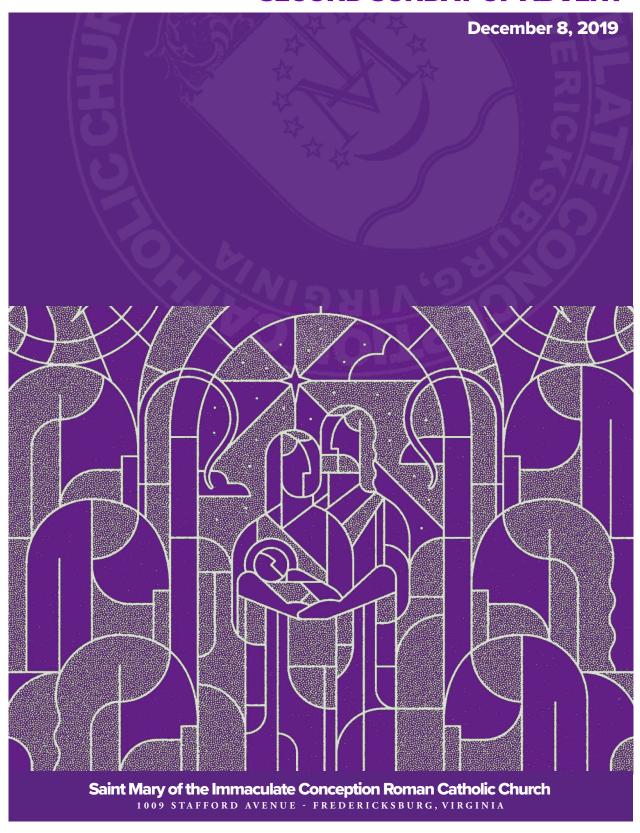
SECOND SUNDAY OF ADVENT



upcoming

December



SUNDAY, SECOND SUNDAY OF ADVENT

Coffee Shop after 7am, 8:30am, 10:30am, Mass Scrip on Sale after all Masses except 2:30pm 6pm, CYM Dinner and High School Youth Group, Parish Life Center

9 Monday, THE IMMACULATE CONCEPTION OF THE BLESSED VIRGIN MARY

10:15am, Legion of Mary Our Lady of Perpetual Help Praesidium, Parish Life Center, Room 100 12:45pm, Bible Study in the Courtyard Meeting Room 4:45pm, RE Class, Parish Life Center 6pm, Mass for the Immaculate Conception 6:30pm, RE Class, Parish Life Center 7:30pm, RCIA in the Church 8:15pm, Taize in the Church

10 Tuesday, Advent Weekday

10am, St Mary Book Club, Father Rooney Community Room 4:45pm & 6:30pm, RE Classes, Parish Life Center 6pm, RE Class at HCA

11 Wednesday, Advent Weekday [Saint Damasus I, Pope]

9:30am, Prayers and Squares, Parish Life Center, Room 204
10am, Weekly Bible Study in the Courtyard Meeting Room
10am, Senior Luncheon, Parish Life Center Main Hall
12:30pm & 6:30pm, Confessions in the Church
3pm, Divine Mercy Devotions in the Church
4:45pm & 6:30pm, RE Classes, Parish Life Center
6pm, 2021 Confirmation Year 1 Formation Night at HCA
6pm, Bishop Barron Bible Study in the Courtyard Meeting Room
6:30pm, YOUCAT, John Paul II House

12 Thursday, Our Lady of Guadalupe

4am, Mananitas in the Church

9:30am, Craft Group, Parish Life Center, Room 100 9:45am, Bible Study in the Courtyard Meeting Room

6pm, Mass in Spanish for Our Lady of Guadalupe at HCA

6pm, Walking With Purpose, Parish Life Center 6:30pm, Trail Life and American Heritage Girls Christmas Party, Parish Life Center 7pm, Special Blessings Meeting in the Courtyard Meeting Room

13 Friday, Saint Lucy, Virgin and Martyr

9am, St Anne's Sisters in Faith, John Paul II House 6:30pm, Spanish Junior Legion of Mary, Courtyard Meeting Room 6:30pm, Middle School Youth Group 8pm, Spanish Legion of Mary in the Courtyard Meeting Room

14 Saturday, Saint John of the Cross, Priest and Doctor of the Church

8am & 3:30pm, Confessions in the Church 8:30am, SPRED Classes, Parish Life Center 10am, Baptisms in the Church 10am, Mariamanet Sewing Circle, Parish Life Center 6pm, KofC Family Dinner, Parish Life Center

15 SUNDAY, THIRD SUNDAY OF ADVENT

Coffee Shop after 7am, 8:30am, 10:30am, Mass Scrip on Sale after all Masses except 2:30pm

11:30am New Parishioner Welcome Meet

11:30am, New Parishioner Welcome Meeting, Parish Life Center 6pm, CYM Dinner and High School Youth Group, Parish Life Center

pulpit nnouncements

nota bene (note well, please):

Daily Advent Prayer

More information on page 6

Advent Schedule/Calendar

More information on pages 8 & 9

Christmas Tree Sales Have Started!

More information on page 10

Noticias en Español

Más información en la página 12

A Family That Prays Together Stays Together

More information on page 13

Christmas Flowers Now Available

More information on page 13

THANK YOU to Paul's Bakery for their generous donation for over 20 years of delicious donuts and pastries to our St. Mary's Sunday Coffee Shop! Your gift is appreciated and delicious!



Visit Paul's Bakery today for delicious treats!

contact us

Saturday Vigil 5 & 7pm

Sunday 7, 8:30, 10:30am, 12:30, 2:30pm (Spanish), 5pm, 7pm 10:30am at Holy Cross Academy

Monday - Friday: 6:30am, 9am M/W/F: 12 Noon **DAILY**

MASS

Saturday: 9am First Friday 8pm

Holy Days of Obligation, as announced

DEVOTIONS Adoration, Daily between 6:30am &

9am Mass.

Wednesday 12:30pm - Friday 9am Miraculous Medal Novena, Mon., after 9am Mass, Divine Mercy, Wed., 3pm

CONFESSION Wednesday, after 12pm Mass, 6:30-8:30pm; Sat., 8am & 3:30pm, or by appt.

PARISH OFFICE

540-373-6491, fax 371-0251 stmary@stmaryfred.org

Monday - Friday, 8:30am - 4:30pm; students staff office weekdays until 9pm, Saturdays 9-5pm, Sundays 9:30-1:30pm

Pastor, Fr. John Mosimann Fr. Sean Koehr Fr. Michael J.R. Kelly Fr. Michael Folmar Deacon Alberto Bernaola Deacon Dick Delio

Business Manager, Elaine Stanislawski Parish Secretary, Jachebel Rios Director of Music, David Uschold

stmaryfred.org

HOLY 540-286-1600

250 Stafford Lakes Parkway CROSS ACADEMY

Fredericksburg, Virginia 22406-7234

Principal - Dr. Stephen Fry, sfry@holycrossweb.com

ST. MARY 540-373-7553 **PRESCHOOL** Director, Sheri Castellarin

RELIGIOUS 540-373-6491
EDUCATION Director, Aristides Lucas
OFFICE

Associate Director, Karen Sturtevant

YOUTH MINISTRY tbeltran@stmaryfred.org

Tatiana Beltran

stmaryya@gmail.com **YOUNG**

ADULTS 540-847-1872

OUTREACH 540-373-6491

Elena Doyle - edoyle@stmaryfred.org

BAPTISMS Parish registration (90 days) and class

required.

Please contact the parish office to schedule the date at least four weeks

in advance.

MARRIAGE Parish registration required; contact

parish six months in advance to begin

preparation.

JOIN US New Parishioner Welcome meetings held

in the Parish Life Center on fourth Sun days, following the 10:30 Mass. Please notify us of any contact changes.

Articles must be submitted two weeks prior to publication. Send articles to bulletin@stmaryfred.org. Thanks!

from our pastor

pax et bonum

Dear Folks,

Today (Sunday) is December 8th. Doesn't that mean that it is our patronal feast of the Immaculate Conception? Well, not quite. Because Advent is a privileged season, the celebration of the 2nd Sunday of Advent takes priority over the Holy Day for Mary. Since the Immaculate Conception is such an important feast, it will actually be celebrated December 9th! Now here is where it gets complicated, although the celebration of the feast is moved to Monday, the obligation to attend Mass does not transfer.

So, Monday December 9th, while it is still a super holy day, is NOT a Holy Day of Obligation. Because the day is so super holy, we have an extra Mass tomorrow (Monday) at 6pm. So we will have 4 Masses on Monday, December 9th; 6:30am, 9am, 12 Noon and 6pm.

Hope that helps you to celebrate Our Lady!

Also, with the short season of Advent, I give you two pieces of advice:

- 1. Go to confession as early in the season as possible. Lines and penances get longer the closer we get to Christmas! (Just kidding about the longer penances ;-).
- 2. Plan your Christmas Eve in such a way that you avoid the 4pm Masses! There are always more seats available at the 6:30pm HCA, 8:30pm in the church and midnight Mass. I go on Christmas Eve because I have reserved parking and a seat.... but sorry, seminary takes a long time to earn those reservations!

pax et bonum,

Fr Mosimann

Urgent Need for Items

Micah's Cold Night Shelter is in desperate need of the following items for our homeless brothers & sisters:

- White tube socks (unisex adult sizes)
- Men's boxers/briefs (medium & large)
- Thermal underwear tops & pants (medium & large)
- Backpacks

Please drop off your donations to the parish office. God bless you!

Adopt-a-Family-Member for Christmas

We have members of our parish family in need of assistance this Christmas season. If you are interested in "adopting a family member" please visit the link below. We kindly request that all gifts be brought UNWRAPPED to the St. Mary Parish Office NO LATER THAN MONDAY, DECEMBER 16th.

If you have any questions please contact the office. Thank you and God bless you!

signupgenius.com/go/70A0B48A9AF29AAF58-2019

education

holy cross academy

November Recap

The month of November was very busy at St. Mary Preschool! We enjoyed a fun and informative visit about the Wampanoag Native Americans from the Fredericksburg Area Museum, learned about fire safety from the Fredericksburg Fire Department, and of course talked a lot about gratitude and Thanksgiving. Some of us even got the chance to go to the Bishop's Mass at Holy Cross Academy. Our preschool family collected boxes of cereal for the Manna Food Project and coats for various outreach groups. It's so wonderful to be a student at St. Mary Preschool!

Holy Cross Academy is a wonderful place to learn and grow. To learn more about our school, please visit our website, **holycrossweb.com**, or call us at 540-286-1600. We'd love to share with you what makes this place so special.





A National Blue Ribbon School of Excellence





our parish

religious education

Magnifikid

Getting ready

What do you need to do to get ready for the birth of Christ. You need to forgive someone for hurting you.

You want to go to confession to express sorrow for your sins. Maybe you just need to be more loving to someone at school. Pick one way to" prepare the way of the Lord" and write it down to help you remember



Be converted

Is there someone at school you and your friends don't like very much? Make a decision not to say any-

thing bad about him or her. Ask your friends to do the same. This is a great way to be converted, to turn back to God and live in peace with others. MagnifiKid!

Upcoming Dates:

December 9-11, Monday to Wednesday Religious Education Classes

December 9 and 10, Monday and Tuesday:

Deacon Alberto Bible study classes with Spanish speaking parents

December 10, Tuesday

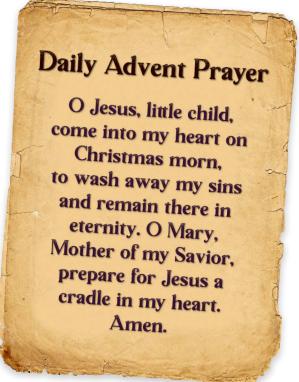
Advent Confession for Religious Education students at Holy Cross Academy

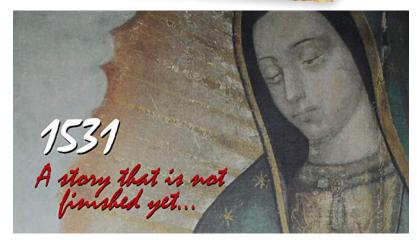
December 11, Wednesday

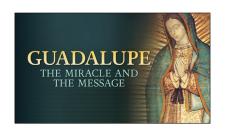
2021/Yr.1 Confirmation Class Formation Night

December 14, Saturday

SPRED class in the Main Hall of the PLC from 10: am to 12 noon







Guadalupe

The Miracle and the Message

The Heart of the Evangelization of the Americas

The most important event in the evangelization of the New World occurred in December of 1531. Over the course of four days, the Virgin Mary, as Our Lady of Guadalupe, appeared to an indigenous convert named Juan Diego. As a result of this encounter, the image miraculously imprinted on Juan Diego's tilma (cloak). This gripping film explores both the inexplicable mysteries behind the image and the continued relevance of this Marian apparition to the modern world.

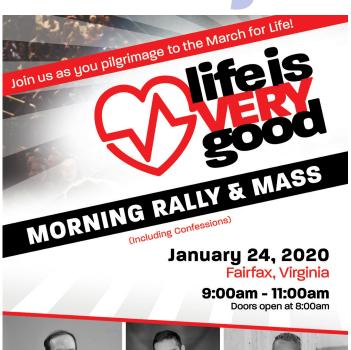
JOIN FORMED

1. formed.org

2. click register

3. enter parish code F6F228

our parish youth ministry









TEENS

INVITED

Stay Up-to-Date

Be sure to stay in the know with St. Mary CYM by visiting **stmaryfred.org/youth-ministry**



One additional week of Confessions is added to the regular schedule in preparation for Christmas. All are encouraged to plan to celebrate the Sacrament of Confession **early** in the season to avoid the last-minute rush and crowded lines, and the risk of coming too late.

Please note: There will be no additional Parish Confessions after Monday, December 23.

Daily Mass

Monday—Friday • 6:30 & 9am - Noon (M,W,F); Saturday • 9am

Immaculate Conception, December 9

December 9: 6:30am, 9am, 12pm & 6pm

Our Lady Guadalupe, December 12

4am, Mañanitas in the Church 6:30am & 9am (English) in the Church 6pm, Mass in Spanish with Reception to follow at Holy Cross Academy

7pm Sunday Advent Candlelight Masses: All Sundays of December

Sunday, December 22: 3pm Spanish Mass moved to Holy Cross Academy for the Posadas

Regular Confession Schedule

Wednesdays • after 12pm Mass & 6:30-8:30pm Saturdays • 8-8:30am & 3:30-4:30pm Due to the sheer volume of Confessions, please be patient. The priests will try to finish the line in a timely manner. Thank you.

Additional Advent Confessions

Daily: Monday, December 16 - Friday, December 20 at 6:30pm Monday, December 16 at 12:30pm | Wednesday, December 18 at 12:30pm | Friday, December 20 at 12:30pm

The Christmas SEASON at Saint Mary 2019



TUESDAY, DECEMBER 24

CHRISTMAS EVE MASSES

4pm & 8:30pm Mass at Saint Mary Church (English)
6:30pm Mass at Saint Mary Church (Spansish)
4pm & 6:30pm Mass at Holy Cross Academy (English)
Carols and Choral Selections of the Christmas Season at 11pm before Midnight Mass

WEDNESDAY, DECEMBER 25

CHRISTMAS DAY MASSES

Midnight Mass at Saint Mary Church 7:00, 8:30, 10:30am, & 12:30pm Mass at Saint Mary Church (English)

Please Note: There are NO 10:30am Holy Cross Academy, 2pm Spanish, 5pm or 7pm Masses on Christmas Day

TUESDAY, DECEMBER 31

VIGIL MASSES for the SOLEMNITY of MARY, MOTHER of GOD
5pm & Latin Mass at 7pm at Saint Mary Church

$W\ E\ D\ N\ E\ S\ D\ A\ Y\ ,\quad J\ A\ N\ U\ A\ R\ Y\quad 1$

SOLEMNITY of MARY, MOTHER of GOD (Holy Day of Obligation)
Mass at 7:00, 8:30, 10:30am, 12:30pm (English) - Spanish Mass at 2:30pm

parish life

get involved

Knights of Columbus Christmas Tree Sales

The Knights of Columbus St. Mary Council 4034 is kicking off our Christmas Tree sales fundraiser. Sales are back at St. Mary and will continue through Sunday - December 22 or until we sell out.

These are Virginia grown (Mt. Rogers), freshly cut premium Fraser Firs with beautiful long-lasting soft needles and that great evergreen smell.

The best selection and freshest trees of course are when the trees arrive. The trees will be sold on weekends from 8am-8pm and weekdays from 3-8pm.

We also will be glad to work with anyone interested in volunteering to help with fulfilling your individual or group's community service requirements. Questions about the Tree Sales can be directed to Tim Fleming at **Trees@kofc4034.org**

Please help us support the church and the community through helping the Knights of Columbus with your live Christmas Tree purchase.

CCW Christmas Cookie Sale

Buy your platters of homemade Christmas cookies and other seasonal goodies after morning Masses at church Sunday, December 8, at the PLC (outside, if fair weather)! All proceeds go to charities. To help, bring baked goods labeled "CCW" to the PLC kitchen between 9am and 9pm December 5th or 9am-5pm December 6, or to the Father Rooney Community Room by 10am on the 7th. To help assemble platters or sell, please contact Arlene Wilkinson, 540-785-7718 or jbmwilkinson@verizon.net.

New Time for Senior Luncheons

We would like to invite parish seniors to join us for Mass on Wednesday December 11 at 12pm to be followed by our Senior Luncheon at 12:30pm in the Parish Life Center. Join us for a hot lunch and singing of your favorite Christmas carols! All seniors in the parish are invited and admission is free. Please enjoy our new time for the luncheon that will now start after the noon Mass.

Save the date (and new time!) for our next luncheons - March 16 and June 10. Questions? Call Lara Traylor at 504-491-3029

SPRED at St. Mary

Special Religious Development (SPRED) serves children and young adults with developmental disabilities. SPRED meets on certain Saturdays, 12 times from September to May.

December 14, January 11 & 25, February 8 & 22, March 7 & 21, and April 4

**SPRED meets in the Main Hall of the Parish Life Center. Children attend from 10am-12pm

You can register your children in the parish office. We invite you to join us as we share God's Word with God's Special Children! Contact Karen Sturtevant at ksturtevant@stmaryfred.org or 540-373-6491.

Holiday SCRIP

Christmas is coming! Have you placed your Scrip order yet?? Scrip is a great way to shop for all your holiday needs. Start pre-ordering your cards now so you can be ready bright and early on to get Holiday deals. We can order many great retailers like Walmart, Target, Macy's and Dick's Sporting Goods. Scrip can help you budget your holiday shopping expenses and help HCA

at the same time. Stop by the Scrip table today and find out how to use Scrip for all your shopping needs! Last day to order Scrip cards is 15 December to ensure Christmas delivery.

To set up an account at **shopwith-scrip.com**, use our school code, so Holy Cross Academy gets credit for your purchase. If you have any questions about SCRIP or would like the school code, please email the Scrip Coordinator at **scripco-ordinator@holycrossweb.com**. Thanks for using Scrip and supporting Holy Cross Academy.

Upcoming Adult Faith Formation Classes

Beginning January 8 or 9, 2020, the same class is offered on either Wednesday or Thursday, Pillar II--The Sacraments will be offered at St. Mary. The class starts at 9:45am in the Father Rooney Community Room.

Pillar II: This 12-part program explores the second section of the Catechism of the Catholic Church, Sacraments. Not only will you learn about the power and purpose of the sacraments, you'll also discover how these fonts of inexhaustible grace can transform your life, providing strength, healing, and hope.

You need not have taken Pillar I in order to take Pillar II.

The cost for the workbook, with answers, is \$37, however, the Church is offering this study to you on a fee scale between \$30-\$37. Please pay for your workbook when you sign up. Checks should be made payable to St. Mary Catholic Church.

Class begins either: Wednesday or Thursday, January 8 or 9, 2020 at 9:45am. Each class will be limited to 35 people.

parish life **get involved**

CCW Sing Along with Patrick A'Hearn

Please join the St. Mary Council of Catholic Women at 10am, Tuesday, December 17 in the Father Rooney Community Room for refreshments and a very special guest speaker--Patrick A'Hearn, of the Riverside Center for the Performing Arts! We will then join St. Mary's own David Uschold in the church-we're hoping for a duet by Patrick and David--and have a Christmas carol sing along! Everyone is welcome--mark your calendars!

St Mary Book Club

The Saint Mary Book Club will meet on Tuesday, December 10, in the Father Rooney Community Room at 10am Each member will briefly discuss a book, video, etc. from the Parish library or home book shelves. We will also select the books for 2020.

Micah Cold Weather Shelter

The Micah Cold Weather Shelter is open and will remain in operation until mid- to late-March. Teams of Saint Mary volunteers assist on Tuesday evenings by greeting and checking in clients, setting up sleeping areas, and providing hospitality for the 30+ individuals that utilize the facility. Each participating church is asked to bring 3 dozen items (white socks, thermal underwear, boxer briefs and t-shirts... sizes L - XL for all). Please consider how you might be able to support this need — all donations are gratefully accepted at our Parish Office. Although it is a good thing that the temporary shelter is available during the harsh winter months, it highlights the continuing need for sustainable housing and support mechanisms in our community. For more information about community efforts to help the homeless, please visit Micah Ecumenical Ministries, dolovewalk.net or Thurman-Brisben Homeless Shelter, thurmanbrisbencenter.org

Donate Your Old Car

Thinking of replacing or getting rid of your old car? We have now opened our new Office in Fredericksburg! Please consider donating it to Catholic Charities. We take used vehicles and transfer them directly to qualifying families in desperate need of transportation. We also accept non-working cars, which helps to fund our volunteer ministries. Donating is EASY! We handle all the paperwork; you receive an IRS donation receipt. Avoid the hassle of selling your car, simplify your life, or reclaim that space in your garage. To donate, please email cars@ccda.net or call (703) 841-3898. Non- working 1-844-527-2232.

Frank Battista Italian Night

The Frank Battista Italian Night will be held on Saturday, December 14 from 6-8:30pm in the Parish Life Center. The net proceeds will be donated to local charities. The menu includes: homemade lasagna, garden salad, spaghetti w/ marinara sauce, and Italian rice custard. The dinner is sponsored by the Knights of Columbus and is open to the public and pay-at-the-door. Takeouts are available. The cost is Adults/Teens: \$8, Seniors (60+):\$7, Children (7-12):\$6, Children (under 7): Free. THE MAX COST PER FAMILY IS \$28.



Are you the parent of a special needs child? Please join us for a brand-new ministry.

Meetings are held every other month on Thursday from 7-9 PM in the Courtyard Meeting Room

December 12
February 13

Joyce Bodoh joycebodoh@gmail.com

Contact:

Vivian Heltemes vivi0775@gmail.com

vida parroquial

noticias en español

Decoración Recepción Virgen de Guadalupe

¿Desea ayudar con la decoración para la recepción de la Virgen de Guadalupe o simplemente darnos una mano? Si puede cooperar, por favor, contacte a Janett Prohaska al 703-965-1491

Rosario en Comunidad

Día: todos los domingos de Adviento

Hora: 1:55pm (antes de la misa) | Lugar: iglesia (excepto el del 22 de diciembre que será en la Academia Holy Cross)

Última Posada-Necesitamos su ayuda

Si puede taer un plato para compartir para la Última Posada, por favor contacte a Rocío Atkinson a rocioatkinson@yahoo.com

CCW Canta Junto a Patrick A'Hearn

Por favor marque su calendario y acompañe al Consejo de Mujeres Católicas de St. Mary el martes 17 de diciembre a las 10:00 a.m. en el salón Father Rooney para un refrigerio e invitado especial-Patrick A'Hearn del Riverside Center. Luego nos reuniremos con David Uschold en la iglesia-esperando un dueto de Patrick y David- y ¡cantaremos un villancico navideño! Todos son bienvenidos.

Nuevo horario de confesiones

Día- miércoles (excepto los días de obligación) Hora: después de la misa del

Hora: después de la misa de mediodía



Invita... Saint Mary Catholic Church, Fredericksburg, VA.



parish life get involved

St. Mary's Craft Club

Free! All ages 3 and up can join us for a fun time creating craft projects with the "St. Mary's Craft Club". We meet the last Saturday of each month 9:45 - 10:45am in the Pope John Paul II house kitchen area. (Just go up the steps to the porch and enter through the door and you'll be there!)

December 28
Winter Craft Project with Hot Chocolate & Cookies!

January 25
Painting Canvases

February 29
Wooden crosses & wooden birdhouses

March 28
Easter crafts

April 25
Decorating planters & Planting flowers

May 30

Choose a Summer Beach Bag or a summer hat for fabric painting and Tie Die (also, please bring a white T-shirt to class).

Each craft club includes faith formation activities as well. To complete a Craft Club enrollment form, just come to a class and we'll give it to you. RSVP to Julia. Apicella @qmail.com.

Parish Council Seeking Recording Secretary

We are in need of someone who can take notes (minutes) during the parish council meetings. We meet every other month. Our next meeting is set for January 13 at 7pm. If interested in serving in this way, please email Mary Morton at **marmarmorts@gmail.com**

Ushers Needed

We are still in need of ushers for the Sunday evening 5 & 7pm Masses. Please consider serving your parish family in this way. Contact Tom Fish at fishtbrx@gmail.com



parish life

get involved







DATE NIGHTS AT SAINT MARY'S



All married and engaged couples are warmly invited to attend! Mark your calendars and make a commitment to grow in your vocation, intentionally loving your spouse more fully.

JOIN US FOR THIS POWERFUL 6 SESSION PROGRAM

6:30-7pm Wine & Cheese Social 1 7-9pm Gathering

United in Love – United in Christ | January 11

Session Three — Eucharist: The Source and Summit of Married Life

All gatherings are at the St. Mary's Parish Life Center

If you are interested in joining the Marriage Ministry Team, we would love to welcome you. In need of a babysitter? We have a list of High School Youth Group Students that might be available to help you. Please contact Elena Doyle at edoyle@stmaryfred.org. All are welcome Last name A-M bring an appetizer N-Z a dessert to share. The sessions require a book (shared between each couple) Please bring \$10 (cash or check).

parish life

happenings

One of our Confirmation teams helping with Operation Christmas Child by filling shoeboxes with small toys, hygiene items, and school supplies. The boxes are shipped outside the United States to children affected by war, poverty, and natural disaster.







We invite all Christians to gather in the peace of Christ at St. Mary

Monday, December 9
as we "prepare a place for unity and peace" together.



You are invited to a monthly gathering of prayer in the ecumenical tradition of the Taizé Community in France, the second Monday of every month at 8:15pm.

It is our hope that this monthly prayer brings together Christians of all churches, pastors and flocks, as together we realize a bit more each day that we must rely upon God's power to bring about Unity among all who follow Jesus, "as he and the Father are one." It is something we are unable to do ourselves.

This Unity which embraces all people stands at the very heart of Christ's mission...and belongs to the essence of our community. Let us provide a place where his Spirit can come and fulfill his plan for us.

operations

given in love

Weekly Offertory

Offertory Collection 11/24 \$31,387
Offertory Collection 12/1 \$29,825
Catholic Campaign for Human
Development \$7,081

Parish Christmas Collection for Special Charities \$7,975

Parish Building Fund (add'l) \$4,512

St. Vincent de Paul Poor Box 11/24

St. Vincent de Paul Poor Box 12/1

\$280

Next week's second collection will support the Parish Building Fund. Thank you for your generosity!

Pro-Life Reflection

Mary was full of grace from the first moment of her conception. She was not exempt from the need of a Savior; He simply shared with her in a unique way the victory over sin that He offers all of us. For those tempted to abort, there is always sufficient grace to do what is right. Mary, pray for us and for all tempted to abort, that they may say yes to life.

Blessed be the holy and Immaculate Conception of the Blessed Virgin Mary, Mother of God!

O Virgin Immaculate, who, after the Ascension of thy Divine Son, didst console thy exile on earth by the Real Presence of Jesus in the Sacrament, and didst spend before the Tabernacle the greater part of thy days and even thy nights, make us comprehend the treasure we possess on the altar. Inspire us to visit often the God of Love in the Sacrament in which He abides to receive the homage that He deserves by so many titles, and to guide, protect, and console us in this exile! Amen.

Children's Charity for December

Our Children's Charity for the month of December is the Office of Migration & Refugee Services (MRS) in Fredericksburg, which assists refugee families and children, who have fled their homeland in fear of persecution and in fear for their lives. After a lengthy resettlement process through the US Government, approved families arrive with no material possessions other than the clothes on their back. With only 1 to 2 weeks' notice, MRS "Welcomes the Stranger" and assists families with housing, food, employment, schooling for their children and many other urgent needs. For more information visit arlingtondiocese.org/mrs.

For Unto Us a Child Is Born, Christ the Savior!

Give a Gift for Life

This Advent, include a Gift for Life on your Christmas List, by supporting Project Rachel or the Gabriel Project. It is easy to make a small, tax-deductible contribution as a gift in the name or memory of a family member or friend, and it will make a big difference in a woman's life. You have the opportunity to assist a frightened young woman who has just learned she is pregnant, or a woman who opted to abort her child and is now experiencing the after effects of her choice. Your gift directly supports the cost of an expectant mother's prenatal vitamins, or counseling for a woman who is experiencing the emotional distress of an abortion.

Please pick up a flyer in the vestibule of the Church and follow the directions, or visit arlingtondiocese.org/giftforlife to donate online.



Dearest Lady of Guadalupe

Fruitful Mother of Holiness, teach me your ways of gentleness and strength. Hear my prayer, offered with deep-felt confidence to beg this favor . . . O Mary, conceived without sin, I come to your throne of grace to share the fervent devotion of your faithful Mexican children who call to thee under the glorious Aztec title of "Guadalupe" – the Virgin who crushed the serpent. Queen of Martyrs, whose Immaculate Heart was pierced by seven swords of grief, help me to walk valiantly amid the sharp thorns strewn across my pathway. Invoke the Holy Spirit of Wisdom to fortify my will to frequent the Sacraments so that, thus enlightened and strengthened, I may prefer God to all creatures and shun every occasion of sin. Help me, as a living branch of the Vine that is Jesus Christ, to exemplify His divine charity always seeking the good of others. Queen of Apostles, aid me to win souls for the Sacred Heart of my Savior. Keep my apostolate fearless, dynamic and articulate, to proclaim the loving solicitude of Our Father in Heaven, so that the wayward may heed His pleading and obtain pardon, through the merits of your merciful Son, Our Lord Jesus Christ. Amen.



liturgy

daily bread

Saint Mary Prayer List

Please pray for those who are sick or in need, especially: Miles Wood, Mary Ellen Kearney, Kay Simmons, Robert Meyer, Marc and Susan Wood, Lita Mary Mamboyo, Nathan Apicella, Timothy Travis, Kaden Sabo, Robert Nathan Servetnick, Dianne Clancy, The Chevchuc Family, Christina Bolt, Bruce Bates, Richard Casaldi, Alex Tonn, James Evans, Larry Dillman, Theresa Kovalefsky, Amber Moser, Erin Krieg, Matthew Meyer, Brittany Meyer, Sara Meyer, Douglas & Dorothy Meyer, Karla Dorsey, Mary Jean & Don Williams, Linda & Frank Walter, Cathleen Mihalaki, Re Macarthur, Jordan Tackett, Nikolai & Bridget Sherba, Randy McNulty, Riley Horstick, David A., Marty T., Janet Yerkie, Brittany Yerkie, Elizabeth Stoehr, David Semeglo, Robert L Gomer, Carla J Gomer, Thomas Moeller, Lorraine Becker, Gerald Gardiner, Larry Delaney, James Keddie, Lorena Hernandez, Miguel Hernandez and Edgar Giovanni Castro, Julio Diaz, Kelly Murray, Marianne Ford, Ortiz Family, James Derouin, Karen Danis, Jim Mann, Muriel Bovat, Gina Wood, Michelle & Lawrence Hudson, Monica White & Patrick White, Betty McKee, Arturo Mendoza Sanchez, Vickie Coburn, Susana Rios-Villagrana, Jeff Shinrock, Mary Ulmer, John Michaelides, Thomas Biddulph, Fernando Guadarrama, Margaret Dougherty, Betty Gil, Adrienne Meniivar, Deanna White, David Mares, Chuck Boyer, Daniel Bustamonte, Hector Rios-Villagrana & Family, Miguel Correa & Family, Tamlyn Leaf, Gordon Leffel, Graciela Chavez, Nico Luiggi, Vickie Coburn, Ana B. Rojas, Maria Mangini, Melanie and Chris Koumentakos, Maryanne Schram, Jackie Davia Johnson, Jenna Cappello, Matt Seidlinger, Benjamin Grillo, Gavin Menteer, Jim Seidlinger, Mary Ellen Kearney, Kurt Gutzmann, Lois Michell, Frank Pollack, Leslie and Charlotte Heagney, Joseph Daley, Carolyn Shebora, Melvin Schreckinger, Stephen Inguanti, Rhonda Wolfe, Delia Flores, Bruce Berry, Glen Gress, Bobby Blankenship & family, Buddy & Vincent Yerkie & Family, Carolyn Allen, Mitchell Wood, Felicity Peletier, Leah Sanford, Jason Stoker, Makenna Anne Koetzle, Peggy Silverman, Jack Ryan, Amy Peretta, Janet Fisher, Paul Scott, Wendy Vann, Michael Vann, Michelle Thomas, Jerry Hall, Zelda Meyer, Jack Ryan, Robert Boggio, Ryan McNichol, Bianca Sanchez, Jackeline Sanchez & Family, Mary Hope Burkett, Dick Geary, Sean Duarte, Linda Schaaf, Dave & Joy Zerby, David Silberman, Mrs. Joann A. Formeller, Jim Matarese & Son, Paula Hass, Leony Scott, Catherine Laski, Winifred Herrin, Brenda Leffel, Deborah Nunez, Larry Hays, Alma Keyes, Mary Carr-John, Phil Fuller, Jean Guinn, Sylvia Littlepaige, Alma Keyes, Andy Johnston, Jacoby Smith, Andrew Prybys, Richard Epp, Mary Wehman, Barbara Sisbarro, Maria Atkins. Santo Domingo Hernandez Gomez & family, Otilia Dogmoc, Linda Rager, Samantha Stumpf, Lonnie Dalton, Gail Erickson, Brenda Dudley, Debbie Beebe, Blanca Garcia, Řildo Ribelino Soto, Giles Morgan, Kim Matkovsky, Frances Conn, Christine Frescas, James Murphy, Daniel Burke, Joan Baker, Stephen O'Byrne, Marian Wilinski, Martha Clements, Bernard Cruz, Margaret Krebbel, Floyd Carver, Jr., Michael Sharkey, Jerry Werline, Patricia Johnston, Claire Matthews, Isabelle McLoone, Kensington McLoone, Zachary Payne, Ernalina Kyle, Betty Curtis, Patrick Sherba, Sr., Dennis Farmer, Ernalina Kyle, Maria Wood, Margie Hougasian, Maria Wood, Robert Gibson

Please pray for all the men and women in our military and civilian support services overseas, especially: Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Nelly Garcia, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Jason Cullinan, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobes, John Paul Smetek, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

Al Anon Surviving the Weekend Group

Al Anon is for those who have been affected by someone else's drinking, and members come together to learn a better way of life and how to find happiness. Especially at this time of year, it's important to know that you are not alone and there is help. There is an Al Anon meeting every Saturday at 10am in Room 204 of St. Mary's Parish Life Center.

Nar Anon Support Available

Nar Anon is a program that offers support to family members and friends of loved ones struggling with substance abuse. All information and discussion is non-judgemental, informative and strictly confidential. Our meetings are in Room 100 in the Parish Life Center on Thursday from 7-8pm and are open to the community at large. Contact Cathy at 703-201-8821, burgh757@gmail.com or Wayne at 540-840-5230.

Daily Mass Intentions and Readings

December

9 MONDAY

6:30am Denise Carr+

9:00am Mr. and Mrs. Vincent Herold

12:00pm Karen Scanlon 6:00pm Denise Carr+

Gn 3:9-15, 20/Eph 1:3-6, 11-12/Lk 1:26-38

10 TUESDAY

6:30am Denise and Colleen Shimkoski

9:00am John Hofstee+ Is 40:1-11/Mt 18:12-14

11 WEDNESDAY

6:30am Kathleen Hannon 9:00am Ruth Quaed+ Is 40:25-31/Mt 11:28-30

12 THURSDAY

6:30am Fr. Bryan Duggan 9:00am Betty Niederkofler+ Zec 2:14-17/Lk 1:26-38

13 FRIDAY

6:30am Richard Lanzarone+ 8:15am* Joseph Dady+ 9:00am Sheila Mills+ Is 48:17-19/Mt 11:16-19

14 SATURDAY

15 SUNDAY

7:00am Mary Linnda Talak+
8:30am Frances Wildman+
10:30am Denise Carr+
10:30am* The Oblate Sisters
12:30pm Pactor Regiamin Voli

2:30pm Pastor Benjamin Velis+ 5:00pm Megan Hellmann 7:00pm For Our Parish

Is 35:1-6a, 10/Jas 5:7-10/Mt 11:2-11

* Indicates Mass at Holy Cross Academy
Please remember that Mass intentions may be requested
at the parish office for any remaining Masses of the year.
If dates are no longer available for the date you desire,
you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate
Mass for your intention at an extra Mass during the
week or as a concelebrant.