## **THIRTEENTH SUNDAY IN ORDINARY TIME**

June 30, 2019



Saint Mary of the Immaculate Conception Roman Catholic Church 1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA



## June



MAR

of the

IMMACULATE

CONCEPTION Roman Catholic Church

#### **30 THIRTEENTH SUNDAY IN ORDINARY TIME**

Coffee Shop after 7am, 8:30am, 10:30am Masses Scrip on Sale after all Masses

## July

Monday, Weekday [Saint Junípero Serra, Priest] 10:15am, Legion of Mary Our Lady of Perpetual Help, Parish Life Center, Room 100

#### 2 Tuesday, Weekday

6pm, CYM Sports Tuesday, Old Mill Park 7:30pm: Life, Spirit Prayer Gathering, Courtyard Meeting Room

#### **3** Wednesday, Saint Thomas, Apostle

9:45am, Bible Study, Courtyard Meeting Room12:45pm, Bible Study, Courtyard Meeting Room6pm, Bishop Barron Bible Study, Courtyard Meeting Room6:30pm, Confessions, Church7:30pm, Young Adults Meeting, Parish Office Library

- 4 Thursday, Weekday Happy Independence Day! Masses for Fourth of July: 9am, 12noon (NO 6:30am Mass) Independence Day Parish Office Closed 7pm, Nar-Anon, Parish Life Center, Room 100
- Friday, Weekday [Saint Anthony Zaccaria, Priest; Saint Elizabeth of Portugal]
   Parish Office Closed
   6:30pm, Spanish Legion and Junior Legion of Mary, Courtyard Meeting Room
   7pm, Spanish Prayer Group, John Paul II House

8pm, First Friday Mass

3:30pm, Confessions, Church

Saturday, Weekday [Saint Maria Goretti, Virgin and Martyr]
 8am, Confessions, Church
 10am, Al-Anon, Parish Life Center, Room 204
 10am, Baptisms, Church
 2pm, Spanish Baptism Class, Courtyard Meeting Room

#### 7 FOURTEENTH SUNDAY IN ORDINARY TIME

Coffee Shop after 7am, 8:30am, 10:30am, Mass Scrip on Sale after all Masses except 2:30pm

WE WELCOME YOU HOME. 540-373-6491 **2** 

## pulpit announcements

#### nota bene (note well, please):

- Welcoming Father Sean Koehr More information on page 4
- Class of 2019 College Night More information on page 7
- Act of Consecration for Our Country

More information on page 8

- School Dressing (final collection) Days More information on page 9
- Holy Cross Academy Media Release More information on pages 10-11

## contact us

SUNDAY MASS Saturday Vigil 5 & 7pm Sunday 7, 8:30, 10:30am, 12:30, 2:30pm (Spanish), 5pm, 7pm 10:30am at Holy Cross Academy Monday - Friday: 6:30am, 9am M/W/F: 12 Noon DAILY MASS Saturday: 9am First Friday 8pm Holy Days of Obligation, as announced **DEVOTIONS** Adoration, Daily between 6:30am & 9am Mass, Wednesday 12:30pm - Friday 9am Miraculous Medal Novena, Mon., after 9am Mass, Divine Mercy, Wed., 3pm CONFESSION Wednesday, 6:30-8:30pm; Saturday, 8am & 3:30pm, or by appt. PARISH 540-373-6491, fax 371-0251 stmary@stmaryfred.org Monday - Friday, 8:30am - 4:30pm; students staff office weekdays until 9pm, Saturdays 9-5pm, Sundays 9:30-1:30pm Pastor, Fr. John Mosimann Fr. Colin Davis Fr. Michael J.R. Kelly Fr. Michael Folmar Deacon Alberto Bernaola Deacon Dick Delio Business Manager, Elaine Stanislawski Parish Secretary, Jachebel Rios Director of Music, David Uschold



	HOLY CROSS ACADEMY	540-286-1600 250 Stafford Lakes Parkway Fredericksburg, Virginia 22406-7234 Principal, Sr. Susan Louise Eder, O.S.F.S.		
	ST. MARY PRESCHOO	540-373-7553 DL Director, Sheri Castellarin		
	RELIGIOUS EDUCATIO OFFICE	5 540-373-6491 N Director, Aristides Lucas Associate Director, Karen Sturtevant		
	YOUTH MINISTRY	540-373-6491 Tatiana Beltran		
	YOUNG ADULTS	stmaryya@gmail.com 540-847-1872		
	OUTREACI	Ħ 540-373-6491 Elena Doyle - edoyle@stmaryfred.org		
	BAPTISMS	Parish registration (90 days) and class required. Please contact the parish office to schedule the date at least four weeks in advance.		
	MARRIAGE	Parish registration required; contact parish six months in advance to begin preparation.		
	JOIN US	New Parishioner Welcome meetings held in the Parish Life Center on fourth Sun days, following the 10:30 Mass. Please notify us of any contact changes.		
Articles must be submitted two weeks prior to publication. Send articles to bulletin@stmaryfred.org. Thanks!				

## from our pastor

# pax et bonum

Dear Folks,

This week we welcome Fr. Sean Koehr to St Mary as our new parochial vicar. Below is a little biography of Fr. Koehr, and please be sure to say hi after Mass and welcome him to our parish!

pax et bonum,

. Mour

Fr Mosimann

#### **Father Sean Koehr**

Fr. Sean Koehr (pronounced 'Care') who was ordained to the priesthood this past June 8th. He graduated from the University of Notre Dame in South Bend, Indiana where he was training to become a naval officer in the NROTC scholarship program. He dropped out of the NROTC program in order to attend the seminary. After his college graduation in 2012, he entered Mount St. Mary's Seminary in Emmitsburg, Md. And studied at St. Charles Borromeo Seminary in Wynnewood, Pa.

His friendship with Father James Searby, Catholic chaplain at George Mason University in Fairfax, had the most influence on his decision to enter the seminary. Seeing Father Searby's joy and generosity in living his vocation has helped Koehr get to know Christ and allowed him want to give his life to God as a priest.

He shared that he wanted to become a priest so he can fight for the church by bringing the truth and the sacraments to the diocese and the world. He enjoys laughing with people, traveling, listening to music, and talking with family and friends.

His favorite quote is by St. Josemaria Escriva: "Don't let your life be barren. Be useful. Make yourself felt. Shine forth with the torch of your faith and your love. With your apostolic life, wipe out the trail of filth and slime left by the corrupt sowers of hatred. And set aflame all the ways of the earth with the fire of Christ that you bear in your heart."

His advice to a young man thinking about the seminary is to put yourself in front of Jesus and He will do most of the work. "Know that whatever vocation you are called to, you are first called to be a saint," he said. "Strive to be a saint first, and whatever particular vocation you have will not only be clear, but you will also want it more than anything else."

We are looking forward to getting to know Fr. Koehr and are very grateful that our Lord has sent him to St. Mary's to serve.



From left, Fathers Nicholas F. Blank, Christopher W. Nyce, Sean T. Koehr and Edouard B. Guilloux.

WE WELCOME YOU HOME. 540-373-6491 4

## education

# holy cross academy

#### **Blessings and Joyful Memories**

Dear friends, as we leave St. Mary of the Immaculate Conception Parish, we take with us all the blessings and joyful memories we received though your love and friendship. When we came here in 1998 to found Holy Cross Academy, we were venturing into something new and unknown. Arriving here, we found ourselves surrounded by so many friends. Over the past twentyone years, these friendships have grown and we have been enriched by knowing all of you.

Our parish family has supported and encouraged us in many ways through the founding and growth of Holy Cross Academy. We have worked with many of you in ministry, on committees, and developing new programs and projects for our parish family. We have prayed with you and shared your joys and sorrows. We are grateful for the love and goodness you have shown us.

Our Holy Cross Academy family is amazing. We can say with great pride that truly, "It's About the Children." The teachers and staff members with whom we have ministered have become one heart and one soul with us. We have watched our children grow and develop into beautiful and amazing young people who are already making a difference in our world which needs them to lead the way into a brighter future. We have known the love and support of the parents in our school with whom it has been our privilege to form a partnership for the good of their beloved children. We will always hold you in prayer and ask that you do the same for us so that we can all Live Jesus each day until we are reunited in his eternal feast of love. Wishing you all God's blessings, Sr. Susan Louise, Sr. Frances Carol, and Sr. Miriam Elizabeth.

#### **Assistant Principal Opening**

Holy Cross Academy is seeking an assistant principal for the coming school year. Applicants must be practicing Catholics. This position is full-time during the school year and part-time during the summer.

An assistant principal must have a minimum of five years of teaching experience, preferably in a Catholic school. The candidate must have a Master's Degree in School Administration from an accredited university approved by the State of Virginia or a Master's Degree in another academic area with the intent of qualifying for the appropriate Virginia Administration and Supervision Certification within three years of hire.

Interested applicants should email their resume to Fr. Mosimann at **frmosimann@stmaryfred.org** 



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# our parish religious education

#### Magnifikid

#### The Body and Blood of Christ

When we offer bread and wine at Mass, we thank God for his care, and we offer God our lives. Through the Priest, God changes our gifts and gives them back as Jesus. God feeds and strengthens us to love and be holy. The Eucharist makes us one with God and one another. Though it looks like bread and wine, the Eucharist is truly the Body and Blood of Christ.







#### **VBS Cathletics**

Was held from Monday, June 17 to Friday, June 21. Over 135 children participated. They had a once in life time experience with 49 teens and over 30 adults.

The overall goal was to engage the children into the LIFE OF CHRIST with teachings from God's Word, the Ten Commandments, the Beatitudes, the Fruits of the Holy Spirit and Evangelization. This uniquely Catholic VBS was Olympic/Sports theme and was packed with rock-solid songs, unforgettable games, cool crafts, delicious snacks and interactive lessons that motivated the children to run the great race of faith.

Special thanks to the parents and all the volunteers. Your hard work, enthusiasm and dedication was excellent Evangelization.



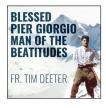
#### FORMED PICK

## Blessed Pier Giorgio Frassati By Fr. Tim Deeter

#### Man of the Beatitudes

Born in 1901 in Italy into a family of wealth and status, Pier Giorgio found that deep prayer, service to the poor, and a passion for bringing others to Christ led to a life of purpose, peace, and happiness. Get to know this modern man of virtue.

Listen on formed.org





"This audio made me fall in love with this saint. It shows how real he was and inspires me to be just like him."

-Kasey K., Old Monroe, MO

JOIN FORMED 1. formed.org 2. click register 3. enter parish code: F6F228

# our parish youth ministry

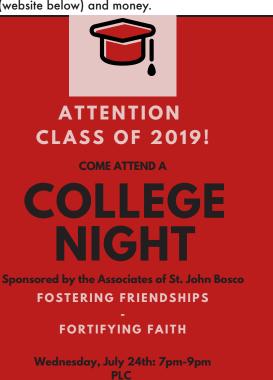


Friday, July 26

Open to middle & high school students. The day begins at 9am with Mass at St. Mary with Bishop Burbidge, and then we head out to KD and return by 9pm.

Cost is \$35 for a ticket or \$5 if you already have a season pass (\$5 helps pay towards gas of chaperones driving).

Please RSVP to CYM Office by Monday, July 8 with permission slip (website below) and money.



Register for FREE at asjb.org

Join fellow Catholic students in preparing for your first year of college with college student testimonies, Q&A panel, small groups, pizza dinner and FREE Giveaways! Wear a t-shirt from your future college to represent!

#### Teens and adults ready for WorkCamp in King George!



#### **Join Fitness Club**

All Middle Schoolers are welcome and encouraged to join Fitness Club! Next meeting is August 9. Please contact Rachael Luciani for more info at **lucianir@ comcast.net** 



#### Stay Up-to-Date

Be sure to stay in the know with St. Mary CYM by visiting stmaryfred.org/youth-ministry



SAINT MARY of the IMMACULATE CONCEPTION www.stmaryfred.org

# parish life get involved Act of Consecration later than July 31. Pleas

#### Act of Consecration for Our Country

Most Holy Trinity — Our Father in Heaven, Who chose Mary as the fairest of Your daughters; Holy Spirit, Who chose Mary as Your spouse; God the Son, Who chose Mary as Your Mother — in union with Mary, we adore Your majesty and acknowledge Your supreme eternal dominion and authority.

Most Holy Trinity, we put the United States of America into the hands of Mary Immaculate in order that she may present the country to You. Through her we wish to thank You for the great resources of this land and for the freedom which has been its heritage. Through the intercession of Mary, have mercy on the Catholic Church in America. Grant us peace. Have mercy on our President and on all the officers of our government. Grant us a fruitful economy born of justice and charity. Have mercy on capital and industry and labor. Protect the family life of the nation. Guard the innocence of our children. Grant the precious gift of many religious vocations. Through the intercession of our Mother, have mercy on the sick, the poor, the tempted, sinners -- on all who are in need.

Mary, Immaculate Virgin, Our Mother, Patroness of our land, we praise you and honor you and give ourselves to you. Protect us from every harm. Pray for us, that acting always according to your will and the Will of your Divine Son, we may live and die pleasing to God.

#### Attention All Parish Organizations

Your calendar for the use of parish facilities from September 2019 to August 2020 should be submitted to Elaine in the Parish Office no later than July 31. Please make sure you submit your request to Elaine, in writing, as soon as possible, either by regular mail, or by email to **estanislawski@stmaryfred.org**. In setting up your schedule, please note that evening activities cannot be scheduled before 8pm Monday through Wednesday from September through May, due to Religious Education classes in the Parish Life Center and the John Paul II House. Thank you.

#### **Attention Class of 2019**

The Associates of St. John Bosco will be hosting four College Nights throughout the Arlington Diocese for graduated high schoolers headed to college in the fall. All events will be from 7-9pm: July 1 - All Saints, Manassas July 17 - Basilica of St. Mary, Alexandria July 24 - St. Mary of the Immaculate Conception

The purpose of these free events is to help students keep their faith while transitioning into college. Catholic college students from George Mason, Mary Washington, UVA, Virginia Tech, William & Mary and others will be in attendance to meet students and share their experiences of being a Catholic college student. It's a wonderful chance to meet fellow peers going to your school before even stepping foot onto campus! Free dinner with registration and the chance to win door prizes! Student registration can be found by visiting asjb.org. Registration is limited to 50 students per night.

#### Facing Serious Illness Retreat

This retreat offers a unique opportunity for persons who face serious physical illness to come away for a weekend of spiritual renewal. Come celebrate life and the love of our Lord in a beautiful and comfortable

place among caring people. There will be times of prayers, talks by priest, celebration of the liturgy, quiet time and ample rest. The retreat begins on a Friday afternoon and end Sunday with a closing Mass. The retreat is staffed by a team of caring health professionals who are available to you throughout the weekend to ensure your medical needs are met. There will be experienced physicians and nurses, along with priests, helpers and volunteers. The retreat is open to men and women. The dates are July 12-14 and October 4-6. It is held at the San Damiano Spiritual Life Center in White Post, Va. There is no cost to you for the retreat. For information please email your information to Retreat@ccda.net. Include your: Name, Phone number, and Available times to take a call. Please put July (or October) Seriously Ill Retreat in the Memo line. You can also call (703) 335-2779 option 14 and leave the information on Catholic Charities message line. A nurse from the retreat team will be in contact with you about your care needs and the application process. If you are registering for a friend or family member, the nurse will need to speak directly with the retreatant during the application phone call.

For those interested there are openings available for nursing volunteers. Email or call as listed above. If you have questions, call Tammie Chute 540-370-6343.

#### Verso l'Alto

Come join fellow Catholic Young Adults (18-39) at the church of St. Mary of the Immaculate Conception in Fredericksburg every Wednesday night at 7:30pm in the library. Our purpose is to bring people closer to the faith in holy friendships.

# parish life

#### **Seven Sisters Aposto**late: Join Us in Prayer for Our Priests

Do you have a heart for our priests? Would you like to offer them support and encouragement in their ministry? Perhaps God is calling you to join us in the Seven Sisters Apostolate, a newly formed ministry at St. Mary's that is part of an international movement of prayer for priests and bishops. Permanent members commit to a Holy Hour one day a week for the needs and intentions of one of our St. Mary's priests or Bishop Burbidge. All days of the week are currently available, and the Holy Hour can be completed at any time of the day or night - a consistent hour on the assigned day is not required! The commitment is for one year and can be renewed if desired. Substitutes are also needed to fill in when a permanent adorer is unavailable. More information can be found at sevensistersapostolate.org. Please contact Kara Horne at 202.255.3178 or karahorne@gmail.com.

#### Want to Grow in Holiness, But Too Busy?

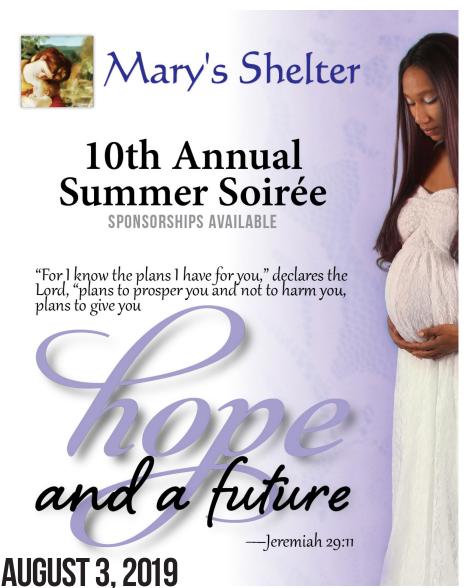
If you're looking for a simple way to be spiritually renewed, develop a deeper relationship with Our Merciful Savior, and grow in holiness, join us for 33 Days to Morning Glory Small Group Retreat on Tuesdays after 9am mass at the Courtyard Meeting Room starting on July 9 as we begin a 33-day preparation for Marian Consecration. Our consecration day will be on August 15th, the feast of The Assumption. For six weeks, we'll individually read about and reflect on four great Marian giants: St. Louis de Montfort, St. Maximilian Kolbe, St. Teresa of Kolkata, and Pope St. John Paul II. They'll teach us the secrets to drawing closer to the Heart of Jesus through the Heart of Mary. In our weekly meetings, we'll share

our insights within our small group and then watch a 30-minute video by popular author and speaker, Fr. Michael Gaitley, MIC who will bring our individual reflections and group experience into a clear and liveable focus.

Cost of the participant packet and book is \$20. Call or sign up at the parish office at 540-373-6491 to register. For more information contact Rachel Chaves at raziechaves@ yahoo.com or 540-621-9720.

#### School Dressing Days

Please consider donating items for local children in need of assistance. St. Mary's is collecting new clothing in all sizes for boys and girls in grades K-12. Items such as; jeans, joggers, leggings, backpacks, socks and underwear. Also gently used winter coats. Collections being taken up until June 30. To volunteer check out Sign-Up Genius at tinyurl.com/SDD2019 or contact Jave Anastasio 540-412-1622.



# holy cross academy media release

#### MEDIA RELEASE

#### 2019-2020

#### POLICY FOR PROVIDING FREE OR REDUCED PRICE MEALS

05/21/2019

(Date)

#### HOLY CROSS ACADEMY

(School division)

today announced its policy for providing free or reduced price meals for children served under the National School Lunch, and/or School Breakfast Programs. Each school and/or central school nutrition office has a copy of the policy, which may be reviewed by any interested party.

Household size and income will be used to determine eligibility for free or reduced price meal benefits. Children from households whose income is at or below the Federal Income Eligibility Guidelines, shown in the chart below, may be eligible for either free or reduced price meals. Children who are members of households receiving Supplemental Nutrition Assistance Program (SNAP) benefits (formerly the Food Stamp Program) or who receive Temporary Assistance for Needy Families (TANF) may be automatically eligible for free meals. Children who are homeless, migrant, or runaway may also be automatically eligible for free meals. Foster children, who are the legal responsibility of a welfare agency or court, are eligible for free meals regardless of the income of the household with whom they reside. Children who are members of households participating in WIC may also be eligible for free or reduced-price meals based on the household's income.

Household Size	Maximum Household Income For Free Meals	Household Income For Reduced Price Meals
1	\$16,237	\$16,237.01 - \$23,107
2	\$21,983	\$21,983.01 - \$31,284
3	\$27,729	\$27,729.01 - \$39,461
4	\$33,475	\$32,475.01 - \$47,638
5	\$39,221	\$39,221.01 - \$55,815
6	\$44,967	\$44,967.01 - \$63,992
7	\$50,713	\$450,713.01 - \$72,169
8	\$56,459	\$56,459.01 - \$80,346
For Each Additional Family Member - ADD	\$5,746	\$8,177

Application forms are being distributed to all households with a letter informing households of the availability of free or reduced price meals for their children. Applications are also available at the principal's office in each school and at the central office. To apply for free or reduced price meals, households must only fill out one application per household and return it to the school division. Applications may be submitted at any time during the school year. The information households provide on the application will be used for determining eligibility and verification of data. Applications may be verified at any time during the school or other program officials. For school officials to determine eligibility for free or reduced price benefits, households receiving Supplemental Nutrition Assistance Program (SNAP) benefits or Temporary Assistance for Needy Families (TANF) only have to list their child(ren)'s name and SNAP or TANF case number and an adult household member must sign the application. Households who do not list a SNAP or TANF case number, including WIC households, must list the names of all household members, the amount and frequency of the income received by each household member, and the last four digits of the social security number of the adult household member

# holy cross academy Media release

who signs the application. If the household member does not have a social security number, the household member must indicate that a social security number is not available. The application must be signed by an adult household member in order to be approved.

Under the provisions of the free and reduced price meal policy,

#### Mary Beall- Director of Nutritional Services

(insert title of eligibility determining officials)

will review applications and determine eligibility. An application for free or reduced price meals cannot be approved unless it is complete. Households dissatisfied with the ruling of the eligibility determining official may wish to discuss the decision with the official on an informal basis. Households wishing to make a formal appeal for a hearing on the decision may make a request either verbally or in writing to:

#### Sr.Susan Louise Eder 250 Stafford Lake Parkway Fredericksburg va 22406 540-286-1600 (insert name, address, and telephone of the hearing official).

Households may apply for free or reduced price meals at any time during the school year. If a household is not eligible now but has a change, such as a decrease in household income, an increase in household size, becomes unemployed or qualifies for SNAP or TANF, the household should contact the school for an application. Such changes may make the children of the household eligible for benefits if the household's income falls at or below the Federal Income Eligibility Guidelines.

Households that receive Supplemental Nutrition Assistance Program (SNAP) benefits (formerly the Food Stamp Program) or Temporary Assistance for Needy Families (TANF) may not have to complete an application for free or reduced price student meals. School officials will determine eligibility for free meals based on documentation, obtained directly from the Virginia Department of Social Services, that a child is a member of a household currently receiving SNAP or TANF. School officials will notify these households in writing of their eligibility. Households who are notified of their eligibility, but who do not want their children to receive free meals, must contact the school. SNAP and TANF households must complete an application if they are not notified in writing of their automatic eligibility within the first 10 days of the new school year.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the <u>USDA Program Discrimination Complaint Form</u>, (AD-3027) found online at: <u>http://www.ascr.usda.gov/complaint\_filing\_cust.html</u>, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

 mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;

(3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.

<sup>(2)</sup> fax: (202) 690-7442; or

# operations given in love

#### Weekly Offertory

#### **Offertory Collections for June 23**

Offertory	\$29,775
Father's Day Novena	\$8,273
Mother's Day Novena	\$9,223
<i>St. Vincent de Paul Poor Box</i>	\$214

Next week's second collection will support the Parish Building Fund. Thank you for your generosity!

#### **Faith Direct**

The Lord is risen! As Christ's disciples, we are called to go forth and spread the good news of His Resurrection. Our parish's many ministries are examples of how many of you answer that call. Our ministries require not only gifts of time and talent, but also of financial help. Please prayerfully consider supporting St. Mary of the Immaculate Conception with electronic donations through Faith Direct. Signing up is easy! Visit faithdirect.net and use our parish code of VA635 or call 1-866-507-8757. Thank you for your continued support of our parish family!

#### **July Children's Charity**

Children's Offertory Contributions for the month of July will be donated to Families of the Wounded Fund. This fund was created in 2005 to help the families of service members who come to McGuire Veterans Affairs Medical Center in Richmond with traumatic brain injuries and spinal-cord injuries from combat in Iraq and Afghanistan. Former Army Captain William Haneke, a wounded Vietnam Veteran, and some colleagues recognized the need to assist family members who were away from home tending to their loved ones when they saw two young mothers with babies arrive from across the

country with no money and barely enough gas to make the trip. The organization gives 100 percent of all tax-deductible donations to the families to help with food, lodging, transportation, child care, diapers and long-distance calling cards during the many weeks a family is in the Richmond area, and each family currently receives \$7,500.00. For more information, visit their website at **fotwf.org**.

#### Wednesday - Friday Adoration of the Blessed Sacrament

Wednesday 12:30pm to Friday 9am Come and adore Our Lord in the most beautiful Blessed Sacrament of the Altar. We have continuous Exposition of the Blessed Sacrament every Wednesday after the 12 Noon Mass until Friday morning before the 9am Mass. At least two people must be present with Our Lord at all times during Adoration.

#### **Choose Life Reflection**

The Statue of Liberty is a strong symbol of the welcome our nation has given to people from around the world. On its base are the words of Emma Lazarus, "Give me your tired, your poor, your huddled masses yearning to breathe free." This welcome can make no sense if we are afraid to welcome the children in the womb. Lord, fill our hearts with a spirit of welcome for born and unborn alike.



# liturgy daily bread

#### **Saint Mary Prayer List**

Please pray for those who are sick or in need, especially: Tracey Hansen, Elizabeth Ames, Aleisa Barber, David Arnold, Maryann Greatsinger, Antonio Ferrara, Wilson and Joan Parker, Emma Gilbert, Virginia Gannon, Daniel Burke, Dorie Lee, Christopher Szynal, Joy Zerby, Mariah Ceidlinger, Kelly Carperter-Silvers, Suzi Eggleston, Bernad Castillo, Michael Durant, Matthew Gomer, Tricia Davis, Martha Clements, Donna Long, Mary Ann Maynard, Zachary Payne, Margaret Krebbel, Adrianna Pruitt, Deanna Pruitt, Montgomery Wood, Patricia Russo, Charles Dittmer, Bruce Mattern, Dorothy Simmons, Nikolai Sherba, Sharon Ś., Barbara Clarke, Roseanne Nash, Jeanne Burke, Prudy Tarpe, Maureen Mizzles, Miles Wood, Mary Ellen Kearney, Kay Simmons, Robert Meyer, Marc and Susan Wood, Lita Mary Mamboyo, Nathan Apicella, Timothy Travis, Kaden Sabo, Robert Nathan Servetnick, Dianne Clancy, The Chevchuc Family, Christina Bolt, Bruce Bates, Richard Casaldi, Alex Tonn, James Evans, Larry Dillman, Theresa Kovalefsky, Amber Moser, Erin Krieg, Matthew Meyer, Brittany Meyer, Sara Meyer, Douglas & Dorothy Meyer, Karla Dorsey, Mary Jean & Don Williams, Linda & Frank Walter, Cathleen Mihalaki, Re Macarthur, Jordan Tackett, Bridget Sherba, Randy McNulty, Riley Horstick, David A., Marty T., Janet Yerkie, Brittany Yerkie, Elizabeth Stoehr, David Semeglo, Robert L Gomer, Carla J Gomer, Thomas Moeller, Lorraine Becker, Gerald Gardiner, Larry Delaney, James Keddie, Lorena Hernandez, Miguel Hernandez and Edgar Giovanni Castro, Julio Diaz, Kelly Murray, Marianne Ford, Ortiz Family, James Derouin, Karen Danis, Jim Mann, Muriel Bovat, Gina Wood, Michelle & Lawrence Hudson, Monica White & Patrick White, Betty McKee, Arturo Mendoza Sanchez, Vickie Coburn, Susana Rios- Villagrana, Jeff Shinrock, Mary Ulmer, John Michaelides, Thomas Biddulph, Pat Tholen, Fernando Guadarrama, Margaret Dougherty, Betty Gil, Adrienne Menjivar, Deanna White, David Mares, Chuck Boyer, Daniel Bustamonte, Hector Rios-Villagrana & Family, Miguel Correa & Family, Tamlyn Leaf, Gordon Leffel, Graciela Chavez, Nico Luiggi, Vickie Coburn, Ana B. Rojas, Maria Mangini, Melanie and Chris Koumentakos, Maryanne Schram, Jackie Davia Johnson, Jenna Cappello, Matt Seidlinger, Benjamin Grillo, Gavin Menteer, Jim Seidlinger, Mary Ellen Kearney, Kurt Gutzmann, Lois Michell, Albert Lemanski, Frank Pollack, Leslie and Charlotte Heagney, Joseph Daley, Carolyn Shebora, Melvin Schreckinger, Stephen Inguanti, Karen Scanlon, Rhonda Wolfe, JJohn Druiett, Delia Flores, Bruce Berry, Glen Gress, Bobby Blankenship & family, Buddy & Vincent Yerkie & Family and William Davis III, Carolyn Allen, Elise Dutton, Nancy Firestone, Mitchell Wood, Felicity Peletier, Leah Sanford, Dawn Dittmer, Jason Stoker, Makenna Anne Koetzle, Peggy Silverman, Jack Ryan, Amy Peretta, Janet Fisher, Dave Fisher, Leony Scott, Paul Scott, Wendy Vann, Michael Vann, Bob Jankovits, Michelle Thomas, Jerry Hall, Zelda Meyer, Jack Ryan, Robert Boggio ,Ryan McNichol, Bianca Sanchez, Jackeline Sanchez & Family, Mary Hope Burkett, Dick Geary, Sean Duarte, Linda Schaaf, Ingrid Mohammed, Dave & Joy Zerby, David Silberman, Mrs. Joann A. Formeller, Jim Matarese & Son, Paula Hass, Leony Scott, Catherine Laski, Winifred Herrin, Brenda Leffel, Deborah Nunez

#### Please pray for all the men and women in our military and civilian support services overseas,

especially: Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Sean Plunkett, Roy Selvidge, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Nelly Garcia, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Jason Cullinan, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Patrick Johnson, Sean Jobes, John Paul Smetek, Matthew Molino

#### Please pray also for those who have died, especially the benefactors of Saint Mary Church. Al Anon Surviving the Weekend Group

For those who have been affected by someone else's drinking, and members come together to learn a better way of life and how to find happiness. Especially at this time of year, it's important to know that you are not alone and there is help. **There is an Al Anon meeting every Saturday at 10am in Room 204 of St. Mary's Parish Life Center.** 

#### Nar Anon Support Available

Nar Anon is a program that offers support to family members and friends of loved ones struggling with substance abuse. All information and discussion is non-judgemental, informative and strictly confidential. Our meetings are in **Room 100 in the Parish Life Center on Thursday from 7-8pm** and are open to the community at large. **Contact Cathy at 703-201-8821**, **burgh757@gmail.com or Wayne at 540-840-5230**.

SAINT MARY of the IMMACULATE CONCEPTION www.stmaryfred.org

#### Daily Mass Intentions and Readings

### July

#### **1 MONDAY**

6:30am Peter Quynh Pham+ 9:00am Issy Baksy 12:00pm Barbara Jean Mosimann+ Gn 18:16-33/Mt 8:18-22

#### **2 TUESDAY**

6:30am Mary Jo Medosch 9:00am Tori Pilerton Gn 19:15-29/Mt 8:23-27

#### **3 WEDNESDAY**

6:30am Helen Staniszewski+ 9:00am Ruth Stellino+ Eph 2:19-22/Jn 20:24-29

#### **4 THURSDAY**

6:30am NO MASS 9:00am Stephanie Downing+ 6:00pm For Religious Liberty Gn 22:1b-19/Mt 9:1-8

#### **5 FRIDAY**

6:30am In Reparation 9:00am In Reparation 12:00pm In Reparation 8:00pm In Reparation Gn 23:1-4, 19; 24:1-8, 62-67/Mt 9:9-13

#### **6 SATURDAY**

6:30am Robert Rescigno and Family 9:00am Dennis Haselhorst+ 12:00pm John BonderGn 27:1-5, 15-29/ Mt 9:14-17

#### **7 SUNDAY**

7:00am Frank Turnage+
8:30am Adam and Rita Stanislawski
10:30am Those Who Died in June
10:30am\* For Our Parish
12:30pm Blanche Cleo Satterlee+
2:30pm Claudia Orellana
5:00pm Jane Turner+
7:00pm Antilla Cabrera+
Is 66:10-14c/Gal 6:14-18/Lk 10:1-20

\* Indicates Mass at Holy Cross Academy Please remember that Mass intentions may be requested at the parish office for any remaining Masses of the year. If dates are no longer available for the date you desire, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.