

FIRST SUNDAY OF LENT

March 6, 2022



Saint Mary of the Immaculate Conception Roman Catholic Church
1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

announcements

LIVE-STREAMING NEWS

The 8:30am Sunday and weekday Masses are the ONLY live-streamed Masses.

Live-streaming will ONLY take place on Sunday's at the 10:30 and 12:30 Masses if needed due to overflow in the PLC. If the PLC is empty, no live-streaming will occur. Folks are encouraged to join the celebration of Mass in the church. For those with health concerns, Mass is being offered Sunday's at 8:30am at Holy Cross Academy – Mask are mandatory and Holy Communion is offered on the hand ONLY.

Please note, once the 8:30am live-stream is complete, the Mass is available to view all day long.

New Parishioner Welcome Sunday, March 27 11:45am-2:30pm

Welcome to St. Mary's! Fr. Mosimann and a few members of our Welcoming Committee are looking forward to spending some time with you, to get to know you a bit and see how you (and your family) might be interested in sharing your gifts and talents with your new parish family.

Please sign-up for a time slot for yourself and/or family to spend time with our Welcome Committee Team and with your new pastor.

bit.ly/3MI3RnB

contact us

stmaryfred.org

SUNDAY MASS

Saturday Vigil 5 & 7pm
Sunday 7, 8:30, 10:30am, 12:30,
2:30pm (Spanish), 5pm, 7pm
10:30am at Holy Cross Academy

DAILY MASS

Monday - Friday: 6:30am, 9am
M/W/F: 12 Noon
Saturday: 9am
First Friday 8pm
Holy Days of Obligation, as announced

DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass,
Wednesday 12:30pm - Friday 9am
Miraculous Medal Novena, Monday, after 9am Mass
Divine Mercy, Wednesday, 3pm

CONFESSION

Wednesday 11:30am-12pm, 6:30 - 8:30pm;
Saturday, 8-8:30am & 3:30 - 4:30pm

PARISH OFFICE

540-373-6491 fax: 540-371-0251
stmary@stmaryfred.org
stmaryfred.org
Monday - Friday, 8:30am - 4:30pm;
Students staff office weekdays until 9pm,
Saturdays 9-5pm, Sundays 9:30am - 1:30pm

Fr. John Mosimann, Pastor
Fr. Sean Koehr, Parochial Vicar
Fr. Michael Folmar, Parochial Vicar
Fr. Scott Sina, Parochial Vicar
Fr. Phillip Cozzi, Parochial Vicar
Deacon Alberto Bernaola
Deacon Dick Delio

Business Manager, Elaine Stanislawski
Director of Operations, Chris Lanzarone
Facilities, Late-Lawson Drackey
Custodial Services, Carmen Sanchez
Parish Secretary, Jachebel Rios

MUSIC

Director of Music, David Uschold
Asst. Director of Music, Malinda Jones

HOLY CROSS ACADEMY

540-286-1600
250 Stafford Lakes Parkway
Fredericksburg, Virginia 22406-7234
Principal - Dr. Stephen Fry,
sfry@holycrossweb.com

HOLY CROSS PRESCHOOL

540-373-7553
Director, Sheri Castellarin

RELIGIOUS EDUCATION

Director, Aristides Lucas
Associate Director, Karen Sturtevant
Administrative Asst, Lori Barlow

YOUTH MINISTRY

Director, Tatiana Beltran

OUTREACH

Director, Elena Doyle

BAPTISMS

Parish registration (90 days) and class required.
Please contact the parish office to schedule the date at least four weeks in advance.

MARRIAGE

Parish registration required; contact the parish six months in advance to begin preparation.

Articles must be submitted two weeks prior to publication.
Send articles to bulletin@stmaryfred.org. Thanks!

Saint Mary of the Immaculate Conception
1009 Stafford Avenue
Fredericksburg, VA 22401

from our pastor pax et bonum

Dear Folks,

Thanks for your generous response to the Bishop's Lenten Appeal! Our 'in-pew' process went well, and I am grateful to the staff and volunteers who worked so hard to make the process as seamless as possible. I also thank you for laughing at the same jokes every year!

Having just celebrated Ash Wednesday, I'd like to share with you again these thoughts on the many uses of ashes.

Wood ashes, with water and some oil can be combined to make soap. What seems dead, dry and exhausted of all energy, now gives one more time to cleanse and renew!

And ashes can be used in compost to enrich the fertilizer. Wood having given its whole life to warm and illuminate, but even beyond the ash helps nourish and bring forth new life.

And ashes can also help gardeners keep insects away when sprinkled around the perimeter. Worms, slugs and snails are deterred by the dry ashes protecting the plant life growing in the garden.
And ashes can be used to polish tarnished metals when combined with water, bringing shine and beauty to that which is worn, tired, and dull.

Ashes: in Soap cleanse, in compost nourish, in gardens protect against pests, in cupboards restores shine, AND on Ash Wednesday mark our repentance and desire to return to Christ. That repentance, by the grace of Christ pouring out His life on the wood of the cross: nourishes you, protects you, shines your soul, and cleanses you.

What appears to be useless is useful in so many ways. I had no idea. I guess folks who were more connected with making their own soap/compost/polish/insecticide in the 2000 years prior to the invention of Walmart might have better known this. No wonder folks have used ashes for millennia as a sign of repentance and renewal.

Pax et Bonum,



Fr Mosimann

Special Lenten 40 Hours Devotion & Parish Retreat

**Make plans to attend our Parish Lenten Retreat each weeknight
Monday, March 7 — Thursday, March 10 beginning at 7pm in the church**

In Saint John Paul II's words: "The church needs to bring Jesus close to the people, making Him known to them and ensuring that the grace that flows from His pierced side as a source of living water reaches the hearts that thirst for the glory of the kingdom of heaven." (2003) "Lent invites us to make a special commitment to the process of spiritual growth."
(From his Angelus Address on February 29, 2004, First Sunday of Lent)

Therefore, St. Mary's invites all the people to our Adoration during Lent as part of the special 40 Hours of Devotion to our Eucharistic Lord. Please prayerfully consider signing up to come to Adore Him.

Please sign up here: <https://www.signupgenius.com/go/10c0d4caaa72da4fe3-stmarys1>

special lenten 40 hours

devotion & retreat

Lenten 40 Hours Devotion & Parish Retreat

“Hunger & Thirst for Him”

AN OPPORTUNITY TO DRAW CLOSER TO OUR LORD IN THE EUCHARIST

“Home & the Satisfaction of Every Desire”

MONDAY, MARCH 7 AT 7:00PM

CARRIE GRESS, PHD. AUTHOR, PHILOSOPHER



“How the Eucharist Can Transform Your Life, Family & the World”

TUESDAY, MARCH 8 AT 7:00PM

DAVID & MARGARET BEREIT
CO-FOUNDER, 40 DAYS FOR LIFE
PRO-LIFE ACTIVISTS, PARENTS



Wednesday, March 9 | 6:30pm Confessions

“Cultivating a Christ Centered Family”

WEDNESDAY, MARCH 9 AT 7:00PM

DR. MICHAEL HORNE
DIRECTOR OF CLINICAL SERVICES
CATHOLIC CHARITIES OF THE DIOCESE OF ARLINGTON



“The Mass Explained”

THURSDAY, MARCH 10 AT 7:00PM

FR. CHRISTOPHER TIPTON
CHAPLAIN, JOHN PAUL THE GREAT HIGH SCHOOL



holy cross academy

Day of Giving

Holy Cross Academy would like to thank everyone who contributed to our Day of Giving. It was an amazing success. Our school community met our goal of \$30,000! An anonymous donor swept in at the last moment to help us over the threshold. Between donations and insurance coverage, we will be able to replace items that were damaged from the flood. We also look forward to adding bleachers before the next school year. Thank you again for your generous support!

Chinese New Year

How better to share what you learn than to celebrate? HCA Kindergarten students learned about the celebration of the Chinese New Year recently. They sampled foods, learned about traditional attire and participated in a parade for our school community.

Applications/Tours

Holy Cross Academy and Preschool are now accepting applications for new students. The application information is available on our school website at holycrossweb.com/admissions.

For K-8, please contact Mrs. Deena Lanier, our Admissions Coordinator, at dlanier@holycrossweb.com or 540-286-1600 if you have any questions. If you are interested in a tour, please complete the online form at bit.ly/3B3sb8s to be scheduled.

If you are interested in HCA Preschool at St. Mary, please contact Mrs. Sheri Castellarin at HCAPreschool@holycrossweb.com or call 540-373-7553.

Open Positions

Holy Cross Academy

- Classroom Teacher (2022-2023)
- School Office Substitute
- Teacher Aide Substitute
- Substitute Teacher

For more information, please visit: bit.ly/32w7x3T

Please email Mrs. Angie Tomayko, atomayko@holycrossweb.com with your cover letter and resume, if interested.



*A National
Blue Ribbon
School of
Excellence*



education religious education

Religious Education Events

Monday to Wednesday, March 7-9

Religious Education Classes

Tuesday, March 8

Lenten Confession for Grades 3-8 RE students at Holy Cross

Monday to Wednesday, March 14-16

Religious Education Classes

Monday to Wednesday, March 14-16

Lenten Confessions for Grades 3-8 at St. Mary

Monday to Wednesday, March 21-23

Religious Education Classes

Monday to Wednesday, March 28-30

Religious Education Classes

Thursday, March 31

Confirmation Year 2 Formation Night in church 7-8pm

Monday to Wednesday, April 4-6

Religious Education Classes

CRS Rice Bowl

We are so happy you're joining us on this Lenten journey to three countries, where we'll learn how to help others through CRS Rice Bowl. When you donate to CRS Rice Bowl, you share your life and your abundance with our global family in need. Your generosity puts nutritious food on their tables and helps them lead healthy lives and reach their God-given potential.

This year, with these pillars (prayer, fasting and almsgiving) as our guide, CRS Rice Bowl will introduce us to our neighbors in Guatemala, Bangladesh and Rwanda. We'll learn how the dreams of our sisters and brothers are inspiring them to overcome challenges that impact their daily life. To dream bigger. To help their families and communities succeed. crsricebowl.org/stories-of-hope/intro



FORMED®

PICK OF THE WEEK

March 6, 2022

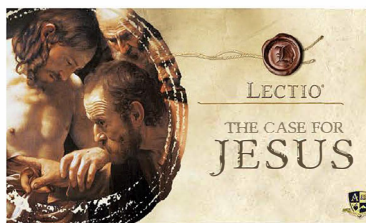
WATCH

EVERYDAY HEROES

Heroism isn't restricted to decorated soldiers or persecuted saints. It's something achievable for all of us even in our ordinary lives. In this documentary, see how the Knights of Columbus have embodied this everyday heroism!



EVERYDAY HEROES



LECTIO: THE CASE FOR JESUS

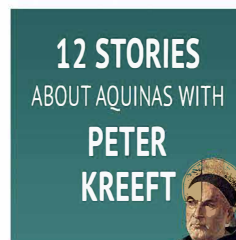
In nine sessions, Dr. Brant Pitre answers the key question of faith: Who is Jesus? Dr. Pitre presents evidence from early Christian and non-Christian writings that attest to the authenticity of the Gospels. Timed to lead up to the Triduum, Dr. Pitre looks in-depth at the accounts of Jesus's Crucifixion and Resurrection and his proclamation of divinity.

LEARN

LISTEN

12 STORIES ABOUT AQUINAS WITH PETER KREEFT

St. Thomas Aquinas wrote the equivalent of 500 books, all with a quill pen! Join Dr. Peter Kreeft, an influential teacher of Catholic thought, as he shares some entertaining anecdotes from the life of this genius saint!



SIGN UP FOR FREE AT FORMED.ORG/SIGNUP
CLICK REGISTER THEN ENTER PARISH CODE: F6F228

SPRED

Special Religious Development (SPRED) serves children and young adults with developmental disabilities

SPRED meets on certain Saturdays, from March until June
March 12 & 26, April 9 & 23, May 21, June 4 & 11

You can register your children in the parish office.

****SPRED meets in the Main Hall of the Parish Life Center**

Children attend from 10am – 12 pm.

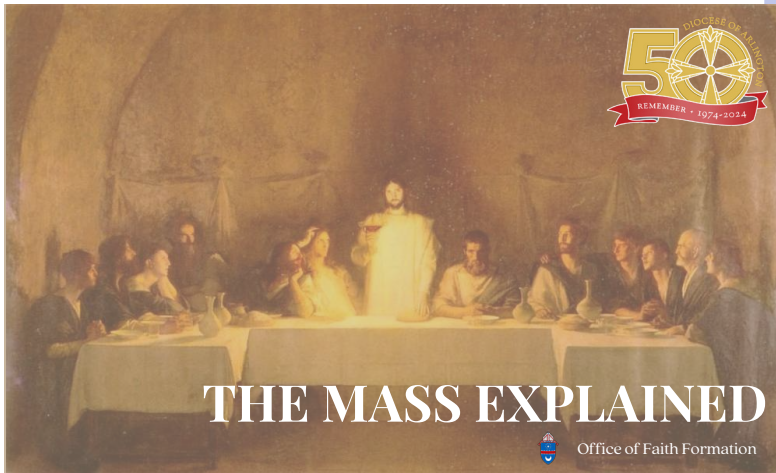
We invite you to join us as we share God's Word with God's Special Children!

***Contact Karen Sturtevant @ ksturtevant@stmaryfred.org**



WE WELCOME YOU HOME. 540-373-6491

our parish happenings



THE MASS EXPLAINED

Office of Faith Formation

"We all know we should go to Mass and all know of the Sunday obligation, but now that there are virtual Masses, what is the difference? Why is attending Mass so important? What exactly happens at the Mass? How can we grow in love and participate more fully in the Mass? If you have asked any of these questions, so have I. Come learn about the most beautiful reality of the Church which has converted sinners and molded saints throughout the centuries!

Hopefully, we will come to see that what Saint Padre Pio declared about the Mass will not be simple hyperbole: 'It would be easier for the world to exist without the sun than without the Holy Mass!'"

Saint Mary of the Immaculate Conception Church
March 10, 2022
7 - 8:30pm

Questions?: analisa.pinon@arlingtondiocese.org



Fr. Christopher Tipton
Chaplain at John Paul the Great High School

Adult Confirmation Classes Beginning

If you are an adult over the age of 18, and for whatever reason you never received the Sacrament of Confirmation, NOW is the time!

Join Deacon Dick Delio as he begins several sessions preparing adults for reception of the Holy Spirit in this most powerful sacrament.

Classes are being held on Sunday's at 9:15-10:15am (you can attend the 10:30am Mass) in the library located inside the parish office.

To register or for more information please contact Deacon Dick at
508-740-7733 or ddelio@gmail.com

TMIY

THAT MAN IS YOU!

ALL MEN ARE WELCOME!
Saturday Mornings at 6am

Hot breakfast followed by a presentation and small group discussion

Contact Peter (paquettepeter@yahoo.com) or Stephen 714-305-7553 to learn more

Latin Mass at St. Anthony of Padua

Legion of Mary Active and Auxiliary Members are invited to attend the ACIES. There will be a Latin Mass prior to the ceremony at 9am.

ACIES: Saturday, March 26, 10:30am at St Anthony of Padua Catholic Church, King George, VA

our parish youth ministry

Thank you to everyone who made High School Retreat possible! Especially our awesome adult leaders! 55 High School teens went to retreat where they were able to step away from their normal routine, and give their weekend to God and helped them grow in their spiritual life. A weekend filled of Prayer, Sacraments, fellowship, fun and lots of Jesus! Please continue to pray for our teens.



SCIENCE HAS PROVEN THE REAL PRESENCE IN

Eucharistic Miracles

DR. RICARDO
CASTAÑÓN GÓMEZ

Tickets are FREE but must
be secured online:

English – 10am
bit.ly/10ammiracles

Spanish – 3pm
bit.ly/3pmmiracles

Group Tickets (20 or more)
emiracles2022@gmail.com

Visit stmaryfred.org or call
540-373-6491 for more information

Tickets are also available at the
St. Mary Parish Office

In 1996, then atheist, scientist Dr. Ricardo Castañón Gómez, was asked to lead the scientific investigation of the Eucharistic Miracle in Buenos Aires, Argentina. Come and hear how his investigations into Eucharistic Miracles led him to convert to the Catholic faith and conclude that there is scientific proof of Jesus' REAL PRESENCE in the Eucharist!

Saturday, April 2

10AM | PRESENTATION IN ENGLISH

3PM | PRESENTACIÓN EN ESPAÑOL

FRED NATS BALLPARK
42 JACKIE ROBINSON WAY
FREDERICKSBURG, VA 22401

Fred Nats



ST. MARY
of the
IMMACULATE
CONCEPTION
Roman Catholic Church



Te invitamos al:

Grupo de Oración

Confiados en Jesús y María

Todos los Viernes

7:00 p.m.

Iglesia Católica Romana "Santa
María de la Inmaculada Concepción"
Fredericksburg, VA

Casa
San Juan Pablo II

Trae Camándula

Y sobre todo...un corazón dispuesto
a ser amado

"Venid a mí todos los que estáis
fatigados y sobrecargados, y yo os
daré descanso". Mt. 11, 28



Retiro Espiritual de Cuaresma con el Santísimo

La Cuaresma es el tiempo perfecto para acercarse a Cristo en el Santísimo.
Acompañemos a Jesús en estas 40 horas especiales de Devoción y Meditación.

Miércoles 23 de marzo

6:30pm – Confesiones

7:00pm – Alabanzas y Confesión continua

7:30pm – Luis Perez ~ "Vivir la Eucaristía en el Matrimonio"

8:00pm – El Gran Silencio ~ Toda la noche / Adoración

Jueves 24 de marzo

7:00pm – Alabanzas y confesión continua

7:30pm – Gustavo Guzmán-La Eucaristía: "El Gran Amor de Dios"

8:00pm- El Gran Silencio ~ Toda la noche/ Adoración

The Manna Project

FOOD DRIVE

March 19 & 20

FREDERICKSBURG
REGIONAL FOOD BANK

Please help us fight hunger! Bring non-perishable items or monetary donations to Mass at St. Mary or Holy Cross Academy the weekend of March 19th and 20th. Our volunteers will be waiting outside to take your donations. The items collected will help the Fredericksburg Regional Food Bank provide nutritious food and supplies to the 31,000 people living in poverty in our community.

Items Most Needed: Canned tuna/chicken/fruit/veggies; peanut butter/nut butters, dry beans, rice, mac-n-cheese, pasta, quinoa, cereal, pancake mix; deodorant, soap, body wash, toothpaste, shampoo, wipes, toilet paper, paper towels, tissue, diapers, wipes, baby formula; also, monetary donations.

All checks should be made payable to St. Mary Catholic Church. For each \$10 donation, the food bank is able to provide 20 meals for hungry families. Thank you for your support!



operations given in love

Weekly Offertory

Donations Received

February 23 - February 28

Sunday Offertory	\$27,105.50
Parish Debt Reduction Fund	\$735.00
Arlington Catholic Herald	\$152.00
St Vincent de Paul Poor Box	\$336.00

Thank you for your generosity.

Children's Offertory Envelopes for March

The children's charity that will benefit from the offering in March is parish support for Stafford Junction, a faith-based nonprofit organization tasked with improving the lives of children and families living in poverty in Stafford County, through programs focusing on education, empowerment, and healthy living. Stafford Junction partners with residents, local churches, service agencies, and businesses to connect lives, build relationships, and foster understanding across socioeconomic lines. This organization is a mission project of our parish and children's donations will assist the parish in providing much needed support for their programs. For more information, visit their website at staffordjunction.org.

Pro-Life Reflection

In Lent, the Church enters more deeply into meditation on the suffering, death, and Resurrection of the Lord Jesus. Life was sacred because He made it, and by His Passion and Resurrection it is even more sacred because it is now raised to the heights of Heaven to reign with Him. *Lord, I am filled with wonder at Your love for human life – everyone, born and unborn! May our laws and practices treat humans with the highest respect due them.*

LA CIENCIA HA DEMOSTRADO LA PRESENCIA REAL EN

Milagros Eucarísticos

DR. RICARDO CASTAÑÓN GÓMEZ

Adquiera su entrada gratis en línea:

2 de abril, 3pm
bit.ly/3pmmiracles

Grupos de 20 o más:
emiracles2022@gmail.com

Más información comuníquese a:
540-373-6491 o stmaryfred.org

También podrá adquirir boletos en la oficina parroquial de St. Mary

En 1996, se solicitó al entonces científico ateo Dr. Ricardo Castañón Gómez, que dirigiera la investigación científica del Milagro Eucarístico en Buenos Aires, Argentina. ¡VEN Y ESCUCHA! como sus investigaciones sobre los Milagros Eucarísticos, lo llevaron a convertirse a la fe católica y a la vez concluir que hay pruebas científicas de la REAL PRESENCIA de Jesús en la Eucaristía!

Sábado 2 de abril
3PM | PRESENTACIÓN EN ESPAÑOL

FRED NATS BALLPARK
42 JACKIE ROBINSON WAY
FREDERICKSBURG, VA 22401

  ST. MARY
of the
IMMACULATE
CONCEPTION
Roman Catholic Church

Seeking Volunteers!

Our SPRED Program(Special Needs Religious Education Program) is in need of volunteers!

What a wonderful way to interact with those parishioners whom our Lord has given a very special vocation ~ to draw happiness and joy out of each one of us!

The program meets on Saturday's 10-12 in the Parish Life Center on the following dates: March 12 & 26, April 9 & 23, May 21 and June 4 & 11.

If you are interested in helping please contact Karen Sturtevant at ksturtevant@stmaryfred.org or call the office 540-373-6491 for more information.

Highschool students are welcome and encouraged to assist!

liturgy daily bread

Saint Mary Prayer List - March

Please pray for those who are sick or in need, especially:

Woody Dent, Debbie Dent, Jessica Belomme, Adam Burgh, Alberta Rienzo, Amanda Perez, Anne Habiger, Bernie Mahoney, Chris Breth, Debbie Dent, Edward Burgh, Gemma Anglin, Gerry Konczyk, Jason Stoker, Jessica Belomme, Joanne O'Brien, Joe Trippi, Luke Robert Harring, Mary Farrell Bennett, Nancy Conley, Natalie Smith, Paul Lysher, Robert Derouin, Shirley Bozicevic

Please pray for all the men and women in our military and civilian support services overseas, especially:

Glenn Dickinson, Paul Fischer, John Moring, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Jason Cullinan, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobs, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Daniel Algert, Jason King, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins, LT Scott C. Boyd

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

St. Mary Prayer List

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email stmary@stmaryfred.org or call the office at 540-373-6491.

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

Thank you.

Are You Affected By A Loved Ones' Addiction to Drugs?

If you are, please be aware that there is a program at St Mary that offers support to family members and friends of loved ones struggling with this problem. The program is called Nar-Anon.

One of the best benefits of Nar-Anon is that you will find compassion and support from others who are experiencing similar problems and struggles as well as people who have made it through these struggles. You will have the opportunity to hear stories from other members who have addicts in their families as well and see what coping mechanisms worked for them.

All information and discussion at the meetings are non-judgmental, informative, and strictly confidential. The meetings are in Room 100 in the Parish Life Center on Thursday from 7-8 pm and are open to the community at large. For more information, contact Wayne at cushingwr@gmail.com/540-840-5230 or Wanda at wandasj823@gmail.com/540-538-6978.

Daily Mass Intentions and Readings

March

7 MONDAY

6:30am Paul Marahrens
9:00am Frederic Kozyra
Lv 19:1-2, 11-18/Mt 25:31-46

8 TUESDAY

6:30am H B Sturtevant
9:00am Michael Bolger+
Is 55:10-11/Mt 6:7-15

9 WEDNESDAY

6:30am Caroline Bayne
8:15am* Frances Lienau+
9:00am Robert Derouin
Jon 3:1-10/Lk 11:29-32

10 THURSDAY

6:30am Mary Bennett
9:00am Justin Armitage
Est C:12, 14-16, 23-25/Mt 7:7-12

11 FRIDAY

6:30am Terrence Givens
9:00am Ruth Stellino+
Ez 18:21-28/Mt 5:20-26

12 SATURDAY

9:00am Virginia Clay+
5:00pm For Our Parish
7:00pm Frank Maciejczyk+
Dt 26:16-19/Mt 5:43-48

13 SUNDAY

7:00am Mary Flores
8:30am Victor Amrol
10:30am George Graf+
10:30am* Robert Reeves+
12:30pm James J. Shea, Sr.+
2:30pm Walter Ivan Martinez+
5:00pm Andrea and Hans Reddinger
7:00pm Kathy Lang+
Gn 15:5-12, 17-18/Phil 3:17—4:1/Lk 9:28b-36

** Indicates Mass at Holy Cross Academy
Please remember, Mass intentions may be requested at the parish office for any remaining Masses of the year. If a desired date is no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.*