

## Fifteenth Sunday in Ordinary Time

July 15, 2018



**Saint Mary of the Immaculate Conception Roman Catholic Church**  
FREDERICKSBURG, VIRGINIA

# upcoming events

## July



**SAINT  
MARY**  
*of the*  
IMMACULATE  
CONCEPTION  
*Roman Catholic Church*

HOLY CROSS ACADEMY

### **15 SUNDAY, FIFTEENTH SUNDAY IN ORDINARY TIME**

*Coffee Shop after the 7am, 8:30am, 10:30am, 12:30pm, Masses*

*Scrip on Sale after all Masses Except 2:30pm*

11:30am, Evangelization Meeting, Courtyard Meeting Room

12pm, Spanish Legion of Mary, Parish Life Center, Room 204

### **16 Monday, Weekday [Our Lady of Mount Carmel]**

10:15am, Legion of Mary our Lady of Perpetual Help, Parish Life Center, Room 100

1pm, Psalms Bible Study, Courtyard Meeting Room

### **17 Tuesday, Weekday**

6pm, Sports Tuesday at Old Mill Park

### **18 Wednesday, Weekday [Saint Camillus de Lellis, Priest]**

3pm, Divine Mercy Devotions, Church

5pm, CYM Bible Timeline Study, John Paul II House

6:30pm, Bishop Barron Bible Study, Courtyard Meeting Room

6:30pm, Spanish Junior Legion of Mary, Parish Life Center, Room 204

6:30pm, Confessions, Church

### **19 Thursday, Weekday**

9:30am, Craft Group, Parish Life Center, Room 100

7pm, Nar-Anon Meeting, Parish Life Center, Room 204

### **20 Friday, Weekday [Saint Apollinaris, Bishop and Martyr]**

7pm, Spanish Prayer Group, John Paul II House, Upstairs

### **21 Saturday, Weekday [Saint Lawrence of Brindisi, Priest and Doctor of the Church]**

8am, Confessions, Church

10am, Al-Anon, Parish Life Center, Room 204

10am, Baptisms, Church

6pm, Scrip on sale, Parish Life Center

8pm, Knights of Columbus Installation of Officer after 7pm, Mass

9pm, Reception for Knights, Parish Life Center

### **22 SUNDAY, SIXTEENTH SUNDAY IN ORDINARY TIME**

*Coffee Shop after the 7am, 8:30am, 10:30am, and 12:30pm, Mass*

*Scrip on Sale after all Masses except for 2:30pm*

11:30am, New Family Welcome Meeting, Parish Life Center

12pm, Spanish Legion of Mary, Parish Life Center, Room 204

# pulpit announcements

## nota bene (note well, please):

- **Summer Youth Group activities**

*More information on page 7*

- **Important information for all parish organizations**

*More information on page 8*

- **Join in the engaging Call to Evangelization series**

*More information on page 8*

- **Last week to RSVP to Mary's Shelter Annual**

**Soirée!** *More information on page 9*

- **Be sure to stop by the Prayers and Squares table after Mass this weekend and tie a knot!**

- **Join Flocknote for RE Notifications!**

Text '**StMaryFredRE**' to **84576** to automatically receive text messages and emails when RE Classes are canceled. Or go online and register by following the link at the parish website, **stmaryfred.org** on the right hand side at the top of the information panel.

## Parish Trips - Save the Date:

**India with Fr. Sunny & Fr. Mosimann**

**October 14 - 28, 2018**

**Cost: \$3300**

**Holy Land with Fr. Mosimann**

**January 28 - February 8, 2019**

**Cost: To be determined**

## contact us

### SUNDAY MASS

Saturday Vigil 5 & 7pm  
Sunday 7, 8:30, 10:30am, 12:30, 2:30pm (Spanish), 5pm, 7pm  
10:30am at Holy Cross Academy

### DAILY MASS

Mon.-Fri.: 6:30am, 9am  
M/W/F: 12 Noon  
Sat.: 9am  
First Friday 8pm  
Holy Days of Obligation, as announced

### DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass,  
Wednesday 12:30pm - Friday 9am  
Miraculous Medal Novena, Mon., after 9am Mass, Divine Mercy, Wed., 3pm

### CONFESSION

Wed., 6:30-8:30pm;  
Sat., 8am & 3:30pm, or by appt.

### PARISH OFFICE

540-373-6491, fax 371-0251  
stmary@stmaryfred.org  
Mon.-Fri., 8:30am - 4:30pm;  
students staff office weekdays until 9pm,  
Saturdays 9-5pm, Sundays 9:30-1:30pm

Pastor, Fr. John Mosimann  
Fr. Colin Davis  
Fr. Michael J.R. Kelly  
Fr. Michael Folmar  
Deacon Alberto Bernaola  
Deacon Dick Delio

Operations Manager, Jim Florio  
Business Manager, Elaine Stanislawski  
Parish Secretary, Elizabeth Tellez  
Director of Music, David Uschold

### HOLY CROSS ACADEMY

540-286-1600  
250 Stafford Lakes Parkway  
Fredericksburg, Virginia 22406-7234  
Principal, Sr. Susan Louise Eder, O.S.F.S.

### ST. MARY PRESCHOOL

540-373-7553  
Director, Nanci Scharf

### RELIGIOUS EDUCATION OFFICE

540-373-6491  
Director, Aristides Lucas  
Associate Director, Karen Sturtevant

### YOUTH MINISTRY

540-373-6491  
Director, Leo Chavarria  
Tatiana Beltran

### OUTREACH

540-373-6491  
Elena Doyle - outreach@stmaryfred.org

### BAPTISMS

Parish registration (90 days) and class required.  
Please contact the parish office to schedule the date at least four weeks in advance.

### MARRIAGE

Parish registration required; contact parish six months in advance to begin preparation.

### JOIN US

New Family Registration meetings held in the Parish Life Center on fourth Sundays, following the 10:30 Mass. Please notify us of any contact changes.

Articles must be submitted two weeks prior to publication.  
Send articles to [bulletin@stmaryfred.org](mailto:bulletin@stmaryfred.org). Thanks!

## stmaryfred.org

# from our pastor

# pax et bonum

Dear Folks,

One Invitation, One Explanation, One Thank-You.

**Invitation:** Healing Mass August 10th, with the help of the Spanish Prayer Group, we will have a Misa de Sanacion (Healing Mass) at 7 pm in the Church. The Mass will be a straightforward Mass. Following Mass, we will have a period of Adoration where I will pray over and bless anyone who wants to come forward to ask Jesus for healing. I will try to stay and pray over all folks who come and wait for the prayers. Since all healing comes from Jesus, we will ask Him directly as the prayers and blessing will be given at the foot of the altar before the Lord in the Blessed Sacrament. Mass will be in Bi-lingual, based on how many Hispanos & Anglos come, but all are invited since the prayers for healing / blessing can be in either Spanish or English.

**Explanation:** Also this coming week is my annual retreat. Church law requires that I spend a week in prayer each year for renewal and deepening of the spiritual life. Another little known tidbit of this is that diocesan law (promulgated by the Bishop) requires that in odd numbered years (2017, 2019,...etc) each diocesan priest make the retreat with priests of our diocese. In even numbered years (2018, 2020,...etc) we are free to schedule a retreat of our own choosing. There are any number of folks who lead retreats for priests locally or even internationally. One year I made a retreat with Father Miller in Ars, France. (He wrote a book called "The Grace of Are" about these retreats). My number one 'take-away' from that retreat? That I need to pray more for my parish. When I give the Lord time and space, he does remind me of your prayer requests. I'll be doing that a lot this week.

**Thank-you:** a word of gratitude for your participation to all who have kindly and generously wished me a happy birthday this week. Your prayers and kindnesses are deeply appreciated.



*Fr. J. Mosimann*

Fr Mosimann

## Health Ministry

### MEN! Take Care

We often hear about men leading the way in a variety of ways. But there is one area men would do well to catch up with the ladies: Healthy Living. Women lead the way in taking care of their health. Perhaps that is because they may be more conscious about how they look, or because they may be seeing their doctor more frequently during their childbearing years. Whatever the reason, men need to step up! In every state, statistics from the Kaiser Family Foundation tell us that more men are overweight or obese than woman and we all know the cascade of health related problems that comes with those pounds. Additionally, according to the CDC, unintended injuries such as those from accidental fires, car crashes and falls account for the third leading cause of death among men following heart disease and cancer. Women rank sixth in that category.

Volumes have been written on the healthy steps to take, but let's keep it simple for now. Consider the following list and pick 4 steps you believe you can reasonably follow for the next month. Keep track of your "score" and adapt your plan as needed to insure improvement.

1. Check in with your doctor. Don't skip that annual physical. Let him/her know your healthy living plan.
2. Limit red meat.
3. Limit white bread and white rice. Stick with high fiber products.
4. Make water your number one drink. Check with your doctor for any restrictions that may apply for you.
5. Read up on the DASH or American Plate diets. Both are available on line.
6. Exercise 30 mins five or more times a week; walking is a good start.
7. Make prayer a part of your "healthy" routine. God knows your struggles.
8. Sleep at least seven hours a day.
9. Drink alcohol in moderation.
10. Hang with people who lift you up. Stay away from whiners and complainers.

For more ways to expand your healthy living, check with your local YMCA for scores of exercise / activity / learning options by visiting [family-ymca.org](http://family-ymca.org)

# education

# holy cross academy

## Preschool Teacher Opening

Holy Cross Academy/St. Mary's Preschool is seeking a teacher for the three year old half day program for the coming school year. A preschool teacher must have a Bachelor's Degree in a child related field and either a teaching certificate or a minimum of six months of experience as a lead teacher in a preschool setting. Interested applicants should email their resumes to Sheri Castellarin at [preschool@holycrossweb.com](mailto:preschool@holycrossweb.com)

## Part Time Aide Opening

Holy Cross Academy/St. Mary's Preschool is seeking a part time aide for the four year old program for the coming school year. A preschool aide must have an Associate's Degree in a child related field. Interested applicants should email their resumes to Sheri Castellarin at [preschool@holycrossweb.com](mailto:preschool@holycrossweb.com)



*A National  
Blue Ribbon  
School of  
Excellence*

# altar server picnic

Bishop Burbidge invites all altar servers to join him along with other priests and seminarians for the annual picnic on July 26 from 10am-2pm at Lake Fairfax Park. There's a cookout, sports, games and prizes.

Call your parish office for details. If a group is not attending from your parish, you may call the Office of Vocations at 703-841-2514 or email [vocations@arlingtondiocese.org](mailto:vocations@arlingtondiocese.org). Please be sure to mention the server's name and parish, the adult attending, and your name and email. All servers must be accompanied by adults.



# parish life

# religious education

## Magnifikid

**"I have good news!"**

"Jesus spent time with his twelve Apostles and taught them to trust Him. He told them about his Father and performed great miracles in their presence. The Apostle saw how people loved to hear Jesus' words, how much they believed in Him, and how Jesus inspired them to change their lives... Now, it's your turn to share the Good News."



**DO NOT TAKE A VACATION FROM YOUR FAITH THIS SUMMER!**

**Have a Family Movie Night with FORMED!**

By God's design, the family is the first and most effective school of Christianity. Inspire and enrich your family by watching these epic feature films about holy men and women who devoted their lives to following Christ. Discover the power of virtue, prayer, service, and resilience in the face of opposition.

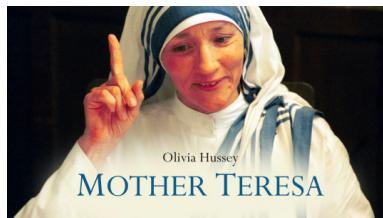
Visit [formed.org/watch](http://formed.org/watch) to watch the suggested titles below plus so many more!

## Religious Education Classes

It is a privilege and honor to be involved in the religious formation of your children. Helping them grow in knowledge and appreciation of our Catholic Faith. All Jesus Christ asks of us is to love God with all our hearts, souls and minds and to love our neighbors as ourselves. (Matthew 22:34-40).

Parents, you are the primary educators of your children. You are the representative of God (Father, Son and Holy Spirit) to them. It is with you that they first experience God's love. You are entrusted with the responsibility of leading them to an intimate relationship with God and the Catholic Church.

We are here to assist you as religious educators at St. Mary. We do our best to present our living faith as found in the Scriptures and teachings of the Catholic Church. Our hope and prayer is that the Catholic Faith is lived and discussed in your homes and that you register your children for Religious Education classes every year.



**FORMED PICK OF THE WEEK**

## The Suitcase

*A Story About Giving*

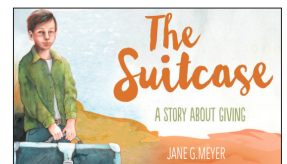
**A Beautiful Tale for the Whole Family**

Christ said: "unless you turn and become like children, you will never enter the kingdom of heaven" (Mt 18:3). In this animated storybook narration, young Thomas's pure heart helps him to see the path to heaven and inspires his family to join him on the journey.



Watch on [formed.org](http://formed.org)

**FORMED** THE CATHOLIC FAITH. ON DEMAND.



★★★★★

"This is an absolutely delightful story, with a much deeper meaning than what appears on the surface! I loved it for many reasons, but especially because it reminded me of several incidents with some of my own grandchildren..."

—Deborah M, Laconia, NH

**JOIN FORMED — 1. [formed.org](http://formed.org) 2. click register 3. enter parish code: F6F228**

WE WELCOME YOU HOME. 540-373-6491

# our parish youth group

## College Night

We would like to take this moment to invite all graduating seniors to an exciting event taking place here at our parish this summer and being hosted by the Associates of St. John Bosco. The Associates of Saint John Bosco, is an all-volunteer Catholic non-profit organization that was founded in 2011 and works to serve high school and college students in the Diocese of Arlington. Specifically, the Associates of Saint John Bosco's mission is to support these students by giving them the tools necessary to keep their faith during the college years. One way that they do this is by hosting free College Nights in the summers for rising college freshmen. These College Nights allow for the students to meet other Catholics attending various colleges, to hear a panel of students give talks on how to transition to college and maintain a strong faith life, and receive a bundle of free books and resources to bring to college and help them deepen their faith while away at school.

We at St. Mary's will be hosting a College Night this summer on July 25th from 7 to 9pm. We would like to invite all graduating high school seniors and your friends to our College Night. The night is free of charge to all students. These Nights have proven to help students focus on something that many students heading off to college often overlook—namely, our Catholic faith. We want to help make sure that is part of your transition!

The Associates will be in the front of the church with a sign-up table outside after Mass. Please feel free to speak with them if you are a recent high

school graduate and would like to sign-up for the night. Additionally, if you are a rising senior in high school, please feel free to sign up for alerts about next year's schedule of College Nights.

Lastly, if you are interested in more of what the Associates of Saint John Bosco does or if you're inspired to support their efforts, please stop by the table for more information or visit their website at [asjb.org](http://asjb.org). We hope all of you rising college students will take advantage of this wonderful, faith-filled opportunity!

## Summer Youth Group Sports Tuesdays

Every Tuesday, through August 14 from 6pm-8pm come out to Old Mill Park (2401 Caroline St) to play sports: soccer, flag football or ultimate frisbee. All middle school and high school age teens are invited. Bring friends and a water bottle!

## Teen Bible Timeline Study

Open to high school teens. Wednesdays in July & August from 5-7pm, in the John Paul II house (includes pizza dinner. Bring \$4 to contribute). The Teen Timeline—or T3—is the teen version of the revolutionary Great Adventure Bible Timeline learning system that hundreds of thousands of Catholic adults have used to learn the Bible. Dynamic teen presenter Mark Hart makes the Bible come alive for Catholic teens by unpacking God's Word in a way they can relate to. T3 teaches teens the Bible by showing them the "big picture" of salvation history. When young students of the Bible first understand the "story," they are eager to learn more. The net result: teens begin to wrap their minds and

hearts around the Scriptures. They come to see the Bible as a relevant part of their lives.

## Kings Dominion

Open to middle & high school students. Friday, July 27 join St. Mary's CYM as they participate with the Diocese of Arlington to attend Kings Dominion for a day of fun. The day begins at 9am with Mass at St. Mary with Bishop Burbidge, and then we head out to KD and return by 9pm. Cost is \$35 for a ticket or \$5 if you have a season pass (\$5 is to help pay for the gas of chaperones driving). Parents we will caravan to KD so if you can help with transportation please contact the Youth Ministry office. RSVP to the CYM Office by Monday, July 9 with permission slip and money.



## Stay Up-to-Date

Be sure to stay in the know with St. Mary CYM by visiting [stmaryfred.org/youth-ministry](http://stmaryfred.org/youth-ministry)

## StMaryCYM



#GetInvolvedBeTransformed

# parish life get involved

## School Dressing Days

This program, created by the Interfaith Council. Serves children in need grades K-12 in the Fredericksburg Region with clothes and school items. This year the event will take place Friday, August 10-Saturday, August 11 from 9am-3pm at the Church of Jesus Christ of Latter-Day Saints, 1710 Bragg Road, Fredericksburg, VA 22407. Volunteers are needed to set-up days ahead, help meet and shop with the students/parents and clean-up. Various dates and times available. To volunteer, go to [tinyurl.com/SDD2018](http://tinyurl.com/SDD2018) and follow the simple steps. Just select the shift and date you prefer then click 'Submit and Sign Up'. You do not need to have an existing account with SignUpGenius to do this. Any questions or problems signing up please call Jaye Anastasio at (540) 412-1622.

## Micah Furniture Bank

The Furniture Bank provides furniture for clients of Micah Ecumenical Services, formally homeless individuals who are moving into housing. We need help delivering and/or picking up donated items. St. Mary's serves on the 3rd Saturday of the month from 9am-12. This is a great ministry for teens as we need muscle to move items! Please contact Rich LaRoche to join the crew at [stone48@verizon.net](mailto:stone48@verizon.net). To donate furniture visit [micahfredericksburg.org](http://micahfredericksburg.org).

## Micah Café

Enjoy a delicious lunch with your family/friends/ministry groups at the Micah Café and know that you are engaging with the homeless and lonely in our community. The Café was created this year to offer food service training for our

homeless population so that they can go on and secure a job in the food industry after receiving certification. The Café also serves as a vehicle to create community for many who are lonely. The Café is a "Pay-As-You-Can" and donations are accepted at the door. Located 1016 Caroline Street is open Tuesday and Thursday from 11am-2pm. Check it out!

## Attention All Parish Organizations

Your calendar for the use of parish facilities from September 2017 to August 2018 should be submitted to Elaine in the Parish Office no later than July 31. Please make sure you submit your request to Elaine, in writing, as soon as possible, either by regular mail, or by email to [estanislowski@stmaryfred.org](mailto:estanislowski@stmaryfred.org). In setting up your schedule, please note that evening activities cannot be scheduled before 8pm from September through May, due to Religious Education classes in the Parish Life Center and the John Paul II House. Thank you.

## Call to Evangelization

Empower your witness! Every day we have opportunities to share our story about why we love being Catholic, but do we? Or, do we hide our light under the proverbial bushel?

This small group's purpose is to support and encourage each other in our efforts to share our faith. We discuss opportunities we've had to evangelize, what worked and what didn't, or what prevented us from trying.

If you want to engage others in conversation about our faith, join us. *We meet every 3rd Sunday between the 10:30am and the 12:30pm masses* (except

on holiday weekends) in the Courtyard Meeting Room. For more information contact Bryan Richardson at [br22406@cox.net](mailto:br22406@cox.net)

## St. Vincent de Paul Thrift Store

Due to Volunteer Vacations, we will not be accepting clothing donations during the month of July. All other donations are welcome and accepted during July. Thank you for understanding!

## Fellow Parishioners

The summer season is upon us. With this, comes many visitors to the Fredericksburg area. Communion procedures can be confusing to those people who are not familiar with St. Mary. They do not realize that the people in the front pew do not get Communion first. To reduce confusion, we will begin Communion from the FRONT, with the alcoves receiving Communion LAST, starting this weekend. This will continue until further notice. We appreciate your cooperation and understanding.

- Hospitality Ushers Ministry

## Adoration of the Blessed Sacrament

**Wednesday 12:30pm - Friday 9am**

Come and adore Our Lord in the most beautiful Blessed Sacrament of the Altar and honor His Holy Mother by saying the Rosary in His Divine Presence. We have continuous Exposition of the Blessed Sacrament every Wednesday after the 12 Noon Mass until Friday morning before the 9am Mass. We also have Exposition of the Blessed Sacrament 7-9am.

# parish life get involved

## Catholic Charities

Interested volunteers can start by submitting their information on [ccda.net](http://ccda.net) and clicking on 'volunteers' and they can also contact the volunteer manager, Arielle Reynoso at 703-778-9128, or through email, [areynoso@ccda.net](mailto:areynoso@ccda.net).



## Knights of Columbus Freedom 5K

With the success of the January 5K, the Knights of Council 4034 are planning another fund-raising run/walk lined up for Sunday, October 7, 2018. More information in upcoming bulletins.



## Mary's Shelter

Seating is limited  
**RESERVE TODAY**  
RSVP by July 23

NO COST TO ATTEND • RESERVATIONS REQUIRED • [marysshelterva.org](http://marysshelterva.org)



**"HOW CAN THERE BE TOO MANY CHILDREN?"**  
*That's like saying there are too many flowers."*

—Mother Teresa

## KEYNOTE SPEAKER: JASON JONES

Film producer, author, activist, and human rights worker.

9th Annual Summer Soirée & Fundraiser

**AUGUST 4, 2018 • 6-10PM**

Fredericksburg Expo Center, Fredericksburg, VA

For more information, visit [marysshelterva.org](http://marysshelterva.org)

1601 PRINCESS ANNE ST., FREDERICKSBURG, VA 22401 • 540-374-3407 • [MARYSSHELTERVA.ORG](http://MARYSSHELTERVA.ORG)

Photography: Kathryn Mandel Photography, [mandel.smugmug.com](http://mandel.smugmug.com) • Graphic Design: The Design Room, Inc., [thedesignroominc.com](http://thedesignroominc.com)



We invite all Christians to  
gather in the peace of Christ at St.  
Mary **Monday, July 9**  
as we "prepare a place for unity  
and peace" together.

**You are invited to a monthly gathering  
of prayer in the ecumenical tradition  
of the Taizé Community in France,  
the second Monday of every month at  
8:15pm.**

It is our hope that this monthly prayer brings together Christians of all churches, pastors and flocks, as together we realize a bit more each day that we must rely upon God's power to bring about Unity among all who follow Jesus, "as he and the Father are one." It is something we are unable to do ourselves.

This Unity which embraces all people stands at the very heart of Christ's mission...and belongs to the essence of our community. Let us provide a place where his Spirit can come and fulfill his plan for us.

# little sisters of the poor donations

Each year in preparation for Vacation Bible School (VBS) at St Mary of the Immaculate Conception in Fredericksburg, Rocio Atkinson, the Director of VBS, determines a way in which the children enrolled in the program can learn the gift of giving. This is done by each child bringing in an item that will ultimately be given to an organization that is in need. This year Rocio contacted the Little Sisters of the Poor and shared her plan, asking them what it was that they needed most. Since their mission is directed towards the care of the elderly, the Sisters use a lot of paper products, which, when added up, can be expensive. As a result, these products are generally supplied through various donations.

The theme of VBS this year was celebrating life, which called attention to the need for all to understand and appreciate the wonderful gifts that God has given each and every one of us. Over the course of the five days, the children learned about different virtues, including respect, appreciation and cheerfulness, along with daily bible verses that embodied the word of God and highlighted how we should behave. All of the verses, such as "Do unto to others as you would have others do unto you", were geared towards helping our children know and understand the wonderful gifts of faith, love, hope and charity. All this was kept at the forefront of the children's minds as the paper goods were collected in a blow up bouncy house, where each day during the week, the children brought in paper goods and took turns "lobbing" them into the bouncy house. They were again reminded of why they were bringing in paper goods and how those goods were going to help the very people embodying the same virtues they were learning about that week. At the culmination of the five days, the children helped bag all of the paper goods as well as helped to carry them to a holding place. Again, all those involved in the project marveled at the children's generosity and excitement when helping and giving.

God works in so many wonderful ways. I offered to pick up the paper goods and take them to the St. Joseph's House in Richmond, where the Little Sisters of the Poor, along with over 100 staff members take care of the elderly in independent living apartments; assisted living rooms, where the elderly still require some assistance; and in the nursing facility where care is needed 24/7. After I had loaded up my vehicle, I realized that there were so many paper goods that they would not fit in my SUV. I approached Rocio and offered three solutions: one: make two trips; two: take all of the goods out of the bags in order to fit them all, which would have been a difficult task, given that there were ten bags to unload; or, three: donate the leftover goods to a local charity in the city of Fredericksburg. Instead, Rocio chose to offer her vehicle, which was just purchased over the weekend. All of the bags fit. Truly, God works in so many wonderful ways, and when we open ourselves to His will through our love, generosity, and service—all the virtues we teach our children—can we begin to grasp the full scope of His kindness towards us.

When we arrived at the St. Joseph House, we were greeted by Sister Agatha with a hug and more generosity than it seems possible for a person to give. Sister prepared a wonderful table with coffee and a delicious array of sweets for us to enjoy before we headed back to Fredericksburg. Both Rocio and I were incredibly touched by the hospitality shown to us, and, though we visited with Sister Agatha for almost an hour, it seemed as if only a few minutes had gone by. We left certain that although we came to the Little Sisters of the Poor bearing gifts, it was instead we that left bearing an equally, if not more beautiful gift—the gift of feeling the very presence of God and His love, alive and well in the hearts and halls of the St. Joseph House. And for that, both Rocio and I, and the children whose lives we were allowed to touch, are extremely grateful.

# little sisters of the poor donations



# operations given in love

## Weekly Offertory

*Collections for July 1 & 8*

Offertory 7/1	\$35,506
Offertory 7/8	\$30,989
Peter Pence's Collection	\$8,471
Solidarity Fund	\$6,284
St. Vincent de Paul Poor Box (2 wks)	\$1,601

*Thank you for your generosity!*

*Masses were offered in June for the following unscheduled intentions:*

*+Charles Trainum, All Souls (8), All Souls in Purgatory, +Robert Spinner, +Sally Sarber, +Lori Kleinbeck, +Nadine Peek Bufka, Ed Kenney, & Dr. Lauren Finkel.*

## Choose Life Reflection

The Rosary has conquered countless enemies, and many pray it in front of abortion mills. As we acknowledge Jesus as the fruit of Mary's womb, we stand to pray for our brothers and sisters in the womb. As we honor the greatest mother, we pray for all the frightened mothers. *Mary, our Mother, bring us Jesus yet again; lead us to His victory over all forms of death.*

## Flos Carmeli

**Feast of Our Lady of Mount Carmel, July 16**

*O beautiful flower of Carmel,  
most fruitful vine,  
splendor of heaven,  
holy and singular,  
who brought forth the Son of God,  
still ever remaining a pure virgin,  
assist us in our necessity!*

*O Star of the Sea, help and protect us! Show us that you are our Mother!*

## Al Anon Surviving the Weekend Group

All who have been affected by someone else's drinking, and members come together to learn a better way of life and how to find happiness. It's important to know that you are not alone and there is help. **Al Anon meetings are every Saturday at 10am in Room 204 of St. Mary's Parish Life Center.**

## Children's Offertory Envelopes for July

Children's Offertory Contributions for the month of July will be donated to Families of the Wounded Fund. This fund was created in 2005 to help the families of service members who come to McGuire Veterans Affairs Medical Center in Richmond with traumatic brain injuries and spinal-cord injuries from combat in Iraq and Afghanistan. Former Army Captain William Haneke, a wounded Vietnam Veteran, and some colleagues recognized the need to assist family members who were away from home tending to their loved ones when they saw two young mothers with babies arrive from across the country with no money and barely enough gas to make the trip. The organization gives 100 percent of all tax-deductible donations to the families to help with food, lodging, transportation, child care, diapers and long-distance calling cards during the many weeks a family is in the Richmond area, and each family currently receives \$7,500.00. For more information, visit their website at [fotwf.org](http://fotwf.org).

## Nar Anon Support Available

Nar Anon is a program that offers support to family members and friends of loved ones struggling with substance abuse. All information and discussion is non-judgemental, informative and strictly confidential. Our meetings are in **Room 204 in the Parish Life Center on Thursday from 7-8pm** and are open to the community at large. **Contact Cathy at 703-201-8821, [burgh757@gmail.com](mailto:burgh757@gmail.com) or Wayne at 540-840-5230.**

## SCRIP Helping HCA

**How it works:** Most of us shop at various local vendors that are supported through SCRIP. These include Giant, Weis, Wawa, Starbucks, Wal-Mart, Target as well as popular restaurants like Olive Garden, Red Lobster, IHOP and Outback. Complete list at [shopwithscrip.com](http://shopwithscrip.com). There are several ways you can order/purchase gift cards through the SCRIP program. One is to visit a SCRIP table after most Masses (including HCA). There is a volunteer who will provide info and help you purchase gift cards. Checks or cash accepted. You can also order online for delivery to either HCA (after 10:30am Mass or during school hours when school is in session) or for pickup after Saturday or Sunday Masses at the Church. And the most convenient way, set up a Presto Pay account and order gift cards online. You will need St. Mary's enrollment code to set an account. For the enrollment code and assistance, please contact Christi Greenwell at [scripcordinator@holycrossweb.com](mailto:scripcordinator@holycrossweb.com) or 703-994-2142. She will help get you started.

# liturgy daily bread

## Saint Mary Prayer List

Please pray for those who are sick or in need,

**especially:** Gerald Gardiner, Tina Ott, Michael Carr, Stephen Daley, Deanna White, Maria Stein, Elizabeth Davis, Jeanette Williams, Deborah June King, Ann Gallagher, Robert & Brittani Horner, Mary Ulmer, Antonio Christianson, Thomas Moeller, Marianne Ford, Ortiz Family, Maryann Seidlinger, William Hackbarth, John Michael Ides, Sylvia Pressley, Tamlyn Leaf, Matthew Roberts, Deanna Uperti, Gabriela Mason, Maria Stine, Joy & Larry Kligman, David Duke, Dennis Morris, James Murphy, Joan Cheek, Ted Mayor, Tim Conway, Billy LaPietra, Daniel Bustamonta, Maryann Devenas, Frank Spatt, Micheal Chen, Joseph Stefano, Fred Becker, Chuck Boyer, Maria Celia Brandao Lage, Leah Sapphire, Felicity Stanfield, Michael Kraljevich, Steve Zawisa, Casey Roby, Calvin Mills, Mary Jean Mills, Elise Velez, Tracey Hansen, Elizabeth Ames, Aleisa Barber, David Arnold, Maryann Greatsinger, Antonio Ferrara, Wilson and Joan Parker, Emma Gilbert, Virginia Gannon, Daniel Burke, Katherine Perusi, Dorie Lee, Christopher Szynal, Joy Zerby, Mariah Ceidlinger, Kelly Carperter-Silvers, Suzi Eggleston, Bernad Castillo, Nancy Buhite, Michael Durant, Matthew Gomer, Tricia Davis, Martha Clements, Dolores Renninger, Donna Long, Mary Ann Maynard, Zachary Payne, Margaret Krebbel, Adrianna Pruitt, Deanna Pruitt, Montgomery Wood, Gail Russell, Patricia Russo, Charles Dittmer, Bruce Mattern, Dorothy Simmons, Lillian Kendall, Nikolai Sherba, Sharon S., Barbara Clarke, Roseanne Nash, Jeanne Burke, Prudy Tarpe, Maureen Mizzles, Miles Wood, Mary Ellen Kearney, Kay Simmons, Robert Meyer, Marc and Susan Wood, John Gil, Lita Mary Mamboyo, Nathan Apicella, Timothy Travis, Kaden Sabo, Robert Nathan Ser-vetnick, Dianne Clancy, The Chevchuc Family, Christina Bolt, Bruce Bates, Richard Casaldi, Alex Tonn, James Evans, Larry Dillman, Theresa Kovalefsky, Amber Moser, Erin Krieg, Mat-thew Meyer, Brittany Meyer, Sara Meyer, Douglas & Dorothy Meyer, Karla Dorsey, Mary Jean & Don Williams, Linda & Frank Walter, Cathleen Mihalaki, Re Macarthur, Jordan Tackett, Bridget Sherba

Please pray for all the men and women in our military and civilian support services

**overseas, especially:** Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Sean Plunkett, Roy Selvidge, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Nelly Garcia, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Kelsey Cullinan, Jason Cullinan, Estrella Bernaola, Frank Spatt Jr.

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

## Daily Mass Intentions and Readings

### July

#### 16 MONDAY

6:30am Brady Harclerode+

9:00am Robert & Margaret Derouin

Is 1:10-17/Mt 10:34-11:1

#### 17 TUESDAY

6:30am Richard Govani+

9:00am Glenn Derouin+

Is 7:1-9/Mt 11:20-24

#### 18 WEDNESDAY

9:00am Arthur Root III+

6:00pm Salvatore Kiwall+

Is 10:5-16/Mt 11:25-27

#### 19 THURSDAY

6:30am Ella Gray Esteppe+

9:00am Lila Matthews+

Is 26:7-19/Mt 11:28-30

#### 20 FRIDAY

6:30am Sam Rotsch

9:00am Lenard Majeski+

Is 38:1-22, 7-8/Mt 12:1-8

#### 21 SATURDAY

9:00am Father Mosimann

5:00pm Katarzyna & Wladyslaw

Wolanski+

7:00pm Anthony & Andrea Kuniark+

Mi 2:1-5/Mt 12:14-21

#### 22 SUNDAY

7:00am Hilaria Guzmán+

8:30am Kenney Derenthal+

10:30am John Clements+

10:30am\* Michael Dickinson+

12:30pm For Our Parish

2:30pm(sp) Reyes Hernandez Family

5:00pm Bich Dao Le+

7:00pm Florence Coomber+

Jer 23:1-6/Eph 2:13-18/Mk 6:30-34

\* Indicates Mass at Holy Cross Academy

Please remember that Mass intentions may be re-quested at the parish office for any remaining Masses of the year. If dates are no longer available for the date you desire, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.

**Pregnant?**

Feeling trapped and alone? Know someone who may be?

**Make us your first call**  
Confidential  
non-judgemental  
Supportive  
All services are FREE

**Give us a call**  
it's confidential  
540.898.8558  
1.800.550.4900  
24-hour help line

**Free & confidential pregnancy tests**

**Birthright**  
of Fredericksburg

2006 Lafayette Boulevard, Suite 202  
Fredericksburg, VA 22401  
birthrightoffredericksburg.com 540.898.8558