

PALM SUNDAY OF THE PASSION OF THE LORD

April 5, 2020



Saint Mary of the Immaculate Conception Roman Catholic Church

1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

lent & holy week

live streaming

Palm Sunday

APRIL 5

THE CHURCH WILL BE
CLOSED ALL DAY

9:00am
Mass

12:00pm
Mass in Spanish

3:00pm
Divine Mercy Chaplet

5:00pm
Vespers Followed by a Concert
by David Uschold

Good Friday

APRIL 10

THE CHURCH WILL BE
CLOSED ALL DAY

9:00am
Office of Reading & Morning Prayer

12-2:30pm
The Tre Ore

2:30PM
The Divine Mercy Chaplet

3:00pm
The Passion &
Veneration of the Cross

6:30pm
Rosary

7:00pm
Stations of the Cross

7:30pm
Via Crucis (Spanish Stations)

10:00pm
Night Prayer

Holy Thursday

APRIL 9

CHURCH CLOSSES AT 6PM

9:00am
Office of Reading & Morning Prayer

3:00pm
Divine Mercy Chaplet

6:30pm
Rosary

7:30pm
Evening Mass of the Lord's Supper

10:00pm
Night Prayer

Holy Saturday

APRIL 11

THE CHURCH WILL BE
CLOSED ALL DAY

9:00am
Office of Reading & Morning Prayer

10:00am
Digital Blessing Of Easter Food

3:00pm
Divine Mercy Chaplet

6:30pm
Rosary

8:30pm
The Easter Vigil

pulpit announcements

nota bene (note well, please):

▪ Mass Readings

More information on pages 6 & 7

▪ CRS Rice Bowl

More information on page 9

▪ Prayer from Bishop Burbidge

More information on page 11

▪ Faith Direct Continues to Help Our Parish

More information on page 13

▪ Noticias en Español

Más información en la página 14

Note for our Seniors

During this time of caution, we are taking extra care of our over 65 population. If you are in need of assistance (picking up items at the store, errands etc) please do not hesitate to call the office at 540-373-6491 or email edoyle@stmaryfred.org. We have parishioners standing by to assist you.

God bless you and continued prayers for your safety and health.

contact us

SUNDAY MASS

Saturday Vigil 5 & 7pm
Sunday 7, 8:30, 10:30am, 12:30,
2:30pm (Spanish), 5pm, 7pm
10:30am at Holy Cross Academy

DAILY MASS

Monday - Friday: 6:30am, 9am
M/W/F: 12 Noon
Saturday: 9am
First Friday 8pm
Holy Days of Obligation, as announced

DEVOTIONS

Adoration, Daily between 6:30am &
9am Mass,
Wednesday 12:30pm - Friday 9am
Miraculous Medal Novena, Mon., after
9am Mass, Divine Mercy, Wed., 3pm

CONFESSION

Wednesday, after 12pm Mass, 6:30-
8:30pm; Sat., 8am & 3:30pm, or by appt.

PARISH OFFICE

540-373-6491, fax 371-0251
stmary@stmaryfred.org
Monday - Friday, 8:30am - 4:30pm;
students staff office weekdays until 9pm,
Saturdays 9-5pm, Sundays 9:30-1:30pm

Pastor, Fr. John Mosimann
Fr. Sean Koehr
Fr. Michael J.R. Kelly
Fr. Michael Folmar
Deacon Alberto Bernaola
Deacon Dick Delio

Business Manager, Elaine Stanislowski
Parish Secretary, Jachebel Rios
Director of Music, David Uschold

stmaryfred.org

HOLY CROSS ACADEMY

540-286-1600
250 Stafford Lakes Parkway
Fredericksburg, Virginia 22406-7234
Principal - Dr. Stephen Fry,
sfry@holycrossweb.com

ST. MARY PRESCHOOL

540-373-7553
Director, Sheri Castellarin

RELIGIOUS EDUCATION OFFICE

540-373-6491
Director, Aristides Lucas
Associate Director, Karen Sturtevant

YOUTH MINISTRY

tbeltran@stmaryfred.org
Tatiana Beltran

YOUNG ADULTS

stmaryya@gmail.com
540-847-1872

OUTREACH

540-373-6491
Elena Doyle - edoyle@stmaryfred.org

BAPTISMS

Parish registration (90 days) and class required.
Please contact the parish office to schedule the date at least four weeks in advance.

MARRIAGE

Parish registration required; contact parish six months in advance to begin preparation.

JOIN US

New Parishioner Welcome meetings held in the Parish Life Center on fourth Sun days, following the 10:30 Mass. Please notify us of any contact changes.

Articles must be submitted two weeks prior to publication.
Send articles to bulletin@stmaryfred.org. Thanks!

pax et bonum

Dear Folks,

Welcome to Holy Week. Not the Holy Week any of us planned, but the Holy Week Jesus gave us.

Prayers. Thanks to so many of you who have reached out to us with your prayer intentions. Facebook Masses being live-streamed, have been a beautiful way to stay in touch with you and to lift your prayers up to Jesus. We are a big parish, but it is inspiring to see you embracing one another's prayer intentions, especially because it is virtual / online!

Church closed to visits:
Palm Sunday - Church closed all day so that we can expand live-streaming from the church. We want to maximize your ability to stay connected to your parish, and believe that on Palm Sunday it will be important that Masses are live-streamed from the church.

Triduum (Thursday 6pm through Easter Sunday) - Again, the church will be closed for the entirety of the Triduum. This is so we can live-stream the Holy Week liturgies on Facebook. Also, because the number of visitors would likely be too many, it seems that we would have difficulty keeping the VA mandated maximum of ten persons.

But what about Palms? If I can't give you the living body of Christ, the King of Kings, then I don't want to give you dead branches. I don't want to violate social distancing to give you a lesser good (Palms) when I can't give you the supreme good (Jesus Himself).

However, here are some ways you can 'decorate' your home stream chapel to participate in Holy Week:

Palm Sunday: Clip a branch from a tree or bush. A flowering one would be appropriate to celebrate Jesus' Triumphal entry into Jerusalem!

Holy Thursday: Find a picture of the paschal lamb. Below is one of my favorites from the Ghent Altarpiece!

Good Friday: Set up a crucifix prominently, so that you can venerate the cross with us when we livestream the 3pm Liturgy!

Holy Saturday: Get a candle ready for the Easter Vigil, preferably you or your children's baptismal candles!

Easter Sunday: Have a small bottle or bowl of water ready, to remember the grace of our baptism!

Additionally, if you want to see the Magnificat, they have made the April issue(s) available online. They ask that you download the month at:

<https://us.magnificat.net/flipbook/KID/sample/>

Be assured of the prayers and concern of your priests! We miss you and are hoping that we can once again soon gather around the altar of the lamb who was slain for our sins!

Pax et bonum,

Father Mosimann
Fr Mosimann



holy cross academy

Distance Learning Going Strong

At Holy Cross Academy, we may be physically separated but our distance learning is still going strong. Thanks to the creativity and dedication of our wonderful teachers and parents, our students are continuing with the quality Catholic education that HCA provides. Each morning, Dr. Fry sends families a video of our morning announcements, which includes a scripture reading, pledge of allegiance, birthday shout outs, and updates. Teachers are conducting online meetings and lessons with their students and we instituted Fellowship Fridays to provide a much-needed break in the busy week. Fridays begin with virtual St. Mary's Mass at 9 and then fun online meetings with the students and their teachers. Dr. Fry even scheduled a meeting for students to introduce their pets to each other.

To learn more about our school, please email us at acarroll@holycrossweb.com or visit us at holycrossweb.com. Even though our building is closed, we're working remotely and would love to share with you how HCA can be a blessing to your family.

HCA Registration for the 2020-21 School Year Now Open

As the parish school of St. Mary, we encourage parishioners to consider Holy Cross Academy for your family. HCA is pre-K3 through 8th grade National Blue Ribbon School of Excellence offering a strong academic program, daily religious instruction, character formation, numerous extracurricular opportunities, a variety of music and art programs, and so much more. Our students are blessed to receive weekly religious instruction from our parish priests and Mass on Fridays. Holy Cross Academy students and their families support the Fredericksburg community through a variety of service projects throughout the year.

More information can be found on our website, holycrossweb.com. You may also give us a call at 540-286-1600 or email acarroll@holycrossweb.com. For more information about our preschool, please contact Sheri Castellarin, Director, at 540-373-7553 or preschool@holycrossweb.com. We would love to learn how Holy Cross Academy can be a blessing for your family!



A National Blue Ribbon School of Excellence



Financial Aid Deadline Extended

The deadline for 2020-2021 elementary FACTS Grant & Aid applications has been extended to Friday, April 17, 2020. Families are encouraged to submit as soon as they are able in advance of that deadline. In addition, families should know that applications received after the new deadline in April will be considered on an as-available basis determined by any remaining available funds.

The Office of Catholic Schools remains committed to doing everything possible to make Catholic education possible for families in need.

palm sunday
mass readings

Palm Sunday of the Lord's Passion

At The Procession With Palms - Gospel 35 YEAR A MT 21:1-11

When Jesus and the disciples drew near Jerusalem and came to Bethphage on the Mount of Olives, Jesus sent two disciples, saying to them, "Go into the village opposite you, and immediately you will find an ass tethered, and a colt with her. Untie them and bring them here to me. And if anyone should say anything to you, reply, 'The master has need of them.' Then he will send them at once." This happened so that what had been spoken through the prophet might be fulfilled: Say to daughter Zion, "Behold, your king comes to you, meek and riding on an ass, and on a colt, the foal of a beast of burden." The disciples went and did as Jesus had ordered them. They brought the ass and the colt and laid their cloaks over them, and he sat upon them. The very large crowd spread their cloaks on the road, while others cut branches from the trees and strewed them on the road. The crowds preceding him and those following kept crying out and saying: "Hosanna to the Son of David; blessed is the he who comes in the name of the Lord; hosanna in the highest." And when he entered Jerusalem the whole city was shaken and asked, "Who is this?" And the crowds replied, "This is Jesus the prophet, from Nazareth in Galilee."

At The Mass IS 50:4-7

The Lord GOD has given me a well-trained tongue, that I might know how to speak to the weary a word that will rouse them. Morning after morning he opens my ear that I may hear; and I have not rebelled, have not turned back. I gave my back to those who beat me, my cheeks to those who plucked my beard; my face I did not shield from buffets and spitting.

The Lord GOD is my help, therefore I am not disgraced; I have set my face like flint, knowing that I shall not be put to shame.

Responsorial Psalm PS 22:8-9, 17-18, 19-20, 23-24.

R. (2a) My God, my God, why have you abandoned me? All who see me scoff at me; they mock me with parted lips, they wag their heads: "He relied on the LORD; let him deliver him, let him rescue him, if he loves him."

R. My God, my God, why have you abandoned me? Indeed, many dogs surround me, a pack of evildoers closes in upon me; They have pierced my hands and my feet; I can count all my bones.

R. My God, my God, why have you abandoned me? They divide my garments among them, and for my vesture they cast lots.

But you, O LORD, be not far from me; O my help, hasten to aid me.

R. My God, my God, why have you abandoned me? I will proclaim your name to my brethren; in the midst of the assembly I will praise you: "You who fear the LORD, praise him; all you descendants of Jacob, give glory to him; revere him, all you descendants of Israel!"

R. My God, my God, why have you abandoned me? Reading 2 PHIL 2:6-11

Christ Jesus, though he was in the form of God, did not regard equality with God something to be grasped. Rather, he emptied himself, taking the form of a slave, coming in human likeness; and found human in appearance, he humbled himself, becoming obedient to the point of death, even death on a cross. Because of this, God greatly exalted him and bestowed on him the name which is above every name, that at the name of Jesus every knee should bend, of those in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father. Verse Before The Gospel PHIL 2:8-9 Christ became obedient to the point of death, even death on a cross. because of this, God greatly exalted him and bestowed on him the name which is above every name.

Gospel MT 26:14–27:66 OR 27:11-54

One of the Twelve, who was called Judas Iscariot, went to the chief priests and said, "What are you willing to give me if I hand him over to you?" They paid him thirty pieces of silver, and from that time on he looked for an opportunity to hand him over.

On the first day of the Feast of Unleavened Bread, the disciples approached Jesus and said, "Where do you want us to prepare for you to eat the Passover?" He said, "Go into the city to a certain man and tell him, 'The teacher says, "My appointed time draws near; in your house I shall celebrate the Passover with my disciples.'" The disciples then did as Jesus had ordered, and prepared the Passover.

When it was evening, he reclined at table with the Twelve. And while they were eating, he said, "Amen, I say to you, one of you will betray me." Deeply distressed at this, they began to say to him one after another, "Surely it is not I, Lord?" He said in reply, "He who has dipped his hand into the dish with me is the one who will betray me. The Son of Man indeed goes, as it is written of him, but woe to that man by whom the Son of Man is betrayed. It would be better for that man if he had never been born." Then Judas, his betrayer, said in reply, "Surely it is not I, Rabbi?" He answered, "You have said so."

While they were eating, Jesus took bread, said the blessing, broke it, and giving it to his disciples said, "Take and eat; this is my body." Then he took a cup, gave thanks, and gave it to them, saying, "Drink from it, all of you, for this is my blood of the covenant, which will be shed on behalf of many for the forgiveness of sins. I tell you, from now on I shall not drink this fruit of the vine until the day when I drink it with you new in the kingdom of my Father." Then, after singing a hymn, they went out to the Mount of Olives.

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Then Jesus said to them, "This night all of you will have your faith in me shaken, for it is written: I will strike the shepherd, and the sheep of the flock will be dispersed; but after I have been raised up, I shall go before you to Galilee." Peter said to him in reply, "Though all may have their faith in you shaken, mine will never be." Jesus said to him, "Amen, I say to you, this very night before the cock crows, you will deny me three times." Peter said to him, "Even though I should have to die with you, I will not deny you." And all the disciples spoke likewise.

Then Jesus came with them to a place called Gethsemane, and he said to his disciples, "Sit here while I go over there and pray." He took along Peter and the two sons of Zebedee, and began to feel sorrow and distress. Then he said to them, "My soul is sorrowful even to death. Remain here and keep watch with me." He advanced a little and fell prostrate in prayer, saying, "My Father, if it is possible, let this cup pass from me; yet, not as I will, but as you will." When he returned to his disciples he found them asleep. He said to Peter, "So you could not keep watch with me for one hour? Watch and pray that you may not undergo the test. The spirit is willing, but the flesh is weak." Withdrawing a second time, he prayed again, "My Father, if it is not possible that this cup pass without my drinking it, your will be done!" Then he returned once more and found them asleep, for they could not keep their eyes open. He left them and withdrew again and prayed a third time, saying the same thing again. Then he returned to his disciples and said to them, "Are you still sleeping and taking your rest? Behold, the hour is at hand when the Son of Man is to be handed over to sinners. Get up, let us go. Look, my betrayer is at hand."

While he was still speaking, Judas, one of the Twelve, arrived, accompanied by a large crowd, with swords and clubs, who had come from the chief priests and the elders

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mass readings

of the people.
His betrayer had arranged a sign with them, saying,
“The man I shall kiss is the one; arrest him.”
Immediately he went over to Jesus and said,
“Hail, Rabbi!” and he kissed him.
Jesus answered him,
“Friend, do what you have come for.”
Then stepping forward they laid hands on Jesus and arrested him.
And behold, one of those who accompanied Jesus
put his hand to his sword, drew it,
and struck the high priest’s servant, cutting off his ear.
Then Jesus said to him,
“Put your sword back into its sheath,
for all who take the sword will perish by the sword.
Do you think that I cannot call upon my Father
and he will not provide me at this moment
with more than twelve legions of angels?
But then how would the Scriptures be fulfilled
which say that it must come to pass in this way?”
At that hour Jesus said to the crowds,
“Have you come out as against a robber,
with swords and clubs to seize me?
Day after day I sat teaching in the temple area,
yet you did not arrest me.
But all this has come to pass
that the writings of the prophets may be fulfilled.”
Then all the disciples left him and fled.

Those who had arrested Jesus led him away
to Caiaphas the high priest,
where the scribes and the elders were assembled.
Peter was following him at a distance
as far as the high priest’s courtyard,
and going inside he sat down with the servants
to see the outcome.
The chief priests and the entire Sanhedrin
kept trying to obtain false testimony against Jesus
in order to put him to death,
but they found none,
though many false witnesses came forward.
Finally two came forward who stated,
“This man said, ‘I can destroy the temple of God
and within three days rebuild it.’”
The high priest rose and addressed him,
“Have you no answer?
What are these men testifying against you?”
But Jesus was silent.
Then the high priest said to him,
“I order you to tell us under oath before the living God
whether you are the Christ, the Son of God.”
Jesus said to him in reply,
“You have said so.
But I tell you:
From now on you will see ‘the Son of Man

seated at the right hand of the Power’
and ‘coming on the clouds of heaven.’”
Then the high priest tore his robes and said,
“He has blasphemed!
What further need have we of witnesses?
You have now heard the blasphemy;
what is your opinion?”
They said in reply,
“He deserves to die!”
Then they spat in his face and struck him,
while some slapped him, saying,
“Prophesy for us, Christ: who is it that struck you?”
Now Peter was sitting outside in the courtyard.
One of the maids came over to him and said,
“You too were with Jesus the Galilean.”
But he denied it in front of everyone, saying,
“I do not know what you are talking about!”
As he went out to the gate, another girl saw him
and said to those who were there,
“This man was with Jesus the Nazorean.”
Again he denied it with an oath,
“I do not know the man!”
A little later the bystanders came over and said to Peter,
“Surely you too are one of them;
even your speech gives you away.”
At that he began to curse and to swear,
“I do not know the man.”
And immediately a cock crowed.
Then Peter remembered the word that Jesus had spoken:
“Before the cock crows you will deny me three times.”
He went out and began to weep bitterly.

When it was morning,
all the chief priests and the elders of the people
took counsel against Jesus to put him to death.
They bound him, led him away,
and handed him over to Pilate, the governor.

Then Judas, his betrayer, seeing that Jesus had been condemned,
deeply regretted what he had done.
He returned the thirty pieces of silver
to the chief priests and elders, saying,
“I have sinned in betraying innocent blood.”
They said,
“What is that to us?
Look to it yourself.”
Flinging the money into the temple,
he departed and went off and hanged himself.
The chief priests gathered up the money, but said,
“It is not lawful to deposit this in the temple treasury,
for it is the price of blood.”
After consultation, they used it to buy the potter’s field
as a burial place for foreigners.
That is why that field even today is called the Field of Blood.

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Then was fulfilled what had been said through Jeremiah
the prophet,
And they took the thirty pieces of silver,
the value of a man with a price on his head,
a price set by some of the Israelites,
and they paid it out for the potter’s field
just as the Lord had commanded me.

Now Jesus stood before the governor, and he questioned him,
“Are you the king of the Jews?”
Jesus said, “You say so.”
And when he was accused by the chief priests and elders,
he made no answer.
Then Pilate said to him,
“Do you not hear how many things they are testifying against
you?”
But he did not answer him one word,
so that the governor was greatly amazed.

Now on the occasion of the feast
the governor was accustomed to release to the crowd
one prisoner whom they wished.
And at that time they had a notorious prisoner called Barabbas.
So when they had assembled, Pilate said to them,
“Which one do you want me to release to you,
Barabbas, or Jesus called Christ?”
For he knew that it was out of envy
that they had handed him over.
While he was still seated on the bench,
his wife sent him a message,
“Have nothing to do with that righteous man.
I suffered much in a dream today because of him.”
The chief priests and the elders persuaded the crowds
to ask for Barabbas but to destroy Jesus.
The governor said to them in reply,
“Which of the two do you want me to release to you?”
They answered, “Barabbas!”
Pilate said to them,
“Then what shall I do with Jesus called Christ?”
They all said,
“Let him be crucified!”
But he said,
“Why? What evil has he done?”
They only shouted the louder,
“Let him be crucified!”
When Pilate saw that he was not succeeding at all,
but that a riot was breaking out instead,
he took water and washed his hands in the sight of the crowd,
saying, “I am innocent of this man’s blood.
Look to it yourselves.”
And the whole people said in reply,
“His blood be upon us and upon our children.”
Then he released Barabbas to them,
but after he had Jesus scourged,

he handed him over to be crucified.
Then the soldiers of the governor took Jesus inside the
praetorium
and gathered the whole cohort around him.
They stripped off his clothes
and threw a scarlet military cloak about him.
Weaving a crown out of thorns, they placed it on his head,
and a reed in his right hand.
And kneeling before him, they mocked him, saying,
“Hail, King of the Jews!”
They spat upon him and took the reed
and kept striking him on the head.
And when they had mocked him,
they stripped him of the cloak,
dressed him in his own clothes,
and led him off to crucify him.

As they were going out, they met a Cyrenian named Simon;
this man they pressed into service
to carry his cross.

And when they came to a place called Golgotha
—which means Place of the Skull —,
they gave Jesus wine to drink mixed with gall.
But when he had tasted it, he refused to drink.
After they had crucified him,
they divided his garments by casting lots;
then they sat down and kept watch over him there.
And they placed over his head the written charge against him:
This is Jesus, the King of the Jews.
Two revolutionaries were crucified with him,
one on his right and the other on his left.
Those passing by reviled him, shaking their heads and saying,
“You who would destroy the temple and rebuild it in three days,
save yourself, if you are the Son of God,
and come down from the cross!”
Likewise the chief priests with the scribes and elders mocked
him and said,
“He saved others; he cannot save himself.
So he is the king of Israel!
Let him come down from the cross now,
and we will believe in him.
He trusted in God;
let him deliver him now if he wants him.
For he said, ‘I am the Son of God.’”
The revolutionaries who were crucified with him
also kept abusing him in the same way.

From noon onward, darkness came over the whole land
until three in the afternoon.
And about three o’clock Jesus cried out in a loud voice,
“Eli, Eli, lema sabachthani?”
which means, “My God, my God, why have you forsaken me?”

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mass readings

Some of the bystanders who heard it said,
“This one is calling for Elijah.”
Immediately one of them ran to get a sponge;
he soaked it in wine, and putting it on a reed,
gave it to him to drink.
But the rest said,
“Wait, let us see if Elijah comes to save him.”
But Jesus cried out again in a loud voice,
and gave up his spirit.

And behold, the veil of the sanctuary
was torn in two from top to bottom.
The earth quaked, rocks were split, tombs were opened,
and the bodies of many saints who had fallen asleep were raised.
And coming forth from their tombs after his resurrection,
they entered the holy city and appeared to many.
The centurion and the men with him who were keeping watch
over Jesus
feared greatly when they saw the earthquake
and all that was happening, and they said,
“Truly, this was the Son of God!”
There were many women there, looking on from a distance,
who had followed Jesus from Galilee, ministering to him.
Among them were Mary Magdalene and Mary the mother of
James and Joseph,
and the mother of the sons of Zebedee.

When it was evening,
there came a rich man from Arimathea named Joseph,
who was himself a disciple of Jesus.
He went to Pilate and asked for the body of Jesus;
then Pilate ordered it to be handed over.
Taking the body, Joseph wrapped it in clean linen
and laid it in his new tomb that he had hewn in the rock.
Then he rolled a huge stone across the entrance to the tomb
and departed.
But Mary Magdalene and the other Mary
remained sitting there, facing the tomb.

The next day, the one following the day of preparation,
the chief priests and the Pharisees
gathered before Pilate and said,
“Sir, we remember that this impostor while still alive said,
‘After three days I will be raised up.’
Give orders, then, that the grave be secured until the third day,
lest his disciples come and steal him and say to the people,
‘He has been raised from the dead.’
This last imposture would be worse than the first.”
Pilate said to them,
“The guard is yours;
go, secure it as best you can.”
So they went and secured the tomb
by fixing a seal to the stone and setting the guard.

or

Jesus stood before the governor, Pontius Pilate, who questioned
him,
“Are you the king of the Jews?”
Jesus said, “You say so.”
And when he was accused by the chief priests and elders,
he made no answer.
Then Pilate said to him,
“Do you not hear how many things they are testifying against
you?”
But he did not answer him one word,
so that the governor was greatly amazed.

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and threw a scarlet military cloak about him.
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and kept striking him on the head.
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they gave Jesus wine to drink mixed with gall.
But when he had tasted it, he refused to drink.
After they had crucified him,
they divided his garments by casting lots;
then they sat down and kept watch over him there.
And they placed over his head the written charge against him:
This is Jesus, the King of the Jews.
Two revolutionaries were crucified with him,
one on his right and the other on his left.
Those passing by reviled him, shaking their heads and saying,
“You who would destroy the temple and rebuild it in three days,
save yourself, if you are the Son of God,
and come down from the cross!”
Likewise the chief priests with the scribes and elders mocked him
and said,
“He saved others; he cannot save himself.
So he is the king of Israel!
Let him come down from the cross now,
and we will believe in him.
He trusted in God;
let him deliver him now if he wants him.
For he said, ‘I am the Son of God.’”
The revolutionaries who were crucified with him
also kept abusing him in the same way.

From noon onward, darkness came over the whole land
until three in the afternoon.
And about three o’clock Jesus cried out in a loud voice,
“Eli, Eli, lema sabachthani?”
which means, “My God, my God, why have you forsaken me?”
Some of the bystanders who heard it said,
“This one is calling for Elijah.”
Immediately one of them ran to get a sponge;
he soaked it in wine, and putting it on a reed,

palm sunday

april 5, 2020

gave it to him to drink.
But the rest said,
“Wait, let us see if Elijah comes to save him.”
But Jesus cried out again in a loud voice,
and gave up his spirit.

And behold, the veil of the sanctuary
was torn in two from top to bottom.
The earth quaked, rocks were split, tombs were opened,
and the bodies of many saints who had fallen asleep were raised.
And coming forth from their tombs after his resurrection,
they entered the holy city and appeared to many.
The centurion and the men with him who were keeping watch
over Jesus
feared greatly when they saw the earthquake
and all that was happening, and they said,
“Truly, this was the Son of God

Thank you!

Earlier this week we sent out a note asking
parishioners to help restock our emergency
pantry, and the donations poured in! We
love our parishioners! We are all set for now
with an abundance of items for those in
need. Should our supplies become depleted,
we will reach out. If you or someone you
know is in need of food, they are welcome
at St. Mary. Our pantry is open from M-F
9am-4pm.

God bless and keep you all safe!

Bimonthly Envelope Change for Building Fund

Starting with your May/June contribution
envelopes, you will notice a change. The
building fund envelope is being changed
to “Debt Reduction” rather than “Building
Fund”, since all contributions made are
actually used to help pay the \$2,000,000
mortgage still remaining from capital
improvements to the Church, Parish Office
and Rectory almost ten years ago, as well as
other capital expenditures through 2016. We
hope that this change will help to clarify that
all contributions help us to pay down the
current debt, and are not saved for future
capital improvements.

from father koehr homily

There's an old Steve Martin bit on why banks have elaborate names: "banks need to have names like 'Security First Trust and Federal Reserve' because nobody is going to put their money in 'Fred's Bank.'" Big attractive names project a sense of absolute security, even though they are superficial. What could possibly go wrong? My money is backed by the government, not some guy named Fred.

We are constantly tempted to put our trust in the passing things of this world. Our economy seemed so secure before this crisis, but that changed in a matter of days. The devil tries to seduce us to invest our identity in places of false security, so that when they fail, we fall into despair. Some put their trust in chariots and some in horses, but we trust in the name of the Lord our God (Psalm 20:7).

Jesus faced this temptation too. The Gospel recounts his triumphal entry into Jerusalem on a path of palm branches. He was hailed as a worldly king, a miracle worker, a powerful warrior, and a wise teacher. But the same Jesus who was welcomed with cries of "hosanna!" would be rejected with cries of crucifixion. All in a matter of days. The same people holding palm branches and singing beautiful words would soon be spitting and screaming blasphemies. All in a matter of days. Their empty optimistic praise was followed by a hatred that held nothing back. That's how quickly the world changes. That's how fast our false securities fail.

But in the midst of the chaos both now and then, there is one thing that never changes: Christ. Christ doesn't change. No matter the polls of the people. No matter the state of the stock market. No matter the COVID count. He is the same yesterday, today and forever (Heb 13:8). His love endures forever (Psalm 136).

How was he so serene through the most dramatic betrayal and the worst injustice to ever befall an innocent human being? His serenity came from his identity. He knows who he is. He is the Beloved Son of the Father. It was from that identity that he could give everything to the Father without holding anything back, just as the Father gave him everything without holding anything back. He confidently abides in the Father's embrace as he calmly carries out his will. Like a lamb led to the slaughter...he opened not his mouth (Isa 53:7).

Jesus never rooted his identity, his security or his comfort in power and wealth or empty praise and vanity. Our praise adds nothing to his worth. Our scorn, mockery and contempt take nothing from his glory. Now comes the hour for the son of man to be glorified, not through our praise but through the Father's plan.

Today he offers us that same serenity and security if we place our trust in him. He wants us to know who we are and whose we are. It is he who made us, and we are his; we are his people, the sheep of his flock (Psalm 100:3). He wants us to rest in the knowledge of our identity in Christ as beloved sons and daughters of the Father. Ours is not a Federal Trust. It is a Godly Trust. In God we Trust. Even as we carry our cross, he carries us through each and every crisis when we are united to him. My yoke is easy, my burden light (Mt 11:30). He shows us that the only true crisis is separation from Christ.

Many great historical figures have repeated the refrain: "never waste a crisis." A crisis is an opportunity to rethink the way we live and to reorder our lives in relation to our true destiny. A crisis is an opportunity to transfer our trust to the true treasure – to find our Savior in a deeper way.

When we are suffering and uncertain, where do we turn? There's no amount of toilet paper or Clorox wipes that can restore our security. The Coronavirus can kill you. Many things can kill you, but nothing can separate you from Christ except mortal sin.

Imagine if we avoided sin with the same diligence that we avoid COVID. We would all be saints. We clearly have the capacity. If I can faithfully wash my hands 8 times per day, wear a mask and wipe down surfaces, I can definitely keep my phone out of my room when it serves as an occasion of sin. If I can carefully isolate myself from others through social distancing, I can definitely set aside 30 minutes of alone time with my Lord every day. Through his passion, death and resurrection Jesus shows us that the only true crisis is to be Christ-less – to remain in sin.

from father koehr homily

The Lord is giving many of us a great gift right now: time. Time for our family and time for God. He's giving us time to build a relationship with him – to build habits that will last when this crisis has passed. He wants to dig a well in our hearts that can satisfy our thirst when things get busy again. Let's not waste this time with movies, video games and mindless, numbing entertainment. Instead let's use it for spiritual reading and mental prayer. Let's become more sensitive to the daily movements of the Holy Spirit. Let's discover the depths of the interior life. If you're looking for something to start with, I recommend any book by Jacques Philippe. This time, more than ever, is an invitation to trust, to abide and to shift our focus to the one thing that endures when our false securities fail. It's the sacrificial love of Jesus that saves us from sin and from ourselves. He is our rock, our fortress, and our deliverer (Psalm 18:2). In him is our hope and we shall never hope in vain.

We can come up with elaborate plans for our lives, but our true joy and our only security is abiding in the Father's love and placing our trust in his plan. Christ is in this crisis. He doesn't look super attractive. His title doesn't catch our attention. He doesn't wear a golden crown, but a crown of thorns. He doesn't wear an extravagant robe, but a blood-soaked garment. There is nothing superficial about the security he offers, but he is our true foundation.

Our true identity is not backed by a government. It's backed by a guy. A guy who is also God. As the world changes, he remains the same yesterday, today and forever. He reminds us that through our Baptism, we are secure in the covenant sealed by his blood. He only begs that we transfer our trust entirely to him.

Jesus, I trust in you. You are my security, my identity and my destiny. In you is my treasure. In you, O Lord, is my hope and I shall never hope in vain (Te Deum).

Easter Flowers

Remember someone you love, either living or deceased, with a donation for our beautiful Easter Flowers. Envelopes are available in your envelope packets, in the Church and in the Parish Office.



The good work of our parish continues during this time of uncertainty. Thank you to our many generous parishioners for continuing to support it. An easy option for giving while Masses are suspended is to use Faith Direct, it's secure and easy! You may give a one-time gift or set-up monthly giving. Please visit the St. Mary website at stmaryfred.org and click on the "Enroll in Faith Direct" link. Your generosity is appreciated!

vida parroquial
noticias en español

Itinerario de Semana Santa

Domingo de Ramos- la iglesia estará cerrada todo el día

9am misa en inglés
12 del mediodía- misa en español
3pm- Coronilla de la Divina Misericordia
5pm- Vísperas (oración) seguida de un concierto por David Ushchold

Jueves Santo- la iglesia cerrará a las 6pm

9am- Oficio de Lecturas y Laudes (Oración de la Mañana)
3pm- Coronilla de la Divina Misericordia
6:30pm- Rosario
7:30pm- Misa de la Cena del Señor
10pm- Completas (Oración de la Noche)

Viernes Santo- la iglesia estará cerrada todo el día

9am- Oficio de Lecturas y Laudes (Oración de la Mañana)
12:00-12:30- Tre Ore (Las Últimas Siete Palabras)
2:30pm- Coronilla de la Divina Misericordia
3pm- La Pasión y Veneración de la Santa Cruz
6:30pm- Rosario
7pm- Vía Crucis en inglés
7:30pm- Vía Crucis en español
10pm- Completas -(Oración de la Noche)

Sábado de Gloria- la iglesia estará cerrada todo el día

9am-Oficio de Lecturas y Laudes (Oración de la Mañana)
10am- Bendición digital de los alimentos de Pascua
3pm- Coronilla de la Divina Misericordia
6:30pm- Rosario
8:30pm Vigilia Pascual

Domingo Pascua de la Resurrección

7am- Misa de Resurrección en inglés
9am-Misa de Resurrección en inglés
10:30am- Misa de Resurrección en inglés
12pm-Misa de Resurrección en español

from our bishop
prayer to jesus

Prayer to Jesus for Healing and Guidance

Jesus, Son of God,
you were sent by the Father
to bear our weakness;
be with us in this time of crisis.

Merciful Savior,
heal and comfort the sick,
so that, with health restored,
they may give you praise.

Divine Physician,
accompany our caregivers
so that, serving with patience,
they may heal wisely.

Eternal Wisdom,
guide our leaders
so that, seeking remedies,
they may follow your light.

Christ, the Anointed,
protect us in body and spirit,
so that, freed from harm,
we may be delivered from all affliction.

Who live and reign with God the Father
in the unity of the Holy Spirit,
one God, forever and ever.
Amen.



Oración a Jesús para pedir sanación y guía

Jesús, Hijo de Dios,
a Tí que fuiste enviado por el Padre
para asumir nuestra debilidad,
te pedimos que nos acompañes
en este momento de crisis.

Salvador Misericordioso,
ayuda y consuela a los enfermos,
para que al recobrar la salud
puedan alabarte.

Médico Divino,
acompaña a nuestros proveedores de cui-
dado
para que al servir con paciencia
puedan sanar debidamente.

Fuente de Eterna Sabiduría,
guía a nuestros líderes
para que al buscar remedio
puedan seguir tu luz.

Crísto, el Ungido,
protégenos en cuerpo y espíritu,
para que al salir ilesos del daño
seamos librados de toda aflicción.

Tú que vives y reinas con Dios Padre,
en unidad del Espíritu Santo,
un solo Dios verdadero,
por los siglos de los siglos.
Amén.



operations given in love

Weekly Offertory

**Donations Received
March 21-27**

Offertory	\$5,782
Parish Building Fund	\$415
Catholic Relief Services	\$879

Our Second Collection for Easter is our Annual Parish Appeal for Development and Maintenance

We are very grateful for your continued support during these uncertain times. You may mail in your contributions, or set up donations through Faith Direct or your personal banking institution. Thank you and God bless you.

Pontifical Good Friday Collection for The Holy Land

800 Years of Franciscan Presence, Care, Service

At this special time of year, the entire Catholic community participates in the support of Christians in the Holy Land. The daily news reminds us of the violence and instability plaguing the Middle East, but we rarely hear of the shrinking Christian community that struggles to remain in the land of Christ's birth, death and resurrection. Since the 13th Century, the Order of St. Francis has been walking in Jesus' footsteps, working not only to make Christianity's holiest sites accessible to all the faithful, but preserving the Holy Land's precious Christian community, the "living stones of the Church", through education and scholarships, charity and assistance to the poor and pastoral ministry in 29 parishes, 4 homes for orphans and 3 academic institutions. The Good Friday Collection is the primary means of support for this work. It is a Pontifical Collection requested by Pope Francis, and your generosity is truly appreciated. For more information, visit myfranciscan.org/good-friday.

Important BLA Note

Thank you to all our parishioners who have donated to the Bishop's Lenten Appeal. If you have signed up to make monthly payments to the BLA, please be sure to send your monthly payment directly to the BLA. Any payments made through Faith Direct or sent to the parish will cause a delay in processing and in recording your payment with the Diocese.

Choose Life Reflection

Jesus endured crucifixion out of love for us, giving Himself away that we might have life. Abortion, on the other hand, is the opposite of love because it takes life. Love says, "I sacrifice myself for the good of the other person." Abortion says, "I sacrifice the other person for the good of myself." *Father, fill me and all people with the same love by which Your Son gave Himself away on the Cross. Grant that we may sacrifice ourselves and never sacrifice others.*

Children's Charity for April

The children's charity that will benefit from offerings in April is the Operation Purple Program of the National Military Family Association. When you hear "Operation Purple Camp," you should think: Kids Serve Too! The camps are a time for having fun, making friends, and reminding military kids that they are the Nation's youngest heroes.

The Operation Purple program was created in 2004 to fill a need identified by military parents to "help us help our kids." The mission of the Operation Purple program is to empower military children and their families to develop and maintain healthy and connected relationships, in spite of the current military environment. We do this through a variety of means, including the healing and holistic aspect

of the natural world. The program is joint or "purple"—encompassing all Service branches, including the National Guard and Reserve.

Since its creation in 2004, the Operation Purple program has grown to serve approximately 62,000 military children and teens. The Operation Purple program also includes family retreats at national parks and specialized family camps geared to address the needs of children and families of our nation's wounded service members.

For more information, visit their website at militaryfamily.org/kids-operation-purple/camps/

Operation Rice Bowl - For Lent, For Life

Lenten alms donated through CRS Rice Bowl support the work of CRS in roughly 45 different countries each year. 25% of all donations to CRS Rice Bowl stay in our local diocese, supporting hunger and poverty alleviation efforts. Since 2018, CRS Rice Bowl has given your parish \$7,000.00 in grants for our emergency Food Pantry, so that we can provide food to families in need in our community.

Join our parish and school community – and more than 14,000 Catholic communities across the United States – in a life-changing Lenten journey of encounter with CRS Rice Bowl. Pick up your family's CRS Rice Bowl in the vestibule of the Church. During the 40 days of Lent, we will reflect on the challenge of global hunger and how it affects our human family.

Catholic Charities Counseling Services

Please note that we are continuing to counsel our clients via virtual and telephone technologies. If you are interested in speaking with us please call our NEW South Region intake line at 703-859-3147.

Saint Mary Prayer List

Please pray for those who are sick or in need, especially: Theresa Kovalefsky, Amber Moser, Erin Krieg, Matthew Meyer, Brittany Meyer, Sara Meyer, Douglas & Dorothy Meyer, Karla Dorsey, Mary Jean & Don Williams, Linda & Frank Walter, Cathleen Mihalaki, Re Macarthur, Jordan Tackett, Nikolai & Bridget Sherba, Randy McNulty, Riley Horstick, David A., Marty T., Janet Yerkie, Brittany Yerkie, Elizabeth Stoehr, David Semeglo, Robert L. Gomer, Carla J. Gomer, Thomas Moeller, Lorraine Becker, Gerald Gardiner, Larry Delaney, James Keddie, Lorena Hernandez, Miguel Hernandez and Edgar Giovanni Castro, Julio Diaz, Kelly Murray, Marianne Ford, Ortiz Family, James Derouin, Karen Danis, Jim Mann, Muriel Bovat, Gina Wood, Michelle & Lawrence Hudson, Monica White & Patrick White, Betty McKee, Arturo Mendoza Sanchez, Vickie Coburn, Susana Rios- Villagrana, Jeff Shinrock, Mary Ulmer, John Michaelides, Thomas Biddulph, Fernando Guadarrama, Margaret Dougherty, Betty Gil, Adrienne Menjivar, Deanna White, David Mares, Chuck Boyer, Daniel Bustamonte, Hector Rios-Villagrana & Family, Miguel Correa & Family, Tamlyn Leaf, Gordon Leffel, Graciela Chavez, Nico Luiggi, Vickie Coburn, Ana B. Rojas, Maria Mangini, Melanie and Chris Koumentakos, Maryanne Schram, Jackie Davia Johnson, Jenna Cappello, Matt Seidlinger, Benjamin Grillo, Gavin Menteer, Jim Seidlinger, Mary Ellen Kearney, Kurt Gutzmann, Lois Michell, Frank Pollack, Leslie and Charlotte Heagney, Joseph Daley, Carolyn Shebora, Melvin Schreckinger, Stephen Inguanti, Rhonda Wolfe, Delia Flores, Bruce Berry, Glen Gress, Bobby Blankenship & family, Buddy & Vincent Yerkie & Family, Carolyn Allen, Mitchell Wood, Felicity Peletier, Leah Sanford, Jason Stoker, Makenna Anne Koetzle, Peggy Silverman, Jack Ryan, Amy Peretta, Janet Fisher, Paul Scott, Wendy Vann, Michael Vann, Michelle Thomas, Jerry Hall, Zeldia Meyer, Jack Ryan, Robert Boggio, Ryan McNichol, Bianca Sanchez, Jackeline Sanchez & Family, Mary Hope Burkett, Dick Geary, Sean Duarte, Dave & Joy Zerby, David Silberman, Mrs. Joann A. Formeller, Jim Matarese & Son, Paula Hass, Leony Scott, Catherine Laski, Winifred Herrin, Brenda Leffel, Deborah Nunez, Larry Hays, Alma Keyes, Mary Carr-John, Phil Fuller, Jean Guinn, Sylvia Littlepaige, Alma Keyes, Andy Johnston, Jacoby Smith, Andrew Prybys, Richard Epp, Mary Wehman, Barbara Sisbarro, Maria Atkins, Santo Domingo Hernandez Gomez & family, Otilia Dogmoc, Linda Rager, Samantha Stumpf, Lonnie Dalton, Gail Erickson, Brenda Dudley, Debbie Beebe, Blanca Garcia, Rildo Ribellino Soto, Giles Morgan, Kim Matkovsky, Frances Conn, Christine Frescas, James Murphy, Daniel Burke, Joan Baker, Stephen O'Byrne, Marian Wilinski, Martha Clements, Bernard Cruz, Margaret Krebbel, Floyd Carver, Jr., Michael Sharkey, Jerry Werline, Patricia Johnston, Claire Matthews, Zachary Payne, Ernalina Kyle, Betty Curtis, Patrick Sherba, Sr., Dennis Farmer, Ernalina Kyle, Maria Wood, Margie Hougasian, Maria Wood, Robert Gibson, Mary Brussell, Bruce Mattern, Miles Wood, Roseanne Nash, Jeanne Burke, Prudy Tarpey, Danielle McCarty, Scott Robey, Kellan Moran, Mary Bostain, Dilma Magalhaes Da Silva, Carol Mauro, Michael Robertson, Michol Durham, Maureen Mizzles, Michael Wood, Paul Remick, James Hogan, Brenda Skinner, Lourdes Jeane De Toledo Moura, Kristen Burns, Erin McMakin, Margaret Nault, Daniel Foster and the Foster Family, Teresa Triplett

Please pray for all the men and women in our military and civilian support services overseas, especially: Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Nelly Garcia, Mandy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Jason Cullinan, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobs, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Daniel Algert

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

Al Anon Surviving the Weekend Group

Al Anon is for those who have been affected by someone else's drinking, and members come together to learn a better way of life and how to find happiness. Especially at this time of year, it's important to know that you are not alone and there is help. There is an Al Anon meeting every Saturday at 10am in Room 204 of St. Mary's Parish Life Center.

Nar Anon Support Available

Nar Anon is a program that offers support to family members and friends of loved ones struggling with substance abuse. All information and discussion is non-judgemental, informative and strictly confidential. Our meetings are in **Room 100 in the Parish Life Center on Thursday from 7-8pm** and are open to the community at large. **Contact Cathy at 703-201-8821, burgh757@gmail.com or Wayne at 540-840-5230.**

liturgy daily bread

Daily Mass Intentions and Readings

April

6 MONDAY

6:30am Evelyn Derouint
9:00am Kirsten Hopkins
Is 42:1-7/Jn 12:1-11

7 TUESDAY

6:30am Anne Delio+
9:00am Eleanor Jones
Is 49:1-6/Jn 13:21-38

8 WEDNESDAY

6:30am Crista Bain
9:00am Chiara Stanislawski
Is 50:4-9a/Mt 26:14-25

9 THURSDAY

7:30pm All Priests
Ex 12:1-8, 11-14/1 Cor 11:23-26/Jn 13:1-15

10 FRIDAY

Is 52:13-53:12/Heb 4:14-16; 5:7-9/Jn 18:1-19:42

11 SATURDAY

8:30pm RCIA Candidates & Catechumens
Gn 1:1-2:2/Gn 22:1-18/Ex 14:15-15:1

12 SUNDAY

8:00am For Vocations to the Priesthood and Religious Life
10:15am For Our Priests
12:30pm For the Protection of Life and Religious Freedom
Acts 10:34a, 37-43/Col 3:1-4

* Indicates Mass at Holy Cross Academy
Please remember that Mass intentions may be requested at the parish office for any remaining Masses of the year. If dates are no longer available for the date you desire, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.