

THE EPIPHANY OF THE LORD

January 6, 2019



Saint Mary of the Immaculate Conception Roman Catholic Church
FREDERICKSBURG, VIRGINIA

upcoming

January



**SAINT
MARY**
of the
IMMACULATE
CONCEPTION
Roman Catholic Church

6 SUNDAY, THE EPIPHANY OF THE LORD

Scrip on sale after all Masses except the 2:30pm
Coffee Shop after 7am, 8:30am, and 10:30am, Mass
6pm, CYM Dinner and High School Youth Group, Parish Life Center

7 Monday, Christmas Weekday [Saint Raymond of Penyafort, Priest]

10:15am, Legion of Mary our Lady of Perpetual Help Presidio, Parish Life Center, Room 100
1pm, Bible Study, Courtyard Meeting Room
4pm, Server Training, Church
4:45pm, Religious Education Classes, Parish Life Center
6:30pm, Religious Education Classes, Parish Life Center
7:30pm, RCIA, Church

8 Tuesday, Christmas Weekday

10am, St Mary Book Club, John Paul II House
4:45 Religious Education Class, Parish Life Center
6pm, Religious Education Classes at HCA
6:30pm, Religious Education Class, Parish Life Center
7pm, Our Lady of Guadalupe Image, Church
7:30pm, Adult Confirmation Class, Parish Office Library

9 Wednesday, Christmas Weekday

9:30am, Prayers and Squares, Parish Life Center, Room 204
10am, Bible Study, Courtyard Meeting Room
3pm, Divine Mercy Devotions, Church
4:45pm, Religious Education Class, Parish Life Center
6:30pm, Religious Education Class, Parish Life Center
6:30pm, Confessions, Church
6:30pm, YOUCAT, John Paul II House
6:30pm, Bishop Barron Bible Study, Courtyard Meeting Room
7:30pm, Young Adults Meeting, Parish Office Library

10 Thursday, Christmas Weekday

9:30am, Craft Group, Parish Life Center, Room 100
10am, Bible Study, Courtyard Meeting Room
6:30pm, Walking With Purpose, Parish Life Center
6:30pm, CYM ASL and CUED Group, John Paul II House
7pm: Nar-Anon, Parish Life Center, Room 100

11 Friday, Christmas Weekday

9am, St Anne's Sisters, Faith, John Paul II House
6:30pm, Spanish Legion and Junior Legion of Mary, Courtyard Meeting Room
7pm, Spanish Prayer Group, John Paul II House

12 Saturday, Christmas Weekday

8am, Confessions, Church
10am, Baptisms, Church
10am, Al-Anon, Parish Life Center, Room 204
10am, Mariamante Sewing Circle, John Paul II House
11am, Religious Education Baptisms, Church
3:30pm, Confessions
4pm, WorkCamp Formation Night at Holy Cross Academy

13 SUNDAY, THE BAPTISM OF THE LORD

Scrip on Sale after all Masses except 2:30pm
Coffee Shop after 7am, 8:30am, 10:30am, Mass
6pm, CYM Dinner and High School Youth Group

pulpit announcements

nota bene (note well, please):

- Welcoming back the image of Our Lady of Guadalupe, Tuesday, January 8 from 7-8:30pm — *More information on page 6*
- ¡Nuevo! Sección de anuncios en español — *Más información en la página 8*
- March for Life, January 18. Join us — *More information on page 6*



contact us

SUNDAY MASS Saturday Vigil 5 & 7pm
Sunday 7, 8:30, 10:30am, 12:30,
2:30pm (Spanish), 5pm, 7pm
10:30am at Holy Cross Academy

DAILY MASS Mon.-Fri.: 6:30am, 9am
M/W/F: 12 Noon
Sat.: 9am
First Friday 8pm
Holy Days of Obligation, as announced

DEVOTIONS Adoration, Daily between 6:30am &
9am Mass,
Wednesday 12:30pm - Friday 9am
Miraculous Medal Novena, Mon., after
9am Mass, Divine Mercy, Wed., 3pm

CONFESSION Wed., 6:30-8:30pm;
Sat., 8am & 3:30pm, or by appt.

PARISH OFFICE 540-373-6491, fax 371-0251
stmary@stmaryfred.org
Mon.-Fri., 8:30am - 4:30pm;
students staff office weekdays until 9pm,
Saturdays 9-5pm, Sundays 9:30-1:30pm

Pastor, Fr. John Mosimann
Fr. Colin Davis
Fr. Michael J.R. Kelly
Fr. Michael Folmar
Deacon Alberto Bernaola
Deacon Dick Delio

Business Manager, Elaine Stanislawski
Parish Secretary, Jachebel Rios
Director of Music, David Uschold

HOLY CROSS ACADEMY 540-286-1600
250 Stafford Lakes Parkway
Fredericksburg, Virginia 22406-7234
Principal, Sr. Susan Louise Eder, O.S.F.S.

ST. MARY PRESCHOOL 540-373-7553
Director, Sheri Castellarin

RELIGIOUS EDUCATION OFFICE 540-373-6491
Director, Aristides Lucas
Associate Director, Karen Sturtevant

YOUTH MINISTRY 540-373-6491
Director, Leo Chavarria
Tatiana Beltran

OUTREACH 540-373-6491
Elena Doyle - edoyle@stmaryfred.org

BAPTISMS Parish registration (90 days) and class
required.
Please contact the parish office to
schedule the date at least four weeks in
advance.

MARRIAGE Parish registration required; contact
parish six months in advance to begin
preparation.

JOIN US New Parishioner Welcome meetings held
in the Parish Life Center on fourth Sun
days, following the 10:30 Mass. Please
notify us of any contact changes.

Articles must be submitted two weeks prior to publication.
Send articles to bulletin@stmaryfred.org. Thanks!

stmaryfred.org

from our pastor

pax et bonum

Dear Folks,

I spent 48 hours after Christmas with my parents. Just hanging out with them and taking a 'staycation' at their home. My folks are now retired, Dad from the government (NIH) and Mom from being a full time mom. (Ok, so you never retire from that). It was great to relax with them do nothing with them for two days. It really helps to put all of life and the holiday's stresses in perspective, being able to get away and be with people you love. Dad and I watched 'stupid guy movies' like Skyscraper. Dad, Mom, a sister and I even watched a Hallmark Christmas movie called 'A Boyfriend for Christmas.' A movie that never ever showed up on my movie 'gotta watch' list. As I put my stuff back in my car to return to the parish, I thought "so this is what a weekend is like! I had forgotten!"

I pray that in the holidays you got some time to do nothing. And by "do nothing" I mean spend time with loved ones without some great master plan of all the things you will accomplish. Sometimes the most loving thing we can do for someone is to just be with them. Then maybe you will hear what they want to do, or better yet that they will just want to be with you.

In the words of as 8th century monk: "He who neglects contemplation is deprived of the vision of the light of God; he who is carried away with worry and allows his thoughts to be crushed by the tumult of the things of the world is condemned to the absolute impossibility of penetrating the secrets of the invisible God."

Maybe that is my new year's resolution.... more quality time with my parents.

A Blessed feast of the Epiphany to you!

pax et bonum,



Fr Mosimann

Confirmation Class 2019

Congratulations on your decision to continue developing your faith through the Sacraments, we are excited! The next Confirmation class begins on Tuesday, January 8, 2019 at 7:30pm in the parish library (located in the parish office building). In order to attend this class, you must register in the parish, if not have already done so. Registration forms will be available at our first meeting.

Deacon Alberto Bernaola, will provide you with the catechetical training that you would need as a pre-requisite for Confirmation. The training plan covers a minimum of seven weeks. He will cover topics such as:

*Faith
Beliefs*

Sponsors and their role

Confirmation Name

Where to be confirmed

Sacraments

The Creed

The Trinity

The Church

Models of the Church

Liturgical Year

The Mass

Living out the faith

Spiritual Works of Mercy

Corporal Works of Mercy

Cardinal Virtues

Theological Virtues

The list is not all inclusive, these are the major topics that Deacon Alberto will be covering during this period.

The date of Confirmation will be announced by the Bishop's office and is normally near the Feast of Pentecost in June, or later. Congratulations and enjoy Advent and Christmas Holidays!



education holy cross academy

Blessed Feast of the Epiphany!

As we come to the final week of our Christmas season, we thank God for the peace, grace, and joy of this holy time. This last Christmas feast, often named Little Christmas, allows us to reflect on God's gifts to our world and to each of us.

Children are one of the most precious gifts given to a family and to a community. Today we would like to thank God for the many children in our parish. They continue to be a sign of hope in our world and a reminder that God "makes all things new."

Holy Cross Academy, our parish school, is privileged to form a partnership with parents in drawing God's beloved children into a loving relationship with Jesus, our brother. Beginning with our smallest ones in St. Mary Preschool, and throughout their years at Holy Cross, our children pray, learn, and play in an atmosphere enlivened by the Good News of Jesus' love for each of us. They come to know that they are precious to him and to our parish family.

We thank God for the support of our Saint Mary parish community in this beautiful ministry of Catholic education and we wish each of you a happy and a holy new year, 2019!



**A National
Blue Ribbon
School of
Excellence**



Our Schools Invite You

Saint Mary Preschool and Holy Cross Academy are a wonderful place to learn and grow. Stop in some time to see us or give us a call at 540-286-1600 and we will tell you all about our wonderful parish school where we learn each day to Live Jesus and to love and care for one another. ***Come and see!***



parish life get involved

Welcoming back the image of Our Lady of Guadalupe

The miraculous image of Our Lady returns to Saint Mary on **Tuesday, January 8 from 7-8:30pm in the church.**

A digital copy of the original tilma of St. Juan Diego in the basilica in Mexico City, this image communicates the loving presence of Mary, our Mother, through some beautiful signs. You, too, can experience these graces, signs and wonders through Mary's mediation and respond to our bishops' call for a culture of life in our country.



March for Life Friday, January 18

Pro-lifers from across the nation will gather at a Rally on the Mall in Washington, DC and proceed down Constitution Avenue toward the Supreme Court and the US Capitol. Participants are of all ages, from unborn babies to grandparents. It is especially thrilling and encouraging to note how many pro-life teenagers and young adults participate! This year's March will be held on Friday, January 18, to commemorate the 46th Anniversary of Roe v. Wade. Please plan to join your parish family in this peaceful protest against abortion.

St. Mary will have two buses for the March. There is no charge for transportation; however, participants are asked to bring diapers and/or baby items for Birthright.

The buses for the March will leave immediately following the 9am Mass at St. Mary and will return to St. Mary at approximately 5:30pm. Participants are advised to dress

warmly, wear comfortable shoes and pack a light lunch. Sign up sheets will be available after January 1st in the vestibule of the Church. Please consider taking a visible stand to for life, and sign up as soon as possible to reserve your seat on the bus.

Calling All Young Adults 21-39

Join the Verso l'Alto Young Adult Group at Saint Mary's for weekly discussions on faith and holiness on Wednesdays at 7:30pm in the Parish Office Library. Not on our email list? Email stmaryya@gmail.com to be added or if you would like more information!

Religious Freedom Day Celebration

The 2019 Religious Freedom Day Parade and Commemoration will feature a keynote address by Louisville Archbishop Joseph E. Kurtz and benediction by Richmond Bishop Barry C. Knestout. Parade starts at 1:30pm on Sunday, January 13, at the Fredericksburg train sta-

tion on Lafayette Blvd., with a 2pm ceremony at the Monument for Religious Freedom on Washington Ave.

For more information, contact **Rick Reschick at 540-368-9345 or rez55@cox.net.**

Pilgrim Virgin Statue

Would you like to have the Blessed Mother's statue visit your home for two weeks? Please contact **Mary Lou Felts at 571-723-3333 or maryloufelts@gmail.com.**

Help Needed at Homeless Shelter

The Thurman Brisben Homeless Shelter has a program called Bridges. This program operates every Monday from 7-8pm and is designed to provide fun activities for the children staying at the homeless shelter. We are seeking volunteers to lead the kids in activities such as ball, tag etc. and if the weather isn't cooperating, to lead indoor activities (provided by the shelter). A Sign-Up Genius allows

parish life get involved

groups or individuals to sign-up easily for evenings available. Please consider helping our community.

Please note, this program requires all participants to arrive early. Volunteers MUST complete a registration form and provide a photo ID in an effort to protect the children staying at the shelter.

m.signupgenius.com/#/showSignUp/70a0f4facaf2aa3f85-bridges

For more information contact Aaron Sawyer asawyer2@mail.umw.edu

Gifting of Giving Back

Find gifts for everyone on your gift list while raising funds for Holy Cross Academy with the Scrip holiday gift guide. Shop gift cards from over 750 top brands, including Best Buy, Amazon, The Home Depot and more. Whether you buy the gift cards to give as presents to family and friends, or use them to buy your gifts – Holy Cross Academy earns with every gift card purchased. It's simple, it's thoughtful and it's truly the gift that keeps on giving. Start today and buy a couple of gift cards each week, it's a great way to budget for Christmas and avoid the last-minute rush. Check out the Scrip holiday gift guide at ShopWithScrip.com/GiftGuide or email questions and or orders to scripcoordinator@holycrossweb.com

Drivers Needed for Micah Cold Weather Shelter

Volunteers are needed to pick up guests at 6:15pm on Tuesday nights from the community dinner downtown and transport them to the Cold Weather Shelter, using Micah's 15-passenger bus. Any number

of nights you can help would be greatly appreciated. No special license or experience necessary. Micah will provide a short orientation and add you to their insurance. Please prayerfully consider this much needed role and contact Greg Wheatley at stmary.cws@outlook.com if interested.

Micah Cold Weather Shelter

The Micah Cold Weather Shelter is open and will remain in operation until mid- to late-March. Teams of Saint Mary volunteers assist on Tuesday evenings by greeting and checking in clients, setting up sleeping areas, and providing hospitality for the 30+ individuals that utilize the facility. **Each participating church is asked to bring 3 dozen items (white socks, thermal underwear, boxer briefs and t-shirts).** Please consider how you might be able to support this need—all donations are gratefully accepted at our Parish Office. Although it is a good thing that the temporary shelter is available during the harsh winter months, it highlights the continuing need for sustainable housing and support mechanisms in our community. For more information about community efforts to help the homeless, please visit Micah Ecumenical Ministries, dolovewalk.net or **Thurman-Brisben Homeless Shelter, thurmanbrisbencenterv.org.**

Guadalupe Free Clinic of Colonial Beach

The Clinic is in need of several part time paid positions, a Medical Clinical Program Coordinator and a Pharmacy Manager; to supervise, manage, and direct operations of the Clinic's volunteer medical, pharmacy, and administrative staff. For more information

please email the Executive Director at lcarrington@guadalupefreeclinic.org or call the clinic at (804) 224-0571.

Call to Evangelization

Empower your witness! Every day we have opportunities to share our story about why we love being Catholic, but do we? Or, do we hide our light under the proverbial bushel?

This small group's purpose is to support and encourage each other in our efforts to share our faith. We discuss opportunities we've had to evangelize, what worked and what didn't, or what prevented us from trying.

If you want to engage others in conversation about our faith, join us. **We meet every 3rd Sunday between the 10:30am and the 12:30pm masses** (except on holiday weekends) in the Courtyard Meeting Room. For more information contact **Bryan Richardson** at br22406@cox.net

Assistant Wanted

National Office and Ministry for the Catholic Charismatic Renewal seeks a part time Clerical Assistant. Applicants should have a strong Catholic faith and praxis. Experience in a Church Ministry or Parish setting would be helpful. Familiarity with the Renewal is a plus. Knowledge and experience with computers (Word, Excel) a must. Salary will commensurate with applicant's education and experience. Location of the office is in Locust Grove, on Rt. 3 across from the Wilderness Battlefield. For more information about us, visit our web page at nsc-chariscenter.org. To apply, contact chariscenterusa@nsc-chariscenter.org.

our parish

christmas season



our parish
be joyous



our faith from the pope

MESSAGE OF HIS HOLINESS POPE FRANCIS FOR THE CELEBRATION OF THE 52nd WORLD DAY OF PEACE

1 JANUARY 2019

Good politics is at the service of peace

1. “Peace be to this house!”

In sending his disciples forth on mission, Jesus told them: “Whatever house you enter, first say, ‘Peace be to this house!’ And if a son of peace is there, your peace shall rest upon him; but if not, it shall return to you” (Lk 10:5-6).

Bringing peace is central to the mission of Christ’s disciples. That peace is offered to all those men and women who long for peace amid the tragedies and violence that mark human history.[1] The “house” of which Jesus speaks is every family, community, country and continent, in all their diversity and history. It is first and foremost each individual person, without distinction or discrimination. But it is also our “common home”: the world in which God has placed us and which we are called to care for and cultivate.

So let this be my greeting at the beginning of the New Year: “Peace be to this house!”

2. The challenge of good politics

Peace is like the hope which the poet Charles Péguy celebrated.[2] It is like a delicate flower struggling to blossom on the stony ground of violence. We know that the thirst for power at any price leads to abuses and injustice. Politics is an essential means of building human community and institutions, but when political life is not seen as a form of service to society as a whole, it can become a means of oppression, marginalization and even destruction.

Jesus tells us that, “if anyone would be first, he must be last of all and servant of all” (Mk 9:35). In the words of Pope Paul VI, “to take politics seriously at its different levels – local, regional, national and worldwide – is to affirm the duty of each individual to acknowledge the reality and value of the freedom offered

him to work at one and the same time for the good of the city, the nation and all mankind”.[3]

Political office and political responsibility thus constantly challenge those called to the service of their country to make every effort to protect those who live there and to create the conditions for a worthy and just future. If exercised with basic respect for the life, freedom and dignity of persons, political life can indeed become an outstanding form of charity.

3. Charity and human virtues: the basis of politics at the service of human rights and peace

Pope Benedict XVI noted that “every Christian is called to practise charity in a manner corresponding to his vocation and according to the degree of influence he wields in the polis... When animated by charity, commitment to the common good has greater worth than a merely secular and political stand would have... Man’s earthly activity, when inspired and sustained by charity, contributes to the building of the universal city of God, which is the goal of the history of the human family”.[4] This is a programme on which all politicians, whatever their culture or religion, can agree, if they wish to work together for the good of the human family and to practise those human virtues that sustain all sound political activity: justice, equality, mutual respect, sincerity, honesty, fidelity.

In this regard, it may be helpful to recall the “Beatitudes of the Politician”, proposed by Vietnamese Cardinal François-Xavier Nguyễn Văn Thuận, a faithful witness to the Gospel who died in 2002:

- + Blessed be the politician with a lofty sense and deep understanding of his role.
- + Blessed be the politician who personally exemplifies credibility.
- + Blessed be the politician who works for the common good and not his or her own interest.

+ Blessed be the politician who remains consistent.

+ Blessed be the politician who works for unity.

+ Blessed be the politician who works to accomplish radical change.

+ Blessed be the politician who is capable of listening.

+ Blessed be the politician who is without fear.[5]

Every election and re-election, and every stage of public life, is an opportunity to return to the original points of reference that inspire justice and law. One thing is certain: good politics is at the service of peace. It respects and promotes fundamental human rights, which are at the same time mutual obligations, enabling a bond of trust and gratitude to be forged between present and future generations.

4. Political vices

Sadly, together with its virtues, politics also has its share of vices, whether due to personal incompetence or to flaws in the system and its institutions. Clearly, these vices detract from the credibility of political life overall, as well as the authority, decisions and actions of those engaged in it. These vices, which undermine the ideal of an authentic democracy, bring disgrace to public life and threaten social harmony. We think of corruption in its varied forms: the misappropriation of public resources, the exploitation of individuals, the denial of rights, the flouting of community rules, dishonest gain, the justification of power by force or the arbitrary appeal to *raison d’état* and the refusal to relinquish power. To which we can add xenophobia, racism, lack of concern for the natural environment, the plundering of natural resources for the sake of quick profit and contempt for those forced into exile.

our faith world day of peace

5. Good politics promotes the participation of the young and trust in others

When the exercise of political power aims only at protecting the interests of a few privileged individuals, the future is compromised and young people can be tempted to lose confidence, since they are relegated to the margins of society without the possibility of helping to build the future. But when politics concretely fosters the talents of young people and their aspirations, peace grows in their outlook and on their faces. It becomes a confident assurance that says, "I trust you and with you I believe" that we can all work together for the common good. Politics is at the service of peace if it finds expression in the recognition of the gifts and abilities of each individual. "What could be more beautiful than an outstretched hand? It was meant by God to offer and to receive. God did not want it to kill (cf. Gen 4:1ff) or to inflict suffering, but to offer care and help in life. Together with our heart and our intelligence, our hands too can become a means of dialogue".[6]

Everyone can contribute his or her stone to help build the common home. Authentic political life, grounded in law and in frank and fair relations between individuals, experiences renewal whenever we are convinced that every woman, man and generation brings the promise of new relational, intellectual, cultural and spiritual energies. That kind of trust is never easy to achieve, because human relations are complex, especially in our own times, marked by a climate of mistrust rooted in the fear of others or of strangers, or anxiety about one's personal security. Sadly, it is also seen at the political level, in attitudes of rejection or forms of nationalism that call into question the fraternity of which our globalized world has such great need. Today more than ever, our societies need "artisans of peace" who can be messengers and authentic witnesses of God the Father, who wills the good and the happiness of the human family.

6. No to war and to the strategy of fear

A hundred years after the end of the First World War, as we remember the young people killed in those battles and the civilian populations torn apart, we are more conscious than ever of the terrible lesson taught by fratricidal wars: peace can never be reduced solely to a balance between power and fear. To threaten others is to lower them to the status of objects and to deny their dignity. This is why we state once more that an escalation of intimidation, and the uncontrolled proliferation of arms, is contrary to morality and the search for true peace. Terror exerted over those who are most vulnerable contributes to the exile of entire populations who seek a place of peace. Political addresses that tend to blame every evil on migrants and to deprive the poor of hope are unacceptable. Rather, there is a need to reaffirm that peace is based on respect for each person, whatever his or her background, on respect for the law and the common good, on respect for the environment entrusted to our care and for the richness of the moral tradition inherited from past generations.

Our thoughts turn in a particular way to all those children currently living in areas of conflict, and to all those who work to protect their lives and defend their rights. One out of every six children in our world is affected by the violence of war or its effects, even when they are not enrolled as child soldiers or held hostage by armed groups. The witness given by those who work to defend them and their dignity is most precious for the future of humanity.

7. A great project of peace

In these days, we celebrate the seventieth anniversary of the Universal Declaration of Human Rights, adopted in the wake of the Second World War. In this context, let us also remember the observation of Pope John XXIII: "Man's awareness of his rights must inevitably lead him to the recognition of his duties. The possession of rights involves the duty of implementing those rights, for they are the expression of a man's personal dignity. And the possession of rights also

involves their recognition and respect by others".[7]

Peace, in effect, is the fruit of a great political project grounded in the mutual responsibility and interdependence of human beings. But it is also a challenge that demands to be taken up ever anew. It entails a conversion of heart and soul; it is both interior and communal; and it has three inseparable aspects:

- peace with oneself, rejecting inflexibility, anger and impatience; in the words of Saint Francis de Sales, showing "a bit of sweetness towards oneself" in order to offer "a bit of sweetness to others";
- peace with others: family members, friends, strangers, the poor and the suffering, being unafraid to encounter them and listen to what they have to say;
- peace with all creation, rediscovering the grandeur of God's gift and our individual and shared responsibility as inhabitants of this world, citizens and builders of the future.

The politics of peace, conscious of and deeply concerned for every situation of human vulnerability, can always draw inspiration from the Magnificat, the hymn that Mary, the Mother of Christ the Saviour and Queen of Peace, sang in the name of all mankind: "He has mercy on those who fear him in every generation. He has shown the strength of his arm; he has scattered the proud in their conceit. He has cast down the mighty from their thrones, and has lifted up the lowly; ...for he has remembered his promise of mercy, the promise he made to our fathers, to Abraham and his children for ever" (Lk 1:50-55).

*From the Vatican,
8 December 2018
Francis*

operations given in love

Weekly Offertory

Due to early publication deadlines, collection figures will be published in the January 13 bulletin.

Thank you for your generosity!

Choose Life Reflection

Every day around the world, men and women who have lost children to abortion gather for Rachel's Vineyard retreats. These provide an opportunity to face the wounds of abortion in a safe, affirming environment of prayer and the support of others who have been through the same experience. Lord, be with all those who are going through healing after abortion, and bring them quickly to Your peace.

*For more information about Project Rachel and post abortion assistance, contact **Project Rachel in the Diocese of Arlington** at 703-841-2504 or projectrachel@arlingtondiocese.org or call the helpline at 1-888-456-HOPE.*

Children's Charity for January

Camp Rainbow is held every Spring for children who are coping with the loss of a loved one. Camp Rainbow provides a path for child campers along their journey through grief and toward healing. Little Buddies (child participants) are paired with trained Big Buddies (adult volunteers) to explore their feelings through age-appropriate crafts, activities, discussions and one-on-one time. Expressive therapies such as art, music and dance are used to assist children with their grief and are balanced with traditional camp activities, like arts and crafts, kayaking, and singing by the fire. For more information, go to griefsupport@mwhc.com.

Al Anon Surviving the Weekend Group

For those who have been affected by someone else's drinking, and members come together to learn a better way of life and how to find happiness.

Especially at this time of year, it's important to know that you are not alone and there is help. **There is an Al Anon meeting every Saturday at 10am in Room 204 of St. Mary's Parish Life Center.**

Nar Anon Support Available

Nar Anon is a program that offers support to family members and friends of loved ones struggling with substance abuse. All information and discussion is non-judgemental, informative and strictly confidential. Our meetings are in **Room 100 in the Parish Life Center on Thursday from 7-8pm** and are open to the community at large. **Contact Cathy at 703-201-8821, burgh757@gmail.com or Wayne at 540-840-5230.**



St. Mary will have two buses for the March. There is no charge for transportation; however, participants are asked to bring diapers and/or baby items for Birthright. Please see page 6 for more information.

liturgy

daily bread

Saint Mary Prayer List

Please pray for those who are sick or in need, especially: Casey Roby, Calvin Mills, Mary Jean Mills, Elise Velez, Tracey Hansen, Elizabeth Ames, Aleisa Barber, David Arnold, Maryann Greatsinger, Antonio Ferrara, Wilson and Joan Parker, Emma Gilbert, Virginia Gannon, Daniel Burke, Katherine Perusi, Dorie Lee, Christopher Szynal, Joy Zerby, Mariah Ceidlinger, Kelly Carpenter-Silvers, Suzi Eggleston, Bernad Castillo, Michael Durant, Matthew Gomer, Tricia Davis, Martha Clements, Donna Long, Mary Ann Maynard, Zachary Payne, Margaret Krebbel, Adrianna Pruitt, Deanna Pruitt, Montgomery Wood, Gail Russell, Patricia Russo, Charles Dittmer, Bruce Mattern, Dorothy Simmons, Lillian Kendall, Nikolai Sherba, Sharon S., Barbara Clarke, Roseanne Nash, Jeanne Burke, Prudy Tarpe, Maureen Mizzles, Miles Wood, Mary Ellen Kearney, Kay Simmons, Robert Meyer, Marc and Susan Wood, Lita Mary Mamboyo, Nathan Apicella, Timothy Travis, Kaden Sabo, Robert Nathan Servetnick, Dianne Clancy, The Chevchuc Family, Christina Bolt, Bruce Bates, Richard Casaldi, Alex Tonn, James Evans, Larry Dillman, Theresa Kovalefsky, Amber Moser, Erin Krieg, Matthew Meyer, Brittany Meyer, Sara Meyer, Douglas & Dorothy Meyer, Karla Dorsey, Mary Jean & Don Williams, Linda & Frank Walter, Cathleen Mihalaki, Re Macarthur, Jordan Tackett, Bridget Sherba, Randy McNulty, Riley Horstick, David A., Marty T., Janet Yerkie, Brittany Yerkie, Elizabeth Stoehr, David Semeglo, Robert L Gomer, Carla J Gomer, Lorena Hernandez, Thomas Moeller, Lorraine Becker, Gerald Gardiner, Larry Delaney, James Keddie, Lorena Hernandez, Miguel Hernandez and Edgar Giovanni Castro, Julio Diaz, Kelly Murray, Marianne Ford, Ortiz Family, James Derouin, Karen Danis, Jim Mann, Muriel Bovat, Gina Wood, Michelle & Lawrence Hudson, Monica White & Patrick White, Betty McKee, Arturo Mendoza Sanchez, Vickie Coburn, Susana Rios- Villagrana, Jeff Shinrock, Mary Ulmer, John Michaelides, Joyce Tally, Dona Tally, Thomas Biddulph, Pat Tholen, Fernando Guadarrama, Margaret Dougherty, Betty Gil, Adrienne Menjivar, Deanna White, David Mares, Linda Burrell, Margaret Craig, Mary Dudash, Chuck Boyer, Daniel Bustamonte, Hector Rios- Villagrana & Family, Miguel Correa & Family, Tamlyn Leaf, Gordon Leffel, Graciela Chavez, Nico Luiggi, Vickie Coburn, Ana B. Rojas, Maria Mangini, Melanie and Chris Koumentakos, Maryanne Schram, Jackie Davia Johnson, Jenna Cappello, Matt Seidlinger, Benjamin Grillo, Gavin Menteer, Jim Seidlinger, Mary Ellen Kearney, Kurt Gutzmann, Lois Michell, Albert Lemanski, Frank Pollack, Leslie and Charlotte Heagney, William Crandall, Joseph Daley

Please pray for all the men and women in our military and civilian support services overseas, especially: Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Sean Plunkett, Roy Selvidge, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Nelly Garcia, Mindy Haken-son, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Jason Cullinan, Estrella Bernaola, Frank Spatt Jr., Major Matthew Molino, Thomas Wickham

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

Daily Mass Intentions and Readings

January

7 MONDAY

6:30am Father Mosimann
9:00am Angela Hawkins+
1 Jn 3:22—4:6/Mt 4:12-25

8 TUESDAY

6:30am Wendy Baker+
9:00am Ray Crum+
1 Jn 4:7-10/Mk 6:34-44

9 WEDNESDAY

6:30am Rosemary Hall+
9:00am Stanley & Helen Kozyra+
1 Jn 4:11-18/Mk 6:45-52

10 THURSDAY

6:30am Sean Bolton+
9:00am Maureen Lesley
1 Jn 4:19—5:4/Lk 4:14-22a

11 FRIDAY

6:30am The SOLT Community
9:00am Michael Ryder+
1 Jn 5:5-13/Lk 5:12-16

12 SATURDAY

9:00am Jean Bolton
5:00pm Kathy Miller
7:00pm Betsy Jane Bullock+
1 Jn 5:14-21/Jn 3:22-30

13 SUNDAY

7:00am Bich Dao Le+
8:30am For Our Parish
10:30am William Hackbarth+
10:30am* Marie Mariucci+
12:30pm The Sambat Family
2:30pm Ryan Pellar
5:00pm Virginia Ibarra
7:00pm Hubert Chase
Is 42:1-7/Acts 10:34-38/Lk 3:15-22

* Indicates Mass at Holy Cross Academy

Please remember that Mass intentions may be requested at the parish office for any remaining Masses of the year. If dates are no longer available for the date you desire, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.

*We invite all Christians to gather in the peace of Christ at St. Mary **Monday, January 14** as we "prepare a place for unity and peace" together.*

You are invited to a monthly gathering of prayer in the ecumenical tradition of the Taizé Community in France, the second Monday of every month at 8:15pm.

It is our hope that this monthly prayer brings together Christians of all churches, pastors and flocks, as together we realize a bit more each day that we must rely upon God's power to bring about Unity among all who follow Jesus, "as he and the Father are one." It is something we are unable to do ourselves.

This Unity which embraces all people stands at the very heart of Christ's mission...and belongs to the essence of our community. Let us provide a place where his Spirit can come and fulfill his plan for us.