SECOND SUNDAY OF LENT

March 8, 2020



Saint Mary of the Immaculate Conception Roman Catholic Church 1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

upcoming March



8 SUNDAY, SECOND SUNDAY OF LENT

Coffee Shop after 7am, 8:30am, 10:30am, Mass Scrip on Sale after all Masses Except 2:30pm 6pm, CYM Dinner and High School Youth Group, Parish Life Center

9 Monday, Lenten Weekday [Saint Frances of Rome, Religious]

10am, Legion of Mary Our Lady of Perpetual Help, Parish Life Center, Room 100 12:45pm, Lenten Bible Study, Courtyard Meeting Room 4:45pm, Religious Ed, Parish Life Center 6:30pm, Religious Ed, Parish Life Center 7:30pm, RCIA, Church 8:15pm, Taize, Church

10 Tuesday, Lenten Weekday

10am St Mary Book Club, Courtyard Meeting Room 10am, Outreach Pillow Case Ministry 4:45pm, Religious Ed, Parish Life Center 6pm, Religious Ed at Holy Cross Academy 6:30pm, Religious Ed, Parish Life Center 7:30pm, Adult Confirmation Class, Parish Office Library 7:30pm, Life, Spirit Prayer Gathering, Courtyard Meeting Room

11 Wednesday, Lenten Weekday

9:30am, Prayers and Squares, Parish Life Center, Room 100 9:45am, Weekly Bible Study, Courtyard Meeting Room 12:30pm, Confessions, Church 3pm, Divine Mercy Devotions, Church 4:45pm, Religious Ed, Parish Life Center 6pm, Bishop Barron Bible Study, Courtyard Meeting Room 6:30pm, Religious Ed, Parish Life Center 6:30pm, Confessions, Church 6:30pm, YOUCAT, John Paul II House

12 Thursday, Lenten Weekday

9:30am, Craft Group, Parish Life Center, Room 100 9:45am, Weekly Bible Study, Courtyard Meeting Room 12pm, Cursillo Group, John Paul II House 6pm, Walking with Purpose, Parish Life Center 7pm, Nar-Anon, Parish Life Center, Room 100

13 Friday, Lenten Weekday

9am, St Anne's Sisters in Faith, John Paul II House 6pm, Lenten Soup Supper, Parish Life Center 7pm, Stations of the Cross, Church 7:30pm, Via Crucis, Church in Spanish

14 Saturday, Lenten Weekday

8am, Confessions, Church 8am, SPRED Classes, Parish Life Center 10am, Mariamante Sewing Ministry, John Paul II House 10am, Al-Anon, Parish Life Center, Room 204 10am, Baptisms, Church 3:30pm, Confessions, Church 6pm, Marriage Ministry Date Night, Parish Life Center

15 SUNDAY, THIRD SUNDAY OF LENT

Scrip on Sale after all Masses except 2:30pm and 7pm Coffee Shop after 7am, 8:30am, 10:30am Mass 6pm, CYM Dinner and High School Youth Group, Parish Life Center

pulpit nnouncements

nota bene (note well, please):

- Lent & Holy Week Calendar More information on page 16
- CRS Rice Bowl More information on page 6
- Stations of the Cross & Soup Suppers More information on page 8
- Noticias en Español Más información en la página 12
- Following the Call of Christ with Bishop Robert **Barron during Lent - More information on page 14**

Ushers Needed

We are in need of ushers at the 5pm Mass on Saturdays. Please consider serving your pariah family in this way. If interested contact Tom Fish at **fishtbrx@gmail.com**. Thank you

Adoration of the Blessed Sacrament

O Come Let Us Adore Him in Eucharistic Adoration!

"The shepherds hastened to Bethlehem, where they found Mary and Joseph, and the baby lying in a manger" (Lk 2:16). 'We fall down in adoration before the Son of God. As we adore Christ, born in a stable... we feel the shepherds' same amazement and their same joy" (Saint John Paul II). Please come and adore Our Lord in the most beautiful Blessed Sacrament of the Altar. We have continuous Exposition of the Blessed Sacrament every Wednesday after the 12 Noon Mass until Friday morning before the 9am Mass.

contact us

Saturday Vigil 5 & 7pm

Sunday 7, 8:30, 10:30am, 12:30, 2:30pm (Spanish), 5pm, 7pm 10:30am at Holy Cross Academy

Monday - Friday: 6:30am, 9am **DAILY**

M/W/F: 12 Noon **MASS**

Saturday: 9am First Friday 8pm

Holy Days of Obligation, as announced

DEVOTIONS Adoration, Daily between 6:30am &

9am Mass.

Wednesday 12:30pm - Friday 9am Miraculous Medal Novena, Mon., after 9am Mass, Divine Mercy, Wed., 3pm

CONFESSION Wednesday, after 12pm Mass, 6:30-8:30pm; Sat., 8am & 3:30pm, or by appt.

PARISH OFFICE

540-373-6491, fax 371-0251 stmary@stmaryfred.org

Monday - Friday, 8:30am - 4:30pm; students staff office weekdays until 9pm, Saturdays 9-5pm, Sundays 9:30-1:30pm

Pastor, Fr. John Mosimann Fr. Sean Koehr Fr. Michael J.R. Kelly Fr. Michael Folmar Deacon Alberto Bernaola Deacon Dick Delio

Business Manager, Elaine Stanislawski Parish Secretary, Jachebel Rios Director of Music, David Uschold

stmaryfred.org

HOLY 540-286-1600

250 Stafford Lakes Parkway CROSS ACADEMY

Fredericksburg, Virginia 22406-7234

Principal - Dr. Stephen Fry, sfry@holycrossweb.com

ST. MARY 540-373-7553 **PRESCHOOL** Director, Sheri Castellarin

RELIGIOUS 540-373-6491
EDUCATION Director, Aristides Lucas
OFFICE

Associate Director, Karen Sturtevant

YOUTH MINISTRY tbeltran@stmaryfred.org

Tatiana Beltran

stmaryya@gmail.com **YOUNG**

ADULTS 540-847-1872

OUTREACH 540-373-6491

Elena Doyle - edoyle@stmaryfred.org

BAPTISMS Parish registration (90 days) and class

required.

Please contact the parish office to schedule the date at least four weeks in advance.

MARRIAGE Parish registration required; contact

parish six months in advance to begin

preparation.

JOIN US New Parishioner Welcome meetings held in the Parish Life Center on fourth Sun days, following the 10:30 Mass. Please

notify us of any contact changes.

Articles must be submitted two weeks prior to publication. Send articles to bulletin@stmaryfred.org. Thanks!

from our pastor

pax et bonum

Dear Folks,

Corona Virus. Everyone's asking, "what are we doing?" "what can we do?" I am not prone to panic but, yes, prudence is wise.

For example, a month ago there was a funeral in the parish where I asked a priest not to attend because he had just returned from China the day before. What was the risk? I can't say, but I knew that a quarantine was prudent. And if he had brought the virus to our parish, I would have failed. I thanked the priest and his family for their understanding and charity.

As this goes to press (Wednesday), the diocese is meeting with experts in the field of contagious disease. Thus far, the diocese has suggested these four things:

- 1. "Post a statement on the parish website and in the weekly bulletin asking people with known symptoms of influenza to refrain from attending Mass and other parish activities for the duration of their illness AND up to 24 hours after the symptoms abate." This is charity. The 10 Commandments do not obligate you to attend Mass when you are sick. It is an act of charity for you to stay home when you are ill.
- 2. "Consider suspending the use of a common chalice during communion." Communion from the chalice is only offered for folks with Celiac issues. If you have Celiac issues and need the chalice, then please refer to #1 if you are not feeling well.
- 3. "Add hand sanitizer at church entrances." We have ordered these and will expect them to arrive this week. They will be installed near the bathrooms. Moreover, for the past two weeks, some ushers have been wiping

down door handles and even pews with Clorox wipes. We will continue to try to be as clean as we can in a common space, and have reached out to our pew manufacturer to ask about how to sanitize pew tops without destroying the wood finish on the pews.

4. "Consider suspending the shaking of hands during the Sign of Peace." This was done at the beginning of February. The sign of peace is optional, and our priests have been omitting it for the last month. Even when it returns, you are always free to kindly smile at folks, nod to them, and decline to shake hands, offering peace by your words and smile. You can do this at any Mass. This too can be an act of charity. I would tell you a story about the time where I had to do this as a priest.... But, we all have horror stories of the person next to us wheezing, coughing, blowing their nose, and then wanting to shake our hands! Please don't be that person!

Monday, March 9th, the parish council meets. We will again be discussing best practices and will continue to monitor the situation should further action be called for, either by the diocese or the CDC.

Currently, there are no known cases of Corona Virus in Virginia. All of these best practices also apply to the common flu which has impacted our parish. With warm weather usually comes a relief from the flu: bring on the spring!!!

pax,

fr m

Easter Flowers

Remember someone you love, either living or deceased, with a donation for our beautiful Easter Flowers. Envelopes are available in your envelope packets, in the Church and in the Parish Office.



education

holy cross academy

Fun in February at Holy Cross Academy Preschool at St. Mary

February was a fun and exciting month at Holy Cross Academy Preschool at St. Mary (New name, same great place). We hosted dads for our annual Donuts with Dads event; celebrated Valentine's Day; learned about healthy dental habits; and came to school dressed in our pajamas, as pirates, and as princesses. We also made pizza snacks, paper quilts, and got ready for Lent. Getting our ashes on Ash Wednesday was an amazing experience and we will continue to celebrate Lent through completing acts of kindness and filling our special Lent banks with alms that will be used to buy school supplies for the refugee children that Catholic Charities helps support.

Enrollment for the 2020-2021 school year is open at Holy Cross Academy Preschool at St. Mary. If you would like to schedule a tour or inquire about enrollment in our 3 or 4 year old program please contact or preschool director, Sheri Castellarin at preschool@holycrossweb.com or 540-373-7553.

Holy Cross Academy Preschool at St. Mary is seeking a teacher to serve in the four year old program for the 2020-2021 school year. A preschool teacher must have a Bachelor's Degree in a child related field and a minimum of six months of experience working in a preschool setting. Interested applicants should email their resumes to Sheri Castellarin at **preschool@holycrossweb.com**. Resumes should be received no later than March 13, 2020.





A National Blue Ribbon School of Excellence





HCA Registration for the 2020-21 School Year Now Open

As the parish school of St. Mary, we encourage parishioners to consider Holy Cross Academy for your family. HCA is pre-K3 through 8th grade National Blue Ribbon School of Excellence offering a strong academic program, daily religious instruction, character formation, numerous extracurricular opportunities, a variety of music and art programs, and so much more. Our students are blessed to receive weekly religious instruction from our parish priests and Mass on Fridays. Holy Cross Academy students and their families support the Fredericksburg community through a variety of service projects throughout the year.

We recognize that Catholic education can seem out of reach for some families. It is our goal to never turn away a family seeking a Catholic education for their child(ren). The Diocese of Arlington offers tuition assistance and scholarships to students accepted by or attending a diocesan Catholic elementary school. The deadline to apply for assistance is March 18 so if you're interested in pursuing this opportunity then please apply to HCA as soon as possible. Details can be found on our website, **holycrossweb.com**. You may also give us a call at 540-286-1600 to get your questions answered and schedule a private tour. For more information about our preschool, please contact Sheri Castellarin, Director, at 540-373-7553 or **preschool@holycrossweb.com**. We would love to learn how Holy Cross Academy can be a blessing for your family!

our parish

religious education

CRS Rice Bowl

Second Week of Lent

My family is the most important thing to me.-Trinh

For Trinh, home is where her family gathers—to play, to eat, to rest. "My family is the most important thing to me," she says.

One way she shows her family love is by doing chores around the house. She helps her family by bathing her little sister, Trang, showing her how to wash her hands and helping her with schoolwork. Trinh likes washing the teapot and cups and collecting eggs from the ducks. Often, Trinh will ride her bike to get medicine for her parents when they are sick. Trinh likes to catch dragonflies and crickets with her sister. Since her house is surrounded by rice fields, and coconut and bamboo trees, there's plenty of places for the sisters to play. But the house is also near a river, and when storms pass through, Trinh's home often fills with water. "I wish I would have a house that is not wet or leaky and would not flood anymore," says Trinh.

In Vietnam, CRS is working with students like Trinh, helping them to learn ways to protect their home, food and family from destructive storms. Trinh is happy that she can apply what she learned in school to help her family.

Maria Ana from Honduras is no different. Her family's home was destroyed in a recent accident, and her family is living in a temporary space—a small wooden hut—until they can get it fixed. It's been hard living without a permanent place to call home. Everyone sleeps on the floor, and during the rainy season the roof often leaks. Maria Ana is hopeful her family will have a new house soon.

"I want to keep studying so I can help my family succeed," she says.

To help make the dream a reality, Maria Ana works hard in school—and CRS provides school lunches to ensure she can focus on her studies and not on her hunger. Maria Ana also works in her community to earn money to support her family. At home, she helps with chores, like washing the school uniforms, helping to prepare the family meal, and fetching and boiling water to make it drinkable.

In Kenya, chores are one way Yvonne helps her family too. Each morning she washes dishes, sweeps the house, prepares lunch for the younger children and washes their school uniforms.

Yvonne's family has a hut where the family eats and sleeps a stable for the animals and a separate kitchen hut. During the rainy season, the family collects water from a system on the roof. When it is dry, they borrow from neighbors or walk to a community water point to fetch water.

Yvonne's family life has changed for the better thanks to a CRS program that teaches families about healthy food. In our next story, you will learn how.







JOIN FORMED

1. formed.org

2. click register

3. enter parish code F6F228

F⊙RMED° PICK OF THE WEEK



Ready Reasons

Was Jesus' Sacrifice Enough?

The Catholic teaching on penance is often rejected because they think it implies Jesus' death on the cross was not enough. Learn why that is not actually the case.

SIGN UP FOR FREE AT FORMED.ORG/SIGNUP

our parish



St. Mary's Craft Club

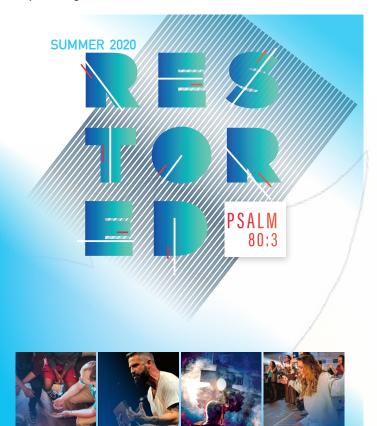
Free! All ages 3 and up can join us for a fun time creating craft projects with the "St. Mary's Craft Club". We meet the last Saturday of each month 9:45 -10:45am in the Pope John Paul II house kitchen area. (Just go up the steps to the porch and enter through the door and you'll be there!)

March 28 Easter crafts

Each craft club includes faith formation activities as well. To complete a Craft Club enrollment form, just come to a class and we'll give it to you. RSVP to Julia. Apicella@gmail.com

June 12-14 2020! We will be going to Franciscan University of Steubenville in Ohio for a youth conference where thousands of teens will gather for fellowship, fun and to praise our Loving Father!

The 2020 theme is "Restored" where we will encounter the God who calls us out of darkness and into his marvelous light. Lift your eyes to the glory of God. Be restored! Only for high school students, we have limited spots. Please email Tatiana for more info: tbeltran@ stmaryfred.org.





#GetInvolvedBeTransformed

Stay Up-to-Date: Be sure to stay in the know with St. Mary CYM by visiting stmaryfred.org/youth-ministry

parish life

get involved

2020 Lenten Series

Following the Call of Christ

Join your parish family as we journey together with Bishop Barron. Sign-up to receive a weekly video (at no cost) that you may watch with your family and/ or small Lenten group. You will have the opportunity to comment and ask questions directly to our priests as the material is presented.

To sign-up, please visit the St. Mary website **stmaryfred.org** and click the link for Flocknotes/Lenten Program and register for the 2020 Lenten Series in English OR Spanish.

Following the Call of Christ

Bishop Robert Barron illuminates six biblical stories of conversion, demonstrating how ordinary people, just like you, were approached by Jesus in a wide variety of circumstances and called to a better life through him. Experience how Jesus met and forever changed people like the apostle Matthew, the woman at the well, the rich, young man, and even the three kings who came to see him as a newborn baby in Bethlehem. The common theme in each story is the turning of all one's attention and energy toward a deeper, more personal connection to Jesus Christ. In his characteristically energetic style, Bishop Barron explains how conversion is not so much a one-time event, but a life-long process that God offers to everyone. "Jesus Christ calls us in thousands of different ways to follow him, as we strive on the path for spiritual excellence," explains Bishop Barron. Where are you meeting Jesus now and what is your response?

Senior Luncheon

The next parish senior luncheon will be held in the Parish Life Center on Monday, March 16. We invite all seniors to come to the 12 noon Mass and join us after for a traditional St. Patrick Shepherd's Pie hot lunch. All seniors in the parish are invited and admission is free. Come and enjoy the company of your fellow seniors. If you have questions, call Lara Traylor at 504-491-3029 (note area code!).

Stations of the Cross – Lenten Soup Suppers

Stations of the Cross take place every Friday evening during Lent. Stations are at 7:00pm in English and at 7:30pm in Spanish. On April 3rd the First Friday Evening Mass will follow the Spanish Stations of the Cross

Our Lenten Soup Suppers also take place in the Parish Life Center on each Friday during Lent from 6 to 7:30pm. Share a Lenten penitential meal of soup and bread with your parish family, and share what you would have spent on dinner that night with those in need. All free-will offerings received are given to charity. Bring the whole family to enjoy good soup and good fellowship.... and then spend time with Our Lord in prayer.

St. John Paul the Great Shrine Visit

Knights of Columbus members and all parishioners are invited for a day of retreat at the Shrine of St. John Paul The Great in Washington DC, March 21.

A carpool sign-up sheet is available below. Those carpooling can meet at St. Mary's and travel to the shrine for 10am. We'll gather as a group in the large open area inside the front doors. A guide is assigned for a tour of the shrine. After we'll have time for reflection, prayer and an opportunity to attend Mass at 12pm. Sign up at bit. ly/kofcshrine2020

The Shrine is located at 3900 Harewood Road, NE Washington, DC 20017. Free parking on site for cars and buses.

Tea at "The Vatican"

Your St. Mary Council of Catholic Women is sponsoring "Tea in the Vatican Gardens" on Saturday, April 4th from 2-4pm at Holy Cross Academy. High tea with delicious Italian treats, Vatican inspired live music and decor, prizes and surprises, and a photo opportunity with "Pope Francis." Bring your favorite hat and come celebrate the special bond between mothers and daughters, aunts and nieces, grandmothers and granddaughters, and best friends! Tickets are \$10 per person or \$13 for a gluten free option. Purchase yours today after Mass or at motherdaughtertea.org.

Saint Mary Book Club

We will discuss "A Life Observed, A Spiritual Biography of C. S. Lewis" by Devin Brown. C. S. Lewis is one of the most influential Christian writers of our time. "A Life Observed" tells the inspiring story of Lewis' spiritual journey from cynical atheist to joyous Christian. Drawing on Lewis' autobiographical works, books by those who knew him personally, and his apologetic and fictional writing, this spiritual biography brings the beloved author's story to life while shedding light on his best-known books.

Please join us for Saint Mary Book Club on Tuesday March 10 in the Father Rooney Community Room at 10am.

We've got Scrip Gift Cards for That

Do you buy groceries at Giant, Walmart or Weis? We have Script Gift cards for that. Buy breakfast or Lunch at Chipotle, Taco Bell, Wendy's, or Panera Breads? We have Script Gift cards for that. Enjoy fine dining at Red Lobster, Outback, Bonefish, Carrabba's, Bob Evans, or Cracker Barrel. We have Script Gift Cards for that. Need gas or groceries we have gift cards for Sheetz and Wawa or Giant, Weis, Target, and Walmart. Stop by the Script Gift Card table in the PLA after mass and purchase gift cards or to review the list of all the Script Gift Cards that are available. Set up an account today and continue earning rebates for HCA! Email the Scrip Coordinator at scripcoordinator@holycrossweb.com for the school enrollment code so HCA gets credit for your purchase or with any questions. Thanks for using script gift cards!

HOPE for the Incarcerated

The loneliness, despair, and hopelessness of someone currently serving a prison sentence can be devastating and lead to depression and feelings of worthlessness. Do you have a family member, a relative, or a friend who is incarcerated? Do you have a relative or friend who knows of someone in prison? We can help.

The St. Mary Prison Ministry Pen Pal Program brings HOPE (Helping Others thru Positive Encouragement) to those

parish life **get involved**

in prison who feel they have lost everything and see no future. It is our mission to offer words of compassion, caring, hope, friendship, and faith by engaging in uplifting and loving communication that extends Christ's forgiveness, love and hope for a better future. We do not focus on the circumstances; rather, we focus on the dignity & respect of the individual. Our message is that God never stops loving us, never gives up on us, and it is never too late to change the direction of your life.

If you know of someone in prison who needs positive encouragement and hope, they can write to our parish office and request a pen pal. Or, the family or friend can contact our Prison Ministry Leader, Jim Shall at jimshall1@yahoo.com God bless you!

Men's Registration for Diocesan Cursillo

It is registration time for the Men's Cursillo to be held May 28-31 at San Damiano Retreat House in White Post, VA. The cost is \$250 for meals and lodging. The word Cursillo means short course. This is a three day short course to revitalize your faith, your Catholic connections, and to increase your time with God by study skills and action within the church and your home community. Following the retreat all will be invited and encouraged to join a small group gathering called a Group Reunion. For more information contact Tammie Chute at tammiechute@hotmail.com.

Cursillo of the Arlington Diocese

It is registration time for the Women's Cursillo to be held March 19-22, 2020 at San Damiano Retreat House in White Post VA. The cost is \$250 for meals and lodging. The word Cursillo means short course. This is a three day short course to revitalize your faith, your Catholic connections, and increase your time with God, study skills, and action in the church and home community. Following the retreat all will be invited and encouraged to join a small group gathering call a Group Reunion. There are several groups already meeting in the greater Fredericksburg area. There will be a Men's Cursillo in

May. For registration and more information please contact: Tammie Chute at tammiechute@hotmail.com.

KofC 4034 Cornhole Tournament

Open to the public! Join fellow parish members for this fun-filled family-friendly event! Tournament will be held at Holy Cross Academy on April 18. Start time is 9am and the cost is \$50 per team. Find more information and register at vakofc. org/2020/02/14/cornhole-tournament/

Plan to Attend a Lenten Weekend Retreat at Loyola on the Potomac

Loyola retreats are conducted in an atmosphere of prayerful silence and include generous amounts of time for prayer, personal reflection and the cultivation of a deep relationship with God. The retreat is open to anyone who is seeking a deeper relationship with God in prayer. It also provides for daily Eucharist and celebrating the Sacrament of Reconciliation on Friday and Saturday. Loyola on the Potomac is in Faulkner, Maryland 20632.

The theme this year is: "Lord, Teach Us to Pray". St. Ignatius emphasized that Prayer is the Essence of our life as Christians. We are taught time and time again the communication is the key to any successful relationship.

If we accept both premises, this retreat will be a welcomed companion on our faith journey. Successful communication relies on both speaking and listening. On our retreat we will learn to more effectively communicate with God as we listen in the prayerful silence and as we speak from our heart and experience.

Men's Retreat March 6-8. Women's Retreat March 13-15 (Both during Lent). The retreats begin on Friday's with check in and Confessions from 5-6:30pm, an orientation at 6:45pm and dinner at 7pm and concludes with lunch on Sunday following Mass. The suggested offering for the Retreat is \$245. A payment plan is available. Special Retreat Fee of \$195 for any retreatant making their 1St retreat at Loyola and to "young adults" retreatants up to age 30. Contact Len or Sylvia Fontenot for more - 540-663-2261 or email lensyl1966@verizon.net. Register at loyolaonthepotomac.com.

From the Pews at St. Mary

Every so often, the miracles of the Holy Spirit are presented to us in unexpected ways. Ways that re-energize us and give us the boost we need to stay focused on our mission.

I would like to share what I believe to be a small miracle and a sign that our prison ministry is impacting lives. The Holy Spirit is working through our team to convey God's love, forgiveness, and mercy to those in prison who need it most.

One of our prison ministry team members has been writing to a death row inmate since November 2017. In May of 2019, his sentenced was reduced to 30 years to life. The inmate never wrote back, but the letters of hope and faith kept being sent. All the while our team member wondered if his encouragement and love were making a difference. Then this past January, the inmate wrote back! Praise God! He expressed more than once thanks and gratitude for the support and for the letters he received. He mentioned how the letters helped him get through some difficult times.

Although the inmate stated he is not a church person, I believe that the letters he received by our team member planted the seed of faith. Now our team member can be the gardener, helping that faith grow. As we continue with prayer and trust in Jesus and the Holy Spirit, there is always hope that those who are lost will be found. For me, a very good analogy is the Parable of the Barren Fig Tree (Luke 13:6-9).

As we each go about answering the call to do our apostolic works, let's remember that souls which appear dead can come back to life with the proper nurturing and "fertilizing" of love, care, compassion, and mercy. And, then there's this saying:

"Live in such a way that those who know you but don't know God, will come to know God because they know you".

May God Bless, Jim Shall

parish life

happenings

HEAVEN IN YOUR HOME

A Workshop on How to Build a Flourishing Catholic Household

WEDNESDAY MARCH 18, 2020 *6:30 - 9PM *6PM - CHECK-IN & REFRESHMENTS

6:30PM - WORKSHOP BEGINS

St. Mary of the Immaculate Conception Catholic Church Fredericksburg, VA Parish Life Center

Soren & Ever Johnson, Workshop Leaders

FREE Event ~ Reserve your spot online at trinityhousecommunity.org/workshops

St. Mary Representative Needed

Most of you are familiar with the Interfaith Community Council because of its sponsorship of School Dressing Days—which served 1,160 kids this year with the help of 290 volunteers from area churches, including "St. Mary superstars." The ICC does all sorts of good works throughout the year, and St. Mary has been a great asset to it. Our church needs a new volunteer representative—man or woman--to serve on its board. If you are interested and would like to know more, please contact Jaye Anastasio at 571-265-2354 or jayeanastasio@mac. com.

Help needed for St. Mary/Micah Lenten Prayer Service & Luncheon

Please consider signing up to help with our lenten prayer service on Wednesday, March 18th at noon. We will need the help of greeters for the service and assistance preparing, setting-up, serving and cleaning up after the luncheon. If interested, please sign up at: signupgenius.com/go/20f0d4aa8ac2aa75-micah



parish life happenings

Stress/Anger Management Group!

This 8-week group is a psycho-educational supports group designed to help you identify, process and incorporate skills to help you respond (not react) to stress and anger in healthier and more constructive ways.

1101 Stafford Ave. Fredericksburg (next St. Mary Immaculate Conception Church)

Wednesday March 25 to We<mark>dnes</mark>day <mark>May</mark> 13 8 Consecutive weeks from 6pm – 7:30pm

Adult Male and Females Only

Anonymity will be enforced!
Certificate upon completion!

To Join this group or for more information, please contact Lee Ann at 540-371-1124



We invite all Christians to gather in the peace of Christ at St. Mary Monday, March 9 as we "prepare a place for unity and peace" together.



You are invited to a monthly gathering of prayer in the ecumenical tradition of the Taizé Community in France, the second Monday of every month at 8:15pm.

It is our hope that this monthly prayer brings together Christians of all churches, pastors and flocks, as together we realize a bit more each day that we must rely upon God's power to bring about Unity among all who follow Jesus, "as he and the Father are one." It is something we are unable to do ourselves.

This Unity which embraces all people stands at the very heart of Christ's mission...and belongs to the essence of our community. Let us provide a place where his Spirit can come and fulfill his plan for us.



vida parroquial

2020 Cuaresma

Siguiendo la Llamada de Cristo

Únase a su familia parroquial mientras viajamos juntos con el obispo Barron. Regístrese para recibir un video semanal (sin costo) que pueden ver con su familia y / o un pequeño grupo de cuaresma. Tendrá la oportunidad de comentar y hacer preguntas directamente a nuestros sacerdotes a medida que se presente el material.

Para inscribirse, visite el sitio web de St. Mary, stmaryfred. org y haga clic en el enlace para Flocknotes/Cuaresma y regístrese para la Serie de Cuaresma 2020 en español.

Siguiendo la Llamada de Cristo

El obispo Robert Barron ilumina seis historias bíblicas de conversión, demostrando cómo Jesús se acercó a la gente común, como usted, en una amplia variedad de circunstancias y llamó a una vida mejor a través de él. Experimente cómo Jesús conoció y cambió para siempre a personas como el apóstol Mateo, la mujer del pozo, el joven rico y hasta los tres reves que vinieron a verlo como un bebé recién nacido en Belén. El tema común en cada historia es orientar toda la atención y la energía hacia una conexión más profunda y personal con Jesucristo. En su estilo característicamente enérgico, el obispo Barron explica cómo la conversión no es tanto un evento único, sino un proceso de toda la vida que Dios ofrece a todos. "Jesucristo nos llama de miles de maneras diferentes para seguirlo, mientras nos esforzamos en el camino hacia la excelencia espiritual", explica el obispo Barron. ¿Dónde te encuentras con Jesús ahora y cuál es tu respuesta?

Nuevo horario de confesiones

Día-miércoles (excepto los días de obligación) Hora: después de la misa del mediodía

Rosario en Comunidad

Día: domingos

Hora: 1:55 pm (antes de la misa)

Lugar: iglesia

Donación (Colecta) de (para) **Baby Shower**

Sponsored (Auspiciado por Concilio Mujeres Católicas)

28-29 de marzo

Beneficiando (A beneficio) El refugio de María (Mary's Shelter) | Caridades Católicas Armario Bebé (Catholic Charities Baby Closet) Baby Derecho de nacimiento de la Fundación Paul Stefan (Birthright Paul Stefan Foundation)

Todas las donaciones deben ser NUEVAS Y SIN ABRIR. ¡Gracias por tu apoyo!

BEBÉ

pañales (tamaños 3-6), pull-ups, toallitas (piel sensible), crema para dermatitis del pañal (pañales), baberos, durmientes (pijama) de una pieza, monos (onesies), ropa para bebés de (infantes)hasta 2T, calcetines para bebés, biberones, chupetes, paños para eructos, toallas y toallitas, mantas receptoras (sabanitas recibidoras), sábanas de cuna, sábanas pack-n-play, lavado (jabón)de baño, champú ,(y) loción

HIGIENE PERSONAL (para las mamás) jabón de manos, desinfectante de manos, champú y acondicionador, gel de baño, jabón en barra, desodorante, toallas de baño y paños (toallitas).

CAMA DE DOS TAMAÑOS (artículo de cama twin) (para las mamás)

juegos de sábanas, mantas (cobijas) Mary's Shelter necesita protectores de colchones impermeables de tamaño doble (twin).

CASA

papel higiénico, toallas de papel (papel toalla), pañuelos de papel (desechables)

TARJETAS DE REGALO

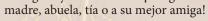
Walmart o Target

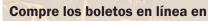
No podemos aceptar donaciones en efectivo. Las donaciones, en forma de cheque, a nombre de la organización que elija, serán aceptadas con mucho gusto. Los voluntarios recogerán artículos en el Centro de Vida Parroquial antes y después de todas las Misas y en la Academia Holy Cross.

CCW Presenta

Té en los jardines del Vaticano

Reserve su espacio – asientos limitados – boletos se venden por orden de llegada y de antemano. ¡Traiga a su hija,





motherdaughtertea.org (sin cuota adicional) o después de las misas de fin de semana en marzo Haga los cheques a nombre de "St. Mary CCW"

Sábado, 4 de Abril 2020 2:00 - 4:00 pm

Auditorio father brisson Academia holy cross

Boletos \$10 ó \$13 gluten free Reservación con precio fijo

Nuevo menú **Entretenimiento Sorteos**

Siguiendo la tradición de eventos para madres e hijas



our parish

ash wednesday













operations

given in love

Weekly Offertory

Offertory Collections - March 1

Offertory Collection	\$37,994
Church in Central & Eastern Europe	\$8,839
Black & Indian Ministries	\$5,840
St. Vincent de Paul Poor Box	\$763

Next week's second collection will support Parish Building Fund. Thank you for your generosity!

Pro-Life Reflection

In Lent, the Church enters more deeply into meditation on the suffering, death, and Resurrection of the Lord Jesus. Life was sacred because He made it, and by His Passion and Resurrection it is even more sacred because it is now raised to the heights of Heaven to reign with Him. Lord, I am filled with wonder at Your love for human life – everyone, born and unborn! May our laws and practices treat humans with the highest respect due them.

Children's Charity for March

The children's charity that will benefit from the offering in March is Stafford Junction, a faith-based nonprofit organization tasked with improving the lives of children and their families in low-income neighborhoods in Stafford County through programs focusing on education, nutrition, and healthy living. With the intervention of Stafford Junction, the crime rate in the Olde Forge neighborhood dropped by more than 50% within two years. Stafford Junction is a mission project of our parish and children's donations will assist the parish in providing much needed support for their programs. For more information, visit their website at **staffordjunction.org.**

Human Trafficking Awareness and Education

Join us as we welcome Michele Trampe, Executive Director of the Central Virginia Justice Initiative for a presentation on Human Trafficking Thursday, March 26 at 7 pm in the Courtyard meeting room. Human trafficking is on the rise in our area. This presentation will assist you in recognizing potential traffickers and victims, red flags and how to report this crime. Educating oneself is the best defense and you might save a life. For further information please contact Linda Komp at lkomp78@gmail.com

Pilgrim Virgin Statue

Would you like the Blessed Mother to visit your family for two weeks? Please contact Mary Lou Felts at 571-723-3333 or maryloufelts@gmail.com to schedule.

Soup Supper Charity

Our Soup Supper Charity this year is the Banica Mission. In 1991, the Diocese of Arlington adopted the parishes of Bánica and Pedro Santana in the Dominican Republic. Since then, the Diocese has provided priests, volunteers, spiritual and material support, and donations to the more than 13,000 faithful people living in the towns of Bánica, Pedro Santana, Sabana Cruz, and the more than 60 surrounding rural communities. Two Diocesan priests currently serving as Pastors are Rev. Jason Weber and Rev. Stephen McGraw, and St. Mary's Youth Ministry students participate in a Work Camp trip to Banica every two years to provide their time and talent serving the many needs of the people living there.

Thirty percent of the population in the Dominican Republic is below the poverty line, and the need is great. 100% of all Soup Supper proceeds will be given to the Banica Mission to feed the poor, and your support is greatly appreciated. For more information about the Banica Mission, visit arlingtonmissions.org/banica-mission

Baby Shower Donation Drive - March 28-29

Benefiting: Mary's Shelter | Catholic Charities Baby Closet | Birthright Paul Stefan Foundation

All donations must be NEW AND UNOPENED.
Thank you for your support!

RARY

diapers (sizes 3-6), pull-ups, wipes (sensitive skin), diaper rash cream, bibs, one-piece footed sleepers, onesies, infant clothing up to 2T, infant socks, bottles, pacifiers, burp cloths, towels & washcloths, receiving blankets, crib sheets, pack-n-play sheets, bath wash, shampoo, lotion

PERSONAL HYGIENE (for the moms)

hand soap, hand sanitizer, shampoo & conditioner, body wash, bar soap, deodorant, bath towels and washcloths

TWIN-SIZE BEDDING (for the moms)

sheet sets, blankets Mary's Shelter is in great need of twin-size waterproof mattress protectors.

HOUSEHOLD

toilet paper, paper towels, tissues

GIFT CARDS

Walmart or Target

We are unable to accept cash donations. Donations, in the form of a check, made payable to the organization of your choice, will be gladly accepted. Volunteers will be collecting items in the Parish Life Center before and after all Masses and at Holy Cross Academy.

liturgy

daily bread

Saint Mary Prayer List

Please pray for those who are sick or in need, especially: Richard Casaldi, Alex Tonn, James Evans, Larry Dillman, Theresa Kovalefsky, Amber Moser, Erin Krieg, Matthew Meyer, Brittany Meyer, Sara Meyer, Douglas & Dorothy Meyer, Karla Dorsey, Mary Jean & Don Williams, Linda & Frank Walter, Cathleen Mihalaki, Re Macarthur, Jordan Tackett, Nikolai & Bridget Sherba, Randy McNulty, Riley Horstick, David A., Marty T., Janet Yerkie, Brittany Yerkie, Elizabeth Stoehr, David Semeglo, Robert L Gomer, Carla J Gomer, Thomas Moeller, Lorraine Becker, Gerald Gardiner, Larry Delaney, James Keddie, Lorena Hernandez, Miguel Hernandez and Edgar Giovanni Castro, Julio Diaz, Kelly Murray, Marianne Ford, Ortiz Family, James Derouin, Karen Danis, Jim Mann, Muriel Bovat, Gina Wood, Michelle & Lawrence Hudson, Monica White & Patrick White, Betty McKee, Arturo Mendoza Sanchez, Vickie Coburn, Susana Rios-Villagrana, Jeff Shinrock, Mary Ulmer, John Michaelides, Thomas Biddulph, Fernando Guadarrama, Margaret Dougherty, Betty Gil, Adrienne Menjivar, Deanna White, David Mares, Chuck Boyer, Daniel Bustamonte, Hector Rios-Villagrana & Family, Miguel Correa & Family, Tamlyn Leaf, Gordon Leffel, Graciela Chavez, Nico Luiggi, Vickie Coburn, Ana B. Rojas, Maria Mangini, Melanie and Chris Koumentakos, Maryanne Schram, Jackie Davia Johnson, Jenna Cappello, Matt Seidlinger, Benjamin Grillo, Gavin Menteer, Jim Seidlinger, Mary Ellen Kearney, Kurt Gutzmann, Lois Michell, Frank Pollack, Leslie and Charlotte Heagney, Joseph Daley, Carolyn Shebora, Melvin Schreckinger, Stephen Inguanti, Rhonda Wolfe, Delia Flores, Bruce Berry, Glen Gress, Bobby Blankenship & family, Buddy & Vincent Yerkie & Family, Carolyn Allen, Mitchell Wood, Felicity Peletier, Leah Sanford, Jason Stoker, Makenna Anne Koetzle, Peggy Silverman, Jack Ryan, Amy Peretta, Janet Fisher, Paul Scott, Wendy Vann, Michael Vann, Michael Thomas, Jerry Hall, Zelda Meyer, Jack Ryan, Robert Boggio ,Ryan McNichol, Bianca Sanchez, Jackeline Sanchez & Family, Mary Hope Burkett, Dick Geary, Sean Duarte, Dave & Joy Zerby, David Silberman, Mrs. Joann A. Formeller, Jim Matarese & Son, Paula Hass, Leony Scott, Catherine Laski, Winifred Herrin, Brenda Leffel, Deborah Nunez, Larry Hays, Alma Keyes, Mary Carr-John, Phil Fuller, Jean Guinn, Sylvia Littlepaige, Alma Keyes, Andy Johnston, Jacoby Smith, Andrew Prybys, Richard Epp, Mary Wehman, Barbara Sisbarro, Maria Atkins. Santo Domingo Hernandez Gomez & family, Otilia Dogmoc, Linda Rager, Samantha Stumpf, Lonnie Dalton, Gail Erickson, Brenda Dudley, Debbie Beebe, Blanca Garcia, Rildo Ribelino Soto, Giles Morgan, Kim Matkovsky, Frances Conn, Christine Frescas, James Murphy, Daniel Burke, Joan Baker, Stephen O'Byrne, Marian Wilinski, Martha Clements, Bernard Cruz, Margaret Krebbel, Floyd Carver, Jr., Michael Sharkey, Jerry Werline, Patricia Johnston, Claire Matthews, Isabelle McLoone, Kensington McLoone, Zachary Payne, Ernalina Kyle, Betty Curtis, Patrick Sherba, Sr., Dennis Farmer, Ernalina Kyle, Maria Wood, Margie Hougasian, Maria Wood, Robert Gibson, Mary Brussell, Karen Danis, Bruce Mattern, Miles Wood, Roseanne Nash, Jeanne Burke, Prudy Tarpey, Danielle Mc'Carty, Scott Robey, Kellan Moran, Mary Bostain, Dilma Magalhaes Da Silva, Carol Mauro, Michael Robertson, Michele Durham, Maureen Mizzles, Michael Wood, Paul Remick, James Hogan, Brenda Skinner, Lourdes Jeane De Toledo Moura

Please pray for all the men and women in our military and civilian support services overseas, especially: Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Nelly Garcia, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Jason Cullinan, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobes, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Daniel Algert

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

Al Anon Surviving the Weekend Group

Al Anon is for those who have been affected by someone else's drinking, and members come together to learn a better way of life and how to find happiness. Especially at this time of year, it's important to know that you are not alone and there is help. There is an Al Anon meeting every Saturday at 10am in Room 204 of St. Mary's Parish Life Center.

Nar Anon Support Available

Nar Anon is a program that offers support to family members and friends of loved ones struggling with substance abuse. All information and discussion is non-judgemental, informative and strictly confidential. Our meetings are in Room 100 in the Parish Life Center on Thursday from 7-8pm and are open to the community at large. Contact Cathy at 703-201-8821, burgh757@gmail.com or Wayne at 540-840-5230.

Daily Mass Intentions and **Readings**

March

9 MONDAY

6:30am Robert Derouin 8:15am* Dawn Miller 9:00am Jeremy Strader+ Dn 9:4b-10/Lk 6:36-38

10 TUESDAY

6:30am Rev. Michael Isenberg 9:00am Justin Armitage+ Is 1:10, 16-20/Mt 23:1-12

11 WEDNESDAY

6:30am Odilon Berrios+ 9:00am David Gellerman Jer 18:18-20/Mt 20:17-28

12 THURSDAY

6:30am Edward Mooney+ 9:00am Virginia Clay Jer 17:5-10/Lk 16:19-31

13 FRIDAY

6:30am Barbara Michalski+ 9:00am Mary Flores Gn 37:3-4, 12-28a/Mt 21:33-46

14 SATURDAY

9:00am Adolfo Romero+ 5:00pm Sharrie Mitchell+ 7:00pm Mary Tuat Thi Nguyen+ Mi 7:14-15, 18-20/Lk 15:1-3, 11-32

15 SUNDAY

7:00am For Our Parish
8:30am Providence Armenia+
10:30am Patrick A'Hearne
10:30am* Barbara Michalski+
12:30pm Kloutse Semeglo
2:30pm Sarah Paquette
5:00pm Catie Lebouton
7:00pm John Edward Mooney+
Ex 17:3-7/Rom 5:1-2, 5-8/Jn 4:5-42

* Indicates Mass at Holy Cross Academy Please remember that Mass intentions may be requested at the parish office for any remaining Masses of the year. If dates are no longer available for the date you desire, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.

lent & holy week

calendar

Confession Schedule Lent and Holy Week

The complete schedule of confessions is found in the calendar to the right.

All Parishioners are kindly requested to please plan confessions as early as possible in the season of Lent in order to avoid overwhelming last-minute crowds.

Please note: There are no confessions during Masses in the church. Also, there will be NO confessions after 2pm on Good Friday, nor on Holy Saturday.

STATIONS of the CROSS in English are prayed on Fridays of Lent at 7pm.

Horario para Confesiones durante Cuaresma y Semana Santa

+

Puede encontrar el horario completo de confesiones en el calendario a la derecha.

→

Favor de planificar sus confesiones lo más pronto posible para evitar dificultades a última hora.

Recuerde, que NO habrá confesiones después de 2pm el Viernes Santo, NI en Sábado Santo.

Tendremos El VIA CRUCIS en español cada viernes durante la cuaresma a las 7:30pm (Primero Viernes, 10 de marzo, a las 7:30pm)

SUN	MON	TUE	WED	THU	FRI	SAT
March	2	3	4	5	6	7
1			12:30pm			8am
1st SUN			6:30pm			3:30pm
8	9	10	11	12	13	14
2nd SUN			12:30pm 6:30pm			8am 3:30pm
15	16	17	18	19	20	21
3rd SUN			12:30pm 6:30pm			8am 3:30pm
22	23	24	25	26	27	28
4th SUN			12:30pm 6:30pm			8am 3:30pm
29	30	31	April		3	4
5th SUN	12:30pm 6:30pm		1 12:30pm 6:30pm	2	12:30 pm 6:30pm	8am 3:30pm
5	6	7	8	9	10	11
PALM SUNDAY	12:30pm 6:30pm	6:30pm	12:30pm 6:30pm	HOLY THURS	GOOD FRIDAY	No Confessions
12	13	14	15	16	17	18
EASTER SUNDAY						
19	20	21	22	23	24	25

The discipline of the Church includes abstaining from meat on Fridays during Lent (solid purple days) and fasting and abstaining from meat on Ash Wednesday and Good Friday. Fasting includes one regular meal, and the other two small meals are not to exceed a regular meal in quantity, with nothing between meals.







Holy Thursday

(No 6:30 or 9am Masses)

8:00_{AM} Office of Readings and Morning Prayer (Liturgy of the Hours)

7:30_{PM}

Mass of the Lord's Supper

The concelebrated Mass of the Lord's Supper commemorates the institution of the Eucharist and the Priesthood by Jesus at the Last Supper. The commandment of love is symbolized by the Mandatum, or footwashing, where Jesus teaches, "As I have done, so must you also do." Parishioners are encouraged to join in the ancient procession of the Blessed Sacrament to its place of repose in the Parish Life Center, where adoration will continue until midnight as we accompany Jesus in his agony in the Garden of Gethsemane.

11:45_{PM} Night Prayer (Liturgy of the Hours)

Night Prayer will conclude Eucharistic Adoration in the Activity Center.



8:00_{AM} Office of Readings / Morning Prayer

12:00 - 2:30_{PM}

"Tre Ore," The Seven Last Words

Although not a part of the formal observance of the Sacred Triduum Rites as such, this is a traditional custom of many churches. The seven last words of Jesus as he is crucified on the cross are presented every 25 minutes, each with a congregational hymn and choral selections. Clergy will give a reflection for each of the words of Jesus and the Three Hours will conclude with the public praying of the Stations of the Cross.

3:00pm

The Passion and Veneration of the Holy Cross (English)

We assemble in observance of Christ's saving death, by reading the narrative of his Passion, praying for the Universal Church, venerating his Cross in this ancient Rite and receiving Holy Communion which was consecrated on the previous evening at the Mass of the Lord's Supper.

The Good Friday collection assists the maintenance of the Shrines in the Holy Land.

7:00_{PM} Stations of the Cross

7:30_{PM}
El Via Crucis (En Español)



8:00_{AM} Office of Readings and Morning Prayer (Liturgy of the Hours)

11:00_{AM} The Blessing of Easter Food

For those who practice the beautiful Eastern European custom of having Easter foods blessed, please place baskets of traditional foods on the steps along the front of the altar.

8:30_{PM}

The Vigil of the Resurrection of the Lord

What Sunday is to the week, Easter Sunday is to the year. This holiest of nights we celebrate the victory over death and promise of eternal life given to us by Jesus Christ in his resurrection from the dead. The Liturgy includes the Service of Light, the Vigil of Readings and Psalms, the Celebration of the Sacraments of Baptism and Confirmation for those who have prepared all year for initia-

tion in the Catholic Church, and Liturgy of the Eucharist. Please note the unusual time that we begin: it marks the end of twilight and the beginning of the Solemnity of Easter Sunday.

A reception welcoming new members of the Church follows in the Activity Center.

Easter Sunday APRIL 12

8:00, 10:15am, and 12:30pm (Bilingual/Bilingue) The Resurrection of the Lord

> ALL Masses will be at the Fredericksburg Expo Center

Please note: there will be NO 2:30pm nor 5pm or 7pm Mass on Easter Sunday!

Masses will not be held at the church or at Holy Cross Academy on Easter Sunday.