

TWENTY-NINTH SUNDAY IN ORDINARY TIME

October 18, 2020



Saint Mary of the Immaculate Conception Roman Catholic Church

1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

pulpit announcements

nota bene (note well, please):

Public Masses - Phase 3

St. Mary Church

Saturday 5pm, 7pm
Sunday 7am, 8:30am, 10:30am, 12:30pm,
2:30pm in Spanish, 5pm & 7pm

Holy Cross Academy

Sunday 8:30am, 10:30am

Daily Mass Schedule

6:30am, 9am
12pm Mass on Mondays, Wednesdays, and Fridays

St. Mary Streaming Schedule - St. Mary of the Immaculate Conception Facebook Page

Daily Mass 9am Rosary 6:30pm
Sunday Mass 8:30am and 2:30pm (Spanish)

Confession Schedule (Confessions continue at the Parish Life Center ONLY)

Wednesdays 11:30am-12pm & 6:30-8:30pm
Saturdays 8-8:30am & 3:30-4:30pm

Adoration Schedule

Wednesday 12:30pm- Friday 9am

**More information regarding Phase 3
can be found on page 3**

contact us

stmaryfred.org

SUNDAY MASS	Saturday Vigil 5 & 7pm Sunday 7, 8:30, 10:30am, 12:30, 2:30pm (Spanish), 5pm, 7pm 10:30am at Holy Cross Academy
DAILY MASS	Monday - Friday: 6:30am, 9am M/W/F: 12 Noon Saturday: 9am First Friday 8pm Holy Days of Obligation, as announced
DEVOTIONS	Adoration, Daily between 6:30am & 9am Mass, Wednesday 12:30pm - Friday 9am Miraculous Medal Novena, Mon., after 9am Mass, Divine Mercy, Wed., 3pm
CONFESSION	Wednesday 11:30am-12pm, 6:30- 8:30pm; Sat., 8-8:30am & 3:30-4:30pm
PARISH OFFICE	540-373-6491, fax 371-0251 stmary@stmaryfred.org Monday - Friday, 8:30am - 4:30pm; students staff office weekdays until 9pm, Saturdays 9-5pm, Sundays 9:30-1:30pm Pastor, Fr. John Mosimann Fr. Sean Koehr Fr. Michael J.R. Kelly Fr. Michael Folmar Fr. Scott Sina, Parochial Vicar Deacon Alberto Bernaola Deacon Dick Delio Business Manager, Elaine Stanislawski Parish Secretary, Jachebel Rios Director of Music, David Uschold

HOLY CROSS ACADEMY 540-286-1600
250 Stafford Lakes Parkway
Fredericksburg, Virginia 22406-7234
Principal - Dr. Stephen Fry,
sfry@holycrossweb.com

ST. MARY PRESCHOOL 540-373-7553
Director, Sheri Castellarin

RELIGIOUS EDUCATION OFFICE 540-373-6491
Director, Aristides Lucas
Associate Director, Karen Sturtevant

YOUTH MINISTRY tbeltran@stmaryfred.org
Tatiana Beltran

YOUNG ADULTS stmaryya@gmail.com
540-847-1872

OUTREACH 540-373-6491
Elena Doyle - edoyle@stmaryfred.org

BAPTISMS Parish registration (90 days) and class
required.
Please contact the parish office to
schedule the date at least four weeks
in advance.

MARRIAGE Parish registration required; contact
parish six months in advance to begin
preparation.

JOIN US New Parishioner Welcome meetings held
in the Parish Life Center on fourth Sun
days, following the 10:30 Mass. Please
notify us of any contact changes.

Articles must be submitted two weeks prior to publication.
Send articles to bulletin@stmaryfred.org. Thanks!

from our pastor pax et bonum

Dear Folks,

Mass during Covid times: ushers / seating / and masks; a frustration and a commendation!

Frustration: folks often insist in sitting in a particular seat, and ignore instructions of ushers.

Scenario: usher asks you to sit in a pew that is not your preferred pew, and you 'politely decline.' Or the usher seats you in one pew, and as soon as the usher goes back to the door you move to wherever you want. This has led to multiple instances of our being unable to seat larger families and they have to go to the PLC or watch the Mass on Facebook in their car.

I understand the desire to be seated in the same pew and the psychology of prayer, that routine helps. But this is not the time for that. I am not exaggerating to say that families have been unable to get into Mass and receive Holy Communion because people had to sit in a specific pew. It is an injustice and sin against charity to insist that 'my preference for a particular seat is more important than another families' ability to get into the church and participate more fully in the celebration of Mass.' During Mass, from the priests chair, I have often seen families turned away at the door when there would be space if folks were more cooperative.

If you react to the manner in which the usher is asking, ok.... forgive other's trespasses (the 'rude' tone) as yours ('ignoring' the ushers instructions) are forgiven.

There are pews and single chairs spaced around the church so that we can get the maximum number of families and people into the church. It is not a perfect system, and ushers are doing their best. When a single person or couple sit in a 'less desirable' spot, they are likely allowing more people to come to Mass and

receive Holy Communion.

And yes, families, could you come to Mass together as much as possible? I have seen members of a single family coming to three or more separate Masses. What would have taken up one end of a pew at a single Mass is now taking up the same at three Masses. I understand that it is not always possible, but we can help to enable more folks to receive Holy Communion.

Commendation: just today, I had a conversation with an elderly parishioner who is still afraid to come back to Mass but is starving for Holy Communion. Because of your cooperation in wearing masks, I was able to tell her that she will be able to have a seat and folks around her will have masks on. She was visibly moved and so excited at the prospect of coming back to receive Holy Communion!

And yes, that conversation has been happening frequently recently!

Have a blessed day!

Pax et bonum,

Fr Mosimann



Enjoying the Blessing of the Animals

Micah Community Dinners Seeking New Coordinators

St. Mary parish in conjunction with the downtown churches of Fredericksburg has been providing dinners for our homeless brothers and sisters every evening for over a decade. St. Mary's serves dinner every 1st and 5th Monday of the month and prior to COVID, we were cooking in teams and serving at St. George's Episcopal Church because they have a facility available and their proximity to the downtown area is more convenient for our guests. Since COVID the program has changed. Our coordinators who have been organizing our teams and serving so generously for many years, are "retiring" from their leadership roles. We are in need of one or two parishioners to step up and coordinate this important ministry. We also need more folks to join in as "worker bees". If you feel called to help the poor and lonely in this special way, please email Elena Doyle at edoyle@stmaryfred.org or call the office at 540-373-6491.

from the bishop

A Different Kind of Political Engagement

Election Day is November 3. In *Forming Consciences for Faithful Citizenship* (faithfulcitizenship.org), we and our brother U.S. bishops noted, “Unfortunately, politics in our country often can be a contest of powerful interests, partisan attacks, sound bites, and media hype. The Church calls for a different kind of political engagement: one shaped by the moral convictions of well-formed consciences and focused on the dignity of every human being, the pursuit of the common good, and the protection of the weak and the vulnerable. ... We are called to bring together our principles and our political choices, our values and our votes, to help build a civilization of truth and love” (no. 14).

To grow in holiness, a question each one of us must answer is: How will I respond to this call for a different kind of engagement? This question is key as we approach Election Day, as well as every day before and after it, as faithful citizens.

In a pre-election letter on voting decisions we issued last year, we offered three main points:

- **Many issues are important.**
- **Not all issues have equal moral weight.**
- **Protecting life is paramount.**

As bishops responsible for the pastoral care of the faithful in our two dioceses, we re-offer these points here for your continued prayerful consideration, as an essential framework not only for the critical voting decisions that must be made each year but also for the vital prayer and advocacy that must be done on a constant basis.

Whenever human dignity is at stake for any of our brothers and sisters in the human family, we must be attentive and engaged. “[R]espect for the dignity of every person ... is the core of Catholic moral and social teaching” (*Faithful Citizenship*, no. 10).

Our moral obligation to oppose intrinsically evil acts – which are “always incompatible with love of God and neighbor” (*Faithful Citizenship*, no. 22) – “has a special claim on our consciences and our actions” (no. 37). Of these, abortion is the “preeminent priority because it directly attacks life itself, because it takes place within the sanctuary of the family, and because of the number of lives destroyed” (*Faithful Citizenship*, Introductory Letter). Since the 1973 *Roe v. Wade* decision, there have been more than 61 million abortions in our country. Other issues of grave moral importance “undercut the dignity of the human person” (nos. 22, 23). Our priority must be to protect life to the fullest extent possible.

For more on the principles involved in voting with a well-formed conscience, we encourage you to read paragraphs 34-37 of *Forming Consciences for Faithful Citizenship*

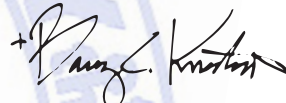
(faithfulcitizenship.org). For a side-by-side comparison of what the two major-party Presidential candidates have said or done on a wide range of issues of importance to Catholics, visit vacatholic.org. The side-by-side comparison was compiled jointly by a number of state Catholic conferences, including the Virginia Catholic Conference.

On November 3, please vote. Every day, please seek and live out the “different kind of political engagement” that will provide a clear example to others of the civility and consistent concern for the common good we are all called to embrace.

Faithfully Yours In Christ,



Most Reverend Michael F. Burbidge
Bishop of Arlington



Most Reverend Barry C. Knestout
Bishop of Richmond

vcc voter resources

PRESIDENTIAL CANDIDATE COMPARISON // NOV 3, 2020

In keeping with its mission, the Virginia Catholic Conference aims to educate and inform Catholics about a wide range of issues. The information compiled here has been gathered from policies, public statements, official and campaign websites, and other resources, as of September 1, 2020, to help voters form their consciences before voting in November. The issues that appear here do not represent a complete list of issues that may be of importance to Catholics. The VCC neither supports nor opposes any candidate for public office.

"The right to life implies and is linked to other human rights - to the basic goods that every human person needs to live and thrive. All the life issues are connected, for erosion of respect for the life of any individual or group in society necessarily diminishes respect for all life. The moral imperative to respond to the needs of our neighbors - basic needs such as food, shelter, health care, education, and meaningful work - is universally binding on our consciences and may be legitimately fulfilled by a variety of means. Catholics must seek the best ways to respond to these needs.... Above all, the common outcry, which is justly made on behalf of human rights - for example, the right to health, to home, to work, to family, to culture - is false and illusory if the right to life, the most basic and fundamental right and the condition for all other personal rights, is not defended with maximum determination." (*Forming Consciences for Faithful Citizenship*, Nos. 25, 26, United States Conference of Catholic Bishops, 2019)

President DONALD TRUMP



Former Vice-President JOE BIDEN



ABORTION

In 2016, Trump said that the overturning of *Roe v. Wade* "will happen automatically...because I am putting pro-life justices on the [U.S. Supreme] Court."

In 2017, Trump signed into law a resolution to allow states to restrict Title X funding for Planned Parenthood and other abortion providers.

According to his website, "As president, Biden will work to codify *Roe v. Wade*, and his Justice Department will do everything in its power to stop the rash of state laws that so blatantly violate the constitutional right to an abortion..."

"As president, Biden will...reverse the Trump Administration's rule preventing Planned Parenthood and certain other family planning programs from obtaining Title X funds."

DEATH PENALTY

In 2020, the Trump Administration presided over five executions (three in July and two in August), the first to be carried out by the federal government in 17 years. Two additional executions are scheduled in September 2020.

According to his website, "Biden will work to pass legislation to eliminate the death penalty at the federal level, and incentivize states to follow the federal government's example. These individuals should instead serve life sentences without probation or parole."

EDUCATIONAL CHOICE

In February 2020, Trump said, "Yet, for too long, countless American children have been trapped in failing government schools. To rescue these students, 18 states have created school choice in the form of Opportunity Scholarships... no parent should be forced to send their child to a failing government school."

In January 2020, Biden tweeted, "When we divert public funds to private schools, we undermine the entire public education system. We've got to prioritize investing in our public schools, so every kid in America gets a fair shot. That's why I oppose vouchers."

ENVIRONMENT

Trump has begun the process of withdrawing the U.S. from the Paris Agreement on climate change, an international agreement to reduce global green-house gas emissions.

According to his website, a Biden administration will re-enter the Paris Agreement on day one.

ETHICS IN RESEARCH

In 2019, the Trump Administration announced its decision to discontinue research conducted within the National Institutes of Health "involving the use of human fetal tissue from elective abortion".

While serving in the U.S. Senate: In 2007, Biden voted in favor of the Stem Cell Research Enhancement Act of 2007 (S.5), which provides for human embryonic stem cell research. In 1998, Biden voted against the Human Cloning Prohibition Act (S.1601).

GENDER ISSUES

In 2019, the White House confirmed Trump's opposition to the Equality Act, which would add the new terms "sexual orientation" and "gender identity" to the definition of "sex" in federal civil rights laws, and would exempt itself from the Religious Freedom Restoration Act of 1993: "The Trump Administration absolutely opposes discrimination of any kind and supports the equal treatment of all. However, this bill in its current form is filled with poison pills that threaten to undermine parental and conscience rights."

According to his website, Biden believes the Equality Act is the "best vehicle for ensuring equal rights under the law for LGBTQ+ Americans, and will guarantee that LGBTQ+ individuals are protected under existing civil rights laws." Biden lists enacting the Equality Act as a top legislative priority.



vcc voter resources

PRESIDENTIAL CANDIDATE COMPARISON

DONALD TRUMP	JOE BIDEN
HEALTH CARE ACCESS	
<p>According to his website, Trump “revealed the Obamacare individual mandate, expanded plan choices and increased competition to bring down costs for consumers.” In June 2020, the Trump administration argued in a legal brief that the entire Affordable Care Act (ACA) should be invalidated. Signed into law in 2010, ACA expanded access to health care coverage for the uninsured.</p> <p>According to a White House fact sheet, Trump “is using all available means to ensure safe vaccines, therapeutics, and diagnostics are developed, manufactured, and distributed in unprecedented time and scale in response to COVID-19.”</p>	<p>According to his website, Biden will protect the Affordable Care Act and build on it by “giving Americans a new choice, a public health insurance option like Medicare; increasing the value of tax credits to lower premiums and extend coverage to more working Americans; [and] expanding coverage to low-income Americans.”</p> <p>According to his website, Biden’s COVID-19 plan “ensures the wide availability of free testing; the elimination of all cost barriers to preventive care and treatment for COVID-19; the development of a vaccine; and the full deployment and operation of necessary supplies, personnel, and facilities.”</p>
IMMIGRATION/REFUGEES	
<p>According to his website, “Upon entering office, President Trump called on Congress to fully fund a wall along the Southern border, to close legal loopholes that enable illegal immigration, to end chain migration, and to eliminate the visa lottery program.”</p> <p>In July 2020, the Trump Administration announced it would reject applications for the Deferred Action for Childhood Arrivals (DACA) program stating, “...the fact remains that Congress should act on this matter.”</p> <p>The Trump Administration proposes resettling 18,000 refugees under a new refugee ceiling. The number admitted in 2016 was nearly 85,000.</p>	<p>According to Biden’s website, “As president, Joe will prioritize a comprehensive immigration reform to finally give 11 million undocumented immigrants a roadmap to citizenship.”</p> <p>In June 2020, Biden stated, “As President, I will immediately work to make [DACA] permanent by sending a bill to Congress on day one of my Administration.”</p> <p>Biden will set the annual global refugee admissions cap to 125,000.</p>
POVERTY	
<p>In 2019, the Trump Administration opposed a House-passed bill that would raise the federal minimum wage to \$15, stating, “efforts to reduce taxes, eliminate regulations, and implement fairer trade deals are driving economic growth and increasing workers’ take-home pay far more effectively and efficiently than legislation like H.R. 582.” The current federal minimum wage is \$7.25 per hour; a number of states and localities have adopted higher rates.</p>	<p>According to Biden’s website, “He firmly believes all Americans are owed a raise, and it’s well past time we increase the federal minimum wage to \$15 across the country. This increase would include workers who aren’t currently earning the minimum wage, like the farmworkers who grow our food and domestic workers who care for our aging and sick and for those with disabilities.”</p>
RACIAL EQUITY	
<p>In June 2020, Trump announced four steps to address racial inequity and police reform: 1) aggressively pursuing economic development in minority communities; 2) confronting healthcare disparities, including addressing chronic conditions and investing in minority-serving medical institutions; 3) an executive order that will encourage police departments nationwide to meet the most current professional standards for the use of force, including tactics for de-escalation; and 4) renewing a call on Congress to enact school choice.</p>	<p>In a June 2020 op-ed, Biden said, “We should also be directing our resources to actively undo the negative effect systemic racism has had on opportunities for black Americans,” citing inequities for African-American entrepreneurs, the gap in home ownership and discriminatory lending practices. Biden also said, “...I’m proposing an additional \$300 million to reinvigorate community policing in our country. Every single police department should have the money it needs to institute real reforms...”</p>
RELIGIOUS FREEDOM	
<p>In 2017, Trump signed an executive order, which states, “Federal law protects the freedom of Americans and their organizations to exercise religion and participate fully in civic life without undue interference by the Federal Government. The executive branch will honor and enforce those protections.”</p> <p>In response to a July 2020 U.S. Supreme Court ruling preserving the religious liberty of the Little Sisters of the Poor, a White House statement said, “As the Supreme Court has previously stated, protecting the ability of people to worship and live according to the dictates of their conscience is part of ‘the best of our traditions.’”</p>	<p>According to Biden’s website, “The Trump-Pence Administration has deliberately and systematically attempted to gut protections for the LGBTQ+ community by carving out broad religious exemptions to existing nondiscrimination laws and policies across federal agencies. Biden will reverse Trump’s policies misusing these broad exemptions...”</p> <p>Regarding the July 2020 ruling, Biden said the decision, “will make it easier for the Trump-Pence Administration to continue to strip health care from women--attempting to carve out broad exemptions to the Affordable Care Act’s commitment to giving all women free access to recommended contraception.”</p>



holy cross academy

Holy Cross Academy Ready for Next Phase of Reopening

On November 2, Holy Cross Academy will adjust our education model to better meet the needs of our students. The current hybrid model allowed us to have a safe, successful start to the school year. Our students have been able to learn and adapt to the many new policies and procedures that are in place to ensure their safety. We have been able to establish routines for our in person and online learners alike and are well-prepared to welcome our students back full time.

This change in approach allows the opportunity for additional direct instruction, which is necessary to meet our high curriculum standards. Expanding on our current model ensures we are fulfilling our high expectation for teaching, learning, and faith formation at HCA. We have also had a chance to more thoroughly assess how the virus is impacting our area and local schools that have opened with all students on campus. The positivity rate of the virus in our area has decreased to near 5% which is well below the 10% threshold established as high risk by our health department.

It takes a village to educate a child. In the age of COVID, it takes a small army! We would like to thank our school community for the way it has rallied together to offer our students a safe, successful opening to the school year. We look forward to even more positive experiences with our students as we expand our in person instruction.

To assist teachers in adjusting to our new configuration, Holy Cross Academy will not be accepting new students during the month of November. New families can be admitted after the first trimester concludes after Thanksgiving.

Holy Cross Preschool

September was such a busy and fun month in preschool. Apples were a big part of our month as students played apple orchard, explored their five senses with taste tests, cooked up some yummy apple treats, made cool art projects, and even did some science experiments. They even graphed their friends' favorite apples and weighed them with a balance scale. We also learned about how God made everything and were so blessed that Fr. Koehr visited to teach lessons on the Cross and Guardian Angels. Our three year old classes have also been focusing on how special their names are, how awesome it is that God made everything, how to be a good classmate, and they are

really working hard to master our daily prayers and the Sign of the Cross. Our four year olds have been learning about creation, Adam and Eve, and the first five letters of the alphabet. Of course, it hasn't really been work because they played through it all!

The weather has also been exceptionally wonderful these last few weeks and the students are loving being able to be outside. Fr. Koehr even joined us for a few games of soccer in the yard and climbing on the playground! Although this year looks a little bit different, HCA Preschool at St. Mary is still the best place in the Burg for a little one to play, learn, and grow!



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Excellence*



our parish religious education

Lectio Divina On Facebook with Deacon Alberto in English and Spanish

On Tuesday, October 20 at 7pm in English and 7:30pm in Spanish, Deacon will have his first Lection Divina session. The past two sessions were to help us better appreciate Lectio Divina.

This is an excellent exercise to prepare us for Sunday Mass, especially the readings, so the Word of God and the Body and Blood of Christ can have a greater effect on our lives and community.

On Tuesday night go to the parish website at stmaryfred.org and click to the "Live Stream of Masses and Devotions!" tab.



Religious Education Videos Links Now On Parish Website

The videos will be for the "Week of October 19": "Christ Our Life" Chapter 5, "Year 2 First Communion (Grades 4-6)" Reconciliation Session 5, and "Year 2 First Communion (Grades 7-12)" Chapter 5. Going forward Religious Education videos will be on the parish website, stmaryfred.org.

Everything else will remain the same. The students should continue to do the Interactive Chapter Review and email it to us so we can record it as attendance. Unit Reviews will be noted on the child's attendance sheet.

loyolapress.com/faith-formation/christ-our-life/christ-our-life-2016/parents-and-students/
Email the Chapter Reviews and Unit Reviews to religioused@stmaryfred.org

Daily Mass and Devotionals on Facebook

Religious Education families are asked to regularly participate in the live streaming of Daily Mass and devotionals on Facebook at facebook.com/pg/stmaryfred/videos/

Daily Mass: 9am Every Day

Sunday Mass: 8:30am in English, 2:30pm in Spanish

Rosary: 6:30pm Every Day

This activity is beneficial for all students but particularly essential for students preparing for sacraments of Holy Eucharist and Confirmation.

FORMED®

PICK OF THE WEEK

October 18, 2020

WATCH

POPE JOHN PAUL II

This epic film follows Karol Wojtyla's journey from his youth in Poland through his late days on the Chair of St. Peter. It explores his life behind the scenes: how he touched millions of people, changed the face of the Church and the world, and how he defended the dignity of mankind.



vida parroquial

noticias en español



¿A PERDIDO SU TRABAJO? ¿NECESITA ASISTENCIA?

LA ALACENA DE EMERGENCIA DE ST. MARY ESTÁ ABIERTA DE LUNES -VIERNES 9-4PM

Tenemos miembros de nuestra parroquia disponibles para ayudarles

**PARA MÁS INFORMACIÓN
CONTACTE A ELENA DOYLE A
EDOYLE@STMARYFRED.ORG
HABLA ESPAÑOL**

Fase dos Misas en la iglesia St. Mary's & cambios de horario

Horario de misas Iglesia St. Mary's

sábados: 5pm y 7pm
domingos: 7am, 8:30am, 10:30am, 12:30pm, 2:30pm (Misa en español), 5pm y 7pm

Academia Holy Cross

domingos: 8:30am, 10:30am

Horario de misas diarias~ Solamente en la Iglesia St. Mary's

6:30am, 9am: lunes-viernes
12 mediodía: lunes, miércoles y viernes
9am- sábado

Calendario de transmisión de St. Mary

~ Página de Facebook St. Mary Fredericksburg
Misa diaria: 9am
Rosario diario: 6:30 pm
Misa dominical: 8:30am y 2:30 pm (español)

Calendario de confesiones (las confesiones continuarán ofreciéndose sólo en el Centro de Vida Parroquial)

miércoles: de 11:30am-12 mediodía y 6:30pm-8:30pm
sábados: de 8am- 8:30am y 3:30pm- 4:30pm

Clases de Bautismo en español

Cuándo - primer sábado del mes

Dónde - vía Zoom (no por WhatsApp)

Hora - 12:00-1:30pm

Llame a la oficina parroquial para registrarse y obtener el enlace. Sólo tiene que hacer click al enlace y automáticamente participa de la clase desde su teléfono o computadora.

Clases de Lectio Divina con el Diácono Alberto

Los martes a las 7:30 pm, el Diácono Alberto ofrecerá sus clases de Lectio Divina en español en la plataforma Zoom.

Por favor, llame a la oficina parroquial para más información y para registrarse.

Faith Direct

Gracias por ser parte de nuestra St. Mary of the Immaculate Conception familia. A medida que se prepara para el fin de verano y el comienzo de una ocupada temporada de otoño, por favor considere inscribirse en dar electrónicamente a través de Faith Direct para que sus donaciones puedan llegar a nosotros incluso cuando usted no pueda. Visite faithdirect.net y utilice el código de la iglesia: VA635. ¡Gracias por su continuo apoyo a nuestra familia parroquial!

El Grupo de Oración Carismático Parroquial, "Confiados en Jesús y María" les invita a su streaming live por Facebook en su página @confiadosenjesus, todos los viernes, comenzando el 31 de julio.

Itinerario:

7pm Santo Rosario
7:30pm Animación
7:40pm Oración y Alabanza
8pm Tema de formación

parish life happenings

Faith Direct

Thank you for being a part of our St. Mary of the Immaculate Conception family. As you prepare for the end of summer and the start of a busy fall, consider enrolling in eGiving through Faith Direct so that your gift can reach us even when you cannot. Visit faithdirect.net and use our church code: VA635. Thank you for your continued support of our parish family!

St. Mary Emergency Food Pantry

We are open and distributing food Monday-Friday 9am-4pm. All are welcome! Come to the parish office and ring the bell. We are happy to help you!

Prayers and Squares Ministry

We are pleased to announce we will again be accepting quilt requests for those parishioners with serious illnesses. Due to health concerns quilts will not be available at the church. The Legion of Mary will be saying the prayers and a member of the Ministry will be tying the knots. The fully tied quilt representing the prayers will be cleaned and sealed in a plastic bag before taking it to the office for pick-up.

Request forms are available at the parish office or requested from Diane Epp at dianepp2@msn.com.

Respect Life Sunday

Each October the Church in the United States celebrates Respect Life Month, and the first Sunday of October is observed as Respect Life Sunday. As Catholics, we are called to cherish, defend, and protect those who are most vulnerable, from the beginning of life to its end, and at every point in between. During the month of October, the Church asks us to reflect more deeply on the dignity of every human life and pray for an end to the abortion holocaust that claims over one million American lives annually and has claimed over sixty-one million lives worldwide through surgical abortion.

The U.S. Conference of Catholic Bishops provides many resources to help parishes, schools, families, ministries, and individual Catholics share the Gospel of Life during Respect Life Month and throughout the year. Although St. Mary will not participate in the Annual Life Chain this year, for the safety and well-being of everyone during the current pandemic, we encourage you to visit respectlife.org for many resources, prayers and devotion to help us join as a parish family in praying for an end to the holocaust of abortion and for the election of officials on all levels who will continue to defend life.

HELP US ENRICH OUR COMMUNITY

RUN/WALK TO SUPPORT OUR COMMUNITY



100% of all donations will be used to support two local organizations. This year, our virtual event will be benefiting Saint Mary of the Immaculate Conception Parish and the Paul Stefan Home Foundation.

**Registration Open
September 17 -
October 17**

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CONTACT US TODAY!**

KNIGHTS
OF COLUMBUS
Council 4034



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USHERS NEEDED

Ushers needed at all masses. If you feel comfortable performing the tasks of guiding our parishioners to their seats upon arrival and assisting with the Holy Communion reception lines, we sure could use your help! Please sign-up at

SIGNUPGENIUS.COM/GO/70A0B48A9AF29AAAF58-USHERS

our parish youth ministry

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JOIN US ON
WEDNESDAYS

John Paul II House
6:30pm-8pm



High School Youth Group

JOIN US SUNDAYS

Dinner - 6pm

Youth Group - 7pm-8:30pm

Holy Cross Academy : 250 Stafford Lakes Pkwy

*Must fill out waiver in order to attend.

Available online at stmaryfred.org



**We Need
YOUR Help!**

CYM DINNERS

Sunday Youth Dinners

Please reach out if you can help!

tbeltran@stmaryfred.org



SCHOOL YOUTH GROUP

6TH - 8TH
GRADERS

1ST & 3RD FRIDAY

- OCT. 2ND & 16TH
- NOV. 6TH
- DEC. 4TH & 18TH
- JAN. 15TH



PARISH LIFE CENTER
6:30PM-8PM

operations given in love

Weekly Offertory

Donations Received

September 29 - October 6

Sunday Offertory	\$27,609
Bishops' Emergency Disaster Fund	\$3,195
Porto Charities	\$1,300
Religious Education Collection	\$220
Building Fund/Debt Reduction	\$620
St. Vincent de Paul Poor Box	\$1,072

Thank you for your generosity.

Masses were offered in August for the following unscheduled intentions:

The Poor Souls in Purgatory (5), Carol Fleming & Family, Jennifer Sullivan, +Sister Joan Durkan, Janie Sherry, Father Mosimann, +Mary Popovich (2), Bernarda Gonzalez, The Than Family, The Patrel Family, +Consuelo & Manuel Rios, Father Kelly, Father Koehr, +Nancy Vendetti, +Hugh Fleming, and +Wendy Hendrick.

Children's Charity for October

The children's charity that will benefit from Children's Offertory Envelopes in October is Safe Harbor Child Advocacy Center in Spotsylvania. This organization strives to strengthen the coordinated community response to situations of child maltreatment, including sexual abuse, severe physical abuse, severe neglect and fatalities, by integrating the existing resources of law enforcement, child protection, prosecution, medical and therapeutic agencies so that perpetrators are held accountable for their actions and children are not further traumatized by the investigative process. Children's Offertory Envelopes are available through Religious Education. All proceeds from these envelopes go to a different children's charity each month.

Pro-Life Reflection

"When God created each of us, He did so with precision and purpose, and He looks on each of us with love that cannot be outdone in intensity or tenderness." (USCCB Secretariat of Pro-Life Activities) We pray for couples who are experiencing difficulty in conceiving a child that the Holy Spirit may fill them with trust in God's loving plan.

October - The Month of the Holy Rosary

By Apostolic Brief at the Eucharistic Congress of Bologna, in September 1927, a Plenary Indulgence is granted to all the faithful who recite the Holy Rosary in the presence of the Blessed Sacrament, either exposed for veneration or reserved in the Tabernacle.

All Souls Novena

The Holy Sacrifice of the Mass is the best way to remember your deceased loved ones. Our All Souls Novena will begin on Saturday, November 2, All Souls Day. An intention envelope is included with your bimonthly envelope packet; additional envelopes are available in the vestibule of the Church. **There is no collection on All Souls Day. Envelopes should be turned in early and will be placed near the altar during the Novena.**

SCRIP Sales are Resuming

SCRIP sales are resuming starting 17/18 October. We will be outside the main entrance to St. Mary. We will be selling after the following masses, Sat 5pm, Sun 7am, 8:30am, 10:30am, 12:30am and 5pm. With the holidays fast approaching, buy your SCRIP cards now for all you holiday shopping needs. Load up on many different SCRIP cards for your Black Friday shopping too. We have Target, Wal-Mart, Kohl's, Home Depot, Lowe's, and Belk in stock at the SCRIP table now. You can also purchase many great retailers online with SCRIPNow! With SCRIPNow! there is no waiting. You can order your Scrip in minutes online and have the gift card code emailed to you. You can then use the code online or print it out and take it to the store. Go to shopwithscrip.com to check out our full list of retailers.

Email the Scrip Coordinator at scripcoordinator@holycrossweb.com if you would like to place an order or have any questions about SCRIP.

Adoration of the Blessed Sacrament

Wednesday 12:30pm to Friday 9am

"It is not to remain in a golden ciborium that He comes down each day from Heaven, but to find another Heaven, the Heaven of our soul in which He takes delight." – St. Thérèse of Lisieux, Feast Day October 1.

Come and adore Our Lord in the most beautiful Blessed Sacrament of the Altar and honor His Holy Mother by saying the Rosary in His Divine Presence. October is the Month of the Holy Rosary and October 7 is the Feast of Our Lady of the Rosary. We have continuous Exposition of the Blessed Sacrament every Wednesday after the 12 Noon Mass until Friday morning before the 9am Mass. We also have Exposition of the Blessed Sacrament 7am to 9am Monday, Tuesday and Wednesday.

liturgy daily bread

Saint Mary Prayer List

Please pray for those who are sick or in need, especially: Julio Diaz, Kelly Murray, Marianne Ford, Ortiz Family, James Derouin, Karen Danis, Jim Mann, Muriel Bovat, Gina Wood, Michelle & Lawrence Hudson, Monica White & Patrick White, Betty McKee, Arturo Mendoza Sanchez, Vickie Coburn, Susana Rios-Villagrana, Jeff Shinrock, Mary Ulmer, John Michaelides, Thomas Biddulph, Fernando Guadarrama, Margaret Dougherty, Betty Gil, Adrienne Menjivar, Deanna White, David Mares, Chuck Boyer, Daniel Bustamonte, Hector Rios-Villagrana & Family, Miguel Correa & Family, Tamlyn Leaf, Gordon Leffel, Graciela Chavez, Nico Luiggi, Vickie Coburn, Ana B. Rojas, Maria Mangini, Melanie and Chris Koumentakos, Maryanne Schram, Jackie Davia Johnson, Jenna Cappello, Matt Seidlinger, Benjamin Grillo, Gavin Menteer, Jim Seidlinger, Mary Ellen Kearney, Kurt Gutzmann, Lois Michell, Frank Pollack, Leslie and Charlotte Heagney, Joseph Daley, Carolyn Shebora, Jordan Tackett, Melvin Schreckinger, Stephen Inguanti, Rhonda Wolfe, Delia Flores, Bruce Berry, Glen Gress, Bobby Blankenship & family, Buddy & Vincent Yerkie & Family, Carolyn Allen, Mitchell Wood, Isaac, Nikolai & Bridget Sherba, Felicity Peletier, Leah Sanford, Jason Stoker, Makenna Anne Koetzle, Peggy Silverman, Jack Ryan, Amy Peretta, Janet Fisher, Paul Scott, Wendy Vann, Michael Vann, Michelle Thomas, Jerry Hall, Zeld Meyer, Jack Ryan, Robert Boggio, Ryan McNichol, Bianca Sanchez, Jackeline Sanchez & Family, Mary Hope Burkett, Dick Geary, Sean Duarte, Dave & Joy Zerby, David Silberman, Mrs. Joann A. Formeller, Jim Matarese & Son, Paula Hass, Leony Scott, Catherine Laski, Winifred Herrin, Brenda Leffel, Deborah Nunez, Larry Hays, Alma Keyes, Mary Carr-John, Phil Fuller, Jean Guinn, Sylvia Littlepaige, Alma Keyes, Andy Johnston, Jacoby Smith, Andrew Prybys, Richard Epp, Mary Wehman, Barbara Sisbarro, Maria Atkins. Santo Domingo Hernandez Gomez & family, Otilia Dogmoc, Linda Rager, Samantha Stumpf, Lonnie Dalton, Gail Erickson, Brenda Dudley, Debbie Beebe, Blanca Garcia, Rildo Ribellino Soto, Giles Morgan, Kim Matkovsky, Frances Conn, Christine Frescas, James Murphy, Daniel Burke, Joan Baker, Stephen O'Byrne, Marian Wilinski, Martha Clements, Bernard Cruz, Margaret Krebbel, Floyd Carver, Jr., Michael Sharkey, Jerry Werline, Patricia Johnston, Claire Matthews, Zachary Payne, Ernalina Kyle, Betty Curtis, Patrick Sherba, Sr., Dennis Farmer, Ernalina Kyle, Maria Wood, Margie Hougasian, Maria Wood, Robert Gibson, Mary Brussell, Bruce Mattern, Miles Wood, Roseanne Nash, Jeanne Burke, Prudy Tarpey, Danielle McCarty, Scott Robey, Kellan Moran, Mary Bostain, Dilma Magalhaes Da Silva, Carol Mauro, Michael Robertson, Michol Durham, Maureen Mizzles, Michael Wood, Paul Remick, James Hogan, Brenda Skinner, Lourdes Jeane De Toledo Moura, Kristen Burns, Erin McMakin, Margaret Nault, Daniel Foster and the Foster Family, Teresa Triplett, Greg Carneal, Annie Duffy, Jimmy Duncan, Deirdre McQuade, Schauobe Johnson, Paul Lysher, Doug Johnson, Anne Graf, Deirdre McQuade, Linda Wolf, Sharon Bender, Greg Marfori, Patrick Sevbro, Rhett Loveless, Emma Bang, Rhoda Stackhouse, Karen Short, Amber Short, Adam Rousson, Marybeth Moss, Mary Jean Williams, Linda & Frank Walter, Kay Simmons, Randy Gardiner, Heather Issues, Kristy Fairbanks, Glen Sharlun, Rhoda Stackhouse, Robert Derouin, Thomas Moeller, Julianne Kelsey, Cesar Smith, Leo Conwell, Cloyd Anthony Arce, Matt and Brittnay Meyer, Pam Shapiro, Doug and Dede Meyer, Sara Meyer, Matt Busby, Zeld Meyer, Royal Schmidt Jr., Kelly Keiser, William J. Chavez

Please pray for all the men and women in our military and civilian support services overseas, especially: Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Nelly Garcia, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Jason Cullinan, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobs, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Daniel Algert, Jason King

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

AI / Nar Anon Support Available

AI Anon is for those who have been affected by someone else's drinking, and members come together to learn a better way of life and how to find happiness. Especially at this time of year, it's important to know that you are not alone and there is help. There is an AI Anon meeting every Saturday at 10am in Room 204 of St. Mary's Parish Life Center.

Nar Anon is a program that offers support to family members and friends of loved ones struggling with substance abuse. All information and discussion is non-judgemental, informative and strictly confidential. Our meetings are in **Room 100 in the Parish Life Center on Thursday from 7-8pm** and are open to the community at large. **Contact Wayne at cushingwr@gmail.com / 540-840-5230 or Wanda at wandasj823@gmail.com / 540-538-6978**

Daily Mass Intentions and Readings

October

19 MONDAY

6:30am Ronald R. McGowan+
9:00am Jason Mooney+
Eph 2:1-10/Lk 12:13-21

20 TUESDAY

6:30am Jose Luis Miranda Nuquest+
9:00am Ruth Stellino+
Eph 2:12-22/Lk 12:35-38

21 WEDNESDAY

6:30am Thelma Odilia Rivera+
9:00am David Frasher+
Eph 3:2-12/Lk 12:39-48

22 THURSDAY

6:30am Ethan Sturtevant
9:00am Charles White+
Eph 3:14-21/Lk 12:49-53

23 FRIDAY

6:30am Jose Oscar Valles+
8:15am* Nancy Cook+
9:00am James and Patrick Stack+
Eph 4:1-6/Lk 12:54-59

24 SATURDAY

9:00am Maryanne Holzworth
5:00pm Jenson N. Strader
7:00pm Ann Conti+
Eph 4:7-16/Lk 13:1-9

25 SUNDAY

7:00am Mark Niederkofler+
8:30am Vicki Thorpe
10:30am For Our Parish
10:30am* Providence Moeller+
12:30pm Our Military Living & Deceased
2:30pm Consuelo and Manuel Rios Villagrana+
5:00pm Rose Destefano+
7:00pm Lydia Mae Infield+
Ex 22:20-26/1 Thes 1:5c-10/Mt 22:34-40

** Indicates Mass at Holy Cross Academy
Please remember that Mass intentions may be requested at the parish office for any remaining Masses of the year. If dates are no longer available for the date you desire, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.*