

## SEVENTH SUNDAY IN ORDINARY TIME

February 23, 2020



**Saint Mary of the Immaculate Conception Roman Catholic Church**  
1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

# upcoming

## February



**SAINT  
MARY**  
*of the*  
IMMACULATE  
CONCEPTION  
*Roman Catholic Church*

### 23 SUNDAY, SEVENTH SUNDAY, DAY IN ORDINARY TIME

Coffee Shop after 7am, 8:30am, 10:30am, Mass

Scrip on Sale after all Masses Except 2:30pm

**11:30am, New Parishioner Meeting, Church**

6pm, CYM Dinner and High School Youth Group, Parish Life Center

### 24 Monday, Weekday

10:15am, Legion of Mary Our Lady of Perpetual Help Praesidium, Parish Life Center, Room 100

4:45pm & 6:30pm, RE Class, Parish Life Center

7:30pm, RCIA in the Church

### 25 Tuesday, Weekday

10am, Outreach Pillow Project, Parish Life Center, Room 100

4:45pm & 6:30pm, RE Class, Parish Life Center

6pm, RE Class at HCA

### 26 Ash Wednesday - A Day of Fasting and Abstinence

10am, Weekly Bible Study in the Courtyard Meeting Room

12:30pm, Confessions in the Church

3pm, Divine Mercy Devotions in the Church

6pm, Bishop Barron Bible Study in the Courtyard Meeting Room

6:30pm, YOUCAT, John Paul II House

7:30pm, Young Adults Meeting in the Parish Office Library

**No Evening Confessions**

### 27 Thursday after Ash Wednesday

9:30am, Craft Group, Parish Life Center, Room 100

9:45am, Bible Study in the Courtyard Meeting Room

6pm, Walking With Purpose, Parish Life Center

7pm, Nar-Anon, Parish Life Center, Room 100

7pm, Baptism Class in the Courtyard Meeting Room

### 28 Friday after Ash Wednesday

9am, St Anne's Sisters in the Faith, John Paul II House

6pm, Lenten Soup Supper, Parish Life Center

6:30pm, Spanish Junior Legion of Mary in the Courtyard Meeting Room

7pm, Stations of the Cross in the Church

7:30pm, Spanish Stations of the Cross in the Church

8pm, Spanish Legion of Mary in the Courtyard Meeting Room

### 29 Saturday after Ash Wednesday

8am, Confessions in the Church

**9:30am, Married Couples Retreat, Parish Life Center**

10am, Baptisms in the Church

10am, Al-Anon, Parish Life Center, Room 204

3:30pm, Confessions in the Church

### 1 SUNDAY, FIRST SUNDAY OF LENT

Coffee Shop after 7am, 8:30am, 10:30am, Mass

Scrip on Sale after all Masses Except 2:30pm

6pm, CYM Dinner and High School Youth Group, Parish Life Center

### ASH WEDNESDAY MASSES AT ST MARY

6:30am

9am

12pm

4pm Latin

6pm

8pm Bilingual

### MASS AT HOLY CROSS ACADEMY

6pm

# pulpit announcements

## nota bene (note well, please):

### ■ Marriage Retreat with Father Mosimann

*More information on page 4*

### ■ CRS Rice Bowl Introduction

*More information on page 6*

### ■ Stations of the Cross & Soup Suppers

*More information on page 8*

### ■ St. John Paul the Great Shrine Retreat

*More information on page 8*

### ■ Noticias en Español

*Más información en la página 12*

## Ushers Needed

We are in need of ushers at the 5pm Mass on Saturdays. Please consider serving your pariah family in this way. If interested contact Tom Fish at [fishtbrx@gmail.com](mailto:fishtbrx@gmail.com). Thank you

## Adoration of the Blessed Sacrament

### O Come Let Us Adore Him in Eucharistic Adoration!

"The shepherds hastened to Bethlehem, where they found Mary and Joseph, and the baby lying in a manger" (Lk 2:16). 'We fall down in adoration before the Son of God. As we adore Christ, born in a stable... we feel the shepherds' same amazement and their same joy" (Saint John Paul II). Please come and adore Our Lord in the most beautiful Blessed Sacrament of the Altar. We have continuous Exposition of the Blessed Sacrament every Wednesday after the 12 Noon Mass until Friday morning before the 9am Mass.

## contact us

## stmaryfred.org

### SUNDAY MASS

Saturday Vigil 5 & 7pm  
Sunday 7, 8:30, 10:30am, 12:30, 2:30pm (Spanish), 5pm, 7pm  
10:30am at Holy Cross Academy

### DAILY MASS

Monday - Friday: 6:30am, 9am  
M/W/F: 12 Noon  
Saturday: 9am  
First Friday 8pm  
Holy Days of Obligation, as announced

### DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass,  
Wednesday 12:30pm - Friday 9am  
Miraculous Medal Novena, Mon., after 9am Mass, Divine Mercy, Wed., 3pm

### CONFESSION

Wednesday, after 12pm Mass, 6:30-8:30pm; Sat., 8am & 3:30pm, or by appt.

### PARISH OFFICE

540-373-6491, fax 371-0251  
[stmary@stmaryfred.org](mailto:stmary@stmaryfred.org)  
Monday - Friday, 8:30am - 4:30pm;  
students staff office weekdays until 9pm,  
Saturdays 9-5pm, Sundays 9:30-1:30pm

Pastor, Fr. John Mosimann  
Fr. Sean Koehr  
Fr. Michael J.R. Kelly  
Fr. Michael Folmar  
Deacon Alberto Bernaola  
Deacon Dick Delio

Business Manager, Elaine Stanislawski  
Parish Secretary, Jachebel Rios  
Director of Music, David Uschold

### HOLY CROSS ACADEMY

540-286-1600  
250 Stafford Lakes Parkway  
Fredericksburg, Virginia 22406-7234  
Principal - Dr. Stephen Fry,  
[sfry@holycrossweb.com](mailto:sfry@holycrossweb.com)

### ST. MARY PRESCHOOL

540-373-7553  
Director, Sheri Castellarin

### RELIGIOUS EDUCATION OFFICE

540-373-6491  
Director, Aristides Lucas  
Associate Director, Karen Sturtevant

### YOUTH MINISTRY

[tbeltran@stmaryfred.org](mailto:tbeltran@stmaryfred.org)  
Tatiana Beltran

### YOUNG ADULTS

[stmaryya@gmail.com](mailto:stmaryya@gmail.com)  
540-847-1872

### OUTREACH

540-373-6491  
Elena Doyle - [edoyle@stmaryfred.org](mailto:edoyle@stmaryfred.org)

### BAPTISMS

Parish registration (90 days) and class required.  
Please contact the parish office to schedule the date at least four weeks in advance.

### MARRIAGE

Parish registration required; contact parish six months in advance to begin preparation.

### JOIN US

New Parishioner Welcome meetings held in the Parish Life Center on fourth Sun days, following the 10:30 Mass. Please notify us of any contact changes.

Articles must be submitted two weeks prior to publication.  
Send articles to [bulletin@stmaryfred.org](mailto:bulletin@stmaryfred.org). Thanks!



# from our pastor

# pax et bonum

Dear Folks,

This week, I am preaching most of the Masses about the Bishop's Lenten Appeal. This important annual appeal assists our diocese in paying for a variety of services provided by Catholic Charities and supports seminarian education, youth ministry and many ministries described in the bulletin insert included two weeks ago. Thank you to your fellow parishioners who spoke after each of those Masses.

I don't know any pastor who "enjoys" making this annual appeal, but it is also something that I am proud of - our willingness to support the diocese. We give, as an expression of gratitude to Jesus for his abundant blessings. Thanksgiving is the right response of a grateful heart. Thank you for your attention to the Lenten Appeal, and your consistent generosity.

Ash Wednesday, a reminder that this year we are adding two Masses to try to alleviate the crushing crowds that attend the evening Masses! There will be a Mass in Latin at 4pm in the church, and an additional Mass at 6pm at our parish school, Holy Cross Academy! These are in addition to all of the Masses that we previously had, and a bilingual Mass will also be at 8pm to allow for less congestion in the parking lot. Please check the full schedule in the bulletin.

pax et bonum,



Fr Mosimann



**MARRIAGE  
RETREAT**

**WITH FATHER MOSIMANN**

**SATURDAY, FEBRUARY 29**

RETREAT BEGINS WITH  
9AM MASS AT ST MARY CHURCH

PLEASE BRING A BIBLE AND  
BROWN-BAG LUNCH

CONCLUDES AT 5PM

WELCOME TO INVITE FRIENDS  
SPREAD THE WORD

**MUST REGISTER BY SENDING AN EMAIL  
TO EDOYLE@STMARYFRED.ORG**

## 2020 Lenten Series

### Following the Call of Christ

Join your parish family as we journey together with Bishop Barron. Sign-up to receive a weekly video (at no cost) that you may watch with your family and/or small Lenten group. You will have the opportunity to comment and ask questions directly to our priests as the material is presented.

To sign-up, please visit the St. Mary website [stmaryfred.org](http://stmaryfred.org) and click the link for Flocknotes/ Lenten Program and register for the 2020 Lenten Series in English OR Spanish.

### Following the Call of Christ

Bishop Robert Barron illuminates six biblical stories of conversion, demonstrating how ordinary people, just like you, were approached by Jesus in a wide variety of circumstances and called to a better life through him. Experience how Jesus met and forever changed people like the apostle Matthew, the woman at the well, the rich, young man, and even the three kings who came to see him as a newborn baby in Bethlehem. The common theme in each story is the turning of all one's attention and energy toward a deeper, more personal connection to Jesus Christ. In his characteristically energetic style, Bishop Barron explains how conversion is not so much a one-time event, but a life-long process that God offers to everyone. "Jesus Christ calls us in thousands of different ways to follow him, as we strive on the path for spiritual excellence," explains Bishop Barron. Where are you meeting Jesus now and what is your response?



# education holy cross academy

## Meet Mrs. Appleton

### MS Science and Religion Teacher

Originally from New Jersey, I graduated in 2000 with a BS in Education and a Minor in Geology from Miami University, Oxford, Ohio with dual concentrations in Natural Science Education and Oceanography. After teaching in OH, MD, and VA public schools, I was blessed to stay home with my three young boys for several years. I was drawn to the Catholic faith and converted to Catholicism in 2010. All of my children have attended or currently attend HCA. I continued my education as a certified Virginia Master Naturalist in 2013. Before teaching 3rd grade at HCA, I led many nature programs in the Fredericksburg area and worked with the Nature Education Department at Mott's Run through Fredericksburg Parks and Recreation. I love teaching middle school students about earth and life sciences as well as 6th grade Religion!



*A National  
Blue Ribbon  
School of  
Excellence*



## HCA Registration for the 2020-21 School Year Now Open

As the parish school of St. Mary, we invite parishioners to consider Holy Cross Academy for your family. HCA is a National Blue Ribbon School of Excellence offering a strong academic program, daily religious instruction, character formation, numerous extracurricular opportunities, a variety of music and art programs, and so much more. Our students are blessed to receive weekly religious instruction from our parish priests and Mass on Fridays.

We recognize that Catholic education can seem out of reach for some families which is why the Diocese of Arlington offers tuition assistance and scholarships to students accepted by or attending a diocesan Catholic school. The deadline to apply for assistance is March 18 so if you're interested in pursuing this opportunity then please apply to HCA as soon as possible. Details can be found on our website, [holycrossweb.com](http://holycrossweb.com). You may also give us a call at 540-286-1600. We would love to learn how Holy Cross Academy can be a blessing for your family!



our parish

# religious education

## Magnifikid

### Remember you are God's Temple

Saint Paul reminds us that the Holy Spirit dwells in us. We are called to be holy in everything we do. Each time you look in a mirror this week, take a moment to remember that you are God's temple."

### Love your enemies

It's easy to love those who love us back. Jesus calls us to something more – love even our enemies. This week, reach out to someone who has been difficult to love, or to someone who always seems to get left out of the group.



## CRS Rice Bowl

Meet the three girls from three different parts of the world. As you read about each girl and her family, think about what you might have in common with them.

Maria Ana is 16 years old. Serious and kind, she lives with her parents, four brothers and one sister in Honduras, a country in Central America. Her village, El Pinal, is surrounded by hills. Maria Ana speaks Spanish.

Trinh is a hard-working, energetic 12-year-old. She lives in the farming community of Binh Dao, located outside of the city of Hoi An, Vietnam with her parents, two older brothers and younger sister. Her country is in Southeast Asia and is surrounded on three sides by water. Trinh speaks Vietnamese.

Ambitious and intelligent, Yvone is 11 years old. She lives with her grandparents, her aunt, three siblings and three cousins in Konjiko, a village in Kenya. Her community is located near Lake Victoria, the largest lake in Africa. The village is also close to the Equator, so it is very hot there. Yvone and her family speak Kiswahili and English.



## Upcoming Dates:

### Thursday, February 27 | 4:45pm | Church

First Penance for Religious Education students preparing for First Communion this spring and attend class Mondays at 6:30pm

### Thursday, February 27 | 5:15pm | Church

First Penance for Religious Education students preparing for First Communion this spring and attend class on Tuesdays at 6:30, Tuesdays at 6pm at HCA Wednesday at 6:30pm

## Hunger in Our World

When Jesus fed the 5,000, he said, "Give them some food yourselves." Reflect on the challenge of global hunger. How can you contribute to support the hungry in your community? Visit [crsricebowl.org](http://crsricebowl.org) for more.

JOIN FORMED | 1. [formed.org](http://formed.org) 2. click register 3. enter parish code **F6F228**

FORMED®

## PICK OF THE WEEK

Sr. Bethany Madonna, vocations director for the Sisters of Life, shares how God not only wants us to know him, but also to give us the desires of our heart and gifts that bring purpose, meaning, and hope.

## Desires of the Heart

by Sister Bethany Madonna

Desires of the Heart



Sister Bethany Madonna

LISTEN ON FORMED.ORG

POWERED BY THE AUGUSTINE INSTITUTE

WE WELCOME YOU HOME. 540-373-6491



# our parish youth ministry



## Fitness Club

**Middle Schoolers!**

Join us for some faith, fun and fitness! All fitness levels welcome.

We meet at Green Fitness and Wellness 9am-10am.

**Meets Saturday:**

- ~~Feb 8th~~
- March 7th
- April 18th
- May 9th

Please contact: Rachel Luciani for more info: [lucianir@comcast.net](mailto:lucianir@comcast.net)

## Come & join us for a Steubenville Conference

June 12-14 2020! We will be going to Franciscan University of Steubenville in Ohio for a youth conference where thousands of teens will gather for fellowship, fun and to praise our Loving Father!

The 2020 theme is "Restored" where we will encounter the God who calls us out of darkness and into his marvelous light. Lift your eyes to the glory of God. Be restored! Only for high school students, we have limited spots. Please email Tatiana for more info: [tbeltran@stmaryfred.org](mailto:tbeltran@stmaryfred.org).



SUMMER 2020

# RESTORED

PSALM 80:3

## St. Mary's Craft Club

Free! All ages 3 and up can join us for a fun time creating craft projects with the "St. Mary's Craft Club". We meet the last Saturday of each month 9:45 - 10:45am in the Pope John Paul II house kitchen area. (Just go up the steps to the porch and enter through the door and you'll be there!)

**February 29**

**Wooden crosses & wooden birdhouses**

Each craft club includes faith formation activities as well. To complete a Craft Club enrollment form, just come to a class and we'll give it to you. RSVP to Julia. [Apicella@gmail.com](mailto:Apicella@gmail.com).

**StMaryCYM**    

**#GetInvolvedBeTransformed**

**Stay Up-to-Date:** Be sure to stay in the know with St. Mary CYM by visiting [stmaryfred.org/youth-ministry](http://stmaryfred.org/youth-ministry)

## Assistant Director for Youth Ministry

### St. Mary of the Immaculate Conception

St. Mary Parish is seeking a full-time Assistant Director of Youth Ministry. The position requires collaboration with the Director in guiding the overall ministry to teens in 7th-12th grade as well as directing the middle school program, coordination of Confirmation program and retreats for both middle and high school students. The Assistant Director assists in the leadership of the High School Youth Ministry program which includes; Life Teen, retreats, WorkCamp, bible study and other events. Administrative tasks, programming and coordination of schedules are included. For more information on the position and requirements visit our website [stmaryfred.org](http://stmaryfred.org).



# get involved

## **Stations of the Cross – Lenten Soup Suppers**

Stations of the Cross take place every Friday evening during Lent. Stations are at 7pm in English and at 7:30pm in Spanish. On March 6 and April 3 the First Friday Evening Mass will follow the Spanish Stations of the Cross.

Our Lenten Soup Suppers also take place in the Parish Life Center on each Friday during Lent from 6 to 7:30pm. Share a Lenten penitential meal of soup and bread with your parish family, and share what you would have spent on dinner that night with those in need. All free-will offerings received are given to charity. Bring the whole family to enjoy good soup and good fellowship... and then spend time with Our Lord in prayer.

## **Easter Flowers**

Remember someone you love, either living or deceased, with a donation for our beautiful Easter Flowers. Envelopes are available in your envelope packets, in the Church and in the Parish Office.

## **We've got Script Gift Cards for That**

Do you buy groceries at Giant, Walmart or Weis? We have Script Gift cards for that. Buy breakfast or Lunch at Chipotle, Taco Bell, Wendy's, or Panera Breads? We have Script Gift cards for that. Enjoy fine dining at Red Lobster, Outback, Bonefish, Carrabba's, Bob Evans, or Cracker Barrel. We have Script Gift Cards for that. Need gas or groceries we have gift cards for Sheetz and Wawa or Giant, Weis, Target, and Walmart. Stop by the Script Gift Card table in the PLA after mass and purchase gift cards or to review the list of all the Script Gift Cards that are available. Set up an account today and continue earning rebates for HCA! Email the Scrip Coordinator at [scripcordinator@holycrossweb.com](mailto:scripcordinator@holycrossweb.com)

for the school enrollment code so HCA gets credit for your purchase or with any questions. Thanks for using script gift cards!

## **St. John Paul the Great Shrine Visit**

Knights of Columbus members and all parishioners are invited for a day of retreat at the Shrine of St. John Paul The Great in Washington DC, March 21.

A carpool sign-up sheet is available below. Those carpooling can meet at St. Mary's and travel to the shrine for 10am. We'll gather as a group in the large open area inside the front doors. A guide is assigned for a tour of the shrine. After we'll have time for reflection, prayer and an opportunity to attend Mass at 12pm. Sign up at [bit.ly/kofcshrine2020](http://bit.ly/kofcshrine2020)

The Shrine is located at 3900 Harewood Road, NE Washington, DC 20017. Free parking on site for cars and buses.

## **Virginia Catholic Conference FREE Registration**

Our Holy Father Pope Francis encourages us to get involved with the legislative process in our country. "A good Catholic meddles in politics." Our Catholic faith compels us to take an active role in the political process to support human life and dignity. The VA Catholic Conference established by the bishops of Arlington and Richmond, provides a quick and easy way to advocate for public policy that promotes our Gospel values as Catholics. Take a minute TODAY and join its email advocacy network. Sign-up online at [vacatholic.org](http://vacatholic.org). God bless you!

## **Cursillo of the Arlington Diocese**

It is registration time for the Women's Cursillo to be held March 19-22, 2020 at San Damiano Retreat House in White Post VA. The cost is \$250 for meals and lodging. The word Cursillo means short course.

This is a three day short course to revitalize your faith, your Catholic connections, and increase your time with God, study skills, and action in the church and home community. Following the retreat all will be invited and encouraged to join a small group gathering call a Group Reunion. There are several groups already meeting in the greater Fredericksburg area. There will be a Men's Cursillo in May. For registration and more information please contact: Tammie Chute at [tammiechute@hotmail.com](mailto:tammiechute@hotmail.com).

## **Manna Project Food Drive is set for March!**

On March 7 and 8, Manna Project Volunteers will collect non-perishable food and monetary donations outside of Mass for the Fredericksburg Regional Food Bank, a member of Feeding America. 1 in 7 Americans turns to Feeding America for food assistance and households often survive on limited budgets. Needed items include: canned meat/fish, peanut butter, pasta/sauce, canned goods, instant potatoes, rice, and personal items such as paper towels. The Food Bank currently feeds over 20,000 people monthly. For each \$10 donation, they are able to provide 20 meals for hungry families. Please help us feed the hungry, your support is greatly appreciated.

## **Men's Registration for Diocesan Cursillo**

It is registration time for the Men's Cursillo to be held May 28-31 at San Damiano Retreat House in White Post, VA. The cost is \$250 for meals and lodging. The word Cursillo means short course. This is a three day short course to revitalize your faith, your Catholic connections, and to increase your time with God by study skills and action within the church and your home community. Following the retreat all will be invited and encouraged to join a small group gathering called a Group Reunion. For more information contact Tammie Chute at [tammiechute@hotmail.com](mailto:tammiechute@hotmail.com).

# parish life happenings

## Plan to Attend a Lenten Weekend Retreat at Loyola on the Potomac

Loyola retreats are conducted in an atmosphere of prayerful silence and include generous amounts of time for prayer, personal reflection and the cultivation of a deep relationship with God. The retreat is open to anyone who is seeking a deeper relationship with God in prayer. It also provides for daily Eucharist and celebrating the Sacrament of Reconciliation on Friday and Saturday. Loyola on the Potomac is in Faulkner, Maryland 20632.

The theme this year is: "Lord, Teach Us to Pray". St. Ignatius emphasized that Prayer is the Essence of our life as Christians. We are taught time and time again the communication is the key to any successful relationship.

If we accept both premises, this retreat will be a welcomed companion on our faith journey. Successful communication relies on both speaking and listening. On our retreat we will learn to more effectively communicate with God as we listen in the prayerful silence and as we speak from our heart and experience.

Men's Retreat March 6- 8. Women's Retreat March 13-15 (Both during Lent). The retreats begin on Friday's with check in and Confessions from 5-6:30pm, an orientation at 6:45pm and dinner at 7pm and concludes with lunch on Sunday following Mass. The suggested offering for the Retreat is \$245. A payment plan is available. Special Retreat Fee of \$195 for any retreatant making their 1st retreat at Loyola and to "young adults" retreatants up to age 30. Contact Len or Sylvia Fontenot for more info: 540-663-2261 or email [lensyl1966@verizon.net](mailto:lensyl1966@verizon.net). Register at [loyolaonthepotomac.com](http://loyolaonthepotomac.com).

## Seeking Digital Piano

St. Mary's is seeking a digital piano for parish events/gatherings. If you have one and are willing to donate it, please reach out to David Uschold at [duschold@stmaryfred.org](mailto:duschold@stmaryfred.org) or call the parish office. Thank you!

## Micah Ecumenical Lenten Prayer Service

All St. Mary parishioners are welcome to join our Christian brothers and sisters in prayer this Lenten season. All prayer services take place on Wednesday's during lent at noon and are followed by a light luncheon.

**March 4 | United Methodist Church**  
Rev. Aaron Dobyns

**March 11 | Shiloh Old Site Baptist**  
Rev. David Casey

**March 18 | St. Mary's**  
Rev. Lou Florio

**March 25 | Christ Lutheran Church**  
Rev. John Mosimann

**April 1 | Presbyterian Church**  
Rev. Joe Hensley

## ST. PATRICK'S DAY DINNER & SOCIAL

Saturday, March 7 Immediately following the 5pm Mass until 8:30pm in the Parish Life Center. Menu: Irish Soda Bread, Corned Beef, Cabbage and Carrots, Red Potatoes, Irish Whiskey Bread Pudding. Dinner is pay-at-the-door. Take-outs available. Adults/Teens: \$8, Seniors (60&up): \$7, Children (7-12): \$5, Children (under 7): Free. Max Cost Per Family: \$25. Beer & Wine Cash Bar - Must be 21 or older to purchase or consume alcohol. RSVP by March 4 at [Dinner@KofC4034.org](mailto:Dinner@KofC4034.org)

*We invite all Christians to gather in the peace of Christ at St. Mary*

**Monday, March 9**  
*as we "prepare a place for unity and peace" together.*



**You are invited to a monthly gathering of prayer in the ecumenical tradition of the Taizé Community in France, the second Monday of every month at 8:15pm.**

It is our hope that this monthly prayer brings together Christians of all churches, pastors and flocks, as together we realize a bit more each day that we must rely upon God's power to bring about Unity among all who follow Jesus, "as he and the Father are one." It is something we are unable to do ourselves.

This Unity which embraces all people stands at the very heart of Christ's mission...and belongs to the essence of our community. Let us provide a place where his Spirit can come and fulfill his plan for us.

# noticias en español

## 2020 Cuaresma

### Siguiendo la Llamada de Cristo

Únase a su familia parroquial mientras viajamos juntos con el obispo Barron. Regístrese para recibir un video semanal (sin costo) que pueden ver con su familia y / o un pequeño grupo de cuaresma. Tendrá la oportunidad de comentar y hacer preguntas directamente a nuestros sacerdotes a medida que se presente el material.

Para inscribirse, visite el sitio web de St. Mary, [stmaryfred.org](http://stmaryfred.org) y haga clic en el enlace para Flocknotes/ Cuaresma y regístrese para la Serie de Cuaresma 2020 en español.

### Siguiendo la Llamada de Cristo

El obispo Robert Barron ilumina seis historias bíblicas de conversión, demostrando cómo Jesús se acercó a la gente común, como usted, en una amplia variedad de circunstancias y llamó a una vida mejor a través de él. Experimente cómo Jesús conoció y cambió para siempre a personas como el apóstol Mateo, la mujer del pozo, el joven rico y hasta los tres reyes que vinieron a verlo como un bebé recién nacido en Belén. El tema común en cada historia es orientar toda la atención y la energía hacia una conexión más profunda y personal con Jesucristo. En su estilo característicamente enérgico, el obispo Barron explica cómo la conversión no es tanto un evento único, sino un proceso de toda la vida que Dios ofrece a todos. "Jesucristo nos llama de miles de maneras diferentes para seguirlo, mientras nos esforzamos en el camino hacia la excelencia espiritual", explica el obispo Barron. ¿Dónde te encuentras con Jesús ahora y cuál es tu respuesta?

## Se necesitan donaciones de tela

Casos de Amor, que es parte del Ministerio de Servicios a la Comunidad de nuestra parroquia, quienes se dedican a hacer y donar fundas de almohadas para niños y adultos sin hogar en el área de Fredericksburg necesitan las siguientes donaciones de tela:

-tela 100% algodón o franela- 1 yarda de 42-44 pulgadas de ancho para el cuerpo de la funda.

-tela 100% algodón o franela – ½ yarda de largo de 42-44 pulgadas de ancho de un color que haga contraste con la otra tela.

Las telas para los niños pueden ser en colores brillantes y coloridos.

También aceptan donaciones de tarjetas de regalo especialmente Script.

Por favor, deje sus donaciones en la oficina parroquial.

Si desea ser parte de este ministerio comuníquese con Adele Falardeau [asfalardeau49@gmail.com](mailto:asfalardeau49@gmail.com)

## Nuevo horario de confesiones

**Día- miércoles (excepto los días de obligación)**

Hora: después de la misa del mediodía

## Rosario en Comunidad

**Día: domingos**

Hora: 1:55 pm (antes de la misa)

Lugar: iglesia

 40 DAYS FOR LIFE™

KICKOFF DINNER PARTY

MONDAY, FEBRUARY 24 | 6:30PM

Please join us at Kitchen 64 in their private dinning room for some fellowship and great food. Everyone is welcome! This would be a great event to invite friends to introduce them to 40 Days For Life.

**Please RSVP to [lovethemboth.40@gmail.com](mailto:lovethemboth.40@gmail.com) or 253.569.7850**

3336 N Blvd Richmond, VA 23230



# parish life happenings

## VIRGINIA VESPERS Evening Prayer for the Commonwealth

THURSDAY, MARCH 5 | 5-6PM

As we advocate for the common good during the 2020 Virginia General Assembly session, Arlington Bishop Michael Burbidge and Richmond Bishop Barry Knestout invite you to join them, public officials, Catholic clergy, parishioners and people of all faiths as we come together for prayer for and with our legislators and the people of Virginia. Held in Richmond's historic cathedral, evening prayer draws on ancient Christian liturgy and includes Scripture, music and song.

Following Vespers, join us for wine and appetizers reception, 6-7:30pm, VCU's Shafer Hall, directly across Cathedral Place.

Hourly parking available at the garage, corner of North Laurel & West Main streets, adjacent to Altria Theatre. On-street parking may also be available.

## DATE NIGHTS AT SAINT MARY'S



SAINT MARY OF THE IMMACULATE CONCEPTION

*marriage ministry*

## JOIN US FOR THIS POWERFUL SESSION

6:30-7pm Wine & Cheese Social | 7-9pm Gathering

**Through Mary to Jesus: Saying Yes to the Lord | March 14**

**All gatherings are at the St. Mary's Parish Life Center**

*In need of a babysitter? We have a list of High School Youth Group Students that might be available to help you. Please contact Elena Doyle at [edoyle@stmaryfred.org](mailto:edoyle@stmaryfred.org).*

*All are welcome Last name A-M bring an appetizer N-Z a dessert to share.  
The sessions require a book (shared between each couple) Please bring \$10.*

**All married and engaged couples are warmly invited to attend!  
No reservations necessary-just show up!**

# operations given in love

## Weekly Offertory

### Offertory Collections - February 16

Offertory Collection	\$31,217
Parish Building Fund (add'l)	\$3,419
Micah "Love Your Neighbor"	\$6,370
St. Vincent de Paul Poor Box	\$134

*Next week's second collection  
will support Black & Indian Missions.*

*Thank you for your generosity!*

## Aid to the Church in Central & Eastern Europe

### "Restore the Church – Build the Future"

#### Ash Wednesday - February 26

This Wednesday we will take up the Collection for the Church in Central and Eastern Europe. For many in the Church in Central and Eastern Europe, as well as parts of Asia, the aftermath of 70 years of Soviet rule is still felt in the form of poverty, infrequent pastoral care, and lack of buildings in which the faithful can worship. Your support is needed to strengthen the Church in this region through grants that promote ministries for children and families, create affordable housing, and provide a cultural and spiritual education. Please be generous in your parish collection. Your gift will continue to restore the Church and build the future in Central and Eastern Europe. Please give generously to the Collection on Ash Wednesday. Visit [uscgb.org/ccce](http://uscgb.org/ccce) to learn more.

## National Collection for U. S. Black & Indian Missions

### "Building Our Mission to the Missions"

#### February 29 & March 1

Established in 1884 as the embodiment of the Church's concern for evangelizing the Black and Indian peoples of the United States and the Eskimo and Aleut peoples of Alaska, the Black and Indian Mission Office has been able to distribute assistance to 132 Dioceses through the generosity of this parish and parishes throughout the United States. Your support provides the presence of missionaries here in African American, Native American, and Alaska Native missions, schools, and religious education programs. Your partnership places Bibles and catechetical materials in the hands of priests, consecrated women and men, and lay leaders in Black Catholic communities in the Diocese of Jackson, Mississippi; in Native American pueblos in the Archdiocese of Santa Fe, New Mexico; to the far reaching villages of Alaska; and so many other places. Your sacrifice addresses the need to train catechists, permanent deacons, and seminarians for future generations here in many of our neighborhoods and backyards.

## Pro-Life Reflection

*"Christians know that suffering cannot be eliminated, yet it can have meaning and become an act of love and entrustment into the hands of God who does not abandon us; in this way it can serve as a moment of growth in faith and love."*

— Pope Francis, *Lumen Fidei*, 56

*We pray for all families concerned with how to provide for their loved ones, especially expectant mothers: May they turn to the Lord, trusting in His providence, and experience the support of the Christian community.*

## Children's Charity for February

The children's charity that will benefit from the offering in March is parish support for Stafford Junction, a faith-based nonprofit organization tasked with improving the lives of children and their families in low-income neighborhoods in Stafford County through programs focusing on education, nutrition, and healthy living. With the intervention of Stafford Junction, the crime rate in the Olde Forge neighborhood dropped by more than 50% within two years. Stafford Junction is a mission project of our parish and children's donations will assist the parish in providing much needed support for their programs. For more information, visit their website at [staffordjunction.org](http://staffordjunction.org).

## Pilgrim Virgin Statue

Would you like the Blessed Mother to visit your family for two weeks? Please contact Mary Lou Felts at 571-723-3333 or [maryloufelts@gmail.com](mailto:maryloufelts@gmail.com) to schedule a time.

## Human Trafficking Awareness and Education

Join us as we welcome Michele Trampe, Executive Director of the Central Virginia Justice Initiative for a presentation on Human Trafficking Thursday, March 26 at 7 pm in the Courtyard meeting room. Human trafficking is on the rise in our area. This presentation will assist you in recognizing potential traffickers and victims, red flags and how to report this crime. Educating oneself is the best defense and you might save a life. For further information please contact Linda Komp at [lkomp78@gmail.com](mailto:lkomp78@gmail.com)



# liturgy daily bread

## Saint Mary Prayer List

**Please pray for those who are sick or in need, especially:** Dianne Clancy, The Chevchuc Family, Christina Bolt, Bruce Bates, Richard Casaldi, Alex Tonn, James Evans, Larry Dillman, Theresa Kovalefsky, Amber Moser, Erin Krieg, Matthew Meyer, Brittany Meyer, Sara Meyer, Douglas & Dorothy Meyer, Karla Dorsey, Mary Jean & Don Williams, Linda & Frank Walter, Cathleen Mihalaki, Re Macarthur, Jordan Tackett, Nikolai & Bridget Sherba, Randy McNulty, Riley Horstick, David A., Marty T., Janet Yerkie, Brittany Yerkie, Elizabeth Stoehr, David Semeglo, Robert L Gomer, Carla J Gomer, Thomas Moeller, Lorraine Becker, Gerald Gardiner, Larry Delaney, James Keddie, Lorena Hernandez, Miguel Hernandez and Edgar Giovanni Castro, Julio Diaz, Kelly Murray, Marianne Ford, Ortiz Family, James Derouin, Karen Danis, Jim Mann, Muriel Bovat, Gina Wood, Michelle & Lawrence Hudson, Monica White & Patrick White, Betty McKee, Arturo Mendoza Sanchez, Vickie Coburn, Susana Rios- Villagrana, Jeff Shinrock, Mary Ulmer, John Michaelides, Thomas Biddulph, Fernando Guadarrama, Margaret Dougherty, Betty Gil, Adrienne Menjivar, Deanna White, David Mares, Chuck Boyer, Daniel Bustamonte, Hector Rios- Villagrana & Family, Miguel Correa & Family, Tamlyn Leaf, Gordon Leffel, Graciela Chavez, Nico Luiggi, Vickie Coburn, Ana B. Rojas, Maria Mangini, Melanie and Chris Koumentakos, Maryanne Schram, Jackie Davia Johnson, Jenna Cappello, Matt Seidlinger, Benjamin Grillo, Gavin Menteer, Jim Seidlinger, Mary Ellen Kearney, Kurt Gutzmann, Lois Michell, Frank Pollack, Leslie and Charlotte Heagney, Joseph Daley, Carolyn Shebora, Melvin Schreckinger, Stephen Inguanti, Rhonda Wolfe, Delia Flores, Bruce Berry, Glen Gress, Bobby Blankenship & family, Buddy & Vincent Yerkie & Family, Carolyn Allen, Mitchell Wood, Felicity Peletier, Leah Sanford, Jason Stoker, Makenna Anne Koetzle, Peggy Silverman, Jack Ryan, Amy Peretta, Janet Fisher, Paul Scott, Wendy Vann, Michael Vann, Michelle Thomas, Jerry Hall, Zelda Meyer, Jack Ryan, Robert Boggio, Ryan McNichol, Bianca Sanchez, Jackeline Sanchez & Family, Mary Hope Burkett, Dick Geary, Sean Duarte, Linda Schaaf, Dave & Joy Zerby, David Silberman, Mrs. Joann A. Formeller, Jim Matarese & Son, Paula Hass, Leony Scott, Catherine Laski, Winifred Herrin, Brenda Leffel, Deborah Nunez, Larry Hays, Alma Keyes, Mary Carr-John, Phil Fuller, Jean Guinn, Sylvia Littlepaige, Alma Keyes, Andy Johnston, Jacoby Smith, Andrew Prybys, Richard Epp, Mary Wehman, Barbara Sisbarro, Maria Atkins. Santo Domingo Hernandez Gomez & family, Otilia Dogmoc, Linda Rager, Samantha Stumpf, Lonnie Dalton, Gail Erickson, Brenda Dudley, Debbie Beebe, Blanca Garcia, Rildo Ribellino Soto, Giles Morgan, Kim Matkovsky, Frances Conn, Christine Frescas, James Murphy, Daniel Burke, Joan Baker, Stephen O'Byrne, Marian Wilinski, Martha Clements, Bernard Cruz, Margaret Krebbel, Floyd Carver, Jr., Michael Sharkey, Jerry Werline, Patricia Johnston, Claire Matthews, Isabelle McLoone, Kensington McLoone, Zachary Payne, Ernalina Kyle, Betty Curtis, Patrick Sherba, Sr., Dennis Farmer, Ernalina Kyle, Maria Wood, Margie Hougasian, Maria Wood, Robert Gibson, Mary Brussell, Karen Danis, Bruce Mattern, Miles Wood, Roseanne Nash, Jeanne Burke, Prudy Tarpey, Danielle McCarty, Scott Robey, Kellan Moran, Mary Bostain, Dilma Magalhaes Da Silva

**Please pray for all the men and women in our military and civilian support services overseas, especially:** Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Nelly Garcia, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Jason Cullinan, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobes, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Daniel Algert

**Please pray also for those who have died, especially the benefactors of Saint Mary Church.**

## Al Anon Surviving the Weekend Group

Al Anon is for those who have been affected by someone else's drinking, and members come together to learn a better way of life and how to find happiness. Especially at this time of year, it's important to know that you are not alone and there is help. There is an Al Anon meeting every Saturday at 10am in Room 204 of St. Mary's Parish Life Center.

## Nar Anon Support Available

Nar Anon is a program that offers support to family members and friends of loved ones struggling with substance abuse. All information and discussion is non-judgemental, informative and strictly confidential. Our meetings are in **Room 100 in the Parish Life Center on Thursday from 7-8pm** and are open to the community at large. **Contact Cathy at 703-201-8821, burgh757@gmail.com or Wayne at 540-840-5230.**

## Daily Mass Intentions and Readings

### February

#### 24 MONDAY

6:30am Shane McCaffrey

9:00am Elizabeth Stanislawski

Jas 3:13-18/Mk 9:14-29

#### 25 TUESDAY

6:30am Joseph An Quang Nguyen+

9:00am Antonia and Santi Maraoud

Jas 4:1-10/Mk 9:30-37

#### 26 WEDNESDAY

6:30am Concepcion & Marciano Mauricio+

9:00am Rachel Chaves

12:00pm David Frasher+

6:00pm Lucy Cooney+

6:00pm\* Crystal Kiefer

8:00pm Ligia Lizarralde+

Jl 2:12-18/2 Cor 5:20—6:2/Mt 6:1-18

#### 27 THURSDAY

6:30am Martha Hebron

9:00am The Gibson Family

Dt 30:15-20/Lk 9:22-25

#### 28 FRIDAY

6:30am Joseph Cascio+

9:00am Providence Moeller+

Is 58:1-9a/Mt 9:14-15

#### 29 SATURDAY

9:00am Joseph S. Cascio+

5:00pm For Our Parish

7:00pm Huynh and Hieu Families

Is 58:9b-14/Lk 5:27-32

#### 1 SUNDAY

7:00am Rosario Salerno+

8:30am Barbara Michalski+

10:30am All Who Died in February

10:30am\* Cynthia Laird

12:30pm Gwen Gesswein+

2:30pm Deacon Alberto & Miralba Bernalola

5:00pm Suzette Young

7:00pm Joseph Ngon Vu+

Gn 2:7-9; 3:1-7/Rom 5:12-19/Mt 4:1-11

*\* Indicates Mass at Holy Cross Academy*

*Please remember that Mass intentions may be requested at the parish office for any remaining Masses of the year.*

*If dates are no longer available for the date you desire, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.*