

# Twenty-Second Sunday in Ordinary Time

September 2, 2018



**Saint Mary of the Immaculate Conception Roman Catholic Church**  
FREDERICKSBURG, VIRGINIA

# upcoming events

## September



**SAINT  
MARY**  
*of the*  
IMMACULATE  
CONCEPTION  
*Roman Catholic Church*

HOLY CROSS ACADEMY

### **2 SUNDAY, TWENTY-SECOND SUNDAY IN ORDINARY TIME**

*No Coffee Shop Labor Day Weekend*

### **3 Monday, Saint Gregory the Great, Pope and Doctor of the Church**

**Labor Day, Parish Offices Closed**

**No 6:30am Mass**

10:15am, Legion of Mary Out Lady of Perpetual Help Presidio Parish Life Center, Room 100

### **4 Tuesday, Weekday**

**First day of School at St. Mary Preschool!**

9:30am, CCW Board Meeting Parish Life Center, Room 100

6pm, Catechist Training, Parish Life Center, Main Hall

### **5 Wednesday, Weekday**

9:45am, Epic Bible Study, Courtyard Meeting Room

3pm, Divine Mercy Devotions, Church

6:30pm, Spanish Junior Legion of Mary, Parish Life Center, Room 204

6:30pm, YOUCAT, John Paul II House

6:30pm, Confessions, Church

8pm, Spanish Legion of Mary, Parish Life Center, Room 204

### **6 Thursday, Weekday**

9:30am, Craft Group, Parish Life Center, Room 100

9:45am, Epic Bible Study, Courtyard Meeting Room

7pm, Nar-Anon, Parish Life Center, Room 100

7pm, Baptism Class, Courtyard Meeting Room

### **7 Friday, Weekday**

9am, St Anne's Sister in Faith Group, John Paul II House

6:30pm, Middle School Youth Group, Parish Life Center

7pm, Spanish Prayer Group, John Paul II House

### **8 Saturday, The Nativity of the Blessed Virgin Mary**

8am, Confessions, Church

8am, Legion of Mary Birthday of Our Lady Celebrations, Parish Life Center

10am, Mariamante Sewing Circle, John Paul II House

10am, Al-Anon, Parish Life Center, Room 204

10am, Baptisms, Church

2pm, Spanish Baptism Class, Courtyard Meeting Room

3:30pm, Confessions

6pm, Scrip on Sale, Parish Life Center

### **9 SUNDAY, TWENTY-THIRD SUNDAY IN ORDINARY TIME**

**Manna Food Project outside after all Masses**

**Catechists Profession of Faith during Masses**

**Hibernians Raffle outside after all Masses**

*Scrip on Sale after all Masses except the 2:30pm, and 7pm*

*Coffee Shop after 7am, 8:30am, 10:30am, and 12:30pm, Mass*

**4-7pm, Ice Cream, Social and Cake Walk at HCA**

# pulpit announcements

## nota bene (note well, please):

▪ **Knights of Columbus #4034 Freedom 5k is happening October 7. Help enrich our community!**

*More information on page 9*

▪ **The Manna Project Food Drive will be held September 8 & 9. Please bring non-perishables and monetary donations to Mass next weekend.**

▪ **Holy Cross Academy's 3rd Annual Ice Cream Social and Cake walk is next Sunday from 4-7pm**

▪ **Bike Donation Drive being help September 8.**  
*More information on page 11.*

▪ **Stand up for Life. Be part of the National Life Chain October 7.** *More information on page 10.*

▪ **During overnight Adoration on Wednesday-Thursday and Thursday-Friday the doors will be locked from midnight until 5am.**

▪ **Join Flocknote for RE Notifications!**

Text '**StMaryFredRE**' to **84576** to automatically receive text messages and emails when RE Classes are canceled. Or go online and register by following the link at the parish website, **stmaryfred.org** on the right hand side at the top of the information panel.

**Urgent need for two permanent adorers**

**Thursdays 12-1pm. We also need additional permanent adorers for Thursday 3-4pm & 5-6pm**  
**Please email [adoration@stmaryfred.org](mailto:adoration@stmaryfred.org) to sign up!**

## contact us

**SUNDAY MASS** Saturday Vigil 5 & 7pm  
Sunday 7, 8:30, 10:30am, 12:30, 2:30pm (Spanish), 5pm, 7pm  
10:30am at Holy Cross Academy

**DAILY MASS** Mon.-Fri.: 6:30am, 9am  
M/W/F: 12 Noon  
Sat.: 9am  
First Friday 8pm  
Holy Days of Obligation, as announced

**DEVOTIONS** Adoration, Daily between 6:30am & 9am Mass,  
Wednesday 12:30pm - Friday 9am  
Miraculous Medal Novena, Mon., after 9am Mass, Divine Mercy, Wed., 3pm

**CONFESSION** Wed., 6:30-8:30pm;  
Sat., 8am & 3:30pm, or by appt.

**PARISH OFFICE** 540-373-6491, fax 371-0251  
[stmary@stmaryfred.org](mailto:stmary@stmaryfred.org)  
Mon.-Fri., 8:30am - 4:30pm;  
students staff office weekdays until 9pm,  
Saturdays 9-5pm, Sundays 9:30-1:30pm

Pastor, Fr. John Mosimann  
Fr. Colin Davis  
Fr. Michael J.R. Kelly  
Fr. Michael Folmar  
Deacon Alberto Bernaola  
Deacon Dick Delio

Business Manager, Elaine Stanislawski  
Parish Secretary, Jachebel Rios  
Director of Music, David Uschold

**HOLY CROSS ACADEMY** 540-286-1600  
250 Stafford Lakes Parkway  
Fredericksburg, Virginia 22406-7234  
Principal, Sr. Susan Louise Eder, O.S.F.S.

**ST. MARY PRESCHOOL** 540-373-7553  
Director, Sheri Castellarin

**RELIGIOUS EDUCATION OFFICE** 540-373-6491  
Director, Aristides Lucas  
Associate Director, Karen Sturtevant

**YOUTH MINISTRY** 540-373-6491  
Director, Leo Chavarria  
Tatiana Beltran

**OUTREACH** 540-373-6491  
Elena Doyle - [outreach@stmaryfred.org](mailto:outreach@stmaryfred.org)

**BAPTISMS** Parish registration (90 days) and class required.  
Please contact the parish office to schedule the date at least four weeks in advance.

**MARRIAGE** Parish registration required; contact parish six months in advance to begin preparation.

**JOIN US** New Family Registration meetings held in the Parish Life Center on fourth Sundays, following the 10:30 Mass. Please notify us of any contact changes.

Articles must be submitted two weeks prior to publication.  
Send articles to [bulletin@stmaryfred.org](mailto:bulletin@stmaryfred.org). Thanks!

## stmaryfred.org



# from our pastor

# pax et bonum



Dear Folks,

Happy Labor Day. Rest up. Celebrate the end of summer and the easing back into the 'normal' schedule for the year. Parents are rejoicing, and children are mourning as school bells are ringing once again. Remember that when you work and study, you are using the gifts that God has given you. He doesn't give gifts without a purpose. Work has inherent dignity, that is often lost on modern man. We store up for ourselves the fruit of our labor in order to be able to provide for the future and live in a dignified manner.

Moreover, work finds its ultimate reference when directed to God and we participate in the mystery of building up civilization in love and peace. Work took on an even greater dignity in the incarnation: God himself labored and earned His food by the sweat of his brow. I pray that you find great peace in your labors, that you not be enslaved by the demands of the workweek, and that work always be prioritized behind your faith and family. Our worth is not determined by our job titles, but by our love. May Saint Joseph the Worker intercede for us. Have a happy and restful Labor Day.

#### **Prayers of reparation for Sins of the Clergy:**

**Monday September 3rd, Labor day:**

**6pm - Holy Hour of Adoration followed by**

**7pm - Mass to pray for the victims of abuse and in reparation.**

#### **And what is Reparation?**

An online Catholic dictionary says, "it means making up with greater love for the failure in love through sin; it means restoring what was unjustly taken and compensating with generosity

for the selfishness that caused the injury.

Consider the words of two popes (emphasis is mine):

"Whereas the primary object of consecration [to the Sacred Heart] is that the creature should repay the love of the Creator by loving him in return, yet from this another naturally follows -- that is, *to make amends for the insults offered to the Divine Love by oblivion and neglect, and by the sins and offenses of mankind*. This duty is commonly called by the name of "reparation." Pius XI.

Pope St. John Paul 2: "In no passage of the Gospel message does forgiveness... mean indulgence towards evil, towards scandals, towards injury or insult. *In any case, reparation for evil and scandal, compensation for injury, and satisfaction for insult are conditions for forgiveness.*"

Note that Pope Pius and JP2 both put reparation and making amends as a necessity of justice. By living, praying, and sacrificing with greater generosity, we seek to make amends for the injury done to our very brothers and sisters by the horrifically selfish and evil acts of clergy.

Join us tomorrow if you wish to join this essential work.

pax,

Fr Mosimann

JANUARY 28 - FEBRUARY 8, 2019

# HOLY LAND

WITH FATHER MOSIMANN

\$3995  
PENDING ON CONFIRMATION OF FLIGHTS

BE SURE TO SIGN UP BY EMAILING  
STMARY22401@GMAIL.COM BEFORE OCTOBER 1



# education holy cross academy

## Everyone Eats Well at Holy Cross

Holy Cross Academy has an amazing and deliciously nutritious lunch program. Under Mrs. Mary Beall, Director of Nutritional Services, our students enjoy healthy, well balanced, FDA approved lunches and smart snacks. Mrs. Beall uses locally sourced produce as much as possible to create wonderful homemade meals like Stromboli, soups, tacos, lasagna and quesadillas.

New this year is our ethnic infusion program. Once a month our amazing chef will introduce an ethnic option to expose students to new foods, beginning with Taco Tuesdays. Mrs. Beall is

vigilant about health and wellness and uses only ground turkey and lower fat and sodium cheeses. She incorporates fresh fruits and vegetables in her menu five days a week. With the addition of a new Vitamix, she will be offering fresh fruit smoothies to the students which will offer a delicious boost on a hot day.

Our lunch program services students with special dietary needs and food allergies as well. Lunch time is a highlight in every student's day but, at Holy Cross Academy, parents have the assurance that it is a healthy and nutritious break in the middle of their child's school day.



*A National  
Blue Ribbon  
School of  
Excellence*



Holy Cross Academy is looking for a Child Care worker for our Aviat Care program. Duties include engaging students in games and activities after school, and supervising homework time. Hours are from 2:45-6pm, with occasional earlier starts. If interested, please email a resume to Sr. Miriam Elizabeth at [aviatcare@holycrossweb.com](mailto:aviatcare@holycrossweb.com) or call the school office at 540.286.1600. A perfect job for someone who loves working with children.

Saint Mary Preschool and Holy Cross Academy are a wonderful place to learn and grow. We hope that you will consider our parish school for your children. To learn more, we invite you to visit our school website, [holycrossweb.com](http://holycrossweb.com). If you would like to see what we can do for your child, please call our HCA office at 540-286-1600 or St. Mary Preschool at 540-373-7553 to arrange for a tour or to let us tell you all about our parish school. Our offices are open during the summer and we are happy to meet with you!



# parish life

# religious education



## Magnifikid

### "Appearances can be misleading!"

"Washing dirt off our hands won't take away our sinful thoughts (words and deeds) and hateful desires. Jesus teaches us that holiness isn't a matter of how we look, but who we really are. People usually judge by appearances, but God always looks into the heart."

## Upcoming Events

### First Catechist Training

Tuesday, September 4, from 6-9pm.

### Catechist Profession of Faith

Sunday, September 9

### First Week of Religious Education classes

September 10-12

## Religious Education Parents Handbook: Student Regulations

- Dress appropriately and modestly—no hats or visors.
- Students should act respectfully toward all adults and use their last name to address them.
- No food, drink or chewing gum should be brought into the classroom.
- Toys and games are also not allowed.
- Students may not write on chalk or dry-erase boards unless it is for the purpose of the lesson.
- Cell phones are not allowed in Religious Education classes.

## Disruptive Behavior

### First step:

Catechist will speak to the child in class and inform the parents of the child's behavior.

### Second step:

The catechist will send the child to the office. The child's parents will be notified.

### Third step:

Parent and child will meet with the DRE in order to resolve the situation

### Fourth step:

The parent will attend class with their child.

## DO NOT TAKE A VACATION FROM YOUR FAITH THIS SUMMER!

FORMED PICK OF THE WEEK

## Who Am I to Judge?

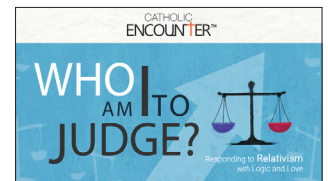
*Presented by Dr. Edward Sri*

**How can we stand up for truth in a world that says there is no truth?**

How can we explain our moral convictions without being labeled "judgmental?" Join Dr. Edward Sri as he explores what the Church teaches about truth and learn how to better explain it without fear of being "intolerant."

Watch on [formed.org](https://www.formed.org)

**FORMED** | THE CATHOLIC FAITH, ON DEMAND.



"Well explained! I definitely feel more at peace knowing and understanding how to act and speak with others that live a more secular lifestyle."

—Chuck S, Wichita, KS

JOIN FORMED — 1. [formed.org](https://www.formed.org) 2. click register 3. enter parish code: **F6F228**

WE WELCOME YOU HOME. 540-373-6491



# our parish youth ministry

## Attention Adults!

Do you like to bake, make art, go fishing, play board games, go hiking, theater/drama, graphic design, or community service? Do you like young people ages 4–18? Do you love your Catholic faith? If you answered “yes” to the above then Youth Ministry wants to talk to you.

We are creating multiple youth groupings that will consist of adults that love God and youth and are passionate about a particular craft: fishing, hiking, baking—(fill in the blank). The idea is to gather together to teach and perform this particular craft and also to spend some time learning about our faith.

If you are interested in learning more about this new endeavor please contact our Director of Youth Ministry.



WE NEED YOUR HELP WITH

## CYM DINNER

SUNDAY YOUTH DINNERS. PLEASE REACH OUT  
TO US IF YOU CAN HELP.

## StMaryCYM



#GetInvolvedBeTransformed

**Stay Up-to-Date**

Be sure to stay in the know with St. Mary CYM by visiting [stmaryfred.org/youth-ministry](http://stmaryfred.org/youth-ministry)

# our parish get involved

## HCA Fun Run/Walk

The 3rd annual HCA Fun Run/Walk is right around the corner. Please join us for the annual 1-Mile and "just added" 5K Fun Run/Walk right before the Parish Ice Cream Social, September 9 at 3pm. We will start and finish at Holy Cross Academy. Registration is \$5 for the 1-Mile and \$10 for the 5K, with all proceeds going to support the HCA building expansion. The 1-Mile event is primarily for children, ages 11 and under, but open to everyone. The 5K event is open to all ages. Both events are stroller friendly! We will have awards for the 1st and 2nd place finishers in male and female age groups: 12-14 and 15-17 in the 5K only. For Registration Information Contact Pearl: [crypea@aol.com](mailto:crypea@aol.com) or stop by the registration table.

## Senior Luncheon & Bingo!

The next parish senior luncheon will be held in the Parish Life Center on Tuesday, September 11. Doors open at noon and a light lunch will be served. All seniors in the parish are invited and admission is free. Small prizes will be awarded to those who call "BINGO". Come and enjoy the company of your fellow seniors. Usually ends around 1:45pm. No reservation required. Questions? Call Maria D'Amico at 540-785-3580.

## Manna Project Food Drive

The Manna Project Food drive is set for September, which is Hunger Awareness Month.

On September 8th and 9th, Manna Project Volunteers will collect non-perishable food and monetary donations outside of Mass for the Fredericksburg Regional Food Bank, a member of

Feeding America. 1 in 7 Americans turns to Feeding America for food assistance and households often survive on limited budgets. Needed items include: canned meat/fish, peanut butter, pasta/sauce, canned goods, instant potatoes, rice, and personal items such as paper towels. The Food Bank currently feeds over 20,000 people monthly. For each \$10 donation, they are able to provide 20 meals for hungry families. Please help us support them during Hunger Awareness Month!

## CCW September News

It is time to mark your calendar for the many upcoming community events that will bring us together after our fun summer!

**September 8** - CCW joins the Legion of Mary's Breakfast celebration of Mary's birthday at 10am in the Parish Life Center. **All are invited!**

**September 9** - Parish Ice Cream Social - Please volunteer with Donna Davis ([LadyDee519@aol.com](mailto:LadyDee519@aol.com) or 752-5502) to scoop for a one-hour shift. Then stay and eat!

**September 18** - Our first general meeting, with Fr. Mosimann as our speaker. Please join us.

**September 29** - Our annual tea. Please come to the beautiful garden created at Holy Cross Academy for a lovely experience. Tickets will be for sale after Sunday Masses in September. This is also our Parish Life weekend. Please consider volunteering to share all that CCW has to offer.

## Come and See

Women of St. Mary's ... You are invited to participate in a Christ Centered Weekend sponsored by the Cursillo Community. The weekend will be held from September 13 - 16 at San Damiano. Come and renew and deepen your abiding relationship with God. Do this in the company of other like-minded and loving women ready to serve you in prayer and study in your community. Let us help you in your desire to be closer to Him.

Please call me for more information: Mary Lou McGonigle, 972-4673 and I will be happy to talk with you.

## Call to Evangelization

Empower your witness! Every day we have opportunities to share our story about why we love being Catholic, but do we? Or, do we hide our light under the proverbial bushel?

This small group's purpose is to support and encourage each other in our efforts to share our faith. We discuss opportunities we've had to evangelize, what worked and what didn't, or what prevented us from trying.

If you want to engage others in conversation about our faith, join us. *We meet every 3rd Sunday between the 10:30am and the 12:30pm masses* (except on holiday weekends) in the Courtyard Meeting Room. For more information contact Bryan Richardson at [br22406@cox.net](mailto:br22406@cox.net)



# our parish get involved



## Knights of Columbus Freedom 5K

**October 7, 2018**

The Knights of Columbus Fredericksburg Council #4034 promotes the principles of Charity, Unity, Fraternity and Patriotism.

This year's Freedom 5K Sponsor's proceeds will go 100% evenly split to Birthright, Hope House and Mary's Shelter all non-profit local community organizations.

Find out more and register at [kofcfreedom5k.com](http://kofcfreedom5k.com).

Be sure to follow us on Instagram and Facebook as well! [@kofcfreedom5k](https://www.instagram.com/kofcfreedom5k)

Sponsorship opportunities still available. Please email [5k@kofc4034.org](mailto:5k@kofc4034.org) to support this wonderful event.

## Adoration of the Blessed Sacrament

**Wednesday 12:30pm - Friday 9am**

Come and adore Our Lord in the most beautiful Blessed Sacrament of the Altar and honor His Holy Mother by saying the Rosary in His Divine Presence. We have continuous Exposition of the Blessed Sacrament every Wednesday after the 12 Noon Mass until Friday morning before the 9am Mass. We also have Exposition of the Blessed Sacrament 7-9am.

## Catholic Charities

Interested volunteers can start by submitting their information on [ccda.net](http://ccda.net) and clicking on 'volunteers' and they can also contact the volunteer manager, Arielle Reynoso at 703-778-9128, or through email, [areynoso@ccda.net](mailto:areynoso@ccda.net).

## Blessed Virgin Mary

Would you like to have the Blessed Mother's statue visit your home for two weeks? Please contact Mary Lou Felts at 571-723-3333 or [maryloufelts@gmail.com](mailto:maryloufelts@gmail.com) for more information.



## School Dressing Days

The Interfaith Community Council's annual SCHOOL DRESSING DAYS event on August 10 and 11 saw a record 1241 kids have their school year jump-started with the help of your many donations of t-shirts, pants, backpacks and monetary contributions. In addition, our wonderful St. Mary volunteers made sure they and their families had a great experience selecting these needed items with friendliness and helpfulness. A huge THANK YOU to our many parishioners for being responsive to the call to 'bear one another's burdens' (Galatians 6:2) with your donations of time, talent and treasure.

*We invite all Christians  
to gather in the peace of  
Christ at St. Mary  
Monday, September 10  
as we "prepare a place for  
unity and peace" together.*



**You are invited to a monthly  
gathering of prayer in the  
ecumenical tradition of the  
Taizé Community in France, the  
second Monday of every month  
at 8:15pm.**

It is our hope that this monthly prayer brings together Christians of all churches, pastors and flocks, as together we realize a bit more each day that we must rely upon God's power to bring about Unity among all who follow Jesus, "as he and the Father are one." It is something we are unable to do ourselves.

This Unity which embraces all people stands at the very heart of Christ's mission...and belongs to the essence of our community. Let us provide a place where his Spirit can come and fulfill his plan for us.

# our parish get involved

CREATED BY PLEASE LET ME LIVE

## NATIONAL LIFE CHAIN

RESPECT LIFE SUNDAY - OCTOBER 7

JOIN THOUSANDS ACROSS THE NATION STANDING UP  
AGAINST ABORTION IN THIS PEACEFUL DEMONSTRATION

### What is a Life Chain?

The first Life Chain, born through prayer, was built in 1987 by Please Let Me Live, a small pro-life ministry in Yuba City, California. From its small beginning, the Life Chain has grown to over 1,800 Life Chains in the United States and Canada, and is a call to the Christian Church to mobilize against an abortion holocaust that claims over one million American lives annually, and has claimed over sixty million lives worldwide, through surgical abortion. The Life Chain is a peaceful, prayerful, silent demonstration. Hundreds of Christians – clergy and lay people -- stand 25 to 50 feet apart to form a prayer chain and hold signs reading Abortion Kills Children, Jesus Forgives and Heals, Adoption: The Loving Option, Lord, Forgive Us and Our Nation, Life: The First Inalienable Right. This powerful, visual impact not only raises community awareness but has also been credited with saving children's lives. Consider the words of Pope John Paul II who said, "When life before birth is attacked, we will stand up. No one ever has the authority to destroy unborn human life."

St. Mary Parish will again participate in the Annual Life Chain on Sunday, October 7 and welcomes all our parishioners and local churches as well. We will meet in the Parish Life Center at 2pm to pick up our signs and walk up to Route 1, where we will form a chain along Route 1 from Route 3 to College Avenue until 3:30pm. Please join us and take a stand for the unborn.

*"But where sin increased, grace increased all the more,  
so that, just as sin reigned in depth,  
so also grace might reign through righteousness."  
— Romans 5:20-21*

### Micah Furniture Bank

The Furniture Bank provides furniture for clients of Micah Ecumenical Services, formally homeless individuals who are moving into housing. We need help delivering and/or picking up donated items. St. Mary's serves on the 3rd Saturday of the month from 9am-12. This is a great ministry for teens as we need muscle to move items! Please contact Rich LaRoche to join the crew at [stone48@verizon.net](mailto:stone48@verizon.net). To donate furniture visit [micahfredericksburg.org](http://micahfredericksburg.org).

### Micah Café

Enjoy a delicious lunch with your family / friends / ministry groups at the Micah Café and know that you are engaging with the homeless and lonely in our community. The Café was created this year to offer food service training for our homeless population so that they can go on and secure a job in the food industry after receiving certification. The Café also serves as a vehicle to create community for many who are lonely. The Café is a "Pay-As-You-Can" and donations are accepted at the door. Located 1016 Caroline Street is open Tuesday and Thursday from 11am-2pm. Check it out!

"COME AND SEE"

# RCIA

We invite **all who seek** a deeper life in **Jesus Christ** to consider becoming members of this Church through the Sacraments of Initiation. Please call the parish office to register.  
**You are welcome. Begins Sept 10**



# around the parish happenings

## Donate Your Old Bike!

### Lions Clubs & Bikes for the World

Donation Drive being held September 8 from 9am-3pm at the Fredericksburg Hospitality House in Central Park. Please visit [facebook.com/events/870006449864520](https://www.facebook.com/events/870006449864520) or scan the QR code. If you have any questions, please contact Jim Purton at 540-368-2960.



## Celebrating A Silver or Golden Wedding Anniversary This Year?

Were you married in 1968 or 1993? Then join Bishop Michael F. Burbidge for the 2018 Marriage Jubilee Mass to be celebrated on Sunday, October 14th at 2:30pm at the Cathedral of St. Thomas More in Arlington, VA. Contact the parish office to register no later than September 14th. For more info, visit [arlingtondiocese.org/MJM](http://arlingtondiocese.org/MJM).

## Trail Life VA-4034

Do you have a son or daughter age 5 to 17 wanting to participate in a variety of activi-

ties such as: camping, archery, shooting, fire building/safety, bike rodeo, pinewood derby, caroling, service projects, and so much more while also learning about their faith?!

Trail Life Troop VA-4034, chartered through HCA, and American Heritage Girls Troop VA0128, chartered through St Mary's CCW, are having a parent information meeting at Holy Cross Academy on Thursday September 6th at 7:15pm. TL and AHG are Christian adventure, character, integrity, and leadership programs for young men and women, respectively. The K-12 programs build skills and allow growth on a personal level and as a role model and leader for peers and to support the Church. For more information visit [traillifeusa.com](http://traillifeusa.com) or [americanheritagegirls.org](http://americanheritagegirls.org)

Questions? Email [troopmasterva4034@gmail.com](mailto:troopmasterva4034@gmail.com) for Mark Gardner (Trail Life) and [ahgva0128@yahoo.com](mailto:ahgva0128@yahoo.com) for Maureen Siegmund (American Heritage Girls)

## What are our girls saying about American Heritage Girls?

Annie, Age 10

What I love about AHG is too much to put in words, so here's a few things I like most.

- 1) The girls are really nice and kind.
- 2) The activities. We make bags for March for Life and it's really fun.
- 3) Camping trips are awesome! We always have s'mores, whether it's at Camporee, summer camp or family camp! This is what I love about AHG. If you join you can love it too!

AHG Troop VA 0128, chartered through St. Mary's CCW, will have its first meeting of the year & new family information night on Thursday, September 6 at 7pm at Holy Cross Academy! Email [ahgva0128@yahoo.com](mailto:ahgva0128@yahoo.com).

## 26th International Week of Prayer and Fasting (IWOPF)

The 26th International Week of Prayer and Fasting coalition in collaboration with the Marian Fathers, Legion of Mary and Priests for Life, are asking for individuals, families, prayer groups and parishes to unite for nine days (Sept 29 – Oct 7) of prayer and fasting for the following goals: Conversion of all Peoples and Nations, to Build a Culture of Life, to Defend the Sanctity of Marriage and Family Life, to Pray for Peace and to Implore God's Mercy. Parishes are encouraged to host holy hours, recitation of the Rosary, Masses and some kind of sacrifice or penance during these nine days.

For the opening day, on Saturday, September 29th, please join us at the Basilica of the National Shrine of the Immaculate Conception in Washington, D.C. from 9 am – 4:30 pm for the International Day of Prayer. Registration is FREE, but please register online at [iwopf.org](http://iwopf.org) to receive a free prayer card at the Basilica event.

The Celebrant and Homilist for the noon mass is Bishop Roy Edward Campbell, Jr., Auxiliary Bishop for the Archdiocese of Washington, D.C.

Speakers to date include Father Francis J. Peffley, parochial vicar at St. Mary of Sorrows in Fairfax, Virginia and Colleen Willard, a prolific speaker on life and healing and Ted Flynn author, speaker, and film producer on Catholic issues. We are waiting to confirm other speakers. For more information visit [iwopf.org](http://iwopf.org) or call 888-478-PRAY (7729).

# operations given in love

## Weekly Offertory

### Collections for August 26

Offertory	\$29,782
Food Bank Children's Program (add'l)	\$761
St. Vincent de Paul Poor Box	\$268

*Thank you for your generosity!*

*Next weekend's collection will support the*

*Religious Education Collection*

The Second Collection next weekend supports the Religious Education Program of our Parish. For the fiscal year ending June 30, 2018, parish expenses for our Religious Education Program were \$33,051.29, and your generosity in supporting the faith formation of our children is sincerely appreciated.

## Choose Life Reflection

*"A child is God's greatest gift to the family, to the nation, to the world. The child is a life from God, created in the image of God, created for great things, to love and to be loved" (Saint Teresa of Calcutta).*

Saint Teresa of Calcutta died twenty-one years ago on September 5, 1997. She saw in each person – no matter how sick or depraved – the image of God. She spoke boldly to those in power about the evil of abortion. In her Nobel Peace Prize lecture, she said that the greatest destroyer of peace is abortion. She led women away from abortion clinics and toward alternatives. Let us honor her by imitating her. *"Saint Teresa, pray for us so that we may defend life as you did."*

*O Heavenly Father, we praise and thank You for the life of Saint Teresa of Calcutta and her extraordinary service of love, especially to the poor, the unwanted, the sick and the dying. On the*

*anniversary of her death, we ask You, Beloved Father, to flood our lives with the light and spirit of Christ. Allow us to always light the way for others with the same deep faith and love that Saint Teresa showed. Let our actions resemble her generous and humble ways. May she rejoice forever in the Light of Your Love for she dedicated herself unselfishly in the service of Your Holy Name. Amen.*

## Adoration of the Blessed Sacrament

**Wednesday 12:30pm to Friday 9am**

*"To be alone with Jesus in Adoration and intimate union with Him is the greatest gift of love – the tender love of our Father in Heaven. Jesus has made Himself the Bread of Life to give us life. Night and day, He is there. If you really want to grow in love, come back to the Eucharist, come back to that Adoration." (Saint Teresa of Calcutta).*

Come and adore Our Lord in the most beautiful Blessed Sacrament of the Altar. We have continuous Exposition of the Blessed Sacrament every Wednesday after the 12 Noon Mass until Friday morning before the 9am Mass. We also have Exposition of the Blessed Sacrament 7am to 9am Monday, Tuesday and Wednesday.

## Children's Offertory Envelopes for September

Children's Offertory Contributions for the month of September will be donated to the Stafford Junction HUGS Program. Stafford Junction is a faith-based nonprofit organization that serves high-need children, youth and their families residing in Stafford County. Their mission is to transform lives through faith and action. They partner with residents, local

churches, service agencies, and businesses to connect lives, build relationships, and foster understanding across socio-economic lines. Partners share the love of God by meeting the physical, emotional, intellectual, and spiritual needs of those we serve. HUGS (Helping Us Grow Strong) is a program uniquely designed to complement the success of the Brain Builders after school program by working with children ages zero to five. Offering activities to enhance children's social and emotional development, HUGS helps to prepare these children for the school environment. Additionally, their partnership with the YMCA Massad Preschool allows the children to participate in structured preschool learning to further enhance their school readiness. For more information visit their website a [staffordjunction.org](http://staffordjunction.org). Children's Offertory Envelopes are available through the Religious Education Office. All proceeds from the envelopes go to a different children's charity each month.





# liturgy daily bread

## Saint Mary Prayer List

**Please pray for those who are sick or in need, especially:** Deanna Uperti, Gabriela Mason, Maria Stine, Joy & Larry Kligman, David Duke, Dennis Morris, James Murphy, Joan Cheek, Ted Mayor, Tim Conway, Billy LaPietra, Daniel Bustamonta, Maryann Devenas, Frank Spatt, Micheal Chen, Joseph Stefano, Fred Becker, Chuck Boyer, Maria Celia Brandao Lage, Leah Sapphire, Felicity Stanfield, Michael Kraljevich, Steve Zawisa, Casey Roby, Calvin Mills, Mary Jean Mills, Elise Velez, Tracey Hansen, Elizabeth Ames, Aleisa Barber, David Arnold, Maryann Greatsinger, Antonio Ferrara, Wilson and Joan Parker, Emma Gilbert, Virginia Gannon, Daniel Burke, Katherine Perusi, Dorie Lee, Christopher Szynal, Joy Zerby, Mariah Ceidlinger, Kelly Carperter-Silvers, Suzi Eggleston, Bernad Castillo, Nancy Buhite, Michael Durant, Matthew Gomer, Tricia Davis, Martha Clements, Dolores Renninger, Donna Long, Mary Ann Maynard, Zachary Payne, Margaret Krebbel, Adrianna Pruitt, Deanna Pruitt, Montgomery Wood, Gail Russell, Patricia Russo, Charles Dittmer, Bruce Mattern, Dorothy Simmons, Lillian Kendall, Nikolai Sherba, Sharon S., Barbara Clarke, Roseanne Nash, Jeanne Burke, Prudy Tarpe, Maureen Mizzles, Miles Wood, Mary Ellen Kearney, Kay Simmons, Robert Meyer, Marc and Susan Wood, John Gil, Lita Mary Mamboyo, Nathan Apicella, Timothy Travis, Kaden Sabo, Robert Nathan Servetnick, Dianne Clancy, The Chevchuc Family, Christina Bolt, Bruce Bates, Richard Casaldi, Alex Tonn, James Evans, Larry Dillman, Theresa Kovalefsky, Amber Moser, Erin Krieg, Matthew Meyer, Brittany Meyer, Sara Meyer, Douglas & Dorothy Meyer, Karla Dorsey, Mary Jean & Don Williams, Linda & Frank Walter, Cathleen Mihalaki, Re Macarthur, Jordan Tackett, Bridget Sherba, Randy McNulty, Riley Horstick, David A., Marty T., Janet Yerkie, Brittany Yerkie, Elizabeth Stoehr, David Semeglo, Katherine Paone, Robert L Gomer, Carla J Gomer, Lorena Hernandez, Thomas Moeller, Lorraine Becker, Gerald Gardiner, Larry Delaney, James Keddie, Lorena Hernandez, Miguel Hernandez and Edgar Giovanni Castro, Julio Diaz, Kelly Murray, Marianne Ford, Ortiz Family, Fernando Vazquez, James Derouin, Karen Danis, Jim Mann, Muriel Bovat, Gina Wood, Michelle & Lawrence Hudson, Monica White & Patrick White, Betty McKee, Arturo Mendoza Sanchez, Vickie Coburn, Susana Rios- Villagrana, Jeff Shinrock

**Please pray for all the men and women in our military and civilian support services overseas, especially:** Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Sean Plunkett, Roy Selvidge, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Nelly Garcia, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Jason Cullinan, Estrella Bernalola, Frank Spatt Jr., Roberta White, Linda Burrell

**Please pray also for those who have died, especially the benefactors of Saint Mary Church.**

## Al Anon Surviving the Weekend Group

All who have been affected by someone else's drinking, and members come together to learn a better way of life and how to find happiness. It's important to know that you are not alone and there is help. **Al Anon meetings are every Saturday at 10am in Room 204 of St. Mary's Parish Life Center.**

## Nar Anon Support Available

Nar Anon is a program that offers support to family members and friends of loved ones struggling with substance abuse. All information and discussion is non-judgemental, informative and strictly confidential. Our meetings are in **Room 204 in the Parish Life Center on Thursday from 7-8pm** and are open to the community at large. **Contact Cathy at 703-201-8821, burgh757@gmail.com or Wayne at 540-840-5230.**

## Daily Mass Intentions and Readings

### September

#### 3 MONDAY

9am Ken Nguyen+  
1 Cor 2:1-5/Lk 4:16-30

#### 4 TUESDAY

6:30am Gary Hanson+  
9am Michael Daniel Harwich+  
1 Cor 2:10b-16/Lk 4:31-37

#### 5 WEDNESDAY

6:30am Juan Jose Rossi+  
9:00am Patrick Hagans+  
1 Cor 3:1-9/Lk 4:38-44

#### 6 THURSDAY

6:30am Adele Marie Peretich+  
9:00am Jeff Farley+  
1 Cor 3:18-23/Lk 5:1-11

#### 7 FRIDAY

6:30am Greg Alan Moses+  
8:15am\* Patrick Appleton  
9:00am John Matthew Haas  
8:00pm The People of Nicaragua  
1 Cor 4:1-5/Lk 5:33-39

#### 8 SATURDAY

9:00am Doris Bednarik+  
5:00pm Matthew Prohaska  
7:00pm Paul and Patricia Siladin  
Mi 5:1-4a/Mt 1:1-23

#### 9 SUNDAY

7:00am Pedro E. Bernalola+  
8:30am Alma Bonner+  
10:30am Patricia Ghezzi+  
10:30a\* For Our Parish  
12:30pm Jeanne Reggio+  
2:30pm Margarita Martinez Romero+  
5:00pm Myung-Ja DiFilippo+  
7:00pm Elaine Wheeler+  
Is 35:4-7a/Jas 2:1-5/Mk 7:31-37

*\* Indicates Mass at Holy Cross Academy  
Please remember that Mass intentions may be requested at the parish office for any remaining Masses of the year. If dates are no longer available for the date you desire, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.*