

## Seventeenth Sunday in Ordinary Time

July 29, 2018



*Youth Group on mission trip to Banica, 2018. See more photos on pages 8 & 9*

**Saint Mary of the Immaculate Conception Roman Catholic Church**  
FREDERICKSBURG, VIRGINIA

# upcoming events

## July



**SAINT  
MARY**  
*of the*  
IMMACULATE  
CONCEPTION  
*Roman Catholic Church*

HOLY CROSS ACADEMY

### **29 SUNDAY, SEVENTEENTH SUNDAY IN ORDINARY TIME**

*Scrip on Sale after all Masses except 2:30pm*

*Coffee Shop after 7am, 8:30, 10:30, and 12:30pm, Mass*

*12pm, Spanish Legion of Mary, Parish Life Center, Room 204*

### **30 Monday, Weekday [Saint Peter Chrysologus, Bishop and Doctor of the Church]**

*10:15am Legion of Mary Our Lady of Perpetual Help Presidio*

### **31 Tuesday, Saint Ignatius of Loyola, Priest**

*6pm CYM Sports Tuesday at Old Mill Park*

### **1 Wednesday, Saint Alphonsus Liguori, Bishop and Doctor of the Church**

*3pm Divine Mercy Devotions, Church*

*5pm CYM Bible Timeline Study, John Paul II House*

*6:30pm Spanish Junior Legion of Mary, Parish Life Center Main Hall*

*6:30pm Confessions, Church*

### **2 Thursday, Weekday [Saint Eusebius of Vercelli, Bishop; Saint Peter Julian Eymard, Priest]**

*9:30am Craft Group, Parish Life Center, Room 100*

*7pm Nar-Anon, Parish Life Center, Room 204*

*7pm Baptism Class, Courtyard Meeting Room*

### **3 Friday, Weekday**

*7pm Spanish Prayer Group, John Paul II House, Upstairs*

*8pm First Friday Mass, Church*

### **4 Saturday, Saint John Vianney, Priest**

*8am Confessions, Church*

*9am Commonwealth Catholic Charities Foster Care Orientation, Courtyard Meeting Room*

*10am Al-Anon, Parish Life Center, Room 204*

*10am Baptisms, Church*

*2pm Spanish Baptism Class, Parish Life Center, Room 204*

*3:30pm Confessions, Church*

*6pm Scrip on Sale after Mass*

### **5 SUNDAY, EIGHTEENTH SUNDAY IN ORDINARY TIME**

*Coffee Shop after 7am, 8:30am, 10:30am, and 12:30pm Masses*

*Scrip on Sale after all Masses except 2:30pm*

*12pm Spanish Legion of Mary, Parish Life Center, Room 204*

# pulpit announcements

## nota bene (note well, please):

- **Summer Youth Group activities**

*More information on page 7*

- **Important information for all parish organizations**

*More information on page 8*

- **Join in the engaging Call to Evangelization series**

*More information on page 8*

- **Foster Care Orientation Meeting**

*More information on page 12*

- **Join Flocknote for RE Notifications!**

Text '**StMaryFredRE**' to **84576** to automatically receive text messages and emails when RE Classes are canceled. Or go online and register by following the link at the parish website, **stmaryfred.org** on the right hand side at the top of the information panel.

## Parish Trips - Save the Dates:

**India with Fr. Sunny & Fr. Mosimann**

**October 14 - 28, 2018**

**Cost: \$3300**

**Holy Land with Fr. Mosimann**

**January 28 - February 8, 2019**

**Cost: To be determined**

## contact us

### SUNDAY MASS

Saturday Vigil 5 & 7pm  
Sunday 7, 8:30, 10:30am, 12:30,  
2:30pm (Spanish), 5pm, 7pm  
10:30am at Holy Cross Academy

### DAILY MASS

Mon.-Fri.: 6:30am, 9am  
M/W/F: 12 Noon  
Sat.: 9am  
First Friday 8pm  
Holy Days of Obligation, as announced

### DEVOTIONS

Adoration, Daily between 6:30am &  
9am Mass,  
Wednesday 12:30pm - Friday 9am  
Miraculous Medal Novena, Mon., after  
9am Mass, Divine Mercy, Wed., 3pm

### CONFESSION

Wed., 6:30-8:30pm;  
Sat., 8am & 3:30pm, or by appt.

### PARISH OFFICE

540-373-6491, fax 371-0251  
stmary@stmaryfred.org  
Mon.-Fri., 8:30am - 4:30pm;  
students staff office weekdays until 9pm,  
Saturdays 9-5pm, Sundays 9:30-1:30pm

Pastor, Fr. John Mosimann  
Fr. Colin Davis  
Fr. Michael J.R. Kelly  
Fr. Michael Folmar  
Deacon Alberto Bernaola  
Deacon Dick Delio

Operations Manager, Jim Florio  
Business Manager, Elaine Stanislowski  
Parish Secretary, Elizabeth Tellez  
Director of Music, David Uschold

### HOLY CROSS ACADEMY

540-286-1600  
250 Stafford Lakes Parkway  
Fredericksburg, Virginia 22406-7234  
Principal, Sr. Susan Louise Eder, O.S.F.S.

### ST. MARY PRESCHOOL

540-373-7553  
Director, Sheri Castellarin

### RELIGIOUS EDUCATION OFFICE

540-373-6491  
Director, Aristides Lucas  
Associate Director, Karen Sturtevant

### YOUTH MINISTRY

540-373-6491  
Director, Leo Chavarria  
Tatiana Beltran

### OUTREACH

540-373-6491  
Elena Doyle - outreach@stmaryfred.org

### BAPTISMS

Parish registration (90 days) and class  
required.  
Please contact the parish office to  
schedule the date at least four weeks in  
advance.

### MARRIAGE

Parish registration required; contact  
parish six months in advance to begin  
preparation.

### JOIN US

New Family Registration meetings held in  
the Parish Life Center on fourth Sundays,  
following the 10:30 Mass. Please notify us  
of any contact changes.

Articles must be submitted two weeks prior to publication.  
Send articles to [bulletin@stmaryfred.org](mailto:bulletin@stmaryfred.org). Thanks!

## stmaryfred.org

# from our pastor

# pax et bonum

Dear Folks,

Imagine you are loaded into the family station wagon driving south on 95, when innocently enough, your car full of children asks, "Can we go to Hardees? We're hungry." And imagine that because of some wise and loving parental plan, you say, "No." But it doesn't end here. Your children seize the moment, and start chanting in unison, "CHAR BROILED BURGERS! CHAR BROILED BURGERS!" And despite your kind and patient exhortations for silence, the chanting continues for 30 minutes. What would you do? Ok, sure, my parents gave in and we stopped at Hardees, creating a great childhood memory of the power of unified pestering. :-)

Analyze the situation: who was obsessed with the burgers? Nobody in their right mind would say that my parents were the ones obsessed. And today I am calling out the malarkey of a common accusation of the secular world that the Catholic Church is 'obsessed with gynecology.' Atheists argue this as proof of the Church's obsolescence. Ex-Catholics cite this as reason for leaving. But frankly it is hogwash. The Catholic Church isn't the one using this to sell everything under the sun. Or demanding that all actions of the lowliest imaginations be celebrated with Pride Parades. Or profiting over the internet from this obsession. Or using the topic as fodder for countless jokes at the water cooler. Yes there is an "obsession with gynecology" but it is not the Catholic Church who is obsessed.

How many references do you hear to these issues at Mass per month? Now compare that how many contrary references you hear every day? And the next time that someone says the Church is obsessed, cough loudly and call them out for their "Malarkey." (or whatever more forceful phrase you wish to use)!

This past Wednesday, was the 50th anniversary of the publication of Humanae Vitae. Despite the incessant chanting of some Catholics for "Char-Broiled-Burgers," Pope Paul VI kindly and patiently reiterated the constant teaching of God regarding human sexuality. I don't preach on this incessantly because I don't want parents to have to go home every week retranslating every homily in age appropriate language. But make no mistake, the world does not show the same restraint.

This coming year, to observe the anniversary, our parish theme will be taken from the constant teaching of the Church (with an tweak for alliteration). The theme will be FAMILY: Forever, Faithful, Fruitful. Among several programs that we are planning, this fall I will give a talk on the encyclical, it's reception, and on the wider moral issues. God does have a wise and loving plan for human sexuality, we just have to wade through a whole lot of noise to hear it.

pax,



Fr Mosimann



## Health Ministry

### Praying When It's Tough

Have you ever been asked or become aware of a challenging situation where a prayer for healing is requested. Have you ever thought:

"Oh not me. I'm already overcommitted!"

"I can't even keep myself together!"

"Hopeless!"

God call us all to prayer, and led by the Holy Spirit, we are assured of strength, comfort, and a path forward. For those who may doubt the value of prayer in healing, they may want to look at those studying the effects of our spiritual life on our health. The Center of Spirituality, Theology and Health at Duke University conducts research and training as well as promoting scholarly activities related to our spiritual life and our health. How cool is that! Most of us would add an "Amen" to their effort. But if you could use a little guidance, here is one formula that may provide structure in a difficult situation.

Be there/be present – The simple act of sitting with a friend or a situation and focusing on God's amazing grace can bring peace to a chaotic situation.

Place Christ at the center – light a candle, open the Bible, or hold prayer beads, – anything to symbolize Christ's welcoming presence.

Set an intention – What are the needs? What prayer will be use? Shall we pray the scriptures, or just say what is on our heart? Will you connect with others or are you on your own. However you choose, pray for your intention in the way you establish. There is a surprising power and comfort in repetition. Some also like keeping a simple prayer journal.

Mark the end of each prayer time with an audible "Amen" as a powerful expression of your faith that God is present and will act on your prayers.

For some quick tips on prayer journaling, check out: [catholiccompany.com/getfed/how-to-keep-a-prayer-journal](http://catholiccompany.com/getfed/how-to-keep-a-prayer-journal) or [spiritualityandhealth.duke.edu](http://spiritualityandhealth.duke.edu)



# holy cross academy

## Preschool Teacher Opening

Holy Cross Academy/St. Mary's Preschool is seeking a teacher for the three year old half day program for the coming school year. A preschool teacher must have a Bachelor's Degree in a child related field and either a teaching certificate or a minimum of six months of experience as a lead teacher in a preschool setting. Interested applicants should email their resumes to Sheri Castellarin at [preschool@holycrossweb.com](mailto:preschool@holycrossweb.com)

## Part Time Aide Opening

Holy Cross Academy/St. Mary's Preschool is seeking a part time aide for the four year old program for the coming school year. A preschool aide must have an Associate's Degree in a child related field. Interested applicants should email their resumes to Sheri Castellarin at [preschool@holycrossweb.com](mailto:preschool@holycrossweb.com)



*A National  
Blue Ribbon  
School of  
Excellence*

# the steps of RCIA

## What are the steps of RCIA?

Prior to beginning the RCIA process, an individual comes to some knowledge of Jesus Christ, considers his or her relationship with Jesus Christ and is usually attracted in some way to the Catholic Church. This period is known as the Period of Evangelization and Precatechumenate. For some, this process involves a long period of searching; for others, a shorter time. Often, contact with people of faith and a personal faith experience lead people to inquire about the Catholic Church. After a conversation with a priest, or RCIA director, the person, known as an "inquirer," may seek acceptance into the Order of Catechumens, through the Rite of Acceptance. During this Rite, the inquirer stands amidst the parish community and states that he or she wants to become a baptized member of the Catholic Church. The parish assembly affirms this desire and the inquirer becomes a Catechumen.

The Period of the Catechumenate can last for as long as several years or for a shorter time. It depends on how the person is growing in faith, what questions they encounter along the way, and how God leads them on this journey. During this time, the Catechumens consider what God is saying to them in the Scriptures, what changes in their life they need to make to respond to God's inspiration, and what Baptism in the Catholic Church means. In the program at Saint Bernadette, the Catechumenate begins in early November. When a Catechumen and the priest and the parish team working with him or her believes the person is ready to make a faith commitment to Jesus in the Catholic Church, the next step is the request for baptism and the celebration of the Rite of Election. Even before the Catechumens are baptized, they have a special relationship to the Church.

The Rite of Election includes the enrollment of names of all the Catechumens seeking baptism at the coming Easter Vigil. Typically, on the first Sunday of Lent, the Catechumens, their sponsors and families gather at the cathedral church. The Catechumens publicly express their desire for baptism to the diocesan bishop. Their names are recorded in a book and they are called the Elect.

The days of Lent are the final Period of Purification and Enlightenment leading up to the Easter Vigil. Lent is a period of preparation marked by prayer, study, and spiritual direction for the Elect, and prayers for them by the parish communities. The Celebration of the Sacraments of Initiation takes place during the Easter Vigil Liturgy on Holy Saturday when the Elect receives the sacraments of Baptism, Confirmation and Holy Eucharist. Now the person is fully initiated into the Catholic Church.

As a newly initiated Catholic, they continue their formation and education continue in the Period of the Post Baptismal Catechesis, which is also called Mystagogy. This period continues at least until Pentecost. During the period the newly baptized members reflect on their experiences at the Easter Vigil and continue to learn more about the Scriptures, the Sacraments, and the teachings of the Catholic Church. In addition they reflect on how they will serve Christ and help in the Church's mission and outreach activities.

*More information in upcoming bulletins about when St. Mary's RCIA program begins.*

# parish life

# religious education

## Magnifikid

**"He (Jesus) nourishes us abundantly"**

"They have seen His miracles and realize that he is not an ordinary man. ... Jesus knows that they are hungry and knows what he will do....He gives thanks to God and multiplies the food so that everyone is able to have their fill. ... There are twelve baskets left over, just as there are twelve Apostles. As his first Priests, the Apostles will "feed" people spiritually by preaching in Jesus' name and giving them his Body and Blood in the Eucharist."

## Religious Education Classes

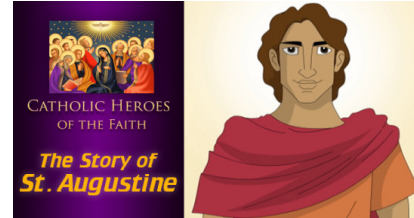
Sunday Mass Attendance as a family is one of the most important things for your child's faith formation. Participating in Mass is also an important part of our Catholic Tradition. If you are going to teach your child to grow up to be a strong Catholic, you need to teach him/her the importance of going to Mass. At Mass we connect with Christ through the Eucharist and this causes our faith to grow stronger and it also more clearly see the plan God has for our lives.

To help prepare for Sunday Mass parents receive a weekly email on the Sunday Mass Readings. Please share the email with your child so he/she can be familiar with the Sunday Mass Readings. This is one of the reasons students from Grade 5 and up are given a Bible to keep at home.

Also at the end of each class students are reminded to "please make an effort Mass on Sunday."

**DO NOT TAKE A VACATION FROM YOUR FAITH THIS SUMMER!**

## FORMED KIDS' KORNER



### The Story of St. Augustine

#### How a Bright Young Man Became a Saint

Young Augustine thinks his mother's religion is foolishness, much preferring a life of luxury in Rome, until he must decide whether he will serve God or the Empire.

Also in Spanish!

#### More Kids' Content



Also in Spanish!



Also in Spanish!

## FORMED

### FORMED PICK OF THE WEEK

## Lectio: Peter

Session 6: In the Shadow of the Galilean

### The King, the Kingdom, and the Keys

Did Jesus really entrust His authority to a fisherman from Galilee? In this episode of his enlightening and engaging study on Saint Peter, Dr. Tim Gray unpacks Scripture to reveal Peter's critical role as a bridge between our King, Jesus Christ, and His Kingdom, the Church.

Watch on [formed.org](https://www.formed.org)

**FORMED** | THE CATHOLIC FAITH, ON DEMAND.



★★★★★

"I found myself enthralled in this particular lecture. I love the entire study and am learning a great deal ... but this was by far my favorite so far."

—Patrick B, Fort Dodge, IA



**JOIN FORMED — 1. [formed.org](https://www.formed.org) 2. click register 3. enter parish code: F6F228**

WE WELCOME YOU HOME. 540-373-6491

# our parish get involved

## Attention All Parish Organizations

Your calendar for the use of parish facilities from September 2018 to August 2019 should be submitted to Elaine in the Parish Office no later than July 31. Please make sure you submit your request to Elaine, in writing, as soon as possible, either by regular mail, or by email to [estanislawski@stmaryfred.org](mailto:estanislawski@stmaryfred.org). In setting up your schedule, please note that evening activities cannot be scheduled before 8pm Monday through Wednesday, and not before 6pm on Thursdays from September through May, due to Religious Education classes in the Parish Life Center and the John Paul II House.

## School Dressing Days

This program, created by the Interfaith Council. Serves children in need grades K-12 in the Fredericksburg Region with clothes and school items. This year the event will take place Friday, August 10-Saturday, August 11 from 9am-3pm at the Church of Jesus Christ of Latter-Day Saints, 1710 Bragg Road, Fredericksburg, VA 22407. Volunteers are needed to set-up days ahead, help meet and shop with the students/parents and clean-up. Various dates and times available. To volunteer, go to [tinyurl.com/SDD2018](http://tinyurl.com/SDD2018) and follow the simple steps. Just select the shift and date you prefer then click 'Submit and Sign Up' You do not need to have an existing account with SignUpGenius to do this. Any questions or problems signing up please call Jaye Anastasio at (540) 412-1622.

## Micah Furniture Bank

The Furniture Bank provides furniture for clients of Micah

Ecumenical Services, formally homeless individuals who are moving into housing. We need help delivering and/or picking up donated items. St. Mary's serves on the 3rd Saturday of the month from 9am-12. This is a great ministry for teens as we need muscle to move items! Please contact Rich LaRoche to join the crew at [stone48@verizon.net](mailto:stone48@verizon.net). To donate furniture visit [micahfredericksburg.org](http://micahfredericksburg.org).

## Micah Café

Enjoy a delicious lunch with your family/friends/ministry groups at the Micah Café and know that you are engaging with the homeless and lonely in our community. The Café was created this year to offer food service training for our homeless population so that they can go on and secure a job in the food industry after receiving certification. The Café also serves as a vehicle to create community for many who are lonely. The Café is a "Pay-As-You-Can" and donations are accepted at the door. Located 1016 Caroline Street is open Tuesday and Thursday from 11am-2pm. Check it out!

## Call to Evangelization

Empower your witness! Every day we have opportunities to share our story about why we love being Catholic, but do we? Or, do we hide our light under the proverbial bushel?

This small group's purpose is to support and encourage each other in our efforts to share our faith. We discuss opportunities we've had to evangelize, what worked and what didn't, or what prevented us from trying.

If you want to engage others in conversation about our faith, join us. *We meet every 3rd*

*Sunday between the 10:30am and the 12:30pm masses (except on holiday weekends) in the Courtyard Meeting Room. For more information contact Bryan Richardson at [br22406@cox.net](mailto:br22406@cox.net)*

## Adoration of the Blessed Sacrament

**Wednesday 12:30pm - Friday 9am**

Come and adore Our Lord in the most beautiful Blessed Sacrament of the Altar and honor His Holy Mother by saying the Rosary in His Divine Presence. We have continuous Exposition of the Blessed Sacrament every Wednesday after the 12 Noon Mass until Friday morning before the 9am Mass. We also have Exposition of the Blessed Sacrament 7-9am.

## HCA Fun Run/Walk

The 3rd annual HCA Fun Run/Walk is right around the corner. Please join us for the annual 1-Mile and "just added" 5K Fun Run/Walk right before the Parish Ice Cream Social, September 9 at 3pm. We will start and finish at Holy Cross Academy. Registration is \$5 for the 1-Mile and \$10 for the 5K, with all proceeds going to support the HCA building expansion. The 1-Mile event is primarily for children, ages 11 and under, but open to everyone. The 5K event is open to all ages. Both events are stroller friendly! We will have awards for the 1st and 2nd place finishers in male and female age groups: 12-14 and 15-17 in the 5K only. For Registration Information Contact Pearl: [crypea@aol.com](mailto:crypea@aol.com) or stop by the registration table.



# youth group banica 2018





# youth group banica 2018



## Summer Youth Group Sports Tuesdays

Every Tuesday, through August 14 from 6pm-8pm come out to Old Mill Park (2401 Caroline St) to play sports: soccer, flag football or ultimate frisbee. All middle school and high school age teens are invited. Bring friends and a water bottle!

## Teen Bible Timeline Study

Open to high school teens. Wednesdays from 5-7pm, in the John Paul II house (includes pizza dinner. Bring \$4 to contribute). The Teen Timeline, or T3, is the teen version of the revolutionary Great Adventure Bible Timeline learning system that hundreds of thousands of Catholic adults have used to learn the Bible. Dynamic teen presenter Mark Hart makes the Bible come alive for Catholic teens by unpacking God's Word in a way they can relate to. T3 teaches teens the Bible by showing them the "big picture" of salvation history. When young students of the Bible first understand the "story," they are eager to learn more. The net result: teens begin to wrap their minds and hearts around the Scriptures. They come to see the Bible as a relevant part of their lives.



## Middle School Run Club

Meets every Saturday morning at 8:30am at the James Monroe Track. Email Rachel Luciani at [lucianir@comcast.net](mailto:lucianir@comcast.net) for more details.



## Stay Up-to-Date

Be sure to stay in the know with St. Mary CYM by visiting [stmaryfred.org/youth-ministry](http://stmaryfred.org/youth-ministry)

## StMaryCYM



#GetInvolvedBeTransformed



# our parish get involved

## Guadalupe Free Clinic 5th Annual Golf Fundraiser

The Clinic, an apostolate of the Catholic Diocese of Arlington, is a donor-supported, volunteer staffed, free health clinic that serves the indigent, working poor and medically uninsured residents of Colonial Beach and all Westmoreland County, VA. Please join Father Jerome Magat, the Clinic Founder and President, at the 5th Annual GFC Golf Classic to raise funds to support Clinic medications, operating costs, and facility upgrades. The Golf Classic will be held on Friday, August 3rd at the Augustine Golf Club in Stafford, VA. To register: logon to the clinic website at [guadalupefreeclinic.org](http://guadalupefreeclinic.org), or for more information email [gfcgolf@guadalupefreeclinic.org](mailto:gfcgolf@guadalupefreeclinic.org), or call (804) 224-0571

## Catholic Charities

Interested volunteers can start by submitting their information on [ccda.net](http://ccda.net) and clicking on 'volunteers' and they can also contact the volunteer manager, Arielle Reynoso at 703-778-9128, or through email, [areynoso@ccda.net](mailto:areynoso@ccda.net).



## Knights of Columbus Freedom 5K

The Knights of Council 4034 are planning another fundraising run/walk lined up for Sunday, October 7.

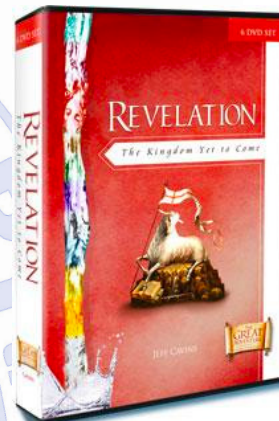
## Revelation: The Kingdom Yet to Come

Revelation is the first "ongoing" study in The Great Adventure Bible Study Program. In this intriguing look at one of the most talked-about books in Scripture, Jeff Cavins explores Revelation to demonstrate how the kingdom established by Christ in his Church is intimately connected with the kingdom of heaven, especially through the celebration of the Mass.

You will learn what all the mysterious figures and images of Revelation present, as well as what will happen during the Second Coming of Christ, what has already happened, and what is happening now in salvation history.

Join Jeff Cavins, Suzette Young and fellow parishioners for Revelation: The Kingdom Yet to Come at St. Mary of the Immaculate Conception in Fredericksburg, VA beginning September 10 at 12:45pm and continuing every Monday for eleven weeks.

To register for this study, please go to the parish office by August 24. The cost for materials is \$23, collected at the first class. Class size is limited to 40 people.



*We invite all Christians to gather in the peace of Christ at St. Mary Monday, August 13 as we "prepare a place for unity and peace" together.*



**You are invited to a monthly gathering of prayer in the ecumenical tradition of the Taizé Community in France, the second Monday of every month at 8:15pm.**

It is our hope that this monthly prayer brings together Christians of all churches, pastors and flocks, as together we realize a bit more each day that we must rely upon God's power to bring about Unity among all who follow Jesus, "as he and the Father are one." It is something we are unable to do ourselves.

This Unity which embraces all people stands at the very heart of Christ's mission...and belongs to the essence of our community. Let us provide a place where his Spirit can come and fulfill his plan for us.



# paul stefan home biking for babies



**COME JOIN FATHER STAPLES  
STARTING JULY 16<sup>TH</sup> THRU  
AUGUST 3<sup>RD</sup> AS HE TAKES A  
1,400 MILE TOUR ACROSS  
AMERICA TO SAVE BABIES!!**



## **PRO-LIFE FUNDRAISER**

Join Father Staples, Father Stefan, and Priests, Deacons, Pastors, along with 80 other churches from around the state of Virginia as Father Staples bikes across America to raise \$100,000. **FOR THE PAUL STEFAN REGIONAL MATERNITY HOUSING AND EDUCATIONAL CENTER.** This 23 bed, 40 room facility, inclusive of an education center, dinner hall, chapel, library and day care center, is nearly completed! We need your help to finish. Remember, a 90% complete facility is still 100% closed!

To support, donate, and follow Father on his trip, go to:

[www.paulstefanhome.org](http://www.paulstefanhome.org)

**BIGGEST PRO-  
LIFE FUNDRAISER  
THIS YEAR!!**

**BE A PART OF  
THE SOLUTION...  
"TO SAVE  
BABIES, ONE  
MOTHER AT A  
TIME"**

**SUPPORT  
FATHER STAPLES  
AS HE RAISES  
MONEY FOR THE  
UNBORN AND  
HOMELESS  
PREGNANT  
WOMEN IN OUR  
COMMUNITY!**

**PAUL STEFAN  
HOME  
PO BOX 754,  
LOCUST GROVE, VA  
22553  
540-854-2300**

# operations given in love

## Weekly Offertory

### Collections for July 15 & 22

Offertory	\$30,157
Offertory (July 22)	\$27,751
Building Fund	\$9,468
Church in Africa (add'l)	\$1,932
St. Vincent de Paul Poor Box (7/9-22)	\$479
St. Vincent de Paul Poor Box (6/25-7/8 corrected)	\$768

*Thank you for your generosity!*

## Choose Life Reflection

"Life is an opportunity, benefit from it. Life is beauty, admire it. Life is a dream, realize it. Life is a challenge, meet it. Life is a duty, complete it. Life is a game, play it. Life is a promise, fulfill it. Life is sorrow, overcome it. Life is a song, sing it. Life is a struggle, accept it. Life is a tragedy, confront it. Life is an adventure, dare it. Life is luck, make it. Life is too precious, do not destroy it. Life is life, fight for it." (Saint Teresa of Calcutta)

## Children's Offertory Envelopes for July

Children's Offertory Contributions for the month of August will be donated to The Owen Lea Foundation. Owen was diagnosed with stage IV Neuroblastoma just two weeks after his second birthday. After nearly six years of countless rounds of chemotherapy, radiation, numerous surgeries, a stem cell transplant, and two clinical trials, on August 26th, 2009 Owen lost his battle and Heaven gained another angel.

The Owen Lea Foundation was established to provide support to families living with Neuroblastoma. The financial and emotional burdens of treating a child with

cancer can be devastating. Your assistance will help families alleviate some of these overwhelming costs that are not otherwise covered by insurance, such as travel to and from treatment centers and co-pays for necessary medicines. Sadly in many cases this money also replaces life insurance which is unobtainable for families in this situation.

The Owen Lea Foundation is an all-volunteer run organization. 100% of your donation goes directly to the families who need your assistance, so that they can focus their energy where it is needed the most -- the care of their child. We are a 501(c)(3) IRS registered charity and 100% of your donation is tax deductible. We are based in Fredericksburg, Virginia, and while we focus on local families, we provide assistance to families nationwide. For more information, visit [owenleafoundation.org](http://owenleafoundation.org).

## Al Anon Surviving the Weekend Group

All who have been affected by someone else's drinking, and members come together to learn a better way of life and how to find happiness. It's important to know that you are not alone and there is help. **Al Anon meetings are every Saturday at 10am in Room 204 of St. Mary's Parish Life Center.**

## Nar Anon Support Available

Nar Anon is a program that offers support to family members and friends of loved ones struggling with substance abuse. All information and discussion is non-judgemental, informative and strictly confidential. Our meetings are in **Room 204 in the Parish Life Center on Thursday from 7-8pm** and are open to the community at large. **Contact Cathy at 703-201-8821, [burgh757@gmail.com](mailto:burgh757@gmail.com) or Wayne at 540-840-5230.**

## Pray for Priests

"Only in Heaven will he be able to measure his greatness. If he were to understand it already here on earth, he would die, not of fright, but of love ... After God, the priest is all." (St. John Vianney, Patron of Parish Priests, Feast Day August 4)

O Jesus, Eternal Priest, keep Your priests within the shelter of Your Sacred Heart, where none may touch them. Keep unstained their anointed hands, which daily touch Your Sacred Body. Keep unsullied their lips, daily purpled with Your Precious Blood. Keep pure and unearthly their hearts, sealed with the sublime mark of Your priesthood. Let Your holy love surround them, and shield them from the world's contagion. Bless their labors with abundant fruit, and may the souls to whom they minister be their joy and consolation here on earth, and in Heaven, their everlasting crown. Amen.

*St. Thérèse of the Child Jesus & the Holy Face*

Mary, Queen of the Clergy, we pray: obtain for us many holy priests & vocations to the priesthood.

## Foster Care Orientation Meeting

Commonwealth Catholic Charities is hosting a Foster Care Orientation on Saturday, August 4, from 10am to noon in the Courtyard Meeting Room of St. Mary of The Immaculate Conception Church. If you are interested in becoming a foster parent and making a difference in the life of a child, please contact BeBe Tran, Foster Parent Specialist at (804) 545-5949 or at [Bebe.tran@cccovfa.org](mailto:Bebe.tran@cccovfa.org) to reserve a seat. Commonwealth Catholic Charities is the only non-profit foster care agency in Virginia that provides services to refugee and immigrant children.



# liturgy

# daily bread

## Saint Mary Prayer List

Please pray for those who are sick or in need,

**especially:** Deborah June King, Ann Gallagher, Robert & Brittani Horner, Mary Ulmer, Antonio Christianson, Marianne Ford, Ortiz Family, Maryann Seidlinger, William Hackbarth, John Michael Ides, Sylvia Pressley, Tamlyn Leaf, Matthew Roberts, Deanna Uperti, Gabriela Mason, Maria Stine, Joy & Larry Kligman, David Duke, Dennis Morris, James Murphy, Joan Cheek, Ted Mayor, Tim Conway, Billy LaPietra, Daniel Bustamonta, Maryann Devenas, Frank Spatt, Micheal Chen, Joseph Stefano, Fred Becker, Chuck Boyer, Maria Célia Brandao Lage, Leah Sapphire, Felicity Stanfield, Michael Kraljevich, Steve Zawisa, Casey Roby, Calvin Mills, Mary Jean Mills, Elise Velez, Tracey Hansen, Elizabeth Ames, Aleisa Barber, David Arnold, Maryann Greatsinger, Antonio Ferrara, Wilson and Joan Parker, Emma Gilbert, Virginia Gannon, Daniel Burke, Katherine Perusi, Dorie Lee, Christopher Szynal, Joy Zerby, Mariah Ceidlinger, Kelly Carperter-Silvers, Suzi Eggleston, Bernad Castillo, Nancy Buhite, Michael Durant, Matthew Gomer, Tricia Davis, Martha Clements, Dolores Renninger, Donna Long, Mary Ann Maynard, Zachary Payne, Margaret Krebbel, Adrianna Pruitt, Deanna Pruitt, Montgomery Wood, Gail Russell, Patricia Russo, Charles Dittmer, Bruce Mattern, Dorothy Simmons, Lillian Kendall, Nikolai Sherba, Sharon S., Barbara Clarke, Roseanne Nash, Jeanne Burke, Prudy Tarpe, Maureen Mizzles, Miles Wood, Mary Ellen Kearney, Kay Simmons, Robert Meyer, Marc and Susan Wood, John Gil, Lita Mary Mamboyo, Nathan Apicella, Timothy Travis, Kaden Sabo, Robert Nathan Servetnick, Dianne Clancy, The Chevchuc Family, Christina Bolt, Bruce Bates, Richard Casaldi, Alex Tonn, James Evans, Larry Dillman, Theresa Kovalefsky, Amber Moser, Erin Krieg, Matthew Meyer, Brittany Meyer, Sara Meyer, Douglas & Dorothy Meyer, Karla Dorsey, Mary Jean & Don Williams, Linda & Frank Walter, Cathleen Mihalaki, Re Macarthur, Jordan Tackett, Bridget Sherba, Randy McNulty, Riley Horstick, David A., Marty T., Janet Yerkie, Brittany Yerkie, Elizabeth Stoehr, David Semeglo, Katherine Paone, Robert L Gomer, Carla J Gomer, Lorena Hernandez, Thomas Moeller, Lorraine Becker

Please pray for all the men and women in our military and civilian support services overseas, **especially:** Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Sean Plunkett, Roy Selvidge, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Nelly Garcia, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Kelsey Cullinan, Jason Cullinan, Estrella Bernaola, Frank Spatt Jr.

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

## Daily Mass Intentions and Readings

### July

#### 30 MONDAY

6:30am Agnes Flores+  
9:00am Stanley J. Guzik+  
Jer 13:1-11/Mt 13:31-35

#### 31 TUESDAY

6:30am Sister Francesca Maria+  
9:00am Jack Alrutz  
Jer 14:17-22/Mt 13:36-43

#### 1 WEDNESDAY

6:30am Torie Baldwin  
9:00am Freddie Arevalo+  
Jer 15:10-21/Mt 13:44-46

#### 2 THURSDAY

6:30am Judy Thielman  
9:00am Charlie White+  
Jer 18:1-6/Mt 13:47-53

#### 3 FRIDAY

6:30am Paul & Perla Sambat  
9:00am Gio Camacho  
8:00pm Hubert Ricard, Sr.+  
Jer 26:1-9/Mt 13:54-58

#### 4 SATURDAY

9:00am For All Priests  
5:00pm For Our Parish  
7:00pm Royal P. & Florence Schmidt+  
Jer 26:11-24/Mt 14:1-12

#### 5 SUNDAY

7:00am Neta Shorter+  
8:30am Jim and Carolyn Beard  
10:30am All Those Who Died in July  
10:30am\* Anthony & Andrea Kuniak+  
12:30pm Dope Afanoukoe  
2:30pm(sp) Tanesi & Taretzi Galdmaez  
5:00pm Katie Mason+  
7:00pm John & Catherine Sturtevant  
Ex 16:2-15/Eph 4:17-24/Jn 6:24-35

\* Indicates Mass at Holy Cross Academy

Please remember that Mass intentions may be requested at the parish office for any remaining Masses of the year. If dates are no longer available for the date you desire, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.

**Pregnant?**

Feeling trapped and alone? Know someone who may be?

**Make us your first call**  
Confidential  
non-judgemental  
Supportive  
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