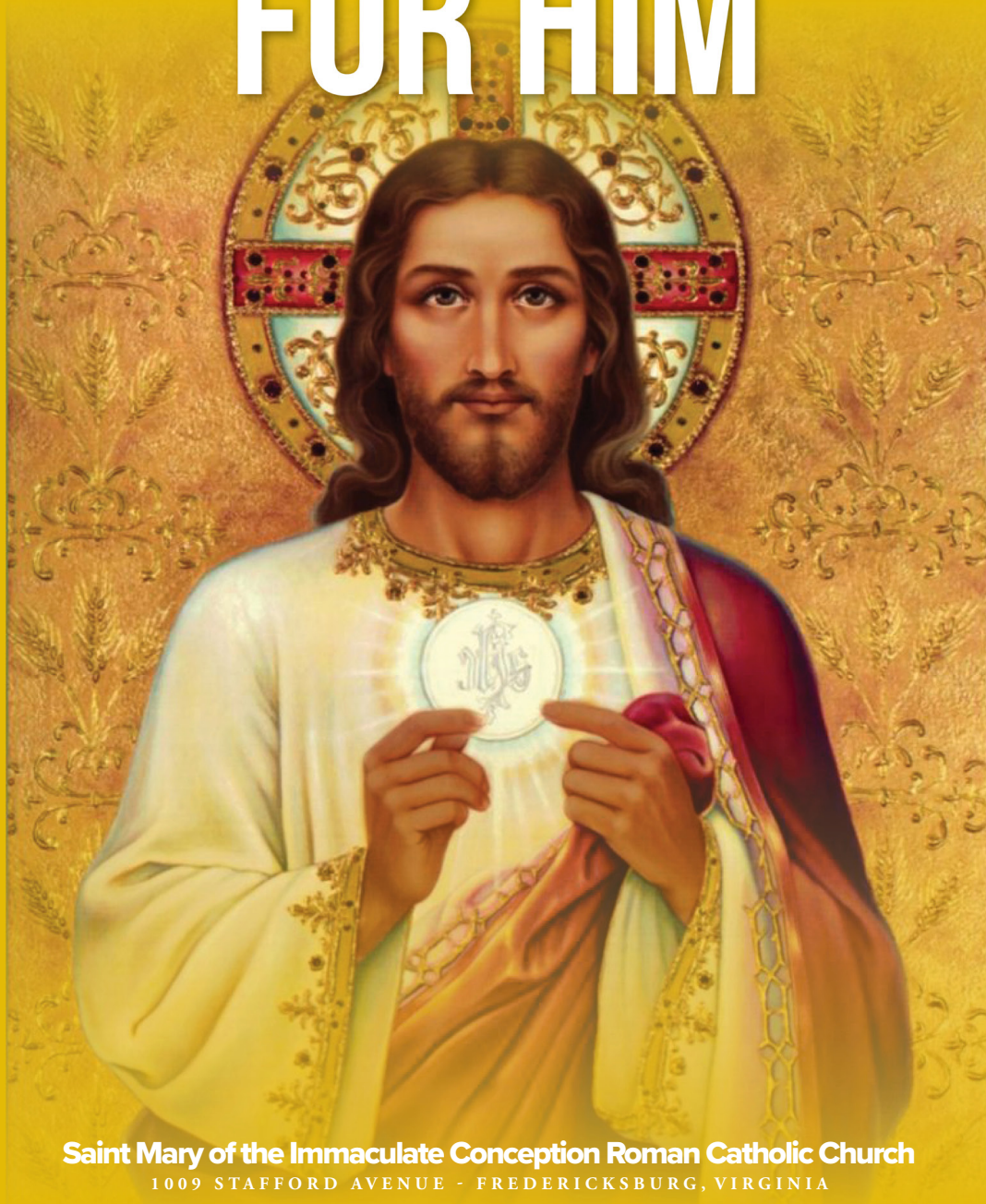


# HUNGER & Thirst FOR HIM



**Saint Mary of the Immaculate Conception Roman Catholic Church**  
1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

Twenty-Second Sunday in Ordinary Time | August 29, 2021

## announcements

### LIVE-STREAMING NEWS

The 8:30am Sunday and weekday Masses are the ONLY live-streamed Masses.

Live-streaming will ONLY take place on Sunday's at the 10:30 and 12:30 Masses if needed due to overflow in the PLC. If the PLC is empty, no live-streaming will occur. Folks are encouraged to join the celebration of Mass in the church. For those with health concerns, Mass is being offered Sunday's at 8:30am at Holy Cross Academy – Mask are mandatory and Holy Communion is offered on the hand ONLY.

Please note, once the 8:30am live-stream is complete, the Mass is available to view all day long.

## USHERS NEEDED

### AT ALL MASSES

With the lifting of the dispensation for Sunday and Holy Day Mass obligation by the Bishops beginning the weekend of June 26-27th, we will be in need of additional assistance at ALL MASSES

Sign up by following the link below  
[signupgenius.com/go/70a0b48a9af29aaf58-ushers](https://signupgenius.com/go/70a0b48a9af29aaf58-ushers)

## contact us

<b>SUNDAY MASS</b>	Saturday Vigil 5 & 7pm Sunday 7, 8:30, 10:30am, 12:30, 2:30pm (Spanish), 5pm, 7pm 10:30am at Holy Cross Academy
<b>DAILY MASS</b>	Monday - Friday: 6:30am, 9am M/W/F: 12 Noon Saturday: 9am First Friday 8pm Holy Days of Obligation, as announced
<b>DEVOTIONS</b>	Adoration, Daily between 6:30am & 9am Mass, Wednesday 12:30pm - Friday 9am Miraculous Medal Novena, Mon., after 9am Mass, Divine Mercy, Wed., 3pm
<b>CONFESSION</b>	Wednesday 11:30am-12pm, 6:30-8:30pm; Sat., 8-8:30am & 3:30-4:30pm
<b>PARISH OFFICE</b>	540-373-6491, fax 371-0251 <a href="mailto:stmary@stmaryfred.org">stmary@stmaryfred.org</a> Monday - Friday, 8:30am - 4:30pm; students staff office weekdays until 9pm, Saturdays 9-5pm, Sundays 9:30-1:30pm  Pastor, Fr. John Mosimann Fr. Sean Koehr, Parochial Vicar Fr. Michael Folmar, Parochial Vicar Fr. Scott Sina, Parochial Vicar Fr. Phillip Cozzi, Parochial Vicar Deacon Alberto Bernaola Deacon Dick Delio  Business Manager, Elaine Stanislawski Parish Secretary, Jachebel Rios Director of Music, David Uschold

**HOLY CROSS ACADEMY** 540-286-1600  
250 Stafford Lakes Parkway  
Fredericksburg, Virginia 22406-7234  
Principal - Dr. Stephen Fry,  
[sfry@holycrossweb.com](mailto:sfry@holycrossweb.com)

**ST. MARY PRESCHOOL** 540-373-7553  
Director, Sheri Castellarin

**RELIGIOUS EDUCATION OFFICE** 540-373-6491  
Director, Aristides Lucas  
Associate Director, Karen Sturtevant

**YOUTH MINISTRY** [tbeltran@stmaryfred.org](mailto:tbeltran@stmaryfred.org)  
Tatiana Beltran

**YOUNG ADULTS** [stmaryya@gmail.com](mailto:stmaryya@gmail.com)  
540-847-1872

**OUTREACH** 540-373-6491  
Elena Doyle - [edoyle@stmaryfred.org](mailto:edoyle@stmaryfred.org)

**BAPTISMS** Parish registration (90 days) and class required.  
Please contact the parish office to schedule the date at least four weeks in advance.

**MARRIAGE** Parish registration required; contact parish six months in advance to begin preparation.

**JOIN US** New Parishioner Welcome meetings held in the Parish Life Center on fourth Sun days, following the 10:30 Mass. Please notify us of any contact changes.

Articles must be submitted two weeks prior to publication.  
Send articles to [bulletin@stmaryfred.org](mailto:bulletin@stmaryfred.org). Thanks!

## stmaryfred.org

# from our pastor

# pax et bonum

Dear Folks,

Our banners for this year's parish theme are up!

## Hunger and Thirst for Him

How Hungry are you for Jesus? Maybe you are worried about employment, or education or contagion, and have been unable to get to Mass and communion. I have received several letters from parishioners who are still too afraid of the pandemic to return to Mass. Sometimes the focus is masks, or vaccination percentage, or how other people receive communion, or sanitation efforts. I respect the right of folks who are particularly vulnerable to exercise greater caution, and the parish is attempting to meet your concerns where possible (i.e. see the added 'masks required' 8:30am Sunday Mass at Holy Cross Academy).

You were made to know and love God. This is why we can say that Jesus is the deepest desire of our souls. The extended 'fast' from Holy Communion is making that even more apparent. As Mass attendance has grown, but not returned to pre-pandemic levels, I observe the devastating spiritual effect of extended time without Jesus in the Eucharist.

Hunger. On a natural level, I did some Googling to just contemplate/understand what hunger is, biochemically, it is moderated by the hormone ghrelin. And I won't try to give you a summary of the articles, but it is pretty complicated stuff. But what about an emotional level? I have lost weight before (yes, I found it again.... thanks very much), and when I am in a healthy frame of mind it becomes apparent how often my 'hunger' is not a

biological need, but an emotional one. Seeing that is very eye opening to confronting the deeper needs of my soul and how I can try to fill them with food.

Soooo.... I am asking you to contemplate the health of your soul. How much you hunger for Him has, by analogy, is primarily a matter of satiating your spiritual hunger. Holy Communion is the food of your soul; He is 'spirit and life' as I took 20 minutes explaining last week in my homily. But we all need to also recognize how our emotions confound, warp, and redirect our spiritual hunger towards created goods. Our supernatural hunger can be emotionally redirected towards goods like physical health, feeling emotionally full, wealth, control over others, etc.

What we must do, for the health of our souls, is see where we have prioritized some emotional gratification over the good of loving God with our whole hearts minds and souls.

Once we see that our real hunger is for Him, then we can direct our words and deeds accordingly. "Seek first the Kingdom of God, and all things will be added unto you." May this year be a year of great growth in understanding, increasing, and satisfying our **Hunger and Thirst for Him**.

pax,



Fr Mosimann





# holy cross academy



*A National  
Blue Ribbon  
School of  
Excellence*



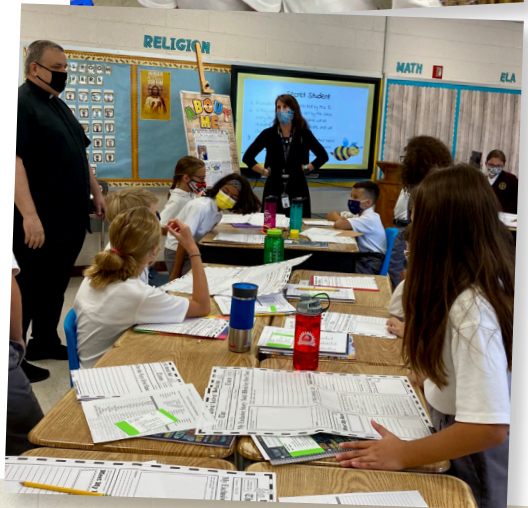
## Busy Times

The last two weeks have been very busy at Holy Cross Academy! Our teachers have been preparing their classrooms for the learning journeys ahead for their students. New families have been welcomed at a PTO sponsored Wine and Cheese gathering and have attended the New Family Orientation. All families enjoyed fellowship at our annual PTO sponsored Ice Cream Social and Cake Walk.

First through eighth grade started the week with Our Rededication Mass as everyone in our school community pledged to work together to follow in the footsteps of our Lord. Our kindergarten students attended orientation on Tuesday and Wednesday where they participated in a scavenger hunt (following clues left by the Gingerbread Man) to help them learn the different areas of the school and introducing them to the faculty and staff.

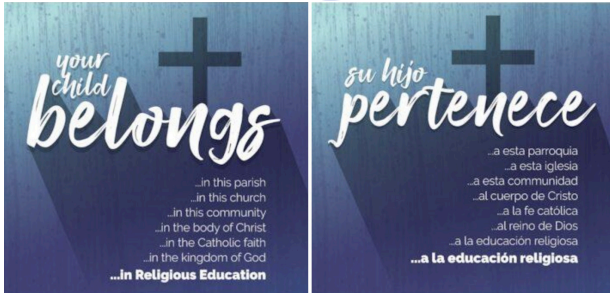
It has been wonderful to see smiling faces in the halls and to hear lessons in the classrooms.

If you have considered making an academic change for your student, it's not too late. While we have waiting lists in several grades, we do still have availability in some of our grades. Please contact Mrs. Lanier by email ([dlanier@holycrossweb.com](mailto:dlanier@holycrossweb.com)) or call the school office (540-286-1600).



# education

# religious education



## Religious Education Upcoming Events:

**Tuesday, August 31:** New Catechist Orientation in the Parish Life Center from 6:00-9:00 pm.

**Tuesday, September 7:** First Catechist Training in the Parish Life Center from 6:00-9:00 pm

**Saturday Vigil Masses and Sunday Masses, September 11 and 12:** Profession of Faith by Catechists

**Monday to Wednesday September 13 to 15:** Religious Education Classes resume. Parents are expected to accompany their children to class.

**Sunday September 19:** Catechetical Sunday, Theme: "Say the Word and My Soul Shall be Healed"

## Calling Forth Catechists

Monday 4:45-6:00	7th Grade
Monday 6:30-7:45	NONE
Tuesday 4:45-6:00	7th Grade
Tuesday 6:00 HCA	8th Grades
Tuesday 6:30-7:45	8th Grades
Wednesday 4:45-6:0	4th and 5th Grade
Wednesday 6:30-7:45	3rd Grade

## FORMED®

PICK OF THE WEEK

August 29, 2021

### WATCH

#### INTO THE BREACH - EPISODE 3: LEADERSHIP

Among many other things, Pope St. Gregory the Great is known for his incredible pastoral presence and servant leadership. In honor of this magnanimous Saint, enjoy this episode of Into the Breach! Although primarily targeted at men, this video and its emphasis on service will be fruitful to anyone who desires sanctity and self-mastery!



### LEARN

#### FORMED NOW: POPE SAINT GREGORY THE GREAT

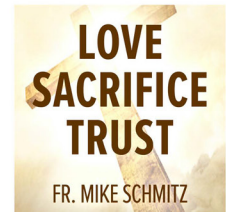


Throughout her life, St. Monica constantly prayed for the conversion of Augustine, her beloved son. In a moment of desperation, she even asked for the bishop's help. In response, he said, "the son of those tears surely will not perish." Truly, as this bishop remarked, Monica's tearful prayers helped build her son into the Doctor of Grace. In this video, join Dr. Gray and Dr. Sehorn as they discuss more about this great Saint.

### LISTEN

#### LOVE, SACRIFICE, TRUST: HE SHOWED US THE WAY BY FR. MIKE SCHMITZ

In this talk, Fr. Mike Schmitz shares with us the need to pick up our crosses and embrace Christ in our own suffering. He reminds us that love often means sacrifice!



SIGN UP FOR FREE AT [FORMED.ORG/SIGNUP](https://formed.org/signup)  
CLICK REGISTER THEN ENTER PARISH CODE F6F228

## youth ministry

**We need your help!**

**Youth Ministry Dinners**

**Sunday youth dinners.**  
Please reach out if you can help.  
[cymdinners@gmail.com](mailto:cymdinners@gmail.com)

**Y**  
**O**  
**U**  
**C**  
**A**  
**T**

**HIGH SCHOOLERS!**  
JOIN US EVERY WEDNESDAY  
STARTING AUGUST 25TH

Study the Word of God.  
Learn about your faith.

JOHN PAUL II HOUSE  
6:30PM-8PM



# our parish happenings

## **Inquiry Classes for Those Seeking to Become Catholic**

Are you interested in learning more about the Catholic faith, becoming Catholic and/or the process involved? Do you have a friend or family member who might be seeking to learn more? Join Fr. Sina and the RCIA Team for an inquiry class August 16, 23, and 30th 7:30-9pm in the Parish Life Center. Please email Adele if interested at [asfalardeau49@gmail.com](mailto:asfalardeau49@gmail.com).

## **Van Mueller Presents Faith, Family and Financial Security**

Join us for an informative online presentation by Van Mueller, one of the top speakers in the insurance and financial industry. Van Mueller is an author and dynamic speaker known for helping clients plan successful insurance and retirement strategies. He is a global speaker that has presented in all 50 states and every province in Canada, inspiring his audience to take control over their financial future. Van will ask a series of tough questions to help you think about how ready you are for whatever may come next, such as: What is the easiest and safest way to make retirement money last longer? What if you suddenly died – Wouldn't you rather leave a loved one with your hard-earned money rather than the Internal Revenue Service? Join us as Van helps us think through our answers to these questions, and many more! This seminar is open to all in the community. Sponsored by your Knights of Columbus: The Abbate Agency. Register today to save your spot for September 29 at 7pm via zoom. Register here: [sept29.abbatekofc.com](http://sept29.abbatekofc.com).

## **The Nativity of the Blessed Virgin Mary**

All are invited to a breakfast celebration for Our Lady's birthday sponsored by the Legion of Mary and the CCW on Saturday, September 11, 2021 after the 9am Mass in the Parish Life Center.

## **Knights of Columbus Freedom 5K 2021**

The Knights of Columbus will be hosting the Freedom 5K (virtual) Run again this year. Registration will be open from September 15 - October 15. Be sure to see the bulletin next week for more information.



Mary's Shelter

**You're Invited!**

September 11, 2021

## **11th Annual Summer Soirée**

Join us at the Fredericksburg Expo Center on September 11th for an evening of celebrating the beauty and dignity of all life!  
For info or to RSVP, please visit [www.marysshelterva.org](http://www.marysshelterva.org).

Sponsorships Available



*"I will call her who was unloved"*  
*"my beloved"*  
—Romans 9:25

RESERVATIONS REQUIRED • IN-PERSON EVENT • MUST BE 18 AND OLDER

# our parish calling all men



## THAT MAN IS YOU!

is an interactive men's program combining the best research from science with the teachings of the Catholic faith and the wisdom of the saints to develop the vision of man fully alive. By honestly addressing the pressures and temptations that men face in our modern culture, That Man is You! Seeks to form men who will be capable of transforming homes and society.



## BECOMING A MAN AFTER GOD'S OWN HEART

THE VISION OF MAN FULLY ALIVE

### DISCOVER:

- The scriptural vision of man and the overwhelming scientific evidence that supports this vision.
- The four leadership roles that have been entrusted to men and the five personal traits necessary for fulfilling these leadership roles.
- How and why Satan always attacks the union of man and woman.
- The three main obstacles to living as authentic men and the means for overcoming them.
- The wonderful renewal God is offering to men and their families through the Church.

### PROGRAM DEVELOPER:

**Steve Bollman**

Developer, That Man is You!  
Founder & President, Paradisus Dei

During the Great Jubilee, Steve Bollman experienced a personal call to found a ministry dedicated to the renewal of marriage and family life. In 2002, he set aside his professional interests as an energy derivatives trader in Houston, Texas, to found Paradisus Dei. In 2004, Steve developed the That Man is You! Men's program, which quickly moved across the country transforming men, marriages and families. Independent research by a Faith Advisor to The Gallup Poll identified it as one of the most life transforming programs ever studied.

### PROGRAM INFORMATION

Saturday Mornings  
St. Mary of the Immaculate Conception  
Parish Life Center  
1009 Stafford Ave  
Fredericksburg, VA 22401  
Beginning September 11th, 2021

### SCHEDULE

6:30 am Breakfast  
6:45 am Presentation  
7:15 am Small Group Discussions  
7:45 am Conclusion  
8:00 am Dismissal

### REGISTRATION

For more information or to register,  
please contact Peter at 540.847.1434 or  
Stephen at 714.305.7553.

[WWW.TMIY.ORG](http://WWW.TMIY.ORG)

PARADISUS DEI®



# our parish catholic charities



## AFGHAN ARRIVAL HELP

You'd like to help the newly arrived and incoming Afghan Special Immigrant Visa Holders (SIVs) and their families but unsure how? First, thank you for thinking of **Catholic Charities Migration & Refugee Services**! Ours is one of three resettlement agencies in northern Virginia designated by the State Department to receive and place the newly arrived Afghan refugees. Every little bit of your help has an impact, and we appreciate your interest and generosity. Below are the **best ways to help**:

1. **(URGENT) Temporary & Long-Term Housing** - If you know of friends or others *who own properties for rent*, it would help to provide stable housing for families as quickly as possible. MRS provides financial support towards rent but without credit or work history, it can be difficult to secure leasing for newly arriving SIV families. Our families benefit greatly from being near their family and friends in the area and so we are urgently looking for housing in:
  - a. **Fredericksburg, VA**
  - b. **Sterling, VA**
  - c. **Woodbridge, VA**

If you have contacts in *other areas of Northern Virginia*, please send them along – we are trying to work with ALL housing leads!

2. **New, household items/furnishings to outfit apartments** for the new arrivals. The intersection of COVID19 coupled with the State Department requirements for outfitting refugee housing translates into delivering as many new items to the families as possible. MRS's AMAZON link to the list of household furnishings needs is below:

<https://a.co/3CwylQ9>

*Feel free to use this list as a guide at other stores such as at **Bed, Bath & Beyond**, **Burlington**, or **Big Lots** – they have many similar/equivalent items.*

3. **(Very) Gently Used Furniture** (Pictures are very helpful to determine if we can accept donations!) – currently, we can **ONLY ACCEPT**:

- a. Dining Room Tables & Chairs
- b. Medium to small sofas, couches

We will arrange with you to pick-up and drop-off, preferably directly to the new apartments found for arrivals. Please be patient – as you can imagine our staff & warehouse space are stretched to the limit.

Contact: [Belayneh Loppisso](mailto:Belayneh.Loppisso@cdda.net) | [Belayneh.Loppisso@cdda.net](mailto:Belayneh.Loppisso@cdda.net) | [571.292.2259](tel:571.292.2259)

Again, thank you for your interest and help! If you any have questions, please email: [lourdes.iglesias@cdda.net](mailto:lourdes.iglesias@cdda.net) for further information.

### Lourdes Iglesias

*Community Engagement Specialist, Migration and Refugee Services (MRS)*

Catholic Charities of the Diocese of Arlington

**Migration and Refugee Services**

**8247 Shoppers Square**

**Manassas, VA 20111** office: 703.520.4011 | website: [www.cdda.net](http://www.cdda.net)



# our parish happenings



**Walking with Purpose** is a women's Catholic Bible study that aims to bring us to a deeper relationship with Christ. The course involves personal study and small group discussions that link our everyday challenges with solutions given to us through the teachings of Christ and the Catholic Church. Be a part of a Catholic women's group that will help you grow in your faith!

1. **Mondays, 9:45-11:15am at the John Paul II House (begins on Sept. 13)**  
**Thursdays 6:30-8pm at the Parish Life center (begins on Oct. 7)**

**Opening Your Heart: The Starting Point** This study will take you on an exciting journey closer to the heart of God! Opening Your Heart is an incredibly effective guide to deep, lasting transformation of the heart and we encourage all participants new to Walking with Purpose to begin here. Join us as we explore the core questions of our faith that we need to wrestle with if we want to experience all that God has for us. We welcome you and are confident that you will grow in knowledge and love of our faith!

2. **Tuesdays 6:30-8:00 pm at Holy Cross Academy (begins on Oct. 5)**

**Touching the Divine** focuses on the many qualities of Jesus revealed through the Gospel of John. This study draws us into a deeper, loving relationship with Jesus as we reflect on His life and personality. Saint John referred to himself as "the disciple whom Jesus loved" and as we study, John will teach us how much Jesus loves us, and how His love is the true satisfaction of our souls. Knowing Christ more intimately, as John did, will touch your heart and fill you with hope!

3. **Thursdays 6:30-8pm at Parish Life Center (begins on Oct. 7)**

**Discovering our Dignity** gives us modern-day advice from women of the Bible. In this study, we learn that women of the Old and New Testament were sometimes as flawed and broken as we can be. Yet, the power of God worked in their lives. Through their stories recorded in Scripture, they reach out to touch our "present" in a tender, honest and loving way –woman to woman.

4. **Thursdays 6:30-8pm at Parish Life Center (begins on Oct. 7)**

This class will be both in-person and live-streamed. If you want to attend virtually, contact Lisa Sarber at [lisakymi@aol.com](mailto:lisakymi@aol.com) so the link can be sent to you.

**Keeping in Balance** - Do you feel pulled in many directions? Do you find it hard to balance the demands placed on your time? Is it difficult to manage all the details thrown your way? God wants to support and help us so that we can be our best in every season of our lives. The study will take us on a journey throughout Scripture as we discover the relevance of Old and New Testament wisdom to our daily challenges. Join us as we explore biblical ways that we can manage life's pace and pressure while living with calm and steadiness. A lifestyle of health and holiness awaits!

Each of these studies is 22 weeks long and meets until early May 2022 (with multiple breaks).

Preregistration is not required; books can be purchased online at [walkingwithpurpose.com](http://walkingwithpurpose.com) or you can order the book at our first meeting. Come and see what we're all about! You are very welcome!

For more information visit the WWP website and/or contact Lisa Sarber at [lisakymi@aol.com](mailto:lisakymi@aol.com)

our parish

# happenings

RITE OF CHRISTIAN INITIATION OF ADULTS

# RCIA 2021

ARE YOU INTERESTED IN BECOMING CATHOLIC?

WOULD YOU LIKE TO LEARN MORE ABOUT THE CATHOLIC FAITH?

**JOIN US EVERY THURSDAY  
BEGINNING ON SEPTEMBER 9**

REGISTER BY EMAIL: [RCIASTMARYFRED@GMAIL.COM](mailto:RCIASTMARYFRED@GMAIL.COM) | LOCATION TBD

UMW CATHOLIC CAMPUS MINISTRY

SEPTEMBER 6 - 7, 2021

## **EUCCHARISTIC PROCESSION & ALL NIGHT ADORATION**

Meet at UMW CCM at 8:30pm for the  
procession through UMW's Campus followed  
by all night Adoration in Ball Circle





# alpine europe pilgrimage with fr mosimann

NAWAS INTERNATIONAL TRAVEL

## ALPINE EUROPE PILGRIMAGE

*Including the Passion Play of Oberammergau*

11 DAYS: SEPTEMBER 5 - 15, 2022

*Visiting*

*Heidelberg \* Rhine Valley \* Lucerne \* Innsbruck \* Salzburg  
Altötting \* Marktl Am Inn \* Munich \* Rothenburg*

*Hosted by*

FR. JOHN MOSIMANN

\$4299 PER PERSON FROM WASHINGTON, D.C.

(Air/land tour price is \$3829 plus \$470 government taxes/airline surcharges)

**IF INTERESTED IN ATTENDING THE TRIP, PLEASE CONTACT  
ELENA DOYLE AT EDOYLE@STMARYFRED.ORG**

## vida parroquial noticias en español



¿A PERDIDO SU TRABAJO? ¿NECESITA  
ASISTENCIA?

**LA ALACENA DE  
EMERGENCIA DE ST.  
MARY ESTÁ ABIERTA  
DE LUNES -VIERNES  
9-4PM**

Tenemos miembros de nuestra parroquia  
disponibles para ayudarles

**PARA MÁS INFORMACIÓN  
CONTACTE A ELENA DOYLE A  
EDOYLE@STMARYFRED.ORG  
HABLA ESPAÑOL**

**El grupo Mariano de la parroquia  
de St. Mary les invita a  
consagrarse a Jesús por María.**

**La consagración al inmaculado  
corazón de María según el método  
de San Luis María Grignon de  
Montfort, es el medio más seguro,  
más fácil, más corto y el más  
perfecto camino a la santidad.**

**Empezaremos el 19 de octubre y  
terminaremos el 21 de noviembre,  
día de la Presentación de la  
Virgen María. Serán 33 días de  
preparación hacia un glorioso  
amanecer. Tan solo 5 minutos  
diarios**

**Cualquier información  
comunicarse al (540)229-3313**



**¿DESEA ACOMPAÑAR A JESÚS  
DURANTE 1 HORA?**

**ACOMPÁÑENOS A LA ADORACIÓN DEL  
SANTÍSIMO SACRAMENTO DEL ALTAR**

**TODOS LOS MIÉRCOLES DEPUÉS DE LA MISA  
DEL MEDIODÍA HASTA EL VIERNES A LAS 9AM**

Para más información contacte a  
adoration@stmaryfred.org o a johanna\_merino@hotmail.com

# operations given in love

*The next Financial Report will be published in the September 5th Bulletin. Thank you for your generosity.*

**Masses were offered in July for the following unscheduled intentions:** +Isabelita Locsin, Ronald Jackson, +Walter Jessup, Sr. (2), +Jose Adan Osorio, Peter & Audrey Clemente (3), Nella Pettenati, Edward Keating, +Marlene Kabza (2), +Frank Clancy, Jr., Catherine Anne Doherty, Adeline Regan, Jo Hanlon Special Intentions (2), +Henry Domingue, Sr., Donald Funai, Maureen Lesley, Julia Lesley, Carole Ferrara, Gerald & Gwen Doherty, Eileen Scutella, and +Therese Catherine Craine.

## Catholic University of America Collection | September 4 & 5

Next weekend is the Annual Collection for the national university of the Catholic Church in the United States – The Catholic University of America in Washington, DC. Founded in 1887, Catholic University is the only higher education institution founded by the US Bishops and chartered by the Vatican. Every dollar given directly supports financial aid for more than 4,000 students from dioceses across the country, including many from the Diocese of Arlington. Your generous support is appreciated.

## Pro-Life Reflection

On August 27, the Church celebrated the feast of St. Monica, mother of St. Augustine. Monica spent much of her life as a single, widowed mother, dedicated to caring for her children. May we seek her intercession for all mothers facing difficulties.

## Celebrating A Silver or Golden Wedding Anniversary This Year?

Were you married in 1971 or 1996? Then join Bishop Michael F. Burbidge for the 2021 Mass for Jubilarians to be celebrated on Sunday, October 17 at 2:30pm at the Cathedral of St. Thomas More in Arlington, Va. Contact the parish office to register no later than October 1st. For more info, visit [arlingtondiocese.org/MJM](http://arlingtondiocese.org/MJM).

## Children's Offertory Envelopes for September

Children's Offertory Contributions for the month of September will be donated to the Stafford Junction HUGS Program. Stafford Junction is a faith-based nonprofit organization that serves high-need children, youth and their families residing in Stafford County. Their mission is to transform lives through faith and

action. They partner with residents, local churches, service agencies, and businesses to connect lives, build relationships, and foster understanding across socio-economic lines. Partners share the love of God by meeting the physical, emotional, intellectual, and spiritual needs of those we serve. HUGS (Helping Us Grow Strong) is a program uniquely designed to complement the success of the Brain Builders after school program by working with children ages zero to five. Offering activities to enhance children's social and emotional development, HUGS helps to prepare these children for the school environment. Additionally, their partnership with the YMCA Massad Preschool allows the children to participate in structured preschool learning to further enhance their school readiness. For more information, visit their website at [staffordjunction.org](http://staffordjunction.org). Children's Offertory Envelopes are available through the Religious Education Office. All proceeds from the envelopes go to a different children's charity each month.

## Scrip For That

We've got Scrip Gift Cards for That Do you buy groceries at Giant, Walmart or Weis? We have Scrip Gift cards for that. Buy breakfast or Lunch at Chipotle, Taco Bell, Wendy's, or Panera Breads? We have Scrip Gift cards for that. Enjoy fine dining at Red Lobster, Outback, Bravos, Bonefish, Carrabba's, Bob Evans, or Cracker Barrel. We have Scrip Gift Cards for that. Stop by the Scrip Gift Card table after mass and purchase gift cards or to review the list of all the Scrip Gift Cards that are available. Set up an account today and continue earning rebates for HCA! Email Scrip Coordinator at [scripcoordinator@holycrossweb.com](mailto:scripcoordinator@holycrossweb.com) for the school enrollment code so HCA gets credit

for your purchase or with any questions. Thanks for using scrip gift cards and supporting HCA!

## Faith Direct

Thank you for being a part of our St. Mary of the Immaculate Conception family. As you prepare for the end of summer and the start of a busy fall, consider enrolling in eGiving through Faith Direct so that your gift can reach us even when you cannot.

Visit [faithdirect.net](http://faithdirect.net) and use our church code: VA635. Thank you for your continued support of our parish family!

Gracias por ser parte de nuestra St. Mary of the Immaculate Conception familia. A medida que se prepara para el fin de verano y el comienzo de una ocupada temporada de otoño, por favor considere inscribirse en dar electrónicamente a través de Faith Direct para que sus donaciones puedan llegar a nosotros incluso cuando usted no pueda. Visite [www.faithdirect.net](http://www.faithdirect.net) y utilice el código de la iglesia: VA635. ¡Gracias por su continuo apoyo a nuestra familia parroquial!



# liturgy daily bread

## Saint Mary Prayer List

**Please pray for those who are sick or in need, especially:** Graciela Chavez, Nico Luiggi, Vickie Coburn, Ana B. Rojas, Maria Mangini, Melanie and Chris Koumentakos, Maryanne Schram, Jackie Davia Johnson, Jenna Cappello, Matt Seidlinger, Benjamin Grillo, Gavin Menteer, Mary Ellen Kearney, Kurt Gutzmann, Lois Michell, Frank Pollack, Charlotte Heagney, Joseph Daley, Carolyn Shebora, Jordan Tackett, Melvin Schreckinger, Rhonda Wolfe, Delia Flores, Bruce Berry, Glen Gress, Bobby Blankenship & family, Buddy & Vincent Yerkie & Family, Carolyn Allen, Mitchell Wood, Isaac, Nikolai & Bridget Sherba, Felicity Peletier, Leah Sanford, Jason Stoker, Makenna Anne Koetzle, Jack Ryan, Amy Peretta, Janet Fisher, Paul Scott, Wendy Vann, Michael Vann, Michelle Thomas, Jerry Hall, Zelda Meyer, Robert Boggio, Bianca Sanchez, Jackeline Sanchez & Family, Mary Hope Burkett, Dick Geary, Sean Duarte, Dave & Joy Zerby, David Silberman, Mrs. Joann A. Formeller, Jim Matarese & Son, Paula Hass, Leony Scott, Catherine Laski, Winifred Herrin, Brenda Leffel, Deborah Nunez, Larry Hays, Alma Keyes, Mary Carr-John, Jean Guinn, Sylvia Littlepaige, Andy Johnston, Jacoby Smith, Andrew Prybys, Richard Epp, Barbara Sisbarro, Maria Atkins. Santo Domingo Hernandez Gomez & family, Otilia Dogmoc, Samantha Stumpf, Lonnie Dalton, Gail Erickson, Blanca Garcia, Rildo Ribelino Soto, Giles Morgan, Kim Matkovsky, Frances Conn, Christine Frescas, James Murphy, Daniel Burke, Joan Baker, Stephen O'Byrne, Marian Wilinski, Martha Clements, Margaret Krebbel, Floyd Carver, Jr., Michael Sharkey, Jerry Werline, Patricia Johnston, Claire Matthews, Zachary Payne, Erenalina Kyle, Betty Curtis, Patrick Sherba, Sr., Dennis Farmer, Erenalina Kyle, Maria Wood, Margie Hougasian, Maria Wood, Robert Gibson, Mary Brussell, Bruce Mattern, Miles Wood, Roseanne Nash, Jeanne Burke, Prudy Tarpey, Danielle McCarty, Scott Robey, Kellan Moran, Mary Bostain, Dilma Magalhaes Da Silva, Carol Mauro, Michael Robertson, Michol Durham, Maureen Mizzles, Michael Wood, Paul Remick, James Hogan, Brenda Skinner, Lourdes Jeane De Toledo Moura, Kristen Burns, Erin McMakin, Margaret Nault, Daniel Foster and the Foster Family, Teresa Triplett, Greg Carneal, Annie Duffy, Jimmy Duncan, Schauobe Johnson, Paul Lysher, Doug Johnson, Anne Graf, Linda Wolf, Sharon Bender, Patrick Sevbros, Rhett Loveless, Emma Bang, Rhoda Stackhouse, Karen Short, Amber Short, Adam Rousson, Marybeth Moss, Mary Jean Williams, Linda & Frank Walter, Kay Simmons, Randy Gardiner, Heather Issues, Kristy Fairbanks, Glen Sharlun, Rhoda Stackhouse, Robert Derouin, Thomas Moeller, Julianne Kelsey, Cesar Smith, Leo Conwell, Cloyd Anthony Arce, Matt and Brittnay Meyer, Pam Shapiro, Doug and Dede Meyer, Sara Meyer, Matt Busby, Zelda Meyer, Royal Schmidt Jr., Kelly Keiser, William J. Chavez, Emily Clemente, Tom Burke, Claire Dougherty, Sharon Berry, Mary Ulmer, Jeanie Conwell, Gary Rolla, Grace Sherry, William F. & Anna Mary Perez Dealderett, Faith Hinkle, Jack Grey, Jim Mann, Sue Silvers, William Callahan, Genevieve Callahan, Gilbert Flores, Julia Seale, Paul Hood, Kathy Kabat, Helen Guichard, Marc Wood, Jean Conwell, Mary Ann Seidlinger, Penny Russell, Kathleen Szyna, Helen Guichard, Peter Boland, Eugene Wingert, Joshua White, Mary Kazalski, Paula Snellings, Mary Farrell Bennett, Kathleen Bagshaw, Ronald Bove, Matthew Wood, Lyza Chin, Raywood Dartez, Teddy Woods, Jerry Harding, Sonny Flowers, Daniel Foster, Maria Faster, Paul Foster, Teresa Hopkins, Lexi Haglund, Stephanie Szyal, Mary Quinn, Somporn Arnold, Deidre McQuade, Janet & Gregory Sharp, Tanner Bush

**Please pray for all the men and women in our military and civilian support services overseas, especially:** Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Jason Cullinan, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobs, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Daniel Algert, Jason King, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro

**Please pray also for those who have died, especially the benefactors of Saint Mary Church.**

### AI / Nar Anon Support Available \*Resuming Sept. 9, 2021\*

AI Anon is for those who have been affected by someone else's drinking, and members come together to learn a better way of life and how to find happiness. Especially at this time of year, it's important to know that you are not alone and there is help. There is an AI Anon meeting every Saturday at 10am in Room 204 of St. Mary's Parish Life Center.

Nar Anon is a program that offers support to family members and friends of loved ones struggling with substance abuse. All information and discussion is non-judgemental, informative and strictly confidential. Our meetings are in **Room 100 in the Parish Life Center on Thursday from 7-8pm** and are open to the community at large. **Contact Wayne at cushingwr@gmail.com / 540-840-5230 or Wanda at wandasj823@gmail.com / 540-538-6978**

## Daily Mass Intentions and Readings

### August

#### 30 MONDAY

6:30am Irene Melton+

9:00am Ray Cook+

1 Thes 4:13-18/Lk 4:16-30

#### 31 TUESDAY

6:30am Joseph Merratu+

9:00am Kathryn Petrill

1 Thes 5:1-6, 9-11/Lk 4:31-37

### September

#### 1 WEDNESDAY

6:30am Chris Barlow

8:15am\* David Cork+

9:00am Paul Dreto+

Col 1:1-8/Lk 4:38-44

#### 2 THURSDAY

6:30am Antonio McAdams Jenkins

9:00am Charles White+

Col 1:9-14/Lk 5:1-11

#### 3 FRIDAY

6:30am In Reparation

9:00am In Reparation

8:00pm 1st Friday Latin In Reparation

Col 1:15-20/Lk 5:33-39

#### 4 SATURDAY

9:00am Patrick Hagans+

5:00pm Anna Yalch+

7:00pm Richard and Shela Klugh+

Col 1:21-23/Lk 6:1-5

#### 5 SUNDAY

7:00am Lucidio Morillo+

8:30am Amada Aspiraos De La Cruz

10:30am Those Who Died in August

10:30am\* Sam Cariddi+

12:30pm For Our Parish

2:30pm Roxana Granados

5:00pm Charlotte Shackelford

7:00pm Jill Marie Patullo+

Is 35:4-7a/Jas 2:1-5/Mk 7:31-37

*\* Indicates Mass at Holy Cross Academy  
Please remember, Mass intentions may be requested at the parish office for any remaining Masses of the year. If a desired date is no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.*