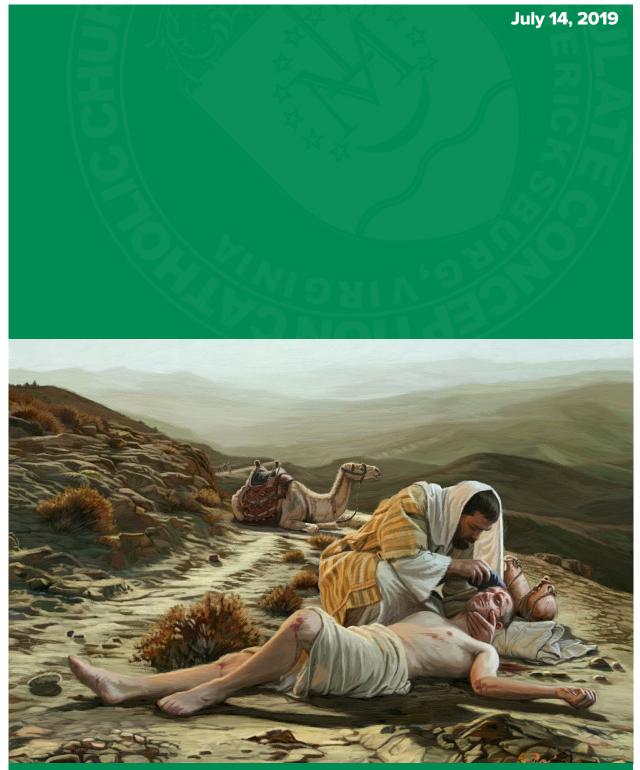
FIFTEENTH SUNDAY IN ORDINARY TIME



Saint Mary of the Immaculate Conception Roman Catholic Church 1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA



July



of the

IMMACULATE CONCEPTION *Roman Catholic Church*

14 FIFTEENTH SUNDAY IN ORDINARY TIME

Coffee Shop after 7am, 8:30am, 10:30am, Mass Scrip on Sale after all Masses except 2:30pm

15 Monday, Saint Bonaventure, Bishop and Doctor of the Church 10:15am, Legion of Mary, Our Lady of Perpetual Help Presidio, Parish Life Center, Room 100

16 Tuesday, Weekday [Our Lady of Mount Carmel] 9:30am, Consecration Class, Courtyard Meeting Room 6pm, CYM Sports Tuesday at Old Mill Park 7:30pm, Life, Spirit Prayer Gathering, Courtyard Meeting Room

17 Wednesday, Weekday

9:45am, Bible Study, Courtyard Meeting Room
12:45pm, Bible Study, Courtyard Meeting Room
3pm, Divine Mercy Devotions, Church
4pm, CYM Bible Study, John Paul II House
6:30pm, Bishop Barron Bible Study, Courtyard Meeting Room
6:30pm, Confessions, Church
7:30pm, Young Adults Meeting, Parish Office Library

18 Thursday, Weekday [Saint Camillus de Lellis, Priest] 9:30am, Craft Group, Parish Life Center, Room 100 7pm, Nar-Anon, Parish Life Center, Room 100

19 Friday, Weekday

6:30pm, Spanish Legion and Junior Legion of Mary, Courtyard Meeting Room 6:30pm, CYM St Vito Dance Club, Parish Life Center 7pm, Spanish Prayer Group, John Paul II House

20 Saturday, Weekday [Saint Apollinaris, Bishop and Martyr]

8am, Confessions, Church 10am, Al-Anon, Parish Life Center, Room 204 10am, Baptisms, Church 3:30pm, Confessions, Church

21 SIXTEENTH SUNDAY IN ORDINARY TIME

Scrip on Sale after all Masses Coffee Shop after 7am, 8:30am, 10:30am, Mass

WE WELCOME YOU HOME. 540-373-6491 **2**

pulpit announcements

nota bene (note well, please):

• WorkCamp photos and testimonials More information on page 7

- Religious Painting Exhibition Next Weekend More information on page 8
- Special Religious Development (SPRED) More information on page 9
- Share the Word of God Prison Ministry Pen Pals More information on page 9
- Noticias en Español Más información en la página 10

• Save the date: August 5 is the 6th Annual Guadalupe Free Clinic Golf Classic More info to come in upcoming bulletins

contact us

- SUNDAY
MASSSaturday Vigil 5 & 7pm
Sunday 7, 8:30, 10:30am, 12:30,
2:30pm (Spanish), 5pm, 7pm
10:30am at Holy Cross AcademyDAILY
MASSMonday Friday: 6:30am, 9am
M/W/F: 12 Noon
 - Saturday: 9am First Friday 8pm Holy Days of Obligation, as announced
- DEVOTIONS Adoration, Daily between 6:30am & 9am Mass, Wednesday 12:30pm - Friday 9am Miraculous Medal Novena, Mon., after 9am Mass, Divine Mercy, Wed., 3pm
- CONFESSION Wednesday, 6:30-8:30pm; Saturday, 8am & 3:30pm, or by appt.
- PARISH OFFICE 540-373-6491, fax 371-0251 stmary@stmaryfred.org Monday - Friday, 8:30am - 4:30pm; students staff office weekdays until 9pm, Saturdays 9-5pm, Sundays 9:30-1:30pm

Pastor, Fr. John Mosimann Fr. Sean Koehr Fr. Michael J.R. Kelly Fr. Michael Folmar Deacon Alberto Bernaola Deacon Dick Delio

Business Manager, Elaine Stanislawski Parish Secretary, Jachebel Rios Director of Music, David Uschold **THANK YOU** to Paul's Bakery for their generous donation for over 20 years of delicious donuts and pastries to our St. Mary's Sunday Coffee Shop! Your gift is appreciated and delicious!



Visit Paul's Bakery today for delicious treats!

stmaryfred.org

HOLY 540-286-1600 CROSS 250 Stafford Lakes Parkway Fredericksburg, Virginia 22406-7234 Principal - Dr. Stephen Fry, sfry@holycrossweb.com

ST. MARY 540-373-7553 **PRESCHOOL** Director, Sheri Castellarin

	540-373-6491
EDUCATION	Director, Aristides Lucas
OFFICE	Associate Director, Karen Sturtevant

YOUTH MINISTRY 540-373-6491 Tatiana Beltran

YOUNG stmaryya@gmail.com ADULTS 540-847-1872

OUTREACH 540-373-6491 Elena Doyle - edoyle@stmaryfred.org

BAPTISMS Parish registration (90 days) and class required.

Please contact the parish office to schedule the date at least four weeks in advance.

- MARRIAGE Parish registration required; contact parish six months in advance to begin preparation.
- JOIN US New Parishioner Welcome meetings held in the Parish Life Center on fourth Sun days, following the 10:30 Mass. Please notify us of any contact changes.

Articles must be submitted two weeks prior to publication. Send articles to bulletin@stmaryfred.org. Thanks!

from our pastor pax et bonum

Dear Folks,

Since summer is a time for reruns, he's a letter I wrote to you last summer. After preaching and celebrating Mass, I had a parishioner come up to me to say, "Father, that homily was for me! I was struggling with the very things that you talked about today, and God knew I was overwhelmed. Thank you!" She was overjoyed to see God speak to her so directly.

I bring this up to ask you, "Do you see God working in your life in this way?" I really hope so. I too have had that experience of walking out of Mass and saying that the priest was preaching directly to me and only to me! This is a sign of the anointing of the Holy Spirit, and that the Spirit is the one who is reaching out to our souls directly.

If God can use the longish, and sometimes circuitous preaching of this pastor to speak directly to you, then that is more proof that "nothing is impossible with God." There is something so wonderful and delightful in recognizing these gifts from God personally loving each soul directly.

All of the solemnity that we try to celebrate the liturgy with is directed to our knowing the sublime glory of God. All of our preaching is an effort that you might know and love Jesus Christ. Even doctrine, yes doctrine, is so that you can know the Truth. Truth is a person, and His name is Jesus. Let us remain faithful to Him and all that He has revealed. And be reminded of the direct, specific, and indeed infinite love of God for each and every one of His children.

Sometimes I almost want to cry when folks say that they get nothing out of Mass. There is no greater gift than God Himself giving His Flesh for you in a oneflesh union and embrace of Holy Communion. Could you possibly know God any more intimately and personally? No way. Now we just have to become what we are and recognize what we celebrate.

pax et bonum,

Fr Mosimann

From the Pews at St. Mary

I have the great privilege in my role as Outreach Director to encounter the goodness of the people of St. Mary's. I am often blown away by your generosity, not only of monetary gifts, but of service and purity of heart. I want to share with you a recent example. This past January we were contacted by a parishioner who had recently and very unexpectedly lost her husband. They did not have children. She was lonely, grief stricken and in need of financial assistance to pay her rent and additional bills. Fr. Mosimann, on behalf of all of you, our parishioners, generously agreed to take care of her during this most difficult time. She received spiritual direction and encouragement from Fr. Folmar and began to feel even more connected to our parish. As the months moved on she found herself in need of housing. We placed an ad in the bulletin to see if anyone could help with a room for rent and we were happily surprised that 4-5 parishioners stepped up to offer assistance. One parishioner in particular, offered to provide housing and lovingly encouraged her to get involved in parish and community activities. Our Knights of Columbus quickly sprang into action and organized trucks to move her items with the help of the Outreach Committee and Youth Ministry kidsher belongings were quickly packed up and moved into her "new room". She will be settled soon in her new life, no longer alone and now embraced by our community. Her gratitude is tremendous, beyond words and it's humbling to witness all of you as the hands and feet of Christ, generously responding to the needs of a child of God. May our Lord continue to bless this beautiful community.

Gratefully, Elena Doyle

WE WELCOME YOU HOME. 540-373-6491 4

education holy cross academy



Assistant Principal Opening

Holy Cross Academy is seeking an assistant principal for the coming school year. Applicants must be practicing Catholics. This position is full-time during the school year and part-time during the summer.

An assistant principal must have a minimum of five years of teaching experience, preferably in a Catholic school. The candidate must have a Master's Degree in School Administration from an accredited university approved by the State of Virginia or a Master's Degree in another academic area with the intent of qualifying for the appropriate Virginia Administration and Supervision Certification within three years of hire.

Interested applicants should email their resume to Fr. Mosimann at **frmosimann@stmaryfred.org**



A National Blue Ribbon School of Excellence



parish pilgrimage

Alpine Europe Pilgrimage *Featuring the Passion Play of Oberammergau* 11 DAYS: SEPTEMBER 7 - 17, 2020

HEIDELBERG • RHINE VALLEY • LUCERNE • INNSBRUCK • ALTÖTTING MARKTL AM INN • SALZBURG • MUNICH • ROTHENBURG

HOSTED BY FR. JOHN MOSIMANN

\$4299 FROM WASHINGTON, D.C.*

*Air/land tour price is \$3829 plus \$470 gov't taxes/airline surcharges

<u>For More Information, Please Contact:</u> <u>Fr. Mosimann</u> Tel: (540) 373-6491

Email: frmosimann@stmaryfred.org

DON'T WAIT FOR 2030!! SIGN UP TODAY!!!





our parish gious education

Magnifikid

Send Down Your Spirit

Before the consecration of the bread and wine, the priest calls down the Spirit upon them. This prayer is called epiclesis. As our gifts of bread and wine are offered to God, we offer our lives to

him. As the bread and wine is transformed into the Body and Blood of Christ through the Spirit's power, we too are made holy. For this reason, the priest prays after the consecration that the Spirit will come down on us as well, making us into one Church, united in faith and love.



The Church our children know is the one our families and parish community presents to them



Volunteer to be a Catechist and help our children grow closer to Christ and His Church.

FORMED PICK

Who Am I to Judge?

Session 1: Don't Impose Your Morality on Me!

What is "right" and "wrong"? Is what's right for you right for me? Is there a right and wrong for everyone, all the time? Dr. Edward Sri shares practical responses to these pressing

Watch on formed.org





"Incredible! This session is very thought-provoking." —Diane L., Kuala Lumpur



JOIN FORMED 1. formed.org 2. click register 3. enter parish code: F6F228

our parish youth ministry

WorkCamp Testimonials

What was the most rewarding part of WorkCamp?

"The most rewarding part of WorkCamp was seeing a bunch of young teens sharing the same faith and worshipping the Lord. It was also rewarding working on a project that I have never done." - Tibor Baksy

"Going into work camp, In the weeks prior, I had been feeling a lot of uncertainty of who I am as a person, that may not have changed, yet. But I do know what I need to do to grow." – McGregor Schamel

"Working with my crew to complete a deck area for our resident. He really needed the help we gave him and it was great to be a part of something good." - Andrew Doyle

"Definitely Adoration and growing closer to God." - John Paul Frasher

What was the most challenging part of WorkCamp? Why?

"The most challenging part of WorkCamp was the amount of physical and mental stress put upon us teens. But in a way this was also rewarding because it pushed us to lean on God for strength more than we have ever done before." - Meg Luciani

"Most challenging part was probably leaving, after living in the WorkCamp community for a week and working with my crew, saying goodbye to all of them was a challenge." - Katharine Feroldi

"Stepping out of my comfort zone was challenging at times, for example waiting nearly an hour for cold showers, but in the end those small sacrifices didn't matter compared to the great rewards and joys we experience throughout the week." - Patrick Bereit

Do you feel like the week will have a lasting impact on your life? Why or why not?

"Yes because it brought me closer to family, friends, my parish, and it helped me make new friends." - Matthew D'Lugos

"I truly do feel this week will have a lasting pact on my life, because being surrounded by a bunch of young people who are also Catholic, helped me realize that there are a lot more people out there who have the same beliefs as me and that I don't have to be scared to show that part of myself." - Marina Miranda

Is there anything else you would like to share about your experience?

"God is there in the littlest ways, whether it is a good memory or you hearing His voice." – Thomas Nash

"Throughout the week, I was closer to God than ever before. WorkCamp strengthened my faith." - Lourdes Ayala

"I thought I was already in a great relationship with God but this week my relationship grew and is so much stronger" - Anna Wheatley





Stay Up-to-Date

Be sure to stay in the know with St. Mary CYM by visiting stmaryfred.org/youth-ministry



SAINT MARY of the IMMACULATE CONCEPTION www.stmaryfred.org

parish life get involved Discesan mission in the salad buffet, \$20.69 per

Diocesan mission in the Dominican Republic

Next weekend, Rev. Stephen Mc-Graw will be speaking at all Masses about the needs of our diocesan mission in the Dominican Republic. Since 1991, the Arlington Diocese has provided clergy to two parishes in the rural highlands of the



Dominican Republic. The two parishes, in the neighboring towns of Bánica and Pedro Santana on the Haitian border, minister to over 13,000 souls, most of

whom live in extreme poverty. Your generosity will allow the diocese to continue to provide spiritual and material assistance to those who need it most. For more information on how you can support the Bánica Mission, go to **arlingtonmissions. org/banica-mission**.

Religious Oil Paintings Exhibition

On Sunday July 21, after all Masses, all are invited to enjoy a wonderful exhibition of religious art in the Parish Life Center. The paintings are framed in hand-carved wood and are exclusively about religious images: The Virgin, alone or with the Child, The Holy Family, Madonnas, Archangels and Angels, etc. The paintings will be sold at reasonable prices, from which a percentage of the sales will go towards the support of St. Mary of the Immaculate Conception Church, and the other to encourage artists that paint works which give glory to God.

CCW Invites You

The St. Mary CCW cordially invites the women of the parish to a luncheon in honor of our spiritual director, Father Michael Folmar, at noon on Tuesday, August 6, at the Fredericksburg Country Club, 11031 Tidewater Trail. Soup and salad buffet, \$20.69 per person (add \$3 for grilled chicken), tax and gratuity included. Please RSVP by July 26 to Donna Davis, LadyDee519@ aol.com or Karen LaRoche, **Addor72@gmail.com**, and send your check payable to Sharon Minniear at 1601 Heatherstone Drive, Fredericksburg, VA 22407. We hope you can join us!

Attention All Parish Organizations

Your calendar for the use of parish facilities from September 2019 to August 2020 should be submitted to Elaine in the Parish Office no later than July 31. Please make sure you submit your request to Elaine, in writing, as soon as possible, either by regular mail, or by email to estanislawski@stmaryfred.org. In setting up your schedule, please note that evening activities cannot be scheduled before 8pm Monday through Wednesday from September through May, due to Religious Education classes in the Parish Life Center and the John Paul II House. Thank you.

Attention Class of 2019

The Associates of St. John Bosco will be hosting four College Nights throughout the Arlington Diocese for graduated high schoolers headed to college in the fall. All events will be from 7-9pm: July 17 - Basilica of St. Mary, Alexandria July 24 - St. Mary of the Immaculate Conception

The purpose of these free events is to help students keep their faith while transitioning into college. Catholic college students from George Mason, Mary Washington, UVA, Virginia Tech, William & Mary and others will be in attendance to meet students and share their experiences of being a Catholic college student. It's a wonderful chance to meet fellow peers going to your school before even stepping foot onto campus! Free dinner with registration and the chance to win door prizes! Student registration can be found by visiting **asjb. org.** Registration is limited to 50 students per night.

Retreat for those Facing Serious Illness

This retreat offers a unique opportunity for persons who face serious physical illness to come away for a weekend of spiritual renewal. Come celebrate life and the love of our Lord in a beautiful and comfortable place among caring people. There will be times of prayers, talks by priests, celebration of the liturgy, quiet time and ample rest. The retreat begins on a Friday afternoon and ends Sunday with a closing Mass. The retreat is staffed by a team of caring health professionals who are available to you throughout the weekend to ensure your medical needs are met. There will be experienced physicians and nurses, along with priests, helpers and volunteers. The retreat is open to men and women. The dates are July 12-14 and October 4-6. It is held at the San Damiano Spiritual Life Center in White Post, Va. There is no cost to you for the retreat. For information please email your information to Retreat@ccda.net. Include your: Name, Phone number, and Available times to take a call. Please put July (or October) Seriously Ill Retreat in the Memo line. You can also call (703) 335-2779 option 14 and leave the information on Catholic Charities message line. A nurse from the retreat team will be in contact with you about your care needs and the application process. If you are registering for a friend or family member, the nurse will need to speak directly with the retreatant during the application phone call.

For those interested there are open-

parish life get involved

ings available for nursing volunteers. Email or call as listed above. If you have questions, call Tammie Chute 540-370-6343.

Prison Ministry Pen Pal Program

One of the Corporal Works of Mercy found in the teachings of Jesus calls us to serve the prisoners. Men and women in prison are still people, made in the image and likeness of God. No matter what someone has done, they deserve the opportunity to hear the Word of God and find the Truth of the message of Christ. If you like to write, you can help fulfill this important ministry by virtually "visiting" prisoners in spirit, sharing your love, compassion, friendship, encouragement, and spiritual support through the exchange of letters with offenders who are hopeless, alone, and forgotten. To learn more about St. Mary's Prison Ministry or to sign up for an orientation session, email, call, or text Jim Shall, jimshall1@ yahoo.com, Cell 301-848-6039.

Seven Sisters Apostolate: Join Us in Prayer for Our Priests

Do you have a heart for our priests? Would you like to offer them support and encouragement in their ministry? Perhaps God is calling you to join us in the Seven Sisters Apostolate, a newly formed ministry at St. Mary's that is part of an international movement of prayer for priests and bishops. Permanent members commit to a Holy Hour one day a week for the needs and intentions of one of our St. Mary's priests or Bishop Burbidge. All days of the week are currently available, and the Holy Hour can be completed at any time of the day or night - a consistent hour on the assigned day is not required! The commitment is for one year and can be renewed if desired. Substitutes are also needed to fill in when a permanent adorer is unavailable. More information can be found at **sevensistersapostolate.org**. Please contact Kara Horne at 202.255.3178 or **karahorne@gmail.com**.

Verso l'Alto

Come join fellow Catholic Young Adults (18-39) at the church of St. Mary of the Immaculate Conception in Fredericksburg every Wednesday night at 7:30 PM in the library. Our purpose is to bring people closer to the faith in holy friendships. Sign up to our newsletter by e-mailing us at **stmaryyava@ gmail.com** or visit our website at **stmarysyoungadult.com**. For the month of July we will be serving dinner to the homeless at the Thurman Brisben Center at 3:30pm on July 24. We need volunteers! Sign up by visiting the events section of our website.

Volunteers Needed: UMW Catholic Campus Ministries

UMW CCM is seeking one qualified volunteer to assist with planning and production of the annual Gala & Silent Auction. Please contact Kat Sarfati at **admin@ umwccm.org by July 31 at 5pm** if interested.

Religious Education for Children and Young Adults with Disabilities

Special Religious Development (SPRED) uses symbolic instruction and serves children and young adults with developmental disabilities, such as Down Syndrome, Autism, and Learning Disabilities.

> * Adult volunteers and children come together in a small faith community to discover God's presence in their lives

* Children are encouraged to receive the Sacraments of Initiation, based on individual levels of readiness

* SPRED groups meets for 12 sessions per year, beginning in September and ending in April/May

* Children, along with adult volunteers, participate in catechesis and joyful activities that include crafts, music, snacks, and spiritual lessons with connections to the Mass, scripture, and daily life

*The ability to read is not required of children as all activities are designed to meet the needs of participants at various levels of achievement

YOU are invited to learn more about SPRED and help share God's Word with God's Special Children!

* Contact Karen Sturtevant, Assistant DRE ksturtevant@stmaryfred.org 540-373-6491

vida parroquial noticias en español





Educación Religiosa para niños y jóvenes con necesidades especiales

El programa (SPRED) utiliza instrucciones por medio de símbolos y sirve a niños y jóvenes con retrasos del desarrollo, Síndrome de Down, autismo y problemas de aprendizaje.

-Los adultos voluntarios y los niños se unen en una comunidad pequeña de fe para descubrir la presencia de Dios en sus vidas.

-Se fomenta que los niños reciban los Sacramentos de Iniciación, dependiendo del nivel de cada uno.

-Se reúnen 12 sesiones al año, comenzando en septiembre y terminando en abril o mayo.

-Los niños junto con los adultos voluntarios participan en el catecismo y en actividades divertidas que incluyen artes manuals, música, merienda y lecciones espitituales diseñadas para llenar las necesidades de cada participante con diferentes niveles de logros.

-Los invitamos a que conozcan más de este programa SPRED y a que nos ayuden a compartir la Palabra de Dios con los hijos especiales de Dios.

Para más información contacte a Karen Sturverant, asistente del Programa de Educación Religiosa ksturtevant@stmaryfred.org 540-373-6491



Los artículos deben ser enviados dos semanas antes de la publicación. Envíe los artículos a bulletin@stmaryfred.org ¡Gracias!

DEPORTES MARTES!

Todos los estudiantes de Middle and High School están invitados a ir a jugar deportes a Old Mill Park empezando Junio 18: 6pm-8pm

WE WELCOME YOU HOME. 540-373-6491

10

parish life happenings

We invite all Christians to gather in the peace of Christ at St. Mary **Monday, August 12** as we "prepare a place for unity and peace" together.



You are invited to a monthly gathering of prayer in the ecumenical tradition of the Taizé Community in France, the second Monday of every month at 8:15pm.

It is our hope that this monthly prayer brings together Christians of all churches, pastors and flocks, as together we realize a bit more each day that we must rely upon God's power to bring about Unity among all who follow Jesus, "as he and the Father are one." It is something we are unable to do ourselves.

This Unity which embraces all people stands at the very heart of Christ's mission...and belongs to the essence of our community. Let us provide a place where his Spirit can come and fulfill his plan for us.



10th Annual Summer Soirée

"For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you



—Jeremiah 29:11

August 3, 2019 SAVE THE DATE

SAINT MARY of the IMMACULATE CONCEPTION www.stmaryfred.org

11

operations given in love

Weekly Offertory

Offertory Collections for July 7

Offertory	\$31,822
Parish Building Fund	\$8,678
Peter's Pence Collection (add'l)	
St. Vincent de Paul Poor Box	\$1,596 \$125

Next week's second collection will support the Diocese Mission Appeal for Bánica Missions

Thank you for your generosity!

Masses were offered in June for the following unscheduled intentions: +John Lurato, +Cesar Hinostroza, +George Spinelli, John Gardner O'Toole, Harry Ulmer Peek, +Conor Jerome Gardner, Por la Salud de Janeth Herrera, Por la Salud de Ismael Colin, +Merino Family, +Destiny Dahlbeck, Greg Catolico, Siena Jessup, Julia Lesley, +Kelsey Fitzgerald, Grace Sherry, Jane Sherry, All Souls, +Sharon Yushko, Oblate Sisters, +Barbara Jean Mosimann (2), John Lesley, and +John Doherty

Diocesan Missionary Cooperative Appeal

Diocesan Mission Apostolate in the Dominican Republic - July 20 & 21

"Unless the mission is oriented by charity, that is, unless it springs from a profound act of divine love, it risks being reduced to mere philanthropic and social activity...Consequently, being missionaries means loving God with all one's heart, even to the point, if necessary, of dying for him." - Pope Benedict XVI

This year the Diocesan Missionary Cooperative Appeal is being made for the Arlington Diocese Dominican Republic Mission Apostolate.

During his pontificate, Pope John XXIII encouraged dioceses with sufficient numbers of priests to share them with dioceses that had

limited numbers of priests. Bishop Keating, second bishop of the Diocese of Arlington, listened to the Pope's request and established the Arlington Dominican Mission in 1991. Bishop Keating was also considering the well being of Arlington by providing the diocese with a mission experience. Thus, a more impoverished part of the world could receive much needed material goods, the faithful of Virginia could experience a sister church in a developing country, and the priests who would return from this mission land could better serve the growing number of Spanishspeaking Catholics in Northern Virginia. Since 1991, the Arlington Dominican Mission has served 70 communities in the Dominican Diocese of San Juan de la Maguana.

The Diocese assigns its missions in the Dominican Republic to each parish in the Diocese once every three years. Two of our Diocesan priests, Father Stephen McGraw and Father Jason Weber are currently on assignment at the parishes of San Francisco De Asis in Banica and San José in Pedro Santana. Father McGraw will visit our parish and speak about the Diocesan Mission Apostolate at all the Masses on July 20 and July 21. Your generous response to this Appeal is sincerely appreciated.

July Children's Charity

Children's Offertory Contributions for the month of July will be donated to Families of the Wounded Fund. This fund was created in 2005 to help the families of service members who come to McGuire Veterans Affairs Medical Center in Richmond with traumatic brain injuries and spinal-cord injuries from combat in Iraq and Afghanistan. Former Army Captain William Haneke, a wounded Vietnam

Veteran, and some colleagues recognized the need to assist family members who were away from home tending to their loved ones when they saw two young mothers with babies arrive from across the country with no money and barely enough gas to make the trip. The organization gives 100 percent of all tax-deductible donations to the families to help with food, lodging, transportation, child care, diapers and long-distance calling cards during the many weeks a family is in the Richmond area, and each family currently receives \$7,500.00. For more information, visit their website at fotwf.org.

Choose Life Reflection

The Rosary has conquered countless enemies, and many pray it in front of abortion mills. As we acknowledge Jesus as the fruit of Mary's womb, we stand to pray for our brothers and sisters in the womb. As we honor the greatest mother, we pray for all the frightened mothers. *Mary, our Mother, bring us Jesus yet again; lead us to His victory over all forms of death.*

Flos Carmeli

Feast of Our Lady of Mount Carmel, July 16

O beautiful flower of Carmel, most fruitful vine, splendor of heaven, holy and singular, who brought forth the Son of God, still ever remaining a pure virgin,



assist us in our necessity!

O Star of the Sea, help and protect us! Show us that you are our Mother!



liturgy daily bread

Saint Mary Prayer List

Please pray for those who are sick or in need, especially: Tracey Hansen, Elizabeth Ames, Aleisa Barber, David Arnold, Maryann Greatsinger, Antonio Ferrara, Wilson and Joan Parker, Emma Gilbert, Virginia Gannon, Daniel Burke, Dorie Lee, Christopher Szynal, Joy Zerby, Mariah Ceidlinger, Kelly Carperter-Silvers, Suzi Eggleston, Bernad Castillo, Michael Durant, Matthew Gomer, Tricia Davis, Martha Clements, Donna Long, Mary Ann Maynard, Zachary Payne, Margaret Krebbel, Adrianna Pruitt, Deanna Pruitt, Montgomery Wood, Patricia Russo, Charles Dittmer, Bruce Mattern, Dorothy Simmons, Nikolai Sherba, Sharon Ś., Barbara Clarke, Roseanne Nash, Jeanne Burke, Prudy Tarpe, Maureen Mizzles, Miles Wood, Mary Ellen Kearney, Kay Simmons, Robert Meyer, Marc and Susan Wood, Lita Mary Mamboyo, Nathan Apicella, Timothy Travis, Kaden Sabo, Robert Nathan Servetnick, Dianne Clancy, The Chevchuc Family, Christina Bolt, Bruce Bates, Richard Casaldi, Alex Tonn, James Evans, Larry Dillman, Theresa Kovalefsky, Amber Moser, Erin Krieg, Matthew Meyer, Brittany Meyer, Sara Meyer, Douglas & Dorothy Meyer, Karla Dorsey, Mary Jean & Don Williams, Linda & Frank Walter, Cathleen Mihalaki, Re Macarthur, Jordan Tackett, Bridget Sherba, Randy McNulty, Riley Horstick, David A., Marty T., Janet Yerkie, Brittany Yerkie, Elizabeth Stoehr, David Semeglo, Robert L Gomer, Carla J Gomer, Thomas Moeller, Lorraine Becker, Gerald Gardiner, Larry Delaney, James Keddie, Lorena Hernandez, Miguel Hernandez and Edgar Giovanni Castro, Julio Diaz, Kelly Murray, Marianne Ford, Ortiz Family, James Derouin, Karen Danis, Jim Mann, Muriel Bovat, Gina Wood, Michelle & Lawrence Hudson, Monica White & Patrick White, Betty McKee, Arturo Mendoza Sanchez, Vickie Coburn, Susana Rios- Villagrana, Jeff Shinrock, Mary Ulmer, John Michaelides, Thomas Biddulph, Pat Tholen, Fernando Guadarrama, Margaret Dougherty, Betty Gil, Adrienne Menjivar, Deanna White, David Mares, Chuck Boyer, Daniel Bustamonte, Hector Rios-Villagrana & Family, Miguel Correa & Family, Tamlyn Leaf, Gordon Leffel, Graciela Chavez, Nico Luiggi, Vickie Coburn, Ana B. Rojas, Maria Mangini, Melanie and Chris Koumentakos, Maryanne Schram, Jackie Davia Johnson, Jenna Ćappello, Matt Seidlinger, Benjamin Grillo, Gavin Menteer, Jim Seidlinger, Mary Ellen Kearney, Kurt Gutzmann, Lois Michell, Frank Pollack, Leslie and Charlotte Heagney, Joseph Daley, Carolyn Shebora, Melvin Schreckinger, Stephen Inguanti, Rhonda Wolfe, John Druiett, Delia Flores, Bruce Berry, Glen Gress, Bobby Blankenship & family, Buddy & Vincent Yerkie & Family and William Davis III, Carolyn Allen, Elise Dutton, Nancy Firestone, Mitchell Wood, Felicity Peletier, Leah Sanford, Dawn Dittmer, Jason Stoker, Makenna Anne Koetzle, Peggy Silverman, Jack Ryan, Amy Peretta, Janet Fisher, Dave Fisher, Leony Scott, Paul Scott, Wendy Vann, Michael Vann, Michelle Thomas, Jerry Hall, Zelda Meyer, Jack Ryan, Robert Boggio ,Ryan McNichol, Bianca Sanchez, Jackeline Sanchez & Family, Mary Hope Burkett, Dick Geary, Sean Duarte, Linda Schaaf, Ingrid Mohammed, Dave & Joy Zerby, David Silberman, Mrs. Joann A. Formeller, Jim Matarese & Son, Paula Hass, Leony Scott, Catherine Laski, Winifred Herrin, Brenda Leffel, Deborah Nunez, Larry Hays, Alma Keyes

Please pray for all the men and women in our military and civilian support services overseas, especially: Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Sean Plunkett, Roy Selvidge, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Nelly Garcia, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Jason Cullinan, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Patrick Johnson, Sean Jobes, John Paul Smetek, Matthew Molino

Please pray also for those who have died, especially the benefactors of Saint Mary Church. Al Anon Surviving the Weekend Group

For those who have been affected by someone else's drinking, and members come together to learn a better way of life and how to find happiness. Especially at this time of year, it's important to know that you are not alone and there is help. **There is an Al Anon meeting every Saturday at 10am in Room 204 of St. Mary's Parish Life Center.**

Nar Anon Support Available

Nar Anon is a program that offers support to family members and friends of loved ones struggling with substance abuse. All information and discussion is non-judgemental, informative and strictly confidential. Our meetings are in **Room 100 in the Parish Life Center on Thursday from 7-8pm** and are open to the community at large. **Contact Cathy at 703-201-8821**, **burgh757@gmail.com or Wayne at 540-840-5230**.

SAINT MARY of the IMMACULATE CONCEPTION www.stmaryfred.org

July

15 MONDAY

6:30am Marie Yodice+ 9:00am Nick Carducci+ Ex 1:8-14, 22/Mt 10:34—11:1

16 TUESDAY

6:30am Nicola Kanaan 9:00am Rev. Kieran Kavanaugh, OCD+ Ex 2:1-15a/Mt 11:20-24

17 WEDNESDAY

6:30am Bronislaw Stanislawski 9:00am Harold and Frances Wildman+ 12:00pm Alberonie and Thom Raton+ Ex 3:1-6, 9-12/Mt 11:25-27

18 THURSDAY

6:30am Bennett McRackan+ 9:00am Charles White+ Ex 3:13-20/Mt 11:28-30

19 FRIDAY

6:30am Maria Beltran 8:00am Kiery and Tatiana Beltran Ex 11:10—12:14/Mt 12:1-8

20 SATURDAY

9:00am Ruth Quade+ 5:00pm Marilyn Marlow+ 7:00pm Richard Geisenheyner+ Ex 12:37-42/Mt 12:14-21

21 SUNDAY

7:00amGeorge Black+8:30amElaine Stanislawski10:30amMargaret and Patrick Gralton+10:30amBill Sampsone+12:30pmLily and William Haas+2:30pmFor Our Parish5:00pmBon Van Than+7:00pmJose Escurra+Gn 18:1-10a/Col 1:24-28/Lk 10:38-42

* Indicates Mass at Holy Cross Academy Please remember that Mass intentions may be requested at the parish office for any remaining Masses of the year. If dates are no longer available for the date you desire, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.

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Daily Mass Intentions and Readings