SEVENTH SUNDAY IN ORDINARY TIME

February 20, 2022 Saint Mary of the Immaculate Conception Roman Catholic Church 1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

announcements

LIVE-STREAMING NEWS

The 8:30am Sunday and weekday Masses are the ONLY live-streamed Masses.

Live-streaming will ONLY take place on Sunday's at the 10:30 and 12:30 Masses if needed due to overflow in the PLC. If the PLC is empty, no live-streaming will occur. Folks are encouraged to join the celebration of Mass in the church. For those with health concerns, Mass is being offered Sunday's at 8:30am at Holy Cross Academy – Mask are mandatory and Holy Communion is offered on the hand ONLY.

Please note, once the 8:30am live-stream is complete, the Mass is available to view all day long.

contact us

SUNDAY MASS

Saturday Vigil 5 & 7pm Sunday 7, 8:30, 10:30am, 12:30, 2:30pm (Spanish), 5pm, 7pm 10:30am at Holy Cross Academy

DAILY MASS

Monday - Friday: 6:30am, 9am M/W/F: 12 Noon Saturday: 9am First Friday 8pm Holy Days of Obligation, as announced

DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass, Wednesday 12:30pm - Friday 9am Miraculous Medal Novena, Monday, after 9am Mass Divine Mercy, Wednesday, 3pm

CONFESSION

Wednesday 11:30am-12pm, 6:30 - 8:30pm; Saturday, 8-8:30am & 3:30 - 4:30pm

PARISH OFFICE

540-373-6491 fax: 540-371-0251 stmary@stmaryfred.org stmaryfred.org Monday - Friday, 8:30am - 4:30pm; Students staff office weekdays until 9pm, Saturdays 9-5pm, Sundays 9:30am - 1:30pm

Fr. John Mosimann, Pastor Fr. Sean Koehr, Parochial Vicar Fr. Michael Folmar, Parochial Vicar Fr. Scott Sina, Parochial Vicar Fr. Phillip Cozzi, Parochial Vicar Deacon Alberto Bernaola Deacon Dick Delio

Business Manager, Elaine Stanislawski Director of Operations, Chris Lanzarone Facilities, Late-Lawson Drackey Custodial Services, Carmen Sanchez Parish Secretary, Jachebel Rios

stmaryfred.org

MUSIC

Director of Music, David Uschold Asst. Director of Music, Malinda Jones

HOLY CROSS ACADEMY

540-286-1600 250 Stafford Lakes Parkway Fredericksburg, Virginia 22406-7234 Principal - Dr. Stephen Fry, sfry@holycrossweb.com

HOLY CROSS PRESCHOOL

540-373-7553 Director, Sheri Castellarin

RELIGIOUS EDUCATION

Director, Aristides Lucas Associate Director, Karen Sturtevant Administrative Asst, Lori Barlow

YOUTH MINISTRY

Director, Tatiana Beltran

OUTREACH

Director, Elena Doyle

BAPTISMS

Parish registration (90 days) and class required. Please contact the parish office to schedule the date at least four weeks in advance.

MARRIAGE

Parish registration required; contact the parish six months in advance to begin preparation.

Articles must be submitted two weeks prior to publication. Send articles to bulletin@stmaryfred.org. Thanks!

Saint Mary of the Immaculate Conception 1009 Stafford Avenue Fredericksburg, VA 22401

from our pastor

Dear Folks,

How often do you pray for particular weather? And did you know that St. Scholastic has some pull in this realm?

We learn of this from a written account by St. Gregory the Great. St. Scholastica and her brother, St. Benedict were deep in conversation about the spiritual life and she asked him to stay longer:

When she heard her brother refuse her request, the holy woman joined her hands on the table, laid her head on them and began to pray. As she raised her head from the table, there were such brilliant flashes of lightning, such great peals of thunder and such a heavy downpour of rain that neither Benedict nor his brethren could stir across the threshold of the place where they had been seated. Sadly he began to complain: "May God forgive you, sister. What have you done?" "Well," she answered, "I asked you and you would not listen; so I asked my God Fr Mosimann and he did listen. So now go off, if you can, leave me and return to your monastery."

St. Scholastic for the weather win!

One Feast of Corpus Christi, I was offering Mass which was to end with a Corpus Christi procession around our property and to the town hall. After the homily, a massive thunderstorm pelted the church, and I led the

parish in a prayer to St. Scholastica! Not only did the massive thunderstorm stop, but the grass dried so that 20 minutes later we could process with our Eucharistic Lord and dry feet!!

Bring the rain, bring the snow, banish the rain, whatever your need, don't be afraid to ask Our Lord and His beloved daughter St. Scholastica.

And yes, I type from Colorado on my annual ski trip... no wonder I am thinking of weather. I am praying she keeps the roads and airports clear so that I can be home to be you this weekend!

Pax et Bonum,



education

holy cross academy



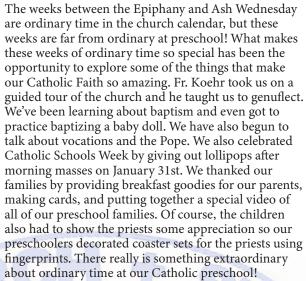
A National Blue Ribbon School of Excellence





Winter is Hanging Around

It looks like Punxsutawney Phil saw his shadow and winter has decided to hang around for a few more weeks. So while our outside time has been limited as of late, our HCA Preschoolers continue to use this time to make friends, learn through play, and build their academic skills. Science activities like exploring how shadows are created, building dens for our stuffed animals to hibernate in, and looking carefully at how snowflakes are made have been fun and educational. It's also been awesome learning all about the letter P. We've played pizza parlor, came to school in our pajamas, and our administrators (because P is also for Principal) visited from "the big school" came to be our guest readers The book for P day was If You Give a Pig a Pancake by Laura Numeroff, so what else could we do but also eat pancakes!



With the school year speeding by so quickly, it is time to start enrollment for the 2022-2023 school year. If you have a three or four year old child, please contact our preschool director, Mrs. Sheri Castellarin via phone at 540-373-7553 or by email at **preschool@holycrossweb. com** to schedule a visit. We would love to show you what makes Holy Cross Academy Preschool at St. Mary the best preschool in the 'Burg for your child to grow spiritually, socially, physically, and academically!







education

religious education

Religious Education Events

Monday to Wednesday, February 21 to 23 No Religious Education Classes

Wednesday, February 23 Catechist Training, 6-9pm

Thursday, February 24

Confirmation Year 2 Formation Night in Church 7-8pm

Friday, February 25 at 5pm

First Penance for Holy Cross Academy students

Friday, February 25 at 6pm

First Penance for all First Communion RE students and Home Taught students. Encourage parents to also go to confession

Monday and Tuesday, February 28 and March 1 Religious Education Classes

Wednesday, March 2 - Ash Wednesday No Religious Education Classes

Sacrament of Penance: Going to Confession

- The Sign of the Cross": "IN THE NAME OF THE FATHER AND OF THE SON AND OF THE HOLY SPIRIT. AMEN! Continue with these words: "BLESS ME, FATHER, FOR I HAVE SINNED; IT HAS BEEN ____ SINCE MY LAST CONFESSION AND THESE ARE MY SINS." Tell the priest the sins you identified in your examination of conscience.
- When you have confessed your sins, say: "FOR THESE AND ALL OF MY SINS, I AM SORRY."
- Listen to what the priest tells you. He may ask you questions or give you some good advice.
- Then the priest will give you your penance.
- The priest will ask you to pray the "The Act of Contrition." You pray: "O MY GOD, I AM HEARTILY SORRY FOR HAVING OFFENDED YOU. I DETEST ALL MY SINS BECAUSE OF YOUR JUST PUNISHMENTS, BUT MOST OF ALL BECAUSE THEY OFFEND YOU MY GOD, WHO ARE ALL GOOD AND DESERVING OF ALL MY LOVE. I FIRMLY RESOLVE, WITH THE HELP OF YOUR GRACE, TO CONFESS MY SINS, TO DO MY PENANCE AND AMEND MY LIFE. AMEN."
- The priest will pray "The Prayer of Absolution" (which is
 a sign of God's forgiveness), at the end of the prayer the
 priest will bless you and you make "The Sign of the Cross":
 "IN THE NAME OF THE FATHER AND OF THE SON
 AND OF THE HOLY SPIRIT. AMEN! Thank the priest
 and leave the confessional.
- Go kneel and quietly do your penance.

FORMED°

PICK OF THE WEEK

February 20, 2022

VATCH

THE WILD GOOSE: EPISODE 10 THE SPIRIT AND THE DESERT

Sometimes we might feel like we're stuck in spiritual deserts. In this episode of The Wild Goose, Fr. Dave Pivonka shares how the Holy Spirit is present even in these times of desolation.





FORMED NOW! THE NEXT POPE

As we celebrate the Feast of the Chair of St. Peter this week, join Dr. Tim Gray and George Weigel as they discuss the past, present, and future of the papacy!

LEARN

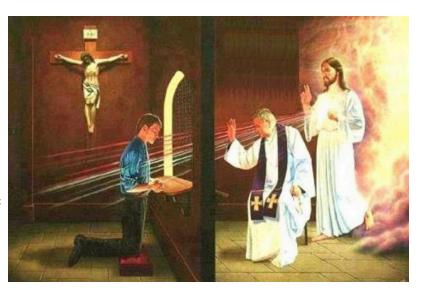
ISTEN

LOVE, SACRIFICE, TRUST: HE SHOWED US THE WAY BY FR. MIKE SCHMITZ

In this talk, Fr. Mike Schmitz shares with us the need to pick up our crosses and embrace Christ in our own suffering. He reminds us that love often means sacrifice!



SIGN UP FOR FREE AT FORMED.ORG/SIGNUP CLICK REGISTER THEN ENTER PARISH CODE: F6F228



our parish

happenings

Adult Ed Opportunity

No Greater Love: A Biblical Walk Through Christ's Passion
Filmed on location in the Holy Land, No Greater Love is a five-part video series and full-length book that reveals Christ's amazing love for us. Best-selling author Edward Sri guides you through the last hours of Christ's life in this biblical pilgrimage.

While taking this study or reading this book, you will walk **step-by-step with Jesus** from the Garden of Gethsemane to the Mount of Calvary. Every step of the way, biblical experts reveal how **Old Testament prophecies, messianic expectations, biblical symbolism, and historical context** shed light on the mystery of Christ's suffering and death.

Join fellow parishioners for No Greater Love beginning March 9 through April 6. Start time is 6:30pm. THIS CLASS WILL BE HELD AT HOLY CROSS ACADEMY. MAX class size is 15. Cost for materials is \$20 (which will be collected at the first class). Contact Suzette at agingcoastrkid@yahoo.com to sign up. The class is filling up fast.

Young Man/Women of the Year 2022

Do you know a exceptional young man or woman in our Parish? Knights of Columbus council 4034 is looking to recognize anyone who is excelling in our community. Eligibility is limited to any young man or woman between the ages of 12 & 18 (by May 1, 2022), in middle or high school, and a member of St. Mary's.

Factors include members who excel in any/all of the following: Outstanding contributions, Academic excellence, involvement in civic, religious or school

programs, Participation in extracurricular activities, special achievements, participation with family in any of the previous factors.

You don't have to be related to nominate someone. All questions and nominations are to be emailed to **youth4034@gmail. com**. Submission package can be downloaded here: https://tinyurl.com/YMWOY2022

Men's Cursillo Weekend

The Men's Cursillo weekend for the Arlington Diocese will take place March 24-27, 2022 at San Damiano Retreat House, White Post VA. This is a fun, fast moving retreat designed to center oneself, grow in grace, and connect with other Catholic Men in small groups with discussions. There will be 2 Spiritual Directors and 10 lay speakers. There will be time for Reconciliation, Mass, reflection and learning from others. Please contact: Tammie Chute at tammiechute@hotmail.com or go online to: arlingtoncursillo. org and click on the top right hand choice of Cursillo Weekends. As an added note....TMIY, we would love to have any of you participate for another angle on living your faith. Knights of Columbus, this is an opportunity to gather with other Catholic Men who walk the faith journey. All men are welcome!

Emotional Wellness Supports Group CATHOLIC CHARITIES

Emotional wellness, or emotional health, is your ability to successfully navigate the stress you face in life in a healthy, positive way. It's also how you can learn to adapt and course-correct during difficult times. Emotional wellness groups can help you deal with challenges you may be facing — from loss, to love, to grief, to end substance use, to managing emotions.

Learn how to manage...

Life stressors, anxiety, depression, anger, other emotional-related issues & substance use.

How to cope with Loss and how to strengthen social connections.

This 15 Week Group process will aid you on a path toward recovery!

Group: in-person masks required. Group will run for 15 Straight weeks: March 7th - June 20th Mondays: 6pm – 7:30pm

For more information or join group, please contact Catholic Charities Admin Assistant at 540-371-1124.

TMIY

THAT MAN IS YOU!

ALL MEN ARE WELCOME!

Saturday Mornings at 6am

Hot breakfast followed by a presentation and small group discussion

Contact Peter (paquettepeter@yahoo.com) or Stephen 714-305-7553 to learn more

our parish

happenings

Special Lenten 40 Hours Devotion

Monday, March 7 through Friday, March 10

To sign-up to spend time adoring our Lord, please see the link below "The time you spend with Jesus in the Blessed Sacrament is the best time you will spend on earth. Each moment that you spend with Jesus will deepen your union with Him and make your soul everlastingly more glorious and beautiful in Heaven, and will help bring about everlasting peace on earth". St. Mother Teresa of Calcutta

https://www.signupgenius.com/ go/10C0D4CAAA72DA4FE3stmarys1 The Special Blessings
 Ministry invites you to
 their next parent meeting

Topics:

What is the Disability Resource Center and how it can help your family?

JOIN US VIRTUALLY

Please email Joyce @
joycebodh@gmail.com or Vivian @
vivi0775@gmail.com for the meeting
link



March 10, 2022 7PM-8PM

With:

Cimberly Lett
Deputy Director/ Program
Manager Disability
Resource Center of the
Rappahannock Area, Inc

Souper Bowl

Thank you St. Mary's parishioners for GENEROUSLY supporting the SOUPER BOWL! Our friends at Catholic Charities' St. Lucy Project were thrilled with the donations received!

A special thank you to all the volunteers who kindly collected the donations after each Mass — God bless you all!

We definitely scored a touchdown!







operations

given in love

Weekly Offertory

Donations Received February 2 - February 15

Sunday Offertory	\$24,412
Parish Debt Reduction Fund	\$8,176
Arlington Catholic Herald	\$291
St Vincent de Paul Poor Box	\$967

Faith Direct Donations 2/4/22

Sunday Offertory	\$83,374
Parish Debt Reduction	\$6,035
Arlington Catholic Herald	\$2,135.50
Church in Central & Eastern Eur	rope

\$2,447.50

Micah Love Your Neighbor \$1,345

Thank you for your generosity.

Masses were offered in January for the following unscheduled intentions:

Jose Rivas Argueta, +Kayla Ashley Lennon (2), +Dave Keller, +Genevieve Staub, Rick Krum (2) +Eugene Wingert, +Jane Brem, +Guadalupe Alvarez, The Mauro Family, +Wallace Wrobel, +Cataldo Lia, Mary Farrell Bennett, Kenneth Penczak, +Linda Storer Rodriguez, +Conor & Frances O'Donoghue, Ray and Eileen Dempsey, and +Loretta Walsh.

The Mass Explained, with Fr. Christopher Tipton

Thursday, March 10 at 7:30pm

As part of its 50th Anniversary in 2024, the Diocese is hosting several events over the next two years, including different talks at all the parishes in the Diocese.

We are happy to welcome Father Christopher Tipton to our parish on Thursday, March 10th at 7:30pm, for a talk on "The Mass Explained". All are invited!

Children's Offertory Envelopes for February

The children's charity that will benefit from the offering in February is Hazelwild Farm's Therapeutic Riding Program. The program offers specialized horseback riding lessons for all ages of riders with a wide range of physical, cognitive and emotional disabilities. The lessons increase stability, flexibility, strength, motor skills, cognitive ability and confidence for the riders, along with providing many other physical and emotional benefits. For more information, go to hazelwildfarm.com.

Adult Confirmation Classes

We will begin Adult Confirmation classes for all those who have been Baptized and received First Communion, but have not had the opportunity to be Confirmed. There will be an introductory meeting and then 6 class sessions, each lasting about 1 hour on Sunday morning at 9:30. The tentative schedule is: Feb 20 and 27 / then Mar 6, 13, 20, and 27, finishing on Apr 3. If you would like to sign up for the classes, or to just come to the introductory meeting to hear more, please call the Parish Office to register, leaving your name, phone # and email address.

Pro-Life Reflection

"Christians know that suffering cannot be eliminated, yet it can have meaning and become an act of love and entrustment into the hands of God who does not abandon us; in this way it can serve as a moment of growth in faith and love."

— Pope Francis, Lumen Fidei, 56

We pray for all families concerned with how to provide for their loved ones, especially expectant mothers: May they turn to the Lord, trusting in His providence, and experience the support of the Christian community.

What is the Holy Cross Academy Scrip Program?

We have a program at HCA called the Scrip program. The HCA Scrip program is a year-round fund raiser that directly supports Holy Cross Academy. Funds raised over the years have supported purchasing new books, assisted with tuition aid, and operating expenses. Participating in Scrip is easy. Just purchase gift cards from a scrip volunteer or online and then shop at your favorite store. By doing this you raise fund without it costing you anything extra. We carry cards for Giant, Weis, Walmart, Target, Wawa, Sheetz, Outback, Olive Garden, Red Lobster, just to name a few. A complete list of cards we carry in inventory can be found on the HCA website. On the Shop with Scrip website (**ShopWithScrip.com**) there is a link to the full retailer list. This list contains over 750 retailers from which we can order cards. If you order a card by Monday, it will be delivered by Friday. We sell scrip at HCA on Wednesday and Thursday pm carpool. We also sell scrip after most masses at St Mary (except 7:00 Saturday, 2:30pm Sunday and 7:00 Sunday). To sell after those masses, we need more volunteers to sell Scrip. Visit the scrip volunteer at the scrip table to purchase Scrip gift cards, to volunteer, or if you have a question. We take cash or checks at the Scrip table. But if you set up an account online at ShopWithScrip, you may pay with PrestoPay or you can pay with your credit card (Visa or Mastercard). We have approximately 30 families purchasing Scrip on a weekly basis. We would like to increase the level of participation to allows us to raise more funds for HCA. Email the Scrip Coordinator at Scripcoordinator@ **holycrossweb.com** with questions or for assistance setting up your scrip account or with orders.

liturgy

daily bread

Saint Mary Prayer List - February

Please pray for those who are sick or in need, especially:

Gemma Anglin, Woody Dent, Debbie Dent, Shirley Bozicevic, Chris Breth, Edward Burgh, James Drovsfield, Paul Floramo, Maria Foster, Maria Frescas, Joanne O'Brien, Jason Stoker, Damon Torregrossa, Nancy Torregrossa, Anthony Yantiss, Mary Farrell Bennett, Paul Lysher, Gerry Konczyk, Karen Kwiecinski, John Hanson, Natalie Smith, Joseph Trippi, Nancy Conley, Bernie Mahoney

Please pray for all the men and women in our military and civilian support services overseas, especially:

Glenn Dickinson, Paul Fischer, John Moring, Dominick Joseph Petro, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Jason Cullinan, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobes, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Daniel Algert, Jason King, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins, LT Scott C. Boyd

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

St. Mary Prayer List

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email **stmary@stmaryfred.org** or call the office at **540-373-6491**.

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

Thank you.

Are You Affected By A Loved Ones' Addiction to Drugs?

If you are, please be aware that there is a program at St Mary that offers support to family members and friends of loved ones struggling with this problem. The program is called Nar-Anon.

One of the best benefits of Nar-Anon is that you will find compassion and support from others who are experiencing similar problems and struggles as well as people who have made it through these struggles. You will have the opportunity to hear stories from other members who have addicts in their families as well and see what coping mechanisms worked for them.

All information and discussion at the meetings are non-judgmental, informative, and strictly confidential. The meetings are in Room 100 in the Parish Life Center on Thursday from 7-8 pm and are open to the community at large. For more information, contact Wayne at **cushingwr@gmail.com**/540-840-5230 or Wanda at **wandasj823@gmail.com**/540-538-6978.

Daily Mass Intentions and Readings

February

21 MONDAY

6:30am Minh Hang T. Duer+ 9:00am Fred Gasper+ Jas 3:13-18/Mk 9:14-29

22 TUESDAY

6:30am Agnalpha Ruiz de Rosado+ 9:00am Adam Stanisławski 1 Pt 5:1-4/Mt 16:13-19

23 WEDNESDAY

6:30am Jean Wiegand+ 8:15am* Maria Ulmer 9:00am Deceased Priests Jas 4:13-17/Mk 9:38-40

24 THURSDAY

6:30am Mildred Haynes+ 9:00am Elizabeth Stanislawski Jas 5:1-6/Mk 9:41-50

25 FRIDAY

6:30am Guillermo Ramsay+ 9:00am Antonia Maraud+ Jas 5:9-12/Mk 10:1-12

26 SATURDAY

9:00am Eliana Guthrie

5:00pm Mary Ann & Warren Kwiencinski

7:00pm Bill Sampson+ Jas 5:13-20/Mk 10:13-16

27 SUNDAY

7:00am Joseph Cascio+ 8:30am Rosa Anita Vasquez 10:30am Khang Nguyễn Family 10:30am* Natalie Caporali Smith

12:30pm Our Military Living and Deceased

2:30pm Jessica Hernandez 5:00pm For Our Parish 7:00pm Katherine Cizin+

Sir 27:4-7/1 Cor 15:54-58/Lk 6:39-45

* Indicates Mass at Holy Cross Academy Please remember, Mass intentions may be requested at the parish office for any remaining Masses of the year. If a desired date is no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.