

FIRST SUNDAY OF LENT

February 21, 2021



LOVE
One Another

Saint Mary of the Immaculate Conception Roman Catholic Church
1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

announcements

Stations of the Cross Friday's During Lent

7pm in English and 7:30pm in Spanish in the Church.

USHERS Needed for ALL MASSES

No special skills required except kindness and a desire to serve your parish family.

Sign up by following the link below

signupgenius.com/go/70/70A0B48A9AF29AAF58-ushers

Confession Schedule (Confessions continue at the Parish Life Center ONLY)

Wednesdays 11:30am-12pm & 6:30-8:30pm

Saturdays 8-8:30am & 3:30-4:30pm

Adoration | Wednesday 12:30pm- Friday 9am

Welcome New Parishioners!

Pre-Covid we warmly welcomed our parishioners with coffee & donuts and an opportunity to meet our pastor and members of our Welcoming & Stewardship Committees. We have greatly missed getting to know you all. Do you know that over 250 families have joined our parish since March 2020!! Each of these families has so many gifts & talents to share with our parish family and we would love to connect you with the many ministries here. If you are a family or individual who has joined the parish since March 2020, we want to meet you! Fr. Mosimann and our Stewardship Team would like to Zoom with you! Meetings will be held monthly. Our next New Parishioner Zoom will be held March 14th from 9:30-11:30am. Each new family/parishioner will have time alone with the team. If you are interested in making an appointment, please sign-up using www.signupgenius.com/go/70A0B48A9AF29AAF58-newparishioner

contact us

stmaryfred.org

SUNDAY MASS	Saturday Vigil 5 & 7pm Sunday 7, 8:30, 10:30am, 12:30, 2:30pm (Spanish), 5pm, 7pm 10:30am at Holy Cross Academy
DAILY MASS	Monday - Friday: 6:30am, 9am M/W/F: 12 Noon Saturday: 9am First Friday 8pm Holy Days of Obligation, as announced
DEVOTIONS	Adoration, Daily between 6:30am & 9am Mass, Wednesday 12:30pm - Friday 9am Miraculous Medal Novena, Mon., after 9am Mass, Divine Mercy, Wed., 3pm
CONFESSION	Wednesday 11:30am-12pm, 6:30-8:30pm; Sat., 8-8:30am & 3:30-4:30pm
PARISH OFFICE	540-373-6491, fax 371-0251 stmary@stmaryfred.org Monday - Friday, 8:30am - 4:30pm; students staff office weekdays until 9pm, Saturdays 9-5pm, Sundays 9:30-1:30pm Pastor, Fr. John Mosimann Fr. Sean Koehr Fr. Michael J.R. Kelly Fr. Michael Folmar Fr. Scott Sina, Parochial Vicar Deacon Alberto Bernaola Deacon Dick Delio Business Manager, Elaine Stanislawski Parish Secretary, Jachebel Rios Director of Music, David Uschold

HOLY CROSS ACADEMY	540-286-1600 250 Stafford Lakes Parkway Fredericksburg, Virginia 22406-7234 Principal - Dr. Stephen Fry, sfry@holycrossweb.com
ST. MARY PRESCHOOL	540-373-7553 Director, Sheri Castellarin
RELIGIOUS EDUCATION OFFICE	540-373-6491 Director, Aristides Lucas Associate Director, Karen Sturtevant
YOUTH MINISTRY	tbeltran@stmaryfred.org Tatiana Beltran
YOUNG ADULTS	stmaryya@gmail.com 540-847-1872
OUTREACH	540-373-6491 Elena Doyle - edoyle@stmaryfred.org
BAPTISMS	Parish registration (90 days) and class required. Please contact the parish office to schedule the date at least four weeks in advance.
MARRIAGE	Parish registration required; contact parish six months in advance to begin preparation.
JOIN US	New Parishioner Welcome meetings held in the Parish Life Center on fourth Sun days, following the 10:30 Mass. Please notify us of any contact changes.

Articles must be submitted two weeks prior to publication.
Send articles to bulletin@stmaryfred.org. Thanks!

from our pastor pax et bonum

Dear Folks,

Rerunning this from last week, since the bulletins didn't arrive in time for Masses. Oops, snow.

BLA 1: Thanks for your generous response, despite the snow and rain!

BLA 2: And if you were unable to get the BLA weekend, please prayerfully consider helping with this very important annual appeal. To make it easy to participate, you can scan the QR below or text "BLA" to 703-260-9800 to make a pledge online!

Lent 1: Are you ready? Hopefully you are already rolling! Ash distribution was a little different this year, but Holy Communion is the same always!

Lent 2: Fasting and Abstinence, what must we do? Check out the graphic on page 8 which lays out the minimum fasting abstinence requirements in simple form.

Lent 3: How can you do more than the minimum? Daily Challenges, Flocknotes reflections, Stations and Masses. There are so many ways that you can use this holy season for a tune-up of your soul! **See page 7 for 7 ideas!**

Skiing 1: lots of folks have asked, so: the ski trip was great. Six feet of snow in the first three days, then sunny skies, priestly fraternity, and delicious food!

pax,

Fr Mosimann

**Give to the
2021 BLA!**



WANT TO SPEND AN HOUR
ACCOMPANYING JESUS?

**JOIN US FOR ADORATION OF THE
BLESSED SACRAMENT**

EVERY WEDNESDAY AFTER
NOON MASS UNTIL FRIDAY AT 9AM

For more information, contact
adoration@stmaryfred.org or lori.fowlkes@gmail.com

holy cross academy



**A National
Blue Ribbon
School of
Excellence**



Catholic Schools Week at HCA

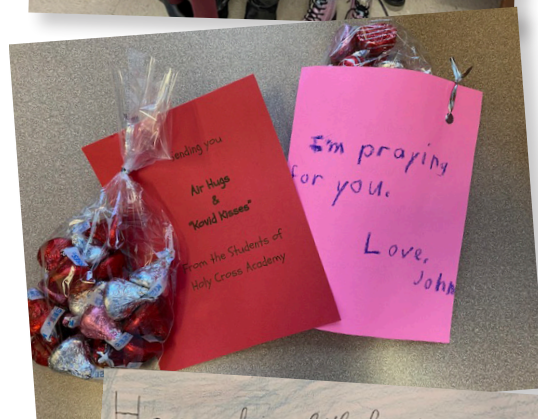
We celebrated an abridged version of Catholic Schools Week since winter weather closed HCA for two days during the week but we still found memorable ways to mark the week. Our students contributed to the Souper Bowl fundraiser to help restock the Catholic Charities St. Lucy Project Pantry. We also had a very successful Day of Giving. In 24 hours we raised a total of \$24,751 through nearly 100 gifts. Wow! These funds will immediately benefit our students by helping HCA purchase ActivPanels for all our classrooms. Thank you for your generous support!

The students loved the free dress day with a crazy hat/hair theme and, in honor of Father Mosimann, the Orange Out free dress day. Our students always amaze us with their creativity. Each class wrote thank you notes to first responders and hospital staff and to our parish priests who teach our classes each week. Holy Cross Academy is a wonderful place to learn and grow. To learn more about how our parish school can be a blessing to your family, please visit our website, holycrossweb.com, or call 540-286-1600.

HCA Teacher Openings

Holy Cross Academy is seeking two part-time teachers.
Part-time Elementary Spanish Teacher (schoolspring.com/job.cfm?jid=3418659&print&preview)
Part-time Elementary Music Teacher ([choolspring.com/job.cfm?jid=3244843&print&preview](http://schoolspring.com/job.cfm?jid=3244843&print&preview))

We also are seeking several Substitute Teachers. Please email Mrs. Tomayko, Assistant Principal, at atomayko@holycrossweb.com for more information or to apply.



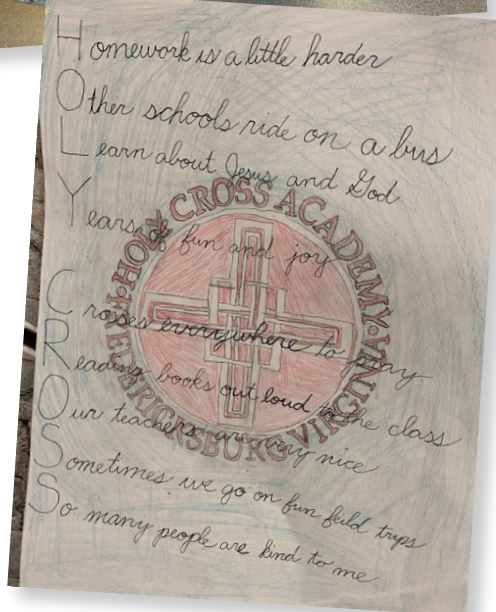
Souper Thank You!

Thank you to all who donated and the many volunteers who assisted in collecting and loading donations into the St. Lucy Project truck!

Our Souper Bowl was a great success with over 2,500 pounds of food collected for hungry in our diocese. The pandemic and snow fall were no match for your generosity!



Special thanks for the children and families at Holy Cross Academy for their participation!



love your neighbor micah ministries

'I want them to know there's hope'

By Arritt

"I didn't have a good upbringing. My father was abusive. I spent a lot of time on the street. At 11 or 12, I started using drugs to make the pain go away. After school, kids go home. I didn't. I stayed on the streets after school. Sometimes, I would stay at friend's house or sleep in the alleyways between houses. I had feelings of worthlessness, hopelessness, not belonging, feeling lost, not knowing who I was supposed to be. I became an addict. I was walking the streets at night, doing drugs. It was so cold some nights I was afraid to sit down. I knew if I sat down I might not get back up. My mother's father froze to death. She used to tell me, 'If you're cold, keep moving. Keep your blood flowing.' I never forgot that. By morning, I'd be so exhausted.



One day, I made it to the community breakfast at Micah, I broke down, physically and mentally. I went to the hospital for 15 days. After that, I went to Micah's Respite House. That's where it seemed to turn around. I never felt the love I felt there. I didn't understand it at first. It was like a family. People came in and fixed dinner and we prayed before meals. From the Respite House, I went into housing.

I'm in the Bridge to Work Program. One day at Micah, one of the volunteers was talking about how important appearances are when you go to a job interview. She wanted me to put on a nice shirt and tie, so I did. I'd never worn a suit in my life. It made me feel like I was so much more than I ever realized. I felt like a man. Like I was somebody. I cried. My father always told me I was never going to be anything. After a while, you start to believe it. For the first time in my life, I thought, 'He's wrong. I am somebody.'

Even though my earthly father was abusive, I have a heavenly father who loves me. And that keeps me going. For the first time in my life, I'm all right. I'm thankful to be alive. People say I seem happy. Before, I moped around a lot. I've come such a long way. If there is anyone out there who feels hopeless, I want them to know there is hope. They can turn their life around.



ON FEBRUARY 27-28TH, ST. MARY'S WILL BE PARTICIPATING IN THE "LOVE YOUR NEIGHBOR CAMPAIGN." ENVELOPES WILL BE LOCATED IN THE VESTIBULE OF THE CHURCH. PLEASE CONSIDER SUPPORTING THIS IMPORTANT MINISTRY. MICAH ECUMENICAL MINISTRIES IS LOCATED IN FREDERICKSBURG AND PROVIDES SUPPORT, RESOURCES AND ACCOMPANIES THE HOMELESS AND LONELY IN OUR COMMUNITY – "THE LEAST OF THESE". IF YOU ARE INTERESTED IN LEARNING MORE ABOUT HOW YOU MIGHT GET INVOLVED IN THIS MINISTRY, PLEASE CONTACT ELENA DOYLE AT EDOYLE@STMARYFRED.ORG.

LOVE YOUR NEIGHBOR

YOUR SPECIAL OFFERING SUPPORTS THE CHURCHES OF FREDERICKSBURG IN CULTIVATING COMMUNITY AND CARING FOR NEIGHBORS.



FEED THE HUNGRY

\$10 feeds two hungry people a day
\$512 keeps the community cafe open for a day



SHELTER THE HOMELESS

\$15 keeps one person from freezing on a cold night
\$30 buys a tent or sleeping bag for someone without a home
\$220 meets the basic needs of 60 homeless for a day



CARE FOR THE SICK

\$4 pays for someone's prescription
\$78 buys one night of care for a person in Micah's respite house
\$180 pays for someone without insurance to see a doctor



EQUIP THE UNEMPLOYED

\$10 buys someone's identification
\$50 buys a monthly bus pass for someone to get to work
\$600 scholarships one student in the food service training program



UNLOCK POSSIBILITIES

\$20 keeps someone housed for a day
\$45 a day re-gifts donated furniture to newly rehoused households
\$200 buys a new mattress for someone moving back into housing

for more info: micahfredericksburg.org

education

religious education

**Lectio Divina on St. Mary
Facebook with Deacon Alberto
on Tuesday, February 23 at 7pm**

Preparing for First Holy Communion 2021

To help prepare your child please ensure that:

1. Your child is actively involved in the Religious Education classes provided by the parish. Grade 2 students should have completed a minimum of 14 lessons by February 28, 2021. Year 2 First Communion students should have brought in their books to the Parish office any time before February 15, 2021 so they can be checked and your attendance updated. We will return them to you when you come for First Penance. Students in Grade 2 who use "Christ Our Life" do not need to bring in their books.
2. Help your child believe the Catholic doctrine of the **Real Presence** of Jesus Christ in the Holy Eucharist -body, blood, soul and divinity. "The whole Christ is truly, really, and substantially contained." (CCC 1374)
3. **You provide the Religious Education office with a copy of your child's baptismal certificate. It must be submitted before your child can receive First Penance.**

Religious Education Video Links on Parish Website

The video links for the "Week of February 22: "Christ Our Life" Chapter 19; "Year 2 First Communion (Grades 4-6)" and "Year 2 First Communion (Grades 7-12)" Lesson 19.

Video Links from the "Week of September 28" to the "Week of February 22: are on the Parish Website stmaryfred.org on the "Religious Ed Videos" tab by grade. Scroll down after clicking on the desired grade to see the links.

Preparing for First Holy Communion 2021: Preparing for First Penance, March 1, 3, and 5 in the PLC

This joyful presentation reminds old and young alike about the great gift of God's forgiveness through the sacrament of Reconciliation. <https://watch.formed.org/brother-francis-1/season:1/videos/forgiven-the-blessings-of-confession>

CRS Rice Bowl 2021: For Lent For Life: Week 1: We Can Do Our Part

Welcome to CRS Rice Bowl 2021! We are so happy you're joining us on this Lenten journey to three countries, where we'll learn how to help others through CRS Rice Bowl. When you donate to CRS Rice Bowl, you share your life and your abundance with our global family in need. Your generosity puts nutritious food on their tables and helps them lead healthy lives and reach their God-given potential!

FORMED

PICK OF THE WEEK

WATCH

THE WILD GOOSE: EPISODE 10 THE SPIRIT AND THE DESERT

Sometimes we might feel like we're stuck in spiritual deserts. In this episode of The Wild Goose, Fr. Dave Pivonka shares how the Holy Spirit is present even in these times of desolation.



SIGN UP FOR FREE AT FORMED.ORG/SIGNUP
CLICK REGISTER THEN ENTER PARISH CODE F6F228

7 ways to LOVE Lent

pick 1 or ALL

1. Wednesday Nights with Jesus & St. Joseph

Pope Francis announced a Year of St. Joseph so that *"every member of the faithful, following his example, may strengthen their life and faith daily in the complete fulfillment of God's will."*

In an effort to learn more about the incredible spirituality and life of St. Joseph, our parish priests will offer the following reflections:

February 24 | Fidelity & Grace - Trustful surrender

March 3 | Faithfulness to the Interior Life - Silence

March 10 | The Worker - Labor as a gift from God

March 17 | Husband - Love for and guardian of Mary

March 24 | Father - Love for and teacher of Jesus

Join us in the Church

6:00pm – Adoration (all-night)

6:30pm – Reflections on St. Joseph

6:30-8:30pm – "The Light is On" Confessions in the PLC

6:45pm – Rosary

2. Engage 2021 Lent Reflections

Each Monday, beginning February 22nd you will receive a reflection from Bishop Barron on the season of Lent and its practices. We invite you to take the time to watch the short video and respond with your thoughts. To sign-up to receive them visit our website stmaryfred.org and click on the link found at the top of the page entitled Lent 2021 and join "Engage 2021".

3. Lenten Challenge

Great "Challenge" for the entire family! This Challenge lasts for 25 days beginning Ash Wednesday. Receive a daily email with the days Challenge and see if you and your family members or friends can rise to the occasion! Challenges are simple and meant to focus our attention on lent, love and sacrifice. To sign-up for the Lenten Challenge visit our website stmaryfred.org and click on the link found at the top of the page entitled Lent 2021 and join "Lenten Challenge"

4. Stations of the Cross

Make a spiritual pilgrimage through contemplation of the Passion of Christ.

Every Friday in the Church 7pm in English and 7:30pm in Spanish (live-streamed too).

**Booklets are always available in the vestibule of the Church. Always welcome to come privately or with your family and journey together.*

5. Daily Mass & Adoration

Meet Jesus in the Eucharist Daily - 6:30am, 9:00am and noon (M,W,F)

Adoration - Wednesdays 12:30pm-Fridays 9am.

6. Confession

Let yourself be healed by Christ and progress in your spiritual journey. "Confession is the soul's bath – receive it often." Padre Pio

Wednesdays 11:30am-noon and 6:30pm-8:30pm

Saturdays 8am-8:30am and 3:30pm-4:30pm

7. Rosary

"The rosary is the weapon for these times." Padre Pio

6:00pm Live-Streamed Daily



our faith lenten guide

Lenten Fasting & Abstinence

What

Abstinence

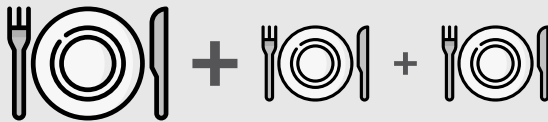


No Meat
Mammals or Fowl



Fish is OK
So are Amphibians & Reptiles

Fasting



1 Regular Meal and 2 Smaller Meals
that together do not equal
the regular meal in size

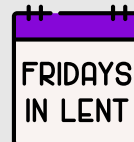


No Snacks

When



**Fasting
&
Abstinence**



Abstinence

INTERESTING NOTE

Canon 1250 names Fridays all year long as penitential days which should be marked by some sort of sacrifice and penance. While abstinence from meat is a traditional sacrifice, Canon 1253 leaves the decision for the particular sacrifice up to the local conference of Bishops. The United States Conference of Catholic Bishops has obtained permission from the Holy See for Catholics in the USA to substitute a different penitential, or even charitable, practice for abstinence from meat during the year, if they so choose.

Abstinence from meat is obligatory during Lent everywhere.

Who



**Catholics
14+**
Are obliged to
practice abstinence



**Catholics
18-58**
Are obliged
to FAST



Please Note

These guidelines are the minimum requirements for Lenten sacrifices. All are encouraged to impose some sort of personal penance or act of charity or piety on top of these minimums.

You could increase the number of days you practice fasting and/or abstinence, or abstain from a favorite food or activity for all of Lent. You could add things, such as committing to read the Bible for 20 minutes per day.

As in all things, Lenten penance and mortification calls for prudence.

It is wise to consult your spiritual director before undertaking additional Lenten practices.



Those Outside the Age Limits

and those whose state in life (e.g. pregnant women, manual laborers, those who are ill) may be excused from the requirements of fasting and abstinence, but are encouraged to take up some other form of penitence or acts of charity or piety.



around the parish tax prep info

**UNITED WE SAVE
FREE TAX SERVICES**



FREE TAX SERVICES:

If your household income was **\$80,000** or less in 2020, Rappahannock United Way can help you file your taxes for FREE.

Forms to gather:

- **Income Forms** (W2, 1099s)
- **Unemployment Forms** (1099g) if applicable
- **Photo ID** (for each person filing)
- **Social Security Card** (for each person filing and all dependents)
- **Household Health Insurance Coverage Information** (1095s)
- **Married Filing Jointly?** Both parties must be present to sign the return prior to filing

TAX SEASON DATES:

January 25th - April 15th

Rappahannock United Way will be offering 100% virtual free tax services starting in January.

For more information please visit:
WWW.RUWFREETAXES.ORG

Please contact Rappahannock United Way directly to request special accommodations.
Email: taxhelp@rappahannockunitedway.org
Phone: (540) 373-0041 Ext. 300

VIRTUAL HOURS:

Rappahannock United Way

Tax services are 100% virtual, contact-free and are available at RUWFREETAXES.org

- January 25th - April 15th
 - Tuesdays: 3PM-7PM
 - Wednesdays: 3PM-7PM
 - Thursdays: 3PM-7PM
 - Fridays: 1PM-5PM
 - Saturdays: 9AM-12PM

DOCUMENT DROP-OFFS:

All document drop-offs at RUW must be scheduled by visiting www.RUWFREETAXES.org.

Walk-ins are unavailable. Drop-offs without an appointment will not be accepted.

Questions?

For information or to schedule an appointment, visit:
www.RUWFREETAXES.org

Contact the Tax Team:

Email: taxhelp@rappahannockunitedway.org
Phone: 540-373-0041 ext. 300

Rappahannock United Way fights for the Health, Education, and Financial Stability of every person in every community. We have one life. To live better, we must LIVE UNITED.



alrededor de la parroquia

información fiscal



SERVICIO DE IMPUESTOS GRATUITOS:

Si el ingreso de su hogar fue de \$ 80,000 o menos en 2020, Rappahannock United Way puede ayudarle a presentar sus impuestos GRATIS.

Reúne los Documentos:

- **Formularios de ingreso** (W2, 1099s)
- **Formularios de desempleo** (1099g) si es aplicable
- **Identificación con fotografía** (Por cada persona que presenta)
- **Tarjeta de Seguro Social** (Por cada persona que presenta y todos los dependientes)
- **Información de cobertura de seguro médico para el hogar** (1095s)
- **¿Presentar como Casado con una declaración conjunta?** Ambas partes deben estar presente para firmar la declaración antes de presentar.

HORAS VIRTUALES:

Rappahannock United Way

Servicios de impuestos son 100% virtuales, sin contacto y están disponibles en RUWFREETAXES.org

- 25 de Enero – 15 de Abril
 - Martes: 3PM-7PM
 - Miércoles: 3PM-7PM
 - Jueves: 3PM-7PM
 - Viernes: 1PM-5PM
 - Sábados: 9AM-12PM

FECHAS DE LA TEMPORADA DE IMPUESTOS:

25 de Enero – 15 de Abril

Rappahannock United Way ofrecerá 100% virtuales servicios gratuitos de impuestos a partir de enero.

Para más información por favor visite:

[www. RUWFREETAXES.ORG](http://www.RUWFREETAXES.ORG)

Por favor comuníquese con Rappahannock United Way directamente para solicitar adaptaciones especiales.

Correo electrónico:

taxhelp@rappahannockunitedway.org

Número de teléfono: (540) 373-0041 Ext. 300

ENTREGA DE DOCUMENTOS:

Todas las entregas de documento en RUW deben ser programado a través de **[www. RUWFREETAXES.ORG](http://www.RUWFREETAXES.ORG)**. Las visitas sin cita no están disponibles. Entregas sin cita no se aceptará.

¿Preguntas?

Para más Información o para programar una cita, Visite:

www.RUWFREETAXES.org

Comuníquese con el equipo:

Correo electrónico: taxhelp@rappahannockunitedway.org

Número de teléfono: (540) 373-0041 Ext. 300

Rappahannock United Way lucha por la salud, la educación y la estabilidad financiera de toda persona en cada comunidad. Tenemos una vida. Para vivir mejor, debemos VIVIR UNIDOS.



vida parroquial

noticias en español



¿A PERDIDO SU TRABAJO? ¿NECESITA ASISTENCIA?

LA ALACENA DE EMERGENCIA DE ST. MARY ESTÁ ABIERTA DE LUNES -VIERNES 9-4PM

Tenemos miembros de nuestra parroquia disponibles para ayudarles

**PARA MÁS INFORMACIÓN
CONTACTE A ELENA DOYLE A
EDOYLE@STMARYFRED.ORG
HABLA ESPAÑOL**

El Grupo de Oración Carismático Parroquial, "Confiados en Jesús y María" les invita a su streaming live por Facebook en su página @confiadosenjesus, todos los viernes, comenzando el 31 de julio.

Itinerario:
7pm Santo Rosario
7:30pm Animación
7:40pm Oración y Alabanza
8pm Tema de formación

Estudio Bíblico en Español

**St. Jude Church, Fredericksburg, VA
Iniciando el sábado 27 de febrero, 2021
Sacerdote, Profeta, Rey**

- Fechas: cinco sábados consecutivos empezando el **27 de Febrero**. Seis temas diferentes
- Hora: 6:30 – 8:00 PM
- Lugar: Iglesia St. Jude y/o Vía ZOOM
- Costo: \$25 (incluye libro de texto, ver videos, discusiones en clase y materiales informativos adicionales)

**Para registrarse y más información, Sr Tony Gibert
Email: tonygibert61@gmail.com | Texto: 540-287-6067**

¿Quiere hacerse CIUDADANO

Regístrese para una evaluación inicial y conseguir la participación en un taller de naturalización virtual organizado por Catholic Charities Hogar Immigrant Services. CUÁNDO: 10 de marzo de 2021 ** tenga en cuenta que las evaluaciones iniciales se llevarán a cabo por teléfono hasta el 26 de febrero de 2021 **DÓNDE: ¡¡Desde la comodidad de su hogar !! COSTO: \$ 125 (\$ 75 por la consulta y \$60 por la aplicación). ¿Cómo registrarse?: Complete la hoja de admisión y luego envíela por correo electrónico a citizen.hogar@ccda.net o Sydney.bright@ccda.net. La hoja de admisión requerida se puede encontrar en: ccda.net/need-help/immigrant-and-refugees/citizenship-and-legal-services/citizenship-application-assistance/

** Debe haber sido un residente permanente legal durante 5 años para calificar para la ciudadanía. **



¿DESEA ACOMPAÑAR A JESÚS
DURANTE 1 HORA?

**ACOMPÁÑENOS A LA ADORACIÓN DEL
SANTÍSIMO SACRAMENTO DEL ALTAR**

TODOS LOS MIÉRCOLES DEPUÉS DE LA MISA
DEL MEDIODÍA HASTA EL VIERNES A LAS 9AM

Para más información contacte a
adoration@stmaryfred.org ó a johanna_merino@hotmail.com

operations given in love

Weekly Offertory

Donations Received

February 4 to February 9, 2021

Sunday Offertory	\$24,722.56
Parish Debt Reduction Fund	1,830.00
Church in Latin America	60.00
First Offertory for Envelopes	115.00
Arlington Catholic Herald	788.00
Christmas Offertory	250.00
St Vincent de Paul Poor Box	278.16

Faith Direct Donations 2/4/21

Sunday Offertory	\$78,094.44
Parish Debt Reduction	6,037.00
Arlington Catholic Herald	2,071.50
Church in Central & Eastern Europe	2,277.50
Micah Love Your Neighbor	1,010.00

Thank you for your generosity.

Special Collection Micah Love Your Neighbor Campaign

February 27 & 28

Children's Charity for March

The children's charity that will benefit from the offering in March is parish support for Stafford Junction, a faith-based nonprofit organization tasked with improving the lives of children and their families in low-income neighborhoods in Stafford County through programs focusing on education, nutrition, and healthy living. With the intervention of Stafford Junction, the crime rate in the Olde Forge neighborhood dropped by more than 50% within two years. Stafford Junction is a mission project of our parish and children's donations will assist the parish in providing much needed

support for their programs. For more information, visit their website at staffordjunction.org.

Pro-Life Reflection

"Christians know that suffering cannot be eliminated, yet it can have meaning and become an act of love and entrustment into the hands of God who does not abandon us; in this way it can serve as a moment of growth in faith and love."

— Pope Francis, Lumen Fidei, 56

We pray for all families concerned with how to provide for their loved ones, especially expectant mothers: May they turn to the Lord, trusting in His providence, and experience the support of the Christian community.

St. Mary Emergency Food Pantry

We are open and distributing food Monday-Friday 9am-4pm. All are welcome! Come to the parish office and ring the bell. We are happy to help you!

Operation Rice Bowl - For Lent, For Life

CRS Rice Bowl is the Lenten program of Catholic Relief Services, the official relief and development agency of the United States Conference of Catholic Bishops. Through CRS Rice Bowl, faith communities in every diocese throughout the United States put their faith into action through prayer, fasting and almsgiving. The iconic CRS Rice Bowl is a staple on the table of Catholic families across the country during Lent. This simple cardboard box is a tool for collecting Lenten alms—and comes with a Lenten calendar that guides families through the 40 days of Lent with activities, reflections and stories.

Lenten alms donated through CRS Rice Bowl support the work of CRS in roughly 45 different countries each year. 25% of all donations to CRS Rice Bowl stay in our local diocese, supporting hunger and poverty alleviation efforts.

Join our parish and school community – and more than 14,000 Catholic communities across the United States – in a life-changing Lenten journey of encounter with CRS Rice Bowl. Pick up your family's CRS Rice Bowl in the vestibule of the Church. During the 40 days of Lent, we will reflect on the challenge of global hunger and how it affects our human family.

Saint Michael the Archangel Catholic High School

**Open House Sunday February 28
from 1-4 pm**

We know that this past year has been difficult for everyone, including making sure your child continues to receive the best possible education. At St. Michael Catholic, we understand and we are committed to ensuring that excellence. Let us show you how.

Here's what St. Michael Catholic can offer your family: College prep Catholic education for grades 9-12. Fully accredited and Diocesan recognized. A culture of life school dedicated to building smart faithful Catholic men and women. Weekly mass and daily faith formation. Safe in person learning 5 days a week. Small class sizes. AP/Honors and Dual enrollment classes. Extracurriculars, 14 sports teams, and acceptance to over 300 colleges and universities.

liturgy daily bread

Saint Mary Prayer List

Please pray for those who are sick or in need, especially: Vickie Coburn, Susana Rios-Villagrana, Jeff Shinrock, Mary Ulmer, John Michaelides, Thomas Biddulph, Fernando Guadarrama, Margaret Dougherty, Betty Gil, Adrienne Menjivar, Deanna White, David Mares, Chuck Boyer, Daniel Bustamonte, Hector Rios-Villagrana & Family, Miguel Correa & Family, Tamlyn Leaf, Gordon Leffel, Graciela Chavez, Nico Luiggi, Vickie Coburn, Ana B. Rojas, Maria Mangini, Melanie and Chris Koumentakos, Maryanne Schram, Jackie Davia Johnson, Jenna Cappello, Matt Seidlinger, Benjamin Grillo, Gavin Menteer, Jim Seidlinger, Mary Ellen Kearney, Kurt Gutzmann, Lois Michell, Frank Pollack, Leslie and Charlotte Heagney, Joseph Daley, Carolyn Shebora, Jordan Tackett, Melvin Schreckinger, Stephen Inguanti, Rhonda Wolfe, Delia Flores, Bruce Berry, Glen Gress, Bobby Blankenship & family, Buddy & Vincent Yerkie & Family, Carolyn Allen, Mitchell Wood, Isaac, Nikolai & Bridget Sherba, Felicity Peletier, Leah Sanford, Jason Stoker, Makenna Anne Koetzle, Peggy Silverman, Jack Ryan, Amy Peretta, Janet Fisher, Paul Scott, Wendy Vann, Michael Vann, Michelle Thomas, Jerry Hall, Zelda Meyer, Jack Ryan, Robert Boggio, Ryan McNichol, Bianca Sanchez, Jackeline Sanchez & Family, Mary Hope Burkett, Dick Geary, Sean Duarte, Dave & Joy Zerby, David Silberman, Mrs. Joann A. Formeller, Jim Matarese & Son, Paula Hass, Leony Scott, Catherine Laski, Winifred Herrin, Brenda Leffel, Deborah Nunez, Larry Hays, Alma Keyes, Mary Carr-John, Phil Fuller, Jean Guinn, Sylvia Littlepaige, Alma Keyes, Andy Johnston, Jacoby Smith, Andrew Prybys, Richard Epp, Barbara Sisbarro, Maria Atkins. Santo Domingo Hernandez Gomez & family, Otilia Dogmoc, Linda Rager, Samantha Stumpf, Lonnie Dalton, Gail Erickson, Brenda Dudley, Debbie Beebe, Blanca Garcia, Rildo Ribellino Soto, Giles Morgan, Kim Matkovsky, Frances Conn, Christine Frescas, James Murphy, Daniel Burke, Joan Baker, Stephen O'Byrne, Marian Wilinski, Martha Clements, Bernard Cruz, Margaret Krebbel, Floyd Carver, Jr., Michael Sharkey, Jerry Werline, Patricia Johnston, Claire Matthews, Zachary Payne, Ernalina Kyle, Betty Curtis, Patrick Sherba, Sr., Dennis Farmer, Ernalina Kyle, Maria Wood, Margie Hougasian, Maria Wood, Robert Gibson, Mary Brussell, Bruce Mattern, Miles Wood, Roseanne Nash, Jeanne Burke, Prudy Tarpey, Danielle Mc'Carty, Scott Robey, Kellan Moran, Mary Bostain, Dilma Magalhaes Da Silva, Carol Mauro, Michael Robertson, Michol Durham, Maureen Mizzles, Michael Wood, Paul Remick, James Hogan, Brenda Skinner, Lourdes Jeane De Toledo Moura, Kristen Burns, Erin McMakin, Margaret Nault, Daniel Foster and the Foster Family, Teresa Triplett, Greg Carneal, Annie Duffy, Jimmy Duncan, Deirdre McQuade, Schauobe Johnson, Paul Lysher, Doug Johnson, Anne Graf, Deirdre McQuade, Linda Wolf, Sharon Bender, Greg Marfori, Patrick Sevbros, Rhett Loveless, Emma Bang, Rhoda Stackhouse, Karen Short, Amber Short, Adam Rousson, Marybeth Moss, Mary Jean Williams, Linda & Frank Walter, Kay Simmons, Randy Gardiner, Heather Issues, Kristy Fairbanks, Glen Sharlun, Rhoda Stackhouse, Robert Derouin, Thomas Moeller, Julianne Kelsey, Cesar Smith, Leo Conwell, Cloyd Anthony Arce, Matt and Brittney Meyer, Pam Shapiro, Doug and Dede Meyer, Sara Meyer, Matt Busby, Zelda Meyer, Royal Schmidt Jr., Kelly Keiser, William J. Chavez, Emily Clemente, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Tom Burke, Claire Dougherty, Shanon Berry, Mary Ullmer, Jeanie Conwell, Gary Rolla, Grace Sherry, William F. & Anna Mary Perez Dealderett, Faith Hinkle, Jack Grey, Jim Mann

Please pray for all the men and women in our military and civilian support services overseas, especially: Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Nelly Garcia, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Jason Cullinan, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobs, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Daniel Algert, Jason King

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

AI / Nar Anon Support Available

AI Anon is for those who have been affected by someone else's drinking, and members come together to learn a better way of life and how to find happiness. Especially at this time of year, it's important to know that you are not alone and there is help. There is an AI Anon meeting every Saturday at 10am in Room 204 of St. Mary's Parish Life Center.

Nar Anon is a program that offers support to family members and friends of loved ones struggling with substance abuse. All information and discussion is non-judgemental, informative and strictly confidential. Our meetings are in **Room 100 in the Parish Life Center on Thursday from 7-8pm** and are open to the community at large. **Contact Wayne at cushingwr@gmail.com / 540-840-5230 or Wanda at wandasj823@gmail.com / 540-538-6978**

Daily Mass Intentions and Readings

February

22 MONDAY

6:30am Bridie MacDonald+
9:00am Adam Stanislawski

23 TUESDAY

6:30am Fr. John Mosimann
9:00am Ruth Stellino+

24 WEDNESDAY

6:30am Eliana Guthrie
8:15am* David Frasher+
9:00am Elizabeth Stanislawski

25 THURSDAY

6:30am Antonia Maraldo+
9:00am Gianna Hathaway

26 FRIDAY

6:30am Samantha Hansen+
9:00am Tina and Julia Abboyy+

27 SATURDAY

9:00am Fr. Scott Sina
5:00pm For Our Parish
7:00pm Allen Cascio+

28 SUNDAY

7:00am Joseph Cascio+
8:30am Joseph Haythorn
10:30am Providence Moeller
10:30am* Juan Mana Nunez Collado+
12:30pm Our Military Living and Deceased
2:30pm Sandra Flores
5:00pm David Thomas Phillips+
7:00pm Fr. Sean Koehr

** Indicates Mass at Holy Cross Academy*

Please remember, Mass intentions may be requested at the parish office for any remaining Masses of the year. If a desired date is no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.