

SIXTEENTH SUNDAY IN ORDINARY TIME

July 21, 2019



Saint Mary of the Immaculate Conception Roman Catholic Church

1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

upcoming

July



**SAINT
MARY**
of the
IMMACULATE
CONCEPTION
Roman Catholic Church

21 SIXTEENTH SUNDAY IN ORDINARY TIME

Scrip on Sale after all Masses

Coffee Shop after 7am, 8:30am, 10:30am, Mass

22 Monday, Saint Mary Magdalene

10:15am, Legion of Mary, Our Lady of Perpetual Help Presidio, Parish Life Center, Room 100

6:30pm, Spanish Junior Legion of Mary, Courtyard Meeting Room

23 Tuesday, Weekday [Saint Bridget, Religious]

9:30am, Consecration Class, Courtyard Meeting Room

6pm, CYM Sports Tuesday at Old Mill Park

24 Wednesday, Weekday [Saint Sharbel Makhluf, Priest]

9:45am, Bible Study, Courtyard Meeting Room

12:45pm, Bible Study, Courtyard Meeting Room

3pm, Divine Mercy Devotions, Church

4pm, CYM Bible Study, John Paul II House

6:30pm, Confessions, Church

7pm, CYM College Night, Parish Life Center

7:30pm, Young Adults Meeting, Parish Office Library

25 Thursday, Saint James, Apostle

9:30am, Craft Group, Parish Life Center, Room 100

7pm, Nar-Anon, Parish Life Center, Room 100

26 Friday, Saints Joachim and Anne, Parents of the Blessed Virgin Mary

9am, Diocesan Mass with Bishop Burbidge for CYM Kings Dominion Day

6:30pm, Spanish Legion and Junior Legion of Mary, Courtyard Meeting Room

6:30pm, CYM St Vito Dance Club, Parish Life Center

7pm, Spanish Prayer Group, John Paul II House

27 Saturday, Weekday

8am, Confessions, Church

10am, Al-Anon, Parish Life Center, Room 204

10am, Baptisms, Church

3:30pm, Confessions, Church

28 SEVENTEENTH SUNDAY IN ORDINARY TIME

Scrip on Sale after all Masses

Coffee Shop after 7am, 8:30am, 10:30am Mass

11:30am New Parishioner Welcome Meeting, Parish Life Center

pulpit announcements

nota bene (note well, please):

▪ **Holy Cross Academy Preseason Volleyball Camp**
More information on page 5

▪ **Special Religious Development (SPRED)**
More information on page 9

▪ **Noticias en Español**
Más información en la página 10

▪ **Knights of Columbus Golden Corral Breakfast
July 28 after 8:30am Mass - All are Welcome!**
More information on page 11

THANK YOU to Paul's Bakery for their generous donation for over 20 years of delicious donuts and pastries to our St. Mary's Sunday Coffee Shop! Your gift is appreciated and delicious!



Visit Paul's Bakery today for delicious treats!

contact us

SUNDAY MASS Saturday Vigil 5 & 7pm
Sunday 7, 8:30, 10:30am, 12:30,
2:30pm (Spanish), 5pm, 7pm
10:30am at Holy Cross Academy

DAILY MASS Monday - Friday: 6:30am, 9am
M/W/F: 12 Noon
Saturday: 9am
First Friday 8pm
Holy Days of Obligation, as announced

DEVOTIONS Adoration, Daily between 6:30am &
9am Mass,
Wednesday 12:30pm - Friday 9am
Miraculous Medal Novena, Mon., after
9am Mass, Divine Mercy, Wed., 3pm

CONFESSION Wednesday, 6:30-8:30pm;
Saturday, 8am & 3:30pm, or by appt.

PARISH OFFICE 540-373-6491, fax 371-0251
stmary@stmaryfred.org
Monday - Friday, 8:30am - 4:30pm;
students staff office weekdays until 9pm,
Saturdays 9-5pm, Sundays 9:30-1:30pm

Pastor, Fr. John Mosimann
Fr. Sean Koehr
Fr. Michael J.R. Kelly
Fr. Michael Folmar
Deacon Alberto Bernaola
Deacon Dick Delio

Business Manager, Elaine Stanislawski
Parish Secretary, Jachebel Rios
Director of Music, David Uschold

HOLY CROSS ACADEMY 540-286-1600
250 Stafford Lakes Parkway
Fredericksburg, Virginia 22406-7234
Principal - Dr. Stephen Fry,
sfry@holycrossweb.com

ST. MARY PRESCHOOL 540-373-7553
Director, Sheri Castellarin

RELIGIOUS EDUCATION OFFICE 540-373-6491
Director, Aristides Lucas
Associate Director, Karen Sturtevant

YOUTH MINISTRY 540-373-6491
Tatiana Beltran

YOUNG ADULTS stmaryya@gmail.com
540-847-1872

OUTREACH 540-373-6491
Elena Doyle - edoyle@stmaryfred.org

BAPTISMS Parish registration (90 days) and class
required.
Please contact the parish office to
schedule the date at least four weeks
in advance.

MARRIAGE Parish registration required; contact
parish six months in advance to begin
preparation.

JOIN US New Parishioner Welcome meetings held
in the Parish Life Center on fourth Sun
days, following the 10:30 Mass. Please
notify us of any contact changes.

Articles must be submitted two weeks prior to publication.
Send articles to bulletin@stmaryfred.org. Thanks!

stmaryfred.org

from our pastor

pax et bonum

Dear Folks,

Last fall, in response to the widespread news of misconduct most vile on the part of priests and bishops, we had a listening session open to all members of the parish. It was a great opportunity to listen to the hurt and confusion that we all feel in reading wave after wave of bad news. Thank you to the many who attended and spoke that evening.

Additionally, many of those who attended expressed a desire to have another opportunity to gather again. For that reason, I want to call your attention to the announcement on page 9 of this week's bulletin under the headline "Letter to a Suffering Church."

We are announcing that Fr. Kelly is going to moderate and facilitate a 5 week series structured on Bishop Barron's letter under that title. This will run on 5 consecutive Saturdays from October 5th to November 2nd this fall.

I want to encourage you to attend as many sessions as you are able. We are asking you to 'sign up' so that we can know how many books to buy and how much space we will need for those who wish to attend.

However, if you are unable to attend all or even any of the sessions but would like a copy of the materials we will provide those.

Healing graces come through honestly looking at our failures and begging the Lord's Mercy. As that is true for each soul in the confessional, it also applies to the Church universal, and our parish family.

pax et bonum,



Fr Mosimann

Alpine Europe Pilgrimage

Featuring the Passion Play of Oberammergau

11 DAYS: SEPTEMBER 7 - 17, 2020

**HEIDELBERG ● RHINE VALLEY ● LUCERNE ● INNSBRUCK ● ALTÖTTING
MARKTL AM INN ● SALZBURG ● MUNICH ● ROTHENBURG**



**HOSTED BY
FR. JOHN MOSIMANN**

\$4299 FROM WASHINGTON, D.C.*

*Air/land tour price is \$3829 plus \$470 gov't taxes/airline surcharges

For More Information, Please Contact:

Fr. Mosimann

Tel: (540) 373-6491

Email: frmosimann@stmaryfred.org

DON'T WAIT FOR 2030!! SIGN UP TODAY!!!



education holy cross academy

Dear St. Mary Parish Families,

At Holy Cross Academy we are making strides to become a 21st Century Catholic School. Our students and teachers will enjoy the enhancements to learning that technology can provide while keeping our foundation firmly rooted in the Catholic Faith. Our faculty are eager to increase their knowledge of instructional technology with many of them attending a Google Classroom workshop offered on campus this summer.

We continue making preparations for the implementation of the 6th grade Chromebook pilot program this fall. 6th grade students will bring in a Chromebook to school each day that their teachers will help them use as an important tool to enhance their opportunities to express their learning, conduct research, and create presentations and projects. After measuring the success of the program throughout the year, our goal is to expand the Chromebook program to middle schoolers in 2020-2021. We have also secured a classroom set of Chromebooks which may be signed out and used by teachers at any grade level when they would like to enhance their lesson with technology. These are exciting initiatives for our school. I look forward to sharing more over the course of the year as we shape our Technology Plan for the coming years.

I look forward to continuing to absorb the culture of St. Mary's Parish and Holy Cross Academy as I prepare for the coming school year. I feel blessed that my family and I can be part of such wonderful faith communities.

In Christo,

Stephen M. Fry, Ed. D
Principal
Holy Cross Academy

HOLY CROSS ACADEMY IS HOSTING



4 - 6:30PM

**MONDAY
WEDNESDAY
FRIDAY**

2 WEEKS

**STARTS
AUGUST 9**

**Any Rising
6 - 8th Grade
Student
Welcome**

Practices held at HCA — Questions?
Contact Coach Jen at valilqte2019@gmail.com



**A National
Blue Ribbon
School of
Excellence**



St. Mary Catholic Preschool

St. Mary Catholic Preschool has openings in their program for 3 and 4 year olds. Classes are held in the morning on either Monday, Wednesday, Friday or Tuesday, Thursday. Please contact Sheri Castellarin, Preschool Director by phone at 540-373-7553 or via email at preschool@holycrossweb.com.



our parish religious education

Magnifikid

The dialogue between the priest and the congregation

Throughout the Mass, there is a dialogue between the priest and the congregation. A dialogue is like a conversation. The priest speaks to the people in the name of Christ. The assembled faithful respond to the priest as they lift their hearts in agreement, participation, and openness to God. When the people respond "Amen," for example, they are expressing their "yes" to everything the priest has said. This dialogue between the priest and the people is meant to remind us of all prayer, which is a loving conversation between the soul and God.



Christ Our Life: God Loves Us New Program for Kindergarten Students

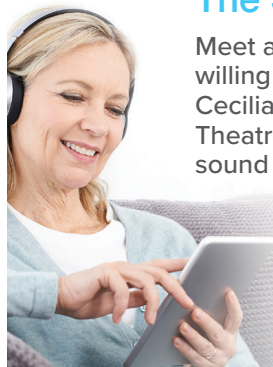
Religious educators have a sacred trust, to nurture the life of grace a child has received at Baptism. Loyola Press takes this charge seriously and seeks to prepare catechists, teachers, and families for this sacred duty. It was with God's youngest disciples in mind that God Loves Us now joins the Christ Our Life program for a comprehensive K-8 educational experience. This compelling program, written by the Sisters of Notre Dame, fosters children's love of God and guides them toward a life of discipleship. Christ Our Life: God Loves Us provides children with a thorough presentation of the authentic teachings of the Catholic Church and matches it with their ability to learn complex concepts when presented in ways that are friendly and proven to work with four to six year olds. With active-learning opportunities on every page of the program, kindergartners are always engaged and fully immersed in the rich content of their Catholic faith.

FORMED PICK OF THE WEEK

Ode to Saint Cecilia

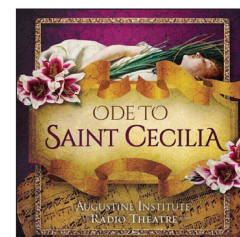
The Story of a Holy Muse

Meet an inspiring woman with fierce courage and unwavering faith, willing to follow the path of beauty and truth—no matter the cost. Saint Cecilia's remarkable story will come to life in Augustine Institute Radio Theatre's audio drama featuring award-winning actors and cinematic sound and music.



[Listen on formed.org](https://formed.org)

FORMED



"Beautifully written and acted! It really makes the people and events come alive in a way that is both engaging and thought provoking."
—Rosalin S, Edgeley, ND

JOIN FORMED 1. formed.org 2. click register 3. enter parish code: **F6F228**

our parish youth ministry

JOIN FITNESS CLUB!

Next meeting is on August 10, please contact Rachel Luciani for more info: lucianir@comcast.net.



WE NEED YOUR HELP WITH

CYM DINNER

SUNDAY YOUTH DINNERS. PLEASE REACH OUT
TO US IF YOU CAN HELP.

We are in need of help with our upcoming Sunday night CYM Dinners. The dinners occur every Sunday night that we have the High School Youth Group. Volunteers are placed in teams of 6-7 people and serve dinners 4 - 5 times a year (August - May). If you are able to help, please email me at tbeltran@stmaryfred.org

Middle School Youth Group

Starting: Friday, August 16th

**1st & 3rd Friday of the Month
6:30pm-8pm
Parish Life Center**

St. Vito Dance Club



Stay Up-to-Date

Be sure to stay in the know with St. Mary CYM by visiting stmaryfred.org/youth-ministry

StMaryCYM    
#GetInvolvedBeTransformed

parish life get involved

Saint Vincent de Paul News

The Thrift Shop will **NOT** be accepting clothing donations for the month of August. All other donations furniture, household goods etc. will be accepted as usual. Thank you for your understanding and your continued support.

CCW Invites You

The St. Mary CCW cordially invites the women of the parish to a luncheon in honor of our spiritual director, Father Michael Folmar, at noon on Tuesday, August 6, at the Fredericksburg Country Club, 11031 Tidewater Trail. Soup and salad buffet, \$20.69 per person (add \$3 for grilled chicken), tax and gratuity included. Please RSVP by July 26 to Donna Davis, LadyDee519@aol.com or Karen LaRoche, Ad-dor72@gmail.com, and send your check payable to Sharon Minniear at 1601 Heatherstone Drive, Fredericksburg, VA 22407. We hope you can join us!

Attention All Parish Organizations

Your calendar for the use of parish facilities from September 2019 to August 2020 should be submitted to Elaine in the Parish Office no later than July 31. Please make sure you submit your request to Elaine, in writing, as soon as possible, either by regular mail, or by email to estanislawski@stmaryfred.org. In setting up your schedule, please note that evening activities cannot be scheduled before 8pm Monday through Wednesday from September through May, due to Religious Education classes in the Parish Life Center and the John Paul II House. Thank you.

Attention Class of 2019

The Associates of St. John Bosco will be hosting four College Nights throughout the Arlington Diocese for graduated high schoolers headed to college in the fall. All events will be from 7-9pm:

July 24 - St. Mary of the Immaculate Conception

The purpose of these free events is to help students keep their faith while transitioning into college. Catholic college students from George Mason, Mary Washington, UVA, Virginia Tech, William & Mary and others will be in attendance to meet students and share their experiences of being a Catholic college student. It's a wonderful chance to meet fellow peers going to your school before even stepping foot onto campus! Free dinner with registration and the chance to win door prizes! Student registration can be found by visiting asjb.org. Registration is limited to 50 students per night.

Prison Ministry Pen Pal Program

One of the Corporal Works of Mercy found in the teachings of Jesus calls us to serve the prisoners. Men and women in prison are still people, made in the image and likeness of God. No matter what someone has done, they deserve the opportunity to hear the Word of God and find the Truth of the message of Christ. If you like to write, you can help fulfill this important ministry by virtually "visiting" prisoners in spirit, sharing your love, compassion, friendship, encouragement, and spiritual support through the exchange of letters with offenders who are hopeless, alone, and forgotten. To learn more about St. Mary's Prison Ministry or to sign up for an orientation session, email, call, or text Jim Shall, jimshall1@yahoo.com, Cell 301-848-6039.

Seven Sisters Apostolate: Join Us in Prayer for Our Priests

Do you have a heart for our priests? Would you like to offer them support and encouragement in their ministry? Perhaps God is calling you to join us in the Seven Sisters Apostolate, a newly formed ministry at St. Mary's that is part of an international movement of prayer for priests and bishops. Permanent members commit to a Holy Hour one day a week for the needs and intentions of one of our St. Mary's priests or Bishop Burbidge. All days of the week are currently available, and the Holy Hour can be completed at any time of the day or night - a consistent hour on the assigned day is not required! The commitment is for one year and can be renewed if desired. Substitutes are also needed to fill in when a permanent adorer is unavailable. More information can be found at sevensistersapostolate.org. Please contact Kara Horne at 202.255.3178 or karahorne@gmail.com.

Verso l'Alto

Come join fellow Catholic Young Adults (18-39) at the church of St. Mary of the Immaculate Conception in Fredericksburg every Wednesday night at 7:30 PM in the library. Our purpose is to bring people closer to the faith in holy friendships. Sign up to our newsletter by e-mailing us at stmaryyava@gmail.com or visit our website at stmarysyongadult.com. For the month of July we will be serving dinner to the homeless at the Thurman Brisben Center at 3:30pm on July 24. We need volunteers! Sign up by visiting the events section of our website.

parish life get involved

Upcoming Adult Faith Formation Classes

Pillar I: *The Creed* provides the foundation needed to begin the four-part journey through the complete Pillars series. The Creed

opens up the structure of the Catechism and shows how it is far more than a list of “faith facts,” but instead a sure map for your journey of faith.

The cost for workbook, with answers, \$35 exact cash or check only. **You must pay for the class when you sign up.** Books will only be distributed at class. Class size is limited to 35 participants max. This is a twelve week class

Class begins: **Wednesday, September 11** at 9:45am or **Thursday, September 12.**

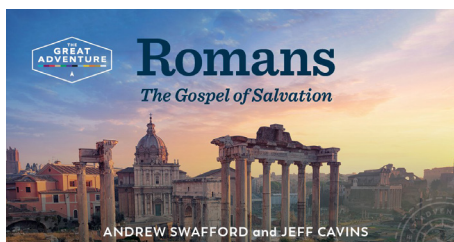
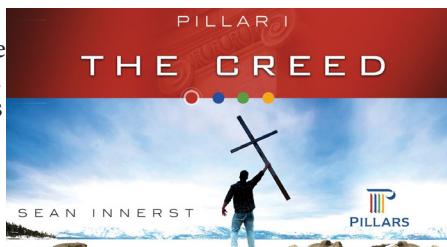
Letter to a Suffering Church

Feeling hurt, angry, or demoralized about the sexual abuse crisis plaguing the Catholic Church? Our parish wants to help, and that's why we've ordered copies of a new book for everyone in the parish. It's titled *Letter to a Suffering Church: A Bishop Speaks on the Sexual Abuse Crisis* by Bishop Robert Barron. St. Mary will explore these issues with Bishop Barron's series with Fr. Kelly as moderator or group discussions. Please sign up at the Church Office by September 20. The program will run for 5 consecutive Saturday mornings at 9:30am starting on October 5 and ending on November 2. A free and short book by Bishop Barron and a video series will accompany each of sessions.

Romans: Paul's letter to the Romans has been at the center of reflection, conversion, and controversy from the very beginning. *Romans:* The Gospel of Salvation provides an authentically Catholic, comprehensive, and simple way to understand the overarching theme of Romans—salvation.

Romans: The Gospel of Salvation explores the ways in which Jesus is the fulfillment of Israel's prophecies, which leads to the universal, “Catholic” family of God.

In this 8-session program, theology professor **Dr. Andrew Swafford** and **Jeff Cavins** examine Paul's letter to the Romans. Dr. Swafford and Cavins provide historical context and highlight the connections to Jesus and Christianity Paul makes with the Old Testament. Join us for this study on **Monday** afternoons beginning **October 7** at 12:45pm. The cost for this class is limited to 40 participants max. The cost is \$20 for the class and must be paid at the time of sign-up. Books will only be distributed at class.



Religious Education for Children and Young Adults with Disabilities

Special Religious Development (SPRED) uses symbolic instruction and serves children and young adults with developmental disabilities, such as Down Syndrome, Autism, and Learning Disabilities.

*** Adult volunteers and children come together in a small faith community to discover God's presence in their lives**

*** Children are encouraged to receive the Sacraments of Initiation, based on individual levels of readiness**

*** SPRED groups meets for 12 sessions per year, beginning in September and ending in April/ May**

*** Children, along with adult volunteers, participate in catechesis and joyful activities that include crafts, music, snacks, and spiritual lessons with connections to the Mass, scripture, and daily life**

*** The ability to read is not required of children as all activities are designed to meet the needs of participants at various levels of achievement**

YOU are invited to learn more about SPRED and help share God's Word with God's Special Children!

*** Contact Karen Sturtevant, Assistant DRE
ksturtevant@stmaryfred.org
540-373-6491**

Educación Religiosa para niños y jóvenes con necesidades especiales

El programa (SPRED) utiliza instrucciones por medio de símbolos y sirve a niños y jóvenes con retrasos del desarrollo, Síndrome de Down, autismo y problemas de aprendizaje.

-Los adultos voluntarios y los niños se unen en una comunidad pequeña de fe para descubrir la presencia de Dios en sus vidas.

-Se fomenta que los niños reciban los Sacramentos de Iniciación, dependiendo del nivel de cada uno.

-Se reúnen 12 sesiones al año, comenzando en septiembre y terminando en abril o mayo.

-Los niños junto con los adultos voluntarios participan en el catecismo y en actividades divertidas que incluyen artes manuales, música, merienda y lecciones espirituales diseñadas para llenar las necesidades de cada participante con diferentes niveles de logros.

-Los invitamos a que conozcan más de este programa SPRED y a que nos ayuden a compartir la Palabra de Dios con los hijos especiales de Dios.

Para más información contacte a
Karen Sturverant, asistente del Programa de Educación Religiosa

ksturtevant@stmaryfred.org
540-373-6491



El Grupo de Parejas & El Grupo de Oración de la RCC
“Confiados en Jesús y María”

TE INVITAN AL RETIRO



Para Matrimonios

Sábado 10 de Agosto del 2019
Hora: 8:00 am – 5:00 pm

Esposos, ámense, así como Cristo amó a la iglesia y se entregó por ella para hacerla santa.
Efesios 5.25

\$20
Por
pareja

Contáctos e Inscripciones:

Lizette Arce: (540) 429-9291
Leticia González: (703) 473-7218
Ismael Bermúdez: (540) 295-3093
Isabel Bermúdez: (540) 735-6813

Lugar: 1009 Stafford Avenue, Fredericksburg, Virginia 22401
Centro de Vida Parroquial Saint Mary's Catholic Church



DEPORTES MARTES!

Todos los estudiantes de Middle and High School
están invitados a ir a jugar deportes a Old Mill

Park empezando

Junio 18: 6pm-8pm

parish life happenings

Knights of Columbus Corporate Communion Breakfast

Come celebrate Mass July 28 at 8:30am at St. Mary with social time and breakfast at Golden Corral Restaurant immediately following Mass. Golden Corral is located at: 10320 Spotsylvania Ave, Fredericksburg, VA 22408. It's been awhile since we last got together for Sunday breakfast at the "Corral" a good showing will provide for a separate space for our members and parish guests. Hey, invite the person next to you after Mass!

Celebrate St. John Henry Newman!

Celebrate the canonization of St. John Henry Cardinal Newman with St. Mary's! Fr. Kelly will give a talk on Newman's life and his sermon "Equanimity" on Friday, October 11 at 7:30pm in the Courtyard Meeting Room. Shadowed by controversy and lauded by many 20th Century churchmen and academics, Newman has been a fascinating figure in both the Anglican Church and the Catholic Church since the 19th Century. Come find out about the

St. John Henry, England's first canonized saint since the Reformation who isn't a martyr and often called "the Ghost Writer of The Second Vatican Council."

Save the Date: Knights of Columbus Freedom 5K Run/Walk

The Knights of Columbus Freedom 5K Family Walk/Run is back and scheduled for October 5, 2019. Be sure to register early and find more information at kofcfreedom5k.com or find us on facebook @kofcfreedom5k. 100% of all donations will be used to support three local organizations. This year, the three organizations that will benefit from your generosity are Mary's Shelter, Loisann's Hope House, and Birthright of Fredericksburg.



We invite all Christians to gather in the peace of Christ at St. Mary

Monday, August 12

as we "prepare a place for unity and peace" together.



You are invited to a monthly gathering of prayer in the ecumenical tradition of the Taizé Community in France, the second Monday of every month at 8:15pm.

It is our hope that this monthly prayer brings together Christians of all churches, pastors and flocks, as together we realize a bit more each day that we must rely upon God's power to bring about Unity among all who follow Jesus, "as he and the Father are one." It is something we are unable to do ourselves.

This Unity which embraces all people stands at the very heart of Christ's mission...and belongs to the essence of our community. Let us provide a place where his Spirit can come and fulfill his plan for us.

6th Annual
Guadalupe Free Clinic Golf Classic
www.guadalupefreeclinic.org
Monday, August 5

**Potomac Shores Golf Club
Dumfries, VA**

A Jack Nicklaus Signature Golf Course
A "Top 10 Best New Courses in the Country"
by Golf Digest, 2015

**Email gfcgolf@guadalupefreeclinic.org or call
Jovonna Hanlon (540) 621-2540 or Cindy Giles (540) 207-0323**

operations given in love

Weekly Offertory

Offertory Collections for July 14

Offertory	\$33,661
Solidarity Fund for Church in Africa	\$5,977
Parish Building Fund (add'l)	\$2,410
St. Vincent de Paul Poor Box	\$122

Faith Direct Deposit for July

Offertory	\$56,101
Building Fund	\$5,596
Church in Africa	\$1,767
Diocese Mission Appeal	\$1,510

Thank you for your generosity!

July Children's Charity

Children's Offertory Contributions for the month of July will be donated to Families of the Wounded Fund. This fund was created in 2005 to help the families of service members who come to McGuire Veterans Affairs Medical Center in Richmond with traumatic brain injuries and spinal-cord injuries from combat in Iraq and Afghanistan. Former Army Captain William Haneke, a wounded Vietnam Veteran, and some colleagues recognized the need to assist family members who were away from home tending to their loved ones when they saw two young mothers with babies arrive from across the country with no money and barely enough gas to make the trip. The organization gives 100 percent of all tax-deductible donations to the families to help with food, lodging, transportation, child care, diapers and long-distance calling cards during the many weeks a family is in the Richmond area, and each family currently receives \$7,500.00. For more information, visit their website at fotwf.org.

Choose Life Reflection

After the abortion, I never would have believed things could get better. But, amazingly, since my post-abortion counseling, I have experienced hope and healing and self-forgiveness. — A mother who lost a child in an abortion (Visit hopeafterabortion.com if you or someone you know has been affected by an abortion.) *We pray for all those suffering from the effects of abortion, that they may be healed.*

We've got Script Gift Cards for That

Do you buy groceries at Giant, Walmart or Weis? We have Script Gift cards for that. Buy breakfast or Lunch at Chipotle, Taco Bell, Wendy's, or Panera Breads? We have Script Gift cards for that. Enjoy fine dining at Red Lobster, Outback, Bravos, Bonefish, Carrabba's, Bob Evans, or Cracker Barrel. We have Script Gift Cards for that. Stop by the Script Gift Card table in the PLA after mass and purchase gift cards or to review the list of all the Script Gift Cards that are available. Set up an account today and continue earning rebates for HCA! Please email Scrip Coordinator at scripcoordinator@holycrossweb.com for the school enrollment code so HCA gets credit for your purchase or with any questions. Thanks for using script gift cards!



Field Hockey Coach Openings

Saint John Paul the Great Catholic High School in Potomac Shores, VA, has immediate coaching openings for Field Hockey. Candidates should have a desire to form and develop young people in addition to having a good knowledge of Field Hockey. For more information please contact Athletic Director, Chris Vander Woude at chris.vanderwoude@jpthegreat.org.

Pregnant?

Feeling trapped and alone?
Know someone who may be?

Make us your first call

-Non-Judgemental

-Confidential

-Supportive

Pregnancy tests available

All Services are FREE

 **Birthright**
Fredericksburg

540-898-8558

24hour help line:

1-800-550-4900

2006 Lafayette Blvd, #202

Fredericksburg, VA 22401

birthrightoffredericksburg.com

liturgy daily bread

Saint Mary Prayer List

Please pray for those who are sick or in need, especially: Tracey Hansen, Elizabeth Ames, Aleisa Barber, David Arnold, Maryann Greetsinger, Antonio Ferrara, Wilson and Joan Parker, Emma Gilbert, Virginia Gannon, Daniel Burke, Dorie Lee, Christopher Szynal, Joy Zerby, Mariah Ceidlinger, Kelly Carperter-Silvers, Suzi Eggleston, Bernad Castillo, Michael Durant, Matthew Gomer, Tricia Davis, Martha Clements, Donna Long, Mary Ann Maynard, Zachary Payne, Margaret Krebbel, Adrianna Pruitt, Deanna Pruitt, Montgomery Wood, Patricia Russo, Charles Dittmer, Bruce Mattern, Dorothy Simmons, Nikolai Sherba, Sharon S., Barbara Clarke, Roseanne Nash, Jeanne Burke, Prudy Tarpe, Maureen Mizzles, Miles Wood, Mary Ellen Kearney, Kay Simmons, Robert Meyer, Marc and Susan Wood, Lita Mary Mamboyo, Nathan Apicella, Timothy Travis, Kaden Sabo, Robert Nathan Servetnick, Dianne Clancy, The Chevchuc Family, Christina Bolt, Bruce Bates, Richard Casaldi, Alex Tonn, James Evans, Larry Dillman, Theresa Kovalefsky, Amber Moser, Erin Krieg, Matthew Meyer, Brittany Meyer, Sara Meyer, Douglas & Dorothy Meyer, Karla Dorsey, Mary Jean & Don Williams, Linda & Frank Walter, Cathleen Mihalaki, Re Macarthur, Jordan Tackett, Bridget Sherba, Randy McNulty, Riley Horstick, David A., Marty T., Janet Yerkie, Brittany Yerkie, Elizabeth Stoehr, David Semeglo, Robert L Gomer, Carla J Gomer, Thomas Moeller, Lorraine Becker, Gerald Gardiner, Larry Delaney, James Keddie, Lorena Hernandez, Miguel Hernandez and Edgar Giovanni Castro, Julio Diaz, Kelly Murray, Marianne Ford, Ortiz Family, James Derouin, Karen Danis, Jim Mann, Muriel Bovat, Gina Wood, Michelle & Lawrence Hudson, Monica White & Patrick White, Betty McKee, Arturo Mendoza Sanchez, Vickie Coburn, Susana Rios- Villagrana, Jeff Shinrock, Mary Ulmer, John Michaelides, Thomas Biddulph, Pat Tholen, Fernando Guadarrama, Margaret Dougherty, Betty Gil, Adrienne Menjivar, Deanna White, David Mares, Chuck Boyer, Daniel Bustamonte, Hector Rios-Villagrana & Family, Miguel Correa & Family, Tamlyn Leaf, Gordon Leffel, Graciela Chavez, Nico Luiggi, Vickie Coburn, Ana B. Rojas, Maria Mangini, Melanie and Chris Koumentakos, Maryanne Schram, Jackie Davis Johnson, Jenna Cappello, Matt Seidlinger, Benjamin Grillo, Gavin Menteer, Jim Seidlinger, Mary Ellen Kearney, Kurt Gutzmann, Lois Michell, Frank Pollack, Leslie and Charlotte Heagney, Joseph Daley, Carolyn Shebora, Melvin Schreckinger, Stephen Inguanti, Rhonda Wolfe, John Druett, Delia Flores, Bruce Berry, Glen Gress, Bobby Blankenship & family, Buddy & Vincent Yerkie & Family and William Davis III, Carolyn Allen, Elise Dutton, Nancy Firestone, Mitchell Wood, Felicity Peletier, Leah Sanford, Jason Stoker, Makenna Anne Koetzle, Peggy Silverman, Jack Ryan, Amy Peretta, Janet Fisher, Paul Scott, Wendy Vann, Michael Vann, Michelle Thomas, Jerry Hall, Zelda Meyer, Jack Ryan, Robert Boggio, Ryan McNichol, Bianca Sanchez, Jackeline Sanchez & Family, Mary Hope Burkett, Dick Geary, Sean Duarte, Linda Schaaf, Ingrid Mohammed, Dave & Joy Zerby, David Silberman, Mrs. Joann A. Formeller, Jim Matarese & Son, Paula Hass, Leony Scott, Catherine Laski, Winifred Herrin, Brenda Leffel, Deborah Nunez, Larry Hays, Alma Keyes, Mary Carr-John, Phil Fuller, Jean Guinn, Sylvia Littlepaige

Please pray for all the men and women in our military and civilian support services overseas, especially: Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Sean Plunkett, Roy Selvidge, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Nelly Garcia, Mindy Haken-son, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Jason Cullinan, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Patrick Johnson, Sean Jobes, John Paul Smetek, Matthew Molino, Michael Scott

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

Al Anon Surviving the Weekend Group

For those who have been affected by someone else's drinking, and members come together to learn a better way of life and how to find happiness. Especially at this time of year, it's important to know that you are not alone and there is help. **There is an Al Anon meeting every Saturday at 10am in Room 204 of St. Mary's Parish Life Center.**

Nar Anon Support Available

Nar Anon is a program that offers support to family members and friends of loved ones struggling with substance abuse. All information and discussion is non-judgemental, informative and strictly confidential. Our meetings are in **Room 100 in the Parish Life Center on Thursday from 7-8pm** and are open to the community at large. **Contact Cathy at 703-201-8821, burgh757@gmail.com or Wayne at 540-840-5230.**

Daily Mass Intentions and Readings

July

22 MONDAY

6:30am Elaina O'Neill
9:00am Stanley Guzik+
12:00pm Terence L. Koethe
Sg 3:1-4/Jn 20:1-18

23 TUESDAY

6:30am Rosa Man Vu+
9:00am Francis Marchal+
Ex 14:21—15:1/Mt 12:46-50

24 WEDNESDAY

6:30am Francisca Hernandez+
9:00am Roger Brown
12:00pm Diane Hurley
Ex 16:1-5, 9-15/Mt 13:1-9

25 THURSDAY

6:30am Joseph Thahn Cong Vu+
9:00am Father Folmar
2 Cor 4:7-15/Mt 20:20-28

26 FRIDAY

6:30am Joseph and Mary Ann Jones
8:00am Karen Sturtevant
Ex 20:1-17/Mt 13:18-23

27 SATURDAY

9:00am Lori Sturtevant
5:00pm Olga Bruno de Muñoz+
7:00pm For the Unborn
Ex 24:3-8/Mt 13:24-30

28 SUNDAY

7:00am Our Military Living & Deceased
8:30am Frances Cascio+
10:30am Julia Abbott+
10:30am* David Spellman+
12:30pm Pedro and Ana Alvarez
2:30pm Josefa Reyes Alvarez+
5:00pm For Our Parish
7:00pm Matthew Jacobeen
Gn 18:20-32/Col 2:12-14/Lk 11:1-13

** Indicates Mass at Holy Cross Academy*

Please remember that Mass intentions may be requested at the parish office for any remaining Masses of the year. If dates are no longer available for the date you desire, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.