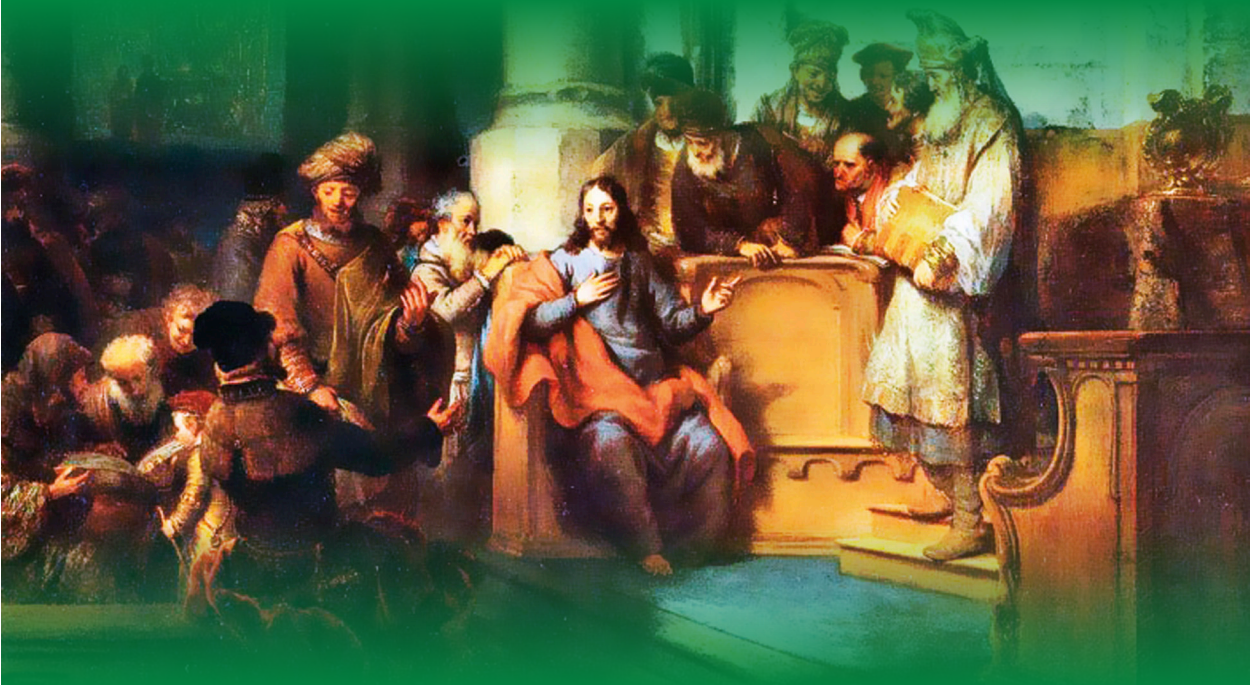


FOURTH SUNDAY IN ORDINARY TIME

January 30, 2022



Saint Mary of the Immaculate Conception Roman Catholic Church
1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

announcements

LIVE-STREAMING NEWS

The 8:30am Sunday and weekday Masses are the ONLY live-streamed Masses.

Live-streaming will ONLY take place on Sunday's at the 10:30 and 12:30 Masses if needed due to overflow in the PLC. If the PLC is empty, no live-streaming will occur. Folks are encouraged to join the celebration of Mass in the church. For those with health concerns, Mass is being offered Sunday's at 8:30am at Holy Cross Academy – Mask are mandatory and Holy Communion is offered on the hand ONLY.

Please note, once the 8:30am live-stream is complete, the Mass is available to view all day long.

New Parishioner Welcome Sunday, February 20 10:30am-12pm

Welcome to St. Mary's! Fr. Mosimann and a few members of our Welcoming Committee are looking forward to spending some time with you, to get to know you a bit and see how you (and your family) might be interested in sharing your gifts and talents with your new parish family.

Please sign-up for a time slot (in-person OR via ZOOM) for yourself and/or family to spend time with our Welcome Committee Team and with your new pastor.

www.signupgenius.com/go/70A0B48A9AF29AAF58-newparishioner1

contact us

stmaryfred.org

SUNDAY MASS

Saturday Vigil 5 & 7pm
Sunday 7, 8:30, 10:30am, 12:30,
2:30pm (Spanish), 5pm, 7pm
10:30am at Holy Cross Academy

DAILY MASS

Monday - Friday: 6:30am, 9am
M/W/F: 12 Noon
Saturday: 9am
First Friday 8pm
Holy Days of Obligation, as announced

DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass,
Wednesday 12:30pm - Friday 9am
Miraculous Medal Novena, Monday, after 9am Mass
Divine Mercy, Wednesday, 3pm

CONFESSION

Wednesday 11:30am-12pm, 6:30 - 8:30pm;
Saturday, 8-8:30am & 3:30 - 4:30pm

PARISH OFFICE

540-373-6491 fax: 540-371-0251
stmary@stmaryfred.org
stmaryfred.org
Monday - Friday, 8:30am - 4:30pm;
Students staff office weekdays until 9pm,
Saturdays 9-5pm, Sundays 9:30am - 1:30pm

Fr. John Mosimann, Pastor
Fr. Sean Koehr, Parochial Vicar
Fr. Michael Folmar, Parochial Vicar
Fr. Scott Sina, Parochial Vicar
Fr. Phillip Cozzi, Parochial Vicar
Deacon Alberto Bernaola
Deacon Dick Delio

Business Manager, Elaine Stanislawski
Director of Operations, Chris Lanzarone
Facilities, Late-Lawson Drackey
Custodial Services, Carmen Sanchez
Parish Secretary, Jachebel Rios

MUSIC

Director of Music, David Uschold
Asst. Director of Music, Malinda Jones

HOLY CROSS ACADEMY

540-286-1600
250 Stafford Lakes Parkway
Fredericksburg, Virginia 22406-7234
Principal - Dr. Stephen Fry,
sfry@holycrossweb.com

HOLY CROSS PRESCHOOL

540-373-7553
Director, Sheri Castellarin

RELIGIOUS EDUCATION

Director, Aristides Lucas
Associate Director, Karen Sturtevant
Administrative Asst, Lori Barlow

YOUTH MINISTRY

Director, Tatiana Beltran

OUTREACH

Director, Elena Doyle

BAPTISMS

Parish registration (90 days) and class required.
Please contact the parish office to schedule the date at least four weeks in advance.

MARRIAGE

Parish registration required; contact the parish six months in advance to begin preparation.

Articles must be submitted two weeks prior to publication.
Send articles to bulletin@stmaryfred.org. Thanks!

Saint Mary of the Immaculate Conception
1009 Stafford Avenue
Fredericksburg, VA 22401

from our pastor pax et bonum

Dear Folks,

Pax et Bonum = peace and goodness. I know I have written before about how I started signing emails with this after visiting Assisi and seeing this Franciscan motto of pax et bonum. God is the supreme good, and all peace comes from Him. Then this week, I get into a conversation with my brother-in-law, about the Hebrew word usually translated as peace: shalom.

So here is his summary: "When you break down the ancient Hebrew spelling of shalom, one possible interpretation would be the following definition: "that which destroys the authority attached to chaos."

- Shin (sheen) (teeth) - means to destroy
- Lamed (shepherds staff) - authority
- Vav (peg) - attach/join
- Mem (water) - chaos, storms, floods.

Wow, that is cool! We all need chaos destroyed and banished from our lives.

Then there is this quote from St. Augustine, "Peace is the tranquility order brings." Banish chaos, put more order in your life. So many efforts of the modern world are to banish order, tradition, and peace. However, Jesus is the "Prince of Peace" and He gives us peace. Let Jesus give your life order and peace. Because the order and peace He gives is His own.

"Peace I leave with you; my peace I give to you. Not as the world gives do I give it to you. Do not let your hearts be troubled or afraid." John 14:27

Pax et Bonum and Shalom,



Fr Mosimann



PILGRIMAGE TO IRELAND
WITH FR. MOSIMANN & MARGARET FORD
MAY 22-JUNE 3, 2022

Stay at Kilkea Castle, Waterford, Killarney, Galway, and Dublin among others and visit the beautiful Cliffs of Moher, Blarney Castle, Our Lady of Knock Shrine, St. Bridget's Well, Klymore Abbey and many more sites — including DAILY MASS!

For a full itinerary and to reserve your ticket, contact Margaret Ford at Fredericksburg Travel 540-373-6900 or via email at fredtvl@aol.com.

education

holy cross academy



**A National
Blue Ribbon
School of
Excellence**



Dear Saint Mary Parishioner,

It's hard to understate how important Faith has been to our school community during the past two years as we educate our students through this pandemic. We have weathered virtual instruction for all, social distancing, teaching and learning behind masks, positive COVID cases, quarantine periods, and too many canceled events to list. I don't want to imagine being forced to tackle those challenges without the unifying power of our Faith.

The challenges presented by the pandemic have too often separated us and left our feelings at odds with others. Our Faith is the great uniter. It keeps us rooted in our faith in the Lord. It is truly a blessing for our Holy Cross Academy students to be able to pray for their school, for their parish, for their families, and for each other each day.

As we enter Catholic Schools week, I ask that you take a moment to pray for the children of our parish and the students at Holy Cross Academy. Please know that you are included in our prayers 180 days a year. We are blessed to be the parish school for such a joyful, vibrant faith community. Thank you for your support as we meet our mission to provide our students with an outstanding, Catholic education.

This weekend, we look forward to welcoming new families to Holy Cross Academy as they tour our school and begin registering their children for the coming school year. It is an exciting time as we bring in new students who we can teach to be followers in the footsteps of Christ.

We could not offer our students the outstanding faith formation and education that we do without the support of our parish. Our pastor and parochial vicars spend time on campus each week celebrating Mass, welcoming students, teaching religion classes, hearing confessions, and helping everyone in our school community live their Faith. The financial support of the parish helps us to provide aid to our families so that finances do not get in the way of families providing their children with a Catholic education.

In Christo,

*The Faculty, Staff, Parents & Students of HCA and
Holy Cross Academy Preschool*

OPEN HOUSE

PRESCHOOL AT ST. MARY
SUNDAY, JANUARY 30
9:30AM - 12:00PM

HOLY CROSS ACADEMY
SUNDAY, JANUARY 30
1:00 - 3:00PM

A National Blue Ribbon School of Excellence offering a strong academic program, daily religious instruction, character formation, numerous extracurricular opportunities, a variety of music and art programs, and much more! Come discover what a blessing Holy Cross Academy can be for your family!

CONTACT US:
250 Stafford Lakes Parkway
Fredericksburg, VA 22406

dlanier@holycrossacademy.com

To learn more, visit us at holycrossweb.com

Open Positions

School Office Substitute
Teacher Aide Substitute
Teacher Substitute

For more information, please visit:
<https://bit.ly/32w7x3T>

Please email Mrs. Angie Tomayko, **atomayko@holycrossweb.com** with your cover letter and resume if interested.

education religious education

Religious Education Events

Monday to Wednesday January 31 to February 2
Religious Education Classes

Thursday, February 03

Confirmation Year 2 Formation Night at HCA 7-8pm

Monday to Wednesday, February 7 to 9

Religious Education Classes

Monday to Wednesday, February 14 to 16

Religious Education Classes

Monday to Wednesday, February 21 to 23

No Religious Education Classes

Wednesday, February 23

5th Catechist Training 6-9pm

Sacraments of Christian Initiation: Baptism

Baptism makes us “members of one another.” Since the time of early Christianity, Baptism has been the rite of initiation into the Christian community of the Church. In Baptism, the “one Spirit” makes us members of the Body of Christ and of “one another” (Catechism of the Catholic Church [CCC], no. 1267). Pope John Paul II describes the result of Baptism as a “mystical unity” between Christ and his disciples, and the disciples with one another, like “branches of a single vine.” This reflects the mystical communion of the Holy Trinity (Christifideles Laici [The Vocation and the Mission of the Lay Faithful in the Church and in the World], no. 12).

Baptism reveals the equality and dignity of each member of the community. In the one Body of Christ, all the members share “a common dignity” so that “no inequality arising from race or nationality, social condition or sex” exists, for all are one in Christ (Lumen Gentium [Dogmatic Constitution on the Church], no. 32)

Baptism requires us to reject sin and re-assess our values, decisions, and lifestyles. During the Rite of Baptism, we reject sin, renouncing those beliefs, values, and choices that are opposed to Christ. We also reject sinful attitudes that degrade the dignity of others (e.g., racism, sexism, etc.) and practices that prevent other members of our human family from living in dignity (e.g., abortion, policies that hurt the poor, etc.). Baptism calls us to reject death and embrace life and dignity for all.

FORMED®

PICK OF THE WEEK

January 30, 2022

WATCH

AN ORDINARY MARTYR: THE LIFE & DEATH OF BLESSED STANLEY ROTHER

As we celebrate the martyrdom of Paul Miki and his companions this week, we invite you to learn more about a modern martyr from the United States: Blessed Stanley Rother. Join us as we consider this ordinary man who loved extraordinarily.

AN
ORDINARY
MARTYR



LECTIO: MARY: EPISODE 1 THE NEW EVE

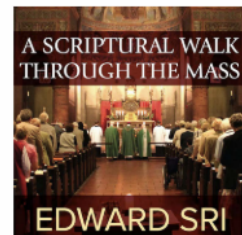
This week as we celebrate the Feast of the Presentation of Our Lord and Mary's role in it, join Dr. Brant Pitre, Professor of Sacred Scripture at the Augustine Institute Graduate School, as he examines what the Old Testament reveals about the life and identity of Mary, the Mother of God.

LEARN

LISTEN

A SCRIPTURAL WALK THROUGH THE MASS BY EDWARD SRI

Have you ever wondered about the meaning behind the Mass? Are you looking to stop going through the motions at Mass? Join Dr. Edward Sri as he dives into the Scriptural roots of the Mass that will help you to pray the Mass like never before.



SIGN UP FOR FREE AT [FORMED.ORG/SIGNUP](https://formed.org/signup)
CLICK REGISTER THEN ENTER PARISH CODE: F6F228

In Baptism, we profess our commitment to the Church's beliefs, values, and vision. At Baptism, we embrace a unique vision and set of values: those of the community of the Church, whose values prioritize love for God, self, others, and all of creation. The rest of the community also joins in the profession of faith, illustrating that the community is linked across generations, space, and time. From the usccb.org/about/justice-peace-and-human-development/upload/baptism-handout.pdf



our parish happenings

Men's Cursillo Weekend

The Men's Cursillo weekend for the Arlington Diocese will take place March 24-27, 2022 at San Damiano Retreat House, White Post VA. This is a fun, fast moving retreat designed to center oneself, grow in grace, and connect with other Catholic Men in small groups with discussions. There will be 2 Spiritual Directors and 10 lay speakers. There will be time for Reconciliation, Mass, reflection and learning from others. Please contact: Tammie Chute at tammiechute@hotmail.com or go online to: arlingtoncursillo.org and click on the top right hand choice of Cursillo Weekends.

As an added note....TMIY, we would love to have any of you participate for another angle on living your faith. Knights of Columbus, this is an opportunity to gather with other Catholic Men who walk the faith journey. All men are welcome!

Estas Invitada

El grupo Mariano de la parroquia de St. Mary les invita a consagrarse a Jesús por María.

La consagración al Inmaculado Corazón de María según el método de San Luis María Grignon de Montfort, es el medio más seguro, más fácil, más corto y el más perfecto camino a la santidad.

Empezaremos el domingo 20 de febrero y terminaremos el viernes 25 de marzo, Solemnidad de la Anunciación del Señor. Serán 33 días de preparación hacia un glorioso amanecer. Tan solo 5 minutos diarios

Tendremos una charla informativa, el día 13 de febrero, después de la misa de 2:30 pm. ¡Te esperamos!

Cualquier información comunicarse al (540)229-3313.

New CCW Website, Upcoming Conference

The St. Mary Council of Catholic Women has a website! Check it out at stmaryccw.org. We think you will be surprised and pleased!

The Arlington Diocese Annual Women's Conference will be held Saturday, March 12, 2022, at St. Joseph's Catholic Church, Herndon, Virginia. This year's theme is "True Presence to Calm the Present." Speakers will include Bishop Michael Burbidge, Sonja Corbett, and Stephanie Burke. For more information and to purchase a ticket, visit arlingtondiocese.org/women.



SOUPER BOWL WEEKEND AT SAINT MARY'S

FEBRUARY 12-13

HELP STOCK CATHOLIC CHARITIES'
ST. LUCY PROJECT PANTRY AND SCORE
A TOUCHDOWN FOR THE HUNGRY IN
OUR COMMUNITY BY BRINGING CANS OF
HEARTY SOUP OR RAVIOLI TO MASS

TMIY

THAT MAN IS YOU!
ALL MEN ARE WELCOME!
Saturday Mornings at 6am

Hot breakfast followed by a presentation and
small group discussion

Contact Peter (paquettepeter@yahoo.com) or
Stephen 714-305-7553 to learn more

our parish happenings

THE CHOICE Wine™

7 STEPS
TO A SUPERABUNDANT MARRIAGE



St. Mary Marriage Ministry

Providing support for married and engaged couples to clearly understand, strengthen and nurture the beauty of their sacramental marriage and create community here at St. Mary!

7 Steps to a SUPERABUNDANT Marriage places authentic marital happiness within every couple's reach

The Choice Wine Program to Begin February 19

We will gather the 3rd Saturday of every month at
St. Mary's Parish Life Center

6:30pm for Wine & Cheese (refreshments/social)

7:00-8:30pm Program

Monthly Meetings

February 19

March 19

May 21

June 18

July 16

August 20

September 17

October 15

November 19

Register at <https://paradisusdei.org>

"Find a group/register for a class"

Search for St. Mary's in Fredericksburg, VA

Welcome to Communal First Saturdays Devotion at St. Mary's

8pm, Saturday, February 5



We'll pray the Fatima Prayers, with the Rosary immediately, then followed by the Holy Sacrifice of the Mass at 9am Then we'll keep company to the Blessed Mother for 15 minutes after the Mass, while meditating in one of the mysteries of the Rosary.

Pray the Rosary with Our Parish

Join your parish family every morning to pray the Rosary, Monday through Friday immediately following the 6:30am Mass and Monday through Saturday at 8:15am before the 9am Mass. On Thursday mornings, the Rosary is offered for all Priests.

Pilgrim Virgin Statue

Have the Blessed Mother to visit your home? Contact Mary Lou Felts, 571-723-3333 or maryloufelts@gmail.com.

operations given in love

Weekly Offertory

Donations Received

January 19 to January 25

Sunday Offertory	\$26,011.50
Church in Latin America	\$6,216.00
Parish Debt Reduction Fund	\$440.00
First Offering for Envelopes	\$117.00
Arlington Catholic Herald	\$326.00
St Vincent de Paul Poor Box	\$1,250.00

Faith Direct January 15

Sunday Offertory	\$17,869.00
Church in Latin America	\$140.00
Parish Debt Reduction	\$735.00
Church in Latin America	\$140.00
Solemnity of Mary	\$210.00

Thank you for your generosity.

Masses were offered in December for the following unscheduled intentions:

+Lynn Thomas,
+Nancy Sullivan, Laura Rodriguez,
+Ana Margarita Cabanas-Brown,
+Virgie Canque, +Carl L. Zimmer,
+Pat Canning (2), Adam &
Catherine Clagett, +Mary Ann
Kalata, +David Spellman, Mary
Farrell Bennett, Gonzalo Guacena,
+Timothy Hanlon, +Dr. Ricardo
Bassig, Mason D'Isidoro, Catherine
Clagett, +Eugene Wingert,
+Filipinas Meneses, +Odette Salazar,
+Theresa Denk, and Rick Krum

Diocesan Newspaper Collection

The Parish pays an assessment to the Diocese on 80% of its registered families for subscriptions to the Arlington Catholic Herald. All subscriptions paid to St. Mary during the year and contributions made in the Annual Diocesan Newspaper Collection stay with the parish to help offset this assessment. Last year we received a

total of \$9,087.50 from the annual newspaper collection and quarterly subscription envelopes to help offset a \$57,648.00 assessment.

If you have not paid for or renewed your subscription to the Arlington Catholic Herald, we ask that you consider doing so now. The subscription rate of \$24.00 a year is one of the lowest of any Catholic newspaper with a circulation of 117,000, and the wealth of Catholic articles and information about your Diocese is invaluable. Green subscription envelopes are included with the January, April, July and October envelope packets for your convenience, and the Annual Diocesan Newspaper Collection is next weekend. Your generosity is truly appreciated, and we are very grateful for your constant support. God bless you.

Pro-Life Reflection

Invoking the intercession of St. Joseph, foster father of Jesus, we pray that the Lord will bless all who travel upon the path of adoption. And, recalling the mercy which God our Father has shown to us, we also ask that, through our words and actions, they may encounter the outstretched hands of his mercy. May all know the care of the Father, whose love for each person "gushes forth from the depths naturally, full of tenderness and compassion, indulgence and mercy" (Misericordiae vultus, 6).

Children's Offertory Envelopes for January

The children's charity that will benefit from the offering in February is Hazelwild Farm's Therapeutic Riding Program. The program offers specialized horseback riding lessons for all ages of riders with a wide range of physical, cognitive and emotional disabilities. The lessons increase stability, flexibility, strength, motor skills, cognitive ability and confidence for the riders, along with providing many other physical and emotional benefits. For more information, go to hazelwildfarm.com.

Faith Direct

Thank you for being a part of our St. Mary of the Immaculate Conception family. As we begin a New Year, we hope you will consider enrolling in eGiving through Faith Direct so that your gift can reach us even when you cannot. Visit faithdirect.net and use our church code: VA635. Thank you for your continued support of our parish family.

February 2 - The Feast of the Presentation of Our Lord Jesus Christ — The Light of the nations and the glory of Israel

"Beloved Christian, you esteem Simeon happy in having been permitted to take the Infant Jesus in his arms; and were you to receive a grace like him, no doubt you would exclaim: "Now dost Thou dismiss Thy servant in peace: because my eyes have seen Thy salvation." (The Holy Eucharist, Jose Guadalupe Trevino)

liturgy daily bread

Saint Mary Prayer List - January

Please pray for those who are sick or in need, especially:

Carol Dalton, John Bandy, Judy Hinish, Dorie Lee, Mary Ann Seidlinger, Courtney Kirby, Lloyd and Mary Johnson, Mark and Susan Mosher, Chris Breth, Michael Vasquez, Shirley Bozicevic, Chris Breth, Joanne O'Brien, Florence Desroches

Please pray for all the men and women in our military and civilian support services overseas, especially:

Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Jason Cullinan, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobs, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Daniel Algert, Jason King, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

St. Mary Prayer List

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email stmary@stmaryfred.org or call the office at 540-373-6491.

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

Thank you.

Are You Affected By A Loved Ones' Addiction to Drugs?

If you are, please be aware that there is a program at St Mary that offers support to family members and friends of loved ones struggling with this problem. The program is called Nar-Anon.

One of the best benefits of Nar-Anon is that you will find compassion and support from others who are experiencing similar problems and struggles as well as people who have made it through these struggles. You will have the opportunity to hear stories from other members who have addicts in their families as well and see what coping mechanisms worked for them.

All information and discussion at the meetings are non-judgmental, informative, and strictly confidential. The meetings are in Room 100 in the Parish Life Center on Thursday from 7-8 pm and are open to the community at large. For more information, contact Wayne at cushingwr@gmail.com/540-840-5230 or Wanda at wandasj823@gmail.com/540-538-6978.

Daily Mass Intentions and Readings

January

31 MONDAY

6:30am Tatiana Beltran
9:00am Nancy Sims
2 Sm 15:13-14, 30; 16:5-13/Mk 5:1-20

February

1 TUESDAY

6:30am Leo Guzman+
9:00am Cecilio Albo+
2 Sm 18:9-25a, 30—19:3/Mk 5:21-43

2 WEDNESDAY

6:30am Neal and Beryl Myers
8:15am* Holy Cross Academy
9:00am James Hogan+
Mal 3:1-4/Heb 2:14-18/Lk 2:22-40

3 THURSDAY

6:30am Stephen Inguanti, Sr.+
9:00am Frank and Margaret Clancy+
1 Kgs 2:1-4, 10-12/Mk 6:7-13

4 FRIDAY

6:30am In Reparation
9:00am In Reparation
12:00pm In Reparation
Sir 47:2-11/Mk 6:14-29

5 SATURDAY

9:00am Carlos Ortiz, Jr.+
5:00pm William Dean+
7:00pm Isaac Sherba
1 Kgs 3:4-13/Mk 6:30-34

6 SUNDAY

7:00am Betty Spono+
8:30am John Puckett, Sr.
10:30am All Those Who Died in January
10:30am* For Our Parish
12:30pm Ashleigh Holzworth
2:30pm Deacon Alberto Bernaola
5:00pm Bernanrdo Szymczak, Sr.+
7:00pm John and Evelyn Dolan
Is 6:1-2a, 3-8/1 Cor 15:1-11, 11/Lk 5:1-11

** Indicates Mass at Holy Cross Academy
Please remember, Mass intentions may be requested at the parish office for any remaining Masses of the year. If a desired date is no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.*