

SEVENTEENTH SUNDAY IN ORDINARY TIME

July 28, 2019



Saint Mary of the Immaculate Conception Roman Catholic Church

1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

upcoming

July



**SAINT
MARY**
of the
IMMACULATE
CONCEPTION
Roman Catholic Church

28 SEVENTEENTH SUNDAY IN ORDINARY TIME

Scrip on Sale after all Masses

Coffee Shop after 7am, 8:30am, 10:30am Mass

11:30am New Parishioner Welcome Meeting, Parish Life Center

29 Monday, Saint Martha

10:15am, Legion of Mary, Our Lady of Perpetual Help Presidio, Parish Life Center, Room 100

6:30pm, Spanish Junior Legion of Mary, Courtyard Meeting Room

30 Tuesday, Weekday [Saint Peter Chrysologus, Bishop and Doctor of the Church]

9:30am, Consecration Class, Courtyard Meeting Room

6pm, CYM Sports Tuesday at Old Mill Park

7:30pm, Life, Spirit Prayer Gathering, Courtyard Meeting Room

31 Wednesday, Saint Ignatius of Loyola, Priest

9:45am, Bible Study, Courtyard Meeting Room

12pm, Red Cross Bloodmobile until 6pm

12:45pm, Bible Study, Courtyard Meeting Room

3pm, Divine Mercy Devotions, Church

4pm, CYM Bible Study, John Paul II House

6pm, Bishop Barron Bible Study, Courtyard Meeting Room

6:30pm, Confessions, Church

7pm, CYM College Night, Parish Life Center

7:30pm, Young Adults Meeting, Parish Office Library

August

1 Thursday, Saint Alphonsus Liguori, Bishop and Doctor of the Church

9:30am, Craft Group, Parish Life Center, Room 100

7pm, Nar-Anon, Parish Life Center, Room 100

7pm, Baptism Class, Courtyard Meeting Room

2 Friday, Weekday [Saint Eusebius of Vercelli, Bishop; Saint Peter Julian Eymard, Priest]

6:30pm, Spanish Legion of Mary, Courtyard Meeting Room

7pm, Spanish Prayer Group, John Paul II House

8pm, First Friday Mass, Church

3 Saturday, Weekday

8am, Confessions, Church

10am, Al-Anon, Parish Life Center, Room 204

10am, Baptisms, Church

2pm, Spanish Baptism Class, Courtyard Meeting Room

3:30pm, Confessions, Church

4 SUNDAY, EIGHTEENTH SUNDAY IN ORDINARY TIME

Scrip on Sale after all Masses

Coffee Shop after 7am, 8:30am, 10:30am, Mass

1pm, St Anne Sister in Faith, John Paul II House

pulpit announcements

nota bene (note well, please):

■ **Holy Cross Academy Preseason Volleyball Camp**
More information on page 5

■ **Social for Families with Special Needs**
More information on page 8

■ **Special Religious Development (SPRED)**
More information on page 9

■ **Noticias en Español**
Más información en la página 10

THANK YOU to Paul's Bakery for their generous donation for over 20 years of delicious donuts and pastries to our St. Mary's Sunday Coffee Shop! Your gift is appreciated and delicious!



Visit Paul's Bakery today for delicious treats!

contact us

SUNDAY MASS Saturday Vigil 5 & 7pm
Sunday 7, 8:30, 10:30am, 12:30, 2:30pm (Spanish), 5pm, 7pm
10:30am at Holy Cross Academy

DAILY MASS Monday - Friday: 6:30am, 9am
M/W/F: 12 Noon
Saturday: 9am
First Friday 8pm
Holy Days of Obligation, as announced

DEVOTIONS Adoration, Daily between 6:30am & 9am Mass,
Wednesday 12:30pm - Friday 9am
Miraculous Medal Novena, Mon., after 9am Mass, Divine Mercy, Wed., 3pm

CONFESSION Wednesday, 6:30-8:30pm;
Saturday, 8am & 3:30pm, or by appt.

PARISH OFFICE 540-373-6491, fax 371-0251
stmary@stmaryfred.org
Monday - Friday, 8:30am - 4:30pm;
students staff office weekdays until 9pm,
Saturdays 9-5pm, Sundays 9:30-1:30pm

Pastor, Fr. John Mosimann
Fr. Sean Koehr
Fr. Michael J.R. Kelly
Fr. Michael Folmar
Deacon Alberto Bernaola
Deacon Dick Delio

Business Manager, Elaine Stanislawski
Parish Secretary, Jachebel Rios
Director of Music, David Uschold

stmaryfred.org

HOLY CROSS ACADEMY 540-286-1600
250 Stafford Lakes Parkway
Fredericksburg, Virginia 22406-7234
Principal - Dr. Stephen Fry,
sfry@holycrossweb.com

ST. MARY PRESCHOOL 540-373-7553
Director, Sheri Castellarin

RELIGIOUS EDUCATION OFFICE 540-373-6491
Director, Aristides Lucas
Associate Director, Karen Sturtevant

YOUTH MINISTRY 540-373-6491
Tatiana Beltran

YOUNG ADULTS stmaryya@gmail.com
540-847-1872

OUTREACH 540-373-6491
Elena Doyle - edoyle@stmaryfred.org

BAPTISMS Parish registration (90 days) and class required.
Please contact the parish office to schedule the date at least four weeks in advance.

MARRIAGE Parish registration required; contact parish six months in advance to begin preparation.

JOIN US New Parishioner Welcome meetings held in the Parish Life Center on fourth Sunday, following the 10:30 Mass. Please notify us of any contact changes.

Articles must be submitted two weeks prior to publication.
Send articles to bulletin@stmaryfred.org. Thanks!

from our pastor

pax et bonum

Dear Folks,

My father recently said to 2 of his grandsons, "God has no grandchildren." When I googled "God has no grandchildren," I got a number of evangelical blogs and such. But I think it is work contemplating.

The context was one of those serious talks, you know the kind, where a parent or grandparent gets that serious tone that you know they want to tell you something very, very critical.

His message to his grandsons was this:
"You have been raised in the Catholic faith by your parents but you must decide for yourselves. As a man of science, I believed what I could see and measure. The faith can't be touched, tasted, seen or manufactured. But you can ask for it, and receive it, because it is a gift from God. He will give it to those who ask."

God has no Grandchildren: He is directly Our Father. We are all brothers and sisters in Christ. We are one family in the Holy Spirit.

Or as paragraph 150 from the Catechism says:
Faith is first of all a personal adherence of man to God. At the same time, and inseparably, it is a free assent to the whole truth that God has revealed.

God has no grandchildren: He will directly father His life within us if we say yes to him and ask for the gift of faith.

Faith is an entirely free gift that God makes to man. We can lose this priceless gift, as St. Paul indicated to St. Timothy: "Wage the good warfare, holding faith and a good conscience. By rejecting conscience, certain persons have made shipwreck of their faith" (CCC 162).

The faith isn't a culture we are born into, it isn't something kept in a vault and put into a will for inheritance! It is your living relationship of Love with the Holy Trinity!

I know there is much more that could be said about faith, and these few lines are utterly insufficient. Read paragraphs 142-165 of the Catechism. And pray for the gift of an ever deepening faith!

pax et bonum,



Fr Mosimann

Alpine Europe Pilgrimage

Featuring the Passion Play of Oberammergau

11 DAYS: SEPTEMBER 7 - 17, 2020

**HEIDELBERG ● RHINE VALLEY ● LUCERNE ● INNSBRUCK ● ALTÖTTING
MARKTL AM INN ● SALZBURG ● MUNICH ● ROTHENBURG**



**HOSTED BY
FR. JOHN MOSIMANN**

\$4299 FROM WASHINGTON, D.C.*

*Air/land tour price is \$3829 plus \$470 gov't taxes/airline surcharges

For More Information, Please Contact:

Fr. Mosimann

Tel: (540) 373-6491

Email: frmosimann@stmaryfred.org

DON'T WAIT FOR 2030!! SIGN UP TODAY!!!



education holy cross academy

Dear Holy Cross School Community,

I hope this message finds you doing well and enjoying your summer vacation! It is hard to believe that I still have to wait another month to officially welcome students to the 2019-2020 school year. I'm so excited about the high-quality academic and spiritual preparation that our students will receive in the coming year at Holy Cross Academy. I can't wait for our first day of school!

To provide an amazing education for our students, one of my most important roles is to help identify the right team of talented and dedicated educators to mold our students into young faith-filled scholars. It is my great pleasure to announce that Mrs. Angie Tomayko will be the new assistant principal of Holy Cross Academy. Mrs. Tomayko was our top choice for the role after interviewing a handful of qualified applicants from a deep candidate pool. She has worked in a number of different educational roles at HCA over the years, most recently as our technology director. I have found Mrs. Tomayko to be universally respected in the HCA community. I know she will do an outstanding job in her new role with our school and I am excited to work alongside her. I feel blessed that Angie has accepted the position and will move to a new position on our team.

The only drawback in appointing Angie to the AP position is the big shoes she leaves as our technology leader. This position will soon be posted with the Diocese of Arlington and our Parish Bulletin. Please help spread the word to qualified candidates who may help us fill this important role with our school. I will begin meeting with qualified candidates ASAP when they apply.

Thanks to Jennifer Kingsbury and Julie Appleton who have helped with our middle school language arts teacher interviews. Our candidates have enjoyed getting to meet their potential peers in the interview process. We have identified a top candidate and hope to offer that person a contract after a successful reference check.

I am still in the process of interviewing for the library and A.M. Aviat Care positions.

Have a blessed day,

Steve

HOLY CROSS ACADEMY IS HOSTING



4 - 6:30PM

**MONDAY
WEDNESDAY
FRIDAY**

2 WEEKS

**STARTS
AUGUST 9**

**Any Rising
6-8th Grade
Student
Welcome**

Practices held at HCA — Questions?
Contact Coach Jen at valilqte2019@gmail.com



**A National
Blue Ribbon
School of
Excellence**



St. Mary Catholic Preschool

St. Mary Catholic Preschool has openings in their program for 3 and 4 year olds. Classes are held in the morning on either Monday, Wednesday, Friday or Tuesday, Thursday. Please contact Sheri Castellarin, Preschool Director by phone at 540-373-7553 or via email at preschool@holycrossweb.com.



our parish religious education

Magnifikid

The dialogue between the priest and the congregation

Throughout the Mass, there is a dialogue between the priest and the congregation. A dialogue is like a conversation. The priest speaks to the people in the name of Christ. The assembled faithful respond to the priest as they lift their hearts in agreement, participation, and openness to God. When the people respond "Amen," for example, they are expressing their "yes" to everything the priest has said. This dialogue between the priest and the people is meant to remind us of all prayer, which is a loving conversation between the soul and God.



Christ Our Life: God Loves Us New Program for Kindergarten Students

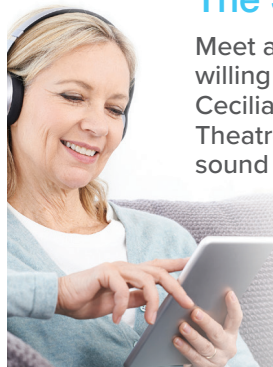
Religious educators have a sacred trust, to nurture the life of grace a child has received at Baptism. Loyola Press takes this charge seriously and seeks to prepare catechists, teachers, and families for this sacred duty. It was with God's youngest disciples in mind that God Loves Us now joins the Christ Our Life program for a comprehensive K-8 educational experience. This compelling program, written by the Sisters of Notre Dame, fosters children's love of God and guides them toward a life of discipleship. Christ Our Life: God Loves Us provides children with a thorough presentation of the authentic teachings of the Catholic Church and matches it with their ability to learn complex concepts when presented in ways that are friendly and proven to work with four to six year olds. With active-learning opportunities on every page of the program, kindergartners are always engaged and fully immersed in the rich content of their Catholic faith.

FORMED PICK OF THE WEEK

Ode to Saint Cecilia

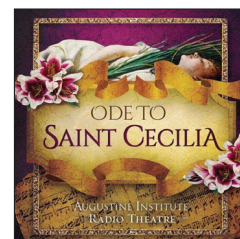
The Story of a Holy Muse

Meet an inspiring woman with fierce courage and unwavering faith, willing to follow the path of beauty and truth—no matter the cost. Saint Cecilia's remarkable story will come to life in Augustine Institute Radio Theatre's audio drama featuring award-winning actors and cinematic sound and music.



[Listen on formed.org](https://formed.org)

FORMED®



"Beautifully written and acted! It really makes the people and events come alive in a way that is both engaging and thought provoking."
—Rosalin S, Edgeley, ND

JOIN FORMED 1. formed.org 2. click register 3. enter parish code: **F6F228**

our parish youth ministry

JOIN FITNESS CLUB!

Next meeting is on August 10, please contact Rachel Luciani for more info: lucianir@comcast.net.



Middle School Youth Group

Starting: Friday, August 16th

1st & 3rd Friday of the Month
6:30pm-8pm
Parish Life Center

St. Vito Dance Club



WE NEED YOUR HELP WITH

CYM DINNER

SUNDAY YOUTH DINNERS. PLEASE REACH OUT TO US IF YOU CAN HELP.

We are in need of help with our upcoming Sunday night CYM Dinners. The dinners occur every Sunday night that we have the High School Youth Group. Volunteers are placed in teams of 6-7 people and serve dinners 4 - 5 times a year (August - May). If you are able to help, please email me at tbeltran@stmaryfred.org

Stay Up-to-Date

Be sure to stay in the know with St. Mary CYM by visiting stmaryfred.org/youth-ministry

StMaryCYM



#GetInvolvedBeTransformed

parish life get involved

Saint Vincent de Paul News

The Thrift Shop will **NOT** be accepting clothing donations for the month of August. All other donations furniture, household goods etc. will be accepted as usual. Thank you for your understanding and your continued support.

Social for Families with Special Needs

Are you the parent of a child with a disability? St. Mary is excited to announce a new ministry especially for parents of special needs children. The new "Special Blessings" ministry will meet every other month at St. Mary's so that parents can build community, share resources, and lift each other up in Christ as we have been tasked with the unique challenges and blessings of parenting God's Special Children.

Please make plans to join us at our first social August 8 at 7pm in the Courtyard Meeting Room (behind the church) with Father Mosimann. Families, children of special needs and their siblings are invited. Refreshments and food will be provided.

Interested in learning more? Contact Joyce Bodoh joycebodoh@gmail.com 540-521-0588 or Johanna Merino at johanna_merino@hotmail.com 703-209-3124.

Attention All Parish Organizations

Your calendar for the use of parish facilities from September 2019 to August 2020 should be submitted to Elaine in the Parish Office no later than July 31. Please make sure you submit your request to Elaine, in writing, as soon as possible, either by regular mail, or by email to estanislawski@stmaryfred.org. In setting up your schedule, please

note that evening activities cannot be scheduled before 8pm Monday through Wednesday from September through May, due to Religious Education classes in the Parish Life Center and the John Paul II House. Thank you.

Prison Ministry Pen Pal Program

One of the Corporal Works of Mercy found in the teachings of Jesus calls us to serve the prisoners. Men and women in prison are still people, made in the image and likeness of God. No matter what someone has done, they deserve the opportunity to hear the Word of God and find the Truth of the message of Christ. If you like to write, you can help fulfill this important ministry by virtually "visiting" prisoners in spirit, sharing your love, compassion, friendship, encouragement, and spiritual support through the exchange of letters with offenders who are hopeless, alone, and forgotten. To learn more about St. Mary's Prison Ministry or to sign up for an orientation session, email, call, or text Jim Shall, jimshall1@yahoo.com, Cell 301-848-6039.

Seven Sisters Apostolate: Join Us in Prayer for Our Priests

Do you have a heart for our priests? Would you like to offer them support and encouragement in their ministry? Perhaps God is calling you to join us in the Seven Sisters Apostolate, a newly formed ministry at St. Mary's that is part of an international movement of prayer for priests and bishops. Permanent members commit to a Holy Hour one day a week for the needs and intentions of one of our St. Mary's priests or Bishop Burbidge. All days of the week are currently available, and the Holy Hour can be completed at any time of the day

or night - a consistent hour on the assigned day is not required! The commitment is for one year and can be renewed if desired. Substitutes are also needed to fill in when a permanent adorer is unavailable. More information can be found at sevensistersapostolate.org. Please contact Kara Horne at 202.255.3178 or karahorne@gmail.com.

Verso l'Alto

Come join fellow Catholic Young Adults (18-39) at the church of St. Mary of the Immaculate Conception in Fredericksburg every Wednesday night at 7:30pm in the library. Our purpose is to bring people closer to the faith in holy friendships. Sign up to our newsletter by e-mailing us at stmaryyava@gmail.com or visit our website at stmarysyongadult.com. For the month of July we will be serving dinner to the homeless at the Thurman Brisben Center at 3:30pm on July 24. We need volunteers! Sign up by visiting the events section of our website.

Letter to a Suffering Church

Feeling hurt, angry, or demoralized about the sexual abuse crisis plaguing the Catholic Church? Our parish wants to help, and that's why we've ordered copies of a new book for everyone in the parish. It's titled Letter to a Suffering Church: A Bishop Speaks on the Sexual Abuse Crisis by Bishop Robert Barron. St. Mary will explore these issues with Bishop Barron's series with Fr. Kelly as moderator or group discussions. Please sign up at the Church Office by September 20. The program will run for 5 consecutive Saturday mornings at 9:30am starting on October 5 and ending on November 2. A free and short book by Bishop Barron and a video series will accompany each of sessions.

parish life get involved

Upcoming Adult Faith Formation Classes

Pillar I: *The Creed* provides the foundation needed to begin the four-part journey through the complete Pillars series. The Creed opens up the structure of the Catechism and shows how it is far more than a list of “faith facts,” but instead a sure map for your journey of faith.

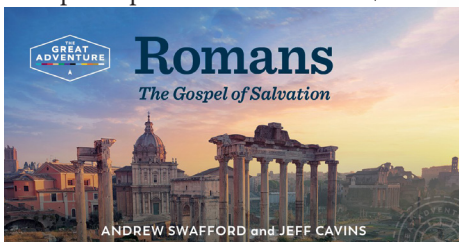
The cost for workbook, with answers, \$35 exact cash or check only. **You must pay for the class when you sign up.** Books will only be distributed at class. Class size is limited to 35 participants max. This is a twelve week class

Class begins: **Wednesday, September 11** at 9:45am or **Thursday, September 12.**

Romans: Paul’s letter to the Romans has been at the center of reflection, conversion, and controversy from the very beginning. *Romans: The Gospel of Salvation* provides an authentically Catholic, comprehensive, and simple way to understand the overarching theme of Romans—salvation.

Romans: The Gospel of Salvation explores the ways in which Jesus is the fulfillment of Israel’s prophecies, which leads to the universal, “Catholic” family of God. In this 8-session program, theology professor **Dr. Andrew Swafford and Jeff Cavins** examine Paul’s letter to the Romans. Dr. Swafford and Cavins provide historical context and highlight the connections to Jesus and Christianity Paul makes with the Old Testament. Join us for this study on **Monday** afternoons beginning **October 7** at 12:45pm. The cost for this class is limited to 40 participants max. The cost is \$20 for the class and must

be paid at the time of sign-up. Books will only be distributed at class.



Religious Education for Children and Young Adults with Disabilities

Special Religious Development (SPRED) uses symbolic instruction and serves children and young adults with developmental disabilities, such as Down Syndrome, Autism, and Learning Disabilities.

* Adult volunteers and children come together in a small faith community to discover God’s presence in their lives

* Children are encouraged to receive the Sacraments of Initiation, based on individual levels of readiness

* SPRED groups meet for 12 sessions per year, beginning in September and ending in April/May

* Children, along with adult volunteers, participate in catechesis and joyful activities that include crafts, music, snacks, and spiritual lessons with connections to the Mass, scripture, and daily life

* The ability to read is not required of children as all activities are designed to meet the needs of participants at various levels of achievement

YOU are invited to learn more about SPRED and help share God’s Word with God’s Special Children!

* Contact Karen Sturtevant, Assistant DRE
ksturtevant@stmaryfred.org
540-373-6491

Abriendo el Misterio de la Biblia-Iglesia St. Jude Empieza Agosto 17 @ 6:30pm

Este estudio de ocho partes (sesiones de 30 minutos) ofrece la manera más fácil de entender la Biblia. Abriendo el misterio de la Biblia hace sencillo lo complejo. Le ayuda a descubrir la historia entrelazada en toda la Sagrada Escritura para que puede ver el "panorama completo" de la Biblia y comprender de qué se trata. La Biblia es la historia sobre el amor fiel del Padre hacia usted – un amor que ahora usted está llamado a compartir con los demás. Su grupo podrá:

- Comprender la Biblia y ver cómo se relaciona a su vida diaria
- Descubrir las conexiones asombrosas entre el Antiguo Testamento y el Nuevo Testamento
- Ver cómo los sacramentos, la Iglesia y nuestra Fe católica entera están arraigadas en la Sagrada Escritura...y mucho más.

Para registrarse: membership.faithdirect.net/events/details/3300

Reunión con comida para las familias con niños de necesidades especiales

¿Es usted el padre de un niño con necesidades especiales? Nuestra parroquia St. Mary está bien emocionada de poder anunciarles la creación de un nuevo ministerio dirigido especialmente a los padres de niños con necesidades especiales. Este ministerio de bendiciones especiales se va a reunir cada otro mes en nuestra parroquia con el fin de que los padres de estos niños puedan desarrollar una comunidad, compartir información sobre ayudas disponibles y darse apoyo los unos a los otros, ya que Dios nos ha dado la encomienda y bendición de ser los padres de estos hijos especiales de Dios.

Por favor, planifique acompañarnos a nuestra primera reunión el 8 de agosto a las 7 pm en Salón Father Rooney (al costado de la oficina parroquial) con nuestro párroco, el Padre Mosimann. Toda su familia está invitada. Vamos a proveer bebidas y comida libre de costo para su disfrute.

Para más información contacte a Johanna Merino a johanna_merino@hotmail.com o al 703-209-3124

**Clase de bautismo en español-
sábado, 3 de agosto de 2-4 pm en
el Salón Father Rooney al lado de la
oficina parroquial**

Saint Mary of the Immaculate Conception
Roman Catholic Church, Fredericksburg, VA



El Grupo de Parejas & El Grupo de Oración de la RCC
"Confiados en Jesús y María"

TE INVITAN AL RETIRO



Para Matrimonios

Sábado 10 de Agosto del 2019

Hora: 8:00 am – 5:00 pm

Esposos, ámense, así como Cristo amó a la iglesia y se entregó por ella para hacerla santa.

Efesios 5.25

\$20
Por
pareja

Contáctos e Inscripciones:

Lizette Arce: (540) 429-9291
Leticia González: (703) 473-7218
Ismael Bermúdez: (540) 295-3093
Isabel Bermúdez: (540) 735-6813

Lugar: 1009 Stafford Avenue, Fredericksburg, Virginia 22401
Centro de Vida Parroquial Saint Mary's Catholic Church

DEPORTES MARTES!

Todos los estudiantes de Middle and High School
están invitados a ir a jugar deportes a Old Mill

Park empezando

Junio 18: 6pm-8pm

parish life happenings

Celebrate St. John Henry Newman!

Celebrate the canonization of St. John Henry Cardinal Newman with St. Mary's! Fr. Kelly will give a talk on Newman's life and his sermon "Equanimity" on Friday, October 11 at 7:30pm in the Courtyard Meeting Room. Shadowed by controversy and lauded by many 20th Century churchmen and academics, Newman has been a fascinating figure in both the Anglican Church and the Catholic Church since the 19th Century. Come find out about the St. John Henry, England's first canonized saint since the Reformation who isn't a martyr and often called "the Ghost Writer of The Second Vatican Council."

Save the Date: Knights of Columbus Freedom 5K Run/Walk

The Knights of Columbus Freedom 5K Family Walk/Run is back and scheduled for October 5, 2019. Be sure to register early and find more information at kofcfreedom5k.com or find us on facebook @kofc-freedom5k. 100% of all donations will be used to support three local organizations. This year, the three organizations that will benefit from your generosity are Mary's Shelter, Loisann's Hope House, and Birth-right of Fredericksburg.



We invite all Christians to gather in the peace of Christ at St. Mary

Monday, August 12

as we "prepare a place for unity and peace" together.



You are invited to a monthly gathering of prayer in the ecumenical tradition of the Taizé Community in France, the second Monday of every month at 8:15pm.

It is our hope that this monthly prayer brings together Christians of all churches, pastors and flocks, as together we realize a bit more each day that we must rely upon God's power to bring about Unity among all who follow Jesus, "as he and the Father are one." It is something we are unable to do ourselves.

This Unity which embraces all people stands at the very heart of Christ's mission...and belongs to the essence of our community. Let us provide a place where his Spirit can come and fulfill his plan for us.

6th Annual
**Guadalupe Free Clinic
Golf Classic**
www.guadalupefreeclinic.org
Monday, August 5

**Potomac Shores Golf Club
Dumfries, VA**

A Jack Nicklaus Signature Golf Course
A "Top 10 Best New Courses in the Country"
by Golf Digest, 2015

Email gfcgolf@guadalupefreeclinic.org or call
Jovonna Hanlon (540) 621-2540 or Cindy Giles (540) 207-0323

operations given in love

Weekly Offertory

Offertory Collections for July 21

Offertory	\$28,649
Diocese Mission Appeal	\$11,279
Church in Africa (add'l)	\$2,459
St. Vincent de Paul Poor Box	\$105

Thank you for your generosity!

We've got Script Gift Cards for That

Do you buy groceries at Giant, Walmart or Weis? We have Script Gift cards for that. Buy breakfast or Lunch at Chipotle, Taco Bell, Wendy's, or Panera Breads? We have Script Gift cards for that. Enjoy fine dining at Red Lobster, Outback, Bravos, Bonefish, Carrabba's, Bob Evans, or Cracker Barrel. We have Script Gift Cards for that. Stop by the Script Gift Card table in the PLA after mass and purchase gift cards or to review the list of all the Script Gift Cards that are available. Set up an account today and continue earning rebates for HCA! Please email Scrip Coordinator at scripcoordinator@holycrossweb.com for the school enrollment code so HCA gets credit for your purchase or with any questions. Thanks for using script gift cards!

Choose Life Reflection

"Life is an opportunity, benefit from it. Life is beauty, admire it. Life is a dream, realize it. Life is a challenge, meet it. Life is a duty, complete it. Life is a game, play it. Life is a promise, fulfill it. Life is sorrow, overcome it. Life is a song, sing it. Life is a struggle, accept it. Life is a tragedy, confront it. Life is an adventure, dare it. Life is luck, make it. Life is too precious, do not destroy it. Life is life, fight for it." (Saint Teresa of Calcutta)

August Children's Charity

Children's Offertory Contributions for the month of August will be donated to The Owen Lea Foundation. Owen was diagnosed with stage IV Neuroblastoma just two weeks after his second birthday. After nearly six years of countless rounds of chemotherapy, radiation, numerous surgeries, a stem cell transplant, and two clinical trials, on August 26th, 2009 Owen lost his battle and heaven gained another angel.

The Owen Lea Foundation was established to provide support to families living with Neuroblastoma. The financial and emotional burdens of treating a child with cancer can be devastating. Your assistance will help families alleviate some of these overwhelming costs that are not otherwise covered by insurance, such as travel to and from treatment centers and co-pays for necessary medicines. Sadly in many cases this money also replaces life insurance which is unobtainable for families in this situation.



The Owen Lea Foundation is an all volunteer run organization. 100% of your donation goes directly to the families who need your assistance, so that they can focus their energy where it is needed the most- the care of their child. We are a 501(c)(3) IRS registered charity and 100% of your donation is tax deductible. We are based in Fredericksburg, Virginia, and while we focus on local families, we provide assistance to families nation-wide. For more, visit owenleafoundation.org.

Pregnant?

Feeling trapped and alone?
Know someone who may be?

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24hour help line:

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Fredericksburg, VA 22401

birthrightoffredericksburg.com



liturgy daily bread

Saint Mary Prayer List

Please pray for those who are sick or in need, especially: Tracey Hansen, Elizabeth Ames, Aleisa Barber, David Arnold, Maryann Greetsinger, Antonio Ferrara, Wilson and Joan Parker, Emma Gilbert, Virginia Gannon, Daniel Burke, Dorie Lee, Christopher Szyal, Joy Zerby, Mariah Ceidlinger, Kelly Carperter-Silvers, Suzi Eggleston, Bernad Castillo, Michael Durant, Matthew Gomer, Tricia Davis, Martha Clements, Donna Long, Mary Ann Maynard, Zachary Payne, Margaret Krebbel, Adrianna Pruitt, Deanna Pruitt, Montgomery Wood, Patricia Russo, Charles Dittmer, Bruce Mattern, Dorothy Simmons, Nikolai Sherba, Sharon S., Barbara Clarke, Roseanne Nash, Jeanne Burke, Prudy Tarpe, Maureen Mizzles, Miles Wood, Mary Ellen Kearney, Kay Simmons, Robert Meyer, Marc and Susan Wood, Lita Mary Mamboyo, Nathan Apicella, Timothy Travis, Kaden Sabo, Robert Nathan Servetnick, Dianne Clancy, The Chevchuc Family, Christina Bolt, Bruce Bates, Richard Casaldi, Alex Tonn, James Evans, Larry Dillman, Theresa Kovalefsky, Amber Moser, Erin Krieg, Matthew Meyer, Brittany Meyer, Sara Meyer, Douglas & Dorothy Meyer, Karla Dorsey, Mary Jean & Don Williams, Linda & Frank Walter, Cathleen Mihalaki, Re Macarthur, Jordan Tackett, Bridget Sherba, Randy McNulty, Riley Horstick, David A., Marty T., Janet Yerkie, Brittany Yerkie, Elizabeth Stoehr, David Semeglo, Robert L Gomer, Carla J Gomer, Thomas Moeller, Lorraine Becker, Gerald Gardiner, Larry Delaney, James Keddie, Lorena Hernandez, Miguel Hernandez and Edgar Giovanni Castro, Julio Diaz, Kelly Murray, Marianne Ford, Ortiz Family, James Derouin, Karen Danis, Jim Mann, Muriel Bovat, Gina Wood, Michelle & Lawrence Hudson, Monica White & Patrick White, Betty McKee, Arturo Mendoza Sanchez, Vickie Coburn, Susana Rios- Villagrana, Jeff Shinrock, Mary Ulmer, John Michaelides, Thomas Biddulph, Pat Tholen, Fernando Guadarrama, Margaret Dougherty, Betty Gil, Adrienne Menjivar, Deanna White, David Mares, Chuck Boyer, Daniel Bustamonte, Hector Rios-Villagrana & Family, Miguel Correa & Family, Tamlyn Leaf, Gordon Leffel, Graciela Chavez, Nico Luiggi, Vickie Coburn, Ana B. Rojas, Maria Mangini, Melanie and Chris Koumentakos, Maryanne Schram, Jackie Davia Johnson, Jenna Cappello, Matt Seidlinger, Benjamin Grillo, Gavin Menteer, Jim Seidlinger, Mary Ellen Kearney, Kurt Gutzmann, Lois Michell, Frank Pollack, Leslie and Charlotte Heagney, Joseph Daley, Carolyn Shebora, Melvin Schreckinger, Stephen Inguanti, Rhonda Wolfe, John Druett, Delia Flores, Bruce Berry, Glen Gress, Bobby Blankenship & family, Buddy & Vincent Yerkie & Family and William Davis III, Carolyn Allen, Elise Dutton, Nancy Firestone, Mitchell Wood, Felicity Peletier, Leah Sanford, Jason Stoker, Makenna Anne Koetzle, Peggy Silverman, Jack Ryan, Amy Peretta, Janet Fisher, Paul Scott, Wendy Vann, Michael Vann, Michelle Thomas, Jerry Hall, Zelda Meyer, Jack Ryan, Robert Boggio, Ryan McNichol, Bianca Sanchez, Jackeline Sanchez & Family, Mary Hope Burkett, Dick Geary, Sean Duarte, Linda Schaaf, Ingrid Mohammed, Dave & Joy Zerby, David Silberman, Mrs. Joann A. Formeller, Jim Matarese & Son, Paula Hass, Leony Scott, Catherine Laski, Winifred Herrin, Brenda Leffel, Deborah Nunez, Larry Hays, Alma Keyes, Mary Carr-John, Phil Fuller, Jean Guinn, Sylvia Littlepaige, Alma Keyes, Andy Johnston

Please pray for all the men and women in our military and civilian support services overseas, especially: Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Sean Plunkett, Roy Selvidge, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Nelly Garcia, Mindy Haken-son, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Jason Cullinan, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Patrick Johnson, Sean Jobes, John Paul Smetek, Matthew Molino, Michael Scott

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

Al Anon Surviving the Weekend Group

For those who have been affected by someone else's drinking, and members come together to learn a better way of life and how to find happiness. Especially at this time of year, it's important to know that you are not alone and there is help. **There is an Al Anon meeting every Saturday at 10am in Room 204 of St. Mary's Parish Life Center.**

Nar Anon Support Available

Nar Anon is a program that offers support to family members and friends of loved ones struggling with substance abuse. All information and discussion is non-judgemental, informative and strictly confidential. Our meetings are in **Room 100 in the Parish Life Center on Thursday from 7-8pm** and are open to the community at large. **Contact Cathy at 703-201-8821, burgh757@gmail.com or Wayne at 540-840-5230.**

Daily Mass Intentions and Readings

July

29 MONDAY

6:30am Ella and Tony Wrobel

9:00am Lucia Stanislawski

Ex 32:15-34/Jn 11:19-27

30 TUESDAY

6:30am Emma and Nathan Jones

9:00am Ricardo Sanchez+

Ex 33:7-28/Mt 13:36-43

31 WEDNESDAY

6:30am Joseph Dougherty+

9:00am Jack Alrutz

Ex 16:1-5, 9-15/Mt 13:1-9

August

1 THURSDAY

6:30am Lauren Lacy

9:00am Freddy Arevalo+

Ex 40:16-38/Mt 13:47-53

2 FRIDAY

6:30am In Reparation

9:00am In Reparation

12:00pm In Reparation

8:00pm In Reparation

Lv 23:1-37/Mt 13:54-58

3 SATURDAY

9:00am Paul and Perla Sambat

5:00pm Gio Camacho

7:00pm Margaret Imholte

Lv 25:1-17/Mt 14:1-12

4 SUNDAY

7:00am Joyce Young+

8:30am Liz Sposito

10:30am Those Who Died in July

10:30am* Ryley McNichol+

12:30pm Ralph Wallace

2:30pm Rosario Alvarez Chvez+

5:00pm Bon Van Than+

7:00pm For Our Parish

Ecdl 1:2—2:23/Col 3:1-11/Lk 12:13-21

* Indicates Mass at Holy Cross Academy

Please remember that Mass intentions may be requested at the parish office for any remaining Masses of the year. If dates are no longer available for the date you desire, you are welcome to request an intention that is "un-scheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.