

Twenty-Fifth Sunday in Ordinary Time

September 23, 2018



Manna Project was a great success this month! More details on page 8

Saint Mary of the Immaculate Conception Roman Catholic Church
FREDERICKSBURG, VIRGINIA

upcoming events

September



**SAINT
MARY**
of the
IMMACULATE
CONCEPTION
Roman Catholic Church

HOLY CROSS ACADEMY

23 SUNDAY, TWENTY-FIFTH SUNDAY IN ORDINARY TIME

Coffee Shop After Morning Masses

Scrip on Sale after all Masses except for 2:30pm and 7pm

11:30am, New Family Welcome Meeting, Parish Life Center

6pm, CYM Dinner and High School Youth Group, Parish Life Center

24 Monday, Weekday

10:15am, Legion of Mary Our Lady of Perpetual Help Presidio in Parish Life Center, Room 100

12:30pm, Revelation Bible Study, Courtyard Meeting Room**** **Pending response on time/day**

4:45pm, Religious Education Classes, Parish Life Center

6:30pm, Religious Education Classes, Parish Life Center

7:30pm, RCIA, Church

25 Tuesday, Weekday

9am, CCW General Meeting, Courtyard Meeting Room

4:45 Religious Education Classes, Parish Life Center

6pm, Religious Education Classes at Holy Cross Academy

6:30pm, Religious Education Classes, Parish Life Center

7:30pm, Life, Spirit Prayer Gathering, Courtyard Meeting Room

26 Wednesday, Weekday [Saint Januarius, Bishop and Martyr]

9:45am, Epic Bible Study, Courtyard Meeting Room

3pm, Divine Mercy Devotions, Church

4:45pm, Religious Education Classes, Parish Life Center

6:30pm, Religious Education Classes, Parish Life Center

6:30pm, Confession, Church

6:30pm, Bishop Barron Bible Study, Courtyard Meeting Room

6:30pm, YOUCAT, John Paull II House

8pm, Spanish Legion of Mary in Parish Life Center, Room 204

27 Thursday, Saint Vincent de Paul, Priest

9:30am, Craft Group Parish Life Center, Room 100

9:45am, Epic Bible Study, Courtyard Meeting Room

7pm, Nar-Anon in Parish Life Center, Room 100

28 Friday, Weekday [Saint Wenceslaus, Martyr; Saint Lawrence Ruiz and Companions, Martyrs]

9am, St Anne's Sister in Faith, John Paull II House

6:30pm, Spanish Junior Legion of Mary, Courtyard Meeting Room

6:30pm, CYM St Vito Dance Club, Parish Life Center Main Hall

7pm, Spanish Prayer Group, John Paull II House

29 Saturday, Saints Michael, Gabriel and Raphael, Archangels

8am, Confessions, Church

10am, Al-Anon in Parish Life Center, Room 204

10am, Baptisms, Church

3:30pm, Confessions, Church

6pm, Scrip on Sale, Parish Life Center

30 SUNDAY, TWENTY-SIXTH SUNDAY IN ORDINARY TIME

PARISH LIFE WEEKEND

Coffee Shop After Morning Masses

Scrip on Sale after all Masses except for 2:30pm and 7pm

6pm, CYM Dinner and High School Youth Group, Parish Life Center

pulpit announcements

nota bene (note well, please):

**Next week is Parish Life Weekend!
Be sure to check out all the different
ministries waiting for you to join by stopping
by our ministry fair after Mass!**

• **Knights of Columbus #4034 Freedom 5K is happening October 7. Register today and help enrich our community!** *More information on page 9*

• **Stand up for Life. Be part of the National Life Chain October 7.** *More information on page 10.*

• **Walking With Purpose small groups starting soon.** *More information on page 10*

• **Our SCRIP Program Needs You!** *More information on page 12.*

• **During overnight Adoration on Wednesday-Thursday and Thursday-Friday the doors will be locked from midnight until 5am.**

• Join Flocknote for RE Notifications!

Text '**StMaryFredRE**' to **84576** to automatically receive text messages and emails when RE Classes are canceled. Or go online and register by following the link at the parish website, **stmaryfred.org** on the right hand side at the top of the information panel.

contact us

SUNDAY MASS

Saturday Vigil 5 & 7pm
Sunday 7, 8:30, 10:30am, 12:30,
2:30pm (Spanish), 5pm, 7pm
10:30am at Holy Cross Academy

DAILY MASS

Mon.-Fri.: 6:30am, 9am
M/W/F: 12 Noon
Sat.: 9am
First Friday 8pm
Holy Days of Obligation, as announced

DEVOTIONS

Adoration, Daily between 6:30am &
9am Mass,
Wednesday 12:30pm - Friday 9am
Miraculous Medal Novena, Mon., after
9am Mass, Divine Mercy, Wed., 3pm

CONFESSION

Wed., 6:30-8:30pm;
Sat., 8am & 3:30pm, or by appt.

PARISH OFFICE

540-373-6491, fax 371-0251
stmary@stmaryfred.org
Mon.-Fri., 8:30am - 4:30pm;
students staff office weekdays until 9pm,
Saturdays 9-5pm, Sundays 9:30-1:30pm

Pastor, Fr. John Mosimann
Fr. Colin Davis
Fr. Michael J.R. Kelly
Fr. Michael Folmar
Deacon Alberto Bernaola
Deacon Dick Delio

Business Manager, Elaine Stanislawski
Parish Secretary, Jachebel Rios
Director of Music, David Uschold

HOLY CROSS ACADEMY

540-286-1600
250 Stafford Lakes Parkway
Fredericksburg, Virginia 22406-7234
Principal, Sr. Susan Louise Eder, O.S.F.S.

ST. MARY PRESCHOOL

540-373-7553
Director, Sheri Castellarin

RELIGIOUS EDUCATION OFFICE

540-373-6491
Director, Aristides Lucas
Associate Director, Karen Sturtevant

YOUTH MINISTRY

540-373-6491
Director, Leo Chavarria
Tatiana Beltran

OUTREACH

540-373-6491
Elena Doyle - outreach@stmaryfred.org

BAPTISMS

Parish registration (90 days) and class required.
Please contact the parish office to schedule the date at least four weeks in advance.

MARRIAGE

Parish registration required; contact parish six months in advance to begin preparation.

JOIN US

New Family Registration meetings held in the Parish Life Center on fourth Sundays, following the 10:30 Mass. Please notify us of any contact changes.

Articles must be submitted two weeks prior to publication.
Send articles to bulletin@stmaryfred.org. Thanks!

stmaryfred.org

from our pastor

pax et bonum

Dear Folks,

This week I listened to a podcast that caught my ear and put a smile on my face. It was Jeff Cavins, a Scripture Scholar who often leads pilgrimages to the Holy Land. The podcast was called "Scoot down the pew please?" In short, it led me to preach a daily Mass homily on sitting in the pew.

We all love our seats. Creatures of Habit, lovers of ritual, comfort in stability. Lots of good reasons. Folks arrive early to get the end seats on pews. And woe to the usher who has to say, "Scoot down the pew please." As Jeff tells the story, he builds up the very human moment of eye contact and frustration and annoyance that can come with such a simple request.

But the paradigm shifts when a young mother, with child in car seat and 3 year old approaches and says, "Can we join you?" That gracious request changed the moment entirely. He and his wife moved into the middle of the pew and made room for someone did join them.

The question really is, "Can we join you Jesus?" And isn't that the point? Jesus is inviting us all to be His family.

Join His family.

Join His church.

Join Him at the wedding feast of the lamb.

Join Him on the Cross.

Join your crosses to His.

And when someone asks you for your precious end seat on a pew? Maybe you let them join you.

pax,



Fr Mosimann



Save the Date

The Paul Stefan Foundation's 11th Annual Gala - "I Can Only Imagine"
Saturday, November 10 at The Waterford at Fair Oaks, Fairfax, Virginia

Come hear the heartfelt miraculous story of Baby Paul Stefan James & the beginning of the foundations as told by Randy & Evelyn James.

More information can be found at paulstefanhome.org/events



JANUARY 28 - FEBRUARY 8, 2019

HOLY LAND

WITH FATHER MOSIMANN

\$3995
PENDING ON CONFIRMATION OF FLIGHTS

**BE SURE TO SIGN UP BY EMAILING
STMARY22401@GMAIL.COM BEFORE OCTOBER 1**

education holy cross academy

Holy Cross Sports

We have started the year out with a great turnout for all of our sports. Holy Cross offers soccer, basketball, and lacrosse for both girls and boys. We also offer volleyball and field hockey for the girls. Tryouts this year have been well attended and middle school is a perfect time for young adults to try new things. Holy Cross has several won several championships including boys' soccer 2013, 2015 and 2016, boys' basketball 2014 and 2016, girls' soccer 2016 and 2017 and girls' basketball 2017. Come join us to see a game!

Where are they now?

HCA is catching up with some alumni as they drop in to visit us. Aman Patel class of 2018 had this to say about his first few weeks of high school: "Holy Cross prepared me for everything in high school, particularly advanced placement classes, organizational skills, and test taking strategies. I feel like Holy Cross gave me a huge advantage. Thanks so much to all my great teachers!"



*A National
Blue Ribbon
School of
Excellence*

Child Care Position Opening

Holy Cross Academy is looking for a Child Care worker for our Aviat Care program. Duties include engaging students in games and activities after school, and supervising homework time. Hours are from 2:45-6pm, with occasional earlier starts. If interested, please email a resume to Sr. Miriam Elizabeth at aviatcare@holycrossweb.com or call the school office at 540.286.1600. A perfect job for someone who loves working with children.

Saint Mary Preschool and Holy Cross Academy are a wonderful place to learn and grow. We hope that you will consider our parish school for your children. To learn more, we invite you to visit our school website, holycrossweb.com. If you would like to see what we can do for your child, please call our HCA office at 540-286-1600 or St. Mary Preschool at 540-373-7553 to arrange for a tour or to let us tell you all about our parish school. Our offices are open during the summer and we are happy to meet with you!

parish life religious education



Magnifikid

"A Superhero?"

"Jesus asks his disciples: 'Who do you say that I am?' Peter was the only one to answer: 'You are the Christ.' ...Peter, like most of us did not understand that God's way isn't the quick and easy one...The way of Christ is not force, but love. Jesus knew that his love would be rejected by people who wanted easy solutions to their problems...He wants us to be confident in his love.

So, who do you say that Jesus is?"



First Catechist Meeting: On September 4th the first training session for catechist was held in the Parish Life Center. In preparation for the next school year catechists were addressed by our pastor Fr. Mosimann, Furman McCormick, Karen Sturtevant and Aristides Lucas.

Upcoming Events

Sunday, September 16 - Catechetical Sunday, Theme: "Enlisting Witnesses for Jesus Christ."

Saturday & Sunday, September 29 & 30 - Parish Life Weekend

Tuesday, October 9 - Teaching Masses at 4:45pm and 6:30pm

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Religious Education Parents Handbook: Student Regulations

GUIDING STUDENTS TO KNOW, PROCLAIM, WITNESS AND SHARE THE CATHOLIC FAITH

Catechesis is the process of helping people acquire and deepen Christian faith and identity. This happens thorough initiation rites, prayer, instruction, and formation of conscience. Catechesis includes the message presented and the way in which the message is presented. It has been chosen as the word that best describes the process that includes instruction, but also goes beyond that to commitment, action and involvement. It is a word used almost exclusively by the Catholic community. The four tasks of catechesis are (1) proclaiming Christ's message, (2) participating in efforts to build community, (3) leading people to worship and prayer and (4) motivating them to serve others.

DO NOT TAKE A VACATION FROM YOUR FAITH THIS SUMMER!

FORMED PICK OF THE WEEK

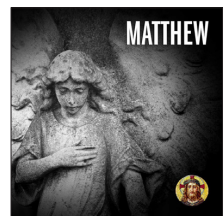
Truth and Life Audio Bible The Gospel of Matthew

Hear the Gospel Come Alive

You'll feel truly present at the events of the earthly life of Jesus with this dramatized audio version of the Gospel of Matthew. This presentation will move the Good News of the Incarnate Lord from your head to your heart.

[Listen on formed.org](http://formed.org)

FORMED THE CATHOLIC FAITH, ON DEMAND.



★★★★★

"It's as if I am there among them! ... I am transported to the place and time of Jesus! Amazing!" —Melissa G.

JOIN FORMED — 1. formed.org 2. click register 3. enter parish code: **F6F228**

WE WELCOME YOU HOME. 540-373-6491

our parish youth ministry



HIGH SCHOOL YOUTH GROUP

STARTING SEPTEMBER 16
| 6PM DINNER | 7PM MEETING |
PARISH LIFE CENTER

#GETINVOLVEDBETRANSFORMED

Attention Adults!

Do you like to bake, make art, go fishing, play board games, go hiking, theater/drama, graphic design, or community service? Do you like young people ages 4–18? Do you love your Catholic faith? If you answered “yes” to the above then Youth Ministry wants to talk to you.

We are creating multiple youth groupings that will consist of adults that love God and youth and are passionate about a particular craft: fishing, hiking, baking—(fill in the blank). The idea is to gather together to teach and perform this particular craft and also to spend some time learning about our faith.

If you are interested in learning more about this new endeavor please contact our Director of Youth Ministry.



MIDDLE SCHOOL YOUTH GROUP

6TH-8TH
GRADERS

1ST & 3RD
FRIDAY

SEPT. 7TH & 21ST
OCT. 5TH & 19TH
NOV. 2ND & 16TH
DEC. 7TH & 21ST

PLC: 6:30PM-8PM



CALLING ALL UNMARRIED YOUNG ADULTS AGES 18-29!

JOIN SAINT MARY'S VERSO L'ALTO YOUNG ADULT MINISTRY IN FORMATION, SERVICE, AND COMMUNITY AT THESE UPCOMING EVENTS:

SEPTEMBER 22: MARIAN CONSECRATION MASS @ 6:30AM

SEPTEMBER 26: ADORATION AND SOCIAL EVENT FROM 6:30-9PM

OCTOBER 10: FRASSATI FELLOWSHIP - OPPORTUNITY FOR ADORATION/ CONFESSION, FOLLOWED BY A DISCUSSION ON HOLINESS, AND ENDING WITH A JOURNEY TO CAPITAL ALE HOUSE FROM 6:30-9PM

ALSO, LOOK FOR US OUTSIDE OF ALL MASSES
THE WEEKEND OF SEPTEMBER 22-23!

IF YOU WOULD LIKE TO GET INVOLVED OR HAVE ANY QUESTIONS,
PLEASE EMAIL STMARYYA@GMAIL.COM OR CALL 540-847-1872

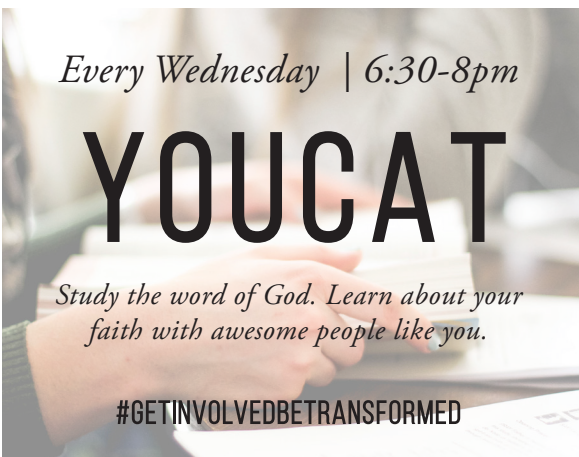
Stay Up-to-Date

Be sure to stay in the know with St. Mary CYM by visiting stmaryfred.org/youth-ministry

StMaryCYM



#GetInvolvedBeTransformed



Every Wednesday | 6:30-8pm

YOU CAT

*Study the word of God. Learn about your
faith with awesome people like you.*

#GETINVOLVEDBETRANSFORMED

our parish get involved

Saint Mary Book Club

Our next meeting will be on Tuesday, October 9, in the John Paul II House (downstairs). We will discuss *Seeds of the Word* – Finding God in the Culture by Bishop Robert Barron.

Seeds of the Word - Since the first century, Christians have detected “seeds of the Word” in the surrounding culture. No matter how charred or distorted the fragments, we can always uncover inklings of the Gospel, which can then lead people to God. Through this evocative collection of essays, Father Barron finds those “seeds” in today’s most popular films, books, and current events.

How do Superman, *Gran Torino*, and *The Hobbit* illuminate the figure of Jesus? How does Bob Dylan convey the prophetic overtones of Jeremiah and Isaiah? Where can we detect the ripple of original sin in politics, sports, and the Internet culture? Finding the “seeds of the Word” requires a new vision. This book will train you to see.

Fall Scrapbook Crop!

Boy Scout Troop 1410 is hosting a Fall Scrapbook Crop at Holy Cross Academy from 9am-9pm. We will provide a 6' crafting table, snacks/drinks, and Boy Scouts to help carry your supplies in/out to your car. Register by October 15 to **Torie Baldwin** at vebaldwin1@gmail.com. Cost is \$35 per person.

CCW Updates

October is a crafty month!

October 2 at 10am

Board Meeting in Room 100

October 16 at 10am

General Meeting in the Courtyard Meeting Room. Our crafty Wanda Cushing has a fun, hands-on project for all of us to enjoy making. Don't miss it!

October 27/28

Bazaar Weekend!

Remember, we need your wonderful creations and your delicious baked goods to make this a successful event. More information about drop-off dates will come soon.

New Choral Opportunity at St. Mary

This fall, as we say goodbye to the summer months and many of the ministries at St. Mary resume, it is with great excitement that the music ministry announces a new choral opportunity at St. Mary. In addition to the many current ensemble opportunities, the music ministry would like to announce the establishment of the Festival Choir. The Festival Choir will be a group comprised of members of the Parish and Magnificat (Youth) choirs and welcomes those who, for reasons, can't make the yearly rehearsal and performance commitment of one of the current ensembles. The Festival Choir's function, as its name implies, will be to

provide music for special programs and liturgies throughout the program year. Rehearsals will coincide with the regularly scheduled Parish Choir rehearsals on Thursday night. However, members who wish to be a part of the Festival Choir will only have to attend the last hour of the rehearsal (8-9 p.m.) and only for the times in which preparations are being made for the special programs and liturgies. The first program in which the Festival Choir will participate will be on Friday, December 14, 2018, where the Festival Choir will present a Christmas concert as part of Concerts at St. Mary. The concert program, which will include a variety of repertoire for the season, will feature Gloria by Antonio Vivaldi, performed with soloists, orchestra and organ. What an exciting opportunity for those who wish to be more involved in the music ministry. Those interested should contact David Uschold, Director of Music and Organist at 540.373.6491 or duschold@stmaryfred.org.

Catholic Charities Interested volunteers can start by submitting their information on ccda.net and clicking on 'volunteers' and they can also contact the volunteer manager, Arielle Reynoso at 703-778-9128, or through email, areynoso@ccda.net.

Manna Project Food Drive Results

Morning, noon, and night - rain or shine, our Manna Project volunteers are there to accept your generous donations to help the Fredericksburg Regional Food Bank every March and September! This month, we collected 1,221 pounds of donations and raised \$3,805.33. This equates to 8,628 meals that will be provided for people in our area who need it. Thank you, parishioners, for your kind donations during Hunger Awareness Month. Please consider signing-up for our ministry during Stewardship Weekend and joining our eager volunteers as they collect food during our next food drive.



our parish get involved



Knights of Columbus Freedom 5K

October 7, 2018

The Knights of Columbus Fredericksburg Council #4034 promotes the principles of Charity, Unity, Fraternity and Patriotism.

This year's Freedom 5K Sponsor's proceeds will go 100% evenly split to Birthright, Hope House and Mary's Shelter all non-profit local community organizations.

Find out more and register at kofc-freedom5k.com. Be sure to follow us on Instagram and Facebook as well! @[kofcfreedom5k](https://www.instagram.com/kofcfreedom5k)

Sponsorship opportunities still available. Please email 5k@kofc4034.org to support this wonderful event.

Call to Evangelization

Empower your witness! Every day we have opportunities to share our story about why we love being Catholic, but do we? Or, do we hide our light under the proverbial bushel?

This small group's purpose is to support and encourage each other in our efforts to share our faith. We discuss opportunities we've had to evangelize, what worked and what didn't, or what prevented us from trying.

If you want to engage others in conversation about our faith, join us. *We meet every 3rd Sunday between the 10:30am and the 12:30pm masses* (except on holiday weekends) in the Courtyard Meeting Room. For more information contact Bryan Richardson at br22406@cox.net

Adoration of the Blessed Sacrament

Wednesday 12:30pm - Friday 9am

Come and adore Our Lord in the most beautiful Blessed Sacrament of the Altar and honor His Holy Mother by saying the Rosary in His Divine Presence. We have continuous Exposition of the Blessed Sacrament every Wednesday after the 12 Noon Mass until Friday morning before the 9am Mass. We also have Exposition of the Blessed Sacrament 7-9am.

Micah Café

Enjoy a delicious lunch with your family / friends / ministry groups at the Micah Café and know that you are engaging with the homeless and lonely in our community. The Café was created this year to offer food service training for our homeless population so that they can go on and secure a job in the food industry after receiving certification. The Café also serves as a vehicle to create community for many who are lonely. The Café is a "Pay-As-You-Can" and donations are accepted at the door. Located 1016 Caroline Street is open Tuesday and Thursday from 11am-2pm. Check it out!

Micah Furniture Bank

The Furniture Bank provides furniture for clients of Micah Ecumenical Services, formally homeless individuals who are moving into housing. We need help delivering and/or picking up donated items. St. Mary's serves on the 3rd Saturday of the month from 9am-12. This is a great ministry for teens as we need muscle to move items! Please contact Rich LaRoche to join the crew at stone48@verizon.net. To donate furniture visit micahfredericksburg.org.



*We invite all Christians to gather in the peace of Christ at St. Mary **Monday, October 8** as we "prepare a place for unity and peace" together.*

You are invited to a monthly gathering of prayer in the ecumenical tradition of the Taizé Community in France, the second Monday of every month at 8:15pm.

It is our hope that this monthly prayer brings together Christians of all churches, pastors and flocks, as together we realize a bit more each day that we must rely upon God's power to bring about Unity among all who follow Jesus, "as he and the Father are one." It is something we are unable to do ourselves.

This Unity which embraces all people stands at the very heart of Christ's mission...and belongs to the essence of our community. Let us provide a place where his Spirit can come and fulfill his plan for us.

our parish get involved

CREATED BY PLEASE LET ME LIVE

NATIONAL LIFE CHAIN

RESPECT LIFE SUNDAY - OCTOBER 7

JOIN THOUSANDS ACROSS THE NATION STANDING UP
AGAINST ABORTION IN THIS PEACEFUL DEMONSTRATION

What is a Life Chain?

The first Life Chain, born through prayer, was built in 1987 by Please Let Me Live, a small pro-life ministry in Yuba City, California. From its small beginning, the Life Chain has grown to over 1,800 Life Chains in the United States and Canada, and is a call to the Christian Church to mobilize against an abortion holocaust that claims over one million American lives annually, and has claimed over sixty million lives worldwide, through surgical abortion. The Life Chain is a peaceful, prayerful, silent demonstration.

Hundreds of Christians – clergy and lay people -- stand 25 to 50 feet apart to form a prayer chain and hold signs reading Abortion Kills Children, Jesus Forgives and Heals, Adoption: The Loving Option, Lord, Forgive Us and Our Nation, Life: The First Inalienable Right. This powerful, visual impact not only raises community awareness but has also been credited with saving children's lives. Consider the words of Pope John Paul II who said, "When life before birth is attacked, we will stand up. No one ever has the authority to destroy unborn human life."

St. Mary Parish will again participate in the Annual Life Chain on Sunday, October 7 and welcomes all our parishioners and local churches as well. We will meet in the Parish Life Center at 2pm to pick up our signs and walk up to Route 1, where we will form a chain along Route 1 from Route 3 to College Avenue until 3:30pm. Please join us and take a stand for the unborn.

"But where sin increased, grace increased all the more, so that, just as sin reigned in depth, so also grace might reign through righteousness." – Romans 5:20-21

Walking with Purpose is a women's Catholic Bible study that aims to bring us to a deeper relationship with Christ. The course involves personal study and small group discussions that link our everyday challenges with solutions given to us through the teachings of Christ and the Catholic Church. Be a part of a Catholic women's group that will help you grow in your faith. We offer two different studies beginning this fall. Pick the one that is most convenient for you!

Tuesdays 6:45-8:15pm at Holy Cross Academy (begins on October 2nd)

Do you feel pulled in many directions? Do you find it hard to balance the demands placed on your time? Is it difficult to manage all the details thrown your way? God wants to support and help us so that we can be our best in every season of our



walking with purpose

lives.

The study Keeping in Balance will take us on a journey throughout Scripture as we discover the relevance of Old and New Testament wisdom to our daily challenges. Join us as we explore biblical ways that we can manage life's pace and pressure while living with calm and steadiness. A lifestyle of health and holiness awaits!

Thursdays 6:30-8pm at the Parish Life center (begins on October 4th)

Are you stretched and would like a way to refuel and be refreshed while making authentic connections with others? Would you like to have a better understanding of your faith and learn more about God?

The study Opening Your Heart is designed for women who are new to WWP as well as those with more Bible study experience. Join us as we examine the core questions that we wrestle with if we want to experience all that God has for us.

Each of these WWP studies is 22 weeks long and meets until April 2019. This may sound like a lot of time, but there are several breaks built in. And, we are confident that you will grow in your faith and knowledge!

Preregistration is not required; book information will be given at the first meeting. Come and see what we're all about! For more information contact Lori Mattson at Lori.Mattson@comcast.net and/or go to walkingwithpurpose.com.

around the parish happenings

Knights of Columbus Catholic Citizenship Essay Contest

All Catholic students in public, private and parochial schools grades 8-12, are invited to participate in the 2018 Knights of Columbus Catholic Citizenship Essay Contest. This years theme is *"How does your family keep its Catholic Faith in Action?"*

In an essay of 500–750 words, reflect on how your family puts its Catholic Faith in Action, every day. This could be through daily prayers as a family, volunteering to help the less fortunate in your community, or even just reminding each other of what they mean to us.

Catholics are called to joyfully and enthusiastically live the faith. In a world of increasing noise and activity and so much self-interest, it can feel impossible to focus on what is most important: our families, our communities, our faith. Our Catholic faith is the starting point of all our actions. Just as Jesus challenged his disciples: *"As the Father has sent me, so I send you"* (Jn 20:21), our families must constantly rise to Christ's challenge. In ways both large and small, He sends us. How have we answered the call to put our faith into action?

"Faith in action is love, and love in action is service. By transforming that faith into living acts of love, we put ourselves in contact with God himself, with Jesus our Lord"- Saint Mother Teresa

All contestants on the local level are recognized for their participation in the contest with prizes distributed to the top 3 in each grade. Participants are required to furnish written parental

consent. Top Winners will be sent to the state level for further judging.

For entry forms can be downloaded at <https://goo.gl/9ap7MK>. Any additional information contact: Mr. Mark Gardner at youthdirector@kofc4034.org. Essay and Consent Form must be emailed or turned in by October 31, 2018.

26th International Week of Prayer and Fasting (IWOPF)

The 26th International Week of Prayer and Fasting coalition in collaboration with the Marians Fathers, Legion of Mary and Priests for Life, are asking for individuals, families, prayer groups and parishes to unite for nine days (Sept 29 – Oct 7) of prayer and fasting for the following goals: Conversion of all Peoples and Nations, to Build a Culture of Life, to Defend the Sanctity of Marriage and Family Life, to Pray for Peace and to Implore God's Mercy. Parishes are encouraged to host holy hours, recitation of the Rosary, Masses and some kind of sacrifice or penance during these nine days.

For the opening day, on Saturday, September 29th, please join us at the Basilica of the National Shrine of the Immaculate Conception in Washington, D.C. from 9 am – 4:30 pm for the International Day of Prayer. Registration is FREE, but please register online at iwopf.org to receive a free prayer card at the Basilica event.

The Celebrant and Homilist for the noon mass is Bishop Roy Edward Campbell, Jr., Auxiliary Bishop for the Archdiocese of Washington, D.C. Speakers to date include Father

Francis J. Peffley, parochial vicar at St. Mary of Sorrows in Fairfax, Virginia and Colleen Willard, a prolific speaker on life and healing and Ted Flynn author, speaker, and film producer on Catholic issues. We are waiting to confirm other speakers. For more information visit iwopf.org or call 888-478-PRAY (7729).

Rosary Rally for Peace

Please join us in praying the Rosary for Peace on Saturday, October 13 from 12-1pm. The rally will be held on the patio of St. Isidore the Farmer Catholic Church in Orange, Virginia. For more information, please contact Kathy Weakley at 540-308-5612.

Seeking Hope and Healing in the midst of the Opioid Crisis

On September 29, 2018 Bishop Burbidge and Catholic Charities of the Diocese of Arlington will host a Conference at Good Shepherd Catholic Church, 18710 Mount Vernon Highway in Alexandria from 10am to 3pm.

The day at Good Shepherd includes a keynote address by Dr. Michael Horne, Psy.D., Director of Clinical Services of Catholic Charities, and a variety of informative breakout sessions.

Bishop Burbidge will conclude the Conference with a Prayer Service for the intentions of all affected by the opioid crisis. A free will offering for refreshments and lunch will be accepted. Registration is required: RSVP to attend by September 26 at events@arlingtondiocese.org. You can find more information at ccda.net.

operations given in love

Weekly Offertory

*Collections for September 16 will
be presented next week*

<i>Collections for September 9</i>	
Offertory	\$29,022
Religious Education	\$4,815
Catholic University (add'l)	\$1,376

Thank you for your generosity!

*Next week's second collection will
support the Porto Charities
Annual Collection For God's
Special Children*

The month of October has been designated as Disabilities Awareness Month, and Bishop Burbidge has enthusiastically endorsed Porto Charities "Special Kids, Special Needs Collection" on behalf of intellectually and developmentally challenged youth within the diocese. Next Sunday there will be a second collection to assist special need programs such as the Paul VI High School, Saint John Paul the Great and St. Mark's School Special Education Options Program, the Helen Keller Institute, Gabriel Home, Special Olympics, and the "Keyboard for Kids" program which provides audio visual communication capability to special needs students in the diocese. The Bishop has sanctioned this collection as a blessing for God's Special Children, their families and this entire diocese. Please be generous in your support of this worthwhile endeavor. All checks should be made payable to St. Mary Catholic Church.

Children's Offertory Envelopes for October

The children's charity that will benefit from Children's Offer-

tory Envelopes in October is Safe Harbor Child Advocacy Center in Spotsylvania. This organization strives to strengthen the coordinated community response to situations of child maltreatment, including sexual abuse, severe physical abuse, severe neglect and fatalities, by integrating the existing resources of law enforcement, child protection, prosecution, medical and therapeutic agencies so that perpetrators are held accountable for their actions and children are not further traumatized by the investigative process. Children's Offertory Envelopes are available through Religious Education. All proceeds from these envelopes go to a different children's charity each month.

Choose Life Reflection

"The angel said to her do not be afraid, Mary." – Luke 1:30 Such is Gabriel's message today to every pregnant mother. "Do not be afraid" to welcome new life, even when it upsets your plans, changes the direction of your life, and requires you to mature in unexpected ways. If God creates a life in the womb, He is making you ready, and has plans for that child and for you. *Lord, remove all fear from the hearts of those who are pregnant, and fill them with Your peace and joy.*



Our SCRIP Program Needs You!

We are seeking a dedicated individual who would be willing to help manage the SCRIP program, as one of its coordinators. Our SCRIP program directly supports Holy Cross Academy (HCA) earning rebates for the school expansion fund through the sale of gift cards for many favorite stores and retailers such as Wal-Mart, Giant, Wawa, Target, Olive Garden, Ruby Tuesday and Regal Theatre just to name a few. The SCRIP Coordinator duties are shared by two enthusiastic individuals who divide the duties. This volunteer position takes approximately 1-2 hours per week and includes placing orders to replenish inventory, picking up and delivering the St. Mary and HCA Scrip bags in partnership with the other coordinator, creating the SCRIP Schedule (once a month), and being the POC for Parishioners who need assistance with setting up an account in SCRIPWARE and/or answering questions. Training will be provided.

We are also seeking additional volunteers to help sell after Saturday and Sunday Masses. SCRIP is sold after most Masses at the Church, at the 10:30am Mass at HCA, and at HCA during the week during carpool. This effort takes about 15 minutes after each of the Masses when SCRIP is sold.

If you are intrigued by the possibility of either (1) taking over as one of the Co-Coordinators, (2) selling SCRIP or (3) both, please email scripcordinator@holy-crossweb.com for more information.

Thank you for your thoughtful consideration in being a part of this important effort that directly benefits Holy Cross Academy, our parish school. After all, It's FOR the CHILDREN!

liturgy daily bread

Saint Mary Prayer List

Please pray for those who are sick or in need, especially: Deanna Uperti, Gabriela Mason, Maria Stine, Joy & Larry Kligman, David Duke, Dennis Morris, James Murphy, Joan Cheek, Ted Mayor, Tim Conway, Billy LaPietra, Daniel Bustamonta, Maryann Devenas, Frank Spatt, Micheal Chen, Joseph Stefano, Fred Becker, Chuck Boyer, Maria Celia Brandao Lage, Leah Sapphire, Felicity Stanfield, Michael Kraljevich, Steve Zawisa, Casey Roby, Calvin Mills, Mary Jean Mills, Elise Velez, Tracey Hansen, Elizabeth Ames, Aleisa Barber, David Arnold, Maryann Greatsinger, Antonio Ferrara, Wilson and Joan Parker, Emma Gilbert, Virginia Gannon, Daniel Burke, Katherine Perusi, Dorie Lee, Christopher Szynal, Joy Zerby, Mariah Ceidlinger, Kelly Carperter-Silvers, Suzi Eggleston, Bernad Castillo, Nancy Buhite, Michael Durant, Matthew Gomer, Tricia Davis, Martha Clements, Dolores Renninger, Donna Long, Mary Ann Maynard, Zachary Payne, Margaret Krebbel, Adrianna Pruitt, Deanna Pruitt, Montgomery Wood, Gail Russell, Patricia Russo, Charles Dittmer, Bruce Mattern, Dorothy Simmons, Lillian Kendall, Nikolai Sherba, Sharon S., Barbara Clarke, Roseanne Nash, Jeanne Burke, Prudy Tarpe, Maureen Mizzles, Miles Wood, Mary Ellen Kearney, Kay Simmons, Robert Meyer, Marc and Susan Wood, John Gil, Lita Mary Mamboyo, Nathan Apicella, Timothy Travis, Kaden Sabo, Robert Nathan Servetnick, Dianne Clancy, The Chevchuc Family, Christina Bolt, Bruce Bates, Richard Casaldi, Alex Tonn, James Evans, Larry Dillman, Theresa Kovalefsky, Amber Moser, Erin Krieg, Matthew Meyer, Brittany Meyer, Sara Meyer, Douglas & Dorothy Meyer, Karla Dorsey, Mary Jean & Don Williams, Linda & Frank Walter, Cathleen Mihalaki, Re Macarthur, Jordan Tackett, Bridget Sherba, Randy McNulty, Riley Horstick, David A., Marty T., Janet Yerkie, Brittany Yerkie, Elizabeth Stoehr, David Semeglo, Katherine Paone, Robert L. Gomer, Carla J. Gomer, Lorena Hernandez, Thomas Moeller, Lorraine Becker, Gerald Gardiner, Larry Delaney, James Keddie, Lorena Hernandez, Miguel Hernandez and Edgar Giovanni Castro, Julio Diaz, Kelly Murray, Marianne Ford, Ortiz Family, Fernando Vazquez, James Derouin, Karen Danis, Jim Mann, Muriel Bovat, Gina Wood, Michelle & Lawrence Hudson, Monica White & Patrick White, Betty McKee, Arturo Mendoza Sanchez, Vickie Coburn, Susana Rios- Villagrana, Jeff Shinrock, Mary Ulmer, John Michaelides, Joyce Tally, Dona Tally, Thomas Biddulph, Pat Tholen, Mary Ulmer, Fernando Guadarrama, Margaret Dougherty, Fred Becker, Betty Gil, Adrienne Menjivar, Deanna White, David Mares, Linda Burrell, Margaret Craig

Please pray for all the men and women in our military and civilian support services overseas, especially: Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Sean Plunkett, Roy Selvidge, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Nelly Garcia, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Jason Cullinan, Estrella Bernaola, Frank Spatt Jr.

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

AI Anon Surviving the Weekend Group

All who have been affected by someone else's drinking, and members come together to learn a better way of life and how to find happiness. It's important to know that you are not alone and there is help. **AI Anon meetings are every Saturday at 10am in Room 204 of St. Mary's Parish Life Center.**

Nar Anon Support Available

Nar Anon is a program that offers support to family members and friends of loved ones struggling with substance abuse. All information and discussion is non-judgemental, informative and strictly confidential. Our meetings are in **Room 204 in the Parish Life Center on Thursday from 7-8pm** and are open to the community at large. **Contact Cathy at 703-201-8821, burgh757@gmail.com or Wayne at 540-840-5230.**

Daily Mass Intentions and Readings

September

24 MONDAY

6:30am Joan B. Daly+

9:00am Patrick Leo Petro Sr.+

Prv 3:27-34/Lk 8:16-18

25 TUESDAY

6:30am Alice and Edward Szymczak+

9:00am Grace Mamon

Prv 21:1-13/Lk 8:19-21

26 WEDNESDAY

6:30am Greg Bentler+

9:00am Joseph D. Maalouf+

Prv 30:5-9/Lk 9:1-6

27 THURSDAY

6:30am Martin Lemus

9:00am Oneta Shorter+

Ecdl 1:2-11/Lk 9:7-9

28 FRIDAY

6:30am Assunta Crovelli+

8:15am* Donna Godek

9:00am Don and Kathy Beal

Ecdl 3:1-11/Lk 9:18-22

29 SATURDAY

9:00am Maria Nget Vu

5:00pm Stefan Wolanksi

7:00pm Ngat Vu+

Dn 7:9-14/Jn 1:47-51

30 SUNDAY

7:00am Alice James+

8:30am Sister Susan Louise

10:30am Theresa A. Boehringer

10:30am* Anthony and Andrea Kuniak+

12:30pm Our Military Living & Deceased

2:30pm For Our Parish

5:00pm Hedwig Kuczynski+

7:00pm Thelma Odilia Rivera+

Nm 11:25-29/Jas 5:1-6/Mk 9:38-48

** Indicates Mass at Holy Cross Academy
Please remember that Mass intentions may be requested at the parish office for any remaining Masses of the year. If dates are no longer available for the date you desire, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.*