men and women in our military and civilian support services

overseas, especially: Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Sean Plunkett, Roy Selvidge, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Nelly Garcia, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Kelsey Cullinan, Jason Cullinan, Estrella Bernalola, Frank Spatt Jr.

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

Daily Mass Intentions and Readings

July

9 MONDAY

6:30am Brady Harclerode+

9:00am Robert & Margaret Derouin

Hos 2:16-22/Mt 9:18-26

10 TUESDAY

6:30am Richard Govani+

9:00am Glenn Derouin+

Hos 8:4-13/Mt 9:32-38

11 WEDNESDAY

9:00am Arthur Root III+

6:00pm Salvatore Kiwall+

Hos 10:1-12/Mt 10:1-7

12 THURSDAY

6:30am Ella Gray Esteppe+

9:00am Lila Matthews+

Hos 11:1-9/Mt 10:7-15

13 FRIDAY

6:30am Sam Rotsch

9:00am Lenard Majeski+

Hos 14:2-10/Mt 10:16-23

14 SATURDAY

9:00am Father Mosimann

5:00pm Katarzyna & Wladyslaw Wolanski+

7:00pm Anthony & Andrea Kuniark+

Is 6:1-8/Mt 10:24-33

15 SUNDAY

7:00am Hilaria Guzmán+

8:30am Kenney Derenthal+

10:30am John Clements+

10:30am* Michael Dickinson+

12:30pm For Our Parish

2:30pm(sp) Reyes Hernandez Family

5:00pm Bich Dao Le+

7:00pm Florence Coomber+

Am 7:12-15/Eph 1:3-14/Mk 6:7-13

* Indicates Mass at Holy Cross Academy

Please remember that Mass intentions may be re-quested at the parish office for any remaining Masses of the year. If dates are no longer available for the date you desire, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.

Pregnant?

Make us your first call

Confidential
non-judgemental
Supportive

All services are FREE

Feeling trapped and alone?

Know someone who may be?

Give us a call
it's confidential

540.898.8558
1.800.550.4900
24-hour help line

Birthright
of Fredericksburg

2006 Lafayette Boulevard, Suite 202
Fredericksburg, VA 22401
birthrightoffredericksburg.com 540.898.8558