

FOURTH SUNDAY OF ADVENT

December 19, 2021



Saint Mary of the Immaculate Conception Roman Catholic Church
1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

announcements

LIVE-STREAMING NEWS

The 8:30am Sunday and weekday Masses are the ONLY live-streamed Masses.

Live-streaming will ONLY take place on Sunday's at the 10:30 and 12:30 Masses if needed due to overflow in the PLC. If the PLC is empty, no live-streaming will occur. Folks are encouraged to join the celebration of Mass in the church. For those with health concerns, Mass is being offered Sunday's at 8:30am at Holy Cross Academy – Mask are mandatory and Holy Communion is offered on the hand ONLY.

Please note, once the 8:30am live-stream is complete, the Mass is available to view all day long.

USHERS NEEDED

AT ALL MASSES

With the lifting of the dispensation for Sunday and Holy Day Mass obligation by the Bishops, we will be in need of additional assistance at ALL MASSES

Sign up by following the link below
signupgenius.com/go/70a0b48a9af29acf58-ushers

contact us

stmaryfred.org

SUNDAY MASS

Saturday Vigil 5 & 7pm
Sunday 7, 8:30, 10:30am, 12:30,
2:30pm (Spanish), 5pm, 7pm
10:30am at Holy Cross Academy

DAILY MASS

Monday - Friday: 6:30am, 9am
M/W/F: 12 Noon
Saturday: 9am
First Friday 8pm
Holy Days of Obligation, as announced

DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass,
Wednesday 12:30pm - Friday 9am
Miraculous Medal Novena, Monday, after 9am Mass
Divine Mercy, Wednesday, 3pm

CONFESSION

Wednesday 11:30am-12pm, 6:30 - 8:30pm;
Saturday, 8-8:30am & 3:30 - 4:30pm

PARISH OFFICE

540-373-6491 fax: 540-371-0251
stmary@stmaryfred.org
stmaryfred.org
Monday - Friday, 8:30am - 4:30pm;
Students staff office weekdays until 9pm,
Saturdays 9-5pm, Sundays 9:30am - 1:30pm

Fr. John Mosimann, Pastor
Fr. Sean Koehr, Parochial Vicar
Fr. Michael Folmar, Parochial Vicar
Fr. Scott Sina, Parochial Vicar
Fr. Phillip Cozzi, Parochial Vicar
Deacon Alberto Bernaola
Deacon Dick Delio

Business Manager, Elaine Stanislawski
Director of Operations, Chris Lanzarone
Facilities, Late-Lawson Drackey
Custodial Services, Carmen Sanchez
Parish Secretary, Jachebel Rios

MUSIC

Director of Music, David Uschold
Asst. Director of Music, Malinda Jones

HOLY CROSS ACADEMY

540-286-1600
250 Stafford Lakes Parkway
Fredericksburg, Virginia 22406-7234
Principal - Dr. Stephen Fry,
sfry@holycrossweb.com

HOLY CROSS PRESCHOOL

540-373-7553
Director, Sheri Castellarin

RELIGIOUS EDUCATION

Director, Aristides Lucas
Associate Director, Karen Sturtevant
Administrative Asst, Lori Barlow

YOUTH MINISTRY

Director, Tatiana Beltran

OUTREACH

Director, Elena Doyle

BAPTISMS

Parish registration (90 days) and class required.
Please contact the parish office to schedule the date at least four weeks in advance.

MARRIAGE

Parish registration required; contact the parish six months in advance to begin preparation.

Articles must be submitted two weeks prior to publication.
Send articles to bulletin@stmaryfred.org. Thanks!

Saint Mary of the Immaculate Conception
1009 Stafford Avenue
Fredericksburg, VA 22401

from our pastor

pax et bonum

Dear Folks,

4th Sunday of Advent. Panic Sunday for procrastinators! No, that isn't the real name, but I think I like it!

I read once read a rather descriptive account of childbirth in the context of contemplating our Christmas celebrations. Huh? Well, the mother writing the article described, despite the unglamorous nature of childbirth, she gladly embraced, that out of this mess came the greatest blessings in her life: the precious lives of her children. Maybe we aren't as prepared as we would like, gifts unwrapped, house needs cleaning, baking to do and whatever other items are on your panic inducing to-do list. But, in the midst of this 'mess' we celebrate the coming of our Lord. So this year I'll offer to God: my panicked last minute shopping, or my anxiety over not being ready... knowing that He can bring good from all things! I can hear Jesus saying, "Ready or not, here I come!" Honestly, I think this is a little bit of why I love family life. It is a little wild, unpredictable, and even chaotic. However this is where and how Our Lord comes to meet us.

So this week when you are tempted to stress, think of the Holy Family traveling by donkey to Bethlehem without an Air B & B reservation. Honor Him, and He will fill your lives with blessings, undeserved and unexpected.

pax et bonum,



Fr Mosimann

holy cross academy



*A National
Blue Ribbon
School of
Excellence*



December at HCA

The month of November passed in blur at HCA Preschool! We learned about community helpers, gratitude, and Thanksgiving. We collected lots of boxes of cereal that were donated to the Fredericksburg Regional Food Bank. We also had a special Friendship Feast!

Our December is a busy one too. We have been learning about Advent, St. Nicholas, the Nativity, Jesus, and about the different colors of vestments worn by the priests. Thank you Fr. Koehr for the fashion show!

Of course, no December at preschool would be complete without a visit from Santa! While we normally have him visit in person, to help keep him healthy throughout the Christmas season, Santa visited us virtually from the North Pole! We will be finishing up 2021 with lots of fun crafts, making ornaments, and our four year olds will be performing Nativity plays for their families.

The Holy Cross Academy and Administration, Faculty, Staff and students would like to wish you a VERY MERRY CHRISTMAS AND HAPPY NEW YEAR!



education religious education

Religious Education Events

Monday to Wednesday, December 20 to 29

No Religious Education Classes, Christmas Break

Monday to Wednesday, January 3 to 5

Religious Education Classes, Religious Education Family Week

Saturday, January 8

Baptism of RE students at 10am in the church

Monday to Wednesday, January 10 to 12

Religious Education Classes

Monday to Wednesday, January 17 to 19

No Religious Education Classes, Semester 1 ends

Wednesday, January 19

4th Catechist Training 6-9pm

Thursday, January 20

Confirmation Year 1 Formation Night at HCA from 7-8pm

Monday to Wednesday, January 24 to 26

Religious Education Classes

Thursday, January 27

First Penance & First Communion meeting at 7pm in church

FORMED®

PICK OF THE WEEK

December 19, 2021

WATCH

CHRISTMAS IN ROME: A CELEBRATION OF THE NATIVITY
Nowhere celebrates the birth of the Savior like Rome. This Christmas, marvel at the Holy City's festive celebration of the coming of the child Jesus in Bethlehem.

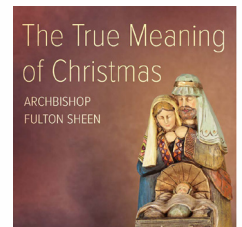


THE STORY OF THE NATIVITY: THE TRUTH OF CHRISTMAS
Christmas is so much more than a humdrum story we've heard since childhood. Join top scholars, speakers, and authors as they explain the gravity of Christ's miraculous birth.

LEARN

LISTEN

THE TRUE MEANING OF CHRISTMAS BY FULTON SHEEN
This presentation combines recordings of Fulton Sheen's timeless reflections on the meaning of Christmas, mixed with Gregorian chant and seasonal music. It is sure to become a family favorite!



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CLICK REGISTER THEN ENTER PARISH CODE: F6F228

Catechesis: Incarnational Ministry

As we await on the doorstep of Christmas—the celebration of the Incarnation of Jesus Christ... Christmas is the season in which we celebrate the very heart of our faith: our knowledge that God has drawn near to his people; the Word became flesh and dwelt among us!

In Jesus Christ, the invisible and intangible God became visible and tangible for us finite human beings. As catechists, we participate in an “incarnational ministry.” Our job is to invite those we teach to see, hear, smell, touch, and taste the Lord. Through our efforts and in cooperation with the Holy Spirit, Jesus Christ continues to become visible and tangible to those we teach.

May this Christmas season re-affirm us in our ministry, and may we bring the nearness of God to all those we encounter, especially to those we teach.

God bless you, and Merry Christmas!

catechistsjourney.loyolapress.com/2019/12/catechists-are-incarnational-ministers/



our parish happenings

Men's Cursillo Weekend

The Men's Cursillo weekend for the Arlington Diocese will take place March 24-27, 2022 at San Damiano Retreat House, White Post VA. This is a fun, fast moving retreat designed to center oneself, grow in grace, and connect with other Catholic Men in small groups with discussions. There will be 2 Spiritual Directors and 10 lay speakers. There will be time for Reconciliation, Mass, reflection and learning from others. Please contact: Tammie Chute at tammiechute@hotmail.com or go online to: arlingtoncursillo.org and click on the top right hand choice of Cursillo Weekends.

As an added note....TMIY, we would love to have any of you participate for another angle on living your faith. Knights of Columbus, this is an opportunity to gather with other Catholic Men who walk the faith journey. All men are welcome!

Have a Scrip kind of Christmas

Christmas is coming! Have you placed your Scrip order yet? Scrip is a great way to shop for all your holiday needs. Start pre-ordering your cards now so you can be ready bright and early for the Holidays. We have many great retailers like Walmart, Target, Macy's, Kohl's, Lowes, Home Depot, Bass Pro Shops, and many more in inventory now. We can order other cards from over 750 retailers. There are no activation fees on Scrip gift cards. Check out the retailer list at ShopwithScrip.com. Scrip can help you budget your holiday shopping expenses and help HCA at the same time. Stop by the Scrip table today and find out how to use Scrip for all your shopping needs! Last day to order Scrip cards is 13 December to ensure Christmas delivery. The last weekend for Scrip sales after masses will be the 19/20 December. Shop early!

To set up an account at shopwithscrip.com, use our school code, so Holy Cross Academy gets credit for your purchase. If you have any questions about SCRIP or would like the school code, or to place an order, please email the Scrip Coordinator at scripcoordinator@holycrossweb.com. Thanks for using Scrip and supporting Holy Cross Academy.

Pray the Rosary with Our Parish

Join your parish family every morning to pray the Rosary, Monday through Friday immediately following the 6:30am Mass and Monday through Saturday at 8:15am before the 9am Mass. On Thursday mornings, the Rosary is offered for all Priests.



Christmas Flowers

Remember someone you love, either living or deceased, with a donation for our beautiful Christmas Flowers. Envelopes are available in your envelope packets, in the Church and in the Parish Office.

 **Knights of Columbus**

A Joyful
THANK YOU

FOR YOUR SUPPORT!

This year our tree sales have been outstanding! We've nearly sold out this past week and we're all so thankful for those who made it out to purchase a fresh cut Christmas tree from the Knights of Columbus.

With your continued support, we are able to continue to help those in need around our area this time of year.

Merry Christmas!

our parish happenings

Adult Education Bible Study Opportunities for 2022

A Biblical Walk Through the Mass

Do you understand the meaning behind the parts of the Mass? In his video-based study A Biblical Walk Through the Mass, Dr. Edward Sri explores the roots of the words and gestures we experience at Mass and explains their profound significance. In this study, you will come to know and understand the Mass as never before, leading you to a richer, more fruitful worship experience.

Join fellow parishioners for A Biblical Walk Through the Mass beginning January 12, 2022 through February 16th. Start time is 6:30pm. THIS CLASS WILL BE HELD AT HOLY CROSS ACADEMY. MAX class size is 15. Call the Parish Office at 540-373-6491 to sign up. Cost for materials is \$20 (which will be collected at the first class). Contact Suzette at agingcoastrkid@yahoo.com for more information.

No Greater Love: A Biblical Walk Through Christ's Passion

Filmed on location in the Holy Land, No Greater Love is a five-part video series and full-length book that reveals Christ's amazing love for us. Best-selling author Edward Sri guides you through the last hours of Christ's life in this biblical pilgrimage.

While taking this study or reading this book, you will walk step-by-step with Jesus from the Garden of Gethsemane to the Mount of Calvary. Every step of the way, biblical experts reveal how Old Testament prophecies, messianic expectations, biblical symbolism, and historical context shed light on the mystery of Christ's suffering and death.

Join fellow parishioners for No

Greater Love beginning March 9, 2022 through April 6th. Start time is 6:30pm. THIS CLASS WILL BE HELD AT HOLY CROSS ACADEMY. MAX class size is 15. Call the Parish Office at 540-373-6491 to sign up. Cost for materials is \$20 (which will be collected at the first class). Contact Suzette at agingcoastrkid@yahoo.com for more information.

CCW December Program

Get those singing voices ready, as the Council of Catholic Women hosts a mini concert, and sing-along, on December 21 after the 9am Mass. St. Mary's Director of Music and organist, David Uschold and Assistant Director of Music and cantor, Malinda Jones will entertain us with their musical talent, as well as accompany us in singing some of our favorite Christmas carols. It's sure to be beautiful, and lots of fun! Hope to see you there!

Pilgrim Virgin Statue

If you would like the Blessed Mother to visit your home, please contact Mary Lou Felts, 571-723-3333 or maryloufelts@gmail.com.

Micah Cold Weather Shelter

Micah has started housing those in need in local hotels and will continue to do so until mid- to late-March. Teams of Saint Mary volunteers assist on Tuesday evenings by greeting and registering clients at the hospitality center, helping with other tasks and busing the clients to a local hotel. **Each participating church is asked to bring items for those in need. Items most requested are t-shirts (all sizes), underwear (boxers), deodorant and razors. Please consider how you might be able to support this need.** All

donations are gratefully accepted at our Parish Office. Although it is a good thing that Micah can provide hotel rooms during the harsh winter months, it highlights the continuing need for sustainable housing and support mechanisms in our community. For more information about community efforts to help the homeless, please visit **Micah Ecumenical Ministries**, dolovewalk.net or **Thurman-Brisben Homeless Shelter**, brisbencenter.org.

Knights of Columbus Consecration to the Holy Family

Families today face many struggles, both through cultural pressure and through the personal struggles that accompany family life. Despite these struggles — and partly as a result of conquering them — families have great capacity for love and joy, a joy that is strengthened through the peace and truth found in Christ. To assist families in living out this joy of Christ, Supreme Chaplain Archbishop William Lori has composed a prayer through which families may come together to consecrate themselves under the protection of the Holy Family. We invite every family of our parish to engage in the Consecration to the Holy Family on December 26th at 10:30am Mass at Holy Cross Academy

Four suggested steps before praying the Consecration to the Holy Family:

1. Discuss the importance of this consecration as a family and why you are doing it.
2. Each member of your family is strongly encouraged to receive the sacrament of reconciliation.
3. As a family, intentionally choose something to fast from. The fast can be for at least a week. As our physical bodies are drawn to things of the world, it is strongly encouraged that you fast from something that you would normally do or consume. Fasting Helps to discipline our minds and hearts to refrain from secular activities and be more focused on God.
4. Prepare for the commitment you are making. Consecration to the Holy Family is not a single event. You have chosen a way of life for your family. You and your family are consciously choosing to be a beacon of light of God's love through his Church.



The Advent Season 2021 at Saint Mary

*One additional week of Confessions is added to the regular schedule in preparation for Christmas. All are encouraged to plan to celebrate the Sacrament of Confession **early** in the season to avoid the last-minute rush and crowded lines, and the risk of coming too late.*

Please note: There will be no additional Parish Confessions after **December 23 at 7:30pm**

Daily Mass

Monday—Friday • 6:30 & 9am - Noon (M,W,F); Saturday • 9am

Immaculate Conception, December 7 & 8

Tuesday, December 7: 6pm & 7:30pm

Wednesday, December 8 (Holy Day of Obligation): 6:30am, 9am, 12pm, 4pm Latin, 6pm, 7:30pm Bilingual

Candlelight Mass

Every Sunday of Advent at 7pm in the Church

Advent Lessons & Carols

December 17 at 7:30pm

Regular Confession Schedule

Wednesdays in the Church from 11:30am-12pm & 6:30-8:30pm

Saturdays in the Parish Life Center from 8-8:30am & 3:30-4:30pm

*Due to the sheer volume of Confessions, please be patient.
The priests will try to finish the line in a timely manner. Thank you.*

Additional Advent Confessions

December 12 at 8-8:30am and 12-12:30pm

December 13 and 17 at 6:30-7pm

December 19 at 10-10:30am and 2-2:30pm

December 20-23 at 11:30am-12pm and 6:30-7:30pm

The Christmas SEASON at Saint Mary 2021



FRIDAY, DECEMBER 24

CHRISTMAS EVE MASSES

4pm, 6:30pm (Spanish), 8:30pm, 12am (midnight) at Saint Mary Church

4pm & 6:30pm at Holy Cross Academy

SATURDAY, DECEMBER 25

CHRISTMAS DAY MASSES

7am, 8:30am, 10:30am, 12:30pm at Saint Mary Church

No Saturday Confessions & No Evening Masses

SUNDAY, DECEMBER 26

FEAST of the HOLY FAMILY

7am, 8:30am, 10:30am, 12:30pm, 2:30pm (Spanish), 5pm, 7pm at Saint Mary Church

8:30am (High Risk Covid Mass) & 10:30am at Holy Cross Academy

FRIDAY, DECEMBER 31

NEW YEAR'S EVE

Vigil Mass 6pm | 12am (midnight) at Saint Mary Church

SATURDAY, JANUARY 1

SOLEMNITY of MARY, MOTHER of GOD (Not a Day of Obligation)

7am, 8:30am, 10:30am, 12:30 (Bilingual) at Saint Mary Church | No Saturday Confessions

VIGIL for the EPIPHANY

5pm & 7pm at Saint Mary Church

SUNDAY, JANUARY 2

FEAST of the EPIPHANY

7am, 8:30am, 10:30am, 12:30pm, 2:30pm (Spanish), 5pm, 7pm at Saint Mary Church

8:30am (High Risk Covid Mass) & 10:30am at Holy Cross Academy

from the bishop christmas letter



DIOCESE OF ARLINGTON

Office of the Bishop

200 North Glebe Road, Suite 914 • Arlington, Virginia 22203 • Office (703) 841-2511 • Fax (703) 524-5028

Christmas Letter - 2021

Dear Brothers and Sisters in Christ:

Today is born our Savior, Christ the Lord (Lk 2:11).

How blessed are we to celebrate with profound joy the birth of Jesus, Son of God and Son of Mary and Joseph! He is “Light from Light,” and for more than 2,000 years, we have walked in the light that he brought the world at his birth.

Born in the midst of darkness, Jesus’ light heals the world. He calls us in turn to carry that light and, by his grace, to illuminate a world in desperate need of his compassion, love and healing. The Wise Men followed a star shining in the sky, and, because of their trust and faithfulness, they saw the face of Christ. Likewise, each time we choose to follow the Lord and share his light, he transforms us little by little, and we grow closer to the newborn King, the King of Kings.

As we reflect on the challenges we have experienced this past year, we should consider whether we journey through our circumstances like the Wise Men, journeying closer to God in trust. This Christmas season, reflect on the word Emmanuel, which means “God with us.” No matter our challenges and experiences, God is with us and wants to accompany us on our earthly journey.

Throughout this Christmas season and into the coming year, we have a unique opportunity to welcome Christ into our lives more deeply. In anticipation of our Golden Jubilee in 2024, I have called for two preparatory years in advance. The first year, which began on November 21, is devoted to the Eucharist. I encourage you to participate in one of the many 40 Hours Eucharistic devotions taking place throughout the Diocese this Christmas season. In adoration of Our Lord, we remember that he truly is with us—he is Emmanuel.

At this time of great joy and celebration, let us ask Our Lord to help us grow in love of him and of our neighbor and to trust in him just as the Wise Men trusted in him. He is our Light, our God.

Please be assured of my prayers for you, and may the peace and abundant blessings that only Jesus can give be yours at Christmas, throughout the New Year, and always.

Sincerely in Christ,

Most Reverend Michael F. Burbidge
Bishop of Arlington

del obispo carta de navidad



DIOCESE OF ARLINGTON

Office of the Bishop

200 North Glebe Road, Suite 914 • Arlington, Virginia 22203 • Office (703) 841-2511 • Fax (703) 524-5028

Carta de Navidad - 2021

Queridos hermanos y hermanas en Cristo:

Hoy, nos ha nacido un Salvador, el Mesías, el Señor (Lucas 2:11)

¡Qué bendición es celebrar con profunda alegría el nacimiento de Jesús, Hijo de Dios e Hijo de María y José! Él es Luz de Luz y, por más de 2.000 años, hemos caminado en la luz que trajo al mundo con su nacimiento.

Jesús, nacido en medio de la oscuridad, sana al mundo con su luz. Él nos llama a llevar esa luz y, por su gracia, a iluminar a un mundo que necesita desesperadamente su compasión, amor y sanación. Los Reyes Magos siguieron una estrella que brillaba en el firmamento y, por su confianza y fidelidad, vieron el rostro de Cristo. Asimismo, cada vez que optamos por seguir al Señor y compartir su luz, Él nos transforma poco a poco y nosotros nos acercamos más al Rey de Reyes recién nacido.

Al reflexionar sobre las dificultades que hemos experimentado este año pasado, debemos pensar si recorrimos el camino de nuestras circunstancias como los Reyes Magos, más cerca de Dios con confianza en Él. En esta temporada de Navidad, reflexionemos sobre la palabra Emmanuel, que significa “Dios con nosotros”. No importa cuáles sean nuestras dificultades y experiencias, Dios está con nosotros y quiere acompañarnos en nuestro peregrinaje terrenal.

En esta temporada de Navidad y el año entrante, tenemos una singular oportunidad de acoger a Cristo en nuestra vida de una manera más profunda. En anticipación de nuestro Jubileo de Oro en 2024, he designado un período de dos años de preparación. El primer año, que comenzó el 21 de noviembre, está dedicado a la Eucaristía. Los animo a participar en una de las muchas devociones eucarísticas de las 40 Horas celebradas en toda la Diócesis en esta temporada de Navidad. En adoración de Nuestro Señor, recordemos que Él verdaderamente está con nosotros, que Él es Emmanuel.

En esta época de gran alegría y celebración, pidámosle a Nuestro Señor que nos ayude a crecer en el amor de Él y de nuestro prójimo y a confiar en Él como lo hicieron los Reyes Magos. Él es nuestra Luz, nuestro Dios.

Tengan la seguridad de que todos ustedes estarán presentes en mis oraciones. Que reciban la paz y las abundantes bendiciones que solamente Jesús puede darles en la Navidad, durante el Año Nuevo y siempre.

Fielmente en Cristo,

Monseñor Michael F. Burbidge
Obispo de la Diócesis de Arlington

operations given in love

Weekly Offertory

Donations Received December 1 - December 6

Sunday Offertory	\$34,100.30
Parish Christmas Charities	11,647.00
Parish Debt Reduction Fund	596.00
Retirement Fund for Religious	465.00
St. Vincent de Paul Poor Box	473.00

Thank you for your generosity.

Children's Offertory Envelopes for December

Our Children's Charity for the month of December is the Office of Migration & Refugee Services (MRS) in Fredericksburg, which assists refugee families and children, who have fled their homeland in fear of persecution and in fear for their lives. After a lengthy resettlement process through the US Government, approved families arrive with no material possessions other than the clothes on their back. With only 1 to 2 weeks' notice, MRS "Welcomes the Stranger" and assists families with housing, food, employment, schooling for their children and many other urgent needs. For more information visit arlingtondiocese.org/mrs.

Pro-Life Reflection

Thanks to Christmas, all the earth has seen the saving hand of God! A new and radiant vision of His glory has shone upon us, because human life has been joined to Him. He has raised human life to a greater dignity than it had before. Life was always sacred, because it is God's creation. But thanks to Christmas, human life is forever united to Divine Life in and through the Infant King of Bethlehem. *Lord, may all Your people continue to marvel at Your love for human life and reverence this gift as You do.*

For Unto Us a Child Is Born, Christ the Savior! Give a Gift for Life

This Advent, include a Gift for Life on your Christmas List, by supporting Project Rachel or the Gabriel Project. It is easy to make a small, tax-deductible contribution as a gift in the name or memory of a family member or friend, and it will make a big difference in a woman's life. You have the opportunity to assist a frightened young woman who has just learned she is pregnant, or a woman who opted to abort her child and is now experiencing the after effects of her choice. Your gift directly supports the cost of an expectant mother's prenatal vitamins, or counseling for a woman who is experiencing the emotional distress of an abortion. Please pick up a flyer in the vestibule of the Church and follow the directions, or go to the following link to donate online: arlingtondiocese.org/giftforlife.



Children's Offertory Envelopes for January

Camp Rainbow is held every Spring for children who are coping with the loss of a loved one. Camp Rainbow provides a path for child campers along their journey through grief and toward healing. Little Buddies (child participants) are paired with trained Big Buddies (adult volunteers) to explore their feelings through age-appropriate crafts, activities, discussions and one-on-one time. Expressive therapies such as art, music and dance are used to assist children with their grief and are balanced with traditional camp activities, like arts and crafts, kayaking, and singing by the fire. For more information, go to marywashingtonhealthcare.com.

Daily Advent Prayer

*O Jesus, little child, come into my heart on Christmas morn, to wash away my sins and remain there in eternity. O Mary, Mother of my Savior, prepare for Jesus a cradle in my heart.
Amen.*

liturgy daily bread

Saint Mary Prayer List - December

Please pray for those who are sick or in need, especially:

Jason Stoker, Paul A. Lombardy, Agnes Lombardy, Courtney Kirby, Jorge Felix, Shirley Bozicevic, Mary Ullmer, Nancy Conley, Joy Zerby, Mary Farrell Bennett, Thomas Moeller, Carol Smoller, Jim Mann, Cheryl Keiser, Joy & Dave Zerby, William Lewis, Shirley Bozicevic, Joanne O'Brien, Paul Lysher, Eileen Geary, Michael Vasquez, Philip Haas, Jim Mann, Joyce Fonda, Maria Pierce, Cathleen Mihalaki, Edward Bohnenberger

Please pray for all the men and women in our military and civilian support services overseas, especially:

Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Jason Cullinan, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobes, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Daniel Algert, Jason King, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

St. Mary Prayer List

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email stmary@stmaryfred.org or call the office at 540-373-6491.

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

Thank you.

Are You Affected By A Loved Ones' Addiction to Drugs?

If you are, please be aware that there is a program at St Mary that offers support to family members and friends of loved ones struggling with this problem. The program is called Nar-Anon.

One of the best benefits of Nar-Anon is that you will find compassion and support from others who are experiencing similar problems and struggles as well as people who have made it through these struggles. You will have the opportunity to hear stories from other members who have addicts in their families as well and see what coping mechanisms worked for them.

All information and discussion at the meetings are non-judgmental, informative, and strictly confidential. The meetings are in Room 100 in the Parish Life Center on Thursday from 7-8 pm and are open to the community at large. For more information, contact Wayne at cushingwr@gmail.com/540-840-5230 or Wanda at wandasj823@gmail.com/540-538-6978.

Daily Mass Intentions and Readings

December

20 MONDAY

6:30am David Niederkofler+

9:00am Helen Novick+

Is 7:10-14/Lk 1:26-38

21 TUESDAY

6:30am Antonia and Santi Maraldo+

9:00am Ruth Stellino+

Sg 2:8-14 or Zep 3:14-18a/Lk 1:39-45

22 WEDNESDAY

6:30am Rose Marie McCauley

9:00am Addie Comerford

1 Sm 1:24-28/Lk 1:46-56

23 THURSDAY

6:30am Janice Surmacz+

9:00am Patrick Leo Petro Sr.

Mal 3:1-4, 23-24/Lk 1:57-66

24 FRIDAY

6:30am Douglas LeBlanc+

9:00am John and Linda Prohaska

4:00pm Lisa Nguyen

4:00pm* George Graf+

6:30pm Maria Beltran

6:30pm* Frances and Joseph Cascio+

8:30pm Thelma Odilia Rivera+

2 Sm 7:1-5, 8b-12, 14a, 16/Lk 1:67-79

25 SATURDAY

12:00am For Our Parish

7:00am Gina Wingert-Lenox+

8:30am Karen Scanlon+

10:30am Kurt Graham+

12:30pm John and Lina Prohaska

Is 62:1-5/Acts 13:16-17, 22-25/Mt 1:1-25

26 SUNDAY

7:00am Dominick Delio+

8:30am For Our Parish

10:30am Dr. And Mrs. Sambat

10:30am* Theodora Woods+

12:30pm Stephen Inguanti Sr. and Jr.

2:30pm Tatiana Beltran

5:00pm Maria Nguyễn Thi Nguyệt

7:00pm Denise Sebuck

1 Sm 1:20-28/1 Jn 3:1-2, 21-24/Lk 2:41-52

** Indicates Mass at Holy Cross Academy*

Please remember, Mass intentions may be requested at the parish office for any remaining Masses of the year. If a desired date is no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.