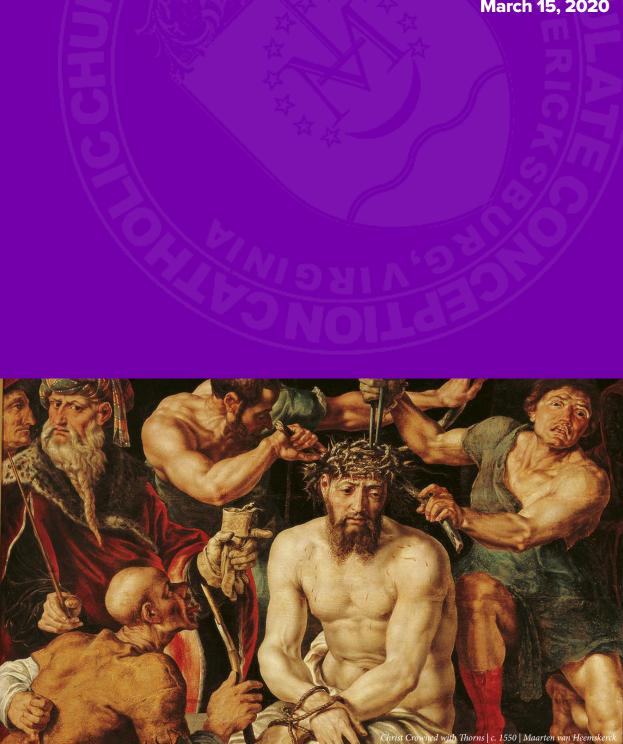
THIRD SUNDAY OF LENT





Saint Mary of the Immaculate Conception Roman Catholic Church 1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA



March



CONCEPTION Roman Catholic Church **15 SUNDAY, THIRD SUNDAY OF LENT**

Scrip on Sale after all Masses except 2:30pm and 7pm Coffee Shop after 7am, 8:30am, 10:30am Mass 6pm, CYM Dinner and High School Youth Group, Parish Life Center

16 Monday, Lenten Weekday

10am, Legion of Mary Our Lady of Perpetual Help, Parish Life Center, Room 100 12:45pm, Lenten Bible Study, Courtyard Meeting Room 7:30pm, RCIA, Church

17 Tuesday, Lenten Weekday [Saint Patrick, Bishop]

10am, CCW General Meeting, Courtyard Meeting Room

18 Wednesday, Lenten Weekday [Saint Cyril of Jerusalem, Bishop and Doctor of the Church] 9:45am, Weekly Bible Study, Courtyard Meeting Room

12pm, MICAH Lenten Prayer Service 1pm, Mass

1:30pm, Confessions, Church
3pm, Divine Mercy Devotions, Church
6pm, Bishop Barron Bible Study, Courtyard Meeting Room
6pm, Parents Workshop: Heaven in Your Home, Parish Life Center
6:30pm, Confessions, Church
6:30pm, YOUCAT, John Paul II House
7:30pm, Young Adult Meeting, Parish Office Library

19 Thursday, SAINT JOSEPH, SPOUSE OF THE BLESSED VIRGIN MARY

9:30am, Craft Group, Parish Life Center, Room 100 9:45am, Weekly Bible Study, Courtyard Meeting Room 12pm, Cursillo Group, John Paul II House 6pm, Walking with Purpose, Parish Life Center 7pm, Nar-Anon, Parish Life Center, Room 100

20 Friday, Lenten Weekday

9am, St Anne's Sisters in Faith, John Paul II House
6pm, Lenten Soup Supper, Parish Life Center
6:30pm, Junior Legion of Mary, Courtyard Meeting Room
6:30pm, Middle School Youth Group, Parish Life Center
7pm, Stations of the Cross, Church
7:30pm, Via Crucis, Church in Spanish
8pm, Spanish Legion of Mary, Courtyard Meeting Room

21 Saturday, Lenten Weekday

8am, Confessions, Church
8am, SPRED Classes, Parish Life Center
9:30am, Oracion y Vide, Courtyard Meeting Room
9:30am, Seven Sisters Apostolate, John Paul II House
10am, Al-Anon, Parish Life Center, Room 204
10am, Baptisms, Church
3:30pm, Confessions, Church

22 SUNDAY, FOURTH SUNDAY OF LENT

Scrip on Sale after all Masses except 2:30pm, and 7pm Coffee Shop after 7am, 8:30am and 10:30am Mass **11:30am, New Parishioner Meeting, Parish Life Center** 6pm, CYM Dinner and High School Youth Group, Parish Life Center

The regularly scheduled 12pm Mass on Wednesday March 18 is being moved to 1pm so St. Mary can host the annual MICAH Lenten prayer service. Confessions will be heard after Mass at 1:30pm.

The Senior Luncheon scheduled for this week has been canceled out of an abundance of caution for our parishioner's health.

pulpit announcements

nota bene (note well, please):

• HCA Signing in the Rain, Jr. Happening Soon More information on page 5

• CRS Rice Bowl More information on page 6

• **Pro-Life Ministry Relaunch!** *More information on page 9*

• Noticias en Español Más información en la página 12

Life Walk & Run 2020

More information on page 13

contact us

SUNDAY
MASSSaturday Vigil 5 & 7pm
Sunday 7, 8:30, 10:30am, 12:30,
2:30pm (Spanish), 5pm, 7pm
10:30am at Holy Cross AcademyDAILY
MASSMonday - Friday: 6:30am, 9am
M/W/F: 12 Noon
Saturday: 9am
First Friday 8pm
Holy Days of Obligation, as announcedDEVOTIONSAdoration, Daily between 6:30am &

9am Mass, Wednesday 12:30pm - Friday 9am Miraculous Medal Novena, Mon., after 9am Mass, Divine Mercy, Wed., 3pm

CONFESSION Wednesday, after 12pm Mass, 6:30-8:30pm; Sat., 8am & 3:30pm, or by appt.

PARISH OFFICE 540-373-6491, fax 371-0251 stmary@stmaryfred.org Monday - Friday, 8:30am - 4:30pm; students staff office weekdays until 9pm, Saturdays 9-5pm, Sundays 9:30-1:30pm

> Pastor, Fr. John Mosimann Fr. Sean Koehr Fr. Michael J.R. Kelly Fr. Michael Folmar Deacon Alberto Bernaola Deacon Dick Delio

Business Manager, Elaine Stanislawski Parish Secretary, Jachebel Rios Director of Music, David Uschold

Ushers Needed

We are in need of ushers at the 5pm Mass on Saturdays. Please consider serving your pariah family in this way. If interested contact Tom Fish at **fishtbrx@gmail.com**. Thank you

Adoration of the Blessed Sacrament

O Come Let Us Adore Him in Eucharistic Adoration! "The shepherds hastened to Bethlehem, where they found Mary and Joseph, and the baby lying in a manger" (Lk 2:16). 'We fall down in adoration before the Son of God. As we adore Christ, born in a stable... we feel the shepherds' same amazement and their same joy" (Saint John Paul II). Please come and adore Our Lord in the most beautiful Blessed Sacrament of the Altar. We have continuous Exposition of the Blessed Sacrament every Wednesday after the 12 Noon Mass until Friday morning before the 9am Mass.

stmaryfred.org

HOLY 540-286-1600 CROSS ACADEMY 540-286-1600 250 Stafford Lakes Parkway Fredericksburg, Virginia 22406-7234 Principal - Dr. Stephen Fry, sfry@holycrossweb.com

ST. MARY 540-373-7553 **PRESCHOOL** Director, Sheri Castellarin

RELIGIOUS 540-373-6491 EDUCATION Director, Aristides Lucas OFFICE Associate Director, Karen Sturtevant

YOUTH tbeltran@stmaryfred.org MINISTRY Tatiana Beltran

YOUNG stmaryya@gmail.com ADULTS 540-847-1872

OUTREACH 540-373-6491 Elena Doyle - edoyle@stmaryfred.org

BAPTISMS Parish registration (90 days) and class required.

Please contact the parish office to schedule the date at least four weeks in advance.

MARRIAGE Parish registration required; contact parish six months in advance to begin preparation.

JOIN US New Parishioner Welcome meetings held in the Parish Life Center on fourth Sun days, following the 10:30 Mass. Please notify us of any contact changes.

Articles must be submitted two weeks prior to publication. Send articles to bulletin@stmaryfred.org. Thanks!

from our pastor

pax et bonum

Dear Folks,

Another day, more coronavirus news. As this comes gets ready to go to press (Wednesday), we just got further instruction from the diocese on the next steps with regard to health precautions. Among those precautions are removing Holy Water fonts. Remember that Holy water is optional. Additionally for much of the life of the church, communion was not taken every day and/or at every Mass attended. It is okay to abstain from communion for a time, and make spiritual communion with Jesus.

I am listening to a podcast right now from Catholic Answers, even with some discussion of what the Pope Instructed his priests to do back in the 1500's, when to get the disease meant certain death. While he exhorted generosity, it was not compulsory that every priest risk life for every sacramental request. St. Charles Borromeo wasn't happy with that response and St. Aloysius Gonzaga is one such generous example of giving his life to care for those suffering in an epidemic.

For those who are at risk, elderly, or immunecompromised, I remind you that Catholic law already allows for you missing Sunday Mass because of health reasons or caring for those with health reasons. I find the folks who most worry about this, are the very ones who least NEED to worry!! Only those who want to come to Mass worry about not making Sunday Mass! If you feel bad about being sick or missing Mass, thank Jesus!! You couldn't miss Him, if he weren't giving you the grace and desire to know and be with Him! Or, maybe in the words of our bishop: Until further notice, Bishop Burbidge has granted dispensation from the Sunday Mass obligation for those segments of the community who are most vulnerable to the effects of coronavirus (those 60 years old or older, those with chronic illness, and those with immune system deficiencies), as well as those who provide for the care of a person with such a condition.

Folks be wise, be prudent, be calm, trust in Jesus, and wash your hands. He foresee everything. And He promises to bring good from all things for those who love Him.

pax,

- Mosium

Fr Mosimann

Easter Flowers

Remember someone you love, either living or deceased, with a donation for our beautiful Easter Flowers. Envelopes are available in your envelope packets, in the Church and in the Parish Office.

WE WELCOME YOU HOME. 540-373-6491

education holy cross academy

Exciting Happenings at HCA

One of the greatest joys we have at HCA is preparing our students for their Sacraments. Our second graders and several older students received their First Penance on March 4 at St. Mary's. They were all smiles when they returned to school that day. We're so proud of them and grateful to their teachers who prepared them so well.

We're also celebrating National Reading Month at HCA to encourage our students to read, read, read! We kicked off with Book Character Dress Up Day where students in kindergarten to 5th grade dressed up as a character from their favorite book. Even the teachers joined in on the fun, dressing up as a character from the Rainbow Fairy series.

Our drama club has been hard at work preparing for their annual production. This year they'll perform Singing in the Rain, Jr. It's a wonderful event for the whole family. Please join us! March 27 & 28 at 7:30pm All are welcome! Free admission!







A National Blue Ribbon School of Excellence



HCA Registration for the 2020-21 School Year Now Open

As the parish school of St. Mary, we encourage parishioners to consider Holy Cross Academy for your family. HCA is pre-K3 through 8th grade National Blue Ribbon School of Excellence offering a strong academic program, daily religious instruction, character formation, numerous extracurricular opportunities, a variety of music and art programs, and so much more. Our students are blessed to receive weekly religious instruction from our parish priests and Mass on Fridays. Holy Cross Academy students and their families support the Fredericksburg community through a variety of service projects throughout the year. We recognize that Catholic education can seem out of reach for some

throughout the year. We recognize that Catholic education can seem out of reach for some families. It is our goal to never turn away a family seeking a Catholic education for their child(ren). The Diocese of Arlington offers tuition assistance and scholarships to students accepted by or attending a diocesan Catholic elementary school. The deadline to apply for assistance is March 18 so if you're interested in pursuing this opportunity then please apply to HCA as soon as possible. Details can be found on our website, **holycrossweb.com**. You may also give us a call at 540-286-1600 to get your questions answered and schedule a private tour. For more information about our preschool, please contact Sheri Castellarin, Director, at 540-373-7553 or **preschool@holycrossweb.com**. We would love to learn how Holy Cross Academy can be a blessing for your family!



our parish

MagnifiKid

The Lord, your God,

Magnifikid

The Messiah

The Jews waited for many years for God to keep his promise to send them a savior. The prophets said many things about this coming Messiah. They said he would be born in Bethlehem, bring good news to the poor, heal the sick, and set the Jews free. The prophets urged the people to get ready for his coming.



HEAVEN IN YOUR HOME

A Workshop on How to Build a Flourishing Catholic Household

WEDNESDAY MARCH 18, 2020 *6:30 - 9PM *6PM - CHECK-IN & REFRESHMENTS

6:30PM - WORKSHOP BEGINS

St. Mary of the Immaculate Conception Catholic Church Fredericksburg, VA Parish Life Center

Soren & Ever Johnson, Workshop Leaders

FREE Event ~ Reserve your spot online at trinityhousecommunity.org/workshops

CRS Rice Bowl | Third Week of Lent

"CRS has changed my life—and the life of my family," says Gaudencia, Yvone's aunt. "Before, I could tell Yvone wasn't healthy. But now, she's active." Gaudencia is proud of what she's learned from the CRS program about healthy eating habits. She has taught her family to vary what they

eat and include vegetables with every meal. Yvone's grandfather, Eliakim, suffers from diabetes. The improved diet has helped make him healthier. "What I have learned is really good, and I have seen positive changes in my health," says Eliakim. "I have benefited a lot from Gaudencia's participation with CRS." Eliakim also thinks the improved diet gives his grandchildren more energy for school and play. If the family is ever short an ingredient or has extra food, they borrow from and share with neighbors in the spirit of community. It's that spirit—and good nutrition-that gives Yvone, her family and friends, a strong foundation from which to pursue their dreams and live a healthier life.



The same is true for Maria Ana and her fellow students in Honduras. It is hard to study and concentrate in school if you are hungry. That's why CRS provides daily lunches and snacks at Maria Ana's school. Using ingredients from CRS-like rice, beans and milk-and vegetables donated by local families, the students' mothers volunteer at the school to make lunch and a snack for the students. Students will often bring containers to school with them, and save much of their lunch to take home and share with their families.

"With the food that CRS is providing, we are able to get what we need to do our best at school-and at home," Maria Ana says.

For Trinh in Vietnam, meals at home are one of her favorite things. "It is a time that is joyful," she says. "It makes me feel warm in my heart." Trinh's favorite foods are vegetables. But just like Yvone and Maria Ana, Trinh's family works to ensure that she and her siblings have well-balanced, nutritious meals. Because fish and meat are not always available, Trinh's family sometimes leaves the house at night and wades in the deep water nearby to catch snails for food. Trinh loves to eat snails—a good source of protein and extra income. "They are chewy and crunchy," she says.

FORMED' PICK OF THE WEEK



Ready Reasons

Was Jesus' Sacrifice Enough?

The Catholic teaching on penance is often rejected because they think it implies Jesus' death on the cross was not enough. Learn why that is not actually<mark>3. enter parish code F6F228</mark> the case.

JOIN FORMED

1. formed.org

2. click register

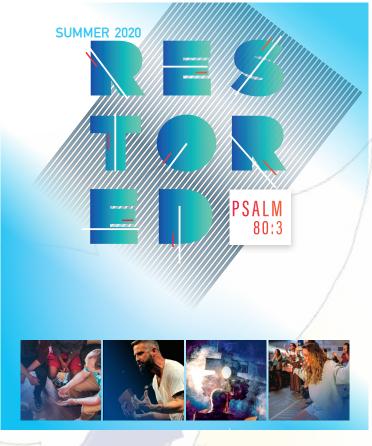
SIGN UP FOR FREE AT FORMED.ORG/SIGNUP

our parish youth ministry

Come & join us for a Steubenville Conference

June 12-14 2020! We will be going to Franciscan University of Steubenville in Ohio for a youth conference where thousands of teens will gather for fellowship, fun and to praise our Loving Father!

The 2020 theme is "Restored" where we will encounter the God who calls us out of darkness and into his marvelous light. Lift your eyes to the glory of God. Be restored! Only for high school students, we have limited spots. Please email Tatiana for more info: **tbeltran@stmaryfred.org**.



StMaryCYM O C C f #GetInvolvedBeTransformed

Stay Up-to-Date: Be sure to stay in the know with St. Mary CYM by visiting **stmaryfred.org/youth-ministry**



parish life get involved

2020 Lenten Series

Following the Call of Christ

Join your parish family as we journey together with Bishop Barron. Sign-up to receive a weekly video (at no cost) that you may watch with your family and/or small Lenten group. You will have the opportunity to comment and ask questions directly to our priests as the material is presented.

To sign-up, please visit the St. Mary website **stmaryfred.org** and click the link for Flocknotes/Lenten Program and register for the 2020 Lenten Series in English OR Spanish.

Following the Call of Christ

Bishop Robert Barron illuminates six biblical stories of conversion, demonstrating how ordinary people, just like you, were approached by Jesus in a wide variety of circumstances and called to a better life through him. Experience how Jesus met and forever changed people like the apostle Matthew, the woman at the well, the rich, young man, and even the three kings who came to see him as a newborn baby in Bethlehem. The common theme in each story is the turning of all one's attention and energy toward a deeper, more personal connection to Jesus Christ. In his characteristically energetic style, Bishop Barron explains how conversion is not so much a one-time event, but a life-long process that God offers to everyone. "Jesus Christ calls us in thousands of different ways to follow him, as we strive on the path for spiritual excellence," explains Bishop Barron. Where are you meeting Jesus now and what is your response?

Stations of the Cross – Lenten Soup Suppers

Stations of the Cross take place every Friday evening during Lent. Stations are at 7:00pm in English and at 7:30pm in Spanish. On April 3rd the First Friday Evening Mass will follow the Spanish Stations of the Cross.

Our Lenten Soup Suppers also take place in the Parish Life Center on each Friday during Lent from 6 to 7:30pm. Share a Lenten penitential meal of soup and bread with your parish family, and share what you would have spent on dinner that night with those in need. All free-will offerings received are given to charity. Bring the whole family to enjoy good soup and good fellowship.... and then spend time with Our Lord in prayer.

St. John Paul the Great Shrine Visit

Knights of Columbus members and all parishioners are invited for a day of retreat at the Shrine of St. John Paul The Great in Washington DC, March 21.

A carpool sign-up sheet is available below. Those carpooling can meet at St. Mary's and travel to the shrine for 10am. We'll gather as a group in the large open area inside the front doors. A guide is assigned for a tour of the shrine. After we'll have time for reflection, prayer and an opportunity to attend Mass at 12pm. Sign up at **bit. ly/kofcshrine2020**

The Shrine is located at 3900 Harewood Road, NE Washington, DC 20017. Free parking on site for cars and buses.

Tea at "The Vatican"

Your St. Mary Council of Catholic Women is sponsoring "Tea in the Vatican Gardens" on Saturday, April 4th from 2-4pm at Holy Cross Academy. High tea with delicious Italian treats, Vatican inspired live music and decor, prizes and surprises, and a photo opportunity with "Pope Francis." Bring your favorite hat and come celebrate the special bond between mothers and daughters, aunts and nieces, grandmothers and granddaughters, and best friends! Tickets are \$10 per person or \$13 for a gluten free option. Purchase yours today after Mass or at **motherdaughtertea.org**.

We've got Scrip Gift Cards for That

Do you buy groceries at Giant, Walmart or Weis? We have Scrip Gift cards for that. Buy breakfast or Lunch at Chipotle, Taco Bell, Wendy's, or Panera Breads? We have Scrip Gift cards for that. Enjoy fine dining at Red Lobster, Outback, Bonefish, Carrabba's, Bob Evans, or Cracker Barrel. We have Scrip Gift Cards for that. Need gas or groceries we have gift cards for Sheetz and Wawa or Giant, Weis, Target, and Walmart. Stop by the Scrip Gift Card table in the PLA after mass and purchase gift cards or to review the list of all the Scrip Gift Cards that are available. Set up an account today and continue earning rebates for HCA! Email the Scrip Coordinator at **scripcoordinator@holycrossweb.com** for the school enrollment code so HCA gets credit for your purchase or with any questions. Thanks for using scrip gift cards!

HOPE for the Incarcerated

The loneliness, despair, and hopelessness of someone currently serving a prison sentence can be devastating and lead to depression and feelings of worthlessness. Do you have a family member, a relative, or a friend who is incarcerated? Do you have a relative or friend who knows of someone in prison? We can help.

The St. Mary Prison Ministry Pen Pal Program brings HOPE (Helping Others thru Positive Encouragement) to those in prison who feel they have lost everything and see no future. It is our mission to offer words of compassion, caring, hope, friendship, and faith by engaging in uplifting and loving communication that extends Christ's forgiveness, love and hope for a better future. We do not focus on the circumstances; rather, we focus on the dignity & respect of the individual. Our message is that God never stops loving us, never gives up on us, and it is never too late to change the direction of your life.

If you know of someone in prison who needs positive encouragement and hope, they can write to our parish office and request a pen pal. Or, the family or friend can contact our Prison Ministry Leader, Jim Shall at **jimshall1@yahoo.com** God bless you!

Men's Registration for Diocesan Cursillo

It is registration time for the Men's Cursillo to be held May 28-31 at San Damiano Retreat House in White Post, VA. The cost is \$250 for meals and lodging. The word Cursillo means short course. This is a three day short course to revitalize your faith, your Catholic connections, and to increase

parish life get involved

your time with God by study skills and action within the church and your home community. Following the retreat all will be invited and encouraged to join a small group gathering called a Group Reunion. For more information contact Tammie Chute at **tammiechute@ hotmail.com**.

Cursillo of the Arlington Diocese

It is registration time for the Women's Cursillo to be held March 19-22, 2020 at San Damiano Retreat House in White Post VA. The cost is \$250 for meals and lodging. The word Cursillo means short course. This is a three day short course to revitalize your faith, your Catholic connections, and increase your time with God, study skills, and action in the church and home community. Following the retreat all will be invited and encouraged to join a small group gathering call a Group Reunion. There are several groups already meeting in the greater Fredericksburg area. There will be a Men's Cursillo in May. For registration and more information please contact: Tammie Chute at tammiechute@hotmail.com.

KofC 4034 Cornhole Tournament

Open to the public! Join fellow parish members for this fun-filled family-friendly event! Tournament will be held at Holy Cross Academy on April 18. Start time is 9am and the cost is \$50 per team. Find more information and register at vakofc.org/2020/02/14/ cornhole-tournament/

St. Mary Rep. Needed

Most of you are familiar with the Interfaith Community Council because of its sponsorship of School Dressing Days—which served 1,160 kids this year with the help of 290 volunteers from area churches, including "St. Mary superstars." The ICC does all sorts of good works throughout the year, and St. Mary has been a great asset to it. Our church needs a new volunteer representative—man or woman--to serve on its board. If you are interested and would like to know more, please contact Jaye Anastasio at 571-265-2354 or **jayeanastasio@ mac.com**.

Help needed for St. Mary/Micah Lenten Prayer Service & Luncheon

Please consider signing up to help with our lenten prayer service on Wednesday, March 18 at noon. We will need the help of greeters for the service and assistance preparing, setting-up, serving and cleaning up after the luncheon. If interested, please sign up at: **signupgenius. com/go/20f0d4aa8ac2aa75-micah**

Pro-Life Ministry

St. Mary is relaunching our pro-life ministry! If you are interested in being a part of it, please email Erin Jobes at **erinjobes01@gmail.com** Our first action will be an hour of Adoration on Wednesday, March 25th ~ Feast of the Annunciation (Mary's YES to LIFE). Make a commitment to adore our Lord anytime on Wednesday. (after the noon Mass-midnight).

We praise you Lord Jesus and give thanks for the faith demonstrated by our Mother Mary as she inaugurated the fullness of time, allowing you to enter the womb. You, Lord took our human nature upon Yourself, fulfilling The promise of salvation. Strengthen women everywhere to guard and protect their unborn child .Touch with pity the hearts of those women consumed with fear. Help them to see that the child they carry is made in Your image, who lives and reigns forever and ever.

Soup Supper Charity

Our Soup Supper Charity this year is the Banica Mission. In 1991, the Diocese of Arlington adopted the parishes of Bánica and Pedro Santana in the Dominican Republic. Since then, the Diocese has provided priests, volunteers, spiritual and material support, and donations to the more than 13,000 faithful people living in the towns of Bánica, Pedro Santana, Sabana Cruz, and the more than 60 surrounding rural communities. Two Diocesan priests currently serving as Pastors are Rev. Jason Weber and Rev. Stephen McGraw, and St. Mary's Youth Ministry students participate in a Work Camp trip to Banica every two years to provide their time and talent serving the many needs of the people living there.

Thirty percent of the population in the Dominican Republic is below the poverty line, and the need is great. 100% of all Soup Supper proceeds will be given to the Banica Mission to feed the poor, and your support is greatly appreciated. For more information about the Banica Mission, visit **arlingtonmissions.org/banica-mission**

9

parish life

happenings

CCW to Host Father Vaccaro

Father Christopher T. Vaccaro, chaplain in residence at the University of Mary Washington, will join the St. Mary Council of Catholic Women on Tuesday, March 17, at 10am in the Father Rooney Community Room on the courtyard. Father will tell us all about himself and the campus ministry. There will be refreshments, a 50/50 \$\$ drawing, and a brief business meeting. Please spend part of your St. Patrick's Day with us!

Legion of Mary

All active and auxiliary members of the Legion of Mary are encouraged to attend the annual Acies Ceremony on Saturday, March 28, 2020. Latin Mass at 9am, Acies Ceremony at 10:30am at St. Anthony in King George. Call Bob Dofflemyer, 703-509-1196 for a ride or further information.

Human Trafficking Awareness and Education

Join us as we welcome Michele Trampe, Executive Director of the Central Virginia Justice Initiative for a presentation on Human Trafficking Thursday, March 26 at 7pm in the Courtyard meeting room. Human trafficking is on the rise in our area. This presentation will assist you in recognizing potential traffickers and victims, red flags and how to report this crime. Educating oneself is the best defense and you might save a life. For further information please contact Linda Komp at **lkomp78@gmail.com**

Pilgrim Virgin Statue

Would you like the Blessed Mother to visit your family for two weeks? Please contact Mary Lou Felts at 571-723-3333 or **maryloufelts@** gmail.com to schedule.

Mass to Pray for Healing of Victims/Survivors of Sexual Abuse Saturday, March 28 at 9am

St. Mary of the Immaculate Conception Catholic Church

All of the faithful are invited to attend a Mass to Pray for Healing of Victims/Survivors of Sexual Abuse. Fr. John Mosimann, pastor, will celebrate Mass at St. Mary of the Immaculate Conception Catholic Church. Reception to follow.

Please join us as we pray for healing of victims/survivors and for the Church. This event is hosted by the Diocese of Arlington's Office of Victim Assistance. For more information, please contact the office 703-841-2530.

Baby Shower Donation Drive - March 28-29 Hosted by St. Mary's Council of Catholic Women

Benefiting: Mary's Shelter | Catholic Charities Baby Closet | Birthright | Paul Stefan Foundation

> All donations must be NEW AND UNOPENED. Thank you for your support!

BABY

diapers (sizes 3-6), pull-ups, wipes (sensitive skin), diaper rash cream, bibs, one-piece footed sleepers, onesies, infant clothing up to 2T, infant socks, bottles, pacifiers, burp cloths, towels & washcloths, receiving blankets, crib sheets, pack-n-play sheets, bath wash, shampoo, lotion

PERSONAL HYGIENE (for the moms)

hand soap, hand sanitizer, shampoo & conditioner, body wash, bar soap, deodorant, bath towels and washcloths

TWIN-SIZE BEDDING (for the moms)

sheet sets, blankets Mary's Shelter is in great need of twin-size waterproof mattress protectors.

HOUSEHOLD

toilet paper, paper towels, tissues

GIFT CARDS

Walmart or Target

We are unable to accept cash donations. Donations, in the form of a check, made payable to the organization of your choice, will be gladly accepted. Volunteers will be collecting items in the Parish Life Center before and after all Masses and at Holy Cross Academy.

parish life happenings

Stress/Anger Management Group!

This 8-week group is a psycho-educational supports group designed to help you identify, process and incorporate skills to help you respond (not react) to stress and anger in healthier and more constructive ways. Hosted by Catholic Charities licensed therapist, Peter A. Drabbant.

Catholic Charities Fredericksburg Office 1101 Stafford Ave. Fredericksburg (next St. Mary Immaculate Conception Church)

Wednesday March 25 to Wednesday May 13 8 Consecutive weeks from 6pm – 7:30pm

Adult Male and Females Only Maximum Capacity for group is 10 people

Confidentiality to maintain anonymity enforced. Certificate upon completion! A fee will be due at the end of each group session.

To Join this g<mark>roup or</mark> for more information, please contact Lee Ann at 540-371-1124



Pilgrim Virgin Statue

Would you like the Blessed Mother to visit your family for two weeks? Please contact Mary Lou Felts at 571-723-3333 or **maryloufelts@** gmail.com to schedule a time.



VERSO L'ALTO YOUNG ADULT MINISTRY

PARK LANE TAVERN THURSDAY, MARCH 26TH @ 7:30 PM

> Adoration and Confession begin at 6:30pm at the parish for those interested. <u>Questions</u>? Email us at stmaryyava@gmail.com

MARCH 4 UNITED METHODIST CHURCH REV. AARON DOBYNS

MARCH 11 | SHILOH OLD SITE BAPTIST REV. DAVID CASEY

MARCH 18 | ST. MARY'S | REV. LOU FLORIO

CH 25 CHRIST LUTHERAN CHURCH REV. JOHN MOSIMANN

APRIL1 | PRESBYTERIAN CHURCH REV. JOE HENSLEY

MICAH ECUMENICAL LENTEN PRAYER SERVICE

All St. Mary parishioners are welcome to join our Christian brothers and sisters in prayer this Lenten season. All prayer services take place on Wednesday's during lent at noon and are followed by a light luncheon.

vida parroquial

noticias en español

2020 Cuaresma

Siguiendo la Llamada de Cristo

Únase a su familia parroquial mientras viajamos juntos con el obispo Barron. Regístrese para recibir un video semanal (sin costo) que pueden ver con su familia y / o un pequeño grupo de cuaresma. Tendrá la oportunidad de comentar y hacer preguntas directamente a nuestros sacerdotes a medida que se presente el material.

Para inscribirse, visite el sitio web de St. Mary, stmaryfred. org y haga clic en el enlace para Flocknotes/Cuaresma y regístrese para la Serie de Cuaresma 2020 en español.

Siguiendo la Llamada de Cristo

El obispo Robert Barron ilumina seis historias bíblicas de conversión, demostrando cómo Jesús se acercó a la gente común, como usted, en una amplia variedad de circunstancias y llamó a una vida mejor a través de él. Experimente cómo Jesús conoció y cambió para siempre a personas como el apóstol Mateo, la mujer del pozo, el joven rico y hasta los tres reves que vinieron a verlo como un bebé recién nacido en Belén. El tema común en cada historia es orientar toda la atención y la energía hacia una conexión más profunda y personal con Jesucristo. En su estilo característicamente enérgico, el obispo Barron explica cómo la conversión no es tanto un evento único, sino un proceso de toda la vida que Dios ofrece a todos. "Jesucristo nos llama de miles de maneras diferentes para seguirlo, mientras nos esforzamos en el camino hacia la excelencia espiritual", explica el obispo Barron. ;Dónde te encuentras con Jesús ahora y cuál es tu respuesta?

Nuevo horario de confesiones

Día- miércoles (excepto los días de obligación) Hora: después de la misa del mediodía

Rosario en Comunidad

Día: domingos Hora: 1:55 pm (antes de la misa) Lugar: iglesia

CCW Presenta

Té en los jardines del Vaticano

Reserve su espacio – asientos limitados – boletos se venden por orden de llegada y de antemano. ¡Traiga a su hija, madre, abuela, tía o a su mejor amiga!



Compre los boletos en línea en

motherdaughtertea.org (sin cuota adicional) o después de las misas de fin de semana en marzo Haga los cheques a nombre de "St. Mary CCW"

Colecta para Baby Shower Auspiciado por Concilio Mujeres Católicas 28-29 de marzo

A beneficio

El refugio de María (Mary's Shelter)| Caridades Católicas Armario Bebé (Catholic Charities Baby Closet) Baby | Birthright | Fundación Paul Stefan (Paul Stefan Foundation)

Todas las donaciones deben ser NUEVAS Y SIN ABRIR. ¡Gracias por tu apoyo!

BEBÉ

pañales (tamaños 3-6), pull-ups, toallitas (piel sensible), crema para pañal, baberos, pajama de una pieza, onesies, ropa para infantes hasta 2T, calcetines para bebés, biberones, chupetes, paños para eructos, toallas y toallitas, sabanitas recibidoras, sábanas de cuna, sábanas pack-n-play, jabónde baño, champú y loción

HIGIENE PERSONAL (para las mamás) jabón de manos, desinfectante de manos, champú y acondicionador, gel de baño, jabón en barra, desodorante, toallas de baño y toallitas

CAMA TWIN (artículos de cama twin para las mamás) juegos de sábanas y cobijas

Mary's Shelter necesita protectores de colchones impermeables de tamaño twin

CASA

papel higiénico, papel toallay pañitos desechables

TARJETAS DE REGALO Walmart o Target

No podemos aceptar donaciones en efectivo. Las donaciones, en forma de cheque, a nombre de la organización que elija, serán aceptadas con mucho gusto. Los voluntarios recogerán artículos en el Centro de Vida Parroquial antes y después de todas las Misas y en la Academia Holy Cross

Sábado, 4 de Abril 2020 2:00 - 4:00 pm

Auditorio father brisson Academia holy cross

Boletos \$10 ó \$13 gluten free Reservación con precio fijo

Nuevo menú Entretenimiento Sorteos

Siguiendo la tradición de eventos para madres e hijas



Sife Walk

PRESENTED BY BETHANY CHRISTIAN SERVICES | CHOICES WOMEN'S CENTER | MARY'S SHELTER

MAY 2, 2020 OLD MILL PARK | FREDERICKSBURG, VA

Acknowledging that life begins at conception and is worthy of protection, the community of Fredericksburg is walking & running in support of the various life-affirming ministries that directly sustain and offer hope to those most vulnerable.

Come out with your family, church group, and neighbors for a fun event with food and music as we raise awareness and funds together!

Register by April 15 & recieve a t-shirt and a goody bag the day of the event!

REGISTER OR BECOME A SPONSOR AT lifewalkfxbg.com

operations given in love

Weekly Offertory

Offertory Collections - March 8

Offertory Collection \$30,205 Church in Central & Eastern Europe (add'l) \$75 Black & Indian Ministries (add'l) \$1,948 St. Vincent de Paul Poor Box \$351

Next week's second collection will support Catholic Relief Services. Thank you for your generosity!

Masses were offered in February for the following unscheduled intentions: +Michael Drury, Jr., Michael Drury, Sr. & Family, Ryan Bell, Robert John Brown, +Allison Hull, Diane Hurley, All Souls (2), +Barbara Jean Mosimann (3), Carmen Montenegro (3), Ross Retterer (2), Dr. Deborah Grissom, Karly Szostak & Family, Catherine Laski, +Judith Ryerse, Father Folmar, Lawrence Finkel, MD, +Nancy Cuellar, Father Colin, All Souls Than Family, and +Anna Tatarone.

Catholic Relief Services Collection

Help Jesus in Disguise

Next week, we take up The Catholic Relief Services Collection. Your support for this collection gives aid to victims of persecution and natural disasters, provides legal services to poor immigrants, and advocates for the powerless. Through your generosity, six Catholic agencies help Jesus in the disguise of the vulnerable refugee, the immigrant family, and the poor and marginalized. Please prayerfully consider contributing to the collection today. For more information, visit usccb. org/catholic-relief.

La próxima semana nuestra parroquia realizará The Catholic Relief Services Collection (CRSC). Los fondos recaudados en esta colecta proporcionarán comida a los que pasan hambre, apoyo a los refugiados que han sido desplazados y llevarán el amor y la misericordia de Cristo a todos los pueblos aquí y en el exterior. La próxima semana, por favor, contribuye generosamente a la Colecta de CRSC. Es Jesús con otro rostro, ¿le ayudarás? Infórmate

más acerca de la colecta en **usccb.** org/catholic-relief.

Pro-Life Reflection

"Many parents want perfect children. Our culture is obsessed with perfection—a superficial perfection. Photos are airbrushed, and social media sites depict seemingly perfect lives. God calls us to seek perfection, too. He does not call us, however, to perfection of appearance or abilities, but to perfection in love." (USCCB Secretariat of Pro-Life Activities "A Perfect Gift," **usccb.org/perfect-gift**). In this Lenten season, may God show us the way of compassionate respect for all human life.

Children's Charity for March

The children's charity that will benefit from the offering in March is Stafford Junction, a faith-based nonprofit organization tasked with improving the lives of children and their families in low-income neighborhoods in Stafford County through programs focusing on education, nutrition, and healthy living. With the intervention of Stafford Junction, the crime rate in the Olde Forge neighborhood dropped by more than 50% within two years. Stafford Junction is a mission project of our parish and children's donations will assist the parish in providing much needed support for their programs. For more information, visit their website at staffordjunction.org.

Operation Rice Bowl -For Lent, For Life

Lenten alms donated through CRS Rice Bowl support the work of CRS in roughly 45 different countries each year. 25% of all donations to CRS Rice Bowl stay in our local diocese, supporting hunger and poverty alleviation efforts. Since 2018, CRS Rice Bowl has given your parish \$7,000.00 in grants for our emergency Food Pantry, so that we can provide food to families in need in our community.

Join our parish and school community – and more than 14,000 Catholic communities across the United States – in a life-changing Lenten journey of encounter with CRS Rice Bowl. Pick up your family's CRS Rice Bowl in the vestibule of the Church. During the 40 days of Lent, we will reflect on the challenge of global hunger and how it affects our human family.



WE WELCOME YOU HOME. 540-373-6491 **14**

liturgy daily bread

Saint Mary Prayer List

Please pray for those who are sick or in need, especially: Richard Casaldi, Alex Tonn, James Evans, Larry Dillman, Theresa Kovalefsky, Amber Moser, Erin Krieg, Matthew Meyer, Brittany Meyer, Sara Meyer, Douglas & Dorothy Meyer, Karla Dorsey, Mary Jean & Don Williams, Linda & Frank Walter, Cathleen Mihalaki, Re Macarthur, Jordan Tackett, Nikolai & Bridget Sherba, Randy McNulty, Riley Horstick, David A., Marty T., Janet Yerkie, Brittany Yerkie, Elizabeth Stoehr, David Semeglo, Robert L Gomer, Carla J Gomer, Thomas Moeller, Lorraine Becker, Gerald Gardiner, Larry Delaney, James Keddie, Lorena Hernandez, Miguel Hernandez and Edgar Giovanni Castro, Julio Diaz, Kelly Murray, Marianne Ford, Ortiz Family, James Derouin, Karen Danis, Jim Mann, Muriel Bovat, Gina Wood, Michelle & Lawrence Hudson, Monica White & Patrick White, Betty McKee, Arturo Mendoza Sanchez, Vickie Coburn, Susana Rios- Villagrana, Jeff Shinrock, Mary Ulmer, John Michaelides, Thomas Biddulph, Fernando Guadarrama, Margaret Dougherty, Betty Gil, Adrienne Menjivar, Deanna White, David Mares, Chuck Boyer, Daniel Bustamonte, Hector Rios-Villagrana & Family, Miguel Correa & Family, Tamlyn Leaf, Gordon Leffel, Graciela Chavez, Nico Luiggi, Vickie Coburn, Ana B. Rojas, Maria Mangini, Melanie and Chris Koumentakos, Maryanne Schram, Jackie Davia Johnson, Jenna Cappello, Matt Seidlinger, Benjamin Grillo, Gavin Menteer, Jim Seidlinger, Mary Ellen Kearney, Kurt Gutzmann, Lois Michell, Frank Pollack, Leslie and Charlotte Heagney, Joseph Daley, Carolyn Shebora, Melvin Schreckinger, Stephen Inguanti, Rhonda Wolfe, Delia Flores, Bruce Berry, Glen Gress, Bobby Blankenship & family, Buddy & Vincent Yerkie & Family, Carolyn Allen, Mitchell Wood, Felicity Peletier, Leah Sanford, Jason Stoker, Makenna Anne Koetzle, Peggy Silverman, Jack Ryan, Amy Peretta, Janet Fisher, Paul Scott, Wendy Vann, Michael Vann, Michelle Thomas, Jerry Hall, Zelda Meyer, Jack Ryan, Robert Boggio ,Ryan McNichol, Bianca Sanchez, Jackeline Sanchez & Family, Mary Hope Burkett, Dick Geary, Sean Duarte, Dave & Joy Zerby, David Silberman, Mrs. Joann A. Formeller, Jim Matarese & Son, Paula Hass, Leony Scott, Catherine Laski, Winifred Herrin, Brenda Leffel, Deborah Nunez, Larry Hays, Alma Keyes, Mary Carr-John, Phil Fuller, Jean Guinn, Sylvia Littlepaige, Alma Keyes, Andy Johnston, Jacoby Smith, Andrew Prybys, Richard Epp, Mary Wehman, Barbara Sisbarro, Maria Atkins. Santo Domingo Hernandez Gomez & family, Otilia Dogmoć, Linda Rager, Samantha Stumpf, Lonnie Dalton, Gail Eričkson, Brenda Dudley, Debbie Beebe, Blanca Garcia, Rildo Ribelino Soto, Giles Morgan, Kim Matkovsky, Frances Conn, Christine Frescas, James Murphy, Daniel Burke, Joan Baker, Stephen O'Byrne, Marian Wilinski, Martha Clements, Bernard Cruz, Margaret Krebbel, Floyd Carver, Jr., Michael Sharkey, Jerry Werline, Patricia Johnston, Claire Matthews, Zachary Payne, Ernalina Kyle, Betty Curtis, Patrick Sherba, Sr., Dennis Farmer, Ernalina Kyle, Maria Wood, Margie Hougasian, Maria Wood, Robert Gibson, Mary Brussell, Bruce Mattern, Miles Wood, Roseanne Nash, Jeanne Burke, Prudy Tarpey, Danielle Mc'Carty, Scott Robey, Kellan Moran, Mary Bostain, Dilma Magalhaes Da Silva, Carol Mauro, Michael Robertson, Michol Durham, Maureen Mizzles, Michael Wood, Paul Remick, James Hogan, Brenda Skinner, Lourdes Jeane De Toledo Moura, Kristen Burns

Please pray for all the men and women in our military and civilian support services overseas, especially: Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Nelly Garcia, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Jason Cullinan, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobes, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Daniel Algert

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

AI Anon Surviving the Weekend Group

Al Anon is for those who have been affected by someone else's drinking, and members come together to learn a better way of life and how to find happiness. Especially at this time of year, it's important to know that you are not alone and there is help. There is an Al Anon meeting every Saturday at 10am in Room 204 of St. Mary's Parish Life Center.

Nar Anon Support Available

Nar Anon is a program that offers support to family members and friends of loved ones struggling with substance abuse. All information and discussion is non-judgemental, informative and strictly confidential. Our meetings are in **Room 100 in the Parish Life Center on Thursday from 7-8pm** and are open to the community at large. **Contact Cathy at 703-201-8821, burgh757@gmail.com or Wayne at 540-840-5230.**

amily, Tamlyn Mangini, Mela-Matt Seidlinger, Matt Seidlinger, Matt Seidlinger,

9:00am Virginia Marenco+ Dn 3:25, 34-43/Mt 18:21-35

6:30am George B. McWhirt III+

9:00am Christine McWhirt+

2 Kgs 5:1-15b/Lk 4:24-30

and **Readings**

March

16 MONDAY

18 WEDNESDAY

6:30am Kristine Chase 9:00am Carol Elizabeth Falter+ Dt 4:1, 5-9/Mt 5:17-19

19 THURSDAY

6:30am Peter and Erika Paquette 9:00am Charles White+ 2 Sm 7:4-14a, 16/Rom 4:13- 22/Mt 1:16-24a

Daily Mass Intentions

20 FRIDAY

6:30am Terrance Pospisil+ 8:15am* Amy Strickland 9:00am Christopher Ducic+ Hos 14:2-10/Mk 12:28-34

21 SATURDAY

9:00am James J. O'Connor+ 5:00pm Carolyn Cavangh+ 7:00pm Karen Zawisa+ Hos 6:1-6/Lk 18:9-14

22 SUNDAY

7:00am Harris Lucas Jr.+
8:30am For Our Parish
10:30am Mattha Minh Duer+
10:30am* Nora Lloyd+
12:30pm John Doherty+
2:30pm Isabel Ivarra+
5:00pm Mark C. Van Kleeck
7:00pm Bon Van Than
1 Sm 16:1b, 6-13a/Eph 5:8-14/Jn 9:1-41

* Indicates Mass at Holy Cross Academy Please remember that Mass intentions may be requested at the parish office for any remaining Masses of the year. If dates are no longer available for the date you desire, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.

lent & holy week

calenda

Confession Schedule Lent and Holy Week +

The complete schedule of confessions is found in the calendar to the right. \rightarrow

All Parishioners are kindly requested to please plan confessions as early as possible in the season of Lent in order to avoid overwhelming last-minute crowds.

Please note: There are no confessions during Masses in the church. Also, there will be NO confessions after 2pm on Good Friday, nor on Holy Saturday.

STATIONS of the CROSS in English are prayed on Fridays of Lent at 7pm.

Horario para Confesiones durante Cuaresma y Semana Santa +

Puede encontrar el horario completo de confesiones en el calendario a la derecha.

Favor de planificar sus confesiones lo más pronto posible para evitar dificultades a última hora.

Recuerde, que NO habrá confesiones después de 2pm el Viernes Santo, NI en Sábado Santo.

Tendremos El VIA CRUCIS en español cada viernes durante la cuaresma a las 7:30pm (Primero Viernes, 10 de marzo, a las 7:30pm)



The discipline of the Church includes abstaining from meat on Fridays during Lent (solid purple days) and fasting and abstaining from meat on Ash Wednesday and Good Friday. Fasting includes one regular meal, and the other two small meals are not to exceed a regular meal in quantity, with nothing between meals.





3:00PM The Passion and Veneration of the Holy Cross (English)

We assemble in observance of Christ's saving death, by reading the narrative of his Passion, praying for the Universal Church, venerating his Cross in this ancient Rite and receiving Holy Communion which was consecrated on the previous evening at the Mass of the Lord's Supper.

The Good Friday collection assists the maintenance of the Shrines in the Holy Land.

7:00PM Stations of the Cross

7:30PM El Via Crucis (En Español)

> Holy Saturday ARPIL 11 (No 9gm 5mm or 7mm Maccord)

(No 9am, 5pm or 7pm Masses)

8:00AM Office of Readings and Morning Prayer (Liturgy of the Hours)

11:00ам The Blessing of Easter Food

For those who practice the beautiful Eastern European custom of having Easter foods blessed, please place baskets of traditional foods on the steps along the front of the altar.

8:30PM The Vigil of the Resurrection of the Lord

What Sunday is to the week, Easter Sunday is to the year. This holiest of nights we celebrate the victory over death and promise of eternal life given to us by Jesus Christ in his resurrection from the dead. The Liturgy includes the Service of Light, the Vigil of Readings and Psalms, the Celebration of the Sacraments of Baptism and Confirmation for those who have prepared all year for initia-



tion in the Catholic Church, and Liturgy of the Eucharist. Please note the unusual time that we begin: it marks the end of twilight and the beginning of the Solemnity of Easter Sunday.

A reception welcoming new members of the Church follows in the Activity Center.



8:00, 10:15am, and 12:30pm (Bilingual/Bilingue) The Resurrection of the Lord

ALL Masses will be at the Fredericksburg Expo Center

Please note: there will be NO 2:30pm nor 5pm or 7pm Mass on Easter Sunday!

Masses will not be held at the church or at Holy Cross Academy on Easter Sunday.



8:00AM Office of Readings and Morning Prayer (Liturgy of the Hours)

7:30PM Mass of the Lord's Supper

The concelebrated Mass of the Lord's Supper commemorates the institution of the Eucharist and the Priesthood by Jesus at the Last Supper. The commandment of love is symbolized by the Mandatum, or footwashing, where Jesus teaches, "As I have done, so must you also do." Parishioners are encouraged to join in the ancient procession of the Blessed Sacrament to its place of repose in the Parish Life Center, where adoration will continue until midnight as we accompany Jesus in his agony in the Garden of Gethsemane.

11:45pm Night Prayer (Liturgy of the Hours)

Night Prayer will conclude Eucharistic Adoration in the Activity Center.



8:00AM Office of Readings / Morning Prayer

12:00 - 2:30PM "Tre Ore," The Seven Last Words

Although not a part of the formal observance of the Sacred Triduum Rites as such, this is a traditional custom of many churches. The seven last words of Jesus as he is crucified on the cross are presented every 25 minutes, each with a congregational hymn and choral selections. Clergy will give a reflection for each of the words of Jesus and the Three Hours will conclude with the public praying of the Stations of the Cross.