

## THIRD SUNDAY IN ORDINARY TIME

January 27, 2019



*Some of our Holy Cross Academy students representing a pro-life generation during the March for Life*

**Saint Mary of the Immaculate Conception Roman Catholic Church**

1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

# upcoming

## January



**SAINT  
MARY**  
*of the*  
IMMACULATE  
CONCEPTION  
*Roman Catholic Church*

### **27 SUNDAY, THIRD SUNDAY IN ORDINARY TIME**

*Coffee Shop after 7am, 8:30am, and 10:30am, Mass  
Scrip on Sale after all Masses except 2:30pm*

**11:30am New Family Welcome, Courtyard Meeting Room**

6pm CYM Dinner and High School Youth Group

### **28 Monday, Saint Thomas Aquinas, Priest and Doctor of the Church**

10:15am, Legion of Mary Our Lady of Perpetual Help, Parish Life Center, Room 100

4pm, Altar Server Training, Church

4:45pm, Religious Ed Classes, Parish Life Center

6:30pm, Religious Ed Classes, Parish Life Center

7:30pm, RCIA, Church

### **29 Tuesday, Weekday**

4:45pm, Religious Ed Classes, Parish Life Center

6pm, Religious Ed Classes at HCA

6:30pm, Religious Ed Classes, Parish Life Center

7:30pm, Adult Confirmation Class, Parish Office Library

### **30 Wednesday, Weekday**

10am, Bible Study, Courtyard Meeting Room

3pm, Divine Mercy Devotions, Church

4:45pm, Religious Ed Classes, Parish Life Center

6:30pm, Religious Ed Classes, Parish Life Center

6:30pm, Confessions, Church

6:30pm, YouCat, John Paul II House

6:30pm, Bishop Barron Bible Study, Courtyard Meeting Room

7:30pm, Young Adult Group, Parish Office Library

### **31 Thursday, Saint John Bosco, Priest**

9:30am, Craft Group in Parish Life Center, Room 100

10am, Bible Study, Courtyard Meeting Room

6:30pm, Walking With Purpose, Parish Life Center

7pm, Nar-Anon in Parish Life Center, Room 100

7pm, First Penance Meeting, Church

## February

### **1 Friday, Weekday**

9am, St Anne's Sisters in Faith, John Paul II House

6:30pm, Middle School Youth Group, Parish Life Center

6:30pm, Spanish Legion and Junior Legion of Mary, Courtyard Meeting Room

7pm, Spanish Prayer Group, John Paul II House

**8pm, First Friday Mass**

### **2 Saturday, The Presentation of the Lord**

8am, Confessions, Church

10am, Baptisms, Church

10am, Al-Anon in Parish Life Center, Room 204

2pm, Spanish Baptism Class, Courtyard Meeting Room

3:30pm, Confessions, Church

**6pm, KofC Family Dinner, Parish Life Center**

### **3 SUNDAY, FOURTH SUNDAY, DAY IN ORDINARY TIME**

*Coffee Shop after the 7am, 8:30am, 10:30am, Mass*

*Scrip on sale after all Masses except 2:30pm*

# pulpit announcements

## nota bene (note well, please):

- **Souper Bowl Weekend will be back February 2-3**

*More information on page 11*

- **Parish Night Out tickets available**

*More information on page 8*

- **Save the Date! Marriage Enrichment Workshop**

*More information on page 9*

- **Women's Conference tickets on sale now**

*More information on page 10*

- **eGiving with Faith Direct is available**

*More information on page 10*

- St. Mary's will once again be supporting **"The Micah Love Your Neighbor Campaign"** with a **special second collection the weekend of February 16-17.**

Thank you for supporting our homeless brothers and sister — *more information on page 11*

## February Family Dinner

The February Family Dinner will be held on **Saturday, February 2 from 6-8:30pm** in the Parish Life Center. The net proceeds will be donated to local charities.

**The menu includes:** Homemade pulled pork BBQ sandwiches, deep fried french fries, cole slaw, and ice cream. The dinner is sponsored by the Knights of Columbus and is open to the public and pay-at-the-door. Takeouts are available. The cost for Adults/Teens: \$7, Seniors (60 & up): \$6, Children (7-12): \$5, Children (under 7): Free. **THE MAX COST PER FAMILY is \$25.** Come enjoy a wonderful meal with great people!

## contact us

### SUNDAY MASS

Saturday Vigil 5 & 7pm  
Sunday 7, 8:30, 10:30am, 12:30, 2:30pm (Spanish), 5pm, 7pm  
10:30am at Holy Cross Academy

### DAILY MASS

Mon.-Fri.: 6:30am, 9am  
M/W/F: 12 Noon  
Sat.: 9am  
First Friday 8pm  
Holy Days of Obligation, as announced

### DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass,  
Wednesday 12:30pm - Friday 9am  
Miraculous Medal Novena, Mon., after 9am Mass, Divine Mercy, Wed., 3pm

### CONFESSION

Wed., 6:30-8:30pm;  
Sat., 8am & 3:30pm, or by appt.

### PARISH OFFICE

540-373-6491, fax 371-0251  
stmary@stmaryfred.org  
Mon.-Fri., 8:30am - 4:30pm;  
students staff office weekdays until 9pm,  
Saturdays 9-5pm, Sundays 9:30-1:30pm

Pastor, Fr. John Mosimann  
Fr. Colin Davis  
Fr. Michael J.R. Kelly  
Fr. Michael Folmar  
Deacon Alberto Bernaola  
Deacon Dick Delio

Business Manager, Elaine Stanislawski  
Parish Secretary, Jachebel Rios  
Director of Music, David Uschold

### HOLY CROSS ACADEMY

540-286-1600  
250 Stafford Lakes Parkway  
Fredericksburg, Virginia 22406-7234  
Principal, Sr. Susan Louise Eder, O.S.F.S.

### ST. MARY PRESCHOOL

540-373-7553  
Director, Sheri Castellarin

### RELIGIOUS EDUCATION OFFICE

540-373-6491  
Director, Aristides Lucas  
Associate Director, Karen Sturtevant

### YOUTH MINISTRY

540-373-6491  
Director, Leo Chavarria  
Tatiana Beltran

### OUTREACH

540-373-6491  
Elena Doyle - edoyle@stmaryfred.org

### BAPTISMS

Parish registration (90 days) and class required.  
Please contact the parish office to schedule the date at least four weeks in advance.

### MARRIAGE

Parish registration required; contact parish six months in advance to begin preparation.

### JOIN US

New Parishioner Welcome meetings held in the Parish Life Center on fourth Sunday, following the 10:30 Mass. Please notify us of any contact changes.

Articles must be submitted two weeks prior to publication.  
Send articles to [bulletin@stmaryfred.org](mailto:bulletin@stmaryfred.org). Thanks!

## stmaryfred.org



# from our pastor

# pax et bonum

Dear Folks,

This is a picture of me offering Mass in the tomb where Jesus rose from the dead. Maybe my favorite picture ever.

How did I get the shot? Well the area where I was standing is about 3 feet by 7 feet. 7 priests were crammed into this area. I had asked one of the priests to snap a picture when Mass began, but didn't want him to be distracted because he was concelebrating. So he holds the camera up (about 12 inches from my ear) and blindly takes pictures right after the consecration. Yikes! I hear the camera clicking in my ear and think, "not now! Please Father!" With the very low light and his proximity to me it was a miracle that the picture came out so well! Because of this, I have to have a little mercy on you when take pictures at Mass... but not if you come up right behind me! ;-)

I know that many folks here have made pilgrimages to the Holy Land. I believe that everyone should try to get there one day, if possible, because of how it will deepen your faith. To see where Jesus walked, prayed, was born and rose from the dead? These scriptures will cease to be 'stories' and come alive.

I will be leaving for the Holy Land tomorrow (Monday 1/28 at the crack of dawn). I'd love to take your prayer intentions with me. If you want to email me prayer intentions send them to [frmosimann@stmaryfred.org](mailto:frmosimann@stmaryfred.org). Or send them to me on facebook. I have a post on there where you can add prayer intentions to my list.

My plan will be to pray for all of your intentions in two ways:

1. The ones that I have early enough, I will print out and put them on the altars at each stop where we offer Holy Mass.
2. I hope to find time to spend several hours in the Church on Calvary to pray for all of the intentions specifically. Last trip I was able to make an all night vigil in the tomb and on Calvary, so I had plenty of time to accomplish this!

pax et bonum,



Fr Mosimann



# education holy cross academy

## Dedicated to Our Children

At Holy Cross Academy, we are dedicated to educating the whole child so that each student is ready to transform our world by Living Jesus in the tradition of St. Francis de Sales. Pope Francis encourages the Church to embrace Catholic education because it “gives soul to the world” and “radiates the promise of Christian salvation.”

Our dedicated, experienced teachers and staff both teach and model the faith daily to our students. Our school puts the faith into action with our Hope Projects and our support of the needy both globally and locally.

In addition to fostering excellence in the core subjects of Math, Reading, Language Arts, Science and Social Studies, Holy Cross Academy offers Spanish, Algebra I, Honors Math, Art, Instrumental and Vocal Music, Math Olympiads, Science Squad, Crusader Robotics, Manners to Go, Encore Experiences and so much more. We are moving toward a 1 to 1 Chromebook program in the Middle School. All classrooms are equipped with ActivBoards and have access to iPads and other technology.

We are grateful to Fr. Mosimann, all our priests, our parish staff and each of you, our St. Mary parishioners, for your support of Holy Cross Academy for the past 21 years!

## Open House

Saint Mary Preschool and Holy Cross Academy are a wonderful place to learn and grow. Stop in some time to see us or give us a call at 540-286-1600 and we will tell you all about our wonderful parish school where we learn each day to Live Jesus and to love and care for one another. Our next Open House of the year is on Feb. 3rd, 9:30-noon, for Saint Mary Preschool and 1pm-3pm for HCA. **Come and see!**



**Catholic Schools**  
**Learn. Serve. Lead. Succeed.**

SAINT MARY of the IMMACULATE CONCEPTION [www.stmaryfred.org](http://www.stmaryfred.org)



**A National  
Blue Ribbon  
School of  
Excellence**





# our parish religious education

## Magnifikid

### Opening your ears to the word of God

"This week, during your prayers at night, reread one of the readings from the Mass. Be silent for a few moments so that you can understand what God is telling you in the Bible. Silence helps us to focus our attention and to be at peace in God's presence."

### Listen carefully to important words

"Take time to listen to those who have important things to say to you. Hint: before responding, be silent for a moment and think about what the person is really saying when you answer, be careful with the words you choose – because our words can either make someone happy or hurt their feelings."



## FORMED PICK

### Feminism Misunderstood

By Jane Brennan

#### Journey into Truth

Jane Brennan shares her powerful story of abortion and her final conversion to the Catholic Church. Men and women alike will be moved as they listen to the reconciliation, healing, and hope Jane found in Christ and his Church.



"Jane's story is a powerful and compelling testament to how Christ can take anyone out of despair and move them to a place of dignity and hope."  
—Carol L., Lemmon, SD

[Listen on formed.org](https://www.formed.org)



**FORMED**

JOIN FORMED 1. [formed.org](https://www.formed.org) 2. click register 3. enter parish code: **F6F228**

## Upcoming Events

**Thursday, January 31:** First Penance and First Communion meeting in church at 7pm

**Thursday, February 14:** First Penance for Religious Education students 4:40pm.

**Friday, February 15:** First Penance for Religious Education students at 4:30pm.



*We invite all Christians to gather in the peace of Christ at St. Mary **Monday, February 11** as we "prepare a place for unity and peace" together.*

**You are invited to a monthly gathering of prayer in the ecumenical tradition of the Taizé Community in France, the second Monday of every month at 8:15pm.**

It is our hope that this monthly prayer brings together Christians of all churches, pastors and flocks, as together we realize a bit more each day that we must rely upon God's power to bring about Unity among all who follow Jesus, "as he and the Father are one." It is something we are unable to do ourselves.

This Unity which embraces all people stands at the very heart of Christ's mission...and belongs to the essence of our community. Let us provide a place where his Spirit can come and fulfill his plan for us.

# our parish youth ministry

## Youth Craft Group

All children between the ages of 4-11 are invited to participate in creating crafts in the "St. Mary's Craft Club". We will be meeting two Saturdays each month at 3:30pm in the Parish Life Center, room 204. You're welcome to attend one or attend all club meetings if you choose! There is a small fee for each craft to offset the cost of materials.

**February 9 - Wooden birdhouses - \$5**

**February 23 - Suncatcher Crosses - \$5**

**March 9 - Sand painting flower pots and planting - \$5**

**March 23 - Beaded bracelets and Rosaries - \$5**

**April 13 - Easter crafts - \$5**

**April 27 - Photo frame craft - \$5**

Please Email **Ms. Julia** at [Julia.Apicella@gmail.com](mailto:Julia.Apicella@gmail.com) or call **540-394-1212** if you are interested in joining the craft group. Children may attend one or all the activities we have planned for the year.

## ASL and Cued Speech Club

OPEN TO ALL KIDS AGES 4 - 8

Meeting dates:

January 10

Feb 7, 14, 28

March 7, 14, 28

April 4, 11

May 2, 9

We will share our faith and learn to talk with our hands! We will teach American Sign Language (ASL) and Cued Speech. To register or for more information contact Mrs. Lauren McAdams: [lauren.mcadams2@protonmail.com](mailto:lauren.mcadams2@protonmail.com)

6:30pm - 7:30pm | ST. JOHN PAUL II HOUSE (DOWNSTAIRS)

## Fitness Club

Open to youth in 6th - 8th grade

### 2019 Dates

Feb 9th

March 9th

April 13th

May - no meet up

June 8th

July 13th

Aug 9th

Sept 14th

Oct 12th

Nov 9th

Contact Rachael Luciani for more info: [lucianir@comcast.net](mailto:lucianir@comcast.net)

## HIGH SCHOOL WINTER RETREAT

Feb. 22 - 24

## Stay Up-to-Date

Be sure to stay in the know with St. Mary CYM by visiting [stmaryfred.org/youth-ministry](http://stmaryfred.org/youth-ministry)

**StMaryCYM**



**#GetInvolvedBeTransformed**



# parish life get involved

## **Adoration of the Blessed Sacrament** From Wednesday 12:30pm to Friday 9am

"Jesus speaks in the silence of the mystery of the Eucharist and reminds us each time that following him means going out of ourselves and making our lives not something we 'possess,' but a gift to him and to others." – Pope Francis

Come and adore Our Lord in the most beautiful Blessed Sacrament of the Altar. We have continuous Exposition of the Blessed Sacrament every Wednesday after the 12 Noon Mass until Friday morning before the 9am Mass. At least two people must be present with Our Lord at all times during Adoration.

## **Pilgrim Virgin Statue**

Would you like to have the Blessed Mother's statue visit your home for two weeks? Please contact **Mary Lou Felts** at 571-723-3333 or [maryloufelts@gmail.com](mailto:maryloufelts@gmail.com).

## **Catholic Charities Counseling Services**

Seeking volunteers to help answer the phone. If you can help, please contact LeeAnn at 540-371-1124

## **Calling All Young Adults 21-39**

Join the Verso l'Alto Young Adult Group at Saint Mary's for weekly discussions on faith and holiness on Wednesdays at 7:30pm in the Parish Office Library. Not on our email list? Email [stmaryya@gmail.com](mailto:stmaryya@gmail.com) to be added or if you would like more information!

## **Walk Through the Liturgy**

Join us and walk through the Liturgy with Bishop Barron and you will be transformed through insights on this most privileged and intimate encounter with our Lord Jesus Christ.

See how the Mass brings us out of the fallen world and into the heavenly realm, how it resonates with a call from God and a response from

his people, the Church, and, most importantly, how we are intimately joined with the Body, Blood, Soul, and Divinity of Jesus through the Holy Eucharist.

The Mass will help you understand how to fully, consciously, and actively participate in the source and summit of Christian Life.

Join fellow parishioners for Bishop Robert Barron's six part DVD series on The Mass. Classes will be held on Monday afternoons beginning February 25 at 12:45pm. The cost of the work book with the answers is \$32. Due to the size of the community room at the Church, the class size will be limited to 40. There are ten places still available. Sign up by calling the Parish Office at 540-373-6491

## **Call to Evangelization**

Empower your witness! Every day we have opportunities to share our story about why we love being Catholic, but do we? Or, do we hide our light under the proverbial bushel?

This small group's purpose is to support and encourage each other in our efforts to share our faith. We discuss opportunities we've had to evangelize, what worked and what didn't, or what prevented us from trying.

If you want to engage others in conversation about our faith, join us. **We meet every 3rd Sunday between the 10:30am and the 12:30pm masses** (except on holiday weekends) in the Courtyard Meeting Room. For more information contact **Bryan Richardson** at [br22406@cox.net](mailto:br22406@cox.net)

## SAINT MARY OF THE IMMACULATE CONCEPTION PARISH NIGHT OUT

# 4.26.19

## ANDREW THIELEN BIG BAND JEPSON ALUMNI CENTER AT UMW

*Reserve Your Table Today*  
**CALL MARTY FOR TICKETS (540) 373-0259**



parish life  
get involved

ST. MARY OF THE IMMACULATE CONCEPTION IS OFFERING

SAVE THE DATE

2019 Marriage  
Enrichment Workshop

*Featuring Retreat Leaders  
Greg and Julie Alexander*

Saturday, March 9, 2019  
9am-5pm

at HOLY CROSS ACADEMY



THE ALEXANDER HOUSE  
Building Stronger Marriages and Relationships

*Attendees will discover God's plan for marriage, as well as gain practical tools  
to build a stronger and more joy-filled marriage.*

.....

*After miraculously, returning from the brink of divorce by inviting God  
back into their relationship, Greg and Julie developed what is now known  
as The Alexander House, a non-profit apostolate dedicated to proclaiming  
the beauty, goodness and truth of marriage. Their revolutionary Date Night  
Ministry is consistent with Catholic Church teachings, Christian family  
values and virtues, and has helped hundreds of couples return to live happy  
and joy-filled marriages. They have been regular guests on EWTN and are  
one of the most sought after speakers on the vocation of Marriage.*

.....

MARCH 9, 2019

ST. MARY OF THE IMMACULATE CONCEPTION

PARISH SCHOOL - HOLY CROSS ACADEMY

250 STAFFORD LAKES PARKWAY, FREDERICKSBURG, VA 22406

# around the parish get involved

## Micah Cold Weather Shelter

The Micah Cold Weather Shelter is open and will remain in operation until mid- to late-March. Teams of Saint Mary volunteers assist on Tuesday evenings by greeting and checking in clients, setting up sleeping areas, and providing hospitality for the 30+ individuals that utilize the facility. **Each participating church is asked to bring 3 dozen items (white socks, thermal underwear, boxer briefs and t-shirts).** Please consider how you might be able to support this need—all donations are gratefully accepted at our Parish Office. Although it is a good thing that the temporary shelter is available during the harsh winter months, it highlights the continuing need for sustainable housing and support mechanisms in our community. For more information about community efforts to help the homeless, please visit **Micah Ecumenical Ministries**,

[dolovewalk.net](http://dolovewalk.net) or **Thurman-Brisben Homeless Shelter**, [thurman-brisbencenters.org](http://thurman-brisbencenters.org).

## Drivers Needed for Cold Weather Shelter

Volunteers are needed to pick up guests at 6:15pm on Tuesday nights from the community dinner downtown and transport them to the Cold Weather Shelter, using Micah's 15-passenger bus. Any number of nights you can help would be greatly appreciated. No special license or experience necessary. Micah will provide a short orientation and add you to their insurance. Please prayerfully consider this much needed role and contact Greg Wheatley at [stmary.cws@outlook.com](mailto:stmary.cws@outlook.com) if interested.

## Noticias en Espanol

- Los Lunes de 6:30 a 7:30 p.m. El Diacono Alberto, llevara a cabo, charlas sobre cómo ser con los padres de los niños que se están preparando para recibir Sacramentos. Estas clases están abiertas para todos los parroquianos que quieran aprender más acerca de su fe.
- Reunión Grupo de Parejas- domingo, 27 de enero de 12-2pm en salón 204 del Centro de Vida Parroquial.
- Clase de bautismo en español, sábado, 2 de febrero a las 2:00pm en el salón Father Rooney (cerca de la oficina parroquial).
- Por favor únase a nosotros para una presentación y un taller de Legal Aid Works® después de la misa el Domingo 10 de Febrero, de 3:30 a 5 de la tarde. La presentación le informará sobre sus derechos cuando esté interactuando con las autoridades de inmigración. El taller le ayudará a completar documentos de Poder de Abogado que especifican sus deseos en cuanto a sus hijos, su casa, y sus asuntos financieros en caso de ser deportado. Se proporcionará cuidado de niños durante este evento.

# MIRACLES DO HAPPEN

*Women's Conference 2019*  
*Believe. Hope. Trust.*



**Sr. Briege McKenna, OSC**  
Founder, St. Clare Retreat and Healing Ministry and author of *Miracles Do Happen* and other books on healing and the Sacraments



**Reverend Donald Calloway, MIC**  
Priest and author of *No Turning Back* and other devotional books



**Most Reverend Michael F. Burbidge**  
Bishop of Arlington  
Celebrant and Homilist for Mass

**Saturday, March 2, 2019**  
St. Joseph Catholic Church  
750 Peachtree Street  
Herndon, VA 20170  
9:00 am -2:30 pm

**REGISTER:**  
[arlingtondiocese.org/women](http://arlingtondiocese.org/women)  
\$55 through February 1; \$65 after

Don't miss this wonderful opportunity to attend the Women's Conference. The St. Mary's CCW is organizing carpools and/or bus service to the event. Interested in transportation? Contact **Karen LaRoche** 540-370-4541 or [ador72@gmail.com](mailto:ador72@gmail.com). This event will sell-out!



our faith  
get involved



**SOUPER BOWL WEEKEND  
AT SAINT MARY'S**

**FEBRUARY 2-3**

HELP STOCK OUR **EMERGENCY  
FOOD PANTRY** AND SCORE A  
**TOUCHDOWN** FOR THE **HUNGRY IN  
OUR COMMUNITY** BY BRINGING  
CANS OF **RAVIOLI OR HEARTY  
"CHUNKY SOUP"** TO MASS



**LOVE YOUR NEIGHBOR**

YOUR SPECIAL OFFERING SUPPORTS THE  
CHURCHES OF FREDERICKSBURG IN  
CULTIVATING COMMUNITY AND CARING  
FOR NEIGHBORS.



**FEED THE HUNGRY**

\$10 feeds two hungry people a day  
\$512 keeps the community cafe  
open for a day



**SHELTER THE HOMELESS**

\$15 keeps one person from freezing  
on a cold night  
\$30 buys a tent or sleeping bag for  
someone without a home  
\$220 meets the basic needs of 60  
homeless for a day



**CARE FOR THE SICK**

\$4 pays for someone's prescription  
\$78 buys one night of care for a person  
in Micah's respite house  
\$180 pays for someone without  
insurance to see a doctor



**EQUIP THE UNEMPLOYED**

\$10 buys someone's identification  
\$50 buys a monthly bus pass for  
someone to get to work  
\$600 scholarships one student in the  
food service training program



**UNLOCK POSSIBILITIES**

\$20 keeps someone housed for a day  
\$45 a day re-gifts donated furniture  
to newly rehoused households  
\$200 buys a new mattress for  
someone moving back into housing

for more info: [micahfredericksburg.org](http://micahfredericksburg.org)

# operations given in love

## Weekly Offertory

**Collection Figures for January 13**  
Offertory \$19,662

**Collection Figures for January 20**  
Offertory \$37,989

Parish Building Fund \$7,094

St. Vincent de Paul Poor Box \$725

First Offering Contributions \$6,421

*Thank you for your generosity!*

**Masses were offered in December for the following unscheduled intentions:**

+Gary & Eileen Ochs, Bethany Saunders, August Gillis, +Ann Lamb, +Brian Zimmer, +Harold & Jean Moulton, Emma Doherty, James & Alejandro Lewis, +Michael Arthur Bonifas, +Gus Lee, +Bienvenido V. Naguit, Sr., +Jack Rogers, James Goodman, +Hellmuth A. Freund, +Samuel Stanislaw, John Hathaway, and Toni Stanislawski.

## Diocesan Newspaper Collection

As registered members of St. Mary Parish, everyone receives a copy of our Diocesan Newspaper, the Arlington Catholic Herald. The Parish pays an assessment to the Diocese on 40% of its registered families for subscriptions to the Arlington Catholic Herald. All subscriptions paid to St. Mary during the year and contributions made in the Annual Diocesan Newspaper Collection stay with the parish to help offset this assessment. Last year we received a total of \$11,047.39 from the annual newspaper collection and quarterly subscription envelopes to help offset a \$50,952.00 assessment.

If you have not paid for or renewed your subscription to the Arlington Catholic Herald, we ask that you consider doing so now. The subscription rate of \$24.00 a year is one of the low-

est of any Catholic newspaper with a circulation of more than 50,000, and the wealth of Catholic articles and information about your Diocese is invaluable. Green subscription envelopes are included with the January, April, July and October envelope packets for your convenience, and the Annual Diocesan Newspaper Collection is next weekend. Your generosity is truly appreciated, and we are very grateful for your constant support. God bless you.

## Choose Life Reflection

*"When a woman is facing a difficult pregnancy, the reaction of the first person she tells tends to set the tone for her decision-making. How do we respond in a loving way that is life-affirming for both her and her baby?" Find out in "What to Do When a Friend is Considering Abortion" [bit.ly/friendconsidering-abortion](http://bit.ly/friendconsidering-abortion). (USCCB Secretariat of Pro-Life Activities)*

## Children's Charity for February

The children's charity that will benefit from the offering in February is Hazelwild Farm's Therapeutic Riding Program. The program offers specialized horseback riding lessons for all ages of riders with a wide range of physical, cognitive and emotional disabilities. The lessons increase stability, flexibility, strength, motor skills, cognitive ability and confidence for the riders, along with providing many other physical and emotional benefits. For more information, go to [hazelwildfarm.com](http://hazelwildfarm.com).

## The Feast of the Presentation of Our Lord - February 2

**Jesus Christ — the Light of the nations and the glory of Israel**

"Beloved Christian, you esteem Simeon happy in having been permitted to take the Infant Jesus in his arms; and were you to receive a grace like him, no doubt you would exclaim: "Now dost Thou dismiss Thy servant in peace: because my eyes have seen Thy salvation." (The Holy Eucharist, Jose Guadalupe Trevino)

## Faith Direct

Thank you for being a part of our St. Mary of the Immaculate Conception family. As we begin a New Year, we hope you will consider enrolling in eGiving through Faith Direct so that your gift can reach us even when you cannot. Visit [faithdirect.net](http://faithdirect.net), and use our church code: **VA635**. If you do enroll, consider donating by ACH withdrawal from your checking account, since all credit card fees are passed onto the parish. Last year, credit card fees paid by the parish totaled \$8,915.97. Thank you for your continued support of our parish family.





# liturgy daily bread

## Saint Mary Prayer List

**Please pray for those who are sick or in need, especially:** Casey Roby, Calvin Mills, Mary Jean Mills, Elise Velez, Tracey Hansen, Elizabeth Ames, Aleisa Barber, David Arnold, Maryann Greatsinger, Antonio Ferrara, Wilson and Joan Parker, Emma Gilbert, Virginia Gannon, Daniel Burke, Katherine Perusi, Dorie Lee, Christopher Szynal, Joy Zerby, Mariah Ceidlinger, Kelly Carperter-Silvers, Suzi Eggleston, Bernad Castillo, Michael Durant, Matthew Gomer, Tricia Davis, Martha Clements, Donna Long, Mary Ann Maynard, Zachary Payne, Margaret Krebbel, Adrianna Pruitt, Deanna Pruitt, Montgomery Wood, Gail Russell, Patricia Russo, Charles Dittmer, Bruce Mattern, Dorothy Simmons, Lillian Kendall, Nikolai Sherba, Sharon S., Barbara Clarke, Roseanne Nash, Jeanne Burke, Prudy Tarpe, Maureen Mizzles, Miles Wood, Mary Ellen Kearney, Kay Simmons, Robert Meyer, Marc and Susan Wood, Lita Mary Mamboyo, Nathan Apicella, Timothy Travis, Kaden Sabo, Robert Nathan Servetnick, Dianne Clancy, The Chevchuc Family, Christina Bolt, Bruce Bates, Richard Casaldi, Alex Tonn, James Evans, Larry Dillman, Theresa Kovalefsky, Amber Moser, Erin Krieg, Matthew Meyer, Brittany Meyer, Sara Meyer, Douglas & Dorothy Meyer, Karla Dorsey, Mary Jean & Don Williams, Linda & Frank Walter, Cathleen Mihalaki, Re Macarthur, Jordan Tackett, Bridget Sherba, Randy McNulty, Riley Horstick, David A., Marty T., Janet Yerkie, Brittany Yerkie, Elizabeth Stoehr, David Semeglo, Robert L Gomer, Carla J Gomer, Lorena Hernandez, Thomas Moeller, Lorraine Becker, Gerald Gardiner, Larry Delaney, James Keddie, Lorena Hernandez, Miguel Hernandez and Edgar Giovanni Castro, Julio Diaz, Kelly Murray, Marianne Ford, Ortiz Family, James Derouin, Karen Danis, Jim Mann, Muriel Bovat, Gina Wood, Michelle & Lawrence Hudson, Monica White & Patrick White, Betty McKee, Arturo Mendoza Sanchez, Vickie Coburn, Susana Rios- Villagrana, Jeff Shinrock, Mary Ulmer, John Michaelides, Joyce Tally, Dona Tally, Thomas Biddulph, Pat Tholen, Fernando Guadarrama, Margaret Dougherty, Betty Gil, Adrienne Menjivar, Deanna White, David Mares, Linda Burrell, Margaret Craig, Mary Dudash, Chuck Boyer, Daniel Bustamonte, Hector Rios-Villagrana & Family, Miguel Correa & Family, Tamlyn Leaf, Gordon Leffel, Graciela Chavez, Nico Luiggi, Vickie Coburn, Ana B. Rojas, Maria Mangini, Melanie and Chris Koumentakos, Maryanne Schram, Jackie Davia Johnson, Jenna Cappello, Matt Seidlinger, Benjamin Grillo, Gavin Menteer, Jim Seidlinger, Mary Ellen Kearney, Kurt Gutzmann, Lois Michell, Albert Lemanski, Frank Pollack, Leslie and Charlotte Heagney, William Crandall, Joseph Daley, Carolyn Shebora, Melvin Schreckinger, Stephen Inguanti, Karen Scanlon, Rhonda Wolfe, John Druitt, Delia Flores, Bruce Berry, Conor Jerome

**Please pray for all the men and women in our military and civilian support services overseas, especially:** Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Sean Plunkett, Roy Selvidge, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Nelly Garcia, Mindy Haken-son, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Jason Cullinan, Estrella Bernaola, Frank Spatt Jr., Major Matthew Molino, Thomas Wickham

**Please pray also for those who have died, especially the benefactors of Saint Mary Church.**

## Al Anon Surviving the Weekend Group

For those who have been affected by someone else's drinking, and members come together to learn a better way of life and how to find happiness. Especially at this time of year, it's important to know that you are not alone and there is help. **There is an Al Anon meeting every Saturday at 10am in Room 204 of St. Mary's Parish Life Center.**

## Nar Anon Support Available

Nar Anon is a program that offers support to family members and friends of loved ones struggling with substance abuse. All information and discussion is non-judgmental, informative and strictly confidential. Our meetings are in **Room 100 in the Parish Life Center on Thursday from 7-8pm** and are open to the community at large. **Contact Cathy at 703-201-8821, burgh757@gmail.com or Wayne at 540-840-5230.**

## Daily Mass Intentions and Readings

### January

#### 28 MONDAY

6:30am Ralph Scheuermann+  
9:00am Christopher Lanzarone  
Heb 9:15, 24-28/Mk 3:22-30

#### 29 TUESDAY

6:30am Jeffrey Alexander+  
9:00am Ellie and Izzy Motta  
Heb 10:1-10/Mk 3:31-35

#### 30 WEDNESDAY

6:30am Fr. Folmar  
9:00am William Swofford+  
Heb 10:11-18/Mk 4:1-20

#### 31 THURSDAY

6:30am Claire Bereit  
9:00am Patrick Bereit  
Heb 10:19-25/Mk 4:21-25

### February

#### 1 FRIDAY

6:30am In Reparation  
8:15am\* Holy Cross Academy  
9:00am In Reparation  
8:00pm In Reparation  
Heb 10:32-39/Mk 4:26-34

#### 2 SATURDAY

9:00am Cecilio Albo+  
5:00pm Etienne Busch  
7:00pm David and Margaret Bereit  
Mal 3:1-4/Heb 2:14-18/Lk 2:22-40

#### 3 SUNDAY

7:00am Angela Hawkins+  
8:30am Kenneth Derenthal+  
10:30am All Who Died in January  
10:30am\* Susan Newbond+  
12:30pm For Our Parish  
2:30pm Margarita Azcue & Ruben Mantilla  
5:00pm Bon Van Than  
7:00pm Bich Dao Le+  
Jer 1:4-19/1 Cor 12:31-13:13

\* Indicates Mass at Holy Cross Academy

Please remember that Mass intentions may be requested at the parish office for any remaining Masses of the year. If dates are no longer available for the date you desire, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.