

# FOURTH SUNDAY IN ORDINARY TIME

February 3, 2019



*Holy Land Pilgrimage Group Photo*

**Saint Mary of the Immaculate Conception Roman Catholic Church**

1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

# upcoming

## February



**SAINT  
MARY**  
*of the*  
IMMACULATE  
CONCEPTION  
*Roman Catholic Church*

### **3 SUNDAY, FOURTH SUNDAY, DAY IN ORDINARY TIME**

*Coffee Shop after the 7am, 8:30am, 10:30am, Mass  
Scrip on sale after all Masses except 2:30pm*

### **4 Monday, Weekday**

10:15am, Legion of Mary Our Lady of Perpetual Help in Parish Life Center, Room 100  
1pm, Bible Study, Courtyard Meeting Room  
4:45 Religious Ed, Parish Life Center  
6:30 Religious Ed, Parish Life Center  
7:30pm, RCIA, Church

### **5 Tuesday, Saint Agatha, Virgin and Martyr**

9:30am, CCW Board Meeting in Parish Life Center, Room 100  
4:45pm, Religious Ed, Parish Life Center  
6pm, Religious Ed at Holy Cross Academy  
6:30pm, Religious Ed, Parish Life Center  
7:30pm, Adult Confirmation Class, Parish Office Library

### **6 Wednesday, Saint Paul Miki and Companions, Martyrs**

10am, Bible Study, Courtyard Meeting Room  
3pm, Divine Mercy Devotions  
4:45pm, Religious Ed, Parish Life Center  
6:30pm, Religious Ed, Parish Life Center  
6:30pm, Confessions, Church  
6:30pm, Bishop Barron Bible Study, Courtyard Meeting Room  
7:30pm, Young Adults, Parish Life Center Library

### **7 Thursday, Weekday**

9:30am, Craft Group in Parish Life Center, Room 100  
10am, Bible Study, Courtyard Meeting Room  
6:30pm, Walking With Purpose, Parish Life Center  
7pm, Nar-Anon in Parish Life Center, Room 100  
7pm, Baptism Class, Courtyard Meeting Room

### **8 Friday, Weekday** [Saint Jerome Emiliani; Saint Josephine Bakhita, Virgin]

9am, St Anne's Sister in Faith, John Paul II House  
6:30pm, Spanish Legion and Junior Legion of Mary, Courtyard Meeting Room

### **9 Saturday, Weekday**

8am, Confessions  
9am, CYM Fitness Club  
10am, Baptisms, Church  
10am, Al-Anon in Parish Life Center, Room 204  
10am, Mariamante Sewing Circle, John Paul II House  
3:30pm, Confessions, Church

### **10 SUNDAY, FIFTH SUNDAY, DAY IN ORDINARY TIME**

*Coffee Shop after 7am, 8:30am, 10:30am, Mass*  
3pm, Know Your Rights Workshop, Parish Life Center  
6pm, CYM Dinner and High School Youth Group, Parish Life Center

# pulpit announcements

## nota bene (note well, please):

- **Souper Bowl Weekend THIS weekend**  
*More information on page 11*
- **Parish Night Out tickets available**  
*More information on page 8*
- **Save the Date! Marriage Enrichment Workshop**  
*More information on page 9*
- **eGiving with Faith Direct is available**  
*More information on page 10*
- St. Mary's will once again be supporting **"The Micah Love Your Neighbor Campaign"** with a **special second collection the weekend of February 16-17**.  
Thank you for supporting our homeless brothers and sister — *more information on page 11*

## Adoration of the Blessed Sacrament

**From Wednesday 12:30pm to Friday 9am**

*"Jesus speaks in the silence of the mystery of the Eucharist and reminds us each time that following him means going out of ourselves and making our lives not something we 'possess,' but a gift to him and to others."*  
— Pope Francis

Come and adore Our Lord in the most beautiful Blessed Sacrament of the Altar. We have continuous Exposition of the Blessed Sacrament every Wednesday after the 12 Noon Mass until Friday morning before the 9am Mass. At least two people must be present with Our Lord at all times during Adoration.

***In search of another permanent adorer on  
Wednesdays from 11pm-Midnight***

## contact us

### SUNDAY MASS

Saturday Vigil 5 & 7pm  
Sunday 7, 8:30, 10:30am, 12:30, 2:30pm (Spanish), 5pm, 7pm  
10:30am at Holy Cross Academy

### DAILY MASS

Mon.-Fri.: 6:30am, 9am  
M/W/F: 12 Noon  
Sat.: 9am  
First Friday 8pm  
Holy Days of Obligation, as announced

### DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass,  
Wednesday 12:30pm - Friday 9am  
Miraculous Medal Novena, Mon., after 9am Mass, Divine Mercy, Wed., 3pm

### CONFESSION

Wed., 6:30-8:30pm;  
Sat., 8am & 3:30pm, or by appt.

### PARISH OFFICE

540-373-6491, fax 371-0251  
stmary@stmaryfred.org  
Mon.-Fri., 8:30am - 4:30pm;  
students staff office weekdays until 9pm,  
Saturdays 9-5pm, Sundays 9:30-1:30pm

Pastor, Fr. John Mosimann  
Fr. Colin Davis  
Fr. Michael J.R. Kelly  
Fr. Michael Folmar  
Deacon Alberto Bernaola  
Deacon Dick Delio

Business Manager, Elaine Stanislawski  
Parish Secretary, Jachebel Rios  
Director of Music, David Uschold

### HOLY CROSS ACADEMY

540-286-1600  
250 Stafford Lakes Parkway  
Fredericksburg, Virginia 22406-7234  
Principal, Sr. Susan Louise Eder, O.S.F.S.

### ST. MARY PRESCHOOL

540-373-7553  
Director, Sheri Castellarin

### RELIGIOUS EDUCATION OFFICE

540-373-6491  
Director, Aristides Lucas  
Associate Director, Karen Sturtevant

### YOUTH MINISTRY

540-373-6491  
Director, Leo Chavarria  
Tatiana Beltran

### OUTREACH

540-373-6491  
Elena Doyle - edoyle@stmaryfred.org

### BAPTISMS

Parish registration (90 days) and class required.  
Please contact the parish office to schedule the date at least four weeks in advance.

### MARRIAGE

Parish registration required; contact parish six months in advance to begin preparation.

### JOIN US

New Parishioner Welcome meetings held in the Parish Life Center on fourth Sunday, following the 10:30 Mass. Please notify us of any contact changes.

Articles must be submitted two weeks prior to publication.  
Send articles to [bulletin@stmaryfred.org](mailto:bulletin@stmaryfred.org). Thanks!

## stmaryfred.org



# from our pastor

# pax et bonum

Dear Folks,

Today we celebrate the Super Bowl. Best of luck to folks who care about either team. And best wishes to all who will celebrate with family and friends. It is interesting how it has become a sort of National Holiday. I read a few years ago that more guacamole is consumed today than any other day all year.

On a much more sobering note: I know that we have all been disturbed by the news from New York and the actions of one of our Catholic brothers who worked for and celebrated the passing of a new barbaric law which in some cases allows the murder of children up to the moment of their birth. Pray and Fast. Our Lord says that some demons can only be cast out by prayer and fasting. And be engaged in the political life of our country.

This is one of the great missions of the laity, to be the salt and light to the world. Salt give flavor, but also preserves. Believers must shine light into darkness. Thank you for your example with this month's March for Life. What a beautiful witness. And also an example how our culture hates our witness: see the boys from Covington who were falsely accused of racial slurs, and instead were the targets. When we stand for Jesus, we know we will be treated like him.

Finally, I have included some pictures from our first days in the Holy Land. I spent some extra time in Cana, praying for your marriages and families. This is where Jesus chose to reveal His glory by performing his first miracle at a wedding! With our parish theme of Family: Faithful, Fruitful, Forever, we want to encourage families to "become what you are" (St. JP2 said this)! To that end we are announcing a marriage ministry and a kickoff day of recollection.... See in this bulletin for more information!

pax et bonum,



Fr Mosimann



*Cana — candle lit for married couples of St Mary.*

## THE WORK OF SILENCE

*Integrating Silence in Daily Life*

**Saturday**  
**March 16, 2019**  
**8:30 – 11am**

James Catholic Church  
Heller Hall

**Saturday**  
**March 30, 2019**  
**8 – 11am**

All Saints Catholic Church  
Parish Activity Center

*More information will be presented in next week's bulletin. If interested, please RSVP to Soren Johnson, Director of Evangelization, at [soren.johnson@arlingtondiocese.org](mailto:soren.johnson@arlingtondiocese.org) or 703-841-2533*



# education holy cross academy

## Encore Experience

Middle School has a great new "encore experience" curriculum that includes debate, chess, personal finance, get physical, life skills and a broadcasting course. Each student will have an opportunity to experience all of these courses throughout the year. They learn valuable skills for real life in each of these courses. In life skills they learn how to tie a necktie, in broadcasting they learn the importance of a firm handshake, and in debate they learn to see both sides of the story.

"Manners to Go" is taught to our sixth graders and they were able to show off their skills during our recent parent lunch! They have learned how to arrange tables for a formal luncheon or dinner, how to put out the place setting and how to serve their guests. "Please" and "thank you" rule the day!

Young people love surprises so the students have organized a team to decorate lockers for birthdays. Every week a team gathers before school to decorate the lockers of students with birthdays that week, and summer birthdays are celebrated on half birthdays so no one misses out. Shhhh; don't tell! Tomorrow is someone special's birthday.

As we finish Catholic Schools Week we want to tell you, our St. Mary parishioners, how grateful we are for your support of Holy Cross Academy for the past 21 years and what an honor it is to serve the people of our parish.



## Open House

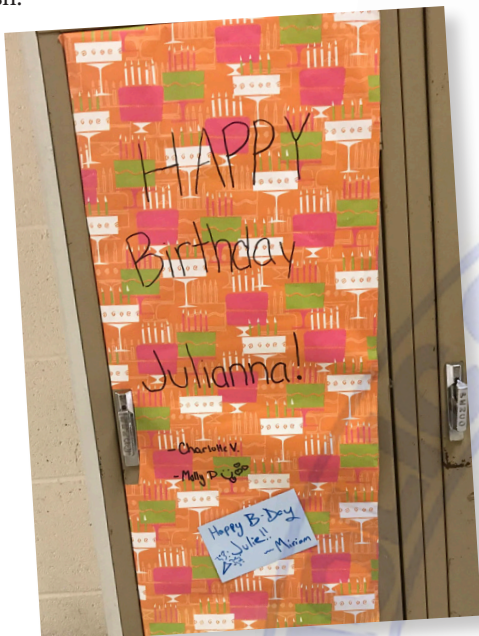
Saint Mary Preschool and Holy Cross Academy are a wonderful place to learn and grow. Stop in some time to see us or give us a call at 540-286-1600 and we will tell you all about our wonderful parish school where we learn each day to Live Jesus and to love and care for one another. Our Open House of the year is this Sunday, February 3, 9:30am-12noon, for Saint Mary Preschool and 1pm-3pm for HCA. Come and see!



*A National  
Blue Ribbon  
School of  
Excellence*



**Catholic Schools**  
Learn. Serve. Lead. Succeed.



# our parish religious education

## Magnifikid

### Look at others in different ways

"This week, try to remember what Jesus did and try not to say anything bad about anyone. Also, try to give a little love and kindness to those who need it."

### Live in the love of God

"During your evening prayer time, make a list of all the people you encountered during day. Ask God to protect each of people."

## Upcoming Events

**This Weekend:** Souper Bowl Weekend — Bring cans of food to Mass.

**Thursday, February 14:** First Penance for Religious Education students 4:40pm.

**Friday, February 15:** First Penance for Religious Education students at 4:30pm.

## Catechist Training

### Practical Apologetics-Equipping You for Tough Conversations

On Tuesday, January 22, we hosted a training session for Catechists of Deanery VII sponsored by the Diocese of Arlington, Office of Catechetics. John Knutsen discussed Relativism, James M. Starke, Ph. D. discussed Faith and Science and Soren Johnson discussed The Problem of Evil.



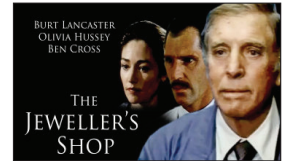
## FORMED PICK

### The Jeweller's Shop

#### See True Love Lived Out in Marriage

Based on Pope John Paul II's best-selling book, this film tells of the struggles and triumphs in the marriages of three couples and provides insight into the sacrament and the meaning of love.

Watch on [formed.org](http://formed.org)



"This is an amazing gift to have a Hollywood quality film using the script and story written by Pope Saint John Paul the Great!"

—Thomas C.



JOIN FORMED 1. [formed.org](http://formed.org) 2. click register 3. enter parish code: **F6F228**

## FORMED KIDS' KORNER



### Opus Joyous

#### Episode 1: The Catholic Voyagers

This half-hour Catholic adventure story is an epic quest about living with heroic virtue while fighting a spiritual battle to save the world from evil.



# our parish youth ministry

## Youth Craft Group

All children between the ages of 4-11 are invited to participate in creating crafts in the "St. Mary's Craft Club". We will be meeting two Saturdays each month at 3:30pm in the Parish Life Center, room 204. You're welcome to attend one or attend all club meetings if you choose! There is a small fee for each craft to offset the cost of materials.

**February 9 - Wooden birdhouses - \$5**

**February 23 - Suncatcher Crosses - \$5**

**March 9 - Sand painting flower pots and planting - \$5**

**March 23 - Beaded bracelets and Rosaries - \$5**

**April 13 - Easter crafts - \$5**

**April 27 - Photo frame craft - \$5**

Please Email **Ms. Julia** at [Julia.Apicella@gmail.com](mailto:Julia.Apicella@gmail.com) or call **540-394-1212** if you are interested in joining the craft group. Children may attend one or all the activities we have planned for the year.

## ASL and Cued Speech Club

OPEN TO ALL KIDS AGES 4 - 8

Meeting dates:

January 10

Feb 7, 14, 28

March 7, 14, 28

April 4, 11

May 2, 9

We will share our faith and learn to talk with our hands! We will teach American Sign Language (ASL) and Cued Speech. To register or for more information contact Mrs. Lauren McAdams: [lauren.mcadams2@protonmail.com](mailto:lauren.mcadams2@protonmail.com)

6:30pm - 7:30pm | ST. JOHN PAUL II HOUSE (DOWNSTAIRS)

## Fitness Club

Open to youth in 6th - 8th grade

### 2019 Dates

Feb 9th

March 9th

April 13th

May - no meet up

June 8th

July 13th

Aug 9th

Sept 14th

Oct 12th

Nov 9th

Contact Rachael Luciani for more info: [lucianir@comcast.net](mailto:lucianir@comcast.net)

## HIGH SCHOOL WINTER RETREAT

Feb. 22 - 24

## Stay Up-to-Date

Be sure to stay in the know with St. Mary CYM by visiting [stmaryfred.org/youth-ministry](http://stmaryfred.org/youth-ministry)

**StMaryCYM**



**#GetInvolvedBeTransformed**



# our parish giving christmas joy

*"Joy is a sign of generosity. When you are full of joy, you move faster and you want to go about doing good to everyone" ~St. Mother Teresa*

The pace at St. Mary's was certainly FAST and JOYFUL this Christmas Season! Just a quick recap of several of the parish outreach programs and the tremendous outpouring of generosity in our parish.

## Our parish Giving Tree Collected:

\$1,695.00 in gifts cards for Micah Ecumenical Ministries

\$1,675.00 in gift cards for Catholic Charities, Migration & Refugee Services

\$9,565.00 in gift cards for St. Vincent de Paul's Emergency Services

\$2,500 in checks was given to Catholic Charities Family Services

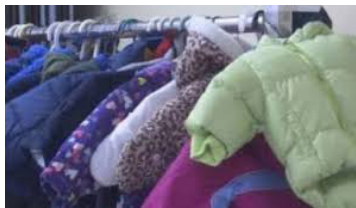
35 residents of Greenfield's Senior Living received gifts ranging from clothing, DVD's, personal care items and various other requested items.

24 families of Hope House received clothing and toys

30 Woodmont Center residents received clothing and personal care items.

44 children and their mother's at Mary's Shelter, received clothing and toys.

The St. Mary Preschool collected gently used children's coats. The generous collection yielded over 60 coats that were given to the Fredericksburg School's Head Start Program and to the School Dressing Days Program.



books to Catholic Charities Migration & Refugee Services and the Thurman Brisban Homeless Shelter. Holy Cross Academy held their annual Giving Tree Program where each child brings a gift to the tree in support of LIFE!



Hundreds of gifts of diapers, baby wipes and baby essentials are donated to Birthright, Catholic Charities Baby Closet and Mary's Shelter to help support those brave moms who



choose life in difficult circumstances! The 3rd grade classes at Holy Cross Academy donated over 30 new sweatshirts for the School Dressing Days Program.



Our Knights of Columbus were busy as usual this season! The Christmas Tree sales at St. Mary's SOLD OUT with 180 trees sold they were able to raise over \$7,000 for local charities!

Our K of C also hosted a Santa's Breakfast for local children and their families. They served a delicious breakfast of eggs, bacon and sausage with milk and juice and Santa arrived with gifts for over 70 children!!



The Adopt-A-Family Program was an enormous success with over 175 children/adults being "adopted" by members of our parish community, Holy Cross Academy classrooms and Young Catholics for Change. Gifts poured in and our parish family members each received a new coat, shoes, clothing and a toy for the children. Families were given a turkey complete with all the ingredients for a lovely Christmas meal. The generosity of our parish is overwhelming!



On top of all of this giving, St. Mary's received anonymous donations to be used for special cases. These donations were a tremendous blessing, as we learned of parishioners who had serious needs and we were able to assist them thanks to the generosity of our parishioners.

*May God continue to bless you and your families!*

# giving tree thank you

Dear Generous St. Mary Parishioners,

Happy New Year! Year after year, we thank you for the generosity shown to our Mary's Shelter families. St. Mary has been an integral part of this ministry from its conception through financial and spiritual support. St. Mary is very much a part of how Mary's Shelter has been able to grow, offering shelter and resources to many women and children in our community over these past 13 years.

Mary's Shelter are homes for women who find themselves in crisis during a pregnancy. We are long term housing, offering not only safe homes to women, and any additional children she may have, but also time to seek employment, complete educational goals and move on into secure, independent living. Many of the women we serve are scared and might not have felt they could make the choice of life, if not for a home her child can be brought to. The babies born into our homes receive so much more in stability and opportunity because of the peace their moms experience in simply having this safe place, as well as the programs offered to instill positive life skills for our families. Without your support, we simply could not do what we have been able to do for so many. Lives have been saved because of the donations and commitment St. Mary has made to this ministry.

To date, we have had over 300 women come through our doors, many with additional children in tow and, of course, have been blessed to welcome home many beautiful infants. In addition to the women we serve in our homes, we are a resource to families who are not in our program but require assistance with housing resources, financial needs, clothing, diapers and more. We thank you for supporting this ministry, making it possible for us to assist so many right here in OUR community.

A big thank you once again to Leo Chavarria for including Mary's Shelter on the Giving Tree and, of course, to all who donated. Wow - the generosity of St. Mary parishioners is overwhelming, in a great way! We filled cars with donations for the many children we have in our homes. Imagine the happiness of not only the children, but the mothers who see their families receive coats, hats, pajamas, trucks, baby dolls and more! These are cherished memories.

Thank you to all those at Holy Cross Academy who remember us and give so generously each year. To the Knights of Columbus for constant support and for delivering boxes of toys this Christmas. We were able to help provide Christmas to over 125 children, many of those families in the community we continue to assist. Once again we benefited from the Confirmation Service teams who give time of service at our homes, The CCW for yearly donations, the staff who are always so kind and thoughtful and the many groups who pray for and serve our families each year.

We, of course, are thankful to the Priests at St. Mary who pray for and assist our residents in any way called on. Our Mary's Shelter families are incredibly blessed.

On behalf of our Board of Directors and Staff, we pray for a very Happy, Healthy and Holy New Year for all at St. Mary.

Kathleen Wilson, Director, Mary's Shelter  
Board of Directors and Staff



# around the parish get involved

## Saint Mary Book Club

On Tuesday, February 10th, in the John Paul II House, we will discuss The Ninth Hour, by Alice McDermott. This is a story of a suicide, a pregnant wife, and a fire. In the aftermath that follows, Sister St. Savior, an aging nun, a Little Nursing Sister of the Sick Poor, appears not asked or summoned, to direct the way forward for his widow and his unborn child. This takes place in Catholic Brooklyn in the early part of the twentieth century.

Any questions, please email Maureen Guilfoyle at [maureenpsg@verizon.net](mailto:maureenpsg@verizon.net).

## Micah Cold Weather Shelter

The Micah Cold Weather Shelter is open and will remain in operation until mid- to late-March. Teams of Saint Mary volunteers assist on Tuesday evenings by greeting and checking in clients, setting up sleeping areas, and providing hospitality for the 30+ individuals that utilize the facility. **Each participating church is asked to bring 3 dozen**

**items (white socks, thermal underwear, boxer briefs and t-shirts).** Please consider how you might be able to support this need—all donations are gratefully accepted at our Parish Office. Although it is a good thing that the temporary shelter is available during the harsh winter months, it highlights the continuing need for sustainable housing and support mechanisms in our community. For more information about community efforts to help the homeless, please visit **Micah Ecumenical Ministries, [dolovewalk.net](http://dolovewalk.net) or Thurman-Brisben Homeless Shelter, [thurmanbrisbencent.org](http://thurmanbrisbencent.org).**

## Drivers Needed for Cold Weather Shelter

Volunteers are needed to pick up guests at 6:15pm on Tuesday nights from the community dinner downtown and transport them to the Cold Weather Shelter, using Micah's 15-passenger bus. Any number of nights you can help would be greatly appreciated. No special license or experience necessary. Micah will provide a short orienta-

tion and add you to their insurance. Please prayerfully consider this much needed role and contact Greg Wheatley at [stmary.cws@outlook.com](mailto:stmary.cws@outlook.com) if interested.

## Help Needed at Homeless Shelter

The Thurman Brisben Homeless Shelter has a program called Bridges. This program operates every Monday from 7-8pm and is designed to provide fun activities for the children staying at the homeless shelter. We are seeking volunteers to lead the kids in activities such as ball, tag etc. and if the weather isn't cooperating, to lead indoor activities (provided by the shelter). A Sign-Up Genius allows groups or individuals to sign-up easily for evenings available. Please consider helping our community.

Please note, this program requires all participants to arrive early. Volunteers MUST complete a registration form and provide a photo ID in an effort to protect the children staying at the shelter.

<https://m.signupgenius.com/#!/showSignUp/70a0f4facaf2aa3f85-bridges> For more information contact Aaron Sawyer [asawyer2@mail.umw.edu](mailto:asawyer2@mail.umw.edu)

## Shutdown Assistance

Catholic Charities of the Diocese of Arlington is offering financial support to federal contractors impacted by the government shutdown. We invite federal contractors who live within the Diocese of Arlington and are in need of financial assistance to contact us at 703-841-3830 or [info@ccda.net](mailto:info@ccda.net) to schedule an appointment at Catholic Charities Counseling Services in Fredericksburg on Tuesday February 5. Assistance is limited due to demand. More info at [ccda.net/communications/emergency-aid-to-federal-contractors-requirements.pdf](http://ccda.net/communications/emergency-aid-to-federal-contractors-requirements.pdf)

## Noticias en Español

- Los Lunes de 6:30 a 7:30 p.m. El Diacono Alberto, llevara a acabo, charlas sobre cómo ser con los padres de los niños que se están preparando para recibir Sacramentos. Estas clases están abiertas para todos los parroquianos que quieran aprender más acerca de su fe.
- Reunión Grupo de Parejas- domingo, 27 de enero de 12-2pm en salón 204 del Centro de Vida Parroquial.
- Clase de bautismo en español, sábado, 2 de febrero a las 2:00pm en el salón Father Rooney (cerca de la oficina parroquial).
- Por favor únase a nosotros para una presentación y un taller de Legal Aid Works® después de la misa el Domingo 10 de Febrero, de 3:30 a 5 de la tarde. La presentación le informará sobre sus derechos cuando esté interactuando con las autoridades de inmigración. El taller le ayudará a completar documentos de Poder de Abogado que especifican sus deseos en cuanto a sus hijos, su casa, y sus asuntos financieros en caso de ser deportado. Se proporcionará cuidado de niños durante este evento.



# our faith get involved

ST. MARY OF THE IMMACULATE CONCEPTION PRESENTS

## BUILDING STRONGER MARRIAGES AND RELATIONSHIPS

Lead by Greg & Julie Alexander  
of the Alexander House

Saturday, March 9 | 9am-5pm

at Holy Cross Academy

Discover God's plan for marriage and  
gain practical tools to build a stronger  
and more joy-filled marriage



SAINT MARY OF THE IMMACULATE CONCEPTION

*marriage ministry*

**\$20 PER COUPLE**  
REGISTER AT [STMARYFRED.ORG](http://STMARYFRED.ORG)

More about these wonderful speakers  
[thealexanderhouse.org](http://thealexanderhouse.org)

For questions contact Elena Doyle  
[edoyle@stmaryfred.org](mailto:edoyle@stmaryfred.org) or 540-373-6491



### LOVE YOUR NEIGHBOR

YOUR SPECIAL OFFERING SUPPORTS THE  
CHURCHES OF FREDERICKSBURG IN  
CULTIVATING COMMUNITY AND CARING  
FOR NEIGHBORS.



#### FEED THE HUNGRY

\$10 feeds two hungry people a day  
\$512 keeps the community cafe  
open for a day



#### SHELTER THE HOMELESS

\$15 keeps one person from freezing  
on a cold night  
\$30 buys a tent or sleeping bag for  
someone without a home  
\$220 meets the basic needs of 60  
homeless for a day



#### CARE FOR THE SICK

\$4 pays for someone's prescription  
\$78 buys one night of care for a person  
in Micah's respite house  
\$180 pays for someone without  
insurance to see a doctor



#### EQUIP THE UNEMPLOYED

\$10 buys someone's identification  
\$50 buys a monthly bus pass for  
someone to get to work  
\$600 scholarships one student in the  
food service training program



#### UNLOCK POSSIBILITIES

\$20 keeps someone housed for a day  
\$45 a day re-gifts donated furniture  
to newly rehoused households  
\$200 buys a new mattress for  
someone moving back into housing

for more info: [micahfredericksburg.org](http://micahfredericksburg.org)

# operations given in love

## Weekly Offertory

### Collection Figures for January 27

Offertory	\$32,613
Church in Latin America	\$5,633
St. Vincent de Paul Poor Box	\$148

*Second Collection next weekend is for the Parish Building Fund. Thank you for your generosity!*

## Choose Life Reflection

*Invoking the intercession of St. Joseph, foster father of Jesus, we pray that the Lord will bless all who travel upon the path of adoption. And, recalling the mercy which God our Father has shown to us, we also ask that, through our words and actions, they may encounter the outstretched hands of his mercy. May all know the care of the Father, whose love for each person "gushes forth from the depths naturally, full of tenderness and compassion, indulgence and mercy" (Misericordiae vultus, 6).*

## Children's Charity for February

The children's charity that will benefit from the offering in February is Hazelwild Farm's Therapeutic Riding Program. The program offers specialized horseback riding lessons for all ages of riders with a wide range of physical, cognitive and emotional disabilities. The lessons increase stability, flexibility, strength, motor skills, cognitive ability and confidence for the riders, along with providing many other physical and emotional benefits. For more information, go to [hazelwildfarm.com](http://hazelwildfarm.com).



The Presentation at the Temple  
WORLD DAY FOR CONSECRATED LIFE

## Prayer for Consecrated Persons

GOD OUR FATHER, we thank you for calling men and women to serve in your Son's Kingdom as sisters, brothers, religious priests, consecrated virgins, and hermits, as well as members of Secular Institutes. Renew their knowledge and love of you, and send your Holy Spirit to help them respond generously and courageously to your will. We ask this through our Lord Jesus Christ, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.



SECRETARIAT OF  
CLERGY, CONSECRATED LIFE AND VOCATIONS  
[www.ForYourVocation.org](http://www.ForYourVocation.org) • [www.usccb.org](http://www.usccb.org)

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## World Day for Consecrated Life

In 1997, Pope Saint John Paul II instituted a day of prayer for women and men in consecrated life. This celebration is attached to the Feast of the Presentation of the Lord on February 2nd. This Feast is also known as Candlemas Day, the day on which candles are blessed symbolizing Christ who is the light of the world. So too, those in consecrated life are called to reflect the light of Jesus Christ to all peoples. This year parishes celebrate the World Day for Consecrated Life on February 2 and February 3, in order to highlight the gift of consecrated persons for the whole Church. Please pray for all those who have made commitments in the consecrated life, and be sure to thank them on their special day. May they continue to be inspired by Jesus Christ and respond generously to God's gift of their vocation.

## Faith Direct

Thank you for being a part of our St. Mary of the Immaculate Conception family. As we begin a New Year, we hope you will consider enrolling in eGiving through Faith Direct so that your gift can reach us even when you cannot. Visit [faithdirect.net](http://faithdirect.net), and use our church code: **VA635**. If you do enroll, consider donating by ACH withdrawal from your checking account, since all credit card fees are passed onto the parish. Last year, credit card fees paid by the parish totaled \$8,915.97. Thank you for your continued support of our parish family.



## Volunteer Drivers Needed

Catholic Charities of the Diocese of Arlington, VA, Migration and Refugee Services program in Fredericksburg is looking for volunteer drivers and front office receptionist. For more information please contact **Kristen Larcher, 703-399-0066**.



# liturgy

# daily bread

## Saint Mary Prayer List

**Please pray for those who are sick or in need, especially:** Casey Roby, Calvin Mills, Mary Jean Mills, Elise Velez, Tracey Hansen, Elizabeth Ames, Aleisa Barber, David Arnold, Maryann Greatsinger, Antonio Ferrara, Wilson and Joan Parker, Emma Gilbert, Virginia Gannon, Daniel Burke, Dorie Lee, Christopher Szynal, Joy Zerby, Mariah Ceidlinger, Kelly Carperter-Silvers, Suzi Eggleston, Bernad Castillo, Michael Durant, Matthew Gomer, Tricia Davis, Martha Clements, Donna Long, Mary Ann Maynard, Zachary Payne, Margaret Krebbel, Adrianna Pruitt, Deanna Pruitt, Montgomery Wood, Gail Russell, Patricia Russo, Charles Dittmer, Bruce Mattern, Dorothy Simmons, Lillian Kendall, Nikolai Sherba, Sharon S., Barbara Clarke, Roseanne Nash, Jeanne Burke, Prudy Tarpe, Maureen Mizzles, Miles Wood, Mary Ellen Kearney, Kay Simmons, Robert Meyer, Marc and Susan Wood, Lita Mary Mamboyo, Nathan Apicella, Timothy Travis, Kaden Sabo, Robert Nathan Servetnick, Dianne Clancy, The Chevchuc Family, Christina Bolt, Bruce Bates, Richard Casaldi, Alex Tonn, James Evans, Larry Dillman, Theresa Kovalefsky, Amber Moser, Erin Krieg, Matthew Meyer, Brittany Meyer, Sara Meyer, Douglas & Dorothy Meyer, Karla Dorsey, Mary Jean & Don Williams, Linda & Frank Walter, Cathleen Mihalaki, Re Macarthur, Jordan Tackett, Bridget Sherba, Randy McNulty, Riley Horstick, David A., Marty T., Janet Yerkie, Brittany Yerkie, Elizabeth Stoehr, David Semeglo, Robert L Gomer, Carla J Gomer, Lorena Hernandez, Thomas Moeller, Lorraine Becker, Gerald Gardiner, Larry Delaney, James Keddie, Lorena Hernandez, Miguel Hernandez and Edgar Giovanni Castro, Julio Diaz, Kelly Murray, Marianne Ford, Ortiz Family, James Derouin, Karen Danis, Jim Mann, Muriel Bovat, Gina Wood, Michelle & Lawrence Hudson, Monica White & Patrick White, Betty McKee, Arturo Mendoza Sanchez, Vickie Coburn, Susana Rios-Villagrana, Jeff Shinrock, Mary Ulmer, John Michaelides, Joyce Tally, Dona Tally, Thomas Biddulph, Pat Tholen, Fernando Guadarrama, Margaret Dougherty, Betty Gil, Adrienne Menjivar, Deanna White, David Mares, Linda Burrell, Margaret Craig, Mary Dudash, Chuck Boyer, Daniel Bustamonte, Hector Rios-Villagrana & Family, Miguel Correa & Family, Tamlyn Leaf, Gordon Leffel, Graciela Chavez, Nico Luiggi, Vickie Coburn, Ana B. Rojas, Maria Mangini, Melanie and Chris Koumentakos, Maryanne Schram, Jackie Davia Johnson, Jenna Cappello, Matt Seidlinger, Benjamin Grillo, Gavin Menteer, Jim Seidlinger, Mary Ellen Kearney, Kurt Gutzmann, Lois Michell, Albert Lemanski, Frank Pollack, Leslie and Charlotte Heagney, William Crandall, Joseph Daley, Carolyn Shebora, Melvin Schreckinger, Stephen Inguanti, Karen Scanlon, Rhonda Wolfe, John Druett, Delia Flores, Bruce Berry, Glen Gress

**Please pray for all the men and women in our military and civilian support services overseas, especially:** Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Sean Plunkett, Roy Selvidge, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Nelly Garcia, Mindy Haken-son, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Jason Cullinan, Estrella Bernaola, Frank Spatt Jr., Major Matthew Molino, Thomas Wickham

**Please pray also for those who have died, especially the benefactors of Saint Mary Church.**

## Al Anon Surviving the Weekend Group

For those who have been affected by someone else's drinking, and members come together to learn a better way of life and how to find happiness. Especially at this time of year, it's important to know that you are not alone and there is help. **There is an Al Anon meeting every Saturday at 10am in Room 204 of St. Mary's Parish Life Center.**

## Nar Anon Support Available

Nar Anon is a program that offers support to family members and friends of loved ones struggling with substance abuse. All information and discussion is non-judgmental, informative and strictly confidential. Our meetings are in **Room 100 in the Parish Life Center on Thursday from 7-8pm** and are open to the community at large. **Contact Cathy at 703-201-8821, burgh757@gmail.com or Wayne at 540-840-5230.**

## Daily Mass Intentions and Readings

### February

#### 4 MONDAY

6:30am Ralph Scheuermann+  
9:00am Christopher Lanzarone  
Heb 11:32-40/Mk 5:1-20

#### 5 TUESDAY

6:30am Jeffrey Alexander+  
9:00am Ellie and Izzy Motta  
Heb 12:1-4/Mk 5:21-43

#### 6 WEDNESDAY

6:30am Fr. Folmar  
9:00am William Swofford+  
Heb 12:4-15/Mk 6:1-6

#### 7 THURSDAY

6:30am Claire Bereit  
9:00am Patrick Bereit  
Heb 12:18-24/Mk 6:7-13

#### 8 FRIDAY

6:30am In Reparation  
8:15am\* Holy Cross Academy  
9:00am In Reparation  
8:00pm In Reparation  
Heb 13:1-8/Mk 6:14-29

#### 9 SATURDAY

9:00am Cecilio Albo+  
5:00pm Etienne Busch  
7:00pm David and Margaret Bereit  
Heb 13:15-21/Mk 6:30-34

#### 10 SUNDAY

7:00am Angela Hawkins+  
8:30am Kenneth Derenthal+  
10:30am All Who Died in January  
10:30am\* Susan Newbond+  
12:30pm For Our Parish  
2:30pm Margarita Azcue & Ruben Mantilla  
5:00pm Bon Van Than  
7:00pm Bich Dao Le+  
Is 6:1-8/1 Cor 15:1-11, 11/Lk 5:1-11

\* Indicates Mass at Holy Cross Academy

Please remember that Mass intentions may be requested at the parish office for any remaining Masses of the year. If dates are no longer available for the date you desire, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.