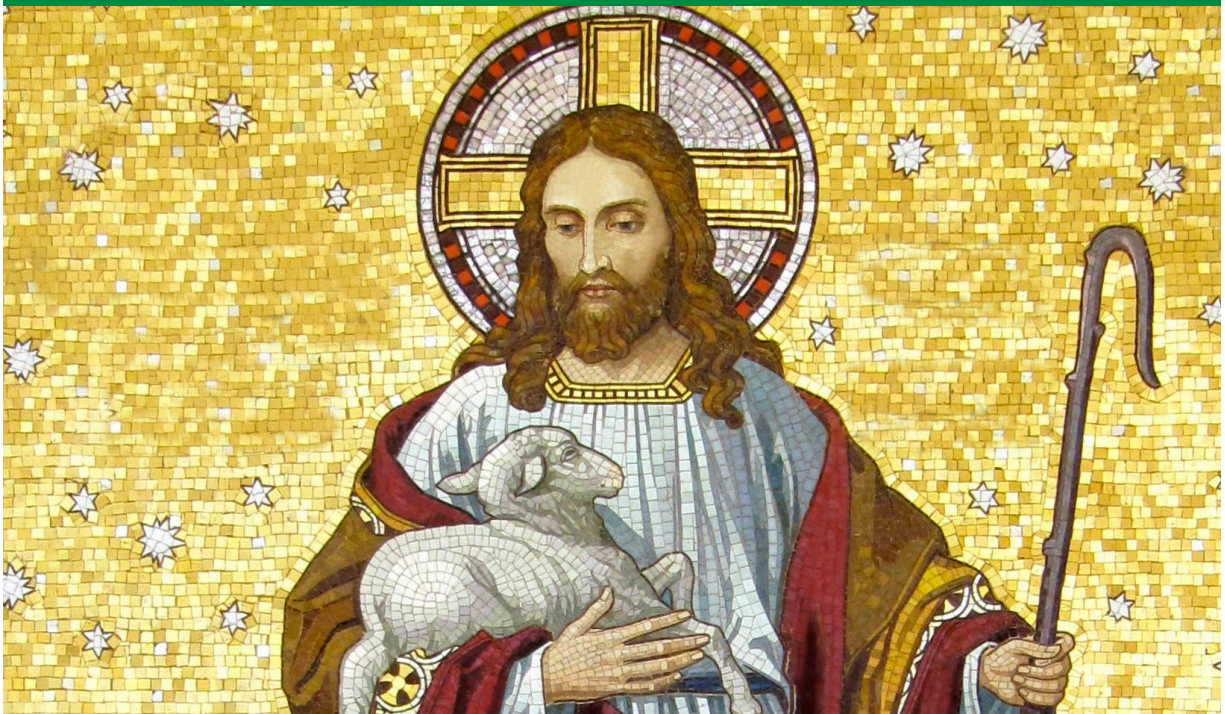


EIGHTH SUNDAY IN ORDINARY TIME

March 3, 2019



Saint Mary of the Immaculate Conception Roman Catholic Church

1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

upcoming

March



**SAINT
MARY**
of the
IMMACULATE
CONCEPTION
Roman Catholic Church

3 SUNDAY, EIGHTH SUNDAY IN ORDINARY TIME

Coffee Shop after 7am, 8:30am, 10:30am, Mass

Scrip on Sale after all Masses

6pm, CYM Dinner and High School Youth Group, Parish Life Center

4 Monday, Weekday [Saint Casimir]

10:15am, Legion of Mary Our Lady of Perpetual Help Presidio, Parish Life Center, Room 100

12:45pm, Bible Study, Courtyard Meeting Room

4:45pm, Religious Education Classes, Church

6:30pm, Religious Education Classes, Church

7:30pm, RCIA, Church

5 Tuesday, Weekday

9:30am, CCW Board Meeting, Parish Life Center, Room 100

4:45pm, Religious Education Classes, Church

6pm, Religious Education Classes at Holy Cross Academy

6:30pm, Religious Education Classes, Church

7:30pm, Adult Confirmation Class with Deacon Alberto, Parish office Library

6 Wednesday, Ash Wednesday - A Day of Fasting and Abstinence

Mass with Ashes: 6:30am, 9am, Noon, 6pm, 7:30pm(Bilingual)

10am, Bible Study, Courtyard Meeting Room

3pm, Divine Mercy Devotions, Church

4:45pm, Religious Education Classes, Church

6:30pm, Religious Education Classes, Parish Life Center

6:30pm, Bishop Barron Bible Study, Courtyard Meeting Room

6:30pm, YOUCAT, John Paul II House

7:30pm, Young Adults Meeting, Parish Office Library

7 Thursday, Thursday after Ash Wednesday [Saints Perpetua and Felicity, Martyrs]

9:30am, Craft Group, Parish Life Center, Room 100

10am, Bible Study, Courtyard Meeting Room

6:30pm, Walking with Purpose, Parish Life Center

6:30pm, CYM ASL and Cued, John Paul II House

7pm, Nar-Anon, Parish Life Center, Room 100

7pm, Baptism Class, Courtyard Meeting Room

8 Friday, Friday after Ash Wednesday [Saint John of God, Religious]

9am, St Anne's Sisters in Faith, John Paul II House

6pm, Lenten Soup Supper, Parish Life Center

6:30pm, Spanish Legion and Junior Legion of Mary, Courtyard Meeting Room

7pm, Spanish Prayer Group, John Paul II House

7pm, Stations of the Cross

7:30pm, Estaciones de la Cruz

9 Saturday, Saturday after Ash Wednesday [Saint Frances of Rome, Religious]

8am, Confessions, Church

10am, Mariamante Sewing Circle, John Paul II House

10am, Baptisms, Church

10am, Al-Anon, Parish Life Center, Room 204

3:30pm, Confessions, Church

6pm, KofC Family Dinner, Parish Life Center

10 SUNDAY, FIRST SUNDAY OF LENT

Coffee Shop After 7am, 8:30am, 10:30am, Mass

Scrip on Sale after all Masses Except 2:30pm

6pm, CYM Dinner and high School Youth Group

pulpit announcements

nota bene (note well, please):

■ **Virginia March for Life - SAVE THE DATE: April 3**
More information on page 4

■ **Marriage Enrichment Workshop March 9**
More information on page 7

■ **Noticias en Español**
Más información en la página 8

■ **Bishop's Lenten Appeal 2019**
More information on page 8

■ **St. Mary's Lenten Program - "Put Out Into the Deep"** *More information on page 9*

Easter Flowers - Remember someone you love, either living or deceased, with a donation for our beautiful Easter Flowers. Envelopes are available in your envelope packets, in the Church and in the Parish Office.

Stations of the Cross and Lenten Soup Suppers

Stations of the Cross take place every Friday evening during Lent. Stations are at 7pm in English and at 7:30pm in Spanish. On April 5 the First Friday Evening Mass will follow the Spanish Stations of the Cross.

Our Lenten Soup Suppers also take place in the Parish Life Center on each Friday during Lent from 6 to 7:30pm. Share a Lenten penitential meal of soup and bread with your parish family, and share what you would have spent on dinner that night with those in need. All free-will offerings received are given to charity. Bring the whole family to enjoy good soup and good fellowship.... and then spend time with Our Lord in prayer.

contact us

SUNDAY MASS Saturday Vigil 5 & 7pm
Sunday 7, 8:30, 10:30am, 12:30,
2:30pm (Spanish), 5pm, 7pm
10:30am at Holy Cross Academy

DAILY MASS Mon.-Fri.: 6:30am, 9am
M/W/F: 12 Noon
Sat.: 9am
First Friday 8pm
Holy Days of Obligation, as announced

DEVOTIONS Adoration, Daily between 6:30am &
9am Mass,
Wednesday 12:30pm - Friday 9am
Miraculous Medal Novena, Mon., after
9am Mass, Divine Mercy, Wed., 3pm

CONFESSION Wed., 6:30-8:30pm;
Sat., 8am & 3:30pm, or by appt.

PARISH OFFICE 540-373-6491, fax 371-0251
stmary@stmaryfred.org
Mon.-Fri., 8:30am - 4:30pm;
students staff office weekdays until 9pm,
Saturdays 9-5pm, Sundays 9:30-1:30pm

Pastor, Fr. John Mosimann
Fr. Colin Davis
Fr. Michael J.R. Kelly
Fr. Michael Folmar
Deacon Alberto Bernaola
Deacon Dick Delio

Business Manager, Elaine Stanislawski
Parish Secretary, Jachebel Rios
Director of Music, David Uschold

HOLY CROSS ACADEMY 540-286-1600
250 Stafford Lakes Parkway
Fredericksburg, Virginia 22406-7234
Principal, Sr. Susan Louise Eder, O.S.F.S.

ST. MARY PRESCHOOL 540-373-7553
Director, Sheri Castellarin

RELIGIOUS EDUCATION OFFICE 540-373-6491
Director, Aristides Lucas
Associate Director, Karen Sturtevant

YOUTH MINISTRY 540-373-6491
Director, Leo Chavarria
Tatiana Beltran

OUTREACH 540-373-6491
Elena Doyle - edoyle@stmaryfred.org

BAPTISMS Parish registration (90 days) and class
required.
Please contact the parish office to
schedule the date at least four weeks in
advance.

MARRIAGE Parish registration required; contact
parish six months in advance to begin
preparation.

JOIN US New Parishioner Welcome meetings held
in the Parish Life Center on fourth Sun
days, following the 10:30 Mass. Please
notify us of any contact changes.

Articles must be submitted two weeks prior to publication.
Send articles to bulletin@stmaryfred.org. Thanks!

stmaryfred.org

from our pastor

pax et bonum

Dear Folks,

Lent is coming. Are you ready? And I'm not talking about your plans to eat too many pancakes on Tuesday!

1. Lenten Small Groups

This year we are moving our Lenten small groups in a technological direction! Using Flocknote and Bishop Baron's Word on Fire technologies, the program videos will be available to you on your phone or device of choice! There is no cost, and you will even have the opportunity to comment and ask questions directly to me as the material is presented.

To sign-up for our Lenten Program, visit **StMaryFredericksburg.flocknote.com/everyone** to join Flocknote via email and join the group entitled "2019 Lenten Parish Retreat". If you are already receiving flock note, you will need to log on and join the Lenten group!

2. "Be still and know that I am God." Psalm 46:10

I want to challenge everyone to make visits to the Blessed Sacrament part of your Lenten prayer commitment. We can all communicate by text or email or phone, but the best option is always to be in the presence of the person. All these technologies are supplements to real person to person encounters.

I know that we all feel pressed with time, and committing to specific hours of adoration can be a struggle. So my challenge to you is that you make a promise to come to adoration for 30 minutes a week during Lent. This is a 7 week commitment, and

a much briefer than the commitment that many folks have made for an hour in perpetuity so that we can have adoration Wed Noon to Friday 9 am.

Your 30 minutes need not be a fixed time. It need not be even Wed - Fri when we have adoration and exposition. It can be a time between you and God, but where you come to church to be with Him and to be still.

Don't be surprised if I mention this and even some form of sign up this weekend.... I am contemplating how to encourage and support you in this commitment.

3. Bishop's Lenten Appeal

Thank you for your support of this important appeal each year. Your generosity goes a long way to supporting so many worthy ministries in our diocese. In a time where we are all asking for greater accountability from church hierarchy, know that this appeal provides direct assistance to many of our brothers and sisters and neighbors. It is not a collection for the bishop personally, but for the many works of charity that are carried out in his and our names!

pax et bonum,



Fr Mosimann

VIRGINIA
MARCH FOR LIFE

SAVE THE DATE

WEDNESDAY,
APRIL 3,
2019
RICHMOND, VA



VirginiaMarchforLife.org

St. Mary's parishioners are strongly encouraged to attend the VA March for Life! We will be providing bus service. Details for the March are still being confirmed. If you are interested in transportation, please email stmary@stmaryfred.org and include the number of people in your party. You may sign-up via email or by calling the parish office at 540-373-6491.

Donations will be accepted to help cover the cost of transportation

WE MUST NOT REMAIN SILENT!

education holy cross academy

Our Faculty, Our Family

Our faculty and staff support and help one another in so many ways. Of course, this all begins in prayer. Each morning we gather together to reflect on Scripture, share our intentions, and support one another in our prayers and in our actions. We celebrate each other's birthdays and important events as families do!

Our faculty room has turned into a game room. We were all asked to come up with something that nobody would know about us and everyone else has to guess who it is. We can't wait to see the names revealed! We want to know who starred in a commercial, who mixed up the throttle and the brake and nearly drove a motorcycle off a 100 foot cliff, who can play the banjo, and whose marriage was blessed by Pope John Paul II.

Recently we accepted a challenge from our Volleyball team. Although the faculty and staff lost (by a lot), we definitely won the spirit award. Our cheerleading squad delighted the crowd!

Like all good families, our faculty and staff pray together, work together and share fun, food, and laughter.

Saint Mary Preschool and Holy Cross Academy are a wonderful place to learn and grow. Stop in some time to see us or give us a call at 540-286-1600 and we will tell you all about our wonderful parish school where we learn each day to *Live Jesus and to love and care for one another.*



**A National
Blue Ribbon
School of
Excellence**



our parish religious education

Magnifikid

Put yourself in someone else's place

If you have been upset recently because of something a friend has done, you can try to understand why he or she wasn't kind. You can either ask that person directly or you can ask other people who know him or her well.

Discover God's love for me

Spend a few moments in your prayer cornering front of the Lord. You can talk to him quietly, but don't think of anything else except being in his presence.



Religious Education First Holy Communion 2019

The sacraments mark the most sacred transitions – indeed, transformations - that we undergo! Baptism offers us a new life in Christ and a new identity as children of God. And each sacrament that follows it brings new graces for growth to our life lived in faith.

In the Eucharist, we find the most profound transformation – bread and wine transubstantiated into the Body and Blood, Soul and Divinity, of Jesus Christ. In receiving the Eucharist, we experience the closest communion with Jesus that is possible.

FORMED PICK

First Penance

Monday & Tuesdays, 6pm, During RE Classes

Deacon Alberto meets with Spanish speaking parents

Presence

Episode 1: God Is With Us

What's So Special about the Eucharist?

Although the Eucharist appears to be simple bread and wine, it is actually the "source and summit" of the Christian life. Explore the truth and beauty of Christ's real presence in the Eucharist with the first episode of FORMED's most popular series.

[Watch on formed.org](#)



youth ministry

Youth Craft Group

All children between the ages of 4-11 are invited to participate. Meetings are at 3:30pm in the Parish Life Center, room 204. There is a small fee for each craft to offset the cost of materials.

March 9 - Sand painted flower pots and planting - \$5

March 23 - Beaded bracelets and Rosaries - \$5

April 13 - Easter crafts - \$5

April 27 - Photo frame craft - \$5

Please Email Ms. Julia at Julia.Apicella@gmail.com or call 540-394-1212 if you are interested in joining the craft group. Children may attend one or all the activities we have planned for the year.

Stay Up-to-Date

Be sure to stay in the know with St. Mary CYM by visiting stmaryfred.org/youth-ministry

Fitness Club

Open to youth in 6th - 8th grade

March 9

April 13

May - No meet up

June 8

July 13

August 9

Contact Rachael Luciani for more info at lucianir@comcast.net

ASL and Cued Speech Club - ALL kids 4-8

March 7, 14, 28

April 4, 11

May - 2, 9

We will share our faith and learn to talk with our hands! We will teach American Sign Language (ASL) and Cued Speech. To register or for more information, contact Mrs. Lauren McAdams at lauren.mcadams2@protonmail.com

6:30 - 7:30pm | John Paul II House

StMaryCYM



#GetInvolvedBeTransformed

our faith

a profound gift

ST. MARY OF THE IMMACULATE CONCEPTION PRESENTS

BUILDING STRONGER MARRIAGES AND RELATIONSHIPS

Lead by Greg & Julie Alexander of the Alexander House

Saturday, March 9 | 9am-5pm

at Holy Cross Academy
250 Stafford Lakes Parkway Fredericksburg, VA 22406

DISCOVER GOD'S PLAN FOR MARRIAGE AND GAIN PRACTICAL TOOLS
TO BUILD A STRONGER AND MORE JOY-FILLED MARRIAGE



SAINT MARY OF THE IMMACULATE CONCEPTION
marriage ministry

\$20 PER COUPLE | REGISTER AT STMARYFRED.ORG

More about these wonderful speakers at thealexanderhouse.org

For questions contact Elena Doyle | edoyle@stmaryfred.org or 540-373-6491

Please note:

Baby sitting will not be provided due to the length of the Workshop, however, if you are interested in a list of baby sitters available from our St. Mary's Youth Group, please email Elena at edoyle@stmaryfred.org. Thank you.

parish life get involved

Wednesday - Friday Adoration of the Blessed Sacrament

**From Wednesday 12:30pm to
Friday 9am**

*"Jesus speaks in the silence of
the mystery of the Eucharist and
reminds us each time that following
him means going out of ourselves
and making our lives not something
we 'possess,' but a gift to him and to
others."*

– Pope Francis

Come and adore Our Lord in the most beautiful Blessed Sacrament of the Altar. We have continuous Exposition of the Blessed Sacrament every Wednesday after the 12 Noon Mass until Friday morning before the 9am Mass. At least two people must be present with Our Lord at all times during Adoration.

Attention Wednesday afternoon adorers. We need you to update your information. Please email adoration@stmaryfred.org with your current email, phone number, and time and day that you adore. If you adore on Wednesdays from 1-6pm please send us an email so we can contact you.

Taizé Prayer Gathering

We invite all Christians to gather in the peace of Christ at St. Mary Monday, March 11 as we "prepare a place for unity and peace" together.

Join us for the monthly gathering of prayer in the ecumenical tradition of the Taizé Community in France, the second Monday of every month at 8:15pm.

Bishop's Lenten Appeal Begins!

At the end of this month many of us will receive a mailing regarding the 2019 Bishop's Lenten Appeal (BLA). The theme for the 2019 BLA is "Together in the Light of Christ." After reflecting upon the blessings that God has given you, please prayerfully consider making a pledge to this important appeal that funds many programs and ministries that serves thousands of people in our diocese. Together, through the BLA, let us renew our personal commitment to furthering the Lord's work in our diocese.

Lenten Weekend Retreat at Loyola

This year's theme is: "God's Dream". St. Ignatius Loyola knew that any human experience can reveal God's dream to us. So, he encouraged others to seek God in all things, and He was convinced that they could find God. This retreat will invite us to seek God in creation; in Scripture; in our living relationship with Jesus and the generosity it inspires; and in the future God opens up before us.

Women's Retreat March 8-10. Men's Retreat March 15-17 (Both during Lent). The retreats begin on Friday's with check in and Confessions from 5-6:30pm, an orientation at 6:45pm and dinner at 7pm and concludes with lunch on Sunday following Mass. The suggested offering for the Retreat is \$245. A payment plan is available. Special Retreat Fee of \$195 for any retreatant making their first retreat at Loyola and to "young adults" retreatants up to age 30. Contact Len or Sylvia Fontenot for more info: 540-663-2261 or email lensyl1966@verizon.net. To register, go to loyolaonthepotomac.com

St. Mary Book Club

The next meeting of St Mary Book Club will be on Tuesday, March 12 at 10am in the John Paul II house. We will be discussing Abandonment to Divine Providence by Jean-Pierre de Caussade S.J. For more than 250 years this simple classic of inspiration has guided readers of all faiths to the open-hearted acceptance of God's will. A great book for lent. For more info please call Mary Kenney at 540-898-0372

The Manna Project Food Drive

On March 9 and 10, Manna Project Volunteers will collect non-perishable food and monetary donations outside of Mass for the Fredericksburg Regional Food Bank, a member of Feeding America. 1 in 7 Americans turns to Feeding America for food assistance and households often survive on limited budgets. Needed items include: canned meat/fish, peanut butter, pasta/sauce, canned goods, instant potatoes, rice, and personal items such as paper towels. The Food Bank currently feeds over 20,000 people monthly. For each \$10 donation, they are able to provide 20 meals for hungry families. Please help us feed the hungry!

Calling all Crafters

Boy Scout Troop 1410 is hosting a Spring No Frills Scrapbook Crop-A-Thon Saturday, March 30 from 9am-9pm at HCA. Only \$35 per person! You bring your photos and supplies and we will provide a 6-foot table, snacks/drinks (meals on your own), and Boy Scouts to carry your supplies to and from your car. Please contact Torie Baldwin at keetongirl2@yahoo.com to register by March 23.

our parish get involved



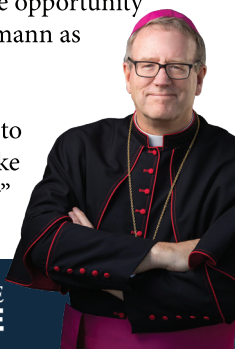
Join your parish family as we journey together with Bishop Barron and learn about the seven deadly sins and how to counteract them

Sign-up to receive a weekly video (at no cost) that you can watch with your family or small lenten group. You will have the opportunity to comment and ask questions directly to Fr. Mosimann as the material is presented.

Just text **2019Lent** to **84576** to get started OR go to **stmaryfred.org** and join Flocknotes via email. Make sure to join/select the “**2019 Lenten Parish Retreat**” JOIN TODAY and journey with us this lent!

8 short videos. Sent right to you.
Join our parish discussion

WORD on FIRE
ENGAGE



Call to Evangelization

Empower your witness! Every day we have opportunities to share our story about why we love being Catholic, but do we? Or, do we hide our light under the proverbial bushel?

This small group's purpose is to support and encourage each other in our efforts to share our faith. We discuss opportunities we've had to evangelize, what worked and what didn't, or what prevented us from trying.

If you want to engage others in conversation about our faith, join us. **We meet every 3rd Sunday between the 10:30am and the 12:30pm masses** (except on holiday weekends) in the Courtyard Meeting Room. For more information contact Bryan Richardson at **br22406@cox.net**

Tickets On Sale!

Last year our popular Parish Night Out was sold out—don't miss your chance! Join us for a great night of fun and catching up with parish family and friends. Includes dinner and dancing to the music of The Andrew Thielen Big Band, at the Jepson Alumni Center at UMW. Take advantage of our "early bird" special: you can buy tickets for a table of ten for the price of nine before the deadline of February 28. Tickets are \$75 per person. Cash bar 6-11pm, Dinner 7-8pm, dancing until 11:30pm. Not only a great value for the money with the great food and orchestra—the night includes drawings for great door prizes throughout the evening—wine and champagne packages, movie tickets, restaurant gift certificates, Theater passes, and more... Please join us! For info or tickets, please call **Marty at 540-373-0259** to reserve your table!

SAINT MARY OF THE IMMACULATE CONCEPTION PARISH NIGHT OUT

4.26.19

ANDREW THIELEN BIG BAND JEPSON ALUMNI CENTER AT UMW

Reserve Your Table Today
CALL MARTY FOR TICKETS (540) 373-0259

parish life get involved

Cursillo

Cursillo is an active community, alive in the Arlington Diocese and across the world! We are given a chance to participate in a fun, fast paced 3 day weekend, followed by small group reunions which foster community within the local church. The small groups meet to enrich each other's lives and bring accountability in the areas of piety, study and action - the main tripod on which Cursillo is built.

Currently in the diocese there are weekends planned for men and women at the San Damiano Retreat Center in White Post, Va. The cost of a weekend is \$250 which covers the lodging and meals. Upcoming weekends are for women: March 28-31 and a September TBD. For men: May 2-5, and the fall is TBD.

Please visit arlingtoncursillo.org or call Tammie Chute 540-370-6343 for more information.

Parish Pilgrimage March 30

Make plans now to join us for the annual CCW sponsored Parish Pilgrimage on Saturday, March 30. We will tour the Franciscan Monastery of the Holy Land in America, its beautiful gardens and replicas of Holy Land shrines; and have Mass with Father Michael Folmar. From there, we will visit the Gift Shop at the National Shrine of the Immaculate Conception and enjoy lunch at the Shrine Cafeteria, and will have time to check out the mosaics of the Trinity Dome. This trip is open to all parishioners; \$25 each for motor coach transportation, driver gratuity, and Monastery donation (lunch at the cafeteria is not included). The bus will leave from the St. Mary Church parking lot promptly at 8:15am, and we expect to be back to St. Mary by 4:15pm. Reserve your seats now with Malinda Jones, mjones@stmaryfred.org

and secure your tickets by cash or check payable to "St. Mary CCW." You may pay in person at our general meetings (3rd Tuesdays of each month), or at any time by delivering payment in an envelope marked "CCW" to the parish office.

Please visit arlingtoncursillo.org or call Tammie Chute 540-370-6343 for more information.

Micah Cold Weather Shelter

The Micah Cold Weather Shelter is open and will remain in operation until mid- to late-March. Teams of Saint Mary volunteers assist on Tuesday evenings by greeting and checking in clients, setting up sleeping areas, and providing hospitality for the 30+ individuals that utilize the facility. **Each participating church is asked to bring 3 dozen items (white socks, thermal underwear, boxer briefs and t-shirts).** Please consider how you might be able to support this need—all donations are gratefully accepted at our Parish Office. Although it is a good thing that the temporary shelter is available during the harsh winter months, it highlights the continuing need for sustainable housing and support mechanisms in our community. For more information about community efforts to help the homeless, please visit [Micah Ecumenical Ministries, dolove-walk.net](http://MicahEcumenicalMinistries.dolove-walk.net) or Thurman-Brisben Homeless Shelter, bridges.fxbg@gmail.com

Drivers Needed for Cold Weather Shelter

Volunteers are needed to pick up guests at 6:15pm on Tuesday nights from the community dinner downtown and transport them to the Cold Weather Shelter, using Micah's 15-passenger bus. Any number of nights you can help would be

greatly appreciated. No special license or experience necessary. Micah will provide a short orientation and add you to their insurance. Please prayerfully consider this much needed role and contact Greg Wheatley at stmary.cws@outlook.com if interested.

Help Needed at Homeless Shelter

The Thurman Brisben Homeless Shelter has a program called Bridges. This program operates every Monday from 7-8pm and is designed to provide fun activities for the children staying at the homeless shelter. We are seeking volunteers to lead the kids in activities such as ball, tag etc. and if the weather isn't cooperating, to lead indoor activities (provided by the shelter). A Sign-Up Genius allows groups or individuals to sign-up easily for evenings available. Please consider helping our community.

Please note, this program requires all participants to arrive early. Volunteers MUST complete a registration form and provide a photo ID in an effort to protect the children staying at the shelter.

<https://m.signupgenius.com/#/showSignUp/70a0f4facaf2aa3f85-bridges> For more information contact Aaron Sawyer bridges.fxbg@gmail.com

Volunteer Drivers Needed

Catholic Charities of the Diocese of Arlington, VA, Migration and Refugee Services program in Fredericksburg is looking for volunteer drivers and front office receptionist. For more information please contact **Kristen Larcher, 703-399-0066.**

around the parish get involved

Ministry Spotlight

Guadalupe Free Clinic - Serving the Indigent & Medically Uninsured

The Guadalupe Free Clinic was founded in 2005 and is an apostolate of the Arlington Diocese. It operates on the grounds of St. Elizabeth of Hungary Catholic Church in Colonial Beach, VA. The clinic is a donor-supported, volunteer staffed free health clinic that seeks to serve the indigent, working poor and medically uninsured residents of Westmoreland County. Since opening its doors, the clinic has provided over \$16.5 million dollars in free health care. In 2017-2018 alone, they conducted 1,895 patient visits/appointments. On average, every \$1,000 donated to the Clinic generates over \$12,000 in free healthcare.

Want to get involved? The Clinic is always looking for bi-lingual volunteers to help translate. Nurses, doctors, health professionals and anyone with a welcoming spirit are warmly encouraged to come and be a part of this extraordinary ministry.

The hours of operation are Wednesday's 11am-2pm and Saturday's 9am-2pm.

Located at 5 S. Irving Avenue Colonial Beach, VA 22443
804-224-0571. More information can be found on their website guadalupefreeclinic.org

St. Mary's is proud to share the news that our own parishioners, Len & Sylvia Fontenot are the recipients of the Guadalupe Free Clinic's Annual "Tilma Award" for their commitment and dedication to establishing the Clinic and in gratitude for their continued dedication to its mission of providing health care to those most in need. Congratulations and God bless you both!



APRIL 13, 2019 FREDERICKSBURG, VA

LIFE WALK

a pro-life walk benefitting
Mary's Shelter  BETHANY 
FREDERICKSBURG PREGNANCY CENTER
WOMEN'S CENTER CHRISTIAN SERVICES

2019 marks our second annual Life Walk Event!

Acknowledging that LIFE begins at conception and is worthy of protection, the community of Fredericksburg is WALKING in support of the various LIFE-AFFIRMING ministries that directly sustain and offer hope to those most vulnerable

Bring your family, church group, and neighbors for a fun walk, food and music as we raise awareness and funds together!

Every registrant will receive a t-shirt and goody bag the day of the walk!

5K • WALK WITH US

APRIL 13 — OLD MILL PARK

After the walk, join us as we cheer on Fredericksburg's fastest babies in the DIAPER CRAWL

REGISTER FOR THE WALK - BECOME A SPONSOR

LIFEWALKFXBG.COM

operations given in love

Weekly Offertory

Collection Figures for February 24

Offertory \$33,389

Micah "Love Your Neighbor" (add') \$1,564

St. Vincent de Paul Poor Box \$139

Thank you for your generosity!

Ash Wednesday Collection: Aid to the Church in Central & Eastern Europe - "Restore The Church - Build The Future"

This Wednesday we will take up the Collection for the Church in Central and Eastern Europe. For many in the Church in Central and Eastern Europe, as well as parts of Asia, the aftermath of 70 years of Soviet rule is still felt in the form of poverty, infrequent pastoral care, and lack of buildings in which the faithful can worship. Your support is needed to strengthen the Church in this region through grants that promote ministries for children and families, create affordable housing, and provide a cultural and spiritual education. Please be generous in your parish collection. Your gift will continue to restore the Church and build the future in Central and Eastern Europe. Please give generously to the Collection on Ash Wednesday. Visit usccb.org/ccce to learn more.

Next Weekend's Collection: National Collection for U. S. Black & Indian Mis- sions- "Building Our Mission to the Missions"

Established in 1884 as the embodiment of the Church's concern for evangelizing the Black and Indian peoples of the United States and the Eskimo and Aleut peoples of Alaska, the Black and Indian Mission Office

has been able to distribute assistance to 132 Dioceses through the generosity of this parish and parishes throughout the United States. Your support provides the presence of missionaries here in African American, Native American, and Alaska Native missions, schools, and religious education programs. Your partnership places Bibles and catechetical materials in the hands of priests, consecrated women and men, and lay leaders in Black Catholic communities in the Diocese of Jackson, Mississippi; in Native American pueblos in the Archdiocese of Santa Fe, New Mexico; to the far reaching villages of Alaska; and so many other places. Your sacrifice addresses the need to train catechists, permanent deacons, and seminarians for future generations here in many of our neighborhoods and backyards.

Choose Life Reflection

"The mercy of God is his loving concern for each one of us. ...he desires our well being and he wants to see us happy, full of joy, and peaceful. ...Just as he is merciful, so we are called to be merciful to each other." Pope Francis, *Misericordiae Vultus*, no. 9 © 2015 Libreria Editrice Vaticana. Used with permission.

We pray for women and men suffering after abortion that God may grant them courage to seek healing and peace through the Church's post-abortion healing ministry.

For information about Project Rachel and post abortion assistance, contact

Project Rachel in the Diocese of Arlington at 703-841-2504 or projectrachel@arlingtondiocese.org or call the Helpline at 1-888-456-HOPE.

March Children's Charity

The children's charity that will benefit from the offering in March is Stafford Junction, a faith-based nonprofit organization tasked with improving the lives of children and their families in low-income neighborhoods in Stafford County through programs focusing on education, nutrition, and healthy living. With the intervention of Stafford Junction, the crime rate in the Olde Forge neighborhood dropped by more than 50% within two years. Stafford Junction is a mission project of our parish and children's donations will assist the parish in providing much needed support for their programs. For more information, visit their website at staffordjunction.org.

Operation Rice Bowl - Encounter Lent

Companions on the Journey

Join our parish and school community - and more than 14,000 Catholic communities across the United States - in a life-changing Lenten journey of encounter with CRS Rice Bowl. Pick up your family's CRS Rice Bowl in the vestibule of the Church. During the 40 days of Lent, as companions on the journey, we will encounter our neighbor.

Pregnant?

540-898-8558

24hour help line:

1-800-550-4900

All Services are FREE

Birthright
Fredericksburg

2006 Lafayette Blvd, #202, Fredericksburg, VA 22401
birthrightoffredericksburg.com

Feeling trapped and alone?
Know someone who may be?

Make us your first call

- Non-Judgemental
- Confidential
- Supportive

Pregnancy tests available

liturgy

daily bread

Saint Mary Prayer List

Please pray for those who are sick or in need, especially: Casey Roby, Calvin Mills, Mary Jean Mills, Elise Velez, Tracey Hansen, Elizabeth Ames, Aleisa Barber, David Arnold, Maryann Greatsinger, Antonio Ferrara, Wilson and Joan Parker, Emma Gilbert, Virginia Gannon, Daniel Burke, Dorie Lee, Christopher Szynal, Joy Zerby, Mariah Ceidlinger, Kelly Carperter-Silvers, Suzi Eggleston, Bernad Castillo, Michael Durant, Matthew Gomer, Tricia Davis, Martha Clements, Donna Long, Mary Ann Maynard, Zachary Payne, Margaret Krebbel, Adrianna Pruitt, Deanna Pruitt, Montgomery Wood, Gail Russell, Patricia Russo, Charles Dittmer, Bruce Mattern, Dorothy Simmons, Lillian Kendall, Nikolai Sherba, Sharon S., Barbara Clarke, Roseanne Nash, Jeanne Burke, Prudy Tarpe, Maureen Mizzles, Miles Wood, Mary Ellen Kearney, Kay Simmons, Robert Meyer, Marc and Susan Wood, Lita Mary Mamboyo, Nathan Apicella, Timothy Travis, Kaden Sabo, Robert Nathan Servetnick, Dianne Clancy, The Chevchuc Family, Christina Bolt, Bruce Bates, Richard Casaldi, Alex Tonn, James Evans, Larry Dillman, Theresa Kovalefsky, Amber Moser, Erin Krieg, Matthew Meyer, Brittany Meyer, Sara Meyer, Douglas & Dorothy Meyer, Karla Dorsey, Mary Jean & Don Williams, Linda & Frank Walter, Cathleen Mihalaki, Re Macarthur, Jordan Tackett, Bridget Sherba, Randy McNulty, Riley Horstick, David A., Marty T., Janet Yerkie, Brittany Yerkie, Elizabeth Stoehr, David Semeglo, Robert L Gomer, Carla J Gomer, Lorena Hernandez, Thomas Moeller, Lorraine Becker, Gerald Gardiner, Larry Delaney, James Keddie, Lorena Hernandez, Miguel Hernandez and Edgar Giovanni Castro, Julio Diaz, Kelly Murray, Marianne Ford, Ortiz Family, James Derouin, Karen Danis, Jim Mann, Muriel Bovat, Gina Wood, Michelle & Lawrence Hudson, Monica White & Patrick White, Betty McKee, Arturo Mendoza Sanchez, Vickie Coburn, Susana Rios-Villagrana, Jeff Shinrock, Mary Ulmer, John Michaelides, Joyce Tally, Dona Tally, Thomas Biddulph, Pat Tholen, Fernando Guadarrama, Margaret Dougherty, Betty Gil, Adrienne Menjivar, Deanna White, David Mares, Mary Dudash, Chuck Boyer, Daniel Bustamonte, Hector Rios-Villagrana & Family, Miguel Correa & Family, Tamlyn Leaf, Gordon Leffel, Graciela Chavez, Nico Luiggi, Vickie Coburn, Ana B. Rojas, Maria Mangini, Melanie and Chris Koumentakos, Maryanne Schram, Jackie Davia Johnson, Jenna Cappello, Matt Seidlinger, Benjamin Grillo, Gavin Menteer, Jim Seidlinger, Mary Ellen Kearney, Kurt Gutzmann, Lois Michell, Albert Lemanski, Frank Pollack, Leslie and Charlotte Heagney, Joseph Daley, Carolyn Shebora, Melvin Schreckinger, Stephen Inguanti, Karen Scanlon, Rhonda Wolfe, JJohn Druiett, Delia Flores, Bruce Berry, Glen Gress, Bobby Blankenship & family, Buddy & Vincent Yerkie & Family and William Davis III, Carolyn Allen, Elise Dutton, Nancy Firestone, Mitchell Wood, Felicity Peletier, Leah Sanford, Dawn Dittmer

Please pray for all the men and women in our military and civilian support services overseas, especially: Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Sean Plunkett, Roy Selvidge, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Nelly Garcia, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Jason Cullinan, Estrella Bernaola, Frank Spatt Jr., Thomas Wickham, Hunter Keiser

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

Al Anon Surviving the Weekend Group

For those who have been affected by someone else's drinking, and members come together to learn a better way of life and how to find happiness. Especially at this time of year, it's important to know that you are not alone and there is help. **There is an Al Anon meeting every Saturday at 10am in Room 204 of St. Mary's Parish Life Center.**

Nar Anon Support Available

Nar Anon is a program that offers support to family members and friends of loved ones struggling with substance abuse. All information and discussion is non-judgemental, informative and strictly confidential. Our meetings are in **Room 100 in the Parish Life Center on Thursday from 7-8pm** and are open to the community at large. **Contact Cathy at 703-201-8821, burgh757@gmail.com or Wayne at 540-840-5230.**

Daily Mass Intentions and Readings

March

4 MONDAY

6:30am Miguel A.J. Correa-Cintron

9:00am Jean Snow-Bargert+

Sir 17:20-24/Mk 10:17-27

5 TUESDAY

6:30am Barbara Cutry+

9:00am Barbara Mertens+

Sir 35:1-12/Mk 10:28-31

6 WEDNESDAY

6:30am Joseph Truong Nguyen+

8:15am Kayleigh and Rhiannon Stewart

9:00am Loura Turner

12:00pm John W. Prohaska

7:30pm Jack McCarty+

Jl 2:12-18/2 Cor 5:20—6:2/Mt 6:1-18

7 THURSDAY

6:30am Karen Scanlon

9:00am Robert Derouin

Dt 30:15-20/Lk 9:22-25

8 FRIDAY

6:30am Priscella Shaw

9:00am Richard and Eileen Geary

Is 58:1-9a/Mt 9:14-15

9 SATURDAY

9:00am Esmeralda Perez+

5:00pm Jeremy Strader+

7:00pm For Our Parish

Is 58:9b-14/Lk 5:27-32

10 SUNDAY

7:00am Edward Holzworth

8:30am Justin Armitage+

10:30am William Hackbarth+

10:30am* George Graf+

12:30pm Joseph Daley

2:30pm Bruce Miller

5:00pm Barbara Cutry+

7:00pm Bich Dao Le+

Dt 26:4-10/Rom 10:8-13/Lk 4:1-13

* Indicates Mass at Holy Cross Academy

Please remember that Mass intentions may be requested at the parish office for any remaining Masses of the year. If dates are no longer available for the date you desire, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.