

FIFTEENTH SUNDAY IN ORDINARY TIME

July 12, 2020



Saint Mary of the Immaculate Conception Roman Catholic Church

1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

pulpit announcements

nota bene (note well, please):

Public Masses - Phase 2

St. Mary Church

Saturday 5pm, 7pm

Sunday 7am, 8:30am, 10:30am, 12 noon, 2:30pm
(Spanish) 5pm & 7pm

Holy Cross Academy

Sunday 8:30am, 10:30am

Daily Mass Schedule

6:30am, 9am

12pm Mass on Mondays, Wednesdays, and Fridays

St. Mary Streaming Schedule - St. Mary of the Immaculate Conception Facebook Page

Daily Mass 9am Rosary 6:30pm

Sunday Mass 8:30am and 2:30pm (Spanish)

Confession Schedule (Confessions continue at the Parish Life Center ONLY)

Wednesdays 11:30am-12pm & 6:30-8:30pm

Saturdays 8-8:30am & 3:30-4:30pm

Adoration Schedule

Wednesday 12:30pm- Friday 9am

**More information regarding Phase 2
can be found on page 3**

contact us

SUNDAY MASS

Saturday Vigil 5 & 7pm
Sunday 7, 8:30, 10:30am, 12:30,
2:30pm (Spanish), 5pm, 7pm
10:30am at Holy Cross Academy

DAILY MASS

Monday - Friday: 6:30am, 9am
M/W/F: 12 Noon
Saturday: 9am
First Friday 8pm
Holy Days of Obligation, as announced

DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass,
Wednesday 12:30pm - Friday 9am
Miraculous Medal Novena, Mon., after 9am Mass, Divine Mercy, Wed., 3pm

CONFESSION

Wednesday 11:30am-12pm, 6:30-8:30pm; Sat., 8-8:30am & 3:30-4:30pm

PARISH OFFICE

540-373-6491, fax 371-0251
stmary@stmaryfred.org
Monday - Friday, 8:30am - 4:30pm;
students staff office weekdays until 9pm,
Saturdays 9-5pm, Sundays 9:30-1:30pm

Pastor, Fr. John Mosimann
Fr. Sean Koehr
Fr. Michael J.R. Kelly
Fr. Michael Folmar
Fr. Scott Sina, Parochial Vicar
Deacon Alberto Bernaola
Deacon Dick Delio

Business Manager, Elaine Stanislawski
Parish Secretary, Jachebel Rios
Director of Music, David Uschold

HOLY CROSS ACADEMY

540-286-1600
250 Stafford Lakes Parkway
Fredericksburg, Virginia 22406-7234
Principal - Dr. Stephen Fry,
sfry@holycrossweb.com

ST. MARY PRESCHOOL

540-373-7553
Director, Sheri Castellarin

RELIGIOUS EDUCATION OFFICE

540-373-6491
Director, Aristides Lucas
Associate Director, Karen Sturtevant

YOUTH MINISTRY

tbeltran@stmaryfred.org
Tatiana Beltran

YOUNG ADULTS

stmaryya@gmail.com
540-847-1872

OUTREACH

540-373-6491
Elena Doyle - edoyle@stmaryfred.org

BAPTISMS

Parish registration (90 days) and class required.
Please contact the parish office to schedule the date at least four weeks in advance.

MARRIAGE

Parish registration required; contact parish six months in advance to begin preparation.

JOIN US

New Parishioner Welcome meetings held in the Parish Life Center on fourth Sunday, following the 10:30 Mass. Please notify us of any contact changes.

Articles must be submitted two weeks prior to publication.
Send articles to bulletin@stmaryfred.org. Thanks!

stmaryfred.org

our parish happenings

Additional Phase 2 Information

A limited Mass schedule will return to St Mary's Church this weekend. **Sign-ups will NOT be required**, Social distancing and **FACE MASKS ARE REQUIRED FOR ALL MASSES**.

FOR MASSES AT HOLY CROSS ACADEMY GOING FORWARD, FOR THOSE AT RISK, WE WILL BE CONTINUING TO VERY STRICTLY ENFORCE MASKS AND AT HOLY CROSS COMMUNION WILL ONLY BE OFFERED IN THE HAND, SO IF YOU WANT TO COME TO MASS BUT WANT TO BE EXTRA CAUTIOUS, PLEASE CONSIDER HOLY CROSS ACADEMY.

The church and Holy Cross Academy will be sanitized after every Sunday Mass. This means when Mass is over, please leave promptly so the cleaners can wipe down all the surfaces. Ushers will still be giving directions and seating people, please continue to give them respect and comply with their requests. Please remember to leave 6 feet between people coming in and leaving Mass. Because of the continued need for social distancing, the seating capacity will be greatly reduced. No standing room will be provided. **Please arrive early.**

Usher's Needed at All Masses

Usher's Needed at All Masses Many of our ushers are in the over 65 or "vulnerable" population and we want to protect and encourage them to stay home at this time. We need help from our younger folks who feel comfortable performing the tasks of safely guiding our parishioners. If you can help, please sign-up at tinyurl.com/stmaryushers

A Child's Prayer

I thank You, Lord, for my father. Grant me to realize the depth of his love for me so often left unspoken. And to appreciate his great and continuous sacrifices. His fatherly care reflects Your divine care. His strength, Your power. His understanding, Your wisdom. He is Your faithful servant and image. Bless him with peace of soul, health of body, and success in his life. Amen.

St. Mary Emergency Food Pantry

We are open and distributing food Monday-Friday 9am-4pm. All are welcome! Come to the parish office and ring the bell. We are happy to help you!

Seven Sisters Apostolate

Would you like to support our priests and bishop in these challenging times? Is God calling you to a deeper life of prayer? Please consider joining the Seven Sisters Apostolate!

The Seven Sisters Apostolate is a worldwide mission of prayer for priests and bishops, formed to intercede for the needs and intentions of priests and bishops, supporting them in their vocation and ministry.

Seven women form a prayer team for one priest and commit to one Holy Hour of Eucharistic Adoration on a fixed day of the week for one year. St. Mary's has eight teams, one for each of our priests (including our new priest, Fr. Sina!), two for our diocesan priests in the Banica mission, as well as one for the bishop.

No specific time of day is required for the day to which you commit. Under normal circumstances, it is strongly preferred that the hour be made in a Catholic Church so as to adore the Lord in the monstrance or tabernacle. However, for the duration of the COVID health crisis or as long as as is needed for personal health/safety, members are welcome to pray from home if they prefer. Substitute members provide coverage in the event that a permanent member cannot fulfill her hour. Currently, we need assistance for every day of the week!

More information can be found on the Apostolate's website, sevensistersapostolate.org. If you would like to sign up as a full-time or substitute team member, please call, text, or email Kara Horne at 202.255.3178 or karahorne@gmail.com. Many thanks for your generous consideration!

from our pastor

pax et bonum

Dear Folks,

As I write this it is Hot, Hot, Hot.... I think the last place I would want to be today is the beach. I guess that is one side benefit of Corona Quarantine.... no sweltering on the beach! And I send this with a prayer of thanksgiving for whoever invented air-conditioning.

Over the last two weeks I gave the (mostly) same talk to First Communicants and parents 15 times. Whew! How can I help our children get ready for First Communion: in body, mind, and heart? We give our best to the Lord externally with our bodies, so that our souls may be quieted and lifted up to God! At one point in the talk, I said two prayers: one at attention, kneeling, with eyes closed; the other slumped over and floppy. The children recognized that in one prayer I was more fully lifting my heart to the Lord; and in the other I was more worried about my own discomfort. We can't tell everything about the quality of a prayer from external appearances, but we sure can know our own motives and weakness by examining our own postures in prayer. Give Jesus your best: body, mind, and heart.

Finally, I'd like to relay a comment from the Sister in the video that we shared at the First Communion meeting. Her convent makes hosts that become Jesus.

She said she was told to, "ask Jesus for anything at your First Communion, and He will give it to you." She asked to become a sister, and has a beautiful and joyful life!

If the King of the universe is giving you Himself, how many more blessings does He want to give, if you will just ask? Ask rightly, of course, (not for a new Xbox)! Ask of the Lord the blessings that will endure into eternity. And if you come to one of the First Communions this summer, renew the memory of your own First Holy Communion!

We cannot outdo God in generosity, but we should try.

Pax et bonum,



Fr Mosimann

Alpine Europe Pilgrimage

Featuring the Passion Play of Oberammergau
11 Days in the Fall of 2022 (Dates TBD)

Hiedelberg - Rhine Valley - Lucerne
Innsbruck - Altötting - Salzburg - Munich
Rothenburg - Markt Am Inn

Hosted by
Fr. John Mosimann

For more information, please contact Elena Doyle at edoyle@stmaryfred.org

Don't Wait for 2030! Sign up today!



holy cross academy

Holy Cross Academy 2020-21 Reopening Plan

Our plan for reopening school this August includes input from a variety of school stakeholders while following the latest guidelines from the Commonwealth and health organizations. We feel that our plan best meets the needs of our students and school families, given the limitations and guidelines that are currently in place. This plan will evolve if/when restrictions become more or less stringent as August 26th approaches.

Alternating Schedule with Five Day Option

- Families will be assigned Maroon Days or Gray Days and their children will attend full days of school on these days.

- Maroon families will attend school Mondays and Wednesdays and Gray families will have classes on Tuesdays and Thursdays.

- Groups will alternate live classes on Fridays.

- On days students are not in the classroom, they will complete classwork and projects for the next day and study for in-person tests and quizzes from home. (See information below about an option for five days per week on campus.)

- On days that students are not in their classrooms, they will also receive instruction in their specials classes so that they are receiving new instruction each day.

- Classroom teachers will approach their lessons in block form - teaching larger amounts of material on the in-person days. On students' days out of the classroom, they will practice/reinforce these skills through assignments and projects and have their specials classes online.

- By having students consistently in class every other day, assessments could be given in person and students could turn in regularly their work in person.

- We will work to continue to make morning and afternoon Aviat Care available to HCA families. Supervision at HCA on Distance Learning Days

- We will give families the option of having their child complete their distance learning at HCA supervised by our faculty and staff. We hope this allows dual income families to continue their careers and not disrupt their family finances.

- We will drop the gym divider to create two spaces in Fr. Brisson Hall and have students supervised by faculty and staff. We will also have some flexibility in utilizing specials classrooms if needed.

- Students will have a designated lunch time (they may still order lunch at school) and will have at least one opportunity for recess.

- Students will sit near their peers in the same grade but will be socially distanced.

- Students will be able to bring their own device to utilize new wireless access points in Fr. Brisson Hall.

- Desks that are not being used in the classrooms would be placed in Fr. Brisson Hall so every student has a place to learn that fits them.

We also have extensive safety measures and precautions in place to ensure the safety of our students, faculty and staff. For more information about our plan, please visit our website, holycrossweb.com



*A National
Blue Ribbon
School of
Excellence*



Holy Cross Academy is Seeking Qualified Candidates

We are seeking Middle School Science and Religion Teacher and Kindergarten Aides. For more information, please visit schoolspring.com/job?3315612 (Middle School Science and Religion Teacher) or schoolspring.com/job?3315633 (Kindergarten Aide).

our parish religious education

Magnifikid

A Parable

The word "parable" comes from a Greek word that means comparison. A parable is a simple story that a person can easily remember. It tells about everyday life and, at the same time, explains things that are otherwise a bit complicated. Jesus often tells parables. It is interesting to look for the message within each one about God's love and about the Kingdom of God.



Sacramental Liturgies This Week

Confirmation: Saturday, July 18, at 10am

First Holy Communion: Monday, July 13, at 3pm and Friday, July 17 at 3pm

First Holy Communion Retreat/Rehearsal

First Communion candidates and a parent attended one of the 15 ninety minutes Retreats/Rehearsals. Each began with a video on making communion hosts. This was followed by a talk by our pastor, Fr. John Mosimann. He began with reminding us that Jesus loves us and that He gives us His Body (Holy Communion) as food for our souls. After the introduction, he discussed what our hearts, minds and behaviors should be: Before receiving First Holy Communion, during the First Holy Communion Liturgy and life after First Holy Communion. His talk was followed PowerPoint presentation on our church and rehearsal led by Mrs. Karen Sturtevant.

Daily Mass and Devotionals on Facebook

Religious Education families are asked to regularly participate in the live streaming of Daily Mass and devotionals on Facebook at facebook.com/pg/stmaryfred/videos/

Daily Mass: 9am Every Day

Sunday Mass: 9am in English, 12pm in Spanish

Divine Mercy Chaplet: 3pm Every Day

Rosary: 6:30pm Every Day

This activity is beneficial for all students but particularly essential for students preparing for sacraments of Holy Eucharist and Confirmation.

Dynamic Catholic, Blessed: Session 4: The Eucharist

1. Food for the Soul: 4:17

Hemingway shows us what happens when our souls do not get the nourishment they need. Not only do we get hungry, but we find it harder to do what we know we should. tinyurl.com/dynamicmary4 Click next to go to video 2. You can also scroll down to the bottom of the page for all seven Session 4 videos.


Confirmation Video of the Week

tinyurl.com/confirmationstmary


Bishop Robert Barron comments on the Holy Spirit in the life of the Church.



youth ministry happenings




*Wednesday
Evening
Bible Study*



**Join us for a study of
the great Patriarchs &
Matriarchs of the Faith**

**July 8, 15, 22, 29
August 5
4-6pm
Bring Bible & \$3 for Pizza!**



*Ignorance of Scripture is
Ignorance of God.*

- St. Jerome



**Mass & Bible Study
Tuesday Morning**

**July 16
July 23
July 30
August 6**

Meet in the Church


**Bible
Study
after
Mass!**

**9-11am
Lead by Ian Heisler**



**With
Donuts!**

**Open to:
High Schoolers & 2020
High School Graduates**

**ATTENTION
CLASS OF 2020!**

COME ATTEND A

**COLLEGE
NIGHT**

Sponsored by the Associates of St. John Bosco
FOSTERING FRIENDSHIPS

FORTIFYING FAITH

Wednesday, July 29th: 7pm-9pm

Parish Life Center

Register for FREE at asjb.org

Join fellow Catholic students in preparing for your first year of college with a student panel, Q&A, small groups, pizza and GIVEAWAYS!! Wear a t-shirt from your future college to represent!

**Sports
Tuesday**

**July 14
July 21
July 28
August 4**

**At Holy Cross Academy
6-8pm**

Open to all Middle & High School Students



holy cross academy

media release

MEDIA RELEASE 2020-2021

POLICY FOR PROVIDING FREE OR REDUCED PRICE MEALS

June 23 2020

HOLY CROSS ACADEMY

(School division)

today announced its policy for providing free or reduced price meals for children served under the National School Lunch, and/or School Breakfast Programs. Each school and/or central school nutrition office has a copy of the policy, which may be reviewed by any interested party.

Some schools in the division, <insert name(s) of school(s)>, will be participating in the Community Eligibility Provision (CEP) as implemented under the Healthy, Hunger-Free Kids Act of 2010. All students enrolled at these schools will be provided a nutritious meal for breakfast and lunch each day at no charge. Households with students attending these schools will not be required to submit a meal application form for these students to receive meals at no charge. Each household with students attending these schools will receive communication about CEP, including contact information for any questions.

In all other schools, household size and income will be used to determine eligibility for free or reduced price meal benefits. Children from households whose income is at or below the Federal Income Eligibility Guidelines, shown in the chart below, may be eligible for either free or reduced price meals. Children who are members of households receiving Supplemental Nutrition Assistance Program (SNAP) benefits (formerly the Food Stamp Program) or who receive Temporary Assistance for Needy Families (TANF) may be automatically eligible for free meals. Children who are homeless, migrant, or runaway may also be automatically eligible for free meals. Foster children, who are the legal responsibility of a welfare agency or court, are eligible for free meals regardless of the income of the household with whom they reside. Children who are members of households participating in WIC may also be eligible for free or reduced-price meals based on the household's income.

Household Size	Maximum Household Income For Free Meals	Household Income For Reduced Price Meals
1	\$16,588	\$16,588.01 - \$23,606
2	\$22,412	\$22,412.01 - \$31,894
3	\$28,236	\$28,236.01 - \$40,182
4	\$34,060	\$34,060.01 - \$48,470
5	\$39,884	\$39,884.01 - \$56,758
6	\$45,708	\$45,708.01 - \$65,046
7	\$51,532	\$51,532.01 - \$73,334
8	\$57,356	\$57,356.01 - \$81,622
For Each Additional Family Member - ADD	\$5,824	\$8,288

Application forms are being distributed to all households with a letter informing households of the availability of free or reduced price meals for their children. Applications are also available at the principal's office in each school and at the central office. To apply for free or reduced price meals, households must only fill out one application per household and return it to the school division. Applications may be submitted at any time during the school year. The information households provide on the application will be used for determining eligibility and verification of data. Applications may be verified at any time during the school year by school or other program officials. For school officials to determine eligibility for free or reduced price benefits, households receiving Supplemental Nutrition Assistance Program (SNAP) benefits or Temporary Assistance for Needy Families (TANF) only have to

holy cross academy

media release

list their child(ren)'s name and SNAP or TANF case number and an adult household member must sign the application. Households who do not list a SNAP or TANF case number, including WIC households, must list the names of all household members, the amount and frequency of the income received by each household member, and the last four digits of the social security number of the adult household member who signs the application. If the household member does not have a social security number, the household member must indicate that a social security number is not available. The application must be signed by an adult household member in order to be approved.

Under the provisions of the free and reduced price meal policy,

Mary Beall

(insert title of eligibility determining officials)

will review applications and determine eligibility. An application for free or reduced price meals cannot be approved unless it is complete. Households dissatisfied with the ruling of the eligibility determining official may wish to discuss the decision with the official on an informal basis. Households wishing to make a formal appeal for a hearing on the decision may make a request either verbally or in writing to:

250 Stafford Lake Parkway Fredericksburg VA 22406

(insert name, address, and telephone of the hearing official).

Households may apply for free or reduced price meals at any time during the school year. If a household is not eligible now but has a change, such as a decrease in household income, an increase in household size, becomes unemployed or qualifies for SNAP or TANF, the household should contact the school for an application. Such changes may make the children of the household eligible for benefits if the household's income falls at or below the Federal Income Eligibility Guidelines.

Households that receive Supplemental Nutrition Assistance Program (SNAP) benefits (formerly the Food Stamp Program) or Temporary Assistance for Needy Families (TANF) may not have to complete an application for free or reduced price student meals. School officials will determine eligibility for free meals based on documentation, obtained directly from the Virginia Department of Social Services, that a child is a member of a household currently receiving SNAP or TANF. School officials will notify these households in writing of their eligibility. Households who are notified of their eligibility, but who do not want their children to receive free meals, must contact the school. SNAP and TANF households must complete an application if they are not notified in writing of their automatic eligibility within the first 10 days of the new school year.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](http://www.ascr.usda.gov/complaint_filing_cust.html), (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.

around the parish happenings



How to 'Get a Grip' on Your Emotions

This 8week online teletherapy group is a psycho-educational support group designed to help you identify, process and respond (not react) to your emotions in healthier ways individually and in your relationships.

To Join this online group or for more information, please contact 703-859-3147 in Fredericksburg OR 703-447-9402 in Fairfax.

What?
Emotion Management Support Group

Where?
On-Line Teletherapy Group

When?
From Wed July 15th to Wed September 2 for
8 consecutive weeks from 5pm – 6pm

Who?
18+ Male or Female

Certificate Upon Completion!



Apostolado de las Siete Hermanas

¿Le gustaría apoyar a nuestros sacerdotes y obispos en estos tiempos difíciles? ¿Te está llamando Dios a una vida más profunda de oración? ¡Por favor considere unirse al Apostolado de las Siete Hermanas!

El Apostolado de las Siete Hermanas es una misión mundial de oración por sacerdotes y obispos, formada para interceder por las necesidades e intenciones de sacerdotes y obispos, apoyándolos en su vocación y ministerio.

Siete mujeres forman un equipo de oración por un sacerdote y se comprometen a una Hora Santa de Adoración Eucarística en un día fijo de la semana durante un año. Santa María tiene ocho equipos, uno para cada uno de nuestros sacerdotes (¡incluido nuestro nuevo sacerdote, el Padre Sina!), Dos para nuestros sacerdotes diocesanos en la misión Banica, y uno para el obispo.

No se requiere una hora específica del día para el día en que se compromete. En circunstancias normales, se prefiere que se haga la hora en una Iglesia Católica para adorar al Señor en la custodia o tabernáculo. Sin embargo, mientras dure la crisis de salud de COVID o durante el tiempo que sea necesario para la salud / seguridad personal, los miembros pueden orar desde casa si así lo prefieren. Los miembros suplentes brindan cobertura en caso de que un miembro permanente no pueda cumplir con su hora. ¡Actualmente, necesitamos asistencia para todos los días de la semana!

Se puede encontrar más información en el sitio web del Apostolado, sevensistersapostolate.org. Si desea inscribirse como miembro del equipo de tiempo completo o sustituto, llame, envíe un mensaje de texto o envíe un correo electrónico a Kara Horne al 202.255.3178 o karahorne@gmail.com. Muchas gracias por su generosa consideración!

vida parroquial

noticias en español



¿A PERDIDO SU TRABAJO? ¿NECESITA ASISTENCIA?

LA ALACENA DE EMERGENCIA DE ST. MARY ESTÁ ABIERTA DE LUNES -VIERNES 9-4PM

Tenemos miembros de nuestra parroquia disponibles para ayudarles

**PARA MÁS INFORMACIÓN
CONTACTE A ELENA DOYLE A
EDOYLE@STMARYFRED.ORG
HABLA ESPAÑOL**

Horario de Adoración

lunes-viernes: 7am-9pm

sábados: 9:30am-5pm

(pueden haber interrupciones para celebrar bodas y funerales)

Información Adicional

Se ha retornado a un horario de misas limitado. NO se requerirán inscripciones. Es requerido que mantenga distanciamiento social y utilice una máscara para asistir a TODAS las Misas.

De ahora en adelante, PARA LAS MISAS EN LA ACADEMIA DE HOLY CROSS, para beneficio de aquellas personas de alto riesgo, continuaremos exigiendo, de manera estricta, el uso de máscaras y se recibirá la comunión sólo en la mano, por lo que si desea asistir a misa, de una manera extremadamente cautelosa, tenga en cuenta a la Academia Holy Cross.

La iglesia y la Academia Holy Cross se desinfectarán después de cada Misa dominical. Esto significa que cuando termine la Misa, salga de inmediato para que el personal de limpieza pueda desinfectar todas las superficies. Los ujieres seguirán dando instrucciones y sentando a las personas. Por favor, continúen respetándolos y cumplan con sus solicitudes. Recuerde dejar 6 pies entre las personas que entran y salen de misa. Debido a la continua necesidad de distanciamiento social, la capacidad de asientos se reducirá considerablemente. No se podrá estar de pie. Por favor, llegue temprano.

Fase dos Misas en la iglesia St. Mary's & cambios de horario

Horario de misas Iglesia St. Mary's

sábados: 5pm y 7pm

domingos: 7am, 8:30am, 10:30am, 12:30pm, 2:30pm (Misa en español), 5pm, 7pm

Academia Holy Cross

domingos: 8:30am, 10:30am

Horario de misas diarias~ Solamente en la Iglesia St. Mary's

6:30am, 9am: lunes-viernes

12 mediodía: lunes, miércoles y viernes

9am- sábado

Calendario de transmisión de St. Mary

~ Página de Facebook St. Mary Fredericksburg

Misa diaria: 9am

Rosario diario: 6:30pm

Misa dominical: 8:30am y 2:30 pm (español)

Calendario de confesiones (las confesiones continuarán ofreciéndose

sólo en el Centro de Vida Parroquial)

miércoles: de 11:30am-12 mediodía y 6:30pm-8:30pm

sábados: de 8am- 8:30am y 3:30pm- 4:30pm

Clases de Bautismo en español

Se continúan ofreciendo por un enlace de la aplicación Zoom (no por WhatsApp). Llame a la oficina parroquial para registrarse y obtener el enlace. Sólo tiene que hacer click al enlace y automáticamente participa de la clase desde su teléfono o computadora.

Talleres De Oración Y Vida Te Invita A Participar Por **Whatsapp** En El Retiro De "Transfiguración" Que Se Llevará A Cabo Del 16 Al 19 De Julio 2020.

Es Un Retiro Bellísimo Que Te Ayudará A Profundizar Tu Vida De Fe Y Oración.



TALLERES DE ORACION Y VIDA

Whatsapp, Por Lo Que Sólo Necesitas Tener Instalada Esta Aplicación En Tu Teléfono.

Si Estas Interesada, Por Favor, Envíame Un Mensaje De Texto O Llámame Al Teléfono **217-898-8982** (Marisa) ¡No Te Lo Pierdas!

Lo Realizarás En Tu Hogar, Dedicando Aproximadamente Una Hora Y Media Diaria En El Horario Que Tú Creas Más Conveniente. Todas Las Charlas Y El Material Necesario Se Te Enviarán Por

operations given in love

Weekly Offertory

Donations Received

June 25 - June 30

Sunday Offertory \$20,248

Peter's Pence Collection \$2,901

Parish Building Debt Reduction \$1,455

Mother's Day Novena \$4,753

Father's Day Novena \$5,005

Thank you for your generosity.

Choose Life Reflection

The Rosary has conquered countless enemies, and many pray it in front of abortion mills. As we acknowledge Jesus as the fruit of Mary's womb, we stand to pray for our brothers and sisters in the womb. As we honor the greatest mother, we pray for all the frightened mothers. Mary, our Mother, bring us Jesus yet again; lead us to His victory over all forms of death.

Children's Charity for July

Children's Offertory Contributions for the month of July will be donated to Families of the Wounded Fund. This fund was created in 2005 to help the families of service members who come to McGuire Veterans Affairs Medical Center in Richmond with traumatic brain injuries and spinal-cord injuries from combat in Iraq and Afghanistan. Former Army Captain William Haneke, a wounded Vietnam Veteran, and some colleagues recognized the need to assist family members who were away from home tending to their loved ones when they saw two young mothers with babies arrive from across the country with no money and barely enough gas to make the trip. The organization gives 100 percent of all tax-deductible donations to the families to help with food, lodging, transportation, child care, diapers

and long-distance calling cards during the many weeks a family is in the Richmond area, and each family currently receives \$7,500.00. For more information, visit their website at fotwf.org.

Attention All Parish Organizations

2020 to August 2021 should be submitted to Elaine in the Parish Office no later than July 31. Please make sure you submit your request to Elaine, in writing, as soon as possible, either by regular mail, or by email to estanislawski@stmaryfred.org. In setting up your schedule, please note that evening activities cannot be scheduled before 8:00pm Monday through Wednesday from September through May, due to Religious Education classes in the Parish Life Center and the John Paul II House.

Flos Carmeli

O beautiful flower of Carmel,
most fruitful vine,
splendor of heaven,
holy and singular,
who brought forth the Son of God,
still ever remaining a pure virgin,
assist us in our necessity!

O Star of the Sea, help and protect us!

Show us that you are our Mother!

(Feast of Our Lady of Mount Carmel, July 16th)

Celebrating A Silver or Golden Wedding Anniversary This Year?

Were you married in 1970 or 1995? Then join Bishop Michael F. Burbidge for the 2020 Mass for Jubilarians to be celebrated on Sunday, October 4th at 2:30pm at the Cathedral of St. Thomas More in Arlington, Va. Contact the parish office to register no later than September 18th. For more info, visit arlingtondiocese.org/MJM.

Act of Consecration for Our Country

Most Holy Trinity — Our Father in Heaven, Who chose Mary as the fairest of Your daughters; Holy Spirit, Who chose Mary as Your spouse; God the Son, Who chose Mary as Your Mother — in union with Mary, we adore Your majesty and acknowledge Your supreme eternal dominion and authority.

Most Holy Trinity, we put the United States of America into the hands of Mary Immaculate in order that she may present the country to You. Through her we wish to thank You for the great resources of this land and for the freedom which has been its heritage. Through the intercession of Mary, have mercy on the Catholic Church in America. Grant us peace. Have mercy on our President and on all the officers of our government. Grant us a fruitful economy born of justice and charity. Have mercy on capital and industry and labor. Protect the family life of the nation. Guard the innocence of our children. Grant the precious gift of many religious vocations. Through the intercession of our Mother, have mercy on the sick, the poor, the tempted, sinners -- on all who are in need.

Mary, Immaculate Virgin, Our Mother, Patroness of our land, we praise you and honor you and give ourselves to you. Protect us from every harm. Pray for us, that acting always according to your will and the Will of your Divine Son, we may live and die pleasing to God.

liturgy daily bread

Saint Mary Prayer List

Please pray for those who are sick or in need, especially: Theresa Kovalefsky, Amber Moser, Erin Krieg, Matthew Meyer, Brittany Meyer, Sara Meyer, Douglas & Dorothy Meyer, Karla Dorsey, Mary Jean & Don Williams, Linda & Frank Walter, Cathleen Mihalaki, Re Macarthur, Jordan Tackett, Nikolai & Bridget Sherba, Randy McNulty, Riley Horstick, David A., Marty T., Janet Yerkie, Brittany Yerkie, Elizabeth Stoeher, David Semeglo, Robert L Gomer, Carla J Gomer, Thomas Moeller, Lorraine Becker, Gerald Gardiner, Larry Delaney, James Keddie, Lorena Hernandez, Miguel Hernandez and Edgar Giovanni Castro, Julio Diaz, Kelly Murray, Marianne Ford, Ortiz Family, James Derouin, Karen Danis, Jim Mann, Muriel Bovat, Gina Wood, Michelle & Lawrence Hudson, Monica White & Patrick White, Betty McKee, Arturo Mendoza Sanchez, Vickie Coburn, Susana Rios-Villagrana, Jeff Shinrock, Mary Ulmer, John Michaelides, Thomas Biddulph, Fernando Guadarrama, Margaret Dougherty, Betty Gil, Adrienne Menjivar, Deanna White, David Mares, Chuck Boyer, Daniel Bustamonte, Hector Rios-Villagrana & Family, Miguel Correa & Family, Tamlyn Leaf, Gordon Leffel, Graciela Chavez, Nico Luiggi, Vickie Coburn, Ana B. Rojas, Maria Mangini, Melanie and Chris Koumentakos, Maryanne Schram, Jackie Davia Johnson, Jenna Cappello, Matt Seidlinger, Benjamin Grillo, Gavin Menteer, Jim Seidlinger, Mary Ellen Kearney, Kurt Gutzmann, Lois Michell, Frank Pollack, Leslie and Charlotte Heagney, Joseph Daley, Carolyn Shebora, Melvin Schreckinger, Stephen Inguanti, Rhonda Wolfe, Delia Flores, Bruce Berry, Glen Gress, Bobby Blankenship & family, Buddy & Vincent Yerkie & Family, Carolyn Allen, Mitchell Wood, Felicity Peletier, Leah Sanford, Jason Stoker, Makenna Anne Koetzle, Peggy Silverman, Jack Ryan, Amy Peretta, Janet Fisher, Paul Scott, Wendy Vann, Michael Vann, Michelle Thomas, Jerry Hall, Zeld Meyer, Jack Ryan, Robert Boggio, Ryan McNichol, Bianca Sanchez, Jackeline Sanchez & Family, Mary Hope Burkett, Dick Geary, Sean Duarte, Dave & Joy Zerby, David Silberman, Mrs. Joann A. Formeller, Jim Matarese & Son, Paula Hass, Leony Scott, Catherine Laski, Winifred Herrin, Brenda Leffel, Deborah Nunez, Larry Hays, Alma Keyes, Mary Carr-John, Phil Fuller, Jean Guinn, Sylvia Littlepauge, Alma Keyes, Andy Johnston, Jacoby Smith, Andrew Prybys, Richard Epp, Mary Wehman, Barbara Sisbarro, Maria Atkins. Santo Domingo Hernandez Gomez & family, Otilia Dogmoc, Linda Rager, Samantha Stumpf, Lonnie Dalton, Gail Erickson, Brenda Dudley, Debbie Beebe, Blanca Garcia, Rildo Ribellino Soto, Giles Morgan, Kim Matkovsky, Frances Conn, Christine Frescas, James Murphy, Daniel Burke, Joan Baker, Stephen O'Byrne, Marian Wilinski, Martha Clements, Bernard Cruz, Margaret Krebbel, Floyd Carver, Jr., Michael Sharkey, Jerry Werline, Patricia Johnston, Claire Matthews, Zachary Payne, Ernalina Kyle, Betty Curtis, Patrick Sherba, Sr., Dennis Farmer, Ernalina Kyle, Maria Wood, Margie Hougasian, Maria Wood, Robert Gibson, Mary Brussell, Bruce Mattern, Miles Wood, Roseanne Nash, Jeanne Burke, Prudy Tarpey, Danielle McCarty, Scott Robey, Kellan Moran, Mary Bostain, Dilma Magalhaes Da Silva, Carol Mauro, Michael Robertson, Michol Durham, Maureen Mizzles, Michael Wood, Paul Remick, James Hogan, Brenda Skinner, Lourdes Jeane De Toledo Moura, Kristen Burns, Erin McMakin, Margaret Nault, Daniel Foster and the Foster Family, Teresa Triplett, Greg Carneal, Annie Duffy, Jimmy Duncan, Deirdre McQuade, Schauobe Johnson, Paul Lysher, Doug Johnson, Anne Graf

Please pray for all the men and women in our military and civilian support services overseas, especially: Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Nelly Garcia, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthonor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Jason Cullinan, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobs, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Daniel Algert

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

AI / Nar Anon Support Available

AI Anon is for those who have been affected by someone else's drinking, and members come together to learn a better way of life and how to find happiness. Especially at this time of year, it's important to know that you are not alone and there is help. There is an AI Anon meeting every Saturday at 10am in Room 204 of St. Mary's Parish Life Center.

Nar Anon is a program that offers support to family members and friends of loved ones struggling with substance abuse. All information and discussion is non-judgemental, informative and strictly confidential. Our meetings are in **Room 100 in the Parish Life Center on Thursday from 7-8pm** and are open to the community at large. **Contact Wayne at cushingwr@gmail.com / 540-840-5230 or Wanda at wandasj823@gmail.com / 540-538-6978**

Daily Mass Intentions and Readings

July

13 MONDAY

6:30am Brandon L. Meerscheidt+
9:00am Lenard Majeski+
Is 1:10-17/Mt 10:34—11:1

14 TUESDAY

6:30am Jose Oscar Valle+
9:00am Fr. John Mosimann
Is 7:1-9/Mt 11:20-24

15 WEDNESDAY

6:30am Christina Good+
9:00am David Frasher+
Is 10:5-7, 13b-16/Mt 11:25-27

16 THURSDAY

6:30am Crystal Marie Kiefer
9:00am Isabel Ibarra+
Is 26:7-9, 12, 16-19/Mt 11:28-30

17 FRIDAY

6:30am Harold Wildman+
9:00am Bronislaw Stanislawski+
Is 38:1-6, 21-22, 7-8/Mt 12:1-8

18 SATURDAY

9:00am Perla Guacena
5:00pm David Frasher+
7:00pm William Marlow+
Mi 2:1-5/Mt 12:14-21

19 SUNDAY

7:00am Brian and Judy Hellmann
8:30am Carroll Mauzy+
10:30am Joseph Tomsco+
10:30am* Harry Yee+
12:30pm Kiery Beltran
2:30pm For Our Parish
5:00pm Tatiana Beltran
7:00pm George Billing+
Wis 12:13, 16-19/Rom 8:26-27/Mt 13:24-43

** Indicates Mass at Holy Cross Academy
Please remember that Mass intentions may be requested at the parish office for any remaining Masses of the year.
If dates are no longer available for the date you desire, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.*