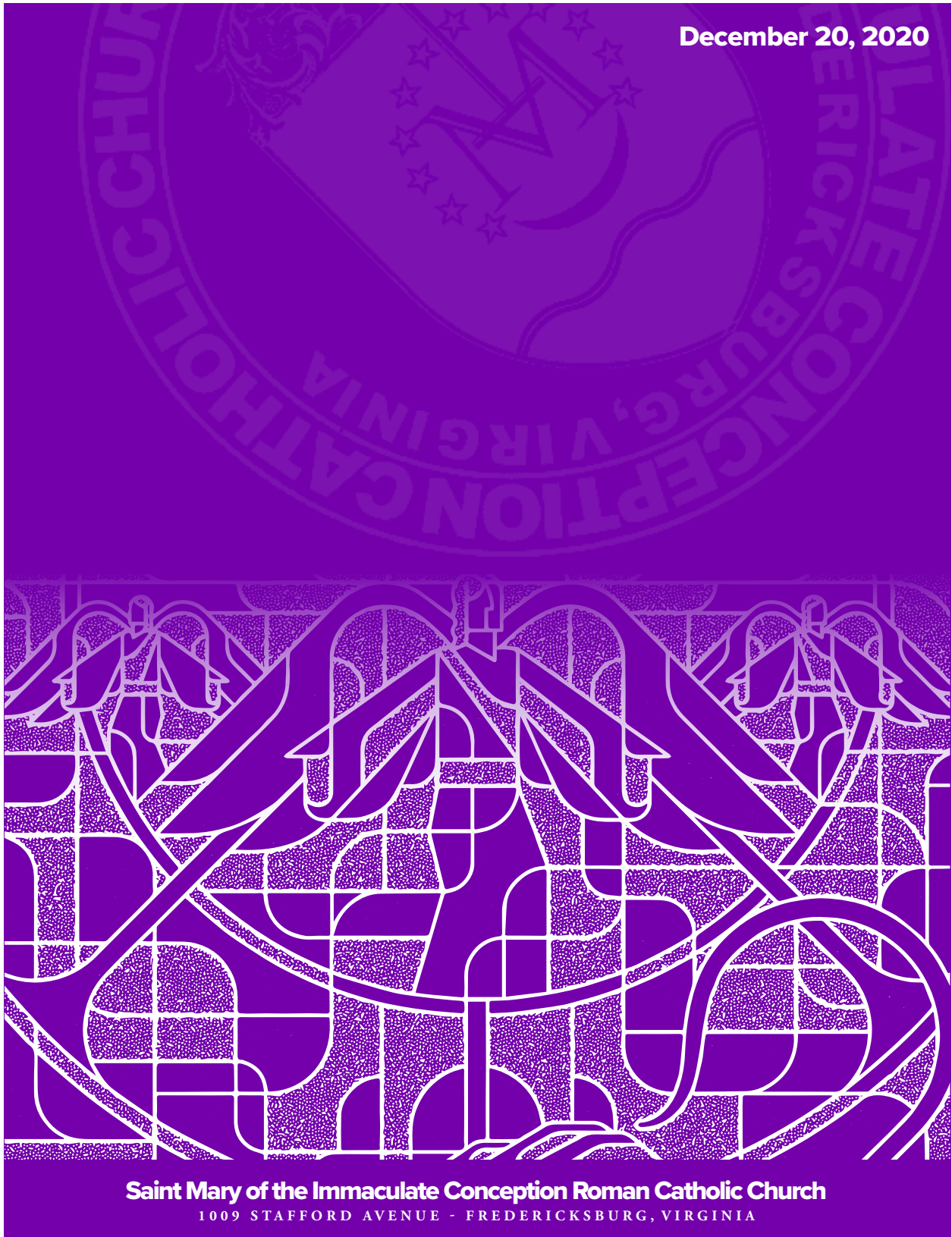


# FOURTH SUNDAY OF ADVENT

December 20, 2020



**Saint Mary of the Immaculate Conception Roman Catholic Church**  
1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

# pulpit announcements

## nota bene (note well, please):

### Public Masses - Phase 3

#### St. Mary Church

Saturday 5pm, 7pm

Sunday 7am, 8:30am, 10:30am, 12:30pm,  
2:30pm in Spanish, 5pm & 7pm

#### Holy Cross Academy

Sunday 8:30am, 10:30am

#### Daily Mass Schedule

6:30am, 9am

12pm Mass on Mondays, Wednesdays, and Fridays

#### St. Mary Streaming Schedule - St. Mary of the Immaculate Conception Facebook Page

Daily Mass 9am Rosary 6:30pm

Sunday Mass 8:30am and 2:30pm (Spanish)

#### Confession Schedule (Confessions continue at the Parish Life Center ONLY)

Wednesdays 11:30am-12pm & 6:30-8:30pm

Saturdays 8-8:30am & 3:30-4:30pm

#### Adoration Schedule

Wednesday 12:30pm- Friday 9am

## contact us

<b>SUNDAY MASS</b>	Saturday Vigil 5 & 7pm Sunday 7, 8:30, 10:30am, 12:30, 2:30pm (Spanish), 5pm, 7pm 10:30am at Holy Cross Academy
<b>DAILY MASS</b>	Monday - Friday: 6:30am, 9am M/W/F: 12 Noon Saturday: 9am First Friday 8pm Holy Days of Obligation, as announced
<b>DEVOTIONS</b>	Adoration, Daily between 6:30am & 9am Mass, Wednesday 12:30pm - Friday 9am Miraculous Medal Novena, Mon., after 9am Mass, Divine Mercy, Wed., 3pm
<b>CONFESSION</b>	Wednesday 11:30am-12pm, 6:30- 8:30pm; Sat., 8-8:30am & 3:30-4:30pm
<b>PARISH OFFICE</b>	540-373-6491, fax 371-0251 stmary@stmaryfred.org Monday - Friday, 8:30am - 4:30pm; students staff office weekdays until 9pm, Saturdays 9-5pm, Sundays 9:30-1:30pm  Pastor, Fr. John Mosimann Fr. Sean Koehr Fr. Michael J.R. Kelly Fr. Michael Folmar Fr. Scott Sina, Parochial Vicar Deacon Alberto Bernaola Deacon Dick Delio  Business Manager, Elaine Stanislawski Parish Secretary, Jachebel Rios Director of Music, David Uschold

## stmaryfred.org

<b>HOLY CROSS ACADEMY</b>	540-286-1600 250 Stafford Lakes Parkway Fredericksburg, Virginia 22406-7234 Principal - Dr. Stephen Fry, sfry@holycrossweb.com
<b>ST. MARY PRESCHOOL</b>	540-373-7553 Director, Sheri Castellarin
<b>RELIGIOUS EDUCATION OFFICE</b>	540-373-6491 Director, Aristides Lucas Associate Director, Karen Sturtevant
<b>YOUTH MINISTRY</b>	tbeltran@stmaryfred.org Tatiana Beltran
<b>YOUNG ADULTS</b>	stmaryya@gmail.com 540-847-1872
<b>OUTREACH</b>	540-373-6491 Elena Doyle - edoyle@stmaryfred.org
<b>BAPTISMS</b>	Parish registration (90 days) and class required. Please contact the parish office to schedule the date at least four weeks in advance.
<b>MARRIAGE</b>	Parish registration required; contact parish six months in advance to begin preparation.
<b>JOIN US</b>	New Parishioner Welcome meetings held in the Parish Life Center on fourth Sun days, following the 10:30 Mass. Please notify us of any contact changes.

Articles must be submitted two weeks prior to publication.  
Send articles to bulletin@stmaryfred.org. Thanks!

# from our pastor

# pax et bonum

Dear Folks,

'Twas the Sunday before Christmas and all through the parish, not a soul was stirring, not even the man who changes the candles.... Ok, wait, he is always working.

As I say every year: carefully pick your Christmas Mass! The Christmas Eve Masses are always crazy packed, but what will the pandemic bring? How many folks will come? Will folks be able to find the Expo Center?

The only question I can seemingly answer is: yes, folks will find the Expo Center, because we are Easter Expo Center experts!

So what can I tell you about which Masses will be crowded? Probably all of the Christmas Eve Masses. There seems to be the most 'buzz' around the 2pm and 4pm Masses. Yes, we need volunteer help, especially ushering. No, I don't know which Masses might be packed. Please be patient. 2020 has taught us many things, including that things are not always how we like them.

My personal guess, is that the 'least full' Mass is likely to be the 7am on Christmas Day. Remember that the obligation to attend Mass this Christmas has been dispensed by the Bishop, as is permitted by church law. For those who will attend, plan accordingly, we are working hard to provide opportunities for you to be able to worship this Christmas.

And yes, we are asking all folks to wear masks to Christmas Mass. This is in accord with the new directives from the governor, and a small sacrifice we can freely offer to be able to pray with our brothers and sisters in Christ.

pax et bonum (peace and all goodness)



Fr Mosimann



our faith  
the light is on

The Light is  
ON for You.



*Celebrate the Sacrament of Reconciliation*

'The Light is On For You' is an initiative of the Archdiocese of Washington and the Diocese of Arlington where Catholic churches across the D.C. metro area are open for quiet prayer and Confession throughout Lent. Find more information at [thelightison.org](http://thelightison.org).

One additional week of Confessions is added to the regular schedule in preparation for Christmas. All are encouraged to plan to celebrate the Sacrament of Confession early in the season to avoid the last-minute rush and crowded lines, and the risk of coming too late.

**ALL CONFESSIONS HEARD IN THE PARISH LIFE CENTER.**

*Please note: There will be no additional Parish Confessions after December 23*

### Regular Confession Schedule

**Wednesdays:** 11:30am-12pm & 6:30-8:30pm

**Saturdays:** 8-8:30am & 3:30-4:30pm

*Due to the sheer volume of Confessions, please be patient. The priests will try to finish the line in a timely manner. Thank you.*

### Additional Advent Confessions

**December 14, 16, and 17:** 11:30am-12pm & 6:30pm-7:30pm

**December 19:** 7:30am-8:30am, 2:30pm-4:30pm

**December 21, 22, 23:** 11:30am-12pm, 6:30pm-7:30pm

## Christmas Eve & Christmas Day Ushers Needed

Please consider volunteering to usher at Christmas Mass

We need lots of help! No Experience Needed

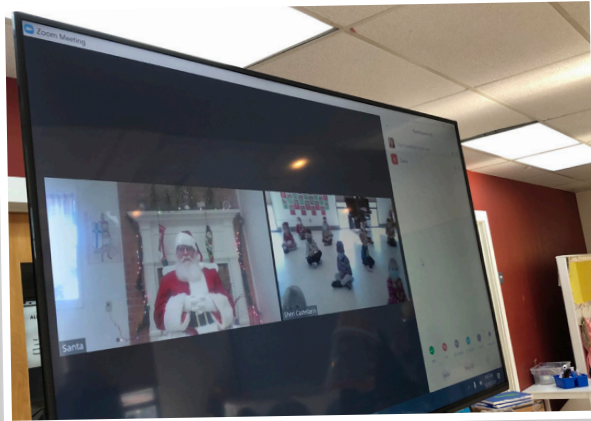
Sign-up using the link below.

[signupgenius.com/go/70a0b48a9af29aaf58-christmas](https://signupgenius.com/go/70a0b48a9af29aaf58-christmas)

# holy cross academy

## The Advent Season is evident at Holy Cross Academy Preschool!

The month of November passed in blur at HCA Preschool! We learned about community helpers, gratitude, and Thanksgiving. We collected lots of boxes of cereal that were donated to refugee families. We also had a special Friendship Feast! Our December has been a busy one too. We have been learning about Advent, St. Nicholas, Nativity, Jesus, and this past week we even had Santa "calls" on Zoom! We will be finishing up 2020 with lots of fun crafts, making ornaments, and making our own class Nativity videos. It's different than in years past, but HCA Preschool at St. Mary is still the place to be in the Burg for little ones to play, learn, and grow! MERRY CHRISTMAS AND HAPPY NEW YEAR from our smallest HCA Crusaders!



*A National  
Blue Ribbon  
School of  
Excellence*



# education religious education

## Lectio Divina on St. Mary Facebook with Deacon Alberto in English and Spanish

On Tuesday, December 21 go to the parish website at [stmaryfred.org](http://stmaryfred.org) and click to the "Live Stream of Masses and Devotions!" tab. Lectio Divina will be in English at 7pm and Spanish at 7:30pm.

Lectio Divina: "First one goes to a quiet place and recalls that one is about to listen to the Word of God. Then one reads the scripture passage aloud to let oneself hear with his or her own ears the words. When one finishes reading, pause and recall if some word or phrase stood out or something touched one's heart. If so, pause and savor the insight, feeling, or understanding. Then go back and read the passage again because it will have a fuller meaning. Pause again and note what happened. If one wants to dialogue with God or Jesus in response to the word, one should follow the prompting of one's heart. This kind of reflective listening allows the Holy Spirit to deepen awareness of God's taking the initiative to speak with us."



## Religious Education Safe Environment Training 2020

This year parents are asked to conduct the Safe Environment training at home. The program this year is called "Family/Large Group Safe Environment Presentation - Love and Responsibility" program. "This group presentation focuses on friendship as expressed within the Sacrament of Holy Matrimony or Marriage. It is intended to be most effective through family specific discussion groups. Particular attention has been given to the virtue of chastity and the understanding of liberty and freedom." The Safe Environment Training 2020 was sent to parents on December 9, 2020. This "Child and Youth Training is designed to educate children about specific dangers of the world while protecting the child's innocence and respecting their intelligence. All programs are designed to be used in cooperation with efforts by parents and work best when parents are involved."

After parents have done the presentation, they are to fill out the "Safe Environment Homeschooling Training Verification Form and email it to [religioused@stmaryfred.org](mailto:religioused@stmaryfred.org) no later than January 15, 2021.

FORMED®

PICK OF THE WEEK

December 20, 2020

WATCH

**CHRISTMAS IN ROME:  
A CELEBRATION OF THE NATIVITY**  
Nowhere celebrates the birth of the Savior like Rome. This Christmas, marvel at the Holy City's festive celebration of the coming of the child Jesus in Bethlehem.



SIGN UP FOR FREE AT [FORMED.ORG/SIGNUP](http://FORMED.ORG/SIGNUP)

CLICK REGISTER THEN ENTER PARISH CODE F6F228

## Religious Education Video Links on Parish Website

There are no video links this week. If you are not up to date please use the next 2 weeks to catch up. Video Links from the "Week of September 28" to the "Week of December 14": are on the Parish Website [stmaryfred.org](http://stmaryfred.org) on the "Religious Ed Videos" tab by grade. Scroll down after clicking on the desired grade to see the links.

Students should continue to read their texts, watch their class video, do the Interactive Chapter Review and email the results to [religioused@stmaryfred.org](mailto:religioused@stmaryfred.org). Unit Reviews are also recorded.

Chapter Interactive Reviews and Unit Reviews are at [loyolapress.com/faith-formation/christ-our-life/christ-our-life-2016/parents-and-students/](http://loyolapress.com/faith-formation/christ-our-life/christ-our-life-2016/parents-and-students/) Email the Interactive Chapter Reviews and Unit Reviews to [religioused@stmaryfred.org](mailto:religioused@stmaryfred.org)

## Daily Mass and Devotionals on Facebook

Religious Education families are asked to regularly participate in the live streaming of Daily Mass and devotionals on Facebook at [facebook.com/pg/stmaryfred/videos/](https://facebook.com/pg/stmaryfred/videos/)

**Daily Mass:** 9am Every Day

**Sunday Mass:** 8:30am in English, 2:30pm in Spanish

**Rosary:** 6:30pm Every Day

This activity is beneficial for all students but particularly essential for students preparing for sacraments of Holy Eucharist and Confirmation.



**It is Christmas each time in love**

*You let God love others through you*

*You smile at someone*

*You offer your hand and heart*

**Merry Christmas! Feliz Navidad!**

# our parish happenings

## Have a Scrip kind of Christmas

Christmas is coming! Have you placed your Scrip order yet?? Scrip is a great way to shop for all your holiday needs. Start pre-ordering your cards now so you can be ready bright and early to get Holiday deals. We have many great retailers like Walmart, Target, Macy's, Kohl's, Lowes, Home Depot, and Bass Pro Shops in inventory now. We can order other cards from over 750 retailers. Check out the retailer list at [ShopWithScrip.com](http://ShopWithScrip.com). Scrip can help you budget your holiday shopping expenses and help HCA at the same time. Stop by the Scrip table today and find out how to use Scrip for all your shopping needs! This is the last weekend for Scrip sales after masses.

To set up an account at [shopwithscrip.com](http://shopwithscrip.com), use our school code, so Holy Cross Academy gets credit for your purchase. If you have any questions about SCRIP or would like the school code, please email the Scrip Coordinator at [scripcoordinator@holycrossweb.com](mailto:scripcoordinator@holycrossweb.com). Thanks for using Scrip and supporting Holy Cross Academy.

## Pilgrim Virgin Statue

Would you like the Blessed Mother to visit your family? A beautiful statue of Our Lady of Fatima is taken from family to family by the Legion of Mary. Please contact Mary Lou Felts, 571-723-3333 or [maryloufelts@gmail.com](mailto:maryloufelts@gmail.com) for more information.

## Faith Direct

Thank you for being a part of our St. Mary of the Immaculate Conception family. As you prepare for the end of summer and the start of a busy fall, consider enrolling in eGiving through Faith Direct so that your gift can reach us even when you cannot. Visit [faithdirect.net](http://faithdirect.net) and use our church code: VA635. Thank you for your continued support of our parish family!

## St. Mary Emergency Food Pantry

We are open and distributing food Monday-Friday 9am-4pm. All are welcome! Come to the parish office and ring the bell. We are happy to help you!

## The Consecration to the Holy Family

**Families who have completed the steps for Consecration to the Holy Family are welcome to attend either the 8:30am or 10:30am Mass at Holy Cross Academy on Sunday, December 27th to receive a special blessing.**

Why Consecrate your family to the Holy Family? Families today face many struggles, both through cultural pressure and through the personal struggles that accompany family life. Despite these struggles — and partly as a result of conquering them — families have great capacity for love and joy, a joy that is strengthened through the peace and truth found in Christ.

### How to Prepare for the Consecration:

The word consecration literally means “association with the sacred”, and as such it requires a much larger commitment than simply reciting a prayer off of a card. To receive the full benefit of intercession from the Holy Family, one must cleanse the body, mind and soul. The decision to consecrate your family needs to be intentional and a process through which you completely surrender to God through the Holy Family. You are accepting the truth that salvation history was changed forever by a family, and that through your domestic church, you are called to live their example.

### Steps to Prepare:

1. Discuss the importance of this consecration as a family and why you are doing it.
2. Each member of your family is strongly encouraged to receive the sacrament of reconciliation.
3. As a family, intentionally choose something to fast from. The fast can be for at least a week. As our physical bodies are drawn to things of the world, it is strongly encouraged that you fast from something that you would normally do or consume. Fasting helps to discipline our minds and hearts to refrain from secular activities and be more focused on God.
4. Prepare for the commitment you are making. Consecration to the Holy Family is not a single event. You have chosen a way of life for your family. You and your family are consciously choosing to be a beacon of light of God's love through his Church.

# parish life happenings

## Prayers and Squares Ministry

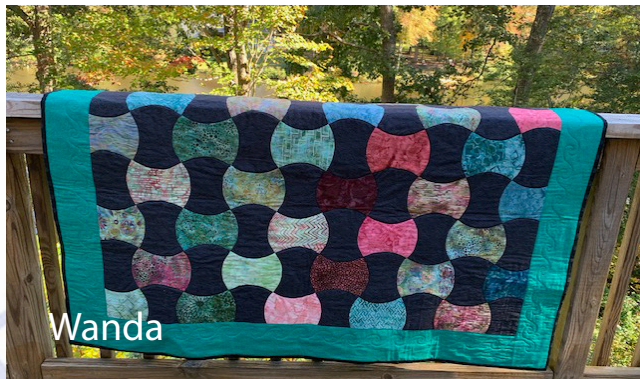
Prayers & Squares has given quilts to the following individuals, please pray for them this week.

*Jaelin, is struggling with Scoliosis and is asking for healing prayers and comfort.*

*Wanda, is facing multiple surgeries and she is requesting prayers for healing, strength and successful surgeries.*

*Brigida, is requesting prayers for eternal rest and peace.*

Request forms are available at the parish office or requested from Diane Epp at [dianepp2@msn.com](mailto:dianepp2@msn.com).



## Christmas Flowers

Remember someone you love, either living or deceased, with a donation for our beautiful Christmas Flowers. Envelopes are available in your envelope packets, in the Church and in the Parish Office.



*Check Us Out*  
**ST. MARY'S YOUNG ADULT GROUP**  
IF YOU'RE 21-35 YEARS OLD,  
CONTACT US TO RECEIVE UPCOMING EVENTS  
[STMARYYAVA@GMAIL.COM](mailto:STMARYYAVA@GMAIL.COM)

## USHERS NEEDED

Ushers needed at all masses. If you feel comfortable performing the tasks of guiding our parishioners to their seats upon arrival and assisting with the Holy Communion reception lines, we sure could use your help! Please sign-up at

[SIGNUPGENIUS.COM/GO/70A0B48A9AF29AAF58-USHERS](https://SIGNUPGENIUS.COM/GO/70A0B48A9AF29AAF58-USHERS)

# vida parroquial

# noticias en español



¿A PERDIDO SU TRABAJO? ¿NECESITA ASISTENCIA?

**LA ALACENA DE EMERGENCIA DE ST. MARY ESTÁ ABIERTA DE LUNES -VIERNES 9-4PM**

Tenemos miembros de nuestra parroquia disponibles para ayudarles

PARA MÁS INFORMACIÓN  
CONTACTE A ELENA DOYLE A  
EDOYLE@STMARYFRED.ORG  
HABLA ESPAÑOL

## Itinerario de la época Navideña 2020



### Confesiones

14, 16 y 18 de diciembre: 11:30am-12pm, 6:30pm-7:30pm  
19 de diciembre: 7:30am-8:30am, 2:30pm-4:30pm  
21, 22, 23 de diciembre: 11:30am-12:00pm, 6:30-7:30pm

### JUEVES 24 DE DICIEMBRE

#### MISA DE NOCHEBUENA

2pm en el centro de exposiciones de Fredericksburg  
Exhortamos a todos los miembros de nuestra parroquia de alto riesgo que asistan a esta misa.  
4pm, 6pm, 8pm (español), 10pm

### VIERNES 25 DE DICIEMBRE

#### DÍA DE NAVIDAD

7am, 9am, 11am, 1pm en el centro de exposiciones de Fredericksburg

### JUEVES 31 DE DICIEMBRE

#### VIGILIA- SOLEMNIDAD DE MARÍA, MADRE DE DIOS

4pm Novus Ordo, 6pm, 8pm, 12 medianoche en la iglesia de Santa María  
Todas las misas se celebrarán en la iglesia

### VIERNES 1 DE ENERO

#### SOLEMNIDAD DE MARÍA, MADRE DE DIOS (DÍA DE OBLIGACIÓN)

7am, 8:30am, 10:30am, 12:30pm (inglés), 2:30 pm (español) | Se celebrarán en la iglesia  
10:30am y 12:30pm en Holy Cross Academy

## LA CORONA DE ADVIENTO

### LISTÓN ROJO

Representa nuestro amor a Dios y el amor de Dios que nos envuelve.

### FORMA CIRCULAR

El círculo no tiene principio ni fin. Es señal del amor de Dios que es eterno.

### 4 VELAS o CIRIOS

Nos hace pensar en la oscuridad provocada por el pecado que ciega al hombre y lo aleja de Dios.

### RAMAS VERDES

Verde es el color de esperanza y vida. Dios quiere que esperemos su gracia, el perdón de los pecados y la gloria eterna.

WWW.ACIPRENSA.COM

## Clases de Lectio Divina con el Diácono Alberto

Los martes a las 7:30pm, el Diácono Alberto ofrecerá sus clases de Lectio Divina en español por la página de Facebook de nuestra parroquia: [stmaryfred.org](https://www.facebook.com/stmaryfred.org). Haga click en el enlace de misas y devociones diarias.

## Convalidaciones

Si necesita casarse por la iglesia, por favor, contacte al Diácono Alberto llamando a la oficina parroquial ó a la Sra. Lizette Arce al 540-429-9291 y deje un mensaje si llama entre las horas de 8-6 pm.

El Grupo de Oración Carismático Parroquial, "Confiados en Jesús y María" les invita a su streaming live por Facebook en su página @confiadosenjesus, todos los viernes, comenzando el 31 de julio.

### Itinerario:

7pm Santo Rosario  
7:30pm Animación  
7:40pm Oración y Alabanza  
8pm Tema de formación



# The Advent Season 2020 at Saint Mary

*One additional week of Confessions is added to the regular schedule in preparation for Christmas. All are encouraged to plan to celebrate the Sacrament of Confession **early** in the season to avoid the last-minute rush and crowded lines, and the risk of coming too late.*

## **ALL CONFESSIONS HEARD IN THE PARISH LIFE CENTER.**

**Please note:** There will be no additional Parish Confessions after **December 23**

### Daily Mass

Monday—Friday • 6:30 & 9am - Noon (M,W,F); Saturday • 9am

### Immaculate Conception, December 7 & 8

*December 7: 6pm & 7:30pm*

*December 8: 6:30am, 9am, 12pm, 4pm Latin Extraordinary Form Mass, 6pm, 7:30pm*

### Our Lady Guadalupe, December 12

*9am (English) in the Church*

*9am (Spanish) at Holy Cross Academy*

### Regular Confession Schedule

*Wednesdays from 11:30am-12pm & 6:30-8:30pm*

*Saturdays from 8-8:30am & 3:30-4:30pm*

*Due to the sheer volume of Confessions, please be patient.  
The priests will try to finish the line in a timely manner. Thank you.*

### Additional Advent Confessions

*December 14, 16, and 18 at 11:30am-12pm, and 6:30pm to 7:30pm*

*December 19: 7:30am-8:30am, 2:30pm-4:30pm*

*December 21, 22, 23: 11:30am-12pm, 6:30pm-7:30pm*

# The Christmas SEASON at Saint Mary 2020



## ALL CHRISTMAS EVE & CHRISTMAS DAY MASSES ARE AT FREDERICKSBURG EXPO CENTER

2371 Carl D. Silver Parkway 22401

*The Expo Center will have capacity for 1,000 people socially distanced and meets the health departments regulations for gathering of Churches as of November 19, 2020. **MASKS ARE REQUIRED OF EVERYONE OVER THE AGE OF 5 AT THE EXPO CENTER.** Because of government mandates we have a hard limit of 1,000 people so please arrive to Mass early to ensure a seat.*

### T H U R S D A Y , D E C E M B E R 2 4

#### CHRISTMAS EVE MASSES

2pm at Fredericksburg Expo Center

We encourage at risk parishioners to attend this Mass

4pm, 6pm, 8pm (Spanish), 10pm

### F R I D A Y , D E C E M B E R 2 5

#### CHRISTMAS DAY MASSES

7am, 9am, 11am & 1pm at Fredericksburg Expo Center

### T H U R S D A Y , D E C E M B E R 3 1

#### VIGIL MASSES for the SOLEMNITY of MARY, MOTHER of GOD

4pm Novus Ordo, 6pm, 8pm, 12 MIDNIGHT at Saint Mary Church

### F R I D A Y , J A N U A R Y 1

#### SOLEMNITY of MARY, MOTHER of GOD (Holy Day of Obligation)

7am, 8:30am, 10:30am, 12:30pm (English) - Spanish Mass at 2:30pm at Saint Mary Church

10:30am and 12:30pm at Holy Cross Academy

# operations given in love

## Weekly Offertory

### Donations Received December 1 - December 7

Sunday Offertory	\$33,285
Parish Christmas Charities	\$4,627
Catholic Campaign Human Development	\$285
Retirement Fund for Religious	\$465
St. Vincent de Paul Poor Box	\$292

### Faith Direct Deposit December 11

Offertory	\$75,929
Debt Reduction Fund	\$6,102
Parish Collection for Special Charities	\$4,150
Catholic Christmas Collection	\$3,432
Immaculate Conception	\$2,993
Christmas Offertory	\$6,715

*Thank you for your generosity.*

## Children's Charity for December

Our Children's Charity for the month of December is the Office of Migration & Refugee Services (MRS) in Fredericksburg, which assists refugee families and children, who have fled their homeland in fear of persecution and in fear for their lives. After a lengthy resettlement process through the US Government, approved families arrive with no material possessions other than the clothes on their back. With only 1 to 2 weeks' notice, MRS "Welcomes the Stranger" and assists families with housing, food, employment, schooling for their children and many other urgent needs. For more information, visit the Catholic Charities website at [ccda.net](http://ccda.net)

## Children's Charity for January

Camp Rainbow is held every Spring for children who are coping with the loss of a loved one.

Camp Rainbow provides a path for child campers along their journey through grief and toward healing. Little Buddies (child participants) are paired with trained Big Buddies (adult volunteers) to explore their feelings through age-appropriate crafts, activities, discussions and one-on-one time. Expressive therapies such as art, music and dance are used to assist children with their grief and are balanced with traditional camp activities, like arts and crafts, kayaking, and singing by the fire. For more information, go to [griefsupport@mwhc.com](mailto:griefsupport@mwhc.com).

## Pro-Life Reflection

Thanks to Christmas, all the earth has seen the saving hand of God! A new and radiant vision of His glory has shone upon us, because human life has been joined to Him. He has raised human life to a greater dignity than it had before. Life was always sacred, because it is God's creation. But thanks to Christmas, human life is forever united to Divine Life in and through the Infant King of Bethlehem. *Lord, may all Your people continue to marvel at Your love for human life and reverence this gift as You do.*

## Daily Advent Prayer

*O Jesus, little child, come into my heart on Christmas morn, to wash away my sins and remain there in eternity. O Mary, Mother of my Savior, prepare for Jesus a cradle in my heart. Amen.*

## For Unto Us a Child Is Born, Christ the Savior!

### Give a Gift for Life

This Advent, include a Gift for Life on your Christmas List, by supporting Project Rachel or the Gabriel Project. It is easy to make a small, tax-deductible contribution as a gift in the name or memory of a family member or friend, and it will make a big difference in a woman's life. You have the opportunity to assist a frightened young woman who has just learned she is pregnant, or a woman who opted to abort her child and is now experiencing the after effects of her choice. Your gift directly supports the cost of an expectant mother's prenatal vitamins, or counseling for a woman who is experiencing the emotional distress of an abortion. Please pick up a flyer in the vestibule of the Church and follow the directions, or go to the following link to donate online: [arlingtondiocese.org/giftforlife](http://arlingtondiocese.org/giftforlife).



# liturgy daily bread

## Saint Mary Prayer List

**Please pray for those who are sick or in need, especially:** Jim Mann, Muriel Bovat, Gina Wood, Michelle & Lawrence Hudson, Monica White & Patrick White, Betty McKee, Arturo Mendoza Sanchez, Vickie Coburn, Susana Rios-Villagrana, Jeff Shinrock, Mary Ulmer, John Michaelides, Thomas Bidulph, Fernando Guadarrama, Margaret Dougherty, Betty Gil, Adrienne Menjivar, Deanna White, David Mares, Chuck Boyer, Daniel Bustamonte, Hector Rios-Villagrana & Family, Miguel Correa & Family, Tamlyn Leaf, Gordon Leffel, Graciela Chavez, Nico Luiggi, Vickie Coburn, Ana B. Rojas, Maria Mangini, Melanie and Chris Koumentakos, Maryanne Schram, Jackie Davia Johnson, Jenna Cappello, Matt Seidlinger, Benjamin Grillo, Gavin Menteer, Jim Seidlinger, Mary Ellen Kearney, Kurt Gutzmann, Lois Michell, Frank Pollack, Leslie and Charlotte Heagney, Joseph Daley, Carolyn Shebora, Jordan Tackett, Melvin Schreckinger, Stephen Inguanti, Rhonda Wolfe, Delia Flores, Bruce Berry, Glen Gress, Bobby Blankenship & family, Buddy & Vincent Yerkie & Family, Carolyn Allen, Mitchell Wood, Isaac, Nikolai & Bridget Sherba, Felicity Peletier, Leah Sanford, Jason Stoker, Makenna Anne Koetzle, Peggy Silverman, Jack Ryan, Amy Peretta, Janet Fisher, Paul Scott, Wendy Vann, Michael Vann, Michelle Thomas, Jerry Hall, Zelda Meyer, Jack Ryan, Robert Boggio, Ryan McNichol, Bianca Sanchez, Jackeline Sanchez & Family, Mary Hope Burkett, Dick Geary, Sean Duarte, Dave & Joy Zerby, David Silberman, Mrs. Joann A. Formeller, Jim Matarese & Son, Paula Hass, Leony Scott, Catherine Laski, Winifred Her-rin, Brenda Leffel, Deborah Nunez, Larry Hays, Alma Keyes, Mary Carr-John, Phil Fuller, Jean Guinn, Sylvia Littlepaige, Alma Keyes, Andy Johnston, Jacoby Smith, Andrew Prybys, Richard Epp, Barbara Sisbarro, Maria Atkins. Santo Domingo Hernandez Gomez & family, Otilia Dogmoc, Linda Rager, Samantha Stumpf, Lonnie Dalton, Gail Erickson, Brenda Dudley, Debbie Beebe, Blanca Garcia, Rildo Ribelino Soto, Giles Morgan, Kim Matkovsky, Frances Conn, Christine Frescas, James Murphy, Daniel Burke, Joan Baker, Stephen O'Byrne, Marian Wilinski, Martha Clements, Bernard Cruz, Margaret Krebbel, Floyd Carver, Jr., Michael Sharkey, Jerry Werline, Patricia Johnston, Claire Matthews, Zach-ary Payne, Ernalina Kyle, Betty Curtis, Patrick Sherba, Sr., Dennis Farmer, Ernalina Kyle, Maria Wood, Margie Hougasian, Maria Wood, Robert Gibson, Mary Brussell, Bruce Mattern, Miles Wood, Roseanne Nash, Jeanne Burke, Prudy Tarpey, Danielle Mc'Carty, Scott Robey, Kellan Moran, Mary Bostain, Dilma Magalhaes Da Silva, Carol Mauro, Michael Robertson, Michol Durham, Maureen Mizzles, Michael Wood, Paul Remick, James Hogan, Brenda Skinner, Lourdes Jeane De Toledo Moura, Kristen Burns, Erin McMakin, Margaret Nault, Daniel Foster and the Foster Family, Teresa Triplett, Greg Carneal, Annie Duffy, Jimmy Duncan, Deirdre McQuade, Schauobe Johnson, Paul Lysher, Doug Johnson, Anne Graf, Deirdre McQuade, Linda Wolf, Sharon Bender, Greg Marfori, Patrick Sevbros, Rhett Loveless, Emma Bang, Rhoda Stackhouse, Karen Short, Amber Short, Adam Rousson, Marybeth Moss, Mary Jean Williams, Linda & Frank Walter, Kay Simmons, Randy Gardiner, Heather Issues, Kristy Fairbanks, Glen Sharlun, Rhoda Stackhouse, Robert Derouin, Thomas Moeller, Julianne Kelsey, Cesar Smith, Leo Conwell, Cloyd Anthony Arce, Matt and Brittnay Meyer, Pam Shapiro, Doug and Dede Meyer, Sara Meyer, Matt Busby, Zelda Meyer, Royal Schmidt Jr., Kelly Keiser, William J. Chavez, Emily Clemente, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Tom Burke

**Please pray for all the men and women in our military and civilian support services overseas, especially:** Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher John-son III, Patrick Desmond, Andrew M. Smith, Nelly Garcia, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Jason Cullinan, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobs, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Daniel Algert, Jason King

**Please pray also for those who have died, especially the benefactors of Saint Mary Church.**

## AI / Nar Anon Support Available

AI Anon is for those who have been affected by someone else's drinking, and members come together to learn a better way of life and how to find happiness. Especially at this time of year, it's important to know that you are not alone and there is help. There is an AI Anon meeting every Saturday at 10am in Room 204 of St. Mary's Parish Life Center.

Nar Anon is a program that offers support to family members and friends of loved ones struggling with substance abuse. All information and discussion is non-judgemental, informative and strictly confidential. Our meetings are in **Room 100 in the Parish Life Center on Thursday from 7-8pm** and are open to the community at large. **Contact Wayne at cushingwr@gmail.com / 540-840-5230 or Wanda at wandasj823@gmail.com / 540-538-6978**

## Daily Mass Intentions and Readings

### December

#### 21 MONDAY

6:30am John Prohaska  
9:00am Juan Francisco Marroquin+  
Sg 2:8-14/Lk 1:39-45

#### 22 TUESDAY

6:30am Stephen Inguanti+  
9:00am Gerrie Duffy+  
1 Sm 1:24-28/Lk 1:46-56

#### 23 WEDNESDAY

6:30am William Roche+  
9:00am Patrick Leo Petro, Sr.+  
Mal 3:1-4, 23-24/Lk 1:57-66

#### 24 THURSDAY

6:30am Thelma Odilia Rivera+  
9:00am Dr. Stephanie Robins  
2:00pm George Graf+  
4:00pm Manuel and Alejandro Lemus  
6:00pm Father Michael Folmar  
8:00pm Michelle Valdez+  
10:00pm For Our Parish  
2 Sm 7:1-16/Lk 1:67-79

#### 25 FRIDAY

7:00am Joel Turner  
9:00am Karen Scanlon+  
11:00am Bich Dao Le+  
1:00pm Bon Van Than+  
Is 62:1-5/Acts 13:16-25/Mt 1:1-25  
Night: Is 9:1-6/Ti 2:11-14/Lk 2:1-14  
Dawn: Is 62:11-12/Ti 3:4-7/Lk 2:15-20  
Day: Is 52:7-10/Heb 1:1-6/Jn 1:1-18

#### 26 SATURDAY

9:00am Dominick Delio+  
5:00pm Dr. And Mrs. Sambat  
7:00pm Gina Wingert Lenox+  
Acts 6:8-10; 7:54-59/Mt 10:17-22

#### 27 SUNDAY

7:00am The Sambat Family  
8:30am For Our Parish  
10:30am Owen and Sarah Farmer  
10:30am\* Our Military Living & Deceased  
12:30pm Father Sunny Joseph  
2:30pm Ana Gloria Salazar  
5:00pm Solanus Guthrie  
7:00pm Alfredo Carmen Valdenegro+  
Sir 3:2-6, 12-14/Col 3:12-21/Lk 2:22-40

\* Indicates Mass at Holy Cross Academy