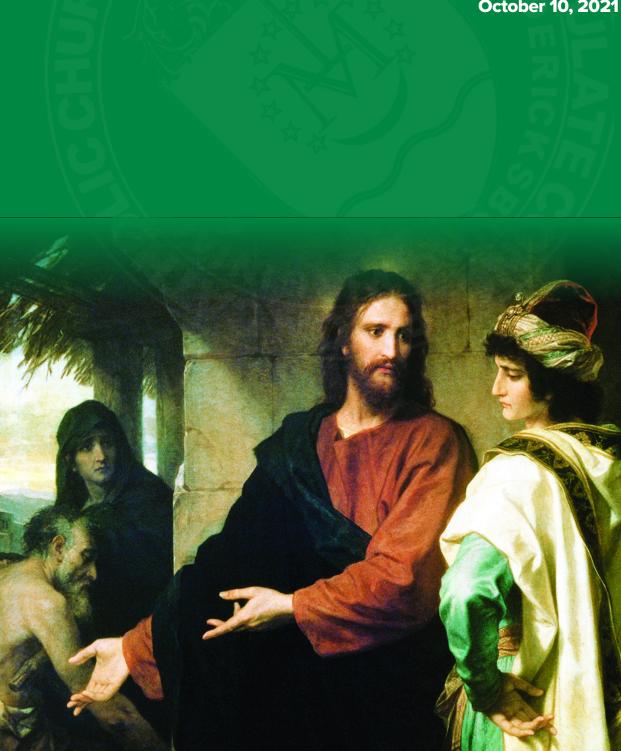
# **TWENTY-EIGHTH SUNDAY IN ORDINARY TIME**

October 10, 2021



Saint Mary of the Immaculate Conception Roman Catholic Church 1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

# announcements

### LIVE-STREAMING NEWS

The 8:30am Sunday and weekday Masses are the ONLY live-streamed Masses.

Live-streaming will ONLY take place on Sunday's at the 10:30 and 12:30 Masses if needed due to overflow in the PLC. If the PLC is empty, no live-streaming will occur. Folks are encouraged to join the celebration of Mass in the church. For those with health concerns, Mass is being offered Sunday's at 8:30am at Holy Cross Academy - Mask are mandatory and Holy Communion is offered on the hand ONLY.

Please note, once the 8:30am live-stream is complete, the Mass is available to view all day long.

# contact us

- Saturday Vigil 5 & 7pm Sunday 7, 8:30, 10:30am, 12:30, **SUNDAY** MASS 2:30pm (Spanish), 5pm, 7pm 10:30am at Holy Cross Academy
- Monday Friday: 6:30am, 9am DAILY MASS M/W/F: 12 Noon Saturday: 9am First Friday 8pm Holy Days of Obligation, as announced
- **DEVOTIONS** Adoration, Daily between 6:30am & 9am Mass, Wednesday 12:30pm - Friday 9am Miraculous Medal Novena, Mon., after 9am Mass, Divine Mercy, Wed., 3pm
- CONFESSION Wednesday 11:30am-12pm, 6:30-8:30pm; Sat., 8-8:30am & 3:30-4:30pm
- 540-373-6491, fax 371-0251 PARISH stmary@stmaryfred.org Monday - Friday, 8:30am - 4:30pm; students staff office weekdays until 9pm, Saturdays 9-5pm, Sundays 9:30-1:30pm

Pastor, Fr. John Mosimann Fr. Sean Koehr, Parochial Vicar Fr. Michael Folmar, Parochial Vicar Fr. Scott Sina, Parochial Vicar Fr. Phillip Cozzi, Parochial Vicar Deacon Alberto Bernaola Deacon Dick Delio

Business Manager, Elaine Stanislawski Parish Secretary, Jachebel Rios Director of Music, David Uschold



With the lifting of the dispensation for Sunday and Holy Day Mass obligation by the Bishops beginning the weekend of June 26-27th. we will be in need of additional assistance at ALL MASSES

> Sign up by following the link below signupgenius.com/go/ 70a0b48a9af29aaf58-ushers

# stmaryfred.org

HOLY CROSS ACADEMY

540-286-1600 250 Stafford Lakes Parkway Fredericksburg, Virginia 22406-7234 Principal - Dr. Stephen Fry, sfry@holycrossweb.com

**ST. MARY** 540-373-7553 **PRESCHOOL** Director, Sheri Castellarin

RELIGIOUS 540-373-6491 EDUCATION Director, Aristides Lucas Associate Director, Karen Sturtevant

- YOUTH MINISTRY tbeltran@stmarvfred.org Tatiana Beltran
- stmaryyava@gmail.com YOUNG ADULTS 540-842-2875
- OUTREACH 540-373-6491 Elena Doyle - edoyle@stmaryfred.org
- BAPTISMS Parish registration (90 days) and class reauired. Please contact the parish office to schedule the date at least four weeks in advance.
- **MARRIAGE** Parish registration required; contact parish six months in advance to begin preparation.
- New Parishioner Welcome meetings held JOIN US in the Parish Life Center on fourth Sun days, following the 10:30 Mass. Please notify us of any contact changes.

Articles must be submitted two weeks prior to publication. Send articles to bulletin@stmaryfred.org. Thanks!

# from our pastor pax et bonum

#### Dear Folks,

It is with sadness that we have to announce postponing our event with Dr. Ricardo Castañón Gómez about Eucharistic Miracles. Because of health issues for him, we are going to need to reschedule this event for the spring. I am so grateful that the need to reschedule didn't arise at the last second, but also that this will give us some more time to promote this event beyond our parish!

It is always a wonderful thing to be able to contemplate the wonders and miracles of Our Lord. That He has given us such wonders is a lovely gift, and can confirm, strengthen, and encourage us in living our Catholic Faith! Our faith is not because of miracles, but they serve as a constant reminder that the Lord loves us and is even willing to break through the clouds of our doubt, and confusion with supernatural interventions into our daily lives.

Yes, Our Lord said, "Blessed are those who believe without seeing," as He was letting St. Thomas the Apostle put his finger into His wounds and His hand into His side! If your faith is strong, then rejoice at Our Lord's willingness to peel back the curtain of the Eucharistic Mystery for His children whose faith is in need. And thank Dr. Gomez for responding to this invitation from Our Lord to make His Eucharistic Miracles known. As soon as we have dates, we will let you know when we reschedule this event for the spring. Please pray for Dr. Ricardo's full recovery of health!

Also, next weekend is our Parish Life Weekend! This is always a great opportunity to get to know ministries and the wonderful volunteers who help to make things happen here in the parish! The pandemic has been hard on our volunteer corps. We have all formed so many new habits, and also have widely varied perception and tolerance of risk as pertains to the waning pandemic.

This coming week we are asking you to look at the ministry booklet that was recently mailed to parish families, and ask yourself, "where does the Lord want me to contribute to the wellbeing of parish and city? Where can I help with the time, talent, and treasure that the Lord has given me and for which I will render an account to Him on the great day to come?"

pax,

Marian

Fr Mosimann

**RITE OF CHRISTIAN INITIATION OF ADULTS** 

**RCIA 2021** 

**ARE YOU INTERESTED IN BECOMING CATHOLIC?** 

WOULD YOU LIKE TO LEARN MORE ABOUT THE CATHOLIC FAITH?

## JOIN US EVERY THURSDAY FROM 7:30-9PM

REGISTER BY EMAIL: RCIASTMARYFRED@GMAIL.COM | LOCATION JPII HOUSE

# education

# holy cross academy



A National Blue Ribbon School of Excellence



# First Annual HCA Apple Day

To help encourage healthy eating, HCA Kitchen Manager, Mrs. Mary Beall, arranged for all of our classes to participate in Apple Day. Everyone was supplied with a fresh Honeycrisp apple. The countdown to 10:00am was conducted by Dr. Fry, our Principal. At 10:00 a.m., all students, faculty and staff took a bite of their apple!

## First Meeting of the 2021-2022 National Junior Honor SocietyHoly

Cross Academy students who were inducted into the National Junior Honor Society for the 2021-2022 school year had their first meeting. Mrs. Shevlin, our Guidance Counselor, is their moderator. We are very excited to be moving toward normal by offering more extra-curricular activities this year.

# **Bag Lunches for the Homeless**

Holy Cross Academy provides weekly support to the Brisben Center. The Brisben Center is the greater community's largest full service, year-round, residential emergency homeless center. This unique facility opened in 2005 as the result of a vision and partnership among the leadership of the nonprofit Thurman Brisben Homeless Shelter, Inc., the City of Fredericksburg and the greater community.

Our Kindergarten class was the first to provide bag lunches to the Brisben Center this year. Food items are brought in by a different class each week and the students decorate the bags and help prepare the bag lunches. Parent volunteers take the lunches to the center each week.

# **Schedule Your Tour Today**

If you have considered making an academic change for your student, it's not too late. While we have waiting lists in several grades, we do still have availability in some of our grades. Please contact Mrs. Lanier by email (dlanier@holycrossweb.com) or call the school office (540-286-1600) for more information or to schedule a tour.







WE WELCOME YOU HOME. 540-373-6491 **4** 

# education religious education

## **Celebrating the Lord's Day:**

On Sunday, we gather as the Body of Christ to celebrate the Lord's Day, the day of Christ's Resurrection:

As "the first day of the week" (Mk 16:2) it recalls the first creation; and as the "eighth day," which follows the Sabbath, it symbolizes the new creation ushered in by the Resurrection of Christ. Thus, it has become for Christians the first of all days and of all feasts. It is the day of the Lord in which he with his Passover fulfilled the spiritual truth of the Jewish Sabbath and proclaimed man's eternal rest in God. (Compendium of the Catechism of the Catholic Church, no. 452)

The Scriptures tell us that Jesus rose on the first day of the week—the day following the Jewish Sabbath. Shortly after daybreak, the women found the tomb empty and Jesus risen from the dead. Jesus' death and Resurrection opened for us the doors of salvation. Sharing in Jesus' death in Baptism, we hope to share in his Resurrection. We become a new creation in Christ. It is that new creation which we celebrate on Sunday:

"This is the day the Lord has made; let us rejoice in it and be glad." (Ps 118:24)

Each Sunday is a "little Easter"—a celebration of the central mysteries of our faith. usccb. org/prayer-and-worship/the-mass/upload/ celebrating-the-lords-day.pdf

### WATCH JOHN XXIII: THE POPE OF PEACE

FORMED

This movie tells the whole life story of John XXIII from his youth through his young priesthood, episcopacy, life as cardinal, and eventually his life as Pope. Elected supposedly as an "interim Pope" who would just keep the status quo and listen to the advisers around him, John XXIII proved to be his own man when he surprised the Church and world by calling for the Second Vatican Council.

## PICK OF THE WEEK

Oct 10, 2021



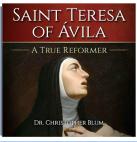
### LEARN DIVINE MERCY WITH FATHER MICHAEL GAITLEY EPISODE 6: FATIMA



Renowned speaker and author Fr. Michael Gaitley tells the dramatic history of God's love and mercy in this 10-part series. Against the backdrop of a world engulfed in war, the prophetic drama surrounding a small town in Portugal captures the minds and hearts of believers and unbelievers alike. In this episode of learn about Pope Benedict XV and the apparitions at Fatima.

### **LISTEN** SAINT TERESA OF ÁVILA: A TRUE REFORMER BY CHRISTOPHER BLUM

Dr. Christopher Blum unfolds the inspiring life of St. Teresa and her important role in the Catholic Reformation. After having already been a nun for twenty years, she had a radical transformation in her own life and then became one of the most powerful forces for bringing about conversion and positive change in the history of the Church. Listen and learn about this Mystic, Doctor of the Church, and True Reformer.



SIGN UP FOR FREE AT FORMED.ORG/SIGNUP CLICK REGISTER THEN ENTER PARISH CODE F6F228

## **Religious Education Events**

Mondays and Tuesdays Lectio Divina with Deacon Alberto Bernaola: Streamed from the Parish Life Center on parish Facebook page on Mondays in Spanish and on Tuesdays in English at 6:30pm during Religious Education classes. Parents are also encouraged to attend.

### Monday to Wednesday, October 11-13

No Religious Education Classes

### Tuesday, October 12

Teaching Masses in the church at 4:45pm and 6:30pm

### Wednesday, October 13

2nd Catechist Training from 6-9pm in the PLC

### Thursday, October 14

Confirmation Year 1 Formation Night at HCA from 7-8pm

### Monday, October 18

Confirmation Year 2 Meeting in the church at 7:30pm

# our parish happenings

## Mark Your Calendars

All registered parishioners will be receiving a 2021-2022 Ministry Catalogue in the mail in the coming week. Take a moment to look through it BEFORE Parish Life Weekend, October 16-17 when most of our over 80 ministries will be present. Stop by the ministry tents outside the church to sign-up or ask questions about a particular ministry. There is something at St. Mary's for everyone and we look forward to meeting you and welcoming your gifts and talents!

## **St. Mary Food Pantry**

The response to our new St. Mary Emergency Food Pantry Bags has been overwhelming. Our parishioners are AMAZING!!!! We have more food than we can give away right now. We will take a quick pause on the collection of food and we will advertise a restart date. If you would like to donate food, you are ALWAYS welcome to bring donations directly to the Fredericksburg Food Bank, they are open Monday-Friday from 9am-4pm. Thank you for your goodness!

## World's Finest Chocolate Sales are Coming Back!

The students at Holy Cross Academy are conducting their annual Chocolate Sale to raise money for their school. Students will be in their uniforms outside of mass selling World's Finest Chocolate candy bars on October 17 and 24. Please consider supporting the students at our parish school.

## **Prayers and Squares**

Pocket squares will be available at St. Mary's and Holy Cross, on October 16 and 17.

## Knights of Columbus Freedom 5K 2021

The Knights of Columbus will be hosting the Freedom 5K (virtual) Run again this year. Register now through November 15, 2021 at **kofcfreedom5k.com**. All donation and sponsor proceeds will be evenly divided between Mary's Shelter and St. Joseph House for Adult Education.

## **CCW NEWS**

St. Mary's Council of Catholic Women will be hosting Robynn Schamel, one of our parishioners, as its speaker, on October 19th, at 10am in the Fr. Rooney room. Robynn will be talking about the Seven Sisters Apostolate, which is a call to strengthen the Church by ensuring that a Holy Hour is prayed each day of the week for the sole intention of a specific priest or bishop—a "holy wasting" (cf. Mt. 26:10) or lavishing of prayer for his deeper conformity to Christ. Join us! It might just be the call you have been waiting for.

"In strengthening the priest, you strengthen the whole Church... Strengthen the priest and you strengthen the whole foundation, you strengthen everything in the Church." — Fr. Gerald Fitzgerald, S.P.





P. Ignacío Larrañaga

Te invitamos a que participes y te enriquezcas del próximo Curso Matrimonial

Inicio: Sábado 16 de octubre Hora: 10 am -12 pm Duración: 6 sábados consecutivos Lugar: Parroquia St. Mary of the Immaculate Conception Inscripciones: Betsy o Miguel Correa, (540) 842-7575.

# our parish ministry highlight

# **Ministry Highlight**

Our Parish Life Committee is responsible for decorating and serving at several parish events throughout the year. This group of creative parishioners meet several times during the year in advance of events such as Parish Life Weekend, Leadership Dinner, St. Andrew's Dinner, Catechist & Teacher Appreciation Dinner to plan the décor and the set-up of these events. If you are creative and like to work with a great team – this is your ministry!

If interested, visit Parish Life at the tent next weekend or reach to Christina Anderson at **ckasiak@verizon.net** 

Hello my name is Christina Anderson and I have served on the Parish Life Ministry for four years. An enjoyment I get from being involved with this group is coming together with other members to use my creativity. My spiritual life has been enriched by helping to create a spiritual atmosphere at Parish events such as the volunteer and teacher appreciation dinners. To be a member of Parish Life for me enables me to foster new friendships and getting to know new people. This ministry is fun and it's rewarding to see my creative talents come to life for my parish.



# youth ministry

## Middle School Youth Group (6th-8th)

Meetings are the 1st & 3rd Friday of the month from 6:30-8pm in the Parish Life Center.

## **YOUCAT** Nights

High School Teens are invited to join us for nights of Scripture, fellowship, and prayer. We meet Wednesdays from 6:30-8pm in the John Paul II House.

## Fight Club

All high school young men are invited to join Fight Club. Meetings are Thursdays 5:30-6:30pm in the John Paul II House. Fight Club is an accountability brotherhood committed to leading young men in our Church through purity of heart.

## CYM Dinner & High School Youth Group

Join us in the Parish Life Center for free dinners starting at 6pm followed by Youth Group from 7-8:30pm.

## **Fitness Club**

Faith, Fun, and Fitness! Open to all Middle School and High School students. We will work on running, strength, and agility training. All levels of fitness welcome! Contact Tatiana Beltran - **tbeltran@ stmaryfred.org** 

# #GetInvolvedBeTransformed

Follow us @StMaryCYM

# you're invited stic m

SCIENCE HAS PROVEN THE REAL PRESENCE IN

# 1Charist **1**90 DR. RICARDO CASTAÑÓN GÓMEZ

**Tickets are FREE and available** at the PARISH OFFICE or ONLINE

> October 22, 10am bit.ly/FridayMiracles

October bit.lv/

In 1996, then athei

POSTPONED POSTPO2222 SPRINC2022 DDLE & HIGH SCHOOLS ENCOURAGED TO ATTEND

# Saturday, October 23

**10AM** | **PRESENTATION IN ENGLISH** 

2:30PM | PRESENTACIÓN EN ESPAÑOL

FRED NATS BALLPARK 42 JACKIE ROBINSON WAY FREDERICKSBURG, VA 22401

Fred Nats

# our parish

# concerts at st mary

On Friday, October 22, 2021 at 8:00 p.m., Concerts at Saint Mary welcomes the trumpet/organ duo of Chuck Seipp and Randall Sheets, who will perform a program to open the 2021/2022 concert season.

Trumpeter Chuck Seipp and organist Randall Sheets are two performers at the top of their craft. As the Seipp/Sheets Duo, their programs feature a diverse array of classical, virtuoso, lyrical, humorous and patriotic works. The duo's performances also include audience participation and video presentations, ranging from interactive videos, to patriotic imagery, to silent film. Both are high-profile musicians in their own right. Dr. Sheets is ceremonial organist for Arlington National Cemetery, and Dr. Seipp is a Shenandoah Conservatory professor and Sergeant Major (retired) from The United States Army Band, "Pershing's Own." Their reputation for excellence as a duo has grown during the past four seasons, as they have performed more than 50 concerts in 20 states (including Piccolo Spoletto L'Organo, Washington National Cathedral, The Franciscan Monastery of the Holy Land, and West Point Cadet Chapel) and produced three recordings. In addition to standard repertoire and arrangements of their own, the Seipp/ Sheets Duo regularly commissions new arrangements and compositions.

The program performed by the fantastic duo will include many original arrangements for trumpet and organ of well-known works including Bach's Toccata and Fugue in D minor, Mussorgsky's Pictures at an Exhibition, and Bohemian Rhapsody by Freddie Mercury to name a few. As with all Concert at Saint Mary events, the concert is free and open to the public. Mark your calendars for an evening that promises to be enjoyable and entertaining.



# our parish calling all men

#### THAT MAN IS YOU!

is an interactive men's program combining the best research from science with the teachings of the Catholic faith and the wisdom of the saints to develop the vision of man fully alive. By honestly addressing the pressures and temptations that men face in our modern culture, That Man is You! Seeks to form men who will be capable of transforming homes and society.



# BECOMING A MAN AFTER GOD'S OWN HEART

THE VISION OF MAN FULLY ALIVE

#### **DISCOVER:**

- The scriptural vision of man and the overwhelming scientific evidence that supports this vision.
- The four leadership roles that have been entrusted to men and the five personal traits necessary for fulfilling these leadership roles.
- How and why Satan always attacks the union of man and woman.
- The three main obstacles to living as authentic men and the means for overcoming them.
- The wonderful renewal God is offering to men and their families through the Church.

#### **PROGRAM DEVELOPER:**

#### Steve Bollman

Developer, That Man is You! Founder & President, Paradisus Dei

During the Great Jubilee, Steve Bollman experienced a personal call to found a ministry dedicated to the renewal of marriage and family life. In 2002, he set aside his professional interests as an energy derivatives trader in Houston, Texas, to found Paradisus Dei. In 2004, Steve developed the That Man is You! Men's program, which quickly moved across the country transforming men, marriages and families. Independent research by a Faith Advisor to The Gallup Poll identified it as one of the most life transforming programs ever studied.

### **PROGRAM INFORMATION**

Saturday Mornings St. Mary of the Immaculate Conception Parish Life Center 1009 Stafford Ave Fredericksburg, VA 22401 Beginning September 11th, 2021

### SCHEDULE

6:30 am Breakfast 6:45 am Presentation 7:15 am Small Group Discussions 7:45 am Conclusion 8:00 am Dismissal

IT'S NOT TOO LATE TO JOIN!

# estás invitado dros eucarí

LA CIENCIA HA DEMOSTRADO LA PRESENCIA REAL EN

# **ag**1 DR. RICARDO CASTAÑÓN GÓMEZ **1Caristi**

REPROGRAMADO PRIMAVERA 2022

# Sábado 23 de octubre

2:30PM | PRESENTACIÓN EN ESPAÑOL

FRED NATS BALLPARK 42 JACKIE ROBINSON WAY FREDERICKSBURG, VA 22401

Fred Nats

# operations given in love

## Weekly Offertory

Donations ReceivedSeptember 22 - September 27Sunday Offertory\$21,072

Building Fund/Debt Reduction \$297

Poor Box for St Vincent de Paul

Thank you for your generosity.

\$430

## Children's Offertory Envelopes for October

The children's charity that will benefit from Children's Offertory Envelopes in October is Safe Harbor Child Advocacy Center in Spotsylvania. This organization strives to strengthen the coordinated community response to situations of child maltreatment, including sexual abuse, severe physical abuse, severe neglect and fatalities, by integrating the existing resources of law enforcement, child protection, prosecution, medical and therapeutic agencies so that perpetrators are held accountable for their actions and children are not further traumatized by the investigative process. Children's Offertory Envelopes are available through Religious Education. All proceeds from these envelopes go to a different children's charity each month.

## October - Month of the Holy Rosary

By Apostolic Brief at the Eucharistic Congress of Bologna, in September 1927, a Plenary Indulgence is granted to all the faithful who recite the Holy Rosary in the presence of the Blessed Sacrament, either exposed for veneration or reserved in the Tabernacle.

## A Prayer to Our Lady of Guadalupe

Virgin of Guadalupe, Patroness of unborn children, we implore your intercession for every child at risk of abortion. Help expectant parents to welcome from God the priceless gift of their child's life. Console parents who have lost that gift through abortion, and lead them to forgiveness and healing through the Divine Mercy of your Son. Teach us to cherish and to care for family and friends until God calls them home. Help us never to see others as burdens. Guide our public officials to defend each and every human life through just laws. Inspire us all to bring our faith into public life, to speak for those who have no voice. We ask this in the name of your Son, Jesus Christ, who is Love and Mercy itself. Amen.

## **Pro-Life Reflection**

"Pope Francis challenges us to be protectors of all creation, to be stewards of all God's gifts. We begin to exercise this responsibility when we defend human life -- especially the unborn and the vulnerable. When we affirm the sacredness of all human life, we acknowledge God's plan for each human being, and we work to defend the gift of life from every form of abuse. Similarly, when we affirm that everything God made is good and worthy of our reverence and respect, we look differently on all God's creation." (Archbishop Robert J. Carlson, Archbishop of St. Louis, MO, "Caring for God's creation is good stewardship," St. Louis Review, July 11, 2013) We pray for all those who defend the unborn, that they may be persistent and faithful in their witness as they strive to build a culture of life.

## Adoration of the Blessed Sacrament

# Wednesday 12:30pm to Friday 9am

"It is not to remain in a golden ciborium that He comes down each day from Heaven, but to find another Heaven, the Heaven of our soul in which He takes delight." – St. Thérèse of Lisieux, Feast Day October 1

Come and adore Our Lord in the most beautiful Blessed Sacrament of the Altar and honor His Holy Mother by saying the Rosary in His Divine Presence. October is the Month of the Holy Rosary and October 7 is the Feast of Our Lady of the Rosary. We have continuous Exposition of the Blessed Sacrament every Wednesday after the 12 Noon Mass until Friday morning before the 9am Mass. We also have Exposition of the Blessed Sacrament 7am to 9am Monday, Tuesday and Wednesday.

## **All Souls Novena**

The Holy Sacrifice of the Mass is the best way to remember your deceased loved ones. Our All Souls Novena will begin on Tuesday, November 2, All Souls Day. An intention envelope is included with your bimonthly envelope packet; additional envelopes are available in the vestibule of the Church. *There is no collection on All Souls Day. Envelopes should be turned in early and will be placed near the altar during the Novena.* 

# liturgy daily bread

# Saint Mary Prayer List - October

**Please pray for those who are sick or in need, especially:** Kaitlyn Mangini, Mary Ann Seidlinger, David Smetek, Rita Schrader

# Please pray for all the men and women in our military and civilian support services overseas, especially:

Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Jason Cullinan, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobes, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Daniel Algert, Jason King, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

# St. Mary Prayer List Changes

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email **stmary@stmaryfred.org** or call the office at **540-373-6491**.

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

Thank you.

# Al / Nar Anon Support Available

Al Anon is for those who have been affected by someone else's drinking, and members come together to learn a better way of life and how to find happiness. Especially at this time of year, it's important to know that you are not alone and there is help. There is an Al Anon meeting every Saturday at 10am in Room 204 of St. Mary's Parish Life Center.

Nar Anon is a program that offers support to family members and friends of loved ones struggling with substance abuse. All information and discussion is non-judgemental, informative and strictly confidential. Our meetings are in **Room 100 in the Parish Life Center on Thursday from 7-8pm** and are open to the community at large. Contact Wayne at **cushingwr@gmail.com / 540-840-5230** or Wanda at **wandasj823@gmail.com / 540-538-6978** 

## Daily Mass Intentions and Readings

# October

### **11 MONDAY**

6:30am Sarah Egan+ 9:00am John and Linda Guthrie Rom 1:1-7/Lk 11:29-32

### **12 TUESDAY**

6:30am All Souls 9:00am Cesar Anchiraico Rom 1:16-25/Lk 11:37-41

### **13 WEDNESDAY**

6:30am All Souls 8:15am\* Theodora Woods+ 9:00am Mary Grace Guthrie Rom 2:1-11/Lk 11:42-46

### **14 THURSDAY**

6:30am Christian LeBlanc 9:00am Kathryn and Edward Stack Rom 3:21-30/Lk 11:47-54

### **15 FRIDAY**

6:30am Glen Sturtevant, Sr. 9:00am All Discalced Carmelites Rom 4:1-8/Lk 12:1-7

### **16 SATURDAY**

9:00am John Comerford 5:00pm Margaret Dougherty+ 7:00pm Annette Taisma Rom 4:13, 16-18/Lk 12:8-12

### **17 SUNDAY**

7:00am Alma Thume Hall+
8:30am For Our Parish
10:30am Charles Michadick+
10:30am\* James Seidlinger+
12:30pm Riona Mairead Horne+
2:30pm Romina Hernandez
5:00pm Benjamin Clarke
7:00pm Lois Michelle+
Is 53:10-11/Heb 4:14-16/Mk 10:35-45

\* Indicates Mass at Holy Cross Academy Please remember, Mass intentions may be requested at the parish office for any remaining Masses of the year. If a desired date is no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.